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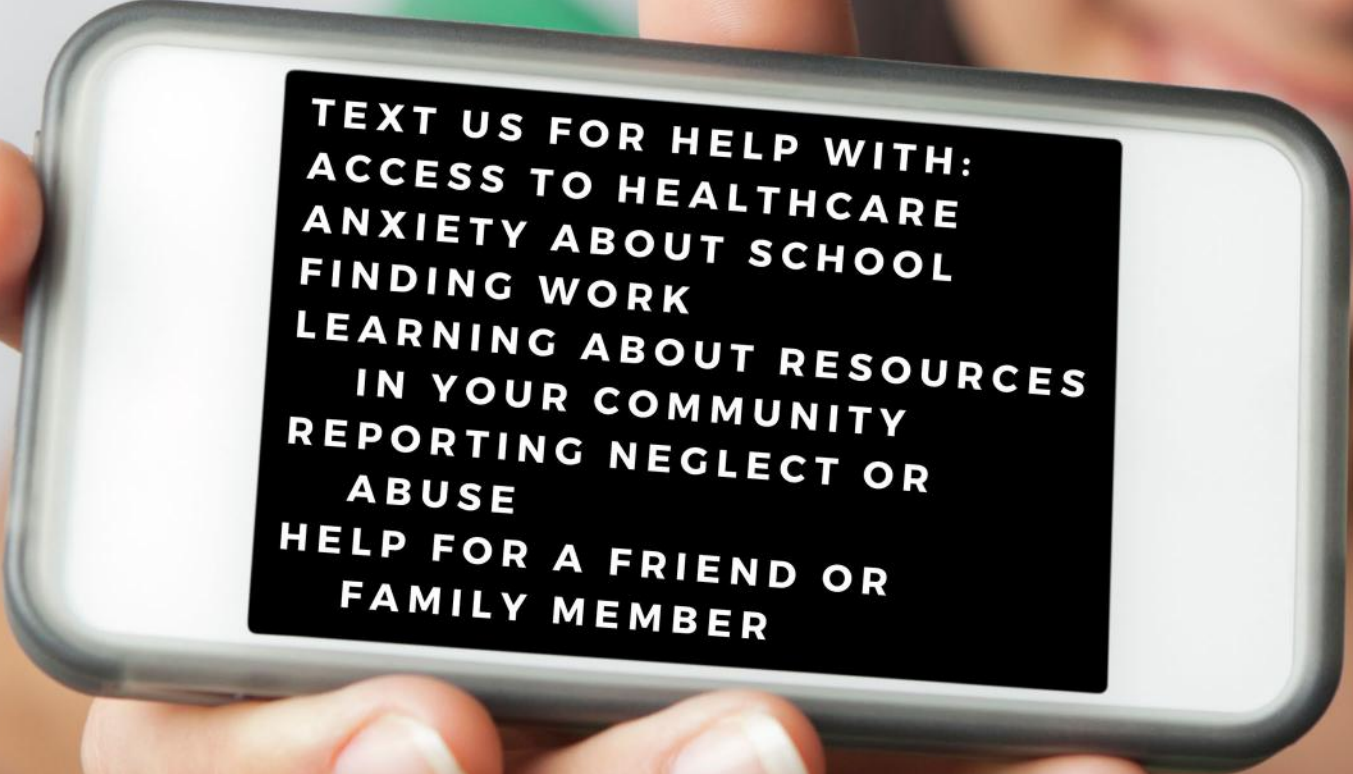
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Welcome from NMAA Executive Director



Sally Marquez
NMAA
Executive Director

It is funny how certain seemingly insignificant moments in our lives come rushing back to us from time to time. As I sat down to craft this letter, I remembered my high school days, sitting in History class, learning about the Spanish Flu. My teacher for that class was a coach, so I, of course, was deeply engaged and sitting in the front row. I can vividly remember him bringing in a mask to demonstrate how society lived and managed during that time and the measures they took to stay safe. It was the first time I had ever heard the word “pandemic.”

Honestly, those memories were washed into the far corners of my mind, as they likely were for most of my classmates, as we considered it history and not something that would have any relevance in our lives. Fast forward over 40 years and the voice of my teacher and his lessons of the Spanish Flu have come back to me, as though my days in his class were just yesterday.

I had always wanted to be an educator. My teachers and coaches became my role models, so knowing what I wanted to study in college came at an early age. As educators, we are taught how to manage a classroom, how to deliver the curriculum in several different manners, how to write lesson plans, and how to communicate with our students. As administrators, we are taught how to evaluate teachers, how to ensure we are following both Federal and State standards, how to manage a budget, and how to

communicate with parents, the community and any other parties within our reach.

Of all of the lessons we were taught and the tools in our proverbial toolboxes, we were never taught how to handle a pandemic! We may have learned about crisis management or how to deal with stressful situations in our classrooms and our schools, but the management of a pandemic was never a lesson taught to or learned by any of us.

However, through our education, experiences, and backgrounds, we learned how to see the light through darkness and how to find the silver lining in the gloomiest and most dismal looking clouds.

“I will love the light for it shows me the way, yet I will endure the darkness for it shows me the stars.” - Og Mandino

We learned how to endure difficult, treacherous and uncertain times.

“I ask not for a lighter burden, but for broader shoulders.” – Jewish Proverb

We learned how to find success in the midst of our most challenging adversities.

“Tough times never last, but tough people do.”– Robert Schuller

Most of all, we learned how to achieve, no matter the circumstances.

“Things turn out the best for the people who make the best of the way things turn out.” – John Wooden

We are all in this together. The membership of the NMAA will persevere and overcome, fueled by the knowledge that what we do matters and is important to the students we serve and to the communities from every part of the Land of Enchantment. Our country endured and overcame the 1918 Pandemic, and we, too, will persist and reemerge from the 2020 pandemic stronger than we were before.

“I learned there are troubles of more than one kind. Some come from ahead, others come from behind. But I’ve bought a big bat. I’m all ready, you see. Now my troubles are going to have trouble with me.” – Dr. Seuss

Let us all carry an attitude of positivity and success forward knowing that how we handle today will affect future generations.

Sally Marquez
Executive Director



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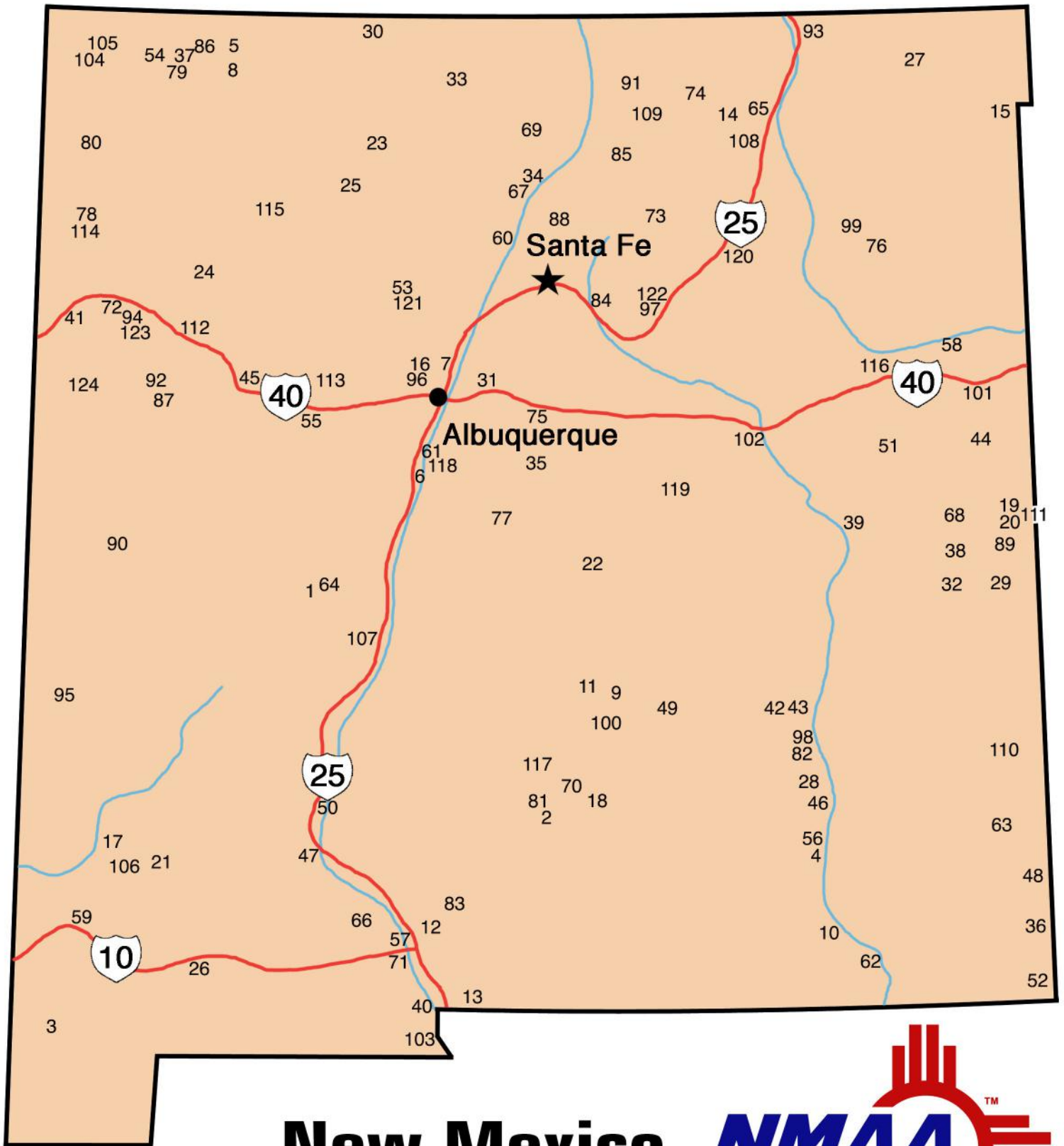
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Cottonwood Classical
Del Norte
Eldorado
Evangel Christian Academy
Foothill
Highland
Hope Christian
La Cueva
Legacy Academy
Manzano
Manual
Native American Community
Oak Grove Classical
Rio Grande
Sandia
Sandia Prep
St. Pius X
Valley
Volcano Vista
West Mesa

Santa Fe Area

Academy for Technology
and the Classics
Capital
Monte Del Sol
NM School for the Deaf
Santa Fe
Santa Fe Indian School
Santa Fe Prep
Santa Fe Waldorf
St. Michael's
Tierra Encantada

1 Alamo Navajo
2 Alamogordo
3 Animas
4 Artesia
5 Aztec
6 Belen
7 Bernalillo
8 Bloomfield
9 Capitan
10 Carlsbad
11 Carrizozo
12 Centennial
13 Chaparral
14 Cimarron
15 Clayton
16 Cleveland
17 Cliff
18 Cloudcroft
19 Clovis
20 Clovis Christian

21 Cobre
22 Corona
23 Coronado
24 Crownpoint
25 Cuba
26 Deming
27 Des Moines
28 Dexter
29 Dora
30 Dulce
31 East Mountain
32 Elida
33 Escalante
34 Española Valley
35 Estancia
36 Eunice
37 Farmington
38 Floyd
39 Fort Sumner
40 Gadsden
41 Gallup
42 Gateway Christian
43 Goddard
44 Grady
45 Grants
46 Hagerman
47 Hatch Valley
48 Hobbs
49 Hondo Valley
50 Hot Springs
51 House
52 Jal
53 Jemez Valley
54 Kirtland Central
55 Laguna Acoma
56 Lake Arthur
57 Las Cruces
58 Logan
59 Lordsburg
60 Los Alamos
61 Los Lunas
62 Loving
63 Lovington
64 Magdalena
65 Maxwell
66 Mayfield
67 McCurdy Charter
68 Melrose
69 Mesa Vista
70 Mescalero Apache
71 Mesilla Valley Christian
72 Miyamura
73 Mora
74 Moreno Valley
75 Moriarty
76 Mosquero
77 Mountainair
78 Navajo Pine
79 Navajo Prep

81 NM School for the
Blind/Visually Impaired
82 NMMI
83 Oñate
84 Pecos
85 Peñasco
86 Piedra Vista
87 Pine Hill
88 Pojoaque Valley
89 Portales
90 Quemado
91 Questa
92 Ramah
93 Raton
94 Rehoboth Christian
95 Reserve
96 Rio Rancho
97 Robertson
98 Roswell
99 Roy
100 Ruidoso
101 San Jon
102 Santa Rosa
103 Santa Teresa
104 Shiprock
105 Shiprock Northwest
106 Silver
107 Socorro
108 Springer
109 Taos
110 Tatum
111 Texico
112 Thoreau
113 To'hajiilee
114 Tohatchi
115 Tse' Yi' Gai
116 Tucumcari
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2021 State Box Assignments

A-2A Boys Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 2	Second Place	5	Pecos
		6	
District 4	Second Place	7	Loving
		8	
District 5	District Champions	9	Mesa Vista
		10	
District 3	District Champions	11	Cloudcroft
		12	
District 1	District Champions	13	Rehoboth
		14	
District 2	District Champions	15	Cimarron
		16	
District 4	District Champions	17	Hagerman
		18	
District 5	Second Place	19	Legacy Academy
		20	
District 3	Second Place	21	Quemado
		22	
District 1	Second Place	23	Ramah
		24	
Individuals		25	
		26	
Individuals		27	
		28	
Individuals		29	

