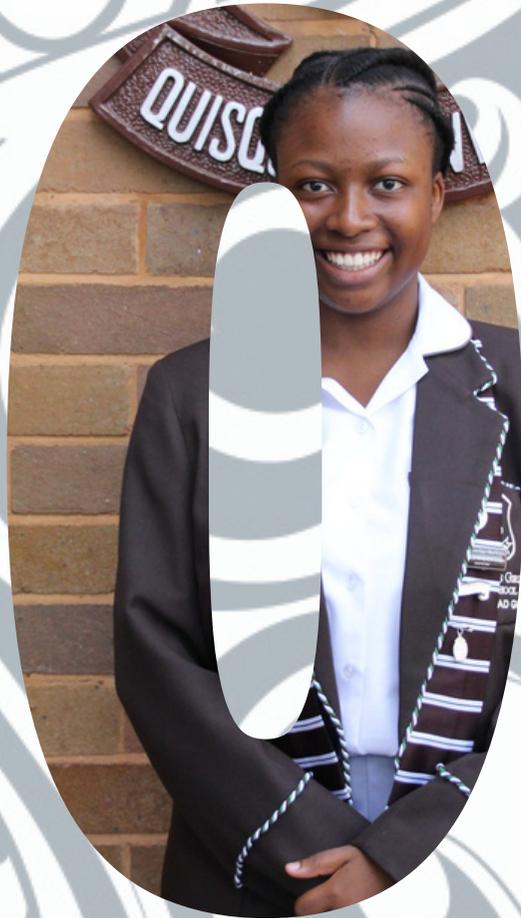




NORTHLANDS GIRLS'
HIGH SCHOOL
A CELEBRATION OF



A message from the Principal

Welcome to our 2020 Yearbook in what has been a rather unique year!

We began the year early in January congratulating our Class of 2019 on their 100% NSC pass rate, with 90% attaining Bachelor passes.

We maintained our prestigious accolade of being recognized amongst the Allan Gray Orbis Foundation Top 100 Circle of Excellence Schools.

Our girls performed well in the First Term Extramural Programme:

- The Indoor Hockey Team excelled, being unbeaten during the term.
- Nicola Badrodin was selected for the U18A Hockey North Durban XI, as well as the SA Surf Lifesaving Team.
- Kayla Berkenshaw and Shaelyn Whyte were selected for the U18B North Durban Hockey XI.
- The Junior Netball Teams were Runners-up in the North Durban Action Netball League.
- Tinotenda Murombe and Maheera Shaik were both selected for the U18A North Durban Netball Team.
- Zaryn Abbu made the final round of the World Knowledge Olympiad.
- Lasandra Majola shone on screen and on digital music platforms.

Towards the end of the First Term, preparations for our much anticipated Bloemfontein Sports Tour were complete and in readiness to leave.

The Matric Dance preparations were complete and due to be held the second week back during the Second Term.

The first Academic School Term had almost come to an end – and then due to the alarming increase in the number of COVID-19 cases, the Country was forced into lockdown.

The President declared a National State of Disaster on 15 March 2020 and schools closed earlier than usual for the First Term.

The President announced a 21-day lockdown starting on 27 March 2020, which was then increased by a further 2 weeks on 9 April 2020. Uncertainty, together with high levels of anxiousness and anxiety, reigned. Our school managed though, through various online platforms, to continue with lessons.

The Grade 12 Learners returned to school on 8 June and were faced with a number of changes to their normal routine.

Lockdown protocols were implemented at school to ensure the safety of both Learners and Staff:

- Washing of hands with soap and water for more than 20 seconds;
- Sanitising of hands in the absence of water;
- Social distancing;
- Wearing of masks; and being screened on entrance to the school

The rest of the grades were phased-in a month later but schools closed once again due to the sudden peak in the number of positive COVID-19 cases. During all of this, we maintained teaching and learning.

The national School Academic Calendar changed at least three times. The extramural programme unfortunately ceased, and the only focus was on academics – and this continued to the last day of Term 4, 2020.

Well-qualified and experienced Educators are difficult to source and when you face losing them, it is even more daunting.

It is with much sadness that we bid farewell to the following Educators and Support Staff during 2020:

- Mrs Sooknandan and Mrs Maharaj – Mathematics Department
- Mr Khumalo – IT Department
- Mrs James – Art Department
- Miss Christie – English Department and Management Team.
- Mrs Gresse – Commerce Department

NGHS have reaped the benefits of their immense expertise and wish them all, the very best in their future endeavours.

On a positive note, we congratulated Mrs Rangasamy on her promotion to Deputy Principal, and Mr Harilal on his promotion to Department Head of Commerce, in Term 2.

They have both filled their posts with the necessary expertise and much enthusiasm.

Congratulations to Mr Harilal on his appointment as SGB Deputy Principal, and Mrs Kroutz on her appointment as Acting Head of Department, effective January 2021.

2020 was also a very busy time for the Stork!

Mrs Sooknandan gave birth to a baby girl. Mrs Gillespie and Mrs Harradine welcomed sons into their families. And even myself – beautiful twin boys.

The provision of quality, holistic educational service that we provide at NGHS is not an easy task. It requires dedication, sacrifice and co-ordinated teamwork from all concerned.

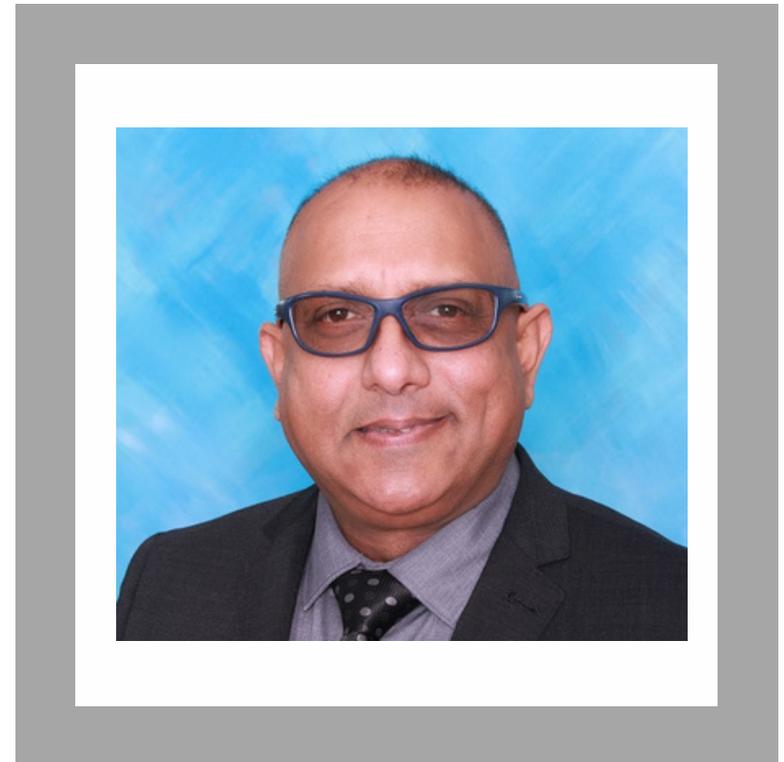
It is with this in mind that I wish to thank the following teams for their professionalism and commitment:

- The Management Team for fulfilling their duties and responsibilities, for applying the policies and regulations of the Department of Education necessary for the proper functioning of our school, and embracing their respective portfolios with dedication and empathy.
- Our classroom-based Educators who had to adjust to a new normal in online teaching this year, and were most effective in managing and teaching the various curricula that run concurrently, and keeping abreast with a rigorous assessment programme. Our Educators are truly dedicated and effective professionals.
- The Sports and Cultural Departments for providing an all-encompassing extramural programme to cater to the varying needs of our girls. It is rather unfortunate that so much of it was restricted this year.
- The Parents for their continued support and encouragement given to their daughters each day.
- The Administrative and Support Staff for their valuable contribution in ensuring the school runs efficiently.
- The Estate Team for taking such excellent care of the grounds, the infrastructure and other amenities.

- The Counselling Department for the care and guidance given to the girls – more especially this year.
- The School Governing Body, chaired by Mr Dewlok, for their professional and logistical support.

To the Class of 2020, I want to thank you for the legacy you have built during the past five years at NGHS, and for the memories you have created. We wish you all the best as you start the next chapter in your lives and follow your chosen career paths.

All the best for 2021
Mr TS Reddy



Deputy Principal's Report

"We will come out of this storm. In the coming days, we have to stay calm and confident. And for sure, we will overcome this moment of despair. How long this will last cannot be ascertained. But the one thing that we can be sure of is that we will not be the same anymore. Hopefully, we would have changed for the better. This is the way of life. This is how life teaches us its lessons."
— Avijeet Das

No one could have ever predicted 2020 would bring with it phenomenal Changes! Like the rest of the world, schools had to adapt to the effects of the Covid-19 pandemic. In true Northlands fashion, we rose to the challenges and can proudly say we completed the academic year successfully. All stakeholders had to adjust quickly to the new needs and demands placed on the Education system. Learners had to become more independent and self-disciplined. Teachers had to become tech savvy and juggle their own family's needs with that of the school and our learners. I salute every single Teacher and Learner at this fine establishment - you got the job done! You equipped yourselves with grit and determination and met the demands as they piled up on you. From Google meets and Zoom lessons to digital lesson plans and video recordings, all the teachers can be proud of the upskilling and development that has taken place.

A special mention must be made of our Estate and Cleaning Teams - the demands of maintaining a safe and sanitized school forced every single member of these teams to put in extra time and effort. They have done a phenomenal job and we are proud to report there were no transmissions at school.

The School Governing Body wisely redirected all energy and focus on handling the pandemic - we are grateful for such an incredible and supportive team.

Academics, Sports and Cultural activities have always been the centre of our purpose as an educational institution, unfortunately we were unable to participate in the numerous programmes we usually do. However, we did have learners and teachers try different avenues to stay motivated. Instagram Challenges, Photo competitions, informative Videos and webinars helped keep our learners active and informed.

The Admin and Support staff ensured that the school ran efficiently.

We will continue to empower our young ladies with relevant information so they can make informed decisions and go out to conquer the world! If the Covid-19 pandemic has taught us anything - it's to appreciate the little things, take advantage of every opportunity and learn from the past so that the future can be better!

I am proud to be part of such an incredible school where Integrity, Commitment and Compassion are our core values.

Mrs K Rangasamy
Deputy Principal

A message from the School Counsellor

When Life Gets Tough

Just keep putting one foot in front of the other

To say that 2020 has been a challenging year is an understatement. NGHS has navigated teaching and learning during an uncertain, unpredictable time. For the first time, learners have had to embrace remote learning and adjust to the challenge of being isolated from peers and the familiarity of school routine. In addition, there have been daily; almost constant newsfeeds of Corona Virus statistics and death rates. The constant reminder to stay safe and be responsible while being concerned about the safety of family has been the experience of many of our learners.

