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THRU THE EYES OF JO LEE -

LE REGARD DE JO LEE | A TRAVÉS DE LOS OJOS DE JO LEE | DURCH DIE AUGEN VON JO LEE | 透過眼睛的 JO LEE

Dining With Josephina Lee Zwelve For The Night

By Jo Lee For JO LEE MAGAZINE New York/San Francisco/Hong Kong/London/Tokyo/Rome/Toronto

Dear friends! Many have asked that I share with you some of the very magical experiences in my very gifted life. Where do I begin!

I grew up in a diplomatic milieu amongst a family of intellects, music, lots of love and whether during the highs or lows, always joy.

My mother and father were the epitome of everything beautiful to me and from this, "beauty" became my "magnificent obsession." From life – right down to celery greens and white sand ... beauty to me has portrayed the segment of goodness in everyone's soul. Beauty is magical. It's like shooting stars. It's like a crystal that reflects and replicates multitudes of ideas into dreams coming true.

And so, in my life, I revel within the beauty of the old and the new as can be seen in the photography, right here, that mirrors my words of dining in sumptuous elegance with a marvelous embrace of 12 colleagues, friends and my family. What better way to grow in mind and in the richness of beauty within your guests – than to be surrounded in coziness – that you never want to get up from.

What do you say we set the table for a social performance? In this setting, we have the beauty of French Limoges china, crystal and cutlery from my grandmother's collection of many years ago. Notice the beauty of the raw, walnut dining table and the elegance of color which makes the setting: absolutely marvelous! Yes, "A thing of beauty is a joy forever;" John Keats said. Perhaps we can say that an atmosphere that captures all our senses is to be designed like the art of painting.

I take the joy of those around my table and instantly create a title: Twelve For The Night. How it turns out? Well, it's anyone's guess until the end of the seventh course.

Saluti e buon appetite – from my Italian home to yours.

Why not capture this, in your very own inimitable way.

ON THE COVER: Jo Lee in her Toronto suite. Dress by Original Toronto. Photography by Alexandra Egan.

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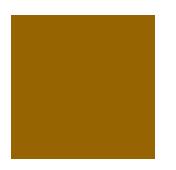
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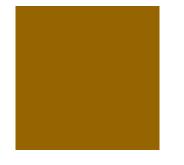
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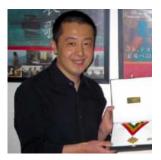






























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CELEBRATING 21 YEARS OF LUXURY



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In 2014, Farhad began the five year design and carving, then casting, gilding and installation of the bas-reliefs (the complete Rosary story) for the Marian Doors now installed in the beautiful St. Michael's Cathedral Basilica, in Toronto.



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The Poet's Corner

Dr. Margaret R. O'Keeffe Umanzio, Peggy, has been an advisor to CEOs and corporate executive teams. She was a cofounder of the

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THE MARVELOUS MAVERICK Gail Regan is vice-chair of Cara Operations, retired. She chairs Energy Probe Research Foundation and is a member of the Canadian Association of Family Enterprise.

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THE POET'S CORNER

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource

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THE MARVELOUS MAVERICK -

LE MERVEILLEUX MAVERICK | LA MARAVILLOSA MAVERICK | DIE WUNDERBARE MAVERICK | MARVELOUS 的心跳撩撥到連

Triangles

By H. Gail Regan Toronto – Canada

There is a gap between complexity and my capacity to deal with it. When I was a child, I experienced my parents and my school as launching me into the world, as if I were a sole arrow. I was supposed to do good and be good. As a young adult it was the same deal, except I was the teacher. My students did what I told them to do and they grew up. Now I have teenage grandchildren with arrow-like paths for themselves and conflict with their friends. This is normal: human life is no stranger to simultaneous development and divisiveness.

Lately I have found people figuring things out with triangles, called "triple constraint", "trifecta" or "theodicy paradox." For example, my son's first enterprise was row housing in a bedroom community. Each unit had a front porch with a peaked roof, not typical of row housing. He made very little profit on the venture, probably because he exceeded the standard. Next, he did some mid-level houses – I noticed that some of the bathroom finishings were imperfect. Because of insufficient quality, he had to discount to sell out the project.

Twenty years later, now a successful builder, he said to me, "Mom, when I get the trade-off between quality and price, I still have the problem of time. We had to do the Olympic housing on time – it was the Olympics after all – and we had trouble controlling costs. I call this the problem of triple constraint."

To stay in business, my son has to win the trifecta; he has to achieve sufficient excellence in price, quality and timeliness on each project. Living life as a horse race where you have to win the first three places is a more masterful way of being in the world than as an arrow which does its best but does not collaborate.

If we do not naturally see the world in triangles, can we be taught to do so? Parents and educators will be arrows themselves and, ambitious for their charges, will have a "launch-them" mentality. Perhaps we all need to step back and meditate on the theodicy paradox – how can God be all powerful, all knowing and all good when there is such evil in the world?

I find this dilemma mindspinning if I think about it too much.



PROS & EX.CONS PROS & CONS.EX | PROS & EX.CONS | PROS & CONS.EX | 專業人員與 EX 。其優缺點

Simply Dut

By Stanley J. Dorst San Francisco – California

While waiting for Lyon, France to show up in the train window, I enjoyed conversing with a temporary travelling companion who, like I, was on his way to a meeting. I had served on an international panel sponsored by the city of Cannes the previous year and I returned to see if it had precipitated any action.

He had mentioned that he looked forward to seeing an old female friend there and I asked if he was married.

As I viewed the rolling hills and grand vistas of central France, it occurred to me that the possible conflicts he was creating might be uncomfortable. However, he waved toward the passing hills in the sunset and said life's tragedies and joys come and go like the hills we are rolling over.

I recalled that a few months before my second marriage my fiancé spent the weekend with my friend, which was a gigantic upheaval in the panorama of my life. I remember seriously considering shooting him in righteous indignation or otherwise humiliating him. I gave the matter considerable thought and it came to me that nothing was really spoiled – unless I spoiled it. Yes, he repaid me many times over with deep friendship.

My traveling companion told me that he was married and that his wife was in a home – permanently.

"Do you feel guilty?" I asked. "Isn't this the time of life to repose and comfort each other?" "I don't see why there should be a time to wrap your life and place it on a shelf," he replied. "But your wife will be alone without you." "That does not happen to be the fact – she is with family."

Continuing, he spoke while slowly smoking his pipe. "I have wondered about the purpose of life and whether I am at cross-purposes. I don't think so," he said. "To start with, I hold for happiness for myself and others. Simply put, the theme of many stories about finding it. So here I go on an excursion to satisfy my goal in life."

"Yes, but what about your wife?"

"Well, she is like the rolling hills usually rising up to greet the sunrise but then relaxing in the cool of evening. I leave her in a peaceful setting protected with her memories of her escapades of earlier years. She knows life's joys and quiet times abound for both of us. Au revoir."



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The Hallow

By Gary Sweeney

Work Of Art: Watch Out For The Bandit! By Inez Storer San Francisco – California

In the fairy-tale land where dreams are sold, the once ambitious are beggars in hell's waiting room. The monster lurks over the standing glass, breathing down on impatient trendsetters. As they navigate, remaining unaware, the oil gets in their blood and dilutes the simple gifts. And, how much they pay for the fuel!

These poor of heart have traded strength for lush promises, or those that glitter beside people who settle. The evidence is buried and exhumed, but many ignore their shovels despite the resulting suffocation. Under the dirt is the echo of sighs – the soundtrack for millions of eager visionaries. And, they dance in the lights while the monster holds a stopwatch. Time waits for none but slows for torture.

The tall boxes have see-through eyes, deadness. Even in the illumination, darkness looms over these intentionally imprisoned mannequins. They recognize camaraderie in their brothers and sisters, related in tragedy – and they're all destined to become legendary. Sing me a song for freedom and write the words as you go along. I'll tune the strings for you; I know the instrument well. I've slept away the memory of all my yesterdays...

Now that I blend in with the lost, I might be considered one of them myself. We look no different physically, but our unpublicized souls could not be more conflicting. Your magazines will not gossip about my "self", nor will your networks cover their electric static with my personal growth. As I write, an observer, obviously of enough substance to see through this double-sided mirror, I realize that I must be enlightened to some extent. I'll never be hollow or unfulfilled. So long as the lost exist, I'll forever shelter their lonely smiles in the confines of my own.

© Gary Sweeney



SENSING THE UNSEEN -

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opposite: I have always been ambivalent about spiritual seeking, but then spirit began seeking me. Now, we play hide and seek with each other.

below: In stillness, we move beyond outward appearances, even the image we have of ourselves. To be still is to return to source and notice what matters most. Embody stillness, and the stars will again appear in the night sky.

Stillness

By Alan Briskin San Francisco – California





Argentina

LOS GLACIARES NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Spanning 1.5 million acres in southern Argentina at the border with Chile, Los Glaciares is comprised of two vastly different areas: one of glaciers, snowfields and rivers, and the other containing forests and grassy plains. Designated a World Heritage site, it is reached from the only large town in the area, El Calafate.

A haven for ice hiking, the glaciers are fed by the enormous South Patagonian Ice Field, the largest ice field in the Southern Hemisphere after Antarctica, which feeds 47 large glaciers and over 100 small glaciers. The most accessible, the Perito Moreno Glacier, is a wall of jagged blue ice that measures almost 15,000 feet across and rises 200 feet above the channel. It is one of the only glaciers in the world that is still advancing, and its constant motion creates huge blocks of moving ice. Because the glaciers exist at a much lower height above sea level than most glaciers in the world, they are easier to visit. The glacial meltwater feeds two enormous lakes, Argentino and Viedma, resulting in their beautiful blue color. As a backdrop to the lakes is the mountain range to the north containing the massive granite peaks of Mount Fitz Roy and Cerro Torre, both very difficult to climb, but spectacularly beautiful.

The park is home to many animals indigenous to the area, including the Heumul, a native deer that is almost extinct, as well as guanacos (similar to llamas), chinchillas, pudu (a type of deer) and condors. In addition to trekking, park activities include snowshoeing, horseback riding, fishing in the lakes, and rafting on the rivers.