A-2A Girls Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 2	Second Place	5	Santa Rosa
		6	
District 4	Second Place	7	Jal
		8	
District 5	District Champions	9	ATC
		10	
District 3	District Champions	11	Capitan
		12	
District 1	District Champions	13	Ramah
		14	
District 2	District Champions	15	Pecos
		16	
District 4	District Champions	17	Gateway Christian
		18	
District 5	Second Place	19	Mora
		20	
District 3	Second Place	21	Cloudcroft
		22	
Individuals		23	
		24	
Individuals		25	
		26	
Individuals		27	
		28	

3A Boys Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 5	Second Place	5	Sandia Prep
		6	
District 3/4	District Champions	7	NMMI
		8	
District 1	District Champions	9	Tohatchi
		10	
District 2	District Champions	11	St. Michael's
		12	
District 5	District Champions	13	Cottonwood Classical
		14	
District 3/4	Second Place	15	Hot Springs
		16	
District 1	Second Placd	17	Newcomb
		18	
Individuals		19	
		20	
Individuals		21	

3A Girls Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 5	Second Place	5	Bosque
		6	
District 3/4	District Champions	7	NMMI
		8	
District 1	District Champions	9	Crownpoint
		10	
District 2	District Champions	11	St. Michael's
		12	
District 5	District Champions	13	Cottonwood Classical
		14	
District 3/4	Second Place	15	Hot Springs
		16	
District 1	Second Placd	17	Tohatchi
		18	
Individuals		19	
		20	
Individuals		21	



2021 State Box Assignments

4A Boys Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
Individuals		5	
		6	
District 1	Second Place	7	Miyamura
		8	
District 3	Second Place	9	Santa Teresa
		10	
District 5	Second Place	11	Belen
		12	
District 6	District Champions	13	Hope Christian
		14	
District 4	District Champions	15	Lovington
		16	
District 2	District Champions	17	Los Alamos
		18	
District 1	District Champions	19	Shiprock
		20	
District 3	District Champions	21	Ruidoso
		22	
District 5	District Champions	23	Del Norte
		24	
District 6	Second Place	25	Academy
		26	
District 4	Second Place	27	Portales
		28	
District 2	Second Place	29	Espanola
		30	
Individuals		31	
		32	
Individuals		33	
		34	
Individuals		35	

4A Girls Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
Individuals		5	
		6	
District 1	Second Place	7	Aztec
		8	
District 3	Second Place	9	Santa Teresa
		10	
District 5	Second Place	11	Highland
		12	
District 6	District Champions	13	Academy
		14	
District 4	District Champions	15	Lovington
		16	
District 2	District Champions	17	Los Alamos
		18	
District 1	District Champions	19	Shiprock
		20	
District 3	District Champions	21	Chaparral
		22	
District 5	District Champions	23	Belen
		24	
District 6	Second Place	25	St. Pius X
		26	
District 4	Second Place	27	Portales
		28	
District 2	Second Place	29	Taos
		30	
Individuals		31	
		32	
Individuals		33	
		34	
Individuals		35	

5A Boys Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 1	Second Place	5	Cleveland
		6	
District 3	Second Place	7	Alamogordo
		8	
District 5	Second Place	9	Los Lunas
		10	
District 4	District Champions	11	Clovis
		12	
District 2	District Champions	13	Eldorado
		14	
District 1	District Champions	15	Rio Rancho
		16	
District 3	District Champions	17	Onate
		18	
District 5	District Champions	19	Albuquerque
		20	
District 4	Second Place	21	Hobbs
		22	
District 2	Second Place	23	Volcano Vista
		24	
Individuals		25	
		26	
Individuals		27	
		28	
Individuals		29	

5A Girls Box Assignments

District	Place	Box	School
Individuals		1	
		2	
Individuals		3	
		4	
District 1	Second Place	5	Cleveland
		6	
District 3	Second Place	7	Onate
		8	
District 5	Second Place	9	Los Lunas
		10	
District 4	District Champions	11	Hobbs
		12	
District 2	District Champions	13	Eldorado
		14	
District 1	District Champions	15	Rio Rancho
		16	
District 3	District Champions	17	Alamogordo
		18	
District 5	District Champions	19	Albuquerque
		20	
District 4	Second Place	21	Clovis
		22	
District 2	Second Place	23	La Cueva
		24	
Individuals		25	
		26	
Individuals		27	
		28	
Individuals		29	



A-2A Boys & Girls State Qualifiers

A-2A BOYS

BIB#	NAME	SCHOOL	YR.
270	Joey Gurule	ATC	11
271	Rocky Miller	ATC	9
272	Devlyn Scott	Capitan	11
273	Joaquin Alcon	Cimarron	9
274	David Gonzales	Cimarron	12
275	Jonathon Gonzales	Cimarron	12
276	Joseph Gonzales	Cimarron	10
277	Lee Kenneke	Cimarron	11
278	Mike Ersinghaus	Cloudcroft	12
279	Nick Ersinghaus	Cloudcroft	12
280	Max Preslar	Cloudcroft	11
281	Max Seidel	Cloudcroft	12
282	Arthur West	Cloudcroft	11
283	Raul Garcia	Estancia	9
284	Jaime Arebalos	Hagerman	9
285	Eric Medrano	Hagerman	11
286	Gerardo Mendoza	Hagerman	9
287	Axel Partida	Hagerman	9
288	Eduardo Perez	Hagerman	11
289	Luke Guinn	Jal	9
290	Lorenzo Soliz	Jal	10
291	Kolby Taylor	Jal	12
292	Luke Brenden	Legacy Academy	11
293	James Meyers	Legacy Academy	8
294	Vicente Pacheco	Legacy Academy	12
295	Ahmo Robinson	Legacy Academy	9
296	Noah Sanchez	Legacy Academy	8
297	Exodus Fierro	Loving	8
298	Elijah Fierro-Thompson	Loving	9
299	Giovanni Ruiz	Loving	9
300	Michael Stone	Loving	9
301	Mihaly Trevino	Loving	12
302	Adam Archuleta	Mesa Vista	11
303	Jordan Cervantes	Mesa Vista	10
304	Kenneth Gallegos	Mesa Vista	8
305	Brandon Sandoval	Mesa Vista	10
306	Jose Trujillo	Mesa Vista	12
307	Chance Chee	Mescalero	10
308	William Old Chief	Mescalero	12
309	Micah Tsoisie	Navajo Pine	12
310	Derek De Herrera	Pecos	12
311	Antonio Garcia	Pecos	11
312	Derrick Romero	Pecos	12
313	Abel Strock	Pecos	8
314	Israel Villegas	Pecos	10
315	Gilly Valdez	Penasco	11
316	Nunez Eriacho	Pine Hill	
317	Callin Martine	Pine Hill	
318	Jessie Andrews	Quemado	12
319	Noah Bugayong	Quemado	11
320	Jack George	Quemado	8
321	Mason Taylor	Quemado	8
322	TJae Charley	Ramah	
323	McKay Evans	Ramah	
324	Kabron Maria	Ramah	
325	Josh Sackett	Ramah	
326	Amani Waatsa	Ramah	
327	Nathaneal Bell	Rehoboth	9
328	Jacob Byker	Rehoboth	12
329	Pete Garcia	Rehoboth	12
330	Kalev Issacson	Rehoboth	9
331	Charles Lynch III	Rehoboth	11
332	Juaquin Baca	Santa Rosa	11
333	Santiago Pacheco	Santa Rosa	11

A-2A GIRLS

BIB#	NAME	SCHOOL	YR.
350	Kate Ferguson	ATC	12
351	Josette Gurule	ATC	11
352	Lily Rittmeyer	ATC	10
353	Maggie Rittmeyer	ATC	12
354	Maiah Trujillo	ATC	11
355	Kalynn Bowser	Capitan	11
356	Evelyn Daugherty	Capitan	9
357	Grace Garver	Capitan	9
358	Emma Traylor	Capitan	11
359	Suntana Zamora	Capitan	12
360	Bryanna Bradshaw	Cloudcroft	9
361	Logan Gonzales	Cloudcroft	9
362	Gracie Jones	Cloudcroft	11
363	Jessie Muscianisi	Cloudcroft	12
364	Darla Stoudt	Cloudcroft	12
365	Jayde Perea	Estancia	11
366	Mariana Sachez	Estancia	11
367	Chloe Garnand	Gateway Christian	9
368	Lauren Hunter	Gateway Christian	11
369	Sarah Lilley	Gateway Christian	11
370	Hannah Lilley	Gateway Christian	11
371	Emily Martin	Gateway Christian	9
372	Cindy Castro	Jal	11
373	Chloe Earp	Jal	12
374	Jocelin Govea	Jal	12
375	Maddison Inglet	Jal	8
376	Pricilla Montoya	Jal	10
377	Amaris McClain	Legacy Academy	9
378	Annalise Tanberg	Legacy Academy	12
379	Makayla McCann	Menaul	10
380	Teddileigh Chavez	Mescalero	12
381	Danae Grant	Mescalero	9
382	Julene Valdez	Mescalero	12
383	Isabella Martinez	Mora	9
384	Charlee Rose Lovato	Mora	8
385	Pilar Sanchez	Mora	11
386	Mya Vigil	Mora	9
387	Vanessa Dominguez	Pecos	12
388	Alexis Gonzales	Pecos	12
389	Kianna Quintana	Pecos	12
390	Kristina Ragland	Pecos	10
391	Mistidawn Roybal	Pecos	10
392	Charnelle Gonzales	Penasco	9
393	Tylaine Edsitty	Pine Hill	
394	Kiari Etsitty	Pine Hill	
395	Lydia Lambson	Ramah	
396	Leah Lambson	Ramah	
397	Penelope Maria	Ramah	
398	Shamika Maria	Ramah	
399	Kenna Tuney	Ramah	
400	Emily Garcia	Rehoboth	9
401	Desirae Anaya	Santa Rosa	9
402	Alexis Baca	Santa Rosa	11
403	Harlee Jaramillo	Santa Rosa	9
404	Dakotah Lucero	Santa Rosa	8



District Champions

BOYS

DISTRICT	CLASSIFICATION	TEAM
1	A/2A	Rehoboth
2	A/2A	Cimarron
3	A/2A	Cloudcroft
4	A/2A	Hagerman
5	A/2A	Mesa Vista
1	3A	Tohatchi
2	3A	St. Michael's
3/4	3A	NMMI
5	3A	Cottonwood Classical
1	4A	Shiprock
2	4A	Los Alamos
3	4A	Ruidoso
4	4A	Lovington
5	4A	Del Norte
6	4A	Hope Christian
1	5A	Rio Rancho
2	5A	Eldorado
3	5A	Ocate
4	5A	Clovis
5	5A	Albuquerque

GIRLS

DISTRICT	CLASSIFICATION	TEAM
1	A/2A	Ramah
2	A/2A	Pecos
3	A/2A	Capitan
4	A/2A	Gateway Christian
5	A/2A	ATC
1	3A	Crownpoint
2	3A	St. Michael's
3/4	3A	NMMI
5	3A	Cottonwood Classical
1	4A	Shiprock
2	4A	Los Alamos
3	4A	Chaparral
4	4A	Lovington
5	4A	Belen
6	4A	Academy
1	5A	Rio Rancho
2	5A	Eldorado
3	5A	Alamogordo
4	5A	Hobbs
5	5A	Albuquerque

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3A Boys & Girls State Qualifiers

3A BOYS

BIB#	NAME	SCHOOL	YR.
1	Taylor Quintana	Bosque	12
2	Alex Bergevin	Cottonwood Classical	9
3	Bohde Havenor	Cottonwood Classical	11
4	Justin Howey	Cottonwood Classical	12
5	Zachary Jeantete	Cottonwood Classical	11
6	Carter Swanson	Cottonwood Classical	10
7	Kordell McMillan	Crownpoint	11
8	Tylon Tsosie	Crownpoint	10
9	Ladainian Willie	Crownpoint	11
10	Clayton Chavez	Cuba	10
11	Henry Dewey	East Mountain	12
12	Ethan Curliss	Hot Springs	12
13	Cody Escobar	Hot Springs	11
14	Dwayne Gustin	Hot Springs	10
15	Shane Neeley	Hot Springs	10
16	Robert Walters	Hot Springs	10
17	Brandon Begay	Newcomb	11
18	Jermaine Belone	Newcomb	9
19	Chris Colli	Newcomb	11
20	Damien Johnson	Newcomb	12
21	Herschel Sam	Newcomb	12
22	Caleb Eisenhower	NMMI	11
23	Joshua Leible	NMMI	11
24	Manuel Meza Garcia	NMMI	10
25	Lance Miller	NMMI	11
26	Allen Varela	NMMI	11
27	Connor Adams	Raton	11
28	Chance Kamp	Raton	11
29	Chase Kamp	Raton	11
30	Chad Cordova	Sandia Prep	11
31	Stephen Emeanuwa	Sandia Prep	12
32	Javin Felipe	Sandia Prep	11
33	Mac Manzanares	Sandia Prep	11
34	Nahom Zerai	Sandia Prep	11
35	Robinson Ford	Socorro	8
36	Luther Richardson	Socorro	10
37	Ryan Kuhn	St. Michael's	11
38	Irvin Loya	St. Michael's	10
39	Derek Martinez	St. Michael's	11
40	Dennis Ortiz	St. Michael's	12
41	Jaden Perea	St. Michael's	8
42	Jimmie Chavez III	Tohatchi	11
43	Rodney Joe	Tohatchi	10
44	Jared Peterson	Tohatchi	9
45	Melson Scott Jr.	Tohatchi	11
46	Nicholas Yazzie	Tohatchi	11
47	Emmanuel Hernandez	Tucumcari	11

