

# Wanna WIN A CAR

with **SPAR** 



SPAR Rewards  
Win a Car  
Be one of  
**50**  
winners

Competition ends 2 June 2024

BUY ME TO WIN



**SPAR**  
Frozen Mixed  
Chicken Portions  
4 kg

**149<sup>99</sup>** per pack

As good as the best for less 



**SPAR**  
Medium Fat  
Maas  
2 kg

**28<sup>99</sup>** each

As good as the best for less 



**Excella**  
Sunflower  
Oil  
2 litre

**59<sup>99</sup>**

BUY ME TO WIN

AS SEEN ON TV



**Tastic**  
Long Grain  
Parboiled,  
Wholegrain or Soft  
& Absorbing Rice  
2 kg

**39<sup>99</sup>** each

Save R7  
WITH Rewards CARD



**Cuddlers**  
Value Pack  
Disposable  
Nappies

**124<sup>99</sup>** per pack

Size 3 52s,  
Size 4 50s,  
Size 4+ 48s  
or Size 5  
44s



**Surf**  
Hand  
Washing  
Powder  
2 kg

**49<sup>99</sup>** each



**Iwisa or  
Super Sun**  
Super  
Maize Meal  
10 kg

**99<sup>99</sup>** each



Give your  
family  
the best  
for less



Bulk Beef Forequarter Pack  
(Consists of Chuck, Brisket,  
Neck, Blade, Short Rib  
& Shin)

**89<sup>99</sup>** per kg

**SPAR**  
Rewards  
More for You



**SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.**

MA\_SSR3208

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 08 May up to and including 21 May 2024, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

# SPAR



# Fresh Produce



SPAR  
Country Value  
Soft Citrus  
1 kg

**10<sup>99</sup>**  
per pack



SPAR  
Country Value  
Half Cabbage  
and Carrot

**10<sup>99</sup>**  
per  
combo

# Bakers Selection



SPAR  
Bakery  
Trifling Cakes  
Assorted

**69<sup>99</sup>**  
each



Country Value  
Ginger Cakes  
10s

**12<sup>99</sup>**  
per pack



SPAR  
Country Value  
Lunch Buns  
6s

**12<sup>99</sup>**  
per pack



Country Value  
Rock Buns

**9<sup>99</sup>**  
each

# Butchers Best



SPAR  
Country Value  
Fresh Chicken  
Hearts  
500 g

**19<sup>99</sup>**  
each



SPAR  
Country Value  
Fresh Chicken  
Livers  
500 g

**21<sup>99</sup>**  
each



SPAR  
Country Value  
Mzansi  
Braai Wors

**84<sup>99</sup>**  
per kg



Bulk Chicken  
Drumsticks  
(Frozen)

**52<sup>99</sup>**  
per kg



Bulk Chicken Feet  
(Previously Frozen)

**44<sup>99</sup>**  
per kg



Baby Hake  
(Frozen)

