

Meals on Wheels of
the Palm Beaches

Annual Report 2020

Serving Seniors
More Than a Meal



Meals On Wheels

**PALM
BEACHES**

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President and CEO Pamela Calzadilla with Board Chairman Susan Kilpatrick

Highlights:

A Year of Challenges

Meals on Wheels of the Palm Beaches' services were in high demand and quickly changed due to the onset of the Covid-19 pandemic in March 2020. We abruptly suspended 150 volunteers who helped plate, package, and deliver a daily hot meal to our clients. While volunteers were on furlough, we were enrolling the ever increasing number of seniors who were finding themselves homebound. Through a concerted team effort of fewer than 10 staff member, we kept our doors open and pivoted to providing a once a week delivery of 10 frozen meals – including breakfast – until the end of July. By implementing new policies and procedures guided by the Florida Department of Health and the CDC, we effectively brought back about 40 volunteers and three days of hot meals, with an additional frozen meal to supplement the non-delivery days. We are happy to report we were successful in achieving our goal to keep everyone safe and healthy.



Program Growth



- Expanded service to residents in Royal Palm Beach and Jupiter.
- Enrolled 100 newly homebound seniors.
- Delivered close to 6,000 total meals per month or almost 90,049 meals by year's end.

Community Support

- Received 386 gifts with 183 coming from new donors.
- Increased support helped provide no-cost meals to clients from March to September.
- Provided meals to nearly 100 qualified homebound veterans, thanks to help of Quantum Foundation.
- Selected by Tiger Woods and his TGR Ventures team to receive a notable grant for Covid relief following The Match: Champions for Charity golf tournament.

Kitchen Improvements

- Improved menu, thanks to a new chef with country club experience, by creating a wider variety of delicious dishes.
- Receive a \$5,000 grant from the American Culinary Foundation, secured by Chef Daniel.
- Thanks to Ibis Charities Foundation, provided clients with unforgettable meals over the entire week of Thanksgiving. Meals included a complete turkey dinner, and sliced beef tenderloin over scalloped potatoes, with roasted asparagus and portobello mushrooms.



Why We Support Meals on Wheels

Novel Brown Volunteer Driver



A small note in the newspaper brought Novel Brown to Meals on Wheels of the Palm Beaches. It was 2014, two years after Brown – a U.S. Air Force veteran, a sewing

machine salesman and a 27-year Pratt Whitney employee – decided to give up his small home-repair business and fully retire. Brown signed up to deliver a route in West Palm Beach, one that he now delivers two days a week. On the route are four clients he's grown close to and spends time with each week. "They are like family," he says. "We are concerned about each other and I look forward to seeing and talking with them each visit."

“
Delivering Meals on Wheels is a wonderful way to do something that means a lot to homebound seniors and at the same time satisfies my desire to help others. I know it sounds corny but I receive more out of doing this than I can ever give.
”

Joel Goldberg

Admiral's Cove Foundation Grant Committee Member



One of the first organizations Joel Goldberg visited after becoming a member of the Admiral's Cove Foundation's grant committee was Meals on Wheels of the

Palm Beaches. He was impressed immediately. "When we entered the kitchen, you could actually feel the organization had a beating heart, a mission, and a sense of pride and accomplishment," he said. "The more we sat and talked, the more I became enthralled." Goldberg, a retired business owner from Chicago who moved to Jupiter's Admiral's Cove in 2017, worked with other committee members to help Meals on Wheels of the Palm Beaches with a grant to cover its expansion into northern Palm Beach County. In 2020 Admiral's Cove awarded the organization a second grant to help with Covid relief.

“
The more I learned about it, the more I could see that Meals on Wheels of the Palm Beaches was not only feeding the body, it was also nurturing the soul.
”

Lisa Furfaro

Co-owner Angelo's Restaurant and Bar



As a small business owner, Lisa Furfaro is supporting Meals on Wheels of the Palm Beaches in more ways than one. In addition to delivering meals to homebound

seniors in Jupiter, Furfaro with her husband and co-owner, Michael, helps the organization raise funds by participating as the lead restaurant in its Pie In July event and by leading a team in the fall fundraiser, Pie It Forward. "Meals on Wheels hits home for me in many ways," she said. "Being the daughter of an older person, I understand how hard it can be for those who might have difficulty accessing food or being able to put a meal together."

