

GROOVY

Pet Wellness 🐾 Pet Lifestyle

Magazine

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**PETS
AT HOME**
HOW TO PREPARE

**NO TO
CANCER**
How to Beat
the Odds

**LOVING
COMMUNITY**
GET TO KNOW
SHIH TZU LOVERS
INDONESIA

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The Groovy Team is ready to face the Year of the Dog

Greetings!

The year 2018 is **the Year of the dog** according to the lunar calendar, however, its significance depends greatly on the interpretation or the boundaries of one's beliefs. For Groovy, this year is a milestone for us as we celebrate our **28th Anniversary (1990 - 2018)**.

Living with pets at home is our theme for this special edition, and you will find articles related to this topic. On our cover is Spike, a dog celebrity in his own right, and his owner, Ezron Tarigan. Read more about this dynamic duo in "The Traveling Stars".

For our dog community series, we introduce you to the Shih Tzu Dog Lovers Indonesia (**Peshindo**). Shih Tzu owners are welcome to join them in their activities. In addition, we are happy to welcome **Dr. Jean Paul Ly**, who will be contributing articles regularly to Groovy Magazine. With his expertise and many years of experience as a vet practitioner and speaker in international forums, his insight will certainly enrich our own knowledge about living with pets. You can read his article entitled, "What is Holistic Pet Care", in this issue.

March was our special month as we celebrated Groovy's 28th Anniversary with some activities such as promotions on our services in Groovy Vetcare Clinic and Groovy Pet Transport as well as offers at our Groovy Pet Stores. Groovy PAW Resort also hosted a special gathering last 24 March 2018.

The Ied (Lebaran) holidays are coming this June, and we want to remind you to make advanced bookings for dog/cat boarding. In case you have plans to go out of town, at least you will have someone to take care of your beloved four-legged babies.

With this Groovy Magazine #13 edition, we will start exclusively publishing online to reach more pet lovers in Indonesia. It is our hope that you will find helpful information and interesting tips in this issue. For any comments or suggestions, please send an email to: magazine@groovy.co.id

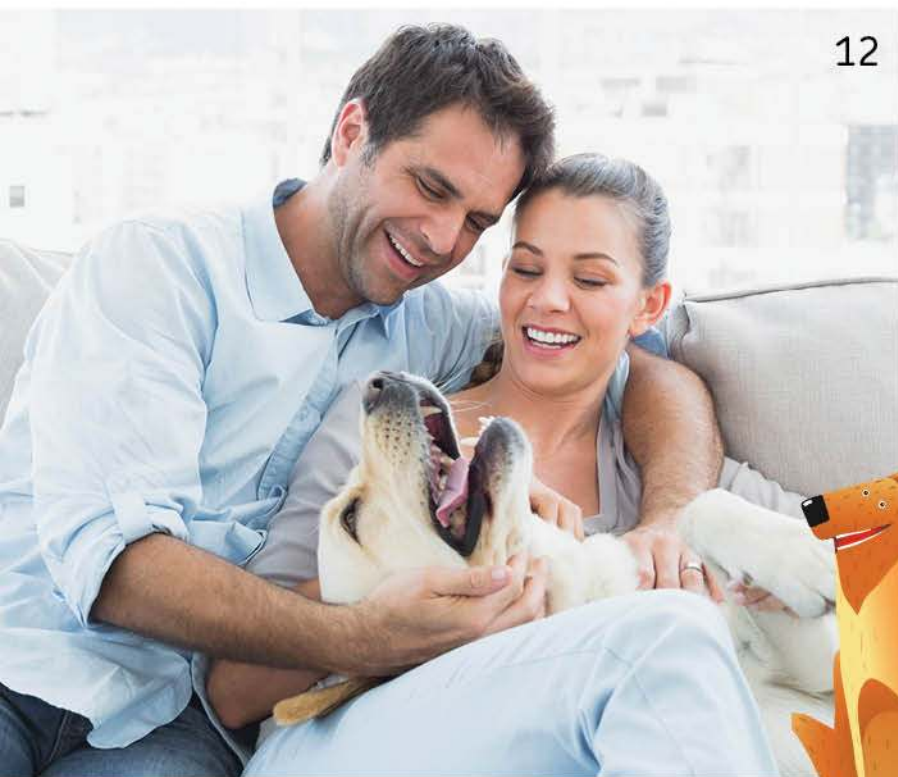
We wish you a great year of the dog with your beloved pets.

Juda Adisusanto
Groovy CEO



April 2018

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Ezron Tarigan and Spike
Photography by Mario Ardi.
Makeup by Bunlay.



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PHOTO: SHUTTERSTOCK, MARIO ARDI.

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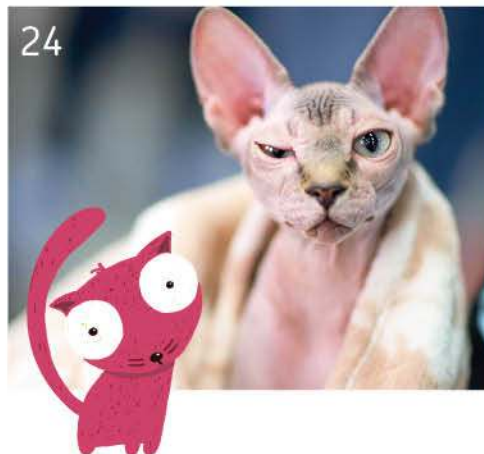
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FOR THE LOVE OF PETS



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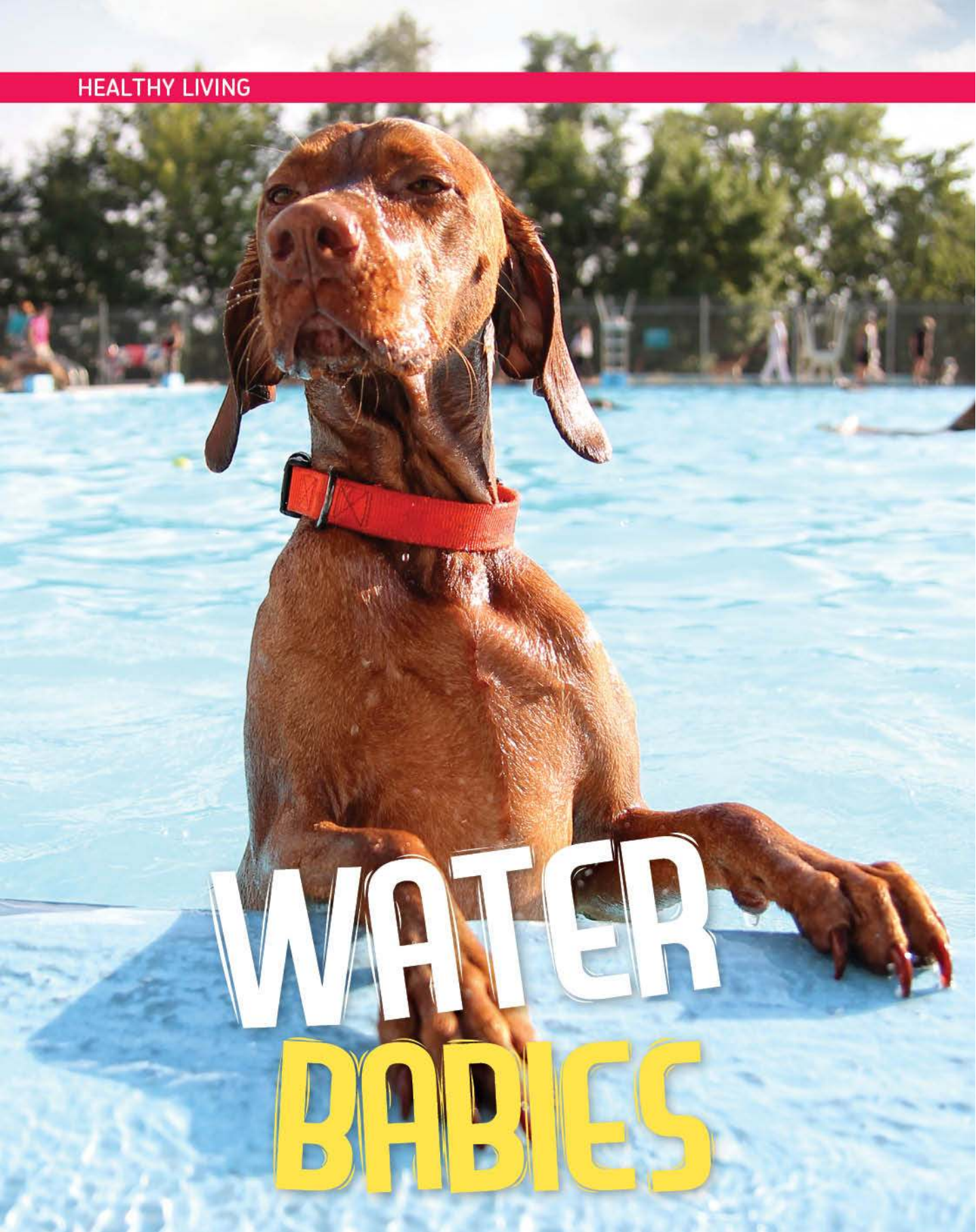
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HEALTHY LIVING