Our learners had to find the courage to continue with their academic year amidst the disruptions. Grade 8s barely had time to adjust to high school, a new routine, a new environment and the normal challenges that the transition to High School brings. Grade 9s were not able to have the traditional Subject Choice Evening as planned each year. Instead, NGHS had to go digital. We were able to have 9 Tertiary Institutions visit the school to present to our Grade 12s but were unable to host the annual Career Day. Through this tumultuous year Grade 12s had to demonstrate an immense amount of tenacity and resilience. Their ability to adapt and persevere has to be recognised and commended. We trust they will use the same strength to pursue their dreams and goals for the future.

At some point, we will need to reflect upon 2020 and my hope is that the lockdown has been a time for families to bond, spend time together and communicate openly. Undoubtedly, the lockdown has been different for everyone and has brought with it financial strain, emotional ups and downs or upheaval. It has been challenging for learners to stay motivated while trying to successfully complete the academic year.

It is imperative that everyone is observant with learners as the battle with COVID 19 continues. Recognise signs that learners are not coping and do not ignore them. Those who may have needed hugs from friends have been unable to get them. Those who excel in Sport or use it to cope with stress were unable to be part of teams and tournaments. Ensuring that learners receive the emotional support needed is a continuous challenge. Ideally, the family environment needs to be a safe space for comfort, encouragement, growth and development but the reality is that this is not always the case. We also need to be mindful of families that have lost loved ones or who have battled the COVID 19 virus and both the physical and emotional toll this has taken.

It has been a pleasure to meet some learners this year and it is my hope, as adults, we will encourage them to seek help when they cannot cope. We also need to model coping strategies with life's challenges, so that they will know it is okay to be overwhelmed, to cry, to grieve and it is healthy to deal with problems in constructive ways. We need to provide learners with the opportunity to make decisions, make mistakes and learn from them as this is a necessary life skill. Most of all we need to be their safety net when life is tough and not expect them to be ours. Let us use the lessons of 2020 to instill hope in our learners and encourage them and not give up. Let us encourage them to keep moving forward especially when life gets tough. One step at a time....

Ms D Powell
School Counsellor

"Keep putting one foot in front of the other, and taking life day by day..."

There's a brighter tomorrow that's just down the road - Don't look back! You're not going that way!"

- Heal Ourselves, Heal The World

A Message from the Media Centre

It was all systems go for the beginning of the 2020 year. Our NGHS Media Centre was ready for an exciting and positive new year.

Our Media Centre Bookclub, The Paperbacks were ready to share their favourite reads and recommendations.

Our year started with the Media Centre Portfolio hosting a night in the library. It was a combination of team building and a treat for the girls, as a thank you from Mrs Ross, for giving so much of their break times and after school to assist in the library. Activities included the Library Edition of the Amazing Race and riddle-solving followed by pizza and book-themed cupcakes. There was a short reading from Five Feet Apart written by Rachael Lippincott before watching the movie version. The girls were each given a goodie bag and had loads of fun.

The Annual World Read Aloud Day was celebrated on 5 February. It was the perfect day for sharing the love of reading in our Library Garden.

During the month of February, the girls were able to take a Blind Date with a Book and then write a short review to enter our 'Rate your Date' Competition. On Valentine's Day the Match the Literary Couple proved quite a challenge for some in the library.

We never could have dreamed that on Friday, 13 March 2020, it would be the end of the 'normal', for quite a while. Our library was officially closed, but to keep students excited about reading at home, they were encouraged to access digital, online materials available to them, free of charge, during the pandemic and to log onto our very own NGHS E-Library to borrow e-books and NGHS media centre Blog and Podcast, to keep up-to-date with news and reviews from the library.

The pandemic brought with it new challenges that encouraged us to think 'outside of the box', to find different and creative ways to communicate and to celebrate. I'm not sure when or if things will get back to normal, but with hope, we will continue to move forward.

Mrs Ross



We received 2 complimentary copies of the book called Swimming Easter Island by John McCarthy. It's an account of South African endurance swimmer Sarah Ferguson, who set a new world record by becoming the first person to swim around the entire perimeter of Easter Island as part of a Global Conservation Campaign called Swim against Plastic. <https://plasticoceans.org/sarah-ferguson/>

A message from the Head Girl

It is incredibly difficult to sum up five of the best, as well as the most challenging years, that we, the class of 2020 have experienced. This year, we as a school were put to the ultimate test of our Compassion for one another and our Integrity and Commitment, not only towards our work but towards ourselves too.

The theme for this year was about love, sisterhood and being #proudlyNGHS. We wanted to start this year strong and end it even stronger. The in-between may not have been what we expected or even hoped for but it brings me great joy and honour to look back and see how far we have come, not only as individuals but as a school united by our strength to keep moving forward. Our sisterhood and love for one another have grown through this time of difficulty and hardships and that shows the true NGHS spirit.

Northlands has been a second home for me from day one, moulding beautiful young ladies who along the years, have become family. I am humbled by, and grateful for each and every Northlands girl and staff member who has been part of this indescribable journey and who has helped mould me into who I am today. I owe you all a great debt of gratitude.

Over the years, being at Northlands has taught me much more than just how to calculate interest in Maths or how to pronounce "Bonjour" without sounding like I'm trying too hard. Most importantly it has taught me:

- Kindness is by far one of the most powerful and underrated weapons we own.
- A smile is one of the greatest gifts a person can give.
- No matter how many times we may fall, we get stronger each time we stand back up.
- There is beauty in our differences and it should be what unites us and not what separates us.

These lessons have carried me through the past 5 years and will continue to be part of the years to come.

I am beyond grateful and privileged to have been your Head Girl and to have lead alongside Zama and Nicola. We may not have been able to fulfil all of our goals for 2020 but Northlands was built for greatness and this is only the beginning. A big thank you to Mr Reddy, the Executive Body and especially to Ms Christie and Mrs Bouman for putting up with us and supporting us non-stop.

"The future may be joy or strife but we will carry right through life". We may not know what the future holds but we as Northlands knights are capable of conquering all kinds of battles that come our way. Be the person who lifts people up and not the one who brings them down. Choose courage and resilience, in other words, "advance despite adversity" and do not give up on yourself or on those around you, for you are much stronger than you know.

"Quisque Sibi Verus" To thine own self be true.
Mary-Clare Sardinha
Head Girl 2020



2020 Executives



Thank you for your hard-work and dedication throughout this year.

Front Row: **Mary-Clare Sardinha- Head Girl**, Samara Govender, Shreya Moodley, Kayla-Jade Berkenshaw, Pephile Lushozi, Esther Naidoo, Tarika Nathoo, Alisha Thavir

Second Row: Fezile Luthuli, Chloe Naidoo, Pia Ramcharitan, Ashley Gordon, Nerys Munisamy, Luthando Matyana, Keira Pillay, Saranesa Pillay

Third Row: Brin Govender, Lauren Greeves, Nomaswazi Hlongwane, Elle Chetty, **Zamashwabada Xaba - Deputy Head Girl (Snr)**

Fourth Row: Kiara Moodley, Tiara Pillay, Diantha Padayachee, Lindokuhle Dlamini, Notha Msomi, Anele Khoza

Back Row: **Nicola Badrodin - Deputy Head Girl (Jnr)**, Alyssa Green-Thompson, Kiara Jairaj, Tinotenda Murombe

2020 RCL Representatives



Congratulations to our Representative Council of Learners (RCL) elected this year. The RCL provides a platform to facilitate formal communication between Learners, School Management and the Governing Body. We thank them for their Commitment to the school.

Grade 8

Andisiwe Shelembe
Kyla Irusan
Luyanda Shozi

Grade 9

Lindokuhle Radebe
Zara Chinapoyaar
Ruhi Singh

Grade 10

Mandulo Xaba
Ria Sookraj
Kaitlyn Rangasamy - **Treasurer**

Grade 11

Reneska Moodley
Diya Valjee
Fezeka Nontlanga

Grade 12

Zamashwabada Xaba - **Chairlady**
Nicola Badrodin - **Vice Chairlady**
Nomaswazi Hlongwane - **Secretary**

From the Sports Desk

The NGHS Sports ecosystem- Players, Coaches, PE Teachers, Teachers in charge of the various Codes, Suppliers and Fans were caught off guard by the pandemic. As the Sports Department we asked ourselves the following- With learners idle, was there an opportunity to create new and different PE content for the learners?

How do we maintain the enthusiasm? It was clear we had to evolve!

As an appreciation post we selected All-Stars of the Decade for various Sports Codes, which included Chess, Netball and Hockey to name a few. The selection was based on players who represented KZN in the codes over the past 10years.

To add some light fun competition during Lockdown, we had an Inter-House Virtual Cross Country. The competition was won by Lewis House. Well done Lewis!

The PE Department sent out weekly exercise routines for the girls to do at home. To spice it up, we added fun, weekly challenges, for example; The Cookie Challenge which required the girls to move a cookie, using their face muscles, from their forehead to their mouth.

Our Matrics and staff were treated to a dance challenge, where our hiphop coach, Linda, came in to teach us the steps to "Jerusalem". The school's video was selected to be part of the Women's Month collage for the dance on East Coast Radio. Thank you to the Marketing Department!

The National All Girls Festival was cancelled due to the pandemic. The festival is usually our highlight on the sport calendar. Nonetheless we look forward to future festivals.

Thank you to my colleagues in the PE Department (Mrs Goliath and Mr Fenske) for all their assistance. A big thank you to the teachers who take care of the different codes during the terms. Your help is truly appreciated.

We look forward to the day when teams once again take the field.
Miss Ngema



Banks House

2020 has been a rollercoaster year but regardless of the adversity, we managed to persevere. Leading Banks, alongside Saranessa Pillay, I have learnt what a team truly is. I have found a family within Banks house. One family that values each individual's strength.

Banks members are each other's pillar of strength, motivating each other regardless of whether we are in last or first place. What matters to us is each individual's attempt at trying. We value consistency, effort and commitment above all.

Being surrounded by young ladies with a compelling vision and relentless implementation has shown me the greatness one can achieve in unity. Our first taste of victory was winning the 2020 Swimming Gala. The amount of joy, and happiness that spread across our faces will forever be embedded in my heart. This is testimony that when we work together, success is inevitable.

Determination runs deep in our veins because individually we may be a drop, but together we are an ocean. We understand the importance of how teamwork makes the dream work. Banks house is a powerhouse, filled with optimism and talented young ladies. Although this pandemic has taken away our opportunity to build new memories, I will cherish and appreciate the moments we had.

