



Shasta College

Fall/Winter 2026
Issue: 21

Community Education

& Business Training Center

**Serve up
some fun!**
See our Pickleball
Classes on **page 5**



What's inside...

Activities | Dance | Day Trips | Fitness & Wellness
Finance | Professional Development | Tech Skills
Trips & Travel and much more...

SHASTA COLLEGE 2026 ARTS CALENDAR

MUSICAL PERFORMANCES

SHASTA SYMPHONY ORCHESTRA

Fri, Oct 30th at 7:30pm

JAZZ CONCERT I

Fri, Nov 6th at 7:30pm

CHORAL CONCERT UNDER NEW DIRECTOR

Wed, Nov 18th at 7:30pm

SYMPHONIC BAND CONCERT

Fri, Nov 20th at 7:30pm

Sat, Nov 21st at 3:00pm

CONCERT ORCHESTRA CONCERT

Sun, Nov 22nd at 3:00pm

SHASTA SYMPHONY CLOSING CONCERT

Sun, Dec 6th at 3:00pm

JAZZ CONCERT II

Fri, Dec 11th at 7:30pm

THE SHASTA COLLEGE THEATRE PRESENTS TOM STOPPARD'S "ARCADIA"

AUDITIONS: August 24th & 25th in the Shasta College theatre. Open to Shasta College Students and community members.

Performances run October 9th through 18th. Interested participants should prepare a one-minute monologue.

Directed by Dr. Gregory Thorson

For more information, please write to gthorson@shastacollege.edu

VISUAL ART EXHIBITIONS

BOB MCGILL: RETROSPECTIVE EXHIBITION

Mon, Aug 17th – Thurs, Nov 5th

Guest Lecture | John Harper

Thurs, Aug 20th, 11:00am – 12:00pm
Lecture Hall 801

Closing Reception

Thurs, Aug 20th, 12:00pm – 1:00pm
Building 300

All Art events will be held
in Building 300.

FREE Admission! Open to the public
Monday–Thursday: 8am–4pm
and Friday: 9am–12pm. For more
information, call (530) 242–7571.

The Shasta College Theatre
is Located in building 500

All music and theatre performances are
held at the Shasta College theatre unless
otherwise noted.

Tickets are available online at shastacollege.edu/ArtsEvents or at the theatre box office
one hour before the performance. No
reserved seating. For the theatre box office
please call (530) 242-7573.

**For LIVE updates on events, and
to purchase tickets, please go to
shastacollege.edu/ArtsEvents**

CREATE YOUR SUCCESS



SHASTA COLLEGE PROMISE

2 YEARS

Free Tuition

FOR
FULL-TIME
STUDENTS

START NOW: shastacollege.edu/Start



Welcome to Fall/Winter 2026! Invest in yourself!

Explore the opportunities with Shasta College's Community Education classes!



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(brought to you by the Business Training Center)

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17 Trips & Travel

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The Shasta-Tehama-Trinity Joint Community College District ("Shasta College") does not discriminate against any person on the basis of race, color, national origin, sex, religious preference, age, disability (physical and mental), pregnancy (including pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), gender identity, sexual orientation, genetics, military or veteran status or any other characteristic protected by applicable law in admission and access to, or treatment in employment, educational programs or activities at any of its campuses. Shasta College also prohibits harassment on any of these bases, including sexual harassment, as well as sexual assault, domestic violence, dating violence, and stalking.

GENERAL INFORMATION

Questions? and Answers!

What is Community Education?

Community Education classes complement Shasta College's instructional programs by offering non-credit, no-grade courses that support personal growth and lifelong learning for all. This self-supporting program receives no taxpayer funding, and this free publication is released twice a year.

How do I register? eventbrite

We've upgraded our online registration to **Eventbrite**, making it easier than ever to sign up for classes! Simply scan the QR code featured throughout this catalog to view offerings and register. Log in or create a free account to get started — we're always here to help if you need it.

How do I pay for a class?

Payments for classes are made online through our registration portal and are due at the time of registration. We accept most major credit cards. Pre-registration for a class is incredibly important. **Please note:** Class schedules are subject to change. Check the online registration portal for the most up to date class information.

Are there minimum enrollments for these courses?

We try to avoid canceling classes, but if minimum enrollment isn't met before the first class, the class will be canceled and we will notify registered students by phone and/or email, so it's important that we have your current contact information. Your registration could make the difference—so please **REGISTER EARLY!**

Can I get a refund?

Our new registration system processes refunds automatically through Eventbrite — no need to contact us. Participants may request a full refund up to ten (10) days before the class start date, and any credit or debit card payments will be returned to the original card used at registration. Requests made fewer than ten (10) days before the start date, after a class has begun, or for missed classes, or absences will not be granted - no exceptions.

HOW DO I USE A QR CODE?

Open your phone's camera and click on the link that appears on the scanner.



How do I access the course once I register?

All courses are listed as either:

In-Person – In which you arrive at each class at the day, time and location listed in the course description.

Hybrid – You can choose to attend In-Person or engage with the class virtually.

Online – These courses are mostly live classes that are accessed via Zoom or another online learning platform.

Read the specific course descriptions and take note of instructor communication before the start of class for detailed instructions regarding access to that class.

Do I have to pay for parking?

It depends! Parking regulations vary between the locations where the classes are held. Because we host classes at various locations, days, and times, parking fees may differ. Please visit our Important Information page for details.

Coordinator's Corner LET'S MEET THE TEAM



Alex Thiemann



Shannon Mantor

If you have questions or need to contact us, please email comm-ed@shastacollege.edu or call (530) 395-8560.

For business training-related questions please email BTC@shastacollege.edu

Hope to see you soon!

Alex and Shannon

ACTIVITIES

The “Activities” category of community education represents opportunities for people to learn, grow, or develop through DOING! This could be a summer camp, art class, fitness experience, or something else. But if you are creating a product or engaged in a stimulating activity, it will be listed in the course list below!



Cooking

Chef's Kitchen LIVE! with Pam Buono

In-Person: Sizzle's Kitchen

Facilitator: Pam Buono

Fee: \$50.00 per class

In this demonstration-style cooking class, students will have an amazing, live, culinary learning experience without any of the hassle of cooking a meal! Join Chef Pam for amazing Italian cooking classes that include dinner, cooking demonstrations, and a recipe for you to replicate at home. (Check online for full menus and description.)

