

GROOVY

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Pet Wellness 🐾 Pet Lifestyle

Magazine

DIABETES 411

How to Live
with the Condition

Special Services
Pet VIP Treatment

THE
FOOD
DEBATE

Benefits of
Food Types



ROCKING ON

ARMAND MAULANA AND GOLDIE



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"Until one has loved
an animal, a part of
one's soul remains
unawakened."

- Anatole France -

Dear PAW Lovers and Groovy clients,

We are now leaving behind 2018. Many things happened this year, particularly those related to our pet business.

Looking back on this year's events, we joined the International Indo Pet Expo in July, then the Indo Pet Expo in October, both of which were open to foreign exhibitors and visitors alike. Also in October 2018, we attended the International Pet and Animal Association meeting in Melbourne, Australia. Next year, the meeting will be held in Chicago, USA.

In February 2019, the first event in the pet business community will be the Jakarta Indonesia Pet Show (Annual International Pet & Animal Health Exhibition) which will be held at JIExpo Kemayoran, Jakarta Indonesia.

On our cover is Mr. Armand Maulana, the vocalist/singer of GIGI and Arana Project, who is a cat lover. Find out how he bonds with his cat, Goldie, in our cover story, "The Dedicated One." We also discuss other important topics related to pet wellness and special pet services in this edition.

As a last note, we would like to announce that this Groovy Magazine edition will be our last issue for the time being. Due to many considerations, we will be unable to publish the magazine in the near future, however, we are hopeful that the issues we are facing will be settled in no time and we will be able to publish it again soon. We are not saying goodbye, only see you later.

Having said that, we would like to wish you a Merry Christmas and Happy Holidays.



Juda Adisusanto

Juda Adisusanto
Groovy CEO

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On the cover:

Armand Maulana

Photography by Mario Ardi.

Makeup by Bunlay.

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PHOTO: SHUTTERSTOCK, MARIO ARDI



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FOR THE LOVE OF PETS

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FOOTBALL LARGE
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KONG AIRDOG
SQUEAKER
SPINNER LARGE
Rp 180,000

SANTA
MQ-SDZ60
Rp 145,000



SANTA
MQ-SDZ43
Rp 145,000



SANTA
MQ-MYD89
Rp 150,000



THE BEST LIFE

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LIKE CHOICE TOYS AND OUTFITS

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HOLDING CAESAR
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“

Groovy Vetcare is like a home and family that always open the door for you with full comfort and warmth. Our best team always make sure your pets get the best service quality.”



ABOUT US

We are a well-equipped veterinary clinic with excellent service and good hospital care. Our veterinarians and staffs always try to do their best to keep your pet healthy. We have high regards for pet wellness and an advocate for proper pet owner awareness.

OUR SERVICES

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- Laboratory
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- Hospitalization
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- Spot Allergen Test
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FOR THE LOVE OF PETS

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PT MITRASATWA LANGLANG BUANA

THE FOOD INQUIRY



NOWADAYS, DOG OWNERS ARE FACED WITH A DILEMMA. THEY ASK THEMSELVES WHETHER THEY SHOULD CHOOSE HOMEMADE, ORGANIC, OR MAINSTREAM COMMERCIAL DOG FOOD FOR THEIR FURRY ONE.

By Mulya Fitrandi, AR, DVM

From pets to family, the canine-human relationship has changed profoundly since dogs were domesticated about 15,000 years ago. The dog's transition to family member is indicated by the progression of their habitat, which has evolved from the wild to the living room. Nutrition is a key for best performance in dogs. Adequate intake of nutrients contributes to good health and prevents any medical issues from developing. As a member of the family, dogs are not fed table scraps anymore, as owners start to give more attention to their nutritional requirements.

Since dogs are omnivores with a carnivorous past, they have essential requirements for high-quality protein and amino acids, which are mainly found in meat. The ancestral diet of dogs consisted mostly of meat and bone (50% protein and 20% fat), which was high in moisture, low in carbohydrates, as well as predigested vegetation from the stomach of prey. Fresh raw meat composed of muscle, fat, bone and connective tissue should make up the major part of the dog's diet, along with vegetables

PHOTO: SHUTTERSTOCK.



prepared diets. Owners that prefer home-prepared food claim that these diets are a safe and natural way to feed animals, as it's palatable to most dogs. It can also be more digestible, which is one advantage for owners of finicky eaters. Lower stool volume and a shiny coat may be the result, but this varies with ingredients fed and may not apply to all home-prepared diets. These attributes are often held up as "proof" of nutritional superiority to commercial dry and moist food, despite the lack of scientific, peer-reviewed evidence to support the long-term health benefits of these diets.

Advocates of home-prepared food often ignore the potential negative consequences, such as nutrient imbalance if the diet is not developed by a board-certified veterinary nutritionist. These diets often lack sufficient sources of essential macrominerals, such as calcium, and trace minerals, such as iodine, selenium, copper, and zinc; essential omega-6 polyunsaturated fatty acid, linoleic acid and arachidonic acid; and inadequate levels of essential fat-soluble and water-soluble vitamins, such as vitamins E, D, and B12.

Any raw meat ingredient can be a potential source of exposure to parasites and bacteria, including *Escherichia coli* and *neospora*, *Toxoplasma*, *Salmonella*, *Campylobacter*, and *Cryptosporidium spp.* Raw and cooked bones specifically carry risks of gastrointestinal obstruction/perforation and tooth fractures and may be an inadequate source of essential minerals (e.g. calcium, magnesium) due to poor digestibility of larger bones within the canine digestive tract.

Organic food contain ingredients that have been raised, grown, or cultivated in ways that do not use artificial or synthetic methods. Organic meat car-

ries less antibiotic-resistant bacteria risk, unlike poultry and cattle raised in the commercial industry that are commonly fed low-level antibiotics. Organic raw eggs, from hens that feed on grass and peck around for bugs and live without constant antibiotics in their feed, make great eggs; yolks are deep yellow, almost orange, full of beta carotene. The vegetables are free from pesticides. Organic food is higher in nutrients, which gives the animal that eats it more energy, cleaner coats, improved stools, better breath and fewer symptoms of chronic disease. Organic dog food is free from GMO (Genetically modified organism, where a gene from another species is spliced into that of the target crop or animal and is associated with significant illness).

Homemade diets have incredible advantages, and organic food more so, as they contain little or no fillers, and sometimes have antioxidants to benefit the health of dogs. These advantages make the food easier to digest and more palatable, along with being more nutritious. Dogs with large number of bowel movements may have fewer or smaller movements because of a decrease in fillers and non-digestible ingredients in the organic dog food. But unfortunately, no scientific research showing evidence that this type of pet

and other extras. However, a meatless diet is possible for dogs that have certain existing conditions. As with human nutrition, dogs are healthiest when they eat a wide variety of minimally processed food. Unlike conventional pet food (commercial diets) with questionable ingredients cooked at high temperatures, food prepared in the kitchen is by far packed with all the enzymes, intact amino acids, vitamins, minerals, antioxidants, and other nutrients that nature has intended.

Dogs need twice as much calcium in their diets, and failing to include sufficient calcium is a concern in home-

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CERTIFIED VETERINARY
NUTRITIONIST. "



food is better than the high-quality commercial dog food products is available. In comparison, organic products are more expensive and sometimes difficult to find unless in specialized pet food stores.

Today, there are hundreds of commercial food for dogs of all types of breed, sizes, and life stages. With the rise of modernity, the pet food industry has grown and with "scientific-based research", convinced owners that commercial diets offer superior nutrition. The successful companies gained the trust of veterinarians, who then recommended that clients feed their dogs commercial food.

Some believe that commercial dog food can lead to serious health issues. Some veterinary nutritionists propose that the high volume of grains found in many dog food selections may lead to allergies, ear infections, skin problems, joint problems, malabsorption, and digestive disorders, and can ultimately compromise the immune system. Also, artificial colors, flavors, preservatives, and other additives used in some commercial dog food can damage a dog's internal or-

gans, especially the liver. This type of food can also increase the risk of gastric dilatation-volvulus (GDV) or result to bloating.

But actually, it doesn't depend on the type of food given, but the volume of food per meal or feeding fewer meals (two or less) per day, that put dogs at a higher risk. Ironically, many veterinarians recommend feeding dogs dry kibble because chewing the crunchy pieces is supposed to prevent excessive tartar build up on teeth. However, commercial diets (both canned and dry) directly contribute to poor dental hygiene, which in turn negatively affects almost every other bodily system. To maintain clean teeth and healthy gums, dogs need to chew raw meaty bones – something that is strongly discouraged due to concerns of dogs breaking teeth, choking, or getting intestinal obstructions, and while dry food is better than wet food at removing plaque, raw meaty bones are best for oral health.

