

Community Connections

SUMMER/FALL 2026

*Building Healthier Communities
Through Education, Healthy Aging & Partnerships*



Education & Lifelong Learning

Helping individuals and families build knowledge, confidence, and skills for life.



Healthy Aging & Community Living

Supporting active, engaged, and connected older adults in safe, welcoming communities.



Faith & Community Outreach

Creating opportunities for education, support, and connection.



CAREGIVER SUPPORT

Providing resources, training, and guidance for caregivers and their loved ones.



COMMUNITY PARTNERSHIPS

Working together with local organizations to strengthen and support our communities.



HEALTHY AGING

Promoting wellness, independence, and quality of life for older adults.



EDUCATION

Empowering minds, enriching lives, and building stronger communities.

*Connecting Education, Caregiving, Healthy Aging,
and Community Resources*

Key Caregivers

A Key Health Care

Caregiver Support Program

Education & Lifelong Learning

Key Caregivers Comes to Adult & Community Education

Education is the foundation of confident caregiving. Through our partnership with Palm Beach County Adult & Community Education, Key Caregivers is bringing practical training and valuable resources to family caregivers throughout our community.



Building Confidence Through Education

Many family caregivers step into their role with little formal preparation. Through education, resources, and community engagement, Key Caregivers seeks to help individuals navigate the caregiving journey with greater confidence and support.

The Key Caregivers program was developed to provide practical information, community connections, and ongoing resources for those caring for loved ones, while also supporting healthy aging and caregiver well-being.

Community Partnership Spotlight

Through a partnership with Palm Beach County Adult & Community Education, Key Caregivers is expanding access to caregiver education and support within the community.

This initiative reflects a shared commitment to lifelong learning, community engagement, and improving the lives of caregivers and their families.



Palm Beach County
Adult & Community Education

AT A
GLANCE



Education & Lifelong Learning



Caregiver Support



Community Partnerships



Palm Beach County Adult & Community Education

Why Caregiver Education Matters

Knowledge today. Confidence tomorrow.
Stronger families. Healthier communities.

Caregiving is one of life's most meaningful roles—and one of the most challenging. Many caregivers step into this role suddenly and without preparation.

Education provides the tools, understanding, and support needed to navigate this journey with greater confidence and less stress.

When caregivers are informed and supported, everyone benefits—caregivers, care recipients, families, and our entire community.



THE REALITY

Over **53 million** Americans provide unpaid care for a loved one.*

- Many juggle work, family, and caregiving responsibilities.
- Caregivers often experience stress, isolation, and uncertainty.
- Lack of information can lead to overwhelm and burnout.

*Source: AARP Family Caregiving Report, 2023



EDUCATION CAN HELP

- ✓ **Build Knowledge** – Understand medical conditions, treatment options, and care strategies.
- ✓ **Increase Confidence** – Learn practical skills and problem-solving strategies.
- ✓ **Reduce Stress** – Gain tools to manage daily challenges and prevent burnout.
- ✓ **Find Support** – Connect with resources and others who understand.
- ✓ **Improve Outcomes** – Better care leads to better health and well-being for everyone.



Education is not just about learning facts—it's about building confidence, creating connections, and knowing you are not alone.



THE IMPACT



Stronger Caregivers



Better Care for Loved Ones



Stronger Families



Healthier Communities

Key Caregivers

A Key Health Care

Caregiver Support Program

Healthy Aging in Action

Partnering for Stronger, Healthier Communities

Healthy aging is about more than health care—it's about connection, purpose, and access to resources that support quality of life at every stage.

Key Caregivers is proud to collaborate with community partners who share our mission to support older adults and their caregivers through innovative programs and services.



OUR COMMUNITY PARTNERS MAKING A DIFFERENCE



ELKS HOME

Elks Home provides compassionate care and a supportive environment for seniors, offering assisted living, memory care, and rehabilitation services. Their commitment to dignity, independence, and well-being helps older adults thrive.

Caring today. Enriching lives every day.



CENTURY VILLAGE

Century Village is one of the largest active adult communities in the country, providing residents with a vibrant lifestyle, recreational activities, and access to essential resources that promote healthy, independent living.

Where active living comes to life.



CANO HEALTH

Cano Health is dedicated to delivering value-based primary care that focuses on keeping patients healthy and independent. Their team-centered approach ensures seniors receive comprehensive, coordinated care.

Care that puts people first.



STRONGER TOGETHER

Through collaboration with trusted partners like Elks Home, Century Village, and Cano Health, Key Caregivers is helping build a community where older adults and caregivers can connect, thrive, and look forward to each day.

Key Caregivers

A Key Health Care

Caregiver Support Program

Faith & Community Outreach

*Supporting Caregivers.
Strengthening Communities.*

At Key Health Care, we believe strong communities are built when caregivers are supported. Through our outreach and educational initiatives, we bring resources and guidance directly to the places where people gather, connect, and care for one another.



