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Winchelsea Star

Your Weekly Community Newspaper

Since 1977

Vol 46 Ed 24 | Tuesday 27 June 2023 | winchelseastar.org.au

Dan McGregor
fending off journalists

'Be prepared' is not just a Boy Scout motto

Wingeel Fire Brigade members practise to be prepared too

Speeding? Significant fines apply.

If you speed, you can expect a minimum fine of $231 and 1 demerit point. Police and speed cameras can be anywhere, so why take the risk? Chances are you will be caught.

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TAC

VICTORIA State Government

First responder challenges at road accidents

Story Cathy Cheadle
Images Lynn Sargeant, Mark Murray

The weather forecast for Wednesday 21st June was of great concern to Wingeel Fire Brigade Training Officer, Peter Koster, because he had spent many hours preparing for an outdoor training exercise on that night.

Out in the back blocks of Wingeel, it could be half-an-hour or more for back-up support to arrive at a motor vehicle accident (MVA). So our fire brigade needs to be prepared to handle any eventuality as first responders.

The scene was set beside a lonely country road near Wingeel Fire Station. Involved in the mock accident was a ute, a Subaru station wagon and an electric vehicle. Wingeel's fire fighters turned out in their two fire tankers to investigate the damage. They found a lady driver trapped in the electric vehicle. In the ute was a male driver concussed and barely coherent, and the passenger door was open. Near the station wagon was an aggressive man wandering around shouting and wielding a garden fork menacingly. It was unclear whether he was on drugs or drunk.

The greatest danger was the aggressive man and, fortunately, Senior Constable Josh Goonan from Birregurra Police arrived in a timely manner to assist.

While the fire fighters proceeded to treat the injured and look for the missing passenger, the press arrived. Cameras were flashing and journalists were making a nuisance of themselves trying to get photos and information for a story.

Then smoke erupted from underneath the electric car and it was only much later that a fire fighter discovered the ute had been carrying a cylinder of anhydrous ammonia, a gas that is invisible and deadly.

We would hope that not all of those scenarios would occur all at once at an MVA, but fire fighters need to know how to handle any and all of those situations. It was a challenge to say the least. The debrief afterwards was invaluable. As Captain Stewart Hamilton said, "I was responsible for killing all of us, twice, but I certainly learned a lot."

Many thanks go to the members of Winchelsea SES in their roles as accident victims: Neil McInnes and new recruits, Heath Wynhoven, Rachel Gibson, Jon Burton and Kerri Cropley, who all said they had a great time.

Thank you to Senior Constable Josh Goonan from Birregurra Police, who generously rearranged his schedule to be there.

Lynn Sargeant

Mark Murray

Mark Murray

Thanks must also go to members of Colac Camera Club: Linda Reinen, Mark Murray, Murray Howard Brooks, Wayne Alexander, and Lynn Sargeant aka "Nutty Nellie from Channel 9 Triple CCC". The lady with the camera in the red hat will be remembered for a very long time. Lynn said, "We were in tears of laughter on our way home. Although it is a very serious exercise and the more practice the better for these people who do a fantastic job in horrible conditions. I take my hat off to them." (Red, as it happens.)

Everyone involved performed their roles excellently and we are very grateful to their participation. As it turned out, even the weather gods were on our side, as there was no rain and no chilling wind.

SERVICES AND ACTIVITIES IN WINCHELSEA

VLINE TRAIN SERVICES

TO GEELONG:

Mon - Fri	6:41 am, 7.59am, 11:34am, 2:01pm, 7:37pm
Sat - Sun	9:35am, 1:36pm, 7:18pm

TO WARRNAMBOOL:

Mon - Fri	9:29am, 2:56pm, (to Colac 5:27pm), 6:45pm, 8:53pm
Sat - Sun	8:47am, 2:49pm, 8:37pm

COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month
Winchelsea Senior Citizens' Hall

WINCHELSEA SES

Meeting and training
2nd Wednesday
Training 4th Wednesday
Visitors and inquiries welcome
0408 102 802

WINCHELSEA AND DISTRICT COMBINED PROBUS CLUB

Meets 1st Monday of the month at 10am.
Senior Citizens Rooms,
Harding St, Winchelsea.
New members always welcome.

WINCHELSEA PLAYGROUP

Every second Thursday 10am-12pm
St Thomas Anglican Church Hall
cnr Barwon Tce and Hopkins St, Winchelsea
Contact: Melissa 0456181268
Facebook - Winchelsea Playgroup 2019
New families welcome

WINCHELSEA TRANSFER STATION

55 Cressy Road, Winchelsea

Monday	Closed	Tuesday	2pm-4pm
Wednesday	Closed	Thursday	2pm - 4pm
Friday	Closed	Saturday	1.30-3.30pm
Sunday	9.30-12.30pm		

Accepts household garbage,mixed commercial and industrial waste, mixed construction and demolition waste.

WINCHELSEA GIRL GUIDES

Our Unit meets at the Catholic Church Hall,
Harding St Winchelsea each Monday 4.30pm-6pm
All girls 5yrs- 15yrs Welcome!
Contact Yvonne Orchard 0448 672 630
or Bonnie Stokes 0401 386 274

1ST MODDA AND 1ST WINCHELSEA SCOUT GROUP

Joeys: Tuesdays of school term 5-6pm
Cubs: Mondays of school term 6:30-8pm
Scouts: Tuesdays of school term 6:30-8:30pm
All at Modewarre Hall, Cape Otway Rd
Venturers: Wed at Walton's Rd Venturer Den
Contact Marie McPadden 0409 330147

BUS TO THE HUB

For reservations on the weekly bus
to the Eastern Reserve Hub,
please phone 52671202.

