



# MBIMB

July 2024 Newsletter

## Meet Sama Ramy Youssef

Our newest MBIMB  
Ambassador from  
Egypt

MBIMB in ISL  
Working with the Deaf  
Leaders Foundation





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## MBIMB JULY 2024 NEWSLETTER

Welcome to the July edition of the MBIMB Newsletter!

We are thrilled to bring you the latest updates and inspiring stories from the My Body is My Body (MBIMB) programme. This month has been particularly exciting as we continue to expand our reach and impact, thanks to the incredible efforts of our dedicated ambassadors around the globe.

Our ambassadors are the heart and soul of MBIMB, tirelessly working to spread the message of body safety and empowerment. Their commitment and passion have reached countless children, making a profound difference in their lives. From engaging presentations to interactive activities, our ambassadors bring the MBIMB programme to life in their communities.

We would love to hear more of your stories! If you are an ambassador, we encourage you to share your experiences and successes. Your stories not only inspire others but also help us understand the unique challenges and triumphs you encounter in your mission. Together, we can learn, grow, and continue to make a positive impact.

Thank you all for your continuous support and dedication. It is through our collective effort that we can safeguard children everywhere and create a safer, more empowered world for them.



*Chrissy Sykes*





# Why MBIMB is Essential

*Child abuse is a global crisis affecting up to 1 billion children annually. The MY Body is My Body Programme addresses this urgent need by:*



## **Early Intervention**



*Educating children on body safety from the age of three years*



## **MBIMB Accessibility**



*Available in 28 languages, reaching diverse communities worldwide*



## **Engagement**



*Using music and animation to captivate children's attention*



## **Empowerment**



*Teaching children to recognise and report inappropriate behavior*



# Key Benefits



## **Cost-Effective**

*All our training and resources are provided free of charge*



## **Minimal Expenses:**



*The only costs are printing teacher lesson plans,  
children's workbooks, and posters  
and volunteer transportation*



## **Comprehensive Approach**



*Educates children, parents, and communities*



## **Proven Impact:**



*Presented to over 2.3 million children in 60+ countries*

Supporting the My Body Is My Body Programme is an investment in the safety and well-being of children. By providing educators and children with the tools they need to understand and prevent abuse, we can create safer, more informed communities. We urge community leaders, educators, and concerned citizens to support this vital initiative and help us spread the message of safety and empowerment.

We invite you to join us in our mission to safeguard children by sponsoring the My Body Is My Body Programme printed materials in schools and community group. Your support will enable us to print the essential materials needed to educate children worldwide about body safety and prevent abuse. Together, we can create a safer world for all children.

**To get started, please visit [www.mbimb.org](http://www.mbimb.org) to learn more about the programme and how you can contribute.**

**Let's make a difference, one child at a time.**

# HELP US MAKE A DIFFERENCE



Every year worldwide, over a billion children suffer from abuse. Education is our most powerful tool to prevent these tragedies and ensure every child grows up safe and confident.



[www.mbimb.org](http://www.mbimb.org)  
[chrissey@mbimb.org](mailto:chrissey@mbimb.org)



## DONATE TODAY

[www.mbimb.org/donate](http://www.mbimb.org/donate)

### **Our Commitment.....**

*100% of your donations go directly into the printing and distribution of our educational materials in **28 languages** to schools and community organisations worldwide.*



### **What We Provide**

- Children's Workbooks
- Teacher Lesson Plans
- Informational Flyers
- PLUS FREE ONLINE COURSES



## Empower children around the world with essential knowledge about body safety.

MY BODY IS MY BODY FOUNDATION - CHARITY NUMBER 1199901

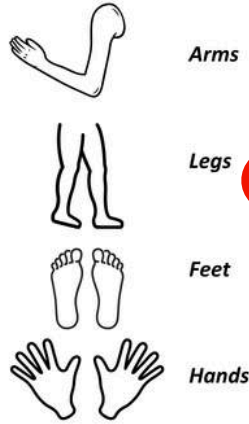
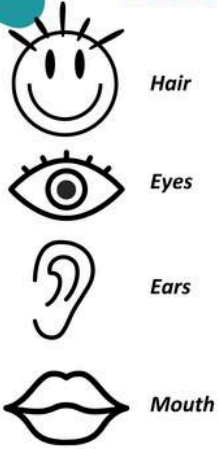
# INTRODUCING