A wet Weimaraner dog is sitting in a swimming pool, looking up and to the left. The dog's fur is wet and glistening, and it is wearing a red collar. The background shows a pool with other people and trees.

WATER BABIES



IS WATER THERAPY THE RIGHT WAY TO GO? FIND OUT ABOUT THE MANY DIFFERENT CONSIDERATIONS BEHIND THIS TREATMENT.

By Muhamad Jami Ramadhan, DVM

We know there are some risks in doing water/hydrotherapy to cure some symptoms or help the recovery of dogs. We have to be concerned about several important things before we expose our dogs to this type of treatment. Not all dogs are natural-born swimmers, just like people, pets need to be taught how to swim and we need to make sure they feel safe and comfortable in the water. As PAWrents, we should be able to read their signals and do what's best for their mental and physical health. If the vet's suggestion is to do hydrotherapy, but your pet feels anxious about water, you can ask the vet for alternative treatments.

Before even considering hydrotherapy, we first need to be aware about our pets' existing conditions. They have to be healthy, as in free from ear infections, skin infections, respiratory tract infections, urinary tract infections, ectoparasite infestation and also open wounds. They should have gotten their complete vaccinations to prevent them from being easily exposed to some infectious diseases, especially in public swimming pools. In addition, we also have to be careful of the cleanliness of the water, we cannot guarantee that it is free from the *Leptospira* bacteria which can be spread through the urine of infected animals (mostly rats) in the water or soil.

not monitored properly. They might find it difficult to take in air, and if this happens, they should be pulled out of the water immediately to prevent over ingestion of water. Water intoxication or even aspiration pneumonia mostly happens because of over ingestion of water. As we know, most swimming pools use chlorine to keep the water free from bacteria, this may have side effects like intoxication but this is dose dependent; pools that properly monitor chlorine levels and dilute chlorine properly are safe for both dogs and humans. Other aquatic facilities also have UV filtration systems which lower the need for high levels of chlorine in pools.

Anxiousness and other signs of stress may increase the blood pressure and

heart rate. When this happens, the activity must be stopped immediately. On the other hand, there are also benefits to hydrotherapy including being good for fitness, a great source of aerobic exercise, and a great tool to help dogs stay in optimal shape. "The beautiful thing about swimming – even with an older dog who has muscle loss – is they can exercise in a completely non-weight-bearing environment," says Lee Deaton of Natural Healing Whole Dog Wellness in West Chicago, Illinois.

Another reason why dogs may need this therapy is to help them recover from post torn knee ligament surgery or to help arthritic dogs work their joints, maintain muscle mass, and move around comfortably, all while

"THEY HAVE TO BE HEALTHY, AS IN FREE FROM EAR INFECTIONS, SKIN INFECTIONS, RESPIRATORY TRACT INFECTIONS, URINARY TRACT INFECTIONS, ECTOPARASITE INFESTATION AND ALSO OPEN WOUNDS."



Excessive fatigue could also occur and this may lead to drowning if dogs are



minimizing discomfort. "They can get less duration of exercise in the water than on the land. Water is denser than air, so movement through the water and the resistance to that movement helps to work the muscles quite well. The resistance and buoyancy that water provides, makes it a great exercise environment for pets recovering from injury or for those suffering from joint pains," says Tari Kern, DVM of Pawsitive Steps Rehabilitation & Therapy for Pets in Rochester Hills, Michigan. The biggest advantage to having dogs get into the pool is potentially lose some weight that easily come with moving in the water. As mentioned by Christina Fuoco, VMD, CVA, CCRT of Whole Animal Gym in Philadelphia, "Having that extra weight on the joints when we're trying to get them moving can be tough. If we have them in the water and we have that buoyancy, we get to work those muscles without putting much stress on the joints. That translates to (the dogs) feeling more fit and more conditioned". Then she added that PAWrents have to maintain a food and

exercise diary for their dogs to keep track of their dog's weight loss journey. There are different types of aquatic facilities for dogs, some with just pools, while others include high-tech equipment such as an underwater treadmill. Underwater treadmills help dogs to take the pressure off aching limbs and joints while the dog walks. The dogs will do exercise with relatively slow speeds because of the resistance of the water which can increase the benefits of exercising greatly. Some hydrotherapy activities that can be done in a pool include doing laps, fetch, and retrieving balls thrown into the pool, or learning how to swim with licensed staff assistance. Those in Indonesia can engage in some of these activities at **Groovy Paw Resort**.

The temperature of the water is necessary and it depends on the dog's needs. Dr. Jonathan Block, DVM, of Water4Dogs Canine Rehabilitation Center in New York, explains that colder water is typically used for athletic dogs who are training or

exercising because it helps them maintain a normal, balanced body temperature. Warm water helps loosen tight muscles, and is used more often for therapy or recovery sessions. The amount of time dogs spend in the pool is entirely dependent on veterinary recommendations; most swim sessions can range from 10 to 30 minutes.

If you have plans to do the hydrotherapy by yourself without the supervision of a professional, just don't do it. There is a huge difference in going to a hydrotherapy clinic versus taking your dog to a lake or river. Without proper supervision in the open water, a dog which is recovering from surgery may not have the muscle strength needed to swim. Furthermore, the temperature of the water in a lake/river is unregulated. Also, there is the risk of bacteria that might cause an infection in a recent incision or other skin lesions. It is always best to check with your own veterinarian before engaging in any such activity. 🐾



PHOTO: SHUTTERSTOCK.

How to Save Money on Pet Supplies

Do It Yourself

When possible, bathe and/or groom your pet at home. You can also learn to clean your pet ears and do breed-specific haircuts.

Walk Your Dog

The health benefits of exercise are roughly the same for animals and humans. For example, regular exercise can prevent obesity and help the digestive system in cats and dogs. Keeping your pets healthy means fewer vet bills. Play with your cats or walk your dogs regularly.

Set Up a Delivery Service

Time to stock pet supplies? Save your trip with an online delivery service like HappyFresh. You don't need to carry heavy things anymore because your pet supplies will be delivered right to your doorstep.

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THE RIGHT WAY **TO PAWrent**



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LIKE HUMANS, ANIMALS ALSO DESERVE TO BE TREATED HUMANELY. READ ON BELOW TO FIND OUT HOW YOU CAN DO THIS.