SURF COAST MOBILE LIBRARY

Hesse St, Fridays, 2pm-5pm
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Fridays between 2:00 and 5:00pm
unless it is a Public Holiday.

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A poignant farewell to St Paul's Church, Deans Marsh

St Pauls Anglican Church Deans Marsh Deconsecration 17 June 2023

St Paul's Anglican church Deans Marsh

On Saturday 17th June St Paul's Anglican church Deans Marsh was deconsecrated by Bp. Brad Billings assisted by Rev. Phil Jacobson. It was a day filled with fond memories and sadness with former members and families of former members attending.

At the conclusion of the service the congregation followed by the bishop and vicar proceeded from the church. The front door was closed and the bishop read The Declaration by Archbishop Philip Freier of Melbourne to Deconsecrate St Paul's Church.

St Paul's was the last remaining of the 3 churches in Deans Marsh.

The last service was conducted by Rev. Wendy Bravolin on 23rd June 2019.

Mr Ron Millard was the Lay Reader from 1958 to 2014.

St Paul's was consecrated by Bp. James Moorhouse and opened on 27th January 1884, with the first service conducted by Rev. W. W. Mantell.

From 1934 to 1975 St Paul's became part of the Parish of Lorne, except during 1951 to 1954 when it was part of the Parish of Birregurra. Since 1975 St Paul's has been part of the Parish of Winchelsea.

At various times of the past 70 years the church hall has been used by the Deans Marsh school as an extra classroom.

The church bell has now been gifted by descendants of the Hunt family to the Deans Marsh School.

1884 — 2023

Frances Tyrer.

For Our Elders – Beyond the Voids in Colonial History

with Yorta Yorta/Baraparapa artist and educator Dr Jenny Murray Jones

Opening Event: 6pm – 8pm Thursday 6 July

BOOKINGS: surfcoast.vic.gov.au/NAIDOC

EXHIBITION: Friday 7 – Wednesday 12 July, 10am – 2pm.

WHERE: Winchelsea Shire Hall, 28 Hesse Street, Winchelsea. Ph: 5267 2028

Everyone welcome

CELEBRATING NAIDOC WEEK

FOR OUR ELDERS
2–9 JULY 2023

Surf COAST SHIRE

NAIDOC Week exciting exhibition
by Dr Jenny Murray-Jones
To open Thursday 6 July at Winchelsea Shire Hall

For Our Elders

Yorta Yorta/Baraparapa artist Dr Jenny Murray-Jones will share conversation and open her exhibition — For Our Elders: Beyond the Voids in Colonial History — as part of NAIDOC Week celebrations in Winchelsea.

The free Surf Coast Shire Council event will be held at Winchelsea Shire Hall on Thursday 6 July from 6pm to 8pm. Joined by Council's Arts Development Officer Harriet Gaffney, Jenny will delve into her PhD work, exploring the hidden histories of place and the impact of successive government policies on her family.

Deputy Mayor Mike Bodsworth was looking forward to viewing all of the works in For Our Elders: Beyond the Voids in Colonial History.

"I've seen a few pieces that will be displayed in the exhibition. For me, the details in Jenny's paintings evoke such a powerful, emotional response," he said. "I'm excited to see more and to learn from Jenny. I'm sure it will be a special event, so I encourage interested community members to book their spot." The conversation will be followed by an opportunity to meet the visual artist and view the works, and a light supper.

The exhibition will continue from Friday 7 July to Tuesday 11 July, between 10am and 4pm. Jenny will be in-residence at the hall on the Friday, Saturday and Sunday, so visitors can discuss the works with her. People can also download a copy of Jenny's thesis which extends 'understandings of the nature and make-up of contemporary Indigenous families, and the ways in which oral history and art become a crucial means of reclaiming identity'.

"This year's NAIDOC Week theme is For Our Elders, which ties in beautifully with Jenny's work as it researched oral accounts of Elders who hold knowledge of the past," Cr Bodsworth said.

"Council is proud that this exhibition supports our Statement of Commitment to Reconciliation, and the need for truth-telling as Victoria moves towards Treaty."

The 6 July NAIDOC Week exhibition opening event will begin with a Welcome to Country by Eastern Maar Traditional Owners. Bookings are essential, via surfcoast.vic.gov.au/NAIDOC.

NAIDOC Week celebrations are held across Australia annually in the first week of July, to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

Winchelsea Star

Articles are most welcome and must carry the name and address of the sender.

Weekly deadline is 5pm Friday.

Copy for sports results and weekend events is Sunday 6pm (4pm for hard-copy articles/results left at IGA) unless by prior arrangement.

Copy should be emailed to **news@winchelseastar.org.au** or left at IGA Supermarket.

The Winchelsea Star reserves the right to edit or not publish any article.

Views expressed are not necessarily those of the Winchelsea Star or its Committee.

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CNAV
MEMBER 2023

Winchelsea Star

Committee Elected at AGM 2023

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Committee Members:	Linda Carter	

You can write for the 'Star'

Tony Phelps

We want the Star to inform, to engage, to inspire, to interest the residents of Winchelsea and surrounds. And we need your writings to get there.

