

What Others
Convey About
Embodiology®

Why You Need Embodiology®



Participants Answer
That Very Question



humanistic exchange

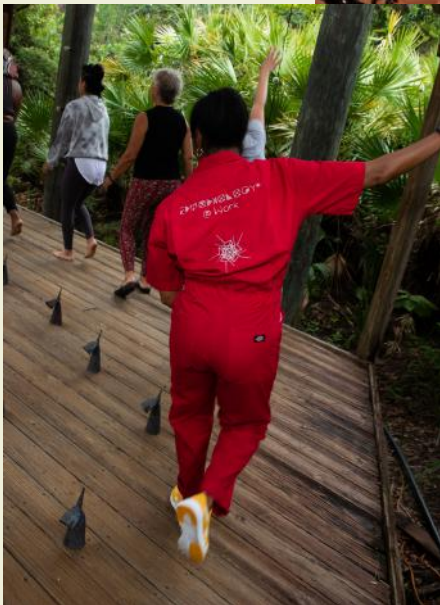


Photo Credit - Parris Whittingham

“Embodiology is for everyone because its core relies on a humanistic exchange. Rhythm grounds the practice and the excavations are happening on spot, discovery is not an afterthought, which means that revelations are happening, processing and being utilized in the moment.”

ANONYMOUS

heightens ones sensory ability



“Whether you are an artist or not this work can transform ones thought process and bring more creativity into one’s life. It heightens ones sensory ability, and sheds off the extra layers that we take on from the world that are not inherit to our true selves.”

N.W.

Widening of Perspective

“I would recommend this technique because it is more than a dance technique. It encourages shifts in perception, a widening of perspectives, and the uncovering of multiple ways of knowing.”

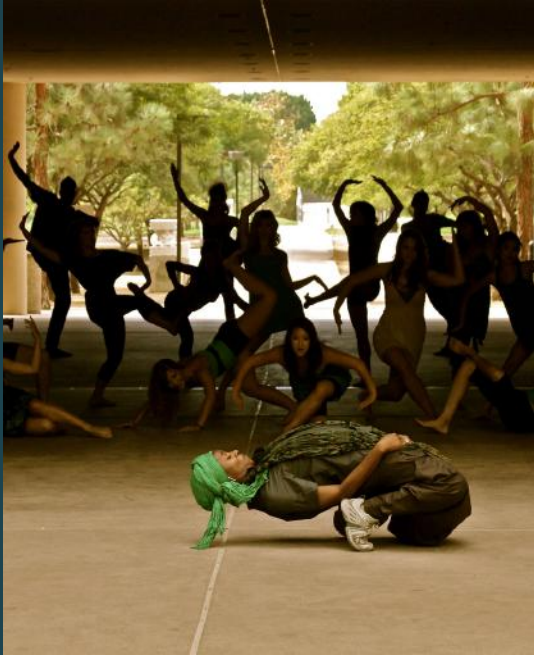
K.R.



“Embodiology impacts how one understands rhythm and movement, and it works to dismantle previous notions of what qualifies as improvisational practice.”

G.M.

What We Do Creates Collaboration



“I feel that I have permission to follow myself, trust myself, play, and express in my life and practice. And to be open to collaborating with others.”



THANK YOU

**we look forward to
working with you**



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