

# Health Professional Directory

AN INTRODUCTION TO PREMIER MEDICAL GROUP



PREMIER *medical group*

# About Premier Medical Group

**Premier Medical Group offers comprehensive, integrated care providing patients with access to state-of-the-art procedures, advanced technology, excellent customer service and medical expertise. As a multi-specialty medical practice, Premier Medical Group offers depth of care in both medical and surgical specialties.**

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Fifteen experienced urologists provide a full range of treatment for urological care including, prostate care, urinary incontinence, overactive bladder, prostate, bladder and kidney cancers, kidney stones, female and male sexual dysfunction, fertility services, and vasectomy. Our supportive doctors at The Male Fertility Center at Premier are available to help male patients access the best fertility treatment available based on each patient's diagnosis. We also offer services through The Women's Health and Wellness Center at Premier; the Hudson Valley's premier center for treatment of female pelvic disorders, female sexual health issues, and gynecological health.

Fourteen highly trained gastroenterologists focus on digestive tract disorders. These include screenings and treatment for liver disease, celiac disease, heartburn, colitis, ulcers, hernia, lactose intolerance testing, Crohn's disease, and colon cancer. In addition, both the Poughkeepsie and New Windsor offices provide state of the art endoscopy centers for the convenience of our patients.

Our 18 internal medicine physicians offer years of experience in the fields of general internal medicine, family practice, pulmonology, endocrinology and nephrology. Our team is large enough to offer patients a wide-range of services yet small enough to provide highly personalized care. The expertise



of our physicians is complemented by the availability and experience of our allied professionals including physician assistants and nurse practitioners.

Five board certified podiatrists specialize in treating foot and ankle disorders, both medically and surgically. Our podiatrists are keenly aware of how treating the feet and ankles relates to patients' total health care needs – always keeping this in mind as they work with the patient to find the best treatment option.

The Rheumatology division of Premier specializes in state-of-the-art management of rheumatoid arthritis, lupus, sjogren's syndrome, scleroderma, gout, pseudogout, vasculitis, osteoarthritis and osteoporosis among many other musculoskeletal and autoimmune disorders.

Premier's Dermatology division focuses on medical dermatology as well as a wide array of aesthetic dermatologic procedures, such as Botox® and soft tissue fillers.

The Neurology division of Premier provides comprehensive evaluation and treatment of all adult neurological disorders that involve the brain and nervous system.



Premier's Cardiology division consists of three highly skilled cardiologists offering expert consultation and patient evaluation, as well as the most advanced diagnostic and treatment techniques.

The expertise of our physicians is complemented by the availability and experience of our allied professionals including physician assistants and nurse practitioners.

Premier Medical Group has the distinction of being one of the largest providers of clinical research in a private practice setting. This offers patients the opportunity to benefit from the latest treatments and therapies. Our Clinical Research



department services patients in our Poughkeepsie and New Windsor offices. Premier also has its own clinical and pathology labs, and radiology department, offering on-site CT, ultrasound and x-ray services.

At Premier, patients are afforded more than just great medical care, they are provided exceptional customer service and consideration. With offices in Poughkeepsie, Fishkill, Kingston, Newburgh, New Windsor, Hopewell Junction, and Wappingers Falls, there is no need to travel for the specialty care you deserve.

# GASTROENTEROLOGY

We offer a range of specialized medical services that include colonoscopy for colon cancer screening, upper endoscopy to study the upper GI tract, capsule endoscopy for diagnosis of small bowel disorders, the BRAVO monitoring system to evaluate acid reflux disease, motility studies and Hydrogen Breath testing.

## GI OFFICE LOCATIONS

- **955 Little Britain Road**

New Windsor, NY 12553  
Tel: 845-562-0740

- **Cecilwood Prof. Building**

969 Main Street, Suite 5  
Fishkill, NY 12524  
Tel: 845-471-9410

- **Medical Arts Building**

243 North Road  
Poughkeepsie, NY 12601  
Tel: 845-471-9410



**Khurram I. Ashraf, D.O.**

**AREAS OF EXPERTISE:**

- Upper gastrointestinal endoscopy (EGD), colonoscopy, EUS & FNA
- Gastrointestinal malignancies
- Gallstones & bile duct stones
- Infrared coagulation of hemorrhoids

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Salvatore M. Buffa, M.D.**

**AREAS OF EXPERTISE:**

- Upper gastrointestinal endoscopy (EGD), colonoscopy
- Biliary endoscopy (ERCP)
- Feeding tube placement (PEG)
- Colon cancer
- Esophageal diseases