By Yosefin Lingga, DVM

Many animal organizations and veterinarians in the world adopted an act called Five Freedoms of Animal Welfare. This act works as a base of what to do and not do towards livestock animals, research animals, wildlife animals, and of course, our beloved pets. As pet owners you can also use this as a guide for taking care of them. The Five Freedoms are:

1 FREEDOM FROM HUNGER OR THIRST

Basically, this includes providing food and water for our pets. But beyond that, the food must meet our pet's needs to maintain optimum health. We need to be aware of what is in the food we give them. There are plenty of human foods that they can't eat such as chocolate, garlic, onion, avocado, xylitol, alcohol, etc. We should also make sure that they eat the correct amount of food. If we give them store bought pet food, we should give portions according to the feeding guide. If home-made food is given, we need to pay attention to the ingredients and portion sizes since the calories would be different from

the store bought variety. Clean water should also always be available for our pets to reach anytime.

2 FREEDOM FROM DISCOMFORT

Things like not caging them for long periods, never leaving them in a parked car, not leaving them outside without shelter, or even simple things like picking leashes and crates that are just the right size and design, are all important to keeping our pets comfortable. These things do not have to be luxurious, just enough and proper for them. Sometimes pet owners like to buy fancy things, from clothing, bowls, toys, treats, or food for their pet which is okay, but we should never forget to go back to what our pets need. And to ask ourselves, if these things we buy are good for them.

3 FREEDOM FROM PAIN, INJURY OR DISEASE

We should never hurt our pet intentionally or not. Other than that, disease prevention and early detection by doing vaccination as well as regular check-



trees on the wall so you can provide walkways for them to roam around the house. They are naturally loners but most likely will tolerate other animals. Most pets know that they should not soil in their living quarters. This is why a toilet area is needed. PAWrents need to provide multiple litter boxes for cats and access to the outdoors for dogs. If they do not get the access to their toilet, they will do it around the house. Some might even hold the urge to urinate and defecate, and this can create bigger health problems.

To reproduce is also a basic instinct for any species to keep on existing. The problem with this though is that pet owners won't be able to keep and take care of all their pets' offspring. This is why spaying and neutering are important to make sure pets don't get stressed over their hormonal urges.

5 | FREEDOM FROM FEAR AND DISTRESS

Each animal responds differently to different stimulations. Some dogs might snore through thunderstorms while others might cry and tremble in fear because of the sound of the vacuum cleaner. If you know your pet well, you will know how they respond to different stimuli and thus, you can protect them from negative experiences. Crying, restlessness, trembling, panting (in dogs) and inappetence, are all signs of fear and stress. Being in this condition for prolonged periods of time can eventually lead to sickness.

In conclusion, there is a need for us to know our pets well so we can be equipped with the knowledge on how to make sure they get what they need in life. There are TONS of things you can do for this to happen. By being an observant PAWrent, you can give your pet the best life s/he could ever have. 🐾

PHOTO: SHUTTERSTOCK

"There is a need for us to know our pets well so we can be equipped with the knowledge on how to make sure they get what they need in life."

ups are also important to protect them from pain. Their environment should not contain harmful things like sharp tools and broken fences. If the pet tends to eat everything, remove toxic substances like cleaning products and toxic house plants.

If the pet is already suffering from disease, we need to provide medication and supplements that can help them cope with the symptoms. For example, for a dog with arthritis, painkillers and

supplements can be given. It is also better to ensure that the floor is not slippery and help them walk by lining the floor with a rubber mat.

4 | FREEDOM TO EXPRESS (MOST) NORMAL BEHAVIORS

Every animal has the basic instinct to express its natural behaviors. As PAWrents, we need to provide ample space for them to move around, and give our furbabies toys and things that may enrich their lives. If you live in a relatively small space, your dog will need to be walked to meet his/her need for movement. Animals also naturally live as a pack, however, this does not necessarily mean there should be other dogs with them; pet owners and other animals can be part of the pack as well.

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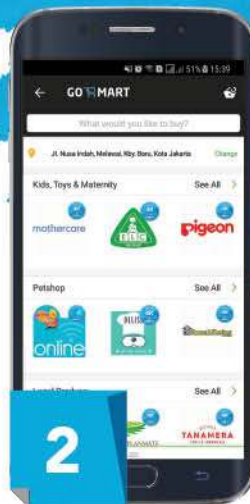


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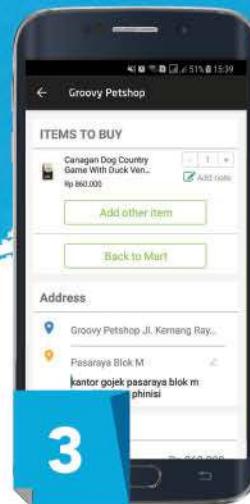
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HAVING A NEW PET AT HOME

BRINGING A PET HOME WILL CERTAINLY MAKE THE ENTIRE FAMILY HAPPY. HERE ARE TIPS ON HOW YOUR WHOLE FAMILY CAN WELCOME ONE OR MORE PUPPIES AS FAMILY MEMBERS.

By Juda Adisusanto

The first, and most important thing you must do before getting a pet, is to talk it over with your whole family. Do not surprise the family or any family member because it could result to a negative reaction when one of them is not in agreement.

When your family finally decides to have a pet, there are several points you will need to consider before the animal arrives.

WHAT KIND OF PET?

People usually choose either a dog or

a cat as companion animals (in this case both will be the chosen animals for this article). Remember, dogs and cats can live up to 10 to 15 years old. A commitment to care for them for their entire lives must be made. When your family chooses a cat, the kind of breed is probably less of a concern compared to a dog.

Next, you have to determine what kind of dog you want to have, whether it is a guard dog or a family dog. In case you need a guard dog, then you must choose from medium or large breeds,

"IT IS CONSIDERED A GOOD DEED
IF YOU PROVIDE A HOME
TO A HOMELESS DOG OR CAT
SO IT CAN HAVE A BETTER
QUALITY OF LIFE."



yet are noisy. Some breeds also need extra care and attention, so you need to devote a significant amount of your time to spend with them. A number of dogs have long hair and require regular grooming and haircuts; the same goes for those with double coats. Due to their breed, some dogs may also be sensitive to the climate, such as Huskies or Alaskan Malamutes, which need air-conditioned rooms to live in, especially in tropical climates.

WHERE DO YOU LIVE?

This is an important factor you need to consider before you bring your new pet home. If you live in an apartment building, you must check whether the management will allow you to have a pet inside your unit. Furthermore, pets need a proper place to stay in and need to be sheltered from cold or hot weather, rain, humidity, sunshine, etc. So regardless of whether you live in a house or a high-rise, your pet will need his/her own space within.

You must also observe your surroundings and the neighborhood, and find out whether they are friendly to pets and have no objection to having a dog around the complex. Locating a place or nearby park where you can bring your dog for walks is also important. You must also check where you can get food supplies and find the nearest vet in case of emergencies.

TO BUY OR TO ADOPT?

If you don't need a pedigree dog or cat then you can consider adopting

instead of buying. It is considered a good deed if you provide a home to a homeless dog or cat so it can have a better quality of life.

BRINGING BABY HOME

When you are ready to take your new puppy/kitten or older dog/cat home, this is what you need to do:

1 Introduce your new pet to the whole family

Allow your pet to familiarize himself/herself to your home. Show him/her where s/he will sleep, where to do his/her business (pee and poo), and where to have meals. Cats will usually explore the entire house by themselves; make sure all the doors and windows are closed so there will be no chance for him/her to escape from your house. For new puppies or dogs, you need to be careful and be sure to always close the back yard or front gate. Don't forget to give her/him a name.

2 What items should be available for him/her?

Basically they will need a place to sleep and stay in, while for puppies you can prepare a play pen, a round fence (knock-down) to limit the pups to a specific area, or a soft bed to sleep in. S/he will also need a drinking bowl and a food bowl, which can either be made of stainless steel, aluminum, or plastic (find one made of pet-friendly material).

Drinking and feeding bowls need to be separate, because the drinking bowl

however, Labradors or Golden Retrievers, are probably not suitable as guard dogs as they are big family dogs at heart. Smaller breeds, from a t-cup size to large breeds, can be good companions for each family member. But larger breeds need more space for exercise and play.