The Star has no actual reporters or designated writers - we publish what you send us. If you have some news, an opinion, an interest or perspective, or a story - we'd love you to send it in for publication. The Star loves to hear anything of direct interest to the Winchelsea community. The more local content we can put in, the better!

How much can I write?

You can write just one article. You can start a new column about something you're interested in. You can send us a series of articles following a theme. What would you like to write about?

Your article can spread over 1 or 2 pages (approx 850 words), or you can write longer pieces and split them across multiple editions. Add a photo or two, an article title and author's name (preferably).

Can you publish my photos?

A picture is worth a thousand words - but context is very interesting too! If you've taken a photo you'd like in the Star, add a few words describing where, when, who, why and/or what.

Seek permission to use photos

When you send us a photo, you give us implied permission for reproduction. You have liability when publishing an image, so be sure you own the image or have written approval to use it. It is easy for copyright owners to find stolen images online, where the Star can be found.

Legalities

Our Editors will not approve anything libellous (ie. when a false statement is published in written form and does harm to a victim). The Star is a community newspaper - 'for' and 'against' opinions on contentious topics are welcome, but attacking individuals or groups is not. Misinformation and conspiracy theories are best peddled elsewhere.

We look forward to hearing from you.
Simply email editor@winchelseastar.org.au

Next Market Sunday 2nd July

MARKET DATES FOR 2023

2nd July
6th August
3rd September
8th October
5th November
3rd December

Lesley, Growing Winchelsea Inc,
Winchelsea Community Market

Barwon Water sets lowest prices

ESSENTIAL SERVICES COMMISSION APPROVES BARWON WATER'S LATEST 5-YEAR PROMISE TO CUSTOMERS

Barwon Water's prices for the next five years are set to remain amongst the lowest for similar-sized water corporations nationally following the Victorian Essential Services Commission's (ESC) approval of the utility's 2023 Price Submission.

Barwon Water will be reducing prices in real terms from 1 July, protecting customers from experiencing the full impact of inflation, as measured by the Consumer Price index (CPI).

Interim Managing Director Shaun Cumming said that while CPI is 7% this year, residential customers will experience an adjustment of 6% (less than CPI) in their annual bill from July 1. For customers using 160kL per year on average, this translates to an additional $5.42 per month for owner/occupiers and $1.80 per month for renters.

"By reducing prices in real terms, we have tried to shield our customers from the full impact of inflation. And 2023/24 bills for residential owner occupiers are 18% lower in real terms than 10 years ago," Mr Cumming said.

Mr Cumming said support was available for anyone having difficulty paying their bill. "Anyone who needs help to manage their water bill receives assistance from us," Mr Cumming said, noting that anyone can experience financial stress at any time.

"Financial difficulties can affect anybody, and we urge our customers to reach out for assistance rather than dealing with the stress on their own. Our empathetic support team is here to assist and have a respectful, completely confidential conversation about our wide range of customer support options."

The 2023-2028 Price Submission
The 2023-2028 Price Submission, approved by the ESC, demonstrates Barwon Water's work to keep customer bills affordable, while also investing in critical water and sewerage infrastructure in line with customers' priorities.

Mr Cumming said the 2023-2028 Price Submission includes the organisation's response to the challenges of climate change, population growth, rapid technological development, equity divides and a transitioning economy. "Since 2017, our aim has been to enable regional prosperity through the affordable, innovative, strategic delivery of our water and sewerage services.

"Our commitment to affordable bills, water security and improving the environment is on display in the 2023-28 Price Submission, which is available on our website, as are initiatives to use more recycled water, reduce energy costs and help customers save water," Mr Cumming said.

The price submission is the outcome of extensive community engagement and the key deliverables have been guided by customer feedback over several years. "Customer engagement has been an essential part of our price submission process, helping us to identify what our customers value most in terms of their water supply and sewerage services, pricing and support for vulnerable customers," Mr Cumming said.

The engagement program helped to inform the four key customer outcomes against which Barwon Water will track its performance annually over the next five years. These outcomes are:

- safe, secure, sustainable water;
- innovative, reliable services;
- a healthier environment; and
- trust, value and affordability.

To read the price submission visit, https://www.yoursay.barwonwater.vic.gov.au/deliveringthefuture.

About Price Submissions
All Victorian water corporations, including Barwon Water, are required to develop and submit price submissions, generally every five years. Price Submissions outline the prices customers pay for water and sewerage, service standards, and infrastructure and operational investments over a defined period (the next period being 2023-2028)

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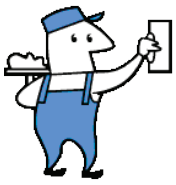

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Winchelsea Football Netball Club Inc

Blues News

Janet Fletcher

ROUND TEN

Welcome to Blue's News where last Saturday saw the Winchelsea & Netball Club Inc. on the road for the second away match in a row, this time travelling to North Geelong to play the Magpies who have had a turbulent season off the field, which happens from time to time within sporting clubs. The Blues were prepared for a rejuvenated Magpie side after a newly appointed previous coach was taking over the Senior side. Again the wind was very strong, providing a very distinct scoring end.

There was again this week plenty of support for the Winnie Blues despite the icy temperatures.

RESERVES:

Winchelsea 11.13.79 defeated North Geelong 5.6.36.

The Reserves were keen to do well again after the previous weeks solid win, although North Geelong would be a harder opponent sitting in the top 3 sides on the Reserves ladder.

