

Winchelsea Star

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Your Weekly Community Newspaper

Since 1977

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Congratulations! Winchelsea's own Cinthya Sabillon of La Caseta Latin American food has won the Vegetarian Division of the World Food Championships Australia 2023 in Melbourne p5

Winchelsea



Story and photos: Judy Cameron

The Winchelsea Market was buzzing on Sunday. Here are a few of the locals who were selling their wares.

Brooke from Mummy's Cooking

Brooke had nearly sold out of all her home-baked goodies when I arrived.

"Wonderful people came by today, some buying two cakes at a time. Because everything is freshly baked, they can buy up and freeze some. My older customers love my scones."

Also for sale were her jams and relishes – from home grown ingredients either by her or her Dad Vic.



Trav and Vic

Next to Brook was her brother Trav and her father Vic with home-grown vegetables, also nearly cleared out. What Vic doesn't grow himself he buys direct from local farmers to top up his stall.

Community Market

MARKET DATES FOR 2023

6th August
3rd September
8th October
5th November
3rd December

Zane

the man providing the musical entertainment.

Cinthya and Chris

And of course Cinthya and Chris from La Caseta were there with their delicious baleadas, food from Honduras. See their story elsewhere in The Star.



Michaela

Michaela has a huge range of home sewn, knitted and crocheted items. Including beautiful baby burp cloths, bibs and blankets plus head bands, face washers, dishcloths, pencil cases, coin purses etc.

I was impressed by the nice little gift packs containing an eye mask, face cloth and crocheted make up removers.

Note Michaela modelling the bands she has made for attaching keys to make them easier to find!

Michaela can be contacted 0429512497 in case you want to buy outside market days.



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You can write for the 'Star'

Tony Phelps

We want the Star to inform, to engage, to inspire, to interest the residents of Winchelsea and surrounds. And we need your writings to get there.

The Star has no actual reporters or designated writers - we publish what you send us.

If you have some news, an opinion, an interest or perspective, or a story - we'd love you to send it in for publication.

The Star loves to hear anything of direct interest to the Winchelsea community. The more local content we can put in, the better!

How much can I write?

You can write just one article. You can start a new column about something you're interested in.

You can send us a series of articles following a theme. What would you like to write about?

Your article can spread over 1 or 2 pages (approx 850 words), or you can write longer pieces and split them across multiple editions.

Add a photo or two, an article title and author's name (preferably).

Can you publish my photos?

A picture is worth a thousand words - but context is very interesting too! If you've taken a photo you'd like in the Star, add a few words describing where, when, who, why and/or what.

Ask permission to use photos

When you send us a photo, you give us implied permission for reproduction.

You have liability when publishing an image, so be sure you own the image or have written approval to use it. It is easy for copyright owners to find stolen images online, where the Star can be found.

Legalities

Our Editors will not approve anything libellous (ie. when a false statement is published in written form and does harm to a victim). The Star is a community newspaper - 'for' and 'against' opinions on contentious topics are welcome, but attacking individuals or groups is not. Misinformation and conspiracy theories are best peddled elsewhere.

We look forward to hearing from you.

Simply email editor@winchelseastar.org.au

Congratulations Cinthya

World Food Championships

We are so proud of Winchelsea's Cinthya Sabillon who has won the Vegetarian Division of the World Food Championships Australia 2023 at the Melbourne Convention and Exhibition Centre!

Make sure you look for her at the monthly Winchelsea Community Market where you can sample baleadas, pupusas and tamales - all authentic and handmade from scratch.

You can also order pre-order online at lacaseta.com.au for pick up from Winchelsea on Wednesday afternoons.

Judy Cameron

Cinthya of La Caseta Latin American Food has taken out FIRST PLACE in the Vegetarian section at the World Food Championships Australia in Melbourne. Well done Cinthya and kitchen hand Chris!

Cinthya was chosen with 9 others from their online applications for Round One then qualified in the Top 5 to compete at the Melbourne Convention and Exhibition Centre.

She made her famous baleadas (is there anyone in Winchelsea who haven't eaten one?) for Round One. She could have repeated that dish for the play-off but decided to do something different – Pastelitos de papa, another popular Honduran street food. Pastelitos are a type of empanadas.

The dough is prepared with nixtamalized corn (masa) flour, the main ingredient in the stuffing is potatoes deep-fried in vegetable oil. Cinthya chose Purple potatoes grown in the Otways. (That could have been the winning edge!)

Competitors had one hour to complete their dish – in duplicate: one for the judges to taste and one for the photographers.

Now, like all good cooking competitions there are last minute dramas. Cinthya tasted her first Pastelito and decided they were ok but not great.

So, with 7 minutes to go, and enough dough to make some more, she quickly kneaded in a little more salt and achiote* and stuffed and fried them. And with 2 minutes left, cool as a cucumber, she quickly chopped up the purple cabbage as a side on the plate with the red salsa.



One of the judges said "I like the shot woman one, very tasty, very interesting and fun to eat and very tasty (while they were licking their fingers), I love combination of flavours"

For the Pastelitos he said: " Beautiful, very nice and delicate. The empanada itself is very hot, then you have the cooling with all of the sauces which is very complimentary" and he continued eating the empanada.

The judges were: Tom Milligan award-winning Chef who is the current Australian Technical Director at Le Cordon Bleu Australia.

And John McFadden who won the World Seafood Champion Title at the World Food Championship in Dallas, Texas and recently was crowned the winner of the Final Table event, in which the ten category winners of the World Food Championships (WFC) face off against each other for USD\$100k in prizemoney and the title of world's best chef.

**Achiote is a spice and colouring agent extracted from the seeds of the Bixa orellana shrub from Central America). It was used by the Mayan culture for red dye colouring.*



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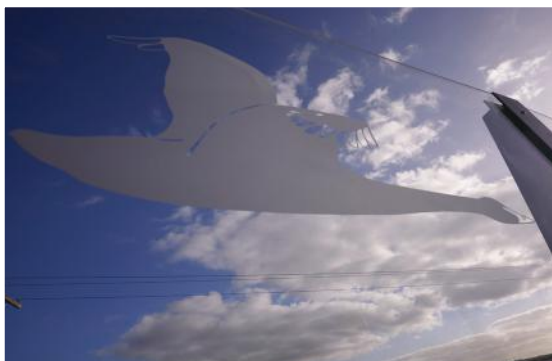
NAIDOC Week

Art and design celebrating Wadawurrung cultural heritage is a key feature of the Barwon Heads Road Upgrade

The Indigenous elements are a legacy of collaboration on the upgrade between Wadawurrung Traditional Owners Aboriginal Corporation (WTOAC) and Major Road Projects Victoria (MRPV).



