

ANDREAS WÜRTELE

INNSBRUCK *Rock*

SPORT CLIMBING in Innsbruck and surroundings
Hall – Brennero – Silz

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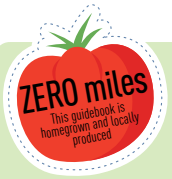
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ZERO miles!

This is a "zero-miles" guidebook.
It's locally produced!

It has been compiled by local authors,
who live and promote climbing in the area reviewed.

Climbers benefit from local authors:
- locals know the latest news and updates
- locals don't promote only the most "commercial" spots
- locals invest the revenues from the guidebook in equipping new crags

Local authors **promote and respect their area**:
- they review only the spots where climbing is allowed
- they pay attention in the same way to any different spot
- they meaningfully interact with local actors

First aid/Emergency

Mountain rescue: 140 respectively European emergency call: 112 respectively best download the SOS EU-ALP-App

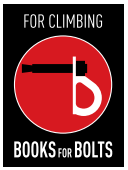


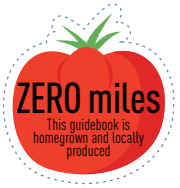




Note

Climbing is a potentially dangerous sport in which participation is entirely at your own risk. All the information in this guide has been updated based upon information at the time of publication, however it is vital to evaluate every situation yourself before placing yourself in a life threatening situation or to seek the advice of experienced and qualified individuals.





2% of the proceeds from this guidebook are re-invested in material for re-bolting routes and crags

ANDREAS WÜRTELE

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SPORT CLIMBING in Innsbruck and surroundings
Hall – Brennero – Silz

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INNSBRUCK – TAP INTO THE POWER OF THE ALPS

PURE JOIE DE VIVRE FOR AN UNFORGETTABLE HOLIDAY:

Between culture and nature, ups and downs, traditions and trends – no other region combines such extreme contrasts as charmingly as Innsbruck. You can travel from the heart of the Tyrolean capital to the lofty heights of the Nordkette range in just 20 minutes to experience this Alpine jewel from up close and marvel at the pulsating activity from on high.





Or you can discover the city's alpine-urban style as you leap in time between modern architecture and historic buildings.
The special old town ambience with its famous sights is just a short distance away from your next hiking or biking tour, your next day's skiing or your winter hiking adventure. A wealth of contrasts squeezed into the smallest of spaces...
Where else can you find such personal freedom – from enjoyable to challenging – in just one place?

Photos: Innsbruck Tourismus / Schönherr, Lackner, Vorhofer;





THE INNSBRUCK REGION: CLIMB LIKE A WORLD CHAMPION

Whether in the city, out in the country or on a climbing wall, if your favourite direction is skywards then Innsbruck is a paradise of steep cliffs, climbing gyms and multiple pitches. Beginners or more ambitious climbers, adults or children, indoors or outdoors – the city of innsbruck and its surrounding villages offer perfect climbing conditions for all requirements.

In addition to a total of **6 climbing gyms**, there are **17 sports climbing walls and 29 sports climbing areas**, well over **1,000 single pitches** and **90 multiple pitch routes, 6 fixed-rope routes, 2 family climbing walls and 8 ice climbing routes**.
Rocky crags, steep walls and five mountain ranges, each with a completely different character, offer the ideal conditions for wonderful climbing adventures.

Preface

Is there really a need for another climbing guide about Innsbruck? By writing this guide I answered the question for myself but to be honest it came up more than once during talks about this project. When sitting together and discussing what makes a good climbing guide, we, however, agreed that there is not really a worthy successor of the last edition of the guide "Kletter um Innsbruck" by Otto Wiedmann from 2002. Either the current guides show just a selection where a lot of crags are missing, the information is very shallow or sport climbing is just a side issue in an alpine climbing guide. Wrapped up this guide is the attempt to follow up the "Tirol-West-Führer" of Otto (and the tedious support by other first ascenders such as Reini Scherer, Reinhard Schiestl, Jörg Brechja, and many more) and a conclusion of sport climbing around Innsbruck. The idea was to document all sport climbing options without leaving out unrewarding crags (information on that is available in the description of the various crags). What was not covered, however, are classic alpine routes which we define as routes where you have to bring most of the protection by yourself (e.g. Hechenberg) or where the approach leads up into high alpine terrain. This is because they would blow up this guide to the size of the telephone book of Tokyo (and who wants to carry kilograms of paper through the world?). Furthermore, there are already good and current guides available for these types of routes (see literature review on page 22).

One or the other might complain now that "his" (really?) secret crag was published. I want to push back here by saying that basically, everything in this guide was available in some kind somewhere – obviously not as detailed and combined as here though. There are, however, still various spots that have for different reasons not (yet) been covered in this guide. Furthermore, most of the people complaining probably have a new version of the Arco guide on their bookshelf because they like to visit new areas now and then and do not always want to go to Massone...

"Nobody is perfect" and although the great effort I put into this guide this will probably not be the last edition of it. That is why I not only ask for indulgence but also feedback. I am furthermore very grateful for information concerning new routes and areas which makes the life of a guide author far easier ;o)

All I can say now is have a good time on the rock and I have one final request: Please respect the locals – not only climbers but far more important the landowners, farmers, hunters, environmentalists, and alike.



Paul Lewandowski, *Rokoko*, Martinswand *(© Arch. Lewandowski)*

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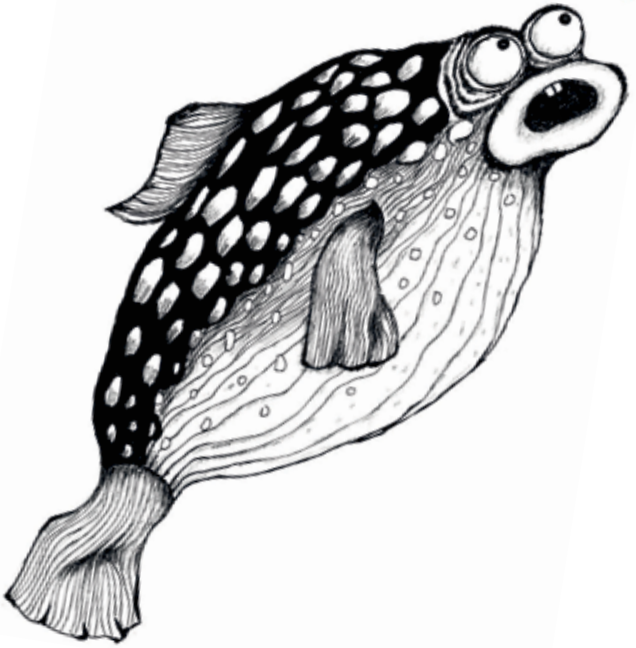
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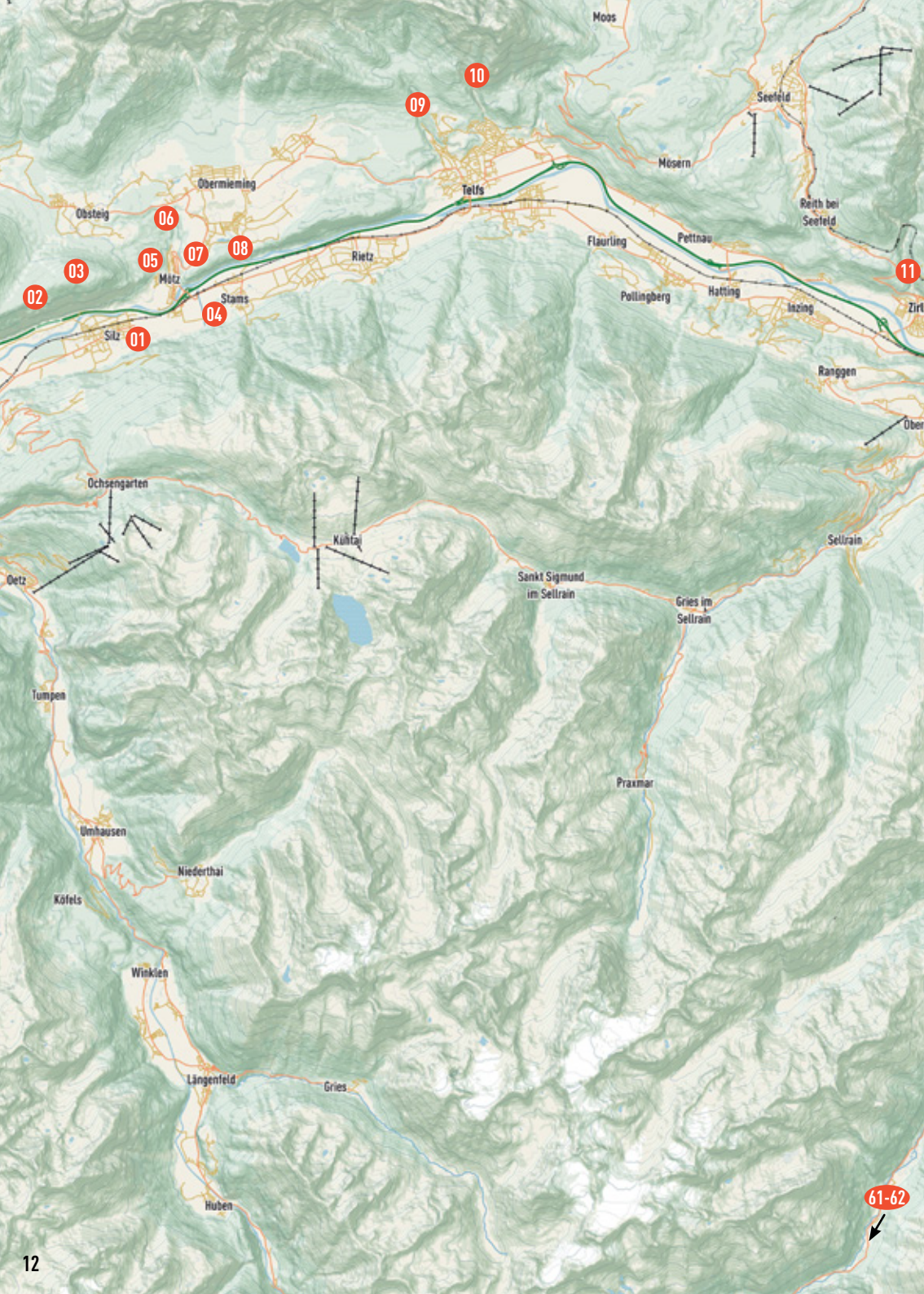
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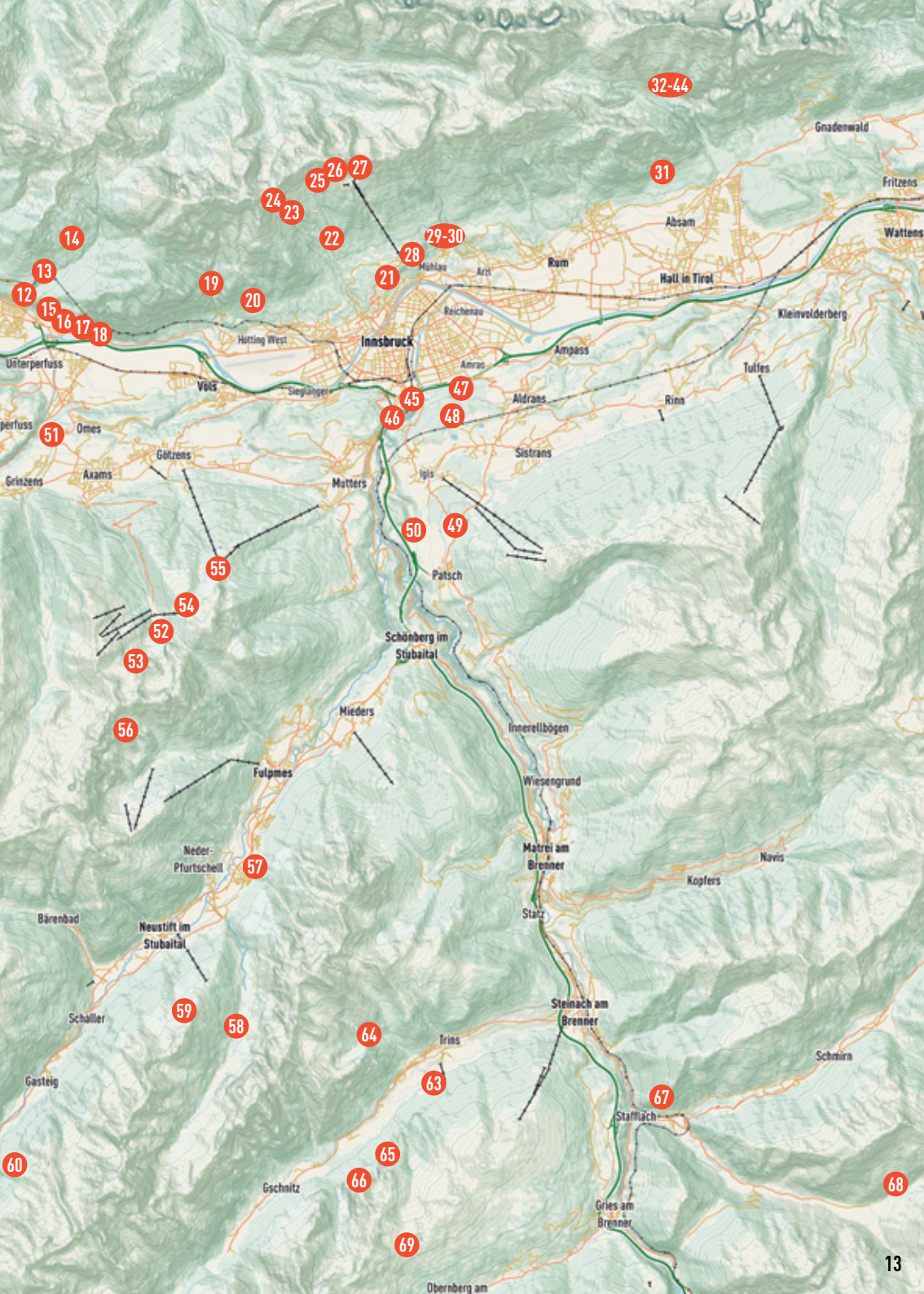
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Philp Flörl, *Superflip*, Dschungelbuch *(© Raphael Jäger)*