Shared responsibility. Structured support.

A KEY HEALTH CARE CAREGIVER SUPPORT INITIATIVE



EDUCATION

Practical information for the caregiving journey.



CONNECTION

Linking caregivers to people, programs, and services.



EMPOWERMENT

Building confidence through knowledge and support.



COMMUNITY

Strengthening the caregiver network together.

“ Shared responsibility. Structured support. ”

Care That Shares™

A No-Cost Introductory Workshop

Care That Shares™ is a single-event workshop presented at no cost to not-for-profit organizations. Our goal is simple: to provide valuable education, practical resources, and meaningful support to caregivers, families, and community members.

During the workshop, we introduce the benefits of the Key Caregivers program—an ongoing membership-based support program designed to empower caregivers and promote healthy aging.

COMMUNITY SPOTLIGHT

St. Matthew's Episcopal Church

Delray Beach, Florida

St. Matthew's provided a welcoming space for Key Health Care to present the Care That Shares™ workshop and engage community members in meaningful conversations about caregiving, healthy aging, and available support resources.



TOGETHER, WE CAN MAKE A DIFFERENCE.

By meeting caregivers where they are, we help build stronger families and healthier communities for all.

Key Caregivers

A Key Health Care

Caregiver Support Program

Community Connections

*Building Relationships.
Strengthening Support.*

No one should have to navigate the caregiving journey alone. By connecting caregivers with local resources, support networks, and valuable services, we help build a community where everyone can thrive—together.



When we connect, we share knowledge, reduce isolation, and create a stronger network of care.

THE POWER OF CONNECTION



SHARE

Exchange experiences and practical tips with others who understand.



SUPPORT

Find encouragement and reassurance through supportive relationships.



DISCOVER

Learn about local resources, services, and programs.



LEARN

Access valuable education to build confidence and skills.



THRIVE

Together, we create stronger families and healthier communities.

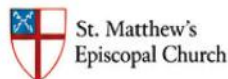
IN OUR COMMUNITY

Key Health Care collaborates with trusted partners to ensure caregivers have access to the support they need, when they need it.

- ✓ **Local Organizations** – Partnering to provide education and resources.
- ✓ **Health Care Providers** – Connecting caregivers with quality care and services.
- ✓ **Faith Communities** – Offering outreach, encouragement, and caregiver support.
- ✓ **Senior Services** – Linking to programs that promote independence and well-being.
- ✓ **Support Groups** – Creating safe spaces for sharing and healing.

WORKING TOGETHER FOR A STRONGER COMMUNITY

We are proud to partner with organizations that share our commitment to supporting caregivers and older adults.



Together, we extend our reach and deepen our impact.

“

Community is not just about being together—it's about lifting each other up, sharing the load, and walking the journey side by side.

”

Key Caregivers

A Key Health Care

Caregiver Support Program

Bring Caregiver Support to Your Community

*We come to you.
Together, we make a difference.*

Key Health Care offers no-cost workshops and programs that educate, empower, and connect caregivers, families, and community members with the resources they need to thrive.



PROGRAMS WE OFFER



Care That Shares™

A no-cost introductory workshop designed to help caregivers, families, and community members better understand available support, resources, and opportunities.



Key Caregivers

A structured caregiver support program providing education, guidance, resources, and ongoing community connections.



Healthy Aging Programs

Fitness, wellness, and educational opportunities designed to promote independence, well-being, and quality of life.



Community Partnerships

Collaborative programs and initiatives that strengthen support networks and create positive change in our communities.

WE PROVIDE. YOU PROVIDE.



We Provide

- ✓ Experienced presenter
- ✓ Educational content
- ✓ Basic workshop materials
- ✓ A meaningful experience



You Provide

- ✓ Meeting space
- ✓ Invite attendees

We ask participating organizations to provide the facility and invite attendees. Together, we create a valuable opportunity for caregivers and families.

IDEAL PARTNERS



Faith-Based Organizations

Engage your community with education and support.



Senior Living Communities

Provide resources and programs that make a difference.



Adult Education Programs

Enhance learning opportunities for caregivers and families.



Veterans Organizations

Supporting those who have served our country.



Community Centers

Build connections and strengthen neighborhoods.



Nonprofit Organizations

Partner with us to expand reach and impact.

LET'S CONNECT!

Interested in hosting a workshop or learning more about our programs?

We'd love to hear from you!



www.CareThatShares.org

Learn more about our no-cost Care That Shares™ workshop.



www.KeyHealthCare.org

Explore our programs and resources for caregivers and communities.



888-320-5397 (888-320-KEYS)

Call us today to learn more or schedule a workshop.