



EUROPEAN ASSOCIATION FOR PALLIATIVE CARE
One Voice, One Vision in Palliative Care

ANNUAL REPORT

2021

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A Message From...

OUR PRESIDENT

Welcome to our annual report for 2021.

In 2021, the global COVID pandemic continued to challenge all of us both personally and professionally.

During 2021 we hosted a very successful 17th EAPC World Congress. We were particularly pleased to have so many delegates registering for an online event. Over 1200 people from around the globe registered and attended our event which ran over three days in October 2021.

It is important to remember that we are a membership organisation, and the role of the Board is to serve the best interest of our members. We always welcome your feedback, ideas, critique and contact so that we make sure that the EAPC is responsive in its support of palliative care at both local and national level.

As President, I would like to offer my thanks to the many people who contribute to the success of the EAPC, most importantly, our members and supporters without you we could not function. Our task forces and reference groups, and the EAPC Research Network are integral and essential parts of the EAPC. We are very thankful to our social media team, my fellow board members and to the team in head office.

I hope you enjoy this Annual Report which gives details of our activities over the last year. It gives a flavour of all we are doing and maybe ideas of what we can do. What we can achieve together as a community of people who believe in the value of palliative care.

My very best wishes,

PROFESSOR CHRISTOPH OSTGATHE

EAPC President 2019-2023



About Us

The EAPC is a forum for those working, or with an interest in palliative care throughout Europe and beyond. Our members are engaged in palliative care across the lifespan from a range of perspectives: specialist and generalist clinical practice, education, professional groups, policy and research.

The EAPC lobbies and advocates for the development of palliative care through its activities and through its work in developing the practice of palliative care and is recognised by the Council of Europe.

MISSION STATEMENT

The European Association for Palliative Care is a membership organisation dedicated to lobbying and advocating for the promotion and development of palliative care throughout Europe.

MISSION:

To influence, promote and advocate for the delivery of high quality palliative care across the life span by fostering and sharing palliative care education, research, policy and evidence-based practice.

VISION:

One voice, one vision. To lobby and advocate for a world without preventable suffering where those with life-threatening illnesses and their families have timely access to high-quality palliative care as an integral part of the healthcare system.

CORE VALUES:

- Strive for excellence in palliative care
- Value interdisciplinary working and representation
- Respect diversity
- Work collaboratively

Our Team

EAPC board 24 May 2019 to June 2023
Elected at the General Assembly,
Berlin, Germany



Pictured left to right: Natasha Pedersen, Gert Huysmans, Josep Porta sales, Danila Valenti, Daniela Mosoiu, Catherine Walshe, Christoph Ostgathe, Sébastien Moine, Sandra Martins Pereira, Sonja McIlpatrick Karl Bitschnau, Jeroen Hasselaar, Martin Loučka

President: Christoph Ostgathe

(Germany)

Vice-Presidents:

Sébastien Moine
Sandra Martins Pereira
Jeroen Hasselaar

(France)
(Portugal)
(Netherlands)

Treasurer:

Catherine Walshe

(United Kingdom)

Secretary:

Gert Huysmans

(Belgium)

Board Members:

Daniela Mosoiu
Josep Porta Sales
Danila Valenti Sonja
McIlpatrick Natasha
Pedersen
Martin Loučka
Karl Bitschnau

(Romania)
(Spain)
(Italy)
(Northern Ireland)
(Norway)
(Czech Republic)
(Austria)

EAPC Research Network Chair:

Augusto Caraceni

(Italy)

Board Meetings:

2021

During 2021, due to the global COVID-19 pandemic, board members were unable to meet in person. The whole board met on Zoom on four occasions.

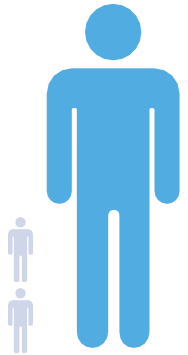
Date:

23 March 2021
23 July 2021
20 October 2021
22 December 2021

Location:

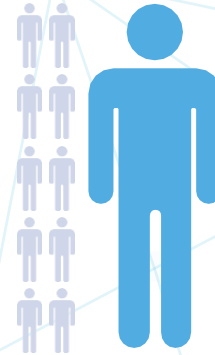
Online
Online
Online
Online

Our Members:

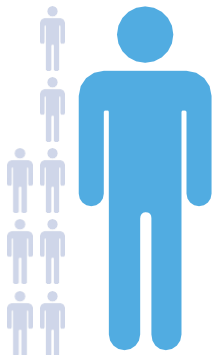


53

Member associations
from 30 countries

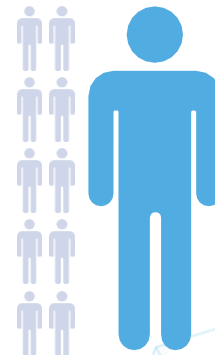


Europe n= **50**
non-European
(n=3; Australia & New Zealand)



226

Individual Members
individual members from 39 countries
globally



417

National Association
Board Members

Palliative care advocacy:

The EAPC continues to advocate for the development of palliative care throughout Europe and beyond. Examples of this include our work with:

CIVIL SOCIETY FORUM ON DRUGS:

The European Union Civil Society Forum on Drugs (CSFD) includes organisations from across Europe which are working at the national, regional and international level on issues related to drug use, drug treatment, harm reduction and drug policies. The EAPC has been involved in raising awareness of the problems of accessibility and availability of opioid medication for medical use, including pain management, across Europe and worldwide. Documents from the CSFD have included statements on accessibility and the need to maintain the availability of opioids for medical use in pain and other symptoms and the avoidance of over restrictive drug control measures.

WORLD HEALTH ORGANIZATION (WHO):

The EAPC has started the process of developing a Memorandum of Understanding with the WHO Geneva. As part of this work the EAPC hosted a WHO meeting as part of the EAPC Congress 2021.



**World Health Organization
pre-congress session at EAPC World
Congress Online**

Expanding access to quality palliative care worldwide
5 October 2021, 13:30-16:00 (CET)



WHO is committed to working with countries on the integration of palliative care into health systems as recommended in the 2014 World Health Assembly resolution on palliative care. Several technical documents have been published by WHO in recent years aimed at improving access to quality palliative care worldwide. The main objectives of this EAPC pre-congress session are to inform participants about recent and upcoming WHO palliative care products and share lessons from the field on implementation of quality, integrated palliative care.

Agenda

Introduction by Natasha Azzopardi-Muscat and Rudi Eggers

Session 1: Assessment of palliative care development and quality led by Eric Krakauer & Hibah Osman. Panelists include Carlos Centeno, Shams Syed & Anna Ray

Session 2: Children's palliative care and access to medication led by Julia Downing & Julie Ling. Panelists include Ayesha De Costa, Emily Harrop, Xiohara Gentica, Lannie Fofue, Gilles Forte & Mark Mwesige.

Session 3: Civil society and government: progress on implementation of WHA resolution on palliative care led by Stephen Connor and Katherine Pettus. Panelists include Titus Lee, Maria Cordoba, Lameck Tambo, Ernesto Jaramillo, Helena Davies.

Closing remarks by Liz Gwyther and Marie-Charlotte Bouësseau

This session is free and open to all. To register go to:
<https://www.eapc-2021.org/who-workshop/>

Our work:

EAPC Task Forces and Reference Groups:

The EAPC has a number of focused working groups called Task Forces and Reference Groups; we are indebted to the energy, effort and enthusiasm that is shown by the many people engaged in the work of these groups. We are mindful that they donate their time and expertise on a voluntary basis. There are currently 8 active Reference Groups and 19 active Task Forces.



Reference Groups

Aging and Palliative Care

Education and Training in Palliative Care

Family Carers

Intellectual Disability

Neurology

Primary Care

Public Health

Spiritual Care

Task Forces

Advance Care planning in Dementia

Big Data in End-of-Life Care Research

Bereavement

Children and Young People

Costs of Family Caregiving

Healthcare Guidelines

Last Aid

Leadership

Innovation in Nurse Education (new in 2021)

Leadership

Improving Care for LGBT+ People

Occupational Therapy in Palliative Care

Palliative Sedation

Palliative Wound care

Palliative Care for Prisoners

Palliative Care for Refugees and Migrants

Social Work

Volunteering

Wish to hasten Death

Publications arising from EAPC Task Forces & Reference Groups 2021:

Keegan, O., Murphy, I., Benkel, I., Limonero, J. T., Relf, M.,; Guldin, M. B. (2021). Using the Delphi technique to achieve consensus on bereavement care in palliative care in Europe: An EAPC White Paper. *Palliative Medicine*, 35(10). <https://journals.sagepub.com/doi/10.1177/02692163211043000>

We are pleased to report that several key EAPC documents have been translated into a range of languages and are available on the EAPC website.

EAPC members can access all of these papers by logging into our Members only area on the EAPC website.