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Acknowledgments

When writing a guide like this there are many people out there who deserve a big "Thank You". First and foremost, obviously, everybody who was involved in establishing, setting up, and restoring crags and routes. Without them, there would be no guide.
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Also, I want to thank the team of Versante Sud – mainly Chiara, Matteo, and Roberto – which stood behind this project from the very beginning and did their very best to put my notes together into this nice guide.
Finally, I want to thank my dear family Paul, Frieda, and Johanna who endured my hourlong, stoic work in the office ;o)

Best time of the year

In general, you can climb around Innsbruck almost all year through: Crags which are close to the valley and oriented towards the South such as parts of the Martinswand are only not good for climbing a few days after heavy snowfall – the main sector of Dschungelbuch offers useful conditions even on sub-zero days when the sun is out. This however means that it is too hot there between late spring and autumn which is when you should go to higher crags respectively (depending on the time of day) crags faced towards the West or the East.
Current information about local weather (which is way better for this area than any questionable weather app) can be found at www.zamg.ac.at or www.alpenverein.at/wetter.

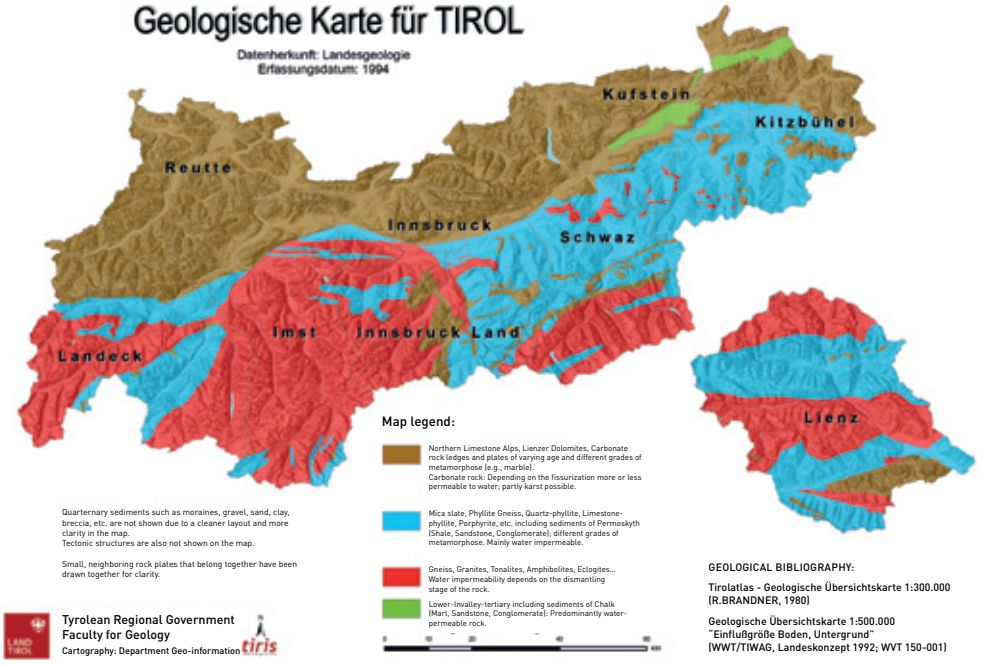
Alpine dangers
Depending on the time of the year and the weather you must take into account various hazards: Avalanches are an important topic in higher located crags, not only in winter and spring but also in summer after a sudden fall in temperature which can cause big amounts of snow in the mountains. Furthermore, mind thunderstorms which can lead to lightning, flood, and landslide destroying paths. Thereby a nice sport climbing session can turn into a high-risk situation.

Much Mayr, *Get Hungry*, Dschungelbuch *(© Paul Lewandwoski)*

Geological Overview

Obviously, the reality is far more complex, and "real" geologists will shake their heads when hearing this simplified description but I think for us climbers this overview is more than enough and contains the information necessary for climbing:

In general, you can see the big valley in the Northern part of Tyrol as geological boundaries: North of the Inn you will find almost exclusively Limestone of various qualities ranging from perfect Wetterstein-Limestone to very wild Karwendel-bruch ("split"). This split is mainly caused by sinters on the surface of the stone. This describes the very different styles of climbing: Holds and footholds at low levels of sinter consist mainly of a fracture line (e.g. Dschungelbuch main sector) but at high levels of sinter exposure can consist of very fine slopers, holes, and others.
One local distinction is the "Höttinger Brekzie" (breccia) which basically are landfills from the area around Nordkette which have somehow consolidated and are now quite firm and steep Conglomerate rocks in the North of Innsbruck. This rock which almost reminds one of the famous Spanish climbing areas Riglos or Margalef (and obviously Meteora in Greece) was discovered centuries ago as a firm material for construction which is why many houses in the old town of Innsbruck and Hall consist of it. This discovery was important for climbers because the mining created the "Höttinger Steinbruch" (quarry) which is one of the popular climbing areas directly in the city.



South of the Inntal you will find a completely different geological setting: There are a few secluded Limestone islands (e.g. Serles or the line from Tirbulaunen towards Kalkögele) but the quality is definitely worse than in the North. This makes the area not really interesting for sport climbers, but fans of adventurous routes find a big playground here.

In the South the Wipptal acts as a rough geological borderline: Eastwards of it, the Schist area starts which is amazing for skiing and therefore also quite popular (e.g. Tuxer and Kitzbühler Alps). The rock here is quite soft which probably is also why few rock faces developed all of which are fragile and thereby not good for climbing. A few of the exceptions are the Viller Kopf, Goldbichl, or the recently developed Stafflacher Wand.

West of the Wipptal respectively South of the Inntal the Gneiss zone of the Stubaier and Ötztaler Alps starts. The Ötztaler Alps offer a lot of good climbing crags but also some areas in the back of Stubaital can keep up with them (there are however way more areas in the Ötztal).
In Vals the situation is similar: The Northern part consists of Schist. Directly at the valley entry, the Stafflacher Wand is located which is probably the biggest climbing area on this rock. At the back of the valley, you are at the Alpenhauptkam (the main ridge of the Alps), and from the East, the Gneiss of the Zillertaler Alps is coming in, which can be seen by the prominent trio of Olperer, Fußstein, and Schrammacher. The rock quality here is like the one in Zillertal but sport climbing development is still at the beginning which means there is a lot of potential.



Access and useful information

Innsbruck is located in the center of the Eastern Alps and can easily be reached by car from the South via the Brenner or from all other directions on the Inntal motorway.
Especially in winter (approx. December until April), there are also many direct flights to Innsbruck Airport. In summer it is more likely that you have to change at one of the classic hubs like Frankfurt or Vienna when flying into Innsbruck. Details can be found at www.innsbruck-airport.com.
Alternatively, you can also fly into Munich, Verona, or Memmingen because these airports are destinations of a lot of low-budget airlines.

Another way to easily travel to Innsbruck is by train or bus which both drive to Innsbruck multiple times a day (oebb.at, flixbus.com, and so on).

Around Innsbruck, all villages can be reached by public transport very well but a lot of the crags are far outside which can make the way from a station to the crag tedious and long. When choosing that option, you should consider taking an e-bike with you which, however, depends on the mood of the bus driver so it cannot be guaranteed. That is why for most areas the use of a car is (unfortunately) still the easiest option.
Some crags in this guide have a long approach which is - as you know – the "enemy" of sport climbing. Fortunately, oftentimes the long approach can be shortened tremendously by using an e-bike.

Parking: Climbing is booming! Please park space-savingly and accept when there is no more free parking spot! Please do not park in just any meadow, driveway, or dirt road. When a local is complaining about your parking – does not matter how friendly he is – try to de-escalate, apologize and ask him for possible alternatives. It would not be the first crag that would be shut down because of such an issue...