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



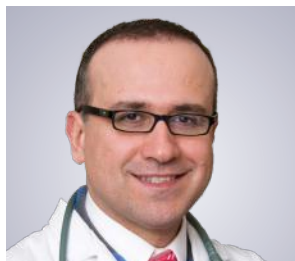
**Robert S. Dean, M.D.**

**AREAS OF EXPERTISE:**

- Barrett's esophagus
- Pancreatic and biliary diseases
- Therapeutic endoscopy
- Upper gastrointestinal endoscopy (EGD), colonoscopy

**OFFICE(S):**

Poughkeepsie - North Road



**Farshad Elmi, M.D., FACC**

**AREAS OF EXPERTISE:**

- General gastroenterology
- Pancreatobiliary diseases
- Upper gastrointestinal endoscopy (EGD)
- Colonoscopy, ERCP, EUS & FNA of various GI lesions

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Madhavi Gaddam, M.D., FACC**

**AREAS OF EXPERTISE:**

- Colonoscopy and Endoscopy
- Hemorrhoidal Banding
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Lactose Intolerance
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Sunil K. Khurana, M.D., FACC**

**AREAS OF EXPERTISE:**

- Crohn's disease
- Celiac disease
- Ulcerative colitis
- Upper gastrointestinal endoscopy (EGD) & colonoscopy

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Simona Meca, M.D.**

**AREAS OF EXPERTISE:**

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Arif M. Muslim, M.D., FACC**

**AREAS OF EXPERTISE:**

- Inflammatory bowel disease
- Liver diseases
- Upper gastrointestinal endoscopy (EGD) & colonoscopy, including ERCP
- Infrared coagulation of hemorrhoids

**OFFICE(S):**

New Windsor



**Zana Nikolla, M.D.**

**AREAS OF EXPERTISE:**

- General gastroenterology
- Colonoscopy and Endoscopy
- Motility disorders of the esophagus, including pH monitoring
- Anorectal manometry
- Fecal incontinence
- Irritable bowel syndrome

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Tamer Sargios, M.D., FACP**

**AREAS OF EXPERTISE:**

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer
- Obesity Medicine

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Farah Toyserkani, M.D.**

**AREAS OF EXPERTISE:**

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

**OFFICE(S):**

Poughkeepsie - North Road  
Fishkill - Cecilwood Prof. Building



**Peter M. Varunok, M.D., FACP**

**AREAS OF EXPERTISE:**

- Hepatitis B and C
- Hepatology
- Liver disease
- Research for Hepatitis C and other liver diseases
- Upper gastrointestinal endoscopy (EGD), colonoscopy

**OFFICE(S):**

Poughkeepsie - North Road



**Elizabeth Williams, D.O.**

**AREAS OF EXPERTISE:**

- Upper gastrointestinal endoscopy (EGD) & colonoscopy
- Gastrointestinal nutrition
- Celiac disease
- Inflammatory bowel disease
- Irritable bowel syndrome
- GERD
- Pancreatitis
- Nutrition

**OFFICE(S):**

Poughkeepsie - North Road



**Majed Zouhairi, M.D.**

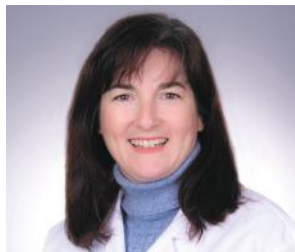
**AREAS OF EXPERTISE:**

- Upper gastrointestinal endoscopy (EGD) & colonoscopy
- Push enteroscopy
- Liver diseases
- Diagnosis and management of gastrointestinal malignancies
- Obesity Medicine

**OFFICE(S):**

New Windsor

## GASTROENTEROLOGY ALLIED PROFESSIONALS:



**Lori Brown-Halbert, FNP-BC**

**OFFICE(S):**

Poughkeepsie - North Road



**Priya Mathews, ANP-BC**

**OFFICE(S):**

New Windsor



**John Mazzei, FNP-C**

**OFFICE(S):**

Poughkeepsie - North Road



**Thanh ho Nguyen, PA-C**

**OFFICE(S):**

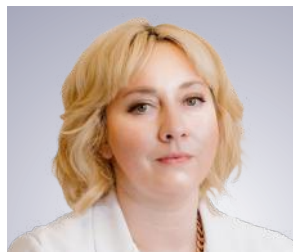
New Windsor



**Raven Robortaccio, APRN-FNP**

**OFFICE(S):**

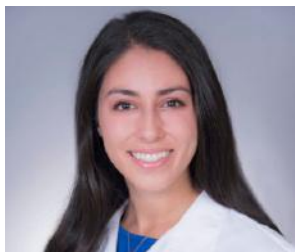
Poughkeepsie - North Road



**Melissa Sabatino, FNP-C**

**OFFICE(S):**

Poughkeepsie - North Road



**Amanda Sayegh, PA-C**

**OFFICE(S):**

Poughkeepsie - North Road



**Theresa**

**Zangerle-McArtin, RD, CDN**

**OFFICE(S):**

Poughkeepsie - North Road

# UROLOGY

Premier Medical Group's Urology division is one of the finest providers of comprehensive urologic services in the Hudson Valley and Northeast. Established over 40 years ago, today we maintain offices in 4 locations, in Dutchess County, Ulster County, and Orange County.

