



OUR MISSION

To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

OUR IMPACT

The Y is an all-inclusive organization dedicated to making an impact through life-changing services and programs that make our community stronger than yesterday by giving promise for a better future and providing a safe place where everyone belongs.

OUR AREAS OF FOCUS



YOUTH DEVELOPMENT

Nurturing the potential of every child and teen for a path to success.



HEALTHY LIVING Improving health and well-being through partnerships with health care

SOCIAL RESPONSIBILITY

Foster a greater sense of engagement for the provide support to our neighbors.

Community Champions,

Over the past year, our communities encountered challenges that we could never have imagined. Yet, as a community, we came together as a united front and overcame many obstacles. From a global pandemic to social unrest to the uncertainty of our economy, the past year has been a year like no other. Despite the circumstances we faced, our Y and community persevered. Through collaborative efforts, our community supported people. People served others. And barriers were broken down. People of all backgrounds and stages of life came together for a greater purpose and found hope that allowed us to rise up as a community.

Now, more than ever individuals need the YMCA and we could not serve at this capacity without the support of our community partners, donors, volunteers and members. We would personally like to thank each and every one of our supporters that partner with our Y to ensure that services are accessible to all. Because of you and your unwavering commitment, our YMCA is able to meet the needs of our communities and our future is brighter than ever before.

As the YMCA Movement continues to advance throughout Southwest Florida, our Y will continue to position our organization for future growth and long-term sustainability. YMCA of Southwest Florida is proud to have you join us in our efforts to serve children, families and individuals. Together, we will ensure that YMCA services will be accessible to all for generations to come.

Yours in service,

Keith Farlow

ene T. Jones

Keith Farlow, CVO

Gene T. Jones, President & CEO

FOREVER IN SERVICE

Meeting Emerging Needs throughout Adversity

As you know, our Y isn't a building. It's people – people from all backgrounds and walks of life who come together to improve their lives, nurture their families and strengthen their community. For over 50 years, YMCA of Southwest Florida has met our communities' emerging needs and continues to serve others.

When the devastating effects of COVID-19 swept across the country and landed on our doorsteps, we quickly mobilized to provide our community with essential services. While others began to close their doors, our YMCA opened our doors wider. By providing emergency childcare, virtual learning centers, senior and member outreach and expanding food programs, our Y was able to continue serving kids and families in their **greatest time of need**.

children were served through emergency childcare

644

TOGETHER, WE PROVIDED:

Childcare so parents were able to work and rebuild their lives.

Food for those who were hungry.

Outreach to seniors who were feeling isolated.

A safe, nurturing space for kids to attend and receive academic support that reduces learning loss.

Virtual wellness opportunities so that all could stay healthy and well.

Safety Around Water and swim lessons to help prevent the increasing number of childhood drownings.

Thank you. We could not have done this alone.

YMCA of Southwest Florida's ability to meet the ever-changing needs of our communities is made possible through the support of partners, donors and members.

