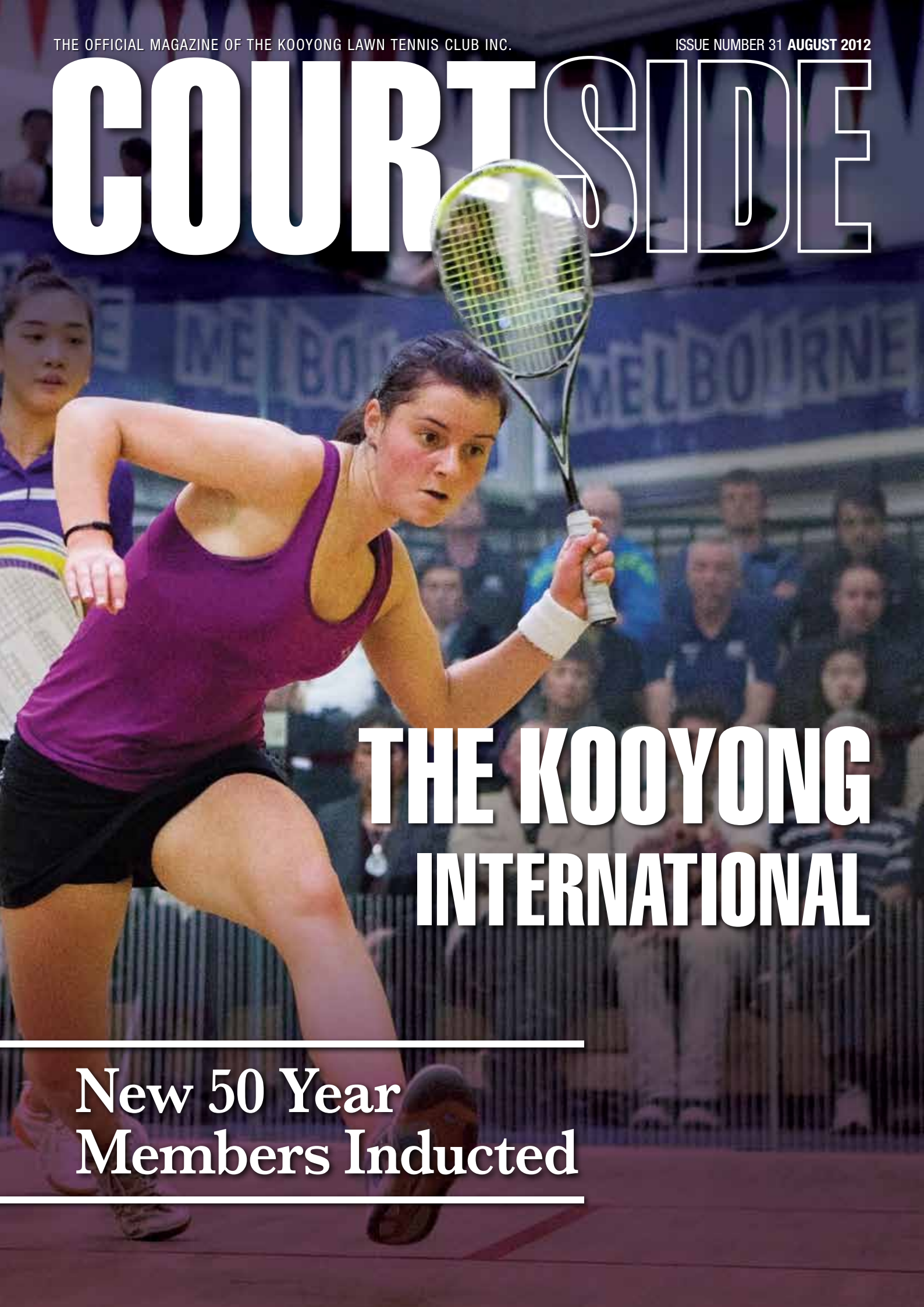


THE OFFICIAL MAGAZINE OF THE KOORYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 31 AUGUST 2012

COURTSIDE



THE KOORYONG INTERNATIONAL

**New 50 Year
Members Inducted**

BOND IS BACK

007 DINNER DANCE SAT 15 SEPT

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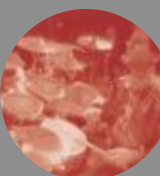
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VOCALS



Mick Daglish
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John
DRUMS

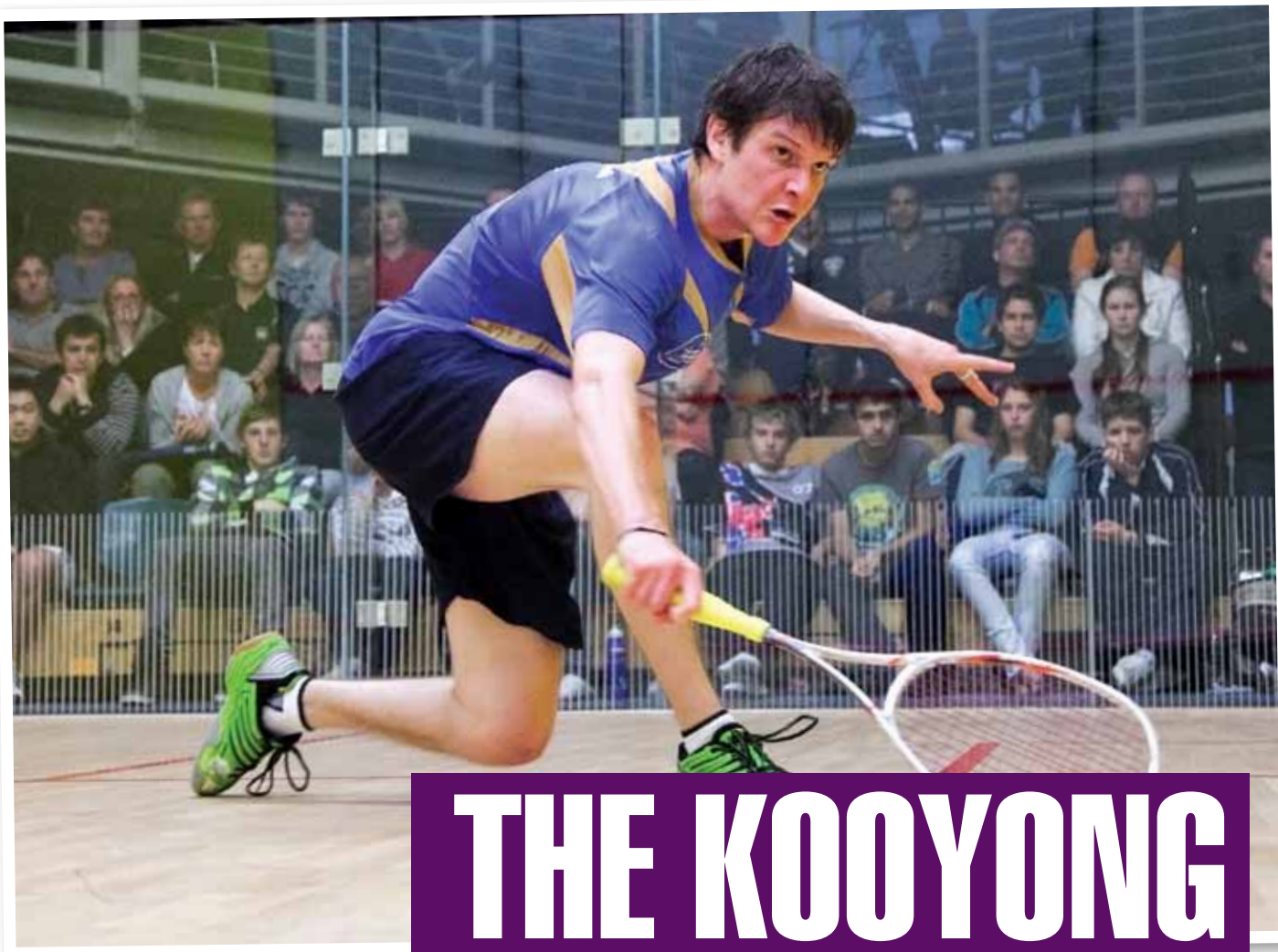


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**The Kooyong
Foundation**

BOOKINGS CLOSE WED 5 SEPT 2012





Australia's Matt Karwalski

Cover: New Zealand's Amanda Landers-Murphy
Photos courtesy Tobias Titz

THE KOOYONG INTERNATIONAL

Elite squash players from Argentina, Malaysia, New Zealand, France, Switzerland and Australia converged on Kooyong for the inaugural Kooyong International.

Held as a prelude to the Victorian Open, the event had prize money equal to that of the Victorian Open and we have to thank major sponsor John Link from Link Pumps for his contribution to the event.

The round robin format was played over three days with four males and four females competing for first prize.

Kooyong members and visitors were treated to some fantastic squash with all of the players being highly ranked on the World Tour.

Winner of the ladies event, from Malaysia, was world number 20 Delia Arnold, who completed the round robin event undefeated.

Second went to New Zealand's Amanda Landers-Murphy while compatriot Kylie Lindsay finished in third place and Kooyong's Melody Francis was fourth.

Melody was injured in her second round match and did not play on the final day and we were fortunate to have Sarah Cardwell available and she gave Delia a run for her money in the final.

Winner of the men's event was Australia's Matt Karwalski, who is currently ranked 60 in the world.

Matt was seeded second in this event and was playing Campbell Grayson, from New Zealand, for first prize on the final day.

At two rubbers, all in a match where Matt had come from behind, Campbell pulled a calf muscle and was restricted in his movements.

Campbell had already done enough to take out second prize in the round robin event.

The play off match for third and fourth prize was a fantastic match between Gonzolo Miranda (ranked number 1 in Argentina) and Australia's Rex Hedrick.

Both players attacked from the beginning, long rallies and fantastic shots resulted in a crowd pleasing match and Gonzolo was able to keep his nose in front and eventually won a highly skilful and entertaining match.

Those who were fortunate enough to witness this match had watched something special.

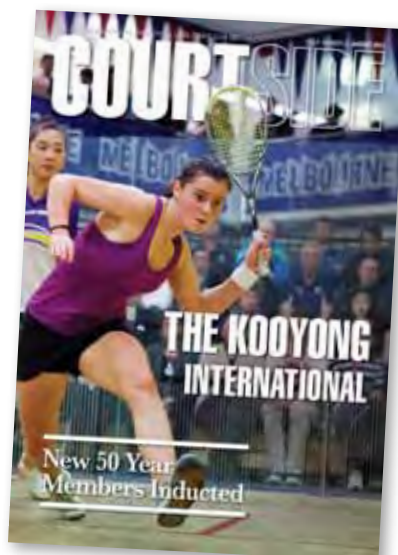
The tournament was a huge success and a great lead in for the Victorian Open for all of the players involved and will no doubt grow in stature in the next few years.

The event concluded with a cocktail party and the presentations and could become a much sought after preparation by all the top players visiting in the future.

COURTSIDE

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A MESSAGE FROM THE CEO

This year the Kooyong Lawn Tennis Club celebrates its 120th year and to mark this occasion a gala dinner has been planned for the evening of Friday 19th October.

Our special guest for the night will be Australian Open winner at Kooyong and former World Number 1 Ashley Cooper.

Further information will be available closer to the date regarding this special night and we invite Members to join us to celebrate this milestone at the club.



Our court preparation for the spring and summer seasons has started well with our base lines replaced on grass courts and other work taking place around the grounds and on the en tout cas courts to prepare us well for the months ahead.

This is also the time of year when our mind turns to end of year celebrations and our functions staff would be very pleased to help with any special occasion needs or events in the New Year.

Chris Brown
CEO - Kooyong Lawn Tennis Club



PRESIDENT'S MESSAGE

This year we are celebrating two milestone birthdays at Kooyong. A quick glance at our crest reveals that this year is the 120th birthday of the club itself, but it is another important birthday that I would like to recognise in this edition of Courtside.

Ten years ago a group of Kooyong stalwarts, led by two of my predecessors, Terry Fraser and Peter Quinn, formally established the Kooyong Foundation. Their initiative sprang from a belief that there must be many Kooyong members who appreciated the enjoyment the club and the sport of tennis had given them and would like to "give something back".

"Giving something back," has since been embraced so enthusiastically that Kooyong and its Foundation now enjoy a deserved reputation among the top Australian sporting clubs noted for their public spirit and generosity.

In its 10 years of life the Foundation has raised well over half a million dollars which has been directed to two major initiatives: preserving the past and promoting the future.

The past has been recognised through the historical displays throughout our new clubhouse. Much of this remarkable memorabilia has been assembled through the efforts of the Foundation.