So, which one is the best? This is a typical question that owners ask themselves as they want to give the best to their family member. No one

diet fits all when it comes to feeding dogs; what and how to feed varies with life stages, as well as with individual energy and nutrient requirements. The feeding of a balanced home-prepared diet allows for specific ingredient selection, control of key nutrients within the diet, and a more tailored selection. But it takes the right measurement to cater to the body requirement per day.

Organic food could be a suitable choice due to its benefits in supporting health, but it will cost more and its availability is limited. Again, making a precise measurement is not an easy thing. Commercial dog food can be the other choice as this is one of the three options that is simpler and more commonly practiced, with "scientific-based" ingredients that supposedly provide complete body requirements. If you are thinking about what you should feed your dog, you can make a visit to the vet and discuss the different benefits and/or disadvantages of the three food options mentioned above. Your vet could also provide you with inside knowledge and advice you accordingly on how to properly feed your dog so s/he can live a healthy and happy life. 🐾



SO, WHICH ONE IS THE BEST?
NO ONE DIET FITS ALL
 WHEN IT COMES TO FEEDING
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a Blackwood tradition*

*Because that's a proven recipe
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quality and physical performance*

HEALTHY LIVING



PHOTO: SHUTTERSTOCK.



Color Considerations

IS COLORING YOUR PET'S FUR/HAIR GOOD OR BAD?
FIND OUT THE DIFFERENT THINGS YOU SHOULD KNOW BELOW.

By Yosefin Lingga, DVM

For humans, hair dyeing may be considered normal. Many people like to change their hair color depending on their mood or based on the current trends. Some like to get highlights or others dye all their hair a specific color, such as brown or blonde. Nowadays, younger people who like bright hues also display their preferences through their hair, that's why it's no longer out of place to see young women (or men) sporting pink, blue, purple, green, or grey-colored hair. However, this need to beautify and change one's appearance has now also extended to pets.

In the past decade or so, dyeing pet hair has been a rising trend amongst pet owners. However, the growing popularity of the trend has also given

rise to a debate over the issue. Many people think that it is okay and safe to dye their pet's hair while others think this fashion trend is unsafe, cruel, and selfish. Let us ponder on the two opposing sides of the debate.

Here are some of the reasons why people color their pet's hair:

- ✔ To enhance the dog's appearance. Some PAWrents think their pet will look better with, for example, a pink or blue coat. Others want their pet to look like them, especially if they themselves have colored hair.
- ✔ Sometimes, dog owners like to dress up, such as during Halloween or other similar events, and want their dog to be part of the festivities.

Dyeing the pet's hair will give it a different look.

- ✔ Other pet owners see dyeing their pet's hair as a way of showing them they are loved, by having them primped and preened.

Here are some of the reasons why people think it is bad to dye pet hair:

- ✔ There is no benefit of dyeing your pet's hair for the pet itself. We humans have our own standards of beauty and attractiveness. This is the reason we like to dress up and take great care of our looks. But it must be said that this concept can't be applied to other species in the same way. Many people see dressing their pet and dyeing their

"MANY PEOPLE THINK THAT IT IS OKAY AND SAFE TO DYE THEIR PET'S HAIR WHILE OTHERS THINK THIS FASHION TREND IS UNSAFE, CRUEL, AND SELFISH. LET US PONDER ON THE TWO OPPOSING SIDES OF THE DEBATE."



"WHAT SHOULD BE NOTED IS THAT PETS DO NOT ATTRACT ATTENTION IN THE SAME WAY HUMANS DO."

pet's hair as a way of attracting attention to themselves or to the pet. What should be noted is that pets do not attract attention in the same way humans do, therefore, doing these things may in some way be futile and may be seen as sacrificing the pet/s in the process for the sake of beauty or appearance.

- Regular hair dye, which is used by people, contains many harmful materials such as hydrogen peroxide and ammonia, among other things. Many people have reported various degrees of reaction to their scalps when applying hair dye. Imagine if this is done to your pet's whole body. Any kind of reaction to the chemicals will affect all the parts of

the skin including sensitive areas such as the eyes, ears, nose, and mouth.

- The process of dyeing hair takes a long time. Some people can't even sit that long to wait for their hair to be dyed, what more for animals? The long process of hair dyeing can be stressful for the pet. Also, there is a high risk that the pet can be poisoned if s/he accidentally ingests harmful substances, for example if the pet licks the dye. One moment of vanity on the part of the owner can result to untimely sickness or worse for the pet.

Having discussed the different reasons, it is important to stress that caring for your pet is entirely under your discre-

tion. Of course, you should always treat and care for your pet humanely, but if you still really want to dye your dog's hair, here are some tips to lessen the inherent risks of doing it:

- Do some research first** and find out about the substances that can be harmful to your dog. There are some dye products that claim they are totally safe for pets. However, even these products cannot be guaranteed to be 100% safe for your pet since there is no existing long-term research about them.
- Make sure the process does not cause any kind of pain/harm to the dog.** If possible, test the dye in a small area first to see if there is any reaction. Be very careful about sensitive areas such as the eyes, nose, mouth and ears.
- Make sure the **pet does not lick the dye** in the process.
- Never apply dye to the skin of pets who have existing skin conditions** as this might worsen the problem. Also, keep paying attention to the skin and coat even after the dyeing process is completed. A reaction, of any kind, may only become apparent after a few days. 🐾



PHOTO: SHUTTERSTOCK.



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SPECIAL TREATMENT

THERE IS NO BETTER TIME THAN THE PRESENT TO BE A PAWRENT. WITH THE ADVANCEMENT OF TECHNOLOGY AND DEVELOPMENT OF SERVICES, CARING FOR YOUR PET IS AS EASY AS PICKING UP YOUR PHONE OR USING AN APP.

By Maria Zarah Gregorio Viado

Long gone are the days when having a pet meant tying up a dog in your front yard to fend off intruders. Nowadays, caring for a pet has taken on an entirely different meaning. PAWrents now look after not only the feeding and grooming of their pets, but also their entire well-being. In fact, many services now cater directly to our beloved four-legged babies. Below are some special amenities that you could consider for your furry companion.

BOARDING IN STYLE

While you enjoy a well-deserved getaway to another country, you can also give your pet a luxury experience at the Groovy Paw Resort & Hotel. There's no

PHOTO: GROOVY DOC.



need to leave your little one at home all alone. Now you can check your pet into a hotel where s/he can have a room of his/her own, with extra amenities such as food service, air-conditioning (optional) and grooming (optional). Each furry one gets a general check-up from the veterinarian prior to boarding and bi-weekly visits from the vet while s/he is checked in. For more information, you can contact **Groovy Paw Resort & Hotel** at (+62-251) 861-4466 or on mobile/Whatsapp: 0857 1969 2054.

WEEKEND GETAWAY

If you're looking for a place to spend some outdoor time with your dog, you can also head to the **Groovy Paw Resort**. There, you can let your pup run free in the spacious playground or you can even let him/her jump into the swimming pool with you to cool off and get some much-needed exercise. You can make a day out of it and even partake of lunch or snacks at the designated café. But before you head to the resort, just make sure to update your pet's vaccination and bring his/her records for checking prior to entry. Also, please ensure that your pet is free from any health conditions, including having fleas or ticks.



HOME DELIVERY

One of the perks of living in the modern age is being able to buy things with just the click of a button. Online shopping is indeed a convenient option for many people nowadays. What's great about it is that you won't even need to leave your house to do it. Plus you can take your sweet time perusing the shopping sites. Now, you can also shop for all of your pet's needs online. Just visit the Groovy online shop and you can look for different types of pet food, vitamins and other treats for your furry baby. Similarly, you can find **Groovy on the HappyFresh app** so you can get the

best deals. Just choose the products you want and you can have these delivered straight to your home. If, however, you are unable to find what you are looking for, don't hesitate to contact the **Groovy Pet Store (Kemang, Radio Dalam or Bintaro)** nearest you or call (+62-21) 7197704.

PET TRANSPORT

Living in another country has its perks but one of the biggest stresses is when you have to pack up everything you own and move to another country, especially if you have pets. But having furry ones doesn't have to take the





bulk of your worries with Groovy Pet Transport. A member of the IPATA worldwide network since 1999, **Groovy Pet Transport** will handle everything regarding the relocation of your pet, from pet transportation, completing the required documents and caring for your baby as s/he travels to your new location. Rest assured that when you see your baby in your new home, s/he will be more than happy to be reunited with you. For more information, you can call **(+62-21) 5374443** or email transport@groovy.co.id.

