



COMMUNITY PROGRAMS & EVENTS

Florida Chapters

800.272.3900 | alz.org®

 **ALZHEIMER'S
ASSOCIATION**®

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WELCOME

The Alzheimer's Association, Florida Chapters, serves all 67 counties in our beautiful state. We offer education, outreach, and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families, and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention, and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand, and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to your local Community Engagement Manager to arrange a private and personalized program for your group or to invite us to your local event or health fair.

Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association, you become part of a dedicated network working to combat this devastating disease, honor loved ones, and provide care and support to those in need. Learn more at volunteer.alz.org.

Explore Various Opportunities:

- Community Educator
- Support Group Facilitator
- Community Connector
- Alzheimer's Advocate
- Brand Ambassador
- Event Committees
- And more!

LEARN MORE



Meet Our Team

Care and Support

Alexis Jacobs, JD, FCCM
Panhandle & Greater Tallahassee

Donna Lee
Greater Gainesville, Jacksonville, & Ocala

Lyndsey Taylor
Greater Orlando, Volusia & Flagler

Makeba Huntington-Symons, M.A.
Greater Tampa Bay

Jody Mathewson, BAA
Greater Polk & The Villages

Silvia Caldwell, LPN
Greater Sarasota & Sun City Center

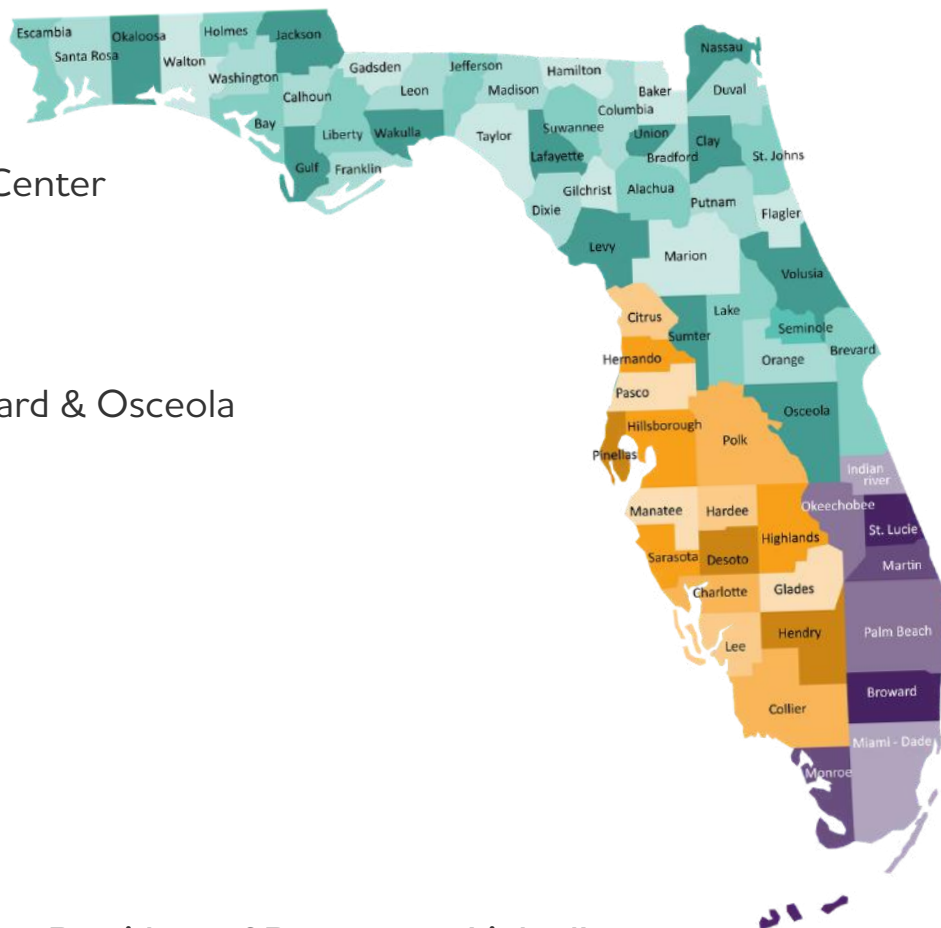
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Olivia Matute, B.S.
Palm Beach

Samrah Mitha, MPH
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Miami-Dade



Regional

Julie Shatzer, MSW, LCSW, Vice President of Programs - [LinkedIn](#)

Kasia Sherwin, MNM, Director of Grants and Data

Keith Gibson, Senior Director, Community Engagement

Stefanie Wardlow, M.A., Senior Manager, Community Engagement and Brain Bus

PROGRAMS THAT FIT YOUR LIFE

WELCOME TO ALZCONNECTED®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at alzconnected.org



24/7 HELPLINE & CARE CONSULTATIONS

The Alzheimer's Association offers a 24/7 helpline and care consultations for those affected by mild cognitive impairment, Alzheimer's disease, or other dementias. Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our knowledgeable staff is here to help with a wide range of topics. Whether you know exactly what you need or aren't sure where to start, just give us a call. We'll guide you every step of the way—free of charge.

Available several ways:

- **Phone:** Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- **Live Chat:** Access via the green button on our website, available 8 a.m. to 8 p.m. ET, Monday to Friday. alz.org/help-support.
- **Online Form:** Fill out a [form](#) for assistance, with a response within 24 hours.

MY ALZ JOURNEY®

Get empowered in your Alzheimer's journey. My ALZ Journey helps you know what to expect and plan ahead. Download the free app in the Apple App Store or Google Play Store. Learn more at alz.org/MyALZJourney.

BUILD AN ACTION PLAN WITH ALZNAVIGATOR™

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. alz.org/alznavigator



PROGRAMS THAT FIT YOUR LIFE

ON-DEMAND - EDUCATION AND TRAINING CENTER

The Alzheimer's Association Education and Training Center offers continuing education for professionals and free Alzheimer's and dementia courses for everyone. Our courses are available both in person and online, so you can transform yourself through knowledge at any time. [Learn more.](#)

ALZ TALKS VIRTUAL EVENTS

Our free ALZ Talks webinars provide education, information, news and resources on a variety of brain health, dementia and caregiving topics. Early-Stage Connections are conversations led by people living with dementia, offering connection and guidance for anyone navigating an early-stage diagnosis.

July 23, 2026, 2 p.m. CT

ALZ Talks: Newly Diagnosed? Real Talk About What Comes Next



Being diagnosed with mild cognitive impairment (MCI), Alzheimer's or another dementia can feel overwhelming. Join us for an Early-Stage Connections conversation with three people living with dementia. They will share their experiences, coping strategies, and tips for finding support and moving forward with purpose and connection.

Aug. 27, 2026, 2 p.m. CT

ALZ Talks: I've Noticed Memory Changes in Someone I Know. What Can I Do?



You may have noticed changes in someone's memory, thinking or behavior — but you're not sure what the changes mean or how to bring them up. This practical session will help family and friends recognize potential warning signs of dementia, start compassionate conversations, encourage a medical evaluation, and find trusted resources. Learn how early action can make a meaningful difference for the person you care about.

Missed a past ALZ Talks webinar? [View previous ALZ Talks webinars on the Alzheimer's Association YouTube channel.](#)



PROGRAMS THAT FIT YOUR LIFE

LIVE LEARNING

To learn more about these events, visit alz.org/livelearning. Note: registration for some classes opens closer to the date.

The 10 Warning Signs of Alzheimer's

Learn to recognize common warning signs of Alzheimer's, how to address memory concerns, and the benefits of early detection, diagnosis, and available resources.

- September 17, 2 p.m. ET - [Register Now](#)
- October 28, 2 p.m. ET - [Register Now](#)

Building Brain-Healthy Habits

Discover simple, everyday habits to support brain health, reduce risk of cognitive decline, and build your personal brain-healthy action plan.

- September 8, 12 p.m. ET - [Register Now](#)
- September 26, 10 a.m. ET - [Register Now](#)
- September 29, 7 p.m. ET - [Register Now](#)

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors (a two-part series)

Learn how dementia affects communication and behavior, understand common triggers, and discover person-centered strategies to respond effectively and connect at every stage. Register for both or one part of this series.