INTERNATIONAL LAND-AIR RESCUE SIGNS FOR HELICOPTERS AND PLANES

WE NEED HELP

Land-air signs



Yes

Red flare or light



WE DON'T NEED HELP

Land-air signs



No



Red material / red flag
Square shape 100x100cm.
Red central circle (60cm diameter).
White ring 15cm



First aid/Emergency
Mountain rescue: 140 respectively
European emergency call: 112
respectively best download the SOS
EU-ALP-App

Areas which can be easily reached by public transport

In the following list, you will find crags that are maximum 10 minutes of walking away from the last bus or train station. All info about public transport can be found at www.vvt.at respectively by scanning the QR code for direct route and timetable information.

Telfs
05. Mötz - Springfield
06. Burg
07. Locherboden
08. Hängebrücke
10. Weiher

Zirl
11. Schlossbachklamm
12. Ehnbachklamm

Martinswand
15. Hafels Kluppn
15. Mull
16. Dschungelbuch
17. Martinswand-Multipitches

Innsbruck – North
20. Kranebitter Klettergarten
21. Höttinger Steinbruch
23. Blechhüttenmauer
24. Sattelpitze
25. Sonnendeck
26. Zwischendeck
27. Seegrubenkessel
28. Laktat

Martha
32. Halltal

Innsbruck South
45. Sillschlucht
47. Paschberg
48. Viller Köpfl
49. Goldbichl
51. Zifres/Spucher
52. Saile
56. Pyramidenspitz
57. Kampler Mauer
58. Pinnis
59. Elfer
60. Eldorado
61. Fernau
64. Barbeleswand
66. St. Magdalena
67. Stafflacher Wand
69. Obernberg



Pilip Flörl, *Fingertang*, Dschungelbuch *(© Raphael Jäger)*

Climbing Etiquette Manual

Climbing outdoors is different from climbing indoors. Respectful and responsible behavior towards people as well as nature is a bedrock for avoiding closures and guaranteeing access to crags.

For the sake of nature and the environment:
Area closures: It does not matter whether timely restricted or forever, closures of certain areas must be accepted. The responsibility to be aware of a possible closure lies at the climber!
Parking: Inform yourself where you can park and thereby do not park wild, or block roads, paths, or driveways. Please accept that if parking should be full you have to drive to another parking space even if it extends the approach by five minutes.
Approach paths: Please use the paths and do not walk through the vegetation – always walk around fields and meadows. Do not shorten tracks even if they might be enticing.
Fire: Open fire is strictly prohibited – at the base of the face as well as everywhere else.
Music and noise: Ghetto blasters, loud mobile phones, screaming, and similar are out of place here. It does not only annoy other climbers but also the inhabitants of the forest.
Dogs: Dogs must be leashed! Other climbers, as well as inhabitants of the forest, will be grateful.
Trash: By now it should anyway be taken for granted that you take down again your garbage, including tape pieces. This also holds for supposed "organic waste" such as banana or orange peels. They only degrade very slowly and give the surrounding area the fragrance of compost.
Cigarettes: Smokers should also take their butts down with them and not stick them into various holes, cracks, and so on. Old chewing gum boxes are perfect for collecting them.
Feces: When there is no holding back go as far away as possible from the base of the face and do not use any paths as a toilet. Handkerchiefs and toilet paper are made of cellulose regenerate fiber which degenerates very slowly. That is why you should put used paper in an old nylon bag, tie it up and throw it away at home. Cover the rest with stones, mud, or similar so nobody steps into it.
Rest period: The inhabitants of the forest deserve some recovery from our disruption. That is why you should finish climbing at dusk because a lot of animals are active during dusk and do not want to be disturbed. "Night sessions" (especially for bouldering) are not good for nature and do not help in establishing a good relationship with people like farmers, hunters, and environmentalists.

For the sake of other climbers:
Reserving routes: Please do not occupy routes for hours with ropes – especially not if they are very nice or easy.
Quickdraws and carabiners in the routes: Be grateful when you find quickdraws in a route that you are happy to use. Also, be grateful for the carabiners at the top instead of stealing them. If the state of the carabiners should be bad, do not complain (on the internet) but rather replace them with one of yours. If everybody contributes a little something all can profit.
Quickdraws for projects: Understandably, you want to leave your quickdraws on a hard, longtime project to avoid the tiring process of bringing them up every time. However, a climbing route is not a scrap metal repository. Quick draws suffer outdoors in winter and if your chances of sending the route are not very high, please take them down again. This obviously is the same after a successful send.
Projects: Projects are routes that were already bolted but not yet climbed by the person who bolted them. Also, if the route should be easy for you, do not climb it until the one who established it, gives it free! Oftentimes they are marked by a thin rope through the first bolt or a "P" at the start.

Adding bolts: Often there are routes where you start to hate the person bolting it because the bolt distance is very wide at the hardest part. This nevertheless does not give you the right to add another bolt there. Run-outs are part of a route's character. Without talking to the first ascender, you should never change a route.
New routes and variations: Please first inform yourself if you are even allowed to bolt new lines at a specific crag. If so, then think about if it is necessary: Beautiful and straight lines should not be disrupted by less useful variations. If you have to "dig out" a route first it is questionable if that really makes sense and whether it is environmentally friendly.
Chalk and tick-marks: Oftentimes tick-marks (marking holds) help in finding the right holds. Also, holds who are wet sometimes need a good amount of chalk. That is no problem at all but after a successful send, please remove these chalk signs with a brush.

Children: Understandably, parents bring their children with them to the crag. However, please be aware of other climbers and your responsibility. Do not "park" your kids at the base where falling rocks can hit them or starts to routes will be blocked. Furthermore, falling climbers – especially when taking swings – might hit them. A helmet is always a good choice!



(© Philip Flörl)

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Maria-Theresia Wagner, sector Wasserohr/Halltal *(© Simon Schöpf)*

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Eberle Bernd, Lindemann Stefan, et.al *Alpinkletterführer Karwendel*; Panico Alpinverlag, 2020 (5. Auflage)
Durner Günther, Gürtler Werner *Sportklettern Innsbruck und seine Feriendörfer*; AM-BERG Verlag, 2017.

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Bernd Eberle, Stefan Lindemann, et.al *Alpinkletterführer Karwendel*; Panico Alpinverlag, 2020
Benni Hangl sen., Karlheinz Grübler und Albert Neuner *Alpinkletterführer Wetterstein Süd*; Panico Alpinverlag
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Michael Meisl *Routebook Zillertal*; Eigenverlag Michael Meisl
Günther Durner *Klettern im Ötztal und Pitzal*; AM-BERG Verlag
Guido Colombetti *Südtirol – Sportklettern*; Versante Sud
Axel Jentsch-Rabl *Eisklettern in Tirol*; Alpinverlag.



Regional information

TELFS

Climbing shop: Hervis at the Inntalcenter respectively the shop in the gym which also offers a small selection of the most important gear (chalk, harnesses, shoes, clothes, hardware). For shoe resoling, the "Schuhhaus Ruech" (www.schuhhausruech.at) in Mieming is recommended.

Gym: Bergstation Telfs (www.bergstation.tirol), approx. 1400qm climbing area (of which approx. 2/3 are for bouldering) with a big area for children, a small shop, and a nice bistro which is the local climbing community meeting spot (Definitely recommended for BBQ evenings!!!).

Camping: The best locations are in Stams (www.camping-eichenwald.at) and in Pettnau (www.camping-tiefental.at) who is a perfect basecamp for the area around Zirl/Martinswand.

Nearest e-bike rental: Bike Repair Oberhofer (www.bike-repair-oberhofer.at) in Silz respectively Alpine Easy Stay Seelos in Mieming (www.pension-seelos.at).

More information at www.innsbruck.info.

ZIRL AND MARTINSWAND

Climbing shop: Sport Okay at the Cyta (Völs).

Gym: Bergstation Telfs (www.bergstation.tirol), approx. 1400qm climbing area (of which approx. 2/3 are for bouldering) with a big area for children, a small shop, and a nice bistro which is the local climbing community meeting spot (Definitely recommended for BBY evenings!!!).

Camping: Camping site Tieftal in Pettnau (www.camping-tiefental.at): simple place without bells and whistles. Farm Camping in Unterperfuß (www. brangeralm.at): also a small camping place with its own(!) brewery; Another simple camping site is the one in Völs (www.camping-stigger.at) directly located next to the public pool and close to good local infrastructures such as a pizzeria, bakery, butcher and only 5 minutes walking away from the shopping center Cyta.

Nearest e-bike rental: Bike Base Zirl (Meilstraße 54), Intersport Okay in Völs.

More information at www.innsbruck.info.

INNSBRUCK NORTH

Climbing shop: Sport Okay and Sportler both have several locations in Innsbruck and Sport Grashammer offers a very good selection of mountaineering and climbing equipment. The shop in the gym in Innsbruck is open at the same times as the gym (also in the evening and on weekends) and offers everything you might need urgently.

Gym: KI - Kletterzentrum Innsbruck (www.kletterzentrum-innsbruck.at) with over 6.000 square meters of climbing and bouldering area. It is the biggest gym in Austria and is open daily from 9 AM to 10 PM.

Camping: Camping Kranebitten (www.kranebitterhof.at): classic camping place – good pizzeria; Pure place to stay (without toilets and so on) next to the motorway: www.innrain149-157.at - Alternatively camping sites Tieftal, Völs, and Branger Alm (see chapter Zirl).

Florian Klingler, Höttinger Steinbruch *(© Daniel Peis)*

Nearest e-bike rental: Die Börse (www.dieboerse.at), Crazy Bikez (www.crazybikez.com).

More information at www.innsbruck.info.

MARTHA
Climbing shop: See Innsbruck North.

Gym: KI - Kletterzentrum Innsbruck (www.kletterzentrum-innsbruck.at) with over 6.000 square meters of climbing and bouldering area. It is the biggest gym in Austria and is open daily from 9 AM to 10 PM.

Camping: Camping Hall (www.camping-hall.at) directly next to the public pool.

Nearest e-bike rental: Bikebox directly at the lower town square (diebikebox.com).

More information at www.hall-wattens.at.

INNSBRUCK SOUTH
Climbing shop: Unfortunately, there is no store with a bigger selection which is why it is recommended to drive to Innsbruck. You can get small stuff at "Tirol Alpin" at the main square of Fulmpes and at "Sport Bittl". For the areas in the Southern Wipptal the climbing gym Matrei (www.basecamp-tirol.at) can offer "first aid".



Höttinger Graben *(© Innsbruck Tourismus/Th. Bause)*

Gym: Basecamp Matrei (www.basecamp-tirol.at) with almost 1440 square meters of climbing and boulder area. Small gym in Fulpmes (www.climbfulpmes.at) respectively KI - Kletterzentrum Innsbruck (www.kletterzentrum-innsbruck.at).