The Blues started really well and went in at the first change 3.2.20 to Norths 1.3.9. The second quarter saw the Blues use the wind better than their opposition and went further ahead to move off to the change rooms at half time 6.8.44 to 2.3.15.

Black clouds were on the horizon and a downpour hit the players half way through the third quarter, North Geelong doing better having made better use of the wind, but the Blues did well enough to still hold the lead at three quarter time 7.10.52 to 5.3.33. The Winchelsea Blues dominated the last quarter and North's frustration was starting to show, unable to make any real inroad to their score. This was another good win, and the team song was sung loud and proud after the final siren.

GOALS:
Jarrod Winzer 4, Tom Henry 3,
Rueben James 3, Robbie Gleeson 1.

BEST:
Ollie Mahncke, Ed Smith,
Reuben James, Tom Henry,
Adam Bateman, Robbie Gleeson

SENIORS:

Winchelsea 20.10.130 defeated North Geelong 7.8.50.

North Geelong Magpies started with the breeze and had they kicked more accurately may well have been in front at quarter time but it was the Winchelsea Blues that had the lead 4.1.25 to 2.4.16.

Having the wind in the second the Blues made the most of their chances and played well to the windy conditions, several of the Winchelsea players had been receiving close checking by their opponents - in particular Leigh Ellis and just before half time the frustration of North Geelong boiled over leading to an ugly confrontation between the 2 sides. What turned into an out right melee took some time before the Umpires regained control of the game. The Blues responded in the best possible way by kicking the next goal.

There were several goal kicking highlights from the Blues one of those being on the run from the boundary line at the 13 minute mark of the third quarter to squeeze through by the most narrow of margins, - a ripper from Tavae Sauni.

Winchelsea ran out comfortable winners at the final siren, there were some injury concerns after the game, hopefully nothing too serious as the week unfolds.

GOALS:
Leigh Ellis 5, Jordan Gould 4,
Tavae Sauni 3, Indi Parish 3,
Jordan Huff 2, Riley Berg, Coby Eagle,
Fin Parish all 1 goal.

BEST:
Lachie Kendall, Jordan Gould,
Tavae Sauni, Tom Rouget, Adam Walsh,
Jai Perry.

This week the W.F.N.C. host Werribee Centrals at Eastern Reserve, Werribee Centrals are having a great season and so will be a good test for the Blues to see where we are at. Times are as usual – Reserves at 12 midday, Seniors at 2pm.

THE BLUE'S BISTRO:

This week we have on the menu – Porcupine Meatballs, Chicken Schnitzel / Parmi, Seafood Baskets served with either salad or vegetables, chips or scallop potatoes.

DESSERT: Golden Syrup Dumplings, ice cream

Complimentary Tea and Coffee, Bar is open, heaters are always on!

SIGNAGE:

So much has been commented on by so many football followers in the town and surrounding community regarding the Winchelsea Blues Football & Netball Club great new sign that stands proudly at "Knuckey's Corner", indicating what the opposing side will be, and whether it as a home or away game. Signage has long been an issue for the Club because the Football Grounds are owned by the Surf Coast Shire and signage is dictated by them. Huge thank you to all at Knuckeys who have been long time supporters and sponsors of the Winchelsea Football & Netball Club Inc.

We just love it!

CONDOLENCES:

Sadly more condolences are offered to the families and friends of Peter Drayton, there will be a service for Peter on Wednesday the 28th of June at 1pm at Eastern Reserve. All welcome.

Also to the friends and family of one of a much loved member in our community - Jenny McConachy.

A memorial service will be held at Eastern Reserve at 2pm on Friday the 30th of June.

Jenny will be sadly missed, and fondly remembered.

THANK YOU TO ALL OUR VOLUNTEERS, SPONSORS & SUPPORTERS !!
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Links with Israel's Sheba Medical Centre will accelerate healthcare outcomes

BUILDING GLOBAL LINKS TO GROW DIGITAL HEALTHCARE

The State Government is supporting one of the world's leading hospitals to work with Victorian university, healthcare and medical research leaders to boost digital healthcare for patients across the state.

The State Government, Monash University, Monash Health and the Peter MacCallum Cancer Centre have entered a partnership with Israel's Sheba Medical Centre to explore the possibility of opening an Accelerate, Redesign, Collaborate (ARC) Innovation Centre in Victoria.

ARC Centres focus on accelerating innovation through collaboration to transform healthcare delivery and improve patient outcomes, bringing together key players in digital health – physicians, researchers, startups, industry leaders, academia, investors and top-tier medical centres.

One of the key goals of the partnership is to grow Victoria's capabilities in commercialisation, healthcare innovation and entrepreneurship.

Recently, the ARC Centre in Israel worked with Sinai Chicago, the University of Illinois, the University of Chicago's Department of Medicine and ANDHealth to establish ChicagoARC, tackling the root causes of healthcare inequity and social determinants of health in Chicago.

In another win for Victoria, Sheba is intending to launch its inaugural ARC Asia Summit in Melbourne in 2024.

The ARC Summit in Israel is an annual flagship event that brings together 1,000 delegates from the ARC community and executives from technology, medicine and public health from around the world.

Victoria's booming medtech sector creates $21.4 billion in annual revenue and $3.5 billion in export earnings while supporting more than 31,000 jobs.

This work stands to create significant healthcare benefits for Victorians, enhance our booming medtech sector and create more rewarding jobs.