- October 1, 7 p.m. ET ([Communicating Effectively](#))
- October 14, 7 p.m. ET ([Responding to Dementia-Related Behaviors](#))
- November 10, 12 p.m. ET ([Responding to Dementia-Related Behaviors](#))
- December 8, 12 p.m. ET ([Communicating Effectively](#))

Managing Money: A Caregiver's Guide to Finances

Learn practical tips for managing finances, planning for future care costs, and the benefits of early financial planning.

- August 25, 5 p.m. ET - [Register Now](#)
- October 13, 12 p.m. ET - [Register Now](#)

PROGRAMS THAT FIT YOUR LIFE

New Advances in Alzheimer's Treatment

Learn about the latest Alzheimer's treatments, how they work, who may benefit, and what's currently available.

- September 2, 7 p.m. ET - [Register Now](#)
- December 8, 7 p.m. ET - [Register Now](#)

Understanding Alzheimer's and Dementia

Learn the basics of Alzheimer's, how it differs from dementia, its impact, risk factors, and available resources.

- August 4, 7 p.m. ET - [Register Now](#)
- August 11, 12 p.m. ET - [Register Now](#)
- November 10, 5 p.m. ET - [Register Now](#)

EVENTOS DE LIVE LEARNING DISPONIBLES EN ESPAÑOL

Más información en alz.org/livelearning. Nota: la inscripción de algunas clases se abre más cerca de la fecha.

10 señales de advertencia

El Alzheimer y otras demencias causan cambios en la memoria, la cognición y el comportamiento que interfieren con la vida diaria. Aprenda sobre señales de advertencia comunes del Alzheimer y cuáles síntomas buscar en usted mismo y en los demás, igual que consejos para tratar a alguien que experimenta cambios en la memoria, el beneficio de la detección y el diagnóstico temprano y más.

- July 31, 7 p.m. ET - [Register Now](#)

Entender el Alzheimer y la Demencia

La enfermedad de Alzheimer no es parte normal del envejecimiento. Únase a nosotros para conocer el impacto del Alzheimer; la diferencia entre la enfermedad de Alzheimer y la demencia; las etapas y los factores de riesgo; las investigaciones y los tratamientos actuales disponibles para algunos síntomas; así como los recursos de la Alzheimer's Association.

- August 20, 7 p.m. ET - [Register Now](#)

PROGRAMS THAT FIT YOUR LIFE

VIRTUAL SUPPORT GROUPS

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective, and provide you with the support and encouragement necessary to move beyond your diagnosis.

Caregiver Support Groups

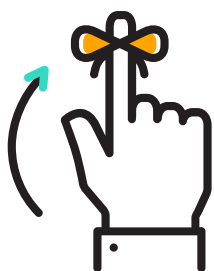
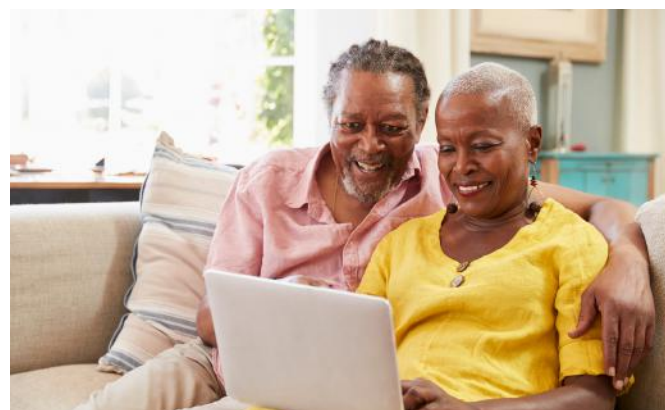
- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 7 p.m. ET
- 3rd Tuesday, 1:30 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Thursday, 1 p.m. ET
- 4th Saturday, 3:30 p.m. ET

Caregiver Support Group in Spanish

- 1st Thursday, 12:30 p.m. ET

Early Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET



Call the 24/7 Helpline at
800.272.3900 for
instructions on how to log
into the virtual meeting.

BRAIN HEALTH AND AWARENESS

BRAIN HEALTH AT WORK™

Brain Health At Work is a no-cost program that helps employers create brain-healthy workplaces, reduce employee risk of cognitive decline and support employees who are caregivers. The program provides education, tools and recognition for employers who create brain-healthy workplaces.

Brain Health At Work helps employers:

- Create brain-healthy workplaces
- Reduce employee risk of cognitive decline
- Support employees who are caregivers



BRAIN HEALTH BY THE NUMBERS:



Over two-thirds of U.S. adults have at least one risk factor for cognitive decline.¹

74%

believe that people can improve their brain health.²

86%

are interested in learning more about improving their brain health.²

RISK REDUCTION FOR ALL

Evidence shows that addressing specific modifiable risk factors and promoting healthy behaviors can improve brain health.

PROTECT HEALTHY BRAINS AT WORK

Building brain-healthy habits helps employees live better now and protects their memory and thinking for the future.

START YOUR BRAIN HEALTH AT WORK JOURNEY TODAY

Step 1

Complete the Organization Assessment



See how your organization supports brain health today and compare your score with other organizations.

Step 2

Access a Tailored Resource Toolkit



Use the provided communication tips and templates to share brain health and caregiver resources with your employees.

Step 3

Celebrate Your Recognition



Use the recognition toolkit to showcase your organization's commitment to creating a brain-healthy workplace.

Step 4

Continue Your Commitment



Retake the assessment each year to track progress and plan improvements to employee brain health offerings and caregiver support.

Learn more at alz.org/BrainHealthAtWork

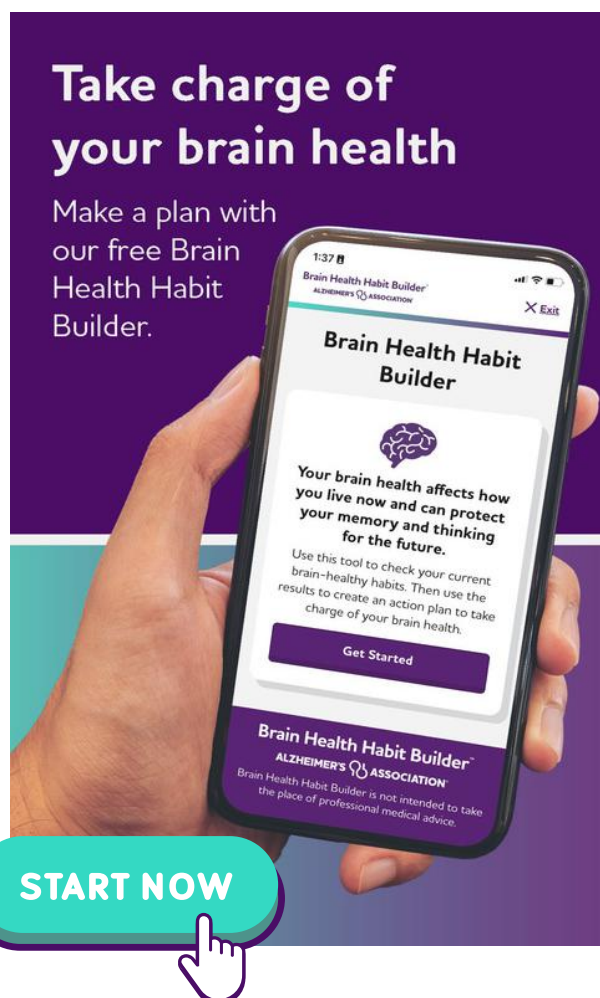
BRAIN HEALTH AND AWARENESS

Brain Health Habit Builder™

The Brain Health Habit Builder offers a quick, engaging experience that takes about three to five minutes. It encourages users to reflect on their lifestyle habits and commit to small but meaningful changes. Users can download, print and share their plan and choose which habits to prioritize. The tool is optimized for both desktop and mobile use.