Doing some research and learning about the different breeds, especially the ones most suited to your family and lifestyle, is crucial because some breeds are usually more active and require more exercise while others



needs to be filled with drinking water all the time. Your pet will also require a proper collar and leash. You can find these items and more at Groovy Pet Store.

3 What kind of food to give your pet?

Food is directly related to the health of your dog or cat. Feeding him/her healthy food will result to less expenses spent on health problems. If you want to change your pet's food, do not change it immediately. Instead, mix previous food with the new food gradually, half and half; do this for several days. Changing food drastically can cause diarrhea. Dogs and cats need time to adapt to new food.

4 Check his/her health records

This includes finding out about what vaccines have been given to the animal, the pet's deworming schedule, if the pet has had any fleas or ticks, etc. To be on the safe side, it would be best to bring your new pet to the vet first for a check-up. Doing this will allow the vet to quickly spot any abnormality in your dog/cat, which will be instrumental in avoiding any other serious problems or diseases. As a PAWrent, you need to make sure that the annual vaccine is completed for one year and this will be followed up with a booster given by the vet once every year.

5 Training your dog

Everybody at home must use the same training methods, otherwise

your dog/cat will get confused. After every meal, bring your pet to the place where s/he can discharge pee or poo. Do this again prior to bedtime and after waking up in the morning. Do not feed your pet with human food. Train him/her to listen to commands, but everybody must use the same command for it to be effective.

6 Give treats for chewing

But only provide the healthy options, and immediately remove the treat if s/he stops eating. Bones or treats for chewing are good for puppies because it will help clean their teeth and will distract him/her from chewing on the furniture. Puppies like to chew on things because their teeth are growing. You can choose a healthy treat or chew toy at Groovy Pet Store.

7 Vitamins and supplements

Good nutrition can be provided with additional vitamins or supplements, but if you feed your pet with good dry dog food, and properly select the types of food, it is not necessary to give additional supplements or vitamins.

8 Consult your Vet

Especially about what medicine you need to keep at home in case of emergencies, such as diarrhea, lost appetite, too much gas. In case of emergencies, contact Groovy VetCare and bring your pet to the clinic immediately, especially in cases such as choking, breathing difficulty, collapse, bleeding and making noise due to pain, etc.

9 Do not let your dog eat too much

There are a number of don'ts involved in taking care of a pet. This includes not feeding him/her too much and not allowing him/her to play or run immediately after eating as it can cause serious bloating. Also, do not let your dog chew treats, rawhide, or bone alone unattended by family members. Keep sharp things (such as chicken bone) and hazardous waste material away from your puppy.

10 Keep your pet busy

Sometimes pets get lonely. You can help them by giving them toys to play with. This can distract them and keep them busy. However, you will still need to keep an eye on him/her because many things can happen while you're not looking.

Although it is a big responsibility, having a pet will change your life for the better. Caring for another living being will not only bring you and your family closer, it will also make you a more loving, well-rounded individual in the long run. 🐾



"AS A PAWRENT, YOU NEED TO MAKE SURE THAT THE ANNUAL VACCINE IS COMPLETED FOR ONE YEAR AND THIS WILL BE FOLLOWED UP WITH A BOOSTER GIVEN BY THE VET ONCE EVERY YEAR."

PHOTO: SHUTTERSTOCK.



PERFECT PET

Who can resist the charms of a **French Bulldog**? Find out the other characteristics of this playful and adaptable dog breed

SIZE AND WEIGHT (FORM)

Ready and eager to play, the French Bulldog can grow up to a height of 11-13 inches and can weigh approximately under 28 pounds. Its small size and easy temperament makes it an ideal pet not just for adults, but also for families with children. Blessed with soft, loose skin, this dog breed is great for cuddling and can live up to 10-12 years. It also responds well to training.

IDEAL ENVIRONMENT

French Bulldogs can make relatively good house pets. They are very loyal to their PAWrents and get along well with children. Though inherently intelligent, these dogs can tend to be a bit stubborn, hence patience should be practiced when training them. They require minimal exercise, so regular walks around the neighborhood should suffice.



HAIR AND GROOMING

The French Bulldog comes in a number of colors and has a short, smooth coat. It is a good breed to keep indoors as it only experiences seasonal hair shedding. However, regular grooming/bathing is required to ensure the optimal health of the dog's skin and coat. The dog's coat can be brushed weekly to keep it shiny. Frenchie's also require frequent brushing of their teeth, as they can develop halitosis, as well as monthly nail clippings, as they don't wear down their nails naturally.



ADDITIONAL INFO

This dog breed is a descendant of the English Bulldog. It was given its name when English Bulldogs were sent in large numbers to France and cross-bred with other varieties. Frenchie's may suffer from allergies, cataracts or hypothyroidism, to name a few.



PHOTO: SHUTTERSTOCK.

The Company You Keep

NOWADAYS, LIVING WITH YOUR PET IN A HIGH-RISE IS POSSIBLE. YOU JUST NEED TO PLAN AHEAD AND BE A MINDFUL AND LOVING PAWRENT.

By Maria Zarah Gregorio Viado



The misconception that pets cannot reside in a building is a thing of the past. Nowadays, there are apartments or condominiums that allow tenants or unit owners to have pets. However, this liberty usually comes with a strict set of rules and regulations to ensure that the good quality of life of everyone living in the building will always be considered and upheld.

As a PAWrent, moving to a high-rise building will certainly have its challenges, but doing your homework beforehand and giving yourself (and your pet) ample time to prepare and adjust to this change will help you greatly. Read on to find out about the things you can do to make this trying time less burdensome for both you and your pet.

BEFORE MOVING IN

1 ENSURE THE APARTMENT IS BIG ENOUGH

There are a number of things you need to do before making the big move. One of the most important of course, is finding an apartment or condominium that will suit your living requirements. This includes making sure that the unit you choose will have enough space, even for your pet. You must not forget that pets like to move around and having extra square footage will do you and your pet a whole lot of good.



"YOU WILL ALSO NEED TO CHECK THE SURROUNDING AREA OF EACH BUILDING. IS IT CLOSE TO A PARK WHERE YOU CAN BRING FIDO TO RUN AND PLAY?"



2 INQUIRE ABOUT BUILDING RULES AND REGULATIONS

After checking out the available places for rent or sale in your area, you must also inquire about the specific rules and regulations they have regarding pets. Knowing these will not only help you choose your next abode, it will also inform you about the way each building's management views pet ownership. Some may be stricter than others, while others yet may have rules that just don't make sense. These rules

and regulations can help or hinder the way you live your life so finding out about them is important.

3 CHECK OUT THE NEIGHBORHOOD

You will also need to check the surrounding area of each building. Is it close to a park where you can bring Fido to run and play? Or is there plenty of traffic in the area? The latter may be a deal breaker for some. You may also want to observe first, if the specific

"YOUR PAWRENTING CHALLENGES WILL
INCLUDE HOW TO PREVENT BOREDOM."



area you're looking at and the people who live there, are pet-friendly.

4 SELECT RESILIENT FURNITURE

Once you've selected an apartment, you will then have to consider what furniture you will be bringing into your new home. If you're moving from a house to a condo, it could mean that you won't be able to bring large furnishing, due to space constraints. This will require you to purchase new ones that will fit well into the smaller space. You may also want to pick more resilient furnishing. Not only will they last longer, they will also be able to stand up to your dog's chewing or running around.

AFTER MOVING IN

1 GET NECESSARY PET PARAPHERNALIA

Along with buying new furnishings, you might also want to consider buying your pet everything s/he needs. Surely, s/he already possesses a water bowl and dish for food, however, addi-

tional things never hurt anyone. With the reduced size of your home, maybe buying your pet his/her own bed or crate, will be a good idea as it can provide your furball his/her own space. If you are a cat person, getting a cat tree or tower may help your pet stay occupied while also giving it a place s/he can call its own.

