

OMTARA YOUNG WELLNESS RITUALS

A gentle and refreshing wellness collection thoughtfully designed for younger guests to relax, recharge, and discover the benefits of spa in a calm, comfortable, and welcoming environment. Each treatment is carefully tailored to provide a safe, enjoyable, and memorable first spa experience.

Coconut Body Scrub

45 minutes

650

Naturally Soft and Radiant Skin

A gentle coconut body exfoliation followed by a refreshing shower to soften, smooth, and revitalize the skin, leaving it delicately scented with a light tropical aroma.

Hair Cream Bath

60 minutes

650

Nourish the Hair and Scalp

A nourishing hair and scalp treatment that deeply hydrates and refreshes while promoting relaxation, leaving the hair soft, healthy, and revitalized.

Herbal Foot Ritual

30 minutes

650

Refresh and Relax Tired Feet

A gentle herbal foot cleanse followed by a relaxing foot massage performed in a comfortable seated position. This refreshing ritual helps soothe tired feet while promoting comfort and relaxation. Suitable for children and teenagers.

Mini Manicure and Pedicure

45 minutes

450

Gentle Care for Hands and Feet

Simple nail care for hands and feet, including nail shaping, gentle cuticle care, a moisturizing treatment, and clear nail polish. This relaxing treatment leaves nails clean, healthy, and naturally polished.

Relaxing Head, Neck and Shoulder Massage

45 minutes

650

Relieve Tension and Restore Comfort

A soothing massage designed to ease tension from school activities, sports, screen time, and everyday stress while promoting relaxation and overall wellbeing.

Treatment Includes:

- Welcome herbal drink prepared with ingredients from our permaculture organic garden
- Relaxing herbal foot cleanse using botanicals from our permaculture organic garden
- Herbal tea served after the treatment, prepared with ingredients from our permaculture organic garden

Recommended Age

Suitable for children and teenagers aged 10 to 17 years.

Spa Policy

We warmly welcome younger guests accompanied by a parent or legal guardian. Selected treatments and wellness experiences are thoughtfully designed to provide comfort, relaxation, and age appropriate care while preserving the tranquil atmosphere of the spa.

Guests under 18 years of age may enjoy selected treatments with written parental consent. A parent or legal guardian must remain within the spa premises throughout the treatment.