

LOURDES

PILGRIMS' HANDBOOK



2026

THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON

LORD, THE WORD WHO IS LIFE.

May all the people of our Diocese
grow in openness
to the power of the Holy Spirit,
so that through a growth in understanding
and courage,
and truly open to your call,
we may bear powerful witness
to all around us,
for you are Lord for ever and ever,

AMEN.



NAME _____

HOTEL IN LOURDES OR ACCUEIL _____

THE ANGELUS

℣ The Angel of the Lord declared unto Mary,
℟ **And she conceived of the Holy Spirit.**

Hail Mary, full of grace; the Lord is with thee:
blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
**Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death.**

℣ Behold the handmaid of the Lord.
℟ **Be it done unto me according to Thy word.**

Hail Mary...

℣ And the Word was made flesh.
℟ **And dwelt amongst us.**

Hail Mary...

℣ Pray for us, O Holy Mother of God.
℟ **That we might be made worthy
of the promises of Christ.**

Let us pray:

**Pour forth, we beseech Thee, O Lord,
Thy grace into our hearts;
that, we, to whom the Incarnation of Christ, Thy Son,
was made known by the message of an angel,
may by His Passion and Cross
be brought to the glory of His Resurrection.
Through the same Christ our Lord. Amen.**

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LOURDES

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Twenty-Fifth Edition
2026



THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON
LOURDES PILGRIMAGE

CONTENTS

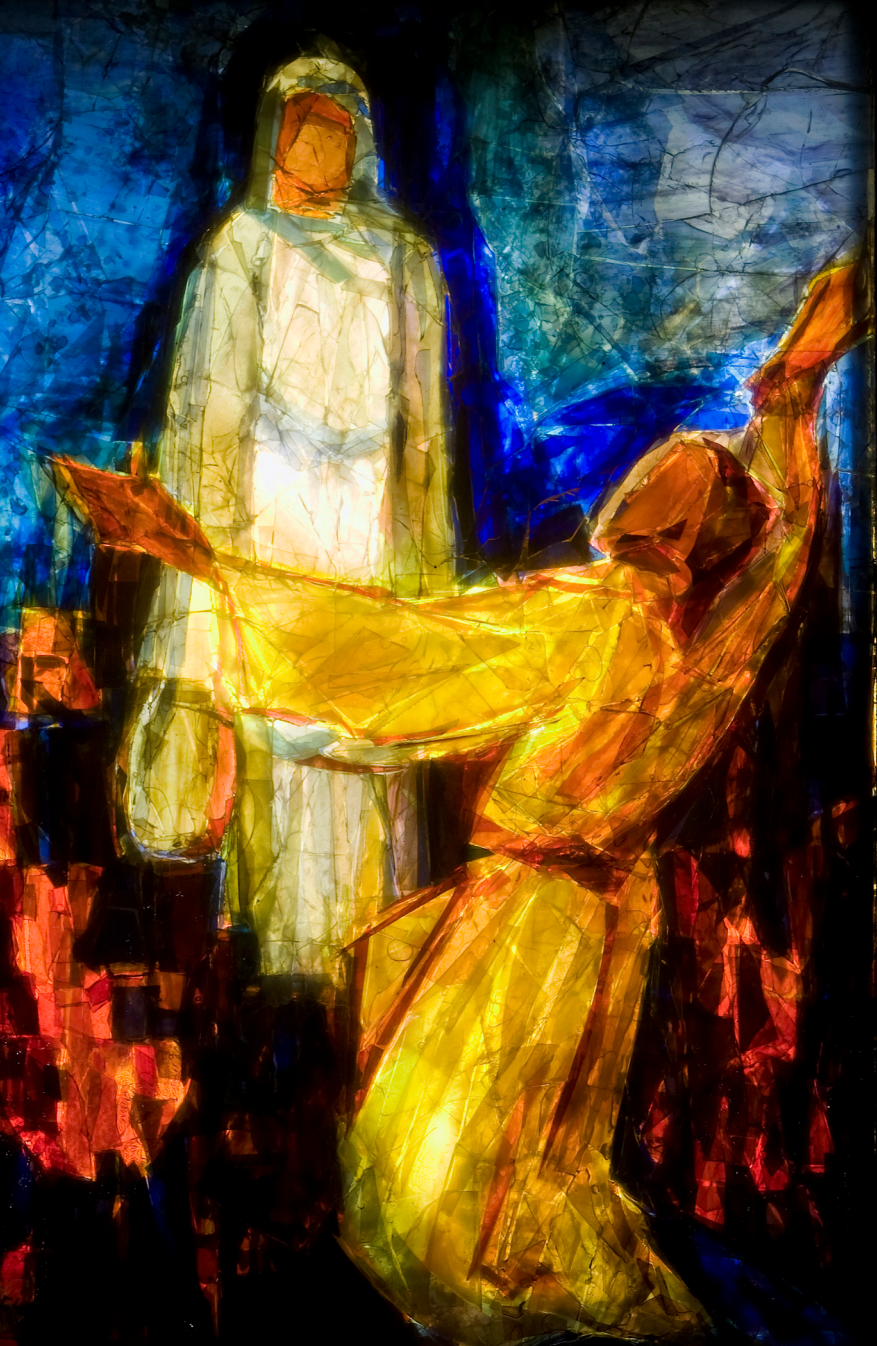
The Angelus.....	1
Letter from the Pilgrimage Leader	7
Pilgrimage Leadership Team	8
Safeguarding Statement.....	10
What is a Pilgrim?.....	11
Youth Mission Statement	12
Encounter	14
Bernadette of Lourdes	15
Sanctuary of Our Lady of Lourdes	22
Map.....	24
Rites, Sacraments & Devotions	27
Processions in Lourdes	28
Blessed Sacrament Procession & Blessing of the Sick.....	29
Marian Torchlight Procession.....	30
How to Pray the Rosary	32
Silence in the Liturgy	39
The Way of the Cross	40
Geste de L'Eau: The Water Gesture.....	60
Daily Prayers	61
Prayer Folders.....	61
Sacrament of Reconciliation	62
Sacrament of Anointing of the Sick.....	64
Our Programme in Lourdes	67
Friday 24 July	69
Daily Prayers	70
Welcome Mass.....	72
Saturday 25 July.....	78
Daily Prayers	79
Opening Mass.....	81

Sunday 26 July	95
Daily Prayers	96
The International Mass	98
Marian Torchlight Procession.....	101
Monday 27 July	103
Daily Prayers	104
Group Masses	106
Blessed Sacrament Procession	108
Tuesday 28 July	110
Daily Prayers	111
Mass with Anointing	113
Wednesday 29 July	125
Mass at the Grotto	126
Daily Prayers	134
Thursday 30 July.....	136
Daily Prayers	137
Closing Mass	139
Planning to Come Back Next Year?.....	145
Prayer Network	147
Donations & Fundraising	148
Additional Hymns & Music	150
Index of Hymns.....	164
The Magnificat.....	168

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Arundel & Brighton
Lourdes Pilgrimage
web pages!**

W: abdiocese.org.uk/lourdes





LETTER FROM THE PILGRIMAGE LEADER

Dear fellow pilgrims,

We travel to Lourdes this year, patiently and prayerfully waiting for the appointment of a new Bishop. I am grateful to our Diocesan Administrator, Canon Jonathan Martin, for asking me to lead this year's Pilgrimage. As Spiritual Director, it is a great privilege to lead the Pilgrimage. During our pilgrimage, we all have the opportunity to thank God for Archbishop Richard's leadership and encouragement of our Diocese and Pilgrimage, and to pray for him as Archbishop of Westminster.



Our theme this year is '*Hail Mary, full of grace, the Lord is with thee,*' which makes us immediately think of the prayer. When we say the first part of this prayer, we are reciting the words of the Angel Gabriel, when he greeted Our Lady during the Annunciation.

The story of the Annunciation in Luke's Gospel leads us to another prayer, the Angelus, and this is often prayed three times a day, first thing in the morning, at midday and in the early evening. In this prayer, we contemplate the humble request to Our Lady made by the Angel Gabriel that she be the mother of Jesus. Mary's humble response '*Behold, I am the servant of the Lord; let it be done to me according to your word*' (Luke 1: 38) finds an echo in St Bernadette's response to the Apparitions all those years later.

We come to Lourdes with petitions laying on our hearts for those we love, for a world struggling to find faith, hope and love and also for ourselves. Our Lady will hear our humble requests and intercede for us, as the one who always says 'Yes' to the will of God. We can also listen to what Our Lady might ask of us and try to respond in the same spirit of the Annunciation: '*I am the servant of the Lord; let it be done to me according to your word.*'

This is the spirit in which we serve one another on our pilgrimage recognising that we are servants of the Lord, by serving one another in whatever capacity we have been called to fulfil this year.

With every blessing,

Canon David Parmiter
Pilgrimage Leader & Spiritual Director

PILGRIMAGE LEADERSHIP TEAM

Pilgrimage Leader & Spiritual Director

Rev. Canon David Parmiter

Priests

Rev. Peter Andrews

Rev. Gary Carter

Rev. Tristan Cranfield

Rev. Kevin Dring

Rev. Chris Ingle

Rev. Canon Kieron O'Brien

Rev. Canon Colin Wolczak

Rev. Chris Bergin

Rev. Scott Coleman

Rev. Simon Dray

Rev. Canon Seamus Hester

Rev. David Murphy

Rev. Kevin O'Donnell SDB

Deacons

Rev. Deacon Adrian Burnett

Rev. Deacon Jon Harman

Rev. Deacon Roger Stone

Rev. Deacon Simon Tierney

Rev. Deacon Paul Fisher

Rev. Deacon Simon South

Rev. Deacon Mike Thoms

Rev. Deacon Ray Williamson

Assistant Chaplains

Katherine Bergin

Ruth Creamer

Niki Harman

Deirdre Leach

Amy Meredith

Mary Smith

Bethan Townsend

Ghislaine Cornfield

Claire Franke

Karin Harvey

Ursula Lucas

Emma Sharp

Anne Tierney

Mary Watson

Pilgrimage Director

Alex Manko

Pilgrimage Office Admin Assistants

Mary Calway

Charlotte Booth

Clinical Leadership Team

Chief Medical Officer

Dr Francis Nicholls

Chief Nurse

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Lead Nurses - Hotels

Emily O'Sullivan & Kayleigh Pierce

Lead Nurses - Accueil

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All Helpers

Dilhara Fernando, Andre Manko

Accueil

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Fiona McGonigle

Master of Ceremonies

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Clair Bloy, Kate Szeless

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Redshirts

Catherine & John Watts

Purpleshirts

Emma Sharp & Patch Kerr

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SAFEGUARDING STATEMENT

On the Arundel & Brighton Lourdes Pilgrimage we regard the welfare of children and vulnerable adult pilgrims as our priority.

Pope Leo reminds us all that 'Your mission is to help ensure that abuse is prevented. Yet prevention is never just a set of protocols or procedures. It is about helping to form, throughout the Church, a culture of care, in which the protection of minors and persons in vulnerable situations is not seen as an obligation imposed from outside, but as a natural expression of faith.'

We are a pilgrimage who are committed not only to keeping everyone safe to the best of our ability but also to ensuring all helpers and those in leadership roles are equipped to manage and address any concerns, allegations or worries that may arise.

We constantly review whether our safeguarding procedures are up to date and robust enough to keep all our pilgrims safe on our Pilgrimage.

All volunteers receive safeguarding training prepared by the Pilgrimage and the British Lourdes Medical Association. Our commitment to everyone's safety means that unless those people who are required to complete training as part of their roles have done so, we cannot consider them formally our volunteers.

However, this cannot be done in isolation, and safeguarding our vulnerable pilgrims, on the pilgrimage or for when they return home, depends and relies on you all to be our eyes and ears and be brave enough to sometimes make what can be difficult decisions should you be faced with a possible safeguarding issue that you need to report to the safeguarding team.

Please be reassured you are never on your own and you will be supported, and know that all matters are treated in the strictest confidence.

'Speak up for those who cannot speak for themselves; ensure justice for those being crushed. Yes, speak up for the poor and helpless, and see that they get justice.' Proverbs 31:8-9

Thank you for your support. God bless and I wish you a wonderful, holy and safe Pilgrimage

Dilhara (DD) Fernando

A&B Safeguarding Lead and Co-Hospitalité President

WHAT IS A PILGRIM?

A pilgrim is a searcher. Restless, seeking truth or meaning, he or she goes on a journey. The beginning is modest, but significant.

'The journey of 1,000 miles begins with one step,' say the Chinese. 'I will go on-line and complete an application form for this year's pilgrimage,' say we. This first step leads to a tradition born in the Middle Ages when many people went on pilgrimage to holy places. It was tourism, mediaeval style. People in those days were wise. They said that there are two types of pilgrimage: the physical (like going from London to Canterbury to pray at the tomb of St Thomas Becket) and the spiritual (engaging in an active inner search). The first was good; the second was better and nobler.

So who is a pilgrim? We all are, both individually and as a people. I am a pilgrim person. I am on a physical and spiritual journey. I need healing. During my week's pilgrimage I will live this experience intensely, through journeying in Lourdes: meeting strangers, making friends, exchanging stories, caring for people, moving out from the prison which often holds me back. And engaging in prayer, meeting Jesus in the Sacrament of Reconciliation, finding some dark bits that I do not like, and then finding relief and release in God's loving forgiveness. My journey to Lourdes will teach me many things, and not least the importance of prayer. One peaceful moment at the Grotto in the presence of Our Lady can be a life-changing experience.

But there is more to life than me. 'No man is an island entire of itself' is what the poet John Donne said. 'Every man is a piece of the continent.' We are a pilgrim church: on the road but not there yet. We have each other, a guide and a destination: heaven and eternal life. We are always open to letting people follow at their pace and picking up stragglers at any time. We belong, as part of a Hotel group or the Accueil, and in belonging, we are important. In Lourdes, we learn particularly how important the sick are to our community. Through them we discover our universal fragility and our need of healing.

YOUTH MISSION STATEMENT

Growing in faith, sharing in love

The Lourdes Youth Teams exist to lead young people on the Arundel & Brighton Diocesan Pilgrimage to a closer encounter with Jesus.

They seek to implement our diocesan pastoral priorities of prayer, formation, and mission by helping young people discover the joy of following Christ through a combination of learning, serving, prayer and the sacraments. The teams aim to empower them to explore the meaning of discipleship in Lourdes and encourage them to connect with their local parishes on their return, continuing their journey of faith.

Build: The youth teams aspire to build a sense of community, where all are welcome and know they belong: where young people can truly connect with each other and become more aware of God, active in their lives.

Serve: Throughout the pilgrimage, young people will be provided with the opportunity to serve others, learning that we are all made in the image and likeness of God, and are therefore worthy of love, respect, and friendship.

Pray: A key component of the pilgrimage is to enable the young people to strengthen their relationship with God by spending time with Him in prayer. No matter what their starting point, the purpose is to enable them to encounter the Lord in a deeper way.

Explore: Shared time together will provide the opportunity for young people to learn more about the faith whilst offering a safe space to ask questions, discuss doubts, and explore God's call on their lives.

Connect: The young people will be encouraged to connect with the Universal Church by witnessing pilgrims from across the world, learning more about the saints (St Bernadette) and being invited to understand Mary as Mother of us all.

'When God touches the heart of a young man or woman, they become capable of tremendous things.'

Pope Francis' Message for the 32nd World Youth Day,
Vatican, 27 February 2017

LOURDES YOUTH TEAMS

Children's Liturgy

Young people under the age of 7: Years 1-2 at Primary School

Orangeshirts

Young people aged 7 & 10: Years 3-5 at Primary School

Greenshirts

Young people aged 11 & 14: Years 6-9 at Secondary School

Redshirts

Young people aged 15 & 16: Years 10 and 11 at Secondary School

Purpleshirts

Young people aged 17, in school year 12 at Secondary School

Encounter

Young people aged 18 by 31st August following the pilgrimage, up to age 30



ENCOUNTER

An opportunity for 18-30s to recharge their Spiritual Battery

If you are a young person on pilgrimage, you may often find you are giving all of yourself to everyone who needs you and it can be such a busy time that you may find your energy reserves depleted by the evening.

Without realising it, our spiritual reserves can also be drained as we strive to care for others and some have reflected that, even at times of prayer, we may find it hard to focus on our own faith experience.

Encounter offers you a moment to recharge your spiritual batteries, meeting in the Youth Tent on the prairie and having a dedicated period of time to develop your relationship with Jesus. A wonderful selection of clergy will each take a different element of the year's theme and offer you some wisdom that inspires and enthuses you to move forward with a renewed love for God and an awareness of His abundant love for us. It's not to be missed!

The sessions take place at 10.45pm on the following evenings, at the Youth Tent on the Prairie, opposite the Grotto:

- Saturday 25th: 'Mary, cause of our joy.'
Led by Fr Chris Bergin
- Sunday 26th: 'God's grace precedes us.'
Led by Fr Scott Coleman
- Monday 27th: 'Do whatever he tells you.'
Led by Fr Gary Carter
- Wednesday 29th: 'How can we live out our "Yes"?'
Led by Fr Tristan Cranfield

BERNADETTE OF LOURDES

by Catherine Baril

A Family in Need

On 7 January 1844 François and Louise Soubirous (formerly Casterot) gave birth to their first child. They named her Bernadette. She was baptised two days later, on her parents' first wedding anniversary. Her baptismal name was Marie-Bernarde.

François and Louise had nine children, five of whom did not survive beyond the age of ten.

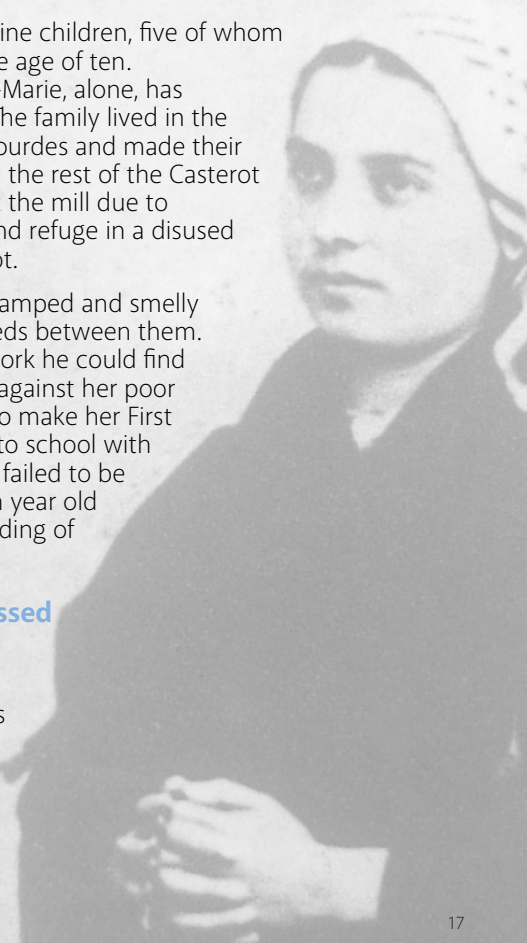
Bernadette's brother Jean-Marie, alone, has descendants alive today. The family lived in the little Pyrenean village of Lourdes and made their home at the Boly Mill with the rest of the Casterot family. Eventually they left the mill due to insufficient funds and found refuge in a disused prison cell called Le Cachot.

The family of six lived in cramped and smelly conditions, sharing two beds between them.

François accepted what work he could find whilst Bernadette battled against her poor health. Her strong desire to make her First Holy Communion led her to school with the Sisters of Nevers, who failed to be impressed by the fourteen year old and her limited understanding of theological concepts.

The 'Beautiful Girl Dressed in White'

On Thursday 11 February 1858, despite her mother's reluctance, Bernadette set out into the bitter cold to gather firewood with her sister, Toinette, and a friend, Jeanne Abadie (nicknamed Baloume).



Together the girls arrived at the Grotto of Massabielle, where Toinette and Baloume hurriedly crossed the freezing waters of the millstream to collect firewood. Determined not to be defeated by her asthma, Bernadette bent down to remove her footwear. As she did so, she heard a noise like a gust of wind. The noise was repeated. As she looked up at the Grotto she saw the branches of a wild rosebush moving. Out of the darkness of the cave appeared a soft light, followed by a beautiful girl dressed in white who smiled and beckoned her. Bernadette rubbed her eyes but the smiling girl did not disappear. Deciding to reach into her apron for her rosary, Bernadette became afraid and her hand fell.

The Vision made the Sign of the Cross. Bernadette copied her and all fear vanished. She knelt and said the rosary as the Lady silently fingered her rosary beads. When the Vision signed for her to approach, Bernadette did not dare, and the beautiful girl dressed in white disappeared.

The Second Apparition

François and Louise soon became concerned by their eldest daughter's tales of 'Aquerò' – a respectful term in the local dialect meaning 'that' – and forbade her from going to Massabielle. Three days passed before Bernadette was able to return. After High Mass on Sunday 14 February, during the second decade of the rosary, the Lady appeared to her. Bernadette sprinkled some holy water towards the apparition and asked her to step forward if she was from God. The Lady smiled and moved slightly towards Bernadette. Meanwhile Baloume, who had pushed a small boulder down the cliff face, prompted Bernadette's companions to flee from the scene in fear and in search of the local miller. That miller, Nicolau, said that he had never seen anything more beautiful than Bernadette in a state of ecstasy.

A Fortnight of Apparitions

Rumours spread quickly about the young girl who was having visions. During the third apparition, on Thursday 18 February 1858, the Lady asked Bernadette to come to the Grotto of Massabielle every day for fifteen days. The apparition told Bernadette: 'I do not promise to make you happy in this world but in the other.'

'Pray for sinners'

On Sunday 21 February, the crowd had swollen to over a hundred. Bernadette revealed that during the apparition the Lady looked sad

and said: 'Pray for sinners.' Dr Dozous, a local doctor, examined Bernadette while she was in ecstasy. He found her pulse and breathing to be normal with no sign of excitement (despite his initial scepticism he later became convinced that Our Lady had truly appeared to Bernadette).

'Penitence, penitence, penitence'

Soon the police became involved and Police Commissioner Jacomet interrogated Bernadette (he too later admitted that he was convinced that the girl was genuine). Bernadette always remained faithful to her account of what she had seen, including during later interrogations by the Imperial Prosecutor, Dutour. Meanwhile François had been persuaded by Jacomet to forbid Bernadette returning to the Grotto. He could not keep his daughter away for long. Bernadette said to her parents, 'I must disobey you or Aquerò.' Early in the morning of Tuesday 23 February, the Lady appeared to Bernadette at the Grotto and remained with her for an hour, during which she gave Bernadette three secrets, none of which Bernadette ever revealed. At the following apparition, three hundred people were present to hear Bernadette pass on the Lady's message of 'Penitence, penitence, penitence.'