3A GIRLS

BIB#	NAME	SCHOOL	YR.
50	Ella Adams	Bosque	11
51	Alana Chimenti	Bosque	8
52	Gwen Copland	Bosque	10
53	Hannelore Copland	Bosque	12
54	Eliot Patton	Bosque	9
55	Liza Cardinale	Cottonwood Classical	12
56	Sophia Lopez	Cottonwood Classical	10
57	Aubrey Lozoya	Cottonwood Classical	11
58	Alyx Mastor	Cottonwood Classical	11
59	Ellie Merhege	Cottonwood Classical	9
60	Jalynn Lucario	Crownpoint	10
61	Kaleigh Shorty	Crownpoint	11
62	Janaya Tom	Crownpoint	10
63	Tyra Tsosie	Crownpoint	9
64	Analisa Yazzie	Crownpoint	8
65	Adrianna Casaus	Cuba	11
66	Hayli Bagwell	Hot Springs	8
67	Alma Gutierrez	Hot Springs	9
68	Marya Reyes	Hot Springs	12
69	Sandra Rios	Hot Springs	11
70	Kaylee Joe	Newcomb	11
71	Mary Olvera	NMMI	9
72	Christina Robertson	NMMI	11
73	Taylor Sanchez	NMMI	12
74	Tessa Walker	NMMI	11
75	Autumn Weaver	NMMI	10
76	Aurora Holling	Raton	8
77	Emily Devany	Sandia Prep	12
78	Sarah Stuecker	Sandia Prep	12
79	Maddie Bennett	Socorro	9
80	Sky Sessions	Socorro	8
81	Lauren Barela	St. Michael's	8
82	Raylee Hunt	St. Michael's	8
83	Paris Nixon	St. Michael's	12
84	Lauren Patten	St. Michael's	8
85	Mia Romero	St. Michael's	12
86	Rolonda Chacho	Thoreau	12
87	Larrann Delgarito	Thoreau	9
88	Brooke Badonie	Tohatchi	9
89	Jada Peterson	Tohatchi	11
90	Janay Peterson	Tohatchi	8
91	Wynterrose Sheka	Tohatchi	8
92	Kylie Ann Rincones	Tucumcari	9



4A Boys & Girls State Qualifiers

4A BOYS

BIB#	NAME	SCHOOL	YR.
100	Brian Armijo	Academy	12
101	Joaquin Deprez	Academy	11
102	Justin Hickey	Academy	12
103	Jesse Sanchez	Academy	12
104	William Weinstein	Academy	11
105	Nick Fresquez	Belen	9
106	Diego Martinez	Belen	9
107	Matias Padilla	Belen	9
108	Blaze Sheets	Belen	10
109	Santos Sisneros	Belen	11
110	Matthais Dehererra	Bloomfield	11
111	Maurico Toledo	Bloomfield	12
112	Joaquin Nunez	Chaparral	12
113	Adrian Quintero	Chaparral	9
114	Alexis Quintero	Chaparral	10
115	Israel Garcia	Del Norte	10
116	Tristan Jiron	Del Norte	12
117	Liam Johnson	Del Norte	12
118	Jordon Murillo	Del Norte	12
119	Nixon Reyes	Del Norte	9
120	Juan Branch	Espanola Valley	12
121	Jose Castro	Espanola Valley	11
122	Ricky Padilla	Espanola Valley	11
123	Zac Salazar	Espanola Valley	11
124	Daniel Sanchez	Espanola Valley	9
125	Kendon Augare-Deal	Gallup	9
126	Julio Flores	Goddard	12
127	Jonathan Smith	Goddard	10
128	Michael Young	Goddard	11
129	German Baca	Highland	11
130	Oscar Chavez	Highland	11
131	Moises Flores Gonzalez	Highland	11
132	Rendon Kuykendall	Hope Christian	10
133	Cade Martin	Hope Christian	12
134	Brady McGahie	Hope Christian	8
135	Eric Scharton	Hope Christian	12
136	Evan Stewart	Hope Christian	12
137	Ryan Aldaz	Los Alamos	11
138	Keith Bridge	Los Alamos	11
139	Wakei Hettinga	Los Alamos	11
140	Rafael Sanchez	Los Alamos	12
141	Adrian Will	Los Alamos	12
142	Derrick Castellanos	Lovington	10
143	Carter Diamond	Lovington	12
144	Ishmael Martinez	Lovington	10
145	Colton Sellers	Lovington	12
146	Alex Villasenor	Lovington	9
147	Tayan Benson	Miyamura	11
148	Sergio Chavveria	Miyamura	11
149	Joshua Helfenbein	Miyamura	9
150	Shance Johnson Hood	Miyamura	11
151	George Piestewa	Miyamura	11
152	Ben McMurtrey	Moriarty	12
153	Henry Schuett	Moriarty	11
154	Evan Carbajal	Portales	11
155	Landon Grawrock	Portales	11
156	Damian Jacovo	Portales	12
157	Michael Reiss	Portales	10
158	Cody Webster	Portales	10
159	Jaden Avalos	Ruidoso	11
160	Ezra Rabourn	Ruidoso	9
161	Edgar Rodriguez	Ruidoso	12
162	Ryan Segura	Ruidoso	11
163	Ian Simpson	Ruidoso	11
164	Kevin Barragan	Santa Teresa	11
165	Andres Campos	Santa Teresa	11
166	Michael Castro	Santa Teresa	10
167	Sebastian Solis	Santa Teresa	10
168	Justin Bitsilly	Shiprock	12
169	O'Rye Franklin	Shiprock	11
170	Adam Phillips	Shiprock	11
171	Logan Pioche	Shiprock	10
172	Demitrius Young	Shiprock	12
173	Sam Buerschen	St. Pius X	10
174	Brian Kalb	St. Pius X	10
175	Aidan Trujillo	St. Pius X	12
176	Eddie Duran	Taos	12

4A GIRLS

BIB#	NAME	SCHOOL	YR.
185	Grace Archibeck	Academy	12
186	Katie Patton	Academy	10
187	Emma Patton	Academy	11
188	Sara Perez	Academy	12
189	Addie Siembieda	Academy	10
190	Ella Higgins	Aztec	11
191	Ashley Sexton	Aztec	11
192	Sierra Villanueva	Aztec	12
193	Mary Kate Villarrial	Aztec	9
194	Brooke Willcox	Aztec	9
195	Sofia Castillo	Belen	11
196	Shauncey Cordova	Belen	9
197	Sarah Martinez	Belen	8
198	Lisette Sanchez	Belen	8
199	Iris Silva	Belen	9
200	Melanie Cervantes	Chaparral	11
201	Daniella Garcia	Chaparral	10
202	Katya Hernandez	Chaparral	12
203	Ashley Rivera	Chaparral	12
204	Alexis Aquino	Espanola Valley	10
205	Hailey Renteria	Espanola Valley	8
206	Ally Lara	Goddard	11
207	Morgan Waltmire	Goddard	11
208	Iyessa Arriaga	Grants	11
209	Skylar Charlie	Grants	11
210	Taylor Poncho	Grants	11
211	Hayley Dougherty	Highland	10
212	Shaelyce Hann	Highland	11
213	Aelea Thomas	Highland	11
214	Anavey Ventura	Highland	12
215	Kate Yanov	Highland	10
216	Autumn Harrison	Kirtland	12
217	Aisha Ramone	Kirtland	11
218	Hannah Gartz	Los Alamos	12
219	Hailey McDowell	Los Alamos	10
220	Emma Montoya	Los Alamos	10
221	Mabel Pyle	Los Alamos	12
222	Norissa Valdez	Los Alamos	11
223	Vanessa Gallegos	Lovington	11
224	Jenitza Herrera	Lovington	11
225	Stephanie Herrera	Lovington	11
226	Michelle Islas	Lovington	12
227	Pryzyla Venegas	Lovington	8
228	Lorianna Piestewa	Miyamura	9
229	Rebekah McMurtrey	Moriarty	10
230	Emma Hurren	Portales	9
231	Brooke McNeil	Portales	9
232	Aliyah Miranda	Portales	10
233	Hannah Riess	Portales	8
234	Zoe Roy	Portales	11
235	Alyssa Gabaldon	Santa Teresa	11
236	Marissa Ortiz	Santa Teresa	10
237	Megan Ortiz	Santa Teresa	12
238	Gabriella Varga	Santa Teresa	9
239	Elena Hardy	Shiprock	12
240	Averlee Lander	Shiprock	12
241	Kaydence Platero	Shiprock	10
242	Jasmine Rockwell	Shiprock	12
243	Brianna Whitehorse	Shiprock	11
244	Gracie Baca	St. Pius X	11
245	Trista Cordova	St. Pius X	10
246	Marie Kalb	St. Pius X	12
247	Maricia Marquez	St. Pius X	10
248	Carissa Salcido	St. Pius X	12
249	Marielle Gomez	Taos	10
250	Jade Mares	Taos	9
251	Maddy Rowlinson-Elliot	Taos	8
252	Breanna Taylor	Taos	8
253	Kelly Tonrey	Taos	12
254	Stella Jaramillo	Valley	9



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5A Boys & Girls State Qualifiers

5A BOYS

BIB#	NAME	SCHOOL	YR.
410	Angel Avila	Alamogordo	10
411	Omar Enriquez	Alamogordo	9
412	Michael Gagnon	Alamogordo	12
413	Celso Garcia	Alamogordo	11
414	Aidan Jarvis	Alamogordo	12
415	Sam Chackerian	Albuquerque	12
416	Bahozoni Church	Albuquerque	11
417	Matias Figueroa	Albuquerque	11
418	Andre Letter-Hart	Albuquerque	11
419	Noah Reboul	Albuquerque	12
420	Ethan Sosa	Carlsbad	12
421	Jorge Valdez	Carlsbad	12
422	Alexander Pineda	Centennial	11
423	Dax Rios	Centennial	11
424	Jonathan Fragua	Cleveland	12
425	Chris Humetewa	Cleveland	12
426	Caden Nunn	Cleveland	10
427	Ricardo Rangel-Valencia	Cleveland	12
428	Cody Toya	Cleveland	11
429	Sammy Fuentes	Clovis	8
430	Nehemiah Gonzales	Clovis	11
431	Hayden Levy	Clovis	10
432	Jerrick Maldonado	Clovis	12
433	Collyn Tomoyose	Clovis	9
434	Gustav Bourdon	Eldorado	11
435	Naseem Dhaouadi	Eldorado	11
436	Aiden Hadley	Eldorado	10
437	Nick Moore	Eldorado	9
438	Zarek Van Bloemen	Eldorado	12
439	Alex Blanchard	Hobbs	11
440	Jair Cruz	Hobbs	11
441	Sebastian Martinez	Hobbs	10
442	Caelan Pando	Hobbs	11
443	Adrian Villegas	Hobbs	11
444	Nathan Scherbarth	La Cueva	12
445	Butch Bottini	Los Lunas	12
446	Andrew McKinney	Los Lunas	11
447	Treyton Padilla	Los Lunas	11
448	Brandon Shiptet	Los Lunas	11
449	Micah Sparks	Los Lunas	10
450	Andrew Bigelow	Manzano	9
451	Jason Moss	Manzano	12
452	Jaime Prieto	Mayfield	12
454	Colter Coombs	Ocate	11
455	Andrew Parks	Ocate	10
456	Jonathan Torres	Ocate	10
457	Adrian Villareal	Ocate	11
458	Makua Harvey	Piedra Vista	12
459	Adam Donaldson	Rio Rancho	12
460	Gabriel Gonzales	Rio Rancho	12
461	Dawson Gunn	Rio Rancho	11
462	Cebastian Marquez	Rio Rancho	12
463	Timothy Martinez	Rio Rancho	12
464	Nico Sanchez	Roswell	9
465	Ahren Thorson	Sandia	12
466	Michael Winder	Sandia	12
467	Tanner Black	Santa Fe	12
468	Isaiah Velasquez	Santa Fe	11
469	Stoney Cutchen	Volcano Vista	10
470	Lucas Kedge	Volcano Vista	11
471	Jude Lucero	Volcano Vista	10
472	Dallan Reed	Volcano Vista	9
473	Thomas Warton	Volcano Vista	12
474	Ashkii Secatero	West Mesa	10

