

# PRACTICE IN TOUCH CHRISTMAS NEWSLETTER ISSUE 27 • DECEMBER 2021



#### LINCOLNSHIRE LMC NEWSLETTER

#### BY LINCOLNSHIRE LMC SECRETARIAT

Welcome to our monthly newsletter.

To look at our past newsletters please go to: <u>www.lincslmc.co.uk/newsletters</u>

For more information on the articles published in this newsletter, please contact: <u>info@lincslmc.co.uk</u>

To keep up to date with the latest LMC information follow us on social media: **@LincolnshireLMC** 

#### LINCOLNSHIRE LMC NEWSLETTER

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# **MERRY CHRISTMAS**



# Well done to all Lincolnshire practice members for providing great care throughout this difficult year.



# We hope you have a Merry Christmas and a Happy New Year!

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# NEW TO PARTNERSHIP PAYMENT SCHEME (N2PP)

#### BY KATE PILTON

This N2PP scheme will be extended into the 2022/23 financial year and NHSE/I have now removed the requirement to apply within six months of commencing a partnership role. Following a review of the timeframe to apply for the scheme, and in acknowledgement of the challenges the deadline presented to busy new partners as well as the additional pressures created by the COVID-19 pandemic, NHSE/I has removed the six-month deadline, including for submitted applications that meet all other eligibility criteria.

Full article can be found here: <u>www.lincsImc.co.uk/newtopartnershippaymentsche</u> <u>men2pp</u>



CONGRATULATIONS TO DR KIERAN SHARROCK

CONGRATULATIONS

BY KATE PILTON

We are very pleased to announce that Dr Kieran Sharrock has been appointed as a member of the General Practitioner Committee (GPC) Executive Team. I'm sure you will join me in congratulating Kieran on his success. He will be an excellent ambassador for both Lincolnshire and the GP profession.

# lincolnshire

supporting lincolnshire's general practices to provide great care

#### LINCOLNSHIRE LMC JOB VACANCY

# **Medical Director Vacancy**

# Applications are invited from experienced General Medical Practitioners currently working in General Practice.

Lincolnshire LMC represents approximately 500 GPs & their teams in 85 practices across Lincolnshire. These are exciting and challenging times for General Practice. The pandemic has brought dramatic change in General Practice and huge challenges still exist as we look to recover and to the future. Consequently, Lincolnshire LMC is seeing an equally unprecedented demand for our services and our offer to practices and individuals is ever expanding to meet local need.

Applicants will be required to develop a good working knowledge of the various GP/Primary Care Regulations in order to guide the LMCs members in regulatory, legal, and contractual matters as necessary. Much of this experience can be developed while undertaking the role. There will be a short handover period with the current post holder & a formal induction period. However, the most important attribute that we are looking for in a Medical Director is that of an experienced clinician who is passionate about being a GP and continues to work in General Practice, understanding the challenges faced by GP colleagues working in their practices. We are looking for a team player to work at Director level and liaise closely with Chair, Vice Chair and committee and members to deliver their agenda.

You will be required to act as a source of advice on a wide range of issues to GPs and Practice Managers seeking help from the LMC. You will develop and maintain good working relationships with the NHS England Area Teams, CCG, STP, ICS, local authorities and other local, regional and national organisations as appropriate, in order to reflect the collective views and opinions of the LMC.

The appointee will be expected to continue clinical work as a General Medical Practitioner. The successful applicant will work as part of a close knit team with a collaborative, supportive approach and a history of strong working relationships. The Medical Director post is for two days per week & the successful candidate will be require to work for the LMC for two days between Tuesday and Thursday, ideally on two consecutive days.

Interviews will take place on Wednesday 12 January 2022.

Closing date 04.01.22

If you are interested in applying for this post, please fill out the application form attached to our Vacancy page: Lincolnshire LMC: Medical Director and return the complete form to Kate Pilton, Chief Executive Officer. E: <u>kate.pilton@nhs.net</u> T: 07495079157

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# TEMPORARY GP CONTRACT CHANGES TO SUPPORT COVID-19 VACCINATION PROGRAMME

#### BY KATE PILTON

Last Friday, following discussion with GPC, NHSE/I published a <u>letter</u> announcing changes to QOF and IIF and changes to the COVID vaccination DES.