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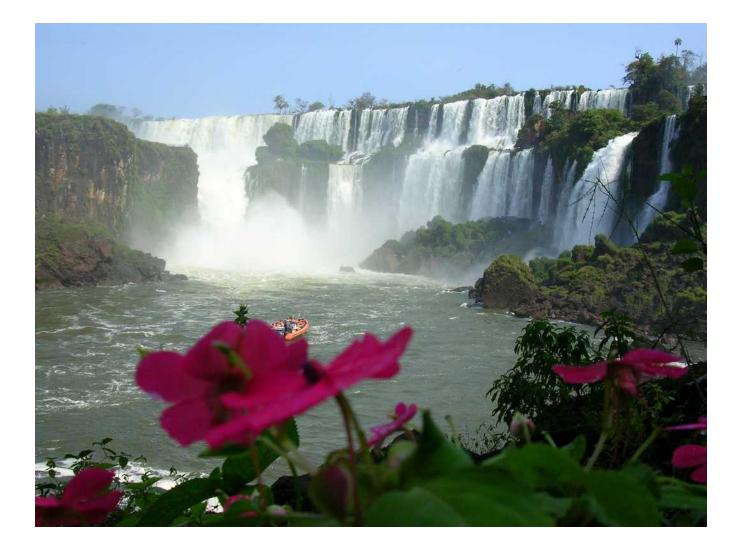
Kakadu National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Australia's largest national park is filled with ancient rock art, escarpments, waterfalls, rainforests, wetlands and rare wildlife and plants. Covering 20,000 square kilometers, Kakadu is located 240 kilometers east of Darwin in the northern, tropical part of the country.

What is now a national park has been home to Aboriginal people, the Bininj/Mungguy, for more than 65,000 years; they are the oldest living culture on earth. The park has one of the largest concentrations of rock art, known as "gunbim" in the local Aboriginal dialect, in the world, some up to 20,000 years old. With 5,000 sites already discovered, the cave paintings and rock carvings provide a record of the life of the area's inhabitants from the hunter-gatherers of prehistoric times to the present. There is even a painting that shows the tall ships that first brought Europeans to the continent. Visitors to the park can explore the sites, seeing the animals the Aboriginals hunted, the objects they used, and thy activities they engaged in.

At the heart of Kakadu are the wetlands, which are some of the best places to see Australia's wildlife in its natural habitat. A boat trip on the Yellow Water Billabong glides through peaceful waters where crocodiles and millions of birds can be seen, along with buffalo roaming across the floodplain. Hikes along escarpments, which soar 330 meters, offer breathtaking views of the landscape. The park is filled with thundering waterfalls. One of the most stunning is Jim Jim Falls, accessed by a hike through forests and boulders, to deep plunge pools surrounded by 150meter-high cliffs. For those interested in indigenous culture, local Aboriginal artists offer lessons in learning how to paint or weave.



Brazil

IGUAZU NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The largest waterfall system in the world, Iguazu Falls crashes down on the border between Brazil and Argentina. The park is actually comprised of two parks, one in each country. Created millions of years ago by a volcanic eruption that formed a huge crack in the earth, the 275 falls occur at the confluence of the Iguazu and Paraná Rivers. Shaped like an elongated horseshoe that stretches for 1.7 miles it is three times wider than Niagara Falls. Islands above the falls spread the rivers into flows that create waterfalls ranging in height from 200 to 269 feet.

Although only 20% of the falls are on the Brazilian side, this side provides some of the most spectacular panoramic views. Iguazu Falls is reached by taking a bus from the town of Foz de Iguaçu. The first stop is the starting point for a boat trip, which takes you close to the foot of the falls. At the second stop, the Belmond Hotel das Cataratas, is the start of the waterfront trail where you can walk to a main viewing platform, which is the third stop of the bus. Along the way there are many paths and viewing platforms with overlooks of the thundering falls and the surrounding jungle. At the end of the trail is the most spectacular view in the park, Devil's Throat, the most powerful waterfall in the park. Many of the falls are broken part way by protruding ledges, resulting in rising spray and a dramatic display of rainbows.

Vegetation in the park is varied, ranging from semi-deciduous to tropical, with orchids flourishing next to pine trees and bamboo beside palm trees. On the ledges it is possible to see water plants that grow only in rushing water.



Canada)

BANFF NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The first national park in Canada and one of the oldest in the world, Banff National Park was formed in 1885 after three railway workers discovered a natural hot spring in Sulphur Mountain. Located west of Calgary, the 6641 square kilometers of the park offer some of the most spectacular mountain scenery on the planet. Outdoor activities abound: hiking, horseback riding, canoeing, fishing, skiing, mountain climbing, cycling, and rafting. Such wildlife as elk, bighorn sheep, bears, wolves, coyotes, and moose can be seen throughout the park.

For an overview, the gondolas at Sulphur Mountain just outside of the picturesque mountain town of Banff whisk you up to a height of 670 meters in eight minutes. If relaxation is in the cards, a fracture in Sulphur Mountain has created the Upper Hot Springs where geothermal heating keeps the waters between 37 and 40C. Moraine Lake, set in the Valley of the Ten Peaks, offers a spectacular reflection of the mountains in its turquoise water. A walk on the trail around the emerald waters of Lake Louise showcases magnificent views of the snowy Victoria Glacier, which comes right to the lake, as well as the iconic Chateau Lake Louise, built in 1890.

Rated as one of the top drives in the world, the 232-kilometer Icefields Parkway winds its way along the Continental Divide from Lake Louise to Jasper through mountain peaks, more than 100 glaciers, waterfalls, blue and green lakes, and valleys of pine forests. Along the route is the Columbia Icefield, whose glaciers are the largest south of the Arctic Circle. 325 square kilometers in size and between 100 – 365 meters deep, visitors can go onto the glacier during the summer in special buses designed for ice travel.



Chile

Torres del Paine National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Well known for its hiking, this park located in southern Chile where the Andes meet the Patagonian steppes is filled with glaciers, rocky peaks, green valleys, waterfalls, rushing rivers, fjords, forests and blue lakes. It is reached by a four-hour bus ride from the town of Puerto Natales.

The most distinctive features of Torres del Paine are the majestic three bluetinted granite peaks of the Paine Massif, which rise abruptly from the ground and tower 2,400 meters above sea level. At their base is a turquoise lake, and at dawn an explosion of orange makes the peaks appear to be on fire. Hiking trails abound, offering day trips as well as multi-day options that wind around the mountains. The most popular multi-day route is the W-walk, which is 50 kilometers long and takes four to five days. More difficult is the O trail, which takes seven to 10 days and covers 100 kilometers through extremely challenging terrain.

A boat trip to Grey Glacier, part of the South Patagonian Ice Field, offers the chance to see the blue icebergs that have broken off from the glacier before trying some ice hiking. Of the many waterfalls, the most impressive is the bright blue Salto Grande waterfall where the crashing water carries sediment from the surrounding glaciers. Biking, horseback riding, kayaking, and sailing on glacial lakes provide additional ways to view the awe-dropping scenery and wildlife, which includes foxes, guanacos, pumas, flamingos, falcons and the impressive Andean Condor, with its wingspan of over 10 feet.



China

JUIZHAIGOU VALLEY NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Home to the endangered giant panda and the golden snub-nosed monkey, the national park in the Juizhaigou valley is considered one of the natural wonders of China. The valley is named after the nine Tibetan villages strewn throughout the park. Evidence exists that people have lived there for 3,000 years and the 110 families who still reside there retain many of their traditional ways of life. Located in Sichuan province on the edge of the Tibetan Plateau, the valley is filled with 108 crystal-clear lakes, multilevel waterfalls, snow-capped mountain peaks ranging in height from 2000 to 4500 meters, alpine forests and rivers.

Formed in the shape of a Y, the park is comprised of three valleys. Rize Valley contains many spectacular clear blue lakes as well as the Pearl Shoal Waterfall, which has a width of 300 meters and tumbles down 28 meters. At Five Flower Lake, the calcium deposits at the bottom along with the colorful algae and the reflections of the surrounding yellow and green trees dazzle with an array of yellow, navy, dark green, and royal blue colors in the lake, which change when viewed from different sides. The Panda Lake waterfall, with the longest drop in the valley, freezes to a crystal wonderland in the winter.

The symbol of Jiuzhaigou, the 320-meter wide Nuorilang Waterfall in the Shuzheng Valley is the widest waterfall in China. Long Lake in the Zechawa Valley is the largest and deepest in the park, and offers outstanding views of the surrounding mountains. Of particular interest are the karst land formations, with their narrow conical shape jutting out of the earth.



Costa Rica

MANUEL ANTONIO NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The smallest but most popular national park in Costa Rica, Manuel Antonio is one of the most bio-diverse regions in the world. Known for its easy hiking trails, picturesque beaches of clear blue water, and a rainforest that comes right up to the ocean's edge, the park is home to over 100 species of mammals and 350 bird species, providing an unparalleled opportunity to view the wildlife in its natural habitat.

From the ranger station at the entrance to the park, the El Manglar Trail wanders through the forest until a trail breaks off to the right leading to the mangroves, where crocodiles lurk. Staying straight on the trail leads to Playa Manuel Antonio, a 25- minute walk to the most popular beach in the park. Although the number of visitors to the park is limited each day, the beach can get quite crowded; a trail leads to the quieter Playa Espadilla Sur around the corner.

The park was created to preserve its wildlife. Among the highlights are the three types of monkeys that live there: howlers, white-faced and squirrel. Seen everywhere, these mischievous animals are known for jumping down from the trees and stealing food right at the beach, even going into backpacks to see what they can find! Two- and three-toed sloths laze in the trees, and iguanas hang out near the shore. Along the beach, small tide pools hold sponges, crabs and corals as well as over 100 types of fish, pelicans fish offshore, and colorful toucans fly about in the trees.



