

Office Occupational Health Management System

www.oohmslimited.com



Hello, please feel at

OOHM.



Are you aware of these Office Occupational Health concerns?



Shoulder discomfort



Back pain



Eye strain



Neck pain



Carpal tunnel



Headache



Tennis elbow



Why OOHMS

Office Occupational Health Management System (OOHMS) has unique software that addresses the health and safety of employees in both home and office settings. It is the first of its kind in Africa and offers a wide range of resources and tools to promote both physical and mental well-being. OOHMS is equipped with distinct information and technology that focus on the safe and efficient use of office furniture, and industrial equipment.

With OOHMS, organizations can ensure the overall health and wellness of their employees.

Our Mission



To boost the productivity of employees with optimal wellbeing.



To use our software and technology to ensure easy and effective Occupational Health Management System (ISO 45001 and ISO 45003).



To achieve a healthy-happy environment and workspace for employees, decreasing absenteeism, presenteeism, and increasing engagement, creativity, morale and innovation.



To prevent accumulated financial losses from increased insurance premium, compensation claims and a tarnished reputation..

Our Applications



Compliance
Monitoring
Dashboard



E-learning/LMS



Ergonomic
Self-Assessment



Psychosocial
Self-Assessment



Incident
Reporting



Report Generation
(Using Customized
Microsoft Power BI)



Mood Diary



Break App

Software Interface

1



Admin Interface



2



Employee Interface

1. Admin Interface



The OOHMS admin interface serves as the management system's "back end".

The admin interface enables certain individuals access to perform certain actions with special administrative privileges.

1a. Dashboard

The admin interface dashboard can be managed by the HR, OHS Manager, supervisor etc.

It gives access to a variety of daily and weekly office tasks that each employee has completed.

The dashboard brings together employee's most important Key Performance Indicator (KPI) into a single display. Managers can view this at a glance and use them to give feedbacks.



1b. Manage Users

This app gives OHS managers or anyone managing the admin interface access to details about each employee's account.

This helps to structure and organise employees or users details- name, status, job title, department, and any other private information given while setting up an account, and also, onboard new employees and approve any account edit done.



1c. E-learning/LMS

Our LMS provides the admin with a central location to document, track, report, and deliver occupational health training and development content/courses. The admin can assign training materials or occupational health courses for employees to learn and generate certificate.

Furthermore, the admin can view the courses that have been assigned to each employee, track employees progress, and manage communication.



1d. Assessment (Psychosocial and Ergonomics)

Our application provides an admin interface that allows managers to assign assessments to employees from a list of available assessments.

There are also options to select and choose the department or specific employee(s) to whom the assessment(s) will be assigned.

In addition to this, the administrative interface provides the ability to view the assessments that have been assigned to each employee, and help managers to keep track of the employee's progress to ensure that they are on track with their professional development.



1e. Reporting (Power BI)

The OOHMS application has a customized Power BI which has a faster processing than most spreadsheet.

The Power BI is a more powerful tool in terms of data modeling, data visualization, data discovery, and report sharing. It can organize much larger amounts of data and be able to connect with data sources of many sizes in a cloud-based environment. It can be used to create reports and dashboards that help organizations to make data-driven decisions at any given time.



1f. Specialists

OOHMS has assembled a large group of experts in several Occupational Health and Safety fields who are eager and more than willing to assist. This helps to have access to certified occupational specialist within seconds.

Depending on the circumstances surrounding an incident, the HR Manager or who the organisation has assigned to manage the occupational health concerns of employees may designate an occupational health specialist to those who require one.



1g. Case Manager

Case manager aids in crisis intervention and the monitoring of case progress, by categorizing incidents into new cases, ongoing cases, and resolved cases.

This will help to save and have access to case information and updates in real-time, reduce manual errors and ensure accuracy, and also, enhance data analysis and reporting capabilities.



2. Employee Interface



The OOHMS user/employee interface is different from the admin interface with some features.

This allows users or employees perform certain actions with several occupational health and safety tools.

2a. Dashboard

OOHMS provides a visual display of key metrics and data that reflects an overview of the compliance and progress rate of employees in form of infographics.

It provides variety of daily and weekly office OHS projects. (E-learning, risk assessment, mood diary, break App etc.)