Leaders in their field, each of our physicians is trained in general urology as well as in at least one sub-specialty such as urologic cancers, urinary incontinence, pelvic prolapse, infertility, erectile dysfunction, robotic and laparoscopic surgery, and kidney stone disease.

Premier Medical Group is proud to offer patients state-of-the-art urological treatment, medical expertise and outstanding patient care.

## OFFICE LOCATIONS

- **50 Eastdale Avenue North,**  
Poughkeepsie, NY 12603  
Tel: 845-437-5000
- **111 Mary's Avenue,**  
Suite 4, Kingston, NY 12401  
Tel: 845-437-5000
- **955 Little Britain Road**  
New Windsor, NY 12553  
Tel: 845-437-5000
- **400 Westage Business Center Dr.**  
Suite 210, Fishkill, NY 12524  
Tel: 845-437-5000



**The Male Fertility Center at Premier** was created with our patients in mind. The Center facilitates the full spectrum of male fertility care, with access to phlebotomy, semen analysis testing, and imaging, at our convenient Eastdale location to help ensure our patients access to the care they need in a comfortable and professional environment.

Our providers have extensive experience in the evaluation and leading-edge treatments for male fertility including non-scalpel vasectomy, in-office evaluation of semen analysis, and male hormone replacement. In addition, the Center provides experienced outpatient microsurgical experience with an on-campus ambulatory surgery center— microsurgical vasectomy reversal, microsurgical varicocele repair, microsurgical surgical epididymal and testicular sperm retrieval for IVF, and microsurgical options for refractory scrotal pain.

**Learn more:** [www.premiermedicalhv.com/male-fertility-center/](http://www.premiermedicalhv.com/male-fertility-center/)



**Kevin Carnes, M.D.**

**AREAS OF EXPERTISE:**

- Robotic surgery
- Urologic oncology
- Kidney stones
- Urinary incontinence
- Overactive bladder
- Benign prostate hyperplasia
- Erectile dysfunction

**OFFICE(S):**

Poughkeepsie - Eastdale



**Alice Cheung, M.D.**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery

**OFFICE(S):**

Kingston - Mary's Ave.



**Evan R. Goldfischer, M.D.,  
MBA, FACS**

**AREAS OF EXPERTISE:**

- Kidney stones
- Erectile dysfunction
- Male and female sexual dysfunction
- Advanced prostate cancer
- Clinical Research

**OFFICE(S):**

Poughkeepsie - Eastdale



**Scott Kahn, M.D., FACS**

**AREAS OF EXPERTISE:**

- Urological oncology
- Benign prostate hyperplasia
- Treatment of urinary tract stones

**OFFICE(S):**

Poughkeepsie - Eastdale



**Daniel Katz, M.D., FPM-RS**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Robotic surgery for prolapse repair
- Minimally invasive surgery
- Female sexual dysfunction
- Vaginal Laser Rejuvenation

**OFFICE(S):**

Poughkeepsie - Eastdale



**Neil J. Kocher, M.D., FPM-RS**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery

**OFFICE(S):**

Poughkeepsie - Eastdale  
Fishkill - Westage Business Center



**Jason Krumholtz, M.D.**

**AREAS OF EXPERTISE:**

- Male infertility
- Scalpel free vasectomy
- Vasectomy reversal
- Microsurgical varicocelectomy
- Ejaculatory disorders
- Microsurgical sperm retrieval for IVF

**OFFICE(S):**

Poughkeepsie - Eastdale  
Fishkill - Westage Business Center



**Yu-Kuan Lin, M.D.**

**AREAS OF EXPERTISE:**

- Benign prostate hyperplasia
- Kidney stones
- Robotic surgery
- Urologic cancer

**OFFICE(S):**

New Windsor - Litte Britain Road



**Walter Parker, M.D.**

**AREAS OF EXPERTISE:**

- Urological cancers
- Robotic surgery using da Vinci surgical system

**OFFICE(S):**

Poughkeepsie - Eastdale  
Kingston - Mary's Ave.



**Paul K. Pietrow, M.D., FACS**

**AREAS OF EXPERTISE:**

- Kidney stones
- Urologic cancers with a special emphasis on kidney
- Minimally invasive surgery
- Laparoscopic and robotic surgery
- Benign prostate hyperplasia

**OFFICE(S):**

Poughkeepsie - Eastdale  
Kingston - Mary's Ave.



