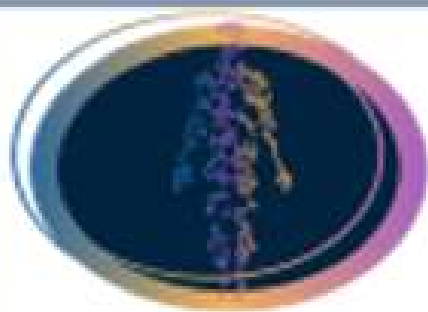


PAEDIATRICS

cnmo.co.uk



College of
Non Musculoskeletal
Osteopathy





THE CNMO OFFERS IN DEPTH AND CLINICALLY RELEVANT TRAINING

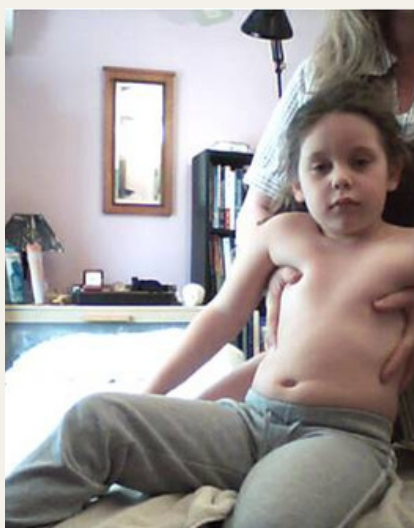


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How to
choose the
right course
for you

Is your focus in
infants and young
children?



What about primitive
reflexes,
neurodiversity and
older children?

[Read more](#)



How to
choose the
right course
for you

Have you already
completed a
paediatric
programme, but felt
you don't have all the
skills you need?



Are you at the
beginning of your
journey in the care of
infants and children?



About the CNMO teaching style

Very accessible lectures, fully recorded, view as many times as you like, long term access after course ends

Life and work balance is very important to the CNMO - that's why we offer flexible hybrid courses, that you can pace yourself with

Caroline is a highly experienced practitioner and lecturer, and is committed to sharing knowledge, clinical experience, and to support your learning at your pace

We offer one to one support, and we simply want to you develop YOUR skills and YOUR clinical experience

COURSE FORMAT

◆ THE CERTIFICATE

A 3 semester / one year online programme, with zoom meetings to start your learning journey - recorded Lectures and resources equivalent to 9 taught weekends

◆ THE DIPLOMA

A further year of training, online and with 5 practical weekends (15 days) of technique and patient examination routines included, on top of another 9 weekend equivalent recorded lecture package, with zoom meetings. Note: for the paediatrics practicals, some infant techniques are explored in toys, and some on each other, and also, as many of the 'paediatric techniques are adapted forms of 'adult' techniques, and so in our weekends we include how to adapt things for children.

◆ PROGRAMMES ARE ASSESSED

Pass each semester to progress to the next.

Four choices of programme level

CHOOSE YOUR OWN ENTRY POINT



You should choose the Certificate to start if you don't have any paediatrics experience, or you need to review all the anatomy, physiology, visceral and other approaches required to begin this journey. But, **even if you have done a programme before**, the Certificate includes such a lot of the physiology, neuroscience, anatomy and concepts, that it makes a great addition to any prior learning, which may not have had the same level of science / evidence. The CNMO programme also does not focus on the involuntary mechanisms. This is deliberate as one does not need this approach in order to treat infants or children. Other gentle approaches are available. Also one can, through an appreciation of physiology and hands on care, develop approaches to achieve the same objectives as 'cranial' work, in our opinion!

Four choices of programme level

CHOOSE YOUR OWN ENTRY POINT



The CNMO Diploma focuses strongly on examination and treatment strategies, clinical protocols, and critical appraisal to help you manage specific presentations in individual patients. The CNMO Diploma and certificate includes a very extensive programme covering a whole range of conditions from intra-uterine, birth strain, feeding, development, growth, reflex changes, puberty, adolescence and beyond.