Date	Day	Time
Aug 28	Fri	6:00–7:30pm
Oct 2	Fri	6:00–7:30pm

Fitness & Wellness

Beginner Pickleball Morning and Evening

In-Person: Riverview Country Club

Facilitators: Amy Brown & Damon Magana

Fee: \$80 per class

New to pickleball? This 4-week class is the perfect place to start! You'll learn the rules, basic strokes, court layout, and how to keep score—all in a relaxed and welcoming environment. No experience needed—just come ready to move and have fun!

Date	Day	Time
Aug 19–Sept 9	Wed	10:00–11:00am
Aug 19–Sept 9	Wed	5:00–6:00pm
Oct 7–Oct 28	Wed	10:00–11:00am
Oct 7–Oct 28	Wed	5:00–6:00pm

Intermediate Pickleball

In-Person: Riverview Country Club

Facilitators: Amy Brown & Damon Magana

Fee: \$80.00 per class

Ready to level up your game? This 4-week class is for players who already know the basics and want to improve consistency, shot selection, and court strategy. We'll cover dinking, third shot options, partner communication, and smart positioning—everything you need to play more confidently and competitively. Come sharpen your skills and have fun doing it!

Date	Day	Time
Aug 20–Sept 10	Thur	5:00–6:00pm
Oct 8–Oct 29	Thur	5:00–6:00pm

Introduction to Traditional Kung Fu

In-Person: Shasta College Main Campus

Facilitator: Raphael Smith

Fee: \$75.00 per class

This 8-class series of traditional kung fu is on the internal martial art Xingyiquan. In this course students will develop the body method, structure, and internal engine behind one of the most efficient internal martial arts. Students will learn the ancient principles of the Five Elements as means of health, philosophy, and combat.

Date	Day	Time
Oct 5–Oct 28	Mon & Wed	5:30–6:30pm
Nov 2–Nov 25	Mon & Wed	5:30–6:30pm



Learn how to grow healthy food. Don't miss our Organic Gardening class on **page 9**

ACTIVITIES

Introduction to Brazilian Jiu-Jitsu

In-Person: Mendes Jiu-Jitsu Headquarters

Facilitator: Raphael Smith

Fee: \$100 per class

This beginner-friendly, 8-class series of Brazilian Jiu-Jitsu covers fundamental movements, positional control, basic escapes, and introductory submissions through guided instruction, partner drills, and controlled practice.

Date	Day	Time
Aug 3–Aug 27	Mon & Thur	6:30–7:30pm
Sept 3–Sept 28	Mon & Thur	6:30–7:30pm

Gentle Yoga

In-person: Shasta County Arts Council

Facilitator: Rhonda Nelson

Fee: \$50.00 per class

This 8-week Gentle Yoga class focuses on nurturing movements, deep stretching and mindful breathing techniques to enhance relaxation and promote well-being. The class not only provides an in-person experience but includes weekly video links for home-based exercise.

Date	Day	Time
Aug 17–Oct 12	Mon	5:20–6:20pm
(no class on September 07)		

Fusion Yoga

In-Person: Shasta County Arts Council

Facilitator: Rhonda Nelson

Fee: \$50.00 per class

This 8-week Fusion Yoga class is a blend of light cardio, strength training, Pilates and traditional yoga for a refreshing workout both in-person and/or at home to video links.

Date	Day	Time
Oct 19–Dec 14	Mon	5:20–6:20pm
(no class on November 23)		

Get Fit!

In-Person: Shasta County Arts Council

Facilitator: Rhonda Nelson

Fee: \$50.00 per class

This 8-week Get Fit class combines simple cardio, strength training, and yoga/Pilates for a complete body workout. Come to the in-person classes and/or workout at home with videos sent every week.

Date	Day	Time
Aug 19–Oct 7	Wed	5:20–6:20pm
Oct 14–Dec 16	Wed	5:20–6:20pm
(no class Nov 11 & Nov 25)		

LEGO

BAM™ LEGO® Labs: Homeschool Ages 6-17

In-Person: Cobblestone Shopping Center

Facilitator: Bricks & Minifigs Redding

Fee: \$35.00 per class

BAM™ LEGO® Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Take-home Set, and MORE!

Date	Day	Time
Sept 7	Mon	1:00–2:30pm
Nov 9	Mon	1:00–2:30pm
Jan 11	Mon	1:00–2:30pm

BAM™ LEGO® Labs: Ages 6-12

In-Person: Cobblestone Shopping Center

Facilitator: Bricks & Minifigs Redding

Fee: \$35.00 per class

BAM™ LEGO® Lab: 90 Minutes of pure LEGO fun! LEGO Derby Racing, Creative Individual & Team LEGO Challenges, Souvenir Minifigure, Surprise Take-home Set, and MORE!

Date	Day	Time
Aug 25	Tues	4:30–6:00pm
Oct 27	Tues	4:30–6:00pm
Dec 15	Tues	4:30–6:00pm

ACTIVITIES

Performing Arts

Dance: Move Like Yourself & Finding Confidence in Movement

In-Person: Motility Studio
Facilitator: Bobby Milhouse
Fee: \$125.00 per class

This 5-week movement class is designed to build confidence, explore rhythm & express yourself—no dance experience needed.

Date	Day	Time
Sept 2–Sept 30	Wed	6:30–7:30pm

Dance: Singles Salsa Fusion

In-Person: Motility Studio
Facilitator: Bobby Milhouse
Fee: \$90.00 per class

Move to your own beat! This fun, energizing 4-week class blends Latin dance, rhythm, and cardio to build confidence — no partner, no experience, no problem! Bring a friend or come solo; everyone is welcome on the dance floor.

Date	Day	Time
Sept 8–Sept 29	Tues	6:00–7:00pm

Visual Arts

Photography Basics with your Smartphone

In-Person: Shasta College
Community Leadership Center
Facilitator: Avery Rosenthal
Fee: \$85.00 per class

Transform the way you take photos with your phone in one immersive day! Discover how to unlock your phone's full potential as you explore core photography skills like composition and visual storytelling. With complimentary coffee in hand, wrap up the day on a guided photo walk downtown — putting your new skills to the test in the real world!