SERVING OUR COMMUNITY LIKE NEVER BEFORE

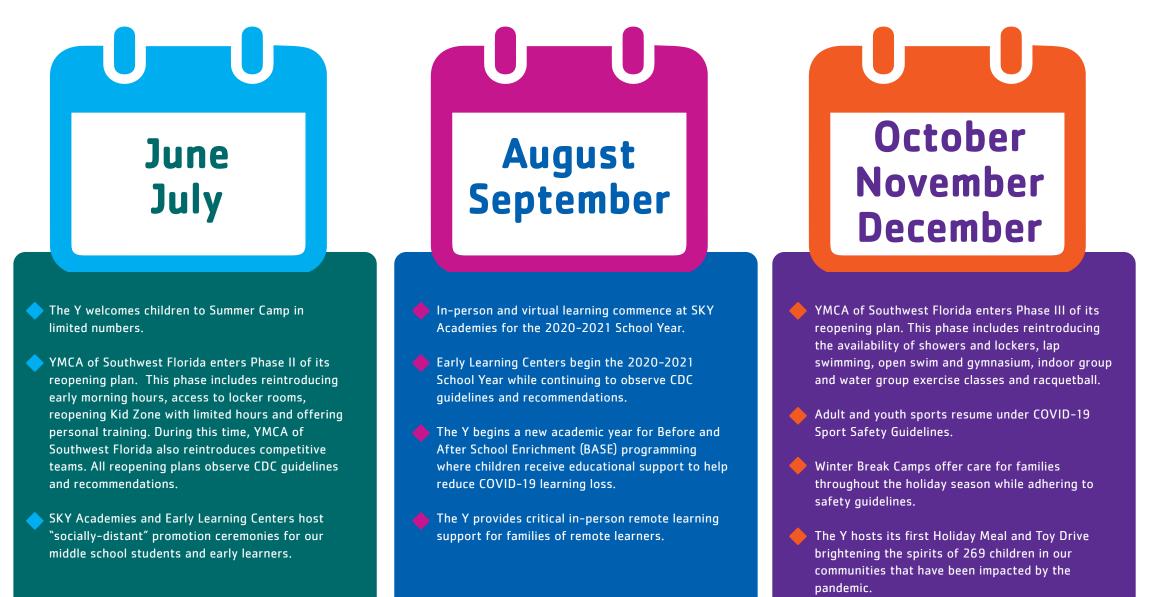
As this timeline shows, we have worked relentlessly and creatively to be a vital community resource for our families during the COVID-19 health crisis. For more than 50 years, we have been there for communities during times of need. And it is this commitment that will guide our work for years to come.



restrictions and COVID-19 precautions for fitness

and lap swimming.

Y Staff begin to make senior connection calls to ensure their needs are met and connect them to available resources. "When other organizations closed their doors, our Y stepped up and served like Ys have never served before. Through partnerships, steadfast commitment to our mission and dedication, we were able to meet emerging needs. From childcare to meals to connection, our community united, persevered and overcame challenges we could not have done alone." - Gene T. Jones, President and CEO, YMCA of Southwest Florida



High Quality Early Childhood programs can yield a

> return per \$1 invested

8

TOGETHER, WE NURTURE POTENTIAL

The Y connects kids to their potential,

purpose and each other so they can shape the communities of tomorrow, today. As a national leader in youth programs, the Y has a proven track record of engaging, encouraging and empowering kids. By opening access to opportunities, relationships and resources, kids can be who they are and become who they want to be. At the Y, we welcome all children and their families, because our communities are stronger when everyone can take part in equitable programs where they can **learn, grow and thrive.**

EXPANDING OUR REACH

As part of our Strategic Plan and its initiatives, YMCA of Southwest Florida is committed to developing the potential of every child through partnerships and expanding YMCA Youth Development programs throughout Southwest Florida.



CAMP ESTERO

In June 2020, as part of our outreach efforts our Y began to operate Camp Estero. This 5-acre nature facility allows us to serve an additional 40 children daily through summer camp. Camp Estero serves as a location to participate in environmental education, family activities, corporate retreats, yoga, kayaking adventures and other wellness programs for adults.



THE SUWYN EARLY LEARNING CENTER

In August 2020, YMCA of Southwest Florida expanded its early learning program with the addition of The Suwyn Early Learning Center at the Bonita Springs YMCA. Through this expansion, the capacity to serve was increased by 152 children daily. This allows the Y to prepare more early learners for kindergarten and provide achievement support for school age children.



In November 2020, YMCA of Southwest Florida was awarded a grant from Impact100[™] SRQ to renovate the old preschool building on the Venice YMCA campus. Through this partnership, the Y is able to increase our capacity at the Venice YMCA Early Learning Center by 150 children daily.

"The Y is the first place I felt like I belonged. As a single mother, finding quality

childcare has not always been easy until I found the Y. The early learning services offered at YMCA of Southwest Florida provide a place for my children where I know they are safe and loved. The Y provides my family with healthy, strong relationships. At the Y, I have gained needed support for my children, access to healthy living programs and my own sense of social responsibility. We love the YMCA." -Early Learning Center Parent

TOGETHER, WE IMPROVE COMMUNITY HEALTH

At the Y, we don't just talk healthy living.