**54<sup>99</sup>**  
per kg

**More Savings,  
More flavour**



# Delicious made easy

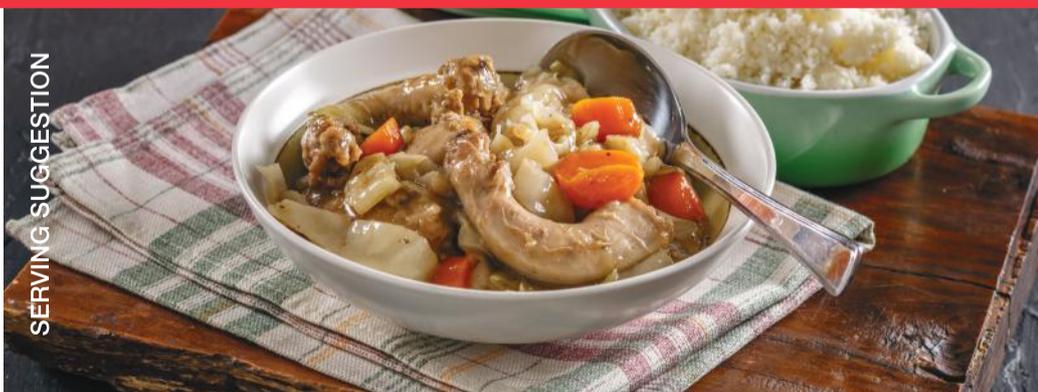


SERVING SUGGESTION

**39<sup>99</sup>**  
per  
combo  
Smart Chef  
2 x Econo Russians and  
100 g Chips



Available at The FOOD STALL. Only at SPAR.



SERVING SUGGESTION

**35<sup>00</sup>**  
per  
combo  
iPLATE Le  
200 g Chicken Neck Stew  
and 300 g Pap



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It's not just

SPAR  
French Polony  
2 kg

FOR ONLY

49<sup>99</sup>

Save R27  
WITH RewardsCARD

BUY ME TO WIN

AS SEEN ON TV



It's so much more!

That's why  
we SHOP at  
SPAR



## Fridge Savings

BUY ME TO WIN

AS SEEN ON TV



SPAR  
Smoked or Red  
Viennas (Excl. Chilli,  
Cheese and Chicken)  
500 g

36<sup>99</sup>

Save R16  
WITH RewardsCARD



Clover  
Cheddar,  
Gouda  
or Tussers  
Cheese  
800 g

109<sup>99</sup>  
each



SPAR  
Processed  
Individually  
Wrapped Cheddar  
or Gouda  
Cheese Slices  
400 g

49<sup>99</sup>  
per pack

As good as the best for less



SPAR  
Cheddar or  
Gouda Vacuum  
Packed Cheese  
400 g

59<sup>99</sup>  
per pack

As good as the best for less



SPAR  
Extra Large  
Eggs  
18s

57<sup>99</sup>  
per pack

As good as the best for less



Stork  
Country  
Spread Tub  
500 g

27<sup>99</sup>  
each



Danone  
Nutriday  
Plain, Fruit or  
Smooth Yoghurt  
900 g  
Assorted

28<sup>99</sup>  
each



SPAR  
Extra Shelf  
Life Full Cream or  
Low Fat Milk  
2 litre

34<sup>99</sup>  
each

As good as the best for less



SPAR  
Sishebo  
Frozen  
Mixed  
Chicken  
Portions  
4 kg

139<sup>99</sup>  
each

As good as the best for less

## Freezer Savings



Blue Ribbon  
Classic White  
Sliced Bread  
700 g

15<sup>99</sup>  
each

WITH RewardsCARD



SPAR  
Frozen Veg  
or Stirfry  
250 g  
Assorted

BUY ANY  
4  
FOR  
48<sup>00</sup>

As good as the best for less



SPAR  
Frozen Skinny  
Fries, Slap Chips  
or Crinkle Cut or  
Straight Cut  
Oven Bake Chips  
1 kg

41<sup>99</sup>  
per pack

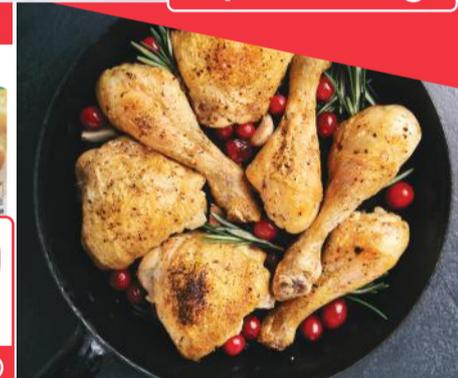
As good as the best for less



SPAR  
Crumbed Hake  
Fish Fingers  
400 g

39<sup>99</sup>  
each

As good as the best for less



Only at

SPAR

Plate  
Up LIKE A  
MasterChef



SHOP

Spend R100 and get  
a MasterChef sticker.



COLLECT

Fill your collector card  
with 15 stickers.