What you can do with the Brain Health Habit Builder

- Learn the basics of brain health and how everyday actions and lifestyle changes can make an impact.
- Check your current habits and build an action plan to take charge of your brain health.
- Get research-backed guidance to help you make lasting changes and keep your brain healthy.



BRAIN HEALTH AND AWARENESS

BRAIN BUS



Rob Harris
Community Engagement Manager

The Brain Bus raises awareness of Alzheimer's and related dementias and addresses the benefits of early detection, early diagnosis, brain health and risk reduction. With two mobile units and virtual offerings the Brain Bus program reaches all counties throughout Florida. See each county for a full schedule of stops.



The Brain Bus is sponsored in part by State of Florida Department of Elder Affairs and the Area Agency on Aging For Southwest Florida.

PANHANDLE & GREATER TALLAHASSEE

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Okaloosa, Santa Rosa, Taylor, Wakulla, Walton & Washington Counties



Alexis Jacobs, JD, FCCM

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

COMMUNITY EDUCATION & OUTREACH

Bay County

Brain Bus Stop at First Baptist Church Panama City

Thursday, October 8, 9:30 a.m. CT

First Baptist Church Panama City, 640 Grace Ave., Panama City 32401

Calhoun County

Brain Bus Stop at Calhoun County Old High School Gymnasium

Friday, August 7, 4 p.m. CT

Calhoun Old High School Gymnasium, 17586 Main St. N., Blountstown 32424

Escambia County

Brain Bus Stop at Zion Hope Primitive Baptist Church

Saturday, August 29, 10 a.m. CST

Zion Hope Primitive Baptist Church, 201 W Leonard St., Pensacola 32501

Brain Bus Stop at Olive Baptist Church:

Saturday, October 10, 10 a.m. CST

Olive Baptist Church, Olive Baptist Church, 1836 E Olive Rd., Pensacola 32514

Gadsden County

Brain Bus Stop at Taking Charge: Your Health & Wellness Matters Expo

Saturday, October 17, 9 a.m.

Gadsden County Courthouse, 10 E. Jefferson St., Quincy 32351



Gulf County

Brain Bus Stop at Gulf Coast Senior Citizens Association

Wednesday, August 5, 10:30 a.m.

Gulf Coast Senior Citizens Association, 120 Library Drive Port St., 32456

Leon County

Brain Bus Stop at Big Bend Hospice

Saturday, September 19, 10 a.m.

'Big Bend Hospice, 1723 Mahan Center Boulevard, Tallahassee 32308

New Advances in Alzheimer's Treatments

Thursday, August 13, 10 a.m.

St. Paul's Church, 1700 N. Meridan Rd., Room 327, Tallahassee 32303

Health Fair

Saturday, August 22, 8 a.m.

FAMU Center, 6361 Mahan Dr #6201, Tallahassee 32308

New Advances in Alzheimer's Treatments

Friday, August 28, 10 a.m.

Westminster Oaks, 4449 Meandering Way, Tallahassee 32308

Impact of Alzheimer's in the Community

Tuesday, November 17, 7 p.m. CST

Psychology Dept Bldg, 1107 W Call St Suite B117, Tallahassee 32304

Understanding Alzheimer's and Dementia

Sunday, February 8, 7 p.m. CST

Psychology Dept Bldg, 1107 W Call St Suite B117, Tallahassee 32304

Okaloosa County

Impact of Alzheimer's in the Community

Friday, August 21, 11 a.m.

Niceville Community Center, 204 Partin Drive, Niceville 32578

Impact of Alzheimer's in the Community

Thursday, July 30, 2 p.m.

Cornerstone Caregiving, 4592 E Hwy 20, Niceville 32578



Santa Rosa County

Brain Bus Stop at Clyde L. Gracey Community Center

Friday, September 18, 8 a.m.

Clyde L. Gracey Community Center, 5629 Byrom Street, Milton 32570

Taylor County

Brain Bus Stop at Doctor's Memorial Hospital

Friday, September 18, 10 a.m.

Doctor's Memorial Hospital, 333 N. Byron Butler Pkwy., Perry 32347

Walton County

10 Warning Signs of Alzheimer's

Tuesday, July 28, 10 a.m.

United Methodist Church, 1290 N Co Hwy 395., Santa Rosa Beach 32459

The Impact of Alzheimer's and Dementia in the Community

Friday, August 7, 12:30 p.m.

Coastal Branch Library, 437 Greenway Trail, Santa Rosa Beach, 32459

The Impact of Alzheimer's and Dementia in the Community

Wednesday, October 7, 12 p.m.

Life Enrichment Center, 312 College Ave., DeFuniak Springs 32435

CAREGIVER SUPPORT GROUPS

Leon County

3rd Monday at 2 p.m.

The Grove at Canopy, 2601 Crestline Rd., Tallahassee 32308

Okaloosa County

1st Wednesday at 2 p.m. CST

Niceville Senior Center, 201 Campbell Dr., Niceville 32578

2nd Wednesday at 2 p.m. CST

Crestview Senior Activity Center, 205 Stillwell Blvd., Crestview 32539

Santa Rosa County

3rd Wednesday at 6 p.m.

Navarre Gardens, 2640 Hwy 87 S., Navarre 32566



GREATER GAINESVILLE, JACKSONVILLE & OCALA

Alachua, Baker, Bradford, Citrus, Clay, Columbia, Dixie, Duval, Gilchrist, Hernando, Levy, Madison, Marion, Nassau, Putnam, St. Johns, Suwannee & Union Counties



Donna Lee

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

- Jacksonville Sheriff's Academy

COMMUNITY EDUCATION & OUTREACH

Alachua County

Brain Bus Stop at Celebration Pointe

Saturday, August 8, 8 a.m.

Celebration Pointe, 4870 Celebration Pointe Ave., Gainesville 32608

Brain Bus Stop at Mt. Moriah Missionary Baptist Church

Sunday, August 9, 12 p.m.

Mt. Moriah Missionary Baptist Church, 718 SE 11th St., Gainesville 32601

Brain Bus Stop at Palms Medical Center- Starke

Saturday, August 29, 8 a.m.

Palms Medical Group, 16916 NW US Highway 441, High Springs 32643

Brain Bus Stop at Gainesville Seventh Day Adventist Christian Church

Sunday, October 4, 1 p.m.

Seventh Day Christian Church, 2115 NW 39th Ave., Gainesville 32605

Brain Bus Stop at Lubee Bat Conservatory

Saturday, October 24, 10 a.m.

Lubee Bat Conservatory, 1309 NW 192nd Ave., Gainesville 32609



Bradford County

Brain Bus Stop at Palms Medical Center- Starke

Friday, August 28, 8 a.m.

Palms Medical Group- Williston, 630 North Main Street, Williston 32696

Columbia County

Brain Bus Stop at Palms Medical Group- Lake City East

Monday, August 24, 8 a.m.

Palms Medical Group- Lake City East 173 NW. Albritton Ln., Lake City 32055

Brain Bus Stop at Palms Medical Group- Lake City West

Monday, August 24, 1 p.m.

Palms Medical Group-Lake City West, 4784 W. US Highway 90, Lake City 32055

Brain Bus Stop at American Legion Post 57

Saturday, August 29, 9 a.m.

Palms Medical Group, 16916 NW US Highway 441, High Springs 32643

Clay County

Brain Bus Stop at Palms Medical Group- Fleming Island

Friday, August 28, 1 p.m.

Palms Medical Group, 2349 Village Square Pkwy Ste. 110 & 111, Fleming Island

Duval County

Brain Bus Stop at Jax Hispanic Church

Saturday, September 12, 10 a.m.

Jax Hispanic Church, 1016 Girvin Rd., Jacksonville 32225

Health Fair

Saturday, October 3, 10 a.m.

Jax Hispanic Church, 1016 Girvin Rd., Jacksonville 32225

Brain Bus Stop at Gainesville Senior Recreation Center

Saturday, April 17, 10 a.m.

Gainesville Senior Recreation Center, 5701 NW 34th Blvd., Gainesville 32653



Brain Bus Stop at Homeless Veteran Stand Down

Saturday, January 30, 8 a.m.