Date	Day	Time
Oct 17	Sat	9:00am–12:30pm

Digital Photography: Beginner to Pro

In-Person: Shasta College
Community Leadership Center
Facilitator: Avery Rosenthal
Fee: \$115.00 per class

This in-person, one-day photography workshop is for creatives who've just picked up a digital camera or are ready to move beyond auto mode and take full control of their camera. The day includes coffee and an approachable breakdown of manual settings, hands-on practice that blends technical and creative skills, a guided photo-walk, and a supportive photo review and Q&A to build confidence in your new skills.

Date	Day	Time
Oct 17	Sat	1:30–5:30pm

Beginning Floristry: Wildflower Summer Garden Arrangement*

In-Person: Shasta College Main Campus
or Shasta College Tehama Campus
Facilitator: Haley Ray
Fee: \$60.00 per class

Create a loose, handtied wildflower bouquet while learning beginner floristry techniques in a fun, relaxed environment. Students will learn spiral hand-tied technique, color balance, and foundational design skills.

Main Campus

Date	Day	Time
Aug 19	Wed	5:30–6:30pm

Tehama Campus

Date	Day	Time
Aug 27	Thur	5:30–6:30pm



Lead with confidence!

Check out our new Classes for leaders on **page 12**

ACTIVITIES

Beginning Floristry: Sally the Scarecrow Fall Arrangement*

In-Person: Shasta College Main Campus
or Shasta College Tehama Campus

Facilitator: Haley Ray

Fee: \$65.00 per class

Create a festive fall arrangement featuring a charming scarecrow, using rich autumn colors and textured seasonal elements while learning foundational floral design techniques.

Main Campus

Date	Day	Time
Sept 16	Wed	5:30–6:30pm

Tehama Campus

Date	Day	Time
Sept 24	Thur	5:30–6:30pm

Beginning Floristry: Fairy Garden Workshop*

In-Person: Shasta College Main Campus
or Shasta College Tehama Campus

Facilitator: Haley Ray

Fee: \$75.00 per class

Design a whimsical fairy garden using live plants and miniature accessories, with optional spooky touches for fall. Students will learn plant selection, layering, and design techniques.

Main Campus

Date	Day	Time
Oct 14	Wed	5:30–6:30pm

Tehama Campus

Date	Day	Time
Oct 22	Thur	5:30–6:30pm

*These classes are
in partnership with:



Ready to join the
fun? Scan the QR
code to register!

Youth Sports

Shasta College Junior Knights: Volleyball Clinic

In-Person: Shasta College Main Campus Gym

Facilitator: Kelly Brazil - Shasta College

Volleyball Head Coach & Team

Fee: \$25.00 per class

Instruction of volleyball FUNdamentals from the Shasta College Volleyball Coaching Staff, and current and former players, for 4th through 8th grade children, all experience levels.

Registration fees benefit the Shasta College Women's Volleyball Team.

Date	Day	Time
July 31	Fri	9:00am–12:00pm
Aug 1	Sat	9:00am–12:00pm
Aug 2	Sun	9:00am–12:00pm

Elite Weekend Volleyball Intensive

In-Person: Shasta College Main Campus Gym

Facilitator: Shasta Elite Volleyball Club

Fee: \$200.00 per class

Shasta Elite Volleyball Club is hosting high-intensity weekend clinics this fall, led by Coach Chai, designed to sharpen your volleyball IQ, conditioning, and competitive edge. With a 12:1 player-to-coach ratio, every athlete gets focused attention and quality training. Open to high school students only. If you're ready to push your limits and invest in your development, we have a spot for you.

Date	Day	Time
Aug 8–Aug 9	Sat & Sun	4:30–7:30pm
Oct 3–Oct 4	Sat & Sun	4:30–7:30pm



PERSONAL GROWTH

The “**Personal Growth**” category offers interdisciplinary classes designed to inspire lifelong learning. From practical topics like personal finance to enriching subjects like history and literature, these courses aim to rekindle your love for learning and provide valuable insights for daily life.



Gardening & Landscape Design

Introduction to Landscape Design*

In-Person: Plantable

Facilitator: Kirkwood Hale

Fee: \$40.00 per class

Learn how to design your own backyard! This class covers the basics of landscape planning, plant selection, and design principles to help you create a beautiful, functional, and sustainable outdoor space that fits your style and needs.

Date	Day	Time
Aug 8	Sat	9:00–11:00am

Organic Gardening*

In-Person: Plantable

Facilitator: Colin Lynch

Fee: \$40.00 per class

Learn how to grow fresh, healthy food with natural, sustainable methods. This class covers soil health, plant selection, and chemical-free pest control to help you create a thriving garden in any space.

Date	Day	Time
Aug 22	Sat	9:00–11:00am

Native Plants*

In-Person: Plantable

Facilitator: Doug Mandel

Fee: \$40.00 per class

Explore the beauty and benefits of gardening with native plants in this engaging, hands-on class. Learn how to select species suited to your region, support local wildlife and pollinators, and create a resilient, low-maintenance landscape that thrives naturally.

Date	Day	Time
Sept 5	Sat	9:00–11:00am

Container Gardening Workshop: Growing Hope in Every Pot*

In-Person: Plantable

Facilitator: Nicki Thieme

Fee: \$85.00 per class

Join us for a hands-on workshop that blends creativity, natural beauty and profound purpose. You'll learn the art of designing and planting your own thriving container garden—perfect for patios, porches, or any small space—all while supporting a mission that helps people grow in every sense of the word.

Date	Day	Time
Sept 19	Sat	9:00–11:00am

Fall Planting*

In-Person: Plantable

Facilitator: Leilani Henderson

Fee: \$40.00 per class

Learn how to plant and grow a thriving fall garden in this hands-on class, perfect for all skill levels. Discover the best seasonal plants, soil prep techniques, and simple ways to extend your harvest into the cooler months.