2b. E-learning

OOHMS has an online learning platform that allows employees to enroll in online courses and programs with video lectures, and interactive quizzes.

Employees can earn degrees, and generate certificates at their own pace, allowing users to improve their OHS knowledge, skills, and overall performance.



2c. Mood Diary

The OOHMS mood diary is specifically designed and effective in tracking staff moods before and after work, and identifying the organization's employee emotional positivity and negativity rates.

This can be utilized to provide a data analysis that will aid in your understanding of the elements that affect employees' moods. This overall aids in communicating the emotional well-being of the workforce to the organization while displaying quotes to lighten up moods and motivate staff.



2d. Break App

Our Break App tools are ideal for employees who sit for long periods of time.

The break app promotes movement and flexibility by notifying users to take a break from work or screen time and perform stretching exercises, as demonstrated by some 3D animations which is the first of its kind. This however lowers the risk of MSDs.



It's time to take a break and stretch!



2e. Ergonomic Assessment App

The OOHMS Ergonomics self-assessment is designed to help individuals assess their workspace and determine if it meets ergonomic standards.

The software typically guides employees through a series of questions about their workspace setup (chair and desk height, monitor(s), keyboard, and mouse placement, and lighting. Etc.), posture, and habits and provides recommendations for improving ergonomic comfort and reducing the risk of injury.

The ergonomic assessment is classified into: Home Office Assessment and Central Office Assessment.



2f. Psychosocial Assessment

Our psychosocial self-assessment helps individuals evaluate their psychological and social well-being, providing insights into strengths and weaknesses and identifying areas for improvement.

Benefits include increased self-awareness, better understanding of personal patterns and behaviors, and the ability to track progress over time. The psychosocial assessment is also classified into Home Office Assessment and Central Office Assessment.



2g. Incident Reporting

Our incident reporting app gives users and employees the opportunity to report in clear details about any incidence such as accidents, injuries, security breaches, or other types of disruptive or potentially harmful events that might have occurred in the workplace.



2h. Games

This app provides a happy work environment, leading to greater productivity and lower absenteeism.

Overall, this will be an effective way to improve team building, reduce stress, enhance skills, and boost motivation and productivity.



The first of its kind in Africa!



The screenshot shows a web browser window with the URL `oohms-front-instance-2.herokuapp.com/dashboard/user`. The page features a sidebar on the left with a menu and a main content area on the right. The sidebar menu includes sections for "APPLICATIONS", "RISK ASSESSMENTS", and "OTHERS". The "Dashboard" item under "APPLICATIONS" is highlighted. The main content area has a large green header bar and three data cards below it. The first card, "INCIDENT REPORTED", shows "On-Going" and "Resolved" counts. The second card, "Assessment", shows a large green "2" for "ASSIGNED" and "On-Going" and "Completed" counts. The third card, "Learning", shows a large green "0" for "ASSIGNED" and "On-Going" and "Completed" counts. The top right of the page has links for "Home", "Help", "Notifications", and "Aderonke". The bottom left of the sidebar has a "Logout" link.

oohms

APPLICATIONS

- Dashboard
- E-Learning
- Mood Diary
- Break App

RISK ASSESSMENTS

- Assessment

OTHERS

- Workplan
- Incidence Reporting
- Games
- Procurement
- Settings

Logout

Home Help Notifications Aderonke

INCIDENT REPORTED

On-Going	Resolved
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Assessment

2
ASSIGNED

On-Going: 0	Completed: 0
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Learning

0
ASSIGNED

On-Going: 0	Completed: 0
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Want to inquire or book a demo?

Demo can be customized to suit
your organization.

Contact Us:



A large, light blue circular graphic with a thick outline, centered on the slide. Inside the circle, the text "Thank you!" is written in a dark blue, sans-serif font. Below the circle, there are two curved, light blue lines that sweep upwards towards the bottom of the circle.

Thank you!

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A photograph of three diverse business professionals (two women and one man) in a modern office setting, high-fiving each other in a celebratory gesture. They are all smiling and looking upwards. The background shows a glass-walled office building with a complex steel structure.

**An all-in-one solution for a healthier
workplace and people!**



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