The future is being promoted out on the courts where scores of deserving and talented young players are being nurtured with Foundation support. The youngsters blossom under the coaching and encouragement they receive in the friendly Kooyong environment, with strong emphasis on developing character as well as playing technique.

That the program is an outstanding success can be measured by this brief summary of achievements:

- Since it was launched, the Foundation has assisted more than 200 young players.
- Two of them, Sally Peers (2007) and Belinda Woolcock (2011), were key members of the Australian teams which claimed the Junior Fed Cup against the best in the world.

- Several players have moved on from the Foundation nursery into the Australian Institute of Sport program.
- Scholarship players have won more than 35 National titles, including a remarkable 11 singles and doubles titles in 2011.
- Around 40 of the Foundation group have earned ATP or WTA rankings. More than 30 have gone on to earn tennis scholarships at American Universities.

Just in the past few weeks we have enjoyed reading of the deeds of two of our budding Foundation stars, making waves on the world stage.

In Paris, 12-year-old Destanee Aiava claimed the Longines Future Aces tournament, ahead of 15 other top juniors from around the world.

The victory gave her the chance to play an exhibition match at Roland Garros alongside tennis legend and 22-time Grand Slam singles winner Steffi Graf, who was most complimentary about her young partner.

In Denmark, 15-year-old Mark Polmans won the ITF junior singles event, then teamed with fellow Kooyong scholarship player Daniel Nolan to reach the semi-final of the doubles.

The Foundation has been able to thrive thanks to the support of Kooyong members and friends who make tax-effective donations via the Australian Sports Foundation. A number have also chosen to remember the Foundation in their Will by making a bequest.

As it celebrates a proud 10th birthday I would like to congratulate the Kooyong Foundation on its achievements and urge members to continue to throw their support behind that worthy motto: "Giving something back."

Ian Hill
President - Kooyong Lawn Tennis Club



New 50 Year Members Inducted

It was great to see the growing group of 50 year members at the Club come along to celebrate another large group being inducted into this illustrious category.

26 members entered this very elite group who have enjoyed 50 wonderful years as member of this great Club and have no doubt seen many changes over the years.

The new inductees were: Michael King David Temple, Jane Hume, Barry Brennan, Nanette Owen, Patrick Hogan, Phillip Simon, David Kew, Douglas Derham, Otto Ash, Andrew Forgas, Patricia Anderson, Norma Riley, Neville Houghton, Yvonne Dunstan, Michael King, Graham Swann, Margaret Penfold, Rhonda Hoelter, Elisabeth Krien, Pamela

Hoyle, Timothy Dixon, John Parker, John Taubman, Ian Pittman and Diana Wymond.

500 game squash legend David Temple is welcomed into this group and has well and truly earned it the hard way.

Playing that many games of squash is an amazing feat in itself but add to that all the squash suppers he has enjoyed here at the Club and you can understand why he has done it the hard way.

Former 'A' Grade Pennant player Michael King also joins some of his contemporaries as a 50 year member of the Club and is often seen still enjoying a hit on the courts.

Barry Brennan served as a Club Representative on the LTAV Council for many years

and is another former Pennant and squash player to join this elite company.

Also amongst the group are some of the Club's regular and most committed social players.

The social side of the Club makes Kooyong a very special place to be around is one of the reasons for its continued success and growth.

It's the members that make the Club the place that it is and the friendships they share have hopefully made their time as a member so worthwhile.

Congratulations to all of the new 50 year members and we hope that you continue to enjoy many more years with your friends at the Club.



Congratulations again to all our winners from the Club Championships and those awarded trophies on the night!



The 2012 Champions' Dinner



Club Champions
Daniel Byrnes
and Molly Polak

The Club again celebrated its champions in style when nearly 200 people gathered in the Kooyong Room for a fantastic dinner.

With a slight tweak to the format, the celebration built up throughout the night until we celebrated our four new Club Champions in both tennis and squash and our most recent Bridge winners.

Daniel Byrnes and Molly Polak have played Pennant tennis at the Club for many years but their wins in the Club Championships were well deserved and long overdue.

Great servants of the Club at all levels, both sit well amongst our former champions and will no doubt be proud of their achievements over many years.

Daniel started here in Grade 1 more than 10 years ago and was part of the Club's first State Grade winning team at the end of 2002.

He went on to spend four years at Oklahoma State University in America where he won numerous awards including Co-Freshman of the Year in the Big 12 and in 2006 won ITA All-American honours.

Daniel came home and continued to represent the Club at the top level in Victoria despite carrying a niggling elbow injury and was a huge part of last year's National Tennis League winning team.

It is great to see his name following directly after his good mate, David Bidmeade, on the Honour Board at the Club.

Molly Polak began playing at Kooyong in 2007 at just 12 years of age and played her first season in Grade 4 but quickly made the move to the highest grades at the Club.

She has since been a mainstay of the Club's top teams and success has followed her with Molly's teams having won the last two Premier League titles as well as the last State Grade title.

An Australian representative at Junior Fed Cup level, Molly is a great team person and success has followed her.

She was again prominent in the Club's National Tennis League win last January at the Australian Open and will no doubt head to College in America when she finishes school this year.

In the squash it was great to see young Sam Ejtemai etch himself into history here at the Club by becoming the youngest ever winner of the men's squash championship.

Sam has been in impressive form since arriving from Canada and now has

several National titles under his belt as well as an Oceania Junior Championship.

Another fantastic name added to the honour boards at Kooyong is Sarah Cardwell who joins her famous mother, Vicki Cardwell, as well as five time world champion Sarah Fitz-Gerald to have won the Club's women's squash championship.

Sarah has been honing her skills on the courts here at Kooyong for more than seven years and joins a fantastic group of players to have won this title at the Club.

She also continues to build her world ranking which currently sits at 57 after a semi final appearance at the Tasmanian Open.

The Club also honoured this year's Bridge champions with the Open Club Champions Virginia Rugless and Joan Kermond, Restricted Club Champions Shirley and Don Bowman and Penny Purbrick Trophy winner Susan Everist congratulated on their achievements.

Other notable presentations were made to some of the Club's rising stars including under 21 tennis champions Will Kneale and Romy Stephens.

Both are representing the Club in Grade 1 in Pennant and have their sights set on College tennis in America in the future.

A grade champion Daniel Nickels is another to keep an eye on in the future. The fifteen year old fought through several tough situations to win the title and has a bright future ahead of him.

It was also great to see Jessica Draper win her first title at the Club in the B Grade singles and maybe we can convince her husband, Scott, to play in the Open event next year.

We look forward to another big year of sporting achievements at the Club and the chance to celebrate them all in the same style next year.



KOOYONG'S DESTANEE AIAVA TAKES OUT LONGINES FUTURE ACES TOURNAMENT AT FRENCH OPEN



Kooyong's Destanee Aiava recently won the Longines Future Tennis Aces tournament at Roland Garros, Destanee defeated Japan's Haruna Arakawa 4-2 5-3 in the final of the U13 tournament, an event involving 16 of the best female juniors from around the world.

At just twelve years of age, Destanee demonstrated impressive strength and determination on court and earned a spot in the final with several straight sets victories, including wins over Switzerland's Luna Milovanovic (4-0 4-1) in the semis and over tournament favourite Paula Manjon from Spain in the quarters (5-3 4-2).

The win secured Destanee the chance to team up with tennis legend Steffi Graf for an exhibition doubles match against her opponent in the final, Haruna Arakawa, and current world No.13 Sabine Lisicki of Germany.

Destanee, who has been a Kooyong Fitzgerald scholarship holder for the past few years, said it was an amazing experience to win and a great honour to play alongside Longines ambassador and 22-time Grand Slam champion Graf.

"I like playing on clay and I feel comfortable. It was exciting to be on court with Steffi."

Tennis Australia's Head of Professional Tennis Todd Woodbridge said Destanee is a great athlete with a promising future.

"As Australia's top-ranked girl in her age group she's had the chance to test herself against the best in the world and come out on top. It's a fantastic result and hopefully the start of a successful career," he said.

As a result of reaching the final, Destanee will receive funding from Longines towards her tennis equipment for the next four years.

Destanee continues to rise through the ranks at the Club and has had another outstanding Pennant season, this time in Grade 1, and we look forward to watching her have more success in the future.



Foundation Supporter Celebrates Milestone

One of the Kooyong Foundation's most generous supporters, John Laidlaw, was joined by his tennis mates and other club members to celebrate his 80th birthday with a Kooyong luncheon.

Club Chief Executive Chris Brown presented John with a birthday cake and a magnum of red wine to mark the occasion. His partners and opponents on the courts chipped in with a bottle of Grange.

John entertained his guests with a colourful account of his battles on the tennis and squash courts over the past 60-plus years and his long stint running Yakka, the leading Australian manufacturer of workwear.

During his time in the chair at Yakka – the company started by his father, David, in the family home in Brunswick in the 1930s – John oversaw its development into a giant enterprise employing around 2,000 people in Australia and New Zealand and turning over \$340 million a year. John finally retired about three years ago, two years after Yakka was taken over by Pacific Brands.

He began his serious and social tennis career in earnest on the courts of the Victorian Railways Institute in Parkville in the late 1940s, then switched to the thriving Brunswick Tennis Club, once home of such tennis greats as Frank Sedgman and Ashley Cooper.

The Brunswick boys loved touring the country tennis circuit, playing in tournaments in places like Corowa, Wangaratta, Shepparton and Albury-Wodonga. During those visits John talked to local business leaders who were keen to develop industries and encouraged him to spread the Yakka empire into the bush. The result was two new plants in Wangaratta providing jobs for 250 workers, another in Wodonga for 230 jobs and one in Shepparton with 180 employees.

When the Brunswick Club began to flounder and the clubhouse burned down, John and his mates turned more of their attention to Kooyong. As well as being a steady, canny and highly-competitive tennis player, John was also a top level exponent on the squash courts, playing for North Suburban.

His most cherished memory of those squash days was being a member of the team which defeated the Alma Club, led by the legendary world champion Geoff Hunt, in the Pennant Final. John and his mates built up a lead over the other Alma players so their key man needed to extract just five points from Hunt in the final match. Somehow he managed it and North Suburban had toppled a Hunt-led side for the first time in anyone's memory!

John thanks tennis for providing some of the finest days of his life and even for finding his wife, Betty. They met at a farewell party for a



mate's girlfriend, who was going overseas with her sister – Betty. John says he was "very taken with her" but she told him, "Her first impression was that I drank too much!"

She was away for two years but when she returned John was quick to renew contact and won her hand.

John is a strong supporter of junior tennis through his backing for the Kooyong Foundation and he was delighted to be on hand at the Club Championships this year when a budding Foundation star, 12 year old Destanee Aiava, reached the final of the Open Women's Singles.

He has just returned from Wimbledon where he spent a lot of time watching the Australian juniors in action, including the runner-up in the Boys Singles, Luke Saville, and the winners of the Boys Doubles, Andrew Harris and Nick Kyrgios. He liked what he saw but reserved special mention for the "Ken Rosewall backhand" that he saw coming from Andrew Harris.

CHINA TENNIS TOUR 2012



OCTOBER 9-19TH 2012 - 11 Days/8 Nights from \$3990

Special offer - \$200 discount for Kooyong members booking in August

We offer an exciting travel opportunity to combine your tennis and holiday to China in 2012. A wonderful Tour of China will feature matches at a number of tennis clubs against local players and **2 days at the Shanghai Masters**. Your tour leaders **JUSTIN WIGHT**, **TANYA LEE** and **DEAN LANDY** will ensure you have a memorable holiday. Justin is an international tennis coach and former coach of Australian Davis Cup players Wayne Arthurs and Paul Hanley, while Tanya is a professional tennis coach and ex Australian Junior representative. Dean is a former squash international and works in the travel industry. This year's tour will include taking in the sights of Shanghai and Beijing, tennis club matches in both cities as well as time to enjoy the incredible culture, history and attractions that China has to offer. Players of all standards, partners, non-tennis players and families are most welcome. We guarantee great tennis, luxury hotels, exciting adventures and an unforgettable experience.



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contact Dean Landy : 0414 682252 **email :** dean@formosatransel.com.au

ISABELLE WALLACE WINS SECOND NATIONAL TITLE

Kooyong's Isabelle Wallace has continued her impressive recent form by winning the recent 16's National Claycourt Championship in Ipswich.

Seeded number one for the event, Isabelle looked in ominous touch from the first match of the event as she defeated Queensland's Kimberley Birrell 6/3 6/2.

In the semi final she was tested by fellow Victorian Zoe Hives, who pushed Isabelle by winning the first set but she then found her range to win 3/6 6/1 6/4.