EMERGENCY SERVICES

Just like humans, animals can sometimes experience untoward events. Your cat might make its way out of your

house and get into a fight with another feline or your dog might get bitten by another canine. When it comes to any accidents or emergencies involving your pet, **Groovy VetCare Clinic** offers Emergency Services through its **hotline: 0811 888 2490**. The Groovy VetCare Clinic, and its veterinarian on duty, will attend to your pet immediately and make sure your pet will make his/her way home to you in no time.

PICK-UP OF PETS

As an added amenity, Groovy VetCare Clinic offers a pick-up and drop-off service for your beloved pets. This way, your canine or feline baby will not miss his/her appointment with the vet even if you're stuck in traffic or stuck

in a meeting at the office. You can contact the **Groovy VetCare Clinic receptionist at (+62-21) 72800617** during operating hours to make an inquiry or set an appointment.

HOME GROOMING

Staying on top of your pet's grooming now also doesn't have to be a chore. With Groovy's Home Grooming option, you can have the groomers come directly to your house for your pet's grooming. You can make an appointment by calling **(+62-21) 7394616** (Groovy Pet Store Radio Dalam), **7197704** (Groovy Pet Store Kemang) or **7372964** (Groovy Pet Store Bintaro). Find out more about this novel service on the next page. 



TAKE ADVANTAGE OF GROOVY'S HOME GROOMING SERVICE



Home grooming has recently become a trend because it is more convenient for pet owners to have the groomer/s come to their home. If you are looking for quality service, you will not call a company you don't know, especially if you don't know its reputation or the qualifications of the groomers. If anything goes wrong in the grooming of your pet, your pet (and you) will have to wait one to two months until the hair grows back. The quality of the grooming products used will also greatly affect your pet. Using low quality or the wrong shampoo will affect the health of your pet's skin, and may cause your furry one to be burdened with skin problems for the rest of his/her life. In addition, the use of unsterilized tools may cause certain conditions from previous pets to be transferred to your pet. The result of these unsanitary actions will be a nightmare for you and your pet.

Groovy Grooming has been in existence for almost 30 years and applies only the highest standards of quality grooming, not only in giving haircuts to your precious pets, but also in upholding cleanliness and applying sanitary practices in bathing and grooming. With three decades of quality grooming under our belt, we are now expanding our services to include the Groovy Home Grooming service.

At Groovy Home Grooming, we only use professional groomers and grooming tools to cater to pets and satisfy their owners. Our Home Grooming team will come to your residence and groom your pets in the comforts of your very own home. They bring standard grooming tools, such as blade/s, scissors, shampoo, portable water heater, dryer and a grooming table as well, so the only things the pet owner will need to provide are electricity and

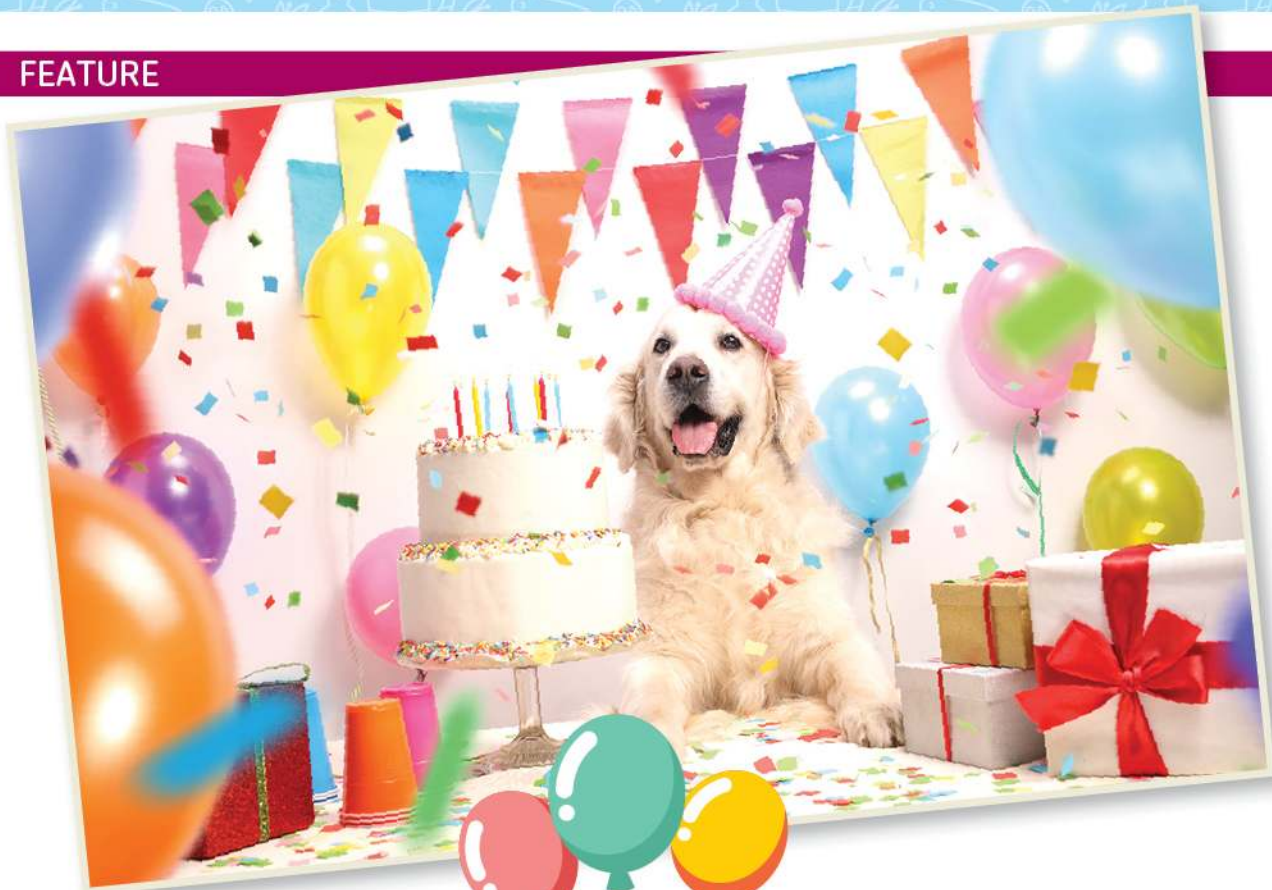
water. In addition, the members of our grooming team are well-trained and have years of work experience as former groomers at our Groovy Pet Stores.

We have three pet stores that can help you in organizing for a Home Grooming team to come to your home. All you need to do is to call or head to the nearest Groovy Pet Store to make an appointment.

The Groovy Home Grooming service has received positive responses from our customers and pet owners, so now we are gearing up and rounding up our team to satisfy all of our customers' needs.

Now you don't have to worry about your pet getting a contagious disease/condition from another pet, since grooming can be done right at your home, with no other pets around. Furthermore, our grooming tools are always sterilized before/after they are used, plus our staff is well-trained to guarantee cleanliness and provide proper cuts and shapes for your pets.

An additional benefit of our Home Grooming service is that you no longer need to transport your pet to the Groovy Pet Store. You can also keep a close eye on your furry baby and watch our groomer/s while s/he works on your pet. You can take advantage of this service at the same price offered at our stores, with a low transportation cost. Make an appointment today so we can readily schedule your pet for Home Grooming. Plus, you can avail of our **Home Grooming promotion – free transportation cost for the first time home grooming. Please call Groovy Pet Store (Kemang, Radio Dalam or Bintaro) nearest you.** 🐾



LET'S PARTY!

LOVING YOUR PET MEANS TREATING HIM/HER AS A PART OF YOUR FAMILY AND APPRECIATING HIS/HER EXISTENCE IN YOUR LIFE. ONE WAY YOU CAN EXPRESS YOUR LOVE FOR YOUR PET IS TO CELEBRATE HIS/HER BIRTHDAY IN A UNIQUE WAY. By Maria Zarah Gregorio Viado

Who doesn't love birthday parties? Being surrounded by your family and friends and getting to eat all the cake you want? These are just two things that can definitely make someone's day. However, the focus of any birthday party is of course, the birthday celebrant. Making him/her feel special is paramount.

Nowadays, this kind of party is no longer reserved for just humans. Many PAW-rents, who consider their pet/s as their babies, go all out to make the birthday of their furry one extra special. Birthday parties for pets are now not considered outside the norm, nor is ordering a special cake that dogs can eat.

