

# Shared Lives Plus

## Carer training platform



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# Contents

**About the carer training platform 2**

---

**Why choose the Shared Lives Plus carer training platform? 3**

---

**Our carer training packages 5**

---

**Package one: Shared Lives carer core training package 6**

---

**Package two: Foster carer to Shared Lives carer transition 7**

---

**Carer training module content 9**

---

**Carer training platform pricing 14**

---



# About the carer training platform

**Supporting Shared Lives carers to feel confident in their role is a top priority.**

**That's why Shared Lives Plus developed an online flexible, accessible, and high-quality training platform that reflects real Shared Lives practice and builds confidence and capability for Shared Lives carers, whilst providing learning oversight for Shared Lives schemes.**

**Shared Lives is a unique form of adult social care provision which requires tailored learning and digital tools to support and maintain its high quality and growth. As the only organisation in the adult social care sector dedicated to the development, delivery and growth of Shared Lives across the UK, our carer training platform is rooted in sector knowledge, lived experience and national best practice.**

## **Shared Lives Plus training and digital offer**

**The carer training platform is part of the Shared Lives Plus training and digital offer; a suite of online tools, eLearning and bespoke training bringing together accessible and streamlined ways of working that supports the entire workforce, including Shared Lives carers, Shared Lives scheme staff, social workers and wider strategic and operational teams.**

**You can pick and choose the required tools which include:**



**Shared Lives carer training platform**



**Scheme specialised training**



**Shared Lives carer matching platform**



**Social worker and Shared Lives champion training**

**Contact us to find out more about the carer training platform and our wider training and digital offer: [training@sharedlivesplus.org.uk](mailto:training@sharedlivesplus.org.uk)**

# Why choose the Shared Lives Plus carer training platform?

## Training designed specifically for the Shared Lives sector

Designed specifically for Shared Lives carers, the training represents the real situations, relationships and responsibilities that make Shared Lives unique.

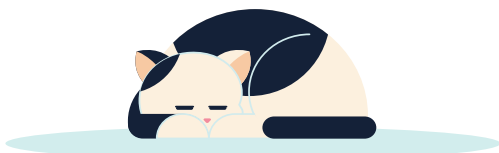
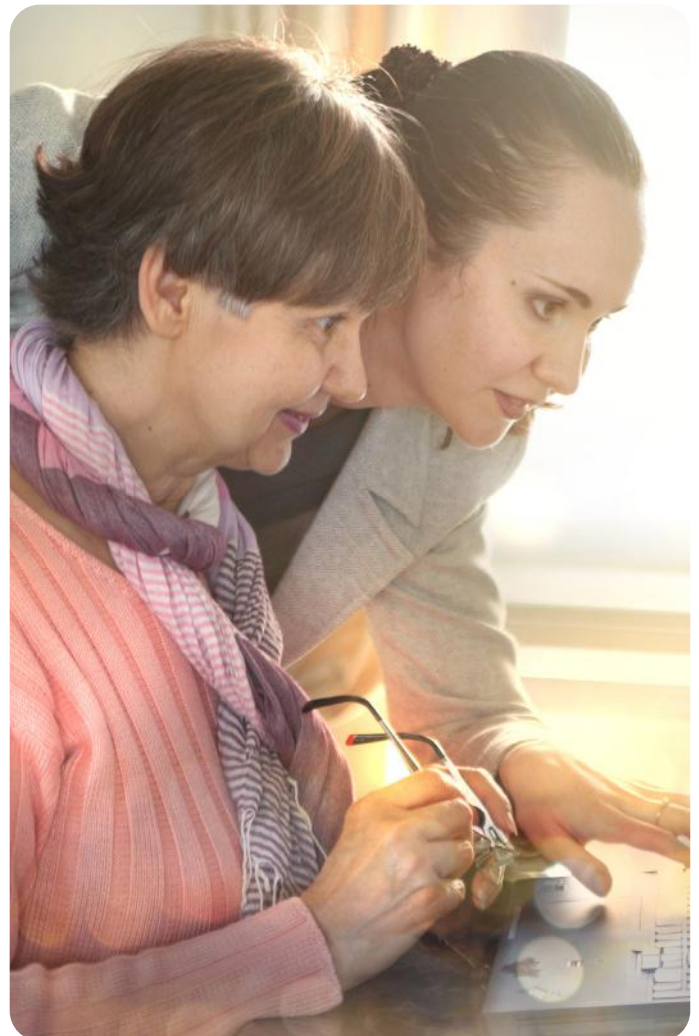
Purpose-built for Shared Lives schemes, the platform reflects the distinct nature of home-based, family and relationship-centred support. Unlike generic social care training, the content aligns directly with Shared Lives practice, giving schemes confidence that carers are being trained in what matters.