Steph Skinner



Swan panel



BJ O'Toole

MRPV engaged WTOAC to incorporate informed, meaningful Wadawurrung design in the upgrade and to improve connections with the Wadawurrung's living cultural heritage and communities.

As the Registered Aboriginal Party for Wadawurrung Traditional Owners, WTOAC works to support their aspirations and protect their cultural heritage in accordance with the Aboriginal Heritage Act 2006.

Wadawurrung contributions feature prominently around the upgrade's Marshall railway line bridge, 4km shared-use path and retaining wall near Settlement Road.

The bridge's approach ramps feature 810 wall panels patterned to represent vertically broken boomerang flanks. BKK Architects collaborated with WTOAC on the panel design.

Acrylic screens atop the bridge depict a kunuwarra (black swan) flying like movie reel slides as drivers pass. The kunuwarra images are the work of Wadawurrung artist Stephanie (Anie) Skinner.

"It's wonderful to think that as you cross over the bridge as a traveller, whether as a pedestrian or in a vehicle, you're travelling alongside kunuwarra. Kunuwarra is a significant creature to Wadawurrung, and to walk beside her as you move through the landscape honours her story and the importance of the living things that live in and surround the Barwon." said Anie.

The retaining wall coloured to reflect the region's soil is also lined with fins designed so the word 'Jerringot' appears as drivers pass in either direction. Wadawurrung for 'water all around' or 'place of billabongs', Jerringot is the name given to adjacent wetlands that are habitat for species including migratory wading birds, including Latham's snipe.

The path includes etched tracks of native bird species including kunuwarra, porronggitj (brolga), ibis, pelican and egret. Traditional owner BJ O'Toole designed the footprints, which appear in the vicinity of the relevant species' habitat.

Along the path, two interpretive signage structures will provide information about the area, its native flora, fauna and Wadawurrung cultural significance. One signage structure will be built near Settlement Road, the other near the rail line bridge.

MRPV has worked with WTOAC on other aspects of the project including landscaping, colours and cultural heritage management plans.

The Barwon Heads Road Upgrade has added lanes between Belmont and Charlemont, making travel safer and more reliable for all users.

Along with building a shared-use path and rail line bridge, the upgrade has also improved intersections and removed a dangerous level crossing.

The project was completed about six months ahead of schedule.

More information is available at bigbuild.vic.gov.au/projects/mrpv/barwon-heads-road-upgrade.

Support extended for victims of home builder collapses

The Victorian Government will extend the Porter Davis support scheme to other clients of collapsed builders who were left significantly out of pocket due to the actions of their builders.

Several hundred additional families may be eligible for one-off support payments after their builder failed to take out mandatory Domestic Building Insurance (DBI) on their behalf, and then went into liquidation.

People who have been affected by the liquidation of a builder in the past 12 months can provide details at vic.gov.au/liquidated-builders-survey. Guidance on how to make an application will be provided in due course.

Domestic builders must by law take out DBI on behalf of customers when they accept a legal deposit – the Victorian Building Authority (VBA) is investigating the failure of Porter Davis to do so for many customers.

The Government has already announced plans to reform the Domestic Building Contracts Act 1995, strengthen domestic building insurance requirements and introduce a new offence with tougher penalties for builders who request deposits without taking out the required insurance.



Community Tours and Talks Available

Get a peek behind the scenes at Barwon Water reservoirs and treatment plants by booking your community group in for a tour. You can also request a Barwon Water speaker for your next community meeting. Our guided tours and talks are available for not-for-profit community groups during normal business hours and are free of charge.

To find out more, go to <https://www.barwonwater.vic.gov.au/community-and-education/community-groups>



Winchelsea and District Historical Society

facebook.com/Winchelseaanddistricthistoricalsociety/

Winchelsea Street Names



WORLAND STREET

The Worland family were early settlers in Winchelsea.



Pte. Colin Frederick Worland
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Hinterland Art School Winchelsea



L to R Sylvia Maseyk,
Cintha Sabillon and Louise Hall

Louise Hall

Thanks everyone who has been part of the first year of Hinterland Art School Winchelsea. It's been a fantastic journey so far, and I'm thrilled to share some updates on our offerings.

Printmaking

Our printmaking class has hit the ground running and is already gaining momentum. We started in June, conducting sessions in our cosy studio nestled within a beautiful home garden. It's the perfect setting to explore the art of mono printing, Lino cutting, and dry point etching. With top-notch equipment and ample space, you can let your creativity soar and try out new techniques. Oh, and did I mention that our press bed is 45 x 70 cm? Perfect for bringing your printmaking visions to life.

Figure drawing

Figure-drawing has been a hit here in Winch! We've been drawing the figure from life, and it's attracted a steady following of weekly attendees. Even newcomers have been popping in for one-off sessions to give it a try.

We've had to change venues and are lucky enough to now be St Thomas Church Hall. It's a wonderful space with excellent lighting, privacy, and ample room to set up easels and draw our models. A huge thanks to St Thomas for generously letting us use their venue. It's truly been a supportive and inspiring environment for all the passionate life drawers honing their skills.

Home-schooled Youth Art Classes

Term 2 was a bustling period with seven regular students attending our weekly sessions. We covered a wide range of topics, from learning to draw hands, portraits, and landscapes to exploring abstract concepts using watercolour and acrylic on canvas. Beyond art skills, these classes also provided a special social time for the group. We encouraged peer learning and the development of trust among the students as they shared their work. And guess what?

Four of our talented students even entered their artwork into the Youth Art exhibition at Anglesea Art Space organised by the Surf Coast Shire. I'm so proud of them!

Term 3 is just around the corner, and we have plenty of spots available for new and returning students to join us.

Creative Drawing

This class will take place in the new location of St Thomas Church Hall in Term 3. The hall boasts fantastic natural light and provides easy access to all the materials you'll need.

