

A person stands on a gravel path at sunset, looking towards the horizon. On either side of the path are signposts. The left signpost has two signs: the top one says 'LAC JUNE' and 'LAKE JUNE' with an arrow pointing right, and the bottom one is a solid black arrow pointing right. The right signpost also has two signs: the top one says 'ПОГООДИИ' and 'ОТСТОИСО' with an arrow pointing left, and the bottom one is a solid black arrow pointing right. The background is a hazy landscape with mountains under a sunset sky.

The Quiet Decisions That Changed Everything

An Invitation to Write the Moment That Shifted Your Life

Some decisions don't announce themselves.

And somehow... everything changes.

This book exists to honor *those* moments.



This opportunity is for women who are Women Like Me Community Members and...

(Not a member yet? [Join Community Here](#))

- feel a story stirring, but aren't sure how to begin
- have never written before
- have written before but feel stuck or uncertain
- don't want to edit, format, or figure out publishing logistics
- want to be part of something meaningful, supportive, and well-held

You do not need:

- writing experience
- a polished manuscript
- an editor
- an existing platform
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You do need:

- honesty
- willingness
- one true moment you're ready to explore



What You'll Write

You will submit **one chapter**, up to **1,200 words**, focused on *one quiet decision* that changed something meaningful in your life.

Important Dates & Details

Word Count: 1,200 words or less

Submission Deadline: February 8, 2026 at midnight

Spots Available: Limited





The moments no one saw. The choices that rewrote our lives.

This book invites women to write about **one quiet decision** that altered the direction of their lives.

Not the big dramatic ending.

Not the highlight reel.

The *moment before*.

The inner yes.

The silent no.

The breath taken before everything changed.

We're inviting women to write about the quiet decision that changed everything.

Not the moment the marriage ended, but the night you admitted the truth to yourself.

Not the day you quit, but the morning you stopped trying to fit.

Not the healing, but the instant you chose to stay.

This book is about:

- decisions made in kitchens, cars, hospital rooms, and bathrooms
- moments of clarity that came without applause
- choosing yourself quietly, and living with the consequences bravely

If you've ever made a choice that looked small from the outside but shifted your entire life...**this is your chapter.**



Women may write from *any* life season, past or recent.

- The decision I made without telling anyone
- The moment I knew, even though I wasn't ready
- When staying became braver than leaving
- The choice that didn't make sense to others
- What I decided when no one was watching
- The quiet line I crossed, and never went back
- The day I chose peace over approval
- The moment I stopped explaining myself (before I stopped explaining out loud)



TONE & STYLE GUIDANCE

- Personal, reflective, grounded
- Not polished perfection, *truth over performance*
- One clear decision, one emotional throughline
- No need to justify, defend, or over-explain

**This is not about
convincing the reader.
It's about telling the
truth as you
remember it.**



WHY THIS BOOK IS PERFECT FOR the new year 2026

Because it isn't about resolutions anymore.
It's about **reckoning**.

This book meets women where they are:

- tired of noise
- done with performance
- ready to honor the moments that actually mattered

It tells them: *You didn't miss your moment. You already made it.*

Additional Information

⚠ Important Note About Author Listings on Amazon

All participating authors will be **named and credited inside the book**.

However, Amazon only allows a limited number of author names to appear on the book's main listing.

✨ **The first 18 submissions received** will:

- have their names listed on Amazon
- have the opportunity to strengthen or create their **Amazon Author Central profile**

This is not about hierarchy... It's about platform limitations.

What We Take Care Of (So You Don't Have To)

This is a **fully supported experience**.

You do **not** need to worry about:

- editing
- formatting
- publishing logistics
- Amazon setup
- technical details

We handle it all.

**Your job is to write.
Ours is to take care of the rest**

Why This Opportunity Is Free

This opportunity does not cost you anything to participate. There are no submission, publishing, or editing fees, and no hidden costs.

Writing in this book is offered as a **gift of access**, not a transaction.

Too many women carry powerful stories but stay silent because they believe telling them comes at a price — financial, emotional, or both. This book removes that barrier. You are free to write without worrying about cost, obligation, or sales pressure.

Your only investment is your honesty and your willingness to show up on the page.

**Book sales support this program, so
the next woman can write her truth,
heal her heart and help us change
the world**

If You're Sitting on the Fence... Read This

If you're wondering:

Is my story too small?

What if I don't know how to start?

What if I don't finish?

What if I regret not doing this, again?

This opportunity isn't asking you to leap.
It's asking you to **step**.

Quietly.

Honestly.

In your own way.

Sometimes the decision isn't loud.
It's simply the moment you stop waiting.

Ready to Claim Your Spot?

Spots are limited, and early submissions matter.

 **Sign up here:**

[Yes! Ready, click here](#)

Once registered, you'll receive more details in your sign-up form. Reach out if you have questions julie@changeyourpath.ca

“

No one may clap when you decide to write this.

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But something in you already knows it matters.