Camping: F1 bis F6: see Innsbruck; For the areas F7 – F8 the camping site in Völs (camping-stigger.at) and the one at Natterer See (www.natterersee.com) are perfect; For F9 Stubai there are various campgrounds in the Stubaital and for F10 - F12 there are various parking sites in the Wipptal: Zentralalpen-StellplatzTrins (www.stellplatz-trins.tirol), at the Parkhotel Matrei (www.parkhotel-matrei.at) and in Nösslach at the Humlerhof (www.humlerhof.com), but no campground.

Nearest e-bike rental:
45-50: see Innsbruck.
52-55: Sport News Axams (www.sportnews-axams.at) respectively Sport Siebert (www.siebertsports.com).
56: Sport Pittl (www.intersport-pittl.at); 57-62: Sport Hofer (www.hofer-sport-2000.at), Sport Stubai (www.sport-stubai.com), Sport Schönherr (www.schoenherr.cc).
63-69: Wipprad (www.wipprad.at) and Bike Tirol Lounge (www.bike.tirol).

More information at www.stubai.at respectively wipptal.at.



Adam Riese, Dschungelbuch *(© Peter Manhartsberger)*

Different grading scales

GREAT BRITAIN		FRANCE	UIAA	USA	AUSTRALIA
		1-3	1-3	5.0-5.2	10-12
VD		4	4	5.3	
HVD			4+	5.4	13
MS		4+	5-	5.5	14
S	4a	5a	5	5.6	
VS	4b		5+	5.7	15
	4c	5b	6-	5.8	16
HVS	5a	5c	6	5.9	17
		6a	6+	5.10a	18
E1		6a+	7-	5.10b	19
	5b	6b	7	5.10c	20
E2	5c	6b+	7+	5.10d	21
E3		6c	8-	5.11a	22
	6a	6c+			23
E4	6b	7a	8	5.11b	24
		7a+	8+	5.11c	25
E5		7b	9-	5.11d	26
	6c	7b+		5.12a	27
E6		7c	9	5.12b	28
		7c+	9+	5.12c	29
E7	7a	8a	10-	5.12d	30
E8		8a+	10	5.13a	31
E9	7b	8b	10+	5.13b	32
				5.13c	33
E10		8b+	11-	5.13d	
		8c		5.14a	
		8c+	11	5.14b	34
		9a	11+	5.14c	


BERG
FREUNDE
REACHING NEW
HEIGHTS TOGETHER!
We have what it takes.

READING SCHEME



beauty



splendid



worthy



nice



not exciting

This description takes into account a number of factors which include, besides the beauty of the rock and the pitches, the surrounding environment, how peaceful the area is and anything that can make a crag **splendid**, **beautiful**, **deserving** or **not at all interesting**. This evaluation is personal and individual.



equipment



perfect



good



pay attention



terrible

The description takes into account the distance between each protection placed and their position in relation to the route.



number of visitors



very low



low



medium



high

This indication refers to the average amount of people found at the crag during the recommended period and with ideal climatic conditions.



comfort at base



comfortable



uncomfortable



take care



tie in

General indication which evaluates how comfortable the terrain is where one stands to belay. In some crags, even if the majority of the bases below each pitch are comfortable, for some it might be necessary to tie in or balance on a small terrace.



parking



very good



good



sufficient



difficult

This indication is useful when planning any transfers, especially in case there are many people with more than one car: if the car park is not big enough or difficult to find we recommend to use the least possible number of cars or to use public transport.



type of rock

This information is very useful when deciding which crag to choose depending on one's personal taste. For many **gneiss** crags, the indications can be sometimes misleading since this kind of rock is also very different and usually the climbing can change a lot from crag to crag. This doesn't happen for **dolomite rock**, **limestone**, **granite** or **sandstone** crags where the rock and type of climbing are always very similar.



approach time

The indications of how long an approach walk is on foot from the cark park, to the base of the crag or the first sector you reach, is calculated at an average walking speed considering even the weight of the gear (rope, back pack, quick draws, climbing shoes, water, clothes etc). The length of time can vary on the basis of the climatic conditions and terrain. For example in late autumn, some paths may be totally covered by leaves so as well as losing the tracks, walking becomes slower. Same thing happens in case of steep access during hot summer days under the beating sun. The indication is personal and variable depending on other factors which can affect the times of the approach walk.



beginners school

This indication highlights the crags which have the ideal pitches for beginners or for anyone climbing for the "first time". The bolts on these routes are usually very safe and placed nearby even if some exceptions might exist.



fit for family

This indication should not be confused with the presence or not of easier pitches but simply to make it clear if it is possible to reach the base of this crag with small children or if a constant control is needed on the part of the adults. Many crags are often not ideal for families or small children due to exposed ledges, difficult or dangerous approach walks, rock fall, or the presence of a busy road or other objective dangers.

BRINGING CHILDREN INTO A NATURAL ENVIRONMENT IS NONETHELESS RISKY. THE AUTHOR'S INDICATION ONLY TRIES TO HELP ADULTS FIND THE AREAS WITH MINOR OBJECTIVE RISKS. IT IS OBVIOUSLY UP TO THE PARENTS THE FINAL ASSESMENT OF THE AREA IS THE CONSTANT ASSISTANCE TO MINORS.



e-bike

Is there a significant advantage to using an eBike for the approach? If yes, the time saved is given in comparison to the given approach time.

qrcode parking



Is it difficult to find the car park? With a simple scan of this code through one of the many available apps it is possible to activate the navigator through your smartphone which will lead you directly to the car park. The coordinates refer to Google maps.

qrcode base of wall



In spite of the effort to make the accesses to the car parks and crags as clear as possible, if it is very difficult to understand where to go, just scan this code you will be able to visualise the crag's position on Google or other maps.

TELFS

With approximately 18.000 residents Telfs is the third biggest town in Tirol and with the nearby Mieminger Plateau home to one of the most active climbing scenes of Tirol. The climbing community led by "grandmaster" Bernhard Hagl is constantly adding new crags and routes in the Tyrolean Oberland. Arthur Wutscher, Daniel "Dalton" Horvath, Martin „Leche" Hasselwanter, Benni Hangl junior, Alexander Hackl, Berni Ruech or the „migrants" Reini Scherer and Angy Eiter, just to name a few.

01. Guanacho 34
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Markus Haid, *Minsky Moment*, Minsky *(© Heiko Wilhelm)*

GUANACHO

700 m
altitude

NORTH
orientation

beauty

equipment

number of visitors

comfort

parking

Gneiss
type of rock

15 min
approach time

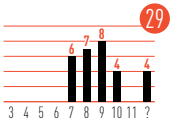
Yes - No
beginners school

Yes - No
possible when raining

Yes - No
fit for family

Yes - No
multi-pitch

Yes - No
e-bike

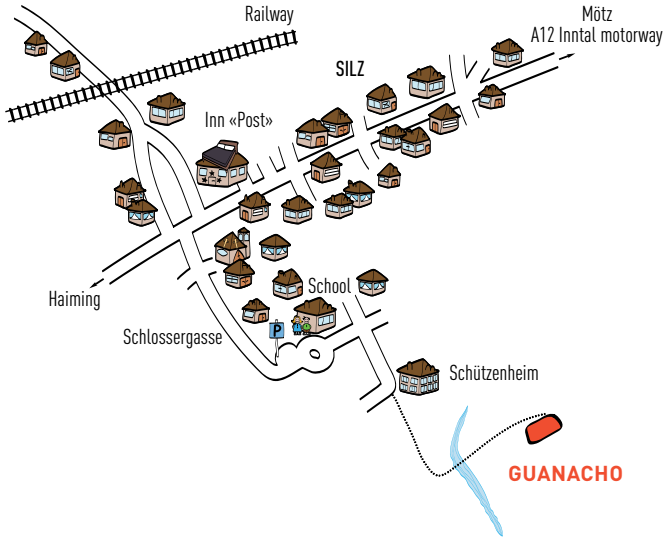


The crag was once discovered by the "Hangls" (Benni sen. + jun.) but due to the reason that an archery field was located directly under the wall, which made the place quite dangerous, the development stopped. The archery field is gone now and in 2018/19 the face was fully bolted and converted into a summer hotspot for ambitious climbers.
For a culinary experience, a visit to the inn "Die Poscht" directly on the main road in Silz is recommended. During the week they also provide cheap lunch menus.

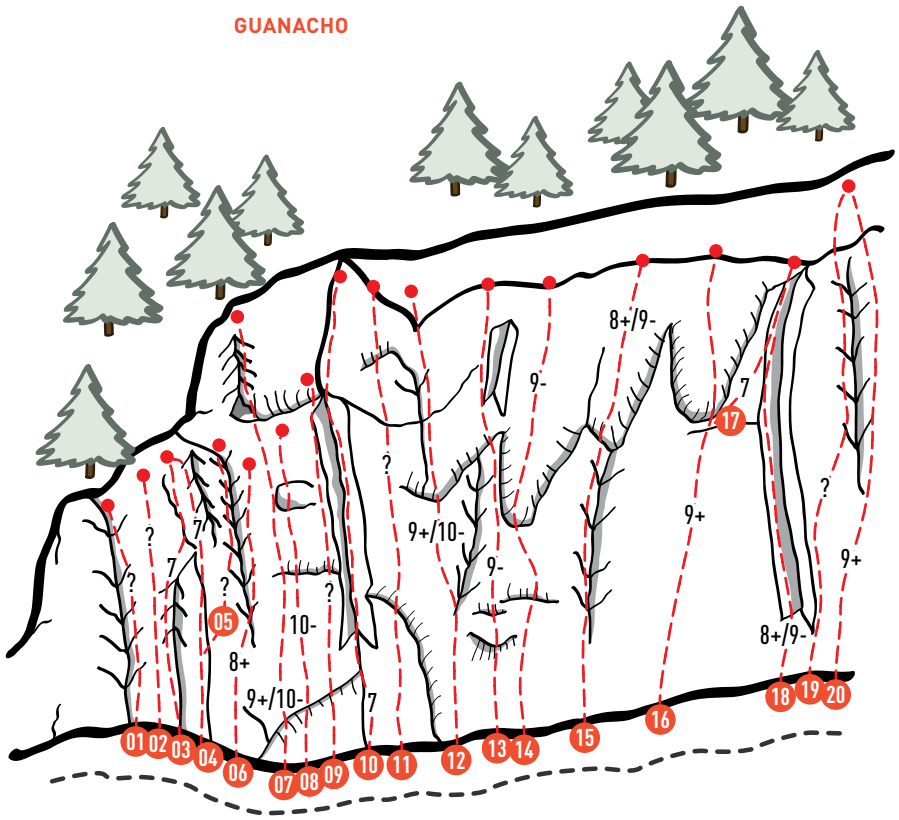
MAIN EQUIPPERS
Bernhard Hangl Senior&Junior, Mike Zach, Michael Öfner.

ACCESS
Exit A12 at Mötz and continue on the main road 171 towards west. After approx. 6 kilometers, turn right onto the Schlossergasse, in the center of Silz, directly after the church. Follow it to the big parking space at the school center.