We believe that individuals' health is essential to strong, thriving communities. We're also helping transform health care from a system focused on treating illness to an innovative, collaborative approach that emphasizes well-being and prevention for all.

Improving individual and community health has always been at the forefront of the YMCA's work. We're committed to advancing this work across our region by equipping children and adults with the tools they need to **live healthier lives.**

6 IN 10

Americans live with at least one chronic disease

"Like many others, last year I saw big changes in my life.

The daily social and physical activities at the Y were on hold and I was faced with a closet full of clothes that didn't fit and snacks in the pantry and a big sense of wider social isolation. I was so grateful for the virtual sessions at the Y in yoga, Pilates, strength, cardio and stretching which gave my days some structure and new friends, on top of great exercise options. I have tried diets and bought too many books on how to eat healthy which all worked for a few weeks and then left a library of books and unopened, unappetizing food products on my shelves. I have avoided group programs due to time and cost. Then I heard about the Y's virtual weight management classes and was able to join. By the end of the sessions, I was so surprised and pleased that I had met my goal.

But the best realization was that this group had empowered and motivated me to use the lessons learned as life tools.

This would not have been possible without the support of YMCA staff and the great virtual classes offered by YMCA of Southwest Florida." -YMCA Member

EMPOWERING PEOPLE TO LEAD FULLER LIVES

As a Community Leader in Health and Wellness, our Y is guided by our Strategic Plan and its initiatives to ensure programs and services that build health and well-being are available to all.

Health Innovation Programs help individuals fight chronic disease, live healthier lives, overcome illnesses and connect to support systems that lead to overall well-being.





PARKINSON'S WELLNESS PROGRAMS

Pedaling for Parkinson's, Parkinson's Exercise Program and Rock Steady Boxing are wellness programs that help individuals fight back against Parkinson's through specialized movements that have been proven to reverse, reduce & even delay the symptoms of Parkinson's.



LIVESTRONG[®] AT THE YMCA

is a 12-week wellness program for adult cancer survivors.



ENHANCE® FITNESS

is a 16-week evidencebased group exercise program for older adults that uses simple, easy-tolearn movements to stay active throughout their life.



FOR BETTER BALANCE

is a 12-week evidence-based falls prevention program for adults.



WEIGHT LOSS SUPPORT

YMCA Weight Loss and Healthy Weight and Your Child support individuals and families as they work towards their health goals.



SWIM LESSONS

reduce the risk of drowning by

TOGETHER, WE SERVE OTHERS

Giving back and providing support to our neighbors is the heartbeat of the Y.

Now more than ever, we need places and programs that are open to people of all generations, backgrounds and perspectives. At the Y, we welcome everyone, because we believe our

communities are stronger when we come together.

"My 6-year-old son was born with a neuromuscular disorder. Since he was 3 months old, he has been in physical and occupational therapy. During COVID-19,

he started losing muscle development from being unable to participate in therapy. We spent more time outdoors and I became concerned that he didn't know

how to swim as we live on a canal. I learned about the Safety Around Water Program at the YMCA. Not only did my son learn how to float, kick, blow bubbles, jump off the wall, and swim in six weeks, he built his confidence in and around water and gained his loss of muscle strength back.

I am not sure I would know what to do without the Y,

they have helped both of us so much that I am enrolling him in the Y Afterschool program as well.

I love the staff at the Y, they have all opened their arms to us and never blinked an eye at his disability.

The YMCA is a place where all children can thrive." - Safety Around Water Parent SCHOLARSHIP ASSISTANCE

Each year, through the children and families scholarship fund, YMCA of Southwest Florida provides over \$1,500,000 in scholarship assistance so that all have access to YMCA programs. By providing financial support, we are able to break down barriers and lift others up. This is possible through the support of our partners, donors and members.

SAFETY AROUND WATER

Throughout the pandemic, childhood drownings have significantly increased and access to water safety programs and swim lessons are needed more than ever. At the Y, we believe that all children should have the knowledge and confidence to be safe around water.