We'll start with a traditional class setup and gradually transition into a studio scenario with one-on-one tuition. It's an exciting opportunity to progress and refine your drawing skills in a supportive and nurturing environment.

Painting

In Term 3, we're moving to a brand-new location called The Star Room at the Neighborhood House in Winchelsea. It's a warm, intimate space with beautiful lighting, just perfect for our painting classes. We'll be exploring a variety of water-based mediums, substrates, and mixed media applications. From blending water-soluble graphite and pencils to experimenting with acrylics, latex block-out mediums, and oil pastels, there's something for everyone. Each week, our students have been creating experimental and captivating works, gaining proficiency across a range of media.

So, grab your brushes and get ready for term 3 at the easel!

We can't wait to see you there, and we're thrilled to continue this artistic journey together.

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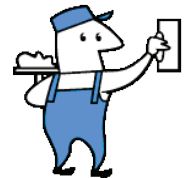
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Letter to the Editor

Why I support the Voice.

There are many disadvantaged groups in Australia, all of whom would surely like to have a greater say in government matters affecting them. So

why should one group, Indigenous Australians, be given a special and constitutionally-enshrined voice to parliament? There is no doubting the extreme level of disadvantage in many Indigenous communities: the statistics on, for example, life-expectancy and imprisonment, are shocking and unacceptable. But while that is an often-stated reason for the Voice, it is not, in my view, a sufficient reason. So why do I support the Voice?

Firstly, the proposed Voice is intimately connected to the proposed recognition of Indigenous Australians in the words of the constitution - a recognition (widely supported) that they were the custodians of this land for thousands of years before colonisation. Such recognition is central to what defines Australia, so it should be more than just words. It needs to be more substantial. In my mind this justifies giving Indigenous Australians their own Voice to Parliament: that would be tangible recognition.

Secondly, the disadvantage that many Indigenous Australians experience has

a different genesis from that of other disadvantaged groups. Much is the result of colonisation: their land was taken from them, many of their children were taken away, they were omitted from the national census, they lacked electoral franchise, they have been subjected to paternalistic laws. The impact of colonisation on them and their way of life has been nothing short of catastrophic, and warrants redress in a tangible way.

Thirdly, modern Australia has much to learn from the traditional practices and beliefs of Indigenous culture. Top of mind here is "connection to country", respect for non-human life, living in harmony with nature, being custodians not owners of the land. In contrast, modern Australia, with its worship of wealth, consumerism and exploitation of nature is demonstrably unsustainable both environmentally and ethically. It is perhaps wishful thinking on my part, but a louder indigenous voice could show us a way towards a brighter future.

Ian Penrose



2023
M I D Y E A R
B A L L



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FREE

Tuesday, 15 August 2023 | 10:00 AM - 11:00 AM
Tuesday, 19 September 2023 | 10:00 AM - 11:00 AM
Tuesday, 17 October 2023 | 10:00 AM - 11:00 AM
Tuesday, 21 November 2023 | 10:00 AM - 11:00 AM

Child and Family Health 5261 0549
childandfamily@surfcoast.vic.gov.au



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Sat - Sun 9:35am, 1:36pm, 7:18pm

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Mon - Fri 9:29am, 2:56pm, (to Colac 5:27pm),
6:45pm, 8:53pm
Sat - Sun 8:47am, 2:49pm, 8:37pm



COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month
Winchelsea Senior Citizens' Hall



WINCHELSEA SES

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2nd Wednesday
Training 4th Wednesday
Visitors and inquiries welcome
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New members always welcome.

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Facebook - Winchelsea Playgroup 2019
New families welcome

Surf Coast Shire Council adopts Budget 2023-24

A \$36.4 million capital works program — including important funding for the Winchelsea Pool upgrade and Surf Coast Aquatic and Health Centre — features in Surf Coast Shire Council's Budget 2023-24.

The Budget was adopted at the June Council meeting, prioritising allocations to services, projects and initiatives that align with the Council Plan and community vision: "we are an active, diverse community that lives creatively to value, protect and enhance the natural environment and our unique neighbourhoods".

"We know that major infrastructure projects bring important benefits, highlighted by recently completed projects such as the Stribling Reserve Pavilions Redevelopment which continues to be a valuable community asset in Lorne since its official opening last year," Mayor Liz Pattison said.

"The \$5.8 million allocation in the 2023-24 Budget for the Surf Coast Aquatic and Health Centre and the \$4.58 million towards the Winchelsea Pool renewal are vital for this pair of multi-year projects, which will provide significant health and wellbeing benefits."

The Budget was adopted following a feedback period which attracted 16 community submissions.

"Thank you to people who took the time to make a submission," Mayor Pattison said. "It is helpful to hear from community members about their needs and expectations when developing the budget. Requests for additional funding are not easily accommodated as it most likely would require a reduction in expenditure in another important area."

"We were pleased to receive submissions that supported the Winchelsea Arboretum Trail, Spring Creek pedestrian bridge, and Coombes Road upgrades. These important projects have funding allocated and will progress in the financial year ahead."

"Council will look to support community members to progress some of the other requests, including a local artwork register, Anglesea and District Historical Society building improvements, Winchelsea Common projects, and Spring Valley Park basketball pad in Torquay."

The Coombes Road-Messmate Road intersection upgrade (\$879,102) features in the 2023-24 Budget, along with Eastern Reserve (\$318,000) and Stribling Reserve netball courts renewal (\$162,000), Karaaf Wetlands improvement works (\$2 million), and Anglesea Ward unsealed road renewal program (\$303,000). There is also a Surf Coast Highway-Bristol Road intersection upgrade (\$2.7 million), pathways improvement in Winchelsea's Anderson Street (\$102,009), and Mountjoy Parade footpath renewal from Bay Street to Beal Street in Lorne (\$47,000).

Shire-wide allocations in the 2023-24 Budget include:

- A total \$15 million allocation to deliver road upgrades, maintenance and renewal across the shire.
- A \$1.4 million climate action and environment allocation. There is also \$292,311 for a solar and energy transitions program – both showing Council's commitment to environmental leadership.
- A total of \$100,000 housing crisis resources focusing on coastal communities will help Council play its role in the affordable accommodation crisis.
- A \$75,000 allocation to improve accessibility at various facilities across the shire.
- A \$30,000 increase in the community grants program will empower communities to help deliver more of their projects – making the annual allocation \$141,500 in 2023-24.