EAPC Events and Meetings:



Share 3 words to describe this year's congress:



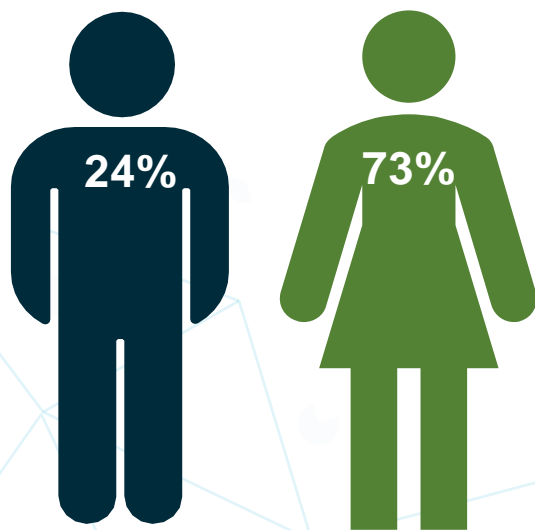
Photo competition winner



Who attended?

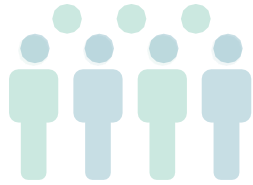
EAPC World Congress 2021

NUMBER OF DELEGATES



1,183

Who attended?



Profession of delegates	Number
Physician	502
Researcher	254
Nurse	157
Other profession/not stated	129
Student	41
Administration	37
Social Worker	33
Psychologist	32
Teacher	15
Pharmacist	15
Social Scientist	11
Ethicist	6
Health Economist	6
Clergy/Chaplain	5
Physiotherapist	5
Volunteer	5
Sociologist	4
Arts	1
Occupational Therapist	1
Grand Total	1183

Country	Number of attendees	Country	Number of attendees	Country	Number of attendees
United Kingdom	208	India	8	Peru	2
Germany	85	New Zealand	7	Philippines	2
Czech Republic	72	South Africa	7	Slovakia	2
Italy	55	Brazil	6	South Korea	2
The Netherlands	50	Malaysia	6	Albania	1
Australia	44	Croatia	5	Armenia	1
Finland	43	Greece	5	Bermuda	1
Netherlands	43	Hong Kong	5	Bolivia	1
Austria	40	Malta	5	Bulgaria	1
Canada	38	Russia	5	Burkina Faso	1
Sweden	37	Bangladesh	4	Chile	1
Belgium	36	Colombia	4	China	1
Portugal	36	Turkey	4	Gambia	1
Ireland	32	Ukraine	4	Indonesia	1
Denmark	29	Estonia	3	Israel	1
Japan	25	Georgia	3	Jamaica	1
Singapore	24	Lebanon	3	Jersey	1
United States	23	Moldova	3	Jordan	1
Spain	22	Slovenia	3	Kenya	1
France	19	Taiwan	3	Korea, Republic of	1
Switzerland	19	Uganda	3	Lithuania	1
Norway	17	Argentina	2	Malawi	1
Poland	16	Belarus	2	Mexico	1
Romania	14	Iceland	2	undisclosed	1
Hungary	11	Kazakhstan	2		
Saudi Arabia	11	Latvia	2		
Grand Total					1183

EAPC Research:

RESEARCH:

We are pleased to report that the EAPC Research Network and the EAPC continue to provide a platform to foster the growth of high-quality international research and dissemination of findings.

EU-Funded Projects:



Palliative Sedation – The use of proportional palliative sedation for the relief of refractory symptoms: an international multi-center study.

DIAdIC – Evaluation of Dyadic Psychoeducational Interventions for People with Advanced Cancer and their Informal Caregivers (DIAdIC): An international randomized controlled trial.



NursEduPal+ Palliative Care Core Competencies and novel European matrix for educating bachelor-degree nurses



MyPal: Fostering Palliative Care of Adults and Children with Cancer through Advanced Patient Reported Outcome Systems.