'Go and drink at the spring and wash yourself in it'

The apparition of Thursday 25 February caused widespread astonishment. Kissing the ground as an act of penitence for sinners, Bernadette began to scrape the earth at the back of the cave, plastering her face with the muddy water and drinking it. She later revealed that the Lady had said to her: 'Go and drink at the spring and wash yourself in it.' Not seeing any water, Bernadette had made her way towards the stream but the Lady called her back and indicated to the back of the cave. Later that day some returned and found a hole filled with water 'as big as a soup tureen' but the more people drank from it the bigger the hole and the clearer the water became.

Cures

It is estimated that over a thousand people were present for the eleventh apparition on Sunday 28 February. A visiting priest attended the twelfth apparition, unaware of the clerical ban imposed by the Abbé Peyramale and was profoundly moved by Bernadette's ecstasy and the crowd's silent prayer. It was on this day that the first of seven cures, proclaimed by Monseigneur

Laurence to be the 'work of God' in a mandate on 18 January 1862, occurred.

Catherine Latapie-Chouat of Loubajac, who lived about four miles from Lourdes, suffered from a paralysed right arm, a considerable disadvantage for someone whose livelihood depended on work such as spinning and knitting. She travelled to the Grotto with her two youngest children and plunged her arm into the pool of water discovered by Bernadette. Quite suddenly her arm became supple but almost immediately she started to have labour pains: she was nine months pregnant. She rushed home and gave birth within minutes of her return. She was thirty-nine years old.

The spring now gushes forth several thousand gallons of water a day. The water has been tested for healing properties by scientists but they found none. Lourdes has become known for its 'miracles', 'works of God' and uncountable incidences of healing.

A Chapel and a Procession

In the apparition of Tuesday 2 March, the Lady gave Bernadette two messages: 'Go and tell the priests to build a chapel' and 'People are to come here in procession.' Abbé Peyramale, to whom Bernadette imparted these messages, was a good man despite his gruff manner but was unhappy at the prospect of organised processions to the Grotto. Unaccustomed to taking instructions, he commanded Bernadette to ask the Lady for her name. During the following apparition, however, the Lady simply smiled when Bernadette passed on his request and Bernadette returned to the parish priest with the reiterated message: 'The Lady still wants the chapel.' Abbé Peyramale told Bernadette to ask the Lady for a sign. Perhaps she could make the rosebush at the Grotto flower – then he would build her chapel!

'Que soy era Immaculada Councepciou'

Thursday 4 March marked the last apparition of the fortnight. The whole town was in a state of excitement. A large group had been praying through the night and officials made elaborate plans to control the crowd. Estimates have varied between eight and twenty thousand people present. Silence fell among the crowd as Bernadette arrived shortly after seven in the morning and began to recite her rosary, moving about the Grotto on her knees. The apparition lasted about an hour, without incident, signs or revelation of the Lady's name.

It was three weeks before Bernadette returned to the Grotto. On Thursday 25 March, the feast of the Annunciation, Bernadette awoke at 4am with a compelling desire to go to the Grotto. When she arrived at the Grotto, Bernadette found the Lady waiting for her and was overjoyed.

After praying the rosary, Bernadette asked four times for the Lady's name. At the fourth request, Aquerò stretched out her arms at her side, joined them at her breast and raised her eyes to the sky as she said: 'Que soy era Immaculada Councepciou' (I am the Immaculate Conception). Bernadette rushed to the presbytery to tell the parish priest, who outwardly dismissed the girl's statement. Inwardly he knew that the illiterate Bernadette could not have made this up. The Church had declared the doctrine of the Immaculate Conception four years previously. 'So it is the Blessed Virgin,' he thought to himself.

Barricading the Grotto

Wednesday 7 April marked the seventeenth apparition. While in ecstasy, Bernadette was unaware that the flame of a candle that she was holding licked her cupped hands for several minutes. Upon inspection of her hands Dr Dozous found not the slightest trace of burns. After the apparition, the public authorities barricaded the Grotto. The Prefect at Tarbes, Baron Massy, tried to discredit the events as well as Bernadette, whom he attempted to admit to a mental institution. Abbé Peyramale, who had become a great friend and support to Bernadette, defended her but the Grotto remained closed.

First Holy Communion

Bernadette made her First Holy Communion on Thursday 3 June, the feast of Corpus Christi, at the Convent of Sisters of Charity. On being asked whether her First Holy Communion or the Apparitions made her happier, she replied: 'The two things go together but they cannot be compared. I was very happy with both.'

The Final Apparition

At about seven o'clock in the evening on the feast of Our Lady of Mount Carmel, Bernadette saw the final apparition from the meadow beyond the far bank of the Gave, having been prevented by the barricades and the crowds from entering the Grotto. She later remarked that it was as though she was in her beloved Grotto itself and that the Lady was more beautiful than she had ever seen her.

The Commission of Enquiry

On 28 July 1858 Monseigneur Laurence, the Bishop of Tarbes, set up a Commission to make a complete and thorough inquiry into the events at Massabielle, which lasted three years. The bishop announced its findings on 18 January 1862: 'It is our judgement that Mary Immaculate, Mother of God, did really appear to Bernadette Soubirous on 11 February 1858, and on subsequent days, eighteen times in all, in the Grotto of Massabielle, close to the town of Lourdes.'

Sister Marie-Bernarde

Bernadette faced constant curiosity from outsiders and extremely poor health. She soon moved to the hospice run by the Sisters of Charity in Lourdes, where she remained for six years until she moved to the Convent of St Gildard and community of the Sisters of Charity in Nevers. She only referred to the apparitions when asked, saying: 'I know nothing. I am good for nothing, useless.' Before leaving Lourdes on 4 July 1866, Bernadette was present at the inauguration of the Crypt, the 'Chapel' requested by Our Lady. She bid farewell to her beloved Grotto, later saying: 'The Grotto was my heaven; you will find me there at the foot of the rock.'

Within three months of arrival in Nevers, she received the 'Last Rites' on what was considered to be her death bed. At the same time, she took her vows of simple profession, repeated publicly in October 1867. As Sister Marie-Bernarde, she tried to live a life of obscurity and devotion to her tasks as a nun but in 1874 she became too ill for active duties, suffering from chronic asthma, constant chest pains, abscesses, a tumour on the knee and bone decay. Bernadette died on 16 April 1879, aged 35.

Thirty years later, her body was exhumed in the cause of her beatification and was found to be in a state of perfect preservation: there was no decay. After re-burial, her body was exhumed in 1913 and finally in 1925. Her body was placed in a glass casket and now rests in the chapel of the convent of St Gildard in Nevers. Pope Pius XI proclaimed Bernadette a Saint on 8 December 1933, the Feast of the Immaculate Conception.

SOME WORDS OF BERNADETTE

I must belong entirely to God,
and to God alone. Never to myself.

I shall spend every moment loving.

I fear nothing because I have
always told the truth.

I shall always have enough health,
but never enough love
for Our Blessed Lord.

I must die to myself continually
and accept trials without complaining.

I shall not live an instant without loving.

I am entrusted with telling you what I have seen and heard;
I am not entrusted with making you believe it.

I was a broom for the Virgin Mary;
when she no longer needed me she put me in my right place,
which was behind the door.

It is not necessary to give each other a keepsake when we
love each other, but remember we must love and help others
without counting the cost.

Jesus came on earth to be my model.
I want to follow him and walk generously in his footsteps.

O Mary, my good Mother,
help me follow your example to be generous in every sacrifice
Our Lord may ask of me during my life.

One who loves does not notice her trials;
or perhaps more accurately, she is able to love [her trials].

From this moment on,
anything concerning me is no longer of any interest to me.

I work. I suffer and I love with no other witness than his heart.

SANCTUARY OF OUR LADY OF LOURDES

The Sanctuary area covers 53 hectares and has 23 places of worship, including the Grotto of the Apparitions.

The Grotto of Massabielle

This small cave is at the very heart of Lourdes. It is where Our Lady appeared to Bernadette 18 times in 1858: a place where heaven and earth touched. Ever since that time, it has been a place of pilgrimage, prayer and contemplation.

In a niche above and to the right of the Grotto is a statue of Our Lady of Lourdes. On the ground in front of the Grotto and slightly to the left is a plaque marking the spot where Bernadette knelt in prayer during the first apparition. Benches often cover the plaque, so it is not always easy to find. Another plaque immediately in front of the Grotto shows where Pope John Paul II knelt in prayer on his visit to Lourdes.

At the back of the Grotto, on the left, is the spring discovered by Bernadette on 25 February 1858. The water is channelled to the Baths and the taps. Behind the altar, which is made of solid rock, there is a box for pilgrims' petitions. Pilgrims move silently though the Grotto, usually entering from the left as we face it and departing to the right.

Mass is celebrated in the Grotto each day (times and languages of the Masses are shown at the Information Centre). The last Mass of the day is at 11pm and is usually in French. Many pilgrims like to visit the Grotto on every day of their pilgrimage.



The Basilica of the Immaculate Conception

Begun in 1866 and built high up above the Grotto and Rosary Square, this is the chapel requested by the Virgin Mary during the 13th apparition: 'Go and tell the priests to build a chapel here and that people should come in procession'.

The Basilica of Our Lady of the Rosary

This basilica, beneath the Basilica of the Immaculate Conception, contains 15 side chapels, each dedicated to one of the Joyful, Sorrowful and Glorious Mysteries of the Rosary, illustrated in mosaic.

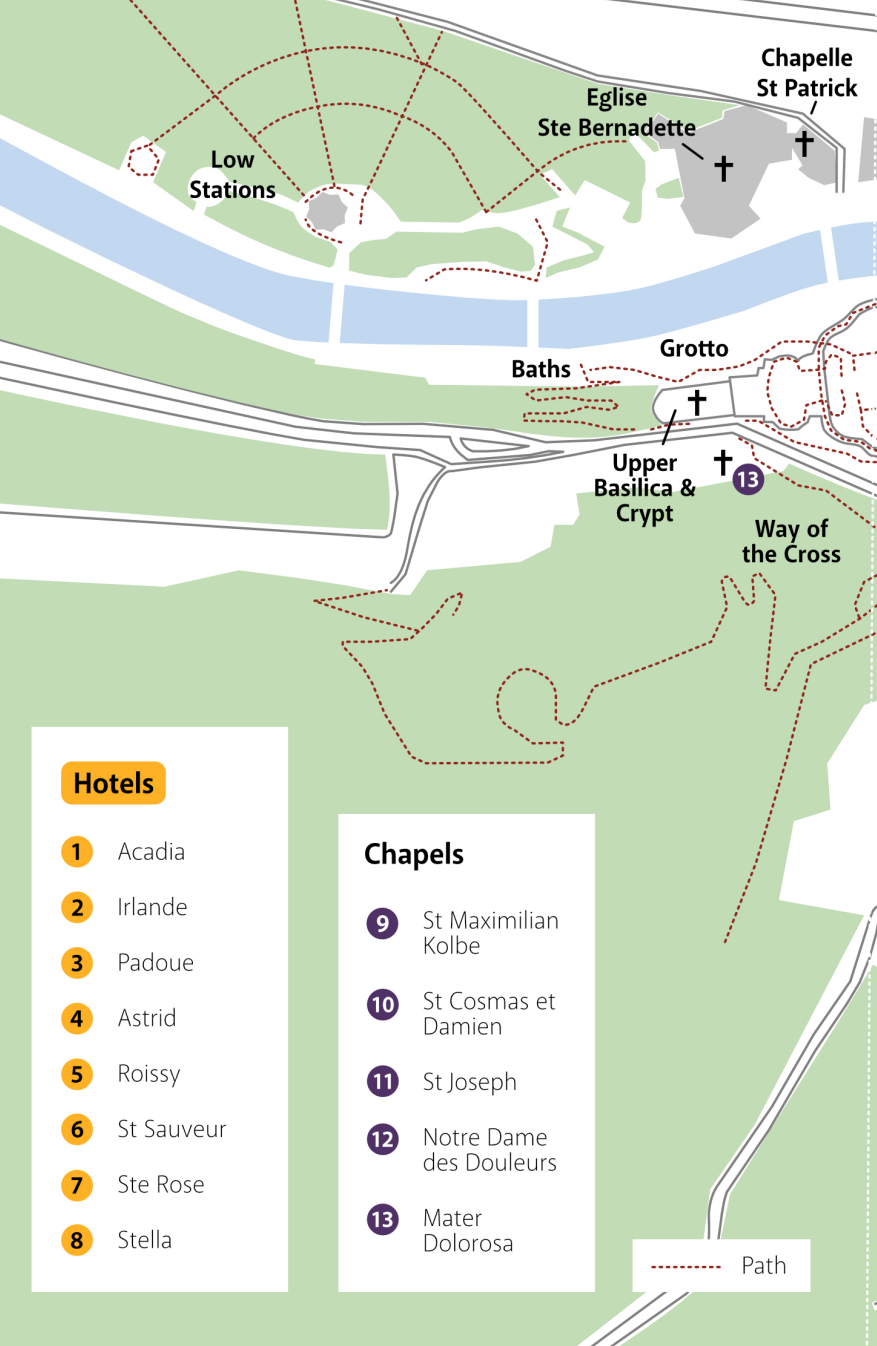
The Adoration Chapel

The Adoration Chapel is to the left of the Church of St Bernadette and is easy to miss. It is open for silent prayer throughout the day and Adoration of the Blessed Sacrament from 6am to 11pm each day in the summer. The chapel is built on twelve pillars representing the twelve apostles and is a haven of peace and prayer.

The Basilica of St Pius X: The Underground Basilica

Opened in 1958 for the 100th anniversary of the Apparitions, this basilica is an extraordinary piece of architecture, due to its enormous dimensions, its modern forms which are like those of no other contemporary religious building, and its use of modern materials such as pre-stressed concrete. It is where International Masses, large gatherings, Adoration of the Blessed Sacrament and the blessing of the sick at the end of the Eucharistic Procession take place.





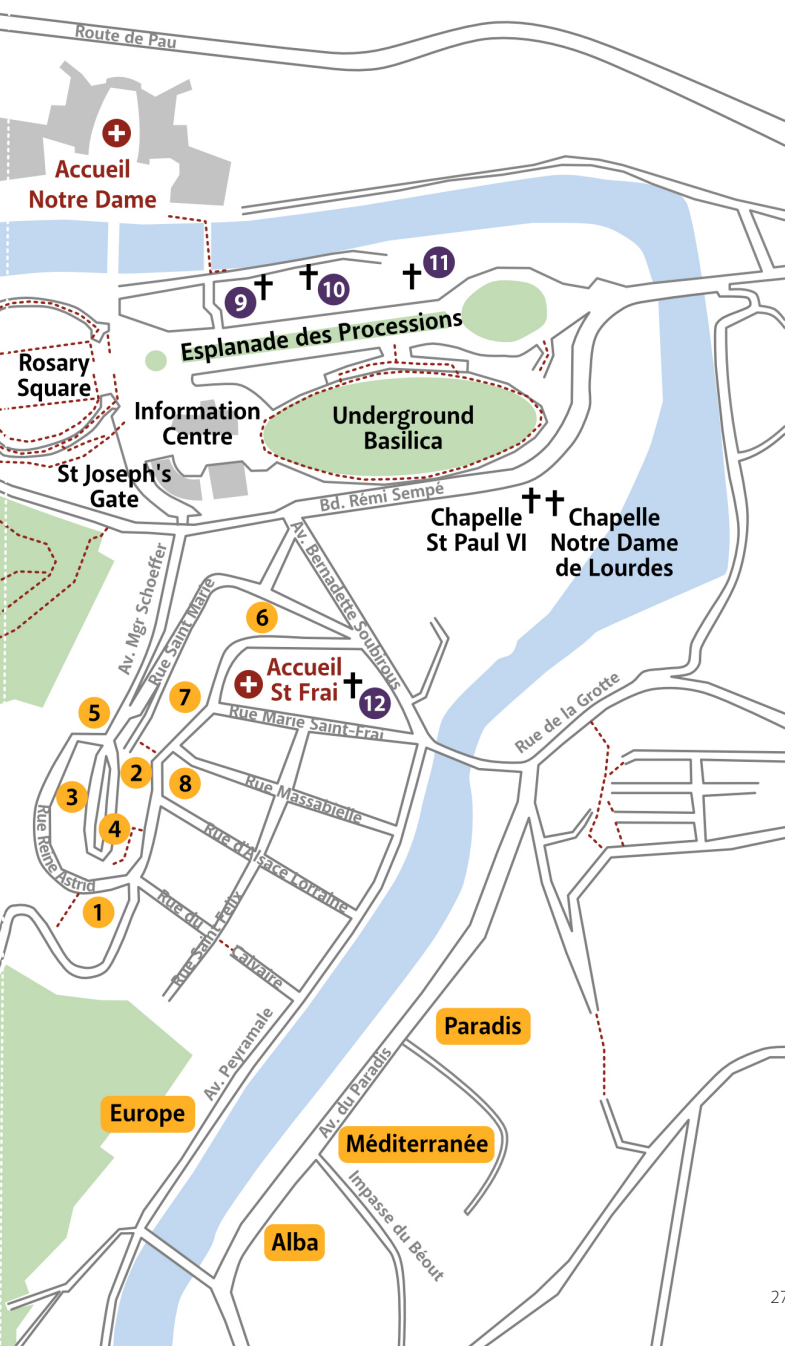
Hotels

- 1 Acadia
- 2 Irlande
- 3 Padoue
- 4 Astrid
- 5 Roissy
- 6 St Sauveur
- 7 Ste Rose
- 8 Stella

Chapels

- 9 St Maximilian Kolbe
- 10 St Cosmas et Damien
- 11 St Joseph
- 12 Notre Dame des Douleurs
- 13 Mater Dolorosa

----- Path





rites, sacraments & devotions



PROCESSIONS IN LOURDES

A Guide

When we take part in processions, we are participating in an activity which may be unfamiliar. We gather formally as the Arundel & Brighton Pilgrimage, along with other pilgrimages and dioceses from all over the world. We gather in a prescribed order, taking our positions well in advance of the start of the procession. When the signal is given, we move forward slowly and with a certain solemnity. We are on the move. We are together – you cannot do a procession by yourself. We sing and we pray – a procession is a public act of faith. We reach our destination, and we continue singing and praying until the end.

In the course of the procession, we are transformed. We are no longer the Diocese of Arundel & Brighton. We may still be close to our friends and family, but we are joined with other pilgrimages – we are part of the Universal Church. This is symbolic of our final destination, as in faith we believe that, in a mysterious way, we will all be united in singing the praises of God in eternal life.

So, a procession is a journey which symbolises in miniature form what our life of faith is about. It is the courage to move out of our comfort zone, join with other people and seek to encounter the Lord Jesus.

We go calmly. We will all get to the final destination. There is no prize for being the first. Indeed, in the Blessed Sacrament Procession the most honoured position is at the end of the Procession where the Bishop carries the Sacred Host.

We are witnesses of faith. We are not showing ourselves off to others. This is not a parade even if there are many onlookers.

We support each other. We are a people of all nations walking towards the Light, overcoming tribulations on the way, renewing ourselves constantly under the action and the influence of the Holy Spirit.

In conclusion, a procession is a time of hope. It is a time of walking with Our Lady in response to the instruction she gave to Bernadette, and of discovering new depths of faith.

'As a true mother, Mary walks at our side, she shares our struggles, and she constantly surrounds us with God's love.'

BLESSED SACRAMENT PROCESSION & BLESSING OF THE SICK

This procession is almost as old as the first pilgrimages to Lourdes. It was first linked to the movement of the Blessed Sacrament from the Crypt to the Grotto, where Adoration took place. But the sick were detached from this and a new form was introduced, which included the blessing of the sick.

This procession and blessing of the sick takes place every day at 5pm. As a pilgrimage, we will take part on one particular day, though pilgrims can attend on other days if they so wish.

Pilgrims who do not wish to process (for example because of the heat) may go directly to the Underground Basilica of St Pius X where they can participate in prayer and adoration by watching the progress of the procession towards the Basilica on the large screens.

The Blessed Sacrament is carried by a Bishop, in solemn procession, under a canopy and accompanied by priests and deacons, from the Podium opposite the Grotto to the Underground Basilica. Pilgrims by the Podium lead the procession into the Basilica.

Once everyone is gathered, there is a time of silent Adoration of the Blessed Sacrament – we don't have to do anything, we just have to 'be', and feel the love of God. The Curé d'Ars, when asked what he did during his time of private prayer, said 'I look at Him and He looks at me'. The period of silence ends as we all sing the ancient hymn *Tantum ergo Sacramentum*. *See p.110 for the prayers and chants of this service.*

In Lourdes, the service of Benediction is amplified by a small procession for the blessing of the sick. The main celebrant, carrying the monstrance, is followed by other bishops and a procession of clinicians. As they move around the altar, the procession stops at frequent intervals to bless the sick and disabled. As the priest makes the Sign of the Cross with the monstrance containing the Sacred Host, our faith tells us that it is Our Lord himself who blesses us, and we receive the Benediction with reverence, head bowed. This is a solemn and moving moment of the Pilgrimage, and a source of grace and healing to the sick, and to all who participate. The service ends with a hymn and the Blessed Sacrament is moved to the Blessed Sacrament Chapel in the Underground Basilica.

MARIAN TORCHLIGHT PROCESSION

The Marian Torchlight Procession dates back to the earliest times when pilgrims would end their day's pilgrimage by saying the rosary together and singing hymns to Our Lady, and takes place every evening, starting at 9pm. As a pilgrimage, we take part in the procession on one evening during the week, but pilgrims may take part on other evenings if they wish. On the evening when we are officially processing as a diocese, we will gather and form up behind the diocesan banner.

Pilgrims in wheelchairs or on stretchers gather in front along with the Family Group, and walkers follow behind. This start is symbolic as we will journey from separation to unity.

All participants carry a lighted candle, which is a reminder of our baptism, when we received the gift of faith. Here in Lourdes, the candlelit procession bears witness to our faith, hope and love of God and a reminder that we are called to be 'the light of Christ' to all we meet in the world.

During the procession, the rosary will be prayed in a variety of languages, reflecting the different nationalities present in Lourdes at the time. However, the Glory Be is always said in Latin, because Our Lady joined in with Bernadette on the Glory Be of each decade that she recited. The following two hymns are also often sung: *Immaculate Mary* and *Holy Virgin, by God's Decree* – these hymns are often printed on the paper candle holder.