Homeless Veteran Stand Down 5000 North Main St. Jacksonville, FL 32206

Gilchrist County

Brain Bus Stop at Palms Medical Group- Bell

Wednesday, August 26, 8 a.m.

Palms Medical Group, 1830 North Main S., Bell 32619

Brain Bus Stop at Palms Medical Center- Trenton

Wednesday, August 26, 1 p.m.

Palms Medical Center- Trenton 911 South Main Street, Trenton 32693

Levy County

Brain Bus Stop at Palms Medical Center- Williston

Thursday, August 27, 8 a.m.

'Palms Medical Group- Williston 630 North Main St., Williston 32696

Brain Bus Stop at Palms Medical Group- Chiefland

Thursday, August 27, 1 p.m.

Palms Medical Group- Chiefland, 410 North Main Street, Chiefland 32626

Marion County

Health Fair

Monday, July 27, 10 a.m.

Marion County Public Library, 2720 E Silver Springs Blvd, Ocala 34470

Brain Bus Stop at Trinity Villas

Wednesday, September 2, 10 a.m.

Trinity Villas, 3728 NE 8th Pl., Ocala 34470

Health Fair

Monday, September 21, 10 a.m.

Timber Ridge Health and Rehab, 9848 SW 110th St., Ocala 34481



Nassau County

Brain Bus Stop at Yulee Middle School

Saturday, August 22, 10 a.m.

Yulee Middle School, 85439 Miner Rd., Yulee 32097

Suwannee County

Awareness Presentation

Tuesday, August 18, 3:30 p.m.

Suwannee Health Department, 915 Nobles Ferry Rd., Live Oak 32064

Brain Bus Stop at Palms Medical Center- Live Oak

Tuesday, August 25, 8 a.m.

Palms Medical Center, 211 Ranchera St., Live Oak 32064

Brain Bus Stop at Palms Medical Group- Branford

Tuesday, August 25, 1 p.m.

Palms Medical Group, 103 SW US Highway 27, Branford 32008

Brainn Bus Stop at Advent Christian Village

Thursday, September 10, 9 a.m.

Advent Christian Village, 10680 Dowling Park Dr., Live Oak 32060

CAREGIVER SUPPORT GROUPS

Alachua County

2nd Friday, Noon

Senior Healthcare Center at Crown Pointe, 2205 NW 40th Terr., Gainesville

Duval County

2nd Wednesday, 3:30 p.m.

River Garden Hebrew Home, 11401 Old, St. Augustine Rd., Jacksonville 32258

2nd Wednesday, 6 p.m.

Palms Presbyterian Church, 3410 3rd St. South, Jacksonville Beach 32250

2nd Thursday, 1:30 p.m.

LPL Financial, LLC, 6 S Main St., Chiefland 32626



Marion County

3rd Friday 2:30 p.m.

Ocala VA Clinic, 4826 SW 49th Rd., Ocala 34474

St. Johns County

2nd & 4th Thursdays, 10 a.m.

Homeport Christian Church, 5605 US 1 South, St. Augustine 32086



GREATER ORLANDO, FLAGLER & VOLUSIA

Flagler, Orange, Seminole & Volusia Counties



Lyndsey Taylor

Senior Manager Community Engagement

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

COMMUNITY EDUCATION & OUTREACH

Seminole County

The Empowered Caregiver: Building Foundations of Caregiving & Supporting Independence

Monday, August 10, 4 p.m.

One Senior Place, 715 Douglas Ave., Altamonte Springs 32714

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors

Monday, September 14, 4 p.m.

One Senior Place, 715 Douglas Ave., Altamonte Springs 32714

Volusia County

Brain Bus Stop at Port Orange Regional Library Community Health Fair

Tuesday, October 6, 10:30 a.m.

Port Orange Regional Library, 1005 City Center Cir., Port Orange FL 32129

CAREGIVER SUPPORT GROUPS

Flagler County

2nd Monday, 11 a.m.

Market Street Assisted Living, 2 Corporate Dr., Palm Coast 32137



2nd and 4th Monday, 3:30 p.m.

St. Elizabeth Ann Seton Catholic Church, 4600 Belle Terre Pkwy., Palm Coast

Orange County

1st Monday, 7 p.m.

Forest Lake Seventh Day Adventist Church, 515 Harley Lester Ln., Apopka 32703

1st Wednesday, 6 p.m.

Neurology One, 92 N. Dean Rd., Suite 100, Orlando 32825

*Bilingual/Spanish Caregiver Support Group

2nd Monday, 4 p.m.

One Senior Place- Greater Orlando, 715 Douglas Ave., Altamonte Springs 32714

1st Thursday, 6 p.m.

Spring Hills Lake Mary, 3655 W Lake Mary Blvd., Lake Mary 32746

3rd Thursday, 3 p.m.

The Mayflower, 1850 Mayflower Ct., Winter Park 32792

Volusia County

1st Tuesday, 12 p.m.

Brookdale Deland, 1210 N. Stone St., Deland 32720

1st Friday, 10:30 a.m.

Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd., Port Orange

3rd Tuesday at 10:30 a.m.

Aberdeen, 50 Allwood Green Blvd., Ormond Beach 32174

3rd Wednesday, 6 p.m.

The Blake @ LPGA, 1635 N Williamson Blvd., Daytona Beach 32117





GREATER POLK & THE VILLAGES

Hardee, Highlands, Lake, Polk & Sumter Counties



Jody Mathewson, BAA
Senior Manager, Community Engagement
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For virtual programs see table of contents.

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- Chapters Health System

COMMUNITY EDUCATION & OUTREACH

Hardee County

Brain Bus Stop at Hardee County Civic Center

Saturday, August 1, 1 p.m.

Hardee County Civic Center, 515 Civic Center Dr., Wauchula 33873

Highlands County

Impact of Alzheimer's in the Community

Thursday, October 15, 10 a.m.

Avon Park Library, 100 N Museum Ave., Avon Park 33825

Impact of Alzheimer's in the Community

Tuesday, October 20, 2 p.m.

Seniors and Law Enforcement Expo, 4514 Hammock Rd, Sebring 33872

10 Warning Signs of Alzheimer's

Sunday, December 6, 10 a.m.

Change of Pace, 4514 Hammock Rd., Sebring 33872



Polk County

Health Fair

Tuesday, July 28, 4 p.m.

Polk State College, 3425 Winter Lake Road, Lakeland 33803

Health Fair

Friday, July 31, 1 p.m.

Spring Haven 1225 Havendale Blvd NW, Winter Haven, FL 33881

Brain Bus Stop at RidgePoint Church

Saturday, August 1, 10 a.m.

RidgePoint Church, 100 Hartfield Rd., Winter Haven 33880

Brain Bus Stop at Rhema Word of Faith North

Tuesday, August 11, 10 a.m.

Rhema Word of Faith North, 1507 Powhatan Court., Lakeland 33803

Awareness Presentation

Tuesday, September 15, 10:30 a.m.

Winter Haven Senior Center, 250 S Lake Silver Dr., Winter Haven 33881

Health Fair

Saturday, October 31, 10 a.m.

'Peaceful Believers Church, 510 S Charleston Ave., Fort Meade 33841

Health Fair

Saturday, January 23, 9 a.m.

St John's Church, 1800 Cypress Gardens Blvd., Winter Haven 33881

Brain Bus Stop at Frostproof Rainbow RV Park

Wednesday, February 3, 10 a.m.

Frostproof Rainbow RV Park 700 County Rd. 630A, Frostproof, FL 33843

Brain Bus Stop at Mulberry Public Library

Wednesday, February 10, 10 a.m.

Mulberry Public Library, 905 NE 5th St., Mulberry 33860



Health Fair

Friday, March 12, 12 p.m.

'First Presbyterian Church, 175 Lake Hollingsworth Dr., Lakeland 33801

Health Fair

Friday, April 23, 8 a.m.

Rath Senior Summit, 175 Lake Hollingsworth Dr., Lakeland 33801

Sumter County

10 Warning Signs of Alzheimer's

Monday, July 27, 3 p.m.