SAVE  
UP TO

70%



MasterChef  
THE TV SERIES

Collect the full range

Terms and conditions apply. Full promotion details also on collector cards in store now. Promotion valid 25 March to 7 July 2024. Completed collector cards can be redeemed until 21 July 2024. Exclusive to SPAR stores in South Africa, Namibia, Botswana and Eswatini. © 2024 Shine TV Limited. MasterChef and the MasterChef logo are registered trademarks of Shine TV Limited and its affiliates. Licensed by Banijay Group. All Rights Reserved.



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It's not just

SPAR  
Macaroni or  
Spaghetti  
500 g

FOR ONLY

BUY ANY 2 FOR **28<sup>00</sup>**

As good as the best for less



BUY ME TO WIN

It's so much more!



That's why we SHOP at **SPAR**

Pantry Savings

instant noodles beef flavour  
instant noodles chicken flavour

SPAR Instant Noodles 5 x 70 g Assorted

BUY ANY 2 FOR **40<sup>00</sup>**

SPAR Pilchards In Tomato or Chilli Sauce 400 g

**22<sup>99</sup>** each

As good as the best for less

Rhodes Baked Beans in Tomato Sauce 410 g

BUY 2 FOR **30<sup>00</sup>**

DOUBLE MONEY BACK QUALITY GUARANTEED

BUY ME TO WIN

SPAR SUPER MAIZE MEAL

Naturally High in Energy  
Source of Vitamins & Minerals  
Source of Dietary Fibre

SPAR Super Maize Meal 5 kg

**44<sup>99</sup>** each

As good as the best for less

Rhodes Tomato & Onion Mix or Gravy 410 g

**15<sup>99</sup>** each

WITH Rewards CARD

SASKO CAKE WHEAT FLOUR 2.5 kg

Sasko Cake Wheat Flour 2.5 kg

**35<sup>99</sup>** each



Bull Brand Curried Mince with Vegetables 400 g

**23<sup>99</sup>** each

WITH Rewards CARD

BENNY Stock Powder Sachets 10s

**13<sup>99</sup>** per pack

Only at **SPAR**

**Plate Up LIKE A MasterChef**

SAVE UP TO **70%**

MasterChef THE TV SERIES

Collect the full range

- Set of 2 White Side Plates (20cm)
- Set of 2 Black Side Plates (20cm)
- Set of 2 White Dinner Plates (26cm)
- Set of 2 Black Dinner Plates (26cm)
- Set of 2 Pasta Bowls (20cm)
- Set of 2 White Cereal Bowls (15cm)
- White Presentation Platter (30cm)
- Black Presentation Platter (30cm)
- Serving Bowl (23cm)

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# 50 Hyundai Grand i10 Sedans TO BE WON

with **SPAR**



HOW TO ENTER:

STEP 1

Buy any participating product.

STEP 2

Swipe your NEW Rewards card and you could be a WINNER!

Competition ends 2 June 2024.

