

Winchelsea Star

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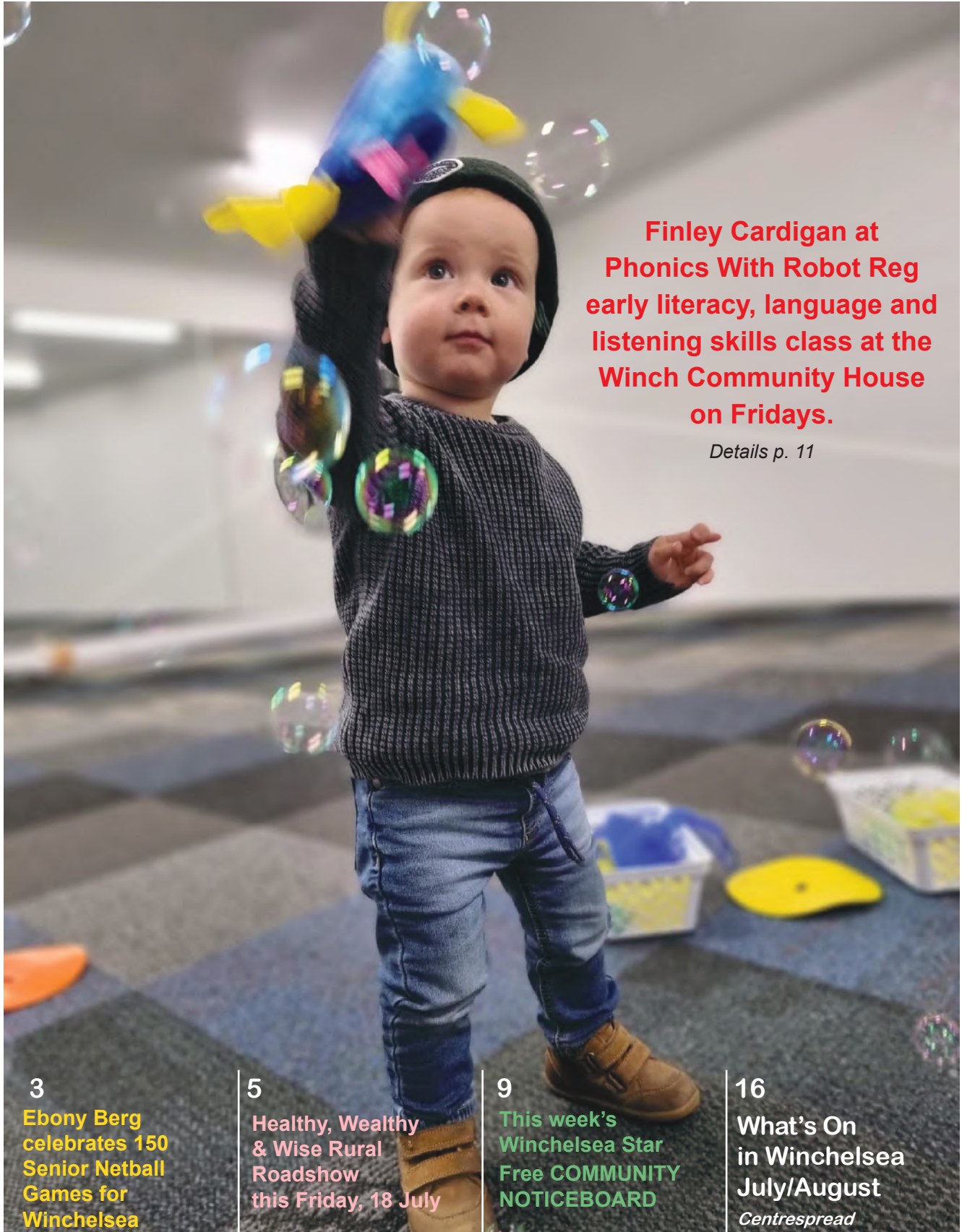
Your Weekly Community Newspaper

Since 1977

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Tuesday 15 July 2025

winchelseastar.org.au



Finley Cardigan at Phonics With Robot Reg early literacy, language and listening skills class at the Winch Community House on Fridays.

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The Winchelsea Star

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KIDS GO FREE

Make the most of School holidays with free activities for kids under 16

From exhibitions to elephants, dinosaurs to dancefloors, there are plenty of free and affordable activities for families this school holidays.

Children under 16 can visit **Werribee Open Range Zoo** for free during the holidays – and see the herd of nine Asian elephants in their new home. After three months of splashing, playing and stretching out in their new habitat, the herd is now settled in – attracting a record-breaking crowd of more than 316,000 visitors through the Zoo's gates.

Visitors can view the elephants from a new boardwalk and raised platforms, offering an up-close look at the herd's daily activities. With school holidays underway it's the perfect time for families to visit the **Elephant Trail**, with free entry for kids under 16 at zoos across Victorian school holidays, public holidays and weekends.

The 21-hectare sanctuary has seen visitation between March and June up 41 per cent on the same period last year – an increase of more than 92,000 guests.

It's just one of many fun-filled and budget-friendly activities on offer for families and kids across our state.

That includes casting a line at more than **70 lakes** across Victoria, with around 35,000 rainbow trout stocked for the holidays – offering a fun and affordable way to enjoy the outdoors.

Families can also explore our world-class museums and galleries, with kids under 16 always going free to **Melbourne Museum, Scienceworks and the Immigration Museum**.

Kids can get hands-on at the **NGV's Plans for the Planet: Olaf Breuning for Kids** exhibition, explore miniature worlds in **Little Landscapes at Melbourne Museum**, build and invent at **Tinkertown at Scienceworks** or explore films, TV, videogames and art at **The Story of the Moving Image at ACMI**.

Playbound Festival returns in 2025 to celebrate the power of play with free and low-cost performances, workshops and activities at much-loved Melbourne venues including **Melbourne Museum, State Library Victoria, the Australian Centre for Contemporary Art and The Wheeler Centre**.

Young creatives can write, draw and make at **State Library Victoria's school holiday program**, while the Koorie Heritage Trust will host a **Kids' Culture Day of Painting with Barkindji and Ngilyampaa Elder Uncle Col Clark**.

In regional Victoria, families can enjoy free and low-cost activities at **Bendigo Art Gallery, Hamilton Gallery's interactive Children's Sensorium, and a two-day opera workshop with Opera Australia at Geelong Arts Centre**.

The State Government is focused on what matters most – delivering help for families. From free school holiday activities to help with camps, sports and excursions, and free public transport for kids and teens from 1 January next year – we're making sure no young Victorian misses out.

MILESTONE MOMENT: **Ebony Berg Celebrates 150 Senior Games**

By Claire Mawson

On Saturday July 6th we celebrated a major milestone for one of Winchelsea's most dedicated and respected club members, as Ebony Berg run out for her 150th senior game.

Ebony's journey with the club began in the junior ranks. In 2014, she made her senior debut and has been a consistent and valued presence ever since.

But Ebony's impact on the club goes far beyond what she brings to the court. A passionate volunteer and club contributor, she's the kind of person who steps up wherever needed — from mentoring younger players to helping behind the scenes on game day. Coming on board as netball coordinator with Claire Mawson they have now done this role for the past 2 years. Her loyalty and love for the club run deep, a trait clearly shared across the Berg family, who have been long-standing members and supporters of the Winchelsea community.

Saturday's game was no doubt a special one — not just for Ebony, but for her family, friends and all the teammates who've had the privilege of playing alongside her over the years.

Congratulations, Ebony, on 150 incredible games — and thank you for everything you continue to give to our club.



Rising Stars Netball program is where to learn the basic skills

By Shae Callahan

WINCH RISING STARS NETBALL PROGRAM



FOR AGES 8-10

Confidence, Skills, and Game Readiness

-  Ball skills & movement drills
-  Game positioning team
-  Teamwork & court play
-  Real game simulations

Led by passionate coaches and supported by our club community.