See p.103 for the Latin prayers prayed during the Procession.

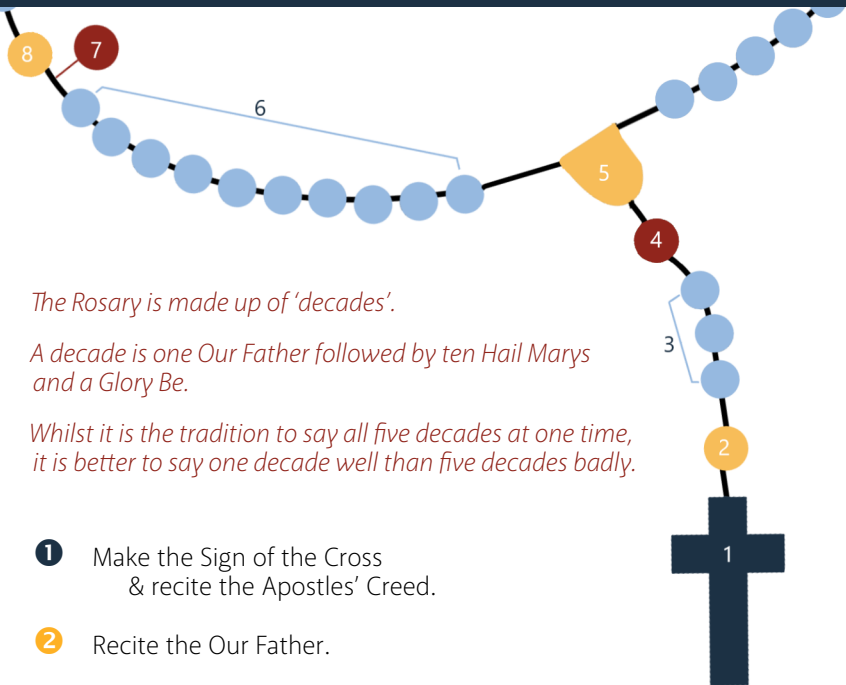
Having processed right round the Esplanade, those using wheelchairs are placed at the foot of the Basilica steps. While this is happening, walkers are directed into Rosary Square, which prolongs the procession and creates a wonderful weaving of light, as night falls.

Eventually all those processing are gathered in front of the Rosary Basilica and the evening concludes with the Episcopal Blessing and a hymn to Our Lady, usually the *Salve Regina*.

At the end of the procession, some people like to go to the Grotto or to the candle bank to continue their prayer.



HOW TO PRAY THE ROSARY



The Rosary is made up of 'decades'.

A decade is one Our Father followed by ten Hail Marys and a Glory Be.

Whilst it is the tradition to say all five decades at one time, it is better to say one decade well than five decades badly.

- ❶ Make the Sign of the Cross & recite the Apostles' Creed.
- ❷ Recite the Our Father.
- ❸ Recite three Hail Marys.
- ❹ Recite the Glory Be.
- ❺ Announce the first mystery and recite the Our Father.
- ❻ Recite ten Hail Marys.
- ❼ Recite the Glory Be.
- ❽ Announce the second mystery and recite the Our Father.
Repeat the steps through the Rosary.
- ❾ After completing the mysteries,
recite the Hail Holy Queen & end with the Sign of the Cross.

The Apostles' Creed

I believe in God, the Father almighty,
 Creator of heaven and earth
 and in Jesus Christ, his only Son, our Lord,
 who was conceived by the Holy Spirit,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, died and was buried;
 he descended into hell;
 on the third day he rose again from the dead;
 he ascended into heaven,
 and is seated at the right hand of God
 the Father almighty;
 from there he will come
 to judge the living and the dead.

I believe in the Holy Spirit,
 the holy catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and life everlasting. Amen.

Our Father

Our Father, who art in heaven,
 hallowed be thy name.
 Thy Kingdom come,
 thy will be done on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee.
 Blessed art thou amongst women,
 And blessed is the fruit of thy womb, Jesus.
 Holy Mary, Mother of God,
 Pray for us sinners,
 now and at the hour of our death. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning
is now and ever shall be,
world without end. Amen.

Hail, Holy Queen

Hail, holy Queen, mother of mercy;
hail, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping in this vale of tears.

Turn then, most gracious advocate,
thine eyes of mercy towards us;
and after this our exile,
show us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

℣. Pray for us, O holy Mother of God,
℟. **That we may be made worthy of the promises of Christ.**

℣. Let us pray.
O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life;
grant, we beseech you that meditating on these mysteries
in the most holy Rosary of the Blessed Virgin Mary,
we may both imitate what they contain
and obtain what they promise,
through the same Christ our Lord.

℟. **Amen.**

℣. May the divine assistance remain always with us.
℟. **Amen.**

℣. And may the souls of the faithful departed
through the mercy of God rest in peace.
℟. **Amen.**

The Joyful Mysteries

The Annunciation

The angel came to her and said, 'Greetings, O favoured one, the Lord is with you!' Luke 1:28

Each of us is blessed by God. God is with us. 'Do not be afraid,' he says, 'for I have redeemed you; I have called you by name and you are mine.' I am that adorable someone who is loved by God.

The Visitation

Elizabeth was filled with the Holy Spirit, and she exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb!' Luke 1:41-42

Elizabeth was much older than Mary. Perhaps she was unsure about the future. She must have welcomed the help and support. All Mary could give was her time and herself. These are gifts that really count.

The Birth of Jesus

And she gave birth to her firstborn son and wrapped him in swaddling cloths and laid him in a manger, because there was no place for them in the inn. Luke 2:7

In him we see our God made visible and so are caught up in love of the God we cannot see.

The Presentation

When the time came for their purification according to the Law of Moses, they brought him up to Jerusalem to present him to the Lord. Luke 2:22

What is God's plan for me? Each life is a vocation. May I live mine in the service of God and for those he has entrusted to my care.

Finding of the Child Jesus in the Temple.

After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. Luke 2:46

What are the right questions for me to ask? Even to know the questions, I must first listen to God - in prayer, in the words of Scripture, in the teaching of the church, in the voice of conscience. As I listen, so shall I learn to question well.

The Mysteries of Light

Christ's Baptism in the Jordan

The Spirit [descended] on him like a dove. And a voice came from heaven, 'You are my beloved Son; with you I am well pleased.' Mark 1:10-11

So often we hear people say: 'I was baptised.'

What would it mean for me to say: 'I AM baptised?'

Christ transforms water into wine at the wedding at Cana

This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory. And his disciples believed in him. John 2:11

Help me, Lord, to see your hand at work in my life. Lord, I believe, help my unbelief.

Christ's proclamation of the Kingdom of God with his call to conversion

'The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.' Mark 1:15

Give me, Lord, the grace of true conversion of heart so that I may be in you and You in me.

Christ's Transfiguration

And he was transfigured before them, and his clothes became radiant, intensely white. Mark 9:2-3

Lord, in this experience Peter, James and John saw you praying but recognised also that you had become the prayer. Teach me to pray.

Christ's institution of the Eucharist

And he took bread, and when he had given thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.' Luke 22:19

In this great sacrament you feed your people and strengthen them in holiness, so that the family of mankind may come to walk in the light of faith, in one communion of love.

The Sorrowful Mysteries

The Agony in the Garden

He prayed, saying, 'Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.' Luke 22:42

Lord, remove from me my heart of stone and give me instead a heart filled with compassion for all those who suffer throughout the world in body, mind or spirit.

The Scourging at the Pillar

Pilate released for them Barabbas, and having scourged Jesus, delivered him to be crucified. Matthew 27:26

Cruelty survives today on a grand scale. I am so scandalised by the viciousness of some, that I scarcely notice the speck of inhumanity in myself. 'Forgive us our trespasses as we forgive those who trespass against us.'

The Crowning with Thorns

They stripped him and put a scarlet robe on him, and twisting together a crown of thorns, they put it on his head and put a reed in his right hand. And kneeling before him, they mocked him, saying, 'Hail, King of the Jews!' Matthew 27:28-29

There is so much false joy in the world – escapism, ridicule, irony, facetiousness the degrading of human virtue, mockery, and pleasure seeking. Help me, Lord, to model my life on the Beatitudes.

The Carrying of the Cross

So he delivered him over to them to be crucified. So they took Jesus, and he went out, bearing his own cross, to the place called The Place of a Skull, which in Aramaic is called Golgotha. John 19:16-17

Did Jesus have difficulty on the way of the cross? We take for granted, almost, his perseverance, his trust in his heavenly Father. But this was genuine perseverance, genuine trust. There is nothing sham in the humanity of Christ. Yet I, too, need trust and the grace of perseverance and especially in the sacrament of penance. I am very sorry for all my sins and, with the help of your grace, I will try not to sin again.

The Crucifixion

Jesus, calling out with a loud voice, said, 'Father, into your hands I commit my spirit!' And having said this he breathed his last. Luke 23:46

The power of the cross reveals God's judgement on this world and kingship of Christ crucified. This is the hour when he triumphed over Satan's pride, the time when we celebrate the great event of our redemption.

The Glorious Mysteries

The Resurrection

'Why do you seek the living among the dead? He is not here, but has risen.' Luke 24:5-6

He is the true Lamb who took away the sins of the world. By dying he destroyed our death; by rising he restored our life.

The Ascension

So then the Lord Jesus, after he had spoken to them, was taken up into heaven and sat down at the right hand of God. Mark 16:19

Christ, the mediator between God and man, judge of the world and Lord of all, has passed beyond our sight, not to abandon us but to be our hope. Christ is the beginning, the head of the Church, where he has gone, we hope to follow.

The Coming of the Holy Spirit.

And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance. Acts 2:4

Send your Holy Spirit upon me to be my helper and guide. Give me the spirit of wisdom and understanding, the spirit of right judgement and courage, the spirit of knowledge and reverence. And fill me with the spirit of wonder and awe in your presence.

The Assumption

And a great sign appeared in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. Revelation 12:1

The virgin Mother of God was taken up into heaven to be the beginning and the pattern of the Church in its perfection, and a sign of hope and comfort for your people on their pilgrim way.

Our Lady, Queen of Heaven

When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, 'Woman, behold, your son!' Then he said to the disciple, 'Behold, your mother!' And from that hour the disciple took her to his own home. John 19:25-27

Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

SILENCE IN THE LITURGY

When we go to Mass, we speak, sing and hear many words. There are actions and gestures, signs and symbols. All our senses are engaged. The Missal also specifies moments of 'sacred silence' for prayer and contemplation at a number of points during the Mass. These silences are an integral part of the rite. In the Penitential Act, and after the invitation 'Let us pray', we recollect ourselves, aware of God's presence; after each reading, and after the homily, we meditate briefly and ponder what we have heard – God's word spoken to us today – and take it to heart; in the silence after all have received Communion we praise God in our hearts and pray to him.

Liturgical silence isn't the absence of something: it isn't empty, or a mistake, it doesn't hold up the liturgy; rather, it is intentional, filled with purpose: the liturgy flows during it. Guided by the Holy Spirit, it is part of the essential dynamic of our active participation in the liturgy, helping us to enter more fully and deeply into the mystery of the death and resurrection of Christ.

It is something we do together as the Body of Christ, the Church at prayer, gathered to meet God in the liturgy. Just as we listen, respond, pray and sing together, so we also share silence and stillness as individuals in community, united by the Spirit – a wonderful mixture of personal and communal prayer as we bring our own lives, faith stories and experiences to the common celebration. It may not be absolutely 'silent', especially when we are blessed with the presence of young families, but we can learn to find an inner stillness and focus.

In a world full of noise, and during this delightfully hectic week in Lourdes, let us welcome and treasure the gift of these moments in the liturgy as breathing spaces, oases for our thirsting souls, a time for awe and wonder, for encounter, dialogue and intimate communion with God who loves us.

The fruit of silence is prayer.

The fruit of prayer is faith.

The fruit of faith is love.

The fruit of love is service.

The fruit of service is peace

St Teresa of Calcutta

THE WAY OF THE CROSS

The Stations of the Cross (or Way of the Cross) follow stages in the journey Jesus took on his way to Calvary in Jerusalem. To follow the Stations of the Cross is to reflect on the suffering and death of Our Lord, Jesus. We give thanks for his unconditional love for each one of us and consider how we are living the gospel message of love and forgiveness. There are several sets of Stations of the Cross in Lourdes:

The High Stations

The entrance to the High Stations is opposite the entrance of the Upper Basilica of the Immaculate Conception. The rough and stony path winds its way for about a mile through a steep, wooded area. There are 115 gilded cast iron figures in the 15 stations. This path is unsuitable for wheelchair users and those unable to walk uphill.

One of our pilgrimage chaplains will lead able pilgrims and helpers along these stations each morning at 6.15am. It should conclude by 7am, so there is still time for breakfast before the rest of the day's activities.

The Marble Stations (Low Stations)

Commissioned in 2001 to create a new set of Stations that would be accessible for all pilgrims, especially the sick and less able, the sculptress Maria de Faykod created 17 Stations carved in marble.

In these stations, the 15th depicts the closed tomb and the waiting of Mary on Holy Saturday; the 16th is 'Jesus is risen' and the 17th Station depicts the story of the disciples on the road to Emmaus.

These Stations are situated just beyond the far bridge, alongside the river, on the prairie side.

Underground Basilica of St Pius X

There is a set of stations in the underground Basilica of St Pius X in the art form known as 'Gemmai'; they are back-lit through layers of coloured glass and are mounted on the walls of the basilica.

The following reflections are meant to be starting points, a means to trigger personal thoughts, comments and prayer at each station. However if using the script as written, it lends itself to two or three voices at each station – if praying as a group, there is an opportunity for all to participate, if they wish.

Walk With Me

*Meditations on the Way of the Cross
edited by Fr Gerald Coates RIP*

In the name of the Father, and of the Son, and of the Holy Spirit.

We sign ourselves with the Cross of Christ.

Father, in baptism we were signed with the Cross of Christ.

There is an urgency in our Christian lives
that allows no pause for we are indeed a pilgrim people.

We cannot stand still, we cannot remain the same.

As now we meditate again on the Way of the Cross
we continue on our journey, seeking yourself.

Be with us, Lord, as we accept the Cross that each of us must carry.





1 FIRST STATION

Jesus is Condemned to Death

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*The High Priest put a second question to him.
'Are you the Christ, the son of the Blessed One?'*
'I am', said Jesus.

Mark 14:60

The Prisoner, looking beyond his captors,
said little in his own defence,
responding only in honesty and truth.

Because of this, they had already agreed his guilt.

Lord, we hear your voice declaring
(for all who will listen)
the mystery of Incarnation.

We seek your silent face
and acknowledge our need for forgiveness.

We pause and then say together:

I love you, Jesus, my Love, above all things.
I repent with my whole heart for having offended you.
Never permit me to separate myself from you again.
Grant that I may love you always and then do with me what you will.



2 SECOND STATION Jesus Carries His Cross

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*And when they had finished making fun of him,
they took off the cloak and dressed him in his own clothes,
and led him away to crucify him.*

Matthew 27:31

Condemned, He was taken by force of arms at dawn.

Having beaten him, they led him away for execution
to a place beyond the city limits.

Lord, you accepted your Cross and began your final
journey; it had to be done.

May I accept my Cross, understanding that my journey
cannot be made without it.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



3 THIRD STATION Jesus Falls for the First Time

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*Meanwhile, Peter was sitting outside in the courtyard
and a servant girl came up to him and said:
'You were with Jesus the Galilean'.
But he denied it.*

Matthew 26:69, 70

Weakened, his footsteps faltered as he stumbled,
hand outstretched, fearful of the ground.

His friend watched the Galilean fall, and said – nothing.

Lord, our lack of faith breaks the rhythm of our footfall and
the closing earth surrounds us.

There is darkness, loneliness and emptiness as we ask
'Where are you?'

We pause and then say together:

I love you, Jesus, my Love, above all things.
I repent with my whole heart for having offended you.
Never permit me to separate myself from you again.
Grant that I may love you always and then do with me what you will.



4 FOURTH STATION Jesus Meets His Mother

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*At Cana, in Galilee, Jesus had said, 'Woman, why turn to me?
My time has not come yet'. His Mother said to the servants
'Do whatever he tells you.'*

John 2:4,5

Prevented by the force of arms from coming close, a Mother seeks
her Son. The disappeared one taken from her in the night.
Soon she will be left with only her memories.

Lord, how can a Mother see her Son suffer
and not suffer herself?

Yet, step by step, she stayed with you,
from a Stable to Nazareth and on to Cana.
Now in this press of Passover people, she is with you.

In a short while, she will be found standing by the Cross.
Walk with me, Mary, on the path I must travel. Stay with me.

We pause and then say together:

I love you, Jesus, my Love, above all things.
I repent with my whole heart for having offended you.
Never permit me to separate myself from you again.
Grant that I may love you always and then do with me what you will.



5 FIFTH STATION Simon of Cyrene Helps Jesus to Carry His Cross

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*As they were leading him away, they seized on a man,
Simon, from Cyrene, who was coming in from the country
and made him shoulder the Cross and carry it behind Jesus.*

Luke 23:26

Unable to walk on alone,
a man taken from the crowd is told to help him.

There is no choice.

Condemned men must die – at the appropriate place –
for the sake of the people.

Lord, Simon was a face from the crowd, an extra shoulder
and a pair of hands to share the load.

May we give to others a lift on the way,
expecting nothing, offering everything.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



6 SIXTH STATION Veronica Wipes the Face of Jesus

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*Large numbers of people followed him,
and of women, too,
who mourned and lamented for him.*

Luke 23:27

Sweating with exhaustion from his ill treatment,
he pauses for breath.

A woman, ignoring personal risk, wipes his face with a cloth.

Her kindness done, she becomes again another person,
one among many, – street side faces on a Friday morning.

Lord, who she was, where she came from, does not matter.
She cared enough to risk all – and asked nothing in return.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



7 SEVENTH STATION Jesus Falls for a Second Time

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*When he went out to the gateway,
another servant girl saw him and said to the people there:
'This man was with Jesus the Nazarene.'
And again with an oath he denied it.*

Matthew 26: 71,72

Broken by pain, he falls again.

The Nazarene, eyesight blurred,
momentarily sees his friend gazing at him.

But neither can speak, He turns and is gone.

Lord, Peter was a fearful man and he acted out of fear.

His denial was our denial, day after day, year after year.

Sometimes we too claim that we do not know you,
fearful of the cost.

Maybe tomorrow Lord, maybe it will be easier then.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



8 EIGHTH STATION

Jesus Comforts the Women of Jerusalem

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*Jesus turned to the women and said:
'Daughters of Jerusalem, do not weep for me:
weep rather for yourselves and your children.'*

Luke 23:28

Protesting at his treatment by the authorities,
the Women of Peace gather by the road.

A passing word, and they move him on.

The women are left weeping, confused.

Lord, too often women have raised their voices
at the folly of men.

Too often they have been ignored.

May we, their children, listen to their words
and their cries: and hearing them, hear you.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



9 NINTH STATION

Jesus Falls for a Third Time

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*A little later, the bystanders came up and said to Peter,
'You are one of them for sure! Why your accent gives you away.'
Then he started calling down curses on himself and swearing
'I do not know the man.'*

Matthew 26:73, 74

Beaten, but now within sight of the Hill, face down in the dust.

Unrecognisable.

Voiceless.

Lord, time and again we almost make it,
and turning, dejected and disheartened,
we realise our failure.

Even then, Lord, you are with us.

It's time we were moving, it's time to start again.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



10 TENTH STATION

Jesus is Stripped of His Garments

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*I can count every one of my bones
and there they glare at me, gloating.*

Psalms 22:17-18

*The shared out my clothing among them.
They cast lots for my clothes.*

John 19:24

Stripped, he is prepared for public shame.

Bruised, he is silent.

With shoulders bared he accepts the inevitable.

Besides, the crowd are waiting.

Lord, strip me of all I carry;
strip me of everything that prevents me
from carrying my Cross.

And when I am stripped be there to sustain me.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



11 ELEVENTH STATION

Jesus is Nailed to the Cross

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*When they reached the place called the Skull,
they crucified him there.*

Luke 23:33

Nailed to the wooden frame that stretched wide his arms and
secured his feet, there, on the Hill, he is raised above the people.

Lord, the hammering of nails has echoed across this earth
as we repeatedly crucify you.

Man against man, nation against nation.

Yet from that Cross of Suffering with failing voice you called,
'Father forgive them for they do not know what they do.'
Father, forgive us.

We pause and then say together:

I love you, Jesus, my Love, above all things.
I repent with my whole heart for having offended you.
Never permit me to separate myself from you again.
Grant that I may love you always and then do with me what you will.



12

TWELFTH STATION

Jesus Dies on the Cross

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

It was now about the sixth hour and with the sun eclipsed, a darkness came over the whole land until the ninth hour.

The veil of the temple was torn right down the middle and when Jesus had cried out in a loud voice, he said 'Father into your hands I commend my spirit'. With these words he breathed his last.

Luke 23:44-46

Naked on the Cross, he gazed at those whose fists were raised in anger, until he could see no more.

There, in the late afternoon, with head bowed, body and spirit exhausted, he ceased the struggle. It was done.

Lord, how are we to understand those hours
late on a Friday before Passover?

How can we share the emptiness of those who walked with
you, seeing you now defeated, hung between thieves?

So this was where all the hours and days of walking and
talking finally ended. Defeat on a hill – and a satisfied crowd –
Finished.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



13 THIRTEENTH STATION

Jesus is Taken Down from the Cross

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

Take care of every bone.

The Lord will not let one be broken.

Psalm 34:20

Lifeless, his savaged body lay, once again,
in the caring arms of his Mother.

Journey over. Task complete.

Failure in the sight of men.

Lord, the final act of your friends
was to accept your lifeless body for burial.

Accept, Lord, our failures,
our mistakes and our careless ways.

Bury them, Lord, with the suffering of your Cross.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



14

FOURTEENTH STATION

Jesus is Laid in the Tomb

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*They took the body of Jesus and wrapped it with spices in linen cloths,
following the custom of Jewish burial.*

John 19:40

Burial did not take long.

Laying him out nearby (before the last light and the coming Festival) they covered him with a cloth.

'It is time we were gone.' Turning into the dusk, they left him.

Lord, it is over, the Way of the Cross has been walked.

The story has been told and prophecy fulfilled.

'What now?' they must have said to one another
as they walked into the chill night air.