5A GIRLS

BIB#	NAME	SCHOOL	YR.
490	Ellary Battle	Alamogordo	10
491	Chantelle Marrujo	Alamogordo	12
492	Vanesa Najar	Alamogordo	12
493	Gabriella Sandoval	Alamogordo	12
494	Janae Shaklee	Alamogordo	11
495	Sofia Hern	Albuquerque	11
496	Vivian Micono	Albuquerque	12
497	Sofia Sanchez	Albuquerque	11
498	Ava Stratton	Albuquerque	10
499	Safiya Zavala Sweet	Albuquerque	11
500	Zoe Char	Carlsbad	12
501	Ellis Martin	Carlsbad	8
502	Marily Ortega	Carlsbad	12
503	Deianira Hoyle	Centennial	9
504	Lana Reid	Cibola	12
505	Jackie Crump	Cleveland	11
506	Leah Futey	Cleveland	10
507	Hanna Kiess	Cleveland	12
508	Elise Toya	Cleveland	11
509	Marina Weideman	Cleveland	10
510	Katarina Arbogast	Clovis	12
511	Odalys Olivas	Clovis	10
512	Kira Tree	Clovis	8
513	Allison Tree	Clovis	12
514	Shylee Tree	Clovis	11
515	Rory Claussen	Eldorado	9
516	Meagan Harenberg	Eldorado	10
517	Madeline Hwang Hwang	Eldorado	12
518	Laurynn Sisneros	Eldorado	12
519	Ellie Suo Anttila	Eldorado	10
520	Madison Germaine	Farmington	9
521	Noemi Gaytan	Gadsden	12
522	Isabel Santillano	Gadsden	12
523	Azucena Carrillo	Hobbs	12
524	Janelle Ferrer	Hobbs	9
525	Daniela Jurado	Hobbs	12
526	Celeste Oaxaca	Hobbs	11
527	Yisel Palacios	Hobbs	10
528	Savannah Ames	La Cueva	10
529	Jordan Downing	La Cueva	12
530	Kendall Downing	La Cueva	10
531	Isabella Storms	La Cueva	12
532	Aria Thiel-Hadjilambrinos	La Cueva	9
533	Ava Eicherly	Los Lunas	8
534	Dominique Jiron	Los Lunas	9
535	Kelly Marry	Los Lunas	12
536	Kiyah Padilla	Los Lunas	10
537	Amanda Sparks	Los Lunas	12
538	Ariel Clemens	Manzano	12
539	Smantha Rose Schuh	Manzano	9
540	Tea Bloomfield	Ocate	10
541	Makaila Hill	Ocate	10
542	Julie Mason	Ocate	11
543	Jocelyn Ochoa	Ocate	10
544	Brynn Olsen	Ocate	10
545	Nicole Pierce	Piedra Vista	9
546	Riley Wilson	Piedra Vista	9
547	Esther Cameron	Rio Rancho	10
548	Violet Francisco	Rio Rancho	10
549	Tessa Holderman	Rio Rancho	12
550	Marleigh Smith	Rio Rancho	9
551	Lorynn Trujillo	Rio Rancho	11
552	Briana Blea	Volcano Vista	12
553	Liliana Sanchez	Volcano Vista	10
554	Vanessa Macias	West Mesa	10



Life Lessons Sports Teaches Us



Now more than ever, we are reminded how many life lessons can be taught by participating in sports. Coaches are teachers that can lead others in lessons such as how to stay positive, how to overcome adversity, how to work together for a common purpose, how to be resilient and how to be there for others. Achieving goals and overcoming obstacles can help teens persevere in uncertain times like these. Students can find a sense of belonging and accomplishment through individual sports and team dynamics.

Sports are symbolic of life. Life requires teamwork, discipline, resiliency, respect, compassion, and character. Sports can develop those skills to apply on the playing field and in their life.

We recently spoke with several different coaches from all over New Mexico, in a variety of sports, about the importance of sports and the lessons it can teach.

COMMITMENT

For coaches, sports are an extension of the classroom. They encourage their athletes to always do their best on the field, in the classroom, and in life. Champions can be determined by their commitment to goals.

"I remember a conversation with a former athlete of mine and they were contemplating dropping out of college. Then this person told me, 'Coach, I thought to myself that is not who I am. I never quit! I will fight to the end!' I was never more proud as a coach and, yes, he graduated!" -Ryan Galindo, Carlsbad High School Tennis

SELF-DISCIPLINE

Tough times don't last, but tough people do. It's a saying coaches are used to preaching. Get up when you get knocked

down. The self-discipline taught in sports allows a person to thrive in life with a work ethic to improve. Self-discipline spills over into every aspect of life and is a highly common trait among successful people.

"For me, the example that resonates over and over is that of the kid with a less than optimal home life. A kid that doesn't have the nice clothes, fancy shoes, or even a car to drive to school. This specific kid has every excuse to 'not make it' and no one would judge him for that. Yet, he decides to get involved in sports and realizes that dreams can come true through hard work and determination. Through the experiences and lessons learned in sports, new things are possible and maybe even attainable with the right mindset. Goals can be reached regardless of where you begin. Success can be achieved at any level if the proper self-discipline and work ethic are put in place. This example happens very often. A player falls in love with a sport, a coach, or a program and it drastically changes their attitude towards life and propels them to seek a future that once wasn't an option for them. I guess this life lesson can be summed up in one word that sports can provide... HOPE. Players need HOPE." -Heath Ridenour, Sue V. Cleveland High School Football

MENTAL TOUGHNESS

Sports can teach a person to be strong in body and mind. Athletes learn to push their bodies beyond what they ever believed they could to achieve their goal. Whether it's in practice or competition, a person can learn to overcome adversity they may not have faced without sports.

"The life-lesson I learned through volleyball came my Junior season in college when I tore my ACL & MCL during a spring workout. Volleyball was my life, my days revolved around the

game and my teammates. I was devastated. However, through this injury and set back I learned what mental and physical toughness truly meant. My rehab took 9 months, many hours a day, was very painful and caused separation from my teammates. Nevertheless, it taught me so much about what I was really made of. The injury helped me develop a stronger faith in God, established new friends outside the game and led me to other passions as well as volleyball. I came back to the game stronger and a more complete player. I now use my injury every time a player in our program is injured...because, I lived it as well." -Kristen Scanlan, Texico High School Volleyball

LEARNING TO WORK WITH OTHERS

Everyone doesn't come from the same place. Everyone has different skills and talents to contribute, but everyone has value. Athletes learn quickly that a team can achieve success when everyone contributes. Through collective hard work, kids learn to contribute to a greater good.

"I had a young lady from our program who authored 'How to Survive Piedra Vista Softball: A guide by the 2016 Varsity Team'. I opened it up and read it again and, as always, got choked up on some of the things the girls wrote." -Kevin Werth, Piedra Vista High School Softball

SAMPLE FROM THE GUIDE

"I want everyone in this program to know the joy of a hard-fought win, and also learn how to be gracious in defeat. I want everyone in the program to understand that adversity is inevitable, but that doesn't mean you still can't kick its butt. I want everyone in the program to believe in themselves and each other." -Haley Parson

"Probably just knowing that there's going to be a next pitch coming, there's going to be another day to come, that things are going to get better no matter what." -Katie Jensen

"Try to gain respect by giving respect the best you can, and love your teammates." -Tyra Garcia

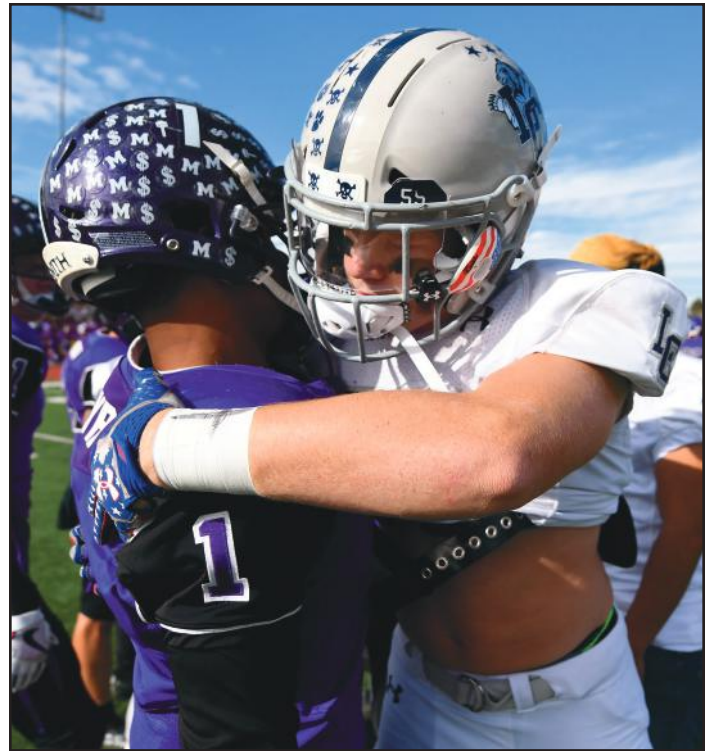
TEAMWORK

Sacrificing one's personal gain for the better of the group is a lesson taught in all team sports. Athletes understand how they can best contribute using their strengths. Together Everyone Achieves More (T.E.A.M.). Players learn quickly that their best chance at success will be through cooperation with the teammates.

"I had a young man back in 2001 by the name of Phil Sakala who had won the 800 meters and 1600 meters at the State Track Meet. He was favored to win the 3200 meters the next day and become one the first distance runners to sweep all three distance events. My 800-meter anchor leg, Frank Hemingway, in the Medley Relay developed a stress fracture in the prelims and could not run the Medley in the finals the next day. I spoke with Phil that night explaining to him that I know he has a chance of becoming a state champion in all three distance events, but we really need him to anchor our Medley since we had no other backup 800-meter runner. The next day, Phil sacrificed his personal individual 3200-meter opportunity for the principle of teamwork and he anchored our Medley relay to a state champion finish. Phil was quoted in our local paper as saying 'I just helped three of my best friends win a state title'. Phil went on to attend and graduate from the West Point Academy where today he carries a rank of Major continuing to apply the concept of teamwork, leading soldiers in military endeavors." -David Nunez, Onate High School Track and Field

HANDLING FEAR AND FAILURE

Whether it's striking out, making an error, or just losing a game, failures happen in sports as well as life. Learning that not



everyone gets to win can be a valuable lesson in someone's early development. Life isn't always fair. Injuries happen, calls are missed. Players learn that getting angry or frustrated doesn't always help and can affect their performance. Losing with dignity is just as important as winning with class. A person can find success after learning from their failures.

"I try to give as many life lessons through the game of baseball. I think sports closely parallels everyday life and the lessons you learn on the field can be applied to successful living. We teach kids to deal with frustration, controlling their emotions and adjusting to change. By playing sports you can learn maturity, honesty, loyalty, and patience." -Gil Padilla, Las Cruces High School Baseball

RESILIENCE

Not everything always goes according to plan. Sometimes you get thrown a curveball at the plate, and in life. Athletes need to know how to bounce back. It's ok to make a mistake, but how you come back from the setback will define you.

"The biggest life lesson that I have learned as a coach is that the sun will come up the next day. No matter the outcome of the day, process it, learn from it and make the best of the next day that has been given to you. Bad things are going to happen as a competitor and as a coach; how you react to those bad things are ultimately going to shape and mold you into the person you are." -Evan Copeland, Cleveland High School Wrestling

GOAL SETTING

Setting a goal in place and finding a way to accomplish that goal in the face of adversity is a useful skill. After setting a goal, an athlete knows to work hard to reach it. That goal can be a motivator for improvement.

"The best example I can think of was when our golf team played in the 2017 NMAA State Championship in Roswell. Our boys team put in the work all year and gotten their brains beat in by Cleveland High School, which was the best team in the state by far. The boys played with poise and a 'no-fear' attitude and ended up winning the tournament by 8 shots...until they didn't. One of our players got disqualified for signing an incorrect

scorecard and we ended up losing by 3 shots instead of winning the school's first blue trophy in boys golf. The team had to juggle an emotional roller coaster of the highest high and the lowest low and also console a devastated teammate. The boys not only handled it with grace, but also put together a plan on the bus ride home to start preparing the very next day for 2018. They named the season 'The Redemption Tour' and ended up working harder than this coach thought was possible. In 2018, they left no doubt in winning their first ever state championship at Pinon Hills Golf Course. I have never seen a group of boys handle adversity of that magnitude and then channel their emotions into a positive goal for the next year. It truly was a story of redemption and it was quite a journey as a coach...and one I will never forget!" - **Tom Yost, Piedra Vista High School Golf**

TIME MANAGEMENT

Being a successful athlete takes a lot of dedication, but it also takes a lot of time. Athletes have to juggle their time between school, practice, and sometimes a job. Being on a team can be a job in itself. Sports teaches a person how to organize, prioritize, and focus on the importance of academics. Athletes know what they need to do and when to do it.

"I had a student-athlete that wasn't living up to the expectations of our volleyball team and herself. As a result, she did not attend a week-long summer trip/team camp as an upperclassman, and it definitely sent a message to the player. Years later, and after college, the player contacted me and said 'Thank you, coach. That was an experience that changed my life for the better, I owe a lot to you coach. My path to be successful began with the expectations/discipline that you provided a young kid.'" - **Toby Mananares, Rio Rancho High School Volleyball**

DEDICATION

Every athletic season has a beginning and an end. Coaches preach to their kids to finish what you start. It's one of the foundations of sport. Everyone wants to quit at some point, but dedication to improvement and becoming the best you can be is what keeps the athlete going.