Ecuadar

GALAPAGOS NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The inspiration for Charles Darwin's research on natural selection and his theory of evolution, the islands of Galapagos National Park are situated in the Pacific Ocean, 1000 km from mainland Ecuador. The park's location at the confluence of three ocean currents makes it one of the most diverse marine ecosystems in the world, and its extreme isolation has led to the development of unique animal and plant life. For this reason, the islands are considered a protected area and are governed by very strict rules designed to protect the ecosystem from tourists. Visitors who live on cruise ships, an ideal way to see the park, can visit the land in groups of 16 people or less, and there must be one naturalist guide for every 16 passengers. Hotels do exist on some of the islands as well. Hiking, scuba diving and snorkeling are popular activities, all geared to wildlife viewing.

These volcanic islands, some of which are still active, contain high mountains, craters and cliffs, 19 of them are considered large and five are inhabited. The dry lowlands are blanketed with cactus, and forest covers higher elevations.

There are over 2,000 endemic animal species living in the Galapagos. The Giant Tortoise is the largest tortoise in the world, reaching a length of 1.22 meters and weighing 400 pounds, and at 150 years has one of the longest lifespans of any animal on the planet. The marine iguanas, which are 56 cm long and have tails up to 84 cm, are the only iguanas that swim in and eat from the sea. Other remarkable species are the blue-footed booby, the flightless cormorant, which is one of the rarest birds in the world, the waved albatross, penguins, fur seals, and hammerhead sharks.



. Iceland

VATNAJÖKULL NATIONAL PARK

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Just south of the Arctic circle lies the park that UNESCO calls "Dynamic Nature of Fire and Ice" due to its many waterfalls, volcanoes, mountains, hot springs, glacier lagoons and rivers. Covering almost 14 percent of Iceland, at 12,000 square kilometers it is the largest national park in Europe. The majority of the park is covered by the Vatnajökull ice cap, which sits on top of 10 volcanoes, two of which are currently active, and is the source for 30 outlet glaciers. The activity of the volcanoes combines with the glacial ice to form spectacular and constantly changing landscapes, the most dramatic of which is the breach of the margins of the glacier during an eruption.

In the winter, the water under the Vatnajökull ice cap freezes over and forms spectacular ice caves, filled with an array of blue colors. Expeditions enable visitors to hike across the ice, peeking into crevasses, and go right into the caves to experience the wondrous formations of the glacier. One of the most popular activities is to sail on the lagoon at the base of the glacier, where large pieces of ice continually break off into the water, floating around until they are washed out to the sea, and to have an up-close view of the seals that live in the water.

The northern region of the park is noted for its surging glacial rivers and many waterfalls. Jökulsárgljúfur, at 120 meters deep, is considered to be one of the most beautiful river canyons in the world. The western part of the ice cap is known for its subglacial volcanoes, powerful rivers and black sand deserts. In the Snæfell Wilderness Area, herds of reindeer can be seen roaming the plains.



Indonesia.

Komodo National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Originally established to protect the Komodo Dragon and its habitat, Komodo National Park's mandate has been expanded to protect the entire terrestrial and marine biodiversity in the area. Located in the center of the Indonesian archipelago, the park includes three major islands, Komodo, Padar and Rinca, as well as 26 smaller islands.

The Komodo Dragon got its name both from its appearance and its aggressive behavior. It is the largest living species of lizard, growing to 3 meters long, and can weigh more than 300 pounds. They can smell blood from 10 kilometers away and can run up to 20 kilometers per hour. Komodo National Park is the only location in the world where they exist naturally. 5700 of them live in the park, and although there are many marked paths to follow and they are quite easy to spot, it is advised to never walk alone in the park, as they can be very dangerous; their bite contains poisonous saliva. They are known to make sudden attacks and don't like when there are too many people around. It is also advised to wear closed shoes, as there are numerous varieties of snakes on the islands, three of which are poisonous.

In addition to the attraction of seeing the Komodo Dragons, there is outstanding scuba diving and snorkeling in the park, which has clear waters and magnificent coral reefs. Komodo Island is also known for its pink sand beach, one of only seven in the world. The most scenic spot in the park is found on Padar; a hike to the top of the mountain yields a view of three beaches, black, white and pink.



Japan

Fuji-Hakone-Izu National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

A treasured symbol of Japan since ancient times, Mt. Fuji rises into the sky with perfect symmetry. Its image has unified the Japanese people, and it has been worshipped as a stairway to heaven, a pilgrimage destination, and a resting place for ancestors and gods. Its influence can be seen in Japanese arts and crafts throughout the centuries, and it is particularly beautiful during cherry blossom season.

Fuji-Hakone-Izu National Park encompasses a volcanic region that includes the Mt. Fuji area as well as Hakone, the Izu Peninsula and the Izu Islands, scattered in the Pacific Ocean. Mt. Fuji is the highest volcano in Japan at 3776 meters. It is still considered an active volcano, although it last erupted in 1707. There are many trails to hike throughout the area, providing views of Mt. Fuji from different angles, and it is possible to climb to the peak of the mountain, although it is a challenging hike. Nearby are the Five Lakes, several of which offer perfect upside-down reflections of the volcano, making for outstanding photography. At the base of Mt. Fuji, the Aokigahara-jukai Forest grows on a lava flow formed from an eruption 1,200 years ago. The forest has easy walking trails as well as the Fugaku Wind Cave and the Narusawa Ice Cave, formed from lava tunnels. The rest of the Mt. Fuji section of the park is filled with more lakes, plateaus and swamps.

The Hakone area is renowned for its hot springs, and offers a variety of outdoor activities such as hiking and nature exploration. Its high altitude makes it an ideal spot for escaping the summer heat.



Namibia

Etosha National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

A unique conservation area, Etosha National Park's defining feature is a massive salt pan which is so large that it can be seen from space. Originally established in northern Namibia to protect the area from the near depletion of the previously abundant wildlife through poaching and big game hunting, today the park is a prime destination for nature lovers and photographers. Measuring 130 kilometers long and 50 kilometers wide, the pan was named "Etosha" by the ethnic Ovambo people, which translates as "Great White Place". For the protection of the animals, the park is totally fenced in. Visitors must stay in their vehicles, either private or guided, and on designated roads.

There are 114 mammals in the park, which are able to get rich nutrients from the earth because of the presence of the salt. Elephants in Etosha, which roam in the areas with thicker vegetation, are some of the largest in Africa due to the vitamins in the ground, whereas the golden color of the grasslands provides cover for the lions. Other animals seen in abundance throughout the park are zebras, cheetahs, leopards, hyaenas, giraffes, warthogs, springboks and wildebeests. Etosha is home to the endangered black rhino, and Namibia's rhino conservation programme is known as one of the most successful in the world. Numerous waterholes set in areas with sparse plant life attract the animals, and are fantastic sites to view the wildlife.

In the dry season, the pan looks like a large, chalky-white mirage where game roam, licking the salt. When it rains, it fills with water and flamingos. The park has over 340 species of birds, including the world's largest bird, the ostrich, and the heaviest flying bird, the kori bustard.



South Africa

Kruger National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Deemed one of the world's largest "big five" game reserves, so named from the days when big game hunters engaged in the "sport" of killing large animals (elephants, lions, rhinos, leopards and buffalo), Kruger National Park is located in the north-eastern part of the country. A massive park 360 kilometers long and 65 kilometers wide, Kruger contains 147 mammals, 114 reptiles and 507 species of birds, offering some of the best wildlife viewing in Africa.

There are 21 park-run accomodations and 156 luxury lodges in Kruger. One of the most exciting activities is the daily game drive. Leaving at sunrise in an open-air safari vehicle with a ranger, the trip will last about thre hours and usually includes a stop for a snack at a spectacular vantage point. After relaxing at the camp afterwards, head out for another drive mid-afternoon. You can also spend the day exploring in your own private vehicle or mountain biking. Hiking trails abound, ranging from shorter, easy-going walks to challenging walks in the bushveld with the risk of wild animals everywhere. All walks are done with qualified armed guides.

There is evidence that humans lived in this area over 1½ million years ago, with tools and artefacts unearthed by archaeologists dating back to the Stone Age, including rock painting sites. In the far north of the park is the stone-walled site of Thulamela, which dates back 500 years to the Iron Age. And in a tribute to more modern times, Kruger has its own international airport and golf course where you can play alongside zebras and giraffes on the fairway.



Tanzania

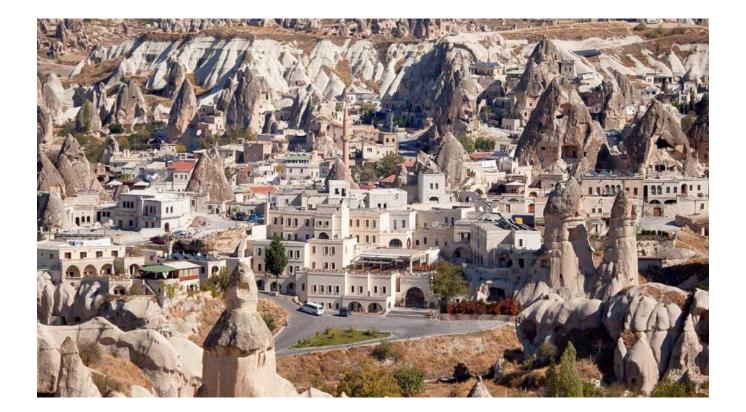
Serengeti National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Home to the largest animal migration in the world, the Serengeti Plain in Tanzania is also the site of the most diverse large predator-prey interactions anywhere on the planet. The wildebeest migration is considered one of the Seven New Wonders of the World.

Every year, over 1.3 million wildebeests along with 150,000 gazelles and 60,000 zebras embark on a 1,000 kilometer circular journey throughout the flat grasslands scattered with kopjes, or rocky outcrops, rivers and woodlands to escape the rains and look for grazing land. Along the way, the animals court, mate and give birth, and the resultant young attracts more predators. Timing of the migration can vary, as the rains don't necessarily arrive at exactly the same time every year, but generally they travel south from the northern hills to the southern plains for the short rains in October and November, then head west and north after the long rains from April to June. And the animals don't all go the same way – hundreds of thousands take different routes to the same destination. When the animals return, they cross the Grumeti and Mara rivers, where crocodiles lie in wait for them.