Date	Day	Time
Oct 3	Sat	9:00–11:00am

Pumpkin Arrangement*

In-Person: Plantable

Facilitator: Leilani Henderson

Fee: \$50.00 per class

Create a beautiful pumpkin floral arrangement in this fun, hands-on class using fresh seasonal blooms and foliage. Learn simple design techniques while crafting a unique fall centerpiece to take home and enjoy.

Date	Day	Time
Oct 17	Sat	9:00–11:00am

PERSONAL GROWTH

Cornucopia Floral Design*

In-Person: Plantable

Facilitator: Leilani Henderson

Fee: \$65.00 per class

Create a lush, harvest-inspired cornucopia arrangement in this hands-on floral design class using fresh seasonal blooms and foliage. Learn simple techniques for balance, texture, and color while crafting a beautiful centerpiece to take home.

Date	Day	Time
Nov 21	Sat	9:00–11:00am

Holiday Wreath Floral Design*

In-Person: Plantable

Facilitator: Nicki Thieme

Fee: \$75.00 per class

Create a beautiful holiday wreath in this hands-on floral design class using fresh seasonal greens and festive accents. Learn simple techniques for balance, texture, and long-lasting design while crafting a custom piece to take home and display.

Date	Day	Time
Dec 12	Sat	9:00–11:00am

*These classes are in partnership with:



Finance

Investing Fundamentals & Psychology

In-Person: Shasta College Community

Leadership Center

Facilitator: Ric Komarek

Fee: \$45.00 per class

This masterclass breaks down investing into a simple, stress-free approach — covering everything from stocks, bonds, ETFs, and tax-advantaged accounts to the psychology behind smart financial decisions. You'll walk away with the practical knowledge and mental discipline to build wealth and stay calm, no matter what the market is doing.

Date	Day	Time
Sept 8	Tues	6:00–8:00pm

The Complete Retirement Masterclass

In-Person: Shasta College Community Leadership Center

Facilitator: Ric Komarek

Fee: \$45.00 per class

This masterclass covers both the financial and personal sides of retirement — from managing plan funds, IRA rollovers, and tax strategies to designing a life filled with purpose and vitality. You'll walk away with the know-how to protect your nest egg and a personal blueprint to make your retirement years truly fulfilling.

Date	Day	Time
Sept 15	Tues	6:00–8:00pm

Scams, Frauds, and Deep Fakes

In-Person: Shasta College Community Leadership Center

Facilitator: Ric Komarek

Fee: \$45.00 per class

This presentation exposes today's most dangerous scams — including romance fraud, investment schemes, government impersonation, and deepfakes — using a real victim's story to bring the threat to life. Attendees will leave equipped with the P.R.O.O.F. Framework, a 24-hour recovery plan, and a "Scam Defense Guide" to protect themselves and their families.

Date	Day	Time
Sept 22	Tues	6:00–8:00pm

Language & Writing

The Art of Correspondence

In-Person: Shop Around the Corner Bookstore

Facilitator: Amber Treat

Fee: \$40.00 per class

In this charming class, you'll rediscover the lost art of handwritten correspondence as you refine your penmanship and craft a stunning envelope complete with an elegant vintage wax seal. All supplies are included, so come ready to slow down, get creative, and leave with a beautiful, personal touch that will make your letters truly unforgettable.

Date	Day	Time
Sept 16	Wed	7:00–9:00pm

PERSONAL GROWTH

Self-publish Your Book

In-Person: Shop Around the Corner Bookstore

Facilitator: Amber Treat

Fee: \$40.00 per class

Ready to share your story with the world? This class gives you the tools, knowledge, and confidence to self-publish your novel or nonfiction book—and finally make it happen.

Date	Day	Time
Oct 21	Wed	7:00–9:00pm

Beginning Journal Making

In-Person: Shop Around the Corner Bookstore

Facilitator: Amber Treat

Fee: \$40.00 per class

In this hands-on class, you'll learn the art of bookbinding as you craft your own beautiful sewn-bound paper journal from start to finish — no experience necessary. All materials are provided, so just bring your creativity and leave with a handmade keepsake you'll be proud to use or gift!

Date	Day	Time
Nov 11	Wed	7:00–9:00pm

Introduction to Voice-Over and Podcasting for (ages 12 - 18) & (ages 18+)

Online: Zoom Class

Facilitator: John Morris

Fee: \$50.00 per class

Professional voice actor John Morris — the iconic voice of Andy in the Toy Story franchise — leads this hands-on introduction to voice-over and podcasting. Explore commercials, films, videos, and more, and discover a creative, outside-the-box path into one of Hollywood's most exciting and potentially lucrative industries. Available for teens (ages 12–18) and adults (ages 18+).

Ages 12–18

Date	Day	Time
Oct 14	Wed	5:00–6:30pm

Ages 18+

Date	Day	Time
Oct 21	Wed	6:00–7:30pm

Practical Insights

Sell It On eBay!

Online: Zoom Class

Facilitator: Kevin Boyd

Fee: \$100.00 per class

In this 2-day class, learn how to create a seller account, upload photos, accept online payments and create a listing. Includes insider tips, tricks and traps, what to sell, photography, plus the best strategies for selling antiques and collectibles.

Date	Day	Time
Oct 5–Oct 7	Mon & Wed	6:00–9:00pm

Create Your Website for Fun, Profit & Business

Online: Zoom Class

Facilitator: Kevin Boyd

Fee: \$65.00 per class

Discover copy/paste, drag and drop website builders to create an appealing, dynamic, small business website. Included is a comparison review of website and e-commerce store builders. Covers Search Engine Optimization (SEO) and Social Media Marketing.

Date	Day	Time
Oct 6	Tues	6:00–9:00pm

Don't Throw it Away - Sell it Online!

Online: Zoom Class

Facilitator: Kevin Boyd

Fee: \$65.00 per class

Discover the best phone apps to sell your used "stuff" and get paid. Learn the most popular selling apps for each of the top categories including furniture, electronics, clothing, books, art and more. Class includes photography tips, dos and don'ts and strategies to determine the best apps to sell your items.

Date	Day	Time
Oct 15	Thur	6:00–9:00pm

PROFESSIONAL DEVELOPMENT

“Professional Development” is brought to you by our Business Training Center (BTC). The BTC has a laser focus on training, upskilling, and developing the work-force of the North State. These trainings are of benefit to our local businesses as well as job seekers that are looking to add additional skills to their skillset.