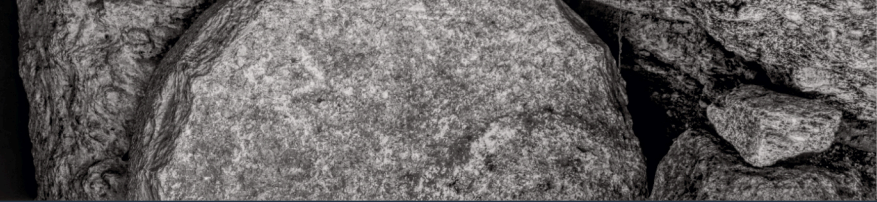
We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



15 FIFTEENTH STATION

The Closed Tomb

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*Wait for the Lord,
and let your heart take courage,
wait for the Lord.*

Psalm 27:14

Your body, so cruelly treated, is now at rest and guarded,
lest it be stolen.

Your friends and family grieve, lost without your words of comfort.
Loss of a friend, of hope.

They must wait one more day, they need patience and faith.

Lord, many of us know and understand grief and mourning,
and so we share with those who await your Son.

Through your Holy Spirit,
enlighten our hearts to the truth of the resurrection,
that we may know comfort and hope even in our sorrow.

We pause and then say together:

I love you, Jesus, my Love, above all things.
I repent with my whole heart for having offended you.
Never permit me to separate myself from you again.
Grant that I may love you always and then do with me what you will.



16 SIXTEENTH STATION

He is Risen

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

*They found the stone rolled away from the tomb, but when they
went in they did not find the body.* Luke 24:2-3

*The women were terrified and bowed their faces to the ground but the
men said to them. 'Why do you look for the living among the dead? He
is not here, but has risen.'* Luke 24:5

Gone? No body left to care for, no rituals to follow.

A callous trick, a final humiliation?

Can it be true, risen? Is it possible?

So much to take in, is there really hope? Risen?

Lord, we believe that you rose from the dead,
but sometimes we find it hard to hope.
Sometimes your love and salvation seem out of reach.

Be with us, and through your Holy Spirit,
guide us to know your constant saving presence with us.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.



17 SEVENTEENTH STATION

The Pilgrims of Emmaus

We all say together:

Lord, by your Cross and Resurrection you have set us free;
you are the Saviour of the world.

While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognising him.

Luke 24:15-16

'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'

Luke 24:32

Eyes that cannot see and hearts that burn within.

Recognising your presence among us in the exploring of scripture and the breaking of bread.

Lord, you give us the means to come closer to you,
to understand more and more the mystery of your dying
and rising from the dead, the mystery of our salvation.

Help us each time we hear your word, each time we are
present for the Eucharist, to come to know you more and
more. Give us hearts that burn within us, inspiring us to
build your kingdom here on earth.

We pause and then say together:

I love you, Jesus, my Love, above all things.

I repent with my whole heart for having offended you.

Never permit me to separate myself from you again.

Grant that I may love you always and then do with me what you will.

Father,
we have shared again the Passover journey of your Son.
We have followed his Way of the Cross.

As Christian people
we understand that must be our way too.

Help us
through this Prayer of the Cross
to seek your will for us.

*We sign ourselves
with the Cross of Christ*

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Fr Gerry Coates RIP

GESTE DE L'EAU: THE WATER GESTURE

On 25 February 1858, the occasion of the 9th apparition, Our Lady of Lourdes asked Bernadette to 'Go and drink at the spring and wash yourself in it'.

After a moment of confusion, where Bernadette thought Our Lady was referring to the nearby River Gave, Our Lady made a sign with her finger directing Bernadette to go under the rock of the cave. Bernadette describes the moment 'I went there and found water which was like mud.'

For many decades, pilgrims have been drawn to be immersed in the water derived from the spring, believing such action may bring healing.

This gesture offers the opportunity to engage with the spring water by washing our hands and face, and drinking of the water.

Groups of hotels will be joining together for a Water Liturgy, some in the morning and some in the afternoon, on Monday in the Church of St Bernadette, Côté Carmel. Here, together, we will be invited to symbolically wash in and drink of the water of Lourdes and unite together in prayer.

The Waters of Lourdes are experienced during our Water Gesture Service, but there are also taps in the areas close to the Grotto where you can fill water bottles, drink the waters, or wash your hands and face with the waters. For those who wish to make an individual visit to the Baths of Lourdes, situated just past the Grotto, they are open to the public 9.30am-11am daily. We are advised by the Shrine team that people should arrive early, to queue, to avoid disappointment.



DAILY PRAYERS

The whole of our pilgrimage is a time of prayer – everything we do and say can be offered to God in prayer, but it is good to meet together and put time aside for structured group prayer.

Our comprehensive programme in Lourdes means not every day is the same, therefore, whenever possible, the chaplain will arrange a time of prayer for your group.

Do check for notices about time for prayer in your group and, if in doubt, ask your chaplain. If there is no group prayer on any particular day, you can use the 'Daily Prayers' given in this handbook for your own personal time of prayer. See p.81 for an example.

Wherever and whenever your group finds time to pray together, you may choose to use a format provided for each day, which relates to the pattern of readings that we use at our daily Mass in Lourdes.

You may like to note the following, depending on your situation.

- You may wish to add songs, at the beginning and the end; you will find many options in this book.
- The silence noted can be as long as suits your group: 5 seconds to a minute or so.
- The reflection can be a prompt for conversation and a time for sharing together or in smaller groups. Or equally for some quiet reflection time.
- The prayer can be led by the clergy of the group, or lay people can also be encouraged to lead.

PRAYER FOLDERS

Each Hotel and Accueil group has a Prayer Folder in which prayers, petitions, thoughts, reflections, even drawings, can be recorded at any time.

The folders will be taken to Mass every day and placed on the sanctuary for the duration of the Mass, after which they will be taken back to the hotels. At the end of Mass on the final day of our pilgrimage, the contents of all the folders will be taken and placed in the Grotto.

SACRAMENT OF RECONCILIATION

Pope Paul VI published the 'new rite' for the Sacrament of Penance in 1974, calling it the Sacrament of Reconciliation in order to bring a new understanding of this great gift from God. The Sacrament of Reconciliation is a call for a change of heart; it is a symbol of life, dying to sin and rising to new life. During our pilgrimage we shall have the opportunity to attend a Reconciliation Service and celebrate the Sacrament of Reconciliation, where we humbly acknowledge that we are sinners and desire to change our ways to God's way of love. We acknowledge our faults, our failings, and our sinfulness; say sorry, make amends and seek God's forgiveness.

It is a sacrament of healing and forgiveness; it brings joy and hope to our lives. Through it we become reconciled to God, with others and ourselves. The new rite encourages the penitent to treasure a moment that should be one of the most beautiful moments of his or her life. The heavens rejoice over the sinner who repents and is reconciled to God (Luke 15:7). We too should rejoice!

If you are uncertain of what to do and what to say, don't worry. Guidance may be given during the service but if not, simply approach the priest for private confession with an open heart and ask him to help you make your confession and celebrate the Sacrament.

There is also the Chapel of Reconciliation in the building known as Accueil Jean-Paul II, close to the statue of the crowned Virgin, where Confessions are heard daily from 10-11.15am and from 2.30-6pm. Any of the priests on our pilgrimage would be happy to celebrate the Sacrament of Reconciliation with you by arrangement.

Reflection

To prepare to celebrate the Sacrament we think about the ways in which we have failed to embrace God's love for us, we consider the ways we have hurt others and diminished our own dignity through our lack of love. It is all too easy for our examination of conscience and our confession to become 'shopping lists' without reflecting deeply on why we sin. We should try to recognise our weaknesses and pray that through the celebration of this joyful Sacrament we will be able to put things right.

A short Act of Contrition

O my God, because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace I will try not to sin again.

The Words of Absolution

The priest extends his hands over the penitent's head and uses the following or similar words in absolution:

God, the Father of mercies,
through the death and resurrection of his Son
has reconciled the world to himself
and sent the Holy Spirit among us
for the forgiveness of sins.
Through the ministry of the Church
may God give you pardon and peace,
and I absolve you from your sins,
in the name of the Father, ✠ and of the Son,
and of the Holy Spirit. Amen.

Prayer attributed to an Eastern Mystic

I was a revolutionary when I was young
and all my prayer to God was:
'Lord, give me the energy to change the world.'

As I approached middle age
and realised that half my life had gone
without me changing even one person,
I changed my prayer to:
'Lord, help me change those who are close to me,
just my family and friends, and I'll be happy.'

Now I'm an old man and my one and only prayer is this:
'Lord, give me the grace to change myself.'

If I'd prayed this from the very start,
I should not have wasted my life.

SACRAMENT OF ANOINTING OF THE SICK

Lourdes, a place of healing and peace:

Walking through St Michael's or St Joseph's Gate into the Sanctuary from the busyness of the town many people become aware of a dawning inner peace in their hearts and minds. So begins the healing of our spirits, disturbed as they often are by the worries and concerns of daily life and the larger problems that we all have to face from time to time. Here, we find a place where the Holy Spirit dwells and because of His presence we are guided by Our Lady and St Bernadette to place our lives in the hands of her Son, Jesus Christ. Sitting in the Grotto a few steps away from where Mary, the mother of Jesus, appeared to St Bernadette we can remember Our Lady's words:

*'Would you have the graciousness
to come here every day for fifteen days?'*

Knowing we have been noticed and invited by Mary, the mother of God to come here, not only for ourselves but for our families and friends, is to know that we and those we love, have in some way been invited into God's heavenly family already, even whilst still here on earth. Even though the difficulties we face may be very hard, who could not be lifted, healed and consoled by such a thought?

This is what is meant by the title:

'Lourdes, a place of healing and peace.'

Once this moment is experienced, life cannot be the same again. Many respond by just saying a simple 'thank you' and returning to daily life, committed to spreading that message through living a life devoted to healing and peace, washing in the Lourdes water and lighting a candle as signs of this new turn in life.



For Catholics, they may experience a more intense desire to enter more deeply into this heavenly family by becoming more involved in the Church and her Sacraments.

For Christians of other denominations, they too may be called into a deeper relationship with Jesus through their Church. Healing in its different forms comes closer to us the closer we come to Jesus. In the case of children who are chronically or dangerously ill, the Church teaches that the Sacraments of Initiation should be completed by receiving the Sacrament of Confirmation in place of the Sacrament of the Sick. This is done in the family's home parish. Through the Sacraments of Initiation, children are drawn closer to Jesus and his healing presence.

For Catholics who have already received the Sacraments of Initiation, the Anointing (the Sacrament of the Sick) renews their closeness to Jesus. Because they are chronically or dangerously ill or have grown frail due to old age that closeness to Jesus may seem to them distant. The laying on of hands and anointing with the oil of the sick rejuvenates their faith in His closeness to them at these most difficult of times. They are reassured that they are dear to God as part of His heavenly family.

The healing which flows from this anointing is a closeness to Jesus who will sustain them with his love as an uncertain future unfolds

When faced with serious illness and frailty and looking for healing and strength, Catholics may wonder when to be anointed.

To answer this question, we are guided by the teaching of the Church which says:

'(if) anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him (her) to receive this sacrament has certainly already arrived.'

It also states:

*'if a sick person who received this anointing recovers his (her) health, he (she) can in the case of another grave illness receive the sacrament again. If during the same illness the person's condition becomes more serious, the sacrament may be repeated. It is fitting to receive the Anointing of the Sick just prior to a serious operation. The same holds for the elderly whose frailty becomes more pronounced.'*¹³

¹³ Cf. Apostolic Constitution Sacrament of the Anointing of the Sick, 30 November 1972

SACRAMENT OF ANOINTING OF THE SICK

The Church also teaches that the Sacrament of the Sick is reserved for Roman Catholics.'

Given this teaching, people who have suffered a bereavement or who do not have an illness that is grave and potentially life threatening or who are not elderly and frail are not anointed. Prayers for their healing can be said, especially at the time of washing with the Lourdes Water and during the Blessing of the Sick at the Blessed Sacrament Procession. The sacraments of the Eucharist and Reconciliation are also sources of healing, which can be kept in mind when celebrating the Group Masses offered for those suffering loss and bereavement. One-to-one dedicated prayer (supported by friends and family) can be offered by the Chaplaincy team. This can be done at times of prayer the group may be holding or in smaller groups and also during the time allotted at the end of the Mass of Anointing.

In the Gospels we see people approach Jesus and ask for healing in a variety of circumstances. At the wedding feast of Cana, Our Lady appeals to her Son on behalf of the wedding party who have run out of wine. As we are here in Lourdes we can ask Our Lady for our needs too, confident that she will intercede with him on our behalf.

'Do whatever he tells you,'¹ she says to the stewards, showing us that the key to our well being is to try and follow the life of Jesus as shown to us in the Gospel.

Canon David Parmiter

¹ Cf. John 2: 1-11



OUR PROGRAMME IN LOURDES



ITINERARY, DAILY PRAYER & DAILY SERVICES

Important:

Sometimes, it can happen that a service is moved to another place or times are altered. Please, therefore, check with your leader and your hotel notice board daily.

Visits

Your group chaplains and leaders will arrange visits to the Grotto. They may also make arrangements for booking visits to the places Bernadette knew.

Collections

At the request of the Sanctuary, an offertory collection will be taken at every Mass. Your offering will help to preserve the spiritual and historical heritage, finance facilities for the most vulnerable, maintain the infrastructure and places of worship, and support the pastoral missions of the Sanctuary and the celebration of major liturgies.

Daily Processions

The Blessing of the Sick, preceded by Adoration of the Blessed Sacrament in Procession, takes place daily at 5pm in the Sanctuary.

The Marian Torchlight Procession takes place each night at 9pm in the Sanctuary.

Photography

Please refrain from taking photographs during Mass or at the Baths. There are official photographers for pilgrimage events.

FRIDAY 24 JULY

5pm Redshirts' Welcome Mass Rosary Basilica
All invited

8.30pm Welcome Mass Église Ste Bernadette, Côté Carmel
*A Mass of welcome for those who have arrived in Lourdes
and are not too tired from their journey.
Our official Opening Mass is tomorrow.*



DAILY PRAYERS

The Arrival & the Call

Leader In the name of the Father, and of the Son,
and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader Having arrived safely in Lourdes, we give thanks for our safe arrival and reflect on the beginning of our pilgrimage.

Scripture Reading

Luke 4:18-19

Reader 'The Spirit of the Lord is upon me,
because he has anointed me
to proclaim good news to the poor.
He has sent me to proclaim liberty to the captives
and recovering of sight to the blind,
to set at liberty those who are oppressed,
to proclaim the year of the Lord's favour.'

The word of the Lord.

All Thanks be to God.

Reflection

Like Mary in Nazareth, we are at the beginning of an adventure. We are called to open our hearts to God's Word. To 'open your heart to the Word' means being willing to be changed. It is a vulnerable act.

**Are you carrying a 'script' for how this week should go,
or can you let the Spirit write a new story?**

Are you ready to open your heart to the Word this week?

A pilgrimage often requires leaving the familiar behind. This week, the 'familiar' might be your anxieties, your status back home or your habitual ways of thinking.

Are you ready to leave the 'familiar' and be open to this pilgrimage journey?

Silent reflection

Leader Lord, we have arrived. The journey was long, but the real adventure begins now. We offer You the 'Nazareth' of our hearts—simple, cluttered, and perhaps a little afraid, like Mary, help us to say 'Yes' to the unexpected.

Leader Let us call to mind all those we carry in our hearts.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord, You have brought us safely to the feet of Our Lady, to this place where the water flows and grace abounds. Open our hearts and minds to Your Word as we begin our pilgrimage. Take from us the 'scripts' we have written for ourselves and give us the courage to let Your Spirit write something new.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

WELCOME MASS



Église Ste Bernadette, Côté Carmel



8.30pm

A Mass of welcome for those who have arrived in Lourdes and are not too tired from their journey. Our official Opening Mass is tomorrow.

Celebrant:
Homilist:

Canon David Parmiter
Deacon Mike Thoms

Gathering Hymn

Always in your presence

*Refrain O Lord, we are always in your presence.
In you we live and move and have our being.
You hold us in the palm of your hand,
and you lead us to your glory.*

Philip Jakob

Introductory Rites

Processional Hymn

Lord of all Hopefulness

Lord of all hopefulness, Lord of all joy,
whose trust, ever child-like, no cares could destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labours, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Jan Struther

Penitential Act**Gathering Mass**

Lord, have mercy. Kyrie, eleison. **Kyrie, eleison.**
 Christ, have mercy. Christe, eleison. **Christe, eleison.**
 Lord, have mercy. Kyrie, eleison. **Kyrie, eleison.**

*Paul Inwood***Liturgy of the Word****Reading****Isaiah 61:1-3**

Brothers and sisters: When the fullness of time had come, God sent forth his Son, born of woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons. And because you are sons God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' So you are no longer a slave, but a son, and if a son, then an heir through God.

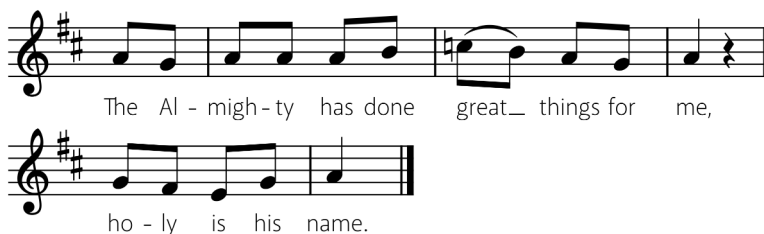
Responsorial Psalm**Luke 1**

The Al - migh - ty has done great_ things for me,
 ho - ly is his name.

My soul magnifies the Lord,
 and my spirit rejoices in God my saviour,
 for he has looked on the humble estate of his servant.
 For behold, from now on all generations will call me blessed;
 for he who is mighty has done great things for me,
 and holy is his name.

His mercy is for those who fear him from generation to generation.
 He has shown the strength of his arm;
 and has scattered the proud in the thoughts of their hearts;
 he has brought down the mighty from their thrones
 and has exalted those of humble estate.

He has filled the hungry with good things,
and sent the rich away empty.
He has helped his servant Israel,
in remembrance of his mercy
as he spoke to our fathers,
to Abraham and to his offspring for ever.



Edward Dean

Gospel Acclamation

St Mary's

Alleluia (repeat after the cantor)

Open our hearts, O Lord,
that we may pay attention to the words of your Son.

Alleluia (repeat after the cantor)

Anne Ward

Gospel

Matthew 1:18-25

Now the birth of Jesus Christ took place in this way. When his mother Mary had been betrothed to Joseph, before they came together she was found to be with child from the Holy Spirit. And her husband Joseph, being a just man and unwilling to put her to shame, resolved to send her away quietly. But as he considered these things, behold, an angel of the Lord appeared to him in a dream, saying, 'Joseph, son of David, do not fear to take Mary as your wife, for that which is conceived in her is from the Holy Spirit. She will bear a son, and you shall call his name Jesus, for he will save his people from their sins.'

All this took place to fulfil what the Lord had spoken through the prophet: "Behold, the virgin shall conceive and bear a son, and they shall call his name Emmanuel" - which means, God with us.

When Joseph woke from sleep, he did as the angel of the Lord commanded him: he took his wife, but knew her not until she had given birth to a son. And he called his name Jesus.

Homily*Followed by a short period of silence for reflection.***Prayer of the Faithful**

Response Through our lives and by our prayers,
your Kingdom come.

*Iona Community***Liturgy of the Eucharist****Offertory Hymn****All that I am**

All that I am, all that I do,
all that I'll ever have, I offer now to you.
Take and sanctify these gifts for your honour, Lord.
Knowing that I love and serve you is enough reward.
All that I am, all that I do,
all that I'll ever have, I offer now to you.

All that I dream, all that I pray,
all that I'll ever make, I give to you today.
Take and sanctify these gifts for your honour, Lord.
Knowing that I love and serve you is enough reward.
All that I am, all that I do,
all that I'll ever have, I offer now to you.

*Sebastian Temple***Holy, holy****Gathering Mass**

Holy, Holy, Holy Lord,
Holy, Holy Lord God of hosts.
Heaven and earth,
heaven and earth are full of your glory, Lord God of Hosts.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Blessed, blessed is he who comes.
Blessed, blessed is he who comes,
blessed is he, blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Memorial Acclamation

We proclaim your Death, O Lord,
we proclaim you Death, O Lord,
and profess your Resurrection until you come again.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Doxology & Great Amen

Amen, amen.

Paul Inwood

Communion Rite

Lamb of God

Lamb of God, you take away the sins of the world.
Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.
Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.
Grant us peace, grant us peace.

Alan Smith

Pershere

Communion Hymns

In the Lord is my True Salvation

In the Lord is my true salvation,
in the Lord, my lasting joy.
He became my strength and my song.
I trust in Him and I shall not fear,
I trust in Him and shall not fear.

Paul Inwood, Taizé Community

Taste and See

Refrain Taste and see,
taste and see the goodness of the Lord.
O taste and see, taste and see
the goodness of the Lord, of the Lord.

Psalm 34, versified by James Moore

There will now be a period of silence for prayer and reflection.

Concluding Rites

Recessional

Holy Virgin, by God's Decree

Holy Virgin, by God's decree,
you were called eternally;
that he could give his Son to our race.
Mary, we praise you, hail full of grace.

Refrain Ave, ave, ave Maria.

By your faith and loving accord,
as the handmaid of the Lord,
you undertook God's plan to embrace.
Mary, we thank you, hail full of grace.

Refuge for your children so weak,
sure protection all can seek.
Problems of life you help us to face.
Mary, we trust you, hail full of grace.

To our needy world of today
love and beauty you portray,
showing the path to Christ we must trace.
Mary, our mother, hail full of grace.

*Jean-Paul Lécot
tr. W. Raymond Lawrence*



SATURDAY 25 JULY

- 6.15am High Stations
- 9.30am Welcome Meeting & Prayer Hotels & Accueil
- 11am Group Photographs:
- Accueil & Hotels Rosary Square
- 2pm Pilgrimage Photo** Rosary Basilica Steps
- Followed by Group Photographs: Rosary Square
- Redshirts
- Clinicians
- 2.30 Passage through the Grotto**
- 4.30pm Opening Mass, with Blessing of Hands**
Followed by secondary school photographs
Eglise Ste Bernadette, Côté Grotte
- 6pm Choir practice Hotel Astrid
- 8.30pm Quiz Night** Hotels & Accueil
- 10.45pm Encounter Youth Tent
*'Mary, cause of our joy.' Led by Fr Chris Bergin.
The Encounter experience in Lourdes is offered
particularly to young people (18-35).
See p.16 for more information about Encounter.*

DAILY PRAYERS

The Grace of Greeting

Leader In the name of the Father, and of the Son,
and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader Today we reflect on the Angel's first word: 'Rejoice!'