Our medical innovators and pioneers are making amazing advancements and digital health will become an increasingly import part of our healthcare system.

This partnership to boost digital healthcare will further cement Victoria's position as a global leader in medtech manufacturing.

Winchelsea Star

news@winchelsea star.org.au

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Local businesses

Like to contribute to the Star?

We're always looking for local content to put into the Star.

Written by locals, of interest to locals

WINCH HOUSE
Reaching into the community

Happy School Holidays for those of you lucky enough to be on a break.

Winch House will remain open throughout these school holidays and Occasional Care will still be running each day.

All our term programs are having a little break to refresh but we look forward to welcoming all our groups back on the week commencing Monday 10th July, 2023.

We are looking for a Yoga Tutor and a Gentle Movement Class Tutor - please contact us if you are interested in running sessions.

A reminder that the current round of the Power Saving Bonus will be closing in August - we can help you with your application so be sure to come and see us with your full electricity bill and your bank account details."

Basic Barista/Coffee Making Skills

Coffee 101— Learn all the basics in making a superb cup of liquid gold. Gain some hands on experience for hospitality or simply to grow your skills for your coffee machine at home.
Café Skills short 4 session course.
Participation Certificate on completion
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$50 for 4 weeks
Winchelsea Shire Hall Kitchen
Bookings essential reception@winchhouse.org.au

Sound Healing Sessions

Wednesday 19 July, Wednesday 16 August and Thursday 14th September, 2023
7.30pm-8.30pm
Winchelsea Shire Hall Space
$40 per session
Bookings now open
Please call Vicki on 0400 149 749

Melbourne picked by Canadian energy innovator

The State Government is championing advanced technology innovation and attracting international companies looking to expand in the Asia Pacific – the latest, a Canadian renewable energy leader.

It was announced that Hydrostor will set up its regional headquarters in Melbourne, enhancing the state's renewable energy sector. Hydrostor is the owner and developer of the Silver City Energy Storage Centre in Broken Hill, with an investment decision for further regional expansion expected later this year.

The company chose Victoria as its Asia Pacific base due to the state's strong capabilities in R&D, thriving renewable energy sector, commitment to achieve net-zero emissions by 2045 and support from the Labor Government.

The Toronto-based company is a leading developer of emission-free energy storage, manufacturing the Advanced Compressed Air Energy Storage that is used with its proprietary technology.

The process produces heated compressed air using low-priced excess electricity from the grid and stores the compressed air in a purpose-built cavern located deep underground, providing an alternative to Pumped Hydro Energy Storage for bulk long-term energy storage.

When the electricity is needed, the compressed air is converted to electricity through a turbine, enabling increased efficiency and eliminating the need for using fossil fuels during its operation.

Join us at the Uniting book sale.

Nothing over $1

Join us at our monthly book sale.

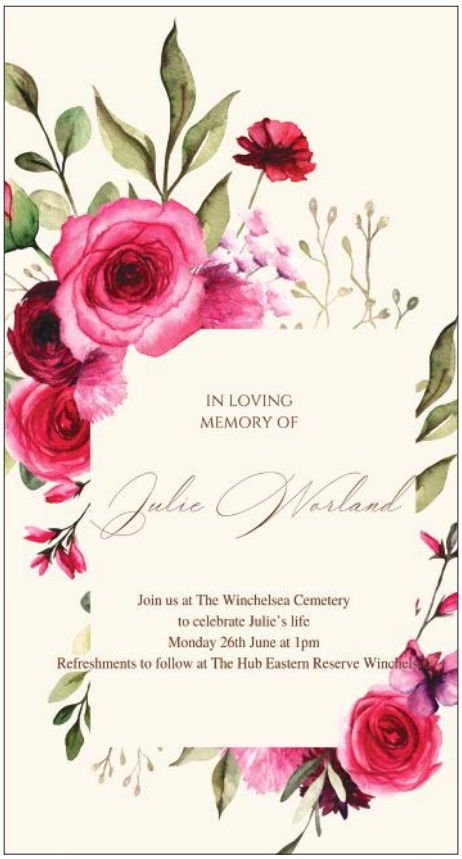
Held the first Friday and Saturday of each month at Uniting Grovedale, the Uniting book sale raises much needed funds for local services.

Friday 7th July
and
Saturday 8th July
10am - 2pm

272 Torquay Rd, Grovedale
(Corner Reserve and Torquay Roads)

Uniting

Winchelsea Churches



WINCHELSEA LIONS CLUB

PAPER RECYCLING

Paper depot rear of Senior Citizens Rooms Harding Street
NEWSPAPERS, MAGAZINES, PHONE BOOKS WANTED

RAISING FUNDS FOR OUR TOWN & DISTRICT
5267 2011 or 0408 520 606

St John the Baptist Catholic Church

With the heaters in our hall providing a warm atmosphere for our weekly 5pm Masses held on Saturdays during winter, we welcome Father Kerry Cronin, who is filling in for Father Joseph while he is on leave for two weeks.

Father Cronin will celebrate Mass with us on 17 and 23 of June.

Last week we welcomed two of our local children who received their first Communion, after preparing for the sacrament with the children at Bannockburn.

Parents wishing to have their child baptised can contact Anita 0409 432 833 or the Parish Office 5286 1230.

Children can be baptised at St John's Winchelsea after completing the paperwork with Anita, who will provide you with the preparation information.

Mass will not be held at Hesse Rural Health this month, due to Father being on leave. Mass will be held on the on Thursday, 27h July at 2pm.