The Victorian Government's rate cap of 3.5% will be implemented.

"Movements in property values can mean different rate increases for individual ratepayers however across the shire, the average rate increase will be 3.5% – well below the inflation rate, which sat at 7% in the March 2023 quarter," Mayor Pattison said.

"We know cost of living pressures are rising for many community members and we have ways to help. If you would like to access a rates payment plan, please reach out to Council."



The Australian Ballet School presents

Possum Magic the Ballet

in celebration of the 40th anniversary
of the classic children's book

Performances: Friday 8 December 7.30pm,
Saturday 9th December 1.30pm and 7.30pm

Arts Centre Melbourne, Playhouse Theatre

Tickets go on sale 28 June

Standard: \$80

Concession/Child: \$65

Bookings through Arts Centre Melbourne Box Office

Running Time: 105 minutes (including interval)



WINCHELSEA BOWLS CLUB Ph 52672241

70 is not a lucky number!

On 1 July, the qualifying age for the Age Pension increased to 67 years

Ian Henschke

Chief Advocate National Seniors Australia

For decades, men could look forward to retiring at 65 and getting the pension. For women, it was 60. Their eligibility was increased over ten years between 1995 and 2004 until they too reached the same qualifying age.

In 2009 the Rudd government lifted it to 67 for men and women but it was to be phased in from 2015, with six month increases every two years, starting from July 1, 2017.

Now we've arrived, after almost thirty years, at a pension age of 67! Macquarie University Business School Professor Hanlin Shang says there should be three more pension-age increases over the next 27 years. They suggest 68 by 2030, rising to 69 in 2036, and 70 by 2050.

We reject calls for raising the age to 70 on both fiscal and social policy grounds. Many people exit the workforce because of ill health. We should consider a Canadian style system where you can opt to get the pension earlier but get a bit less.

We've also argued the best way to tackle declining participation is to provide incentives to those who choose to work longer.

Our Let Pensioners Work campaign calls for a reduction in the income test taper rates so you can keep more of your pension if you choose to continue working. This is fairer than raising the pension age because it rewards people who want and need to work.

Pensioners who chose to work would benefit from extra income and their participation would also help the economy.

If you are on a pension, and you want to keep working it'll be a win for the economy, it'll be a win for the pensioners, and it will be a win for the government.

A note to politicians, our latest poll of more than two thousand people showed just 7% support the move to 70, 45% are fine with 67 and 46% want it back to 65.

An election winning policy would be to lower it back to 65 as they've just done in Canada.

Aged Care Taskforce

Two years after the completion of the Royal Commission into Aged Care Quality and Safety, there are great expectations the quality of aged care will be improved. While much has been done, including better pay, better nursing care, new quality standards and star ratings, one of the key difficulties in this long-term reform process is funding.

Quality of care can't be improved without adequate funding, and transparency about how that funding is spent.

With a new aged care act in development, it's critical the government gets funding right, otherwise we'll not get the quality services older people deserve.

The Taskforce's primary aim is to review funding arrangements to ensure they are fair and equitable and create a safe and high-quality system.

The taskforce of fourteen is made up of providers, consumers, and policy experts. All were appointed by the chair, Minister Wells who said nothing has been ruled in or ruled out.

Some members of the Taskforce have already made public statements. Tom Symondson CEO of ACCPA (Aged and Community Care Providers Association) spoke shortly after he was appointed saying "we don't fund aged care well enough." He said we spend around 1.2% of GDP on aged care "which is half compared to other developed nations". But what he said next was revealing. "At the moment we have very restrictive caps on what people can be asked to pay. You can have a \$20m mansion and in a means test it will be considered at \$186,000. That's a crazy situation."

But, we should remember both Aged Care Royal Commissioners suggested a levy was the answer. A 1% Medicare style flat rate levy on a person's income (from July 2023) was recommended by Aged Care Royal Commissioner (and former chief executive of Medicare), Lynelle Briggs.

Aged care must not and should not be politicised. We can't afford another twenty years of poor policy, especially as demographer Bernard Salt pointed out recently "there is an aged care freight train coming towards us."

The terms of reference say the Taskforce must ensure the system is "fair and equitable" and this likely includes consumer contributions. In her speech to the Press Club the minister said the Taskforce would provide a draft report by October with a final report in December.

It's likely the funding options put forward at the end of the year will be announced in the 2024 May Budget.

When we survey our members, they overwhelmingly favour the levy approach. In a separate study Flinders University's Caring Futures Institute surveyed more than 10,000 people not currently using aged care services and found, "Over 70% of people would be willing to pay a larger co-contribution to receive the support they need to remain living at home rather than entering a residential aged care facility."

The Flinders University research also discovered the majority of current income taxpayers would be willing to pay "an additional 1.4% income tax per year to ensure satisfactory quality aged care is delivered."

To bring about any reform government must have wide public consultation and any changes to user pay introduced incrementally. Care recipients should contribute to aged care costs only if they have capacity to pay. A safety net must be there for those who can't afford to pay, and providers must demonstrate full financial transparency. We're constantly told "we want to know the extra money goes into care, not into the profits of a provider."

Any levy, increase in taxes and user charges must be directly matched by high quality care.

The answer may be a combination of ways to achieve the funding required.

Australians expect it and those receiving care deserve it.



Blues News

Janet Fletcher

ROUND 11

Welcome to Blue's News where the Winchelsea Blue's welcomed Werribee Centrals through the Gate at Eastern Reserve last Saturday. Werribee Centrals always have a strong club following - especially where their Netball teams are concerned.

It was a busy and successful football day at Eastern Reserve with many Past Players attending

what was a very good day on the football field for the Winchelsea Blues. Sponsors were also in attendance to enjoy the strong wins over Werribee in both the Reserves and the Senior side.

RESERVES:

Winchelsea 4.4.28 defeated Werribee Centrals 3.8.26

Goals were hard to come by in this low scoring, even, tough affair. Werribee Centrals were sitting on top of the

Reserves Ladder and haven't had too many defeats this season, so the Blues always knew it was going to be a tough gig to come away with the 4 points, but they started well and apart from struggling in the second quarter had Werribee's measure for the day. Well done to this Reserves side who are starting to build nicely after playing consecutive games together this season.