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## Easy navigation and flexible learning

Shared Lives carers can complete training at a pace that fits around their life and responsibilities, supporting engagement and completion.

The platform hosts modules that support meaningful learning, helping schemes meet training requirements through a flexible approach.



## Knowledge testing and tracking certification

Delivered on an easy-to-use platform, training is simple to administer, and progress is easy to track.

At the end of each module, a knowledge test assesses understanding. Once the modules and assessments are completed, certificates are automatically emailed to both the learner and the scheme. This helps schemes evidence training and learning during inspections.

These modules are based on our learning materials, which have been mapped across to the Care Certificate standards. The platform modules align to these Care Certificate knowledge areas:

- **Understand your role**
- **Your personal development**
- **Duty of care**
- **Equality and diversity**
- **Work in a person-centred way**
- **Communication**
- **Privacy and dignity**
- **Safeguarding adults**
- **Health and safety**
- **Handling information**
- **Infection prevention and control**



# Our carer training packages

The Shared Lives carer training platform offers a suite of assessed training modules for Shared Lives carers to access online, on any device, at a time and place that suits them. It currently provides five core assessed modules to support new and existing Shared Lives carers. These modules have been developed in line with existing legislation and guidance in each UK nation. We are continuing to build on these modules with new packages in the coming year.



**Package one:**  
**Shared Lives carer core training package**



**Package two:**  
**Foster carer to Shared Lives carer transition**





## Package one: Shared Lives carer core training package

**Module one The role of a Shared Lives carer:** Designed to give a new carer or applicant the best start to understanding their role as a Shared Lives carer.

**Module two Health and safety in Shared Lives:** Provides guidance on health and safety within the Shared Lives carer's home.

**Module three Financial guidance in Shared Lives:** Covers key areas where carers may support someone in a Shared Lives arrangement to access and manage their money independently, and outlines options where this is not possible.

**Module four Safeguarding in Shared Lives:** Provides insight for carers into spotting signs of abuse, neglect or changes in behaviour in the person they care for and what to do if they become involved in a safeguarding/adult protection concern. We provide modules aligned to local legislation and frameworks.

- Safeguarding Adults in England and Wales
- Adult safeguarding in Northern Ireland
- Adult support and protection in Scotland

**Module five Mental capacity/incapacity in Shared Lives:** Provides insight into mental capacity/incapacity and deprivation of liberty and the role of a Shared Lives carer. We provide modules aligned to local legislation and frameworks.

- Mental capacity in England and Wales
- Mental capacity in Northern Ireland
- Adults with incapacity in Scotland



## Package two: Foster carer to Shared Lives carer transition

A specially designed package of training to support Shared Lives carers who are transitioning from foster caring.

Available from Summer 2026

This training package will include the following topics:

- **Role of the foster carer vs a Shared Lives carer**
- **Legal framework and rights**
- **Safeguarding young adults / adult protection**
- **Working with services and systems**
- **Supporting young people with neurodiversity (including autism and ADHD)**
- **Relationships, attachment, belonging and adolescent brain development**
- **The journey to independence**
- **Fees for carers**
- **Benefits, money and grants for young people who need additional support**





# Carer training module content

## Module one. The role of a Shared Lives carer

Working as a Shared Lives carer is very different from other models of care and support. This module provides the foundational knowledge for any new or existing Shared Lives carer.

### Learning outcomes

The values underpinning Shared Lives

Benefits and considerations of lone working and working in partnership to provide good Shared Lives care and support

Managing and responding to dilemmas and boundary issues as a self-employed, home based worker

Equality and inclusion in Shared Lives

Handling and recording of information in Shared Lives

### Module content

#### The role of a Shared Lives carer

- Shared Lives values
- Person-centred values
- Equality and inclusion

#### Working as a Shared Lives carer

- Working on your own and in partnership
- Handling information
- Boundaries and dilemmas

## Module two. Health and safety in Shared Lives

Shared Lives arrangements are significantly different from other forms of care and support because they take place in the Shared Lives carers home. This module outlines the key health and safety requirements and practices that Shared Lives carers should follow.

### Learning outcomes

Health and safety actions to consider in Shared Lives

Risks and approaches to lone working in Shared Lives

Good practice approaches for moving and handling in Shared Lives

Food and fire safety in the home

### Module content

#### Health and safety roles and responsibilities

- Shared Lives carer and scheme health and safety responsibilities
- Lone working and self-care

#### Moving, handling and risk assessments

- Moving and handling
- Risk assessment

#### Food and fire safety in Shared Lives

- Food safety
- Fire safety

## Module three. Financial guidance in Shared Lives

This module covers the key areas that Shared Lives carers may need to consider when supporting a person in a Shared Lives arrangement to access and manage their money independently. If this is not possible, the course also outlines the options that may be available.