In addition to the migrations, Serengeti is home to lions, hyenas, giraffes, cheetahs, leopards, elephants, baboons, warthogs, Cape buffalo, hippos, rhinos and many other animals. Safari drives provide the opportunity to view them, but the more adventuresome can take a hot air balloon ride or explore the plains on horseback. Bird watching provides the opportunity to see over 500 species, including vultures, ostriches and flamingos. In addition to the wildlife, a visit to the park enables visitors to visit the villages of the Maasai people, where you can see their local homesteads, called manyattas, and their beaded crafts.



Turkey

Göreme National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Set in a spectacular volcanic landscape that has been sculpted by water and wind erosion, Göreme National Park mesmerizes visitors with the Cappadocia rock formations that include narrow pinnacles up to 40 meters tall known as fairy chimneys or hoodoos, mountain ridges and valleys. It is also the site of one of the world's most remarkable cave-dwelling complexes. Carved into the soft rock are underground settlements, including living quarters, stables for animals, tombs, churches and monasteries. The remoteness of the valley enabled hundreds of thousands of people to live here and hide from persecution, especially during the invasion of the Roman Empire. Some of the earth pillars were even hollowed out as refuges for hermits.

Over time, small individual villages grouped together into hundreds of large subterranean cities. The largest of 36 underground cities, Kaymakli, has 100 tunnels that connected the homes, cellars, and kitchens in an area covering eight underground floors. Locals still live there, and hotels have been created for visitors. Derinkuyu, the deepest underground city, has 600 doors connecting courtyards of dwellings on the surface to its tunnels and staircases. The Göreme Open-Air Museum, a gigantic monastic complex dating from the tenth to the twelfth centuries, contains a beautiful collection of rock-cut churches, whose frescos still retain their original colors and freshness, along with chapels, dining halls, wine production facilities and monk cell alcoves.

This unusual and fascinating UNESCO-designated World Heritage site can be explored by eight moderate hiking trails, horseback riding tours, mountain biking and hot air balloon rides, which fly 2,000 feet above the land for unparalleled views of this fascinating landscape.



United States

Yellowstone National Park

By Susan Berger New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Established by the U.S. Congress in 1872, Yellowstone – known at the time as "Wonderland" – was the first national park not only in the United States, but in the world. Situated primarily in Wyoming but also in Montana and Idaho, it is home to breathtaking Rocky Mountain scenery and geologic marvels.

The park's hydrothermal system is the result of the enormous Yellowstone volcano that sits under the surface. Heat from the volcano transfers to the groundwater, which in turn finds its way to the surface through 10,000 hydrothermal features such as hot springs. Yellowstone is home to 500 to 700 active geysers, which are hot springs with constrictions that cause them to erupt periodically to release the pressure that has built up. Old Faithful, the best known, erupts every 92 minutes. Noteworthy as well are the mudpots, acidic hot springs that dissolve the surrounding rock and form pools of bubbling mud, and fumaroles, or steam vents, which lack water in their systems and continually release hot steam. Travertine terraces are formed when the hot springs rise through and then dissolve the surrounding limestone. Some of the most extraordinary features of Yellowstone are the swathes of color formed by microorganisms called thermophiles, or heat lovers, that band together and thrive on the heated water. There is such a resultant wide range of colors that the mudpots are often called "paint pots."

Human history has been detected in Yellowstone dating back more than 11,000 years, as evidenced by the 1,800 known archaeological sites within the park. Yellowstone contains the largest concentration of mammals in the lower 48 states with such species as grizzlies, elk and buffalo, as well as 285 types of birds, 290 waterfalls and 1,000 miles of hiking trails throughout its 2 million acres.



MEDIA VIOLENCE AND ITS THREAT **IS DEMOCRACY** ROSE A. DYSON

FUTURE ON THE EDGE -

LE FUTUR SUR LE BORD | FUTURO EN EL BORDE | ZUKUNFT AUF DEM RAND | 未来的边缘

Media Diolence Threatens Social Stability

By Dr. Rose A. Dyson Toronto – Canada

Both pundits and media scholars are urging us to get out of our individual media consumption bubbles and open up to diverse opinions. It has been widely reported that social media, in particular, has created divisiveness in our social and political discourse. Certainly, there is ample evidence that the Internet has provided mankind with unprecedented opportunities for communication, research and worldwide collaboration on a host of issues challenging us today. But it is widely acknowledged by policy makers, industry insiders, media scholars, health professionals, and educators that regulation for orderly conduct in cyberspace is long overdue.

The aim, now, is to encourage healthier online dialogue about political and social issues. Evidence of increasing polarization of views, the rise of the alt right and conspiracy theories, and circulation of misinformation is quite literally threatening the survival of democracy. But the trend toward violent content is not only prevalent in news, it has become a staple in media entertainment as well. Indeed, it is often pointed out that the boundaries defining what is news, entertainment, or educational content have been blurred. We now have catch phrases to illustrate the point such as infotainment and edutainment.

I have spent the last 30 years reviewing these trends and tracking the research on it. My first book on the subject of media violence was published over 20 years ago. This spring an update has been released. The problems have grown. In fact, they are mushrooming enormously, so for this second edition of "Mind Abuse" the subtitle is "Media Violence And Its Threat To Democracy". For a deeper understanding of how we got to this critical juncture in our human history, I urge you to read it.

I discuss recent trends toward increased violence in popular culture and how these are symptomatic of deep-seated social, economic and ecological problems that demand a move away from the status quo toward a more sustainable model of peaceful co-existence. What is necessary, I argue, is for us to resist the corporate giants of the entertainment industries and reclaim the right to shape our own value systems and dreams. Blind consumption of media violence as entertainment is quite simply not consistent with policies for a greener, healthier future.

Mind Abuse Published By: Black Rose Books Montreal/Chicago/London Amazon.com/.ca



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As we venture out into our world, your travel can consist of a day visit to the closest towns or a journey that will place your feet clear on the other side of the world. It is all about discovery and about everywhere you walk. So, COME – EXPLORE WITH ME.

Lake Tahoe, California.

By Lois M. Gordon Silicon Valley – California

Lake Tahoe is as rich in American cultural history as it is in blue water and towering peaks. Pre-historic nomadic Americans, early western pioneers, Hollywood icons and modern-day trail-blazers have all known the beauty that is the Sierra Nevada.

About two million years ago, a shift in tectonic plates caused the Tahoe Basin to drop between the Sierra crest to the west and the Carson range to the east. Volcanic activity led to expulsion of magma up through the faults, filling in gaps and damming the valley. Ten thousand years ago individual glaciers formed at the area's highest elevations. The glaciers scoured out basins and formed Donner Lake and Emerald Bay on Lake Tahoe and Fallen Leaf Lake, which sits up and west of Lake Tahoe.

The first recorded sighting of Lake Tahoe by a European explorer was in February 1844. Legendary explorer Kit Carson led an exploration party.

The Sierra Nevada, with its snowy winters and high climbs, made the job of carrying mail a dangerous one. After two brave souls failed to regularly complete the route via mule pack, a man, Norwegian-born John "Snowshoe" Thompson, used the snowshoes his father had rigged for him in combination with a rudimentary pair of skis to make the 90-mile trek up and over the Sierra to the Carson Valley. Twice monthly, carrying a pack weighing more than 100 pounds, Thompson completed the eastern-bound route in only three days.

Most of us travel hundreds and even thousands of miles away to visit beautiful locations even though we have them in our own backyards. One of those jewels in California is Lake Tahoe, so exquisite in its beauty.

Perhaps we will meet on its shores or at a gaming table.

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VICTORIA FRANCIOSA TORONTO - ROME

We are so proud of Team Canada and the many medals that they recently secured in Japan this past summer! The discipline, hard work, and dedication of these extraordinary athletes are next to none. Excellence is a way of life for them, not an option.

Bishop and Medusa have recently announced that they have proudly partnered with Team Canada, Commonwealth Sports Canada, and are excited about preparing for the Commonwealth Games in 2022. With the long-running acumen of giving back to the community, Bishop & Medusa has created a line of Jewelry to raise funds for Team Canada, which will be used to get our athletes to the Commonwealth Games in England 2022.

We encourage you to wear your Team Canada-inspired pieces with great pride knowing that you are helping these exceptional athletes with your purchase.



Jewelry: Bishop & Medusa Photography: Dominick Petrungaro Makeup: Maria Valerio Hair: Robert Caputi Stylist: Victoria Franciosa

Members of Team Canada: inset left to right Terence Yeung: Ping Pong Champion • Bolade Ajomale: Olympic Medalist, R



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Mittaku

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Close Your Eyes

By Kathleen Mailliard Solmssen San Francisco – California

Photography By Peter Solmssen

For a moment or two – close your eyes – think about "LUXURY". Just for a moment or two! Come on, play along with me. I'll go first.

When I was younger and thought I knew everything about everything, the first words that came to mind when thinking about LUXURY were yachts, Rolls Royces, sable coats, champagne and caviar. From lashes to moisturizers to makeup, a "jet setting" lady always looked "FAB-YOU-LOUS"! The huge downside of LUXURIOUS lifestyles is that they need to be massaged constantly as they live for compliments and prized party invitations. When chatting with one of these "hot-shot" acquaintances, I came to realize that they simply feel entitled to whatever the universe has to offer.

On the flip side of this coin, treasured pals just need to be

listened to...without any hidden agenda or any "I can fix this" attitude. Next time you take the time to REALLY listen to a friend, I invite you to look into their eyes with a blank canvas and an open mind. Sometimes, we just need to talk to a kind and understanding friend, eyes focused off the clock. Buddhist and Tibetan bells echo and echo. They quiet the mind and open the soul. Treasured friends resonate in a similar manner. The rewards of being nurtured cannot be put into words. It's all pretty basic; your life can be about "stuff" or it can be about feelings. If a friend called about a stock that just went way up or about one of their kids that was just accepted to their college of choice, the latter would thrill me. The first would have no heart in the information.

Now, philanthropy on the other hand, is a long lasting and positive engagement that resonates forever! Depth comes when giving without any motives in mind, is quietly thrilling and enormously exciting.