Colony Care Center, 280 Farner Pl., The Villages 32163

Brain Bus Stop at Dementia Resource Expo

Friday, November 6, 10 a.m.

Wildwood Community Center, 6500 Powell Rd., Wildwood 34785

MCI/EARLY STAGE/YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

Sumter County

1st Friday, 10 a.m.

Charter Research, 1025 Lake Sumter Landing, The Villages, 32162

CAREGIVER SUPPORT GROUPS

Lake County

3rd Wednesday, 1:30 p.m.

Waterman Village, 445 Waterman Ave., Mt. Dora 32757

Polk County

1st Thursday, 11 a.m.

Methodist Temple, 2700 South Florida Ave., Lakeland 33803

2nd Tuesday, 12 p.m.

Hawthorne Inn, 6150 Lakeland Highlands Rd., Lakeland 33813

*lunch provided

3rd Monday, 11 a.m.

Schalamar Creek Clubhouse Garden Room, 4500 US-92, Lakeland 33801



3rd Tuesday, 1:30 p.m.
3601 Cypress Gardens Rd., Winter Haven 33884

4th Thursday, 9:30 a.m.
Solivita Baltic Room, 395 Village Dr., Kissimmee 34759



GREATER TAMPA BAY

Hillsborough, Pinellas & Pasco Counties



Makeba Huntington-Symons, M.A.

Senior Community Engagement Manager

727.220.4446 | mahuntingtonsymons@alz.org

For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Rasmussen University- Central Pasco

COMMUNITY EDUCATION & OUTREACH

Hillsborough County

Brain Bus Stop at Seminole Hard Rock Hotel & Casino Tampa

Tuesday, August 11, 10 a.m.

Seminole Hard Rock Hotel, 5223 Orient Rd., Tampa 33610

Understanding Alzheimer's and Dementia

Thursday, August 13, 10 a.m.

Kings Point Center 1525 Rickenbacker Dr, #101 Sun City Center 33573

10 Warning Signs of Alzheimer's

Tuesday, September 1, 10 a.m.

Kings Point Center 1525 Rickenbacker Dr, #101 Sun City Center 33573

Brain Bus Stop at Omar K. Lightfoot Recreation Center

Friday, September 18, 9 a.m.

Omar K. Lightfoot Recreation Center, 10901 N. 56th St., Temple Terrace 33617

Building Brain-Healthy Habits

Tuesday, October 13, 10 a.m.

Kings Point Center 1525 Rickenbacker Dr. #101, Sun City Center 33573



Pinellas County

Brain Bus Stop at Sanderlin Neighborhood Center

Thursday, July 23, 5 p.m.

Sanderlin Neighborhood Center 2335 22nd Ave. S., St Petersburg 33712

Brain Bus Stop at Sunset Palms 55+ Community

Thursday, November 19, 9 a.m.

Sunset Palms 55+ Community, 3401 Gandy Blvd., Pinellas Park 33781

Brain Bus Stop at On Top of the World

Saturday, January 16, 10 a.m.

On Top of the World, 2069 World Parkway Blvd., East Clearwater 33763

CAREGIVER SUPPORT GROUPS

Hillsborough County

2nd Tuesday, 12 p.m.

Hyde Park Methodist, 500 W. Platt St., Tampa 33606. RSVP required.

(Hybrid, in-person and virtual via Zoom)

3rd Tuesday, 6:30 p.m. & 4th Wednesday at 2 p.m.

Ambiance of Brandon, 1320 Oakfield Dr., Brandon 33511. RSVP required.

(Hybrid, in-person and virtual via Zoom)

3rd Wednesday, 12 p.m.

St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

1st Thursday, 3 p.m.

Phyllis Busansky Adult Day Center, 4102 West Spruce St., Tampa 33607

1st Thursday, 6 p.m.

Arden Courts of Largo, 300 Highland Ave., Largo 33770

2nd Thursday, 1 p.m.

St. Andrew Presbyterian Church 1239 Del Webb Blvd, Rm 1, Sun City Center

2nd Thursday, 3 p.m.

Plant City Adult Day Center, 1205 S. Waller St., Plant City 33566



3rd Thursday at 3 p.m.
Wimauma Adult Day Center, 16621 Lagoon Shore Blvd., Wimauma 33598
*Respite available

4th Monday 1 p.m.
St. Andrew Presbyterian Church, 1239 W Del Webb Blvd., Rm 2, Sun City Center

4th Tuesday 10:00 a.m.
Bayshore Presbyterian Church, 2515 Bayshore Blvd., Com. Room, Tampa 33629

4th Thursday at 2 p.m.
Bloomingdale Adult Day Center, 3940 Canoga Park Dr., Brandon 33511

Pasco County

1st Thursday, 10 a.m.
Land O' Lakes Public Library, 2818 Collier Pkwy., Land O' Lakes 34639

2nd Tuesday, 6 p.m.
Regency Park Library, 9701 Little Rd., New Port Richey 34654

2nd Thursday, 1 p.m.
New Port Richey Public Library, 5939 Main St., New Port Richey 34652

2nd Wednesday, 3 p.m.
Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542

Pinellas County

Every Monday, 9:30 a.m.
Unity of Palm Harbor, 1960 Tampa Rd., Palm Harbor 34683

1st Thursday, 6 p.m.
Arden Courts of Largo, 300 Highland Ave., Largo 33770

1st and 3rd Monday, 1 p.m.
Madonna Ptak Memory Disorders Clinic, 430 Morton Plant St., Ste. 401, Clearwater

Every Wednesday, 10 a.m.
Hale Activity Ctr. Dunedin, 330 Douglas Ave., Dunedin 34698



1st, 2nd, & 3rd Thursday, 2 p.m.

St. Anthony's Memory Disorders Center, Professional Office Building
1201 5th Ave., N., Suite 309, St. Petersburg 33705

2nd Tuesday, 9:30 a.m.

Largo Public Library, 120 Central Park Dr., Largo 33771

2nd Tuesday, 10 a.m.

Arden Courts of Palm Harbor, 2895 Tampa Rd., Palm Harbor 34684

2nd Tuesday, 6:30 p.m.

The Karol Hotel Crown Boardroom, 2675 Ulmerton Rd., Clearwater 33762

2nd Wednesday, 12:15 p.m.

East Lake Public Library, 4125 E. Lake Road S., Palm Harbor 34685

3rd Tuesday, 11 a.m.

Tarpon Springs Library, 138 E Lemon St, Tarpon Springs 34689

3rd Wednesday, 6 p.m.

TLC Adult Day Care & Recreation Center, 3970 Tampa Rd., Unit J., Oldsmar

4th Thursday 10 a.m.

Craft Kafe Downtown 200 Central Ave., St. Petersburg 33701

4th Thursday 10 a.m.

The Plaza at The Palms of Largo, 385 Alt Keene Rd., Largo 33771





GREATER SARASOTA & SUN CITY CENTER

Desoto, Manatee & Sarasota Counties



Silvia Caldwell, LPN

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

COMMUNITY EDUCATION & OUTREACH

DeSoto County

Brain Bus Stop at DeSoto County Sheriff's Office

Tuesday, August 7, 10 a.m.

DeSoto County Sheriff's Office, 208 East Cypress St., Arcadia 34266

Brain Bus Stop at Arcadia Housing Authority

Friday, February 5, 10 a.m.

Arcadia Housing Authority, 7 Booker T. Washington Road, Arcadia 34266

Manatee County

10 Warning Signs of Alzheimer's

Thursday, August 27, 6:30 p.m.

Esplanade at Artisan Lakes, 10730 Inglenook Terrace, Palmetto 34221

Sarasota County

Building Brain-Healthy Habits

Tuesday, September 29, 2 p.m.

Glenridge on Palmer Ranch, 7333 Scotland Way, Sarasota 34238

Brain Bus Stop at Booker High School gym

Saturday, November 7, 10 a.m.