Scripture Reading

Luke 1:28

Reader 'Hail, full of grace, the Lord is with you.'

Reflection

In the original Greek, the phrase for 'full of grace' isn't just a polite greeting; it is a title. It implies a soul that has been—and continues to be—transformed by God's favour.

While Mary holds this title uniquely, the message ripples out to all of us: God's presence is not something we earn; it is the environment in which we are meant to live.

**When you look in the mirror, do you see
a 'work in progress' that is never quite enough,
or do you see a masterpiece that God already loves?**

Silent reflection

Leader May we be reminded today that grace is not a 'rechargeable battery' we run out of; it is the very air we are meant to breathe.

Leader Let us call to mind all those we carry in our hearts.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord, thank you for the gift of Your grace.
Quiet the doubts in my heart
so I can hear Your invitation to rejoice.
Help me remember that I am loved for who I am,
not for what I achieve.
Teach me to rest in Your favour
and let Your joy be my strength today.
Like Mary, may my life reflect Your love
in every small moment.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

Tomorrow

- The International Mass (p.100)
- Reconciliation Service for Hotels & Accueil (p.64)
- Marian Torchlight Procession (p.32 & p.103)



OPENING MASS



Eglise Ste Bernadette, Côté Grotte



4.30pm

Celebrant & Homilist:

Canon David Parmiter

Gathering Hymn

Lord, We Come to You

*Refrain Lord, we come to you as we are,
and with all we have.
You, in love, restore our lives
on this path to holiness.*

We bring you gifts,
of bread and wine,
transform them loving God
so we may have life.

We live for you;
poor as we are,
transform us, saving Lord,
in this sacrifice.

Darren Sheridan

Introductory Rites

The Introductory Rites help us come together as one, establish communion and prepare ourselves to listen to the Word of God and to celebrate the Eucharist worthily.

Processional Hymn

He Who Would Valiant Be

He who would valiant be 'gainst all disaster,
let him in constancy follow the Master.
There's no discouragement shall make him once relent
his first avowed intent to be a pilgrim.

Who so beset him round with dismal stories,
do but themselves confound: his strength the more is.
No foes shall stay his might though he with giants fight;
he will make good his right to be a pilgrim.

Since, Lord, thou dost defend us with thy Spirit,
we know we at the end shall life inherit.
Then fancies flee away! I'll fear not what they say,
I'll labour night and day to be a pilgrim.

Percy Dearmer, John Bunyan

Sign of the Cross and Greeting

Presider In the name of the Father, and of the Son,
and of the Holy Spirit.

All Amen.

Presider The Lord be with you.

All And with your spirit.

The presider welcomes all present and introduces the celebration.

Penitential Act

Gathering Mass

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Christ, have mercy. Christe, eleison.

Christe, eleison.

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Gloria

Refrain



Paul Inwood

Liturgy of the Word

It is from hearing the word of God that the work of the Holy Spirit flows out upon the Church and upon each one of the baptised or confirmed, and that the Lord's will is made known in the life of Christians.

By hearing the word proclaimed in worship, we enter again into the unending dialogue between God and the covenant people, a dialogue sealed in the sharing of the Eucharistic food and drink.

Reading

Isaiah 7:10-14, 8:10c

In those days: The LORD spoke to Ahaz: 'Ask a sign of the Lord your God; let it be deep as Sheol or high as heaven.' But Ahaz said, 'I will not ask, and I will not put the LORD to the test.' And Isaiah said, 'Hear then, O house of David! Is it too little for you to weary men, that you weary my God also? Therefore the Lord himself will give you a sign. Behold, the virgin shall conceive and bear a son, and shall call his name Emmanuel—God is with us.'

At the end of the reading:

Reader The word of the Lord.

All Thanks be to God.

Responsorial Psalm**Psalm 24**

The Lord's is the earth and its fullness,
the world, and those who dwell in it.
It is he who set it on the seas;
on the rivers he made it firm.

Who shall climb the mountain of the Lord?
Who shall stand in his holy place?
The clean of hands and pure of heart,
whose soul is not set on vain things.

Blessings from the Lord shall he receive,
and right reward from the God who saves him.
Such are the people who seek him,
who seek the face of the God of Jacob

John Ainslie

The Gospel reading is the high point of the Liturgy of the Word.

Through our sung acclamations, we acknowledge that Christ is present and speaking to us as the Gospel is proclaimed

Gospel Acclamation**St Mary's**

Alleluia *(repeat after the cantor)*

Blessed are you, Virgin Mary,
who believed that which was spoken to you
by the Lord would be fulfilled.

Alleluia *(repeat after the cantor)*

Before the Gospel reading:

Deacon The Lord be with you.

All And with your spirit.

A reading from the holy Gospel according to Luke.

Glorify to you, O Lord.

Gospel

Luke 1:26-38

At that time: The angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David. And the virgin's name was Mary. And he came to her and said, 'Hail, full of grace, the Lord is with you!' But she was greatly troubled at the saying, and tried to discern what sort of greeting this might be. And the angel said to her, 'Do not be afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob for ever, and of his kingdom there will be no end.'

And Mary said to the angel, 'How will this be, since I am a virgin?' And the angel answered her, 'The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God. And behold, your relative Elizabeth in her old age has also conceived a son, and this is the sixth month with her who was called barren. For nothing will be impossible with God.' And Mary said, 'Behold, I am the servant of the Lord; let it be to me according to your word.' And the angel departed from her.

At the end of the Gospel reading:

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Homily

Followed by a short period of silence for reflection.

Blessing of Hands

We now have a blessing of hands for all pilgrims, to prepare us for our service to one another over the coming week.

Presider Heavenly Father,
your Son, Jesus, used his power to calm the mighty waves.
At the beginning of our Pilgrimage, strengthen our resolve
to give ourselves for others this week.
May our hands bring your calming grace to those we meet.

All Lord, use our hands for your service.

Presider Jesus, your touch made the blind see,
the deaf hear and the dumb speak.
We place our hands in yours today.
Bathe them in your gentleness
so that they may bring comfort and relief
as we share in your healing work.

All Lord, use our hands for your service.

Presider Holy Spirit of love,
Jesus stretched out his hand to touch and heal the leper.
Inspire us to use our hands
to reach out across the blind prejudices
of those who will not see,
through the darkness of pain and anxiety,
to reassure those who need to know your loving presence.

All Lord, use our hands for your service.

Presider Take our hands today, Lord, and bless them.
Use them to bring peace, healing and hope.
May we always use our hands to serve you.
We ask this through Christ our Lord.

All Amen.

*Everyone is invited to come forward to have their hands blessed.
The priests and deacons bless the hands of each person, saying:*

May the Lord bless your hands for his service,
in the name of the Father,
and of the Son, and of the Holy Spirit.

During the blessing of hands, we sing:

Will You Let Me Be Your Servant

Will you let me be your servant,
let me be as Christ to you?
Pray that I may have the grace
to let you be my servant, too.

We are pilgrims on a journey,
we are travellers on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

I will weep when you are weeping;
when you laugh I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.

When we sing to God in heaven
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

Will you let me be your servant,
let me be as Christ to you?
Pray that I may have the grace
to let you be my servant, too.

Richard Gillard

Presentation of the Group Prayer Folders

These will be collected by each group's Assistant Chaplain.

Prayer of the Faithful

Response This is our prayer, we pray to the Lord.

Anne Ward

Liturgy of the Eucharist

The Eucharist is the source and summit of the whole Christian life. It is the vital centre of all that the Church is and does, because at its heart is the real presence of the crucified, risen and glorified Lord, continuing and making available his saving work among us.

The gifts of bread and wine which will become Christ's Body and Blood are brought to the altar. They are symbols of human life: they symbolise us - everything that we have and all that we are. We give back to God gifts of creation which he has given to us.

Offertory Hymn

I say 'Yes', my Lord

To the God who cannot die, I say 'Yes,' my Lord.
To the One who hears me cry, I say 'Yes,' my Lord.
To the God of the oppressed, I say 'Yes,' my Lord.
To the God of all justice, I say 'Yes,' my Lord.

*Refrain I say 'Yes,' my Lord,
in all the good times,
through all the bad times.
I say 'Yes,' my Lord,
to every word you speak.*

I'm a servant of the Lord, I say 'Yes,' my Lord.
I'm a worker in the fields, ...
I'm a prisoner of their wars, ...
Like a politician, inevitably, ...

For the dream I have today,
To be a healer of all pain,
And to come to love my enemies,
For your peace in all the world,

Like that of Job, unceasingly,
Like that of Maria, wholeheartedly,
Like that of David in a song,
Like Israel, for you I long,

Donna Peña

Invitation to Prayer

Presider Pray, brothers and sisters,
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**All May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

The Eucharistic Prayer

The Church, on earth and in heaven – the communion of saints – celebrates one liturgy. We join with the angels and saints to offer praise and thanksgiving to God the Father, through the Son, and in the Holy Spirit, unceasingly, through the celebration of the Eucharist.

In the Eucharistic Prayer, the gifts of bread and wine are transformed by the action of the Holy Spirit into the Body and Blood of Christ.

Preface

Presider The Lord be with you.

All And with your spirit.

Presider Lift up your hearts.

All We lift them up to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right and just.

The Preface continues.

Holy, holy

Gathering Mass

Holy, Holy, Holy Lord,
Holy, Holy Lord God of hosts.
Heaven and earth, heaven and earth are full of your glory,
Lord God of Hosts.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Blessed, blessed is he who comes.
Blessed, blessed is he who comes,
blessed is he, blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Memorial Acclamation

We proclaim your Death, O Lord,
we proclaim you Death, O Lord,,
and profess your Resurrection until you come again.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Doxology & Great Amen

Amen, amen.

Paul Inwood

Communion Rite

The Lord's Prayer

It is the Spirit who prays in us, and in the Spirit the Christian says: 'Abba, Father.'

Presider At the Saviour's command
and formed by divine teaching, we dare to say:

**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Presider Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may always be free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**All For the kingdom, the power
and the glory are yours,
now and forever.**

Sign of Peace

Presider Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins, but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

All Amen.

Presider The peace of the Lord be with you always.

All And with your spirit.

Deacon Let us offer each other the sign of peace.

*We offer to those around us a sign that expresses, peace, communion,
and charity.*

During the Breaking of Bread:

Lamb of God

Pershere

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Grant us peace, grant us peace.

Alan Smith

Invitation to Communion

Presider Behold the Lamb of God.
Behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**All Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

In Holy Communion, we receive back the gifts we presented, now transformed by the Holy Spirit into the Body and Blood of Christ. We become what we receive – the Body of Christ.

Our minds and hearts are transformed so that we think, love and speak like Jesus: forgiving those who have hurt us, caring for those who are ill, doing all we can to help the poor, the homeless, the hungry, refugees and all those in need.

Communion Hymns

Shoulder my Yoke

Refrain Shoulder my yoke and learn from me,
for I am gentle and humble in heart.
And you'll find rest for your souls,
for my yoke is easy and my burden light.

Anne Ward

We Love this Place, O God

Refrain We love this place, O God,
this holy ground,
where we are fed and you are found,
O God, to you we come,
in ev'ry faithful heart make your home.

Christopher Walker



Concluding Rites

There will now be a period of silence for prayer and reflection.

Transformed by the Eucharist, we are commissioned by Jesus and sent forth to put into effect in our lives what we have received: to share the Good News and to transform the world around us by the way we live.

Blessing and Dismissal

Presider The Lord be with you.

All And with your spirit.

Presider May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

All Amen.

Deacon Go in peace...

All Thanks be to God.

Recessional

Tell out, my soul

Tell out, my soul, the greatness of the Lord!
Unnumbered blessings, give my spirit voice;
tender to me the promise of his word;
in God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of his name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age the same;
his holy name - the Lord, the Mighty One.

Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.

Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!

Timothy Dudley-Smith

SUNDAY 26 JULY

6.15am	High Stations	
9.30am	International Mass	St Pius X (Underground) Basilica
10am	Family Group Mass	Chapelle Maximilian Kolbe
2pm	Reconciliation Service for hotels & Accueil <i>(see p.64)</i>	Pius X Basilica, end altar
2pm	Family Group Reconciliation Service	Chapelle Maximilian Kolbe
5.30pm	Leaders' meeting	
6pm	Redshirts' Evening Prayer Chaplains' meeting Clinicians' meeting Choir practice	Hotels & Accueil Hotel Padoue Hotel Roissy Hotel Astrid
9pm	Torchlight Procession <i>(see p.32)</i>	Rosary Square
10.45pm	Encounter <i>'God's grace precedes us.' Led by Fr Scott Coleman.</i>	Youth Tent

DAILY PRAYERS

The Silence of the Heart

Leader In the name of the Father, and of the Son, and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader Today we look at the silence of the Annunciation,
a dense silence of presence.

Scripture Reading

Luke 1:29

Reader ... but she was greatly troubled at the saying, and tried to
discern what sort of greeting this might be.

Reflection

When the angel appeared, Mary wasn't necessarily scared of the angel itself, but she was shaken by the importance of the message. This reminds us that God's grace doesn't always feel 'nice' or 'easy' at first. Sometimes, God has to disturb our comfortable lives before He can give us true peace. Mary didn't just react with pure emotion; she stopped to think. She began 'reckoning' with the news, trying to piece together what this meant for her life and her faith.

Mary shows us that it is okay to feel troubled when we face a big calling. Being 'greatly troubled' isn't a sign of doubt—it's the first step in thinking deeply and preparing ourselves to say a meaningful 'Yes.' Sometimes we must get uncomfortable in the silence to understand what God is asking of us.

**In the noise of the world, can you find the stillness to
hear God's whisper?**

Silent reflection

Leader Mary shows us that being 'greatly troubled' by God's call is not a sign of fear, but the beginning of a thoughtful discernment that weaves our confusion into a purposeful 'Yes.'

Leader Let us ask now for intercession to help us and others.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord God, You often speak to us in the moments that shake us and the silences that stretch our understanding. Give us the courage of Mary to remain present even when we are troubled. When Your grace disturbs our comfort, help us not to run away in fear, but to wait in discernment. Teach us to trust that the 'reckoning' in our hearts is the path to a deeper 'Yes.' Grant us the stillness to hear Your voice and the strength to follow where it leads.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

Tomorrow

- Geste de l'Eau (Water Gesture) (p.62)
- Group Masses (p.108)
- Hand in Hand present Life Choices
*The Nativity story in words, mime and song.
The play focuses on the choices made by those in the story
and what happened as a result. It begins where Hosanna left
off in 2025, with the Crucifixion.*
- Blessed Sacrament Procession (p.31)
- Reconciliation Service for Redshirts & Helpers (p.64)

THE INTERNATIONAL MASS



St Pius X Basilica



9.30am

Reading

1 Kings 3:5, 7–12

The LORD appeared to Solomon in a dream at night. God said, 'Ask something of me and I will give it to you.' Solomon answered: 'O LORD, my God, you have made me, your servant, king to succeed my father David; but I am a mere youth, not knowing at all how to act. I serve you in the midst of the people whom you have chosen, a people so vast that it cannot be numbered or counted. Give your servant, therefore, an understanding heart to judge your people and to distinguish right from wrong. For who is able to govern this vast people of yours?'

The LORD was pleased that Solomon made this request. So God said to him: 'Because you have asked for this— not for a long life for yourself, nor for riches, nor for the life of your enemies, but for understanding so that you may know what is right— I do as you requested. I give you a heart so wise and understanding that there has never been anyone like you up to now, and after you there will come no one to equal you.'

Reading

Romans 8:28–30

Brothers and sisters: We know that all things work for good for those who love God, who are called according to his purpose. For those he foreknew he also predestined to be conformed to the image of his Son, so that he might be the firstborn among many brothers and sisters. And those he predestined he also called; and those he called he also justified; and those he justified he also glorified.

Gospel**Matthew 13:44–52**

Jesus said to his disciples: 'The kingdom of heaven is like a treasure buried in a field, which a person finds and hides again, and out of joy goes and sells all that he has and buys that field. Again, the kingdom of heaven is like a merchant searching for fine pearls. When he finds a pearl of great price, he goes and sells all that he has and buys it. Again, the kingdom of heaven is like a net thrown into the sea, which collects fish of every kind. When it is full they haul it ashore and sit down to put what is good into buckets. What is bad they throw away. Thus it will be at the end of the age. The angels will go out and separate the wicked from the righteous and throw them into the fiery furnace, where there will be wailing and grinding of teeth.

'Do you understand all these things?' They answered, 'Yes.' And he replied, 'Then every scribe who has been instructed in the kingdom of heaven is like the head of a household who brings from his storeroom both the new and the old.'



Episcopal Blessing

Bishop Dominus vobiscum.

All Et cum spiritu tuo.

Bishop Sit nomen Domini benedictum.

All Ex hoc nunc et usque in sæculum.

Bishop Adiutorium nostrum in nomine Domini.

All Qui fecit cælum et terram.

Bishop Benedicat vos omnipotens Deus,
Pater, et Filius, et Spiritus Sanctus.

All Amen.

English translation:

Bishop The Lord be with you.

All And with your spirit.

Bishop Blessed be the name of the Lord.

All Now and for ever.

Bishop Our help is in the name of the Lord.

All Who made heaven and earth.

Bishop May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

All Amen.



MARIAN TORCHLIGHT PROCESSION

For a guide to the history and meaning of the Torchlight Procession, see p.32.

The Hail Mary will be prayed in many languages but the Our Father, Glory Be and Salve Regina will all be sung in Latin.

For the English text of these prayers, see p.34.

Our Father

Pater noster, qui es in cælis:
 sanctificétur nomen tuum;
 advéniat regnum tuum:
 fiat volúntas tua, sicut in cælo et in terra.
 Panem nostrum cotidiánum da nobis hódie:
 et dimítte nobis débíta nostra,
 sicut et nos dimíttimus debitóribus nostris;
 et ne nos indúcas in tentatiónem,
 sed líbera nos a malo. Amen.

Hail Mary

Ave Maria, gratia plena: Dominus tecum.
 Benedicta tu in mulieribus,
 et benedictus fructus ventris tui, Jesus.
 Sancta Maria, Mater Dei,
 ora pro nobis peccatoribus,
 nunc et in hora mortis nostræ. Amen.

Glory Be

Gloria Patri, et Filio, et Spiritui Sancto.
 Sicut erat in principio, et nunc, et semper,
 et in saecula saeculorum. Amen.

Salve Regina

Salve, Regína,
Mater misericórdiæ;
vita, dulcédo
et spes nostra, salve.

Ad te clamámus
exsules fílii Hevæ.
Ad te suspirámus
geméntes et flentes
in hac lacrimárum valle.

Eia, ergo, advocáte nostra,
illos tuos misericórdes óculos
ad nos convérte.
Et Jesum,
benedíctum fructum ventris tui,
nobis post hoc exsílíum osténde.
O clemens, O pia,
O dulcis Virgo María.

Hail, holy Queen,
Mother of Mercy,
hail, our life, our sweetness,
and our hope.
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping
in this vale of tears.

Turn then,
most gracious Advocate,
thine eyes of mercy towards us,
and after this exile
show to us
the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Episcopal Blessing

For an English translation, see p.102.

Bishop Dominus vobiscum.

All Et cum spiritu tuo.

Bishop Sit nomen Domini benedictum.

All Ex hoc nunc et usque in sæculum.

Bishop Adiutorium nostrum in nomine Domini.

All Qui fecit cælum et terram.

Bishop Benedicat vos omnipotens Deus,
Pater, et Filius, et Spiritus Sanctus.

All Amen.

MONDAY 27 JULY

6.15am	High Stations	
8.30am	Water Gesture <i>(see p.62 for a guide)</i> for Redshirts, Acadia, Irlande, Padoue, Roissy Eglise Ste Bernadette, Côté Carmel	
9am	Accueil & Ste Rose	Accueil Chapel
9.30am	Group Mass Alba Europe Stella	Notre-Dame St Paul VI St Maximilian Kolbe
10am	Family Group Mass & picnic	Cité St Pierre
11am	Hand in Hand: Life Choices <i>The Nativity story in words, mime & song</i>	Notre-Dame
2pm	Water Gesture for Alba, Europe, Stella, Accueil & Ste Rose Eglise Ste Bernadette, Côté Carmel	
2pm	Redshirts Reconciliation	Cité St Pierre
2pm	Group Mass Irlande Padoue Roissy Acadia	St Jean Vianney St Joseph St Maximilian Kolbe Ss Cosmos & Damian
3.30pm	Water Gesture for Family Group	St Joseph
5pm	Blessed Sacrament Procession <i>(see p.31 & p.110)</i>	
6pm	Leaders' meeting Choir practice	Padoue Astrid
8.15pm	Reconciliation Service for Hospitalité, Eglise Ste Bernadette, Côté Grotte	
8.30pm	Redshirts' Mass	Immaculate Conception
10.45pm	Encounter <i>'Do whatever he tells you.'</i> Led by Fr Gary Carter.	Youth Tent

DAILY PRAYERS

The Power of the Holy Spirit

Leader In the name of the Father, and of the Son, and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader Today we reflect on how the impossible becomes reality through the Holy Spirit. We look at the moment where human limits meet divine power, creating something entirely new.

Scripture Reading

Luke 1:35

Reader 'The Holy Spirit will come upon you,
and the power of the Most High will overshadow you.'

Reflection

The Christian life is not a DIY project; it does not depend on our own grinding efforts or our limited strength. Instead, it depends on our capacity to be open and transformed by grace.

Just as the Spirit 'overshadowed' Mary, God asks to overshadow our plans and our worries. This 'overshadowing' isn't meant to hide us, but to protect and empower us. It reminds us that we don't have to have all the answers or the perfect resources to do God's work.

We only need the humility to let the Spirit move through us. When we reach the end of what we can do, that is exactly where the Holy Spirit begins.

**Where in your life are you trying too hard
to rely on yourself?**

**Where do you need the Spirit to 'recreate' you and
breathe new life into your routine today?**

Silent reflection

Leader Mary teaches us that true power is found in surrender. By letting go of her own timeline, she allowed the Holy Spirit to work the ultimate miracle.

Let us ask for the grace to step aside so that God's power can take over.

Leader Let us call to mind all those we carry in our hearts.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord God, You chose Mary to be the vessel of Your Son through the power of the Holy Spirit. We ask that same Spirit to fall afresh upon us today. Quiet our restless efforts and still our anxious minds so that Your grace may overshadow us. Teach us that our weakness is the very space where Your strength is perfected. May we leave this moment not relying on our own will, but resting in Your divine power, confident that with You, nothing is impossible.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

Tomorrow

- Mass with Anointing (p.115)

GROUP MASSES



**Various Mass venues
and times (see p.105)**

Please see hotel notice board for details, or ask your leader.