For we "vin ordinaire" folk, we live a "magic eight" kind of life. We "give and get" whenever a need arises. Sometimes, I need a kind ear to bounce off an idea to and sometimes the reverse is called for.

True treasured friends don't keep score. And for me, that's true Luxury – Pizzazz!





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Uptown R&B, Soul Music, and Civil Rights (1959-early 1970's)

"I was raised in the church and was around blues and would bear all these musicians on the jukebox and then I would go to revival meetings on Sunday mornings. So I woold get both tides of music Some people may have thought I was being sacrilegous, but all I was doing was singing the way I felt." we oward

By the end of the 1950s, rhythm and blues had laid the foundation for several new genzes that would have long-testing Impact on American music. A dynamic merger of blues and gospel called soul music developed, while highly produced recordings by male and female vocal groups ushered in a sophisticated new style labeled "uptown" R&B

In Detroit: Motown Records consciously crafted a teen oriented style of R&B with crossover appeal, while Memphis-based Stax/Volt Records epitomized deep Southern soul. By the early 1970s. Philadelphia had also come to the foretront at an R&B center. Throughout this pivotal era in the struggle for pivrights, numerous popular African American R&B taminane contributed to the inovement with messages of pride, identity, and determination.







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THE PRIVATE MUSEUMS -

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The National Museum Of African American Music

By Julie Rekai Rickerd Toronto – Canada

Nashville has added a magnificent jewel to its music museums crown: The National Museum of African American Music. Its mission is to educate the world about, preserve the legacy of, and celebrate the central role African Americans played and still play in creating the American soundtrack.

The 56,000-square-foot museum, designed by the father and daughter team of Harold and Adrianna Thompson of Harold Thompson Architects Inc., is the only museum in the world dedicated to the more than 50 music genres and styles that were created, influenced, or inspired by African Americans: spirituals, blues, jazz, gospel, rhythm and blues, and hip hop.

There are more than 1,500 artifacts on display: instruments like Louis Armstrong's trumpet and B.B. King's guitar, stage costumes, sheet music, recording equipment, and photographs, along with stateof-the-art technology, all presented in seven galleries. Each gallery is designed to share a different narrative and specific perspective on African American music and its impact on American and global society and culture.

These narratives include immersive film experiences in the museum's theater, the evolution of African American music traditions and their religious connotations from the early 1600s to the present, the Great African American Migration from the American South to the North, the emergence of the Blues in the early 1900s, the Harlem Renaissance and jazz, the Civil Rights movement from the 1900s, and urban renewal from the 1970s, both to the present.

The museum's integration of history and interactive technology brings the African American greats of the past into the present: Bobby Jones, the Fisk Jubilee Singers, Jimi Hendrix, Ray Charles, The Supremes, Mahalia Jackson, and John Coltrane, most of whom were part of the Nashville music scene in the early stages of their careers. It allows visitors to sing along with gospel choirs and record their own rap songs.

This is a unique museum that most definitely strengthens and diversifies the "Music City's" attractions.

Address: 510 Broadway at 5th Avenue, Nashville, Tennessee 37203 Telephone: (615) 301-8724 email: info@nmaam.org website: www.nmaam.org Open Thursday through Sunday with Tours from 11:00 AM – 5:30 PM Admission: Adult: \$24.95, Students and Seniors: \$18.50, Youth ages 7-17: \$13.50 Children 6 and Under: Free To arrange the group tours call 734-764-2000



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Opposite: Mark Raynes Roberts

Illumination Part Zwo

Photography and Text By Mark Raynes Roberts London / Toronto

Mark Raynes Roberts, the brilliant, inaugural crystal artist, was invited to hold a solo exhibition at the Gardiner Museum in Toronto, Oct. 2015 – Jan. 2016.

The Illumination — "Portraits of Canadian Literature" collection presented hand-engraved crystal sculptures inspired by passages on "light" by Canadian authors.

In our WORLD LUXURY Issue 2021, we see Mark Raynes Roberts' continued Illumination collection on: Lives of Girls and Women – Alice Munro Room – Emma Donoghue The Book of Negroes – Lawrence Hill The Stone Carvers – Jane Urquhart Three Day Road – Joseph Boyden

In our 2021 POWER Issue we saw Mark Raynes Roberts' Illumination collection on: A Complicated Kindness – Miriam Toews Anthem – Leonard Cohen Cat's Eye – Margaret Atwood Family Matters – Rohinton Mistry Life of Pi – Yann Martel

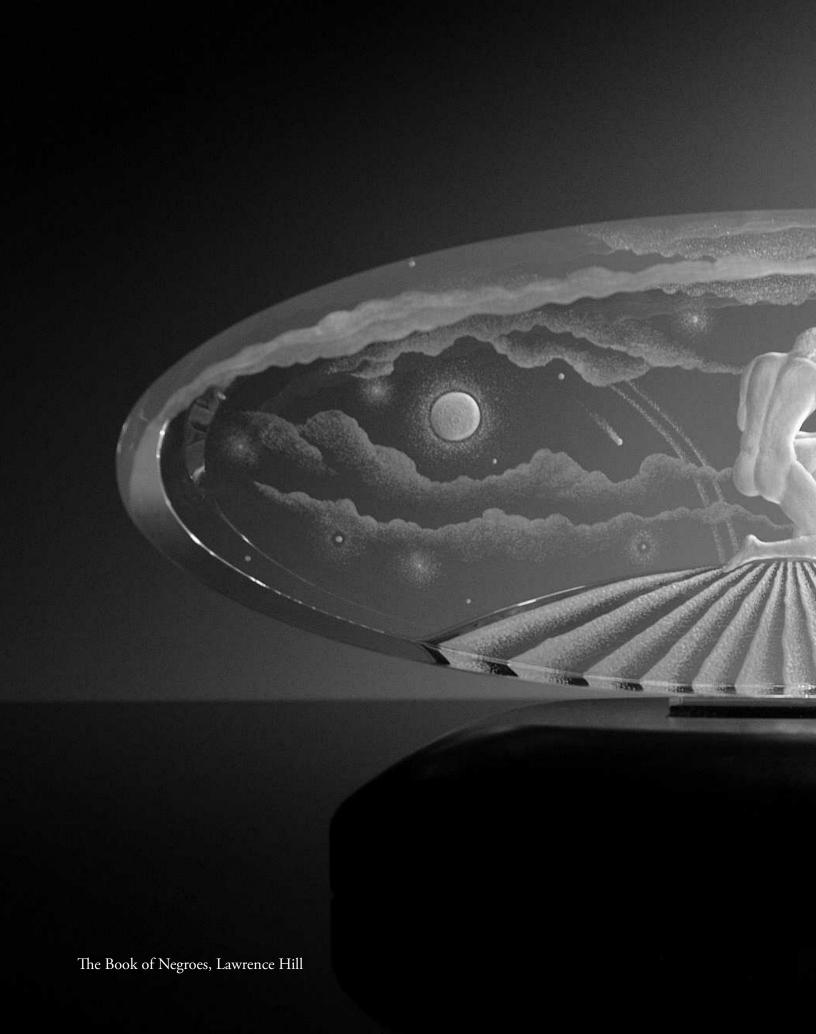




Three Day Road, Joseph Boyden









The Stone Carvers, Jane Urquhart

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opposite: An indoor saltwater pool with mirrors above reflects the water, which further induces the meditative experience. A living moss wall absorbs the excessive moisture (out of frame), leads into the exercise room with an outdoor platform.

The One: Bel Air's Mega-Mansion Or Modern Day Eastle?

By Victoria Franciosa Rome / Toronto

The dream began in December of 2012 when visionary developer Nile Niami closed a deal for 5.5 acres of land overlooking the town of Angels in California.

Working closely with architect Paul McClean and interior designer Kathryn Rotondi, Niles went to work creating a space that brings sustainable entertainment and luxury living to a whole new level.

The sprawling mansion of 105,000 square feet has a reported value of half a billion dollars, although it is speculated the actual value sits somewhere closer to \$350 million.

The foundation of The One in Bel Air was only possible by removing 40 feet off the top of the mountain to make the lot bigger and then creating useable space on the top of the house, incorporating grass – thus engulfing the house into the mountain per se. All of the rooms in the home have useable space above, which is how the house rendered the square footage that it has grown into. This was achieved by engineering a swimming pool depression of concrete that took six months to waterproof with rooms below and grass above.

The house is completely surrounded by water, via modern molts and swimming pools combined, with a running track positioned below the pool's infinity drop. It boasts 20 bedrooms, a skydeck with a putting green, a nightclub, a theatre, a pool table lounge with a four-lane bowling alley, a vodka bar, a 50-car garage, an art gallery, a gym, a salon, a wellness center (complete with living walls to absorb excessive moisture), six elevators and the latest technology throughout the entire home, including touch electric doors.

The One is very complex, sleek, and earth-conscious in its design and functionality, with no shortage of panoramic views. Nile, who wanted to keep his home warm and supple while being cognizant of sustainability, was meticulous with the selections of every item in the house, every floor, every wall covering, including shelving. Glass railings and white marble give the already enormous home an airy feel, hand-honed black lacquer shelving shipped from Italy supports the modern fashion, while suede wallpapered walls ground the home in warm welcoming luxury. Moving walls in the formal living room open up to a view of the LA basin as well as the ocean on either side.

The burgundy and rose-gold, full salon features 3 hair-wash basins, 3 hairstylists chairs, 2 pedicure stations, 2 treatment rooms, and a hot tub.

LL



The house consists of 20 bedrooms in total. Most are similar in design, very earthy in design, with floor to ceiling window walls that open up to a full outdoor experience with the touch of a button.





What smoking room would be complete with a cigar, temperature controlled system? The cigar lounge is made with special ventilation, and lined with vintage Playboys.



The One, reveals lavish layers of modern design and luxury living at its finest. Visible are 4 of its 7 pools, the Sky Deck which is composed of a putting green, a full bar with a sitting area, fire pit, and 5 lounging gazebos.

NORMAN COLORES



Sure there's competition, but it diminishes when you're original.