Business Skills

Critical Communication for Leaders

In-Person: Shasta College Community Leadership Center
Facilitator: Stephen Campbell
Fee: \$95.00 per class

Every leader knows that communication is critical to their ability to lead well, but when was the last time you actually focused on growing your crucial communication skills? This seminar dives into some of the fundamentals of communication so it can not only be healthy, but truly effective in the life of the leader and their teams.

Date	Day	Time
Sept 18	Fri	8:00am–12:00pm
Oct 26	Fri	8:00am–12:00pm

EQ 101: Emotional Intelligence for Leaders

In-Person: Shasta College Community Leadership Center
Facilitator: Stephen Campbell
Fee: \$95.00 per class

Most leaders are familiar with IQ (intelligence) and recognize its value in leading others, but not many leaders understand EQ (Emotional Intelligence) and its critical role in being a truly impactful leader. Drawing from the work of Daniel Goleman on Emotional Intelligence, this seminar will examine the four layers of EQ and how each one can be developed in their own life and leadership, and the people they are helping to lead.

Date	Day	Time
Sept 11	Fri	8:00am–12:00pm
Oct 16	Fri	8:00am–12:00pm

Nonprofit Management

Are You Thinking About Starting A Nonprofit Organization?

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$45.00 per class

Do you want an overview of the processes, requirements, and planning for creating, incorporating, and applying for nonprofit status with the IRS and state for a nonprofit organization? This workshop will provide information to understanding what lies ahead.

Date	Day	Time
Sept 15	Tues	6:30–8:00pm

Techniques Of Managing A Nonprofit Organization

Online: Zoom Class
Facilitator: Bob Reich
Fee: \$110.00 per class

Do you want an overview to learn, understand or review the techniques and functions of operating and managing a nonprofit organization? This 3 session class can be valuable for staff, volunteers, Board members, and those considering starting a nonprofit organization.

Date	Day	Time
Sept 24–Oct 8	Thur	6:30–8:30pm



Ready to recharge and explore? check out our exciting day trips on **page 17**

PROFESSIONAL DEVELOPMENT

Strengthen The Effectiveness of Your Nonprofit Board

Online: Zoom Class

Facilitator: Bob Reich

Fee: \$60.00 per class

How does your board function? The board is legally and functionally responsible for everything in the organization, yet many board members do not know or understand their roles and responsibilities. This class will cover the basic information to improve your board. Valuable for board members, Executive Directors and anyone considering joining a nonprofit board.

Date	Day	Time
Oct 20	Tues	6:30–8:30pm

A Nonprofit Must Be Run In A Business-like Manner

Online: Zoom Class

Facilitator: Bob Reich

Fee: \$45.00 per class

A nonprofit MUST be run in a business-like manner to ensure success and survival. This workshop will discuss how nonprofits are a business, and the variations from a for-profit business.

Date	Day	Time
Oct 27	Tues	6:30–8:00pm

Effective Nonprofit Fundraising and Grant Writing

Online: Zoom Class

Facilitator: Bob Reich

Fee: \$110.00 per class

Whether you are seeking organizational contributions, writing grants, selling school fundraising items, putting on an event, or other requests, is asking for and bringing in funds to support your organization a challenge? In this 3 session course you will learn basic fundraising and grant techniques for your project or organization. Valuable for anyone involved in raising funds for a nonprofit organization.

Date	Day	Time
Nov 5–Nov 19	Thur	6:30–8:30pm

SBDC



The local SBDC has partnered with Shasta College to bring a series of professional development courses. These courses are beneficial to anyone with a small business or those looking to start a small business. Funded in part through a cooperative agreement with the U.S. Small Business Administration, and grants with the California Office of the Small Business Advocate. All opinions, conclusions, or recommendations expressed are those of the author(s) and do not necessarily reflect the views of the SBA or the California Office of the Small Business Advocate. Reasonable accommodations for persons with disabilities will be made if requested at least 72 hours in advance of this event; please send an email with the subject header ACCOMMODATION REQUEST to Shasta-Cascade SBDC, Alexander@siskiyoucounty.org, (530) 222-8323

QuickBooks Series

In-Person: Shasta College Community Leadership Center

Facilitator: Rebecca Lehman

Fee: \$30.00 per class

Master QuickBooks Online with this four-part series led by facilitator Rebecca Lehman, covering everything from accounting basics and software setup to accounts receivable, accounts payable, reconciliations, and reporting.

Bookkeeping & QuickBooks Basics

Date	Day	Time
Oct 21	Wed	6:00–8:00pm

Creating Customized Forms

Date	Day	Time
Oct 28	Wed	6:00–8:00pm

Accounts Receivable

Date	Day	Time
Nov 4	Wed	6:00–8:00pm

Accounts Payable

Date	Day	Time
Nov 11	Wed	6:00–8:00pm

PROFESSIONAL DEVELOPMENT

Starting Your Business: Planning and Pitching Your Idea

In-Person: Shasta College Community Leadership Center

Facilitator: Bryan Rheem

Fee: \$30.00 per class

Have a business idea but not sure where to start? This one-day, three-hour training guides participants through the basics of starting a business, creating a simple business plan, and developing a short pitch. This class is perfect for beginners who want clarity, structure, and confidence before taking their next steps.

Date	Day	Time
Nov 4	Wed	5:30–8:30pm

Introduction to Artificial Intelligence: Navigating the New Frontier

Online: Zoom Class

Facilitator: Zack Barton

Fee: \$30.00 per class

This foundational course helps small business owners go from AI-curious to AI-ready. Learn the basics of AI and Large Language Models, use AI responsibly, and develop practical skills to use AI as a digital assistant for streamlining tasks, generating ideas, and supporting business growth.

Date	Day	Time
Dec 3	Thur	5:00–7:00pm

AI: Your New Marketing Department of One

Online: Zoom Class

Facilitator: Zack Barton

Fee: \$30.00 per class

This high-impact workshop goes beyond AI basics to help you think like a Chief Marketing Officer using the SBDC Strategic Framework and iterative prompting. Walk away with a proven 6-step system to build a 12-month marketing roadmap, grow your reach, and compete with larger brands — without agency costs.