Exclusive to SPAR Rewards customers

## Breakfast Savings

**Joko**  
Tagless Teabags  
100s

**49<sup>99</sup>** per pack

**JACOBS**  
Instant Cappuccino Sticks  
(Incl. Ice Range)  
8s / 10s Assorted

**64<sup>99</sup>** per pack

**Nescafé**  
Ricoffy tin  
(Excl. Decaf)  
250 g

**59<sup>99</sup>** each

**BUY ME TO WIN**

**Douwe Egberts**  
Instant Coffee  
200 g Assorted

**159<sup>99</sup>** each



**Rhodes**  
Smooth Apricot or Mixed Fruit Jam  
900 g

**34<sup>99</sup>** each

WITH Rewards CARD

**BUY ME TO WIN**

**Black Cat**  
Peanut Butter  
400 g Assorted

**39<sup>99</sup>** each

**NEW VALUE PACK!**

**Nestlé**  
Nespray  
850 g

**112<sup>99</sup>** each

WITH Rewards CARD

**Selati**  
SPRINKLE JOY  
GOLDEN BROWN SUGAR

**Selati**  
Golden Brown Sugar  
2 kg

**42<sup>99</sup>** each

**AS SEEN ON TV**

**BUY ME TO WIN**

**BOKOMO**  
Weet-bix  
Original Only  
450 g

**24<sup>99</sup>** each

Save R12

**BUY ME TO WIN**

**SPAR**  
Golden Corn Flakes  
1 kg

**47<sup>99</sup>** each

As good as the best for less

**SMART FOOD**

**Future Life**  
Smart Food  
(Excl. Kids and Hi Protein)  
Instant Cereal  
500 g Assorted

**42<sup>99</sup>** each

**WHITE STAR**  
INSTANT MAIZE PORRIDGE

**White Star**  
Instant Maize Porridge  
1 kg Assorted

**21<sup>99</sup>** each

## Pantry Savings

**BUY ME TO WIN**

**Crosse & Blackwell**  
Tangy or Creamy  
Mayonnaise  
750 g

**43<sup>99</sup>** each

**TOP CLASS**  
SPICE MIX  
Flavoured Seasoning  
350 g Assorted

**22<sup>99</sup>** each

**TOP CLASS**  
SOYA MINCE  
Beef & Onion Flavoured

**Top Class**  
Flavoured Soya Mince  
200 g Assorted

**11<sup>99</sup>** each

**Rajah**  
MEDIUM CURRY POWDER

**Robertson's**  
Rajah  
Curry Powder  
50 g Assorted

**12<sup>99</sup>** each

**IMANA**  
SRIRACHA CHEESE SAUCE  
STICKY BBQ SAUCE  
ROAST CHICKEN FLAVOURED GRAVY  
BROWN ONION GRAVY

**Imana**  
Packet Sauce or Gravy  
34 g / 38 g Assorted

**BUY ANY 4 FOR**

**30<sup>00</sup>**

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**It's not just**

**Rhodes**  
100% Fruit Juice  
Blend  
1 Litre  
Assorted

**FOR ONLY**

**BUY ANY 2 FOR 50<sup>00</sup>**

WITH **Rewards** CARD



**It's so much more!**

That's why we **SHOP** at **SPAR**

**Snacks and Treats**



Appletiser or Grapetiser  
1,25 litre  
Assorted

**34<sup>99</sup>** each



Power Play  
Energy Drink  
440 ml  
Assorted

**BUY ANY 2 FOR 22<sup>00</sup>**



Pepsi Regular,  
7 up, Mirinda  
or Mountain Dew  
Soft Drink  
2 litre

**BUY ANY 2 FOR 30<sup>00</sup>**  
WITH **Rewards** CARD



Clover  
Vanilla  
Custard  
1 kg

**24<sup>99</sup>** each



aQuellè  
Natural Still or  
Sparkling  
Spring Water  
1,5 litre

**BUY ANY 2 FOR 18<sup>00</sup>**



Simba  
NikNaks  
135 g  
Assorted

**BUY ANY 2 FOR 26<sup>00</sup>**



Doritos  
Corn Chips  
145 g  
Assorted

**BUY ANY 2 FOR 40<sup>00</sup>**



Cadbury  
Chocolate Slabs  
Includes Bubbly  
(Excl. Oreo)  
150 g  
Assorted

**32<sup>99</sup>** each



De Vries  
Ginger  
Biscuits  
200 g

**12<sup>99</sup>** per pack



De Vries  
Chocolate Chip  
or Choco Rings  
150 g

**17<sup>99</sup>** per pack



Bakers  
Blue Label  
Marie Biscuits  
200 g  
Assorted

**15<sup>99</sup>** per pack



Cadbury  
Crunchie 40 g, Astros 40 g,  
5 Star 48.5 g, Lunch Bar 48 g,  
PS 48 g, Cadbury Slabs  
36 g - 39 g or Oreo Enrobed  
(Excl. Ps Duo and Bubbly)