The final was another great win for Isabelle as she outplayed Queensland's Olivia Tjandramulia 6/2 6/4 to win the championship.

Isabelle also played with Kooyong's Brigitte Beck in the doubles and as top seeds they made the final before being upset by Andrea Dikosavljevic and Jaimee Gilbertson 6/4 6/4.

Kooyong's Daniel Nolan and Richard Yang also made the quarterfinals of the doubles and lost to the top seed and second seeds respectively.

In the 14's National Claycourt Championships, Kooyong's Katerina Valos, Destanee Aiava and Danielle McIntyre all made it through to the quarterfinals where Katerina defeated Destanee 6/3 6/3 while Danielle was defeated by Chloe Hule 6/1 6/1.

In the semi final Katerina was unfortunately beaten by Queensland's Lizette Cabrera 6/4 6/2.

In the 14's doubles, Katerina teamed with Chloe Hule to win the National title when they defeated the top seeds, Lizette Cabrera and Sara Tomic, in the final 6/4 2/6 10-5. Destanee Aiava and Danielle McIntyre also made the quarterfinals of the doubles with their respective partners.

In the boy's 14's doubles, Kooyong's Caleb Boland followed on from his fantastic run to the semi finals of the singles at the Grasscourt Nationals with a doubles title at the Claycourt Nationals.

Caleb, who partnered with Akira Santillan and was unseeded for

the tournament, made a great run through the event to eventually win with a great victory over the fourth seeds, Kooyong's David Hough and Cody Brackenreg, 7/6 6/4. Richard Yang and Billy Friend also made the quarterfinals of the doubles.

In the 12's Nationals, Peta Valos and Kate Vaughan made a brave run through the doubles event to make it into the semi finals before losing to top seeds Jaimee Fourlis and Aleksa Cveticanin who went on to win the title.

Congratulations to all of the kids involved in the recent National Championships in Ipswich.



Isabelle Wallace and Harry Bourchier



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Kooyong Chess Group | FRIDAYS 1-3PM IN THE MEMBERS' LOUNGE

There is now an opportunity for members to play chess at Kooyong.

If, like us, you are interested in developing your mind, come and join the small and enthusiastic group in the Members' Lounge.

The atmosphere seems to us to be just right for spending a pleasant hour or two in the company of friends – what could be more inviting?!

HISTORY OF CHESS

The origins of chess are shrouded in the mists of time. Some people say it was invented in China or India.

It may have been a Buddhist invention in north India, designed as a bloodless substitute for war for the practice of kings and their advisers.

How it got to Europe is an interesting story. Following the Islamic conquest of Persia by the Arabs in the 7th century, the game was played in the courts of the ruling elites – the caliphs in Baghdad.

Legend has it that an African slave by the name Ziryab was a highly prized musician at the court of Harun al-Rashid in the 9th century (of the famous tales of A Thousand and One Nights).

Ziryab knew how to play chess but got himself into some kind of trouble at the court and was sent into exile.

He travelled for a while in North Africa, eventually settling in the Islamic court in Andalusia in southern Spain.

It was around the year 812 that Ziryab is said to have arranged for a group of priests to be brought from India to teach chess to members of the court in Spain.

It was from there that the game spread to the rest of the Europe.

A GAME OF POWER POLITICS

The various carved chess pieces originally represented the forces in the king's army.

Their English names over the centuries have changed and become quite fanciful – the elephants are now called bishops; the cavalry pieces, carved like horses, are known by their medieval name as knights.

The corner pieces, carved like towers, once called castles are now 'rooks'.

The word 'rook' itself is a corruption of the original Persian 'rukḥ', meaning a war-chariot.

From its origin as an exclusive game for kings and rulers, chess quickly became a popular

board game played by many for fun and by some seriously in various competitions.

A few of the rules for the game were modified over the years to make the game faster and more interesting.

One such modification concerns the increased power of the queen.

This happened during the 15th and 16th centuries and it probably reflects the change in society attitudes reflecting the emergence of a few powerful and charismatic queens, such as Catherine of Aragon, Isabel of Castille, Elizabeth I of England, Catherine de Medici of France and Mary Queen of Scots.

CHESS IS GOOD FOR YOU

Chess is a game of logic, and rightly it is considered the king of mind games.

There is no element of luck, such as with the throw of dice or the turn-up of cards.

Each of the two players starts with equal forces on the board.

If you can think clearly and manage to play well, you win!

If not, then at least you know that you have had the benefit of a good mental workout.

HELP IS AT HAND!

To meet emergency needs, several changes have been made around the club.

An additional defibrillator has been installed in the pavilion, adding to one in the clubhouse.

Around the courts, in the pavilion and in the clubhouse, large red signs draw attention to recently installed replacement emergency phones. The two-button units allow easy and quick emergency contact to the clubhouse, or where required, 000 directly.

In case of any emergency, Members are asked to always contact the clubhouse so that assistance can be arranged.

Staff first aid training is regularly updated and access to emergency services will be arranged if required.



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Tennis Courts Maintenance

Seasonal work to maintain our courts over winter and prepare for spring and summer is well underway.

Worn and damaged areas of grass courts have been removed and turf laid to establish new growth on base lines over the upcoming spring.

The months ahead will see the turf become well established in preparation for reopening in November.

Maintenance work has also been carried out on our hard courts to carry them through the winter months.

They will continue to provide all-weather opportunities for Members during the cold and wet winter before a return to better weather in spring, and subsequent opening of the grass courts.



25th **AAMI CLASSIC**
Anniversary

AAMI CLASSIC CELEBRATES 25 YEARS
JANUARY 9TH - 12TH, 2013
MEMBERS TICKETS AVAILABLE SOON

Member Suspended



Rules and Regulations of the Club clearly stipulate that membership cards may not be transferred.

The transfer of a membership card and breach of the visitor Rules and Regulations recently resulted in a lengthy suspension of membership for a Member.

Any breaches including taking visitors into Member only areas of the gym and swimming pool will result in further action, which may include a suspension or cancellation of membership.

A reminder is also made to Members to carry membership cards at all times, and produce them when requested.

A/P
SHUTTERS & BLINDS

WE OFFER THE LARGEST SELECTION OF PLANTATION SHUTTERS AND BLINDS AT MELBOURNE'S MOST COMPETITIVE PRICES.

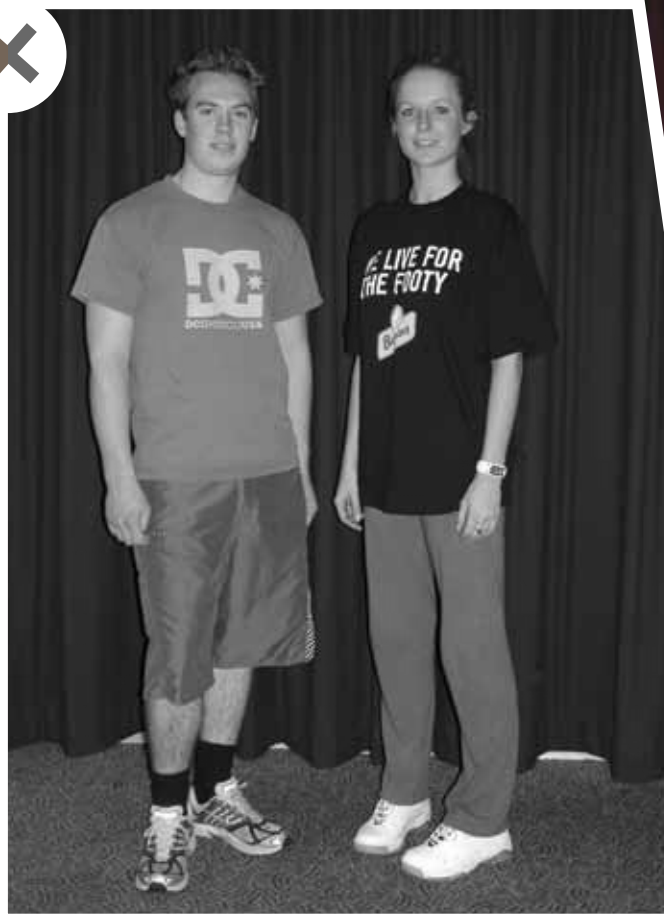
Phone 03 9818 1133
Email info@ap-shutters.com
Web www.ap-shutters.com



We offer interest free finance.



DRESS CODE



Members are reminded the Club's dress code applies both in the clubhouse and on the courts.

Members are also responsible to ensure guests are informed about the dress code and adhere to the policy when visiting.

Failure to comply may result in refusal of service or entry to the clubhouse or removal from the courts.

TENNISCOURTS

a. All members and their guests should wear predominantly white, approved tennis attire when playing on the Club courts, although some coloured approved tennis attire is permitted.



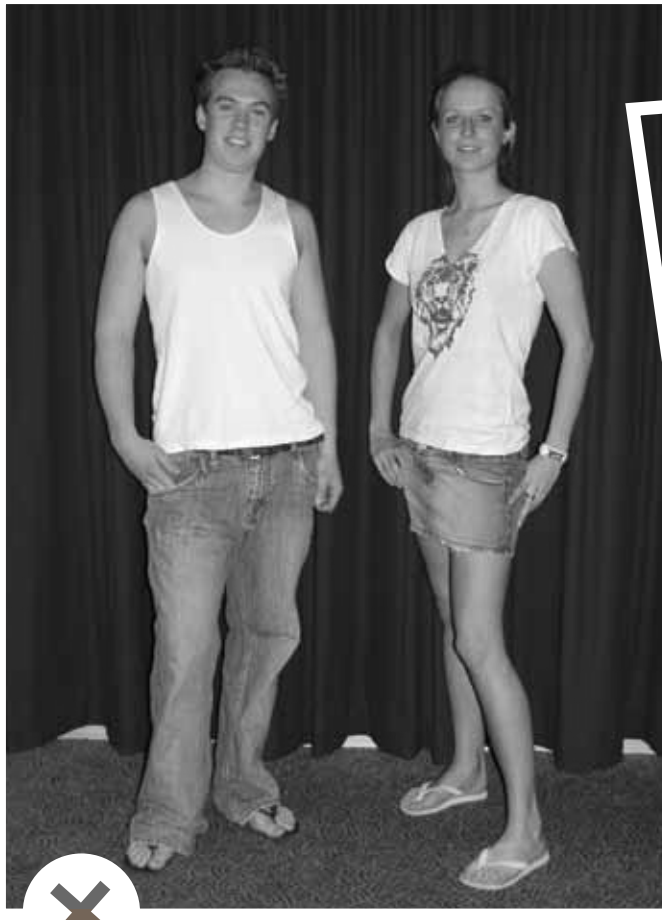
b. White socks shall be worn whilst playing tennis.

c. Tennis shoes shall be predominantly white in colour.

d. Tennis shoes shall be those designed for tennis. Any shoe that is likely to cause damage to the surface of a tennis court shall not be worn. In particular, no shoe with a ripple or studded sole or with a raised heel shall be worn. Shoes designed for running, jogging or cricket shall not be worn.

e. Male members and guests shall wear a shirt with a collar and sleeves.

f. Leggings and compression clothing (including bicycle shorts and skins) may only be worn under approved tennis attire.



- g. Tracksuits, jumpers and vests made for tennis are permitted.
- h. No member or guest shall play tennis whilst wearing football, running, jogging, cycling, board, Bermuda, boxer, cargo, golf or walk shorts or leotards.
- i. No advertising or lettering is to be visible on clothing excepting for the official KLTC logo or a manufacturer's logo.

DINING AND HOSPITALITY AREAS

- a. The Racquet Club, The Kooyong Room and Seminar Rooms
 - i. Smart Casual clothing shall be worn.
- ii. Male members and guests shall wear a shirt with a collar.
- iii. No sporting or gymnasium attire is permitted.
- b. The Hopman Bistro, BBQ Terrace and Member's Bar:
 - i. Neat casual clothing or correct tennis attire shall be worn.
 - ii. Male members and guests shall wear a shirt with a collar.
 - iii. No caps or men's hats, men's sandals or garments with advertising motifs (except as approved for tennis or squash clothing) are permitted anywhere in the Clubhouse.

NEW WOOD FIRED GRILL

The addition of a wood fired grill in the kitchen is offering a special new dining opportunity for Kooyong members.

Executive Chef Chris Goulding invites you to experience the distinctive flavours of his new menu items prepared over a flame on the wood fired grill.

"This is a natural and healthy way of cooking that produces supreme flavour. Our menu will also be showcasing wonderful selections of dry aged meats, seafood and shellfish that will be gently cooked over Ironbark coals.