Thank you to all the staff members who are a part of Banks house, and thank you to Mrs De Vries. Mrs De Vries was the anchor in this Banks ship, while organising all the admin for us. Lastly thank you to the Banks family for making the months I spent with you memorable.

Banks house forever!!!

Fezile Luthuli
House Captain

GO!





Lewis House

Everything was good and going well during Term 1. The Sports Department was very organized and we had many events to look forward to.

Lewis house members participated with enthusiasm and good team spirit in the inter-house gala. Unfortunately, the Corona Virus pandemic prevented any other sporting events from taking place. Our teammates unified as we performed our house songs and cheered our members on.

I look forward to a time, soon, when the pandemic is over and learners can return to the sports fields and pool. Sport contributes to our girls being fit and healthy.

Lasandra Majola
Vice Captain

School Spirit

Shepstone House

Shepstone hit the ground running this year with a lifeguards theme, revamped war-cries, an energized group of Grade 12 cheerleaders and two extremely competitive captains. My love for this house doubled (if that was even possible) and plans of showing everyone else how it's done filled pages and inspired creative Sports Day themes and fresh rhymes and songs that I knew would land my house on top. The gala came and went and with a hoarse voice, an aching body and residual excitement, plans for Sport's and Athletics Day began.

However, despite a lively house, big Sport's Day plans, a healthy intensified rivalry between the houses as well as hopes of leading Shepstone to victory, all sporting activities came to a seemingly definite halt in the face of a global pandemic. Plans had to be scrapped, banners packed away, posters folded and put away and songs and theme ideas filed away. I was disappointed, but beyond that disappointment I was hopeful. Shepstone dominates in both the Cultural and Sporting spheres and will continue to do so in future. Shepstone's flag will continue to fly high, even in the midst of uncertainty. Red blood flows in our veins, victory cries ring in our heads. We are Shepstone and we are the best. Here's to Shepstone being the house everyone secretly wants to be in for more years to come. She-e-e-epstone! (Tana nana eh eh eh !)

Zamashwabada Xaba
House Captain





Vaughn House

Our journey started off with a bang when we showcased our 'Dripping in dollars' theme, where we strutted into the Inter-house Gala and stole the show with our wild spirits. This year Team Vaughan was not only about sport it was about us coming together as a group of young determined women and with this attitude we succeeded in winning the Spirit Cup of the inter-house gala.

It was disappointing that we only experienced one of all the many sporting activities this year due to the COVID-19 pandemic but nonetheless this year was not one to forget for Vaughan house. We arrived. Did our best and succeeded in making it known that Vaughan is not a force to be reckoned with. Our veins will always be green, and our hearts will always stay loyal to Vaughan house.

It has been an honor leading this group of driven and spirited young ladies even though my time as captain was short it was an amazing experience; I will never be able to forget. The love we have for each other and our house will remain strong for many generations. A huge thank you to my vice, Tracy Mhlongo, for always sticking by my side, and giving Vaughan everything she has, to Mrs. Harradine for being the most driven and supportive house mother ever and to my Vaughan house members. Keep our legacy strong! Vaughan is not a house to be messed with make that known! Stay spirited and driven and to the future captains, do us proud! Thank you, to everyone who made this a year to remember!

Elle Reece Chetty
House Captain



GO TEAM!

Indoor and Outdoor Hockey

The essence of a good hockey player is Sportsmanship, Commitment and Character. What separates the good from the great is heart. Any trained knight has enough skill to go into battle but only a knight with a kind heart, fierce mind and brave spirit goes forth and conquers victoriously.

NGHS 1st team went into this daunting indoor hockey season as the underdogs, expecting many challenges ahead, with expectations to be met. In sport the standard approach towards any game is to do whatever it takes to win. However, our approach to the season was to place value on performance rather than the outcome. This shift in ideology resulted in a phenomenal undefeated Indoor Hockey season.

Every player left their heart on the field, never stopped until the final whistle was blown and most importantly played with Integrity, Commitment and Compassion. The potential, spirit and interest demonstrated by the U14 and U16 teams proved that NGHS hockey is a force to be reckoned with. The undeniable passion of the coaches coupled with the commitment of the players and parents resulted in a well-supported and truly enjoyable season.

Despite the unfortunate cancellation of the much-anticipated festivals, tour and outdoor season due to Covid-19, we are grateful for the amazing indoor season that we had and proud beyond measure of the knights that will go forth and conquer in the coming years. Everything happens for a reason and even though we only had a season, the memories made and lessons learnt will last a lifetime.

Nicola Badrodin and Kayla Berkenshaw.
Hockey Captains



Netball



We had expected the year 2020 to be packed with fun-filled training, tournaments and matches for all our Netball girls. The court has always been lively and fun even when we were running laps or completing suicide drills. The Netball girls have always given their best during training and on court. It takes 7 girls to make a team, but at NGHS all the girls work hard and support each other regardless of the circumstances.

During term 1 all the age groups played at the action arena but only the U15 got silver medals. Even though the other age groups did not receive medals we want to say well done to everyone for working hard and pushing to the end for every single game. Covid-19 disrupted the 2020 Bloemfontein Girls' Festival Tour, this cancellation broke the hearts of the girls meant to participate including us, the Captains, who were very excited to spend 3 days as a team. We miss the atmosphere of the court and having to do our one-two clap warm down at the end of practices. We hope once Northlands Girls' get back on court, they will have fun and enjoy the experience that we have treasured.

Tinotenda Murombe and Kashmiri Mewadhari
Netball Captains

Touch Rugby



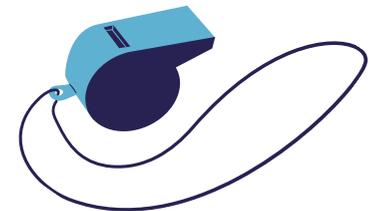
2020 has been a roller coaster and now I look back at Term one with no regrets because it was worth it. I would do it, again and again, a thousand times if I could. I never imagined myself becoming Captain of such a passionate and amazing team of young incredibly talented young ladies. Term 1 was an obstacle course filled with laughter, joy, hard work and many victories.

This year we were fortunate enough to host the Touch Rugby Tournament at our school. This motivated us to work hard at practice and play even harder. We played our hearts out, helped each other and supported each other as sisters of Northlands.

Touch rugby is a sport that teaches you teamwork and support. It teaches you to be tough and therefore every loss wasn't a loss but a lesson to learn from and keep moving forward. As a Captain I learnt that being a leader comes with many responsibilities, leading by example and motivating the Team to get back up and push every time they fall down.

Due to Covid-19, we had a short season and were not able to continue with Touch rugby but this does not diminish our love for the game. We would like to thank Ms Ngema, for making this year one to remember. Thank you for always supporting us and going above and beyond to make all our games happen. I will forever be grateful for your hard work and motivational talks. We will always cherish the wonderful memories that we shared as a Team of sisters on the field. To My Team: we touch for possession, run for the try line, bleed for our team and live for the memories.

Anele Mohale
Touch Rugby Captain



Volleyball

My wonderful teammates and coaches.

Who push me to my limits, and support me no matter what. When this season began, we had a feeling it would be very different from any other. We knew that we would have to work extremely hard to be successful. I remember the nerves and excitement of our first game. We kicked off the season with a bang.

Each of the girls on both the Junior and Senior Teams are determined and hardworking athletes. They all have incredible personalities. And all our personalities combined make for some fun times with endless laughter & cheering. My girls are always supportive. We are able to listen to each other and give advice to both teammate-to-teammate and friend-to-friend.

Girls, you have no idea how much this Team means to me. There is no greater feeling than playing the game of Volleyball with the best group of young ladies. Even though we could not continue our season due to the Covid-19 pandemic, always remember: "Serve Strong. Dig Fierce. Spike hard." And be the girl who decides to go for it.

Alisha Thavir
Captain



Swimming Team

“Swimming is not about perfection, it is all about persistence” - anonymous

This year our swimming whether at training or racing against the schools around us, wasn't always easy. However, looking back I am proud to say that when the time came, we stepped up as a Team and gave it our all.

The best part having been a part of this team is that we always persisted no matter how tiring or hard it got. This year brought in some new Grade 8s to the team of 2020 and along with them came tons of love, laughter and new challenges. With our last Gala in sight, we were excited and ready to swim our hearts out one last time - especially the matrices. Sadly, it was disappointing not being able to swim as the weather wasn't on our side that day. However, we kept our heads high and held tightly to the already unforgettable memories made.

I can confidently say there was no other Team as cheerful and encouraging - in the stands or at the block - than we were. It brought smiles to our faces and pride to Northlands Girls' High School.

To Mrs Bouman and Mrs Gillespie, our Moms in the pool, you continuously made sacrifices for our Team and always pushed us to do our best, always believing we had it in ourselves. You taught us that giving up is not an option and that shortcuts get us nowhere. Thank you!

I'm grateful and honored to have captained the swimming team of 2020. Over the years water has taught me many lessons and has always been a second home to me. This Team became family. I am extremely proud of each and every one of the girls who gave it their all and I wish you all the very best for what's to come, in the pool and out!

To the team of 2021 and the rest to come, never be afraid to give it your all, you won't learn if you don't try! For your own sake don't stand in the shallow end!

Mary-Clare Sardinha
Captain





Charity Outreach

2020 has been a very challenging year for Charity.

Fortunately, Charity at NGHS started with a very successful drive for CHOC the First Term and had every support from the learners. It is awesome to experience such open hearts and hands for every worthy cause!

We managed to visit Denis Hurley and helped with preparing and serving breakfast and lunch. We often left tired, but with very thankful hearts, not only because we could serve but how blessed we are.

To have paid visit Domino Baby Home on a Thursday, was always a delight and huge honour. The babies were so happy to see us and enjoyed the playtime and all the love showered upon them! During lockdown, one of our gr 8's, dropped off goodies for the babies. Well done and thank you Chelsea Pillay and family!

Bread buddies happened this year on a Tuesday afternoon. The Grade 12's, 11's and a few Grade 10 classes managed to be part of Bread Buddies this year. A huge thank you to all the families for the donations. Many an empty tummy was satisfied because of your compassion and thoughtfulness.

Bread tags and bottle tops are still being collected. That will be going towards a wheelchair drive in the community.

Mother Teresa's life has always been such an inspiration to Charity. Therefore its quite fitting to end with one of her quotations:

"If we have no peace, it is because we have forgotten that we belong to each other. It's not how much we give but how much love we put into giving."

Mrs Goris and Charity Portfolio



Toast Masters

A group of 21 Grade 11 learners enrolled in the Toastmasters Youth Leadership Course this year and these enthusiastic young ladies set themselves apart as a particularly dedicated group.