Celebrant & Homilist

Group Chaplain

Suggestions for Gathering hymns before Mass include:

Be Still for the Presence of the Lord (p.154)

Always in Your Presence (p.74)

Lord, We Come to You as We Are (p.83)

Suggestions for Processional hymns include:

Lord of all Hopefulness (p.74)

O Lord, my God, when I in Awesome Wonder (p.161)

He Who Would Valiant Be (p.84)

Immaculate Mary (p.135)

Holy Virgin, by God's Decree (p.79)

Reading

Isaiah 25:6a, 7-9

On that day: On this mountain the LORD of hosts will make for all peoples a feast of rich food. And he will swallow up on this mountain the covering that is cast over all peoples, the veil that is spread over all nations.

He will swallow up death for ever; and the Lord GOD will wipe away tears from all faces, and the reproach of his people he will take away from all the earth for the LORD has spoken. It will be said on that day, 'Behold, this is our God; we have waited for him, that he might save us. This is the LORD; we have waited for him; let us be glad and rejoice in his salvation.'

Suggestions for the Psalm include:

Because the Lord is my Shepherd (p.154)

The Lord's My Shepherd (Crimond p.162 or Townend p.162)

Gospel Acclamation

Alleluia

Come to me, all who labour and are heavy laden, says the Lord, and I will give you rest.

Alleluia

Gospel

Matthew 11:25-30

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

Suggestions for Preparation of the Gifts:

As I Kneel Before You (p.152)

Suggestions for Communion hymn(s):

This is My Body (p.163)

Shoulder my Yoke (p.95)

Soul of my Saviour (p.124)

After Communion there will be a period of silence for prayer and reflection.

Suggestions for Recessional hymn(s):

All my Hope on God is Founded (p.152)

Guide me, O Thou Great Redeemer (p.157)

O Lord my God, When I in Awesome Wonder (p.161)

He Who Would Valiant Be (p.84)

Immaculate Mary (p.135)

Holy Virgin, by God's Decree (p.79)

BLESSED SACRAMENT PROCESSION

For the history and meaning of the Procession, see p.31.

Weather permitting, the procession begins outside, for those who wish to process. As the Blessed Sacrament, carried by a Bishop, arrives in the Underground Basilica, Latin chants are sung:

Chants

Lauda Sion Salvatorem,
lauda ducem et pastorem
in hymnis et canticis.

Lauda, Jerusalem, Dominum,
lauda Deum tuum, Sion.
Hosanna Filio David

Benedictus qui venit
in nomine Domini.
Hosanna in excelsis

Sion, praise your Saviour
Praise your leader and shepherd
In hymns and chants

Jerusalem, praise the Lord
Praise your God, Sion,
Hosanna to the Son of David

Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

Then, we silently adore the Blessed Sacrament for a time.

The period of silence ends as we all sing the ancient hymn Tantum ergo Sacramentum:

Tantum Ergo Sacramentum

Tantum ergo Sacramentum
veneremur cernui,
et antiquum documentum
novo cedat ritui.
Præstet fides supplementum
sensuum defectui.

Genitori, Genitoque
laus et jubilatio,
salus, honor, virtus quoque
sit et benedictio,
procedenti ab utroque
compar sit laudatio.
Amen.

Therefore we, before him bending,
this great Sacrament revere;
types and shadows have their ending,
for the newer rite is here:
faith, our outward sense befriending,
makes the inward vision clear.

Glory let us give, and blessing
to the Father and the Son.
Honour, might and praise addressing,
while eternal ages run.
Ever too his love confessing,
who from both, with both, is one.
Amen.

The Eucharistic Blessing is given to all the sick and disabled pilgrims assembled in the basilica, the presiding Bishop and accompanying clergy and medics processing around the altar to reach each group.

As the presider makes Sign of the Cross with the monstrance containing the Sacred Host, our faith tells us that it is Our Lord himself who blesses us, and we receive the Benediction with reverence, head bowed.

The cantor prays the Divine Praises in French, and we repeat each phrase after him, also in French or in our own language, aloud or silently.

Divine Praises

Dieu, soit béni.	Blessed be God.
Béni soit son Saint Nom.	Blessed be his holy Name.
Béni soit Jésus-Christ, vrai Dieu et vrai Homme.	Blessed be Jesus Christ, true God and true man.
Béni soit le Nom de Jésus.	Blessed be the Name of Jesus.
Béni soit Son Sacré-Cœur.	Blessed be his Most Sacred Heart.
Béni soit Son Précieux Sang.	Blessed be his Most Precious Blood.
Béni soit Jésus dans le Saint- Sacrement de l'autel.	Blessed be Jesus in the most holy Sacrament of the altar.
Béni soit l'Esprit Saint Consolateur.	Blessed be the Holy Spirit, the Consoler.
Bénie soit la Sainte Mère de Dieu, la Vierge Marie.	Blessed be the holy Mother of God, the Virgin Mary
Bénie soit sa Sainte et Immaculée Conception.	Blessed be her holy and Immaculate Conception.
Bénie soit sa glorieuse Assomption.	Blessed be her glorious Assumption.
Béni soit le Nom de Marie, Vierge et Mère.	Blessed be the name of Mary, Virgin and Mother.
Béni soit Saint Joseph, son époux très chaste.	Blessed be Saint Joseph, her spouse most chaste.
Béni soit Dieu dans ses anges et dans ses saints.	Blessed be God in his angels and in his saints.

The Blessed Sacrament is returned to the Tabernacle, and we depart in peace.

TUESDAY 28 JULY

6.15am High Stations

9.30am Music Concert

Chapelle Notre Dame

2pm Mass with Anointing

St Pius X Basilica

5.30pm Vocations meeting
Clinicians' meeting

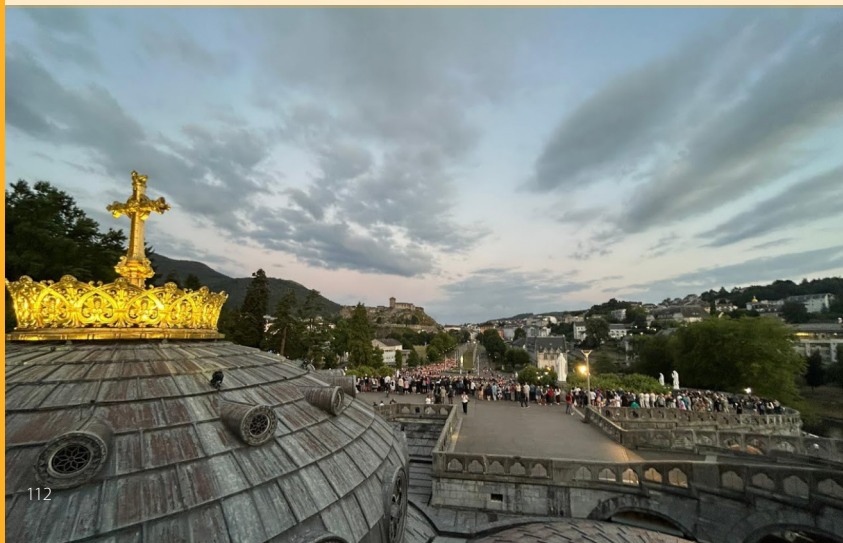
Chapelle St Patrick
Roissy

6pm Leaders' meeting
Choir practice

Astrid

8.30pm Party Night

Hotels & Accueil



DAILY PRAYERS

The 'Yes' of the Servant

Leader In the name of the Father, and of the Son,
and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader Today we consider Mary's active and courageous response to God. Like her, we stand at the threshold of a divine invitation, called to move beyond our own plans and into the light of His will.

Scripture Reading

Luke 1:38

Reader 'Behold, I am the servant of the Lord;
let it be to me according to your word.'

Reflection

To be a 'servant' is to let go, it is an act of radical surrender, a stripping away of the ego to make room for the Infinite. Mary did not ask for a map; she simply offered her 'Yes.'

Are you holding onto a specific vision of how your life must look, or can you trust the Father to design the path?

To 'let it be' means being willing to be transformed in ways you cannot yet see. It is a vulnerable act. A true response to God requires leaving the familiar behind. Today, that 'familiar' might be your need for control, your desire for recognition, or your fear of the unknown.

What 'Yes' is God asking of you in your daily life?

Are you ready to say 'let it be to me,' even if it changes everything?

Silent reflection

Leader Lord, we stand before You, full of our human facility,
wanting to take the next step towards You.
Help us to follow Mary's example
to say 'Yes' to the unknown
and surrender ourselves to Your will.

Leader Let us call to mind all those we carry in our hearts.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord, You have called us by name
and invited us into Your work
as chosen members of your family.
Open our hearts and minds to Your Word.
Guide us away from our own timelines and fears
to entrust ourselves completely to You.
May our lives be a living 'Amen' to Your holy will.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

Tomorrow

- Mass at the Grotto (p.128)
- Hour of Prayer led by the Redshirts
- Travel home meeting & group prayer of the last evening (p.136)
- Prayer of the Final Night

MASS WITH ANOINTING



St Pius X Basilica



2pm

Celebrant
Homilist

Canon David Parmiter
Fr Scott Coleman

Gathering Song

Take, O Take Me As I Am

Take, O take me as I am,
summon out what I shall be;
set your seal upon my heart
and live in me.

John L Bell, Graham Maule

Introductory Rites

Processional

Out of Darkness

*Refrain Out of darkness God has called us,
claimed by Christ as God's own people.
Holy nation, royal priesthood,
walking in God's marv'lous light.*

Let us take the words you give,
strong and faithful words to live.
Words that in our hearts are sown;
words that bind us as your own.

Let us take the love you give,
that the way of love we live.
Love to bring your people home;
love to make us all your own.

Bless all those to be anointed.
Give them healing, strength and comfort;
that from sickness they may find:
health in body, soul and mind.

Refrain Out of darkness God has called us,
claimed by Christ as God's own people.
Holy nation, royal priesthood,
walking in God's marv'lous light.

Strengthen all who keep your word,
that their hearts and minds are stirred:
answering God's call on earth
in the waters of new birth.

Christopher Walker

Penitential Act

Gathering Mass

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Christ, have mercy. Christe, eleison.

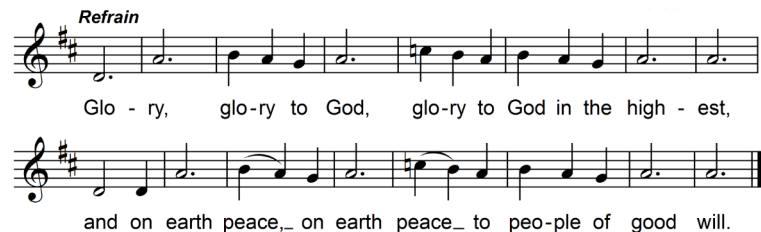
Christe, eleison.

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Gloria

Refrain



Glo - ry, glo-ry to God, glo-ry to God in the high - est,
and on earth peace, on earth peace to peo-ple of good will.

Paul Inwood

Liturgy of the Word

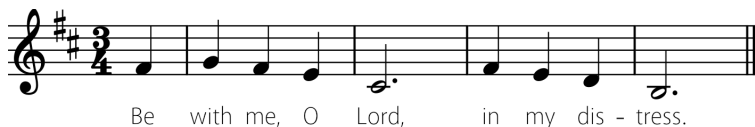
Reading

2 Corinthians 12:7-10

To keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. Three times I pleaded with the Lord about this, that it should leave me. But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

Responsorial Psalm

Psalm 91



Those who dwell in the shelter of the Most High,
and abide in the shade of the Almighty,
say to the LORD: 'My refuge,
my stronghold, my God in whom I trust!'

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels
to keep you in all your ways.

They shall bear you upon their hands,
lest you strike your foot against a stone.
On the lion and the viper you will tread,
and trample the young lion and the dragon.

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer 'I am with you.'
I will save him in distress and give him glory.

Gospel Acclamation

Plainchant

Alleluia

I give you a new commandment:
love one another just as I have loved you.

Alleluia

Anne Ward

Gospel

John 13:12-15

When he had washed their feet and put on his outer garments and resumed his place, he said to them, 'Do you understand what I have done to you? You call me Teacher and Lord, and you are right, for so I am. If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have given you an example, that you also should do just as I have done to you.

Homily

Anointing of the Sick

The Litany

Presider Let us pray to God for our brothers and sisters who are sick
and for all those who devote themselves to caring for them.
Bless all present and fill them with new hope and strength:

Cantor Lord, have mercy.

People Lord, have mercy.

Presider Relieve their pain:

Cantor Lord, have mercy.

People Lord, have mercy.

Presider Free them from sin

and do not let them give way to temptation:

Cantor Lord, have mercy.

People Lord, have mercy.

Presider Sustain all the sick with your power:

Cantor Lord, have mercy.

People Lord, have mercy.

Presider Assist all who care for the sick:

Cantor Lord, have mercy.

People Lord, have mercy.

Presider Give life and health to our brothers and sisters
on whom we lay our hands in your name:

Cantor Lord, have mercy.

People Lord, have mercy.

In silence, the priests lay their hands on the head of each sick person.

Prayer over the Blessed Oil

Presider Praise to you, God,
the almighty Father.
You sent your Son to live among us
and bring us salvation.

Cantor Blessed be God, who heals us in Christ.

People Blessed be God, who heals us in Christ.

Presider Praise to you, God,
the Only Begotten Son.
You humbled yourself to share in our humanity,
and you heal our infirmities.

Cantor Blessed be God, who heals us in Christ.

People Blessed be God, who heals us in Christ.

Presider Praise to you, God,
the Holy Spirit, the Consoler.
Your unfailing power gives us strength
in our bodily weakness.

Cantor Blessed be God, who heals us in Christ.

People Blessed be God, who heals us in Christ.

Presider God of mercy,
ease the sufferings
and comfort the weakness of your servants
whom the Church anoints with this holy oil.
We ask this through Christ our Lord.

People Amen.

The Anointing

The priests anoint each sick person in their group with the blessed oil.

First, they anoint the forehead, saying:

Through this holy anointing,
may the Lord in his love and mercy
help you with the grace of the Holy Spirit.

The sick person responds:

Amen.

Then they anoint the hands, saying:

May the Lord who frees you from sin,
save you and raise you up.

The sick person responds:

Amen.

During the Anointing of the Sick, we will sing the following, as time permits:

Healer of our Ev'ry Ill

*Refrain Healer of our ev'ry ill,
light of each tomorrow,
give us peace beyond our fear,
and hope beyond our sorrow.*

You who know our fears and sadness,
grace us with your peace and gladness,
Spirit of all comfort: fill our hearts.

In the pain and joy beholding
how your grace is still unfolding,
give us all your vision: God of love.

Give us strength to love each other,
ev'ry sister, ev'ry brother,
Spirit of all kindness: be our guide.

You who know each thought and feeling,
teach us all your way of healing,
Spirit of compassion: fill each heart.

Marty Haugen

We Cannot Measure

We cannot measure how you heal
or answer every sufferer's prayer,
yet we believe your grace responds
where faith and doubt unite to care.
Your hands, though bloodied on the cross,
survive to hold and heal and warn,
to carry all through death to life
and cradle children yet unborn.

The pain that will not go away,
the guilt that clings from things long past,
the fear of what the future holds,
are present as if meant to last.
But present too is love which tends
the hurt we never hoped to find,
the private agonies inside,
the memories that haunt the mind.

So some have come who need your help
and some have come to make amends,
as hands which shaped and saved the world
are present in the touch of friends.
Lord, let your Spirit meet us here
to mend the body, mind and soul,
to disentangle peace from pain
and make your broken people whole.

John L. Bell, Graham Maule

Just as I Am

Just as I am, without one plea,
but that thy blood was shed for me,
and that thou bid'st me come to thee,
O Lamb of God, I come, I come.

*Refrain I come broken to be mended. I come wounded to be healed.
I come desperate to be rescued. I come empty to be filled.
I come guilty to be pardoned by the blood of Christ the Lamb,
and I'm welcomed with open arms, praise God, just as I am.*

Just as I am, and waiting not
to rid my soul of one dark blot,
to thee, whose blood can cleanse each spot,
O Lamb of God, I come, I come.

*Refrain I come broken to be mended. I come wounded to be healed.
I come desperate to be rescued. I come empty to be filled.
I come guilty to be pardoned by the blood of Christ the Lamb,
and I'm welcomed with open arms, praise God, just as I am.*

Just as I am, I would be lost,
but mercy and grace my freedom bought.
And now to glory in your Cross,
O Lamb of God, I come, I come.

Charlotte Elliott, William B. Bradbury

Take this Moment

Take this moment, sign and space; take my friends around;
here among us make the place where your love is found.

Take the time to call my name, take the time to mend
who I am and what I've been, all I've failed to tend.

Take the tiredness of my days, take my past regret,
letting your forgiveness touch all I can't forget.

Take the little child in me, scared of growing old;
help me here to find my worth made in Christ's own mould.

Take my talents, take my skills, take what's yet to be;
let my life be yours, and yet, let it still be me.

John L Bell, Graham Maule

Prayer after Anointing

Presider Let us pray,
Father in heaven, through this holy anointing
grant our brothers and sisters comfort in their suffering.
When they are afraid, give them courage,
when afflicted, give them patience,
when dejected, afford them hope,
and when alone,
assure them of the support of your holy people.
We ask this through Christ our Lord.

All Amen.

Prayer of the Faithful**Through our lives**

Response Through our lives and by our prayers,
your Kingdom come.

Iona Community

Liturgy of the Eucharist**Preparation of the Gifts****Instrumental****Holy, holy****Gathering Mass**

Holy, Holy, Holy Lord,
Holy, Holy Lord God of hosts.
Heaven and earth, heaven and earth are full of your glory,
Lord God of Hosts.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Blessed, blessed is he who comes.
Blessed, blessed is he who comes,
blessed is he, blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Memorial Acclamation

Save us, Saviour of the world,
save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Doxology & Great Amen

Amen, amen.

Paul Inwood

Communion Rite

Lamb of God

Pershire

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Grant us peace, grant us peace.

Alan Smith

Communion Hymn

Soul of my Saviour

Soul of my Saviour, sanctify my breast;
Body of Christ, be thou my saving guest;
Blood of my Saviour, bathe me in thy tide,
wash me with water flowing from thy side.

Strength and protection may thy Passion be;
O Blessed Jesus, hear and answer me;
deep in thy wounds, Lord, hide and shelter me;
so shall I never, never part from thee.

Guard and defend me from the foe malign;
in death's dread moments make me only thine;
call me, and bid me come to thee on high,
when I may praise thee with thy saints for aye.

Pope John XXII

After Communion, there will be a period of silence for prayer and reflection.

Time for Individual Prayer

There is now an opportunity, for anyone who was not anointed and wishes to, to approach a priest, deacon or assistant chaplain for a brief time of individual prayer for a specific intention.

During this time we will sing the following, as time permits:

Be with me, Lord

*Refrain Be with me, Lord, when I am in trouble,
be with me, Lord, I pray.*

You who dwell in the shelter of the Lord, Most High,
who abide in the shadow of our God,
say to the Lord, 'My refuge and fortress,
the God in whom I trust.'

No evil shall befall you, no pain come near,
for his angels stand close by your side,
guarding you always and bearing you gently,
watching over your life.

Those who cling to the Lord live secure in his love,
lifted high those who trust in his Name,
call on the Lord, he will never forsake you,
he will bring you salvation and joy.

Marty Haugen

As the Deer Longs

*Refrain As the deer longs for running streams,
so I long, so I long, so I long for you.*

Athirst my soul for you, the God who is my life!
When shall I see, when shall I see, see the face of God?

Echoes meet as deep is calling unto deep, over my head,
all your mighty waters, sweeping over me.

Continually the foe delights in taunting me:
'Where is God, where is your God?' Where, O where are you?

Defend me, God, send forth your light and your truth,
they will lead me to your holy mountain, to your dwelling place.

Then I shall go unto the altar of my God.
Praising you, O my joy and gladness; I shall praise your name.

Bob Hurd

Concluding Rites

Blessing and Dismissal

Presider The Lord be with you.

All And with your spirit.

Presider May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

All Amen.

Deacon Go in peace...

All Thanks be to God.

Recessional

Thanks be to God

Thanks be to God whose love has gathered us this day;
thanks be to God who helps and guides us on our way.
Thanks be to God who gives us voice that we may thank him:

*Refrain Deo gratias, Deo gratias,
Thanks be to God most high.*

Thanks be to God for all the gifts of life and light;
thanks be to God whose care protects us day and night.
Thanks be to God who keeps in mind us who forget him:

Thanks be to God who knows our secret joys and fears;
thanks be to God who when we call him always hears.
Thanks be to God our rock and strength ever sustaining:

Thanks be to God who never turns his face away;
thanks be to God who heals and pardons all who stray.
Thanks be to God who welcomes us into the kingdom:

Thanks be to God who made our world and all we see;
thanks be to God who gave his Son to set us free.
Thanks be to God whose Spirit brings warmth and rejoicing:

Stephen Dean

WEDNESDAY 29 JULY

6.15am High Stations

10am Mass at the Grotto

1.30pm Leaders' meeting Padoue

2.30pm Hour of Prayer led by the Redshirts, and
Sending Forth Blessing for the journey home
Eglise Ste Bernadette, Côté Grotte

4.30pm Clinicians' meeting Roissy
Choir practice Astrid

**5.30pm Travel home instructions &
group prayer of the last evening** Hotels & Accueil

8.30pm Prayer of the Final Night
Eglise Ste Bernadette, Côté Carmel
*A quiet and contemplative time
of prayer, reflection & music*

8.30pm Purpleshirts' Last Evening Prayer Youth Tent

10.45pm Encounter Youth Tent
*'How can we live out our "Yes"?'
Led by Fr Tristan Cranfield*



MASS AT THE GROTTTO



Grotto



10am

Celebrant
Homilist

Canon David Parmiter
Fr Simon Dray

Gathering

Always in your presence

*Refrain O Lord, we are always in your presence.
In you we live and move and have our being.
You hold us in the palm of your hand
and you lead us to your glory.*

Philip Jakob

Introductory Rites

Processional

Magnificat

*Refrain Magnificat! Magnificat!
Your song proclaims the glory of the Lord.*

Woman asked to bear a son;
a child who would compare with none;
did you know the pain that lay ahead?

Woman in the temple stands;
old man takes the child in his hands.
Did his words breathe fear into your heart?

Woman at the wedding meal,
see the miracle reveal
the glory of your Son to all around.