If you are interested in throwing a bash for your four-legged companion, here are some ideas you can use to make the event a super memorable one.

PHOTO: SHUTTERSTOCK.

MAKE A GUEST LIST

You can start your party planning by writing down the names of the different people you would like to invite to your event. Of course, you shouldn't forget to include your doggy's playmates, siblings or cousins. The number of guests is entirely at your discretion. How small or how big you want the party to be will serve as a suitable guide in finding an appropriate venue for the big day.

SEND OUT THE INVITES

In this digital age, e-vites are all the rage, but paper invitations are certainly more charming. Especially if you create one that showcases your baby in all of his/her cute glory. You can select a nice image of your pet and have it printed with the details of the party. Or if you're feeling more creative, you can even opt to make a video, with participation from the birthday celebrant, which you can send out to all your guests.

CHOOSE A GOOD VENUE

Because the party will include adorable yet energetic four-legged babies, space should be your main consideration. The place you choose should be able to accommodate all your guests, with ample room for the animals to roam. Your fenced backyard

could be an ideal choice, since your baby will be most comfortable at home. However, you can also choose an outdoor space or park, so you won't have to worry about breaking anything and the doggies can run free and play. One great venue for a birthday party or pet event is the Groovy Paw Resort in Bogor. With its large swimming pool and grounds, your babies will surely have a great time.

PICK A FUN THEME

You can make you pet's birthday even more special by decorating the venue according to your chosen theme. Be as creative as you want. You can have a superhero theme and put up superhero posters all over the venue. Or you can go floral, if your baby is a girl. Regardless of what theme you choose, birthday essentials you can pick from include colorful banners, balloons, paper plates, etcetera.

ASK EVERYONE TO COME IN COSTUME

You can go all out with your theme by asking everyone to come in costumes. This will make the party so much more fun and Instagrammable. Don't forget to take pictures of all your guests in their selected outfits.



SELECT YUMMY TREATS

One way you can go about the food you will serve at the party is to separate the people food and the spread for dogs. Of course, there are some things that you can serve both such as crunchy carrots or apples. But to be on the safe side, you can prepare separate menus for bipeds and four-legged guests. The doggy menu can also include treats, as well as some of your pet's favorite food. What's important is to ensure that all the items you serve the furry guests are dog-friendly. The birthday cake should also be made of wholesomely good ingredients that can be both ingested by the birthday boy/girl and shared to his fluffy friends. You can order a special doggy cake from a bakery that can accommodate your request or you can try to make one yourself.

THANK EVERYONE WITH SOUVENIRS

Don't let your guests leave the party without a small token of your appreciation. You can pack some treats for both your human and four-legged guests to take home with them. Or, if you would like a more personal touch, you can print the photos of your guests that you took during the event and later on give these to them as a remembrance of the special day you all spent together. 🐾



Royal Breed

FIND OUT IF THE **CAVALIER KING
CHARLES SPANIEL** IS
THE PERFECT BREED FOR YOU



The Cavalier King Charles Spaniel originated from the United Kingdom and was initially bred for British royalty. Classified as a toy dog, it has a versatile personality and can enjoy outdoor activities or be a couch potato. A great family dog, the Cavalier King Charles Spaniel has a gentle nature, is affectionate and friendly, but also active and very eager to please its owners.

SIZE AND WEIGHT (FORM)

According to the American Kennel Club, the Cavalier King Charles Spaniel usually weighs 6 to 8.5 kilograms and reaches a height of about 30 to 33 centimeters. It generally has a gentle expression with large, round eyes that are not prominent and set well apart. The ears are long, with plenty of hair, and set high on top of the head. The dog has a slightly rounded skull that appear flat due to the position of the ears. The Cavalier King Charles Spaniel has a fairly long neck and short body with a moderately deep chest.



IDEAL ENVIRONMENT

This breed adapts well in many types of environment. Its small size but active nature makes it possible for the dog to stay in apartments or farms. The Cavalier King Charles Spaniel requires a lot of human interaction and regular moderate exercise (walks) due to its tendency of having heart problem/s.



HAIR AND GROOMING

This breed has moderate length hair that should be silky. It has long hair on its ears, chest, legs, and tail. There are four types of markings on this breed: Blenheim (chestnut and white), tri-color (black, white, and tan), ruby (red), and black and tan. The long and silky hair requires regular brushing and bathing to keep the coat shiny and free from tangles. Ears need to be checked regularly to prevent infection and nails must be trimmed regularly.

ADDITIONAL INFO:

- ✓ Life span: About 10 years
- ✓ Common health problems: mitral valve disease (very common, almost all dogs with this breed will eventually have it), syringomyelia, keratoconjunctivitis sicca (dry eyes), hip dysplasia, ear infection. 🐾





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Feeding Your Pet Greens

WILL GIVING YOUR PET
VEGETABLES HELP HIM/HER
BE HEALTHIER?

By Dr. Jean-Paul Ly

Giving vegetables alone will not satisfy domestic animals as most vegetables today do not have much nutrition. Modern farming methods have depleted most plants of minerals, vitamins and co-factors. Cooking also further denatures the already depleted plants of their sensitive bio-nutrients.

Most animals especially cats with their acute sense of taste and smell can detect these worthless 'green bits' in their diet. However, cats will accept fresh non-depleted, non-denatured fresh catnip, fresh wheatgrass and various types of beans and vegetable sprouts.

Sensible medical and veterinary circles no longer accept as truth that animals are necessarily obligate carnivores or herbivores. Even the lions in the African plains will eat grass during severe drought to keep themselves alive. In times of plenty, many so-called carnivores will chew and consume bark, leaves, grass and fruits.



Many clinical trials and anecdotal evidence have pointed to the benefits of varied diets that are rich in phytonutrients. This is true for both man and animals. Most domestic cats which lead sedentary lifestyles can survive on a strictly prescribed diet on processed and denatured proteins, fats, carbohydrates with little or no phytonutrients present. These animals can live a long life but when they are challenged, their immune system and organs will fail with advancing age and stress. It is important to remember that animals are totally dependent on us to give them a sensible and varied diet with fresh proteins, phytonutrients and good quality water.

Animals, being the most sensible in terms of their nutritional requirements, unlike man, will sometimes desperately search for missing nutrients by consuming unlikely substances like cat litter, faeces, leaves, grass, plants and sometimes, minerals leeching out of tiles and walls. These unlikely food sources do not form digestible materials and often contain toxins and may cause intestinal upsets and blockages. Fortunately, the Internet has provided much needed sensible nutritional information, gathered from multiple sources other than pet food companies.

Sometimes animals will also eat gravel and foliage in an attempt to regurgitate or ameliorate ingested irritants in their gastrointestinal tract caused by food hypersensitivities and intolerance. These animals will often have halitosis despite having good dental health, frequent regurgitation and increased gastrointestinal sounds. Their stools can sometimes be mucoid with drops of blood. It is important to remember that these signs may not occur together or at all. This is not to be confused with food deficiency. If in doubt, always seek veterinary advice.

Feeding should always be a sensible and informed choice based on observation, species, age and often, intuitive receptions. 🐾

"Most animals especially cats with their acute sense of taste and smell can detect these worthless 'green bits' in their diet."



AS A PAWRENT, YOU ARE NOW RESPONSIBLE FOR ANOTHER LIVING BEING AND MUST ALWAYS BE AWARE OF WHAT YOUR PET IS DOING. THIS IS ESPECIALLY PERTINENT WHEN YOU TAKE YOUR PET OUT OF THE COMFORTS OF YOUR HOME. HERE ARE SOME THINGS YOU NEED TO KNOW WHEN YOU BRING YOUR DOG/CAT TO A PUBLIC AREA.

By Juda Adisusanto

These days, there are many places and events you can go to that allow you to bring your dog, cat, or other pet/s along with you. These include pet community center gatherings, pet parties, or even Pet Expos. Nowadays, our furry babies are also allowed to enter some mall/s and/or hotels.

Surely, all of us PAWrents are overjoyed about these developments. However, we must also make ample preparations so we can ensure that our pets will behave and not run amok or make

a mess when other people or other animals are around. Here are tips you can apply so you can bring your pet around safely and peacefully.

1 Before heading to your destination, you must first make sure that you can bring your pet along to that place. Also, don't forget to carefully read the 'dos and don'ts' that apply in the area.

2 It is your responsibility to make sure that your pet is in good health. Otherwise, your pet may

contract a sickness or condition from another pet or even catch a deadly virus such as distemper, etc.