It has now provided further <u>guidance</u> on these changes. NB. These changes apply to practices that are actively taking part in the booster campaign.

We will send out an update to our FAQs early next week which will go through these changes in detail.



# REFERRING PATIENTS MOVING FROM OTHER AREAS

BY KIERAN SHARROCK

When patients move into your practice area from other parts of the country it is your practice's responsibility to arrange local follow up for conditions which the patient was already seeing a specialist.

Patients who move from other parts of the country may need to continue having follow up for their conditions with a specialist locally. It would be ideal if the specialist in the patient's old location arranged follow up and transferred care to a specialist in the new location, however, there is currently no mechanism or compulsion for them to do this.

Currently it is the responsibility of the patient's new general practice to refer for new follow up arrangements. Lincolnshire LMC has lobbied nationally to change this, as the current process delays transfer of care and increases bureaucracy, however, this change has not yet happened.

#### INVESTIGATING IRON DEFICIENCY ANAEMIA

#### BY KIERAN SHARROCK

#### Performance Matters

The LMC is regularly involved in representing and supporting doctors who have been identified as having "performance" issues. The LMC has identified themes which recur, and this regular feature from our newsletter will highlight these, so that our members can avoid these pitfalls.

#### Investigating Iron Deficiency Anaemia (IDA)

NICE guidance on Lower GI Cancers advises that patients with IDA should be referred on a 2WW pathway if they are aged 60 or over or if they are 50 or over with IDA and rectal bleeding. A local audit of Lower GI 2WW referrals has shown that of 566 referrals for investigation of IDA only 45.9% had low ferritin. Many of these patients had been referred as FBC had shown low Hb and low MCV, but ferritin had not been checked.

# If considering IDA (low Hb and MCV less than 95) ferritin should be checked as part of the investigations.

Coeliac disease is a common cause of undiagnosed IDA, so NICE also recommends checking for this should also be part of the initial investigations. The local audit has shown that TTG was checked in only 36.8% of referred patients.

# When referring for investigation of IDA Coeliac Disease should be excluded by checking TTG.

The local audit has highlighted that low Hb and increasing age are the best predictors of pathology, not just cancer, in patients with IDA. Thus, **patients with persistent low Hb should be referred irrespective of whether they have already been investigated**.

None of the pre-menopausal women referred for investigation of IDA were found to have cancer, though pathology of another sort was identified in 60% of these women.

Pre-menopausal women should only be referred on a 2WW Lower GI pathway if they have other symptoms or signs which suggest investigation is required: weight loss, change in bowel habit, rectal bleeding.





# INCLISIRAN ADDED TO LINCOLNSHIRE FORMULARY

#### BY KIERAN SHARROCK

Inclisiran is an injectable drug which is used for patients with hyperlipidaemia. Lincolnshire PACEF has classed Inclisiran as "Green" on the <u>Lincolnshire Joint Formulary</u>. This means it can be initiated by general practice clinicians.

Inclisiran is recommended as an option for patients with a history of a cardiovascular event PLUS low-density lipoprotein cholesterol (LDL-C) concentrations are persistently 2.6 mmol/l or more, despite maximum tolerated lipid-lowering therapy,

General practice clinicians can initiate Inclisiran if they are confident to do so and can also seek Advice and Guidance from cardiology if they are not.

For more information on administration of Inclisiran please go to: <a href="https://www.lincslmc.co.uk/inclisiranaddedtolincolnshireformulary">www.lincslmc.co.uk/inclisiranaddedtolincolnshireformulary</a>



# HEALTH EDUCATION ENGLAND WEBINAR: F2 CLINICAL SUPERVISOR

#### BY ROSA WYLDEMAN

Now is the time to become GP Foundation Doctor Clinical Supervisor

Following the expansion of the number of medical students in Derby, Nottingham and Leicester and the new Medical School in Lincoln, it is anticipated that there is going to be a large increase in Foundation Doctors in training. In addition, the Government has asked the Foundation school to increase capacity. Health Education East Midlands would like all these doctors to experience care outside of the hospital setting.

Want to find out more? Join our webinar on Friday 7th January 2022 between 13:00 and 14:00hrs.