Programme aims / focus

CERTIFICATE SUMMARY:

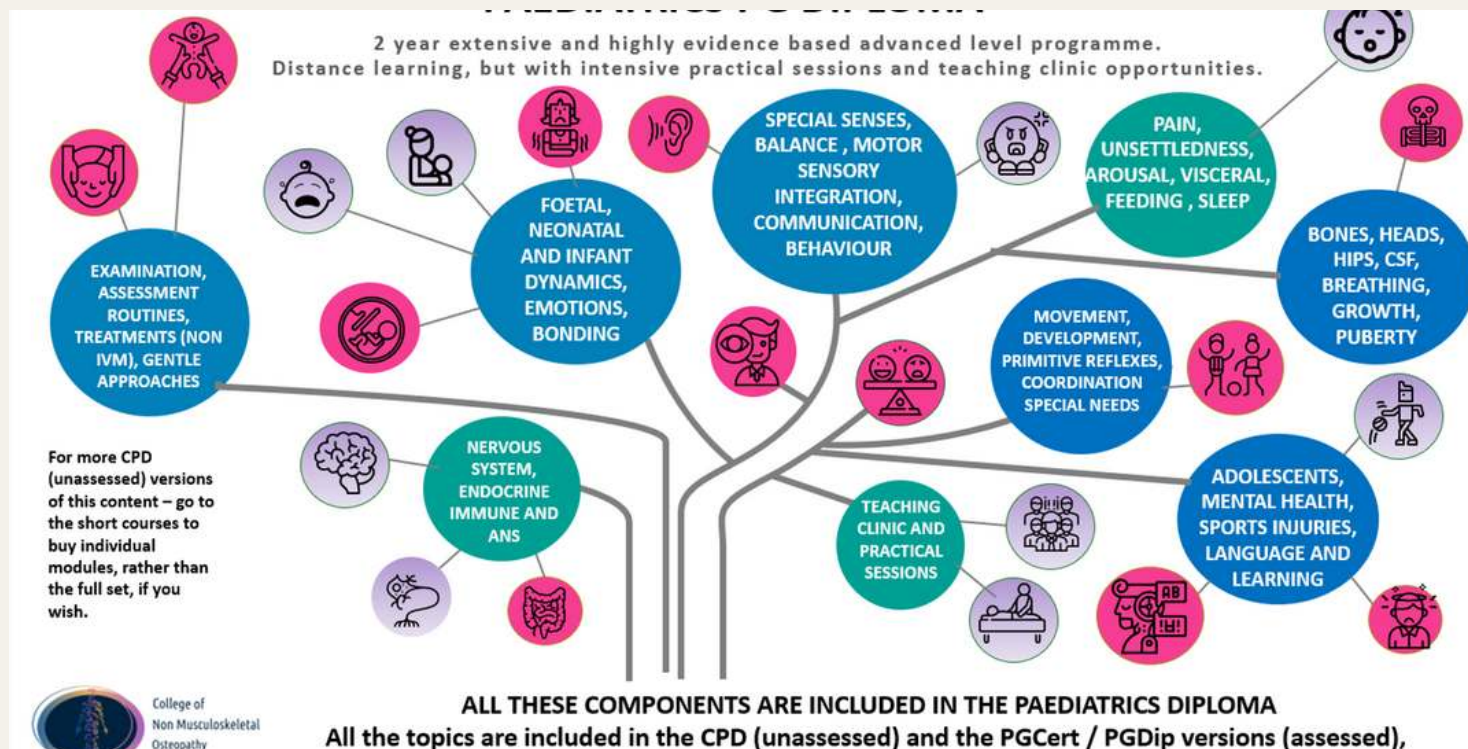
- ANATOMY AND PHYSIOLOGY
- AUTONOMICS, NEUROENDOCRINE, HPA, IMMUNE AND SOMATOVISCERAL INTEGRATION
- MICROBIOME AND IMMUNE CONSIDERATIONS IN CHILD DEVELOPMENT
- INTRA-UTERINE ISSUES
- BIRTH, BONDING, BREASTFEEDING, ORAL FUNCTION, DIGESTION AND BREATHING, unsettledness and general health
- DEVELOPMENT OF POSTURE, MOVEMENT, COORDINATION AND BALANCE, REFLEXES
- CHANGING ANATOMY OF THE HEAD, BODY AND TORSO, STOMATOGNATHIC INTEGRATION
- CHANGING SHAPE AND TORSION IN MUSCULOSKELETAL FACTORS AND INTRAOSSEOUS STRAIN
- ONLINE PLATFORM AND TUTORIAL SUPPORT