Booker High School Gym, 3201 N. Orange Ave., Sarasota 34234



Building Brain-Healthy Habits

Saturday, February 20, 9 a.m.

The Bay 1055 Blvd of the Arts, Sarasota 34236

MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

REGISTRATION REQUIRED, PLEASE CALL 800.272.3900.

Sarasota County

2nd & 4th Friday, 10 a.m.

Senior Friendship Centers, 1820 Brother Geenen Way, Sarasota 34236

CAREGIVER SUPPORT GROUPS

Manatee County

1st & 3rd Wednesday, 10 a.m.

Emmanuel Baptist Church, 8305 US-301, Parrish 34219

1st Thursday at 10 a.m.

Westminster Bradenton at The Manor, 1700 21st Ave. W., Bradenton 34205

2nd Tuesday at 5 p.m.

Bradenton Research Center, 3924 9th Ave. W., Bradenton 34205

2nd & 4th Thursday, 10 a.m.

Elan Manatee, 7375 Stone River Rd., Bradenton 34203

Sarasota County

Every Monday at 10 a.m.

Church of Palms, 3224 Bee Ridge Rd., Sarasota 34239

1st Tuesday, 11:30 a.m.

Frances T. Bourne Jacaranda Library, 4143 Woodmere Park Blvd., Venice 34293

3rd Wednesday, 10 a.m.

San Pedro Catholic Church, 14380 Tamiami Trl., North Port 34287

Every Thursday at 4 p.m.

Church of Palms, 3224 Bee Ridge Rd., Sarasota 34239





SOUTHWEST FLORIDA

Charlotte, Collier, Glades, Hendry, Lee & Monroe Counties



Lisa L. Kiddon

Community Engagement Manager

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For virtual programs see table of contents.

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COMMUNITY EDUCATION & OUTREACH

Collier County

Health Fair

Friday, October 23, 11 a.m.

Naples Concierge Health, 700 2nd Ave., N., Naples 34102

Brain Bus Stop at The 2026 Big Bus Event

Saturday, November 7, 8 a.m.

The 2026 Big Bus Event, 419 N. First St., Immokalee 34142

Awareness Presentation

Friday, February 5, 9 a.m.

Baker Senior Center, 201 8th St S., Naples 34119

Charlotte County

Health Fair

Monday, September 21, 9 a.m.

Family Services Center, 21500 Gibraltar Dr., Port Charlotte 33952

Lee County

Awareness Presentation

Thursday, August 6, 1 p.m.

Heart, Body, & Mind, 12670 World Plaza Ln., Bldg. 62 Ste. 2, Fort Myers 33907



Health Fair

Wednesday, August 19, 11 a.m.

Fountain Crest Retirement Community, 1230 Taylor Ln., Lehigh Acres 33936

Health Fair

Thursday, October 22, 9 a.m.

Community Heroes, 4544 Coronado Pkwy., Cape Coral 33904

Brain Bus Stop at Sanibel Recreation Center

Thursday, November 5, 10 a.m.

Sanibel Recreation Center, 3880 Sanibel Captiva Rd., Sanibel Island 33957

Brain Bus Stop at Lee Health - Healthy Live Center

Thursday, November 12, 10 a.m.

Lee Health - Healthy Live Center, 23450 Via Coconut Pt., Estero 33928

Monroe County

Healthy Mind, Healthy Life: Community Wellness Event

Tuesday, September 15, 1 p.m.

JOY Center, 53 High Point Rd., Tavernier 33070

CAREGIVER SUPPORT GROUPS

Charlotte County

1st Tuesday, 5:15 p.m.

Hatchery, 42881 Lake Babcock Dr., Suite 200, Babcock Ranch 33908

2nd Monday, 5:15 p.m.

ActivAge at Chelsea Place, 3626 Tamiami Trl., Port Charlotte 33952

2nd Tuesday, 4 p.m.

Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda 33950

Lee County

1st Tuesday at 10 a.m.

Cypress Cove, 10200 Cypress Cove Dr., Fort Myers 33908

2nd Wednesday at 1 p.m. and 4th Friday at 10 a.m.

Good Shepherd United Methodist Church, 2951 Trail Dairy Cir., North Fort Myers



2nd Thursday at 10 a.m.

The Terraces at Bonita Springs, 26455 S. Tamiami Trl., Bonita Springs 34134

3rd Tuesday at 10 a.m.

Gulf Coast Village 1333 Santa Barbara Blvd., 4th Floor Craft Room, Cape Coral

3rd Thursday at 10 a.m.

Lee Healthy Life Center, Coconut Point, 23450 Via Coconut Pt., Estero 33928



GREATER TREASURE COAST, BREVARD & OSCEOLA

Brevard, Indian River, Martin, Okeechobee, Osceola & St. Lucie
Counties



Evelyn Espinal, BBA

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- Brevard County Government

COMMUNITY EDUCATION & OUTREACH

Brevard County

Health Fair

Saturday, July 25, 2026

Brevard Schools Foundation, 1225 Clearlake Rd., Cocoa 32922

Martin County

Health Fair

Saturday, August 8, 10 a.m.

Civic Center, 15675 SW Osceola St, Indiantown 34956

Brain Bus Stop at Fit Fest

Saturday, April 3, 10 a.m.

Guy Davis Park 724 SE 10th St., Stuart 34994

Okeechobee County

Brain Bus Stop at Our Village Back to School

Saturday, August 1, 8 a.m.

Osceola Middle School 825 SW 28th St., Okeechobee 34974



St. Lucie County

Brain Bus Stop at Life Development Christian Center

Tuesday, July 28, 10 a.m.

Life Development Christian Center, 862 SW Glenview Ct., Port St Lucie 34953

Brain Bus Stop at Havert L. Fenn Center

Saturday, August 1, 8:30 a.m.

Havert L. Fenn Center, 2000 Virginia Ave., Fort Pierce 34982

Brain Bus Stop at Friendship Missionary Baptist Church

Friday, October 2, 10 a.m.

Friendship Missionary Baptist Church, 1306 Ave. E., Fort Pierce 34950

Health Fair

Tuesday, October 20, 10 a.m.

Golden Ponds Community, 1800 Golden Ponds Dr., Fort Pierce 34945

Brain Bus Stop at Legacy High School

Tuesday, November 3, 8 a.m.

Legacy High School, 14505 Crosstown Pkwy., Port St. Lucie 34987

CAREGIVER SUPPORT GROUPS

Brevard County

2nd and 4th Tuesday, 10:30 a.m.

Rockledge Presbyterian Church, 921 Rockledge Dr., Rockledge 32955

St. Lucie County

2nd & 4th Tuesday at 10:30 a.m.

Harbor Place, 3700 SE Jennings Rd., Port St. Lucie, 34952

2nd Thursday, 10 a.m.

Golden Ponds Home Community, 1800 Golden Ponds Dr., Fort Pierce 34945







Olivia Matute, B.S.

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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COMMUNITY EDUCATION & OUTREACH

Brain Bus Stop at Royal Palm Beach Recreation Center

Friday, September 18, 10 a.m.

Recreation Center, 100 Sweet Bay Lane., Royal Palm Beach 33411

Brain Bus Stop at Boca Raton Marriott

Sunday, October 25, 8:30 a.m.

Boca Raton Marriott, 5150 Town Center Cir., Boca Raton 33486

MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

1st Thursday 1:30 p.m.

Palm Beach Neurology Premiere Research Institute, West Palm Beach 33407

2nd Wednesday, 2 p.m.

Brain Matters Research, Delray Beach 33445

2nd Wednesday, 4 p.m.

JEM Research Institute, Lake Worth 33462



CAREGIVER SUPPORT GROUPS

2nd Tuesday, 10:30 a.m.

Wellington Bay, 2590 Wellington Bay Dr., Wellington 33414

2nd Wednesday, 1 p.m.

Mae Volen Center, 1515 W. Palmetto Park Rd., Boca Raton 33486

2nd Thursday, 1:30 p.m.

Palm Beach Premiere Research, 4631 N. Congress Ave., West Palm Beach 33407

3rd Tuesday, 11 a.m.