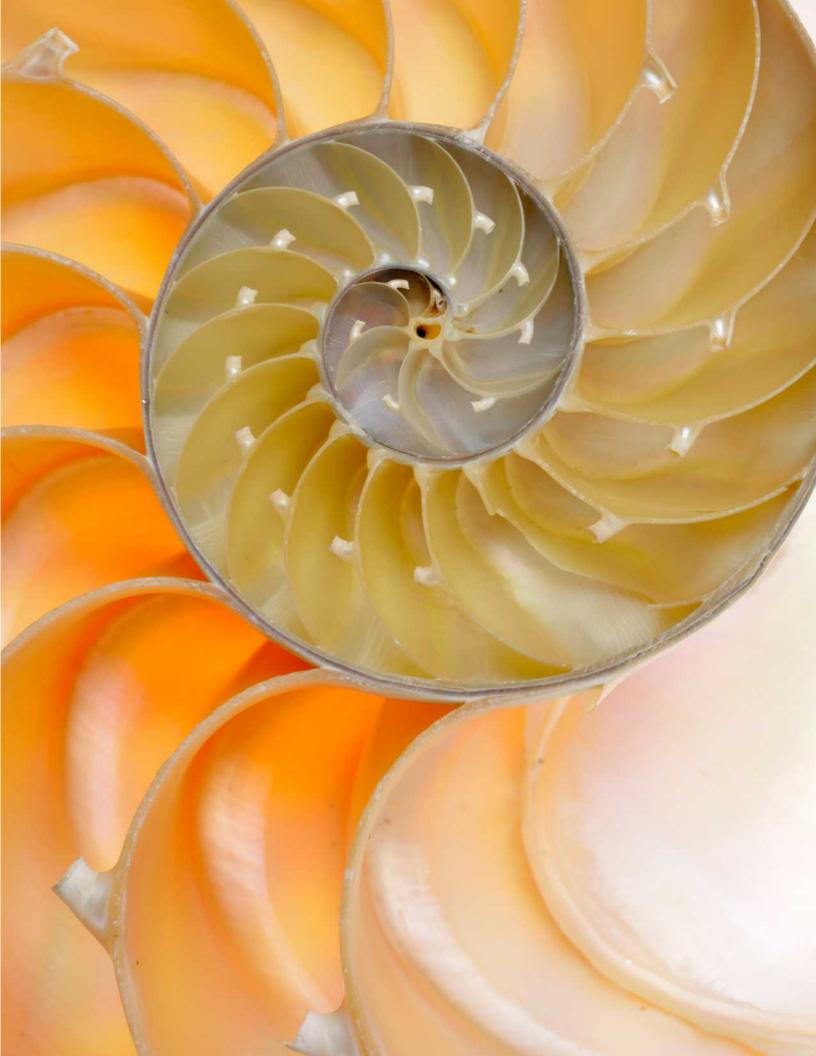
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THE NEXT 100 YEARS – ONE CHILD'S JOURNEY – HOW HE/SHE WILL LIVE, LOVE AND NEVER REALLY DIE

Restoring With Dignity: Securing The Child's Future After The Global Dandemic

By Kelechi Eleanya The Niger Delta – Nigeria

The last 18 months have been very challenging across the entire world. Amidst existing challenges of global poverty and insecurity, the COVID-19 pandemic further created a far more wicked problem that has changed the way we live, work, and communicate with each other.

With over three million deaths globally, there have been massive disruptions leaving painful wounds in our entire global life. The current threat is even more unpredictable as we see varying dynamics across the world. Hence, no one can fully understand or estimate the level of damage that has been inflicted on humanity by this global pandemic.

The question, however, remains. How can we restore and rebuild our lives, especially that of the child in these challenging times?

For children across the world, there was a total halt in normal

schooling, forcing hundreds of millions of school children out of school, leaving only some with access to internet infrastructure to be in periodic online schooling mode. This meant a truncated social life, increased loneliness, boredom, and rising cases of mental illness – just to mention a few.

How do we, together, bring back the life of the child to a better state than the pandemic has created? Some little ideas...

Make the most of every moment:

When we understand that life is in moments and each of these make up our whole daily experience, it helps us value the blessing each moment has. In a nutshell, the basic idea here is to learn to keep our minds focused only on the present moment and enjoy it. This means to really observe, listen, and focus on what you love to do. It could be just observing nature's gift of mountains, birds, or other aspects, and walking the child through them to explore the blessings of nature.

Create a plan to exercise your body: The value of exercising is tremendously beneficial to the body and soul.

Be an active participant in bringing the change we need: Take the needed actions in the community that will keep us safe and return the child to a much better place. This is not the time to withdraw but a time to be strong to help rebuild a better and safer life for the child.

Do your part.



Al Emid has worked in communicating ideas and concepts since beginning his career at an educational television network in 1967. He is the co-author and author of several financial books, most recently "The Emid Report on Volatility 2022".

Chapter 22

By Al Emid Toronto – Canada

When I wrote the first edition of "The Emid Report on Volatility" most of the individuals I interviewed were seasoned financial experts with unquestionable credentials in the financial sector.

I made one exception: organizational alchemist Izzy Gesell in Northampton, Massachusetts. While it may seem difficult to connect a guy who does workshops on leadership and improv with investing, Izzy made some valuable points for consideration by worried investors who get a little tense while watching those red and green arrows going by on the television screen.

He says that a little humor can help to keep an all-important sense of balance when the market results have an investor mentally swinging back and forth between "Yay! I can retire early" and "Oh my gosh I had better never get sick!"

Some readers may be quietly thinking "Humor? Isn't that just for making fun of something? This financial stuff is serious and life altering. What's humor got to do with it?"

It's a route to equilibrium when the stock market is swinging wildly, and one solution is to capture humor when it appears. There are smiles and laughs scattered throughout our days, he believes. Another strategy is building a resource library by making a list of the movies, books, cartoons, videos, websites and photographs you know will bring a smile. Collect the ones that are online, store them in the cloud. "Make this a go-to asset when you are feeling stressed," he says.

Connecting often with people who bring a smile may sound corny, but it can add to a person's equilibrium. "Consider them your energy givers," Gesell says. "Plug in when needed. Just as important, you be that energy, giving to others in your life."

If Gesell has it right, strategies for effectively dealing with the swings in the stock market resemble those for dealing with the swings of life in general.

Come Be The Change With Us



Be The Change (BTC) was designed to serve as a conduit for initiatives aligned with the 17 Sustainable Development Goals (SDG) of the United Nations. BTC has developed a platform to foster partnerships and support for sustainable development projects across the world.

Our like-minded collective has joined forces to create an international social impact coalition to bring awareness to the destruction we have brought to our beautiful earth on so many levels. The time has come to unite and work together to develop tangible solutions and ideas while exploring common synergies with those who are doing their best to be better citizens of our planet and to make sustainable change.

Be The Change is looking to align with partners in each SDG area: No Poverty, Zero Hunger, Good Health & Well Being, Quality Education, Gender Equality, Clean Water & Sanitation, Affordable & Clean Energy, Decent Work & Economic Growth, Industrial Innovation & Infrastructure, Reduced Inequalities, Sustainable Cities & Communities, Responsible Consumption & Production, Climate Action, Life Below Water, Life On Land, Peace, Justice & Strong Institutions, and Partnerships For The Goals.

With the launch of BTC TV, we will offer a glimpse into what the most impactful thought-leaders and international change-makers are doing to "be the change they wish to see in the world" in their own way. BTC TV will be a powerful driver for advocacy and action on Sustainable Development Goals, giving industry leaders and NGOs a platform to share their personal stories of hope, challenge and inspiration, and guide us towards a more sustainable ecosystem globally.

Our collective is launching projects and initiatives towards each of the 17 goals leading up to the year 2030, and we look forward to connecting with you soon to make this grand vision a reality.

Sustainable Fashion Week Montenegro (SFWM) will primarily focus on clean production and consumption on the current fashion landscape, while showcasing sustainable fashion collections from around the world. This unparalleled event will be a global convergence of thought-leaders and change-makers who are gathering in Budva, the hidden jewel of the Adriatic Coast. The industry influencer guests will gather in order to conceptualize, incubate, and launch initiatives focused on promoting clean fashion internationally.

SFWM is currently scheduled for July 2021, and July 15-22

For more information please contact us at: www.un1tgroup.com/bethechange





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Not Your Grandmother's Christmas Cake

By Leah Wildman Toronto – Canada

Photography By Ryan Hegarty

My Grandmother once told me the only good thing about Christmas fruit cake was the rum. She remembered the cake being useful in one other scenario as well. She went on to tell the story of how, in 1942, she and a friend used the cake pieces as projectiles in a "snowball" fight. Needless to say, my introduction to the festive dessert was less than complimentary. But this traditional cake, made right, is one of the most delightful desserts to enjoy with friends and family. And, it is one of my absolute favorites to make!

This fruity cake has been sold short in many ways. The bland and dry grocery store loaf, plugged full of dyed jellies and of a brick-like consistency is what many have come to know of this traditionally celebratory and festive dessert.

Let's turn this back around!

A fruit cake should be rich, moist and filled with genuine dried fruit. Raisins both light and dark, cherries, figs, orange rind and prunes are what sweeten and keep this cake moist. It should be laden with nuts such as pecans and almonds. Personally, I love the addition of flavors like candied ginger and chocolate. Of course, there is always room for a little (or a lot) of rum. Let's not forget the fragrant inclusion of spices like cinnamon, ginger, nutmeg and cloves. Every

forkful should include combinations of sweet, spice and crunch.

I truly do love this seasonal cake. There is something warm and comforting about it. Whether you're sipping sherry or sipping tea, by a fire or wrapped in a blanket – a slice of fruit cake is a perfect pairing.

I'm going to make my Grandmother a Christmas cake "my way" this year.

She won't know what hit her!

Well, it'll be fruitcake – just not in snowball form.

Recipe page 107.



