

# NEW SERVICE ALERT!!!



## Podcast Management

*Let me help market and promote your podcast*

Show Notes



Blog Posts



Transcripts



Audiograms



Social Media Posts



*A Eassley Virtual Solutions*

THE ALTAVISTA AREA CHAMBER OF COMMERCE PRESENTS:

# VISTA OUTDOOR MOVIE NIGHT!

APRIL 17TH | 6:30PM GATE, 8PM SHOW

IN PARTNERSHIP WITH ALTAVISTA AREA Y ARTS COUNCIL  
AND SPONSORED BY:

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## Upcoming Workshops

All workshops are offered during  
the Lunch hour  
via Zoom



**MILLEHAN**  
coaching & consulting, inc.

By: Anne Millehan,  
CTA,  
Certified Coach

**Scheduling and Time Management,  
how much is your time worth?  
April 13th**

### Learning Objectives:

- Understanding the challenges
- Learn how to handle the things which hold us back from getting things done
- How to evaluate managing your time and scheduling efficiently
- Ways to move forward
- Tools to use

**Professional Portfolio (aka Brag Book)  
April 22nd**

**(cost also covers the binder and dividers mailed to you)**

### Learning Objectives:

- Understand the use of a Professional Portfolio
- How to use the Professional Portfolio with peers and clients
- Contents of the Professional Portfolio

**Turning Objections into Positive Outcomes  
April 28th**

### Learning Objectives:

- Learn how to address objections differently
- Learn more about your customer's needs
- Increase business and action steps from your prospects

Register at this link:

**<https://www.annemillehan.com/book-online>**

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Saturdays in April 9-1**

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# Upcoming MELT Classes

## THE GREEN GOAT

April 7th and 21st  
5:30 PM - 6:30 PM  
\$5 off a bottle of wine

## A FEW OLD GOATS BREWING

April 16th and 22nd  
5:30 PM - 6:30 PM  
\$1 off a beer or flight

## VINTON COMMUNITY STAGE

April 15th and 29th  
6:00 PM - 7:00 PM  
5% off at Farmburguesa

## THE WELLNEST

April 9th and 13th  
5:30 PM - 6:30 PM  
April 21st  
8:00 AM - 9:00 AM

## THE WELLNEST FT. WELL HUNG VINEYARD

April 14th and 28th  
5:30 PM - 6:30 PM  
10% off at Well Hung

## TWISTED TRACK

April 24th  
11:00 AM - 12:00 PM



**Sweet Batches and Yellow Branch  
Challengers Partner for April  
Fundraiser!!**

Fundraising Goods!  
Shortbread or Sugar Autism Acceptance Cookies  
by the dozen = \$25

All Natural Peanut Butter, Paws of Honor Dog Treats  
= \$5/bag

Pick up Available at Forest and Bedford Farmers Markets  
April 10: Forest Market; April 17: Bedford Market;  
April 24: Forest Market

Payment accepted at Pick up! Venmo, Cash,  
Credit, and PayPal.

**CONTACT SWEET BATCHES**


Kelly Paxton

434 222 2568

Facebook: SweetBatches Paxton

Email: [sweetbatches20@gmail.com](mailto:sweetbatches20@gmail.com)

Proceeds to Benefit Yellow Branch Challengers!



# *CBD and Therapeutic MASSAGES*

*by appointment only*



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THE  
NEIGHBORS  
PLACE



May 4th or  
May 6th  
6:30pm

THE ABC'S OF THE POST COVID-19 &  
ELECTION ECONOMIC RECOVERY

# Join Us For Complimentary Dinner

## Topics to Be Discussed:

- Retirement Income - Learn way to have income that you can't outlive
- The Markets - How current events may affect your portfolio in retirement
- Taxes - Why you could be paying more in taxes in the near future
- Longevity Risks - How do you help ensure your cash flow is protected
- IRAs - Is your 401(k)/IRA an IOU to the IRS?

## Call 434-290-1266

These events are designed for individuals ages 55 and above. All attendees should be nearing retirement or currently in retirement.



# THE LUMBER YARD

Monday - Thursday

2:30pm- 4:30pm

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