**Paul A. Pomerantz, M.D., FACS**

**AREAS OF EXPERTISE:**

- General urology
- Kidney stone disease
- Urologic cancers

**OFFICE(S):**

New Windsor - Little Britain Road



**Jaspreet Singh, D.O.**

**AREAS OF EXPERTISE:**

- Erectile dysfunction and penile prosthesis
- Urologic cancers, including robotic and laparoscopic surgery
- Male and female urinary incontinence
- Urethral reconstruction

**OFFICE(S):**

New Windsor - Little Britain Road



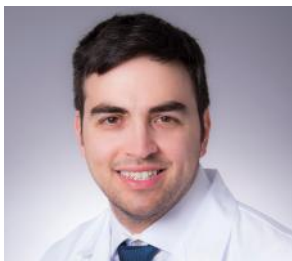
**Michael Solliday, M.D.**

**AREAS OF EXPERTISE:**

- Urological oncology
- Erectile dysfunction, including penile prosthesis and reconstructive surgery

**OFFICE(S):**

Poughkeepsie - Eastdale



**Michael Stern, M.D.**

**AREAS OF EXPERTISE:**

- General urology
- Kidney stones
- Enlarged prostate
- Urinary Retention
- Kidney Obstruction
- Kidney Cancer

**OFFICE(S):**

New Windsor - Little Britain Road  
Kingston - Mary's Ave.



**Praneeth Vemulapalli, M.D.**

**AREAS OF EXPERTISE:**

- Minimally invasive and endoscopic surgery
- Urological oncology Kidney stone disease
- Urinary incontinence and overactive bladder
- Benign prostate hyperplasia

**OFFICE(S):**

Poughkeepsie - Eastdale  
New Windsor - Little Britain Road

**UROLOGY ALLIED PROFESSIONALS:**



**David M. Boss, PA-C**

**OFFICE(S):**

Kingston - Mary's Ave.



**Sara Minsavage, PA-C**

**OFFICE(S):**

Kingston - Mary's Ave



**Kevin Torrens, PA-C**

**OFFICE(S):**

Poughkeepsie - Eastdale

# THE WOMEN'S HEALTH & WELLNESS CENTER AT PREMIER

## OFFICE LOCATION

● **955 Little Britain Road**  
New Windsor, NY 12553  
Tel: 845-437-5000

● **400 Westage Business Center Drive**  
Suite 210, Fishkill, NY 12524  
Tel: 845-437-5000

● **50 Eastdale Avenue North**  
Poughkeepsie, NY 12603  
Tel: 845-437-5000



*The Women's  
Health & Wellness Center  
at PREMIER*

**At Premier, we provide individualized care in a compassionate, supportive environment for women at every age and stage.**

Women of all ages have specialized health needs, from menstruation, through the fertile years, to menopause and beyond. There are a variety of disorders or dysfunctions that can occur at any age in the urinary or reproductive systems. That's why we've created the Women's Health & Wellness Center at Premier for comprehensive gynecological and urological medicine. Our multidisciplinary team of experienced urology and gynecology specialists, led by Dr. Daniel Katz, understand the personal nature of these conditions and provide compassionate care and take the time to listen and explain what is happening in your body.

### **Urology and sexual health specialists**

Our providers understand that certain health concerns, such as urinary incontinence, pelvic organ prolapse, and sexual health issues, can be difficult to discuss. These conditions, while sometimes seen as a natural part of aging, are very treatable. Our team is here to help you address these issues with care and understanding.

### **Gynecology specialists**

Women's health needs evolve throughout life. Premier's gynecologists offer patient-centered, multidisciplinary care for a range of gynecological concerns, emphasizing preventive care and preferring non-invasive or minimally invasive treatments when necessary. We partner with you to maintain your health for years to come.



**Alice Cheung, MD**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery



**Donna Kasello, M.D., FACOG**

**AREAS OF EXPERTISE:**

- Hormonal Imbalances
- Menopausal Issues
- Women's Sexual Health
- Integrative Medicine



**Daniel Katz, M.D., FPM-RS**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Robotic surgery for prolapse repair
- Minimally invasive surgery for incontinence and overactive bladder
- Female sexual dysfunction
- Vaginal Laser Rejuvenation