"Sometimes my kids don't understand why I get on them for being 'a few minutes late to practice'. But in life, 'a few minutes late' here and there can cost you a job or an opportunity. Life is about dedicating and committing yourself to something you believe in and giving yourself to that belief even when it is hard and isn't maybe always going your way. You don't quit, you keep moving and giving everything you have." - **Stacy Salinas, Rio Rancho/Sue V. Cleveland Swimming**

OVERCOMING ADVERSITY

In sports, there are hurdles to get over, much like in life. Sometimes things can surprise you or catch you off guard. They say life is not about what happens to you, but how you deal with it.

"I had a player who lost both his parents. He lost his mom when he was 5 and dad when he was 15. This young man had several offers from families to move in with them, but he was a very proud young man and refused. Well, he was able to find housing and remained in the school district and on the team. The year after his dad died, he had many ups and downs but fought his way through it as he had a lot of support from friends, families, and coaches. This young man ended up contributing to 3 Cross Country Championships, 1 State Track Championship, and 2 State Basketball Championships. He more than overcame his adversity!" - **Ira Harge, Espanola High School Athletic Director**

PERSEVERANCE

Having the tenacity and determination to accomplish some-



thing despite the level of difficulty doesn't just apply to student-athletes, sports can teach the same perseverance to coaches too. Fight through it, don't run from a situation when adversity strikes. There will be setbacks. There will be obstacles, but success doesn't happen overnight.

"There was a girl who I coached almost 15 years ago, she was a good player, and was starting at the beginning of the year. But through the end of September, she could not keep her breath and was having a hard time running. Well, she went to the doctor and they could not find out what was wrong, but she was not getting any better. She was so loyal to the team, never missed practice and was at every game. Even her senior year she still was around for everything, but would get sick quite often and had a hard time playing, but we kept a great relationship through all this. She went off to college and we always would meet when she came back into town. We talked life lessons each time, and each time she said how playing soccer taught her so much. She now has a wonderful professional job in New York City and what she has learned through sports has helped her with everything she has accomplished in her professional life. She still gets sick and has a hard time with her health, but she never gave up and always pushed forward. Sports teaches you things like that." - **Amber Ashcraft, La Cueva High School Soccer**

PATIENCE

Winning takes time. Championship teams aren't built overnight. In sports you have a coach and in life you have a boss. You learn to take instruction, develop patience and become a member of a team.

"I tell my players that when we do something, we do it right and we do it that way every time. I give our players and parents a booklet every year. It talks about how to perform under pressure. They understand that the role of discipline and self-sacrifice play an important part of being successful. Experiencing the pains of commitment and the thrill and joy of success is an integral part of

being a basketball player; those same feelings that will be experienced in the real world.” -**Marty Zeller, Los Lunas High School Girls Basketball, 41 Years of Coaching**

RESPECT

Athletes must respect their coaches, officials, teammates, and their opponent. It is important to recognize the worth of another.

“As an athlete, I think the biggest thing I gained was confidence to pursue. I learned how to set my sights on something and be willing to put in the work even if I had underlying doubts. It’s the idea of relentlessly putting one foot in front of the other, even when things get hard. Along with that came an ability to give to and receive from others in a collective effort.” -**Kathy Hipwood, Los Alamos High School Cross Country**

INTEGRITY

Morals and ethics come into play every day in sports. Honesty and adherence to the rules is a foundation of every game. Many coaches will tell you that with some athletes it takes time and patience for them to realize their self-worth and value, but people can develop into some of the strongest members of their team when they realize there are no short cuts.

“My suggestions are to smile when the headwind makes us work harder, laugh when we fall down bleeding, and never let anyone else control our emotions.” -**Tim Host, ATC Cross Country**

RESPONSIBILITY

Taking accountability is a major characteristic of successful student athletes. Participating in sports brings many obligations, to your teammates, to your coach, and to your academics.

“I had a athlete that started wrestling his sophomore year with no prior experience. He was failing in school and was ineligible to compete. His junior year, he was 2.8 GPA student with a less than .500 win percentage. His senior year, he was a 3.4 GPA student and made the state finals! I believe the lessons he learned on the mat has transformed him to the man he is today, being a highly well-respected police officer.” -**Nate Sellers, Miyamura High School Wrestling**

COMPASSION

Athletes can learn about caring for another as their coach cares for them. Young adults can witness, first hand, the sympathy and care for the suffering of others. Coaches themselves can

relate to another’s pain because it’s something they might have gone through themselves at one time.

“The one incident that stands out to me was a life-long lesson learned by one of my athletes that decided they were going to run away from home with their significant other as a sophomore in high school. The couple had purchased bus tickets, and this athlete informed their grandparents they were living with, that they were leaving. The athlete was begged to stay and of course did not. The grandmother called me in the middle of the night begging me to talk to this individual as the departure time was getting closer. At first I was hesitant, but then I thought – ‘what if this was my kid doing this and I had the confidence in their coach to try and assist during this time of need?’ So, of course, I jumped in the car and headed to the bus station. By the time I arrived, my athlete was on the bus, the grandmother was crying in the parking lot and I was thinking to myself – ‘What am I going to be able to say to change their mind?’ I boarded the bus, looked my athlete in the eye and explained how disappointed I was that they could disrespect their grandmother like this, disrespect themselves and let their teammates down. The responsibility/commitment they made when becoming a part of the team was just about to be broken. I cried, they cried...we talked about feelings, respect, etc., and just as the time for departure arrived, the athlete grabbed their belongings and got off the bus. At this point, I don’t know who cried more...me, the athlete or the grandmother. This event that happened was unfortunate, however, I believe the athlete learned some very valuable life lessons, as did I, having children of my own. This individual had a very successful high school career both on and off the court and went on to play at the next level on a scholarship, graduated from college, married and has 3 beautiful children. To me, this is what coaching is all about.” -**George Maya, Mayfield High School Girls Basketball, 37 Years of Coaching**

DREAM BIG, ANYTHING IS POSSIBLE

At all levels, sports have given us memorable moments when we say ‘I can’t believe that just happened!’ Athletes think about what they want and forget all the reasons why it can’t become a reality. They work hard to make their dreams come true. If you believe it, you can achieve it.

“I had a student athlete who happened to have down syndrome. She was on the dance team all 4 years of high school. She participated in everything but competition. Every year she would put on her uniform and get hair and makeup done for State. She would join me up front and cheer on the team. Her senior year, this young lady got to do the one thing left undone. She walked down the ramp and this time her teammates joined me up front and cheered her on as she performed on the PIT floor in front of 15,000 people. I hope the lesson learned by my team and others, is that nothing is impossible. We can all achieve our dreams, and maybe help someone else achieve theirs.” -**Nicole List, Cheer/Dance Coach**

All of those lessons we learn from competing. We haven’t even touched on how sports can teach loyalty, leadership, and maturity. Sometimes self-improvement can’t be measured in wins, losses, time or distance. Self-improvement is connected to one’s determination in the face of unexpected obstacles.

I’d like to finish with this thought. Adversity is a part of life. Never quit. That’s the lesson **Heath Ridenour** says sports taught him, both as a player and a coach. “Find the light amidst the darkness,” he reminds others. “Overwhelm the negative thought with a positive action. Choose to wake up and win every single day. This applies to athletics, but it is 100% relevant in every aspect of life as well.”

Spoken like a true coach.





Boys XC State Champions

MOST TITLES (TEAM)

23	Laguna Acoma	1969, 1970, 1971, 1972, 1973, 1974, 1975, 1976, 1977, 1978, 1979, 1981, 1988, 1990, 1991, 1992, 1993, 1994, 1997, 2010, 2011, 2012, 2014
20	Zuni	1968, 1973, 1975, 1976, 1978, 1982, 1984, 1985, 1989, 1990, 1991, 1997, 2000, 2004, 2007, 2013, 2014, 2015, 2018, 2019
18	Gallup	1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1999, 2002, 2003, 2005, 2006, 2007
15	Albuquerque Academy	1995, 1998, 1999, 2000, 2001, 2002, 2004, 2005, 2006, 2008, 2009, 2010, 2015, 2016, 2017
15	Jemez Valley	1964, 1965, 1966, 1967, 1980, 1982, 1983, 1984, 1985, 1989, 2001, 2002, 2003, 2009, 2013

MOST CONSECUTIVE TITLES (TEAM)

12	Gallup (1983-1994)
11	Laguna Acoma (1969-1979)
5	Laguna Acoma (1990-1994)
5	Albuquerque Academy (1998-2002)

MOST TITLES (INDIVIDUAL)

5	Gerry Garcia, El Rito (1961-1965)
3	Luis Martinez, Cleveland (2010-2012)
3	Antonio Varela, Pecos (2009-2011)
3	Matt Tebo, Eldorado (2004-2006)
3	Shane Garcia, Laguna Acoma (1988-1990)
3	Victor Chianna, Jemez Valley (1979-1981)
3	Meldon Sanchez, Laguna Acoma (1975-1977)
3	Andy Martinez, Grants (1973-1975)
3	Gordon Pino, Laguna Acoma (1969, 1971-1972)
3	Joe Espinosa, Silver (1965-1967)

OTHER MULTIPLE WINNERS: Galvin Curley (Navajo Pine), Kashon Harrison (Kirtland Central), Yonas Haile (Cleveland), Julian Garcia (Pecos), Ben Johnson (Albuquerque Academy), Ryan Nez (Navajo Pine), Marvin Aragon (Laguna Acoma), Lloyd Yazzie (Rehoboth Christian), Ben Ortega (Taos), Brandon Leslie (Gallup), Arthur Jimenez (Tucumcari), Phillip Castillo (Grants), Virgil Thomas (Gallup), Benjamin Mora (Jemez Valley), Franklin Martinez (Grants), Mica Comstock (Del Norte), Mike Pecos (Bernalillo), Chuck Aragon (Los Lunas), Aaron Pino (Laguna Acoma), Ric Rojas (Los Alamos), Stan Hill (Highland), Kyle Pittman (Los Alamos), Anthony Sandoval (Los Alamos)

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
2019	AAAAA	Cleveland (17:04.45)	Triston Charlies (Piedra Vista)	16:07.60
	AAAA	Los Alamos (16:31.36)	Julian Garcia (Albuquerque Academy)	16:04.75
	AAA	Zuni (16:41.59)	Deshawn Goodwin (Zuni)	16:02.80
	A-AA	Navajo Pine (17:16.15)	Galvin Curley (Navajo Pine)	16:13.50
2018	AAAAA	Cleveland (16:49.64)	Yonas Haile (Cleveland)	15:49.55
	AAAA	Los Alamos (16:38.88)	Kashon Harrison (Kirtland Central)	15:27.35
	AAA	Zuni (17:18.30)	Epherem Zerai (Sandia Prep)	16:23.85
	A-AA	Navajo Pine (17:04.00)	Galvin Curley (Navajo Pine)	16:14.15
2017	AAAAAA	Cleveland (16:44.79)	Yonas Haile (Cleveland)	16:02.45
	AAAAA	Albuquerque Academy (17:08.25)	Kashon Harrison (Kirtland Central)	15:54.85
	AAAA	Navajo Prep (17:51.81)	Miguel Coca (West Las Vegas)	16:20.05
	AAA	Pecos (17:32.94)	Coton Salvador (Laguna Acoma)	16:51.70
2016	A-AA	Navajo Pine (17:55.22)	Michael Marshall (Navajo Pine)	17:11.10
	AAAAAA	Hobbs (16:29.02)	Andrew Bosquez (Hobbs)	15:48.90
	AAAAA	Albuquerque Academy (16:43.25)	Jordan Lesensee (Albuquerque Academy)	15:29.15
	AAAA	Navajo Prep (17:21.35)	Michael Tenorio (Santa Fe Indian)	16:25.60
2015	AAA	Pecos (17:14.90)	Julian Garcia (Pecos)	16:46.65
	A-AA	Mesa Vista (18:06.13)	Raul Ganadonegro (Alamo Navajo)	17:27.35
	AAAAAA	Hobbs (16:34.46)	Andrew Bosquez (Hobbs)	15:54.70
	AAAAA	Albuquerque Academy (16:48.51)	Niles Thomas (Miyamura)	15:54.00
2014	AAAA	Zuni (17:04.34)	Alex Heffelfinger (East Mountain)	16:01.40
	AAA	Pecos (17:05.74)	Julian Garcia (Pecos)	16:35.00
	A-AA	Mesa Vista (18:51.04)	Isaiah Rodarte (Penasco)	16:41.15
	AAAAAA	Rio Rancho (16:51.52)	Chris Harlow (Cibola)	16:13.85
2013	AAAAA	Los Alamos (16:47.57)	Niles Thomas (Miyamura)	15:33.40
	AAAA	Zuni (17:03.77)	Alex Heffelfinger (East Mountain)	16:06.85
	AAA	Laguna Acoma (17:12.88)	Josh Deherrera (Pecos)	16:43.50
	A-AA	Navajo Pine (18:02.17)	Terrence Lee (Navajo Pine)	17:21.70
2013	AAAAA	Rio Rancho (16:47.89)	Taylor Potter (Eldorado)	16:02.25
	AAAA	Los Alamos (16:36.81)	Colin Hemez (Los Alamos)	15:54.40