Woman waiting at the door;
your Son is now your Son no more;
to all the world he gives his life.

Woman standing by the cross
with those around you mourn the loss
of the child that you had once borne in your womb.

Woman in the upper room;
in the frightened air and gloom,
see your Son in glory now appear.

Woman standing on the rock,
through the child who tends the flock
speak to the world that we may know your Son.

Anne Ward

Liturgy of the Word

Reading

Jeremiah 15:10, 16-21

Woe is me, my mother, that you bore me, a man of strife and contention to the whole land! I have not lent, nor have I borrowed, yet all of them curse me.

Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, for I am called by your name, O LORD, God of hosts. I did not sit in the company of revellers, nor did I rejoice; I sat alone, because your hand was upon me, for you had filled me with indignation. Why is my pain unceasing, my wound incurable, refusing to be healed? Will you be to me like a deceitful brook, like waters that fail?

Therefore, thus says the LORD: 'If you return, I will restore you, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall be as my mouth. They shall turn to you, but you shall not turn to them. And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, declares the LORD. I will deliver you out of the hand of the wicked, and redeem you from the grasp of the ruthless.'

Responsorial Psalm

Psalm 103



Bless the LORD, O my soul,
and all within me, his holy name.
Bless the LORD, O my soul,
and never forget all his benefits.

It is the Lord who forgives all your sins,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with mercy and compassion.

The LORD is compassionate and gracious,
slow to anger and rich in mercy.
He does not treat us according to our sins,
nor repay us according to our faults.

As far as the east is from the west,
so far from us does he remove our transgressions.
As a father has compassion on his children,
the LORD's compassion is on those who fear him.

John Ainslie

Gospel Acclamation

St Mary's

Alleluia *(repeat after the cantor)*

I am the light of the world, says the Lord;
anyone who follows me will have the light of life.

Alleluia *(repeat after the cantor)*

Anne Ward

Gospel**Luke 10:38-42**

At that time: Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, 'Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.'

Prayer of the Faithful**Through our lives**

Response Through our lives and by our prayers,
your Kingdom come.

Iona Community

Liturgy of the Eucharist

During the Preparation of the Gifts, the choir sings Ave Maria, gratia plena, by Isaia Ravelli, which quotes the words that Our Lady spoke to St Bernadette during the Apparitions.

Holy, holy**Gathering Mass**

Holy, Holy, Holy Lord,
Holy, Holy Lord God of hosts.
Heaven and earth, heaven and earth are full of your glory,
Lord God of Hosts.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Blessed, blessed is he who comes.
Blessed, blessed is he who comes,
blessed is he, blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Memorial Acclamation

We proclaim your Death, O Lord,
we proclaim you Death, O Lord,
and profess your Resurrection until you come again.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Doxology & Great Amen

Amen, amen.

Paul Inwood

Communion Rite

Lamb of God

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Have mercy, have mercy, have mercy on us.

Lamb of God, you take away the sins of the world.

Grant us peace, grant us peace.

Pershore

Alan Smith



Communion Hymns

Sweet Sacrament Divine

Sweet sacrament divine,
hid in thy earthly home,
lo! Round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise,
in songs of love and heartfelt praise,
sweet sacrament divine,
sweet sacrament divine.

Sweet sacrament of peace,
dear home of every heart,
where restless yearnings cease,
and sorrows all depart,
there in thine ear all trustfully
we tell our tale of misery,
sweet sacrament of peace,
sweet sacrament of peace.

Sweet sacrament of rest,
Ark from the ocean's roar,
within thy shelter blest
soon may we reach the shore,
save us, for still the tempest raves;
save, lest we sink beneath the waves,
sweet sacrament of rest,
sweet sacrament of rest.

Sweet sacrament divine,
earth's light and jubilee,
in thy far depths doth shine
thy Godhead's majesty;
sweet light, so shine on us we pray,
that earthly joys may fade away,
sweet sacrament divine,
sweet sacrament divine.

Francis Stanfield

Bread for the world

*Refrain Bread for the world: a world of hunger.
Wine for all peoples: people who thirst.
May we who eat be bread for others.
May we who drink pour out our love.*

Lord Jesus Christ,
you are the bread of life,
broken to reach and heal
the wounds of human pain.
Where we divide your people,
you are waiting there on bended knee
to wash our feet with endless care.

Lord Jesus Christ,
you are the wine of peace,
poured into hearts once broken
and where dryness sleeps.
Where we are tired and weary,
you are waiting there to be the way
which beckons us beyond despair.

Lord Jesus Christ,
you call us to your feast,
at which the rich and pow'rful
have become the least.
Where we survive on others
in our human greed,
you walk among us
begging for your ev'ry need.

Bernadette Farrell

Concluding Rites

Recessional Hymn

Immaculate Mary

1. Immaculate Mary! Our hearts are on fire,
that title so wondrous fills all our desire.

*Refrain Ave, Ave, Ave Maria!
Ave, Ave, Ave Maria!*

2. We pray for God's glory, may his kingdom come!
We pray for his vicar, our father, and Rome.
3. We pray for our mother the church upon earth,
and bless, sweetest Lady, the land of our birth.
4. For poor, sick, afflicted thy mercy we crave;
and comfort the dying thou light of the grave.
5. There is no need, Mary, nor ever has been,
which thou canst not succour, Immaculate Queen.
6. In grief and temptation, in joy or in pain,
we'll ask thee, our mother, nor seek thee in vain.
7. O bless us, dear Lady, with blessings from heaven.
And to our petitions let answer be given.
8. In death's solemn moment, our mother, be nigh;
and children of Mary – help us when we die.
9. And crown thy sweet mercy with this special grace,
to behold soon in heaven God's ravishing face.
10. To God be all glory and worship for aye,
and to God's virgin mother an endless Ave.

Public Domain

DAILY PRAYERS

Bernadette's Echo

Leader In the name of the Father, and of the Son,
and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader We reflect today on Bernadette, the humble visionary
whose 'Yes' was not a fleeting thought, but a concrete
commitment to return to the Grotto day after day,
regardless of the world's scepticism.

Scripture Reading

Luke 1:37

Reader 'For nothing will be impossible with God.'

Reflection

At the Grotto, Bernadette was asked to perform 'illogical' actions—digging in the dry earth and drinking muddy water. To the onlookers, she appeared foolish; to God, she was being faithful. She acted out of absolute trust in a promise she could not yet see.

Are you holding back from a 'Yes' because you are afraid of looking foolish?

Do you have the courage to persist in faith, even when the path ahead seems muddy or unclear?

Following God often requires us to set aside our logic, to make room for His miracles. It asks us to trust the promptings of the Spirit over the expectations of the crowd.

Are you ready to dig deep into the 'earth' of your own life to find the spring of grace God has hidden there?

Silent reflection

Leader Lord, we stand before You with hearts that often seek certainty over faith. We confess that we sometimes fear the 'muddy water' of our own struggles. Like Bernadette, give us the grit to persist and the grace to trust that what seems impossible to us is simple for You.

Leader Let us call to mind all those we carry in our hearts.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord, You who chose the small and the simple to reveal the greatness of Your love, strengthen our resolve.

When we are asked to do what we do not understand, remind us of Bernadette's obedience.

May we, like her, be witnesses to the truth that nothing is impossible with You.

Give us the courage to return to the Grotto of our hearts each day to meet You there.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

Tomorrow

- Closing Mass (p.141)
- Departure for home for most pilgrims

THURSDAY 30 JULY

6.15am High Stations

8.30am Closing Mass Eglise Ste Bernadette, Côté Grotte



DAILY PRAYERS

Bernadette's Echo

Leader In the name of the Father, and of the Son,
and of the Holy Spirit.

(We make the Sign of the Cross)

O God, come to our aid.

**All O Lord, make haste to help us.
Glory be to the Father, and to the Son,
and to the Holy Spirit. Amen.**

Leader As we prepare to leave this holy place, we remember that
Mary is the way, not the goal: she leads us to Jesus.
We give thanks for the graces received and look toward the
journey home.

Scripture Reading

Luke 1:38

Reader And the angel departed from her.

Reflection

The pilgrimage does not end here; it continues in our hearts. When the angel left Mary, her real work began—carrying the Word within her into the world. We, too, must now leave the 'Grotto' of this week and return to the 'Nazareth' of our daily lives.

How will you take the 'joyful charity' of this week back to your home and parish?

Are you prepared to be a living vessel of the grace you have found here?

The 'angel' may depart, but the presence of Christ remains. Leaving Lourdes requires us to carry the light we have seen into the shadows of our familiar routines.

Are you ready to bring the peace of this pilgrimage to those who could not be here?

Silent reflection

Leader Lord, we are preparing to depart.
The week has passed quickly, but the mission begins now.
We offer You the 'homecoming' of our hearts—renewed,
hopeful and perhaps a little reluctant to leave.
Like Mary, help us to carry Your presence into the ordinary
moments of our lives.

Leader Let us call to mind all those we are returning to,
and those who asked for our prayers.

Pause for prayer.

Lord, in your mercy.

All Hear our prayers.

Closing Prayer

Leader Lord, You have fed us at the feet of Our Lady, in this place
where the water flows and grace abounds.
As we journey home, keep our hearts open to Your Word.
Help us to translate the 'joyful charity' of this pilgrimage
into acts of love for our families, our neighbours
and our parishes.
Give us the courage to be witnesses to the wonders we
have seen.

All Amen.

Leader Our Lady of Lourdes,

All Pray for us.

Leader St Bernadette,

All Pray for us.

Leader All holy men and women,

All Pray for us.

**In the name of the Father and of the Son,
and of the Holy Spirit. Amen.**

CLOSING MASS



Eglise Ste Bernadette, Côté Grotte



8.30am

Celebrant & Homilist

Canon David Parmiter

Gathering Song

We Want to See Jesus Lifted High

Led by the Family Group.

Processional Hymn

Uyai Mose

Uyai mose, tinamate Mwari.

Uyai mose, tinamate Mwari.

Uyai mose, tinamate Mwari.

Uyai mose zvino.

Come, all you people, come and praise your Maker.

Come, all you people, come and praise your Maker.

Come, all you people, come and praise your Maker.

Come now and worship the Lord.

Iona Community

Penitential Act

Gathering Mass

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Christ, have mercy. Christe, eleison.

Christe, eleison.

Lord, have mercy. Kyrie, eleison.

Kyrie, eleison.

Paul Inwood

Liturgy of the Word

Reading

Ephesians 2:19-22

Brothers and sisters: So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the Apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy Temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit.

Psalm

Psalm 117



O praise the Lord, all you nations;
acclaim him, all you peoples!

For his mercy has prevailed over us;
and the faithfulness of the Lord endures for ever.

John Ainslie

Gospel Acclamation

St Mary's

Alleluia *(repeat after the cantor)*

Open our hearts, O Lord,
that we may pay attention to the words of your Son.

Alleluia *(repeat after the cantor)*

Anne Ward

Gospel**Matthew 12:46-50**

At that time: While Jesus was still speaking to the people, behold, his mother and his brothers and sisters stood outside, asking to speak to him. But he replied to the man who told him, 'Who is my mother, and who are my brothers and sisters?' And stretching out his hand towards his disciples, he said, 'Here are my mother and my brothers and sisters! For whoever does the will of my Father in heaven is my brother and sister and mother.'

Homily**Prayer of the Faithful**

Response This is our prayer: we pray to the Lord.

Liturgy of the Eucharist**Offertory Hymn****I say 'Yes', my Lord**

To the God who cannot die, I say 'Yes,' my Lord.
 To the One who hears me cry, I say 'Yes,' my Lord.
 To the God of the oppressed, I say 'Yes,' my Lord.
 To the God of all justice, I say 'Yes,' my Lord.

*Refrain I say 'Yes,' my Lord,
 in all the good times,
 through all the bad times.
 I say 'Yes,' my Lord,
 to every word you speak.*

I'm a servant of the Lord, I say 'Yes,' my Lord.
 I'm a worker in the fields, ...
 I'm a prisoner of their wars, ...
 Like a politician, inevitably, ...

For the dream I have today,
 To be a healer of all pain,
 And to come to love my enemies,
 For your peace in all the world,

Like that of Job, unceasingly,
 Like that of Maria, wholeheartedly,
 Like that of David in a song,
 Like Israel, for you I long,

Holy, holy

Gathering Mass

Holy, Holy, Holy Lord,
Holy, Holy Lord God of hosts.
Heaven and earth,
heaven and earth are full of your glory,
Lord God of Hosts.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Blessed, blessed is he who comes.
Blessed, blessed is he who comes,
blessed is he,
blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Memorial Acclamation

We proclaim your Death, O Lord,
we proclaim you Death, O Lord,
and profess your Resurrection until you come again.
Hosanna, hosanna, hosanna in the highest.
Hosanna, hosanna, hosanna in the highest.

Doxology & Great Amen

Amen, amen.

Paul Inwood

Communion Rite

Lamb of God

Pershere

Lamb of God, you take away the sins of the world.
Have mercy, have mercy, have mercy on us.
Lamb of God, you take away the sins of the world.
Have mercy, have mercy, have mercy on us.
Lamb of God, you take away the sins of the world.
Grant us peace, grant us peace.

Alan Smith

Communion**If anyone is thirsty**

If anyone is thirsty,
 let them come to me.
 If they believe in me, let them drink.
 Streams of living water
 shall flow out from within them.
 Come, O come to me.

Anne Ward

Ubi Caritas

*Refrain Ubi caritas est vera, est vera:
 Deus ibi est, Deus ibi est.*

The love of Christ joins us together.
 Let us rejoice in him,
 and in our love and care for all
 now love God in return.

In true communion let us gather.
 May all divisions cease
 and in their place be Christ the Lord,
 our risen Prince of Peace.

May we who gather at this table
 to share the bread of life
 become a sacrament of love,
 your healing touch, O Christ.

For those in need make us your mercy,
 for those oppressed, your might.
 Make us, your Church,
 a holy sign of justice and new life.

May we one day behold your glory
 and see you face to face,
 rejoicing with the saints of God
 to sing eternal praise.

Bob Hurd

There will now be a period of silence for prayer and reflection.

Blessing and Dismissal

Presider The Lord be with you.

All And with your spirit.

Presider May almighty God bless you,
the Father, and the Son, and the Holy Spirit.

All Amen.

Recessional

My Soul is Filled with Joy

My soul is filled with joy
as I sing to God my Saviour:
he has looked upon his servant,
he has visited his people:

*Refrain And holy is his name
through all generations!
Everlasting is his mercy
to the people he has chosen,
and holy is his name!*

I am lowly as a child,
but I know from this day forward
that my name will be remembered,
for all men will call me blessed.

I proclaim the pow'r of God!
He does marvels for his servants;
though he scatters the proud-hearted
and destroys the might of princes.

To the hungry he gives food,
sends the rich away empty.
In his mercy he is mindful
of the people he has chosen.

In his love he now fulfils
what he promised to our fathers.
I will praise the Lord, my Saviour.
Everlasting is his mercy.

Anonymous

PLANNING TO COME BACK NEXT YEAR?

Next year's Pilgrimage will take place from 30 July-5 August 2027.

If you are thinking about or planning on coming back next year, did know that you can start paying in monthly instalments now?

Here are the details for your bank transfers:

Account Name: A&B Lourdes Pilgrimage
Sort Code: 40-05-20
Account: 52133660
Reference: 2027 [YOUR SURNAME]

A full refund of advance payments will be issued if you inform us by 1 February 2027 that you are no longer able to join the Pilgrimage.

After 1 February, the £100 deposit becomes non-refundable.

The Pastoral Theme in 2027 will be the Visitation:

'In those days Mary set out and went with haste...' (Luke 1:39)

This is the year of service, of joyful charity and of reaching out to others.





PRAYER NETWORK

'For where two or three are gathered in my name, there am I among them.' Mt 18:20

Our Assistant Chaplains run a prayer network throughout the year which allows us to continue to pray as a pilgrimage family.

This prayer group invites and encourages us to:

- share our prayer needs
- offer prayers of praise, petition and thanksgiving to God
- pray knowing that it is a safe place to share our concerns, joys and heartaches and in the knowledge that many will be praying on our behalf
- pray as a community of people for others

Would you like to share your prayer needs and offer prayers for others, either individually or at our monthly online prayer sessions?

If so, please email E: prayer.lourdes@abdiocese.org.uk for more information on the different ways you can be involved.

We look forward to hearing from you.



DONATIONS & FUNDRAISING

We are all fortunate to be able to join the pilgrimage to Lourdes this year. Can you help us to help someone else make their pilgrimage next year?

Since the first Diocesan Pilgrimage to Lourdes, we have sought donations and fundraising to enable us to support pilgrims who do not have the financial means to travel to Lourdes. We are very grateful to those kind people who have previously supported our Pilgrimage by donating, fundraising and making appeals in parishes throughout the Diocese.

Donate

You can make a donation right now using this QR code or by visiting W: abdiocese.org.uk/lourdes/donate.



Gift Aid

If you are a UK taxpayer, the Diocese of Arundel & Brighton, as a registered charity, can claim back the tax you have already paid on your gift, at no extra cost to you. Donations made online have a Gift Aid option built in.

If you would like to donate in other ways and for the Diocese to claim Gift Aid for the Pilgrimage on your donation, please scan this QR code:
or visit W: abdiocese.churchsuite.com/-/forms/btksofu5.
Or you can request a Gift Aid form from our office when we return home.



Gifts in Memory

Gifts in Memory are donations made specifically in memory of a loved one who has died. These gifts do not need to be made in a Will and can be made at any time by contacting the Office. The names of those in whose memory a gift is made are entered into our Book of Remembrance, which is placed before the Grotto each year.

Legacies

Passing on the grace of Lourdes to future generations

Once you have supported your loved ones, have you considered passing on the grace of Lourdes to future generations with a gift in your Will for the Pilgrimage?

If you are planning to make or change your Will, we advise you to use a solicitor or qualified Will writer.

To leave a gift to the Lourdes Pilgrimage, please share this text with the solicitor or legal professional drafting your Will:

I give to the Lourdes Pilgrimage, Arundel and Brighton Diocesan Trust, The St Philip Howard Centre, 4 Southgate Drive, Crawley, West Sussex RH10 6RP, registered charity Number 252878 **<insert EITHER £ amount in words OR percentage of estate e.g. the whole residue (100%), half residue (50%), ten percent residue (10%)>** of my estate for its general charitable purposes. I direct that the receipt of the Chief Operating Officer or other officer of the Trust shall be a full discharge to my executors in respect of the same.

Further information is available from the Pilgrimage Office.

Parish Appeals

If your parish or church does not have a representative who makes the annual Pilgrimage Fund Appeal at Mass in February, and that is something you might like to do – either reading from a prepared script or sharing your own experience of Lourdes with your community – then please get in touch when we get home.

Fundraising Events

If you think you could help with a fundraising event or arrange one in your parish or community, the Pilgrimage Office would love to hear from you.

Contact the Pilgrimage Office

Contact the UK Pilgrimage Office at:
E:lourdes@abdiocese.org.uk or T:01293 651147.

ADDITIONAL HYMNS & MUSIC

This section contains some additional resources which may be used in other liturgies or can be used in group or private prayer, in addition to the hymns included in our Masses on previous pages. The music for these hymns and songs is available from the pilgrimage music team at the Hotel Astrid.

To obtain copies for your group worship – whether formal or informal – please see any member of the Music Team. In addition, there are copies of many hymns and songs for you to look at and borrow. Keyboards and sound equipment are also available.

All my Hope on God is Founded

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown, he alone calls my heart to be his own.

Pride of man and earthly glory,
sword and crown betray God's trust;
what with lavish care man buildeth,
tower and temple, fall to dust.
But God's power, hour by hour, is my temple and my tower.

God's great goodness ay endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of nought.
Evermore, from his store new-born worlds rise and adore.

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call one and all; ye who follow shall not fall.

J. Neader, paraphrased by R.S. Bridges

As I Kneel Before You

As I kneel before you, as I bow my head in prayer,
take this day, make it yours and fill me with your love.

*Refrain Ave Maria, gratia plena,
Dominus tecum, benedicta tu.*

All I have I give you, ev'ry dream and wish are yours;
 Mother of Christ, Mother of mine, present them to my Lord.

As I kneel before you, and I see your smiling face,
 ev'ry thought, ev'ry word is lost in your embrace.

Maria Parkinson

At the Cross

1. At the cross her station keeping,
 stood the mournful mother weeping,
 close to Jesus to the last.
2. Through her heart his sorrow sharing,
 all his bitter anguish bearing,
 now at length the sword has passed.
3. O, thou mother! Fount of love!
 Touch my spirit from above,
 make my heart with thine accord.
4. Make me feel as thou has felt;
 make my soul to glow and melt
 with the love of Christ my Lord.
5. Let me mingle tears with thee,
 mourning him who mourn'd for me,
 all the days that I may live.
6. By the cross with thee to stay,
 there with thee to weep and pray,
 is all I ask of thee to give.
7. Virgin of all virgins best,
 listen to my fond request:
 let me share thy grief divine.
8. Let me, to my latest breath,
 in my body bear the death
 of that dying Son of thine.
9. Christ, when thou shalt call me hence,
 be thy mother my defence,
 be thy cross my victory.
10. While my body here decays,
 may my soul thy goodness praise,
 safe in paradise with thee.

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Be Still for the Presence of the Lord

Be still, for the presence of the Lord the Holy One is here.
Come, bow before him now, with reverence and fear.
In him no sin is found, we stand on holy ground.
Be still, for the presence of the Lord the Holy One is here.

Be still, for the glory of the Lord is shining all around;
he burns with holy fire, with splendour he is crowned.
How awesome is the sight, our radiant King of light!
Be still, for the glory of the Lord is shining all around.

Be still, for the power of the Lord is moving in this place,
he comes to cleanse and heal, to minister his grace.
No work too hard for him, in faith receive from him;
Be still, for the power of the Lord is moving in this place.

David J. Evans

Because the Lord is my Shepherd

Because the Lord is my shepherd, I have ev'rything I need.
He lets me rest in the meadow and leads me
to the quiet streams.
He restores my soul and he leads me
in the paths that are right:

*Refrain Lord, you are my shepherd, you are my friend.
I want to follow you always, just to follow my friend.*

And when the road leads to darkness, I shall walk there unafraid.
Even when death is close I have courage for your help is there.
You are close beside me with comfort,
you are guiding my way:

In love you make me a banquet for my enemies to see.
You make me welcome,
pouring down honour from your mighty hand;
and this joy fills me with gladness,
it is too much to bear:

Your goodness always is with me and your mercy I know.
Your loving kindness strengthens me always as I go through life.
I shall dwell in your presence for ever,
giving praise to your name:

Christopher Walker

Bless the Lord, My Soul

Bless the Lord, my soul, and bless God's holy name.
Bless the Lord, my soul, who leads me into life.