Adoration, Benediction and Reconciliation will take place on 1 July at 4pm followed by Mass at 5pm.

Reconciliation/Anointing can take place before or after Mass each Saturday.

If you would like Mass offered for your loved ones, please contact Father to let him know.

Our Parish Office is open from 9.30am to 4.30pm on Wednesdays and Fridays.

Father can be contacted at 5286 1230 or 0404 598 558 on his return from leave.

Winchelsea Uniting Church

Hesse St, Winchelsea 3241
uca.winchelsea@gmail.com
0475 777 301
Services 9.30am Sundays

St John's Catholic Church

May Mass times: 5pm.
May 6, 13, 20, 27
Harding St, Winchelsea 3241
Father Joseph Panackal
0404598558

St Thomas' Anglican Church

Barwon Tce, Winchelsea
Rev'd A. Lynne Clarke
stthomaswac@gmail.com
0477 672 042

"Thought for the Week

Step by step we climb, day by day.

Closer to God with each prayer we pray.

For the cry of the heart offered in prayer,

Becomes just another spiritual stair.

In the heavenly staircase leading us to

A beautiful place where we live anew.

John Bader,
Former U/C Accredited Lay Preacher

Winchelsea Star

COMMUNITY Noticeboard

FREE ADS

email editor@winchelseastar.org.au
or leave at Winchelsea IGA

DEATH NOTICE

In loving memory of Julie Warland, buried Monday 26th June, WinchelseaCemetery
Kelly Rochford

MEMORIAL SERVICE

for Waurn Ponds and District Servicemen and Servicewomen

Sunday 2 July 2023 10:30am.

The Waurn Ponds Memorial Reserve Committee invites the local district to attend a memorial service to pay tribute to all servicemen and servicewomen who have served in our defence forces. This year marks the 104th anniversary since the planting of the trees at the Waurn Ponds Memorial Reserve.

TEXTILE EXHIBITION

15/16 and 22/23 July

Winchelsea Shire Hall will be hosting a Textile Exhibition in July.
It will be open from 10am-2pm.
Make sure you come and view the wonderful work being displayed.

OP SHOP

CHANGE IN HOURS

Please note the Op Shop will be closed on Mondays during July. No sales or donations taken on these days.

WINNER:
"Guess the number of lollies"
Poppy Finch

FORTHCOMING SALE:
Half price on linen items starting Friday 30th June

WINCHELSEA HOSPITAL LADIES AUXILIARY

COVID-19

Chief Health Officer Update

The seven-day rolling average of patients with COVID in Victorian hospitals is 244, a decrease of 18 per cent from last week.

Steps to protect yourself and others

- Wear a mask: a high-quality and well-fitted mask can protect you and others from the virus.
- Get your 2023 booster: new bivalent vaccines targeting Omicron variants are available at your GP or local pharmacy. To find out if you're eligible for your next booster, visit the Coronavirus website. Flu vaccines are also now available.
- Let fresh air in: open windows and doors when you can – it reduces the spread of the virus.
- Get tested: if you have symptoms, take a rapid antigen test.
- Stay at home: if you have Covid, you should stay at home for at least five days and until you have no symptoms.
- Talk to your doctor: if you are at risk of falling very sick, you may be eligible for Covid and influenza medicines – and early testing and diagnosis are important. With expanded criteria, more people are now eligible for COVID medicines.

2023 boosters

Eligible Victorians who have not had a Covid vaccination or confirmed infection in the past six months can now receive their 2023 booster. This is irrespective of how many prior doses a person has received. Vaccination continues to provide the best protection against becoming severely unwell or dying from Covid.

For those not infected or vaccinated in the past six months, a 2023 booster is recommended for:

- All adults aged 65 years and over
- Adults 18-64 years who have medical comorbidities or disability with significant or complex health needs.
- For those not infected or vaccinated in the past six months, a 2023 booster should be considered for:
- Adults 18-64 with no risk factors for severe Covid
- Children and adolescents aged 5-17 who have medical comorbidities or disability with significant or complex health needs.

Victorians are encouraged to book a free booster appointment through their local GP or pharmacy. You can find your nearest vaccination provider through the Health Direct Service Finder.
RATs available through local councils

All Victorians are eligible to pick up two free packets of rapid antigen tests (RATs) through their local council.

Antivirals and other medicines

Oral antiviral medications remain highly effective against all currently circulating Covid subvariants to reduce severe disease and prevent death.

From 1 April, people aged 60-69 with one additional risk factor for developing severe disease are eligible for antiviral treatments.

To access these medications, you need a prescription from an authorised prescriber, such as a medical practitioner or nurse practitioner. You do not need to register your RAT result to get a prescription.

Early testing for Covid and diagnosis are essential to access Covid medicines. For most Covid medicines to work best, you must take it within five days of getting sick – the earlier the better.

Information on eligibility can be found at the Coronavirus website.

Links and contacts

- Find your nearest vaccination provider through the Health Direct service finder
- Advice for Covid cases and contacts
- Information on antivirals and other medicines to treat Covid
- Find out how ventilation helps you lower the spread of Covid

To access the most up-to-date information on Covid in Victoria, visit the Victorian Coronavirus website or call the Coronavirus Hotline on 1800 675 398.