Full article with webinar joining details: <u>www.lincslmc.co.uk/heegpfoundationdoctor</u>

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## CONTRACT COMPLIANCE UPDATE BY KIERAN SHARROCK

In September 2021 practices sent data to the LMC regarding inappropriate workload transfer from secondary care. The LMC is grateful to those practices and individuals who provided us with this data.

The report based on this information has been helpful in discussions with CCG and Trusts. All Trusts have reviewed the data and have agreed that more need to be done to improve patient pathways and culture to reduce this transfer of work.

We have generated some easy-to-follow flow charts for specialists so that they better understand the processes which they should follow for the three highest impact areas: provision of medication, organising investigations, and onward referral.

To view the draft flow charts and full article, please go to: <a href="http://www.lincslmc.co.uk/contractcomplianceupdate">www.lincslmc.co.uk/contractcomplianceupdate</a>





# HOPSITALS: DISCHARGE TO ASSESS

#### BY KIERAN SHARROCK

As a result of pressures in the hospital sector some patients are being discharged before they have a care package in place. These patients are discharged on a pathway known as "Discharge to Assess" in which the assessment of needs for a care social care and continuing care package will be carried out after discharge. This assessment should not require medical input, and thus should not involve GP practices.

If practices see Discharge to Assess on an electronic discharge document, this does not imply that the practice needs to take any action. If the practices do get asked to be involved, or you identify that a discharge was made inappropriately early, then please report this via Datix and copy the LMC into the correspondence.

## NEW ANNUAL LEAVE GUIDANCE FOR EMPLOYERS OF SALARIED GPS

#### BY KATE PILTON

This newly published guidance produced by the sessional GP committee provides advice to the employers of salaried GPs to ensure that the process for processing and allocating annual leave is fair, transparent and flexible. Read more here





APPLICATION WINDOW FOR 2019/20 PENSIONS ANNUAL ALLOWANCE CHARGE COMPENSATION POLICY

#### BY KATE PILTON

The third GP application window for 2019/20 Pensions Annual Allowance Charge Compensation Policy applications is now open on the PCSE website 2019/20 Pensions Annual Allowance Charge Compensation Policy – Primary Care Support England. It closes on Friday 11 February 2022.

Further details & how to apply are available <u>here.</u>

# PRIVATE PROVIDER REQUESTS FOR INVESTIGATIONS UNDER THE NHS

#### BY KATE PILTON

We have seen an increasing number of requests from private providers to GPs asking for them to arrange investigations or tests for patients. If the GP is asked by a private provider to arrange investigations or tests, the results of which the GP would not be able to interpret and/or the GP does not feel clinically competent to manage the patient accordingly, then they should advise the patient and the provider that the services do not fall within NHS Primary medical services and to make alternative arrangements. Download the <u>GPC</u> <u>guidance here</u> including a template response letter.

# FIREARMS LICENCING- NEW STATUTORY GUIDANCE (DEC 21)

#### BY KIERAN SHARROCK

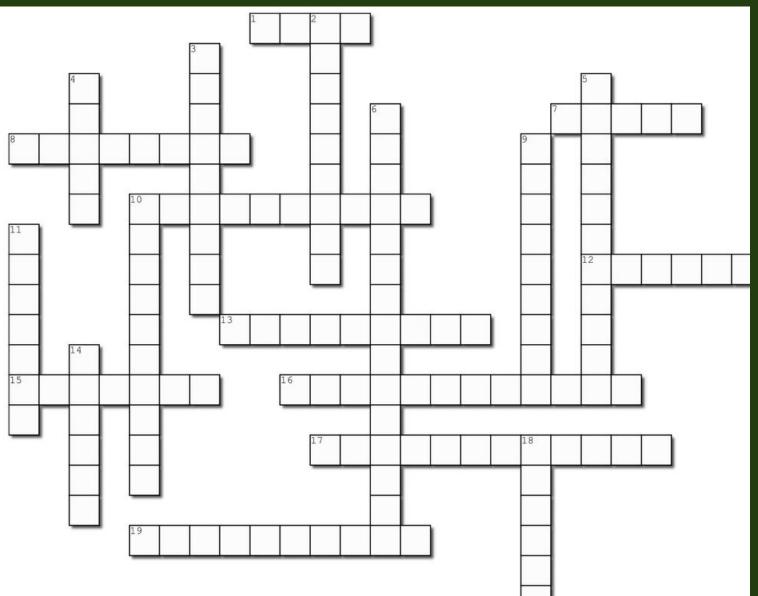
Home Office have issued new guidance regarding medical information for firearms licencing. This new guidance does not change the process for firearms medical provision in Lincolnshire.