DIPLOMA SUMMARY:

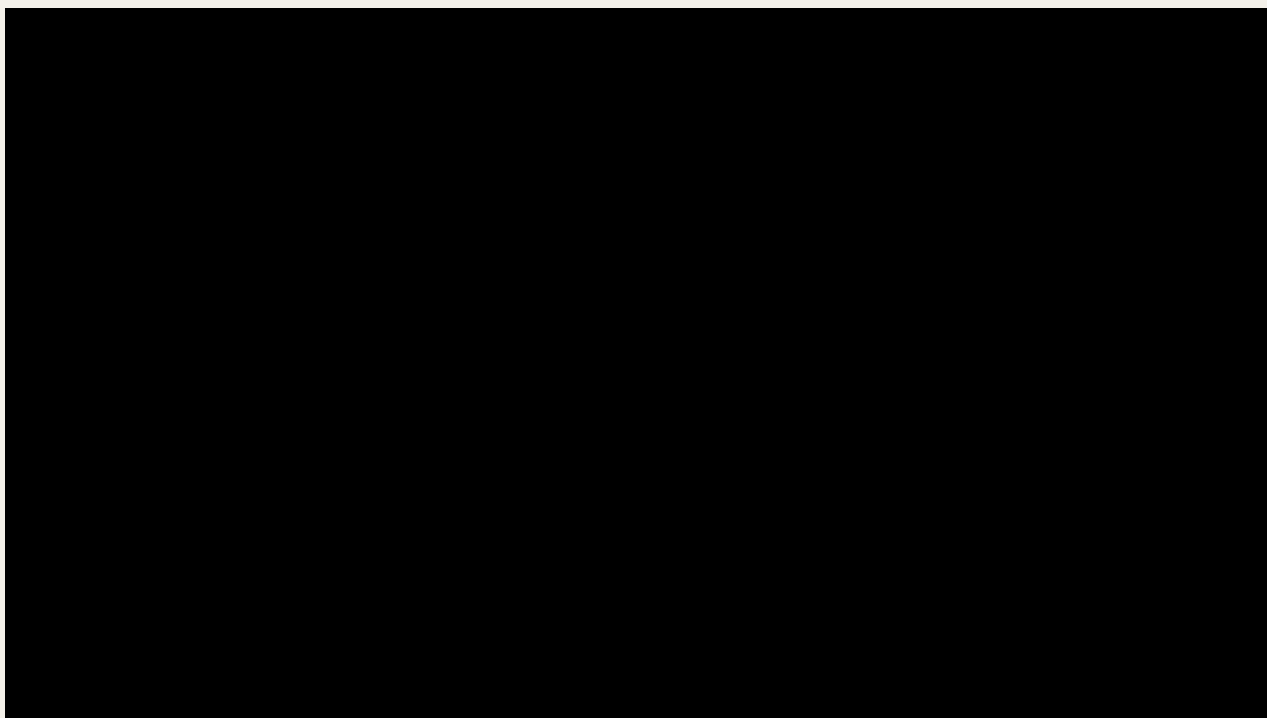
- CLINICAL ASSESSMENT REVIEW = CONSIDERING ALL THE FACTORS WITHIN THE CERTIFICATE CURRICULUM AND TAKING THEM TO THE NEXT LEVEL:
- MANAGEMENT OF VARIOUS CONDITIONS EG feeding and latch dynamics, plagio and movement disorders, unsettledness, coordination, EENT function, bladder and bowel dynamics, orthopaedic, neurodiversity and body image dynamics. NB, these are all introduced at Certificate level, but are now reviewed much more critically.
- CLINICAL PROTOCOLS - WHAT THEY ARE AND ARE NOT
- OUTCOMES ASSESSMENT
- UNDERSTANDING ORTHODOX MANAGEMENT AND INTERDISCIPLINARY ISSUES, imaging, diagnostic criteria, screening
- PRACTICAL TECHNIQUE INTENSIVE CLASSES
- TUTORIAL SUPPORT
- EXTENSIVE EVIDENCE REVIEW AND CASE ANALYSIS
- HELPING YOU WORKSHOP COMPLEX PRESENTATIONS
- DEVELOPING YOUR PERSONAL CLINICAL PROFESSIONAL FIELD OF CARE
- ONLINE PLATFORM AND TUTORIAL SUPPORT (PLUS ABOVE PRACTICAL SESSIONS)
- CLINICAL OBSERVATION POSSIBILITIES