## Our MBIMB Children's Workbook With

### SEND Images

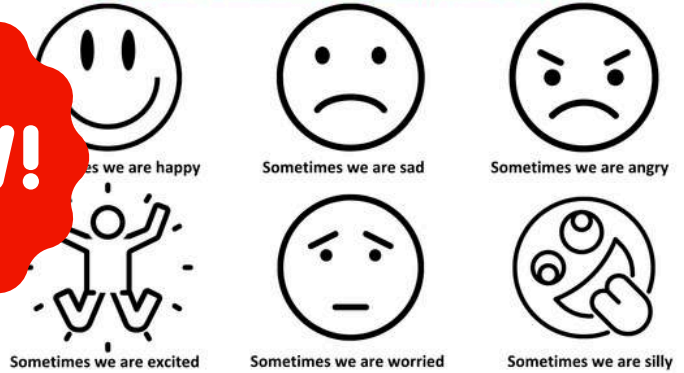
(download it from our Resources Page on our MBIMB website [www.mbimb.org](http://www.mbimb.org))

#### We have many different parts to our body



#### Let's talk about feelings

Do you know we all have the same types of feelings?



#### Love is Gentle

When people are looking after you they need to make sure that :



You are loved



It is important that you are looked after well so that you can grow up **HAPPY** and **HEALTHY** and **STRONG**



You clean your teeth



Help you if you are sad



You have clean clothes to wear



Mommy or Daddy



Granny or Grandpa

#### What Is A Safe Adult?

A safe adult is someone who:

- You can talk to when you need help.
- Listens to you and helps solve problems.
- If you ever feel unsure or need help, these are the people you can go to.



School Counselor

#### People who can be safe adults:

- |                         |                          |
|-------------------------|--------------------------|
| Mommy                   | Principal or Head Master |
| Daddy                   | School Counselor         |
| Granny                  | Neighbour                |
| Grandpa                 | Policeman                |
| Older Brother or Sister | Mentor                   |
| Aunty, Uncle            | Pastor                   |
| Teacher                 | Spiritual leader         |



Older Brother or sister



Teacher



Policeman

#### Let's Play A Game

#### IS IT A SECRET OR A SURPRISE??

1. We are having a special party for Mummy's birthday.

Secret

Surprise



Yes

2. I want you to come with me, let's not tell Mommy and Daddy.

Secret

Surprise

3. I am going to bake your sister's favourite cake.

Secret

Surprise

4. Let's play a touching game but we must not tell anyone.

Secret

Surprise



Surprise



#### Say "NO" To Secrets

I'm not gonna keep your secrets We're not gonna keep your secrets  
I'm not gonna keep your secrets We're not gonna keep your secrets  
If you try to hurt me  
I'm gonna tell on you Come on everyone  
We're gonna tell someone If you try and do things  
I know are wrong, I'll be strong,  
I'm gonna tell someone  
I'm not gonna keep your secrets, We're not gonna keep your secrets  
I'm not gonna keep your secrets We're not gonna keep your secrets

If you try to bully me, I know that's wrong  
I'm gonna tell someone, We're gonna tell someone  
We say "No" to secrets,  
We say "No" to secrets,  
We say "No" to secrets,  
We say "No" "No" "No" "No"

I'm not gonna keep your secrets, We're not gonna keep your secrets  
I'm not gonna keep your secrets We're not gonna keep your secrets  
We say "No" to secrets  
We say "No" to secrets  
We say "No" to secrets  
We say "No" to secrets



Say No



Say No



Say No



Secrets

If someone makes you feel bad or uncomfortable, or if they touch your private parts and tell you to keep it a secret, **Say NO and always tell a SAFE ADULT**



# HeyGen

## Expanding Horizons:

# MBIMB Partners with HeyGen to Reach More Children Worldwide

*We are delighted to announce a groundbreaking partnership with HeyGen, a pioneering company in the field of video translation. This collaboration marks a significant advancement for the “My Body is My Body” (MBIMB) programme, enabling us to translate our training videos into multiple languages and extend our impact globally. This partnership is not just a technological advancement but a crucial step towards empowering millions of children around the world.*



## HeyGen Leading the Way in Video Translation

HeyGen stands at the forefront of innovation, transforming how we overcome language barriers in digital content. Their state-of-the-art technology provides seamless video translation services that preserve the original message’s integrity and emotional impact. HeyGen’s platform translates videos quickly and accurately, ensuring that vital information is accessible to diverse audiences worldwide.