3 Check your pet's vaccination record and ensure that it is up to date. Otherwise, you must call your vet to make an appointment for boosters. You should also check whether you are required to bring your furry one's vaccination record or book along to the event.

4 Don't forget to bring a collar and leash. Not all parks will allow you



to take the leash off your dog. If in case you cannot handle your dog when s/he is off-leash, it would be best to keep the leash on so s/he will be easier to handle. Never underestimate your dog or other dogs, for that matter. Best to be cautious before any accident or injury takes place.

5 Make sure your pet can get along with other pet/s and/or other people. Some pets may feel wary when there are plenty of people around. If it is the first time for you to bring your pet to a crowded place, you must be extra careful and cautious in handling him/her and ensure the safety of your pet as well as all the other people and pets around. Be on guard and prepared to handle any situation, in case something unexpected happens.

6 Bring along your pet's own bowl or drinking bottle. Using

a common bowl together with other dogs is risky.

7 Bring at least one plastic bag for your pet's stool. Be respectful of other people and pets, as well as the owner of the venue, and pick up after your pet has done his/her business. DO NOT leave your pet's waste on the ground as it will inconvenience others. Be a mindful and responsible PAWrent at all times and pick up after your furry baby.

8 Watch your pet at all times. DO NOT lose sight of your dog and always check what s/he is doing. Otherwise, s/he might be injured and/or get into an accident or might cause an injury/accident to other people.

9 If your pet is well-adjusted and healthy, allow your dog to play with other dogs. Sometimes dog

play might get a little too rough for our liking, but that's animal instinct. Let your dog mingle, but always be on guard. Don't be too overprotective. Allowing your baby some playtime will ensure that s/he will return to this place eagerly and happily.

10 If you are going to the beach, swimming pool or lake, you should let your dog swim. S/he will probably be a bit hesitant at first and will need to survey the area accordingly. Give him/her space and time to take in the surroundings. DO NOT force your dog in the water. This might traumatize him/her for the rest of his/her life.

These are just some of the things you can take note of and apply when bringing your pet to public places. By doing these things and being vigilant at all times, you can make the most of your day out with your furry one. 🐾





Get to Know LAR



GROOVY PET TRANSPORT
GIVES YOU A GLIMPSE INTO
THE LIVE ANIMAL REGULATION
2019, 45TH EDITION BY IATA



Live Animal Regulation (called LAR) is popular among animal shippers or carriers because they transport or ship animals using air transportation. LAR was created 45 years ago, and every year, IATA issues a new edition. As a pet shipper, Groovy Pet Transport is always updated with the LAR.

What is LAR?

LAR (Live Animal Regulation), as its name suggests, contains regulations, information, guidance, instructions, samples, forms and documents amongst others, that are issued by IATA. It is a reference book for shipping animals. IATA stands for **International Air Transport Association**.

For pet shippers who want to ship pets or animals, this book serves as a trusty guide because it is the only reference for shippers, handlers, and also airlines or carriers.

What is inside this book?

The following is an overview of items, pertaining specifically to dogs and cats, which can be found inside the book.



LAR (LIVE ANIMAL REGULATION), AS ITS NAME SUGGESTS, CONTAINS REGULATIONS, INFORMATION, GUIDANCE, INSTRUCTIONS, SAMPLES, FORMS AND DOCUMENTS AMONGST OTHERS, THAT ARE ISSUED BY IATA. IT IS A REFERENCE BOOK FOR SHIPPING ANIMALS. IATA STANDS FOR INTERNATIONAL AIR TRANSPORT ASSOCIATION.

Responsibilities

Including responsibilities of the shippers and responsibilities of the carriers. All responsibilities are described in detail to avoid any disputes in case of accident or injury. There are also individual airline regulations or restrictions which are not described in the general rules.

Government Regulations

Many countries have their own regulations regarding animals entering their country, including pets: dogs or cats. People must be aware about what regulations apply to their pet when they plan to go from one country to another. The pet shipper must communicate these things to the pet owner, especially regarding whether or not they can enter the country with their pet, or the pet must be kept in quarantine for a certain period of time, or preparations must be made 1-6 months in advance to make sure the pet can enter and not be rejected. A blood test of the pet may be required a few months prior departure/arrival, or vaccination should be prepared up to one year.

Container Requirements

There are 84 container requirements for each type of animal. For pets, such as dogs and cats, Container Requirements (CR) no. 1 and no. 82 are important. CR #1 is for general dogs and cats as pets. It contains regulations

on size, material, doors, installations and accessories. CR #82 is for wild dogs or fighting dogs, to prevent breakouts during travelling. It is similar to CR #1, but must have stronger reinforcement.

Airline charges for cargo shipments are usually based on weight, or volume weight, depending on which applies and which is higher. For example: a crate with measurements of 101cm x 76 cm x 60 cm and weight (of dog and crate) is **40kg**. The volume weight will be calculated using: $L \text{ cm} \times W \text{ cm} \times H \text{ cm} = V \text{ cm}^3$. To convert to kg, the weight must be divided by 6000. Using our example: $101\text{cm} \times 76\text{cm} \times 60\text{cm} = 460,560 \text{ cm}^3$; if we divide it by 6000, we get $460,560/6000 = 76.76 \text{ kg}$. The chargeable weight will be 76.76kg or 77kg.

Documents

The book also contains the documents that need to be submitted by the pet shipper to render the pet to the airlines. This depends on the regulations at the destination country, but these are the most common:

- ✓ Health Certificate, a recent one issued by a government authority or government agent, usually issued less than 10 days prior to departure date
- ✓ All duly filled Forms and Certification required by the airlines
- ✓ Weight and measurements issued by the airport authority
- ✓ Other formality documents includ-

ing labels and markings on the container/s

- ✓ Air Way Bill (AWB), with the name of the shipper and receiver, weight, airline charges, etc.

Many other things are described inside the LAR and it is for **safety and compliance and intended for the sake of Animal Welfare**, when moving an animal from one destination to another destination, either domestically or internationally.

Hopefully this provides you with some insight on the different regulations that apply when shipping a pet. Who knows, one day you might need to ship your pet to your new destination. If you have an inquiry about transporting your pet, you can contact **Groovy Pet Transport at (+62-21) 537 4443**. 🐾

"A BLOOD TEST OF THE PET MAY BE REQUIRED A FEW MONTHS PRIOR DEPARTURE/ARRIVAL, OR VACCINATION SHOULD BE PREPARED UP TO ONE YEAR."





The Dedicated One

EVEN THOUGH **ARMAND MAULANA**
HAS PLENTY ON HIS PLATE,
HE NEVER FORGETS TO GIVE HIS CAT, **GOLDIE**,
A RELAXING MASSAGE.

By Maria Zarah Gregorio Viado

Armand Maulana is truly a cut above the rest. For more than two decades, the frontman and founder of pop rock band GIGI has been a prominent figure in the Indonesian music scene. Now seasoned, with many years of experience under his belt, he is absolutely not showing any signs of slowing down.

At present, Armand continues to be the vocalist for GIGI while also pursuing other projects such as Arana Project, his solo musical venture. He is also very visible on the small screen with his current stint as a coach on The Voice Indonesia and his previous work on Indonesian Idol.

With his many achievements, Armand is definitely one of Indonesia's enduring artists. This is something he shares with his wife, Dewi Gita, who is a star in her own right. But together, the happily married couple will also soon be marking a different kind of milestone; they will be celebrating their 25th wedding anniversary in 2019. "We will be holding a very big show for this special occasion at Ciputra Artpreneur. We are currently busy with the preparations," Armand said with a smile, "We are now about 50% done with the planning and arrangements, but we still have plenty of things to do."

"AT PRESENT, ARMAND CONTINUES TO BE THE VOCALIST FOR GIGI WHILE ALSO PURSUING OTHER PROJECTS SUCH AS ARANA PROJECT, HIS SOLO MUSICAL VENTURE."



"COMMUNICATION AND TRUST. THOSE TWO THINGS ARE JUST VERY SIMPLE WORDS BUT HAVE BEEN VITAL TO OUR MARRIAGE. THANKFULLY BY PRACTICING THESE IN OUR RELATIONSHIP, WE HAVE BEEN ABLE TO STAY TOGETHER FOR ALMOST 25 YEARS."

Being married for a quarter of a century is certainly a big accomplishment. When asked about the secret to the longevity of their union, Armand replied, "Communication and trust. Those two things are just very simple words but have been vital to our marriage. Thankfully by practicing these in our relationship, we have been able to stay together for almost 25 years." The couple is blessed with a daughter, Naja Dewi Maulana, who they love devotedly and enjoy going on vacation with, "Despite our busy schedules, we usually take a family vacation once or twice a year. Our favorite destinations are Bali and Japan."