**Neil J. Kocher, M.D., FPM-RS**

**AREAS OF EXPERTISE:**

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery



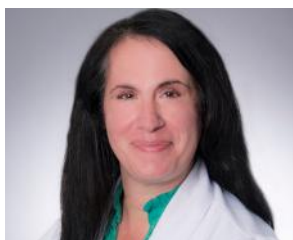
**Lawrence Zolnik, M.D.**

**AREAS OF EXPERTISE:**

- Women's Health – Gynecology

- Bladder Conditions
- Pelvic Floor Disorders
- Pelvic Pain & Related Sexual Dysfunction
- Vaginal Laser Rejuvenation
- Hormonal Imbalances
- Women's Sexual Health
- Gynecology
- Minimally Invasive
- Prolapse Repair
- Fertility Services
- Gynecologic & Urologic Surgery
- Irregular Menstruation
- Overactive Bladder
- Urinary Infections
- DaVinci Surgical System Minimally Invasive Surgery
- Menopause and Post-Menopausal Health
- Bladder Botox Injection
- Vaginal Hysterectomy
- Cervical Cancer Screening

**WOMEN'S HEALTH & WELLNESS CENTER  
ALLIED PROFESSIONALS:**



**Janine Durant, FNP-C**

# INTERNAL MEDICINE

We offer primary health care services throughout the Hudson Valley with providers who manage and coordinate a patient's healthcare needs, prevention and wellness strategies, and appropriate health screening tests.

With our electronic medical record system, our providers have instant access to a patient's records from any provider in our practice allowing for more cohesive and responsive care.

Premier Medical Group is one of the few medical practices to maintain its own pathology lab and radiology department including a CT scanner, ultrasound, and x-ray services, and on site phlebotomy services, providing our patients with fast and accurate test results.

## OFFICE LOCATIONS

- **3125 Route 9W, Suite 201**  
New Windsor, NY 12553  
Tel: 845-561-8500
- **Atrium at MidHudson Regional Hospital**  
1 Webster Avenue, Suite 301  
Poughkeepsie, NY 12601  
Tel: 845-790-6100
- **400 Westage Business Center Drive**  
Suite 210, Fishkill, NY 12524  
Tel: 845-838-8480
- **696 Dutchess Turnpike**  
Poughkeepsie, NY 12603  
Tel: 845-454-8200
- **159 Barnegat Road**  
Poughkeepsie, NY 12601  
Tel: 845-226-4590
- **940 Dutchess Turnpike**  
Poughkeepsie, NY 12603  
Dr. Cho (MDVIP) Tel: 845-451-7246
- **Medical Arts Building**  
243 North Road, Suite 103  
Poughkeepsie, NY 12601  
Dr. Gaesser & Kirsten Laux,  
FNP-BC: 845-454-4600
- **Medical Arts Building**  
243 North Road, Suite 204  
Poughkeepsie, NY 12601  
Dr. Hoffman & Sargios, Shannon  
Smiley, PA-C: 845-451-7271  
Dr. Levine: 845-451-7205
- **254 Route 17K, Suite 201**  
Newburgh, NY 12550  
Tel: 845-565-4405
- **45 Foster Road**  
Hopewell Junction, NY 12533  
Tel: 845-226-4590



**Manisha Bhutani, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Geriatrics

**OFFICE(S):**

Fishkill - Westage Business Center



**David Cho, M.D., FACP**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie – MDVIP



**Charlotte Creech, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Fishkill - Westage Business Center



**Davide Michael DeBellis, M.D., FACP**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Heart disease & Hypertension
- Obesity

**OFFICE(S):**

Poughkeepsie - Atrium at MidHudson Regional Hospital



**Michael J. Gaesser, M.D., FACP**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie - North Road



**Christopher George, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Alan H. Gross, M.D. FCCP**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Pulmonary Medicine

**OFFICE(S):**

Poughkeepsie - Atrium at  
MidHudson Regional Hospital



**Jill Hoffman, D.O.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie - North Road



**Elliot Levine, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie - North Road



**Meera Lobo, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Nephrology

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Kathleen Mantaro, M.D., FACP**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Fishkill - Westage Business Center



**Lorraine Nardi, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Nephrology

**OFFICE(S):**

Poughkeepsie - Atrium at  
MidHudson Regional Hospital



**Chinyere Ofonagoro, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine
- Women's Health

**OFFICE(S):**

New Windsor



**Amani Sargios, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie - North Road



**Rabi R. Sinha, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**David Walker, M.D.**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Sunhee D. Woo, M.D., FACP**

**AREAS OF EXPERTISE:**

- Internal Medicine

**OFFICE(S):**

Poughkeepsie - Dutchess Turnpike

## Phlebotomy Services

Premier's On-site Phlebotomy Patient Service Centers, conveniently located in Poughkeepsie, Fishkill and New Windsor, allow our patients a convenient way to get the test that they need as quickly as possible. It also means your results are sent directly to your physician without any delays.