I am very excited to have the opportunity to cook with a wood fired grill, and believe it will become the heart and cornerstone of the Kooyong dining experience."

Call the Club on 9822 3333 and book to enjoy the new dining experience now on offer.



FUNCTIONS WINTER SPECIAL

Kooyong's Executive Chef, Chris Goulding, invites you to experience the warmth of an Italian gastronomic experience in your own private function room for the months of July, August and September.

Enjoy the aroma and flavours of Italy in a stunning range of selected dishes.

Special winter price

\$45.00 2 Courses

\$60.00 3 Courses

Including tea, coffee and side dishes

Minimum number 20 guests

A TASTE OF ITALY MENU

Entrée (select one)

Antipasto, selection of cured meats and seafood with wood grilled vegetables and buffalo mozzarella served with hand rolled grissini sticks (sharing platter for the table)

Blue swimmer crab ravioli with a light crab bisque, lentils and spaghetti of zucchini

Slow roasted duck and red pepper risotto topped with truffled pecorino and extra virgin olive oil

Main Course (select one)

Slow braised veal osso bucco with roasted peppers and shallots topped with citrus gremolata and mashed potato

Wood grilled King salmon with baby leeks, capers and a parsnip puree

Roasted and boned baby chicken with herbed bread stuffing, baby vegies and chicken jus

Side Dishes (select one)

Tuscan bread salad with garlic croutons, cucumbers, tomato and fresh basil

Italian roasted potatoes with tomato, red onion and fresh sage

Steamed green baby beans with olive oil and shaved parmesan cheese

Dessert (select one)

Classic Tiramisu

Honey panna cotta with dried and roasted winter fruits

Classic Tuscan trifle

For more information please contact Kristina or Sharon on 9822 3333

Inter Club Wine Challenge

The inter Club Wine challenge is a fun event to foster inter club relationship by giving members an opportunity to participate in an entertaining and educational wine trivia complimented by a three course dinner.

The night will be hosted at Kooyong Lawn Tennis Club on Thursday 11th October 6.30pm for 7.00pm. Dress code is jacket & tie and costs \$95.00 per person all inclusive of wines, dinner and prizes.

The night consists of teams of 6-8 that will taste 2 brackets of wines - 4 whites and 4 reds, local and international. Points will be awarded for accurately identifying variety, region, vintage and producer. The winning team will receive prizes and the accolades of their colleagues and competitors. Palate training sessions will take place in preparation to the event.

To register your interest please contact Patrice Renaudin on 9822 3333 or patrice@kooyong.com.au

DANISH CLUB

Kooyong members may enjoy a visit to the city based Danish Club as a result of a recently established relationship.

Kooyong members may enjoy the unique Scandinavian dining experience offered by the Danish Club.

This opportunity is subject to availability and Members should book and report to reception at the Danish Club on arrival. A valid Kooyong Membership card must be presented.

Please contact the Danish Club, which is situated at Level 3, 428 Little Bourke Street, Melbourne, on 9600 4477 or you can view their website www.denmarkhouse.com.au

IBG | Insurance Brokers

Free Insurance Program Health Check for Kooyong Lawn Tennis Club Members

We can advise & arrange a broad range of general insurance including:

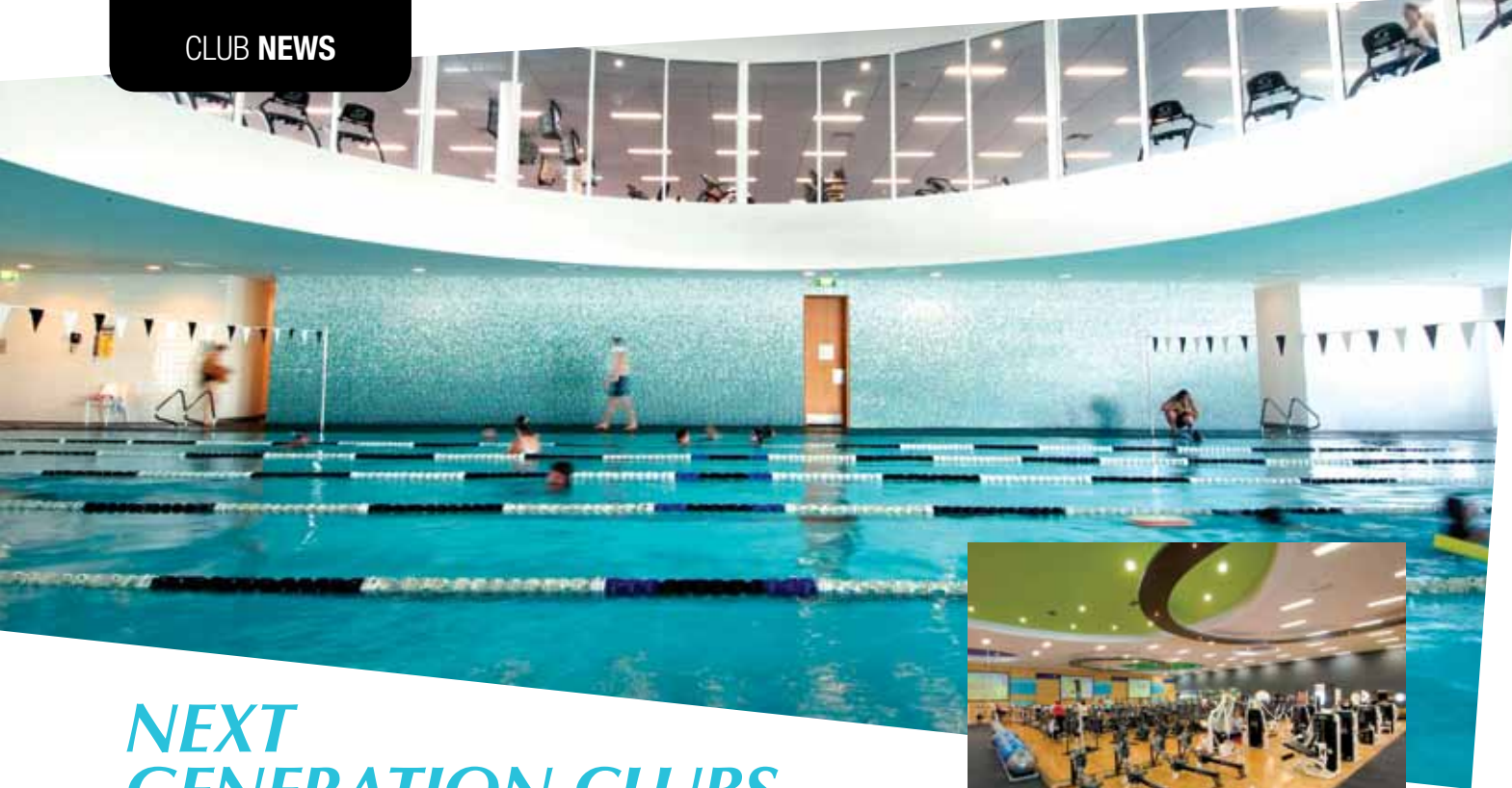
- Retail, Office & Business Packages
 - Construction & Warranty
 - Public & Products Liability
 - Home Building & Contents
 - Farm Packages
 - D&O & Professional Indemnity
 - Corporate Travel
- Industrial Risks; Marine Cargo, Freight & Hull Liability
- Private, Commercial & Fleet Motor

AFSL No. 32671

Ronnie Schwarz ANZIIF (Mem), GAICD, MBA, B.Com

Email: ronnie@ibgroup.com.au

Phone (03) 9813 3633 www.ibgroup.com.au



NEXT GENERATION CLUBS

Kooyong Members can now avail themselves of the Next Generation Group's growing network of Club's across Australia and now in New Zealand when travelling interstate or over the Tasman.

Extensive fitness facilities are complimented by racquets, aqua, social and relaxation areas to provide a welcoming and uniquely different environment to traditional health clubs that appeal to both individuals and families alike.

From its original base in Adelaide through the redevelopment of the Memorial Drive Tennis Club, the Group now includes one club in Sydney, two clubs in Perth (including the redevelopment of the Royal King's Park Tennis Club) and a New Zealand club in Auckland, which opened in September 2011.

Modelled on country clubs around the world and specifically based on a very successful format in the UK, Next Generation Clubs offers an array of facilities; state-of-the-art gyms, international standard tennis courts, indoor and outdoor swimming pools, sports retail outlets, health and beauty services, function centres and contemporary and comfortable members' lounges and licensed bars.

With each club costing \$15m – \$26m to build and a development lead time often in excess of 12 months, the investment and attention to detail in creating these leading health, fitness and lifestyle centres is second to none.

Each club enjoys state-of-the-art fitness facilities, world class tennis courts and luxurious relation areas with lavish fixtures and furnishings to create a welcoming environment.

All Next Generation Clubs also cater for families with onsite crèches, children's fitness classes, Camp Generation school holiday programmes, holiday tennis clinics, swim schools and feature dedicated family change areas to prevent parents from separating when visiting the club.

NEXT GENERATION CLUBS FEATURES

- State-of-the-art Cardiovascular Gyms Featuring Life Fitness Equipment with in-Built TVs
- Extensive Resistance Gyms with Separate Free Weights Section
- Group Fitness and Cycle Studios
- Heated Indoor Swimming Pools
- Heated Outdoor Swimming Pools
- Spas, Saunas and Steam Rooms
- Tennis Courts
- Squash Courts (excluding Auckland Domain)
- Member's Licensed Bar and Lounge with Wireless Internet Access
- Café and Juice Bar
- Crèche, Children's Swim School, Holiday Tennis Clinics and Holiday Camps
- Personal Training and Professional Coaching
- Extensive Change Facilities with Separate Family Change Rooms

Members should contact Kooyong to obtain a letter of introduction before heading away on their trip. The Club will then advise of your impending visit. Members should always take a letter of introduction when visiting any reciprocal club.



NEXT GENERATION CLUBS LOCATIONS

Next Generation Memorial Drive

War Memorial Drive, North Adelaide, SA
Tel: (08) 8110 7777
Email: infomd@ngclubs.com.au

Next Generation Ryde

504a Victoria Road, Ryde, NSW
Tel: (02) 9334 0000
Email: infory@ngclubs.com.au

Next Generation Perth South

23 Port Kembla Drive, Bibra Lake, WA
Tel: (08) 9412 0000
Email: infops@ngclubs.com.au

Next Generation Kings Park

Located at Royal King's Park Tennis Club
21 Kings Park Road, West Perth, WA
Tel: (08) 9217 6300
Email: infokp@ngclubs.com.au

Next Generation Auckland Domain

1 Tennis Lane, Auckland, New Zealand
Tel: +64 9 348 5600
Email: infoad@ngclubs.co.nz

Asia Pacific Tennis League

The Club is looking forward to entering teams in the new Asia Pacific Tennis League, as it is now known, having won both of the finals of the National Tennis League earlier this year at the Australian Open.

The format has been extended to include NSW and Queensland as well as Victoria, South Australia and Western Australia and also teams from Asia, New Zealand and the Pacific Islands.

Each conference or state will play off in the shortened format in November to find a winner in both the men's and women's competitions and all 8 winners will come together in the second week of the Australian Open to play for team prizemoney.

Squads will initially consist of 8 players including at least one player aged 18 and under but only 4 singles and 2 doubles rubbers are played in each match.

Each conference will have six teams and each team will play each other once before the top two teams playoff in the final.

The competition is sure to attract some of the best players across the country to teams in each and every state and will make for a highly entertaining club based competition running in the second week of the Australian Open.

The Club will be looking to players like John Peers, Andrew Coelho, Andrew Whittington, Richard Fromberg, Jay Salter, Daniel Byrnes and David Bidmeade, Paul Arber and youngsters such as Mitch Burman and Marc Polmans on the men's side of things.

While in the women's competition we would be hoping to see the likes of Sally Peers, Karolina Wlodarczak, Molly Polak, Michaela Capannolo,



Molly Polak at the 2012 NTL Finals in January

Kate Antosik, Laura McNamara, Belinda Woolcock, Adriana Szili, and Michaela Johansson on court to help defend the title we won in January.

This new competition run by Tennis Australia has also forced the Tennis Victoria run Premier League to be tentatively moved into the March/April period of next year.

The Premier League was a fantastic competition in just its second year, with Liston fielding one of the strongest club sides ever seen, and hopefully we still see that as part of the tennis landscape in Victoria.

The players enjoyed the new format with six player teams and the doubles played first, similar to the American College system, and it would be a shame to see it revert back into the normal Pennant season.