Date	Day	Time
Dec 10	Thur	5:00–7:00pm

Technology Skills

Microsoft (MS) Excel Series

Hybrid: Shasta College Health Sciences & Zoom

Facilitator: Rio Miner

Fee: \$50.00 per class

Build your Excel skills from the ground up! Start with fundamentals of spreadsheet navigation and core functions, then take any advanced class to improve specific skills: advanced formulas, conditional formatting, charts, graphs, and professional data visualization.

Introduction to Spreadsheets

Date	Day	Time
Aug 19 or Jan 13	Wed	5:30–7:30pm

Formulas & Data Management

Date	Day	Time
Sept 23	Wed	5:30–7:30pm

Charts, Graphs, and Forms

Date	Day	Time
Oct 14	Wed	5:30–7:30pm

Pivot Tables & Data Analysis

Date	Day	Time
Nov 18	Wed	5:30–7:30pm

Artificial Intelligence (AI) Series

Hybrid: Shasta College Health Sciences & Zoom

Facilitator: Rio Miner

Fee: \$50.00 per class

Start with AI fundamentals like prompt engineering and risk management, then dive deeper into practical skills: retrieving smarter answers with RAG, connecting your apps, building AI projects, creating agents, and coding with AI assistance.

Get Started with AI

Date	Day	Time
Sept 2 or Jan 27	Wed	5:30–7:30pm

Specialized AI Tools

Date	Day	Time
Oct 21	Wed	5:30–7:30pm

AI Agents & Coding

Date	Day	Time
Dec 2	Wed	5:30–7:30pm

PROFESSIONAL DEVELOPMENT

Workforce Development Skills

Certified Flagger Safety

In-Person: Shasta College Main Campus &

Shasta College Tehama Campus

Facilitator: Korey Conry

Fee: ~~\$150.00~~ **\$75.00 per class***

This ATSSA-certified flagger training course teaches you the essential skills and knowledge needed to operate safely and effectively in work zone environments. You'll learn standard flagger practices, proper control references, and the techniques needed to confidently handle a variety of real-world traffic situations.

Main Campus

Date	Day	Time
Aug 28	Fri	8:00am–12:00pm

Tehama Campus

Date	Day	Time
Oct 9	Fri	8:00am–12:00pm

American Heart CPR, First Aid, AED

In-Person: Shasta College Main Campus &

Shasta College Tehama Campus

Facilitator: Korey Conry

Fee: ~~\$150.00~~ **\$75.00 per class***

This CPR, First Aid, and AED certification course equips you with essential life-saving skills to confidently respond to emergencies — from cardiac arrest to sudden injuries — before professional help arrives. Your certification is valid for two years, giving you and your community a lasting foundation of safety, resilience, and the ability to make a difference when it matters most.

Main Campus

Date	Day	Time
Aug 28	Fri	12:30pm–4:30pm

Tehama Campus

Date	Day	Time
Oct 9	Fri	12:30pm–4:30pm

OSHA 10

In-Person: Shasta College Main Campus

Facilitator: Korey Conry

Fee: ~~\$250.00~~ **\$125.00 per class***

This OSHA 10-Hour General Industry course covers essential workplace safety standards, teaching you to identify and prevent hazards — from electrical and chemical risks to ergonomics — while understanding the rights and responsibilities of both employees and employers. Upon successful completion, you'll receive your official OSHA 10-Hour completion card, a valuable credential that boosts employability and demonstrates your commitment to safety across industries like manufacturing, healthcare, warehousing, and retail.

Date	Day	Time
Sept 25	Fri & Sat	8:00am–1:00pm

IV – BW Course

In-Person: Shasta College Health Sciences

Facilitator: Nancy Skaggs & Elaine Carmena

Fee: ~~\$425.00~~ **\$425.00 per class**

This interactive, engaging, informative course is offered over five days for VN graduates and LVN's who require IV/BW certification. This course is also a great option for LVN's and RN' who would like additional practice and training; with 30 continuing education credits (CEU's) offered through the BVNPT and BRN.

Date	Day	Time
Dec 17, 18, 21, 28, 29	Multiple	8:00am–4:30pm



Starting a New Business?

Don't miss our new Business Skills Classes on page 13

**reduced pricing brought to you by SWP funding*

PROFESSIONAL DEVELOPMENT

Forklift Operator Safety Training*

In-Person: Shasta Builders Exchange & Shasta College Tehama Campus

Facilitator: Chad Scott

Fee: \$200.00 per class

Learn to operate a forklift safely and confidently in this hands-on, beginner-friendly course. Participants will cover OSHA-required safety practices, inspections, load handling, and workplace operation skills through classroom instruction and practical evaluation.

Shasta Builders Exchange

Date	Day	Time
Sept 11	Fri	8:00am–3:00pm
Nov 13	Fri	8:00am–3:00pm

Tehama Campus

Date	Day	Time
Oct 9	Fri	8:00am–12:00pm

Notary Public Certification

In-Person: Shasta College Community Leadership Center

Facilitator: Tracy Boyum

Fee: \$175.00 per class + State Exam Fee

This course provides everything you need to become a certified California Notary Public, covering essential notary laws, practices, and professional skills — while also satisfying the state's mandatory education requirement for current notaries seeking reappointment. Upon completion, California State Proctors will administer the Notary Examination on-site, putting you one step closer to launching your own business or becoming a more valuable asset to your employer.

Date	Day	Time
Oct 16	Fri	8:00am–5:30pm

*These classes are in partnership with:



Extended Education Campuses

Tehama Campus | Red Bluff

Intermountain Campus | Burney

Trinity Campus | Weaverville

Do you live near one of the Extended Ed Campuses?

Great news—Community Education offers a variety of programs you can jump into, no matter where you live or how you like to learn!

Fall-Winter 2026 Highlights

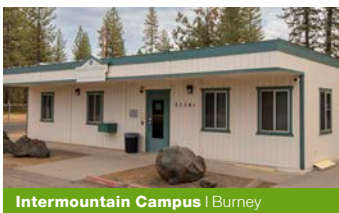
IN-PERSON: Build valuable workplace skills with our hands-on training opportunities, including Certified Flagger Safety. American Heart CPR, First Aid & AED (pg. 15), and Forklift Operator Safety Training (pg. 16).