Module Guide

REQUIREMENTS		
	CERTIFICATE	DIPLOMA
SUPPLEMENTARY MODULE	<ul style="list-style-type: none"> • Introduction to osteopathic and somatophysiological principles • Learning to learn 	<ul style="list-style-type: none"> • Introduction to roles and boundaries in clinical practice • Care plans, management clinical audit and outcomes measures, • Constructing an evidence-informed approach
MODULE ONE	<ul style="list-style-type: none"> • Intrauterine dynamics • Maternofoetal sensory dynamics • Intrauterine moulding, reflexes and movement 	<ul style="list-style-type: none"> • Prematurity and its implications for infant care • Ongoing legacies • Understanding allostatic load
MODULE TWO	<ul style="list-style-type: none"> • Birth dynamics and primitive reflexes • physiological adaptation • The dynamic cranium 	<ul style="list-style-type: none"> • Further review of the dynamic cranium and cerebrospinal fluid systems and how the head is not a separate unit • Understanding compromised intracranial dynamics
MODULE THREE	<ul style="list-style-type: none"> • Maturity and arousal • Autonomics and homeostasis • Sleep and alertness • Communication and bonding 	<ul style="list-style-type: none"> • Behavioural state regulation • Self-regulation and coregulation • Understanding the brainstem stability and development of higher centres and physiological integration
EXAM / ASSESSMENT		
MODULE FOUR	<ul style="list-style-type: none"> • Infant pain and unsettledness • Infant suck and latch • Settling into being • 'colic' and visceral dynamics 	<ul style="list-style-type: none"> • Visceral dynamics across all systems • Integrating immunity, fluids, reflexes, developing physiology
MODULE FIVE	<ul style="list-style-type: none"> • Head shapes and Moulding • Intraosseous strain • Motor sensory integration • Torticollis and hip dynamics • General assessment of musculoskeletal system 	<ul style="list-style-type: none"> • Neurological compromise, muscular changes • Complex movement disorders • Brain and spinal cord coordination of 'tone' and feedback • Integration with the central autonomic network
MODULE SIX	<ul style="list-style-type: none"> • Balance and Sensory integration, • primitive and postural reflexes • Learning and development, language • emotional, social and communication issues 	<ul style="list-style-type: none"> • complex neurodiversity • understanding confounding factors such as behavioural state regulation, microbiome, somatic factors and meaning of the words 'care, support, treatment'
EXAM / ASSESSMENT		
MODULE SEVEN	<ul style="list-style-type: none"> • the body and a sense of self • changing anatomy and function over time • interoception, emotions, autonomics • puberty and adolescent dynamics • movement, coordination and agency 	<ul style="list-style-type: none"> • changing neuroendocrine and immune dynamics • further brain development • social communication and impacts on physiological development and sense of self
MODULE EIGHT	<ul style="list-style-type: none"> • Global postural and functional movement changes over time • Orthopaedic considerations 	<ul style="list-style-type: none"> • Further rheumatological, autoimmune, orthopaedic and traumatic dynamics
MODULE NINE	<ul style="list-style-type: none"> • Competence, communication and consenting • Finding your place in the wide spectrum of paediatric care 	<ul style="list-style-type: none"> • Interdisciplinary challenges, ethics and roles • Boundaries and scope • Engaging in clinical complexity, clinical responsibility
EXAM / ASSESSMENT		