2 HOUSETRAIN YOUR PET

One of the most important things in having a pet is ensuring that s/he is housetrained. You wouldn't want any accidents to happen in your fresh-smelling new residence, right? If ever your pet is not yet housetrained, you may opt to enrol him/her in a training school first before you move in. This will be a great help for you, since living in a high-rise will not allow you easy access to the outdoors.

3 HAVE A ROUTINE

Pets thrive when they have a routine. Establish one with your pet. Set aside some time during your day to

walk your dog and take him out to the park so that his/her energy is spent. Provide your fluffy one with regular eating and sleeping hours. A routine will also serve to help your pet adjust to his/her new surroundings better.

4 KEEP PET ENTERTAINED

Now that you have settled into your new home, your PAWrenting challenges will include how to prevent boredom and how to sufficiently distract your pet so s/he does not attack your shoes or the furniture while you are out of the house. One way you can avoid this is by giving your pet enough toys or interactive gadgets to play with. You can buy puzzle toys or Kong chewable toys, which you can stuff with treats. Keeping your four-legged baby busy will help develop his mind, keep him/her stimulated, and make him/her tired at the end of the day. If it's available, you can also hire a sitter during the day so your dog or cat won't be alone all day. 🐾

PHOTO: SHUTTERSTOCK

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PHOTO: SHUTTERSTOCK

WELCOME, CUTIE-MESS!

KEEPING A CLEAN HOUSE EVEN WITH A PET IS POSSIBLE. HERE ARE SOME THINGS YOU CAN DO TO KEEP YOUR HOME SPICK AND SPAN.

By Bernadete Miraclelita W., DVM

Yippy! A new family member is in the house! Pets are so adorable, yet so messy. Most PAWrents must know that sharing a house with a furry friend doesn't only bring instant stress remedy and an overload of cuteness, it also means extra responsibility for us, especially when it comes to cleaning tasks. But don't worry, you can start from the little things to get rid of those fur, stains, and bad odors around you. Good hygiene will surely bring good health to both you and your pets.

FUR ON FURNITURE

This is the most persistent problem that all PAWrents face, as almost all dog and cat breeds shed hair at certain periods of time. Your sofa, carpet, or bed, may be too comfy for them to resist not curling up on. So instead of keeping them away, you can check on the following:

- ❖ Wrong materials could become hair magnets and may retain unpleasant odors. Look for a leather sofa or those upholstered with tightly woven materials for easy clean-up.
- ❖ If you can't buy a new sofa, place a sheet or towel on your pet's favorite spot. Shake it outside periodically to remove hair.
- ❖ Clean your furniture with a vacuum cleaner. For those with

carpeting, you can use a rubber rake or a squeegee to get every single hair off the carpet.

- ❖ Do not throw the hair in the sink or toilet, as it might clog the water canal.

NOW LOOK AT YOUR FURRY SHIRT

Our pets are so adorable, we would love to snuggle with them for days on end. But then we become furry too. That is except for Sphynx cat owners. If you can't resist hugging your furball, then the tape roller is a must-have tool.

- ❖ Always clean your clothes with a tape roller, lint brush, or dry sponge after a hug with your pet. Make sure there is no hair left before you toss your shirt into the washing machine.
- ❖ Prevent shaking your full-of-fur clothes directly on other people or pets as this may cause allergies to flare up or for hair to be inhaled.

EWW SALIVA STAINS!

Though less likely for cat owners, saliva stains are very common for dog owners, especially those with large breeds. Ceramic floors, leather sofas, wooden furniture, and glass could be simply wiped clean with tissue. Some other materials bind saliva perfectly and lock the moisture in so we have to do ex





tra work by washing or at least, drying them in the sun to prevent the odor from worsening.

WHAT'S SO SMELLY?

Besides their natural body scent, some pets have a stronger and 'different' scent, especially when their skin or ears suffer from a yeast infection, or whenever a chronic wound is present. Not only do they need a series of medicated baths, we also need to clean our house a bit more.

- ✦ Two keys for fighting bad odor: good ventilation and sunshine. This will also speed up the healing process if your pet is suffering from flu, yeast problems, fungal infestation, etc. Open your windows wide and let fresh air in.
- ✦ Baking soda or coffee can also be used to neutralize odors. Simply put these in a small pot or plate, and place it near or on the offensive areas.
- ✦ Vinegar is another bad-odor-killer that can be used to rinse toys and other washable materials.
- ✦ Surprisingly, you can use a light spritzing of vodka to remove odor in furniture and upholstery that are not easy to clean.

WHOSE FOOTPRINTS ARE THESE?

Well, someone forgot to close the door and the muddy buddy rushes in joyfully after a walk. Avoid it by always dipping, or washing their foot pads with water and dry them with a towel, before they step into your residence. Or you can provide a doormat to reduce the dirt brought inside. If your pet has an indoor/outdoor access, a highly absorbent doormat must be readily on hand especially with the onset of the rainy season.

THE BIG SURPRISE: POO AND PEE

Potty training is one of the most important lessons all pets need to learn from the beginning.

- ✦ Remove solid stool with a dull knife or a pooper scooper and place it in a sealed plastic bag.
- ✦ For urine stains on your carpet or sofa, gently brush it with liquid

dishwashing agent, and then rinse with water. Expose the carpet or sofa to the sun, if possible.

- ✦ For bad diarrhea stains, you need to completely wash your furniture, or call a professional carpet cleaner.

THE ESSENTIALS OF HYGIENE MAINTENANCE

Aside from cleaning your house, don't forget to also maintain your pets' hygiene by giving them proper, routine baths. Always cut their nails, clean their ears, and comb/brush their hair regularly. Having a first aid cleaning kit which includes a tape roller, towels, and wet tissue, is extremely necessary. Whenever you're tired of cleaning, just remember how excited you were, the first day your cute and huggable baby came into your life. That thought will undoubtedly reassure you that everything you're doing will be worth it in the end. 🐾

PHOTO: SHUTTERSTOCK

"TWO KEYS
FOR FIGHTING
BAD ODOR:
GOOD
VENTILATION
AND
SUNSHINE."





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- 🐾 Be Free of fleas or ticks, health conditions, (no coughing) or any skin diseases.
- 🐾 Be On a leash while other dogs are around.

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- 🐾 Pick up the waste of his/her own dog, keep the area clean.
- 🐾 Park his/her car accordingly.
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Gunung Sindur, Bogor

Phone : (+62251) 8614466, 8614477

Email : pawresort@groovy.co.id

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Tuesday to Friday	: 9am - 4pm
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LOVE ALL AROUND

GET TO KNOW
PESHINDO (PECINTA
SHIH TZU INDONESIA)
SHIH TZU DOG
LOVERS INDONESIA



On Sunday 29 October 2017, at Flavor Bliss - Alam Sutera, Groovy had a chance to attend a dog event organized by PESHINDO (Pecinta Shih Tzu Indonesia) - Shih Tzu Dog Lovers Indonesia.

PESHINDO, as an organization, is led by Ms. Melanie Savitri (as General Manager), Ms. Fransisca Galih (as Operational manager), Ms. Ajen Dianawati (as Beauty Consultant) and Ms. Fransisca Angelina (as Treasurer).

PLEASE TELL US THE OBJECTIVE OF YOUR COMMUNITY.

Ms. Melanie Savitri (Mila) explains that the community was established to bring Shih Tzu dog owners together in one community, so each member can learn how to raise Shih Tzus, how to

take care of them every day, and basically to educate Shih Tzu owners in order to become responsible dog owners and dog lovers. To date, about 1,500 pet lovers from all over Indonesia have become members of PESHINDO.

WHAT ARE THE DIFFERENT ACTIVITIES YOU ORGANIZE FOR YOUR MEMBERS? PLEASE ELABORATE.