“
I love the friendly visits, and knowing there are always smiles on the other side of the door when I arrive with their meals. I come home every day happy knowing I made a small impact in their life and left making a new friend.
”

Randy Scheid

Quantum Foundation Chief Strategy Officer



When Meals on Wheels of the Palm Beaches needed help getting started a decade ago, one of the first funders it turned to for help was Quantum Foundation.

Since then the foundation has awarded a dozen grants to Meals on Wheels of the Palm Beaches totaling close to \$400,000 with funds going to provide meals to qualifying veterans at no charge as well as partially covering the cost of an additional Saturday meal. "Meals on Wheels of the Palm Beaches addresses the barriers that commonly impede access to adequate nutrition for homebound, low income seniors in Palm Beach County," said Randy Scheid, the foundation's chief strategy officer. "It is a high-touch organization that cares deeply about its clients."

“
For some, Meals on Wheels of the Palm Beaches can literally be the difference between remaining in their home or needing to relocate to an assisted living facility. It is more than a meal.
”

Special Thanks to Major Donors and Grant Funders in 2020

Expense Highlight

Program expenses increased 80% in one year due to the increase in the number of seniors in need.

Revenue Highlight

Saw a significant increase in overall donations without receiving any government funding.

Special Thanks to Major Foundation Donors and Grant Funders

Admiral's Cove Foundation Inc.
 American Endowment Foundation
 Bank of America Charitable Foundation
 C. Kenneth & Laura Baxter Foundation Inc.
 Carrier Corporation c/o UTC Global Financial Services
 Community Foundation of Palm Beach and Martin Counties
 First Republic Wealth Management
 Holy Trinity Episcopal Church
 Ibis Charities Foundation Inc.
 J S & S Michaan Foundation
 Lattner Family Foundation
 Law Enforcement Trust Fund (LEFT)
 L.A. W Foundation Inc.
 Leslie L. Alexander Foundation
 Lost Tree Village Charitable Foundation
 Meals on Wheels of American
 Mirasol Foundation Inc.
 Publix Super Market Charities
 Quantum Foundation
 Sidney Kohl Family Foundation
 The Celia Lipton Farris & Victor W. Farris Foundation Inc.
 The Jehle Reidy Family Foundation
 The Mary Alice Fortin Foundation
 The Windmill Foundation
 Turner Broadcasting Systems Inc.
 The William H. Donner Foundation
 United Way of Palm Beach County

Revenue and Support

Contributions (including restricted funds) *_____	\$1,163,881
Special Events_____	\$271,230
Contract Services _____	\$159,318
Interest Income_____	\$311
Net Asset Released from Restrictions_____	\$329,126

Total Revenue _____ \$1,923,886

Expenses

Program Services_____	\$1,004,867
Administration_____	\$115,282
Fundraising _____	\$97,339