Short video about contents



How the courses work

The Certificate and the Diploma share similar formats

- there are 3 semesters, each with 3 months
- every month there is online learning (around 5 hours a week) equivalent to a full weekends of lectures, plus other resources. You complete these in your own time.
- there is an hour zoom meeting each month
- after 3 months there is an assessment, which you need to submit to progress to the next semester
- if you need to postpone for a while that is fine - you can pick it up, the semester you paused at, usually when it next comes round again (unless you delay just for a short time, and your progression can be reorganised more quickly)
- Diploma students only have prepaid access to 5 weekends (15 days) of practicals - to complete the practicals, these can be done in any order, and you choose 5 of the available weekends - as many of the techniques overlap between programmes. You can spread the course attendance over 2 years. If you withdraw there is no refund for any portion of any unattended practicals, as you get access to technique recordings anyway. Practicals are assessed in person, and so you can't complete the programme until they are all completed.
- Diploma students also need clinical observations and be doing their own patients (even if only a few) as patient cases need to be assessed also

PRACTICAL LECTURES DATES FOR 2022, FOR THOSE ON THE DIPLOMA

**STOMATOGNATHIC / RESPIRATORY / CVS 14-15-
16 January 2022**

**OBSTETRICS, BASIC PELVIC FLOOR, BREAST CARE
- 4-5-6 Feb 2022**

**ABDOMINAL / GASTROINTESTINAL - 25-26-27
March 2022**

**RENAL SYSTEM, URINARY TRACT, BASIC MALE
AND FEMALE UROGENITAL - 27-28-29 MAY 2022**

**PAEDIATRICS - FROM INFANTS TO ADOLESCENTS
- 17-18-19 JUNE 2022**

**COMPLEX FEMALE UROGENITAL AND PELVIC
DYNAMICS, PLUS INTERNALS - 15-16-17 JULY
2022**

Choose up to 5 for your programme and take them in one year, or spread over two. The cost is already included (apart from travel etc) in your Diploma Course Fee. Repeated annually.

Certificate Qualifications (all topics) - One Year Distance Learning Mode.

Early bird price
October 2021 intake

£650 (ends 30 September 2021)

Full price £900 for enrolments from 1
November onwards (final enrolment
by 30 November).

Diploma - One Year Hybrid Mode

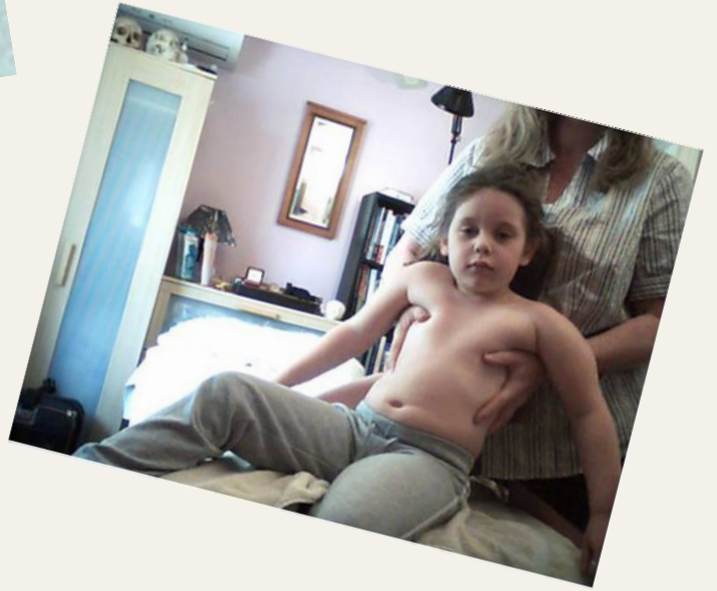
£2000 for enrolments registered by 30
September, 2021.

Cost includes 5 lots of 3 day technique
intensives

Course starts October 2021

Final enrolment by 30 November, 2021.

Full Diploma cost is £2500



Contact Us Now

Visit the website to enrol

**Discounts end 30 September,
enrolment closes 30
November, 2021.**

COURSES START 1st OCT, 2021



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