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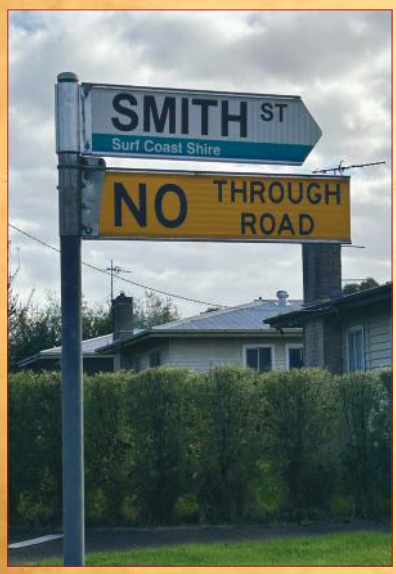

SMITH STREET

Clifford Smith died as a prisoner in World War 2.

Winchelsea Historical Society

WINCHELSEA LAND & RIVER CARE

Winchelsea Land and Rivercare

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First Saturday of the month
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Winchelsea Classifieds 3241 For Sale only	facebook.com/groups/216942861684082
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Winchelsea Op Shop	facebook.com/HospitalAuxiliaryOpShopWinchelsea
Winchelsea Shire Hall (Community Centre)	facebook.com/WinchelseaShireHall
Winchelsea Community House	facebook.com/winchelseacommunityhouse
Winchelsea Coronavirus Community Support Group	facebook.com/groups/2676957719207927/
The Green Winchelsea Residents	facebook.com/groups/515322772623126
Growing Winchelsea Inc	facebook.com/growingwinch
Winchelsea Star	facebook.com/TheWinchelseaStar
Winchelsea Movie Club	facebook.com/winchelseamovies
Winchelsea Community Market	facebook.com/100083362387611
Winchelsea Land and River Care Group	facebook.com/envirowinchelsea/
Upper Barwon Landcare Network	facebook.com/UpperBarwonLandcare
Winchelsea & District Historical Society Inc	facebook.com/Winchelseaanddistricthistoricalsociety/
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SCARS - Surf Coast Animal Rescue Service	facebook.com/groups/415211698950674
Winchelsea Gardeners	facebook.com/groups/779878518703025
Winchelsea & District Historical Society	facebook.com/Winchelseaanddistricthistoricalsociety/
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Winchelsea Kyokushin Karate Club	facebook.com/winchelseakyokushin
WYLD Winchelsea Youth Leisure and Drop in	facebook.com/groups/569737570027065/
Lions Club of Winchelsea	facebook.com/LionsWinchelsea
Winchelsea Probus	facebook.com/893535194971083
Winchelsea Golf Club	facebook.com/winchelseagc/ facebook.com/groups/1324943804676697

Winchelsea residents invited to help mark the104th anniversary of planting of memorial trees at Waurn Ponds Memorial Reserve

Sunday 2nd July 2023 at 10:30am

Tom Welsh

MEMORIAL SERVICE FOR WAURN PONDS AND DISTRICT SERVICEMEN AND SERVICEWOMEN

The Waurn Ponds Memorial Reserve Committee invites the local district to attend a memorial service to pay tribute to all servicemen and servicewomen who have served in our defence forces. This year marks the 104th anniversary since the planting of the trees at the Waurn Ponds Memorial Reserve.

The people of Waurn Ponds along with the local servicemen planted trees to honour the sacrifices of each servicemen and servicewomen who served during World War One. The Reserve is now a peaceful reflection on all service personnel who have served in our defence forces.

The Reserve is located on the corner of Cochranes Road and Waurn Ponds Drive (Formally Colac Road/Princes Hwy)

A short march prior to the service. Local servicemen and servicewomen past and present are invited to participate in the short march. Please form up at the Memorial Reserve, Waurn Ponds Drive, at 10:30am.

The Sing Australia Geelong Choir and Sophie Collins will provide the singing along with the Geelong Memorial Brass Band playing the music.

Community organisations and individuals are welcome to lay floral tributes and wreaths in memory of all service personnel.

After the service light refreshments and reunion will be held at Waurn Ponds Hall. If able, a plate to share would be greatly appreciated. This year also marks 100 years of the former Waurn Ponds State School Weatherboard Classroom.

How to best look after your feet this winter?

Taking care of your feet during winter is essential to keep them healthy and comfortable. Here are some podiatry tips from Jake at Prosper Podiatry to help you look after your feet during the colder months:

- Keep your feet clean and dry: Moisture can accumulate in your shoes and socks, leading to fungal infections such as tinea. Make sure to thoroughly dry your feet after bathing.
- Wear appropriate footwear: Choose shoes that provide adequate support and are stable and comfortable. Make sure your shoes have proper traction to prevent slips and falls. Avoid tight shoes, as these can restrict blood flow and lead to discomfort or foot problems. Make sure your footwear provides enough room for your toes to move freely.
- Moisturise regularly: Cold weather can cause dry and cracked skin on your feet. Apply a moisturiser or foot cream daily to keep your skin hydrated and prevent dryness. Pay extra attention to areas prone to dryness, such as heels.
- Warm up your feet: If your feet feel cold, warm them up gradually. Avoid placing them directly in front of a heater or using hot water, as this can lead to chilblains. Instead, use warm water or a warm blanket to gently warm your feet.
- Maintain regular foot exercises: Keep your feet active and promote circulation by doing foot exercises regularly. Simple exercises like toe curls, ankle rotations, and stretching can help maintain foot flexibility and strength.