**To schedule your Lab or Imaging appointment, visit:**  
[www.premiermedicalhv.com/lab-and-imaging](http://www.premiermedicalhv.com/lab-and-imaging)

### INTERNAL MEDICINE ALLIED PROFESSIONALS:



**Najwa Alhejazien, FNP-BC**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Maurice Alisse, PA-C**

**OFFICE(S):**

Newburgh – Route 17K



**Meredith Calderon, FNP-BC**

**OFFICE(S):**

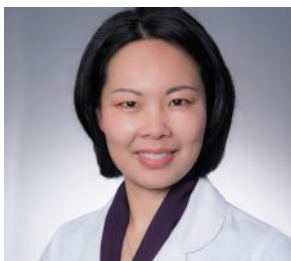
Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Mele T. Cattell, PA**

**OFFICE(S):**

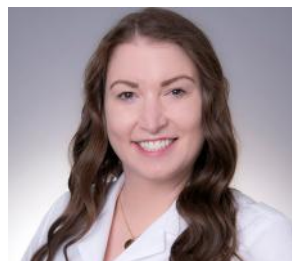
Poughkeepsie - Atrium at  
MidHudson Regional Hospital



**Hong (Nicole) Chen, AGNP**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Tara Flanagan, MPA-C**

**OFFICE(S):**

Newburgh – Route 17K  
Fishkill – Westage Business Center



**Ralph Gargiulo, PA-C**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Kim Hardwick, RPAC**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Lex Harvey, FNP-C**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Linda Heckett-Ruta, FNP-C**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Armon Imbriglio, PA-C**

**OFFICE(S):**

Fishkill – Westage Business Center



**Kirsten Laux, FNP-BC**

**OFFICE(S):**

Poughkeepsie – North Road



**Alomie McCallum, FNP-BC**

**OFFICE(S):**

Poughkeepsie – Dutchess Turnpike



**Eleanor Ana Sigalas, AGNP-C**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Grace Silverio, FNP-BC**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road



**Shannon Smiley, PA-C**

**OFFICE(S):**

Poughkeepsie - North Road



**Laura M. Varlaro, DMSC-PA**

**OFFICE(S):**

Hopewell Junction &  
Poughkeepsie – Barnegat Road

## NEUROLOGY

Premier Medical Group's Neurology division provides comprehensive evaluation and treatment of all adult neurological disorders that involve the brain and nervous system.

### OFFICE LOCATION

- **Medical Arts Building**  
243 North Road,  
Suite 103, Poughkeepsie, NY 12601  
Tel: 845-454-0728



**Misha N. Kucherov, M.D.**

**AREA OF EXPERTISE**

- Neurology

# PODIATRY

Premier Medical Group's Podiatry division provides expert diagnosis and treatment for a wide range of podiatric conditions, including corns, calluses, ingrown toenails, bunions, heel spurs, arch problems, ankle and foot injuries, deformities, infections and foot complaints associated with diseases such as diabetes.

## OFFICE LOCATIONS

- **Cecilwood Prof. Building**  
969 Main Street, Suite 5  
Fishkill, NY 12524  
Tel: 845-451-7266
- **696 Dutchess Turnpike**  
Poughkeepsie, NY 12603  
  
Dr. Parajon Tel: 845-451-7266  
Drs. Siegel & Summers &  
Demarco Tel: 845-454-0630
- **946 Route 376, Suite 11**  
Wappingers Falls, NY 12590  
Tel: 845-231-0310
- **17 Oakwood Terrace**  
New Windsor, NY 12553  
Tel: 845-231-0310
- **159 Barnegat Road**  
Poughkeepsie, NY 12601  
Tel: 845-231-0310
- **2424 Route 6**  
Brewster, NY 10509  
Tel: 845-231-0310



**Bethany Demarco, D.P.M.**

**AREAS OF EXPERTISE:**

- Podiatric Medicine

**OFFICE(S):**

Poughkeepsie - Dutchess Turnpike



**Christos Kyrou, D.P.M.**

**AREAS OF EXPERTISE:**

- Podiatric Medicine

**OFFICE(S):**

Poughkeepsie, Wappingers Falls,  
New Windsor, Brewster



**Robert C. Parajon,  
D.P.M., FACPS**

**AREAS OF EXPERTISE:**

- Podiatric Medicine

**OFFICE(S):**

Poughkeepsie - Dutchess Turnpike  
Fishkill - Cecilwood Prof. Building



**Audra Siegel, D.P.M.**

**AREAS OF EXPERTISE:**

- Podiatric Medicine

**OFFICE(S):**

Poughkeepsie - Dutchess Turnpike



**F. Gabrielle Summers,  
D.P.M.**

**AREAS OF EXPERTISE:**

- Podiatric Medicine

**OFFICE(S):**

Poughkeepsie - Dutchess Turnpike

# PLASTIC SURGERY

Premier's Plastic Surgery Division specializes in reconstructive and cosmetic procedures, offering advanced surgical and non-surgical treatments to restore function and enhance appearance. From your first consultation to recovery and beyond, our team works closely with you—listening to your goals, answering your questions, and creating a personalized treatment plan that reflects your needs and vision.

## OFFICE LOCATION



**207 Washington Street**  
Suite 203, Poughkeepsie, NY 12601  
Tel: 845-471-0800



**Celestino Sepulveda, M.D.**

### AREA OF EXPERTISE

- Plastic & Reconstructive Surgery

# ENDOCRINOLOGY

Premier provides endocrinology services for patients with a wide variety of endocrine and metabolic disorders, including type 1 and type 2 diabetes mellitus, hyperparathyroidism and hypoparathyroidism, thyroid and adrenal disease, cholesterol and lipid disorders and more. We offer our patients access to the latest treatments and medical therapies available.

## OFFICE LOCATION



**400 Westage Business Center Drive**  
Suite 205, Fishkill, NY 12524  
Tel: 845-896-0008



**C. Ranjan Nath, M.D., FACP, FRCPC, FACE**

### AREA OF EXPERTISE

- Endocrinology

# CARDIOLOGY

Premier's Cardiology division provides a comprehensive approach to managing conditions of the heart, blood vessels, coronary artery disease & peripheral arterial disease, and circulation system through early detection, treatment, lifestyle adjustment and appropriate use of advanced medical technology. The Cardiology clinic offers a full range of advanced services including: Echocardiogram, Electrocardiogram (EKG), Exercise Stress Tests, Pulse Volume Recording (PVR) Testing, Holter Monitoring, Prothrombin Time and International Normalized Ratio (PT/INR) Monitoring, Carotid Ultrasounds, Shape Testing, Pacemaker Clinics, and in-house lab services.

## OFFICE LOCATION

● **5 Jeanne Drive**  
Suite 7, Newburgh, NY 12550  
Tel: 845-565-4400

● **Medical Arts Building**  
243 North Road, Suite 201S  
Poughkeepsie, NY 12601  
Tel: 845-565-4400



**Akshar Jaglan, D.O.**

**AREAS OF EXPERTISE:**

- Cardiology

**OFFICE(S):**

Poughkeepsie – North Road



**Mehul P. Patel, M.D., FACC**

**AREAS OF EXPERTISE:**

- Cardiology
- Cardiac CT Angiography

**OFFICE(S):**

Newburgh



**Nirav D. Shah, M.D., FACC,  
FSCAI**

**AREAS OF EXPERTISE:**

- Cardiology
- Interventional Cardiology
- Nuclear Cardiology

**OFFICE(S):**

Newburgh

# SPINAL & ORTHOPEDIC SURGERY

Spinal and orthopedic surgery encompasses a range of procedures targeting the cervical, thoracic, and lumbar regions of the spine to treat conditions such as herniated discs, spinal stenosis, and degenerative disc disease.

## OFFICE LOCATION

- **159 Barnegat Road**  
2nd floor, Poughkeepsie, NY 12601  
Tel: 845-226-4590
- **45 Foster Road**  
Hopewell Junction, NY 12533  
Tel: 845-226-4590



**Kenneth Hansraj, M.D.**

### AREAS OF EXPERTISE:

- Cervical, Thoracic and Lumbar Procedures

**OFFICE(S):** Hopewell Junction  
& Poughkeepsie – Barnegat Road

# DERMATOLOGY

Premier Medical Group's Dermatology division offers comprehensive diagnostic and treatment methods for conditions that affect the skin, hair and nails. The division is well-equipped with the latest technologies and offers advanced treatments in medical, surgical and cosmetic dermatology for a wide range of skin conditions ranging from common skin problems, skin allergies to complex skin issues like skin cancer.

## OFFICE LOCATIONS

- **207 Washington Street**  
Suite 203, Poughkeepsie, NY 12601  
Tel: 845-451-7272



**Krystal Mitchell, M.D., FAAD**

### AREA OF EXPERTISE

- Dermatology

# RHEUMATOLOGY

Premier Medical Group's Rheumatology division provides expert diagnosis and treatment for rheumatic conditions, including rheumatoid arthritis, lupus, sjogren's syndrome, scleroderma, gout, pseudogout, vasculitis, osteoarthritis and osteoporosis among many other musculoskeletal and autoimmune disorders.

## OFFICE LOCATIONS

- **955 Little Britain Road**  
New Windsor, NY 12553  
Tel: 845-614-0700
- **400 Westage Business Center Drive, Suite 205**  
Fishkill, NY 12524  
Tel: 845-790-6871



**Sheeja Francis, M.D., FACR**

**AREAS OF EXPERTISE:**

- Rheumatology

**OFFICE(S):**

New Windsor - Little Britain Road



**Sophia Khan, M.D., FRCPC**

**AREAS OF EXPERTISE:**

- Rheumatology

**OFFICE(S):**

Fishkill

## Phlebotomy Services

Premier's On-site Phlebotomy Patient Service Centers, conveniently located in Poughkeepsie, Fishkill and New Windsor, allow our patients a convenient way to get the test that they need as quickly as possible. It also means your results are sent directly to your physician without any delays.

## Radiology Services

For the convenience of our patients, Premier Medical Group also offers many diagnostic imaging services in-house. Quality, service and patient satisfaction is Premier Medical Group's top priority. Radiology services offered include: X-ray, Computerized Tomography (CT Scan), Ultrasound, and Coronary Calcium Scan.

**To schedule your Lab or Imaging appointment, visit:**

[www.premiermedicalhv.com/lab-and-imaging](http://www.premiermedicalhv.com/lab-and-imaging)



# PATIENT PORTAL

## Manage Your Healthcare Online, Anytime!

Premier's Patient Portal allows our patients to communicate with the practice easily and safely. Using a secure password, patients can log into the online Patient Portal 24 hours a day, 7 days a week.

### SIGNING UP IS EASY

Stop by the front desk at your provider's office and request an activation code or scan the code below to get started.



view personal  
health  
information



send a  
message to  
your care team



request  
an  
appointment



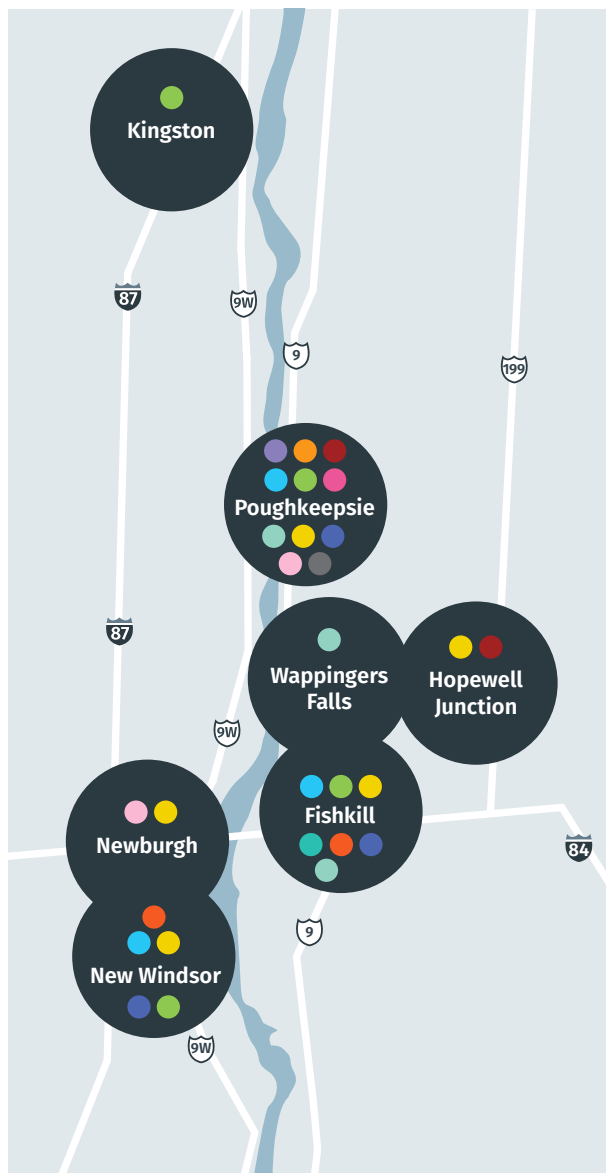
request  
prescription  
refills



view account  
statements and  
pay bills

Simply scan the QR code  
with your phone's camera to  
request your activation code!





## Office Locations

- **Cardiology**  
Newburgh  
Poughkeepsie
- **Dermatology**  
Poughkeepsie
- **Endocrinology**  
Fishkill
- **Gastroenterology**  
Fishkill  
New Windsor  
Poughkeepsie
- **Gynecology**  
Poughkeepsie  
Fishkill  
New Windsor
- **Internal Medicine**  
Fishkill  
New Windsor  
Poughkeepsie  
Newburgh  
Hopewell Junction
- **Neurology**  
Poughkeepsie
- **Plastic Surgery**  
Poughkeepsie
- **Podiatry**  
Fishkill  
Poughkeepsie  
Wappingers Falls
- **Premier Women's Center**  
Poughkeepsie
- **Rheumatology**  
Fishkill  
New Windsor
- **Spinal & Orthopedic Surgery**  
Poughkeepsie  
Hopewell Junction
- **Urology**  
Fishkill  
Kingston  
New Windsor  
Poughkeepsie



Visit us online: [www.premiermedicalhv.com](http://www.premiermedicalhv.com)



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