Because every champion starts as a Rising Star!



Contact the Winchelsea Junior Football and Netball Club
Facebook page or Shae on
0409 641 550 to register or for more information.

Winch Rising Stars Netball Program

For Ages 8-10 | Confidence, Skills, and Game Readiness

The Winch Rising Stars program is where our next generation of netball talent takes flight! Designed for players aged 8-10, this exciting program builds on the basics learned in NetSetGo and prepares players for competitive play with fun, structured, and engaging training.

Over the term, our Rising Stars will focus on:

- Ball skills & movement drills
- Court positioning & game rules
- Confidence in match play
- Teamwork & communication
- Real game simulations

Led by passionate coaches and supported by our club community, Winch Rising Stars is more than training — it's about helping young players shine on and off the court.

Because every champion starts as a Rising Star!



Cromwell's Quirks

A conversation about communication

By Cromwell Forgansen

I was asked, "If you could talk to your pets, what would you say?"

Here we go thinks I, as I hear my brain whirring into "What the Heck?!" mode, and finally "What does it mean to talk with someone?" Few would agree that it comprises a mere exchange of words, a "texting" bereft of inflection or body language. I highly doubt many could defend the form being totally divorced from the content, could you really impart exactly the same meaning from yards away as you could inches apart? Or would your meaning remain unchanged staring steadfastly into their eyes as it would have been from averted gaze?

No great feat of imagination is required to take the next step, to embrace the actual content of form itself. It could well be argued a wink can replace many words indeed, and to shrink backwards from someone entering your personal space speaks volumes. We've all said hello in comfortable companionship with just our eyes, and what the eyes impart when giving the "thumbs up" is probably all you really need in lieu of this and many popular hand signals.

We also speak to each other by our consistency, (or other qualities) over time. Our myriad rituals of care for our children over the years speak far more than mere words could ever attempt. The recidivist speaks to us with their every unkept commitment, of their true nature, despite what actual words they utter, and to remove words entirely from the equation, the "once bitten, twice shy" principle is one of the easiest of communications to make on both sides, and if you could actually talk words with your cat, you still couldn't convince her you won't pull her tail again.

Silence itself can say many things across myriad contexts. Physical intimacy can say things so deeply primal that few of us would ever attempt in words. Mummy coming to breakfast in a suit tells her kids she's going to be away for the day in the big smoke.

The jazz drummer who suddenly starts playing "straight" is formally expressing his disapproval. A sour face can communicate anything from a bad tummy to anticipating a tax audit.

The differences and overlaps between any of these boils down to semiotics, the "meaning of meaning", i.e. what symbols or tokens are we deploying and what meaning have we agreed amongst us to assign thereto. A lazy way of thinking might go something like, "as long as you communicate the concept, what does it matter how you achieve it?". The more rigorous outlook doesn't seem to stem the tides of change and as those of us who are "old enough and ugly enough" to sense the flows of communication styles over the years know, things do change, just ask an ornithologist.

Language in all its forms and fashions is a frustrating and exhilarating many-headed beast with seemingly a mind of its own. How we go about it can evolve so slickly that we barely notice it's unfurling, but what we actually communicate each to the other doesn't change so very much, just read some Chaucer or Austin and see if you can still disagree.

My roundabout point, (always), is that while we might tend to think of language as a complex conglomerate of vocabulary, syntax, grammar, semantics and all those lovely little language-sprinkles like pragmatics and phonology, and even still, in our heart of hearts we realise that every single thing we do, (and don't do), is speaking to those with eyes to see and ears to hear.

(You're already talking to your pet. The real question may sound something more like, "Are they content with what you're telling them?", or even, "Are you?")



Wadawurrung,
Gulidjan, Gadubanud Country

CUT HERE & STICK ME ON YOUR FRIDGE! ✂

SURF COAST
ARTS Trail 2025
Saturday 2 & Sunday 3 August
10am-4pm



Begin planning your weekend!

Contact us via email artsteam@surfcoast.vic.gov.au or phone **03 5261 0600**
Follow us on Facebook & Instagram [@surfcoastartmatters](https://www.instagram.com/surfcoastartmatters)

Photo: Lauren McQuade Handmade Credit: Bobby Dazzler Photography

surfcoastartstrail.com.au #SurfCoastArtsTrail





Healthy, Wealthy & Wise Rural Roadshow

This Friday, 18 July 2025

10:00am to 3:00pm
Winchelsea Shire Hall
and Community House Precinct

By Surf Coast Shire

Winchelsea and district farmers and locals can come together for a free community event that will offer information and support services to help explore life beyond the farm.

Headlined by a presentation titled 'Life Beyond the Farm and the Joys of Retirement', the event is aimed at farmers who are considering what retirement might look like and how they can stay connected to their communities.

There will be information stalls, health checks, rural financial counsellors, a defibrillator training session, scam awareness session, and an opportunity to learn more about digital banking.

Surf Coast farmers can apply for drought preparedness grants.

Most importantly, it's a great chance to simply sit and have a cuppa with other locals facing the same challenges in these hard times as the drought continues.

We want roadshow attendees to leave feeling more confident in how they can stay healthy, financially secure, and connected.

**Drop in at any time
this Friday**

The event will also feature show bags and door prizes, and catering by Feed Me Surf Coast.

For full details and to register for the event, please visit:
surfcoast.vic.gov.au/RuralRoadshow.

Numerous organisations and groups have teamed up to deliver the event: Surf Coast Shire Council, Winchelsea and District Community Bank, Hesse Rural Health, Council on the Aged Victoria, Dementia Australia, Lifeline, Ambulance Victoria, Winchelsea Probus Club, Winchelsea Community House, Winchelsea Men's Shed, and Winchelsea Community Bank Village.

"I'm pleased that members of Council's Positive Ageing Advisory Committee are on the planning committee for this event, along with valued community members from Winchelsea and surrounds," Cr Schonfelder said. "Thank you to everyone involved in organising."

Healthy, Wealthy and Wise Rural Road Show

A free full day of expert advice, health checks and information for retirees, those thinking of retiring, seniors and rural residents

Friday 18 July, 10am-3pm 2025

Winchelsea Shire Hall and Community House Precinct

Featuring presentations, Scam Awareness, COTA (Council on the Ageing) Victoria, & Ambulance Vic Defib session. Grazing Table, tea & coffee supplied.

Information Stands • Terry White Chemist • Digital Banking
• Dementia Australia • Lifeline • Roving Rural Financial
Councillors • Winchelsea Probus Club • Hesse Rural Health

**Scan QR code for
full event details
and registration.**

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ph 5261 0600





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parkrun 71



Saturday 12 July 2025

Trebeck Reserve, Winchelsea

On Saturday this week, we had 17 participants complete the parkrun course through Trebeck Reserve on a cool morning for a walk or run. We had a visitor from Melbourne. Congratulations to 3 of our parkrunners achieving the personal best, Sue Rawson and Anthony Keogh.

This event was made possible by the following volunteers: Elizabeth Bennett, Kate McInnes, Bert Pelgrim, June Petrie, Don Smith, David Woodall and Helen Woodall. It takes a minimum of six people each week to safely conduct an enjoyable event. Please email trebeckreserve@parkrun.com if you are able to volunteer some of your time. Tasks are simple, sociable, fun and very much appreciated.

Further details of this week's results can be found at trebeckreserveparkrun.com.au/results or check out our Facebook page for more photos and further information.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at parkrun.com.au/register, this is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events worldwide.

You do not need to be a runner, wear fancy Lycra or the latest high-tech shoes. Around one third of participants walk the course.

parkrun was conducted at around 500 locations across Australia this week.

Well behaved dogs on a short hand held leash are welcome (no waist harnesses please).



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* services from Winchelsea only

www.hesseruralhealth.com.au
P: (03) 5267 1200 E: reception@hesse.vic.gov.au

WANT TO JOIN PROBUS?