Taizé Community

10,000 Reasons (Bless the Lord, O my Soul)

Refrain Bless the Lord, O my soul,
O my soul; worship his holy name.
Sing like never before, O my soul;
I'll worship your holy name

The sun comes up, it's a new day dawning,
it's time to sing your song again.
Whatever may pass, and whatever lies before me,
let me be singing when the evening comes.

You're rich in love and you're slow to anger.
Your name is great and your heart is kind.
For all your goodness, I will keep on singing;
ten thousand reasons for my heart to find.

And on that day, when my strength is failing,
the end draws near, and my time has come,
still, my soul will sing your praise unending:
ten thousand years, and then forevermore!

Matt Redman, Jonas Myrin

Centre of my Life

Refrain O Lord, you are the centre of my life:
I will always praise you,
I will always serve you,
I will always keep you in my sight.

Keep me safe, O God, I take refuge in you.
I say to the Lord: 'You are my God.
My happiness lies in you alone:
my happiness lies in you alone.'

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;
even in safety shall my body rest.
For you will not leave my soul among the dead,
nor let your beloved know decay.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand,
at your right hand happiness for ever.

Paul Inwood

Come Back to Me

Come back to me with all your heart.
Don't let fear keep us apart.
Trees do bend, though straight and tall;
so must we to others' call.

*Refrain Long have I waited for your coming home to me
and living deeply our new life.*

The wilderness will lead you
to your heart where I will speak.
Integrity and justice with tenderness
you shall know.

You shall sleep secure with peace;
faithfulness will be your joy.

Come back to me with all your heart.
Don't let fear keep us apart.
Trees do bend, though straight and tall;
so must we to others' call.

Gregory Norbet, based on Hosea

Come to Me

Come to me, come to me, weak and heavy laden;
trust in me, lean on me, I will give you rest.

Iona Community

Do Not Be Afraid

*Refrain Do not be afraid,
for I have redeemed you.
I have called you by your name;
you are mine.*

When you walk through the waters, I'll be with you.
You will never sink beneath the waves.

When the fire is burning all around you,
you will never be consumed by the flames.

When the fear of loneliness is looming,
Then remember I am at your side.

When you dwell in the exile of the stranger,
remember you are precious in my eyes.

You are mine, O my child; I am your Father,
and I love you with a perfect love.

Gerard Markland

Gifts We Bring

Gathered here as one, we give praise to you, our God,
 bringing to your altar our gifts to bless.
 By your goodness grown, from the seeds that we have sown,
 made by human hands, we bring you bread.
This bread will become the Body of Christ.
For us, our Saviour was sacrificed.

The fruit of the vine we have turned into wine,
 offering this also for you to bless.
 May they now become the food that makes us one,
 nourishing our souls and bringing life.
This wine will become the Blood of Christ.
For us, our Saviour was sacrificed.

Now we offer you all the good things that we do,
 trying to love others as you love us.
 Bless and break us, too, so we become something new;
 take our lives and use us to do your work.
Then we shall become the Body of Christ.
For you, our Saviour, our sacrifice.

Marius Hopley

God of Compassion

Refrain God of compassion, faithful in love,
 God of all tenderness, pity us.
 Comfort your people, we pray

You who forgive our guilt, you who heal all our ills, save this life.
 You do not treat us as people of sinfulness,
 save your servant who trusts in you.

Constant your promise to love and be merciful, save this life.
 Treating us tenderly, mindful that we are dust,
 save your servant who trusts in you.

Short is our life, like the flowers that fade and die, save this life.
 Life everlasting you give to your faithful ones,
 save your servant who trusts in you.

Peter Jones

Guide me, O Thou Great Redeemer

Guide me, O thou great Redeemer
 pilgrim through this barren land;
 I am weak, but thou art mighty,
 hold me with thy pow'rful hand:
 bread of heaven, bread of heaven,
 feed me till I want no more. *(repeat)*

Open now the crystal fountain,
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through;
strong Deliverer, strong Deliverer,
be thou still my strength and shield. *(repeat)*

When I tread the verge of Jordan,
bid my anxious fears subside,
death of death, and hell's destruction,
land me safe on Canaan's side;
songs of praises, songs of praises,
I will ever give to thee. *(repeat)*

W. Williams (1717-91) tr. P. and W. Williams

Hail, Queen of Heav'n

Hail, Queen of heav'n, the ocean star,
guide of the wand'rer here below;
thrown on life's surge, we claim thy care:
save us from peril and from woe.
Mother of Christ, star of the sea,
pray for the wanderer, pray for me.

O gentle, chaste and spotless maid,
we sinners make our prayers through thee;
remind thy son that he has paid
the price of our iniquity.
Virgin most pure, star of the sea,
pray for the sinner, pray for me.

Sojourners in this vale of tears,
to thee, blest advocate, we cry;
pity our sorrows, calm our fears,
and soothe with hope our misery.
Refuge in grief, star of the sea,
pray for the mourner, pray for me.

And while to him who reigns above,
in Godhead One, in Persons Three,
the source of life, of grace, of love,
homage we pay on bended knee;
do thou, bright Queen, star of the sea,
pray for thy children, pray for me.

John Lingard

In the Lord I'll Be Ever Thankful

In the Lord I'll be ever thankful, in the Lord I will rejoice!
Look to God, do not be afraid;
lift up your voices, the Lord is near.

Jacques Berthier

Jésus le Christ

Jésus le Christ, lumière intérieure,
ne laisse pas mes ténèbres me parler.
Jésus le Christ, lumière intérieure,
donne-moi d'accueillir ton amour.

*Lord Jesus Christ, your light shines within us.
Let not my doubts nor my darkness speak to me.
Lord Jesus Christ, your light shines within us.
Let my heart always welcome your love.*

Jacques Berthier

Jesus, Remember Me

Jesus, remember me when you come into your Kingdom.
Jesus, remember me when you come into your Kingdom.

Jacques Berthier

Let Nothing Trouble You

*Refrain Let nothing trouble you or frighten you,
for the one who has God lacks nothing.
Let nothing trouble you or frighten you.
God alone, God alone, God alone is enough.*

If God builds the house nothing will shake it;
neither the storm nor the raging tide.
For the one who builds lays the foundation;
strong as the earth, deep as the sea.

Be God's living stones, building God's temple;
shelter of light, with an open door.
Be the dwelling place of God's compassion,
where there is love, God will be there.

Bernadette Farrell

Magnificat (Gill)

My soul magnifies the Lord; my spirit rejoices in God, my Saviour.
My soul magnifies the Lord; my spirit rejoices in God.

Glory be to God, the Father, and glory be to God, the Son.
Glory be to God, the Spirit; Glory be to God.

He has been mindful of His servant; he has been mindful of me.
I will be blessed forever, forever; I will be blessed by the Lord.

God alone is mighty, mighty; our God alone has done great things.
God alone is worthy, worthy; holy is His name.

Randy Gill

Magnificat (Taizé)

Magnificat, magnificat, magnificat anima mea Dominum.
Magnificat, magnificat, magnificat anima mea.

Jacques Berthier

My Peace

My peace I leave you, my peace I give you: trouble not your hearts.
My peace I leave you, my peace I give you: be not afraid.

Taizé Community

Nada te Turbe

Nada te turbe, nada te espante.
Quien a Dios tiene nada le falta.
Nada te turbe, nada te espante, solo Dios basta.

*Nothing can trouble, nothing can frighten.
Those who seek God shall never go wanting.
Nothing can trouble, nothing can frighten. God alone fills us.*

Jacques Berthier

O Let All Who Thirst

O let all who thirst, let them come to the water.
And let all who have nothing,
let them come to the Lord:
without money, without price.
Why should you pay the price,
except for the Lord?

And let all who seek, let them come to the water.
And let all who have nothing,
let them come to the Lord:
without money, without strife.
Why should you spend your life,
except for the Lord?

And let all who toil, let them come to the water.
And let all who are weary,
let them come to the Lord:
all who labour, without rest.
How can your soul find rest,
except for the Lord?

And let all the poor, let them come to the water.
Bring the ones who are laden,
bring them all to the Lord:
bring the children, without might.
Easy the load and light:
come to the Lord!

John B. Foley

O Lord, Hear my Prayer

O Lord, hear my prayer, O Lord, hear my prayer.
 When I call answer me.
 O Lord, hear my prayer, O Lord, hear my prayer.
 Come and listen to me.

*Jacques Berthier***O Lord my God, When I in Awesome Wonder**

O Lord my God, when I in awesome wonder
 consider all the worlds thy hands have made,
 I see the stars, I hear the rolling thunder,
 thy pow'r throughout the universe displayed!

Refrain Then sings my soul,
 my Saviour God, to thee;
 how great thou art,
 how great thou art! (repeat)

When through the woods and forest glades I wander
 and hear the birds sing sweetly in the trees,
 when I look down from lofty mountain grandeur
 and hear the brook and feel the gentle breeze.

And when I think that God, his Son not sparing,
 sent him to die, I scarce can take it in
 that on the Cross, my burden gladly bearing,
 he bled and died to take away my sin!

When Christ shall come with shout of acclamation
 and take me home, what joy shall fill my heart!
 Then I shall bow in humble adoration
 and there proclaim, my God, how great thou art!

*Stuart K. Hine***Son of David**

Refrain Son of David, have pity on me; Son of God, hear my plea.
 O Son of David, have pity on me; listen to my plea.

Those who sow in tears and pain will return rejoicing.
 The lamb will leap, the lion lie down, on your day, O Lord.

He has borne our grief and pain, burdened down with sorrow.
 Who'd believe what we have seen? Like a lamb he's slain.

By his word the world was made, ev'ry grain and flower.
 The poor stand near to God, the Lord: those who seek his face.

O Lord God, return to us. Let your face renew us.
 Turn again, come see this vine, which your hand has sown.

John Foley

The Lord's my Shepherd (Crimond)

The Lord's my shepherd, I'll not want.
He makes me down to lie
in pastures green; he leadeth me
the quiet waters by.

My soul he doth restore again;
and me to walk doth make
within the paths of righteousness,
e'en for his own name's sake.

Yea, though I walk in death's dark vale,
yet will I fear none ill;
for thou art with me, and thy rod
and staff me comfort still.

My table thou hast furnishèd
in presence of my foes;
my head thou dost with oil anoint,
and my cup overflows.

Goodness and mercy all my life
shall surely follow me;
and in God's house for evermore
my dwelling-place shall be.

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The Lord's my Shepherd (And I Will Trust in You)

The Lord's my shepherd, I'll not want.
He makes me lie in pastures green.
He leads me by the still, still waters,
his goodness restores my soul:

*Refrain And I will trust in you alone,
 and I will trust in you alone,
 for your endless mercy follows me,
 your goodness will lead me home.*

He guides my ways in righteousness,
and he anoints my head with oil,
and my cup, it overflows with joy,
I feast on his pure delights.

And though I walk the darkest path,
I will not fear the evil one,
for you are with me, and your rod and staff
are the comfort I need to know.

Stuart Townend

This is my Body (In Love for Me)

This is my body, broken for you,
bringing you wholeness, making you free.
Take it and eat it, and when you do, do it in love for me.

This is my blood, poured out for you,
bringing forgiveness, making you free.
Take it and drink it, and when you do, do it in love for me.

Back to my Father soon I shall go:
do not forget me; then you will see
I am still with you, and you will know you're very close to me.

Filled with my spirit, how you will grow;
you are my branches; I am the tree.
If you are faithful, others will know you are alive in me.

Love one another - I have loved you,
and I have shown you how to be free;
serve one another, and when you do, do it in love for me.

Jimmy Owens & Damian Lundy

There is a Longing

*Refrain There is a longing in our hearts, O Lord,
 for you to reveal yourself to us.
 There is a longing in our hearts for love
 we only find in you, our God.*

For justice, for freedom, for mercy:
hear our prayer.
In sorrow, in grief: be near,
hear our prayer, O God.

For wisdom, for courage, for comfort:
hear our prayer.
In weakness, in fear:
be near, hear our prayer, O God.

For healing, for wholeness, for new life:
hear our prayer.
In sickness, in death:
be near, hear our prayer, O God.

Lord, save us, take pity,
light in our darkness.
We call you, we wait:
be near, hear our prayer, O God.

Anne Quigley

Turn to Me

Refrain Turn to me, O turn, and be saved,
says the Lord, for I am God;
there is no other, none beside me.
I call your name.

I am God, who comforts you;
who are you to be afraid of flesh that fades,
is made like the grass of the field,
soon to wither.

Listen to me, my people;
give ear to me, my nation:
a law will go forth from me,
and my justice for a light to the people.

Lift up your eyes to the heavens,
and look at the earth down below.
The heavens will vanish like smoke,
and the earth will wear out like a garment.

John Foley

Water of Life

Refrain Water of life, cleanse and refresh us;
raise us to life in Christ Jesus.

All you who thirst, come to the waters,
and you will never be thirsty again.

As rain from heav'n, so is God's word,
it waters the earth and brings forth life.

Dying with Christ, so we shall rise with him,
death shall no longer have power over us.

Turn to the Lord, cast off your wickedness,
you will find peace in his infinite love.

Stephen Dean

You Shall Cross the Barren Desert

You shall cross the barren desert,
but you shall not die of thirst.

You shall wander far in safety
though you do not know the way.

You shall speak your words in foreign lands
and all will understand.

You shall see the face of God and live.

*Refrain Be not afraid.
I go before you always.
Come, follow me,
and I will give you rest.*

If you pass through raging waters in the sea,
you shall not drown.
If you walk amid the burning flames,
you shall not be harmed.
If you stand before the pow'r of hell
and death is at your side,
know that I am with you through it all.

Blessed are your poor,
for the kingdom shall be theirs.
Blest are you that weep and mourn,
for one day you shall laugh.
And if wicked tongues insult and hate you
all because of me,
blessed, blessed are you!

Bob Dufford SJ

You Who Dwell (On Eagle's Wings)

You who dwell in the shelter of the Lord,
who abide in his shadow for life,
say to the Lord: 'My refuge,
my Rock in whom I trust!'

*Refrain And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.*

The snare of the fowler will never capture you,
and famine will bring you no fear:
under his wings your refuge,
his faithfulness your shield.

You need not fear the terror of the night,
nor the arrow that flies by day,
though thousands fall about you,
near you it shall not come.

For to his angels he's given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your foot against a stone.

Michael Joncas

INDEX OF HYMNS

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Title of Hymn	Page
All my Hope on God is Founded.....	152
Words: J. Neader, paraphrased by R.S. Bridges. Public Domain. Music: Herbert Howells © 1968, Novello & Company Limited.	
All that I am.....	77
Sebastian Temple © OCP Publications.	
Always in your presence	74, 128
© 1998 Philip Jakob. Published by Decani Music. Text: © 1998 Philip Jakob. Published by Decani Music.	
As I Kneel Before You	152
Maria Parkinson © 1978 Kevin Mayhew Ltd.	
At the Cross her Station Keeping	153
Public Domain.	
Be Still for the Presence.....	154
David J. Evans © 1986 Thankyou Music (Admin. by Integrity Music Ltd).	
Because the Lord is my Shepherd	154
© 1985 Christopher Walker. Published by OCP. All rights reserved.	
Bless the Lord, my soul	154
© Ateliers et Presses de Taizé	
Bless the Lord, O my Soul (10,000 reasons)	155
Matt Redman, Jonas Myrin © 2011 Shout! Publishing. Admin. by Integrity Music Ltd.	
Come back to me (Hosea)	156
Gregory Norbet ©1972 The Benedictine Foundation of the State of Vermont, Inc.	
Come to me	156
John Bell © 2008 WRGR, Iona Community, Glasgow G2 3DH.	
Do not be afraid	156
Gerard Markland © 1978, Kevin Mayhew	
Gathered Here as One (Gifts we Bring).....	157
© 2009 Marius Hopley. Vivalit Music.	
God of Compassion.....	157
© 1993 Peter Jones. Published by OCP Publications. All rights reserved.	
Guide me, O Thou Great Redeemer.....	157
Public Domain.	
Hail, Queen of Heav'n	158
John Lingard (1771-1851). Public Domain.	

He Who Would Valiant Be	84
John Bunyan, Percy Dearmer. Public Domain.	
Healer of our Every Ill	120
Marty Haugen © 1987 GIA Publications, Inc.	
Holy Virgin, by God's Decree	79
JP Lécot; tr. W. Raymond Lawrence. English version © 1988 Kevin Mayhew Ltd.	
I say 'Yes', my Lord.....	90
Donna Peña, b.1955, © 1989, GIA Publications, Inc.	
If Anyone is Thirsty.....	145
© Anne Ward. Published by Decani Music.	
Immaculate Mary	135
Public Domain.	
In the Lord I'll Be Ever Thankful	158
Jacques Berthier © 1986, 1991 Ateliers et Presses de Taizé	
In the Lord is my True Salvation	78
Words © Paul Inwood & New Dawn Music. Music © 1989 Ateliers et Presses de Taizé	
Jésus le Christ	159
© 1995 Ateliers et Presses de Taizé	
Jesus, Remember Me	159
Jacques Berthier © 1981 Les Presses de Taizé.	
Just as I am (I Come Broken)	121,
Charlotte Elliott, David Moffitt, Sue C. Smith, Travis Cottrell, William Batchelder Bradbury © 2009 Universal Music, Brentwood Benson, CCTB Music, First Hand Revelation Music. All rights reserved.	
Lamb of God (Persore)	124, 144
Copyright © 2010 Alan Smith	
Let Nothing Trouble You.....	159
© 1990 Bernadette Farrell. Published by OCP. All rights reserved.	
Lord of all Hopefulness	74
Jan Struther © 1931, 1982 Oxford University Press.	
Lord we come to you	83
© Darren Sheridan 2016	
Lourdes Mass 2 Agnus Dei.....	132
© JP Lécot.	
Luke 1 Cantic: The Almighty has done great things for me	75
Response music © Edward Dean	
Magnificat (Gill)	159
©2003 Gill, Randy	
Magnificat (Taizé)	160
Jacques Berthier © 1979 Ateliers et Presses de Taizé.	
Magnificat (Ward).....	128
©1993 Anne Ward, published by OCP Publications	
My Peace.....	160
© 1982, 1983, 1974 Ateliers et Presses de Taizé	

My Soul is Filled with Joy	146
Public Domain	
Nada te Turbe	160
Jacques Berthier © 1986, 1991, Ateliers et Presses de Taizé.	
O Let all who Thirst (Come to the water)	160
© 1978 John B. Foley SJ and OCP. All rights reserved.	
O Lord, Hear my Prayer	161
Jacques Berthier © 1982 Ateliers et Presses de Taizé.	
O Lord my God, when I in Awesome Wonder	157
Stuart K. Hine © 1949, 1953 Stuart Hine Trust (Admin. by Integrity Music Ltd).	
O Lord, You are the Centre of My Life	155
© 1985, Paul Inwood. Published by OCP. Text: Verse text © 1963, The Grail, GIA Publications, Inc., agent; Refrain text © 1985, Paul Inwood. Published by OCP.	
Out of Darkness	115
© 1989 Christopher Walker, OCP Publications.	
Psalm 24	86
Music © 2024 John Ainslie. All rights reserved.	
Psalm 90 (Be with me)	117
Music © 1998, 2025 Anne Ward	
Psalm 103	130
Music © 2024 John Ainslie. All rights reserved.	
Psalm 117	142
Music: © 2015, 2024 CJ Olding. All rights reserved. Published by WheatSheaf Music (www.wheatSheafmusic.co.uk).	
St Mary's Alleluia	130
© Anne Ward	
Salve Regina	104
Public Domain.	
Shoulder my Yoke	95
© 2004 Anne Ward. Verses by Stephen Dean. Published by Decani Music.	
Son of David	161
© 1985, John B. Foley, SJ. Published by OCP. All rights reserved.	
Soul of my Saviour	124
Public Domain.	
Sweet Sacrament Divine	133
Francis Stanfield. Public Domain.	
Take, O Take Me As I Am	115
John L Bell, Graham Maule © 1995, WGRG, Iona Community	
Take This Moment	122
John L Bell, Graham Maule © 1989, WGRG Iona Community	
Tantum Ergo	110
Public Domain.	

Taste and See	76
James E. Moore, Jr., © 1983, GIA Publications, Inc. Text: Psalm 34; James E. Moore Jr., © 1983, GIA Publications, Inc.	
Tell out, my Soul	96
© 1961 Dudley-Smith, Timothy (Admin. by Oxford University Press)	
Thanks be to God	126
Text and music © 1994, Stephen Dean. Published by OCP. All rights reserved.	
The Lord's my Shepherd (Crimond)	162
Public Domain.	
The Lord's my Shepherd (Townend)	162
Stuart Townend © 1996 Thankyou Music (Admin. by Integrity Music Ltd).	
There is a Longing	163
© 1992 Anne Quigley. Published by OCP. All rights reserved.	
Through our lives	77, 123, 131
© 1987, WGRG c/o Iona Community	
This is my Body (In love for me)	163
Jimmy Owens © 1978 Bud John Songs, Inc. (Admin. by Capitol CMG Publishing).	
Turn to me	164
© 1975, John B. Foley, S.J. and OCP. All rights reserved.	
Ubi caritas	145
© 1996, Bob Hurd. Published by OCP. All rights reserved.	
Uyai Mose (Come, All You People)	141
Tune: Arrangement © 1994, WGRG c/o Iona Community, GIA Publications, Inc. Words: Public Domain.	
Water of Life	169
© 1981 Stephen Dean. Published by OCP. All rights reserved.	
We Cannot Measure	121
John L Bell, Graham A. Maule © 1989 WGRG, The Iona Community, Glasgow G51 3UU.	
We Love this Place, O God	95
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You Shall Cross the Barren Desert (Be Not Afraid)	164
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You Who Dwell (On Eagle's Wings)	165
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THE MAGNIFICAT

Luke 1:46-55

My soul glorifies the Lord,
my spirit rejoices in God, my Saviour.
He looks on his servant in her lowliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy is his name!
His mercy is from age to age,
on those who fear him.

He puts forth his arm in strength,
and scatters the proud-hearted.
He casts the mighty from their thrones,
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.

He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.

Glory be to the Father...



Don't forget!

LOURDES PILGRIMAGE REUNION

Sunday 30 August

11am-3.30pm

Worth Abbey
Paddockhurst Road, Crawley, RH10 4SB

Mass: 12pm





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