**BUY ANY 2 FOR 18<sup>00</sup>**

Save **R10**  
WITH **Rewards** CARD



Beacon  
LIQUORICE  
Allsorts  
ORIGINAL MINI LIQUORICE  
150 g



Maynards  
original wine gums  
125 g

Maynards or Beacon  
Gums, Jelly, Chews,  
Fruit Pastilles or  
Allsorts 125 g  
or Liquorice 150 g

**23<sup>99</sup>** each



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It's not just

Sunlight  
Dishwashing  
Liquid  
Refill Pouch  
750 ml

**24<sup>99</sup>** each  
Save R7

FOR ONLY

BUY ME TO WIN

AS SEEN ON TV



It's so much more!

That's why we SHOP at **SPAR**

Household Savings



Pro Wash  
Hand Washing  
Powder  
2 kg  
Assorted

**42<sup>99</sup>** each



Comfort  
Fabric  
Conditioner  
800 ml  
Assorted

**48<sup>99</sup>** each



Home Care By  
SPAR  
All Purpose  
Cleaner  
750 ml  
Assorted

**21<sup>99</sup>** each



Jeyes  
Homeguard  
Thick Bleach  
750 ml  
Assorted

**23<sup>99</sup>** each



Airwick  
Air Freshener  
280 ml  
Assorted

BUY ANY 2 FOR **50<sup>00</sup>**



SPAR  
Swing Bin  
Liners  
20s

**35<sup>99</sup>** per pack

As good as the best for less



BUY ME TO WIN

AS SEEN ON TV

SPAR  
WoofDry  
Dog Food  
8 kg  
Assorted

**149<sup>99</sup>** each  
Save R30

As good as the best for less



Twinsaver  
Toilet Tissues  
1 ply  
8s

**48<sup>99</sup>** each



Haz  
2 Bar Quartz  
Heater

**259<sup>99</sup>** each



Now you can  
earn up to 15% back  
in eBucks at SPAR



How to earn eBucks:

1. Opt in to SPAR on the FNB or RMB Private Bank App
2. Pay with your FNB or RMB Private Bank Virtual Card
3. Exclusive to FNB Private Clients, Private Wealth and RMB Private Bank clients

Pay with your virtual card

Terms, conditions and earn rules apply.  
**First National Bank**  
A division of FirstRand Bank Limited.  
An Authorised Financial Services  
and Credit Provider (NCRCP20).

The SPAR & TOPS you love, now online!



DOWNLOAD NOW ON



Available on the  
App Store



GET IT ON  
Google Play

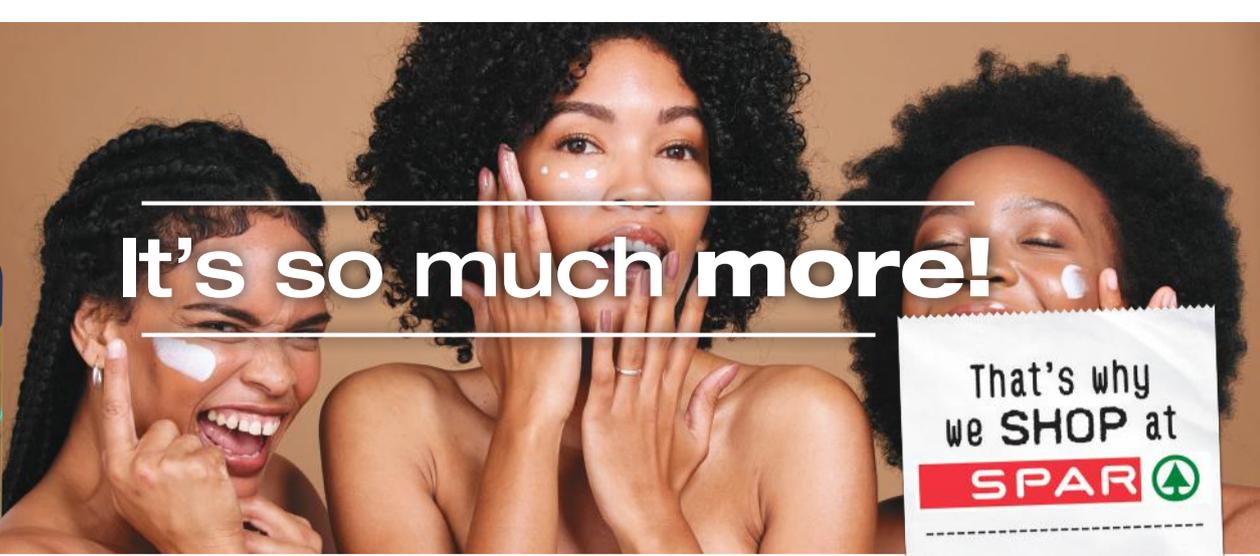
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It's not just