YMCA, 9600 South Military Trail, Boynton Beach 33436

4th Tuesday, 11 a.m.

Brain Matters Research, 800 NW 17th Ave., Delray Beach 33445

4th Tuesday, 4:15 p.m.

JEM Research Institute, 142 John F Kennedy Dr., Lake Worth 33462

4th Wednesday, 1 p.m.

Mae Volen Center, 1515 W Palmetto Park Rd., Boca Raton 33486

4th Thursday, 6 p.m.

New Day Adult Day Care, 301 Ebbtide Dr., Suite H, North Palm Beach 33408







Samrah Mitha, MPH

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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COMMUNITY EDUCATION & OUTREACH

Brain Bus Stop at African American Research Library & Cultural Center

Monday, August 24, 10:30 a.m.

African American Research Library, 2650 Sistrunk Blvd., Fort Lauderdale 33311

CAREGIVER SUPPORT GROUP

1st and 3rd Saturday, 10 a.m.

John Knox Village, 651 SW 6th St., Pompano Beach 33060

3rd Wednesday, 2 p.m.

Northwest Regional Library, 3151 University Dr., Rm 214, Coral Springs 33065

3rd Wednesday, 6 p.m.

Covenant Living of Florida, 9215 W. Broward Blvd., Fort Lauderdale 33306





MIAMI-DADE COUNTY



Joe H. Baldelomar, Psy.M.

Bilingual Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies, and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

- Mindset Solutions & Aventura Police Department

COMMUNITY EDUCATION & OUTREACH

Brain Bus Stop at José Martí Park Gymnasium

Saturday, July 25, 10 a.m.

José Martí Park Gymnasium, 351 SW 4th Ave., Miami 33130

Brain Bus Stop at Northbridge University - South Miami Campus

Saturday, August 1, 10 a.m.

Northbridge University, 20505 S. Dixie Hwy., Miami 33189

Health Fair

Saturday, August 15, 9 a.m.

Coral Gables Adult Education Center: 450 Bird Rd., Coral Gables 33135

Brain Bus Stop at Church of St. Bernard de Clairvaux

Sunday, August 23, 8:30 a.m.

Church of St. Bernard de Clairvaux, 16711 W Dixie Hwy., N. Miami Beach 33160

Brain Bus Stop at MDC Hialeah Campus

Tuesday, October 6, 9 a.m.

MDC Hialeah Campus, 1780 W 49th St., Hialeah 33012



Brain Bus Stop at St. Andrew's Episcopal Church

Sunday, October 11, 9 a.m.

St. Andrew's Episcopal Church, 14260 Old Cutler Road, Miami 33158

Brain Bus Stop at Second Baptist Church

Saturday, October 17, 10 a.m.

Second Baptist Church, 11111 Pinkston Dr., Miami 33176

Brain Bus Stop at Larkin University Campus

Saturday, November 21, 10 a.m.

Larkin University Campus, 18301 NW 2nd Ave., Miami Gardens 33169

Brain Bus Stop at Betty T. Ferguson Community Center

Saturday, January 2, 10 a.m.

Betty T. Ferguson Community Center 3200 N.W. 199th St., Miami Gardens 33056

Brain Bus Stop at GFWC Miami Springs Woman's Club

Saturday, January 9, 10 a.m.

GFWC Miami Springs Club, 200 Westward Dr., Miami Springs 33166

Brain Bus Stop at Village of Pinecrest Community Center

Thursday, May 27, 9 a.m.

Pinecrest Community Center, 5855 SW 111th St., Pinecrest 33156

CAREGIVER SUPPORT GROUPS

Miami-Dade County

2nd Monday, 6 p.m., In-Spanish

Coral Gables Branch Library, 3443 Segovia St., Coral Gables 33134

2nd Thursday, 12:30 p.m.

Northeast Dade, Aventura Library, 2930 Aventura Blvd., Aventura 33180

3rd Tuesday 7 p.m.

The Palace Suites, 11377 SW 84th St., Miami 33173

4th Thursday, 12:30 p.m.

Coral Gables Adult Activity Center, 2 Andalusia Ave., Coral Gables 33134



VOLUNTEER

with the

Alzheimer's Association

VOLUNTEER OPPORTUNITIES:

- Community connector
- Community educator
- Support group facilitator
- Event committee member
- Advocate
- Brand ambassador
- Data entry volunteer

For more information email alzflnews@alz.org or reach out to your local community engagement manager.



COMMUNITY ENGAGEMENT



Keith Gibson

Sr. Director, Community Engagement

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DID YOU KNOW

Although African Americans and Hispanics are more likely than Whites to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that certain groups are not getting treatments when they are most likely to be effective at improving quality of life. For more information, please see the Association's Alzheimer's Disease Facts and Figures special report on [Race, Ethnicity and Alzheimer's in America](#) (PDF).

Resources

- [Veterans and Dementia](#)
- [Asian Americans and Pacific Islanders and Alzheimer's](#)
- [Black Americans and Alzheimer's](#)
- [Hispanic Americans and Alzheimer's](#)
- [LGBTQ+ Community Resources for Dementia](#)
- [Native Americans and Alzheimer's](#)



THE INTERSECTION OF IDD AND ALZHEIMER'S



DID YOU KNOW

Individuals with **Down syndrome** have a higher than **90% lifetime risk** of developing **Alzheimer's disease**.

Down syndrome, or trisomy 21, occurs when an individual has an extra copy of chromosome 21 due to a random error during egg or sperm cell division. Typically, humans inherit one copy from each parent, but those with Down syndrome have three copies instead of two. As they age, individuals with Down syndrome are at an increased risk of developing Alzheimer's disease; approximately 30% of those in their 50s and 50% in their 60s are affected by Alzheimer's dementia, according to the National Down Syndrome Society.

Resources

- [Down Syndrome and Alzheimer's](#)
- [NDSS Aging and Down Syndrome Guidebook](#)
- [NDSS Alzheimer's and Down Syndrome: A Practical Guidebook for Caregivers](#)
- [NTG Early Detection Screen for Dementia](#)



FOR ALL PROFESSIONALS



ALZProTM

Empowering Professionals in the Fight Against Dementia

What is ALZPro?

ALZPro is the Alzheimer's Association's hub for professional resources. It unites care resources, research, data platforms, clinical guidelines, continuing education and implementation tools — all on one trusted platform. ALZPro empowers professionals to reduce risk, advance early detection, improve care and expand equitable access.

The ALZPro Advantage

ALZPro equips you with essential tools to deliver equitable, evidence-informed, person-centered care.

ALZPro provides:

- Instant access to streamlined tools, resources, research and training
- Timely, relevant scientific findings and clinical insights, tailored for busy professionals
- Practical resources that directly support your work and the people you serve
- The opportunity to connect and collaborate with peers and leading experts
- Opportunities for continuing education credits, online training and certifications

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR ALL PROFESSIONALS

Explore ALZPro Resources



ALZPro™



Research, Publications and Grants

Explore peer-reviewed journals, real-world data platforms and funding opportunities that support dementia research and accelerate progress.



Training, Education and Professional Development

Build your knowledge and stay current with the latest in dementia care and research through continuing education credit, online training and world-class certification.



Professional Networks and Registries

Engage with expert communities and initiatives, contribute to data registries and exchange insights with peers through ISTAART, the International Society to Advance Alzheimer's Research and Treatment.



Conferences and Events

Discover leading conferences and events that bring together experts across research and care to share insights, expand networks and move dementia science and clinical practice forward.



Care Pathway

Improve quality, promote consistency and strengthen person-centered outcomes with practical, evidence-informed tools and resources for all clinical and care settings.

Our Commitment to Professionals

The Alzheimer's Association is leading the way to end Alzheimer's and other dementias by accelerating global research, driving risk reduction and early detection and maximizing quality care and support.

Elevate Your Impact.