Under the expert guidance of Mr Attie Swanepoel from Toastmasters International, the participants learnt how to run a professional meeting, which will undoubtedly stand them in excellent stead for the future. The roles of Chairman, Vice-Chairman, Timekeeper, Grammarian and Toastmaster, amongst others, were assigned to different learners each week to give all participants the opportunity to learn the requirements of each position.

The group also benefited considerably from Mr Swanepoel's vast expertise on how best to prepare and present speeches. In the process, invaluable leadership skills were cultivated and developed.

Although the Covid-19 restrictions have prevented any regional competitions from taking place in 2020 thus far, the graduation evening held at the school prior to the onset of the pandemic provided a platform for the participants to showcase their leadership and presentation skills, with the group members independently facilitating the evening's proceedings with great aplomb and poise. These young leaders certainly impressed with their confident delivery of speeches and their capable implementation of the general rules of meetings. The growth in confidence, and improvement in all-round communication skills, was evident.

The winners of the three categories on the graduation evening were as follows:

PREPARED SPEECH:

First place: Mishka Dewlok
Second place: Zoe Barratt
Third place: Deyajal Bisseru

IMPROMPTU SPEECH:

First place: Diya Valjee
Second place: Katelyn Van Wyngaard
Third place: Kerina Govender

EVALUATION:

First place: Keyuri Moodley
Second place: Reneska Moodley
Third place: Tahlia Govender



The Toastmasters International Mission Statement is, "We empower individuals to become more effective communicators and leaders" and I have no doubt that every participant in this year's course is now better Equipped for success on every level, as a great leader and as a self-assured, highly effective communicator.

MRS D. ROWE
TOASTMASTERS CO-ORDINATOR

First Aid

Why is health and safety in schools important? Simple accidents, such as slips or trips, might seem a trivial part of the day-to-day hustle and bustle of school life, but they are capable of causing serious injuries. In a recent Health and Safety Laboratory report of school employees, 97% of respondents rated providing pupils with an appreciation of health and safety risks as 'important' or 'very important'. A survey in 2017 also showed that 73% of schoolchildren wanted to learn how to resuscitate someone and give First Aid. At NGHS we are very proud of our First Aid program that consists of a one-hour training session per week trained by the well-qualified St John's Team. We have an excellent group of First Aiders who are always willing to help their fellow classmates.

The 2020 NGHS First Aiders had a great start to the year where two new instructors, Jody and Natasha, were introduced as part of the St John's Team. The First Aiders had a total of 8 hours training. They learnt about the Principles of First Aid, what action to take in an emergency, First Aid techniques and so much more.

Thank you for your dedication and effort. I am so proud of you.

Mrs R van Niekerk
Educator in Charge



Hindu Students Association



The Hindu Students Association aims to enlighten all students about the various aspects of Hinduism. Everyone is welcome to join as we intend to enrich the diversity in our school. During the First Term we were able to effectively educate the learners about various aspects of Hinduism through interesting ways. We had speeches from different learners about auspicious dates and festivals, we made confections, had a Bollywood dance taught to us, had meditation sessions and relevant discussions. All these activities have allowed learners to get an insight of our Culture.



Unfortunately, due to the Coronavirus pandemic, our weekly HSA break time gatherings were cancelled. However, through our active HSA WhatsApp group, we kept all members up to date on religious holidays and auspicious times of prayer according to the various Hindu calendars. A very anticipated 'Culture Colour Run', to raise funds for Charity, was also unable to take place and although much excitement revolved around this lively event, relevant circumstances made it impossible to execute this fun-filled day celebrating diversity and togetherness.

On a lighter note, we will continue to enlighten one another through these harsh periods of time and seek prosperity while we strive to do so. In the meantime, remember to embody the core values that makes us proudly NGHS. We are also immensely grateful to Mrs Gouden who is our Educator in charge.

"What you have taken, has been from here. What you gave has been given here. What belongs to you today belonged to someone yesterday and will be someone else's tomorrow. Change is the Law of the Universe." - Bhagavad Gita.

So... a positive change awaits!

Udartha Sookdaw - Captain
Tejal Dayanand - Vice Captain





Grade 8 Welcome

15 January 2020

Excited and enthusiastic learners arrived early this morning as the Class of 2024 attended Northlands Girls' High School for the first time. The Executive Body, Management and Staff welcomed Learners and their families to the NGHS family.

The Learners had an opportunity to ring the school bell; this is a wonderful symbol of the new and exciting chapter ahead. The Grade 8 Learners have enjoyed a fun-filled day, all arranged and coordinated by Head of Grade, Mrs Smeda.



Open Evening

30 January 2020

We hosted our Annual Open evening on Thursday, 30 January 2020. Prospective Learners got a taste of what NGHS has to offer. Learners and their parents had a tour around the school, where they could see the Activities, Sports and Subjects our Learners enjoy. It was a lovely, happy event and we look forward to welcoming these learners to the NGHS family in 2021.





Inter-House Gala

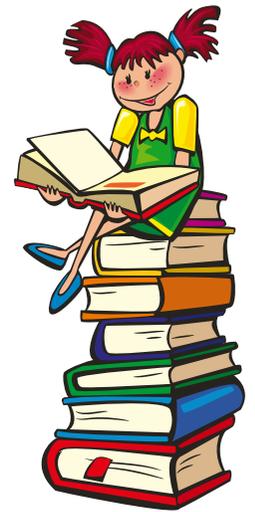
31 January 2020

We enjoyed a fulfilled Gala on 31 January. Thank you to all the Staff and Learners for good spirit and a great competition. A special thank you to the Sports Department: Ms Ngema, Mrs Goliath and Mr Fenske. Thank you to Mrs Pillay, Miss Pillay and the hard working Catering Committee for keeping the staff and parents fed and hydrated. Well done to all the swimmers and House Captains! #PROUDLYNGHS



WORLD READ ALOUD DAY

05 February 2020



NGHS celebrated World Read Aloud Day in the Media Centre gardens. Mrs Ross shared a gripping extract from *The Infinite Sea* by Rick Yancey. Thank you to the avid readers that attended.





VALENTINE'S DAY

14 February 2020

NGHS hosted its Annual Valentine's Assembly on Friday, 14 February. The Northwood School Prefect Body, our Hip Hop Dance Coach and up and coming local Boy Band, Beyond Backstage entertained our girls. Grade 12 girls hosted a market in aid of fundraising for the Matric Dance whilst the Matric Dance Committee sold roses during the course of the week. Thank you to everyone for your support in the fundraising efforts. A day of love was enjoyed by all.



Pool Party

28 February 2020

NGHS Sports Department held its first Pool Party to raise funds for the Tour Teams to the National Girls' School Festival in Bloemfontein. Our Girls could de-stress at the end of a grueling testing week with relaxing in the sun and good fun with friends. Thank you to Miss Ngema, the Sports Portfolio, the First Aid Team and the staff who assisted. It was a fabulous afternoon!



Covid-19 Compliant

Mr Naidoo and his team worked hard to ensure the school was ready to welcome back all our Learners and Staff after the initial lockdown.

#PROUDLYNGHS



Groundsmen & Cleaning Staff

Appreciation Tea

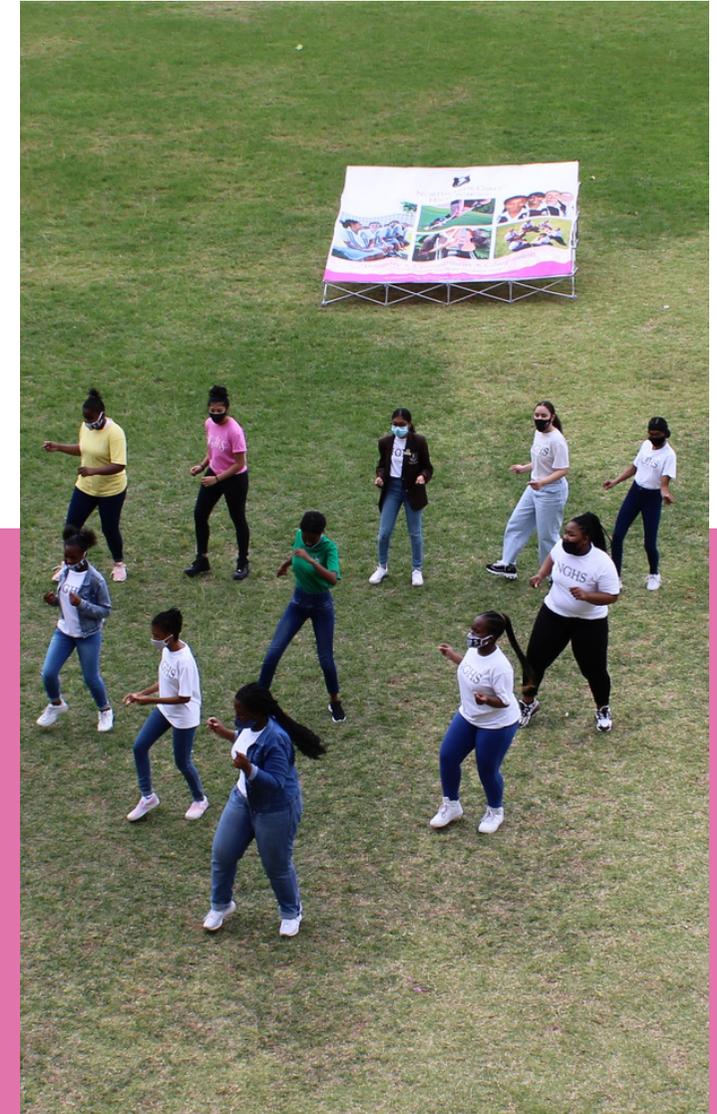
On Friday, 09 October 2020 we hosted an appreciation tea for our phenomenal groundsmen and cleaning staff.

They go above and beyond in ensuring our safety at school. Thank you to a member of our School Governing Body for their generous donation of hampers. We greatly appreciate your kind gesture.



Inter-House Jerusalema Challenge

On Friday, 16 October our learners and staff enjoyed a fun-filled and creative Jerusalema Inter-Class Dance Challenge. Thank you to Miss Ngema, Mrs Goliath, Coach Fenske and the rest of the team for organizing such a happy end to the week. Congratulations to Grade 8GD for winning the challenge!





Matric Dance 2020

On Saturday, 23rd October NGHS was thrilled to have the opportunity to celebrate the Class of 2020.

Our young ladies were elegant, poised and confident at their Matric Dance. Thank you to the Matric Dance Committee for such an elegant evening.