The draw for the Asia Pacific Tennis League will be available in early October and matches will be played on some Friday nights and some Sunday afternoons in November.

So if you want to see some of the best players in Australia in action make sure you get down to the Club to support our teams.

Men's Pennant News

Young Stars Continue to Rise

The business end of the Pennant season is now upon us and 13 of the Club's 19 men's teams can make the finals with one round to go.

It will be touch and go for a few but that is a great result for the Club and the players involved in all of the teams.

With many players travelling during the season to tournaments around Australia and across the world, the Club has also been able to give our developing juniors some exposure to the higher echelons of Pennant tennis.

This experience is invaluable as our stars of the future continue to improve in both the short and long term.

Matthew Nickels' Grade 1 side has been extremely consistent throughout the season and this has seen the team stay in the top two throughout the year.

Mitch Burman will be a big loss in the finals but this team has shown they are capable of matching it with the best teams in Grade 1.

Matthew Carroll's Grade 1 side is also in the top two of their section and will be one to watch throughout the finals.

Another visit to the grade final is possible but the team would need to be at their best against the better sides.

In Grade 2, Michael Jeffrey's team needs a big win in the final round to make the finals and it looks unlikely but they've had a good season with both Daniel Nolan and Daniel Nickels showing their continued development in the higher positions in this team.

Michael Wood's Grade 3 team, who were nominated for Grade 2, sits on top of the ladder and will be tough to beat in this grade as some quality players continue to show their wares.

In this same Grade 3 section the Club has the second and third placed teams who are likely to meet each other in the first week of finals.

Dexter Bonet's Grade 3 team have been in great form all season and if all the boys fire in singles they will be tough to beat over six rubbers while Luke Chigwidden's Grade 3

side has been diligently working their way up the ladder and could be dangerous if Caleb Boland and Simo Rikalo keep their good form going especially in doubles.

In Grade 5, Bryce Mitchelson's team is again in the finals mix but needs to get a few points in the final round to ensure their spot in the semi finals.

This team is always highly competitive at this level and could make another deep run with their experience the key.

Also in Grade 5, the Club has two teams playing on Sunday and Alex Bielinski's side is assured of a semi final spot while Michael Commings' team needs a good win to sneak into the finals.

Both teams feature some very talented junior players who have showed they are ready to go to the next level.

Ross Lucas' Grade 8 side also needs a win in the final round to make the finals and they will be hoping they have the firepower to make it happen.

In Seniors Pennant it looks like the Club only has one side missing the finals at this stage.

Chris Straford's Grade 1 side will be looking to defend their title from last season as they sit in second position while Barry Evans' Grade 3 side is looking good having been the only team to knock off the top side and will make their run from third or fourth on the ladder.

James Tulloch's Grade 4 side sits in fourth position and needs a win to make sure they make the finals while Doug Bell's Grade 5 team should sneak into the finals in a six team section as they sit in third position with two rounds to go.

All in all it's been another very successful season for the Club, especially with the continued improvement of our Kooyong Fitzgerald scholarship holders.

We are sure to see many of them move up through the grades again next year, which is a fantastic effort by all involved.

Good luck to all of our men's teams for the upcoming finals series!

Matthew Findlay

Women's Pennant News

The Development Continues

It's been another year of exciting development for the women's Pennant teams at the Club with most still in the hunt for a finals spot as the last round approaches.

The Club continues to give our young players an opportunity to progress their tennis at the highest levels of competition in this state and hopefully the players are reaping the benefits now and into the future.

With four teams in Grade 1 this season it was important for the Club to blood some players at this level and we have seen some players take on that challenge with extremely impressive results.

Several teams have also suffered in various instances due to the travel required by a lot of our younger players as they chase the points at various levels across the globe but we continue to heavily support their endeavours to be the best they can be.

Karen Kleverlaan's Grade 1 team was one in this predicament as they lost Laura McNamara to Western Australia, Catherine Louis to injury and Isabelle Wallace to travel commitments throughout the year.

They have battled on throughout the season and are likely to finish fifth but were just one or two players short of being able to beat the top teams in their section which proved to be quite strong.

Kate Antosik's Grade 1 side has battled through a tough season with the help of several emergencies to keep them going and will finish in third position on the ladder.

This will see them face the tough task of playing at Hepner Place in the semi final but they have the talent to be able to win that match and possibly defend their title from last year.

Romy Stephens' Grade 1 team needs a win in the final round and they'll be hoping for results to fall their way to make the finals.

They have the top end talent to compete with the best sides at this level but if they make the finals they will run into Kooyong No 4.

Rebecca Leahy's Grade 1 team has been impressive all season and due mainly to the continued improvement of the younger players in this side.

Destanee Aiava and Katerina Valos have shown great poise in their first season at this level and will only continue to improve.

In Grade 2 the Club has seen some fantastic improvement from some of the Club's youngest players and they have been surrounded by some very experienced campaigners who have shown them the ropes.

Kate Francis' Grade 2 side continues to be at the top end of the ladder and will be tough to beat in the finals with the likes of Natalie Baic, Lucinda McKillop and the captain leading the way.

And while Daphne Mantzanidis' Grade 2 side will finish just outside the top four, it was a great effort by all the girls involved to be in it right up until the last few rounds and they will be better for the experience next season.

In Grade 3, the Club had two very young sides showing they can match it with their older and more experienced opponents.

Both sides still had a chance to make the top four in the final round but other results would determine their fate.

Olivia Green's Grade 3 team showed their growing maturity across the season and all of the girls are working hard to improve.

The same can be said for Peta Valos' Grade 3 team which is filled with talented youngsters and their season was another highlight for the Club as they showed they will be extremely good players in the future.

Alexandra Bailey's Grade 5 team should finish in second spot on the ladder and with many of the girls making their Pennant debuts this season we are now sure they can handle the higher levels of this competition in the future.

This team will be extremely hard to beat in the Grade 5 finals and are a smoky to win the whole grade.

Angela Woodruff's Grade 5 team will finish just outside the top four but it's been great to see several junior players show they belong at this level and they will be a big part of the Club's future in this competition.

Congratulations must go to all our teams no matter where they have finished on the ladder as we continue to take steps forward in our aim of developing players for the future.

Good luck to all the women's teams in the upcoming finals series!

Annabelle Andrinopoulos



junior competition news



The Club's Bayside Regional Tennis Association Junior teams have just started the July to December season having completed the February to June season nearly two months ago.

The 24 teams in the February to June season performed extremely well with 13 making the finals and 5 teams winning their way through to the grand final of their section.

On Saturday morning the Club had five teams playing across the two sections and it was Natalie Ronge's Section 1 team that finished third on the ladder while Alexandra McGrath's Section 1 team finished in fourth.

In the semi finals, Natalie's team was beaten by Carmelite in unfortunate circumstances but Alexandra's team of Samantha Leigh, Sarah Cameron, Zoe Potter, Alexandra McGrath, Sophia McGrath, Olivia McGrath and Max Potter was able to knock off the top side and move through to the grand final where they won the Club's only premiership for the season.

In Section 2 both of the Club's teams made it into the finals with Sam Waddell and Tom Sennitt's teams sneaking into the top four and facing the two Ardrie Park teams in the semi finals.

Sam Waddell's team was fortunate enough to win their way through to the grand final but the Ardrie Park 2 side was too strong in the decider for Sam Waddell, Hugh Benyon, Max Sinclair, Hannah Williams, Ben Lazar and Andrew Argryou.

On Sunday morning the Club had 9 teams move through to the finals including 6 teams in the top four sections.

In Section 1 the Club had three teams and they all performed extremely well throughout the year with two finishing the season in first and second position on the ladder.

Pierce Gilheany's Section 1 team finished on top of the ladder but were defeated by Dendy Park 1 in the semi final while Harrison Young's Section 1 team of Scott Kaiser, Harrison Young, Sebastian Loader-Oliver, Angus Stott, Ben Flaherty and Sam Liebelt defeated Bodley Street in the semi final but fell to Dendy Park 1 in the grand final.

In Section 3, the Club had three teams and all three made it into the top four at the end of the season.

In the semi finals Adam Weintraub's team defeated Corey Pabst's team while Ashley Spinks' team lost to Glen Eira Beech.

Adam Weintraub's team of Adam Weintraub, Thomas McKay, Paris Dagres, Elle Dagres, Alexandra Bailey and Madeleine Bailey unfortunately lost the grand final to Glen Eira Beech after a great season.

Chris Warwick's Section 4 team also made the finals, finishing on top of their section having been very tough to beat all season.

The team of Tom Meysztowicz, Sam Barnett, Chris Warwick, Hugh Griffiths, Tom Smith, Max Flaherty and John Amato won their semi final against Chelsea Heights but unfortunately lost the grand final to Dendy Park by a handful of games.

In Section 7 Jack Geason's team finished a great season in third spot on the ladder but unfortunately were beaten by Bentleigh Rec in the semi final.

Nicholas Farmer's Section 13 team also made the finals after finishing in second spot on the ladder.

Unfortunately Beaumaris Lawn proved to be too strong in the semi final but they had another very successful season.

Congratulations to all the kids and parents on another great season for the Club and it was fantastic to see so many at the recent Presentation Night in the Kooyong Room.

It's also great to see all of the kids in our teams continue to develop and especially to see so many of our young players reaching the top few sections of the competition.

The next step will be to transition the kids into the senior Pennant teams over the next few years as they continue their tennis development so feel free to contact Daniel O'Neill in the office about this process.

Kooyong vs Royal South Yarra Junior Round Robin

The Club is also looking forward to hosting the annual match against RSY in the coming months. Letters will go out to the kids about being involved and hopefully we can make it a great day for both clubs as we play for the Cedric Mason Cup for the first time.

PENNANT PROFILES



NAME: BRIDGETTE BECK

AGE: 16 GRADE: 1 PLAY L/H OR R/H: RH AUSTRALIAN RANKING: 105

TENNIS ACHIEVEMENTS:

- 14s National champion 2010
- 14/u National Teams Event Runners Up 2010
- 16s National Finalist 2011
- Grade 4 ITF Finalist 2011
- Grade 3 ITF Doubles Finalist 2012
- 16s National Doubles Finalist 2012
- Grade 4 ITF doubles winner 2012
- Waverly Platinum AMT Doubles Winner 2012
- National selection for 8 week tour to Europe in 2011

MOST ADMIRED SPORTSPERSON/WHY?

Maria Sharapova is someone whom I truly admire because of her determination and great attitude on court. She fights to the very end of each match and mentally she is so strong.

GREATEST INFLUENCE ON TENNIS CAREER/WHY?

Training at the Bollettieri Tennis Academy in Florida for 2 weeks was one of the biggest influences on my tennis. I met Nick Bollettieri and this was the first time I was really exposed to how tough high-level tennis is.

GREATEST SPORTING MOMENT WITNESSED?

The women's Australian Open Semi Final in 2009 between Serena Williams and Elena Dementieva. It was an inspiration to see their energy up close.

WHAT GOALS HAVE YOU SET FOR YOURSELF IN TENNIS?

It's my goal to play on the circuit one day and travel the world. I will always love tennis no matter where it leads me, whether it's professional tennis, going to an American college or playing in Australia.

WHAT DO YOU ENJOY MOST ABOUT PENNANT TENNIS?

I love the team friendships which are made at pennant. I have become so close to all the girls in my team, they're like family to me.

IF YOU WEREN'T A TENNIS PLAYER WHAT WOULD YOU BE?

If I didn't play tennis I'd definitely be highly involved with another sport. I used to be a really good swimmer and my mum has always said I have a swimmer's body.

WHAT DO YOU DO OUTSIDE OF TENNIS?

I still go to regular school at Wesley College so that takes up most of my day. On the weekends I love seeing my friends and catching up over lunch, going shopping, going for a run with my dog or just lying in bed with a good movie.

HOW MUCH TIME DO YOU SPEND DEVELOPING YOUR TENNIS EACH WEEK?

I spend roughly 16-17 hours a week developing my tennis if you include time spent in the gym and on court.

SACRIFICES REQUIRED TO PLAY TENNIS AT A HIGH LEVEL?

I can't go to all the parties or sleepovers that my friends go to, I need to wake up really early for training and be extremely organised but I once heard someone say "it's not a sacrifice, it's a choice" so I like to think of it that way.



NAME: MARC POLMANS

AGE: 15 GRADE: 1 PLAY L/H OR R/H: RH AUSTRALIAN RANKING: 88

TENNIS ACHIEVEMENTS:

- Winner of 4 National Titles (3 singles)
- Boroondara Silver AMT Singles Winner 2011
- Undefeated at No 1 Singles for Australia at 2011 World Teams Qualifier in Malaysia
- Belgium Young Champions Cup 2011 Singles Runner Up
- Netherlands Windmill Cup 2011 Singles Runner Up
- Won First Round of Qualifiers at 2012 Australian Junior Open
- Qualified for Main Draw Singles at 2012 Mildura Futures | Event at 14 years of age
- Won Singles Title at Denmark ITF in July 2012

MOST ADMIRED SPORTSPERSON/WHY?