GOALS:

Hayden Wilson 2, Coby Eagle 1, Damien Tabakovic 1.

BEST:

Matthew Gillespie, Declan Chibnall, Hayden Wilson, Ollie Mahncke, Coby Eagle, Callum Nankervis.

SENIORS:

Winchelsea 13.12.90 defeated Werribee Centrals 6.11.47

Potentially the best win of season 23 the Blues started very well and pleasingly played a strong 4 quarters against good opposition – holding Werribee scoreless in the third quarter and playing the game out strongly until the final siren, Leigh Ellis again had his kicking boots on with 5, and Caleb Brown asserting himself around the ground.

GOALS:

Leigh Ellis 7, Lachie Kendall 1, Birthday Boy Tom Rouget, Jordan Gould, Tavae Sauni, Jordan Huff and Tom Moloney all 1 goal.

BEST:

Caleb Brown, Luke Henry, Adam Walsh, Lachie Gemmill, Leigh Ellis, Jordan Gould.

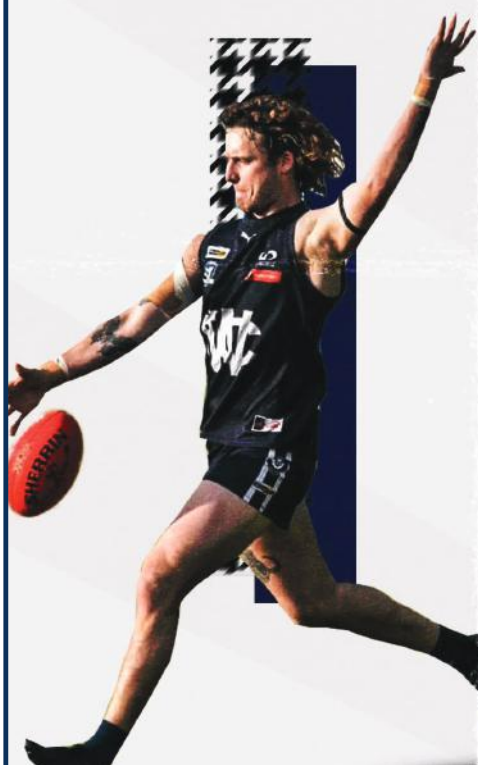
This Saturday the W.F.N.C. Inc travel to Winter Reserve to play Belmont Lions at the usual starting times of Reserves at 12 midday, Seniors at 2pm.

GO BLUES!

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PUMA



RD 1- APRIL 1, BELMONT, HOME (N)
RD 2- APRIL 15, BELL POST HILL, HOME (N)
RD 3- APRIL 22, CORIO, AWAY
RD 4- APRIL 30, INVERLEIGH, HOME (S)
RD 5- MAY 6, EAST GEELONG, AWAY
RD 6- MAY 13, GEELONG WEST, HOME
RD 7- MAY 20, ANAKIE, AWAY
RD 8- JUNE 3, THOMSON, HOME
RD 9- JUNE 17, BANNOCKBURN, AWAY
RD 10- JUNE 24, NORTH GEELONG, AWAY
RD 11- JULY 1, WERRIBEE CENTRALS, HOME
RD 12- JULY 8, BELMONT, AWAY
RD 13- JULY 15, BELL POST HILL, AWAY
RD 14- JULY 22, EAST GEELONG, HOME
RD 15- JULY 29, INVERLEIGH, AWAY
RD 16- AUGUST 5, CORIO, HOME
RD 17- AUGUST 12, GEELONG WEST, AWAY
RD 18- AUGUST 19, ANAKIE, HOME

(N) NIGHT GAME (S) SUNDAY GAME

2023 FIXTURE



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Climate-sensitive health risks

Something to think about: The Earth is 4.6 billion years old. Let's scale that to 46 years. We have been here for 4 hours. Our industrial revolution began 1 minute ago. In that time, we have destroyed more than 50% of the world's forests.

This isn't sustainable.



The Climate Report

Judy Cameron

The World Health Organization says that climate change presents “the biggest health threat facing humanity.” Bugs and bacteria, it turns out, can adapt much better to a changing environment than we humans.

Hot temperatures increase the ozone concentration, which can damage people's lung tissue and cause complications for asthma patients and those with lung diseases.

Climate change is already impacting health in a myriad of ways, including by leading to death and illness from increasingly frequent extreme weather events, such as heatwaves, storms and floods, the disruption of food systems, increases in zoonoses (disease which can be transmitted to humans from animals) and food-, water- and vector-borne diseases, and mental health issues. Furthermore, climate change is undermining many of the social determinants for good health, such as livelihoods, equality and access to health care and social support structures. These climate-sensitive health risks are disproportionately felt by the most vulnerable and disadvantaged, including women, children, ethnic minorities, poor communities, migrants or displaced persons, older populations, and those with underlying health conditions.

Prof. Fiona Stanley, Australian of the Year 2003, Australian Living Treasure 2004.

“Too often in our national policy debate the fossil fuel, tobacco, fast food and other industries have a much greater impact on the health of our children and youth than evidence-based research.

As an epidemiologist and child health expert, I know the research shows that inequality and extreme weather events directly affect children's health and their wellbeing.

Heatwaves, more frequent and intense bushfires and air pollution disproportionately affect children—and can cause heatstroke, as well as respiratory and cardiovascular illness that is harmful to kids' health. While economic inequality and being marginalised influences all of the major problems that start before birth and continue through childhood and beyond.”

And in the Northern hemisphere:

As the UK prepares for an onslaught of extreme summer temperatures, parts of the US are already roasting under a heatwave that has put the climate crisis on full display.

The state of Texas is in its third week of a brutal heatwave that has pushed the heat index – a measure that considers both temperature and humidity – to 48C (120F) and beyond in some areas.

Smoke from hundreds of bushfires burning out of control in Canada have caused record air pollution that is swamping most of the United States and putting millions of people under health warnings.

Without urgent action to cut greenhouse gas emissions and halt the burning of fossil fuels, high temperatures will prove even more fatal. By 2100, extreme heat's global death toll will surpass the toll of all infectious diseases combined, according to the National Bureau of Economic Research.