Vaseline  
Body Cream or Lotion  
(Excl. Q10 Range)  
400 ml

**49<sup>99</sup>** each  
Save R27

FOR ONLY



It's so much more!

That's why we SHOP at  
**SPAR**

Personal care savings



Clere  
Pure Glycerine  
100 ml

**15<sup>99</sup>** each



Playboy or Playgirl  
Anti-Perspirant  
Roll-On For  
Male or Female  
50 ml  
Assorted

**16<sup>99</sup>** each



Brut  
Anti-Perspirant  
Roll-On  
50 ml  
Assorted

**22<sup>99</sup>** each



Yardley  
Body Spray  
for Male or  
Female  
90 ml/ 125 ml  
Assorted

**36<sup>99</sup>** each



Sensodyne  
Fresh Mint,  
Clean & Minty, Multicare,  
Natural White  
or Herbal Multicare  
Toothpaste  
75 ml

**49<sup>99</sup>** each



Protex  
Hygiene Soap  
150 g  
Assorted

BUY ANY  
2  
FOR  
**28<sup>00</sup>**



Nestle  
Nestum  
Stage 1, 2, 3  
250 g  
Assorted

**27<sup>99</sup>** each



Libresse  
Pantyliners  
20s  
Assorted

**16<sup>99</sup>** per pack



Dettol  
Antiseptic  
or Aloe Vera  
Liquid  
750 ml

**74<sup>99</sup>** each



Compral  
Pain Tablets  
100s

**87<sup>99</sup>** each



SPAR Rewards deals: Maximum 10 per customer. While stocks last.

**SPAR:** • BARCLAY SQUARE • BON ACCORD • DOBSONVILLE • DIEPKLOOF • EMALAHLENI • JACOBSDAL • LIMPOPO • MAFIKENG • MATHAMBO/SPRUITVIEW • MALULEKE • MNANDI • MODJADJISKLOOF • NZHELELE • OGIES • ROSSLYN • SANTINHOS • SESALAMANI • SIBASA • SOSHANGUVE • STRETFORD • THOHOYANDOU • TSHAKUMA • VRYSTAAT • VUWANI

**SUPERSPAR:** • BLOED STREET • BOTSHABELO • BRONKHORSPRUIT • CITY CENTRE • CLAYVILLE • DENLYN • EBONY PARK • ELIM • ELIM MALL • EVATON • FICKSBURG • FORO • GIYANI • JUBILEE • KATHORUS • KATHU • KENWORTH • KOPANONG • LEBOWAKGOMO • LOUIS TRICHARDT • MAMS MALL • MARAPONG • MESSINA • MIDRAND • MOPANI • NKUNA KRAAL • PALEDI • PHOLA PARK • RENBRO • SOSHANGUVE CROSSINGS • STAR HYPER (CARLETONVILLE) • TSBET • TEMBISA • THAVANI • TSAKANE MALL • TZANEEN • WESTPARK

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: [www.spar.co.za](http://www.spar.co.za) or Find us on /myspar