Enjoy fellowship with other members
Enjoy trips & outings
Listen to guest speakers

Contact Lorraine
0417 467 927

Kidsafe
Child Accident Prevention Foundation of Australia
Victoria



Winchelsea Community House Inc. A6247K
28 Hesse Street, PO BOX 75, WINCHELSEA, Vic. 3241
Phone: (03) 5267 2028 Email: manager@winchhouse.org.au
ABN: 48 932 340 254

School Holidays
GAMES AFTERNOON
In the Shire Hall
Wednesday 16th July 1pm - 3pm
Gold coin donation.

WINCH KIDS ART CLUB
SCHOOL HOLIDAY ACTIVITY
17TH JULY
IN THE WINCHELSEA SHIRE HALL

SESSION ONE - **SOLD OUT** PRESCHOOL AGES 9-9.45AM
SESSION TWO - SCHOOL AGES 10-11AM
\$10 PER CHILD
CANVAS AND MATERIALS PROVIDED.
BYO ART SMOCK OR PAINT CLOTHES
LIMITED SPOTS AVAILABLE.

shirehall@winchhouse.org.au

Chatty Café
Fridays 10.30am – 12.30pm
"Sip, Chat, Share, Care"
In the Shire Hall. All Welcome
Gold coin donation.

YOGA & PILATES
At the Winchelsea Shire Hall
Vinyasa Yoga Mondays 7pm
Mat Pilates Thursday Nights 6.30pm
Yoga Flow Saturday Mornings 8.30am
Email: shirehall@winchhouse.org.au for more information

Need a quiet place to work or study over the School Holidays?
CO-WORKING & STUDY SPACE
Access to Photocopying and printing
NBN Wi-fi
Private meetings and Wide screen Tv also available upon request.
Customize the space to suit your needs.
Get in touch with Rhani for availability across both weeks of the School Holidays.
shirehall@winchhouse.org.au

WINCHELSEA
CHEESEMAKING WORKSHOP
Sunday 24th August

SESSION 1: Camembert, Danish Blue and Dorset, Feb 9am - 12pm
SESSION 2: Cheddar, Colby, and 1pm - 4pm
\$35 For one session
\$240 For both sessions

SOLD OUT

Join Our Mailing list to keep informed of all events and programs happening at Winch House and in the Shire Hall! Email shirehall@winchhouse.org.au to register.



Winchelsea Star COMMUNITY NOTICEBOARD

email editor@winchelseastar.org.au or leave at Winchelsea IGA



Help is available
Speak with someone today
Available 24 hours

13 11 14

DEFIBRILLATOR MISSING

The newly installed Defibrillator outside the Netball change rooms has been missing for some weeks. If it could be replaced asap that would be great, no questions asked. These Defibrillators save lives

WINCHELSEA OP SHOP

BOOK SALE

The Winchelsea Op Shop will be having their \$5 bag of books again ready for the School Holidays.

Sale will commence on Friday, July 4th, through until end of the holidays.

We have lots of good books so do not miss out on your winter reading.

DVD and CD SALE

5 items for \$2.

This can include a mix of DVD's and CDs for total price of \$2
Sale ends 31/7/2025.

Thanks to the community for your ongoing support to the shop once again



BRIDGE

Social Bridge is played
TUESDAYS 10 AM - 12 NOON
Senior Citizens Centre
36 Harding Street Winchelsea
New players always welcome
Elaine Atkinson 0458 009 616

SHOPPING AND A CUPPA AT WAURN PONDS SHOPPING CENTRE

for Winchelsea Seniors Card Holders

Wednesdays

30 July

13 August

27 August

Contact Jill on 0427 633 277 to book

Pick up from your home between 9am and 10am, leave Waurm Ponds at 1.30pm and **drop off at your home.** You will get a reminder call.

12-seater Community bus so spots are limited!

Cost: Gold Coin Donation

**Must have a Seniors Card to be eligible.*

CUBS AND JOEYS

For information, or to get involved, contact Marie McPadden 0409330147 or mcpadden630@bigpond.com

WINCHELSEA TENNIS CLUB JUNIOR COACHING

Mondays from 3.30pm
with experienced Nicole Mullen, \$10

WINCHELSEA MEN'S SHED

For the Community

NEW MEMBERS WELCOME

Every Wednesday from 9.30am
51 Hesse Street, Winchelsea

KINDLING/OFFCUTS \$7.00 bag
Pickup Wednesdays 9.30-2.30
For delivery, call Bill 0438 083 373

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Ray Atkinson (Co-ordinator)
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winchmenshed@gmail.com

FOR SALE - PINE CONES

WINCHELSEA LIONS CLUB

has full bags of pine cones
\$5 per bag.

Raymond 0406 371 239.

RUNNING GROUP

Winchelsea has a small run group. Its more of a social run, jog and chat. We wait for slower runners and walk when one of us needs a rest.

The aim is 10k with the option of 8 or 5k it's up to you.

To finish, a coffee at La Hoot.

Sunday mornings 8am at La Hoot.

WINCHELSEA LIONS CLUB

Recycled compressed paper logs

Great for wood burners, fires and fire pits. Burn for over an hour, ash great for gardens, no chainsaw needed.

Pack of 4 logs \$5, small rolls \$2

Contact Alan 0476 47522

WINCHELSEA PICKLEBALL

Pickleball is back at Winchelsea! The Tennis Club are running this every Wednesday at 7:00PM at the Winchelsea Leisure Time Centre! Only \$5 a person

All equipment supplied

Wear suitable footwear

Lesley Mathison 0438 672 197

WINCHELSEA GIRL GUIDES

Welcomes girls 6-15 yrs

Mondays, 4.30pm-6pm during school term
St John's Catholic Church Winchelsea
Guiding provides fun, friendship, and adventure. Developing teamwork, and leadership skills, whilst girls achieve goals, improve communities and grow in confidence.

3 FREE sessions to come along and try.

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This Week's Winchelsea Star

Editor - Cerrie Forgan
Designer - Susan Corbh

Winchelsea Star

Your Weekly Community Newspaper



Since 1977

**Next Production Coffee
Meeting @ Sweet Thyme
Saturday 30 July 2025 9-10am
Everyone Welcome!**

The Winchelsea Star

**Send your stories and photos
news@winchelseastar.org.au**

LOCAL NEWS and ARTICLES WELCOME

Include name and address of the sender
Email news@winchelseastar.org.au OR
Leave hard copy at IGA Supermarket

DEADLINE 5pm Fridays

4pm Sundays - hard copy articles left at IGA
6pm Sundays - sports results and weekend events

EDITOR 5273 0295

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reserves the right to edit or not publish any article.

Intergenerational connections are fostered at this playgroup

By Surf Coast Shire

Laughs, claps and cheers echo down the Torquay Community House corridor on a Wednesday morning. The activity room door swings open to a makeshift construction zone, with young children testing out their building skills while receiving a helping hand from their new friends.

An intergenerational playgroup is fostering important connections by bringing together locals, including Pip Burley, Heather Moore, and two-year-old twins Elijah and Xavier.

"We heard about it through Probus," Heather said. "We get a lot of enjoyment out of it. We don't have little grandchildren anymore, so it's nice to spend time with these kids."

Pip enjoys the opportunity to slow down and take in the small moments. "It's so interesting, watching them do things like building Lego and seeing them think through it and seeing their little brains go round and round," she said. "It's just brilliant for them to be able to do this, learning how to play with people before they start pre-school and kinder."

The twins' mum Joni Hurley said the playgroup offered benefits to people of all ages. "Initially I wanted to join because I didn't have a lot of family here. I also thought it would be good for the kids, to expose them to different age groups," she said. "My mum's just moved here, so she's come along as well because it's a great chance for her to meet people. It's nice for everyone involved."

The eight-week program at Torquay Community House will wrap up in July, with another one to start in term three. Plans are also underway to launch a similar program in Lorne. People can register their interest by calling Council's Age Friendly Officer on 5261 0600.