Depending on how things shape up for the remaining six months, a new record hot year is on the table.



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New case of measles in Victoria

Victoria has recorded a new measles case in a returned overseas traveler.

Measles is a highly infectious viral illness that spreads easily among those who are not fully vaccinated.

Young children and adults with weakened immune systems are the most at risk of serious illness.

The illness usually begins with fever, runny nose, cough and conjunctivitis, followed by a rash.

The characteristic maculopapular rash usually begins 3-4 days after the first symptoms, generally starting on the face and then spreading to the rest of the body.

Recent Victorian cases of measles have been identified in people who are not fully immunised against measles and who have travelled overseas or been in contact with returned overseas travelers.

Measles is rare in Australia, thanks to widespread vaccination rates.

People who are planning to travel overseas should ensure they have received appropriate vaccinations, including MMR vaccine if they don't have a history of two previous MMR vaccinations.

SEC to secure a bright future for workers

Victorians remember the State Electricity Commission (SEC). It meant a fair deal on your power prices and good, stable jobs for Victorian workers.

The State Government is bringing it back to drive down power bills, reduce emissions and help create up to 59,000 jobs in renewable energy – with at least 6,000 for apprentices and trainees.

As we work to meet our target of 95 per cent renewable energy generation by 2035, workers will be key to the transition. is securing more jobs and more savings for Victorians, with a new \$3 million training package to upskill the energy workers of the future.

In a suite of training programs to be rolled out by Solar Victoria, a \$1.5 million investment will deliver free training for 1,000 plumbers and fourth-year apprentices to design and install energy efficient heat pumps and solar hot water systems.

Households that switch to solar panels and a heat pump could save up to \$1,100 a year on their electricity bills.

Another \$500,000 will deliver free training for 400 electricians and fourth-year apprentices to complete training to safely design and install rooftop solar and home battery systems.

The package will also help attract more women to take the first steps in a fulfilling and rewarding career in the solar and renewable energy sectors through a \$100,000 mentoring program.



Winchelsea Land and Rivercare

Planting time
Come and give a hand.

First Saturday of the month
9am – 10.30

August 5th

Meet at Guye Reserve,
Barwon Terrace

Come and join us,
all helpers welcome



Winchelsea Churches

Worrying About The “What Ifs”?

Phil Jacobson

Acting Vicar St Thomas', Winchelsea

When I was a boy, we had pre-air-conditioning features on our car which we called “wings.” Little vertical side windows that directed outside air into the car. Open the wing and air would hit the glass and fly into the car.

The downside was that the wing also directed anything that was flying in the air into the car.

One Sunday on our way to church, a bee hit the wing, was jettisoned into the car, and got caught in my jumper. I began screaming, “A bee! Mum! It’s a bee! I’m going to die!”

“Settle down!” my mum shouted. “If you don’t bother the bee, it won’t bother you.” But that raised more anxiety:-

I didn’t know what bothered a bee.

What if the bee didn’t want to go to church?

And any bee that just hit a piece of glass at 30 mph would be bothered already.

Have you noticed that the “what ifs” of life often paralyse us.

What if the stock market crashes?

What if I lose my job?

What if I become really ill?

Here’s what the Bible says about that kind of worry.

“If God gives such attention to the appearance of wildflowers—most of which are never even seen—don’t you think he’ll attend to you, take pride in you, do his best

for you? What I’m trying to do here is to get you to relax, to not be so preoccupied with getting, so you can respond to God’s giving. ... Don’t worry about missing out. You’ll find all your everyday human concerns will be met.”

Why not undertake your own experiment in relation to this? Take a along the river. Step outside to look at the sunset or keep an eye out for the diversity of the bird population or the winter growth. And then relax, because, just maybe, your personal “what ifs” might be looked at in a different way.

Our church meets every Sunday at 10.00 am, so if you’d like to see what we’re all about, simply pop along. because you’d be more that welcome. I know I’m expected to say that, but seriously, you’d be more than welcome.



Winchelsea Uniting Church

Hesse St, Winchelsea 3241

uca.winchelsea@gmail.com

0475 777 301

Services 9.30am Sundays

St John's Catholic Church

July Mass times: 5pm.

July 1, 8, 15, 22, 29

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Father Joseph Panackal

0404598558

St Thomas' Anglican Church

Barwon Tce, Winchelsea

Rev'd Phil Jacobson

stthomaswac@gmail.com

0477 672 042



Thought for the Week

From day to day,
the good Lord above

Bestows on His children
the gifts of His love,

Asking us only to share it
with others.

By treating all people
not as strangers
but brothers.

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Winchelsea Planting Guide

July/August

<i>Southern Victoria planting</i>	Jul	Aug
Artichoke, Globe suckers	x	x
Artichoke, Jerusalem	x	x
Asparagus crown	x	x
Beans, Broad	x	x
Beetroot		x
Broccoli	x	x
Brussels Sprouts	x	x
Cabbage	x	x
Capsicums		x
Carrots	x	x
Cauliflower	x	x
Celery		x
Chives		x
Cress	x	x
Endive	x	x
Garlic, cloves	x	x
Kohlrabi		x
Leeks	x	x
Lettuce	x	
Onions	x	x
Parsley		x
Parsnips		x
Peas	x	x
Potatoes	x	x
Pumpkin		x
Radishes	x	x
Rhubarb, Crowns	x	x
Salsify	x	x
Silverbeet		x
Spinach	x	x
Swedes	x	x
Tomatoes		x
Turnips	x	x
	Jul	Aug

Championing change for women in sport

The Victorian Government is amplifying the voices of inspiring and influential women to help level the playing field and drive change for women and girls in sport.

Minister for Community Sport Ros Spence has announced this year's Change Our Game Ambassadors for the inaugural Ambassador Program.

Using their voice and network to champion equality for women and girls in sport, the Ambassadors will shine a light on issues that matter the most to them – from accessibility of sport for women with a disability, to more opportunities for First Nations and culturally diverse women in sport and beyond.

This year's Ambassadors are:

Carol Cook AM PLY	Melissa Hale
Elle Steele PLY	Molina Asthana
Gabby Seymour	Rana Hussain
Jacara Egan	Rita Nehme

Through speaking opportunities, educational events and digital content, the Program provides a platform to champion gender equality in sport and share lived experiences and perspective – from grassroots through to leadership.