Boys XC State Champions

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
2013	AAA	Taos (17:15.52)	Jereme Santistevan (Pojoaque Valley)	16:30.80
	AA	Zuni (17:01.94)	Isaiah Kelsey (Laguna Acoma)	16:24.05
	A	Jemez Valley (19:03.21)	William Charles (Graceway Christian)	17:40.85
2012	AAAAA	Cleveland (16:08.99)	Luis Martinez (Cleveland)	15:16.90
	AAAA	Los Alamos (16:21.28)	Nick Hill (Los Alamos)	15:59.65
	AAA	Pojoaque Valley (17:22.58)	Jereme Santistevan (Pojoaque Valley)	16:30.80
	AA	Laguna Acoma (16:49.71)	Alonzo Chavez (Mora)	16:01.55
	A	Cimarron (19:21.00)	Trevor Armijo (Jemez Valley)	18:02.15
2011	AAAAA	Cleveland (16:31.04)	Luis Martinez (Cleveland)	15:41.40
	AAAA	Los Alamos (16:55.43)	Jackson Thomas (Del Norte)	16:22.85
	AAA	Pojoaque Valley (17:34.93)	Herbert Beyale III (Shiprock)	16:30.70
	A-AA	Laguna Acoma (17:24.54)	Antonio Varela (Pecos)	15:59.65
2010	AAAAA	La Cueva (15:48.80)	Luis Martinez (Cleveland)	16:08.05
	AAAA	Albuquerque Academy (15:31.66)	Neil Longenbaugh (Albuquerque Academy)	16:10.05
	AAA	Santa Fe Indian (16:46.85)	Santiago Pasquale (Santa Fe Indian)	16:17.25
	A-AA	Laguna Acoma (17:41.29)	Antonio Varela (Pecos)	16:05.25
2009	AAAAA	Cibola (15:52.73)	Vincent Montoya (Cibola)	15:10.20
	AAAA	Albuquerque Academy (15:47.79)	Kyle Pittman (Los Alamos)	14:59.60
	AAA	Santa Fe Indian (16:38.82)	Evan Bekis (Bloomfield)	15:51.60
2008	A-AA	Jemez Valley (17:07.14)	Antonio Varela (Pecos)	15:30.05
	AAAAA	Cibola (16:02.16)	Bryce Palmer (Eldorado)	15:07.25
	AAAA	Albuquerque Academy (16:06.10)	Kyle Pittman (Los Alamos)	15:19.75
2007	AAA	St. Michael's (16:40.47)	Dustin Walthal (Thoreau)	15:40.30
	A-AA	Navajo Pine (16:56.57)	Troy Madalena (Jemez Valley)	16:05.35
	AAAAA	Gallup (16:56.90)	Kevin Palmer (Eldorado)	16:05.80
	AAAA	Los Alamos (16:21.75)	Ben Johnson (Albuquerque Academy)	15:36.05
2006	AAA	Zuni (17:06.01)	Richard Siow (Zuni)	16:23.25
	A-AA	Navajo Pine (17:02.29)	Mario Armijo (Pecos)	16:34.70
	AAAAA	Gallup (16:34.20)	Matt Tebo (Eldorado)	15:25.90
	AAAA	Albuquerque Academy (16:11.80)	Ben Johnson (Albuquerque Academy)	15:30.65
2005	AAA	St. Michael's (16:53.00)	Tony Sanchez (West Las Vegas)	16:11.30
	A-AA	Navajo Pine (16:43.40)	Ryan Nez (Navajo Pine)	15:49.95
	AAAAA	Gallup (17:06.20)	Matt Tebo (Eldorado)	15:40
	AAAA	Albuquerque Academy (16:54.00)	Ryan McNiff (Los Alamos)	16:05
2004	AAA	Cobre (17:38.40)	Obed Hernandez (Cobre)	16:36
	A-AA	Navajo Pine (17:31.40)	Ryan Nez (Navajo Pine)	16:36
	AAAAA	La Cueva	Matt Tebo (Eldorado)	15:56
	AAAA	Albuquerque Academy	Mitch Bible (Albuquerque Academy)	15:53
2003	AAA	Wingate	Jeroma Tafoya (Santa Fe Indian)	16:24
	A-AA	Zuni	Marvis Aragon (Laguna Acoma)	16:06
	AAAAA	Gallup	Shadrack Kiptoo (La Cueva)	15:23
	AAAA	Los Alamos	Andres Urbina (Albuquerque Academy)	16:23
2002	AAA	Pojoaque	Darren Calvert (Pojoaque)	16:28
	A-AA	Jemez Valley	Marvis Aragon (Laguna Acoma)	16:36
	AAAAA	Gallup	Alex Romero (Albuquerque)	16:57
	AAAA	Albuquerque Academy	Alan Weeth (Albuquerque Academy)	17:00
2001	AAA	Pojoaque	Steve Martin (Pojoaque)	17:27
	A-AA	Jemez Valley	Lloyd Yazzie (Rehoboth Christian)	17:20
	AAAAA	Manzano	Ricardo Hernandez (Carlsbad)	16:45
	AAAA	Albuquerque Academy	John Bunting (Albuquerque Academy)	17:30
2000	AAA	Shiprock	Leonardo Jim (Wingate)	17:10
	A-AA	Jemez Valley	Lloyd Yazzie (Rehoboth Christian)	17:26
	AAAAA	Sandia	Cameron Clark (Sandia)	16:43
	AAAA	Albuquerque Academy	Vernon Harrison (Kirtland Central)	16:40
1999	AAA	Pojoaque	Stephen Martinez (Pojoaque)	17:13
	A-AA	Zuni	Reed Bienvenu (Santa Fe Prep)	16:55
	AAAA	Gallup	Matt Gonzales (Santa Fe)	17:30
	AAA	Albuquerque Academy	Ben Ortega (Taos)	17:16
1998	A-AA	Pecos	Andrew Yazzie (Rehoboth)	17:32
	AAAA	La Cueva	Sky Young (Gallup)	17:16
	AAA	Albuquerque Academy	Ben Ortega (Taos)	16:52
1997	A-AA	Rehoboth	Greg Concho (Laguna Acoma)	17:24
	AAAA	Eldorado	Jimmy Butler (Eldorado)	16:41



Boys XC State Champions

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
1997	AAA	Zuni	Darvin Valdo (Grants)	16:57
	A-AA	Laguna Acoma	Lorenzo Lapahie (Newcomb)	17:01
1996	AAAA	La Cueva	Chris Sorensen (La Cueva)	17:15
	AAA	Wingate	Louis Quam (Zuni)	17:50
	A-AA	Rehoboth	Lorenzo Lapahie (Newcomb)	17:32
1995	AAAA	La Cueva	Alex Hallet (Del Norte)	16:09
	AAA	Albuquerque Academy	Matt Twiest (Albuquerque Academy)	15:56
	A-AA	Santa Fe Indian	Hillary Loren Sago (Tularosa)	16:33
1994	AAAA	Gallup	Brandon Leslie (Gallup)	15:57
	AAA	Tohatchi	Ronald Roybal (Pojoaque)	16:57
	A-AA	Laguna Acoma	Sheldon Cheromiah (Laguna Acoma)	16:15
1993	AAAA	Gallup	Brandon Leslie (Gallup)	15:37
	AAA	Tohatchi	Lance Foster (Shiprock)	16:16
	A-AA	Laguna Acoma	Keith Joe (Laguna Acoma)	17:06
1992	AAAA	Gallup	David Krummenacker (Las Cruces)	15:53
	AAA	Tohatchi	John Tsabetsage (Zuni)	16:01
	A-AA	Laguna Acoma	Ramone Norris (Rehoboth)	16:03
1991	AAAA	Gallup	Casey O'Shea (Santa Fe)	16:16
	AAA	Zuni	Arthur Jimenez (Tucumcari)	16:01
	A-AA	Laguna Acoma	Ramone Norris (Rehoboth)	16:07
1990	AAAA	Gallup	Bart Humphrey (Gallup)	16:15
	AAA	Tucumcari	Arthur Jimenez (Zuni)	16:23
	A-AA	Laguna Acoma	Shane Garcia (Laguna Acoma)	16:15
1989	AAAA	Gallup	Darrel Joe (Gallup)	16:14
	AAA	Zuni	Phillip Castillo (Grants)	15:33
	A-AA	Jemez Valley	Shane Garcia (Laguna Acoma)	15:51
1988	AAAA	Gallup	Emerson Chee (Gallup)	16:29
	AAA	Wingate	Phillip Castillo (Grants)	15:45
	A-AA	Laguna Acoma	Shane Garcia (Laguna Acoma)	16:21
1987	AAAA	Gallup	Virgie Thomas (Gallup)	15:50
	AAA	Wingate	Marvin Hood (Wingate)	15:50
	A-AA	Santa Fe Indian	Anthony Riley (Santa Fe Indian)	16:16
1986	AAAA	Gallup	Virgil Thomas (Gallup)	15:36
	AAA	Wingate	Jasper Copey (Wingate)	16:05
	A-AA	Crownpoint	Wilfred Griego (Penasco)	16:06
1985	AAAA	Gallup	Pete Chee (Gallup)	15:49
	AAA	Zuni	Albert Chopito (Zuni)	15:57
	A-AA	Jemez Valley	Benjamin Mora (Jemez Valley)	15:58
1984	AAAA	Gallup	Glen Morgan (Del Norte)	16:00
	AAA	Zuni	Manuel Tahe (Tohatchi)	15:51
	A-AA	Jemez Valley	Benjamin Mora (Jemez Valley)	16:01
1983	AAAA	Gallup	Simon Gutierrez (Del Norte)	15:04
	AAA	Grants	Franklin Martinez (Grants)	15:24
	A-AA	Jemez Valley	Leonard Lee (Newcomb)	15:44
1982	AAAA	Del Norte	F. Martinez (Grants)	15:10
	AAA	Zuni	Oren Lasiloo (Zuni)	15:43
	A-AA	Jemez Valley	J. Shvoulote (Laguna Acoma)	15:24
1981	AAAA	Grants	Mica Comstock (Del Norte)	16:00
	AAA	Wingate	Tony Gallegos (Robertson)	16:24
	A-AA	Laguna Acoma	Victor Chinana (Jemez Valley)	15:50
1980	AAAA	Santa Fe	Mica Comstock (Del Norte)	20:01
	AAA	Tohatchi	Mike Pecos (Bernalillo)	19:40
	A-AA	Jemez Valley	Victor Chinana (Jemez Valley)	19:34
1979	AAAA	Santa Fe	Peter Graham (Santa Fe)	14:50
	AAA	Tohatchi	Mike Pecos (Bernalillo)	15:00
	AA	Laguna Acoma	Victor Chinana (Jemez Valley)	15:20
1978	AAAA	Santa Fe	Jessie Valdez (Manzano)	14:45
	AAA	Zuni	Kenny Bobelu (Zuni)	14:44
	AA	Laguna Acoma	Henry Tosa (Jemez Valley)	14:55
1977	AAAA	Grants	Tom White (West Mesa)	14:53
	AAA	Tohatchi	Wilbur Nakai (Kirtland Central)	15:12
	AA	Laguna Acoma	Meldon Sanchez (Laguna Acoma)	14:51
1976	AAAA	Santa Fe	Gary Louis (Grants)	19:27



Boys XC State Champions

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
1976	AAA	Zuni	Chuck Aragon (Los Lunas)	19:38
	AA	Laguna Acoma	Meldon Sanchez (Laguna Acoma)	20:08
1975	AAAA	Santa Fe	Andy Martinez (Grants)	13:50
	AAA	Zuni	Chuck Aragon (Los Lunas)	14:10
	AA	Laguna Acoma	Meldon Sanchez (Laguna Acoma)	13:53
1974	AAAA	Santa Fe	Andy Martinez (Grants)	16:30
	AAA	Shiprock	Vinny Thomas (Shiprock)	17:24
	AA	Laguna Acoma	Thelton Riley (Laguna Acoma)	17:16
1973	AAAA	Grants	Andy Martinez (Grants)	14:29
	AAA	Zuni	Clarence Garcia (Bernalillo)	15:20
	AA	Laguna Acoma	Bento Arellano (Penasco)	14:59
1972	AAAA	Las Cruces	Robert Golightly (Alamogordo)	15:23
	AAA	Grants	Vernon Martinez (Grants)	15:14
	AA	Laguna Acoma	Gordon Pino (Laguna Acoma)	15:14
1971	AAAA	West Mesa	Anthony Sandoval (Los Alamos)	14:47
	AAA	Bernalillo	George Chavez (Robertson)	15:15
	AA	Laguna Acoma	Aaron & Gordon Pino (Laguna Acoma)	15:08
1970	AAAA	Manzano	Anthony Sandoval (Los Alamos)	9:41
	AAA	Bernalillo	Pula Mina (Bernalillo)	9:55
	AA	Laguna Acoma	Aaron Pino (Laguna Acoma)	9:38
1969	AAAA	Highland	Ric Rojas (Los Alamos)	9:43
	AAA	Robertson	Leroy Chavez (Robertson)	10:18
	AA	Laguna Acoma	Gordon Pino (Laguna Acoma)	10:12
1968	AA	Highland	Ric Rojas (Los Alamos)	9:32
	A	Bernalillo	Pete Hernandez (Goddard)	9:49
	B	Zuni	Al Waquire (Jemez Valley)	9:49
1967	AA	Highland	Stan Hill (Highland)	8:56
	A	Wingate	Joe Espinosa (Silver)	8:50
	B	Jemez Valley	Sando (Jemez Valley)	8:56
1966	AA	Del Norte	Stan Hill (Highland)	9:54
	A	Bernalillo	Joe Espinosa (Silver)	10:06
	B	Jemez Valley	Paul Tosa (Jemez Valley)	9:49
1965	AA	Hobbs	Chris Hollis (Hobbs)	9:49
	A	Silver	Joe Espinosa (Silver)	10:15
	B	Jemez Valley	Gerry Garcia (El Rito)	9:41
1964	AA	Valley	Chuck Schuck (Sandia)	9:38
	A	Silver	B. Jojola (Los Lunas)	10:05
	B	Jemez Valley	Gerry Garcia (El Rito)	9:32
1963	A	Valley	Pat Cox (Manzano)	10:28
	B	El Rito	Gerry Garcia (El Rito)	10:57
1962	A	Silver	Tony Sandoval (Albuquerque)	10:56
	B	El Rito	Gerry Garcia (El Rito)	10:57
1961	A	Manzano	John Baker (Manzano)	10:52
	B	El Rito	Gerry Garcia (El Rito)	11:06
1960	A	Highland	Lloyd Goff (Highland)	10:08
	B	Rehoboth	Chester Brown (Rehoboth)	10:42

To update information, please contact Tyler Dunkel, NMAA Assistant Director of Sports (505-923-3295) or e-mail tyler@nmact.org



Drunk driving? Game over.