RESPACC – Research for all palliative care clinicians



EAPC RESEARCH NETWORK SUMMARY REPORT 2021

Augusto Caraceni, Geana Kurita, Luc Deliens

1. The RN collaborated with the Joint Action Innovation Partnership for action against cancer (iPAAC) which completed its work in 2021. The RN contributed to two tasks on integration of palliative care and oncology and on cancer pain as part of the final conference held in Ljubiana and online on 14th December 2021. The collaboration with iPAAC resulted in reports on cancer pain (<https://www.ipaac.eu/res/file/outputs/wp8/pain-prevalence-cancer-patients-literature-review-recommendations.pdf>) and palliative care (<https://www.ipaac.eu/res/file/outputs/wp8/integration-oncology-palliative-care.pdf>)
2. The RN continued to collaborate with the Organization of European Cancer Institutes (OECI) in establishing coordinated action about the strategies of Implementation of PROMS and PREMs in Oncology Clinical Practice and Research. In 2021 two online meetings were organised and a working group was established, which was instrumental for planning a Horizon Mission application on quality of life. The application is currently in progress with both EAPC and EAPCRN involvement. A commentary on the European Commission Cancer Mission was published in the Lancet Oncology (Caraceni A. and Apolone G. «Conquer Cancer for everyone?», Lancet Oncology 2021)
3. The RN joined the organising committee of the 12th EAPC World Research Congress Online (18-20 October 2022). Geana Kurita is co-chair of the scientific committee
4. The RN has participated in the organization of the 7th Public Health Palliative Care International Conference PHPCI 2022, which is co-hosted by the End-of-Life Care Research Group (Vrije Universiteit Brussel and Ghent University) and Compassionate Bruges, in association with the EAPC Reference Group on Public Health & Palliative Care and the EAPC Research Network (20-23 September 2022, Bruges, Belgium). Luc Deliens is chair of the scientific committee.
5. The EAPC RN Junior Forum (JF), aims to establish an international platform for junior researchers to increase their knowledge and network. The JF revised its plan for activities and discussed these with EAPC board. JF Members were invited to contribute to this plan and the following activities were developed:
Organisation of the JF session at the 17th World Congress 2021;
Organise a round table for the members in the EAPC Congress 2021;
Develop a plan for webinars with content based on members interest;
Assist JF member's requests of contact with researcher groups, experts in specific areas of palliative care, and help to improve writing and publications;
Disseminate information about scientific activities/events and other opportunities for learning and research networking.

EAPC on Social Media 2021

Communication and Information Exchange:

The EAPC social media activities, including Facebook, Twitter, LinkedIn, YouTube and our blog, have continued to provide a platform for the exchange of information, opinions and news.

These media aim to increase interaction with our members and the wider palliative care community. Blog posts are normally posted twice per week and have established a strong following. They cover the whole spectrum of palliative care topics and are all published in English



31 December 2020



Twitter followers



Facebook followers



LinkedIn members



Instagram followers



Blog subscribers

31 December 2021



Twitter followers



Facebook followers



LinkedIn members



Instagram followers



Blog subscribers

Increase over past year



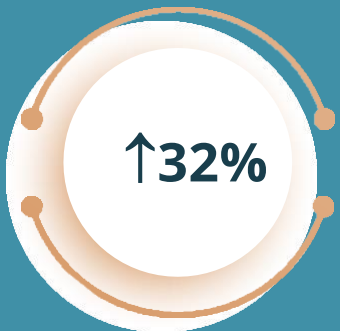
Twitter followers



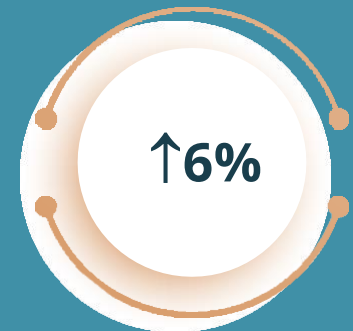
Facebook followers



LinkedIn members



Instagram followers



Blog subscribers

Follow us:



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EAPC.Vzw



EAPC.vzw



European Association for Palliative Care – EAPC LinkedIn

[EAPC blog](#) | www.eapcnet.eu

Our Official Journals:

The EAPC is grateful for the continuing support of our two official journals:



Our Thanks To:

OUR MEMBERS

- Board
- EAPC Groups
- Social Media Team
- Head Office staff
- Our supporters ... delegates and attendees at our congresses, the many contributors to our blog

THE EAPC HEAD OFFICE TEAM

- Julie Ling, Chief Executive Officer
- Avril Jackson, Social Media and Communications Officer (Part-time) Cathy Payne, Project Officer (Part-time)
- Claudia Sütfield, Congress Coordinator (Part-time)
- Joanne Brennan, Project Officer (April 2021 onwards)
- Bernadette Pirihi, Accounts Support (Part-time) (to July 2021)
- Christine Harvey, Administrator (Part-time) (August 2021 onwards)

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