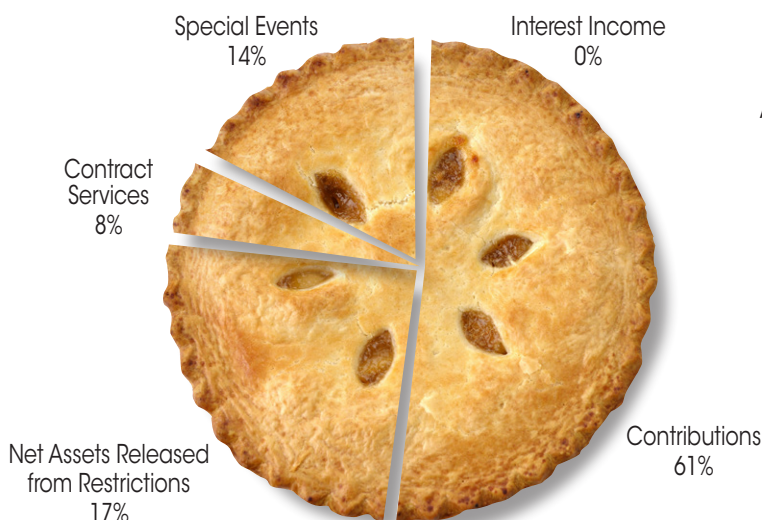
Total Expenses _____ \$1,217,488

Increase in Net Assets _____ \$271,953

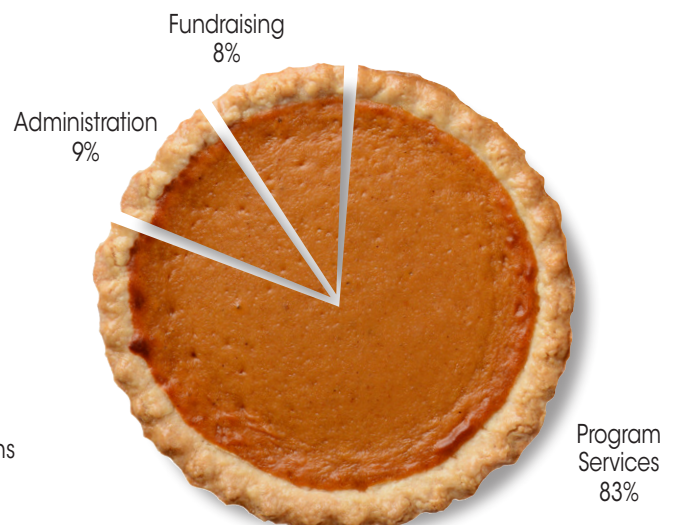
Net Assets, Beginning of Year \$1,788,572

Net Assets, End of Year _____ \$2,060,525

Revenue:



Expenses:



Who We Serve



Randy Baker

Meals on Wheels of the Palm Beaches' Client since fall, 2019

Getting around is not easy for Randy Baker. He is a disabled veteran who earned a chest full of medals while serving in the Air Force and who ran a successful pool cleaning business before retiring two years ago. Randy suffers from severe back issues and depends on a cane and a walker – even for short distances. Health issues made it difficult for him to go food shopping or stand long enough to prepare his own meals, resulting in a lack of proper and adequate nutrition. That changed however in the fall of 2019 when Randy, 76, heard about Meals on Wheels of the Palm Beaches. He now receives six nutritious meals each week delivered by volunteers who have also assisted him with everything from getting a new walker to fixing his air conditioning. Through the Animeals program, Meals on Wheels of the Palm Beaches also helps Randy feed and care for his two 14-year-old cats, Tiggie and Kyria – thanks to a grant from Danny & Ron's Rescue.



My main concern was trying to eat properly and stay healthy. Meals on Wheels now makes that possible.

By the Numbers



Pre-Covid Photos by: Melissa Moran Photography

Sixth Annual Pie It Forward

Pie It Forward – Meals on Wheels of the Palm Beaches signature fall event – was a great success, thanks to our sponsors and the support of pie lovers and friends throughout the community. Once again we sold out with close to 2,500 pies going to homes during the Thanksgiving holiday. In addition, the pandemic led supporters to buy more than 800 virtual pies. Committee members, volunteers and the community helped Pie It Forward bring in more than 40 percent of its goal, raising enough funds to cover the cost of approximately 20,000 meals for homebound seniors in Palm Beach County.



2020 Pie It Forward Committee

Zach Berg
Doug Bush
Noel Chessman
Michael Counos
Alyson Davidson
Geri Emmett
Jennifer Garcia
Jenni Garrison
Lauren Gavagni
Stephanie Glavin
Eva Greene
Susan Kirkpatrick
Jeff Koons
Connor Lewis
Eric Lieberman
Kelly Ring
Patricia Ring
Rick Sartory
Eddie Schmidt
Rob Settle
Louis Tomeo
Scott Velozo

Meals On Wheels

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