

Meals in Motion Concludes 1st Round

The Meals in Motion Crock Pot initiative with Children First is a hands-on nutrition and cooking



program for families at Children First campuses in Sarasota, Venice, and North Port. Partnering with All Faiths Food Bank and a nearly \$4,700 grant from the Rotary Club of Sarasota Bay, families attend free classes to learn how to prepare balanced, affordable meals and build practical kitchen skills for everyday life. Each session provides participating parents and caregivers with a Crock Pot and recipe book at no cost, making it easier to recreate healthy recipes at home and establish long-term habits that support children's growth and well-being. This growing initiative now reaches families across south Sarasota County.

See North Port starting [Page 3](#)

Upcoming Meetings

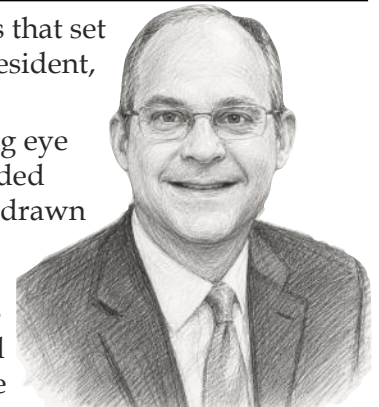
July 7	100 Central	Dr. Anshu Chandra, a Rotarian, helped establish an eye clinic in Haiti, and will join us via Zoom.
July 21	100 Central	Noelle Tenaglia, outgoing president of Riverview Interact Club
August 4	100 Central	Christy Vogel – From Silence to Sounding Joy: Hearing, Hope, and Service in Action.



Meet your new Bay Club President Dr. Todd Morgan

Once upon a time... those were the words that set the tone for the installation of our new president, and it was a perfect start.

On a frigid December day in 1984, a young eye doctor and his newlywed wife, Bobbi, traded Chicago winters for Sarasota sunshine – drawn by family roots, a world-class beach, and the promise of 52 golf courses within 45 minutes. That doctor was Todd, and as he told us with a warm smile, discovering all those courses was easy – Bobbi's Fortune 500 travel schedule kept her on the road, so he had plenty of tee times!



Todd found Rotary in December 1985, sponsored into the Rotary Club of Sarasota Bay by Glenn Bredemeyer after his then-partner Gary Bockhold saw something special in him. Over the years, he has built deep friendships with mayors, sheriffs, pediatricians, Hungarian royalty, and everyday people with extraordinary life stories – the kind of connections that only Rotary can forge.

At the heart of Todd's message was a simple but powerful belief: Rotary is loving your neighbor as yourself. Service above self isn't just a motto to him – it's personal.

And there's one more thing to look forward to this year: Todd promised more singing at our meetings – a declaration that was met with an enthusiastic cheer from the club's vocally gifted members!

Welcome, President Todd. Let the music begin! 🎵



Paul Harris Fellow

ANDREA MARTONE HONORED FOR OUTSTANDING SERVICE ROTARY CLUB OF SARASOTA • INSTALLATION CELEBRATION

When the Rotary Club of Sarasota — the sponsor club of the Rotary Club of Sarasota Bay (1958)— needed a public relations professional at the eleventh hour for one of the most significant events in its 100-year history, Andrea Martone stepped forward without hesitation.

The club was preparing to celebrate its Centennial Anniversary with Rotary International President-Elect in attendance — a milestone occasion demanding exceptional media outreach. When the club's PR chair had to step down unexpectedly, Andrea volunteered to take on the role.

"When at the last minute we lost our PR chair, Andrea volunteered to step in," said Pam Akins, Past District Governor and Centennial President of the Sarasota Rotary Club. Andrea's professional expertise and long-established community connections delivered outstanding results — including a feature article in the Sarasota Herald Tribune that brought the milestone to the attention of the entire community.

In recognition of her extraordinary contribution, the Rotary Club of Sarasota presented Andrea with her first Paul Harris Fellow.



Andrea Martone
Paul Harris Fellow

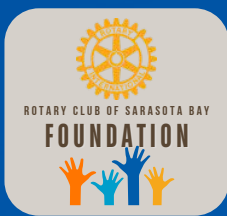
Pam Akins
Past District
Governor & Club
President

Named for Paul Harris, who founded Rotary International in Chicago in 1905, the Paul Harris Fellow represents a \$1,000 contribution to The Rotary Foundation in the recipient's name. It is often awarded to individuals who demonstrate exemplary service to community and to Rotary's enduring mission of Service Above Self.

Congratulations, Andrea — from your friends at the Rotary Club of Sarasota Bay.

Rotary 
Club of Sarasota Bay

Rotary Club of Sarasota Bay • District 6960



Meals in Motion – North Port **Children First** **Welcomes Sarasota Bay Rotary**

Club of Sarasota Bay
Rotary
District 6960

Members of the Rotary Club of Sarasota Bay brought the Meals in Motion program to North Port in May 2026, partnering with Children First to deliver hands-on cooking instruction, nutrition education, and brand-new slow cookers to more than 16 families. The event continued the program's growing reach across Sarasota County — building on earlier launches in Sarasota and Venice.



Club members Carol Mitchell, Lindsey Glass, and Barry Levinson organized and delivered brand-new crock-pots to North Port families at the Children First facility. Meals in Motion is spearheaded by Carol Mitchell, bringing food-security programming to communities across Sarasota County. Each participant left with a slow cooker, cookbook, recipe folder, and All Faiths Food Bank referral cards.

The event featured a live cooking class led by educators from Children First and the Florida Nutrition Education program. More than 16 participants learned meal planning basics, smart shopping strategies, and how to prepare healthy one-pot meals using the Fix-It and Forget-It slow cooker cookbook provided free to each family.



Club Sponsors: Carol Mitchell & Lindsey Glass



Meals in Motion — North Port

A Community in Action

Club of Sarasota Bay
Rotary
District 6960

Parents and families rolled up their sleeves alongside Children First educators, learning hands-on techniques for affordable, nutritious family meals at the North Port Meals in Motion session.



Using the Fix-It and Forget-It: Healthy One-Pot Meals cookbook — provided free to each participant — families practiced slow cooker recipes designed for busy households on tight budgets. Each crock-pot distributed carried the RCSB Foundation label, a small but meaningful reminder of who made the meal and crock-pot possible.



Under Carol Mitchell's leadership, Meals in Motion continues to grow across Sarasota County — from Sarasota to Venice to North Port — serving families one slow cooker at a time. The heartfelt "Thank You Rotary Club of Sarasota Bay!" handprint sign, created by North Port participants, said it all.

Club Sponsors: Carol Mitchell & Lindsey Glass

Club of Sarasota Bay
Rotary
District 6960