Awards from the evening:

Meme Queen: Our jester award for quirky humour on social media was presented to a witty, young lady who has a rather unique way of making us laugh. The recipient of this award was Kiara Jairaj.

Beyonce Knowles Award for Life of the Party:

This young lady was energetic and joyful. She was most likely to be the first person on the dance floor with her lively and dynamic personality. Nosipho Shange was the winner of this special award.

Amelia Mary Earhart Award for Courage and Persistence:

This learner was someone who knows what she wants from life and will let nothing stop her from achieving her goals. She expects nothing but the best and was willing to push herself by actively chasing her dreams. The winner of this award was Fezile Luthuli.

Butterfly Award:

The butterfly award was presented to a learner who had transformed herself into an elegant, graceful young woman. She looked absolutely fabulous and Talia Joyce had captured everyone's attention from the moment she entered the venue.

















Speech Day 2020

On Tuesday, 20 October we honoured the Class of 2020 at our Annual Prize Giving Assembly which was live-streamed on Youtube and shared with all the NGHS friends and family. It was an opportunity to celebrate the hard work, tenacity and commitment displayed by our young ladies throughout this challenging year.

Congratulations to all the prize winners. We are so proud of you!

Thank you to our prize sponsors, the School Governing Body parents, New Bridge College, Varsity College and Northlands Service Station. We value your support!



Accounting:
Tiara Pillay

Accounting and Mathematics:
Tiara Pillay

Afrikaans:
Zainab Modan

Afrikaans Oral:
Zainab Modan

Business Studies:
Aaminah Usuf

Computer Applications Technology:
Zainab Modan

Consumer Studies (Theory):
Anele Khoza

Consumer Studies (Practical):
Alisha Thavir

Dramatic Arts (Theory):
Fezile Luthuli

Dramatic Arts (Practical):
Fezile Luthuli

English (Theory):
Tiara Pillay

English (Oral):
Saranesa Pillay

French:
Anele Khoza

Geography:
Kiara Moodley

History:
Leah Govender

Information Technology:
Aaminah Usuf

isiZulu:
Notha Msomi

Life Sciences:
Keira Pillay and Tiara Pillay

Mathematical Literacy:
Sonia Tian

Mathematics:
Tiara Pillay

Mathematics Most Improved:
Denise Govender

Music (theory) :
Kristin Fraser and Tia Perumal

Music (practical):
Kristin Fraser and Lesandra Majola

Physical Sciences:
Zaryn Abbu

Visual Arts (Theory):
Saranesa Pillay

Visual Arts (Practical):
Uvenna Ramnanan

Visual Arts (Creativity and Progress):
Ayesha Bux and Chloe Naicker

100% Attendance:
Samara Govender





Tiara Pillay - DUX



Zainab Modan



Aaminah Usuf



Zaryn Abbu



Uvenna Ramnanan



Tinotenda Murombe



Tia Perumal



Sonia Tian



Saranesa Pillay



Samara Govender



Notha Msomi



Nicola Badrodin



Kiera Pillay & Tiara Pillay



Mary Clare Sardinha



Lesandra Majola



Leah Govender



Kiara Moodley



Kayla Berkenshaw



Fezile Luthuli



Denise Govender



Anele Khoza



Ayesha Bux



Alisha Thavir



Inspiration from our Dux

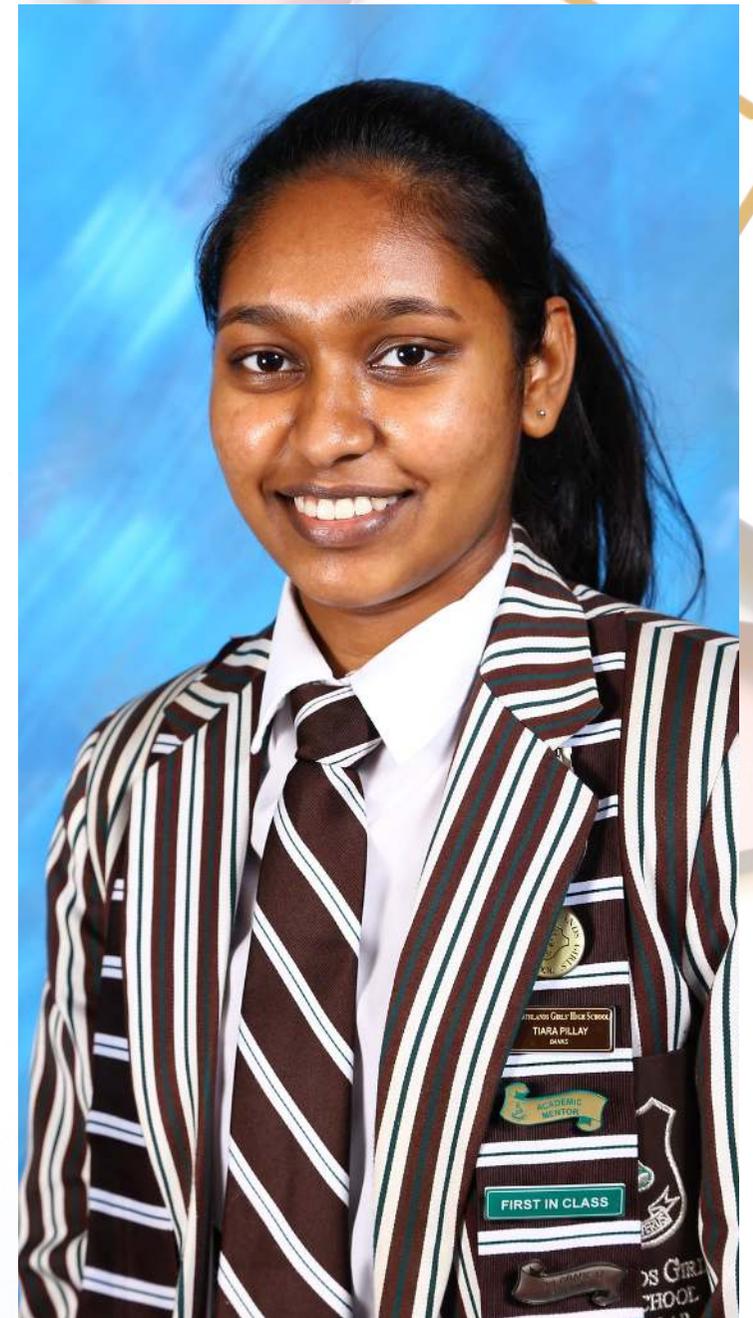
Achieving success during a global pandemic is not easy. The Class of 2020 experienced major challenges, however being a learner at Northlands Girls', we were privileged to have a dynamic set of Educators and a Management Team who made every effort to ensure we were tutored digitally. Thus making the transition back to school after the Covid-19 lockdown one that was smooth and stress free. They worked tirelessly to ensure that we were prepared for the most important exam of our lives.

A big thank you to my hard-working educators for always being passionate and going the extra mile to ensure that I reach my potential. As the Dux recipient of Northlands Girls', I am eternally grateful for the great influence that the school has had in moulding me into the individual that I am today.

My schooling career has come to an end and my many achievements would not be possible without the constant support and guidance from my awesome parents. It is through their faith and encouragement that I was able to work hard and persevere during this demanding year.

A special thank you to my fellow matriculants for making my High School career unforgettable. I will forever cherish the memories and friendships we have made along the way. The future is bright and beautiful. Love it, strive for it and work for it! Best of luck for the future and may your Integrity, Commitment and Compassion shine as you take on this next chapter in your life.

Tiara Pillay
DUX 2020



“All great achievements are attained through mighty obstacles.” — Abhijit Naskar

Matric 2020



Abbu Zaryn



Abdool Zuhairaa



Abechi Joanette



Badrodin Nicola



Barathlal Kiara



Basilio Taneal



Berkenshaw Kayla



Bhagarette Diyaksha



Boodhoo Riyah



Bux Ayesha



Canham Annisa



Chelliah Jade



Chetty Christobelle



Chetty Elle



Chetty Lakisha

Matric 2020



Coetzee Paige



Davaraj Sherel



Davenhill Leah



De Boer Amy



Dlamini Lindokuhle



Dlamini Siphesihle



Dzingwa Entle



Elisha Zoe



Fraser Kristen



Gordon Ashleigh



Govender Brin



Govender Denise



Govender Judelle



Govender Leah



Govender Samara

Matric 2020



Govender Tiffany



Green-Thompson Alyssa



Greeves Lauren



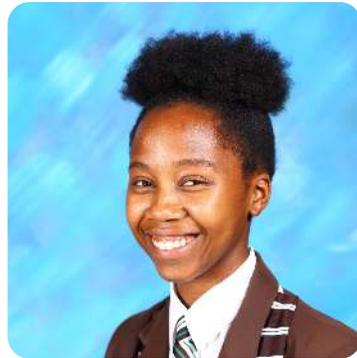
Gunas Primaskha



Kelisha Haripersad



Hlongwane Nomaswazi



Matyana Luthando



Mhlongo Kagemulo



Modan Zainab



Moodley Kiara



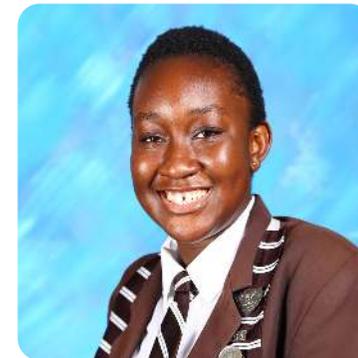
Moodley Shreya



Moreira Daniella



Munisamy Nerys



Murombe Tinotenda



Naicker Karmishta

Matric 2020



Naidoo Brielle



Naidoo Esther



Naidoo Kamona



Naidoo Oriyal



Nathoo Tarika



Ndlovu Bongeka



Nene Asanda



Ntsele Owethu



Nzuzwa Andiswa



Padayachee Diantha



Paruk Sadiyah



Perkett-Seethal Corey



Perumal Paige



Perumal Tia



Pillay Keira

Matric 2020



Pillay Saranesa



Pillay Tiara



Pretorius Cherzan



Ramcharitan Pia



Ramsaroop Mishka



Rasheed Bibi



Sardinha Mary-Clare



Shaik Maheera



Shange Nosipho



Sibda Raiiyah



Sibiya Luyanda



Singh Joelle



Thambiran Kalene



Thavir Alisha



Tian Sonia

Matric 2020



Usuf Aaminah



Van Der Wath Leya



Whyte Shaelin



Xaba Yoliswa



Xaba ZXamashwabada

SCHOOL SONG

Hear our joyful voices ring
As of Northlands School, we sing
We build on justice, faith and truth
Offering the pride of youth
And in the fellowship of friends
Find comradeship that never ends

The future may be joy or strife
But we will carry right through life
The knowledge that will set us free
To be the best that each can be
While in God's hand we place the key
Of our School's own destiny
While in God's hand we place the key
Of our School's own destiny

We will strive from day to day
To triumph both in work and play, so
We can meet with smiling eyes
Both in failure and the prize
Showing how to play the game
To give our School an
honoured name

Afrikaans Poetry



2020 turned out to be the most awesome year for Katelyn Van Wyngaart, currently a Grade 11 learner at Northlands Girls' High School. Earlier in the year, Katelyn took part in an Afrikaans Poetry Writing Competition (Grondwoorde) for High School learners in KwaZulu-Natal.

