



Sidcot Basketball: Powered by Bristol Flyers

sidcot.org.uk



Sidcot
Live Adventurously

Elevate your basketball game with professional coaching at Sidcot!

In our international community, basketball has the power to inspire and unite students. Ready to take your game to the next level? Our specialist Basketball Programme, powered by the international professional team Bristol Flyers, offers all aspiring elite basketball players aged 11-18 the unique opportunity to elevate your game, while also expanding your educational horizons with first-rate academics.



LOWER SCHOOL – DEVELOPMENT (open to all, indicative ages 11-14)

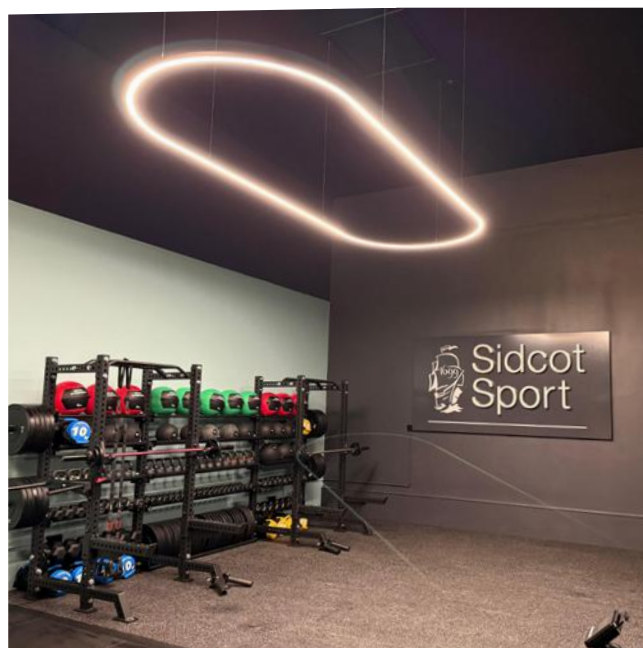
- 23 weeks of specialist coaching from professional Flyers' coaches across Autumn and Spring terms, totalling 1 hour per week
- Equipment and training aids required for high level coaching experiences
- Strong connections with the Bristol Flyers
- Bespoke visit packages to see Bristol Flyers train and play
- Kit package

All students on this Programme will also benefit from the support of Sidcot's award-winning teaching and pastoral teams, with a range of academic pathways including GCSEs, one-year (I)GCSE, A Levels, BTECs (including BTEC Sport) or International Baccalaureate possible alongside their game play.

Our Specialist Basketball Programme includes:

UNDER 18 – FIRST TEAM (open to boys and girls with some experienced play, indicative ages 15-18)

- 23 weeks of specialist coaching from professional Flyers' coaches across Autumn and Spring terms, totalling 5.5 hours per week
- Inter-school fixtures to improve competitive game play
- Strength and Conditioning training sessions in Sidcot's newly-refurbished gym
- Equipment and training aids required for high level coaching experiences
- Strong connections with the Bristol Flyers
- Bespoke visit packages to see Bristol Flyers train and play
- Kit package





Specialist Professional Coaching

Meet the Head Coach Ronan Jebb

Tell us about you

My basketball career path has taken me to coach across the world, working with all ages and cultures, with a strong focus on keeping basketball fun, inclusive and with player development at its core. I also have the pleasure of representing teams at a national level as a coach.



What are you looking for in your elite team?

In the best team sport around, I'm looking for players who embrace the challenge of getting better, embrace the mistakes and difficult situations which basketball offers and who learn to stay resilient, keep a growth mindset and become quick problem-solving young people.

What is your basketball philosophy?

I believe in basketball staying inclusive and fun. I believe basketball is a game of mistakes, where each possession is a new opportunity to test yourself to get better and learn.

Ronan will be joined by an elite team of professional coaches from the Bristol Flyers' Outreach team.

In addition to your coaching experience, the Programme includes visits to the Bristol Flyers' stadium, Meet and Greet opportunities with the First Team and Career development opportunities.





Our facilities

Enjoy access to top-tier sports facilities, including full-size indoor court, training equipment and newly refurbished Strength and Conditioning suite. Our programme includes a full set of practice kit and top range equipment for training and matches. You will also have the opportunity to visit the Bristol Flyers in action at their stadium.

Our campus provides the perfect setting for you to hone your skills, with all the resources you need for personal and athletic growth.