Protect our kids. Always make sure
to designate a driver when drinking.

endwi

NMDOT



Girls XC State Champions

MOST TITLES (TEAM)

21	Los Alamos	1981, 1982, 1992, 1994, 1995, 1996, 1997, 2000, 2001, 2002, 2003, 2004, 2006, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2019
14	Gallup	1988, 1989, 1990, 1993, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005
10	Zuni	1982, 1983, 1984, 1985, 1986, 1987, 1988, 2002, 2009, 2016
7	Eldorado	2006, 2007, 2009, 2010, 2012, 2018, 2019
7	Laguna Acoma	1979, 1980, 1981, 1982, 1983, 1984, 1985
6	Albuquerque Academy	1993, 2005, 2008, 2016, 2017, 2018
6	Santa Fe	1979, 1980, 1983, 1984, 1985, 1986
6	Taos	1989, 1990, 2013, 2014, 2016, 2017

MOST CONSECUTIVE TITLES (TEAM)

10	Gallup (1996-2005)
7	Zuni (1982-1988)
7	Laguna Acoma (1979-1985)
7	Los Alamos (2005-2015)

MOST TITLES (INDIVIDUAL)

4	Carolina Kaufman, East Mountain (2008-2011)
4	Kate Norskog, St. Michael's (2006, 2008-2010)
4	Felicia Guliford, Gallup (1998-2001)
4	Amy Swier, Aztec (1993-1996)
4	Elizabeth Gonzales, Peñasco (1982-1985)
3	Amanda Mayoral, Cleveland (2015-2017)
3	Rachel Fleddermann, Sandia Prep (2011-2013)
3	Julia Foster, Albuquerque Academy (2006, 2009-2010)
3	Irena Ossola, St. Michael's (2003-2005)
3	Kristen Hemphill, Los Alamos (2002-2004)
3	Jacquelyne Galleos, Pojoaque (1997, 1999-2000)
3	Stephanie Milan, Bloomfield (1990-1992)
3	Melissa Lucero, Laguna Acoma (1988, 1990-1991)
3	Michelle Montoya, Tucumcari (1982-1984)

OTHER MULTIPLE WINNERS: Carly Gonzales (Peñasco), Malia Gonzales (Cleveland), Jenna Thurman (Del Norte), Ashley Quintana (Pecos), Janice Tosa (Jemez Valley), Guila Irwin (Newcomb), Mary Jo Boot (Rehoboth), Angie Lee (Bloomfield), Verna Woody (Gallup)

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
2019	AAAAA	Eldorado (19:47.66)	Leah Futey (Cleveland)	18:26.45
	AAAA	Los Alamos (19:15.01)	Norissa Valdez (Los Alamos)	18:47.00
	AAA	Cottonwood Classical (20:33.76)	Jewels Leslie (Wingate)	19:34.75
	A-AA	ATC (20:54.85)	Maggie Rittmeyer (ATC)	19:41.70
2018	AAAAA	Eldorado (19:40.40)	Jasmine Turtle-Morales (Eldorado)	18:22.45
	AAAA	Albuquerque Academy (19:35.60)	Zoe Hunter (Albuquerque Academy)	18:56.60
	AAA	Robertson (21:43.63)	Amelia Johnson (East Mountain)	20:20.60
	A-AA	Pecos (21:06.98)	Vanessa Dominguez (Pecos)	20:24.00
2017	AAAAAA	Cleveland (19:54.12)	Amanda Mayoral (Cleveland)	18:23.65
	AAAAA	Albuquerque Academy (20:01.41)	Jaque Pinon (St. Pius X)	18:42.40
	AAAA	Taos (20:48.48)	Ella Katz (Taos)	20:18.80
	AAA	Cottonwood Classical (21:27.28)	Rhlynn Jones (Cottonwood Classical)	20:31.60
	A-AA	Penasco (22:14.49)	Carly Gonzales (Penasco)	20:36.55
2016	AAAAAA	Rio Rancho (19:18.07)	Amanda Mayoral (Cleveland)	18:20.55
	AAAAA	Albuquerque Academy (20:16.71)	Carly Wall (Albuquerque Academy)	19:15.15
	AAAA	Taos (20:16.11)	Aubre Wrye (East Mountain)	19:10.55
	AAA	Zuni (21:38.37)	Terri Cailey (Laguna-Acoma)	20:11.90
	A-AA	Penasco (22:29.39)	Natalia Marrujo (Mora)	20:14.90
2015	AAAAAA	Cleveland (19:23.60)	Amanda Mayoral (Cleveland)	18:12.00
	AAAAA	Los Alamos (19:11.48)	Arena Lewis (Belen)	18:29.00
	AAAA	Shiprock (20:12.09)	Addison Rauch (East Mountain)	19:11.95
	AAA	Academy for Tech. & the Classics (21:45.85)	Alizabeth Williams (ATC)	20:00.90
	A-AA	Mountainair (22:41.51)	Carly Gonzales (Penasco)	20:47.80
2014	AAAAAA	La Cueva (19:38.73)	Natasha Bernal (La Cueva)	18:50.85
	AAAAA	Los Alamos (19:53.98)	Carisma Lovato (Valencia)	18:40.60
	AAAA	Taos (19:49.95)	Cora Cannedy (Taos)	19:15.00
	AAA	Estancia (21:42.21)	Aubri Wrye (Estancia)	19:37.55



Girls XC State Champions

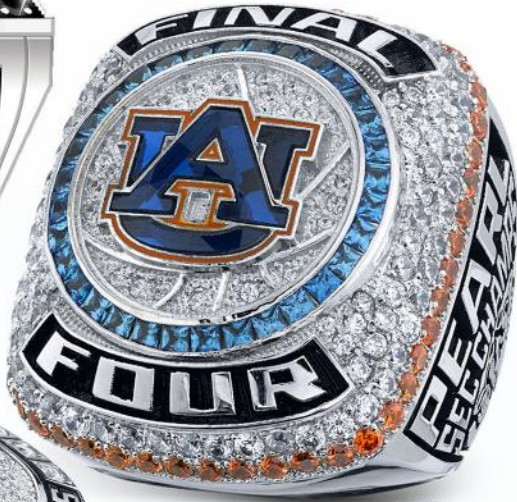
YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
2014	A-AA	Jemez Valley (23:39.50)	Annoesika Laughlin (Navajo Pine)	19:25.60
2013	AAAAA	La Cueva (19:42.14)	Crissey Amberg (Eldorado)	18:46.45
	AAAA	Los Alamos (19:32.42)	Kelli Reagan (St. Pius X)	18:23.50
2012	AAA	Taos (20:19.04)	Rachel Fleddermann (Sandia Prep)	19:33.05
	AA	East Mountain (21:05.64)	Jacqueline Katzman (Bosque School)	18:50.85
	A	Jemez Valley (22:22.02)	Taylor Bacon (Desert Academy)	20:41.55
	AAAAA	Eldorado (20:19.06)	Malia Gonzales (Cleveland)	18:59.45
	AAAA	Los Alamos (19:28.42)	Jenna Thurman (Del Norte)	19:02.70
2011	AAA	Shiprock (21:02.35)	Rachel Fleddermann (Sandia Prep)	19:21.15
	AA	Navajo Prep (21:15.67)	Cassandra C de Baca (Pecos)	20:04.45
	A	Jemez Valley (22:09.73)	Valene Madalena (Jemez Valley)	20:32.45
	AAAAA	Cleveland (20:14.59)	Malia Gonzales (Cleveland)	19:44.10
	AAAA	Los Alamos (19:41.12)	Jenna Thurman (Del Norte)	19:09.80
2010	AAA	Wingate (20:38.30)	Rachel Fleddermann (Sandia Prep)	19:11.70
	A-AA	Bosque School (20:51.33)	Caroline Kaufman (East Mountain)	19:24.35
	AAAAA	Eldorado (20:16.33)	Caroline Lewiecki (Manzano)	18:56.50
	AAAA	Los Alamos (20:13.58)	Julia Foster (Albuquerque Academy)	18:35.80
	AAA	Wingate (21:12.95)	Kae Norskog (St. Michael's)	19:21.55
2009	A-AA	Bosque School (21:37.43)	Caroline Kaufman (East Mountain)	19:39.85
	AAAAA	Eldorado (19:30.26)	Kristy Hannah (Eldorado)	18:33.05
	AAAA	Los Alamos (19:15.33)	Julia Foster (Albuquerque Academy)	17:48.95
	AAA	Zuni (19:44.41)	Kate Norskog (St. Michael's)	18:05.85
2008	A-AA	Bosque School (20:14.40)	Caroline Kaufman (East Mountain)	18:35.60
	AAAAA	Rio Rancho (19:29.25)	Brandy Castillo (Carlsbad)	18:37.65
	AAAA	Albuquerque Academy (19:46.65)	Clara Milne (Albuquerque Academy)	17:55.10
	AAA	St. Michael's (20:17.24)	Kate Norskog (St. Michael's)	18:08.65
2007	A-AA	Navajo Pine (20:01.84)	Caroline Kaufman (East Mountain)	18:59.00
	AAAAA	Eldorado (19:27.15)	Laura Lavezo (La Cueva)	18:35.55
	AAAA	Belen (20:08.21)	Jacueline Campos (Santa Teresa)	18:42.75
	AAA	St. Michael's (20:25.02)	Sophia Torres (Pojoaque)	19:33.75
2006	A-AA	Navajo Pine (20:33.36)	Courtney Schultz (Cloudfcroft)	18:32.85
	AAAAA	Eldorado (19:40.00)	Elba Holguin (Valley)	18:53.70
	AAAA	Los Alamos (20:02.30)	Julia Foster (Albuquerque Academy)	18:55.55
	AAA	St. Michael's (19:52.80)	Kate Norskog (St. Michael's)	18:38.90
2005	A-AA	Navajo Pine (20:30.20)	Shawna Winnegar (Santa Fe Prep)	19:35.95
	AAAAA	Gallup (20:00.20)	Vanessa Ortiz (Cibola)	18:29
	AAAA	Albuquerque Academy (19:55.80)	Alexandra Blum (Los Alamos)	19:31
	AAA	St. Michael's (19:39.80)	Irena Ossola (St. Mary's)	18:42
2004	A-AA	Navajo Prep (20:58.20)	Ashley Quintana (Pecos)	19:44
	AAAAA	Gallup	Jocelyn Calderon (Carlsbad)	19:02
	AAAA	Los Alamos	Kristen Hemphill (Los Alamos)	18:52
	AAA	Shiprock	Irena Ossola (St. Michael's)	18:46
2003	A-AA	Navajo Preparatory	Kelly Barmann (Cimarron)	19:20
	AAAAA	Gallup	Jocelyn Calderon (Carlsbad)	19:44
	AAAA	Los Alamos	Kristen Hemphill (Los Alamos)	18:48
	AAA	Robertson	Irena Ossola (St. Michael's)	19:35
2002	A-AA	Santa Fe Indian	Ashley Quintana (Pecos)	19:39
	AAAAA	Gallup	Sheyenne Lewis (Gallup)	19:59
	AAAA	Los Alamos	Kristen Hemphill (Los Alamos)	19:46
	AAA	Pojoaque	Cateka Tsosie (Wingate)	20:54
2001	A-AA	Zuni	Phillana Belone (Rehoboth Christian)	21:21
	AAAAA	Gallup	Felicia Guilford (Gallup)	19:11
	AAAA	Los Alamos	Alicia Torres (Taos)	19:55
	AAA	Shiprock	Kelly Sanchez (Pojoaque)	20:29
2000	A-AA	Santa Rosa	Janice Tosa (Jemez Valley)	20:29
	AAAAA	Gallup	Felicia Guilford (Gallup)	19:49
	AAAA	Los Alamos	Timmie Murphy (Farmington)	20:17
	AAA	Pojoaque	Jacquelyn Gallegos (Pojoaque)	19:32
1999	A-AA	Jemez Valley	Janice Tosa (Jemez Valley)	20:39
	AAAA	Gallup	Felicia Guilford (Gallup)	18:58
	AAA	Kirtland Central	Jacquelyn Gallegos (Pojoaque)	19:42
1998	A-AA	Santa Fe Indian	Linda Yearly (Santa Rosa)	21:47
	AAAA	Gallup	Felicia Guilford (Gallup)	19:35



