

	Welcome ➡ p4 ▶Video How to do project work About the projects	• Sports • Free-time activities • In a town • Animals • Animal body parts • Food		
		• Question words • like + -ing / noun • Quantifiers • Present simple • Present continuous • Present continuous: future arrangements • Possessive pronouns		
		Vocabulary	Grammar	Reading
1	Then and now ➡ p8 ▶Video Opening a time capsule	• Verbs and their opposites • Adjectives for feelings	• Past simple: regular and irregular verbs • Past simple: (there) was / were	Blog: The birth of teenage culture Skill UP! Reading for gist
		PROJECT Create a time capsule ➡ Project Builder 1 p9 ➡ Project Builder 2 p11 ➡		
2	Art and design ➡ p20 ▶Video Today we're doing art	• Adjectives and synonyms • Materials	• Past continuous • Past continuous and past simple	Article: You know the picture, but did you know ... ? Skill UP! Focus on the most important words when reading
		PROJECT Create an art and design gallery ➡ Project Builder 1 p21 ➡ Project Builder 2 p23 ➡		
3	Fresh air ➡ p32 ▶Video Designing a park	• Outdoor activities • Outdoor events	• will / won't for predictions • First conditional	Leaflet: Teens for greener cities (TGC) Skill UP! Using your own knowledge to help you understand a text
		PROJECT Design a park ➡ Project Builder 1 p33 ➡ Project Builder 2 p35 ➡		
4	A helping hand ➡ p44 ▶Video A day for doing good	• Personality adjectives • Phrasal verbs	• be going to for future plans and intentions • be going to and will for predictions	Article: Four things you can donate to charity Skill UP! Guessing the meaning of unknown words
		PROJECT Record or film a radio interview ➡ Project Builder 1 p45 ➡ Project Builder 2 p47 ➡		
5	Let's play ➡ p56 ▶Video Welcome to the games club!	• Senses • Gaming verbs	• can / can't, could / couldn't • Comparative and superlative adverbs	Blog: Memory Skill UP! Using pronouns
		PROJECT Make a set of games and challenges ➡ Project Builder 1 p57 ➡ Project Builder 2 p59 ➡		
6	Move it! ➡ p68 ▶Video Good morning?	• Exercise and the body • Personal hygiene	• Present perfect • Present perfect with ever and never	Article: Dump the junk! Skill UP! Using your own language to understand English
		PROJECT Create a health and fitness infographic ➡ Project Builder 1 p69 ➡ Project Builder 2 p71 ➡		
7	Skills for life ➡ p80 ▶Video How to learn with the internet	• Verbs and their noun forms • Verbs	• should / shouldn't, must / mustn't • have (got) to + infinitive without to	Article: You don't have to be an adult to be the best! Skill UP! Scanning
		PROJECT Create a how-to video ➡ Project Builder 1 p81 ➡ Project Builder 2 p83 ➡		
8	What a year! ➡ p92 ▶Video Looking at our yearbooks	• Things to do during the summer holidays • Jobs	• Reflexive and indefinite pronouns • Question tags	Online text chat: And the award goes to ... Skill UP! Recognizing informal style
		PROJECT Create a group yearbook ➡ Project Builder 1 p93 ➡ Project Builder 2 p95 ➡		

Listening	Speaking	Writing	PROJECT
Short oral histories: Creepy places! Skill UP! Using pictures and labels to predict vocabulary	▶Video Making and responding to suggestions Skill UP! Showing interest during conversations	A personal message Skill UP! Using linkers	Create a time capsule p18 Project skills: Deciding together ▶ Project coach: Choosing ideas for your project
Project Builder 3 p13 →	Project Builder 4 p15 →	Project Builder 5 p17 →	
Podcast: Looks good, works well Skill UP! Listening for context	▶Video Describing a photo or scene Skill UP! Explaining unknown words	An illustrated story Skill UP! Making your illustrated story fun to read	Create an art and design gallery p30 Project skills: Planning and creating your display together ▶ Project coach: Creating a project planner
Project Builder 3 p25 →	Project Builder 4 p27 →	Project Builder 5 p29 →	
▶Video Outdoor events Video focus: Round-up videos	▶Video Asking for and offering help Skill UP! Showing that you are happy to help	A speech Skill UP! Writing a speech	Design a park for the whole community p42 Project skills: Giving a group speech or presentation ▶ Project coach: Using body language in presentations
Project Builder 3 p37 →	Project Builder 4 p39 →	Project Builder 5 p41 →	
▶Video Feeling good about doing good Video focus: Joining video calls	▶Video Asking for, giving and reacting to advice Skill UP! Using phrases that give you time to think	A formal email Skill UP! Writing a formal email, letter or message	Record or film a radio interview about helping others p54 Project skills: Practising in groups ▶ Project coach: Using your voice in recordings and videos
Project Builder 3 p49 →	Project Builder 4 p51 →	Project Builder 5 p53 →	
Vox pop: Gaming Skill UP! Listening for examples	▶Video Interacting during games and activities Skill UP! Asking, explaining or checking something during a game	An online advert Skill UP! Writing an online advert	Make a set of games and challenges p66 Project skills: Writing instructions ▶ Project coach: Giving feedback to other groups
Project Builder 3 p61 →	Project Builder 4 p63 →	Project Builder 5 p65 →	
Radio programme: Personal hygiene Skill UP! Listening for detail	▶Video Talking about health problems Skill UP! Expressing sympathy	A survey report Skill UP! Writing a survey report	Create a health and fitness infographic p78 Project skills: Dealing with disagreements ▶ Project coach: Using font and colour in infographics
Project Builder 3 p73 →	Project Builder 4 p75 →	Project Builder 5 p77 →	
▶Video Sharing skills Video focus: Using on-screen text in videos	▶Video Giving spoken instructions Skill UP! Using intonation when giving instructions	Instructions and cue cards Skill UP! Writing cue cards	Create a how-to video p90 Project skills: Teamwork and skills ▶ Project coach: Editing videos
Project Builder 3 p85 →	Project Builder 4 p87 →	Project Builder 5 p89 →	
▶Video Dream jobs Video focus: Asking the viewers questions in videos	▶Video Expressing and responding to thanks Skill UP! Responding to thanks with <i>Thank YOU</i>	A reflective essay Skill UP! Writing a reflective essay	Create a group yearbook p102 Project skills: Thinking about design ▶ Project coach: Creating a project design
Project Builder 3 p97 →	Project Builder 4 p99 →	Project Builder 5 p101 →	