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

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FOR ALL PROFESSIONALS

ALZHEIMER'S AND PUBLIC HEALTH ACTION IN FLORIDA



Alzheimer's disease is a growing public health crisis in Florida, and the impact of Alzheimer's is projected to rise. A comprehensive public health approach is essential to improve community health, support the well-being of those living with cognitive decline and their families, and reduce the risk of dementia throughout communities. The most recent data show:

- 580,000 people aged 65 and older are living with Alzheimer's in Florida.
- 18.6% of people aged 45 and older have subjective cognitive decline in Florida.
- 870,000 family caregivers provide essential support to people living with dementia in Florida.
- 1.3 billion hours of unpaid care are provided by dementia caregivers in Florida.
- \$28.4 billion is the value of unpaid care provided in Florida.
- \$3.7 billion is the cost of Alzheimer's to the state Medicaid program.

[Learn more.](#)

ALZHEIMER'S ASSOCIATION® FLORIDA CHAPTERS: YOUR IMPACT IN 2025

LEADING THE FIGHT AGAINST ALZHEIMER'S AND ALL OTHER DEMENTIA

ENGAGE INDIVIDUALS AND COMMUNITIES.

- Reached nearly 80,000 Floridians through education, care and support, awareness and the 24/7 Helpline.
- Provided education and support to more than 20,000 Floridians in all 67 counties through the Alzheimer's Association Brain Bus and mobile brain health outreach.



ACCELERATE RESEARCH, TRANSLATION AND IMPLEMENTATION.

- Awarded \$7.8 million in active research funding at Florida institutions
- Selected 58 individuals from FL institutions to serve as grant reviewers
- Engaged with 400+ scientists, clinicians and dementia professionals across Florida through the ISTAART program



4 STRATEGIC LEVERS OF CHANGE

ENABLE COMMUNITIES AND SYSTEMS TO DELIVER QUALITY AND EQUITABLE CARE.

- Florida advocates rallied for critical federal and state legislation:
 - Supported \$10 million in additional state funding to reduce respite care wait times and other caregiver services
 - Lobbied in support of new legislation in Congress, including the Alzheimer's Screening and Prevention (ASAP) Act, Credit for Caring Act and the Accelerating Access to Dementia & Alzheimer's Provider Training (AADAPT) Act



FOSTER COLLABORATION AND UNDERSTANDING.

- Engaged more than 2,400 volunteers across the state to educate and build awareness to reduce stigma, focus on brain health and advocate for individual and community needs
- Partnered with the Florida Department of Elder Affairs to reach nearly 69,000 Floridians through awareness education



ONLY POSSIBLE THROUGH YOUR DONATIONS

**WALK
TO
END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

\$6 MILLION
raised through
24 Walk to End Alzheimer's events

**DO WHAT
YOU LOVE
TO END ALZ**
ALZHEIMER'S ASSOCIATION

\$600K
raised through
Do What You Love to End ALZ



**\$1.3
MILLION**
raised through
3 galas

24/7 Helpline
800.272.3900

alz.org®

Scan for more
resources



**ALZHEIMER'S
ASSOCIATION**

DO WHAT YOU LOVE. HELP END ALZHEIMER'S.

Hiking, golfing, gaming, crafting, play pickleball or bridge, host a cookout or purple party — no matter what your passion is, you can make it a fundraiser to end Alzheimer's and all other dementia.

So select an activity, pick a date and fundraise for a future without Alzheimer's.

Visit alz.org/dowhatyoulove to get started.

**DO WHAT
YOU LOVE
TO END ALZ**[™]
ALZHEIMER'S  ASSOCIATION[®]



Thank you to all our volunteers, sponsors and guests who made the 2026 Gala Season a huge success in Florida!

*Inspire,
Imagine &
Hope*
GALA



*Purple
Soirée*
ELECTRIFYING CHANGE



For 2027 partnership & volunteer opportunities:
Tampa - Christine Feller at clfeller@alz.org
Miami - Liesl Mejias at limejias@alz.org



- Sept. 26 Space Coast (Date Tentative)
- Sept. 26 Pasco County
- Oct. 3 Ocala
- Oct. 3 Orlando
- Oct. 3 Pinellas County
- Oct. 4 Pensacola
- Oct. 10 Tallahassee
- Oct. 10 SouthShore
- Oct. 17 Tampa
- Oct. 24 Gainesville
- Oct. 24 Lee County
- Oct. 24 The Villages
- Oct. 24 Treasure Coast
- Oct. 31 Palm Beach
- Nov. 7 Jacksonville
- Nov. 7 Emerald Coast
- Nov. 8 Boca Raton
- Nov. 14 Collier County
- Nov. 14 Sarasota County
- Nov. 14 Volusia County
- Nov. 21 Miami
- Dec. 5 Broward County
- Dec. 5 Polk County



SCAN ME



Register today
at alz.org/walk

We Need Your Voice

BECOME AN ADVOCATE TODAY!



Because of advocates, we've passed critical legislation and increased federal research funding. Our work isn't done.

We'll train you to advocate. Whatever your experience and availability, we're eager to have you on our advocacy team!

- Meet with elected officials.
- Share your story.
- Spark conversation on social media.
- Engage the media.
- Widen our reach.
- Build relationships with officials and staff.

CONTACT US

Jennifer Braisted | jbraisted@alz.org

 [@alzadvocacyfl](https://twitter.com/alzadvocacyfl)

 [@alzadvocacyfl](https://www.instagram.com/alzadvocacyfl)



Stay Up to Date

Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.



Follow & Tag Us on Social!

Chapter Accounts

Central & North Florida Chapter | @AlzCnfl
[Facebook](#) | [Instagram](#) | [X](#)

Florida Gulf Coast Chapter | @AlzFIGulf
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Southeast Florida Chapter | @AlzSefl
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Statewide Accounts

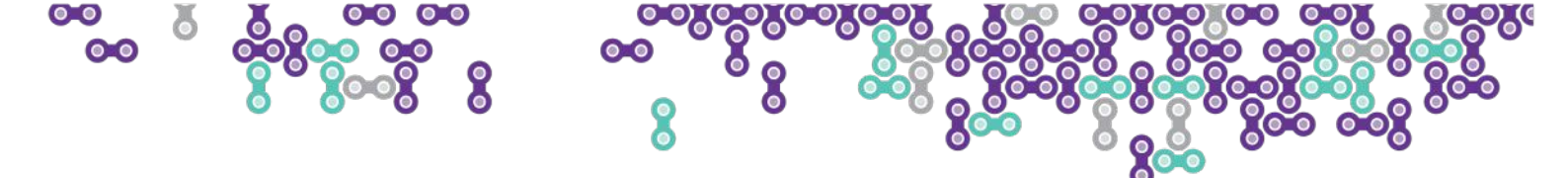
LinkedIn	Alzheimer's Association, Florida
TikTok	@AlzFlorida
YouTube	@AlzFlorida



Alz MindFL - Florida's Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, Alz MindFL. The blog features stories from across Florida including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at alzmindfl.org.





Advancing Alzheimer's and dementia research starts with you. Help shape the next breakthrough with TrialMatch®.



It takes **everyone** to advance Alzheimer's research.

By joining research studies, you can help us develop the next generation of dementia treatments, diagnostic tools, care and prevention strategies.

Get involved through the Alzheimer's Association TrialMatch® — a tool for people with cognitive impairment, dementia, caregivers and healthy participants to quickly and easily learn more about research opportunities taking place throughout the United States and across the world. Confidentially search hundreds of drug and non-drug studies, sign up, receive email notifications about new opportunities or connect with research teams.

Participate in three easy steps:

1. Begin your journey by signing up on our dedicated TrialMatch platform.
2. Answer 10 simple questions about yourself or the person you're helping to sign up to help personalize your study matches.
3. Review your study matches to explore studies that may be a good fit.

Get started today.



alz.org/TrialMatch | 800.272.3900

trialmatch®
ALZHEIMER'S ASSOCIATION®



Caring for someone with Alzheimer's isn't easy.

Reaching us is. 24/7 Helpline: 800.272.3900

VISIT ALZ.ORG



*Click for local support,
information, resources,
upcoming events and more.*

If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia®.

*Thank
you!*

ALZHEIMER'S  ASSOCIATION®