PESHINDO was founded on 20 July 2016, and our activities include managing events to gather members together, not only for Shih Tzus but also other dog breeds. This is on top of the regular gatherings we conduct every month. At every event, members are provided with more information and continued education as well as a range of fun socialization activities for the dogs and their owners.

PHOTO: PESHINDO INDONESIA DOC.



"THIS COMMUNITY IS NOT ONLY FOR PURE BREED OR PEDIGREE DOGS; AS LONG AS A DOG IS MIXED WITH A SHIH TZU OR EVEN JUST LOOKS LIKE A SHIH TZU, THEN THE PETS AND THEIR OWNERS CAN BECOME MEMBERS OF THE COMMUNITY."

WHO CAN BE MEMBERS OF PESHINDO?

This community is not only for pure breed or pedigree dogs; as long as a dog is mixed with a Shih Tzu or even just looks like a Shih Tzu, then the pets and their owners can become members of the community. For example, at our Hallo Woof event, there were many dogs of other breeds as well and everybody seemed to be happy together in one place.

HOW DO YOU SHOW SUPPORT FOR PET CAUSES?

We encourage dog lovers and mem-

bers to sterilize their dogs not only to slow down the growth of the dog population but also so the dogs can have a better quality of life. The community will also host an event for the mass sterilization of dogs in the year 2018 (as the Year of the dog).

WHAT ARE THE OTHER ORGANIZATIONS THAT SHARE YOUR VISION?

There are many similar local organizations within Indonesia like in Surabaya called Peshibaya, which has a similar vision and also organizes local activities. PESHINDO is one of the newer communities recently established, but

there are a number of similar groups especially in big cities like Jakarta, Bandung and Surabaya, including the surrounding cities such as Bekasi, Bogor, Serpong, etc.

We think many people also make communities because of their shared interest in pets like Shih Tzus, Beagles, Golden Retrievers, Cats, Sugar Gliders, Birds, Turtles, Horses, etc. It seems living with pets has become a lifestyle of the NEW Generation.

You can find PESHINDO on Facebook in case any pet lover wants to join and wants to know about our activities. 🐾



WHAT IS **HOLISTIC** **PET CARE?**

OUR PET ANIMALS DESERVE ALL OUR LOVE
AND THE VERY BEST TREATMENT WE CAN GIVE THEM.

By Dr. Jean Paul Ly





This article is about holistic pet care. You may or may not have heard about it, but that doesn't really matter. The important thing is, after reading this article, I hope you will view pet care in a totally different light, and that you will treat your animal friend in a way that would best ensure his/her/its well-being.

🐾 THE MEANING OF THE WORD (W)HOLISTIC

Before we address the issue of holistic pet care, we have to understand the meaning of the word 'holistic'. Originally, the word 'holistic' was spelled as 'wholistic', and I am only mentioning this because the original word encapsulates the intended meaning of the word better. By 'wholistic', we refer to the whole person and not just parts to this person. As such, in the case of humans, when we treat a person 'holistically', we do not just treat the body part that is malfunctioning; instead, we treat the whole person, and that includes components such as his mental and emotional state.

In the same vibe, holistic pet care is caring for your pet as a total being. Since the original word is no longer in use, I shall compromise by using the current version of the word; but I do hope that the message I am going to convey here will not be compromised in any way.

🐾 THE PHILOSOPHY BEHIND HOLISTIC PET CARE

In holistic pet care, the focus is not on the use of drugs and surgery to treat the animal. Instead, the focus is on the

patient, which in this case, would refer to the dog or cat that has fallen ill. The premise of holistic pet care is that the patient heals from within, and that it is neither the drug nor the doctor that causes the unwell animal to recover.

All illnesses arise because of imbalances within the internal system. As such, the role of a veterinary surgeon is not to prescribe overly-powerful antibiotics indiscriminately, but to provide for a nurturing environment for the animals to heal on their own. In that sense, the vet's duty is to set up the balance which the pet is lacking. Drugs do not provide balance; they only provide temporary relief.

🐾 THE METHODS OF HOLISTIC PET CARE

I need to emphasize here that holistic pet care does not exclude Western medicine. Every form of treatment has its benefits. Decrying the benefits of Western medicine is just as misguided as dismissing complementary and alternative medicine as hogwash.

Holistic medicine is about being patient-focused; as such, whatever works best for the patient is the therapy that the doctor should prescribe. An acupuncturist who insists that the patient undergoes acupuncture treatment due to the needs of his ego is as deplorable as an allopathic doctor who prescribes antibiotics due to his self-interests.

In both instances, the medical practitioners are not putting their patients' interests first.

In holistic pet care, we treat animals

in the same way we treat humans. We address issues of food and nutrition, supplementation, immunology, absorption, toxin handling etc. In many instances, once we address these issues, the animals recover without the need for extended drug use.

Where necessary, we might recommend Traditional Chinese Medicine (TCM), homeopathy or even surgery – what I am driving at here is that we take the interests of the pets first, and prescribe what works best for them. The biggest mistake any practitioner can make is to put their own interests before that of the patient's.

🐾 EFFECTIVENESS OF COMPLEMENTARY AND ALTERNATIVE MEDICINE ON ANIMALS

One question I have frequently been asked is whether therapies such as acupuncture and homeopathy actually work for animals. My answer is a resounding 'yes', since the effects are visible for everyone to see. Unlike in human beings, where the perceived recovery might be due to the placebo effect, animals do not have preconceived notions as to whether a form of therapy will work for them. Animals do not believe or disbelieve methods such as acupuncture; acupuncture is either effective or ineffective. Our belief system does not validate or invalidate the efficacy of science, and in the case of animals, this is all the more true. 🐾

Extracted from Complimentary Therapy magazine: (W)holistic Pet Care by Dr. Jean Paul Ly

"By 'wholistic', we refer to the whole person and not just parts to this person. In the same vibe, holistic pet care is caring for your pet as a total being."

THE TRAVELING STARS

THE BONDS BETWEEN
PETS AND THEIR PAWRENTS
RUN DEEP. ESPECIALLY FOR
SPIKE AND EZRON TARIGAN,
WHO ARE NOT ONLY TRAVEL
PARTNERS, BUT ALSO
THE BEST OF FRIENDS.