Councillor Tony Phelps said that intergenerational activities align with the work of Council's Positive Ageing Advisory Committee, which provides advice to help foster an age-friendly community where people can age well where they live.

"Community connections are vital for everyone," he said. "It's great to see this playgroup bringing community members of various ages together."

Phonics With Robot Reg

By Shae Callahan

Shae Callahan is a Winch local of over 20 years and has been running Phonics With Robot Reg for the last 6 years. She offers classes in Winchelsea at the Community House.

**Is your child ready to learn through play?
Join 'Phonics With Robot Reg'!
Looking for a fun and educational activity
to support your child's development?**

Phonics With Robot Reg is now taking enrolments for Term 3 – it's the perfect way to help your child prepare for kindergarten or school in a playful, confidence-building environment!

Our award-winning classes are designed for children 1–5 years, blending music, movement, games and storytelling to develop early literacy, language and listening skills. Each session is thoughtfully created to support school readiness, speech development, and social confidence – all while having a whole lot of fun!



Sophi with the playdough



Jayden showing us words he can make at home

Led by local educator Shae,
Phonics With Robot Reg classes are:

- Play-based and engaging
- Aligned with the Early Years Learning Framework
- Perfect for boosting confidence, vocabulary and communication
- A wonderful opportunity for families to connect and learn together

Cost: \$17 per session – payable upfront for the term or via weekly direct debit.

TERM 3

(9 Weeks Monday 21 July - Friday 19 September):

Winchelsea:

- Minis (1–3yrs): Friday 10:30am
- Preschool (3–5yrs): Friday 11:15am

Herne Hill (Preschool 3–5yrs):

- Thursday 11:00am or Friday 1:00pm

Bookings: www.robotreg.com.au/pages/shae



Café La Hoot

have you tried
'owl' coffee?

1 willis st cafelahoot@gmail.com 0407 528 999



Winchelsea Churches



Winchelsea Uniting Church

0475 777 301

uca.winchelsea@gmail.com

Hesse St, Winchelsea 3241

Services 9.30am Sundays

St John the Baptist Catholic Church

0404598558

Father Joseph Panackal

Harding St, Winchelsea 3241

Winchelsea @ 5pm Sat. July 19/26

Anakie – NO MASS

Meredith @ 9am Sun. July 27

Bannockburn @ 11am Sun. July. 20/27

Inverleigh @ 4pm Sun. July 20

St Thomas' Anglican Church

0477 672 042

Rev Barbara Colliver

stthomaswac@gmail.com

Barwon Tce, Winchelsea

Service 10am Sundays

Thought for the Week

"God isn't hiding the pathway
of life ready to ambush you,
and punish you for your
failings and shortcomings.

Remove any traces of
"ambush theology"
that you may harbor.

God is there to love and heal----
not to ambush."

John Bader

Treaty negotiations take a step forward

By Victorian State Government

Victoria's path to Treaty has taken another step forward. Later this year, the Government expects to introduce the Statewide Treaty Bill to Parliament.

Negotiations are focusing on how to evolve the First Peoples' Assembly of Victoria into an ongoing representative body to provide advice to Government and make decisions over matters that affect First Peoples.

For the last five years, the First People's Assembly has been the independent, democratically elected body representing First Peoples in the Treaty Process.

Victoria's Statewide Treaty Bill is proposed to give the Assembly decision-making powers to make sure First Peoples' communities can design and deliver practical solutions for their communities.

The State and the Assembly are negotiating on how to provide for the Assembly to:

- Form the independent accountability mechanism that is required by the National Agreement to Close the Gap and provide concrete solutions and recommendations to improve outcomes for First Peoples
- Make decisions and rules about specific matters that directly impact First Peoples, such as the confirmation of Aboriginality.
- Run an Aboriginal Community Infrastructure Program, the Victorian Aboriginal Honour Roll and important events like NAIDOC week.
- Making certain statutory appointments for designated First Peoples' seats on government boards and entities, such as First Peoples appointments to the Heritage Council of Victoria.
- Celebrate over 60,000 years of First Peoples' culture, including by bringing it into the ceremonial life of Victoria.
- Lead ongoing truth-telling, healing and reconciliation across Victorian towns and regions, capturing stories and retaining an archive of this information to support education of the broader public about our shared history.
- Make representations and provide advice to the Government, including being able to ask questions of Ministers and creating a duty for Ministers and departments to consult with the Assembly on laws and policies specifically directed to First Peoples.

- Build on First Peoples' knowledge and leadership to strengthen self-determination in the Treaty-era.

Treaty is a pathway to acknowledging the past and making real, practical change to achieve better outcomes for First Peoples in Victoria and close the gap.

The Productivity Commission found governments haven't fully understood the scale of change needed to meet their Closing the Gap commitments. It urged shared decision-making with First Peoples – and praised Victoria's Treaty process as a leading example.

The proposed body will sit within our existing parliamentary and democratic structures. It will not have veto power on policy or legislation – a power that does not exist under Victoria's parliamentary system.

Under Victoria's Statewide Treaty Bill, the proposal is that the First Peoples' Assembly would be a statutory corporation.

Treaty could also build on the strong community accountability demonstrated by the First Peoples' Assembly and legislate its ongoing public reporting, election processes, participatory governance and cultural oversight from Elders.

The proposed ongoing body would be subject to oversight bodies including IBAC, VAGO and Ombudsman.

The Victorian Government and the First Peoples' Assembly recognise the delivery and tabling of the Yoorrook Justice Commission's final interim report, Yoorrook for Transformation and final report, Truth be Told.

The work of the Commission will have a significant impact on Victoria, helping all Victorians to understand our history by bringing to light the truth of First Peoples since the beginning of colonisation.

These developments in negotiations are the latest on an almost decade-long path that Victoria has been on towards achieving Australia's first Treaty.

In Treaty negotiations, the Victorian Government is represented by senior Department of Premier and Cabinet executives, and appointed Member Negotiators represent the First Peoples' Assembly of Victoria.

Geelong truck wash closure leaves huge biosecurity gap

Victorian Farmers Federation

The VFF says the announcement that the Geelong truck will cease operations in September will leave a gaping hole in the state's biosecurity safety net and is calling on the Victorian Government to overhaul the failing network.

VFF Livestock President Scott Young said the Geelong facility announced closure date follows the Pakenham truck wash closure in late 2024 and has left Victoria vulnerable to biosecurity incursions. "Our biosecurity safety net is only as strong as its weakest point and with the closure of washes in Pakenham and now Geelong, we're left vulnerable."

"Truck washes are a vital part of keeping of our industry safe and detecting potential threats. In the event of an emergency animal disease, the need for an efficient and effective truck wash network would be central to a state-wide response."

"We now have two massive holes in our truck wash network on the eastern and western side of Melbourne. There's arguably no bigger threat to Australian agriculture than a large-scale biosecurity outbreak. We see investing in this infrastructure as insurance to help protect our multi-billion dollar industry," Mr Young said.

The VFF is reiterating previous calls for the government to:

- Scope new facilities as well as dedicated effluent management within the greater Melbourne area and dedicated government funding to maintain and upgrade existing truck washes.
- Ensure that a new facility uses the latest technology to enable best practice biosecurity.

Lara man fined for disturbing Ramsar site

DEECA

A Lara man has been fined \$790 for disturbing the habitat of the critically endangered fairy tern (*Sternula nereis nereis*) at Avalon Coastal Reserve. All research equipment was successfully returned to Birdlife Australia.

The Conservation Regulator and Victoria Police launched an investigation last month after Birdlife Australia reported that research equipment used to monitor fairy tern breeding had been stolen. The stolen equipment, including a monitoring camera and decoy 3D printed fairy terns was taken from an artificial habitat pontoon. Habitat for the fairy tern was also disturbed during the incident.