Many people would think that with the multitude of things he is doing, Armand would just sit back and relax with his wife and daughter when he gets home. But unbeknownst to many, Armand still has to cater to the demands of a certain creature, "When I get home, our cat Goldie always walks up to me and asks to be massaged," he said with a laugh. "We got Goldie in Bandung. My daughter and wife found him in a pet shop and asked me if they could take him home. I could not say no and the rest is history."

Goldie is the family's Persian cat, who is now seven years old and considered the family's baby. "Goldie is very lazy and loves sleeping on our bed," shared Armand. The long-haired feline is doted on by the family and it shows. Goldie has shiny hair and is visibly healthy, "Goldie is groomed every week by Groovy and we feed him only hypoallergenic cat food since he is quite sensitive and allergic to a number of things," he elaborated.

Armand and his family previously had eight cats in their home in Bandung, but since they have a smaller residence in Jakarta, he feels that having one cat is enough, "In Bandung, we had a bigger house and a garden, so there was a lot more space for many cats. However, here in Jakarta, since our house is smaller, I don't think it would be wise to have more than one cat."

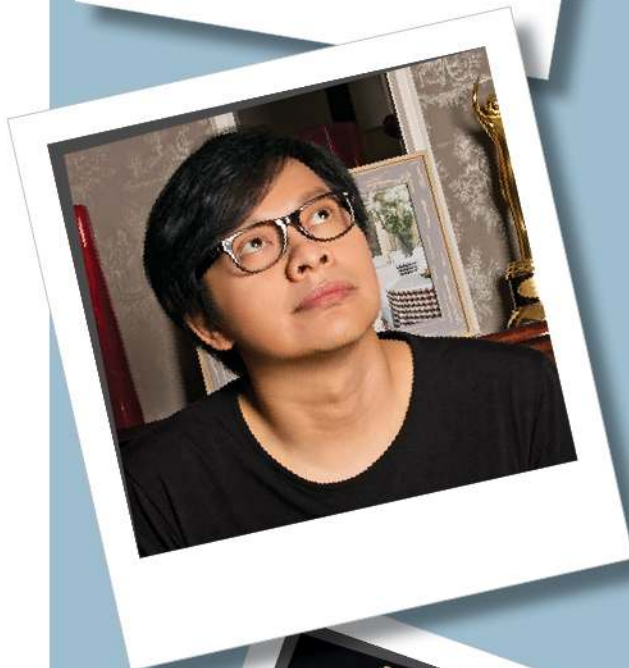


"FOR ME, ADOPTION IS BETTER. THIS IS BECAUSE WHEN WE ADOPT, IT TEACHES US EMPATHY. WE ARE ABLE TO WELCOME AN ANIMAL WITHOUT A HOME INTO OUR LIVES AND HOMES"

Obviously a cat lover, Armand believes in being responsible when caring for animals and supports the "adopt, don't shop" philosophy, "For me, adoption is better. This is because when we adopt, it teaches us empathy. We are able to welcome an animal without a home into our lives and homes. But I also believe that having a pet, adopting or buying one, is really up to the person. It's all a matter of disposition and I'm not making any judgements."

Very down-to-earth regardless of his many years in the limelight, Armand is now also focused on keeping himself in good physical shape and maintaining a healthy diet, "You would think that I would have a strategy by now to get at least six or seven hours of sleep per night, but with my really hectic schedule, I usually just get to sleep three hours and then I'm off to the airport for my next gig. But I have been following a balanced diet for the past 12 years, so I think that has helped me to stay healthy."

With deep passion for everything he does, it is without question that Armand has come a long way, both in his private life and in his musical career. And it's clear that he still has many things he wants to do in the future, "Right now, I'm focused on the concert I will be having with my wife on 11 January 2019. But I have already laid down some plans for what I will be doing after that. Since I launched Arana Project in 2016, I've only managed to release a number of singles. I'm happy to say that I will be working on a full album soon. That's something I'm really looking forward to." 🐾



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A woman with dark hair, wearing a blue sweater and a purple patterned scarf, is crouching outdoors in a park-like setting with autumn foliage. She is smiling and kissing a small white dog on the nose. The dog is wearing a blue collar with white paw prints. The background is filled with trees and fallen leaves in shades of yellow and green.

VET'S CORNER

LIVING *with* DIABETES

DIABETES IS NOT ONLY SUFFERED BY HUMAN BEINGS; OTHER MAMMALS CAN ALSO BE DIAGNOSED WITH THE CONDITION. ALTHOUGH DIABETES CAN'T BE CURED ENTIRELY, IT CAN BE MANAGED VERY SUCCESSFULLY. By Francisca Juwita, DVM

Diabetes mellitus, or "sugar diabetes", is the type of diabetes seen most often in dogs. It is a metabolic disorder. Metabolism refers to how the body converts food to energy.



» CAUSE

Dogs are much more likely to develop Type II (adult-onset) diabetes around middle age or in their senior years, as a result of lifestyles that have led to the decreased production of insulin or the inability of the body to use it efficiently. Obesity is by far the biggest reason pets become diabetic. The damage caused by diabetes is due to excessive sugar build up in the dog's bloodstream,

which can't be accessed by the body's cells. So the "bad" effects that diabetes cause in the dog's body are twofold:

- ❖ Cells are starved for vital "fuel." Muscle cells and certain organ cells don't get the glucose "fuel" they need for energy. As a result, the body starts breaking down its own fats and proteins to use as alternative fuel.
- ❖ High sugar levels in the bloodstream

may damage many organs. Without insulin to assist in converting the glucose in the bloodstream into fuel, high levels of glucose will build up in the blood. Unfortunately, this abnormal blood chemistry acts like a type of poison and eventually causes multi-organ damage. This often includes damage to the kidneys, eyes, heart, blood vessels, or nerves.

» SYMPTOMS

Here are some early signs that a dog may have diabetes:

1. **Increased appetite.** Your pet might have an appetite increase over time because the amino acids and glucose needed inside the cells aren't getting there, or aren't being used appropriately.
2. **Weight loss.** When the cells of your pet's body are being starved of essential nutrients, the result is often an increase in appetite. But because the energy from food is not being used efficiently by the body's cells, your pet can lose weight even though s/he's taking in more calories.
3. **Lack of energy and increased need for sleep.** When the cells of your pet's body are deprived of

blood sugar, s/he will likely lack the desire to run, take a walk with you, or engage in play.

4. **Vision problems.** Another symptom of diabetes is blindness, which is seen primarily in dogs, but cats can also develop blindness as a result of diabetic cataracts.
5. **Weakness in rear limbs (cats only).** This symptom is unique to kitties with diabetes. It's called the plantigrade stance. Instead of walking high up on the pads of his feet, which is how cats normally walk, a cat with plantigrade stance will drop his hind quarters low and actually walk on his back ankles. Fortunately, this symptom can be reversed once your kitty's diabetes is under control.

6. **Urinary tract infections.** It's not at all uncommon for diabetic dogs and cats to acquire secondary urinary tract infections. This happens because the more sugar there is in the urine, the greater the likelihood that bacteria will grow in your pet's bladder.
7. **Kidney failure.** Kidney failure, especially in cats, is also a common secondary symptom of diabetes. Often, the first diagnosis for a diabetic kitty is chronic renal insufficiency or acute kidney problems. The sugar that is meant to be retained in your pet's bloodstream spills over into the urine and is very damaging to the kidneys.



»» DIAGNOSIS

Your veterinarian can do simple tests to check for diabetes, including testing for excessive glucose (sugar) in the blood and urine. Blood tests can also show other indications of diabetes, such as high liver enzymes and electrolyte imbalances.

The sooner diabetes is diagnosed and treatment is started, the better chances your pet will have at leading a normal life.



»» TREATMENT

FIRST STEP :



MEDICATING YOUR DOG

1. Make a plan for your dog's health with your vet.

Diabetes requires swift treatment, but the treatment plan depends on your dog's state of health. Insulin is usually required, and the vet will determine the amount. You also have to make important lifestyle changes. A detailed discussion with your pet's veterinarian is the vital first step.

- ❖ A simple test can diagnose diabetes in your dog. Your vet can also do blood tests to see how diabetes is affecting your dog's body.

2. Draw insulin correctly.

You will have to administer insulin injections to your dog regularly. Make sure you know how to draw insulin safely. Before injecting your dog, you must carefully draw out the correct amount of insulin.

- ❖ First, remove the cap from the needle. Then, you will pull back the plunger of the needle until you have enough air equal to the insulin dose you require.
- ❖ Stick the needle in the spongy top of the bottle of insulin. Push down on the plunger, pushing air into

the bottle. This will create a vacuum that allows you to more easily draw insulin from the bottle.

- ❖ Pull back the plunger of the needle again until you've withdrawn the right amount into the syringe. Make sure there are no air bubbles before injecting your dog.

3. Inject your dog carefully.

Your vet will advise you where to inject your dog with insulin. Usually, you will need to inject insulin somewhere in the dog's back. If your furry one is new to shots, you will probably need to ask someone to help you hold him/her down during the first few times you administer insulin.

- ❖ Hold the needle in your dominant hand as you inject your dog with insulin.
- ❖ Push the needle into your dog's skin, holding it approximately at a 45 degree angle. You need to do this quickly as you want your dog to feel as little pain as possible.
- ❖ Press your thumb on the plunger and push it all the way down. Then, quickly pull the needle out of your dog's skin.

SECOND STEP :



FOLLOW THROUGH

1. Find out about the right diet for your dog.

Have a sit down with the vet to discuss the necessary dietary changes for your dog. If your dog is overweight or obese, your vet may recommend a diet with the aim for your pet to lose weight.

- ❖ A good quality diet usually consists of food that releases energy slowly, which will often be high in fiber. You can also look for high quality protein and complex carbohydrates. Your vet may recommend a specific brand of food for your dog, depending on its health, age, and breed.

2. Exercise your dog regularly.

Exercise can be instrumental in helping your dog avoid the many complications associated with diabetes. It can also help with the required weight loss. Walk and play with your dog regularly. Ensuring that your dog gets regular physical activity is vital to managing diabetes.

- ❖ Moderate activity is best, especially if your dog is sick. A moderate and consistent routine will greatly improve your dog's health.
- ❖ The precise amount of exercise needed varies depending on the dog's size and breed. Ask your vet how long your dog should exercise each day. 🐾

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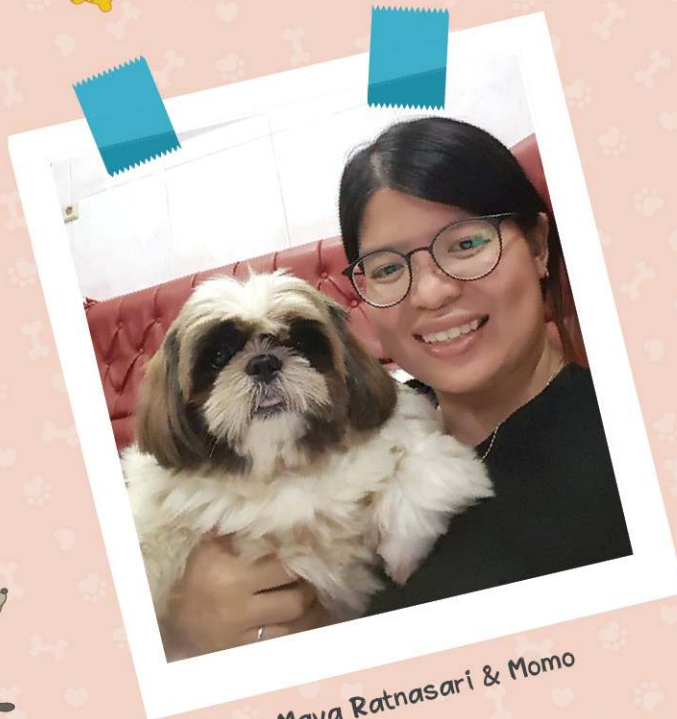
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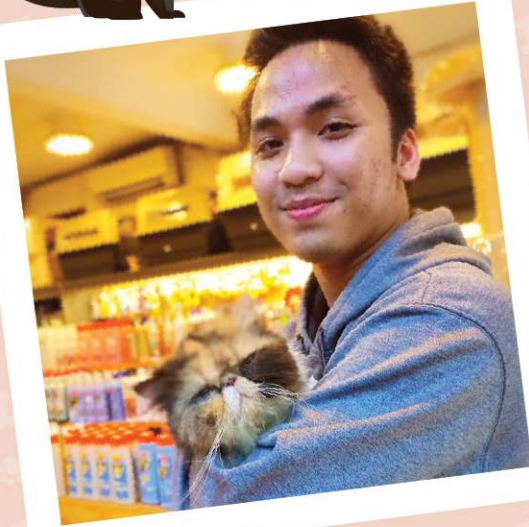
Susiana & Elmo



Maya Ratnasari & Momo



selfie with my bestie



Nur Salsabila & Momikin



Misha Pattiradjawane & Kichiro



Dini & Chigon + Gubu





"Safety is important when handling an injured dog. Talk gently as you approach the canine, move slowly and avoid making sudden movements."



But First...

DO YOU KNOW WHAT TO DO WHEN YOUR PET HAS A WOUND?
OR IF S/HE GETS INTO A FIGHT? HOW DO YOU STOP A WOUND
FROM BLEEDING? IT'S IMPORTANT TO KNOW HOW TO GIVE YOUR PET
FIRST AID BEFORE BRINGING HIM/HER TO THE HOSPITAL OR VET.

By Agnya Sinung, DVM

Accidents happen and almost always catch us unaware. While your pet is playing, s/he may suddenly step on a sharp object and start bleeding. You may be cutting his/her nails, but one slip and you may miss the right line and draw some blood. Or, if your pet is just lazing around in the garage and you don't see it as you drive the car out, you may run over him/her. Even when dogs just play with each other, some may scratch, resulting in bruises or wounds. When these accidents happen, what will you do? Will you panic? Scream maybe? Or be paralyzed in shock? These are some of the simple things you can do to lessen the accident's impact before you head out and bring your pet to the veterinarian:

HANDLING PAIN

Surely, we would like to think that not all accidents will be painful. But bruising, cuts, or any accident that result to bleeding will likely be painful. The pet's reaction to this event will vary depending on the pet's psychology and

the degree of the pain. Even though your pet is a happy and calm pet, you will never know how s/he will react when s/he is in pain. Your pet may avoid your touch, try to run away or become fierce, while trying to scratch or bite you. Safety is important when handling an injured dog. Talk gently as you approach the canine, move slowly and avoid making sudden movements. Maybe you need to use a muzzle for dogs or wrap tape around the nose and tie it behind the ears, unless the dog has difficulty breathing. Or you can use a towel, which might suffice for both cats and small dogs.

If your dog can still walk, try to put his/her leash on to go to the vet. If your pet has difficulty walking by itself, use a towel or put him/her in the carrier and carry him/her carefully to avoid worsening any fracture or internal injuries. You can pick your dog up by placing one hand at the front of the chest and the other under the hindquarters. If your pet is paralyzed, there may be a spinal injury, so try

to find something rigid, such as a board. Slide your pet gently on to this if possible. Cover with a blanket to reduce heat loss.

WOUNDS AND BLEEDING

If there is a wound and it's bleeding, the bleeding needs to be controlled. You can't stop internal bleeding on your own, but controlling external bleeding can help your pet from becoming anemic.

Sometimes, when cutting your pet's nails, some bleeding can occur when you happen to cut blood vessels. You can put cauterizing powder on the area to stop the bleeding. You can get cauterizing powder from the pet store or human pharmacy. Baking powder or flour can also be used as an alternative. Keep the foot wrapped in a towel. If the blood comes from a paw, it might take more time to get the bleeding to stop if your pet still uses his/her foot to walk. If the bleeding is caused by a foreign object that cut the skin and can easily be seen, you can try to remove it gently



"These first aid supplies are not only for your pet, but can also be used for human emergencies."

or put the area under running water to help dislodge small particles. If the cut is too deep, leave it alone. Digging too deeply will only worsen the injury, which will result in more bleeding and may cause additional pain.

The area of the legs has plenty of blood vessels, so when there's a laceration, the bleeding might be considerable. Get a clean towel and apply firm pressure on it. If there is too much blood and the towel gets soaked, don't remove it but add another towel on top of it while continuously applying pressure.

Administering first aid on a wound around the chest and abdomen should be done carefully. If there is a foreign object stuck to the body, don't remove it. Just bandage the area around the

object to minimize the bleeding. If the wound is on the chest, bandage the wound but still give it enough space to breath. Surround the towel with three or four strips of tape that encircle the entire chest or abdomen. Make sure all the bandages or towels you use are clean. If your pet is breathing hard, you need to keep the towel firmly in place and bring him/her to the veterinarian immediately since not doing so could be fatal.