APPROACH
Follow the path eastwards and then continue southwards passing by the Schützenheim towards the waterfall. Take the hiking path to the left (signpost "Stadlinger Wasserfall/Stams") – please close all gates! - and then, directly after the edge of the forest, follow the trail towards the face.

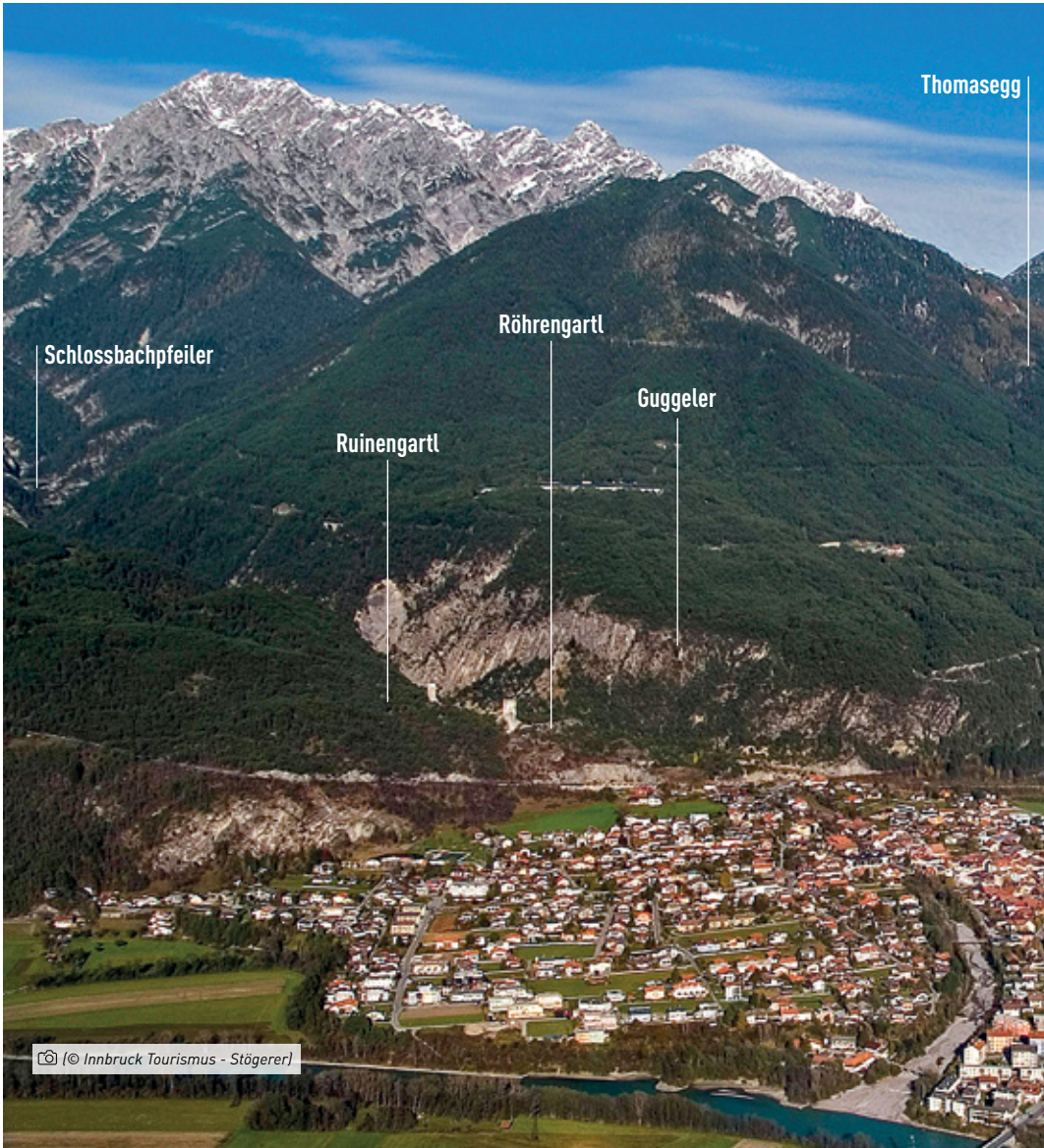


1.	PROJECT	?	
2.	PROJECT	?	
3.	HADERLUMP	7	
4.	TIROLER KAMPFKUA	7	Warm-up climb through the corner
5.	PROJECT	?	
6.	SISYPHOS	8+	Big moves on good holds
7.	MUCHITO	9+/10-	Brutal shoulder move in the middle, afterwards push through to the top
8.	HAVANA CLUB	10-	First ascent quote: Dwarf killer on small crimps! Also not easy with longer limbs!
9.	PROJECT	?	
10.	RISS	7	
11.	PROJECT	?	
12.	SULTANS OF SWING	9+/10-	Magical line with a tricky swing - harder after a hold broke out
13.	UN POPUITO LOCO	9-	Arete climbing with a tendecy to barn dooring when not being cautious
14.	DANCING OCTOPUS	9-	
15.	LITTLE LENNY	8+/9-	5-star endurance route



ZIRL

When talking about sport-climbing in Innsbruck what is actually meant is the area around Zirl which is the epicenter of sport-climbing in Innsbruck. The main spot here is the Martinswand which offers so much that a whole section of the guide is dedicated to it. But apart from this area, various other nice climbing crags can be found around Zirl that are especially worth a visit when it is too hot on the south-exposed Martinswand.

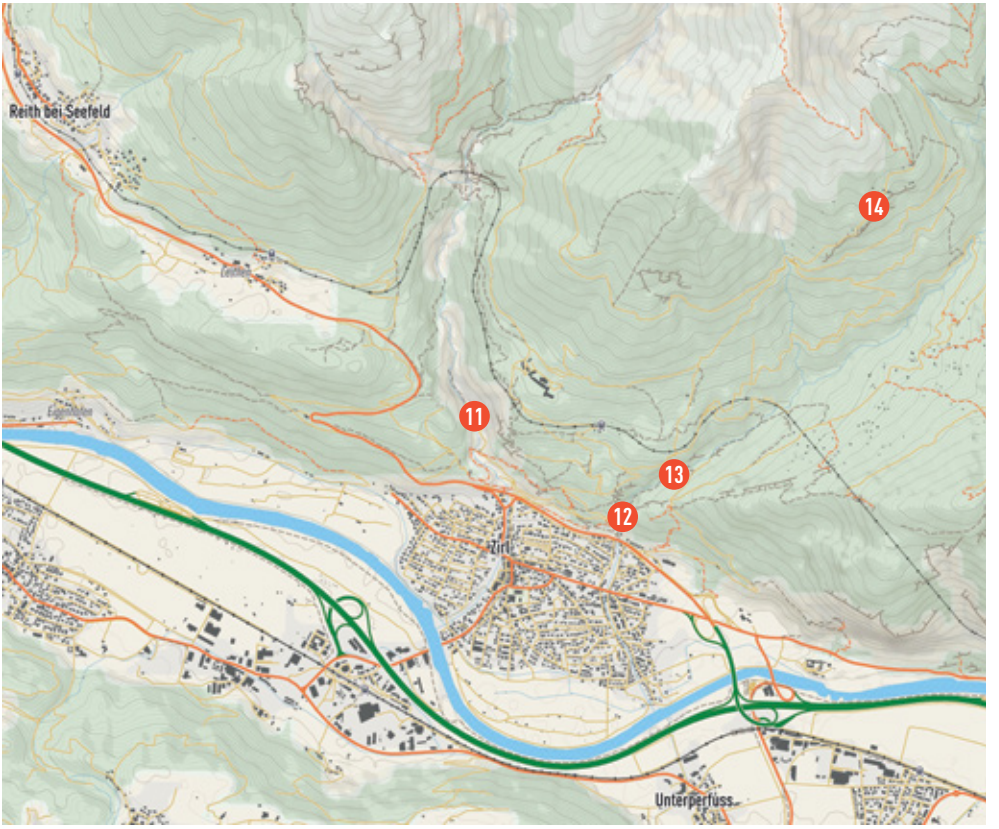


(© Innbruck Tourismus - Stögerer)

The city offers almost everything one could ask for (supermarkets, drugstores, etc.) except for climbing gear which can be found in Völs. For "après climbing" especially in summer a visit to the inn "Schwarzer Adler" is highly recommended which also offers amazing food (especially when the chef makes barbecue) for reasonable prices.
For climbing campers that need a place to stay the camping place "Camping Tieftal" is recommended. Wild camping is forbidden in all of Tyrol and it is not recommended because authorities control rigorously and collect high fines.



11. Schlossbachklamm 102
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Hinterm Eck, Buchenwandl *(© Simon Schöpf)*

780 m
altitude

WEST
orientation

★★☆☆
beauty

★★★☆
equipment

★★★★
number of visitors

★☆☆☆
comfort

30 min
approach time

Yes - No
beginners school

Yes - No
possible when raining

Yes - No
fit for family

Yes - No
multi-pitch

Yes - No
e-bike

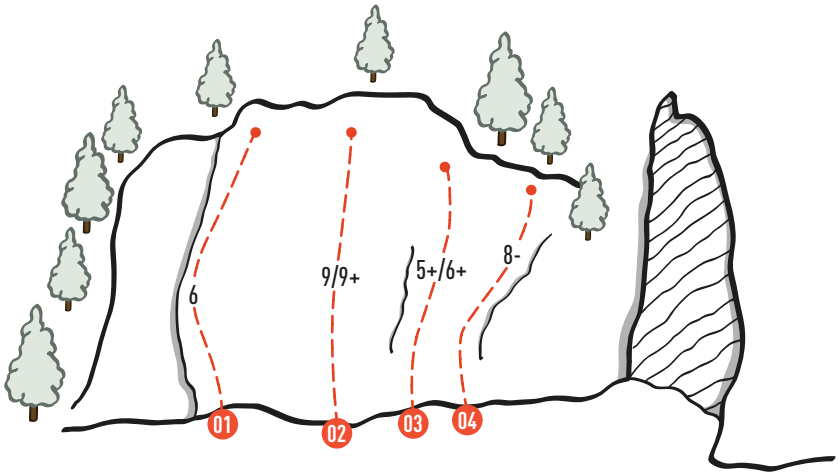
K - NEUNERPLATTEN

Established back in 1998 by Reini Scherer this sector offers short but technically demanding climbing. Since there have been excavations of the blocking back in 2002 the starts are most of the time underwater which leads to little climbing on these routes.