Competition League

Our basketball squad is part of a competition league, playing against a core group of dedicated schools, including: Clifton High, Clifton College, Wycliffe School, Wells Cathedral School, QEH Bristol, Marlborough College, St Katherine's School to name but a few.



Meet Doruk, Team Captain

"At Sidcot, basketball is not just a sport, it is a community of people who are united by one goal - to challenge themselves, to grow not only physically but also mentally, and to simply enjoy their time at school."



Basketball at Sidcot is an unforgettable experience where a player of any level can feel the team spirit, passion and enjoyment of the game, but also those who have lots of experience can excel. Be part of this unforgettable experience and make memories to last a lifetime! Join us!" - Doruk

A Global Perspective

Basketball at Sidcot is about more than just the game – it's a gateway to cultural exchange. Through teamwork, you'll develop connections and friendships that go beyond borders.

Day and international students are part of the team. Basketball is popular and we attract excellent players from the UK, Germany, Spain, Switzerland, France, China and many more!

Academic and Athletic Balance

We believe that strong academic and athletic performance go hand in hand. At Sidcot we provide structured schedules and individualised academic support to ensure that you can excel both on the court and in the classroom. Our basketball programme is designed to complement your studies, fostering discipline, time management, and resilience.

Scan the QR code for more details on our academic courses, including BTEC Sport:



Character Development Through Sport

Basketball is more than a game - it's a way to develop leadership, perseverance, and confidence. At Sidcot, our basketball programme emphasises teamwork, respect, and commitment. You'll learn how to handle challenges, celebrate victories, and grow from setbacks as a team.



Schedule and Summary

U18 First Team Coaching Programme

This programme is aimed at students aged 15–18 who already have some playing experience and are looking to develop their game in a high-performance environment. It provides a strong balance between elite coaching and academic study.

The programme includes:

23 weeks of specialist coaching (approximately 5.5 hours per week)

DAY	TIME	ACTIVITY
Wed	6.00pm – 7.30pm	Training
Thurs	4.00pm – 5.00pm	Strength & Conditioning Session
Fri	4.00pm – 5.30pm	Training
	6.00pm – 7.00pm	Analysis Session
Sat	11.00am – 12.30pm	Training

- Participation in competitive inter-school fixtures, competitive Basketball League and a Finals day
- Access to excellent training facilities and equipment, including newly refurbished Strength and Conditioning Suite
- Opportunities to engage with the Bristol Flyers (training visits and fixtures)
- A full kit package



Development Coaching Programme

This programme is aimed at students aged 11–14 and is designed to introduce and build key skills in a supportive and engaging environment. Students benefit from professional coaching provided by Bristol Flyers staff, alongside access to excellent facilities and equipment.

The programme includes:

- Weekly specialist coaching across 23 weeks (Autumn and Spring terms) – Wednesdays 4pm to 5pm (Term Time)
- Access to high-quality training equipment and facilities
- Links with the Bristol Flyers, including potential visit opportunities
- A Sidcot basketball kit package



Case Study of Success: Meet George

After developing his game and enhancing his love of basketball at Sidcot, George was able to take his performance to the next level, including playing for the junior teams at the Bristol Flyers and training with a basketball academy.

He said, "Playing basketball at Sidcot has really cemented my love of the sport and hopefully launched my future career! I really recommend getting involved with the team – not only is it good fun and exercise, but really great for building skills too!"

Pricing

The Specialist Basketball Programme Powered by Bristol Flyers carries a minimal additional charge to include coaching and travel, Strength and Conditioning, equipment and kit. We request that students sign up to at least one term (and know that you'll want to do more!).

- **Under 18 First Team Coaching Programme Cost:**
£690 for one term; £1,200 for two terms.
- **Lower School Coaching Programme Cost:**
£300 for one term; £500 for two terms.

Payment will be made as an extra on the end of term school bill.



Contact us to find out more

Come be a part of our vibrant international community and experience how basketball at Sidcot can shape your future.

LET'S TAKE YOUR GAME – AND YOUR EDUCATION – FURTHER TOGETHER.

To learn more about our specialist basketball programme, powered by the Bristol Flyers, and how it can fit into your academic journey, contact our admissions team at: admissions@sidcot.org.uk or scan the QR code (right) to sign up.

Sidcot Basketball Programme:
Powered by Bristol Flyers



**Get ready to elevate your
game at Sidcot School!**



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Sidcot
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