Images of the incident captured on the research camera were used to assist officers with their investigation. The Lara man has received an infringement for disturbing wildlife habitat under the Wildlife Act 1975.

Avalon Coastal Reserve is part of the Port Phillip Bay (Western Shoreline) and Bellarine Peninsula Ramsar site, and is used by fairy terns for foraging and roosting.

Acting Chief Conservation Regulator Wayne Robins said, "Victorian native wildlife and their habitat are protected under the Wildlife Act 1975. It is an offence to disturb wildlife or to damage, disturb or destroy wildlife habitat. It is especially concerning to see the habitat of a critically endangered species being disturbed."



The Climate Report

by Judy Cameron

"Climate breakdown," wrote Guardian UK global environment writer Jonathan Watts this week, "can be observed across many continuous, incremental changes such as soaring carbon dioxide levels, rising seas and heating oceans. The numbers creep up year after year, fuelled by human-caused greenhouse gas emissions."

But alongside this gradual worsening, he explained, scientists have also identified at least 16 "tipping points" – thresholds where a tiny shift could cause fundamental parts of the Earth system to change irreversibly and with potentially devastating effects.

Jonathan has been interviewing leading scientists and experts on some of these potential tipping points to understand what they will look like – and to ask if we have already passed some of them.

He interviewed a climate communications expert, Genevieve Guenther, who explained why talking about tipping points is a powerful way to counteract the narrative that the climate threat is under control. He also spoke to scientists about what these moments may mean for the collapse of coral reefs, the future of the Amazon rainforest and the sudden, enormous drop in levels of polar ice.

As well as sharing their scientific expertise, all of them also talked incredibly movingly about how it makes them feel to watch their particular area of study hurtle towards a cliff edge and the fact that, as Guenther put it: "the children we have in our homes today are threatened with a chaotic, disastrous, unliveable future."

Meanwhile in South Australia, a toxic algal bloom has been affecting waters off parts of the state's coast since at least March. There were hopes winter weather conditions would help it dissipate, but so far the bloom hasn't gone away.

According to Environment Minister Susan Close, there are three main factors that allowed the algae, *Karenia mikimotoi*, to bloom.

The first is a lot of nutrients were flushed into South Australian waters as a result of the River Murray floods in 2023, providing a food source for the algae.

There's also been a marine heatwave off the state's coast since October 2024, where sea temperatures have been sitting more than two degrees Celsius above normal.

The third factor was a series of high pressure systems that meant the water was relatively still and didn't wash the algae out to sea.

Ms Close said all three factors can be attributed to climate change.

The bloom has taken its toll on fishing and aquaculture, with some oyster farms on the Yorke Peninsula being closed down, and fishers reporting reduced catch.

SERVICES & ACTIVITIES IN WINCHELSEA

VLINE TRAIN SERVICES

TO MELBOURNE:

Mon - Fri 6.21(coach) 07.55, 11.10, 14.04, 16.58, 19.21
Sat - Sun 9:34, 14.04, 16.58 19.18

TO WARRNAMBOOL:

Mon - Fri 8.58, 11.51, 14.46, 17.28 (coach), 18.43, 20.53
Sat - Sun 8:48, 11.41, 14.46, 20.38



COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month
Winchelsea Senior Citizens' Hall

Join us. *A role for everyone*



Nationally accredited training to help our community.
Pop in to meet your crew **Wednesdays 7:30pm**

Winchelsea Unit 325 Mousley Drive **132 500**

Winchelsea and District COMBINED PROBUS CLUB



Senior Citizens Rooms,
Harding St, Winchelsea.
New members always welcome.
Enquiries Lorraine 0417 467 927



SOCIAL BRIDGE

Every Tuesday 10.30 am - 1.00 pm
Senior Citizens Centre
36 Harding Street Winchelsea
New players always welcome
Contact Elaine Atkinson 0458009616

WINCHELSEA TRANSFER STATION

55 Cressy Road, Winchelsea

Tuesday 2pm-4pm Saturday 1.30-3.30pm
Thursday 2pm-4pm Sunday 9.30-12.30pm



Closed on Christmas Day,
but open on other public holidays
that fall during their normal operating hours.
www.surfcoast.vic.gov.au/disposalsites



WINCHELSEA GIRL GUIDES

Our Unit meets at the Catholic Church Hall,
Harding St Winchelsea each Monday 4.30pm-6pm
All girls 5yrs- 15yrs Welcome!
Contact Yvonne Orchard 0448 672 630
or Lily Del Rennie Ph. 0428 936 441



1st Modda & 1st Winchelsea SCOUT GROUP

Joeys: Tuesdays of school term 5-6pm
Cubs: Mondays of school term 6:30-8pm
Scouts: Tuesdays of school term 6:30-8:30pm
All at Modewarre Hall, Cape Otway Rd
Venturers: Wed at Walton's Rd Venturer Den
Contact Marie McPadden 0409 330147

BUS TO THE HUB



For reservations on the weekly bus
to the Eastern Reserve Hub,
please phone 52671202.

SURF COAST MOBILE LIBRARY

Hesse St, Fridays, 2pm-5pm
Surf Coast Mobile Library
parked in Hesse Street (outside Shire Hall)
Fridays 2:00 and 5:00pm unless it is a Public Holiday.

WINCHELSEA TAXI

0429 672 888 or 5267 2888
Wheelchair accessible
10 seater bus available.

WINCHELSEA PLAYGROUP

Every second Thursday 10am-12pm
St Thomas Anglican Church Hall
cnr Barwon Tce and Hopkins St, Winchelsea
Contact: Danni Menzies 0432019944
winchelseaplaygroup@gmail.com
Facebook - Winchelsea Playgroup 2019
New families welcome



Winchelsea Football Netball Club Inc

Hopkins St, Winchelsea winchelseafnc@hotmail.com

Junior Netball

Shae Callahan

Our junior Football Netball teams are getting stronger each week

Thrillers, triumphs & talent on display for Winchelsea Juniors

What a weekend of netball for the Winchelsea Junior Football Netball Club, with thrilling wins, player milestones and a fantastic show of team spirit right across the age groups!

Tuesday night saw our **Under 11s** defeating Newtown Kennedy 16–2, remaining undefeated for the season! This group has been enjoying extra opportunities by stepping up into U13 games — and they're grabbing every chance to learn and grow.

In a heart-stopping **Under 13s** clash, Winchelsea pulled off a remarkable comeback to defeat Corio 24–23. Trailing at halftime, the girls dug deep, with adrenaline pumping and a grand final atmosphere in the air. The crowd was loud, proud, and encouraging both sides in an electric finish. With four

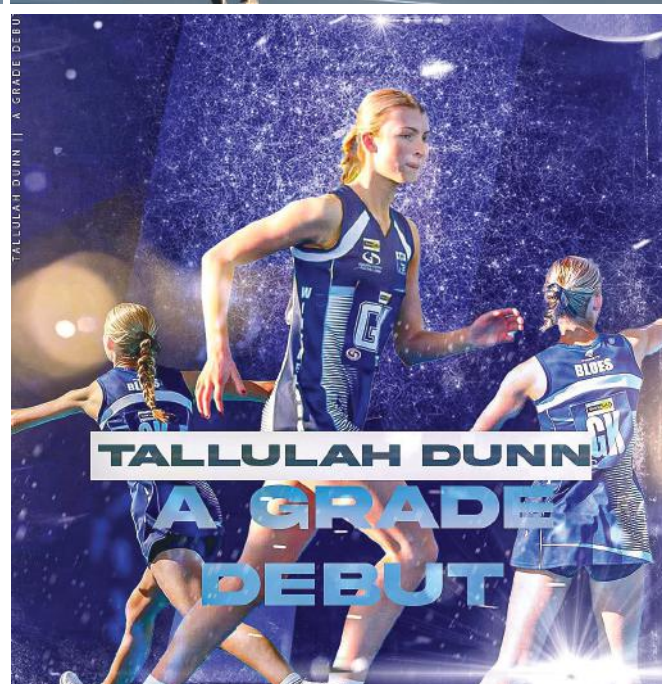
Under 11s stepping up and several players out of position, the team adapted brilliantly and proved their versatility and determination. A huge achievement!