Safety Around Water programming helps children develop life-saving skills that reduce the potential of drowning. Through partnerships, the Y is able to teach more children water safety and how to swim year after year.

LITERACY INITIATIVES

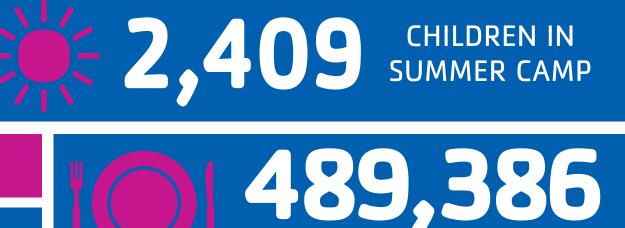
YMCA of Southwest Florida operates three YREADS! sites, an after-school reading remediation and mentoring program, where at-risk and low-income children in Kindergarten through fourth-grade develop the reading skills they need to succeed in school. The Y also partners with Suncoast Campaign for Grade Level Reading to increase literacy support for kids in our community to reduce learning loss.

FULFILLING OUR MISSION

As a cause-driven charitable organization, the Y is dedicated to nurturing the potential of every child and teen, improving the health and well-being of our communities and giving back by providing support to our neighbors.



54,759 PEOPLE SERVED IN OUR ASSOCIATION





3,906 CHILDREN PARTICIPATED IN YOUTH SPORTS

4655 STUDENTS ATTENDED OUR A-RATED SKY ACADEMIES

3,145 CHILDREN LEARNED TO SWIM THROUGH SAFETY AROUND WATER

MEALS PROVIDED



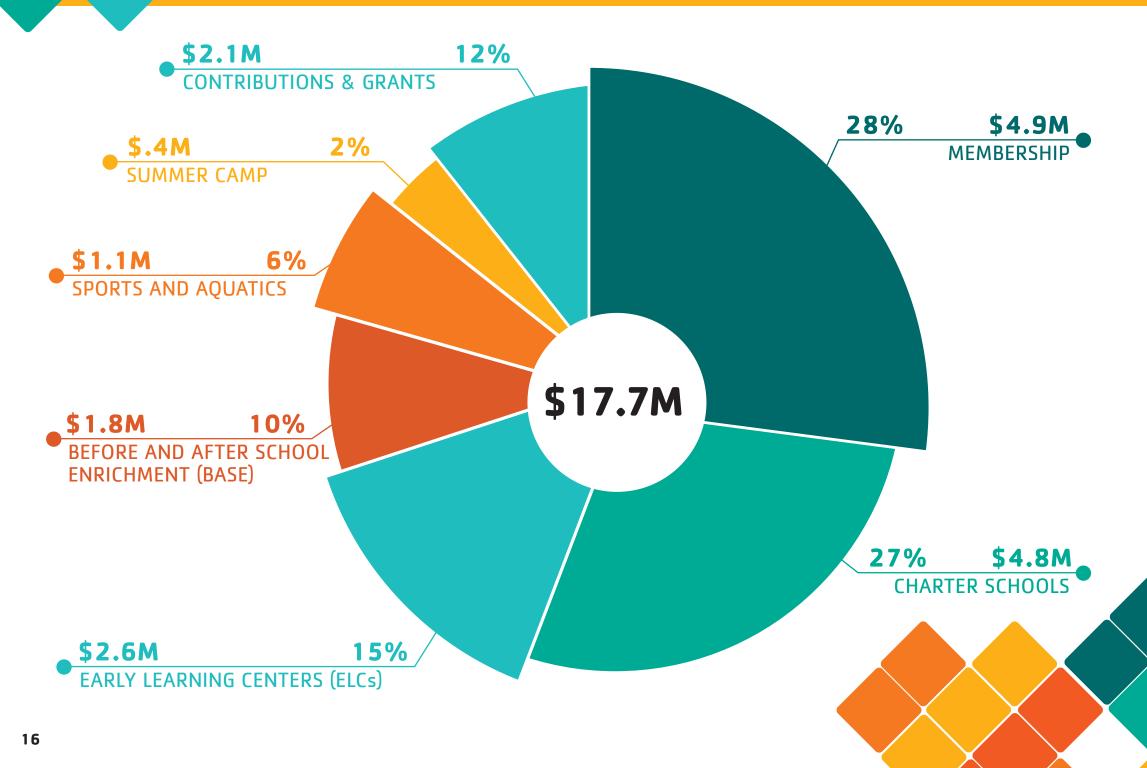
2,453

KIDS SERVED IN

AFTERSCHOOL PROGRAMS



2020 FINANCIAL INFORMATION



TOGETHER, WE BUILD PEOPLE

In your community and across the country, we have the presence and partnerships to not just promise, but to deliver, lasting personal and social change. In partnering with the Y, you can feel confident your contribution is making a meaningful, positive impact.



MAKE A GIFT TOWARDS OUR ANNUAL CAMPAIGN.

When you support the Y, you help give youth and individuals a chance at a brighter future, inspire healthy lifestyles and build vibrant communities.

WAYS TO GIVE



VOLUNTEER WITH THE Y AND HELP BUILD UP YOUR COMMUNITY.

Your volunteer efforts will change lives. Our experience in communities across the country has shown us that when we work together on a local level, we can produce long-term, positive change.



BE A CAUSE CHAMPION. Tell our story and help connect others to the good work the Y does each day.

For more information on how you can partner with your Y, please contact your local branch today!