Recipe:

500 g Mixed dried fruit such as figs, prunes, raisins, cherries, apricots
250 g Chopped candied ginger
250 g Chopped chocolate
5 oz Rhum or sherry
225 g Butter softened
225 g Dark Muscovado or dark brown sugar

4 Eggs beaten 2 Tbsp molasses 350 g Plain flour

2 Tsp pumpkin pie spice 1 Tsp cinnamon 1 Tsp baking powder 1/2 Tsp salt

75 g Blanched almonds chopped75 g Chopped pecansFinely grated zest of 1 orange or 1 lemon

For the Glaze:

1/3 c White sugar 1/3 c Water

For the Topping:

3/4 c Mixed chopped nuts, fruits, candied ginger and chocolate

Instructions:

Place the mixed dried fruit in a bowl. Heat the rum or sherry until it just starts to bubble around the edge of the pan, then pour over the fruit. Cover and allow to stand overnight.

Grease and line a 9-inch round springform pan. Preheat the oven to 320°F. Beat the butter and sugar together until pale and fluffy. Make sure you beat out any lumps in the sugar. Gradually beat in the eggs, beating well after each addition. Next, beat in the Molasses.

Sift the flour and mix the spice mix, cinnamon, baking powder and salt into the bowl and fold in the wet ingredients.

Add the soaked fruit, nuts, ginger, chocolate lemon and orange zest and mix well. Spoon into the prepared tin and level the top, then make a slight dip in the middle. Bake for 1 hour, then reduce the oven temperature to 275F and cook for a further 1-2 hours or until a skewer inserted into the center comes out clean. Allow the cake to cool and prepare the glaze and cake topping.

Bring the sugar and water to a boil. Reduce until the mixture becomes thick and sticky. In the meantime, chop the fruit and nuts for the topping of the cake.

Once the cake is cool, pour the glaze over the top of cake and arrange the chopped topping on the cake. Allow to set.

Notes:

Cooking times will vary from oven to oven. To check if the cake is cooked, insert a skewer into the center of the cake. If it comes out clean it is cooked. If the cake begins to brown too much on top before the center is cooked, cover with a disc of parchment or foil.



"The first museum in the U.S. dedicated to the experience of fragrance." -- New York Times



Berkeley, CA www.aftelarchive.com



Journey To A Whole-Foods Plant-Based Diet

By Carla Dragnea Bucharest – Romania

Truth be told, the title should read "Journey to an 'almost' whole-foods plant-based diet". I personally have been working towards adopting this diet since 2012, incorporating more and more grains, vegetables, legumes, nuts, seeds and fruits into our diet, but as a family we were still consuming animal products, processed foods, and sugar.

Last August, my daughter asked if we could stop eating meat and eggs and we agreed. This was the first step towards adopting a whole plant-based diet as a family. Being in a pandemic and working from home helped with the transition, because it allowed more time to search whole-foods plant-based recipes and cook almost everything from scratch.

Ten months later we have several plant-based recipes on weekly rotation, recipes the entire family enjoys, including our son (who still eats animal products). Also, we keep trying new recipes with new flavors. We do eat cheese on occasion, mostly when we order in for "Pizza Night" and fish sometimes on "Taco Tuesday".

While there has been almost no socializing for the past year, when we mentioned to our friends and family that we adopted a plant-based diet they all asked "Why?"

This is how we responded:

It is good for our health. Studies have shown that people who follow a whole-foods plantbased diet reduce their risk of developing heart disease, certain cancers, cognitive decline and diabetes.

It is good for the planet. People who follow plant-based diets tend to have smaller environmental footprints. Adopting sustainable eating habits can help reduce greenhouse gas emissions, water consumption and land used for factory farming, which are all factors in global warming and environmental degradation.

Help stop animal cruelty. People who follow a plant-based diet help stop animal cruelty. Refusing to pay for animal products reduces the demand for them, which ensures fewer animals are bred to suffer and die on farms and in slaughterhouses. If supplementing your plant-based diet with animal products, choose quality products from grocery stores or, better yet, purchase them from local farms. Look for organic, pasture-raised, grass-fed, or wildcaught products.

Every change starts with the first step! Why don't you include Meatless Mondays in your weekly menu?



LIMONCELLO -檸檬酒

Puns For Pun Lovers

By JO LEE Magazine New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Dad, are we pyromaniacs? Yes, we arson.

What do you call a pig with laryngitis? Disgruntled.

I'm taking care of my procrastination issues; just you wait and see.

If you're bad at haggling, you'll end up paying the price.

Just so everyone's clear, I'm going to put my glasses on.

I lost my job as a stage designer. I left without making a scene.

I lost my girlfriend's audiobook, and now I'll never hear the end of it.

Why is it unwise to share your secrets with a clock? Well, time will tell.

What do you say to comfort a friend who's struggling with grammar? There, their, they're.

Astronomers got tired of watching the moon go round the earth for 24 hours. So they decided to call it a day.

I relabelled all the jars in my wife's spice rack. I'm not in trouble yet – but the thyme is cumin.

I went to the toy store and asked the assistant where the Schwarzenegger dolls are and he replied, "Aisle B, back."

Dave Smith not only changed my life but more importantly saved my life.

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Clark Gable & Mamie Dan Doren

By Kerry Baker Brisbane – Australia

Clark Gable – the King of Hollywood! In a career spanning 38 years he did no television work but made 82 films, married five times ,and forged a legend that endures today. Gable was a major star who at the height of his career could call the shots and have scripts changed and scenes deleted that he did not feel fit the Gable image. The original fate of his Commander Richardson in "Run Silent Run Deep" saw him going down with the submarine. He argued this with director Robert Wise because in his words "Gable does not sink." In "Mutiny on the Bounty" he forcefully stated to director Frank Lloyd, about his character Fletcher Christian, "The character is a pansy. And I'm not going to be seen wearing pigtail and knickers." He balked at crying in "Gone with the Wind" because "Gable does not weep on screen."

Interestingly, Adolf Hitler esteemed him above all other American actors, and during the war offered a sizable reward to anyone who could capture and return Gable (who had enlisted in the Army Air Corps and was flying combat missions over Germany) unscathed to him.

In the 1950s three bombshell blondes were known as "The Three Ms": Marilyn Monroe, Jayne Mansfield and Mamie Van Doren. The latter was born Joan Lucille Olander and took her stage name from Dwight Eisenhower's wife.

The only time any of The Three Ms co-starred was in a 1966 B effort titled "Las Vegas Hillbillys", pairing Mansfield and Van Doren. It did not end well with Mansfield considering Van Doren her nemesis, refusing to share any screen time with her.

The careers of both Monroe and Mansfield were cut short by early demises. Marilyn 36, Jayne 34. Thus, it seemed the field was clear for Mamie to fulfill her goals, but it was not to be. Perhaps her most bizarre date was with Henry Kissinger. (He seemed impressed. She reportedly was not.)

Mamie Van Doren had only one child with her second husband, Ray Anthony.



NOSTALGIA AND YOU -

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Zony Curtis & Jan Sterling

By Kerry Baker Brisbane – Australia

In New York City, 1925, a boy was born to two desperately poor and struggling Jewish Hungarian immigrants. His upbringing was blessed by loving parents but cursed by grinding poverty. He enlisted in the Navy in 1942 and after war's end, discovered that the G.I. Bill allowed him to attend acting school, which he did with enthusiasm in 1947.

This keenness carried over to his fledgling stage work in various productions until he caught the eye of a small theatrical agent named Joyce Selznick who arranged for him to have an interview at Universal Studios with her famous uncle David O Selznick. He signed the lad to a seven-year contract with his first role being an uncredited gigolo in the powerful Noir, "Criss Cross" with Burt Lancaster and Yvonne de Carlo. He appeared in five films in 1949 alone and his stardom was assured. But Bernard Schwartz did not look great on theatre marquees, so Bernie from Manhattan became Tony Curtis.

Jan Sterling was a highly talented actress who was a leading light of the Broadway stage well before becoming a much loved and admired screen player. Her Billie Dawn in the Chicago company of "Born Yesterday" blitzed the critics and it seemed she was a shoo-in to play the role on screen but lost out to Judy Holliday. However, Hollywood knew it had a talented and beautiful property with Jan and she began a film career that lasted until 1988 and accrued 90 screen credits and a 1955 Oscar nomination for her work in "The High and the Mighty."



Joan Crawford

By Kerry Baker Brisbane – Australia

Photo By George Hurrell – 1932

Lucille Fay LeSueur was born into tough times in San Antonio, Texas in 1904. By the time of her birth her father had abandoned her mother, and she had three stepfathers by age 11. But she had a goal, and the hardscrabble of her youth steeled her to achieve it at all costs. This girl wanted to be a star. She tirelessly promoted herself in dance competitions and finally got noticed by Hollywood.

From 1923 – 1928 she churned her way through forgettable roles in 27 films before finally landing a part in "Our Dancing Daughters". Her performance put her on the map as the next "It Girl" after Clara Bow. However, her name was an abomination to the studio heads. MGM publicity studio executive Pete Smith maintained it reminded him of a sewer. Thus a new name was required. Smith put out a "name the star" contest in the newspaper and the first choice was Joan Arden. Perfect, at least until the studio suits noticed that there was already a working actress with that name. So they went to the next popular choice. Lucille LeSueur was gone. Long live Joan Crawford!

The following year she married Douglas Fairbanks Jr., son of Hollywood royalty from Fairbanks Sr. and Mary Pickford. The family loathed her. They were not invited to Pickfair until eight months after the wedding. She eventually repaired the relationship with Fairbanks Sr. but never with Pickford.

The marriage was doomed from the outset. Fairbanks Jr. was a philanderer and Joan herself had embarked on an affair with Clark Gable as well as the teenage Jackie Cooper.

Scandal followed scandal and the Crawford legend grew along with her status and power. By the time she died at age 73 in 1977, she had experienced a lifetime of struggle, burning ambition, bitterly vindictive feuds, disastrous family-children relationships, global fame and recognition, and a mix of love, fear and loathing from her peers. But her aim was fulfilled. The lady was a mega star.