The Change Our Game State of Play Survey Report was also released today, reporting increasingly positive attitudes towards women and girls in sport and their right to equal opportunities and access, but more change needed to shift underlying attitudes and behaviours.

Tourism spending reaches record high

Visitor expenditure in Victoria has hit a record high of \$35 billion annually, reaching the Government's 2024 tourism target a year ahead of schedule.

The latest data, released by Tourism Research Australia, showed visitor expenditure in Victoria for the year ending March 2023 surpassed the 2019 pre-COVID peak of \$32.5 billion.

In another big win, Victoria is leading the nation's tourism recovery. The state attracted 22.1% of Australia's total visitor expenditure over the 12-month period and made the largest market share gains in the country with a 2.9% point growth.

Regional Victoria continued to deliver outstanding results with all tourism regions hitting all-time highs. Overall intrastate overnight visitation numbers to regional Victoria were up 6% since 2019, with total nights increasing by eight per cent and expenditure up 58%.

International markets continued to recover reaching \$4.2 billion in visitor expenditure in Victoria in the year ending March 2023 – approximately 50% of 2019 levels. China is the number one international market and India is growing with visitor expenditure now 11% higher than in 2019.

In May, the Government released its vision to grow Victoria's tourism industry and create jobs over the next 10 years. It builds on the Government's \$633 million Visitor Economy Recovery and Reform Plan to achieve \$35 billion in visitor expenditure by June 2024.



Agriculture Victoria: Biosecurity begins in your backyard

Subscribe to the new Backyard Biosecurity newsletter series.

Each edition will focus on a different topic, with practical tips about how to implement good biosecurity practices.

Topics include managing the health and welfare of your animals, weeds, pest animals, biosecurity, fencing, being a good neighbour and much more.

Agriculture Victoria has a range of information for small landholders that can help you keep your animals safe.

With increased risk of emergency animal diseases such as foot-and-mouth disease (FMD) entering Australia, Agriculture Victoria's Backyard Biosecurity page is your go-to destination for everything related to keeping your beloved livestock safe and our farms thriving.

Whether you're a seasoned farmer or a hobbyist, Backyard Biosecurity has tips and tricks for Victorians with all types of properties and animals.

There are plenty of small steps you can take to keep your animals free from disease.

Winchelsea Star

COMMUNITY Noticeboard

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or leave at Winchelsea IGA

DANCING AT WURDALE HALL

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TEXTILE EXHIBITION 15/16 and 22/23 July 2023

Winchelsea Shire Hall
will be hosting
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It will be open from 10am-2pm.
Make sure you come and view the
wonderful work being displayed.

OP SHOP

CHANGE IN HOURS

Please note the Op Shop will be
closed on Mondays during July.
No sales or donations taken
on these days.

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"Guess the number of lollies"
Poppy Finch

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Half price on linen items

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COVID - 19

There were 2,560 COVID-19 cases reported in Victoria this week. The average daily number of new cases this week was 366, down from 489 last week.

A total of 58 COVID-related deaths were reported - an average of 8 deaths each day in the past week. The total number of reported COVID-related deaths in Victoria since the pandemic began is 8,098.

RATs available through local councils

All Victorians are eligible to pick up two free packets of rapid antigen tests (RATs) through their local council.

Of Victorians 18 and over, 19 per cent have recorded a vaccination or COVID diagnosis in the past six months.

This means 4.2 million Victorians are eligible for a 2023 booster dose.

Of Victorians 65 and over, almost 49 per cent have recorded a vaccination or COVID diagnosis in the past six months.

Of Victorians 50 to 64, 21 per cent have recorded a vaccination or COVID diagnosis in the past six months.

Steps to protect yourself and others

Protecting yourself from getting infected is the best way to protect yourself and the community. If you don't get Covid, you can't spread Covid.

Six steps can help you stay ahead of Covid:

- Wear a mask: a high-quality and well-fitted mask can protect you and others from the virus.
- Get your 2023 booster: new bivalent vaccines targeting Omicron variants are available at your GP or local pharmacy. To find out if you're eligible for your next booster, visit the Coronavirus website. Flu vaccines are also now available.
- Let fresh air in: open windows and doors when you can - it reduces the spread of the virus.

- Get tested: if you have symptoms, take a rapid antigen test.
- Stay at home: if you have Covid, you should stay at home for at least five days and until you have no symptoms.
- Talk to your doctor: if you are at risk of falling very sick, you may be eligible for Covid and influenza medicines - and early testing and diagnosis are important. With expanded criteria, more people are now eligible for COVID medicines.

2023 boosters

Eligible Victorians who have not had a Covid vaccination or confirmed infection in the past six months can now receive their 2023 booster.

This is irrespective of how many prior doses a person has received. Vaccination continues to provide the best protection against becoming severely unwell or dying from Covid.

For those not infected or vaccinated in the past six months, a 2023 booster is recommended for:

- All adults 65 years and over
- Adults 18-64 years who have medical comorbidities or disability with significant or complex health needs.
- For those not infected or vaccinated in the past six months, a 2023 booster should be considered for:
- Adults 18-64 with no risk factors for severe Covid
- Children and adolescents 5-17 who have medical comorbidities or disability with significant or complex health needs.

Victorians are encouraged to book a free booster appointment through their local GP or pharmacy.

You can find your nearest vaccination provider through Health Direct.

Every pet counts:

take part in the Victorian Pet Census

The Victorian Government is launching the nation's first Pet Census to help shape the future of animal welfare and ensure pet owners have the support and services they need.

Minister for Agriculture Gayle Tierney was at the Australian Animal Protection Society in Keysborough today to announce the Victorian Pet Census and encouraged all pet owners to get involved.

Opening at 10am on Monday 3 July, the Pet Census will ask Victorians a variety of questions to gather crucial information on pet ownership and the attitudes and experiences of owners.

Pet ownership rates in Australian households have risen from 61 per cent to 69 per cent since the pandemic - making it more important than ever for the Government to establish a better knowledge of pets, their owners and the important community organisations that support them.



Data received through the Pet Census will form a clearer picture of pet companionship of all kinds across Victoria, so the Government can continue supporting pet owners and improving pet welfare.