Our **Under 15s** also shone, claiming a solid 32–10 win over Corio. This team continues to grow stronger each week — showing improved connection, communication, and confidence on court. It's clear their hard work is paying off.

The **Under 17s** and **Under 19s** enjoyed a break with byes this round, as Corio didn't field teams in those grades.

A special shout-out goes to Tallulah Dunn, who made her A Grade debut over the weekend! In just her first season at the club, Tallulah has been impressive all year playing Under 17s and B Grade, and now adds A Grade to her growing résumé. With her height, speed, and smart reading of the play, she's quickly establishing herself as a valuable young defender and one to watch.

From thrilling wins to emerging talent, it's been another exciting week for our Winch juniors.



What's on Weekly

MONDAY-FRIDAY

WINCHELSEA COMMUNITY HOUSE

9am-2pm, 28 Hesse St, Winchelsea
(03) 5267 2028

WINCHELSEA TOY LIBRARY

9am-2pm (03) 5267 2028
Winch Community House,
28 Hesse St, Winchelsea

MONDAY-SATURDAY

WINCHELSEA HEALTH CLUB

Accessible - 24 hours
Eastern Reserve, 70 Hopkins St
5267 2336.

MONDAY

CO-WORKING & STUDYING SPACE

Mon and Thurs 9am-2pm \$10
Winchelsea Community House
28 Hesse St, Winchelsea

MAINLY MUSIC

Interactive Music 0-4yrs
10-11am (school terms)
St Thomas' 25 Barwon Tce
0407838256

WINCHELSEA GIRL GUIDES

4.30pm-6pm (School term)
St John's, Mercer /Harding St
Yvonne Orchard 0448 672 630
Lily Dell Rennie 0428 936 441



1ST MODDA/1ST WINCHELSEA SCOUTS

Cubs: 6:30-8pm (School term)
Modewarre Hall, Cape Otway Rd
Marie McPadden 0409 330147

VINYASA YOGA

7pm \$25
Winchelsea Shire Hall,
28 Hesse St, Winchelsea

TUESDAY



10-12pm Senior Citizens Centre,
36 Harding St, Winchelsea
Elaine Atkinson 0458 009 616



1ST MODDA/1ST WINCHELSEA SCOUTS

Joey's: 5-6pm (School term)
Scouts: 6:30-8:30pm (School term)
Modewarre Hall, Cape Otway Rd
Marie McPadden 0409 330147

WEDNESDAY

WINCH WALKERS

9:30-10.30am
Mud Hut (Opposite La Hoot Cafe)
Barwon Terrace, Winchelsea
ralexander@hesse.vic.gov.au

WINCHELSEA ZUMBA DANCE

Combined Zumba Fitness and Gold class.
6:30-7:30pm @The Globe Theatre.
Simone Dunmore: 0468 375 036
zumbawithsimone09@gmail.com

MAT PILATES

7pm \$25
Winchelsea Shire Hall,
28 Hesse St, Winchelsea

WINCHELSEA MEN'S SHED

9.30am 51 Hesse Street, Winchelsea
Ray Atkinson 0407839139
winchmenshed@gmail.com

SENIOR CITIZENS CENTRE

Wednesdays 1- 3.00 pm
36 Harding St, Winchelsea
Jean Shinnars 52672263, 0427672263
jeanshinnars@gmail.com

MOTHER GOOSE SONG & RHYME

2pm (School term) FREE
Winchelsea Community House,
28 Hesse St, Winchelsea

Winchelsea Community Market

First Sunday on the Month (except November)



Shire Hall
9am to 1pm

Upcoming Dates:

July 6th	Nov 9th
August 3rd	(2nd Sunday)
Sept 7th	Dec 7th
Oct 5th	Jan 4th
	Feb 1st

Food, Produce, Coffee, Plants, Crafts
Homewares, Candles, Bags, Skincare
Jewellery, Soap + Baby Goods

Stallholders - Contact via Growing Winchelsea Inc Website
(Scroll Down to Market)



Winchelsea
Community
Foodbank

Fridays, 12 - 2PM
30-32 Hesse Street Winchelsea

For more info, contact Tess
healthpromotion@hesse.vic.gov.au
0417 848 292



All welcome
No eligibility requirements



Join a Winchelsea Community Kitchen



Learn

Cooking skills, budgeting and recipe's

Cook

With a small group on a regular basis

Share

A delicious meal cooked together

Scan the QR code to sign up



OR Contact Tess:
healthpromotion@hesse.vic.gov.au
0417 848 292



JULY/AUGUST

What's On

This is a recurring calendar. Please confirm details with the organiser/venue if you'd like to attend.

To add an event to the calendar, please email news@winchelseastar.org.au

WINCHELSEA HISTORICAL SOCIETY

Wednesday 1-4:pm, Friday 10am-3pm
Hesse St, Winchelsea
www.facebook.com/

MEL'S DANCE CENTRAL

Wed afternoons/evenings
pre-school - teens
Winch Senior Citizens Club
www.melsdancecentral.com.au

CWA WINCHELSEA

7-8.30pm 2nd Wed monthly
Senior Citizens, Harding St
winchelsea.cwa@gmail.com



SES WINCHELSEA

7.30pm 132500
323 Mousley Drive,
Winchelsea



CHAT WITH YOUR COUNCILLOR TONY PHELPS

10am-12pm First Thursday of month
Winchelsea Shire Hall
28 Hesse St, Winchelsea

COWORKING & STUDYING SPACE

Mon and Thurs 9am-2pm \$10
Winchelsea Community House,
28 Hesse St, Winchelsea

WINCHELSEA PLAYGROUP

10am-12pm (School term) \$5
St Thomas Hall, 27 Barwon Tce
winchseaplaygroup@gmail.com

WINCHELSEA PICKLEBALL

10-11.30am
Leisure Time Centre, Gosney St
Lesley Mathison 0438 672 197

WINCHELSEA KNITTING GROUP

10.30am-12pm FREE
Winchelsea Community House,
28 Hesse St, Winchelsea

WINCHELSEA COMMUNITY FOODBANK

12-2pm 30 Hesse St, Winchelsea
healthpromotion@hesse.vic.gov.au
0417 848 292

WINCHELSEA MOVIE CLUB

7.30 (3rd Thurs each month)
Globe Theatre, Main St, Winchelsea
growingwinchelsea.com/project/winchelsea-movie-club/

FRIDAY

TAI CHI

9am-10am \$10
Winchelsea Community House,
28 Hesse St, Winchelsea



WINCHELSEA COMMUNITY MARKET

9-1pm, 1st Sunday monthly (except Nov)
Shire Hall car park, Main St
growingwinchelsea.com/project/winchelsea-community-market/

HEALTHY, WEALTHY & WISE RURAL ROADSHOW

This Friday, 18 July 2025
10:00am to 3:00pm
Winchelsea Shire Hall
and Community House Precinct

PHONICS WITH ROBOT REG

10.30am (1-3 yrs) 11.30am (3-5 yrs)
(School terms)
www.robotreg.com.au/pages/shae

CHATTY CAFÉ

10.30am-12.30pm
Donation
Winchelsea Shire Hall,
28 Hesse St, Winchelsea

THURSDAY

WINCH KIDS ART CLUB SCHOOL HOLIDAY ACTIVITY 17 July

Winchelsea Shire Hall
Preschool ages 9-9.45am
School ages 10-11am
\$10 per child Materials provided

Chat with your Councillor

Tony Phelps

1st Thursday of the month
10am-12pm
Winchelsea Shire Hall
co-working/study space

We'd love to see you!

