

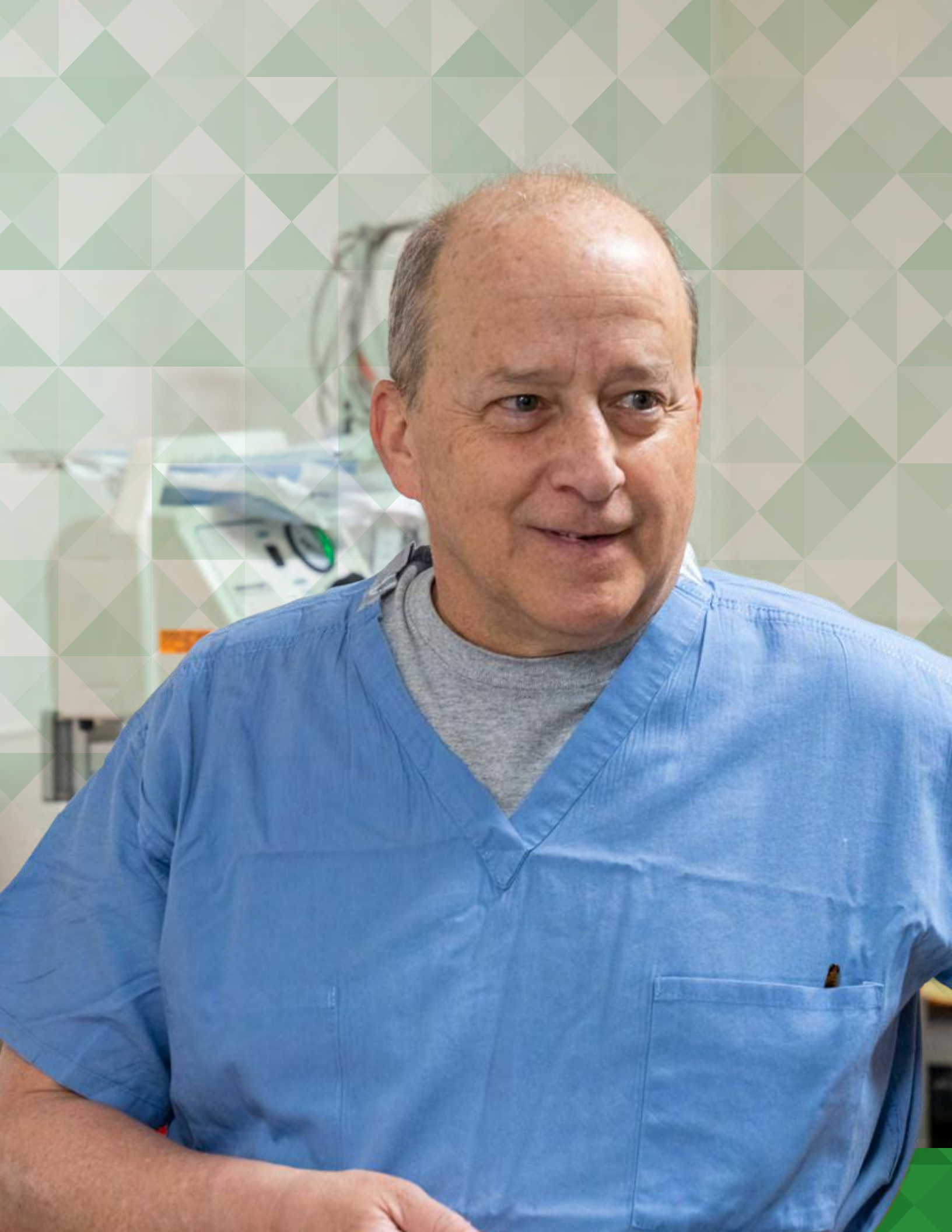
IMPACT REPORT



**DENVER HEALTH
FOUNDATION™**

RESTORE

RELEASED SEPTEMBER 2024



INTRODUCTION

Denver Health Foundation is deeply grateful for your contribution this year. Your gift supports the vital RESTORE (Resilience & Equity through Support & Training for Organizational Renewal) program at Denver Health, making a profound impact on our community and helping to build a healthier, thriving Denver.

Denver Health has been a cornerstone of our community since 1860, committed to providing exceptional health care for everyone. Today, our system serves a quarter of Denver residents—270,000 patients annually—through a comprehensive network that reaches every corner of our city.

RESTORE is a critical component of our Behavioral Health initiatives. It offers a safe and supportive environment for our health care workers to decompress, receive peer support, and enhance their well-being, ultimately improving the care we provide to our patients.

Achievements and Impact

Top Accomplishments

Increased Usage

The RESTORE support center, located within our main hospital, has seen a substantial increase in visits, from approximately 6,000 visits monthly in 2023 to around 7,000 visits per month by early 2024. This increase demonstrates the growing need and appreciation for the center's services.

Comprehensive Support

RESTORE has achieved more than 350,000 “touches” with staff, encompassing visits, peer support encounters, group sessions, and training participants. This includes 13,239 instances of emotional support and psychological first aid.

Training and Awareness

RESTORE has provided extensive training on professional burnout, stress first aid, and trauma-informed care principles. These sessions have been integral in fostering a trauma-informed lens for care and addressing workforce stress and trauma.

Community Impact and Staff Stories

RESTORE plays a pivotal role in supporting Denver Health's staff, ensuring patient safety through caregiver well-being:

Safe Environment

By creating a psychologically safe environment, RESTORE enables staff to be fully present and engaged team members, ultimately enhancing patient care.

Support for Diverse Staff

RESTORE has prioritized equitable support by hiring diverse peer supporters, including those who speak multiple languages and represent various cultural backgrounds to reflect Denver Health's diverse workforce.

Staff Testimonials

Staff members have expressed gratitude for the support RESTORE provides, highlighting its impact on their well-being and work performance. One participant shared, “Every session has been a session where hard truths are explored, and nothing but light and support from our peers is reflected back.”

Demographics and Reach

Staff Engagement

RESTORE has engaged a wide range of staff members across various departments, providing support for diverse needs and challenges.

Repeat Visitors

Anecdotal evidence suggests a high rate of repeat visitors who benefit from the ongoing support and resources available through RESTORE.

Financial Overview and Support

Philanthropic support is crucial for RESTORE's operations, enabling us to maintain and expand our services. Donor contributions ensure that health care workers have access to the resources and support they need to thrive in their roles and provide exceptional patient care.

Future Goals and Directions

Looking ahead, RESTORE aims to:

Expand Services

Continue to increase awareness and accessibility of RESTORE's services to reach more staff members.

Enhance Training Programs

Further develop training programs to address emerging challenges and support staff resilience.

Strengthen Community Partnerships

Collaborate with external partners to replicate RESTORE's model and share best practices across the health care industry.

Community Engagement

RESTORE actively engages with external partners and stakeholders, presenting its model as a critical and innovative solution for health care worker support. Through these collaborations, RESTORE extends its impact and promotes a culture of well-being across the industry.





CONCLUSION

RESTORE is an essential resource within Denver Health, providing health care workers with the support and resources they need to maintain their well-being and deliver high-quality patient care. Thanks to your generous support, RESTORE continues to create a culture of care and resilience, ensuring a healthier, thriving Denver.

Together, we are transforming lives and building a supportive community for health care workers. Your contributions make this vital work possible, and we deeply appreciate your commitment to our mission.



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