Northland Girls' High School is proud to celebrate with Katelyn, being the WINNER of the Senior Section of this prestigious competition.

Katelyn was awarded the First Prize of R10 000 early in 2021. Congratulations Katelyn! We are extremely proud of you!

Titel: Natal Nagte

Die stad se stêre skitter voor my oë
'n konstante kompetisie teen die hemel nag.
Die skepe op die verdweinde osean
Sweef nou in die lig.

Die maan- aankyker.
'n asemrowende prent-
nes n kunswerk in Parys;
van die mense wat hulle eie stories
vir haar verf
van die karre wat hulle rook soos kool penne gebruik
om direksies aan te dui
van die intimideerende ligte wat die kuns doek
vir haar versier
Natal nagte.

Dan begin dit alles weer

Die son wat die berge van geboue verhit
Die mense wat hulle daaglikse take aanvat
Die ligte wat onder die warm ster rus

Maar tog sal die maan weer kom
Tog sal Natal weer aan haar behoort

Titel: My Rots

Die kruis oorwin.
Die vis en brood vermeerder.
Die skaap van die wolf gered.

My Rots oneindig-

Titel: Spikkelkoei

Spikkelkoei voeding

Kou Kou Kou die spikkelkoei

aan die land se groen kombes.

Kou Kou Kou die spikkelkoei

om net daarvan onslae te raak.

Kou Kou Kou die spikkelkoei

Om groter en groter te word.

Kou Kou Kou die
mense aan die spikkelkoei



Media Coverage 2020

Publication: Durban North News
Date: Wednesday, January 15, 2020
Page: 8

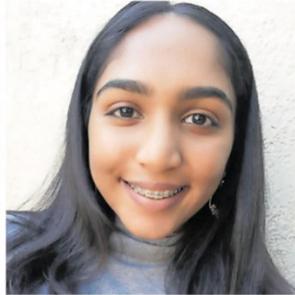
Congratulations Northlands Girls' Class of 2019



Varshuri Reddy



Taarika Moodley



Ria Naidoo

The IEB pass rate for the class of 2019 is 98.92 percent. A total of 12 597 pupils, full time and part time sat for the exam with 2 144 registered in KwaZulu-Natal. The Durban North News spoke with some of the Northlands Girls' High School top achievers.

1. Varshuri Reddy

Varshuri received seven distinctions out of eight subjects of which were advanced mathematics that she received a B for. "I was ecstatic when I received my results, because I was aiming and expecting to achieve seven distinctions," she said.

"I'm planning to study Actuarial Science at the University of the Witwatersrand or University of Cape Town, I'm still deciding between the two," she added.

Varshuri thinks the most important thing is to lead a balanced lifestyle. Have a study timetable in place, get enough sleep and eat healthy.

"I found that making notes and

mind maps and doing past papers helped me," she said. The 18-year-old said that it's not the end of the world for those who didn't achieve what they had wished too.

"It is very important to learn from our failures and to try again. When we fail, we should always rise and try even harder to succeed," said the young achiever.

Varshuri thanks her parents and grandparents for being her biggest support system, as well as her immediate family and friends who supported her throughout her matric year.

Varshuri thanks her parents and grandparents for being her biggest support system, as well as her immediate family and friends who supported her throughout her matric year.

"To those who didn't make it, don't give up and try again. It might be difficult and draining but the victorious feeling you get when you achieve your goal is worth all of it," she said.

Taarika said her biggest pillars of support were her parents whom she is forever grateful to. "Those late night cups of tea/coffee, study snacks and meals were small things that helped keep me going, when I got stressed out or panicked. My family, friends and teacher's constant belief in my ability to succeed, especially when I faltered, pushed me further than anything," she said.

Taarika said on Thursday, she received her final admission to study Veterinary Sciences at the University of Pretoria. When asked

what methods did she use to study, Taarika said doing past papers as practice exams in order to test her knowledge and identify her weak spots, helped.

Therefore I have decided to do a general BSc degree at the University of the Witwatersrand which will expose me to a variety of subjects and help me decide where my true passion lies before I find my purpose," said Ria.

Ria thanks her parents and said without them she would have probably been very sick, stressed and an unhappy child this year.

"In this hyped up year, where you are expected to produce great marks and decide your future, they have never once put pressure on me. Instead, they have always motivated me to do what is best for me, even if it meant stopping work for a while and taking a break.

They believed in me when I couldn't believe in myself. They told me that it's okay to make mistakes and in the wise words of my childhood idol, Hannah Montana, "everyone makes mistakes and everyone has those days". Your marks don't determine your future, you do," she explained.

Ria said that before starting to revise anything, Understanding needs to come first. She advised the class of 2020 not to be afraid to ask questions, use different resources and remember that practice makes perfect.

"I found that mind maps and flash cards were easy, handy things to study from and helped me remember information in a logical way. And then of course repetition, routine, hard work and consistency will get you through the rest. If you fail, try and try again.

Never give up. Learn from your mistakes and make a conscious effort to improve yourself. Remember that failure teaches you the greatest lessons," said Ria.

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Date: Wednesday, January 22, 2020
Page: 8



Grade 8 pupils were welcomed to Northlands

Northlands welcomed class of 2024

Northlands Girls' High School welcomed an excited and enthusiastic Class of 2024. The Grade 8 pupils were joining the school for the first time.

The executive body, school management team and staff welcomed the pupils and their families to the NGHS family. The pupils had an opportunity to ring the school bell, as a symbol of the new and exciting things to come.

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Date: Friday, January 17, 2020
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Northlands Girls' High School claims victory

THERE was much excitement as matriculants gathered at Northlands Girls' High School for their results on Wednesday. The school was proud to announce that they had a 100 per cent pass rate.

"Our class of 2019 has made us proud," said Kerran Backhouse, marketing and communications manager for the school. Matriculant,

Varshuri Reddy was named Dux with seven distinctions. "I'm ecstatic. I didn't expect to do as well as I did," she said. The matriculant took advanced Maths as an eighth subject, scoring a 'B'.

Graduating with five distinctions each were: Keshshalia Govender, Taarika Moodley, Bianca Naidoo and Ria Naidoo.

Five learners matriculated with four distinctions each:

Seyanne Govender, Masecha Nazeer, Dominique Pather, Yuvasta Ramdularay and Souul Shanskreet. Zara Brun was among the eight learners who matriculated with three distinctions each.

"We were well prepared by our teachers, so I felt organised," she said.

"This year I am working for various promotional companies and I'll be joining Greenpeace," she added.

Also matriculating with three distinctions were: S'Nenlanhla Mncwango, Caitlin Naicker, Runendo Nyamunda, Darmini Pillay, Toyah-Lee Ramsay, Simriti Singh and Nina Welthagen. "We'll done to all our Learners, their outstanding achievements are testament to their hard work and perseverance over the past five years," concluded Backhouse.



Zara Brun had three distinctions while Varshuri Reddy was awarded Dux with seven distinctions.

Happy Valentine's Day

On Friday, 14 February, the world celebrates Valentine's Day. For Northlands Girls' High School learners, Nicola Bladodin (deputy head girl junior school), Mary-Clare Sardinha (head girl) and Zama Xaba (deputy head girl - senior school) the message is simple: spread love not only on Valentine's Day but throughout the year. As per tradition several learners from Northwood School will visit various girls-only schools on Friday to hand out roses.

PHOTO:
Shiraz Habbib



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Mary-Clare makes a splash for charity

NORTHLANDS Girls' High School learner, Mary-Clare Sardinha, was one of thousands of swimmers who swam this year's aQuellé Midmar Mile for the CHOC Childhood Cancer Foundation.

The Grade 11 learner channeled her passion for sport into fundraising and raised more than R16 000 for the foundation as well as swam as part of the 8-Mile Club.

Sardinha, who is head girl at the school, said she was proud of her efforts.

"I had done a few Midmar Miles prior to this year's swims but I've always wanted to dedicate my swim to charity. I'm incredibly happy to be part of the CHOC cows and of the money I was able to raise. I used various platforms like Facebook and Instagram to get the word out there and tell people what a great cause this is. I hope I inspired other learners around the province to do something similar," she said. "For me it was a great event to tackle and by swimming for CHOC I feel you get the sense of contributing to a greater cause while taking on the personal challenge of swimming the Mile," Sardinha said.



Planting the seed



The girls were keen to participate in the upliftment of the pool

The Environmental Conservation Club at Northlands Girls High School were recently asked to participate in the upliftment of the Durban North Community swimming pool by revamping the

gardens and planting some new indigenous plants.

The girls have taken on the project with enthusiasm and have seen the fruit of their labour already. They

have been quite excited to get their hands dirty and the Durban North Community is thankful for their help. The school thanks the Envirofixers for the opportunity to partner with them.



Northlands Girls' High School learner, Lasandra Majola.

Lasandra hits the right notes for charity

THE heart of a volunteer relies on a number of factors, which include passion, time, energy and dedication. Brought together by her passion for helping others, Northlands Girls' High School learner, Lasandra Majola puts her passion into action.

The Grade 12 learner has her own NPO, the Lasandra Organisation which supports 15 families with groceries for the month.

Majola who is a talented singer, uses money raised from her gigs to put towards the foundation.

"I ran out of ideas for naming my NPO so I just called it the Lasandra Organisation," she laughed. "The motivation to start the NPO was seeing so many homeless people on the streets around the City who go hungry everyday. I often imagine myself in their shoes and think how awful it must be to go hungry. Whenever I perform I put the money I earn aside towards the foundation and each month I buy the 15 families their groceries for the month," she said.

The songstress supports families from KwaMashu, Inanda and Newlands East.

Incredibly, the Grade 12 learner raised more than R25 000 for the foundation. "My ultimate goal would be to spread love and have different branches of my foundation in other parts of the country," she said.



HIGH SCHOOL

Nicola is 'toast' of town

NORTHLANDS Girls' High School Grade 12 learner, Nicola Badrocin, has recently embraced her role as a mentor and a leader. The deputy head girl at Northlands Girls' not only inspires and uplifts her fellow learners in the lower grades but she also helps mentor and coach young, up-and-coming hockey players at her hockey club, Crusaders.