If you are experiencing foot pain, discomfort, or notice any abnormalities, consult with the team at Prosper Podiatry They can provide a comprehensive examination, diagnose any foot conditions, and recommend appropriate treatment options.

Located at the Exchange - 34 Main St. Winchelsea VIC 3241. (old post office). Ph: 03 5290 5238

If you are into fishing, this could be fun

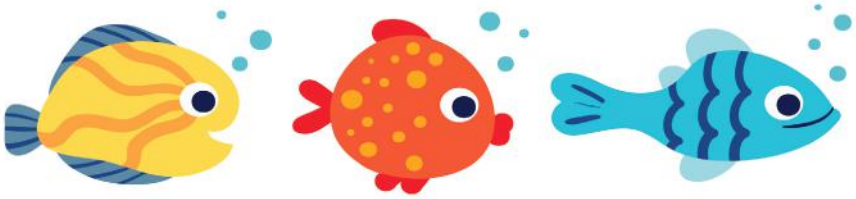
There's more fishing fun in stock for everyone this school holidays, with thousands of rainbow trout stocked in more than 80 lakes across Victoria.

Minister for Outdoor Recreation Sonya Kilkenny visited Albert Park Lake and Karkarook Lake in Moorabbin to stock some of the more than 30,000 catchable-size trout released ahead of the two-week break for students.

From the Mallee's Rainbow Lake to Guthridge Lake in Sale, Lake Pertobe in Warrnambool and 15 waters across metropolitan Melbourne – Family Fishing Lakes across Victoria will offer families colourful adventures in the great outdoors.

The state-wide stocking program released almost 10 million fish in 2022, with the majority produced at Snobs Creek and the VFA's native hatchery at Arcadia, near Shepparton.

The program is supported by the reinvestment of recreational fishing licence fees and the Srate Government's $96 million investment to improve fishing, boating, piers and aquaculture.



Rainbow trout are the ideal catch for budding fishers as they take a variety of widely available baits like worms or PowerBait. Most Family Fishing Lakes feature pontoons or jetties, good access paths and parking for fishers of all abilities as well as other nearby facilities like barbecues and toilets.

For the full list of waterways stocked for these holidays, visit vfa.vic.gov.au/holidaytrout. In Family Fishing Lakes, a daily bag limit of five trout applies, of which only two trout can exceed 35 centimetres.

More information about bag and size limits, permitted equipment and licensing can be found in the Victorian Recreational Fishing Guide, available free from most bait and tackle shops, online at vfa.vic.gov.au/fishingguide or via the free 'Vic Fishing' app on your smartphone.

"Family Fishing Lakes are located across Victoria and feature good access, regular stockings of catchable-size fish and many are located within suburban areas or close to town so kids everywhere can try their luck."

mainly music est. 1990

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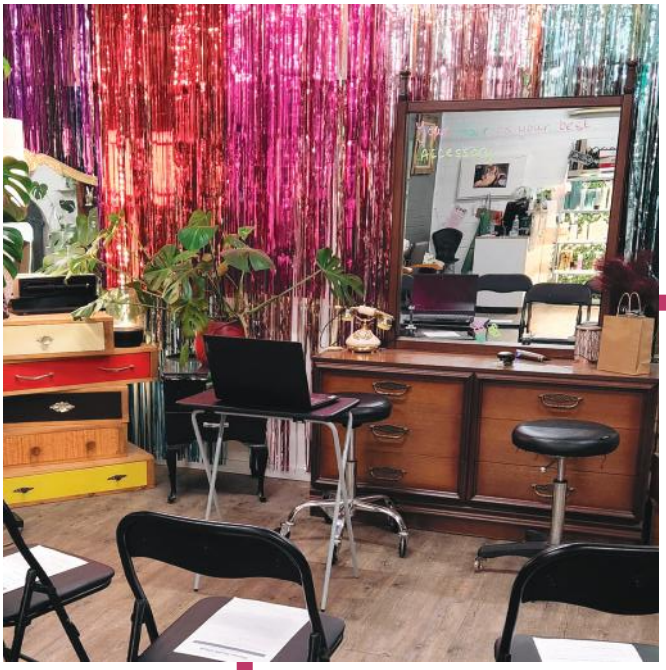
Small Business seminar for local women hosted by Emeraude Hair Studio, Winchelsea



Women supporting Women in Business

On 24 May 2023, Sarah Jane from People Coaching and Aleisha Cavarra from Emeraude Hair Studio Winchelsea teamed up to offer a free Strategies and Structure Seminar to local business women and leaders within Winchelsea and surrounding areas.

The event was hosted at Emeraude Hair Studio, with an intimate guestlist of 10 people. The main focus of this seminar was to create a network for local women in business where they can find

support, encouragement and create a plan to achieve their goals.

Event hosts Sarah Jane and Aleisha Cavarra felt that the seminar was successful and plan on hosting another event in the coming months.

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Winchelsea Men's Shed

For The Community

51 Hesse Street

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For more detail contact:
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Winchelsea Men's Shed

For The Community

Men's Shed Kindling/Offcuts

Bags of Kindling/timber offcuts are available for pick up from the Men's Shed on Wednesday's from 9.30 to 2.30.
If you need a delivery made you can call Bill on 0438 083 373.
The price for a bag of kindling is now $7.00 (up from $5.00).

Nesting Boxes

Bird or animal nesting boxes are available from The Men's Shed.
These can be made to order.
Call in on any Wednesday to have a chat.

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