Roger Federer – The best player ever. He's won 17 Grand Slams and I'm sure he will win more.

GREATEST INFLUENCE ON TENNIS CAREER/WHY?

Tony Vermaak – he was my tennis coach for six years. He taught me how to play tennis and encouraged me to play an all court game style. Wayne Arthurs and John McCurdy have coached me for the past 3 years now.

GREATEST SPORTING MOMENT WITNESSED?

2011 US Open Men's Singles Semi Final between Novak Djokovic and Roger Federer. Novak beat Roger after saving 2 match points and he was 5/3 down in the fifth set and went on to win.

WHAT GOALS HAVE YOU SET FOR YOURSELF IN TENNIS?

My dreams are to become a professional tennis player, become world number 1, to win a Grand Slam, play Davis Cup for Australia, and win an Olympic Gold Medal.

WHAT DO YOU ENJOY MOST ABOUT PENNANT TENNIS?

I enjoy playing in a team and to play against better players and to have support from fellow team members when I play.

IF YOU WEREN'T A TENNIS PLAYER WHAT WOULD YOU BE?

I would have played soccer. I gave up soccer and cricket to concentrate on tennis.

WHAT DO YOU DO OUTSIDE OF TENNIS?

I play computer games and like to go swimming or to the gym.

HOW MUCH TIME DO YOU SPEND DEVELOPING YOUR TENNIS EACH WEEK?

About 20 hours a week including all my off court work.

SACRIFICES REQUIRED TO PLAY TENNIS AT A HIGH LEVEL?

Sacrifices required to play tennis at a high level? I don't get to sleep in and had to give up other sports. It's also difficult to fit in school work.

Midweek Ladies Report

Most teams playing Midweek Ladies have recently concluded their seasons in either the Bayside Regional Tennis Association or Waverley & Districts Tennis Association.

In the Bayside Regional Tennis Association on Tuesday mornings, Stephanie Fry's team finished fifth in Section 1 while Priscilla Kiernan's Section 2 team ended the season in sixth. We had some success on Wednesday mornings in the same Association with Young Sook Edington's team winning the Section 2 grand final against Mordialloc. The team members were Amanda Balfe, Young Sook Edington, Jill Kaminsky, Angela Godwin, Jillian Ricketts, Rebecca Diedrich, Jo Seeley and Rong Xu.

On Thursday mornings, Jo O'Donohughue's Section A team made the top four but they were unfortunately knocked out in the semi final. In Section 1, Sue Lester's team finished second but went on to win the grand final against Elwood who finished on top of the ladder. The team of Anne Forbes,

Anne Kaiser, Anne Saville, Jenny McKay, Danni Whitely and Sue Lester have now moved up to Section A. Sally McIlraith's Section 1 team also made the top four but missed the finals due to it being a six team section.

In the Waverley & Districts Association, the Club had three teams competing on Thursday mornings. Gill Gleeson's team played in the A Reserve 2 while Mandy Lugg and Nancy Bassett's teams both played in B Special 1 but all three unfortunately missed the finals.

In the Tuesday morning MEMRLTA competition, which is in the midst of its Winter season, the Club has three teams competing. Sue Tyers' A1 team is currently in sixth position while Judy Mullen's A1 team are hot on their heels in seventh spot. Sandra Daly's A4 team currently hold down tenth spot in their section with just three rounds remaining. Congratulations to our two winning teams and good luck to everyone for the season ahead!



The Pro Shop



KLTC Merchandise, New Kooyong Winter range!
Latest winter tennis fashion (Lacoste, Head, Fila & K-Swiss),
gym attire (Leluu, 2XU, Fila), racquets & racquet bags.
Gift vouchers available also.

**SPECIAL: Head Backpack Was \$99 Now \$59!! Head
Mostercombi Tennis Bag Was \$169 Now \$109**

RESTRINGING – 24 HOUR TURNOVER

On site service with the most up to date technology

**BRAND NEW RANGE OF HEAD, WILSON,
BABOLAT & VOLKL RACQUETS**

**Use our demo programme to trial a large range
of racquets so our Qualified Staff can help select
a racquet to best suit your game.**

SPECIAL – Kids Shoes 20% off for all of August and September!!

Use our 25 years of industry experience to your advantage. Enquiries: Phone – 9038 7141 Email – proshop@kooyongltc.asn.au

Hours of business: Monday to Thursday 9.00am to 7.00pm, Friday 9.00am to 5.00pm,
Saturday 10.00am to 4.00pm & Sunday 10.00am to 2.00pm

KOOYONG International Tennis Academy

Academy Directions and Player Pathways

One of our major endeavours of the Academy is to develop pathways for all categories of players.

Whether a player wants to be sufficient at the recreational level, perform better at school tennis or become a US Collegiate player, we have a program to suit your needs.

Where to begin.....

The first entry point into tennis is the 3-5 and the 5-7 year old programs. Here a player learns the basic skills, co-ordination movements and the basic understanding of how to play a game.

From here, a player moves into either a private, group or semi private lesson depending on the interest, motivation and how quickly a player wants to improve their skills.

The next step is to get involved in the squad programs. At this stage players should be playing club level competition and beginning to play tournaments.

Squad Program

The squad programs are extensive and are designed for all abilities and ages and are an addition to the private or group lesson which are more technical based.

They begin at the **Performance level** for 8-12 year olds and this can be a 1 or 2 hour program and each runs twice a week.

These squads offer more intensive training than the group structure and enable players to learn more about the game via intensity of drills and match /point play conditions.

The next entry level is the **High Performance**. This is for players who range from club

competition through to VTA tournaments and pennant players.

These players need to be self motivated, have a high work ethic and begin to take their tennis more seriously to open up opportunities for the future.

The final entry point is at the **Elite Level** which is available as either a day program or after school.

This program is for players who see themselves wanting to develop a career out of the tennis industry, whether it be as a full time player, a collegiate player in America, a State Grade level player, or develop a real understanding of tennis industry which would enable the player to work in areas of sports marketing, accounting, sports law or events management.

An essential part of the elite players program, is the **TOURNAMENT SUPPORT PROGRAM**. Watching players at tournaments is paramount to a player's success and development.

We have just had a very successful trip to Adelaide where players competed in the 10, 12 14 and 16 age groups.

These players were very fortunate to travel with Doug Hill one of the Academy's most senior coaches who has had extensive overseas and interstate travel experience and provided enormous support to the players.

All players achieved great learning outcomes and had some exceptionally good success.

It is so important throughout the process to keep in touch with the individual coach to make sure the player is on the right path depending on their interest and where they want to take their tennis in the future.

Keeping in touch with the office, where you can talk to either Shane Hille or Glenn Busby is also important in discussing the direction and pathways.

If you want to find out any more about the following programs please call the office on 98246860 and we will do our best to assist you in any way possible.

Tennis Australia "Hot Shot 3-5 And 5-7 Year Old" Program

This is a program totally designed for the age and size of the player. The program is supported by small racquets, smaller courts, different speed and height of bounce of the balls to enable the player to have a greater possibility of success and enjoyment and learn how to play the game of tennis.

Kooyong Monday and Wednesday Ladies Program

The clinics are still a big attraction for Kooyong's members.

Each clinic is devoted to technique correction, drilling, fitness and match-play and caters for all standards.

Aside from getting a great workout, our clinics are a great opportunity to meet other players and club members, form friendships or find a hitting partner.

Private, Semi-Private and Group Coaching

Lessons run 7 days a week for all four terms of the school year. We also offer casual lessons for players looking for a quick revision of their technique or alternatively you can request a hitting session with one of our coaches to groove your strokes or warm up before a tournament.



Do you want to be a professional tennis player or take your game to the next level?

Bootcamps are high intensity, highly invigorating sessions where you are guaranteed to hit the maximum amount of balls in an hour's capacity.

These are run Tuesday and Thursday mornings at 6.30 to 7.30 am and lunchtimes. These are great workouts. Drills, match and tournament play program. Our newest program is looking to provide an environment where players can come in between 12.30

to 3pm on a Monday/Wednesday/Friday and be involved in drills that will enable you to groove your strokes, be engaged in a wide variety of match play and provide tournament environments.

We will be catering for all standards and ages. If you are looking to improve your match playing abilities, we will be providing valuable match analysis from the experience of our coaching staff, which includes:

Ross Belman – Has just come off the WTA tour where he has been working for past 9 years and has an enormous amount of up to date knowledge and experience.

Sesan Onyeni – TA Coach, TV State Coach, ITF travel coach.

Glenn Busby – former coach of ATP and WTA top 20 players and World Seniors No.1 for the past 6 years.

SQUASH NEWS

KOORYONG PLAYERS WIN OCEANIA CHAMPIONSHIPS

The Oceania Squash Federation (OSF) is one of the five regional federations of the World Squash Federation (WSF) and provides services to its member countries and territories in the Oceania Region, extending from Guam in the North to Antarctica in the South, Australia in the west to French Polynesia (Tahiti) in the east.

The OSF is responsible for promoting and developing the sport of squash to all communities throughout the region and representing squash for the WSF.

The Oceania Junior Championships were recently held in Melbourne and Kooyong is proud to boast of three individual winners.

Sam Ejtemai – Winner of the under 17 Boy's Division

Taylor Flavell – Winner of the under 19 Girl's Division

Victoria Leow – Winner of the under 17 Girl's Division

Jacob Oates made it through to the grand final of the under 15 Boy's Division but was beaten in four tough sets.

Jacob's hopes were dashed when he led 8/1 in a game that got away from him.

Jacob, who turns 15 soon, will step up to the under 17 division for all future tournaments.

KOORYONG JUNIOR INVITATIONAL

To promote junior squash, a decision was made to hold an invitational event available to juniors on the same weekend as the Victorian Open.

The event was for Squash Australia boys and girls Talent Squad members and visitors competing in the Victorian Open who were eliminated in the qualifying or first round of the Victorian Open.

Staging the junior invitational allowed Kooyong to give these juniors another opportunity to gain experience in full length games against ranked players from both Australia and overseas.

The event was run over two days and the winners were:

Men's – James Earles from the United Kingdom

Ladies – Joint winners were Genevieve Lessard from Canada and Anjonella Falcione from Argentina

THE VICTORIAN OPEN

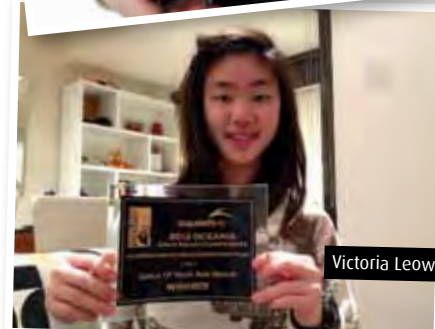
After the conclusion of the Kooyong International, the players moved on to the Victorian Open and the form from Kooyong proved to be a strong guide.

Runner up in the men's Kooyong International, Campbell Grayson, went on to win the Victorian Open while Amanda Landers-Murphy, also runner up in the Kooyong International, was pipped in the final.

Colin Cruikshank
President



Taylor Flavell



Victoria Leow



Winners of the Victorian Open



Kooyong's Colin Cruikshank making a presentation for the Kooyong Junior Invitational

THE SARAH FITZ-GERALD AWARD

The Sarah Fitz-Gerald award began in 2008 and is awarded to a junior who has performed extremely well on court but also shows the qualities that Sarah Fitz-Gerald had coming through as a junior and became the person she is today.

The selection criteria for this award is:

1. Must be a resident of Victoria.
2. Must have excelled and/or achieved significant results at the highest levels in Victorian and/or Australian and/or World Junior Championships.
3. Must have been a member of the Victorian State Junior team and/or Squash Vic's Player Pathway.
4. Must have displayed sportsmanship, integrity and good demeanour both on and off the court during their junior career.
5. Must have been properly attired during play and exhibit a proper attitude to coaches, officials, sponsors, media, discipline and all stakeholders within the sport during their junior career.
6. Have a high standing amongst their Victorian peers.
7. Displayed the capacity to inspire others by their achievements and example.
8. Have displayed strong intentions to continue in the sport at the professional playing level e.g. membership of PSA or WISPA etc.

The past winners of this award have been:

2008 – Sarah Cardwell

2009 – Selena Shaikh

2010 – Nicole Stoneham

This year it was awarded to:

Sam Ejtemai and it was presented to the talented junior after his win at the Oceania Championships.