By Maria Zarah Gregorio Viado

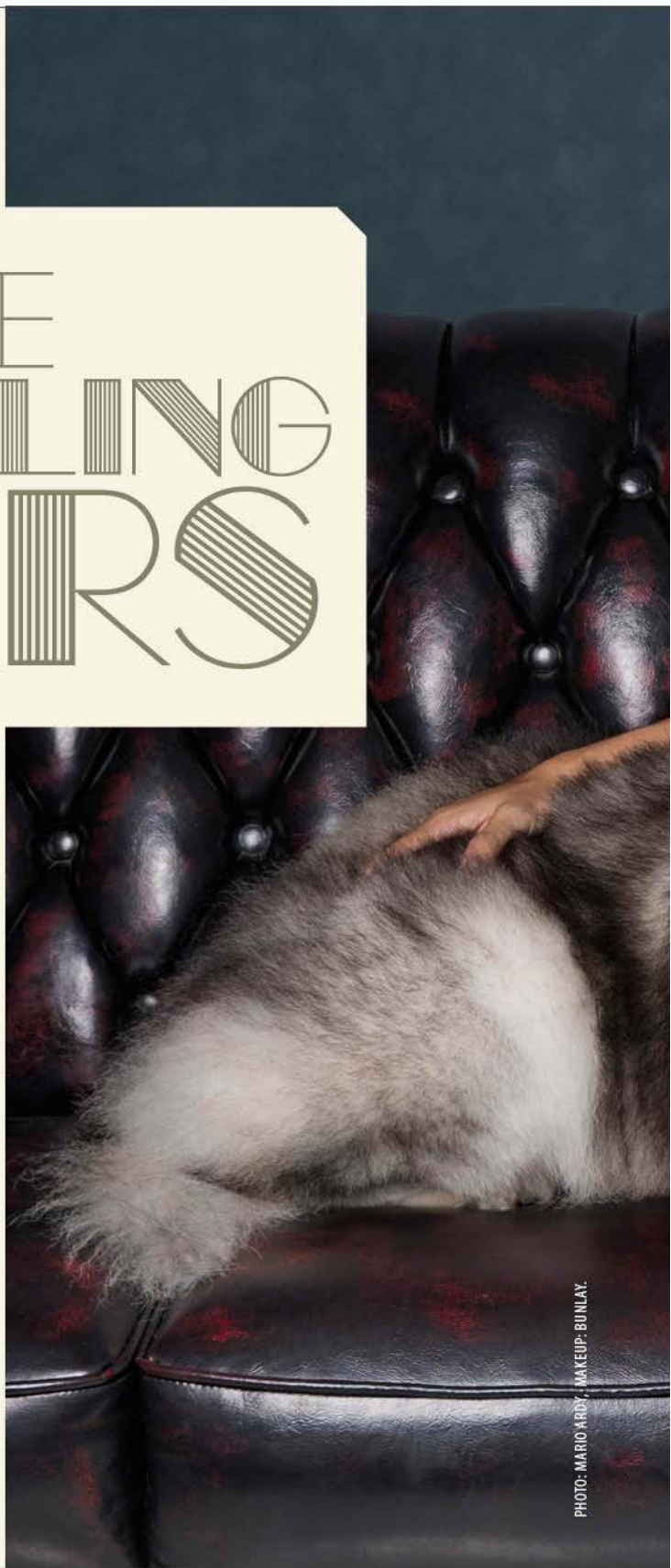


PHOTO: MARIO ARBO; MAKEUP: BUNLAY.





"At first, I was scared that Spike would feel uneasy with the new people and surroundings, but he quickly learned that the lights are harmless. I think he also really liked the attention," Ezron adds with a laugh."

Not many dogs can claim that they go traveling for a hobby, much less for work. But Spike, the four-year-old Alaskan Malamute of Ezron Tarigan is obviously not your average dog or pet. He is a dog show champion, an ambassador of Purina Pro Plan dog food, and together with his owner, an ambassador of Nikon Indonesia and DJI Indonesia. In fact, he even has a role in the much-anticipated sequel to the movie, "Eiffel I'm In Love"! And mind you, he was not selected from a group of dogs; he was chosen especially for the part.

Spike's PAWrent, Ezron Tarigan, a photography and travel enthusiast, was more than happy to accompany him to go on location for the filming of "Eiffel I'm In Love 2", "I asked to see the script first so I could determine whether or not Spike would be able to do what they required. Then I asked if Spike had to audition and they said, "No, we want Spike." It was a new experience for both of us to be at a film shoot, surrounded by many cameras and lights. At first, I was scared that Spike would feel uneasy with the new people and surroundings, but he quickly learned that the lights are harmless. I think he also really liked the attention," Ezron adds with a laugh.



One wonders how an animal can achieve so many things. Perhaps the answer lies in who is taking care of him. Ezron has doted on Spike from the very beginning. "I have always loved dogs and I've had a dog since I was eight years old. I got Spike from when he was just four months old and we've been together every day since. He's a very clever and obedient dog. He also manages to cheer me up every time."

However, Ezron is not the only human who adores Spike. On Instagram, Spike has more than 90,000 followers who watch his videos and check out his content. His all-around popularity has made this charming canine somewhat of a star in his own right. More so, when he and his PAWrent were tasked to take travel photos and shoots all over Indonesia, "Spike and I are the first man-dog traveling duo in Indonesia. Because of this, Nikon Indonesia has asked us to document our trips to the different parts of the country. In 2017, we went all over Java — Bromo, Yogyakarta, Bandung, Malang and Solo, to name a few. This year, we are planning to explore more places. In fact, just last January, we stayed in Bali for a month, and took tons of photos."





PHOTO: MARIO ARDI, EZFRONTA RIGAN DOC. MAKEUP: BUNJAY.

Now focused on the creation of their YouTube channel, Ezron is learning filmmaking and cinematography. But these activities do not deter from his main focus, which is to care for and look after Spike, "One of the ways I take care of Spike is by limiting his food. He is always hungry, so if I follow his desire to eat, then he will get fat. I have to be disciplined in giving him just the right amount of food every time. Actually, food is also what helps us create good photos. I always bring some of Spike's food with us whenever we head out for a shoot. When he's being fussy or antsy, I just take out his food and it helps him focus on the camera."

Surely caring for a large Alaskan Malamute, which is an arctic breed, has its challenges especially in a tropical country like Indonesia. Ezron makes sure that Spike is not exposed to extremely high temperatures, "Spike is generally ok with tropical weather. However, we usually travel or do our shoots between the hours of 7-9 am or 4-6 pm so it's much cooler and more comfortable for him." Asked what he and Spike love about traveling, Ezron says, "Personally, I love it when Spike is free to run around, when there are no limitations hindering him from going wherever he wants to go. I let him explore as much as he wants when we travel, but he's a very good boy, he always follows my lead and listens to me when I call him when it's time to go."

In Indonesia, there is still a certain stigma about caring for dogs. Ezron has this advice for new pet owners and PAWrents, "Through Spike, I am able to show other people that dogs can be a part of the family, not just pets. Spike is my best friend, my buddy, and I treat him the way I would treat a human friend. My tip for those with pets is to appreciate their pets better, whether their pet is a dog, a cat or a fish. Animals have souls, they can be happy or sad, depending on how we treat them. If we love and take care of them, they will shower us with more love and affection than we deserve." 🐾

"Personally, I love it when Spike is free to run around, when there are no limitations hindering him from going wherever he wants to go."



MY GROOVY PET & I



Taufan Putro with Mocha Chinno



Fira with Coco (Shih Tzu)
& Sammy (Pomeranian)



Nanik Leilani Limarto
with Tem-tem



Francisca Prandayani &
Anny Kusumawardhany with Winwin



selfie with my bestie



Amiyanti Hoed with Leon,
Hetzer & Missy



Magda Atmaja with Mickey,
Jack & Benji



Adriana Pravinata
with Bagel



PREVENTION FIRST

THE BIG C, UNFORTUNATELY, IS ALSO POSSIBLE IN PETS. BELOW ARE WAYS YOU CAN HELP PREVENT OR REDUCE THE RISKS FOR YOUR FURBALL.

By Yosefin Lingga, DVM



Cancer is a scary condition that can happen to you and your pet. It is caused by the uncontrollable growth of abnormal cells that are malignant and can spread to other parts of the body. It is disheartening to think that in dogs older than 10-years-old, 50% will have a form of neoplasia. Although we can't control factors like genes and mutation that occur in the bodies of our pets, here are some tips that may help in reducing the risk of cancer in your pets:

Know Your Pet

Genes play a big role in cancer formation. This makes some breeds of dogs and cats more prone to cancer. Some dog breeds like Beagle, Golden Retriever, Rottweiler, Labrador, Boxer, and West Highland Terriers are prone. While in cats, breeds such as Sphynx and Siamese are more likely to have cancer.

Avoid Exposure To Tobacco Smoke

This tip might not be new because even in humans, smoking is notoriously known as a cause of many kinds of cancer. The same goes for pets that are exposed to smoke. Second-hand smoke has exactly the same chemicals as the main smoke inhaled by the



smoker, so the detrimental effects are also the same.

Keep Your Pet In Shape

Obesity also contributes in the forming of cancer cells. Fat cells and tissue produce substances that promote cell proliferation and hormones that increase the risk of some types of cancers such as: mammary cancer (especially if your pet is not spayed), gastric cancer, liver cancer, pancreatic cancer, intestinal cancer, etc. So, feed your pet properly and keep them in their healthy weight range.

Exercise is also important to keep your pet in shape. Walk your dog at least once daily and play with your cat to make sure they have enough physical exercise.