Badrocin who is also the school's first team hockey captain has proven herself adept in the water as well as a long-time member of the Umhlanga Rocks Surf Lifesaving Team. She was also involved with a learn to swim programme by her club where learners from Solomon Mahlangu Primary School (formerly ML Sultan Blackburn Primary School) were trained on water safety.

If that wasn't enough, last year Badrocin proved she also had the 'gift of the gab' by winning the Telkom Award for Youth Leadership Best Evaluation at a Toastmasters competition.

"I decided to get involved with Toastmasters because I felt it would help me with public speaking and leadership. I like to challenge myself and rise to the challenge so I took part in the different sectors of Toastmasters including debating. Winning the Award

meant the world to me because it was an extremely challenging competition. I would also like to continue with it after my matric year," she said.

Commenting on her coaching, Badrocin said she felt it was important to mentor young players.

"I have always enjoyed helping others better themselves whether its in the water or on the hockey turf. I feel being placed in a leadership role is all about mentorship and bringing out the best in others which I strive to do," she said.

Besides playing hockey for the school, Badrocin is also part of the swimming, cross-country and debating team.



Northlands Girls' High School learner, Nicola Badrocin.



A game of hockey

The Northlands Girls High School (NGHS) Hockey Teams played against the Crawford La Lucia on Saturday

The Northlands Girls High School (NGHS) Hockey Teams enjoyed a morning of friendly matches against Crawford La Lucia on Saturday, 14 March. The hour long games allowed the teams to develop their skill and stamina ahead of the outdoor hockey season. The NGHS thanks Crawford La Lucia for hosting them and for the support and dedication they have shown to improve their teams.

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Northlands opens its doors to their grade 12 pupils

IT'S BACK TO SCHOOL, AGAIN

Northlands Girls High grade 12 pupils were filled with joy on their first day back to school after a long two months break away from their desks.

The reopening of schools comes after Minister of Basic Education, Angie Motshega, addressed the nation on Sunday, on the school readiness to resume classes for Grades 7 and 12 as of Monday, 08 June.

The Northlands Girls High was part of the 95 percent of the schools that were ready to open its doors on Monday.

Northlands Girls High School principal, Thaven Fleday said that pupils and teachers will have their temperature taken three times during the school day. "We have put all our Personal Protective Equipment (PPE) in place and are ready to welcome

back our staff. We have also far more stringent set of protocols for entry into our school," he said.

Fleday has also requested that parents, as far as possible, should avoid visits to the school premises during operating hours as they are striving to keep the school as sterile as possible. "Every person that enters the school premises will be screened and signed in. Should the person

fail the screening protocol, they will not be allowed on the school premises. If pupils also fail the screening process, they will be isolated and parents will be contacted immediately.

He said that maintenance and cleaning staff at the school are working tirelessly to keep the school premises safe and in readiness at all times. "We have also hired an

independent sanitizing company to clean and disinfect the entire school.

As part of the PPE, we have foot operated hand sanitizer dispensers, thermal scanners for screenings, masks for teachers and pupils, bulk hand sanitizing liquid, liquid disinfectant to ensure all rooms are sanitized every day and Perspex screens for the reception," he added.





Thisia makes a splash for cancer

FOR the last six years, Northlands Girls' High School learner, Thisia Gounden, has swam the aQuellé Midmar Mile to raise funds for PinkDrive.

The organisation is a breast cancer educational and fundraising NGO which helps thousands of women across the country.

The Grade 11 learner has raised more than R6 000 for the organisation and also helps her mother and father with other charitable initiatives. "My grandmother, who was diagnosed with cancer and is now in remission, helped motivate me to make a difference. She was scared the first time I took on the Midmar Mile but I keep her in my mind when I need motivation. I also feel by doing the swims it's important not only to raise funds but also awareness on early detection and the amazing work PinkDrive do," she explained.

Gounden has in the past also been involved in charity swims her school does for the Cancer Foundation of South Africa (CHOC) and CANSA.



Northlands Girls' High School learner, Thisia Gounden.

While lockdown has affected her pool work, Gounden has continued with training at home and has helped her father buy food for a local homeless shelter.

"I feel if you are in a position to help you should do everything you can to give back. There are so many underprivileged children who need help and I enjoy being part of initiatives benefiting others. My father buys food every month for a homeless shelter and that's something I help him with, we don't do it for the recognition but to help others in need," she said.



Jessica gives back during pandemic

A DEFINING feature of the novel coronavirus outbreak has been the concept of social distancing, however far from it driving some communities apart, it has brought them closer, at least in the charitable sense. This is true for Northlands Girls' High School learner, Jessica Fennessy, who has been helping her mom pack food hampers for communities in need during the lockdown.

Fennessy has also donated funds from her savings account to purchase essential items like vegetables and rice and has also started a collection for clothes, stationery and toys for families in need.

The Grade 11 learner also volunteered her time at the Denis Hurley Centre in the CBD helping prepare food for the homeless.

"I really saw the impact the lockdown had had on various communities

around Durban and that's why I had to help my mom who was collecting food and other items for 21 families who were in desperate need of help and going hungry because of the lockdown. Through community members and a work colleague of my mom we started a food drive and I helped pack several hampers which were then donated on a weekly basis to the families.

"There are over 100 people across the 21 families we support. I have also used my own savings account to buy items which we then packed into the hampers. I feel you should help if you are able to because it's not hard to see people are suffering and struggling to make ends meet. I'm privileged to be in a position to give back and I felt compelled to help wherever I could," she said,



Northlands Girls' High School learner, Jessica Fennessy.





Vani Rangasamy (right) has been named as the deputy principal of Northlands Girls' High School. She is congratulated by Mary-Claire Sardinha (head girl).

Northlands Girls' appoints new deputy

VANI Rangasamy has been appointed as the new deputy principal of Northlands Girls' High School (NGHS).

Rangasamy has been an integral part of NGHS since she joined the school as a teacher in 1999.

Known for her passionate teaching style and caring approach with learners, Rangasamy has in the past acted as deputy principal and principal.

"Mrs Rangasamy is a dedicated member of the school and has contributed greatly to the development of staff and learners who have been taught by her over the years. She has consistently inspired and guided staff at the school with her integrity, commitment, and compassion. The school looks forward to this exciting new era of leadership," said Theven Reddy, principal of NGHS.

"I've been with the school for 21 years and I love what it stands for..."

Speaking on her appointment, Rangasamy said she was honoured to be named as deputy principal.

"I've been with the school for 21 years and I love what it stands for, so being appointed officially as the deputy principal is an honour. It does feel a little strange I think in part due to the learners not being around. Having been acting deputy principal for almost a year I feel I'm settling in and adapting to any challenges that arise I've received tremendous support from the school governing body, the staff and the learners which has been heartwarming," she said.

Congratulations Grade 11 achievers



NGHS principal, Theven Reddy among the grade 11 top achievers

Northlands Girls High School (NGHS) hosted their second Virtual Awards ceremony for their Grade 11 achievers on Friday, 10 July.

Only the awardees and a few staff members were present at the ceremony.

Safety precautions such as wearing of masks and social distancing

protocols were adhered to. The ceremony was live-streamed to the classrooms so that the rest of the school could share in their friend's achievements.

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From left: S Wilmans, CA Myburgh and JA Strauss of Ferrum High School.

FHS makes Top 10 in KZN

Ferrum High School has once again excelled academically. According to Charissa Roodt of the FHS Marketing Department, the Department of Basic Education reported on the performance of all the secondary schools in South Africa.

"However, it's not only about achieving a 100% pass rate, but also depends on the total of students who wrote and passed the exams – it is easier to ensure a class of 20 pass the exams than classes

with 300 students. Ferrum High School had 183 students sit in the 2019 final exam," she said/

"The quality of matric results also depends on how many learners take MATH and PHSC. At Ferrum there were 129 learners who wrote MATH and only 44 who wrote MLIT; 89 learners wrote PHSC. Ferrum High School prides itself in giving learners the opportunity to get the best qualifications at tertiary institutions."

The Top 10 KZN schools are as follows:

10. Howick High School
 9. Northlands Girls High
 8. Eshowe High School
 7. Danville Park Girls High School
 6. Ferrum High School
 5. Queensburgh Girls High School
 4. Kloof High School
 3. Westville Girls High School
 2. Pietermaritzburg Girls High
 1. Durban Girls High
- Congratulations Ferrum!



Chelsey opens her heart to those in need

At the core of Northlands Girls' High School Grade 8 learner, Chelsey Pillay's heart are the values of commitment and compassion. This was on full display this year as Pillay supported the Domino Foundation's Baby Home during the lockdown period. If that wasn't enough the youngster has also taken on supporting the SPAR Winter Warmers Challenge.

The country wide initiative encourages residents to donate clothes and blankets which are then donated to the homeless and impoverished.

"This lockdown has been very tough on everyone but especially the poor and the homeless. During the year my school regularly makes contributions to the Baby Home but due to the lockdown this wasn't possible.

"So with the help of my mom

"This lockdown has been very tough on everyone but especially the poor and the homeless"

and dad I decided to keep supporting them where I could. I donated several bags of groceries and food to the home and I also donated a few movies for the carers and babies to watch.

"I feel it's important if you are in a position of privilege to help where you can. That's why I also decided to support the SPAR Winter Warmers Challenge which is such a great cause. Our winter here in KZN has been more severe this year and there are thousands of people that need help.

"So I've managed to donate a few of my own blankets and clothes and I've asked my family to also help out. We have to keep those in need warm this winter," she said.

Pillay added she also encouraged her fellow classmates at the school to help where they could.



Northlands Girls' High School learner, Chelsey Pillay.



Grade 10s "Triskele- Land, Sea and Sky" submissions

Northlands Girls' High School (NGHS) Grade 10 and Visual Arts pupils recently submitted creative and colourful pieces to the annual Reddam House Art competition.

The theme was "Triskele - Land, Sea and Sky". The school said it is proud to be part of the exhibition. The work will be displayed for the judges' assessment.

Pictured: NGHS Visual Arts submissions



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Well done girls!

Last week, Northlands Girls High School Grade 12 Visual Arts pupils held their Annual Art Exhibition which is a requirement for their practical mark.

The school thanked Miss James and Miss Verga for their hard work and support of the girls.

The Grade 12 pupils produced high-quality work in the midst of Covid-19 and received high praise from the examiners.



Northlands Girls High School Grade 12 Visual Arts work

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Singer puts her money where her heart is



THE heart of a volunteer relies on a number of factors, which include passion, time, energy and dedication. Brought together by her passion for helping others, Northlands Girls' High School learner, Lasandra Majola puts her passion into action.