WINCHELSEA PLAYGROUP

Each Thursday during school terms.
Come along between 10AM - 12PM.
Check out our Facebook Page for more information about the happenings of each session.
Playgroup Leader - Danni Menzies
Email: winchseaplaygroup@gmail.com
St. Thomas's Hall,
27-29 Barwon Terrace,
Winchelsea VIC 3241

\$5 PER FAMILY
INCLUDES MORNING TEA & HOT DRINKS FOR CAREGIVERS

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mainly music est. 1990

Fun, Interactive music sessions for
pre-school children (0-4 y.o.) and
parents/caregivers

When: Mondays from 10 to 11 am
(runs during school terms)

Where: St Thomas' Hall
25 Barwon Tce.

To Enquire ring: 0407838256



What's on Weekly

NATIVE FLOWER WORKSHOPS

Fri 25 OR Sun 27 July 10.30am-1.30pm
Barrabool Hills Lavender \$120 pp
112 Monahans Rd, Gnarwarre
Includes materials, equipment, flowers,
country style lunch, 3 hour workshop
Carrie 0421 464 209

WINCHELSEA HISTORICAL SOCIETY

Friday 10am-3pm
Hesse St, Winchelsea
www.facebook.com/

WINCHELSEA SENIOR CITIZENS

Fridays 1.00 pm - 3.00 pm
36 Harding Street, Winchelsea
Jean Shinnars 52672263, 0427672263
jeanshinnars@gmail.com



WINCHELSEA RSL

1-30pm 18 July, 7.30 15 August,
1.30 19 Sept, 17 Oct,
7.30 21 Nov, 12.00 19 Dec
Winchelsea Men's Shed,
Hesse St, Winchelsea
David Loone 0488 165 109

GEELONG REGIONAL LIBRARY

(MOBILE) 2-5pm
Old Shire Hall, 28 Hesse Street
0408384331 (During scheduled stops)

SATURDAY



PARKRUN

8am Trebeck Reserve
Sussex St, Winchelsea
www.parkrun.com.au/trebeckreserve/

FLOW YOGA

8am, \$25
Winchelsea Shire Hall,
28 Hesse St, Winchelsea

WINCHELSEA LAND AND RIVERCARE MONTHLY WORKING BEE



Saturday August 2
9am End of Dwyer St.
Rod Stone 0428 549318
Stewart Mathison
0428 672054

WINCHELSEA STAR PRODUCTION/COFFEE MEETING

9-10am (Last Sat monthly)
La Hoot Cafe, Main Street
www.winchelseastar.org.au
5273 0295

WINCHELSEA CROCHET GROUP

1.30pm 2nd Saturday each month \$5
Winchelsea Community House,
28 Hesse St, Winchelsea
reception@winchhouse.org.au

ST JOHN THE BAPTIST CATHOLIC CHURCH

Mass 5pm each week (Winter season)
Harding St, Winchelsea 0404598558

WINCHELSEA COMMUNITY DINNER

6.30pm (Last Sat each month)
Hall, Harding St Winchelsea
Bring plate & gold coin donation if you can

SUNDAY

RUNNING GROUP

8am Meet at La Hoot

CHEESE MAKING WORKSHOP

24 August Shire Hall
shirehall@winchhouse.org.au
52672028

WINCHELSEA UNITING CHURCH

Service 9.30am each week
Hesse St, Winchelsea
0475 777 301
uca.winchelsea@gmail.com

Hesse Rural Health provide face-to-face, telehealth, and home visit options to support individuals dealing with a range of issues, offering a confidential space where you can explore your feelings and concerns

COUNSELLING SERVICES

FREE

- Relationships
- Anxiety
- Stress
- Life transitions
- Grief and Loss
- Depression
- Anger
- Caring for others
- Uncertainty
- Family Violence
- Parenting
- Life decisions

Call our phone number listed below; or email jdevonport@hesse.vic.gov.au to make an appointment at Beeac, Rokewood, Winchelsea, Bannockburn, or in your own home.

For immediate crisis support:

- Lifeline: 13 11 14
- Suicide Call Back Service: 1300 659 467
- Family Violence Support: 1800 737 732

Contact Us

Phone Number: (03) 5267 1200

Website: hesseruralhealth.com.au



Water Delivery



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P: 5233 6280 F: 5233 6393
E: info@oztrees.com.au
W: www.oztrees.com.au
Open Monday—Friday
9am—4:30pm

Phone OzTrees for professional advice,



DANCE CLASSES

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Winchelsea 3241
0414672192

Ray The Home
Maintenance **HANDYMAN**
abn 47928623462



WINCHELSEA FACEBOOK



Community, Sports, Churches and Non-profits

What's on in Winchelsea	facebook.com/WhatsoninWinchelsea
Winchelsea FREE	facebook.com/groups/winchelseafree
Winchelsea Community Information	facebook.com/groups/207538644446972
Winchelsea Classifieds 3241	facebook.com/groups/216942861684082
Winchelsea Lost and Found	facebook.com/groups/768187693217518
Winchelsea Op Shop	facebook.com/HospitalAuxiliaryOpShopWinchelsea
Winchelsea Shire Hall	facebook.com/WinchelseaShireHall
Winchelsea Community House	facebook.com/winchelseacommunityhouse
The Green Winchelsea Residents	facebook.com/groups/515322772623126
Growing Winchelsea Inc	facebook.com/growingwinch
Winchelsea Star	facebook.com/TheWinchelseaStar
Winchelsea Movie Club	facebook.com/winchelseamovies
Winchelsea Community Market	facebook.com/100083362387611
Winchelsea Land and River Care Group	facebook.com/envirowinchelsea/
Upper Barwon Landcare Network	facebook.com/UpperBarwonLandcare
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Additional drought relief funding welcomed by Victorian Farmers Federation

By Victorian Farmers Federation

The Victorian Farmers Federation (VFF) says additional \$75m in Victorian Government drought support funding is a step in the right direction as parts of the state continue to face record drought conditions.

VFF President Brett Hosking said the continued support is sorely needed and testament to the sustained advocacy from VFF, farmers and the regional community. "You can't overstate how devastating this drought has been to our regional communities and the recovery will take years.

Highlights of the additional drought support include:

- \$35.8m for 12 SW Vic councils for targeted drought relief;
- \$15m investment for the East Grampians Rural Pipeline;
- \$2m for the Country Women's Association to roll out of food and grocery support of up to \$1000 per household;
- \$6.3m to cover farmer exemptions on government fees and charges, such as livestock transaction fees;
- \$5.5m for standpipes, emergency and private bores;
- \$3.5m towards a SouthWest water strategy;
- \$1m for CMA employment programs;
- \$5.9m to the Look over the Farm Gate program and funding AgVic's farm technical decision making program.

Mr Hosking added it's VFF's expectation that entire funding to councils is fully and promptly passed onto drought-hit communities. "It's my expectation that this money goes directly to farmers straight away and paid in full. Immediate rate relief is a good example of how that can be done," Mr Hosking said.

"Government support is vital at this time. We've seen initial support from the Victorian Government and now we need the Federal Government to step in and do their bit."

"Whilst we thank the Victorian Government for their support, by no means are we out of the woods just yet. VFF has employed a Drought Support Officer to be on the ground speak to speak with farmers and rural communities and we will continue to monitor conditions and ensure government is informed to provide further support to farmers as the season continues," Mr Hosking said.

Appeal helps hay contractor fight fine and support farmer mental health

By LocalAg

A GoFundMe page to help a south-west Victorian hay contractor to fight a fine for moving two bales of hay across a road is now helping the mental health of all farmers.



Feed Central's LocalAg started the appeal after Condah farmer Graham (Thommo) Thomson was fined \$398 by the National Heavy Vehicle Regulator (NHVR) for moving two bales of hay across a dirt road to help a fellow farmer during the drought.

The appeal has met its goal to help Thommo with all further donations going to the National Centre for Farmer Health <https://farmerhealth.org.au/>.