Girls XC State Champions

YEAR	CLASS	TEAM CHAMPION	INDIVIDUAL CHAMPION	TIME
1998	AAA	Pojoaque	Magdalena Sandoval (Los Alamos)	20:31
	A-AA	Rehoboth	Johanna Jaramillo (Santa Rosa)	21:18
1997	AAAA	Gallup	Danielle Longmire (Rio Rancho)	19:26
	AAA	Los Alamos	Jacquelyn Gallegos (Pojoaque)	20:18
	A-AA	Rehoboth	Guila Irwin (Newcomb)	21:14
1996	AAAA	Gallup	Kelly Concho (Gallup)	20:07
	AAA	Los Alamos	Amy Swier (Aztec)	20:13
	A-AA	Rehoboth	Almea Matanock (Santa Fe Prep)	21:36
1995	AAAA	La Cueva	Valencia Tilden (Gallup)	18:50
	AAA	Los Alamos	Amy Swier (Aztec)	18:29
	A-AA	Newcomb	Guila Irwin (Newcomb)	19:38
1994	AAAA	La Cueva	Erin Belger (Sandia)	20:06
	AAA	Los Alamos	Amy Swier (Aztec)	19:43
	A-AA	Santa Fe Indian	April Lloyd (Cimarron)	20:42
1993	AAAA	Gallup	April Brannon (Manzano)	19:42
	AAA	Albuquerque Academy	Amy Swier (Aztec)	19:54
	A-AA	Crownpoint	Karletta Hannah (Crownpoint)	21:30
1992	AAAA	Espanola	Susan Prentice (Sandia)	19:05
	AAA	Los Alamos	Stephanie Milam (Bloomfield)	19:07
	A-AA	Rehoboth	Mary Joe Boot (Rehoboth)	19:18
1991	AAAA	Farmington	Denis Danielson (West Mesa)	19:29
	AAA	Bloomfield	Stephanie Milam (Bloomfield)	18:46
	A-AA	Rehoboth	Melissa Lucero (Laguna-Acoma)	19:28
1990	AAAA	Gallup	Julia Kayitah (Alamogordo)	19:46
	AAA	Taos	Stephanie Milam (Bloomfield)	19:42
	A-AA	Newcomb	Melissa Lucero (Laguna-Acoma)	20:00
1989	AAAA	Gallup	Susan Prentice (Sandia)	19:45
	AAA	Taos	Tonya Waseta (Zuni)	19:42
	A-AA	Newcomb	Mary Jo Boot (Rehoboth)	19:00
1988	AAAA	Gallup	Annabelle Ortiz (Espanola)	20:09
	AAA	Zuni	April Halate (Zuni)	20:49
	A-AA	Newcomb	Melissa Lucero (Laguna-Acoma)	19:45
1987	AAAA	La Cueva	Laura Romero (Santa Fe)	19:23
	AAA	Zuni	Angie Lee (Bloomfield)	19:26
	A-AA	Crownpoint	Maria Magdalena (Jemez Valley)	20:07
1986	AAAA	Santa Fe	Monique Ecker (Eldorado)	19:36
	AAA	Zuni	Angie Lee (Bloomfield)	19:57
	A-AA	Crownpoint	Jodie Michaelyn (Crownpoint)	19:55
1985	AAAA	Santa Fe	Dee Dee Bazan (Eldorado)	19:27
	AAA	Zuni	Paula Hannaweeka (Zuni)	19:08
	A-AA	Laguna-Acoma	Elizabeth Gonzales (Penasco)	19:58
1984	AAAA	Santa Fe	Verna Woody (Gallup)	18:32
	AAA	Zuni	Michelle Montoya (Tucumcari)	19:21
	A-AA	Laguna-Acoma	Elizabeth Gonzales (Penasco)	19:47
1983	AAAA	Santa Fe	Lisa Valle (Alamogordo)	18:22
	AAA	Zuni	Michelle Montoya (Tucumcari)	18:44
	A-AA	Laguna-Acoma	Elizabeth Gonzales (Penasco)	19:09
1982	AAAA	Los Alamos	Verna Woody (Gallup)	17:52
	AAA	Zuni	Michelle Montoya (Tucumcari)	18:32
	A-AA	Laguna-Acoma	Elizabeth Gonzales (Penasco)	18:58
1981	AAAA	Los Alamos	Deborah Bigbee (Santa Fe)	19:32
	AAA	Kirtland Central	Dawn Eriacho (Zuni)	19:42
	A-AA	Laguna-Acoma	Carrie House (Thoreau)	20:16
1980	AAAA	Santa Fe	Kristi Rapp (Manzano)	24:08
	A-AAA	Laguna-Acoma	Sandra Gutierrez (Santa Rosa)	24:28
1979	AAAA	Santa Fe	Sandy Beach (Valley)	18:12
	A-AAA	Laguna-Acoma	Lollie Hampton (Laguna-Acoma)	18:48

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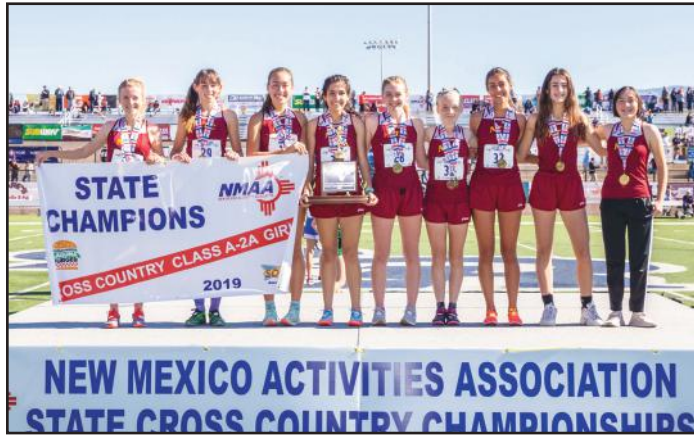


Alissa Wesbrook
Assistant to
Executive Director



2019 State Championship Recap

ATC Wins A-2A Girls' Cross Country Title



In 2018, the Academy for Technology and the Classics girls' cross country team came up a couple points short of winning the blue trophy. In 2019, it was ATC finishing first and winning the Girls' Class A-AA Championship, with a total of 24 points. Pecos finished second with 35 and Peñasco was third, with 116.

Individually, ATC junior Maggie Rittmeyer took first place with a time of 19:41.70, finishing nearly a minute ahead of the second place-finisher, Vanessa Dominguez of Pecos. "I've wanted this for so long, so it's kind of overwhelming" said Rittmeyer after the race. ATC placed four of the top five runners. Rittmeyer's sister, Lily, finished third, followed by ATC teammates Kamryn Hoehne and Noelani Van Loon in fourth and fifth places.

Cottonwood Classical Wins Second Blue Trophy



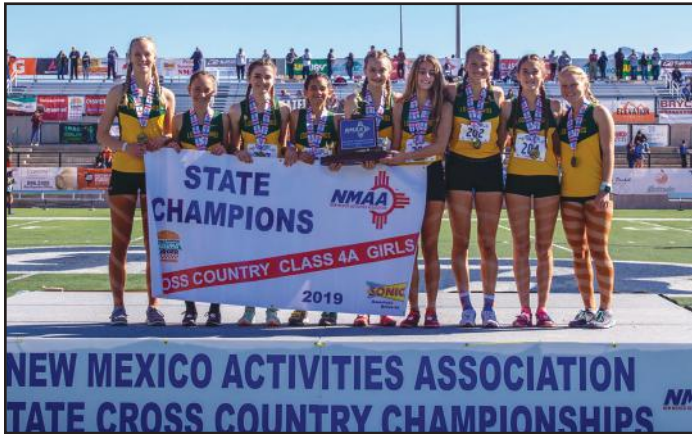
The Cottonwood Classical Prep girls' cross country team placed five runners in the top 18 and finished in first place at the 2019 Laguna Burger Cross Country Championships. Cottonwood Classical topped the list with 54 points. Zuni finished second with 75 and Laguna-Acoma was third, with 89 points. It was the second title in three years for Cottonwood Classical.

Individually, Jewels Leslie from Fort Wingate crossed the finish line first in a time of 19:34.75. The junior was 15 seconds ahead of runner-up Sidney Cheromiah of Laguna-Acoma. "I just tried to be patient the first mile," said Leslie. "I listened to my coach, who said wait until after the first mile to start pushing more."



2019 State Championship Recap

Los Alamos Girls' Back on Top



The Los Alamos girls' cross country team dethroned rival Albuquerque Academy to win the 2019 Laguna Burger Class 4A State Cross Country Championship. The Hilltoppers finished first with 30 points, beating second-place Academy by 23 points. Hope Christian was third with 130 points. Los Alamos posted four runners in the top nine spots.

Individually, Los Alamos sophomore Norissa Valdez came from behind to edge out her teammate, Sophie Chadwick at the finish line to earn first-place honors. Valdez clocked in with a time of 18:47, beating her 9th grade teammate by 0.30 seconds. "I kept thinking 'I can do this, I can do this' and then I started sprinting and passed her," described Valdez.

Eldorado Girls' Cross Country Repeats



The Eldorado girls' cross country team won the Class 5A State Championship for the second year in a row. The Eagles claimed the Laguna Burger State Cross Country team title with an overall score of 48 points. Volcano Vista was second with 77 points and Cleveland finished third, with 99.

Cleveland freshman Leah Futey battled defending state champ Jasmine Turtle-Morales at various meets all season long. When it mattered most, Futey was the one who finished on top with the state title. Futey crossed the finish line first in a time of 18:26.45, beating Turtle-Morales by nearly 20 seconds.



2019 State Championship Recap

Navajo Pine Dominates Boys' A-2A Race



For the third year in a row, Navajo Pine posted the fastest runner in their classification and for the third time in as many years, the Warriors finished first as a team. Navajo Pine claimed the 2019 Laguna Burger Class A-AA State Cross Country Championships. The Warriors finished with 37 points. Cloudcroft was second with 75 and Pecos third, with 110. Navajo Pine had four of the top seven runners in the field.

Individually, Navajo Pine senior Galvin Curley won his second straight state title crossing the finish line first in a time of 16:30.50, 28 seconds ahead of his teammate Michael Marshall, who finished second. "It's awesome, no words can explain it," Curley said, following his second straight title. "I worked all summer for this and I always imagined myself crossing the line with another state championship."

Zuni Boys' Claim Back-to-Back Titles



The Zuni Thunderbirds made it back-to-back state titles in 2019. Zuni took home top honors at the Laguna Burger Class 3A State Cross Country Championships. Zuni finished first with an impressive 23 points, distancing themselves from the rest of the field. Santa Fe Indian School took second with 92 points and Laguna Acoma was third, with 111.

Individually, five of the top seven runners were from Zuni, including first place finisher Deshawn Goodwin. The senior posted a winning time of 16:02.80. Goodwin was 15 seconds faster than Justin Howey from Cottonwood Classical, who finished second.



2019 State Championship Recap

Los Alamos Boys' Repeat as Champs



For the second year in a row, the Los Alamos Hilltoppers finished the season on top. Los Alamos won the Laguna Burger Class 4A State Cross Country Championships. The Hilltoppers edged out rival Academy with 40 points. The Chargers finished second with 43 points and Hope Christian and Santa Teresa finished third. Los Alamos had four of the top nine runners in the field. In fact, all 10 of the scoring runners from Los Alamos and Academy placed among the top 16 in the field of 120.

Individually, a pair of teammates finished 1-2. Albuquerque Academy senior Julian Garcia came from behind down the stretch to pass his teammate Justin Hickey and win by a four-second margin. Garcia's winning time was 16:04.75. "I started feeling good with about 800 to go, so I picked it up," described Garcia.

Cleveland Boys' Make It Three in a Row



The Cleveland Storm boys' cross country team made it a three-peat in 2019. The Storm finished 1st for the third straight season at the Laguna Burger Class 5A State Cross Country Championships. Cleveland put up a total of 64 points. Volcano Vista finished second with 114 points, edging out third place Piedra Vista by one point. Cleveland had five runners in the top 15 led by Lucas Futey and Lucas Loe who finished seventh and eighth.

Individually, the Class 5A boys' race was about as close as you could get. Piedra Vista's Triston Charles came from behind to edge out Jerrick Maldonado at the finish line. The winning time was 16:07.60. It was a .05 second victory for Charles and the 1st state title for the Piedra Vista senior.



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