She recently started her own NPO, the Lasandra Organisation which supports impoverished families. Majola who is a talented singer, uses money raised from her gigs for the foundation.

This year the Grade 12 learner released her very first single, *Senzeni* to raise awareness and take a stand against gender-based violence (GBV) in South Africa.

"I released the song on my YouTube account in August and the feedback from everyone has been incredibly positive. My hope is that it resonates with young people because they can bring about change. The song is in Zulu but I've also put in the translation of the lyrics in English to spread the message. I've had people message me saying thank you for doing this and having frank and open discussions around GBV," she said.

Majola who has been helping families in need said she had also seen the effects of the Covid-19 pandemic take hold.

"The motivation to start the NPO was seeing so many people go hungry everyday. I often imagine myself in their shoes and think how awful it must be to go hungry. This year has been

"The motivation to start the NPO was seeing so many people go hungry everyday"

even tougher for those families who are struggling because people have lost jobs. Whenever I perform I put the money I earn goes towards the foundation and I then buy the families I support groceries for the month," she said.

The songstress supports families from KwaMashu, Inanda and uMlazi.

"My ultimate goal would be to spread the love and have different branches of my foundation in other parts of the country," she said.



Northlands Girls' High School learner, Lasandra Majola.

Remembering the vulnerable on World Food Day

Northlands Girls High School (NGHS) pupils celebrated World Food Day last Wednesday to highlight the plight of 870 million, undernourished people in the world. The school said that most of these people live in rural areas where their main source of income is agriculture.

"Global warming and the biofuel boom are now threatening to push the number of hungry even higher. World Food Day is in remembrance of the founding of the Food and Agriculture Organisation (FAO) of the United Nations, in 1945, as an organisation that deals with global food and agricultural issues," the school said.



NGHS pupils remembering those who go to bed hungry



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Celebrating Zulu culture with yummy food



Grade 12 IsiZulu Northlands Girls High School pupils enjoyed an IsiZulu meal with their teachers.

Grade 12 pupils at Northlands Girls High School ended their formal lesson with a celebration of culture.

Mrs Shange, Miss Bayi, Miss Christie and the Grade 12 IsiZulu pupils enjoyed a traditional IsiZulu lunch in the library gardens.



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Excited learners from Mzuvele High School transport the desks into their school.

Desks donated to aid KwaMashu school

NORTHLANDS Girls' High School (NGHS) recently donated 120 school desks to the Mzuvele High School in KwaMashu.

During the hard lockdown, the school was targeted by criminals and also sustained substantial fire damage to the property after a classroom was set alight.

Principal of Northlands Girls' High School, Theven Reddy, said the School Governing Body were instrumental in getting the donation off the ground.

"To be able to give back, especially to a school in a neighbouring suburb is extremely pleasing. We've had the desks in storage for a number of years and the school governing body encouraged us to find a school to donate the items to. When we heard about what had happened to Mzuvele High School during the lockdown, we felt it best to help a local school in need," Reddy said.

Kerran Backhouse, marketing manager for NGHS concurred with Reddy's sentiments.

"One of our school's core values is compassion so this was a wonderful opportunity to give back to the community around us. The fire at the school destroyed a number of desks and school textbooks. We are also hoping to donate a number of textbooks to the school in the coming months," she said.

Principal of Mzuvele High School, Zinhle Msubo said she could not thank Northlands Girls' High School enough



Northlands Girls' High School staff, Kerran Backhouse (marketing manager) and Theven Reddy (principal) said they were only too happy to help Mzuvele High School in KwaMashu with a donation of 120 school desks.

for the donations.

"The donation has meant the world to us. Due to the vandalism and thefts we've had a severe shortage of desks at the school. We were at a point where children would be sharing desks. We were also concerned for our matric

learners as we didn't have enough desks to accommodate them for the December exams but thanks to Mr Reddy and Northlands Girls' we are now able to. It's a huge relief for us. We welcome any donations to help the children at our school," she said.

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Kayla aims to net her goals

NORTHLANDS Girls' High School learner, Kayla Berkenshaw, has set herself a goal of making the South African softball team for the Olympic Games. The talented matriculant has proven her skills in softball but also in outdoor and indoor hockey and has made several KwaZulu-Natal age group teams in her schooling life.

With this year's sporting events being cut short due to the coronavirus pandemic, Berkenshaw feels she has to look at the positives and focus on achieving her goals in 2021.

"One of the highlights for me was being part of the Northlands Girls' indoor hockey team who finished their season unbeaten. That was a fantastic feeling.

"I was also selected at the end of last year for the Elite U17 squad for softball and sadly there were no more competitions and games scheduled for this year because of Covid-19.

"I have received a



Northlands Girls' High School learner, Kayla Berkenshaw.

scholarship to Varsity College for next year and I'm focusing on playing hockey for them, both indoor and outdoor. My goal from there is to make the KZN U21 team and then the Raiders team. Of course the main goal would be to make

the South African hockey team for the Olympic Games, possibly in 2024. That would be the ultimate," she said.

Berkenshaw, who plays goalie on the hockey turf, was influenced by her mother who was also a goalkeeper.



Northlands host annual awards day

Last week, Northlands Girls' High School honoured the Class of 2020 at its Annual Prize Giving Assembly. The prize-giving assembly was an opportunity to celebrate the hard work, tenacity and commitment displayed by the learners throughout this challenging year. Tiara Pillay was named the Dux of the school, while Aminah Usuf, was named the runner-up to Dux and Zainab Modan was third in Grade 12.



Nicola Badrodin (pictured) was awarded the trophy for Exceptional Progress in Sport while fellow matriculant, Kayla Berkenshaw was awarded the trophy for Commitment to Sport.



New 2021 executives for Northlands



The new Executives will start their term of office in Term 4 this year

Northlands Girls' High School proudly announced the new executive leadership body for 2021 on Friday, 23 October.

The new executives will start their term of office in Term 4 this year. Northlands Girls' High School will announce their head girl, deputies, pillar heads and portfolio leaders at a special executive assembly on 14 December.

The new chosen executives are, Surayah Ally, Zoë Barratt, Deyajal Bisseru, Jordan Classen, Mishka Dewlok, Trinity Godfrey, Yashni Govender, Andiswa Gumede, Fathima Kureshi, Yajna Kussalpersad, Sbahle Madlala, Mbali Magwaza, Husnaa Begum Mahomed, Yandiswa Makhubu, Nida Manjoo, Teagan Minkley, Kheya Mistry, Danielle

Moodley, Naledi Mpetsane, Sajna Naicker, Shaista Naicker, Fahren Naidu, Sinakhokonke Ngubane, Fezeka Nontlanga, Yoliswa Oliphant, Alexandra Paine, Téo Pillay, Yelena Pillay,, Virginee Pitchers, Zoë Sikhakhane, Keziah Smith, Diya Valjee and Katelyn Van Wyngaard. The school looks forward to a successful year with their new, young leaders.

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'Elegant, poised and confident'



Northlands Girls' High School Matric Dance

Northlands Girls' High School was thrilled to have the opportunity to celebrate the Class of

2020. The young ladies were elegant, poised and confident at their matric dance on Saturday, 24

October. The school thanked the matric dance committee for such an elegant evening.

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Well done Kiera

Northlands Girls' High School Grade 8 pupil, Kiera Dookie has made it into the National KZN Indoor Hockey Team as a goal keeper.

She will be competing with the indoor KZN PSI Team, in Cape Town against other provinces in South Africa during December.

Pictured: Kiera Dookie



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Classifieds

Don't miss your 2021 calendar inside this week's paper, compliments of the Northglen News Classifieds Team.



Karthy tells of her green and gold ambition

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Give hope to underprivileged with 'sole'ful donation

The Soul2Sole Project, an initiative of conservation NPO, Blue Sky Society Trust is hosting a donation drop at Eastman's SPAR on Tuesday, 15 December on the rooftop parking. The essence of the project is to provide as many underprivileged children as possible with a pair of school shoes. All shoes donated will be cleaned and then donated to children who don't have any school shoes from underprivileged areas across the country. According to organizer, Carla Geyser, shoes are symbolic of pride and give confidence to young learners knowing that they can walk to school in comfort and that's what she hopes to encourage with the donation at the SPAR between 10am and 1pm. Northlands Girls' High School learners, Hlani Singh and Yelisa Mduli said they also hope to donate their school shoes to the collection drop point.

[Read more about this project on page 10](#)



Northlands Girls' High School Grade 9 learners, Luthando Zondi and Gizane Wright urge residents to support the Soul2Sole project by donating previously loved school shoes to the collection. The project will host a donation drop at Eastman's SPAR on Tuesday, 15 December.

Bare your sole for charity

CARLA Geyser, founder of the NPO, Blue Sky Society Trust has urged Durbanites to support the Soul2Sole Project which is hosting a donation drop at Eastman's SPAR on Tuesday, 15 December on the rooftop parking. The essence of the Soul2Sole Project is to provide as many underprivileged children as possible with a pair of school shoes. Geyser, who is the initiator of the Soul2Sole project said since 2015, more than 9 600 previously loved school shoes have been donated to those in need. "We have several Durban school's who partner with us and at the end of the year they donate their previously

loved school shoes to the Blue Sky Society Trust's Soul2Sole project. These shoes will be collected, cleaned and then donated to children who don't have any school shoes. Our corporate sponsors, Lion Match Brands also donates hundreds of new pairs of school shoes as well and our logistics partner Aramex takes the shoes to all parts of the country. We are urging the north Durban community to donate any school shoes, lekkies or soccer boots to the cause on Tuesday, 15 December," Geyser said. "I started the project because of my conservation work. I've travelled to various parts of the continent

and I'm acutely aware of just how many school children have little or no access to a pair of school shoes. Since our inaugural event, we've distributed more than 9 600 shoes to underprivileged children across SA. We also give each child a tin of shoe polish to take care of their shoes. We've already donated more than 3 000 pairs this year alone," she said. The project will also host a donation drop at Eastman's SPAR (Ashley Avenue-Glenashley) on Tuesday, 15 December on the rooftop parking. Residents are encouraged to drop off and donate previously loved school shoes to the project between 10am and 1pm.

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Lasandra hits the right notes

Northlands Girls' High School Grade 12 learner, Lasandra Majola recently competed in the Durban Rising Stars concert. The recitals showcased the cream of the crop of KZN's up-and-coming young performers. Majola was one of 10 performers who performed from a wide range of works across the various style periods, which included items from as early as the Baroque era through to contemporary works.



#PROUDLYNGHS



NORTHLANDS GIRLS' HIGH SCHOOL

Thank you to our SGB,
Parents, Learners &
Staff for your support,
hard work and
dedication throughout
2020.