There is a new template letter which asks about the list of conditions the police are screening for, and there is now space for extra information if a patient does have one of the conditions. This new form should be added to Ardens soon.

Please follow the link for the full article: <a href="https://www.lincslmc.co.uk/firearmslicencingdec21">www.lincslmc.co.uk/firearmslicencingdec21</a>

# LINCOLNSHIRE LMC CHRISTMAS CROSSWORD

THIS IS A CHRISTMAS AND FESTIVE MEDICAL THEMED CROSSWORD. FEEL FREE TO SHARE THIS WITH YOUR COLLEAGUES.



#### <u>Across</u>

1.A.K.A Grinch Syndrome, rapid increase in heart beat when standing up from a lying position. Abbrev. (4)
7.Bird typically featured on Christmas cards (5)
8.Old Germanic term for winter festival (8)
10.Popular Christmas Plant (10)
12.Period leading up to Christmas (6)
13.Christougenniatikophobia, a fear of \_\_\_\_\_ (9)
15.Christmas tree tradition country of origin (7)
16.Syndrome. Occurrence of an irregular heartbeat

after bouts of acute binge drinking. (7,5) 17.Christmas disease commonly known as (11,1) 19.Rare vein compression disorder, syndrome effecting the left renal vein (10)

#### <u>Down</u>

2.Producer of the animated film 'The Nightmare before Christmas' (3,6)

3.Gift given on the fifth day of Christmas by your true love, Five (4,5)

4.Ornament found on Christmas Elves' shoes (5) 5.Cold urticarial, a skin reaction to \_\_\_\_\_ (4,7) 6.White hair syndrome named after a beheaded Queen (5,10)

9.Skin injury caused by exposure to freezing temperatures (9)

10.\_\_\_\_ Rosea ,also known as Christmas Tree Rash (10)

11.Christmas Tree Syndrome is this type of condition ( 14.Christmas Thief, The\_\_\_\_\_ (6)

18.<mark>Christma</mark>s Isl<mark>an</mark>d Location, Ocean (6)

YOU CAN DOWNLOAD A PDF COPY OF THE CROSSWORD OR FIND OUT THE ANSWERS BY GOING TO OUR <u>CHRISTMAS CROSSWORD WEBPAGE</u>

# ONE YOU LINCOLNSHIRE SEASONS GREETINGS

# ONE YOU Lincolnshire

#### BY ONE YOU LINCOLNSHIRE

If you think January is the time to join the thousands of residents who make healthy lifestyle changes, please get in touch! <u>www.oneyoulincolnshire.org.uk</u>

# SEASONS GREETINGS FROM THE TEAM

ONE<u>YOU</u> LINCOLNSHIRE

WWW.ONEYOULINCOLNSHIRE.ORG.UK

01522 705162

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#### THE CAMERON FUND CHRISTMAS APPEAL 2021: "WHY YOUR SUPPORT IS MORE VITAL THAN EVER"

THE CAMERON FUND

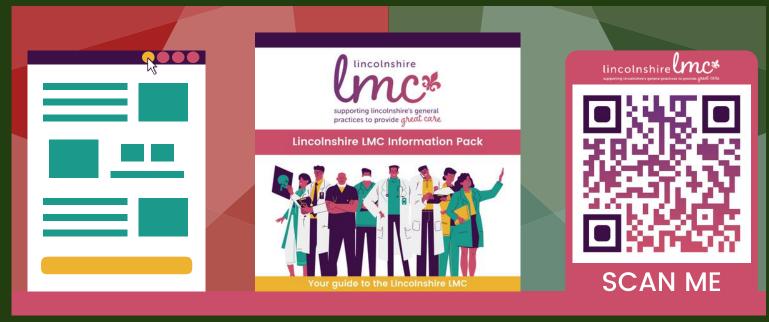
"A big thank you to yourself, the Cameron Fund and its trustees for their unwavering support. This has been invaluable in providing the stability that I needed at a very challenging and difficult time."

Having awarded the record amount of £304,871 to colleagues in hardship over the past year, the Cameron Fund have just released their Christmas appeal, please click on the attachment above to view the full Christmas appeal letter from Dr Ian Winterton, Cameron Fund Treasurer.