ONLINE: Learn from anywhere with our flexible online courses. Explore Voice-Over & Podcasting (pg. 11) or strengthen your leadership skills with Nonprofit Management (pg. 12).

HYBRID: Enjoy the best of both worlds with our hybrid offerings. Stay active with fitness classes featuring video instruction (pg. 6), or expand your professional skill set through our Technology Skills Series, including Microsoft Excel and Artificial Intelligence (AI) (pg. 14).



Tehama Campus | Red Bluff



Intermountain Campus | Burney



Trinity Campus | Weaverville

TRIPS AND TRAVEL

The “**Trips and Travel**” category is probably one of our favorites. This is a chance to learn through experience. We offer both regional Day Trips, as well as Domestic and International Travel through our partners at Collette! These adventures provide unique opportunities to explore, connect, and create lasting memories.



Day Trips

Make the most of your day with our hassle-free excursions! Each trip is a full day of fun and exploration, with comfortable round-trip transportation departing from both Shasta College and Red Bluff. Admission tickets to each destination are included in the price, so there are no hidden costs—just show up, relax, and let us handle the rest!

Apple Hill Adventures

In-Person: Placerville, CA
Facilitator: Shannon Mantor
Fee: \$120.00

Escape to the charming orchards and farms of Apple Hill, nestled in the Sierra Nevada foothills, where you'll enjoy fresh-picked apples, homemade pies, local wines, and breathtaking fall scenery. This scenic day trip is the perfect autumn getaway, offering a taste of small-town charm, local flavors, and the beauty of the harvest season all in one unforgettable outing.

Date	Day
Oct 3	Sat

Through the Redwoods: Skunk Train Experience

In-Person: Fort Bragg, CA
Facilitator: Shannon Mantor
Fee: \$185.00

Climb aboard the legendary Skunk Train and wind your way through the breathtaking redwood forests and rugged river canyons of Mendocino County on this unforgettable coastal day trip. This historic rail journey offers stunning scenery, fresh coastal air, and a one-of-a-kind adventure that perfectly blends nostalgia, nature, and the wild beauty of Northern California.

Date	Day
Nov 14	Sat

Holiday Magic in Nevada City

In-Person: Nevada City, CA
Facilitator: Shannon Mantor
Fee: \$120.00

Step back in time and experience the enchanting magic of Nevada City's legendary Victorian Christmas, where gas-lit streets, costumed carolers, and beautifully decorated storefronts transform this Gold Rush town into a living holiday storybook. This festive day trip is the perfect way to celebrate the season, offering unique boutique shopping, warm holiday cheer, and a one-of-a-kind Christmas atmosphere that will delight the whole family.

Date	Day
Dec 6	Sun

A Grand Night at the Nutcracker

In-Person: San Francisco, CA
Facilitator: Shannon Mantor
Fee: \$225.00

Treat yourself to the magic of the holiday season as you journey to San Francisco for a breathtaking performance of the timeless classic, The Nutcracker, brought to life by world-class dancers on one of the Bay Area's most celebrated stages. This unforgettable day trip perfectly blends the excitement of the city with the wonder and elegance of the ballet, creating a cherished holiday memory for friends, families, and first-time ballet goers alike.

Date	Day
Dec 12	Sat



**Immortalize your stories
and reflections in our Journal**
Making class on page 11

TRIPS AND TRAVEL

Domestic- International Travel

Collette Travel and Shasta College Community Education have partnered to bring amazing travel opportunities to the North State. Each of these trips includes: airfare, round-trip transportation to the airport, lodging, and an amazing hosted experience. For more information make sure to visit our website!

Free Travel Presentation

In-Person: Shasta College Community Leadership Center
Facilitator: Jay Fehan

FREE

Please RSVP. Seating is limited, please sign up for this free presentation to reserve your seat.

Interested in learning more before you commit? Join us for an entertaining, colorful, and informative trip preview. A Collette Travel representative will share details about destinations, accommodations, pricing, inclusions, travel arrangements, and more.

Date	Day	Time
Aug 24	Mon	5–7pm
Nov 2	Mon	5–7pm

Journey Though The Heart of Japan

Collette Travel



Discover the heart of Japan's urban landscapes and natural wonders, from Tokyo's electric energy to Kyoto's Zen serenity. Along the way, discover the art, flavors, and spirit that make Japan unforgettable.

Dates	Days	Meals
Mar 5–Mar 16, 2027	12	15

For best rates, please sign up before Aug 6

Colors of Morocco

Collette Travel



Discover the vibrant culture and colorful backdrops that are distinctively Morocco. Immerse yourself in Morocco's deep history and unique atmosphere and encounter welcoming people on an unforgettable journey.

Dates	Days	Meals
May 6–May 20, 2027	15	27

For best rates, please sign up before Oct 7

Iceland's Midnight Sun Glaciers, Geysers, and the Golden Circle

Collette Travel



An island of dramatic contrasts, uncover Iceland's natural beauty through a land forged by ice and fire. Discover otherworldly wonders and captivating cultures on a fascinating Icelandic journey.

Dates	Days	Meals
Jun 2–Jun 11, 2027	10	15

For best rates, please sign up before Dec 3

TRIPS AND TRAVEL

Peru Machu Picchu and Lake Titicaca

Collette Travel



From the sacred citadel of Machu Picchu to the floating islands of Lake Titicaca, the magical wonders of Peru are waiting behind every corner. Step into the past as you explore mysterious ancient sites and immerse yourself in the culture as you taste the country's renowned cuisine.

Dates	Days	Meals
Sept 18–Sept 27, 2027	10	15

For best rates, please sign up before Feb 18

Canadian Rockies & Glacier National Park

Collette Travel



Ice fields, rushing waterfalls, glacial peaks, and towering summits are just a few of the wonders awaiting you. Get ready for an adventure that brings together the expanse of the prairies, the majesty of the Canadian Rockies, and Montana's Glacier National Park.