The Victorian Pet Census will take 15 minutes to complete, to take part please visit animalwelfare.vic.gov.au.

The welfare of our animals and wildlife remains a priority for the Labor Government, receiving \$18.5 million in the Victorian Budget 2023/24. This includes \$7 million towards the Animal Welfare Fund grants program, recognising the role companion animals play in the lives of Victorians.

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Barwon Water begins Anglesea borefield Bulk Entitlement Review

Barwon Water will this month begin its review of the Arrangement governing the sustainable use of the Anglesea borefield.

The borefield, which consists of seven production bores across two sites, is a vast underground aquifer around 700 metres below the surface, stretching from the Otway foothills to the Southern Ocean.

Barwon Water has operated the Anglesea borefield from 1 November 2019 until 30 June 2020 to supplement drinking water for the Geelong, Surf Coast, and Bellarine Peninsula region during dry conditions, with the borefield currently in standby mode.

The bulk entitlement, which the Victorian Government issued to Barwon Water for operation of the borefield, stipulates the volume of water Barwon Water is permitted to extract.

It includes environmental triggers and an extensive monitoring and assessment program designed to protect groundwater dependent ecosystems.

A series of community conversations will take place as part of the review process, so community members can have their say before the bulk entitlement review report is finalised and submitted to the Minister next year.

When scheduled, the events will be advertised on social media, in local media and on the Anglesea borefield webpage.



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Road safety cameras are saving lives

Drivers doing the wrong thing behind the wheel are being put on notice that new high-tech road safety cameras trialled by the Government are now enforcing fines – and drivers will be caught.

The mobile device and seatbelt detection cameras began operation in April this year, using AI technology to capture high-resolution images of vehicles and detect offences.

From Saturday 1 July, drivers will face penalties of four demerit points and a \$577 fine when caught using a mobile phone while driving, and three demerit points and a \$385 fine for drivers and passengers not wearing a seatbelt.

Shockingly, during April and May this year, the cameras detected 7160 offences, including 3523 drivers and 767 passengers not wearing seatbelts and 2870 drivers using mobile phones.

There are currently four camera trailer systems in operation, enforcing more than 8000 hours each month.

Cameras can be deployed to up to 200 locations in rural and metropolitan areas.

A further two camera trailer systems will be operational in the coming months.

Distracted driving is a major contributor to serious and fatal collisions. In 2022, nearly a quarter of vehicle occupants who died and their seatbelt status was known were not wearing a seatbelt.

Drivers are also 10 times more at risk of crashing if they are texting, browsing or emailing on their mobile phone.

"We know that driver distraction is a major contributor to serious and fatal collisions, and the time for complacency is over.

These cameras will be deployed all over the state and they will catch those drivers not buckled up or distracted by phones," said Minister for Police Anthony Carbines

For more information on the new road rules visit the VicRoads website and on the mobile phone and seat belt detection cameras visit the Victorian Government's website.



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Shaking off ticket scalpers

The Victorian Government is cracking down on ticket scalpers and protecting Taylor Swift fans from being ripped off, with the pop star's Melbourne The Eras Tour concerts officially declared a major event.

Minister for Tourism, Sport and Major Events Steve Dimopoulos has made a major event ticketing declaration for Taylor Swift's Melbourne performances under the Major Events Act 2009 due to the expected strong demand for tickets to one of the hottest gigs in town.

Taylor Swift's The Eras Tour is a global phenomenon and has sold out with unprecedented demand across the world.

By making a major event ticketing declaration for the concerts, fans are protected from being ripped off by ticket scalpers, ensuring that tickets are available at a fair price.

Under the legislation, tickets to a declared major event can't be advertised for resale or resold for more than 10 per cent above their original value.

In addition to this, ticket package sellers are required to be authorised by the event organiser, and individual ticket advertisements must also include ticket and seating details.

Any ticket seller who does not comply with the above are subjected to penalties that can range from \$925 up to \$554,760 depending on the nature of the offence.

Two million reasons to love State Library Victoria



Australia's busiest public library has hit the record books, with the State Library Victoria welcoming a record-breaking 2,071,251 visitors through the doors in the past 12 months – attracting people of all ages and backgrounds to the city landmark.

History of the Library tour

Discover the fascinating history of State Library Victoria and explore some of the many iconic spaces with a one-hour tour hosted by our friendly and passionate volunteers.

The spaces you'll visit include:

- Our magnificent heritage reading rooms (La Trobe Reading Room and Redmond Barry Reading Room) where visitors can browse collections of books, magazines and music
- Our renowned galleries and The Ian Potter Queens Hall
- The new display of Ned Kelly's armour, alongside his colourfully worded Jerilderie letter.

Each tour can facilitate 10 people, and bookings are essential. Tours run at 10.30am and 2.30pm daily (except public holidays).

State Library Victoria is free to visit and is open 7 days a week. For opening times and to find out what's on, visit www.slv.vic.gov.au

And remember you can get there with V/Line weekend saver discounts, travel on Victoria's regional network on weekends and public holidays, and your daily fare will currently only be \$7.20 or \$3.60 concession.

Digital Jobs

Business Information session

10:00 - 11:00 AM
Wednesday 5 July
Register to learn more



Are you a business looking for a quick and affordable way to build your digital capability?

Register to join the next Digital Jobs online information session, from 10 to 11 am on Wednesday 5 July, to learn how your business can find great people for digital roles.

The Digital Jobs program is helping Victorian businesses of all sizes by providing access to mid-career digital talent who bring experience from a wide range of sectors.

Most participants are over 30 years of age, and more than half are women.

Participants will complete a 12 week course in a high demand specialist digital skill set such as data analytics, digital marketing, cyber security and 10 more.

All courses are industry recognised and delivered by leading Victorian education providers.

For each participant you host for a paid 12 week work placement or entry level job you offer, you'll receive a \$5,000 wage subsidy.

From cattle to cropping, who do you think deserves the 2023 title as Footy's Favourite Farmer?

There's over \$20,000 worth of prizes up for grabs - \$10,000 towards safety improvements for the winning farmer on their property AND \$10,000 towards safety improvements for the winning farmer's club. Nominate your favourite farmer today.

Hurry-get your entries in before Wednesday 26 July to be in the running.

To enter visit <https://countryclubhub.com.au>






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