Height: 12m

1.	DAS BÖSE IST ÜBERALL	6
2.	TERRORIST	9/9+
3.	ÜBERHÄNGENDES GERÖLL	5+/6+
4.	LA PICCOLA	8-

EHNBACHKLAMM
K - NEUNERPLATTEN





Gotenturm *(© Simon Schöpf)*

780 m
altitude

EAST
orientation

★★★☆
beauty

★★★★
equipment

★☆☆☆☆
number of visitors

★★★★
comfort

30 min
approach time

Yes - No
beginners school

Yes - No
possible when raining

Yes - No
fit for family

Yes - No
multi-pitch

Yes - No
e-bike

L - ÄUSSERE PLATTEN

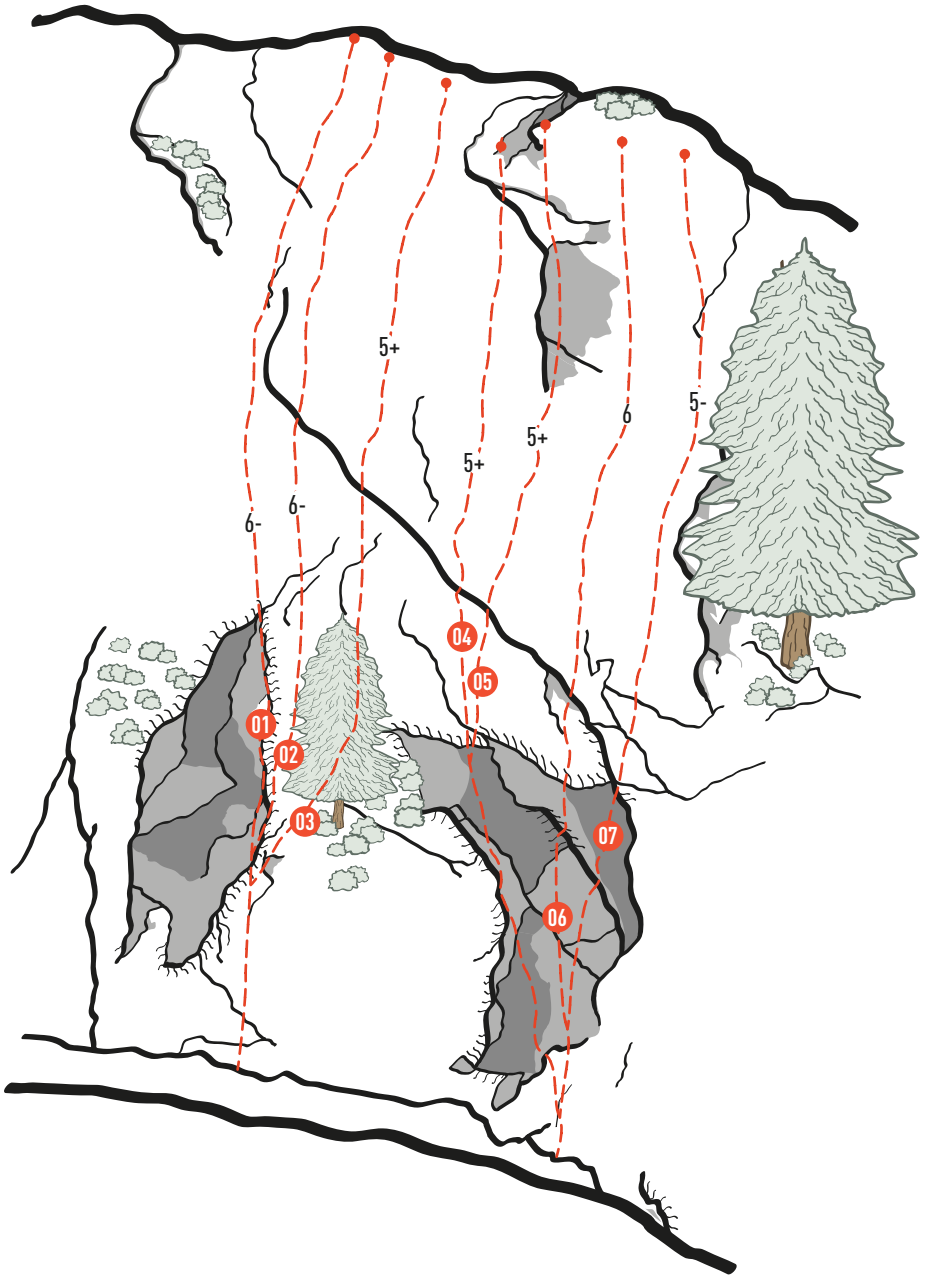


A masterpiece from Reini Scherer for beginners. Probably nobody else would have believed that something to climb could be set up here but Reini – with help from Gabi Anker and Claudia Draxner – set up a nice beginner sector that required a ton of cleaning. Watch out for the big holes in the very left route because snakes love them too.

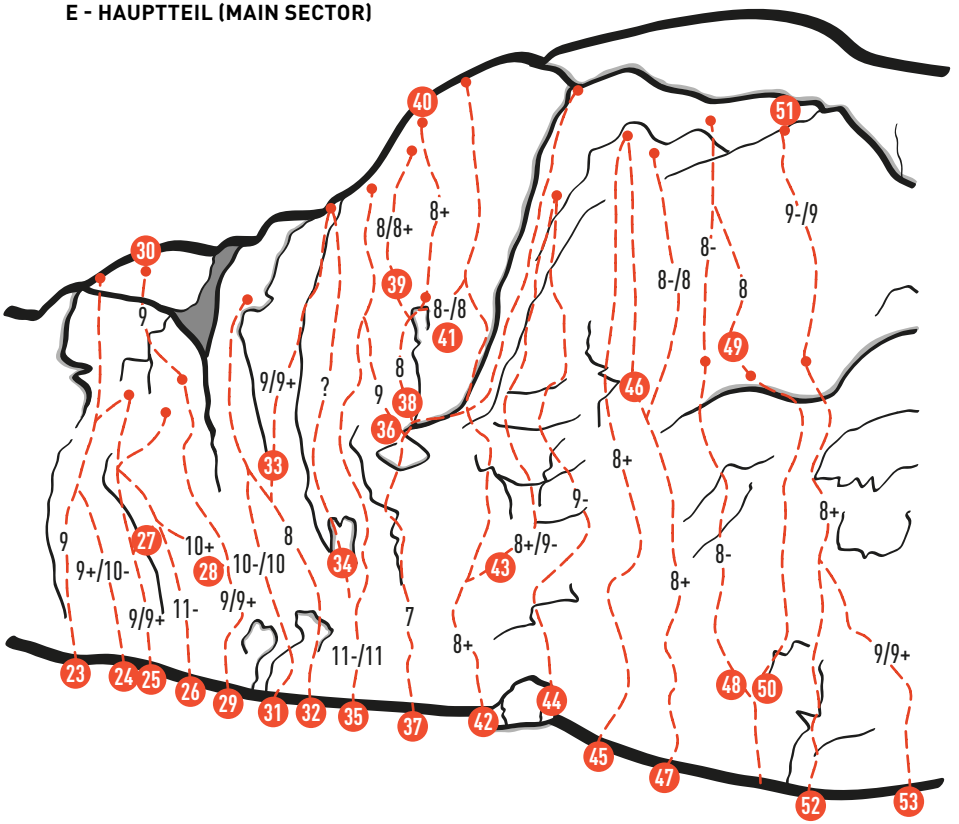
Height: 20-35m

1.	BON SORTIE	6-	Attention: 40m from the riverbed! (maybe mid-belay at the ledge)
2.	BON POSITION	6-	Attention: 36m from the riverbed!
3.	CAPTAIN KÖCK	5+	
4.	08/15	5+	
5.	VINCENT	5+	
6.	LO SPAZZOLINO	6	
7.	LA CASALINGA	5-	

L - ÄUSSERE PLATTEN



DSCHUNGELBUCH
E - HAUPTTEIL (MAIN SECTOR)

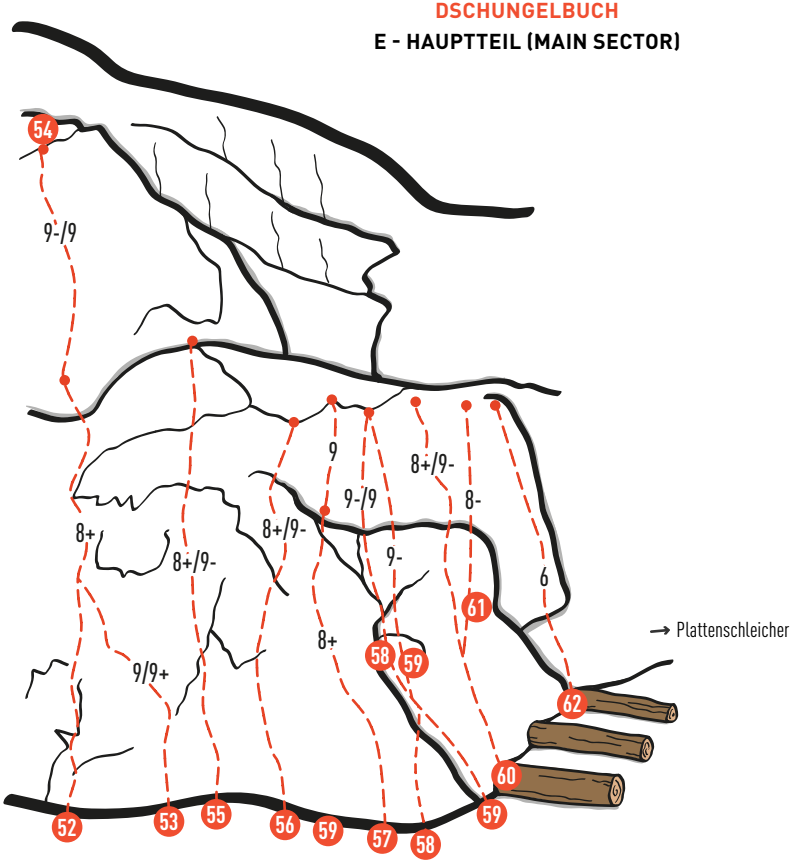


43.	NO SPORTS	8+/9-	20m	Enduring and technical route on crimps
44.	SKY DIVER	9-	20m	A boulder passage at the bulge - the one who falls here turns into a ... (but harmless!)
45.	KEINE AHNUNG	8+	25m	Boulder passage - unfortunately a good crimp broke out which made it harder
46.	TOD UND MÜDE	8	25m	Easier version of "Tod und Mode" - nice endurance line
47.	TOD UND MODE	8+	25m	A tough start followed by a climbing in the 7th grade until the traverse to the right. Some more hard and wide moves before a powerful finish
48.	HEKTISCH AM ECKTISCH	8-/8	18m	Nice, crimpy route which got a little bit harder with the new start (previously 7)
49.	HEKTISCH AM ECKTISCH EXTENSION	8-	10m	Closing moves through the overhanging part
50.	SEX PICKL	8-	18m	A start boulder followed by easier terrain leading to a second crux and an enduring finsih (previously 7+)



Alexander Bauer, *Paradies der Tiere*, Dschungelbuch *(© Simon Schöpf)*

DSCHUNGELBUCH
E - HAUPTTEIL (MAIN SECTOR)