Kooyong's Sam Ejtemai

Billiards and Snooker Report

by Alistair Macindoe

“
The physical and
mental pain (of
playing snooker)
has been taking
its toll.

— Ronnie O'Sullivan, four
times World Professional Snooker
Champion and current champion,
who has announced that he's
taking a break from the game.

”

A Grade Snooker Team Finishes Ninth

The snooker team had another trying season, finishing ninth out of ten teams, having had one win, two draws and fifteen losses.

Our best player, David Cosgriff, did well winning more than half his frames at number one, a creditable performance.

Emerging Stars Snooker Championship

This contest will be held at the Club on Friday August 10 starting at 7.30pm. Enter by filling in the form in the Billiards room or by sending an email to me at:
alistairmacindoe@yahoo.com.au.

It is to be played without handicaps; however the regular A-grade players are excluded. Entry is free!

Lessons in technique

This time we look at how to make a bridge when the cue ball is near the cushion.

In these situations the bridge hand cannot be placed on the bed of the

table, and so you must improvise a bridge that allows you the best chance of making the pot.

Neil MacLachlan, a top player at Kooyong, shows us how to do it.

In the photo which shows Neil lining up the black, the cue rests on the cushion, but is kept snugly on line by resting between his cocked thumb and his second metacarpophalangeal joint.

The other fingers are spread evenly to make sure that nothing moves as he delivers the cue.

This bridge is ideal when the line of the cue is perpendicular to the cushion. Note also how flat Neil keeps his cue; this is very desirable: if you raise the butt of the cue, it is very easy to swerve the cue ball.

And if that happens, your chances of making the pot will be negligible.

Next time we'll look at another tricky situation when the cue ball is near the cushion.



Bridge News

With the Wintry weather and many Members travelling on holidays at this time of year, the Bridge Club attendance has fallen slightly.

Interest will be generated by the Jim Borin Trophy Competition and visits from Melbourne Cricket Club Bridge Club and RACV Bridge Club.

November 18th is our very popular Swiss Teams Congress.

Several of our Members are struggling with serious health issues and as they read this please be aware that we care and are concerned on your behalf. Our wish is to see you back with us.

Sadly, Val Miles has retired from the Committee due to ill health and we will miss her and thank her for her valuable hard work on the Committee. However, she has generously offered to still assist on Mondays.

We congratulate and are very proud of Joan Kermond and Virginia Rugless who competed at Kooyong in the May Bridge for Brain Research competition and were placed fourth in Victoria. An amazing result.

Bruce Higgs is now "The Connector" and if you phone 0413 712 892 and leave a message that you are looking for a partner on a particular date and Bruce will endeavour to "connect" you to another Member also looking for a partner.

Please also note that Members can bring a Visitor as a partner three times in a year. Don't miss your game at Kooyong if you can help it!

All Members of KLTC are always very welcome to join us for a game on Monday at 12.15 p.m or Tuesday at 7.15 p.m.

Leeron Branicki, President



Winning Kooyong Team with Runners Up Woodlands Golf Club



Val Miles - retiring Committee Member

Creche Report Creche Report Creche Report Creche Report Creche Report Creche Report Creche Report Creche Report

Adriana, along with Gill, Sue and Marie, continue to provide a caring, happy and fun environment for members' children and grandchildren in the crèche, whilst those members make the most of Kooyong's facilities.

On any weekday morning, from 9.15am, there are a maximum of 20 children in the crèche, with at most 6 babies under 18 months. There are lots of different activities to do, both inside and out, such as painting, drawing and collage, dressing up, playing with dolls, cars and trains as well as riding bikes, playing in the sandpit and climbing and sliding on the play equipment. About 10.15am, the children enjoy eating their morning tea together.

With their children happily settled and playing in the crèche, mums, along with some dads and grandparents, play tennis, go to the gym, do a Pilates class, or just have a coffee, chat or read the newspaper in the bistro.

The crèche operates during school terms, from 9.15 am to 12.00 pm on Mondays to Thursdays and from 9.15 am to 12.15 pm on Fridays.

The annual family registration fee for 2012 is \$75, with a session fee of \$12 per child.

For more details and to arrange a tour, please contact the Pro-shop.



Diary Dates

Please diarise the following events that the Crèche committee has planned so far for 2012.

Ladies' Tennis Night: From 7.00 pm on Friday September 7th. Leave the children with dad and come and have a hit with the girls, followed by dinner and drinks in the bistro. Please feel free to bring along some friends too.

Parents' Tennis Night: From 7.00 pm on Friday October 26th. Once again, come and have a hit with the girls, and bring along your partner and/or some friends if you'd like, and then enjoy dinner and drinks in the bistro afterwards.

Crèche Committee AGM - Wednesday 14th November 2012. If you're interested in joining the committee, please come along. We're looking for some new committee members and would love to see you at the AGM.

KLTC Children's Christmas Party - Sunday 25th November 2012. An annual tradition - a wonderful party to celebrate Christmas for the children and grandchildren of all Kooyong members, not just crèche members, and their non-member friends - suitable for children 6 years and under.

I look forward to seeing you and your children at crèche.

Samantha Wood
President

the Social committee



**Winners of the Best Dressed,
Michael Righetti and Julie Campbell-Bode**

HAVIN' A HULA OF A TIME!

Luau Hawaiian Buffet Dinner Dance Friday March 30

A balmy 30 degree evening was the perfect weather to enjoy our 'Hawaiian Luau' themed dinner dance held in the Sir Norman Brookes and Presidents Rooms.

Members and guests embraced the spirit of the evening by dressing up in colorful tropical Hawaiian and surf attire. Winning the prize for the best dressed female was Julie Campbell-Bode and best dressed male went to Michael Righetti.

The Limbo proved popular and was won by Heather Anderson, limbo-ing a close second was Kat Benyon.

We are very pleased to report there were no incidents of slipped discs or ruptured lumbers which just goes to show how amazingly fit and flexible Kooyong sporty types are.

The surf was 'up' with the movie 'Ride the Wild Wave' playing on the big screen in the background while DJ 'Moondoggie Mike' kept us bopping into the wee hours.

Special thanks go to Tim, function coordinator on the night, the Kooyong function and catering team for their great service and hospitality in helping make this night a huge success.

RSYLTC v KLTC Social Tennis Challenge Sunday April 22

Unfortunately, we didn't bring home the cup with RSY winning for the 2nd year in a row.

However, we enjoyed a great afternoon of mixed doubles tennis. RSY Sports Director, Julian O'Donnell made sure all games moved along smoothly and were finalized before the forecast storm hit.

RSY were wonderful hosts, the after party a delightful soiree held in their Sir Norman Brookes Room.

We look forward to again hosting this event in 2013. As playing spots are limited, we suggest submitting your entry forms early to avoid disappointment.

The date for 2013 is yet to be scheduled but keep up to date on information and events by viewing the Member Groups/ Social Committee section of the Kooyong website.

Mixed Doubles Round Robin Sunday 27th May

Thankfully the rain held off for the 68 members and guests who participated. Most enjoyed 5 sets of tennis with some groups playing 6, so at the end of play it was with great enthusiasm that we headed up to the Sir Norman Brookes Room for well deserved drinks and canapés.

The overall winning doubles were Nigel & Nicole Bruce-Smith. The individual male winner was Doug Harnick and individual female winner, Jodi Shevlin. All the winners received a prize.

Due to the increasing popularity of our organised tennis days we were oversubscribed to this event but we managed to accommodate all participants and everyone had a great day.

SOCIAL COMMITTEE

The Social Committee has had a 'changing of the guard' since the last issue of Courtside. David Hadley resigned as President due to work commitments and Jenny Silvers and Cindi Damian are now Co Presidents until the AGM, scheduled for December.

We would like to thank David for his contribution to the Social Committee and we wish him every success in his new role.

Also, congratulations to our Vice President Tanya Fryc and her husband Ben, who welcomed their first child Isabelle Josephine, who arrived safe and well, though a little early. Mother, Father and baby are all doing well!

LOOKING AHEAD

The functions we have organized this year continue to be popular and feedback around the Club is positive and enthusiastic. We welcome all suggestions from our members and if you have a particular event you would like to see hosted, please do not hesitate to contact us.

You will find our events calendar listed on the Kooyong website under Member Groups/ Social Committee and also posted on our section of the notice board at the Members' sign-in desk, and on the J.P Young Pavilion notice board.

To access the members section of the website you must first register your details online. We encourage all members to register so that we can keep you informed of special events and functions by email.

We look forward to welcoming you at these forthcoming events and functions:

Friday 3 August:

'Happy Hour' drinks in the Winter Garden Hopman Bistro. Cast off the winter chills and warm up in the company of old friends and new with an evening of good fun and friendly club cheer. Members and guests welcome.

Saturday 15 September:

'Bond is Back', 007 Formal Dinner Dance. 3 Course Dinner plus Canapés and Beverages featuring Mike and the Party Band, licensed to thrill! Raffle prizes: Proceeds to support the Kooyong Foundation. Members and guests welcome.

Sunday 14 October:

'JJ Memorial Tennis Day' Mixed Doubles Round Robin Tennis followed by canapés and drinks in the Sir Norman Brookes Room. Members and guests welcome.

Sunday TBA December:

'Countdown to Christmas' Jazz on the Balcony. Sunday afternoon Jazz and drinks on the Terrace of the Kooyong Room. Members and guests welcome.

We hope to see you soon!

Cindi Damian and Jenny Silvers
Co Presidents

Royal Children's Hospital Auxiliary

The **Royal Children's**
Hospital Melbourne



Looking back over the past six months, I realise how successful our fundraising has been with the great support of all our friends.

The Easter raffle proved very popular this year, due largely to the great efforts of Denise and her helpers, very busily selling tickets to members and friends in the Bistro.

Our Card Day in April was very well attended, and including the raffle and the wonderful stall, so well stocked and presented by Phyllis George, proved very successful with a great result.

My sincere thanks to you, Phyllis, for your great support.

On Sunday 1st July we held our first Christmas in July Luncheon.

Numbers are well up and the Committee was looking forward to a happy day.

I must also mention that in this year, 2012, the Royal Children's Hospital Auxiliaries are celebrating 90 years since their inception and with the establishment and opening of the new hospital it's certainly a time of celebration.

Our Auxiliary is very honoured to have Sue Manson, Auxiliary Coordinator at the hospital, attending our Luncheon and we look forward to hearing all the news regarding the celebrations.

The next function to pen into your diaries will be the Trivia Night on Friday the 5th of October.

So start now to organise your table of friends and watch the noticeboard in the Clubhouse for further details.



The April Card Day

I am also very happy to include here a photograph of two Committee members, Caroline Hill and Joan Layet, taken at the 'Living Treasures Luncheon' when they were inducted recently.

Congratulations to you both for your continuing hard work on our Committee.

Other snaps included were taken at our April Card Day.

Also, please note the Entertainment Books are available at reception.

Looking forward to joining all our friends on the Trivia Night.

Marie Devereux
President



Caroline Hill & Joan Layet
at the Living Treasures Luncheon



Freda and Phyllis' Stall at the Card Day



Denise Cosgriff with the Raffle Prizes
at the Card Day

Wine & FOOD

SOCIETY



WFS Committee: Robin Daubney, Mary Hoban, Peter Ebbels, Christine Johnson, Cindi Damian, Graham Schmidt.
Missing: Peter Nolan & Marie Pernat

40th Anniversary Gala Dinner

Friday 24 August

7pm for 7.30pm

The Kooyong Room

Dress: Cocktail

Enjoy Mumm champagne on arrival. Great food, wine, music, dancing and fun... don't miss this special event! All KLTC Member and their guests welcome.

**Please join in the celebrations
– A night to remember!**

Friday 23 March – Gourmet Barbeque

This special themed event was a display of culinary skills from Chris Goulding and his team with a superb menu, quality and presentation.

Each course was matched perfectly with wines and boutique beers chosen by Patrice Renoudin with his amazing expertise and knowledge.