NOSTALGIA AND YOU -

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Marilyn Awaits The Train 1955

By Kerry Baker Brisbane – Australia

While the list of those who would assume the mantle is vast and varied, Marilyn Monroe remains the ultimate Hollywood story where glamour and tragedy are equally mixed. Her childhood reads like a Victorian novel of neglect and abuse. At age 16, after two stints in orphanages and a string of foster homes, she learned that her current foster parents were moving and could not accommodate her. Rather than return to the state orphanage, she dropped out of school and married the boy next door. Literally! James Dougherty was the neighbour's son. She followed her marine husband to Catalina Island but was desperately bored with both her life and her spouse and after four years wedded, the couple divorced and Marilyn at age 20 set out on her own to conquer the world.

In 1946 she began to focus on her modelling career. She dieted to shelve off puppy fat and dyed her auburn hair blonde. In 1947, she finally broke through into Hollywood but in a string of forgettable, usually uncredited roles, some of which ended up on the cutting room floor.

That same year she had begun dating Charlie Chaplin's son, Charlie Junior. I suspect that this may have been an attempt to connect with a Hollywood power broker as she did not seem particularly struck on Junior and it soon ended badly. She was still a long way from stardom at this time and endured the "casting couch" syndrome from executives at both 20th Century Fox and Columbia. She also began to self-create the "perfect image" physically. She had her front teeth altered to minimise a slight jutting appearance and whitened her already fair skin with hormone creams. She had a nose tip rhinoplasty and a chin implant.

It all paid off by 1950 when she had roles in five films that year. And the girl was being noticed. Her co-star in "All About Eve", George Sanders, was very taken with her and his glamazon wife Zsa Zsa Gabor kept visiting the set to ensure Monroe was not stealing her husband. If you could intimidate Zsa Zsa, you knew you had something, something big.

From this point the Monroe mythology was formed. The subsequent films, marriages, divorces, scandals, self-harm, health issues, family dramas, and powerful connections are all virtually American folklore now.

The blonde bombshell was born.

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The Claude I. Taylor, O.C. Tribute Award

By JO LEE Magazine New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

Claude I. Taylor, O.C., the renowned Air Canada Icon had a dream of acknowledging people who embraced a need. He had a deep appreciation and a considerable admiration for his recipients and their philanthropic works that spanned the essence of his dream.

With profound pride, in this, our World Luxury Issue, it is JO LEE Magazine's Distinct privilege to announce Claude Taylor's 2021 Recipients. Brian Hanington, James T. Rutka and Sue K. Wallingford.

Claude Taylor's belief in goodness was all encompassing. To say he was a "White Knight", as he was referred to by international colleagues, humbled him. But he was a "White Knight" and in their own right, so too are Brian Hanington, James T. Rutka and Sue K. Wallingford!

"Foresight requires a curiosity as deep as it is boundless... The will to dream bigger and beyond." Claude I. Taylor, O.C.



The Claude I. Taylor, O.C. Tribute Award

By JO LEE Magazine New York / San Francisco / Hong Kong / London / Tokyo / Rome / Toronto

The Claude I. Taylor O.C. Tribute Award has been created by renowned crystal artist and designer, Mark Raynes Roberts, whose sculptures and awards can be found in art collections around the world. The newly designed Crystal Sculpture Award is made of the purest optical crystal, a material used in the space and aeronautical industry, and reflective of the vision, clarity of thinking and excellence each of the Claude I. Taylor O.C. Tribute Award recipients possess. The Crystal Orb Sculpture is hand-engraved with a globe and linear lines on the cube symbolic of communication and the technological world we live in today. markraynesroberts.com

2021

Brian Hanington — Relentless ghostwriter in the corridors of power Dr. James T. Rutka — R.S. McLaughlin Chair, Department of Surgery, University of Toronto Sue K. Wallingford — Life-long career in Humanities 2020 Bette Laderoute Sampson — Special Assignment Chief JO LEE Magazine The Honorable Judith M. Bahemuka — Chancellor The University of Eldoret, Kenya Ray Scotty Morris — Internationally Renowned Photojournalist 2019 Jason Chipman Howlett — Entrepreneur Dr. Margaret R. O'Keeffe Umanzio — Corporate CEO Advisor John Wildman — Heinz USA Divisional CEO, Retired 2018 John Black — COO JO LEE Magazine Lois M. Gordon — Entrepreneur David Smith, O.C. — Humanitarian 2017 Ann Graham Calderisi — Philanthropist Thomas A. McKee — International Law Nino A. Mascioli — Humanitarian 2016 Stanley J. Dorst — Global Land Development Chairman H. Gail Regan — Vice Chair CARA Thomas J. Smyth — Chairman/CEO Heinz Canada, Retired



The Claude I. Taylor, O.C. Tribute Award Brian Hanington

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Brian Hanington is a relentlessly busy ghostwriter in the corridors of power. He has penned speeches, letters and books for movie stars, admirals, knights, prime ministers (and even a pope), always staying anonymous within his expert's insight into the power of persuasion.

Claude came to know Brian not only through a close, mutual friend but when Brian performed an immense favor for Claude whom Claude was eternally grateful for!



The Claude I. Laylor, O.C. Tribute Award James I. Rutka

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For many years, James T. Rutka had been applauded by Claude in coming to learn of Jim via Claude's Chairing of the Finance Committee during the amalgamation of Montréal's Hospitals.

Jim is the R.S. McLaughlin Chair, Department of Surgery, University of Toronto, Director of The Arthur and Sonia Labatt Brain Tumour Research Centre, and pediatric neurosurgeon at The Hospital for Sick Children, Toronto, Canada. He has served as President of AANS, AAcNS and World Academy of Neurological Surgery. He is Editor-in-Chief of the Journal of Neurosurgery.

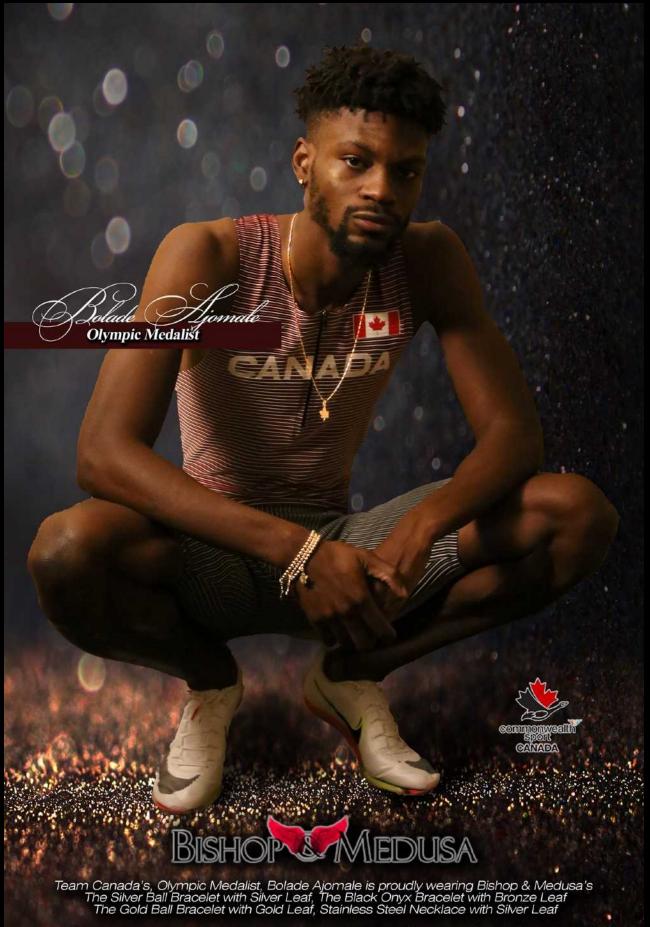


The Claude I. Taylor, O.C. Tribute Award Sue K. Wallingford

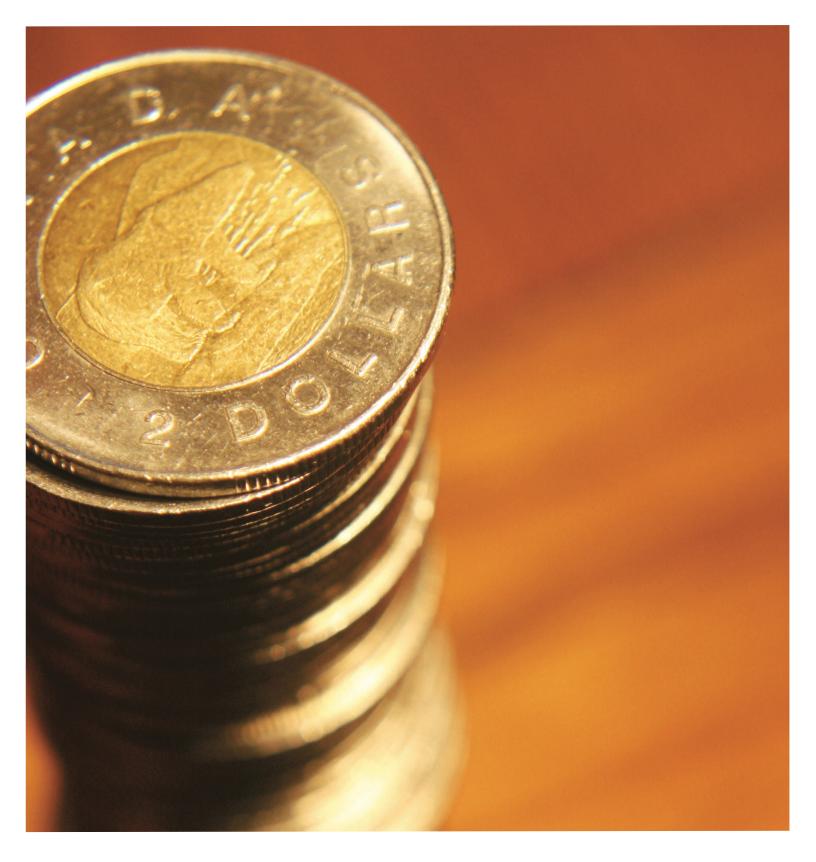
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Sue K. Wallingford has had a life-long career in Humanities, travelling the world with endless, targeted destinations so as to embrace her compassion for others!

Claude became very impressed with Suki's drive and increasingly, he applauded her, making it his distinct privilege to honor her from afar.



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