"At a time when General Practice is in crisis and fundraising somewhat restricted, your donations to the Fund are more important than ever."

CLICK HERE to read the full article.

# Lincolnshire LMC Information Pack



Dur information pack contains useful resources to ensure you and your practice receive the best support from us. You can access the pack by scanning the QR ode or by going to our dedicated webpage: <u>www.lincslmc.co.uk/informationpack</u>

# FOLLOW US ON SOCIAL MEDIA



To ensure you keep up to date with the latest information from the Lincolnshire LMC Follow us on:

# @LincolnshireLMC



#### **USEFUL LINKS**

Training resources:

- <u>Lincolnshire Training Hub</u>
- E-Learning for Health (e-LfH) Programmes
- NB Medical Education
- GP Forum CPD Opportunities

Resources:

• We are with you

Networking:

• Lincoln Medical Society

Newsletters:

- <u>Sessional GPs e-newsletter</u>
- <u>GP Weekly Bulletin (England)</u>
- GP Trainee Newsletter
- Practice Manager Association News
- One You Lincolnshire newsletter

Buying Group:

Latest LMC Buying Group Update



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@KateLincsLMC
 @KieranLincsLMC

# VACANCIES IN LINCOLNSHIRE GENERAL PRACTICE

#### To view each listing please click on the vancacy titles.





<u>Advanced Nurse Practitioner – Brant Road and Springcliffe Surgery</u> T- 01522 724411

<u>Practice Nurse – Glenside Country Practice</u> E- lee.kempton@nhs.net T- 01476 552414

<u>Practice Nurse – Vine House Surgery</u> Apply in writing

<u>Salaried GP – The Deepings Practice</u> E- recruitment.deepingspractice@nhs.net

<u>Dispenser – Holbeach Medical Centre</u> E – sophie.crofts2@nhs.net T – 01406423288

<u>HCA– The Deepings Practice</u> E -recruitment@deepingspractice.nhs.net T - 01778 579000

<u>Medical Records Admin – The Deepings Practice</u> E – recruitment@deepingspractice.nhs.net T – 01778 579000

<u>Medical Secretary – The Deepings Practice</u> E – recruitment@deepingspractice.nhs.net T – 01778 579000

<u>Practice Nurse – St John's Medical Centre</u> E - lauren.fern@nhs.net T - 01476 858820

<u>Receptionist/Admin – The Deepings Practice</u> E – recruitment@deepingspractice.nhs.net T – 01778 579000

<u>Salaried GP – The Deepings Practice</u> E - recruitment@deepingspractice.nhs.net T - 01778 579000

<u>Medical Director - Lincolnshire LMC</u> E - kate.pilton@nhs.net T - 07495 079157

All vacancies can be found at: <u>www.lincslmc.co.uk/jobs</u>

# LINCOLNSHIRE LMC DEVELOPMENT CENTRE DEVELOPMENT CENTRE



2022 Training: A wide range of clinical and non-clinical courses coming soon for Lincolnshire general practices

Training Needs Reminder

To enable us to better understand what training needs there are across Lincolnshire practices, we have created two very short forms, one for clinical training and one for non-clinical training (please find attached to webpage).

It would be really helpful if you could take a few minutes to think about your practice's training needs and complete the attached spreadsheets on behalf of your practice. There is space for you to add additional comments in case there is something that has not been included. If you have any questions about training, please feel free to contact rosa.wyldeman@nhs.net

Link to webpage: www.lincsImc.co.uk/trainingneedsreminder2022





## OUR SERVICES

#### www.lincslmc.co.uk/impactlincs

<u>Mentoring & Coaching Service:</u> Mentoring & coaching can benefit you and your organisation in many ways.

Our trained mentors can support you to make positive steps forward in your career and personal life. Mentoring sessions can take place at a time & place to suit you.

#### <u> Take-30</u>

This service aimed at providing confidential peer support for busy GP's, Practice Managers, Nurses & all other Practice Staff Members as they work through everyday challenges.

This service is available free of charge for all Lincolnshire General Practice Staff between 10am & 4pm for initial contact, Monday to Friday.

To find out more about both of these services, contact us: Email: info@lincslmc.co.uk or call: 01522 576659