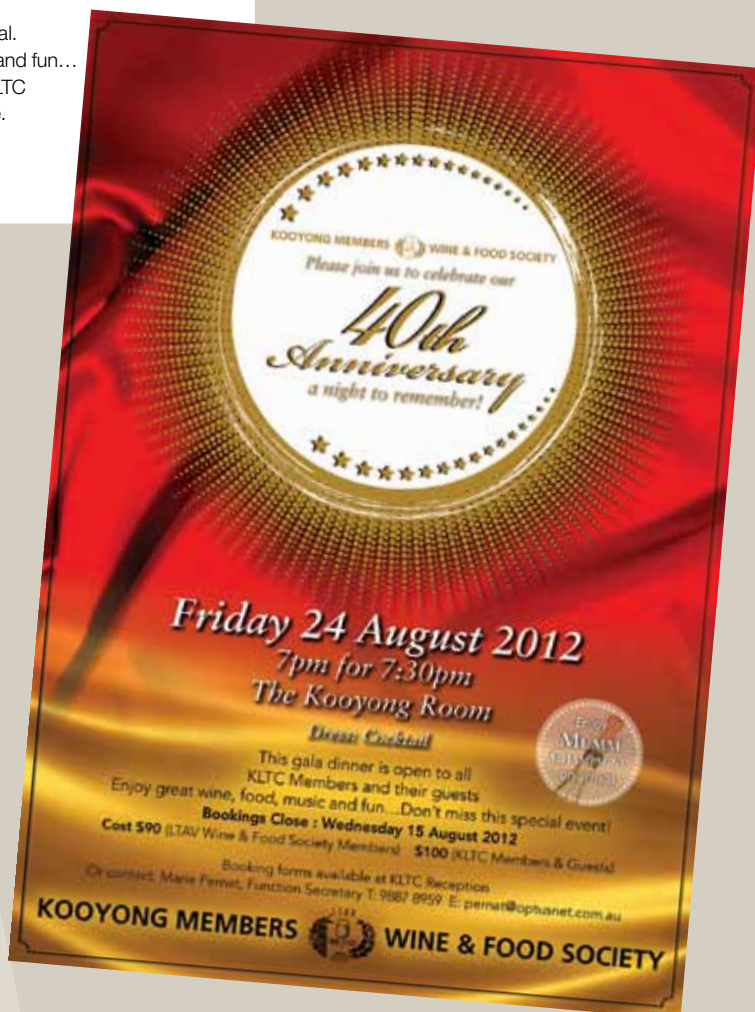
Also, thanks to Kristina McArdle and her team for their exemplary service and attention to detail - everything was taken care of to the highest standard, including the move indoors due to rain which prevented our barbeque being held on the Terrace as planned.

This was no ordinary barbeque but a magnificent feast!

Wednesday 16 May – Fish Dish

This was one of our two venues offsite from Kooyong for 2012 and the committee chose something completely different with a seafood restaurant in the city.

It was a fun night with a creative menu of different seafood, wines and camaraderie shared by members and guests, as you can see from the photos!



Future Diary Dates

Friday 24 August – 40th Anniversary Gala Dinner in the Kooyong Room

Friday 30 November – End of Year/ Christmas function in the Racquet Club

Please join us – make a note in your diary for these dates now!

Christine Johnson
President



Courtesy of DMB Photography

HEALTHCLUBNEWS

BETWEEN WORK, COMMUTING TO AND FROM WORK, STUDYING FOR EXAMS, RAISING A FAMILY AND COPING WITH AN UNCERTAIN ECONOMY, STRESS HAS CERTAINLY BECOME A NORMAL PART OF DAILY LIFE FOR MOST.

Perhaps that could explain why so many people, millions in fact, are turning to yoga.

From judges to celebrities, sports teams to Fortune 500 CEO's, there seem to be very few who have not given it a go, and the main reason they cite is to relieve stress.

Of course, as the resident yoga teacher for Kooyong, it's my job to inform you about the wondrous stress relieving affects of my yoga classes.

But rather than just taking my word for it, I am going to give you some other interesting facts that will hopefully give you more reasons than ever to be "down" with your downward facing dog.

How yoga helps to promote health: While yoga and relaxation practices have been around for thousands of years, evidence based research into the health benefits of yoga is still in its infancy.

YET THE RESEARCH THAT IS BEING DONE IS CERTAINLY POINTING IN A VERY PROMISING DIRECTION!

So far yoga has been shown to lower blood pressure and heart rate, which can help reduce a person's risk of heart disease.

Marike Knight is Kooyong's resident Yoga teacher



There are other heart benefits too: A 2006 study found that yoga helped lower cholesterol levels and improve circulation in people who have cardiovascular disease.

Further, in the last 5 years, more and more studies are revealing the very real impact yoga can have on other stress-related illnesses including anxiety, migraine, depression, insomnia, inflammatory disease and adrenal exhaustion – just to name a few.

As for corporate stress in February 2012, Mark Bertolini, CEO of one America's largest health insurance companies, Aetna, released his own research finding that yoga can reduce stress and lower health care costs for companies.

The CEO's study (which involved 33,000 of his 330,000 employees) showed there was a 33% decrease in employee stress after taking yoga classes.

Better still, his findings suggested that only 1 hour of yoga per week was needed to start lowering the stress levels of his staff.

As an ex-corporate I certainly know this to be the truth. Over the years, when studying for law exams, working in a stressful legal career or simply dealing with daily stress, I noticed that as soon as I walked out of a yoga class I felt more focused, relaxed and much more able to accomplish the long list of tasks that needed to be done.

Reducing stress is one of the main reasons I became a yoga teacher, and is exactly what my yoga classes at Kooyong are focused on doing. My style of yoga, Vinyasa yoga, is centred on moving through a sequence of postures called "Asana" while maintaining a connection with your breath.

Any Kooyong member who comes along to a class will tell you as soon as you enter the

classroom my main emphasis is to start making you focus in on your breath, that and of course downward facing dog!

By focusing on the breath, the body moves almost immediately in to a more relaxed and restorative mode.

Scientifically speaking, you begin to switch off the over-stimulated sympathetic nervous system and instead turn on the parasympathetic one so that by the end of the class you are feeling calmer, more rejuvenated and definitely less stressed.

But, of course, if potential health benefits aren't enough to convince you there is also the long list of other wonderful benefits that you will achieve from maintaining a weekly yoga practice - keeping toned and fit, increasing muscular strength and flexibility, developing better bone density and moving with much greater ease.

Does it sound too good to be true? While yoga won't cure everything that ails you, or make the traffic ease, or make the boss nicer, it will certainly help you deal with stress better.

AND THAT COULD MAKE A BIG DIFFERENCE IN YOUR OVERALL HEALTH AND WELLBEING.

GETTING STARTED: You don't need a lot of expensive equipment or to be in tiptop shape to start practicing yoga. All it takes is loose clothing, bare feet and a willingness to give it a go.

Kooyong's yoga classes take place every Monday and Wednesday evening from 7-8pm. All levels are welcome.

If you have any enquires regarding the Health Club Activities you can contact Health Club Manager Michael Kull on Mobile: 0419 003 762 or Ph: 9822 3333.



AUGUST

6th
New Members' Night

10th
Emerging Stars Snooker Championship

17th
President's Lunch
Lunch featuring Jana Pittman and Stephen Quartermain

24th
Wine & Food Society
40th Anniversary Dinner

SEPTEMBER

2nd
Father's Day Buffet Lunch

7th
Crèche Ladies Tennis Night

15th
Social Committee
James Bond Dinner Dance

17th
The Champions' Dinner

27th
Royal Children's Hospital Auxiliary Card Day

OCTOBER

5th
Royal Children's Hospital Auxiliary Trivia Night

11th
Inter Club Wine Challenge

14th
Social Committee JJ Tennis Day

25th
Kooyong Annual General Meeting

26th
Crèche Parent's Tennis Night

28th
Cedric Mason Cup Junior Teams Event vs Royal South Yarra

NOVEMBER

14th
Crèche Committee Annual General Meeting

18th
Bridge Swiss Teams Congress

25th
President's Day Official Opening of the grass courts

25th
Crèche Kids Christmas Party

30th
Wine & Food Society Christmas Dinner

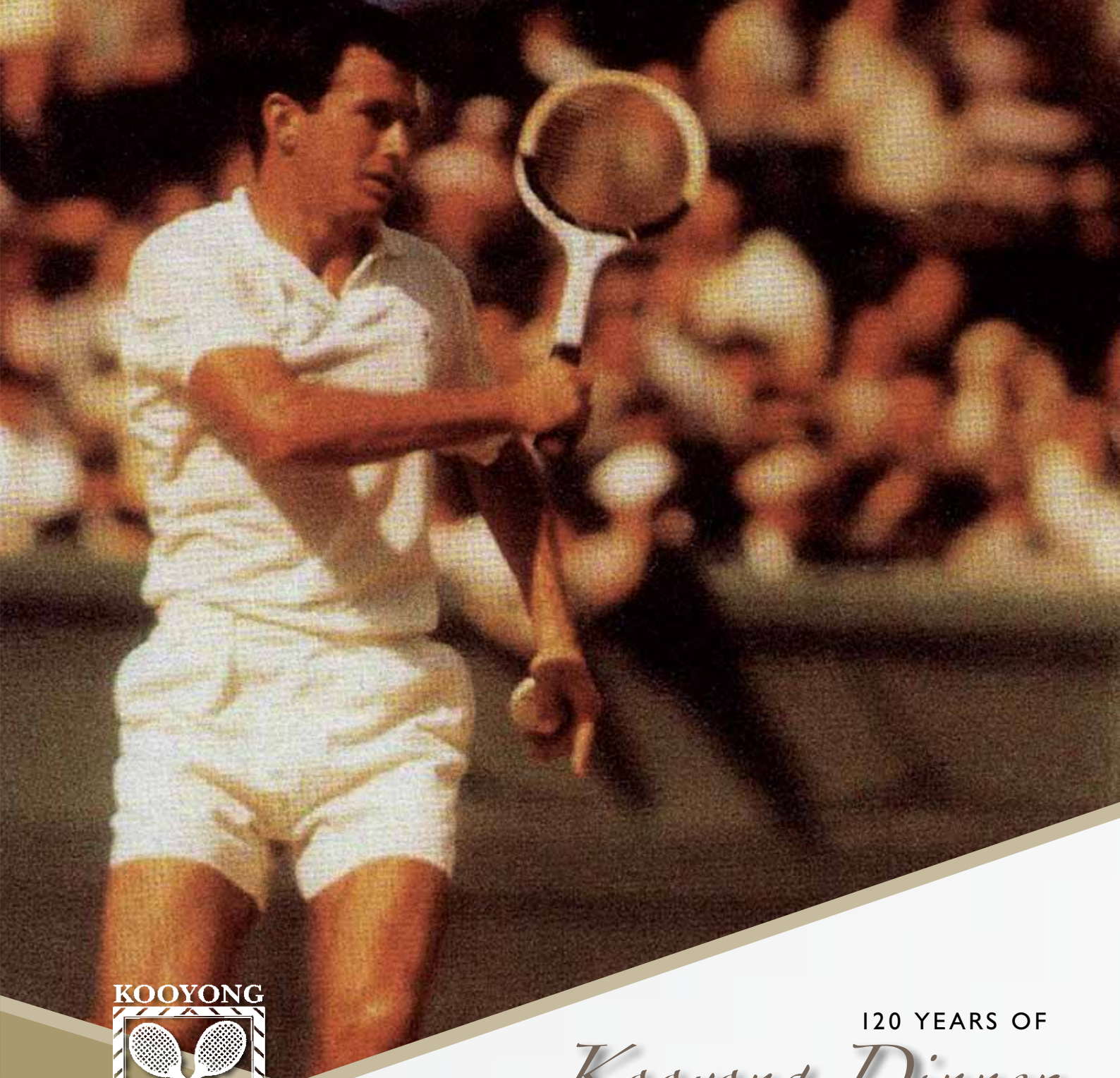
Royal South Yarra & Kooyong
Young Members' Invite You To

The 2012 Yarrayong Apres Ski Ball

Date: Saturday 18th August
Time: 7.30pm
Cost: \$70 per person

Venue: Royal South Yarra
310 Williams Road North,
South Yarra

Members are allowed to bring 1 guest



120 YEARS OF
Kooyong Dinner

Featuring former
Australian Open champion
and world number 1 Ashley Cooper.
Come and celebrate all that this wonderful
Club represents in its 120th year.

FRIDAY 19TH OCTOBER AT 7PM, THE KOORYONG ROOM

Contact the Club on 9822 3333 for more details.



FUNCTIONS AT *Kooyong*

Kooyong is the ideal venue for all your function needs.

With all rooms offering terraces overlooking the tennis courts and gardens, Kooyong provides a unique dining opportunity for all your needs. End of year dinners, birthdays, special celebration, weddings and corporate needs; Kooyong caters for these and more. Great views compliment a specially selected menu, good wine and friendly service, and make Kooyong the right choice for all your function needs.

During the festive times ahead, or in the New Year, Kooyong is the perfect place to create an event to remember. Speak to Kristina and our welcoming staff about your upcoming function.