Managing director Tim Ford said 'Thommo' had appeared as a guest on a recent Feed Central podcast and was well-known across Australia. "Thommo's story has gone viral, and although he didn't expect the attention, he wants to use it to make a positive impact on the industry he's worked in his entire life.

Mr Ford said Feed Central's LocalAg established this fundraiser to help cover legal costs and help make the voices of farmers heard. At Thommo's request, any funds remaining after court costs will be donated to farmer mental health. Farmers are resilient, but the pressure is constant and we want to do what we can to help and support farmers trying to help each other in these difficult times."

Thommo said he had been heartened by the level of support in the community and for the GoFundMe appeal.

The GoFundMe page is at <https://www.gofundme.com/f/help-thommo-fight-his-fine-for-moving-hay-in-a-drought>

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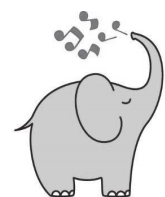
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The Winchelsea Health + Wellness Expo is Back, this August!

In early 2024 we gathered local health + wellness businesses and discussed how we can create more impact on the health and well-being of our locals. It sparked action. We created 'The Vitality Movement' ... a small group of passionate locals, including health practitioners and community members, coming together with a shared purpose: to make access to health and wellness more visible, approachable, and empowering for every person in Winchelsea and surrounds. Out of that, the very first Health + Wellness Expo in Winchelsea was born.

Held in the heart of our town at the Shire Hall, the inaugural event brought connection, learning, and inspiration to families, individuals, and providers alike. The response was clear: our community values this kind of connection. And so, with great excitement and even more heart, we're bringing it back in 2025.

Save the Date:
Sunday August 10th, 2025 | 9am-2pm
Winchelsea Shire Hall

OUR SUPPORTERS:



THE
Vitality
MOVEMENT



This free, family-friendly event is designed to connect locals of Winchelsea and surrounds with our diverse range of health and wellness providers: helping you and your family feel empowered to make informed choices about your health and wellbeing.

This expo isn't just an event, it's a movement. It's about building community, raising awareness, and creating space for genuine connection between practitioners/colleagues businesses/owners etc to better serve our community.

Are You a Wellness Provider?

We're currently looking for passionate health and wellness professionals to showcase what they do best. If you're ready to connect, grow your impact, and be part of something deeply meaningful, we'd love to have you join us.

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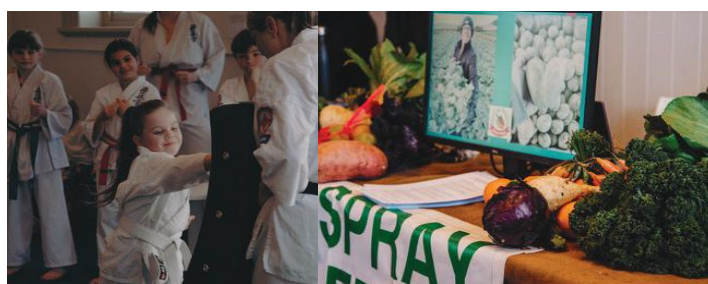
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Winchelsea Golf Club

By Rachel Boddington



Midweek Winchelsea Golf results and Hand of Friendship competition outcome

Results 2/7/25: Mid Week - Weekly Stableford 9 Players

1st - Stephen Cole (12) 40 points
BDL - Doug McLennan (22) 37 points
NTP (6th/15th) - Stephen Cole

The top ten scores were combined from each club to determine which club would be taking home the trophy. Unfortunately, we lost the cup to Inverleigh this year with only 3 points making up the difference.



David Harvey
and Toby Sauni



Neil Hickman
and Michael Hedger

Results: Saturday 5/7/25 - Hand of Friendship between Winchelsea and Inverleigh

35 Players across both clubs

It was great to see the Hand of Friendship Competition with Inverleigh back on and supplying a great turn out! Thank you to all members who represented our club and brought a plate for afternoon tea; a bigger thank you to Cheryl who plated everything up and heated our food for us and our guests.

Top scores from Winchelsea:

Elizabeth Alston - 39 points (21)
Leigh Howard - 36 points (15)

Top scores from Inverleigh:

Michael Hedger - 34 points (8)
Lesley Richardson - 32 points (9)





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- It brings you closer to others by **noticing the good**

And here's the unique part: When your brain feels safe and supported, your body works better. Your digestion, sleep, mood, and immune system all benefit when you're in a calm, connected state. Gratitude is one of the simplest ways to get there. So while gratitude might sound simple, it's actually a powerful tool to support your health: from the inside out.

This week, take a moment to pause and ask:

What's one thing I can be grateful for today?

You might be surprised by how much changes: not just in your mood, but in your body too.

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Blues News

Janet Fletcher

ROUND 13 CORIO DEVILS VS WINCHELSEA BLUES.

Last Saturday the Blues were on the road out to Corio's Viva Energy Oval with the weather holding cold and clear conditions for the Reserves to start at the usual time of 12pm.

Most clubs are struggling injury wise with their Senior playing lists – Corio being lucky to field a side last Saturday with their Reserves side and the Blues had to dig deep also with Club President Daniel Greskie coming out of a 3 year retirement to pull on the boots to make up the numbers along with others who will be a little sore heading back to work on Monday. Well done to everyone who answered the call from both sides.

"Dogs" was given a farewell Guard of Honour by both sides prior to a photographic interview with GDFNL media rep Alexander Tigani media@gdfnl.com.au

RESERVES:

Corio Devils 1.2.8 were defeated by Winchelsea Blues 13.9.87

This was a game played in good spirit throughout entire match, both sides struggling to field a side at all and sharing that comradery with Corio, most sides know what it feels like to have a such a loss, and great sportsmanship was shown by both sides. Tom Kennedy and Noah Harvey featured as the Blues leading goal kickers, with Dustin Baker having a good day out with a goal and a B.O.G.

GOALS:

Tom Kennedy 3, Noah Harvy 3, Jack Sampi 2, Dustin Baker 1, Lucas Brown 1, Angus Leigh 1, Michael Bourdouvalis 1, Nick Alexander 1.

BEST:

Dusty Baker, Noah Harvey, Jack Milbourne, Alex Hackett, Patrick Dench, Bailey Kahle.

SENIORS:

Corio Devils 8.10.58 were defeated by the Winchelsea Blues 18.7.115

The Blues got away to a good start against the Devils who came back hard in the second quarter to make the difference

at half time just 4 points, to shape things for an interesting second half.

The Blues got their act together in the third quarter kicking 5 goals 2 points and managed to keep Corio to just 2 points for the quarter setting them up for a much needed win. Cam Primmer brought his kicking boots bagging 5 – a terrific effort.

It was a gallant effort by the Devils in that fourth quarter; they played 5 Under 18's in the senior side last Saturday and all players from both Clubs should be congratulated on their efforts. Winchelsea again short with that long list of injuries, players from both teams gave their utmost and it was a pleasure to watch the two sides striving to do their best.

The game was played in a great spirit of sportsman's ship, well done everyone.

The Blues sang their Club song loud and proud very happy to come away with the 4 points.

GOALS:

Cameron Primmer 5, Indy Parish 3, Jordan Huff 3, Rueben James 2, Josh Freeman 2, David Isbister 1, Tavae Sauni 1, Caleb Brown 1.

BEST:

Cassidy Parish, David Isbister, Jordan Huff Caleb Brown, Cameron Primmer, Jackson Timms.

July 19th sees the Club have a Bye Round so no football for the Blues. The Bye will provide some much need time for injuries and sore bodies to regroup for what is remaining in the 2025 season.

On July 26th the Blues will host Geelong West Giants at Eastern Reserve, no doubt hoping for back to back wins.

THE BLUES BISTRO :

The Blues Bistro will be operating as usual at the usual time this Thursday evening with a restricted menu as the Footballers are not training this coming Thursday night.

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