### Learning outcomes

Supporting someone you care for with banking and financial management

Relevant legislation and considerations for money management in Shared Lives

Principles around sound financial monitoring and recording in Shared Lives

How to best manage someone you supports money on their behalf where needed

### Module content

#### Banking guidance for Shared Lives carers

- Choosing and opening a bank account
- Credit unions
- Supporting someone to access money in their account
- Relevant legislation

#### Financial recording and monitoring

- Why is financial recording important?
- Principles of good financial record keeping
- Financial monitoring and monitoring visits

#### Supporting people in Shared Lives with their money

- Money and financial affairs support
- Managing the money of the person you care for and creating a financial plan
- Supporting people who lack mental capacity
- Becoming a DWP appointee

## Module four. Safeguarding/adult support and protection in Shared Lives

This module provides valuable insight into spotting signs of abuse, neglect or changes in behaviour in the person you care for and what to do if you do become involved in a safeguarding/adult support and protection concern. We provide modules aligned to local legislation and frameworks including:

- Safeguarding adults in England and Wales
- Adult safeguarding in Northern Ireland
- Adult support and protection in Scotland

### Learning outcomes

Safeguarding/adult support and protection definitions, legislation and guidance

Safeguarding/adult support and protection roles and responsibilities

Spotting signs of abuse and neglect

Safeguarding/adult protection considerations when involved in a concern

### Module content

#### An introduction to safeguarding/adult support and protection

- The hierarchy of needs
- What is safeguarding/ adult support and protection
- Who might be at risk?
- Principles of safeguarding / adult support and protection

#### Recognising abuse and safeguarding concerns

- Navigating safeguarding / adult support and protection concerns
- Recognising abuse
- Recognising types of abuse
- Neglect

#### Laws and guidance

- Introduction to laws and guidance
- Our human rights
- UK legal frameworks

## Module five. Mental capacity/incapacity in Shared Lives

This module provides an overview of mental capacity/incapacity, Deprivation of Liberty, and the role of a Shared Lives carer. We provide modules aligned to regional legislation and frameworks including:

- Mental capacity in England and Wales
- Mental capacity in Northern Ireland
- Adults with incapacity in Scotland

### Learning outcomes

Mental capacity/incapacity definitions and guidance

How to determine capacity and supported decision making

Considerations in supporting someone who lacks capacity

Deprivation of liberty in Shared Lives

Sound approaches to recording and monitoring

### Module content

#### An introduction to mental capacity/incapacity

- The five core principles
- Assessing capacity
- The two-stage test
- Determining capacity
- Best interests decisions
- Providing care, treatment and support for people if they lack capacity
- Dealing with options
- Key terminology from the Mental Capacity Act

#### Deprivation of Liberty Safeguards (DoLS)

- What a Deprivation of Liberty may look like in Shared Lives
- Lasting power of attorney
- Court of Protection
- Office of the Public Guardian
- The Independent Mental Capacity Advocate service (IMCA)
- Writing and recording information

# Carer training platform pricing

Our Shared Lives carer training platform is designed to be both affordable and flexible, adapting to the unique needs of each scheme. With a thoughtfully curated suite of modules, it provides carers with the knowledge and confidence they need to thrive in their role.

We offer a simple annual subscription, starting from just £30 per learner for schemes seeking to train up to 20 carers. As your scheme grows, our pricing becomes even more cost-effective, with reduced rates of up to £10 per learner for schemes seeking to train up to 100 carers.

To make things even more accessible, schemes that choose full Shared Lives Plus carer membership can enjoy an additional 20% discount.

It's a straightforward, supportive, and great-value way to invest in your carers' development all year round.

Number of learners*	Monthly price (per learner)	Annual price (per learner)	Annual cost	Discounted cost**
Up to 20	£2.50	£30.00	£600	£480
Up to 30	£1.92	£23.00	£690	£552
Up to 40	£1.50	£18.00	£720	£576
Up to 50	£1.25	£15.00	£750	£600
Up to 60	£1.08	£13.00	£780	£624
Up to 70	£0.96	£11.50	£805	£644
Up to 80	£0.92	£11.00	£880	£704
Up to 90	£0.88	£10.50	£945	£756
Up to 100	£0.83	£10.00	£1,000	£800
Over 100	Bespoke price provided on request			

\*Each annual subscription fee is based on the bracket cost for the total number of learners required for the year ahead.

\*\* 20% Discount applied to total package costs, when full carer membership is provided by schemes.



Our **lives** get better  
when they're **shared**

**Be trained by the leading experts in  
Shared Lives care**

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