Avoid Long-Term Exposure To Sunlight

Many living things need sunlight to survive. This includes us, humans, and



our pets. We need sunlight to convert pro-vitamin D in the food consumed to vitamin D that is essential in multiple biological processes in the body. However, too much sunlight can be harmful for the body too. Some types of skin cancers may develop under overexposure to ultraviolet light. Go bask in the sunlight with your beloved pets in the morning or late afternoon. For cats, give them access to sunlight by having a closed or fenced yard or a spot in front of a glass window which sunlight can reach.

Pay Attention To Their Food

If you are giving dry food sold at pet stores, pay attention to what ingredients are listed on the packaging. Is there anything that your pet is allergic to? Is there anything that is NOT supposed to be in the food?

For dogs, you can also add vegetables and fruits to their diet. Many kinds of veggies and fruits are good sources of vitamins, minerals, and antioxidants that can keep them healthy. You can opt to feed them broccoli, apples, berries, asparagus, pumpkin and spinach, etc.

Watch When Your Pet Is In Contact With Unfamiliar Animals

There are some types of viral diseases that increase the risk of having cancer. For cats for example, having Feline Immunodeficiency Virus (FIV) and Feline Leukemia Virus (FeLV) increase the chance for lymphoma compared to cats without the viral infection. The virus is transmitted by mating, bites, and scratches.

In dogs, Transmissible Venereal Tumor (TVT) is a tumor that can spread to oth-

"Adopting a healthy and stress-free lifestyle (for you and your pet) may help minimize the risks of having cancer."

er dogs mostly by mating but can also be transmitted by exposure of mucosal parts to the tumor (biting, licking, etc.).

In the end, although there is no guaranteed protection against cancer, adopting a healthy and stress-free lifestyle (for you and your pet) may help minimize the risks of having cancer. So just have fun and live life to the fullest! 🐾

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PRESENT TECH



**MUHAMAD JAMI
RAMADHAN, DVM**
EXPLORES THE VARIOUS
TECHNOLOGICAL
ADVANCEMENTS IN
VETERINARY MEDICINE

In this modern era, technology has greatly improved especially in the medical industry. Veterinary medicine has also followed these improvements. Nowadays, we have adopted digital technology including X-ray, ultrasound, laparoscopy, and magnetic resonance imaging (MRI). X-ray uses a digital cassette which does not need to be processed in the dark room, just take some shots with the requested views, then there will be a machine which can read the cassette

to transfer it into the computer system. Ultrasound imaging is usually not only used to define the age of the fetuses when the pet is pregnant, but also used to take the pet's heart condition or other organs in the thorax or abdomen in 3-D or even 4-D.

The laparoscopy technique we use is not different to that used in human medicine. The procedure uses a small camera and light source which can be inserted into the abdominal (stomach) or thoracic (chest) cavity to see what is inside the body. This is less invasive than most surgical operations and produces a clear image. MRI technology has been used to scan soft tissue and in orthopedics. Vets are now able to see what is going on inside the pet's body before going in for surgery to reduce the chances of anything going wrong during the procedure. This can also be done as a confirmatory test, for example, does the pet really have brain or nerve damage or not, and it is a way to get to the main cause.

Other things are not only to confirm the diagnosis but also to help cure some diseases or even help with the surgery. Laser therapy can be used for pain relief, bio-stimulation which means to bio-stimulate tissue growth and repair at the cellular level, and to increase blood perfusion by thermic effect from the laser itself to deliver larger amounts of oxygen to the tissue and more metabolites are absorbed. Laser therapy is ideal for wounds, acute inflammation, and pain management, and its benefits include easy access to the affected areas, no side effects, and fast results. You can find this laser therapy at our clinic (**Groovy Vet Care**) and ask the vet if your pet needs to get the laser treatment as a solution for your pet's problem.

Besides laser therapy, laser surgery

is also being used in veterinary medicine for cosmetic surgery (dermatology in particular); to fix a variety of superficial/cutaneous lesions (acral lick granuloma ablation, cutaneous masses, skin tags, follicular cysts and tumors, gingival hyperplasia and epulis, hyperkeratosis of digital pads/nasal planum, hemostasis, benign melanoma, inclusion cysts, papillomas, pigmented viral plaques, actinic keratosis, pinnal tumors, pinnal tumors, feline ceruminous cystomatosis, calcinosis circumscripta, squamous cell carcinoma removal and nodular sebaceous hyperplasia). The benefits of laser surgery include faster healing, less blood

loss (controlled bleeding), sterilization of the tissue (reduced risk of infection) and less post-surgical pain (quicker recovery time). Most patients are able to walk normally right after surgery with minimal or no pain at all.

Stem cell therapy is unusual if it is being used as a therapy in veterinary medicine, but the fact is, some veterinary medical pharmacies are developing this nowadays. Stem cells are powerful healing cells in the pet's body that can become other types of cells. There are many adult stem cells in fat tissue, however they are asleep. The therapy allows your vet to isolate stem cells

from your animal's own (autologous) fat tissue, wake them up, and reintroduce them directly into the damaged areas. For example, in the case of arthritis, stem cells can become new cartilage cells and have natural anti-inflammatory properties thus reducing pain and increasing mobility.

These advanced technologies are just some of the current treatments vets and clients can use to solve their pets' problems. One extra tip, do not forget to regularly take your pet for his/her check-ups at the vet clinic as this can be instrumental in ensuring that everything will be okay in the end. 🐾



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Destination:

INDIA

**ACHYUT
KASIREDDY
AND
DEE DEE**


AND WHEN
DID YOU
LEAVE
INDONESIA?

We left Indonesia on
28th April 2017



WHERE DID
YOU LIVE IN
INDONESIA?

We lived in **Jalan
Goa, Kebayoran
Baru, Jakarta**



HOW LONG
DID YOUR PET
LIVE IN
INDONESIA?

We lived in Indonesia for
18 months

WHERE
DID YOU
MOVE TO?

We moved to
Bangalore (India)

WHAT
AIRLINE
DID YOUR
PET USE?

Dee Dee traveled
using **Sri Lankan
Airlines**



WHAT IS YOUR PET'S
FAVORITE
ACTIVITY IN
YOUR NEW
HOME?

Our pet is getting used to the
new environment. She is **loving
the weather** in Bangalore.

WHAT WAS
YOUR PET'S
FAVORITE
ACTIVITY IN
INDONESIA?

Before, we used to take her out
for **long walks on Sunday
mornings**. It was something she
used to really look forward to. 🐾

PLEASE DESCRIBE
YOUR PET'S PERSONALITY?

DeeDee (Pug) is **fun, loving and very sober**.
She likes to play with her stuffed toy (Boxer).



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vet@groovyvetcare.com



www.groovyvetcare.com

What made you decide to go into the VETERINARY FIELD?

It's been my dream since I was a little kid to become a veterinarian. I remember helping a little bird, a bat, and a pigeon that accidentally flew inside my house. It was nice that I was able to help them, even though it wasn't much.



WHAT IS ONE ADVICE YOU GIVE PAWrents?

One advice that I always give to my clients, especially those that are new PAWrents, is that once you have a pet, it becomes part of your family. Pets are not things that you can throw away once you're bored with them. Once you have a pet, it becomes your responsibility to take care of it, to love it, and to make sure to provide it with the best things you possibly can.



HAVE YOU ALWAYS LOVED ANIMALS?

Yes I have, I won't be a veterinarian if I don't love them. Though my mom was not a fan of animals, because as you know, cats or dogs are prone to make a mess, especially in the garden.



WHAT KIND AND WHAT'S THE NAME OF YOUR PET?

DO YOU HAVE A PET?

HOW LONG HAVE YOU HAD YOUR PET?



How many years have you been WITH GROOVY?

I joined Groovy Vetcare in 2014, so this year will be my fourth year at Groovy Vetcare

I used to have pets, but not since I moved away from my hometown. I used to have four dogs, namely Bebi, Wewet, Chipso and Astar.

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