YMCA of Southwest Florida is grateful to the many individuals, corporations, foundations and organizations who invest in our mission each year. Working directly with our neighbors allows the Y to provide everyone the opportunity to be healthy, connect with others and contribute to a better community.

WE ARE CREATING....A STRONGER COMMUNITY....TOGETHER

2020 COMMUNITY PARTNERS





















PUBLIX SUPER MARKETS

CHARITIES















United Way of South Sarasota County WILSON-WOOD FOUNDATION







2020 HOMETOWN PARTNERS

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\$25,000+

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\$24,999 - \$10,000

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\$2,499 - \$1,000

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ABOUT OUR YMCA

YMCA LOCATIONS

VENICE YMCA

701 Center Road Venice, FL 34285 941-492-9622

ENGLEWOOD YMCA

701 Medical Blvd. Englewood, FL 34223 941-475-1234

FRANZ ROSS YMCA

19333 Quesada Ave. Port Charlotte, FL 33948 941-629-9622

PUNTA GORDA YMCA

2905 Tamiami Trail Punta Gorda, FL 33950 941-505-0999

FORT MYERS YMCA

1360 Royal Palm Square Blvd. Fort Myers, FL 33919 239-275-9622

BONITA SPRINGS YMCA

27200 Kent Road Bonita Springs, FL 34135 239-221-7560

SKY ACADEMIES

SKY ACADEMY VENICE

705 Center Road Venice, FL 34285 941-244-2626

SKY ACADEMY ENGLEWOOD

871 S. River Road Englewood, FL 34223 941-999-4775

EARLY LEARNING CENTERS

THE SUWYN EARLY LEARNING CENTER AT THE BONITA SPRINGS YMCA

27220 Kent Road Bonita Springs, FL 34135 239-333-0479

CHARLOTTE HARBOR YMCA EARLY LEARNING CENTER

22416 Glass Lane Port Charlotte, FL 33980 941-629-2220

PGT EARLY LEARNING CENTER

101 Triple Diamond Blvd. Venice, FL 34275 941-480-0170

VENICE YMCA EARLY LEARNING CENTER

717 Center Road Venice, FL 34285 941-375-9122

OFFSITE LOCATIONS

YMCA CAMP ESTERO

8791 Corkscrew Road Estero, FL 33928 239-221-7560

BAYFRONT CENTER

750 W. Retta Esplanade Punta Gorda, FL 33950 941-505-0999

Additional service areas include:

Clewiston Estero LaBelle Lehigh Acres Moore Haven



100% of our Board Members

are active and financially support our cause

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YMCA of Southwest Florida is a 501(c)3 charity. The YMCA is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility.