

NEWSLETTER



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The Hub



DERBYSHIRE



As a not-for-profit organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU and YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

[Explore The Hub Plus website](#)

The Hub Plus - Supporting our General Practice family on their Primary Care journey.

People Promise



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The Hub Plus, in partnership with Health Innovation East Midlands and in collaboration with the Midlands Training Hubs network, is running Action Learning Sets (ALS) to help GPs and prescribing professionals build their confidence in stopping inappropriate medicines safely.

Facilitated groups we'll work through real cases, covering deprescribing in frailty/multimorbidity, shared decision making, tapering plans and follow up.

Who are they for:

Any prescriber in primary or secondary care with well-established prescribing experience and who prescribes and reviews medication regularly.

Action Learning Sets

How long is the training: Three sessions each lasting two hours, delivered virtually.

Delegates must attend all three sessions. Delegates must attend all three sessions. Each session requires separate registration via the LMS links below.

The sessions will take place throughout 2026 on the following dates:

Session 1: 17th April | 12:30 – 14:00 - **[Register here](#)**

Session 2: 1st May | 12:30 – 14:00 - **[Register here](#)**

Session 3: 15th May | 12:30 – 14:00 - **[Register here](#)**

Free to prescribers





If you experience any issues registering, please contact:
ola.sobolewska@nhs.net



Oliver McGowan Mandatory Training is the national standard for improving understanding of learning disability and autism across health and social care. Training is currently bookable through NCORE and must be booked individually. Funding beyond March 2026 is not guaranteed so we strongly encourage individuals to book on to sessions.

The training provides staff across health and social care with essential knowledge, greater confidence, and an improved understanding of how best to deliver safe, effective and person-centred support.

The Oliver McGowan Mandatory Training on Learning Disability and Autism

<p>Tier 1</p> <p>For people who require general awareness of the support autistic people or people with a learning disability may need.</p> <hr/>  <p>90 minutes</p> <p>elearning with handbook</p> <p>and</p>  <p>60 minutes</p> <p>Online interactive session</p>	<p>or</p>	<p>Tier 2</p> <p>For people who may need to provide care and support for autistic people or people with a learning disability.</p> <hr/>  <p>90 minutes</p> <p>elearning with handbook</p> <p>and</p>  <p>1 day</p> <p>Face to face training</p>
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Over 200 tier 1 part 2 sessions planned until March 2026

[Click here to sign up via NCORE](#)

There are over 40 tier 2 part 2 sessions planned until March 2026 **[Click here to sign up via NCORE](#)**

Derbyshire Primary Care Oliver McGowan Mandatory Training (OMMT) Interest & Readiness Survey

In September 2025, the Oliver McGowan Code of Practice was ratified in Parliament. This means that any training on Learning Disability and Autism must now meet the Oliver McGowan Mandatory Training (OMMT) Code of Practice requirements. Currently, UHDB project team in partnership with JUCD partners are rolling out our system offer up to March 2026 and then the responsibility is proposed to transfer to Trust/support organisations to deliver post April 26.

Please [click here](#) to take part in the survey

You can find out more about Oliver McGowan Mandatory Training in Derbyshire General Practice by [clicking here](#) to watch a short video.

VACANCIES

DIGITAL FELLOWSHIP

We are recruiting clinicians for a Digital Leadership Development Fellowship, supporting digital transformation across general practice in Derbyshire. This role aligns with the NHS Ten Year Plan and offers a unique opportunity to develop digital and leadership skills alongside clinical work.

Who Can Apply:

Clinicians (GPs, Nurses, AHPs, Enhanced/Advanced Practitioners) within 5 years of qualification, working in Derbyshire (permanent, locum or bank). Applicants should have a strong interest in digital health and plan to remain in Derbyshire for the next 5 years.

The Role:

Digital Fellows will support the design, implementation and evaluation of digital tools and pathways, share best practice across general practice, contribute to training and quality improvement, and represent Derbyshire at regional and national digital forums. Fellows will receive structured mentorship and leadership development.

Commitment & Offer:

- 1–2 sessions per week (4–8 hours) for 12 months (with possible extension)
- Hybrid working (Derby-based)
- Funding: up to £10,000 per session (maximum £20,000 per Fellow)
- Paid via fellowship agreement or through your practice/organisation

How to Apply:

Complete the [expression of interest form](#) and send your CV and cover letter to ddlmc.thehubplus@nhs.net - **Deadline 16/01/26**

PRACTICE MANAGER DEVELOPMENT LEAD

We are recruiting a Practice Manager Development Lead to support and enhance training and development across general practice teams in Derby and Derbyshire. This flexible, part-time role sits within a supportive, high-performing not-for-profit team.

Role Overview:

You'll work with Hub Plus facilitators and partners to design and deliver training programmes, lead the Practice Manager Induction course, and support the Partnership Development Programme. You'll also deliver workshops, contribute to training quality assurance, and help identify training needs and action plans for GP practice staff.

Who We're Looking For:

- Current or recent experience working in a GP practice
- Strong knowledge of practice operations (HR, CQC, workforce, finance)
- Excellent communication, presentation and facilitation skills
- Ability to build strong relationships with practice managers and teams
- Experience with quality improvement/change management
- UK driving licence and ability to travel across Derbyshire.

What's On Offer:

- Flexible hours (up to 15 hrs/week)
- Competitive salary (part-time)
- Hybrid working from RTC offices, London Road, Derby
- Fixed-term contract until 31 March 2027.

How to Apply:

Send your CV and cover letter to ddlmc.thehubplus@nhs.net - **Deadline 16/01/26**



Massive congratulations to Chair our board, Dr Shehla Imtiaz-Umer for her incredible achievement at the British Muslim Health Awards last month!!

The inaugural British Muslim Health Awards brought together over 400 healthcare professionals from across the UK. More than 800 nominations were submitted, reflecting the breadth of talent, leadership, and service among British Muslim healthcare professionals. The awards recognise excellence across clinical care, education, research, leadership, and advocacy, and celebrate those driving meaningful change within the healthcare system and communities.

"I was honoured to receive the President's Medal. The recognition reflects my work across equity, inclusion, workforce development and voluntary work within my local community alongside advocacy for Muslim healthcare professionals and patients. This work includes challenging discrimination, amplifying underrepresented voices, and promoting culturally competent practice across healthcare settings. The award recognises sustained efforts to improve conditions for colleagues and outcomes for patients, grounded in lived experience, community engagement, and practical action."

A massive congratulations to Helen Hulme, for winning the National Primary Care Pharmacy Association's Greener award 2025.

The PCPA Awards recognise and reward the dedication and innovation of pharmacy professionals in the UK, celebrating their vital contributions to general practice pharmacy care. They are designed to highlight and reward the hard work and impact demonstrated by pharmacy professionals across the UK.



'Helen Hulme being presented the award by Dr Penny Blackwell, GP partner at Hannage Brook Medical Centre Wirksworth and Derby and Derbyshire's Neighbourhood Transformation Clinical Director'

Helen is a familiar name locally, an experienced primary care pharmacist who has led on the education, support and development of many clinicians across Derby and Derbyshire as well as being integrally involved with NICE and local strategy and quality improvement initiatives, such as action learning for deprescribing. She exemplifies just how much reach a pharmacist working in primary care can have, beyond what would traditionally be considered a pharmacist's role, and as a primary care clinician and local leader of people, she is a wonderful ambassador for the profession. Helen wins this award for her work as the lead pharmacist leading the work of the team of clinicians, pharmacists and pharmacy technicians across the four practices in the South Dales Primary Care Network. Helen is part of the senior leadership team at Hannage Brook Medical Centre in Wirksworth and has also led the practice to achieve it's RCGP's Greener practice Gold award this year.

Well done Helen! We couldn't be more prouder of you - inspiring a workforce across general practice in Derby and Derbyshire to think about planetary health and sustainability and encouraging others to get involved and interested. Not a mean feat!! Embedding this work in the South Dales has already begun to have a huge impact on the care for the communities that we serve and we can't wait to see what other projects we can support around this agenda throughout 2026.



EAST MIDLANDS SPINAL NETWORK PRIMARY CARE CONFERENCE



Friday 30th
January 2026



Pride Park
Stadium

This event aims to bring together colleagues from primary care, community services, and secondary care for a day dedicated to education, professional networking, and inclusive collaboration

[Click here](#) for more information and to buy your tickets

SUPPORT YOUR TEAM WITH SUICIDE AWARENESS TRAINING

We are offering FREE, tailored training sessions to help your team better understand and respond to suicide risk.

Topics include:

Understanding Suicide
Personal Safety Planning
Postvention
Tools & Resources

Sessions are 1–2 hours, online or in-person.

Due to the sensitive nature, we recommend pastoral support be available.

If you are interested, please fill out the **[Expression of Interest Form](#)**

Coaching Skills for Derbyshire GP Appraisers

This engaging course equips new and experienced Derbyshire GP appraisers to refresh their skills and run confident, supportive, high-quality appraisal conversations using a coaching approach.

Derby



Wednesday 11th
March 2026



09:00 arrival, 09:30
start - 13:30



Location TBC -
Derby City

[CLICK HERE TO BOOK](#)

Chesterfield



Thursday 19th
March 2026



09:00 arrival, 09:30
start - 13:30



Location TBC -
Chesterfield

[CLICK HERE TO BOOK](#)

The sessions will focus on the following:

- Creating psychological safety
- Asking better coaching questions
- Supporting meaningful professional development

What you'll gain:

- ✓ Clear, confidence-building coaching tools
- ✓ Active listening & TGROW questions
- ✓ Better reflective conversations



Dr Katie Cowley

GP Partner and EMCC Accredited
Coach/Mentor at Senior
Practitioner level

Meet the Trainers:



Claire Leggett

Business Director at The Hub Plus and
EMCC accredited practitioner

NURSING

Save The Date

The next Lead GPN Forum:

Tuesday 27th January
2026

13:30- 15:00

[Click here to sign-up](#)

CPD

If you haven't already please use your CPD entitlement for 25/26.

If you need any advice or have any queries please get in touch.

Lead GPN dates for 2026:

27 th Jan	24 th Feb	31 st Mar	28 th Apr
26 th May	30 th Jun	28 th Jul	25 th Aug
29 th Sept	27 th Oct	24 th Nov	

HCSW AND NA WORKSHOPS
Now available on the The Hub Plus [Learning Portal](#).

Please book on or get in touch for a workshop calendar.

Contact Info

If you have any questions or need support please contact The Hub Plus Lead GPN, Charlotte Darby - Charlotte.darby6@nhs.net.

LEADERSHIP DEVELOPMENT OPPORTUNITIES FOR PRIMARY CARE

THE ROSALIND FRANKLIN PROGRAMME – CMI

This programme provides leadership development for mid-career primary care leaders – including practice managers, lead nurses, PCN managers, pharmacists, and GPs. It builds strategic leadership capability, strengthens the talent pipeline, and supports the NHS goal of care closer to home. Participants can achieve a CMI Level 7 Award in Strategic Management and Leadership Practice alongside the NHS Leadership Academy Award in Senior Healthcare Leadership.

- Programme length: 12 months
- Delivery method: Online with independent online learning.
- Course Fee: FREE. Fully Funded Places (which would usually cost £1500)
- Start date: February/March 2026

[Click here to find out more.](#)

THE ELIZABETH GARRETT ANDERSON PROGRAMME

The Elizabeth Garrett Anderson Programme offers Master's-level leadership development for senior primary care leaders – including PCN Clinical Directors, senior GPs, and practice managers. It builds strategic leadership, system thinking, and inclusive approaches to drive transformation and deliver the NHS Long Term Plan.

- Programme length: 24 months
- Delivery method: Blended learning (online modules, residential workshops, and applied projects)
- Course Fee: This programme is funded through a dual model: £7,000 by the NHS Leadership Academy and £7,000 by the applicant's organisation or self-funded.
- Start date: February/March 2026

[Click here to find out more.](#)

VISIT [THE HUB PLUS WEBSITE](#) TO FIND MORE LEADERSHIP OPPORTUNITIES

HELP PATIENTS ACCESS FREE NHS WEIGHT MANAGEMENT SUPPORT

The NHS Digital Weight Management Programme (DWMP) is a free 12-week service designed to support adults living with obesity who also have diabetes, hypertension, or both.

Eligibility:

- Age 18+
- BMI > 30 (or > 27.5 for Black, Asian, and minority ethnic groups)
- Have diabetes, hypertension, or both
- Access to a smartphone, tablet, or computer

Referral Process:

You can only make a referral via your EMIS, SystmOne or Medicus e-referral (e-RS) system. You will need the referral templates, which are available to download from the [NHS Digital Weight Management Programme GP Template Site](#) (you'll need your practice ODS code for access). Use SNOMED code: 1402911000000108.

Practices receive £11.50 per referral up to their allocation, supporting the delivery of this important service.

By helping patients access DWMP, practices play a vital role in improving health outcomes and reducing risks associated with long-term conditions. Uptake in Derby and Derbyshire is currently among the lowest in the Midlands – your support can make a real difference.

[Find out more and access resources on the NHSE website.](#)

Thank you for helping patients access this important service.

EMBEDDING THE PEOPLE PROMISE IN GENERAL PRACTICE

Whether you're new or already beginning to embed the People Promise, these sessions offer an opportunity to learn, gain expert guidance, and connect with others to share experiences and best practice. Register below.

General Practice Staff Survey Learning Session –

This session offers a clear overview of the General Practice Staff Survey (GPSS) – why it matters, how it supports the NHS People Promise, and how you can use the results to improve staff experience.

<https://www.events.england.nhs.uk/events/general-practice-staff-survey-learning-session-for-general-practice>

Developing Case Studies Learning Session –

This session will cover why good writing matters, how to structure strong case studies, tips for narratives, and practical guidance for developing impactful stories to showcase your successes.

<https://www.events.england.nhs.uk/events/gp-developing-case-studies-session>