51.	SEX PICKL EXTENSION	8	10m	A boulder passage with a jug exit - slightly size-dependent
52.	SCHWEIZERMACHER LEFT	8+	20m	A hard start followed by easier terrain
53.	SCHWEIZERMACHER RIGHT	9/9+	20m	Very hard boulder at the start
54.	SCHWEIZERMACHER EXTENSION	9-/9	8m	Hard boulder - barely climbed
55.	POMPIDOU	8+/9-	20m	Quite steep climbing for the Dschungel with a boulder passage
56.	MOGLI	8+/9-	18m	Dream line - one of the best routes in this grade
57.	FINGERTANGO	9	22m	As the name suggest: After the former mid-belay a very hard boulder follows (very honest people also do not reach over to the left to "Mogli" to make it even harder)
58.	PARADIES DER TIERE	9-/9	20m	Hard boulder passage that requires crimp power

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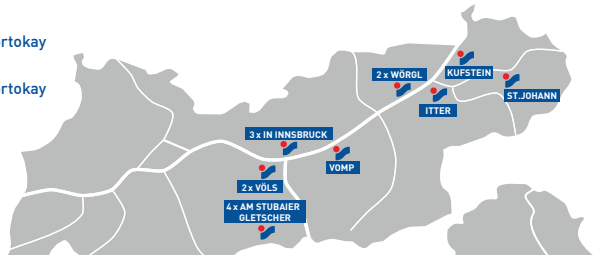
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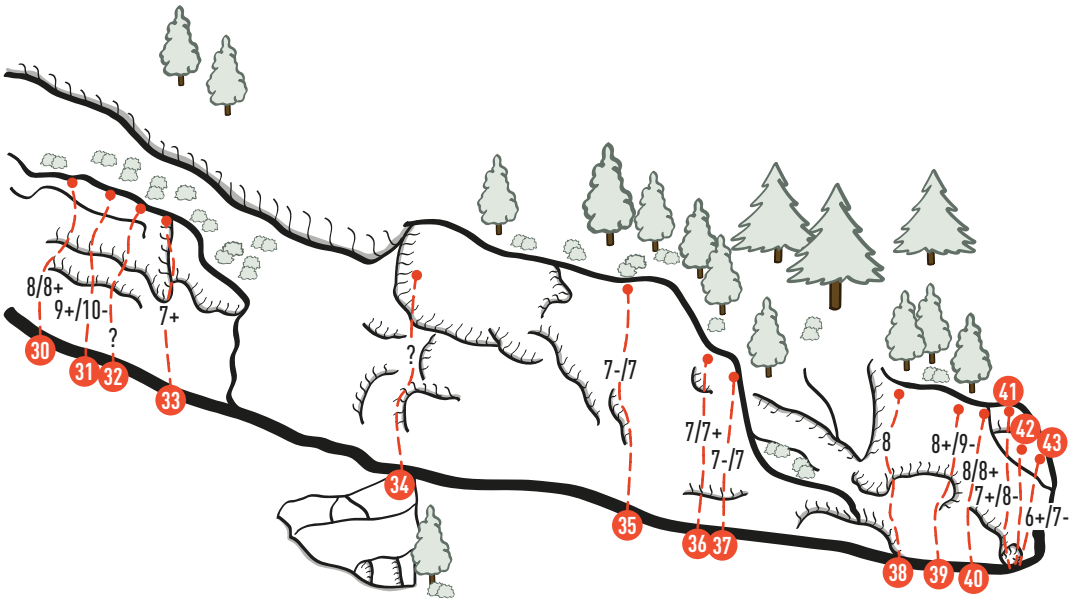
30.	DORFSTRASSE 8A	8/8+	14m	Hard boulder passages
31.	BONSAI	9+/10-	14m	Short and very powerful
32.	PROJECT	?	16m	Project
33.	DIE OARSCHRITZN VON DER HEX	7+	16m	Nice route following the arete
34.	PROJECT	?	18m	Project

SECTOR FILOU

35.	GRÜSS GOTT FRAU THÖNI	7-/7	22m	Nice and long endurance climbing
36.	LSD	7/7+	18m	Steep face climbing
37.	VIA DALLAPOZZA	7-/7	18m	Steep face climbing
38.	PABLO	8	18m	Crux over the bulge
39.	MR. T	8+/9-	18m	Hard overhang
40.	MUTTERTAG	8/8+	18m	Steep face climbing with bouler passages
41.	STELL'N HIN	7+/8-	18m	Endurance route
42.	HÖTTINGER NUDL	6+/7-	14m	Warm-up
43.	NATUR PUR	6+/7-	12m	Warm-up

HÖTTINGER GRABEN
PROMML

HÖTTINGER GRABEN
FILOU

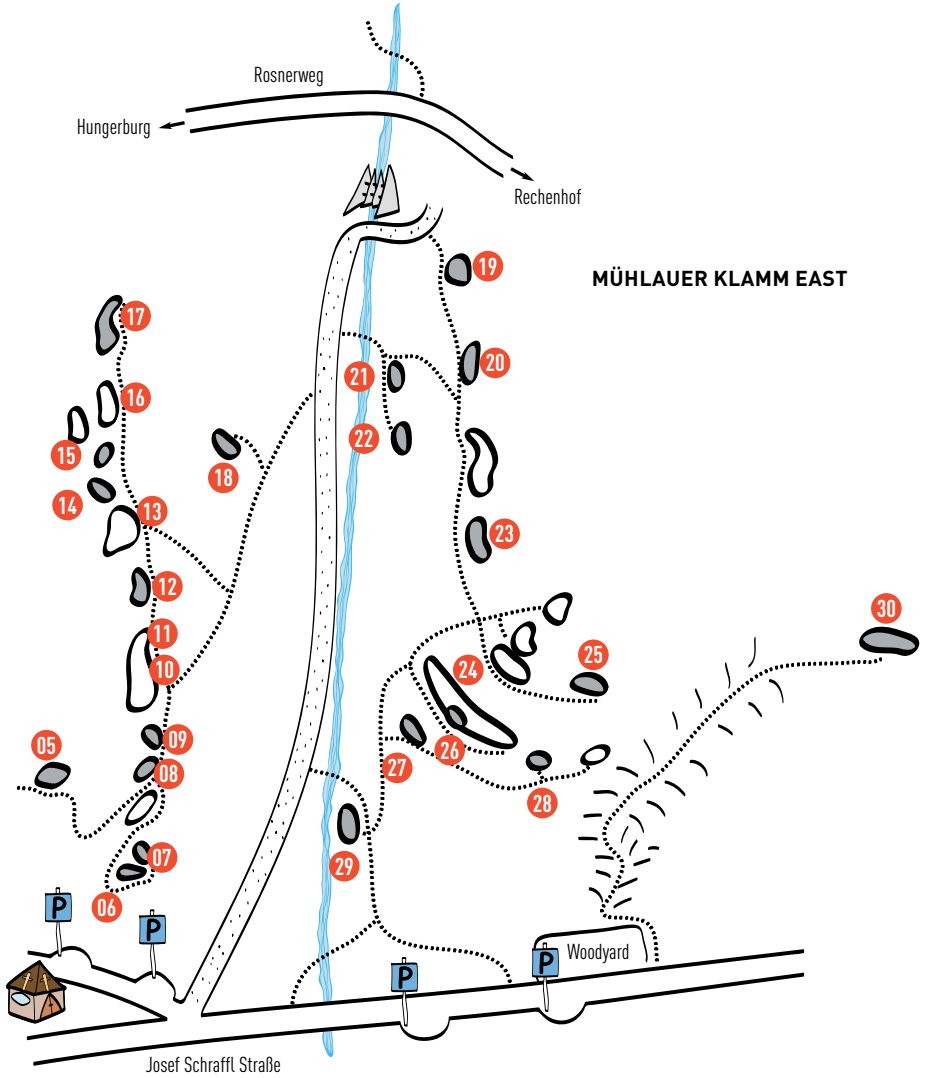




Höttinger Graben *(© Simon Schöpf)*

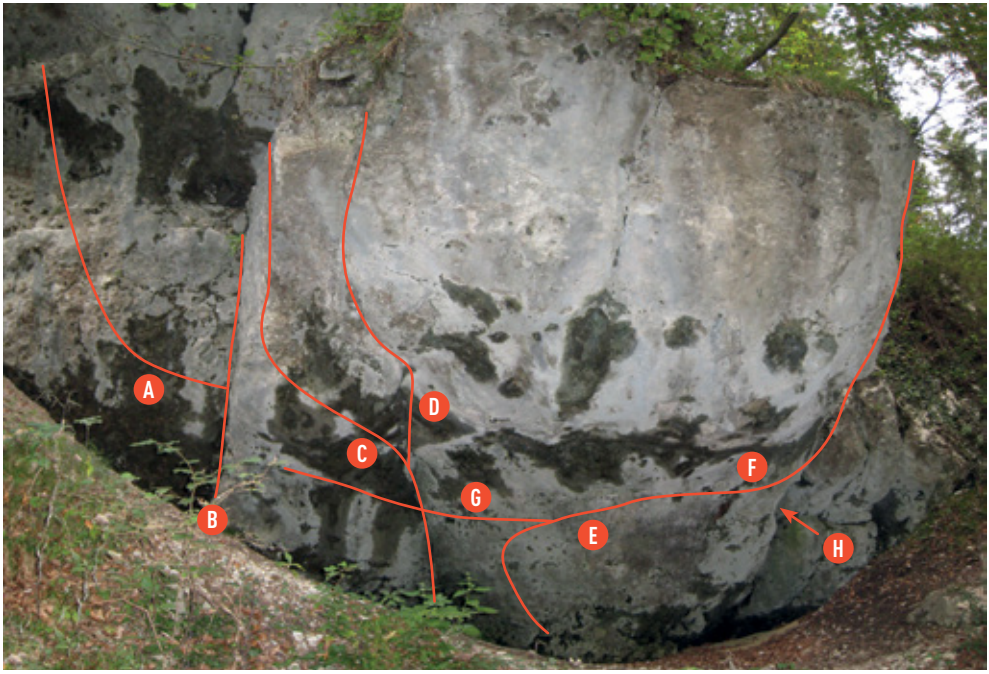
MÜHLAUER KLAMM – EAST

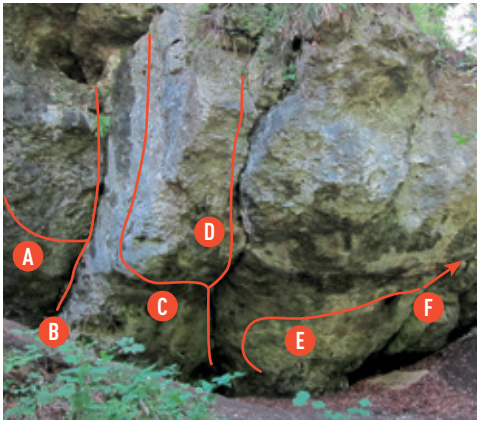
1 STEIGERRUHE
2 UNTERM WEG
3 SCHLUMPF
4 EASY WANDL
5 SCHIANS PLATZL
6 SÜDHANGL
7 NO NAME
8 GUPF
9 LINKES EISEN
10 ALTES EISEN
11 MÜHLAU CLASSICS
12 WARM UP
13 CAMPANILE
14 MAN IN TREES
15 WARM UP II
16 8-METER- WANDL
17 SIKALOCH
18 HANGBLOCK
19 UNDERGROUND UNO
20 MÜHLAUER DACHL
21 AM BACH
22 REISSABLOCK
23 20ER
24 WINTERGARTEN LEFT
25 WINTERGARTEN RIGHT
26 UNTERWELT
27 HIGHLANDER
28 WEIHNACHTSPLATZ
29 TEUFELSKANZEL
30 LOCHWAND



19 UNDERGROUND UNO

Approach: follow the hiking path into the gorge until the big avalanche protection. Continue over the bridge and at the first turn walk straight where you will see the block after a few meters.
Style: steep, overhanging boulders on small holds and therefore quite tough.

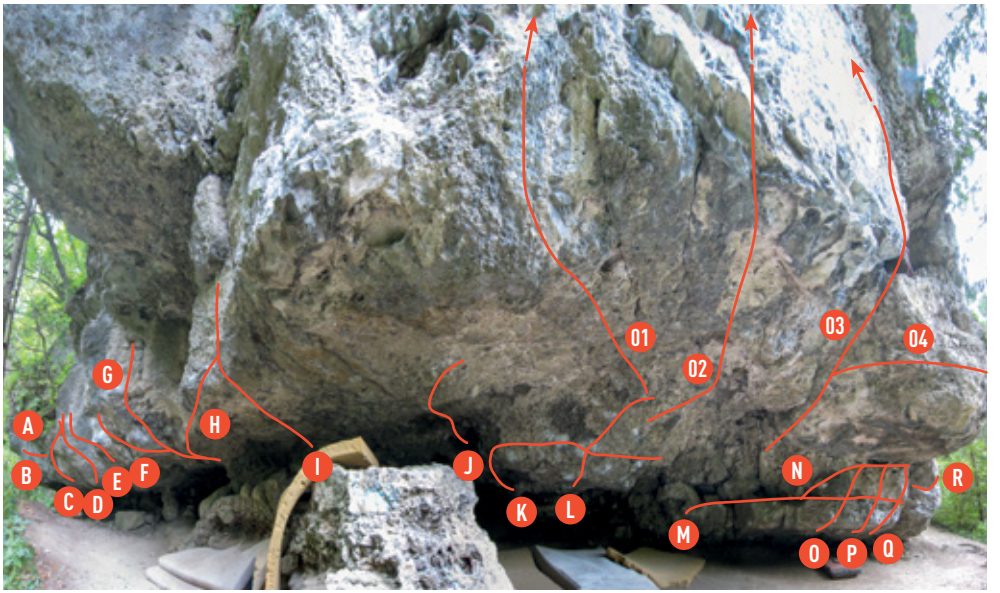




- ☐ **A - Linksausleger** 6a Start like "Sami" but to the left – without the crack, s.d.
- ☐ **B - Sami** 6a+ Crack corner, s.d.
- ☐ **C - Hotel Corsa** 7a Direct variation 7b, s.d.
- ☐ **D - Crack Attack** 7b+ S.d.
- ☐ **E - Underground Uno** 8a Traverse under the roof to the right, s.d.
- ☐ **F - Rebound** 6c+ s.d. at the "Underground-Uno"-exit-jug, s.d.
- ☐ **G - Living a Dream** 8a+ Start at "Hotel Corsa" over to "Underground Uno" and then up "Rebound", s.d.
- ☐ **H - Ice in the sunshine** 7c S.d.

26 UNTERWELT

Approach: follow the path on the Eastern edge steep up the slope – very slippery when wet (partly fixed ropes) – and then on a ledge to the right.
Style: overhanging, partly quite polished but still nice boulders with endless variations. "Schnitzeljagd" is THE classic and Gebi Bendler added a few more hard route/boulder combinations.



- ☐ **A - Gelb+** 7a Traverse "Gelb" + "Grün", s.d.
- ☐ **B - Grün** 7b Traverse with green markings, s.s. to A
- ☐ **C - Zauberwürfel** 8a S.d.
- ☐ **D - N.N.** 5 Straight up, s.d.
- ☐ **E - Jo3** 6b Ss.d.
- ☐ **F - Anger is a Gift** 7a+ S.d.
- ☐ **G - N.N.** 6c+ S.d.
- ☐ **H - Grün** 7a+ Defined: without pedestal (otherwise 6a+), s.d.
- ☐ **I - Modo** 7a+ Start hold defined, s.d.
- ☐ **J - N.N.** Project?
- ☐ **K - Unterwelt (Schnitzeljagd)** 7c+/8a The Testpiece in Innsbruck (FA. Gerhard Hörhager), s.d.
- ☐ **L - Ninnuha** 8a 7b+ FA ??? S.d., s.s
- ☐ **M - Superskunk** 7a Yellow, s.d.
- ☐ **N - Wup** 6a S.s.
- ☐ **O - N.N.** 6a S.d.
- ☐ **P - N.N.** 5 S.d.
- ☐ **Q - N.N.** 6a+ S.d.
- ☐ **R - N.N.** 6a Traverse over the right corner, s.d.

1-4: routes on page 392.

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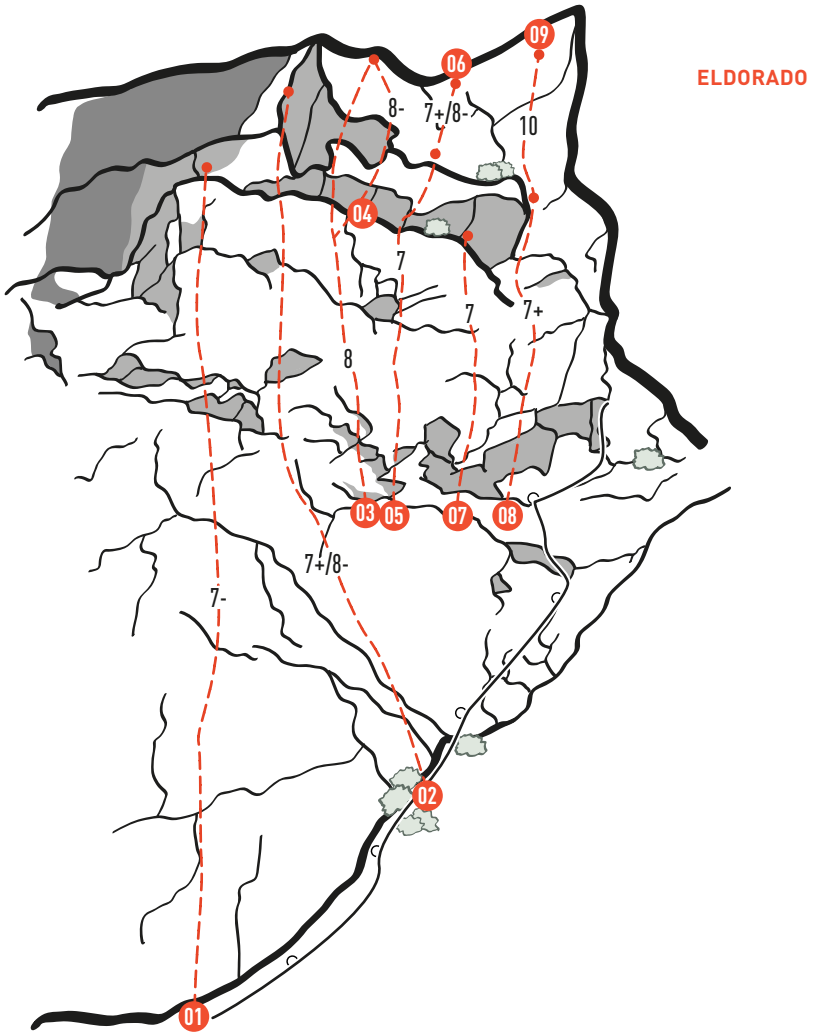
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APPROACH

On the Western side of the valley a dirt road leads outwards of the valley which you follow for 300m until a branch to the left. Follow it leading to the "Falbesuner Ochsenalm" until the first left turn in which a path leads away from the road. Follow the path steeply up into the forest after which it continues almost horizontal to the left. Cross the river at the base of the "Falbesuner-Fall" and then walk up in the forest on the opposite side to the rock.

1.	FICHTENMOPED	7-	18m	Jug climbing with an interesting mantle at the top
2.	HILTI ADE	7+/8-	18m	Face climbing followed by a steep finish in the crack
3.	KUISA LINKS	8	18m	Go left at the 8th bolt: steep jug climbing and finish boulder





Florian Psenner, *Dopplerleben (© Tobias Lanzanasto)*

1480 m altitude	NORTH orientation	★★★☆ beauty
★★★☆ equipment	★★★★ number of visitors	★★☆☆ comfort
20 min approach time	Yes - No beginners school	Yes - No possible when raining
Yes - No fit for family	Yes - No multi-pitch	Yes - No -10 min e-bike

D - DEANT DE VALS

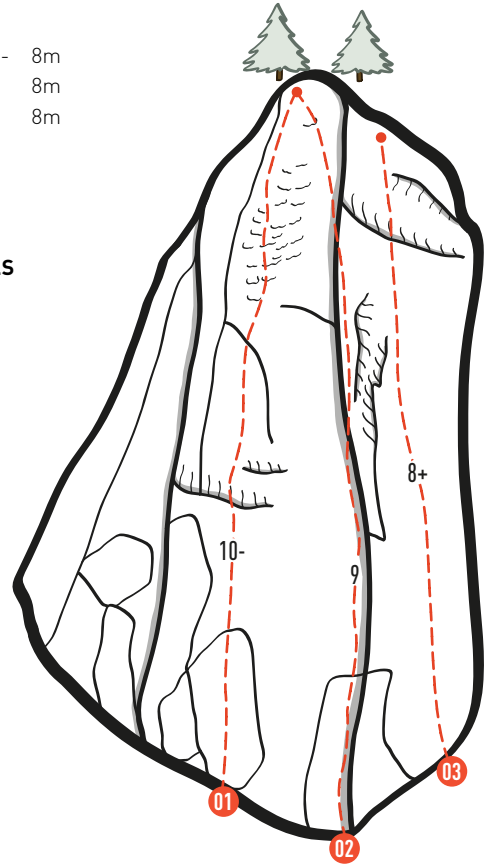
Small but nice! The rock needle stands very impressive on the slope and offers short but demanding routes. Also, the rock structure is very interesting for Gneiss because in the left area pocket climbing can be found!

Main equipper: Andi Stolz.

Approach: Directly after the parking a path branches off to the left (do not go straight towards Zeisch). Follow it into the valley – later it merges into a steep path – until you see a rock needle high up in the forest, shortly before arriving at the sector "Roßstall". Walk up pathless, first on the left side, through the blocky terrain.

1.	N.N.	10-	8m
2.	N.N.	9	8m
3.	N.N.	8+	8m

INNERVALS
D - DEANT DE VALS



Markus Haid, *Savoir Vivre*, Schwalbengufel *(© Heiko Wilhelm)*

Athlete: Guido Unterwurzacher. Photo: Moritz Attenberger © 2023 - Petzl Austria