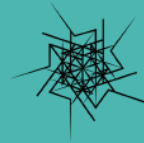


IMPACTING THOUGHT

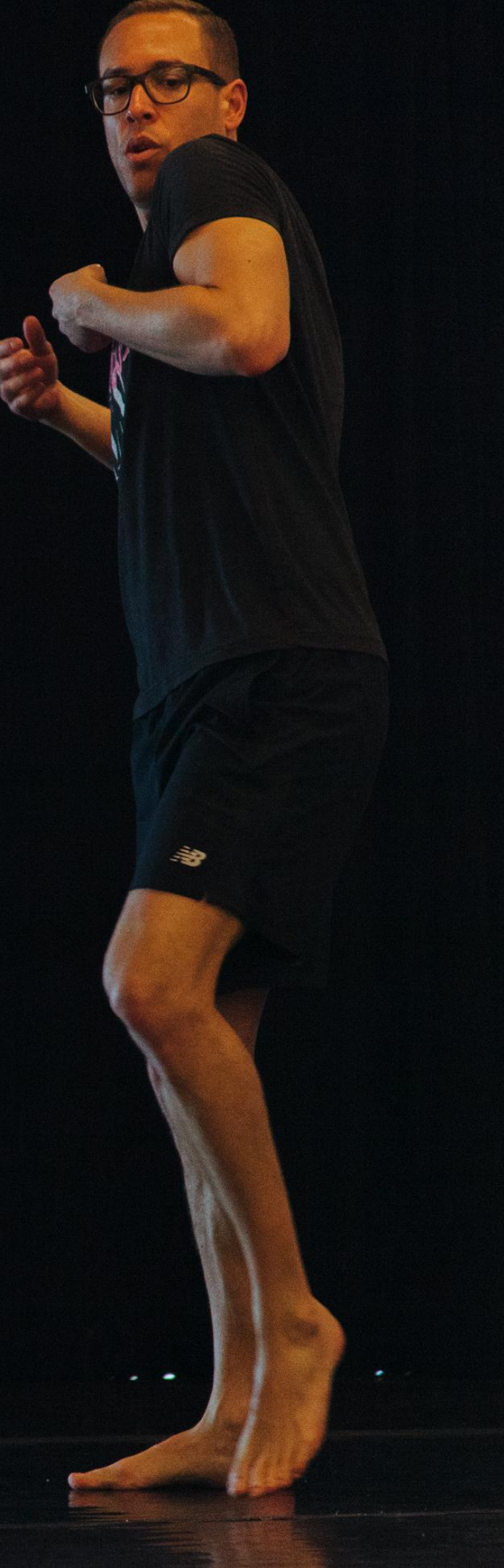


EMBODIOLOGY®



Prepared For :
Embodiology® Enthusiasts

**We asked
participants their
biggest take away
from exposure to
Embodiology®**



AWARENESS

“I have become
more aware
and sensitive.”

01

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ACCEPTANCE



“I’ve accepted a lot of ideas that I would previously have turned away from.”

02



MINDFULNESS

“I am more
mindful.”



03

COMMITMENT



“Decision making. I’ve learned to commit even when I was nervous.”

Joy

“I value the joy in play. When joy and love are forgotten then there is no play.”

05





EMBODIOLOGY®

**Thank
You!**



Embodiology®

**we look
forward to
sharing
more with
you**