



Beyond the ordinary

Journey Guide

Passage from
Dakar to Casablanca
April 29-May 8, 2026





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Passage from Dakar to Casablanca

A VALID PASSPORT IS REQUIRED

Once received on your Traveler Information form, your passport information, as well as other pertinent details will be listed on your reservation. But please ensure that you **bring your passport with you on the journey**. Your passport must be valid for six months after the end of your travels. The passport book must have sufficient space for entry and exit stamps on the Visas pages marked for that use, not including amendment and endorsement pages. Visit the [State Department](#) for details on the passport application and renewal process. Non-U.S. citizens should consult their government for passport application requirements and other necessary travel information. Please note that your passport will be collected and held securely when you board the Diana and will be returned upon disembarkation.

Please submit your [Traveler Information Form](#) at your earliest convenience.

DOCUMENT REMINDER

- Keep all travel documents, such as your passport, airline ticket or e-ticket receipt and travel vouchers with you during your flights. Do not check any valuables in your suitcases.
- Save photos on your phone of all important documents – your credit card, tickets, driver's license, passport, medical prescriptions and vaccination certificates.
- Important phone numbers including emergency numbers should be kept handy on your phone.

BEFORE YOU LEAVE HOME

- Contact your local post office to put your mail on hold. This can also be completed online at [USPS.com](#)
- Make sure your emergency contact knows what to do if we need to contact them.
- Check with your mobile phone provider for instructions on how to use your phone and data while traveling internationally. If you plan on using your phone, you may need to sign up for an international calling and data plan. WiFi calling aboard ship can only be used with the Gold WiFi plan or above.

MONEY MATTERS

- ATMs are a recommended method to acquire the local currency. Be sure to use a secure location like a bank.
- Contact your bank and credit card companies to advise them of each country you are visiting so that your charges are not denied due to suspicious activity. Please note and alert your credit card company that Swan Hellenic charges will have a Cyprus address.
- The Swan Hellenic ships accept credit and debit cards and US currency only. The reception desk does not exchange currency and there is not an ATM on board.

GRATUITIES

Gratuities to drivers and guides on group excursions and included transfers are covered in your journey cost. Additional private transfer costs do not cover a gratuity for the driver, for whom we recommend an optional 10% of your transfer cost.

Thalassa Journeys Tour Managers and Tour Directors do not expect tips from our guests. However, if you would like to reward extraordinary service, a small cash gratuity (\$5 - \$8 per day) and a warm word of thanks for a job well done would be appropriate.

Gorée Island



VISAS

Visas are required for the countries on this itinerary. Visa requirements do change frequently. Visit the [State Department](#) for country specific information. Non-U.S. Citizens should check with the appropriate consulates or embassies.

Senegal

- Senegal requires a Letter of Invitation, which you will receive from our office. You will also be asked for a copy of your flight itinerary. Please have a printed copy of these because copies on your phone are not acceptable.

Mauritania

- Visa will be obtained on board. € 70 (approximately \$82) will be charged to the guest shipboard account.
- Yellow Fever Card required. (Proof of inoculation or exemption). [Click here for more information.](#)

Canary Islands, Spain

- No Visa needed.



Health and Safety

PHYSICAL FITNESS REQUIREMENTS

If there is any doubt as to your physical fitness to travel, consult with your doctor regarding the following points:

- Some excursions involve a fair amount of standing and walking – often over rough ground and sometimes uphill. Cobblestone streets may be very slippery and uneven.
- Most of the sites we will visit are not wheelchair-accessible.
- Pharmacies and convenience stores are not conveniently available on most of your journey so please bring enough of your regular medication, including extra if there is an emergency. Also, bring any over the counter products you will need. Ask your pharmacy or physician for the name of the generic equivalent of your prescription in case you need to purchase additional medication abroad
- If you are traveling with a prescribed narcotic, we suggest that you bring a letter from your physician in case you are questioned about your medication by customs officials; some countries have strict restrictions on bringing controlled substances into the country without proper medical documentation
- Distilled water for C-Pap machines and other devices is only available upon advance request so please be sure to let our Reservations Team know as soon as possible.

Participants should be active and in good health in order to participate fully in the journey. If you need any form of assistance or are physically disabled, you must be ***accompanied by a companion who will take full responsibility for any assistance needed during the trip.*** Any disabilities, required medical apparatus, or special medical needs must be brought to our attention, in writing, prior to booking. **Thalassa Journeys reserves the right to decline anyone who fails to provide this information and whose condition, in their opinion, may affect the health and safety of our other journey participants.**

Medina of Essaouira



GENERAL HEALTH REQUIREMENTS

Although we make every effort to provide the most recent information on travelers' health recommendations, it is advisable to check with the Centers for Disease Control and Prevention (CDC) prior to your departure to learn of any changes to their recommendations.

As health situations around the world are subject to change at any time, it is strongly recommended that all participants, particularly those with chronic medical conditions or immune deficiencies, consult with their personal physicians prior to the trip to ensure that their inoculations are up-to-date and to obtain any special preventative shots.

Water

It is always advisable to drink bottled and/or filtered water when traveling overseas. Bottled water is available for passengers in the vehicles and at each meal.

Please be considerate of your fellow travelers and their health by wearing a mask and distancing yourselves if you feel ill for any reason.

The Swan Hellenic Fleet boasts fully equipped **Medical Centers** operated by VIKAND, a leading expert in Global Medical Services for the Maritime Industry. We do recommend that guests have travel insurance to cover any medical and travel eventualities. The ship's medical center does not accept insurance. Passengers are expected to pay for services at the time they are rendered and then submit them to your insurance company.

Prescription Medications

- Pharmacies and convenience stores are not available. Pack enough to last your entire trip, including some extra in case you are unexpectedly delayed.
- Carry all medications in their original labeled containers and pack them in your carry-on bag for easy access and to facilitate airport security and customs screening.
- Ask your pharmacy or physician for the name of the generic equivalent of your prescription in case you need to purchase additional medication abroad.
- If you are traveling with a prescribed narcotic, we suggest that you bring a letter from your physician in case you are questioned about your medication by customs officials; some countries have strict restrictions on bringing controlled substances into the country without proper medical documentation.
- Distilled water for C-Pap machines and other devices is only available upon advance request, so please be sure to let our Reservations Team know as soon as possible.

What to Expect: Weather and Packing

Days in Senegal, Mauritania and Nauadhibou will start in the high sixties and rise to the low 80s. Mauritania tends to be hotter with a high in the low 90's. The Canary Islands of Spain and Morocco will begin in the high 50's and warm up to around 70°.

WHAT TO PACK FOR YOUR ADVENTURE

ON BOARD

Expedition cruises are primarily concerned with what happens outside the ship, so dress codes are very relaxed. Casual clothing is expected, even in the dining room for dinner.

ASHORE

Dress in loose layers. Tour buses are secure and you will be able to leave belongings like jackets on board.



Additional Items

- Sunglasses with UV protection..
- Sun Protection: A high SPF is recommended for your face, hands and lip balm.
- Medications: both prescription and Over the Counter. Seasickness medication will also be available on board at Reception should you need it.
- Chargers for all the electronic equipment that you're bringing aboard.
- Light jacket, windbreaker or wrap for evenings on deck.
- Fitness gear for a visit to the on board gym.
- Swimsuit and cover up for the sauna or whirlpool on the ship.
- Water shoes for Zodiac travel from ship to port.



On Board

WiFi ABOARD THE SHIP

The satellite-based Free WiFi Service that is included in the price of the cruise allows access to a number of messaging apps, including WhatsApp, iMessage, Messenger, X, Facebook and Instagram, but is limited to TEXT ONLY. Access to the Internet for other purposes is available for an additional charge that can be purchased when on board.

Silver Connect: Complimentary

The Silver Connect package is included on your cruise. Enjoy access to popular apps such as WhatsApp, X, Instagram, Facebook, Messenger or iMessage, along with browsing over 60 news websites. Please note that this option does not support voice calling, audio, or video streaming services. Sending or viewing of photos on Facebook or email will not be possible with this package.

Gold Connect: \$25.00 per day per user

This package caters to all of your general web browsing, emails, and messaging needs, ensuring you stay connected effortlessly. Use this package to send and view photos. Video and music streaming services are excluded from this option.

Platinum Connect: \$37.00 per day per user

This package not only includes all the features of the Gold Connect package but also allows for audio and video streaming through your favorite providers or apps. Additionally, enjoy the added benefit of VPN access for a truly enhanced online experience.

Please note: Once a package is purchased, it must be kept valid for the remainder of your time on the ship. The plan may not be canceled mid-voyage or downgraded. You may switch access between devices on one plan, but only one device may be used at a time. Plans can be upgraded at any time.

DINING ON BOARD

The Swan Dining Room is the major venue for meals. Breakfast and lunch are buffets. Dinner is usually sit-down although there may be some exceptions including the night of embarkation. The Club Lounge has lighter buffet style offerings for breakfast and lunch and occasionally serves dinner. Afternoon tea can be found there as well. The hot beverage machine is always available and cookies are usually on offer. The Observation Lounge features a full bar. Except for a few high end alcoholic offerings, wine, beer, cocktails, soft drinks and juices are included in your fare.

SPA AND SALON

The full service spa offers massage, facials and bespoke treatments. The beauty salon has hair services such as cut, style and color. Nail care is also available. Charges for these services will appear on your bill at the end of the journey.

RELAXATION

Available for your use are an infinity pool, jacuzzi, sauna and a well equipped gym.

OTHER AMENITIES ON BOARD

The ship also has available the use of the Library, the Card Room and the Expedition Lab. The Base Camp is used when Zodiacs are needed to reach shore.

Up top, enjoy the Star Gazing Deck.

LAUNDRY

Complimentary washers and dryers are available.

Standard detergent is dispensed free of charge. The detergent has a very light scent. Fabric softener sheets are not available but you may bring your own.

Laundry service is available with per item pricing similar to those found at hotels or resorts. Dry cleaning and ironing services are not available, although there is an iron available for use in the laundry area. Guests may not bring their own irons or steamers on board.



ELECTRICAL OUTLETS

The guest staterooms on board boast both USA (110 V) and European (220V) outlets and charging ports for USB and USB-C. There are several in each stateroom (USA outlet and charging ports shown) Outlets that can be used by passengers can also be found around the ship such as in the Observation Lounge.



RESPONSIBILITY AGREEMENT

Please carefully read the following terms and conditions, which constitute the sole, legally enforceable agreements between the guest and Thalassa Journeys and the tour sponsoring organization.

Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

All information provided in this document is correct as of the time it was prepared. All information is subject to change.

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Important Checklist

- Valid passport with enough blank pages ([see page 3](#)).
- Entry requirements ([see page 5](#)).
- Check in for flight 24 hours prior and make sure your flight is not delayed before leaving home on departure day.
- Save the important numbers you will receive with your Final Documents (3-4 weeks before travel) to your phone.
- Pack your medications. ([see page 7](#)).
- Travel Insurance Policy Information, if you have one.
- Download WhatsApp for your journey group chat.

[Google PlayStore](#) or [App Store](#)

Mauritania's sand dunes

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