Dates	Days	Meals
Aug 24–Aug 30, 2027	7	10

For best rates, please sign up before Feb 24

Wonders of Thailand Discovering Ancient Wonders and Natural Beauty from Bangkok to Phuket

Collette Travel



Delve into a land where bustling modern cities, ornate ancient temples, and stunning jungle beaches coexist. Uncover the beautifully balanced mosaic of old and new, metropolitan, rural, and coastal in Thailand.

Dates	Days	Meals
Jan 27–Feb 11, 2028	10	15

For best rates, please sign up before Jun 28



Step into your rhythm.
Gain confidence in movement
with our dance classes **page 7**

NatureBridge in Yosemite

April 4 – April 9, 2027

The NatureBridge in Yosemite Program serves 80+ high school sophomores and juniors each year. Applications are open during the full month of November.

The program is managed by Shasta College's North State Together and is fully funded by The McConnell Foundation, covering tuition, lodging, and transportation. Nominated students complete 8 hours of environmental community service to participate.

Open to public high schools in Shasta, Tehama, Trinity, Modoc, and Siskiyou Counties, as well as Hoopa Valley High School and Big Valley High School.



**Scan the QR code
for more information**

Or contact:

Program Director Onica Mello
omello@shastacollege.edu | (530) 395-8532



This program is funded by The McConnell Foundation, Redding, California. Foundation a private, nonprofit organization whose mission help build better communities through philanthropy.

Free Digital Literacy Evening Classes

Live, Online Instruction

Join free evening classes in English or Spanish to help you thrive in today's digital world.

NEW



Earn a Digital Badge!

Complete a course & receive a digital badge, a verified online credential you can showcase on resumes & professional profiles.

Looking to boost your confidence with technology, manage money online, or grow your business digitally? Classes are free, online, hands-on, and built for learners of all levels. New sessions begin throughout the year.

Receive a **Certificate of Completion** once you successfully finish 8 hours of the course!

Explore Our Courses

AUG 2026 - JAN 2027

6:30 PM to 8:30 PM PT

**Digital Navigation Skills:
Basic**

**Digital Health &
Wellness**

**Digital Navigation Skills:
Intermediate**

**Digital Tools for
Entrepreneurs**

**Digital Navigation Skills:
Advanced - Wix Studio**

**Digital Marketing
& Social Media**

**Digital Navigation Skills:
Advanced - AI Introduction**

**Money Matters:
Digital Finance**

ENROLL TODAY!

**Have any questions? Please call:
(530) 395-8524**

North State Together, in partnership with the Rural Prosperity Center, Parent University, and the North State Planning and Development Collective, is excited to offer free digital literacy and online resource trainings for residents in rural communities. These trainings are designed with our communities in mind, offered in English and Spanish to ensure meaningful and accessible support. Sessions will be held virtually, with select in-person opportunities across the North State region. Funding for this project has been provided in part through a grant by the Broadband Adoption Account of the California Advanced Services Fund, a program administered by the California Public Utilities Commission.

**Scan
Code
or
Tap to
Register
Here**



NORTH STATE PROMISE



SIMPSON
UNIVERSITY

50% OFF TUITION

At Simpson University,

we believe in the power of local talent. That's why we're proud to offer the North State Promise — **our commitment to investing in future local leaders like you.**

If you live within 35 miles of Simpson's Redding campus, or are a **recent graduate of community college** you qualify for an automatic **50% discount on tuition** through the North State Promise.

Combine that with full Cal Grant and Pell Grant awards, and some students can attend Simpson for approximately **\$4,000 per year.**

The North State Promise can combine with state or federal aid, such as Cal Grant or Pell Grant, but it is not stackable with other Simpson-funded scholarships.

The Promise applies only to full-time undergraduate student tuition.



WHY SIMPSON?

Save 50% on tuition
Launch your local career
Stay close to home

CLASS A COMMERCIAL DRIVER'S LICENSE (CDL) TRAINING

Get on the Road to a New Career



Program Highlights

- FMCSA-compliant ELDT training
- One-on-one training with experienced instructors in modern trucks featuring 6-speed transmissions (no double clutching) and 28' flatbed trailers
- Flexible scheduling options designed to fit your availability whenever possible
- 20+ hours of behind-the-wheel driving experience, plus a DMV testing trip included.
- Complete in 2-4 weeks

Requirements (Before Registering):

- Must be 18+
- Commercial Learner's Permit
- ELDT Theory Course (unit course offered at Shasta College)
- DOT Physical
- Drug testing (through our third-party testing partner)

Cost: \$3,500*

Includes truck use & instructor for DMV test day
(*An additional fee will apply for each retest)

Start Your CDL Journey Today

Build skills.
Earn your Class A license.
Launch a career.



Scan the QR
code to join the
Interest List



Shasta College

truckdriving@shastacollege.edu
(530) 395-8560

ENJOYING COMMUNITY ED CLASSES?

Check out some of the college's Fall 2026 tuition-free
noncredit courses and certificate programs!

Wine Essentials Noncredit Certificate

CULA 366

Wine With Food -

(along with CULA 373)

Session 1: 9/3/2026 – 10/8/2026

(asynchronous online lecture with in-person
lectures on Thursdays 5:30pm – 8:00pm)

Session 2: 10/22/2026 – 12/3/2026

(asynchronous online lecture with in-person
lectures on Thursdays 5:30pm – 8:00pm)

Both sessions of CULA 366 cover
the same content. A \$55 material fee
will be charged for each session.

Small Farm Operations Noncredit Certificate

AGEH 371

Organic Gardening Practices -

(along with AGEH 323 and AGAS 316)

8/21/2026 – 12/4/2026

(asynchronous online lecture with in-person
labs on Fridays 9:00am – 10:30am)

Scan the QR code to learn
more about how to sign up
for these and other noncredit
Shasta College offerings,
or email
noncredit@shastacollege.edu



Shasta College
www.shastacollege.edu

Shasta College is an equal opportunity educator and employer.





Shasta College

Community Education
PO Box 496006
Redding, CA 96049

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CommunityEducation



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Shasta College

www.shastacollege.edu

1401 California Street
Redding, CA 96001

(530) 395-8560

Comm-Ed@ShastaCollege.edu

www.ShastaCollege.edu/CommunityEducation