FIRST AID KIT

Wondering what you should have in your first aid kit at home? Here are some supplies you will require when you need to provide treatment before bringing your pet to the veterinarian:

✚ **Antiseptic solutions:** You can use chlorhexidine or iodine to clean wounds on the skin.

✚ **Powder to stop bleeding:** This powder can be used for superficial bleeding.

✚ **Sterile gauze/cotton:** Use this to press on the bleeding area or as a first layer of bandaging.

✚ **Bandage:** This is needed to wrap around the bleeding area.

✚ **Sterile water:** Sterile water can be used to wash the bleeding or wounded area.

These first aid supplies are not only for your pet, but can also be used for human emergencies.

All the treatments mentioned above are only preliminary to bringing your pet to the veterinarian. Make sure you care for your furry one gently and ensure s/he is in stable condition when you bring him/her to the vet. 🐾

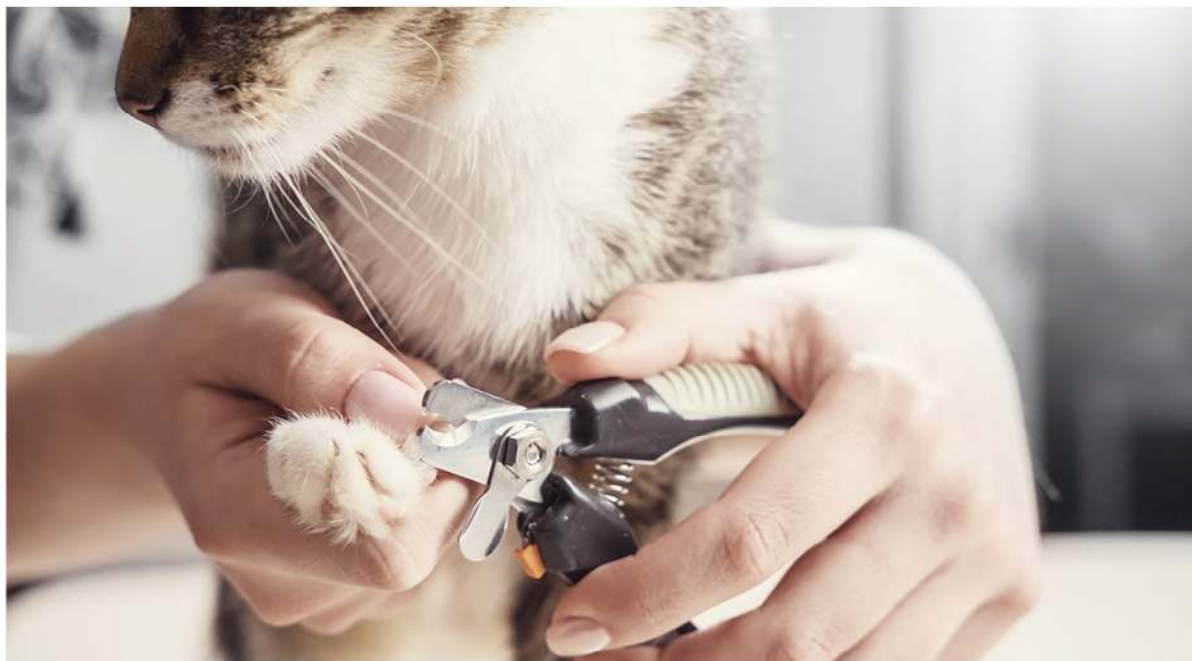


PHOTO: SHUTTERSTOCK



Taste of the Wild®



Your pets crave a taste of the wild. Go ahead and give them one. Taste of the Wild produces premium, grain-free pet formulas that are based on your pet's ancestral diet. All of our formulas rely on ingredients like quality meats and probiotics that maximize the nutritional health benefits for your pets.

IT'S THE BALANCED DIET THAT NATURE INTENDED

FROM JAPAN
TO INDONESIAWHAT
AIRLINE
DID YOUR
PET USE?

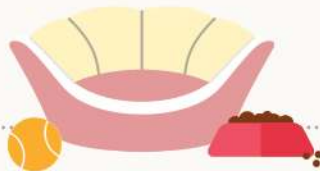
Our pet used **ANA (All Nippon Airways)**

CAN YOU LET US KNOW
YOUR
EXPERIENCE
WITH THE
AIRLINE?

I didn't have any trouble nor were there any problems encountered.

WHAT IS YOUR
PET'S
FAVORITE
ACTIVITY
IN YOUR NEW HOME?

Poron likes **to sleep.**

PLEASE DESCRIBE
YOUR PET'S
PERSONALITY?

Poron is **quiet and timid**

HOW WAS YOUR
EXPERIENCE
WITH
GROOVY PET
TRANSPORT?

I was able to entrust my dog and received polite explanations about the entire process of transporting her from Japan to Indonesia.



SmartBones

– THE HEALTHY CHOICE –



OVER 99% DIGESTIBLE...WHAT DOES THIS MEAN?

It took over 2 years to formulate SmartBones in order to achieve our amazing 99% digestibility.

This means that SmartBones will very seldom cause an upset stomach or loose stool.

What's even more amazing is that SmartBones actually exceed the digestibility level of premium dog foods, which only have 85% total digestibility!



100%
Rawhide-Free



99%
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MADE WITH
Wholesome vegetables
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LOW FAT
Healthy



NUTRITION
Fortified with vitamins
and minerals...
Providing more
nutritional value
than rawhide chews.



TASTE
100% Delicious.
Preferred by 9
out of 10 dogs
over leading
rawhide chews.

QUALITY & SAFETY...OUR PRIORITY

www.smartbones.com

What made you decide TO GO INTO THE VETERINARY FIELD?

Actually, I didn't really plan to be a veterinarian. I was accepted in Veterinary Medicine, however, it was my third option because I was then afraid of dogs. But I decided to pursue my studies in the field and after some time, I really began to enjoy it.

Have you always
LOVED
ANIMALS?

YES,
I HAVE ALWAYS
LOVED
ANIMALS.



Lia Wahyu Ekaningsih, DVM



Yes I have pets. I have a four-year-old **female ragdoll cat** that I adopted from a Groovy customer when she was just a kitten. She was given the name **Della**, but we usually **call her Odel**. I also have a **Betta fish**.



How many years
**HAVE YOU
BEEN WITH
GROOVY?**

I have been with Groovy VetCare Clinic for **more than nine years**. I joined the company right after graduation. 🐾



When anybody decides to have a pet, s/he should have the responsibility to take care of the pet for the duration of the pet's life.





WELCOME TO GROOVY PAW RESORT!



SWIMMING POOL

- 6 by 15 meters, depth 120 cm, swimming pool designed for dogs and owners.
- Regularly maintained and cleaned, safe for dogs and people.



GROOVY HOUSE

- Canteen and café, dog-friendly for customers of Paw Resort.
- Suitable for meetings and trainings for small groups (30 person).



PLAY GROUND

- Suitable for dog training and fun gatherings, with green futsal grass, with shading net.

TERMS & CONDITIONS:

Each Dog must:

- 🐾 Show Valid Vaccination records (bring copy of the records).
- 🐾 Be Free of fleas or ticks, health conditions, (no coughing) or any skin diseases.
- 🐾 Be On a leash while other dogs are around.

Dog Owner must:

- 🐾 Watch his/her dog while in Paw Resort.
- 🐾 Pick up the waste of his/her own dog, keep the area clean.
- 🐾 Park his/her car accordingly.
- 🐾 Not bring own food (no outside food).

Group bookings are Welcome:

- 🐾 For at least 10 dogs.
- 🐾 If prefer to block the entire resort, minimum charge for 20 dogs.
- 🐾 For special events, please inform at least **30 days prior to the date of event.**
 - Birthday of Community or Dog's Birthday party.
 - Outdoor or Indoor party.
 - Brand or Product launching
 - Small class seminar/course or training etc.

GROOVY PAW RESORT

Jln. Platina 1 no. 26
Gunung Sindur, Bogor

Phone : (+62251) 8614466, 8614477

Email : pawresort@groovy.co.id

OPEN:

Tuesday to Friday : 9am - 4pm
Saturday and Sunday : 8am - 4pm
Monday & Public Holiday : Closed



HOME DELIVERY

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GROOVY KEMANG

Jl. Kemang Raya No.44
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0818 986 656
kemang@groovy.co.id



GROOVY RADIO DALAM

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radiodalam@groovy.co.id



GROOVY BINTARO

Ruko Victorian Blok C5
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