Founded on the principle that technology can bridge gaps and foster global understanding, HeyGen has rapidly become a leader in the industry. Their commitment to excellence and user-friendly interface make them an ideal partner for organizations looking to expand their outreach and make a meaningful difference.

<https://app.heygen.com>



# HeyGen

## Amplifying Our Impact Together

The “My Body is My Body” program has always focused on empowering children with the knowledge and confidence to protect themselves. Our partnership with HeyGen allows us to take this mission to a global scale. By translating our training videos into multiple languages, we ensure that our crucial message of body safety reaches children in their native tongues, breaking down language barriers and making the content more relatable and impactful.

Imagine a child in rural Africa or a remote village in Asia who, for the first time, can understand the MBIMB program in their own language. Hearing and seeing educational content that speaks directly to them enhances comprehension, retention, and the overall effectiveness of the training.

## This partnership with HeyGen means:

- **Broader Reach:**

Our videos will be accessible to communities in various countries, ensuring that no child is left behind due to language constraints.

- **Enhanced Understanding:**

Parents, Teachers and Children will be able to fully grasp the concepts and importance of body safety when presented in their native language.

We are extremely grateful to embark on this journey with HeyGen. Their technology not only complements our mission but amplifies it, allowing us to touch the lives of many more children than ever before.

Together, we are breaking down barriers and building bridges of understanding and safety. This partnership is more than just a technical collaboration; it is a unified effort to make the world a safer place for every child, regardless of their language or background.

Stay tuned for updates as we roll out these translated videos and witness firsthand the incredible impact this partnership will have on children around the globe.

**With HeyGen by our side, the future is brighter, safer, and more inclusive for all.**

<https://app.heygen.com>



# MBIMB Ambassadors





# INTRODUCING

## Sama Ramy Youssef

**Meet Sama Ramy Youssef, an extraordinary young woman from Cairo, Egypt, who is breaking barriers and redefining perceptions of Down syndrome. Sama, who lives with Down syndrome, has become a dynamic advocate, making significant strides in championing the rights and potential of individuals with disabilities.**

### **A Multifaceted Talent**

**Sama is not just an advocate; she is also a gifted singer and ballerina. Her artistic talents have provided her with a unique platform to campaign for change and challenge societal stigmas. Her performances are more than just artistic expressions; they are powerful statements of inclusivity and capability.**

# CHAMPIONING CHANGE: SAMA RAMY YOUSSEF'S INSPIRING JOURNEY

## **A Catalyst for Educational Reform**

One of Sama's remarkable achievements was her successful campaign against the use of the term "Mongolian dementia" in Egyptian high school biology textbooks to describe Down syndrome. Her persistent efforts led to the removal of this offensive term by the Egyptian Minister of Education. This victory marked a significant step towards greater awareness and sensitivity in education, highlighting Sama's impact on societal change.

## **Beyond Advocacy: A Role Model in Action**

Sama continues to inspire through her active participation in public awareness campaigns and various art forms. She emphasizes the importance of recognizing the abilities and potential of individuals with Down syndrome, advocating for their inclusion in all aspects of society. Her work not only educates but also empowers others to see beyond disabilities and appreciate the diverse capabilities of every individual.

## **Academic Achievement**

In February 2024, Sama added another feather to her cap by graduating from the College of International Transportation and Logistics at the Arab Academy for Science and Technology and Maritime. This academic milestone is a testament to her determination and resilience, further solidifying her role as a trailblazer for individuals with disabilities.

## **Joining the MBIMB Family**

We are immensely proud to welcome Sama Ramy Youssef as the newest Ambassador for the My Body is My Body (MBIMB) Programme. Her dedication and achievements resonate perfectly with our mission to empower and protect children worldwide. A special thanks to Nancy Abdelhadi Elbassiouny for facilitating this invaluable partnership.

Sama's journey is a powerful reminder that with passion and perseverance, one can drive meaningful change and inspire countless others. Her story continues to encourage us all to strive for a more inclusive and understanding world.

# CHAMPIONING CHANGE: SAMA RAMY YOUSSEF'S INSPIRING JOURNEY



# EGYPT ICE HOCKEY CARES 2024: A DAY OF JOY AND UNITY AT SUN CITY MALL

On July 5, 2024, the Sun City Mall in Heliopolis, Cairo, was abuzz with laughter and excitement as the Egypt Ice Hockey Team hosted the highly anticipated Egypt Ice Hockey Cares 2024 event. This heartwarming occasion, organized with the generous support of numerous donors and volunteers, brought together over 400 children from various backgrounds, including orphans, displaced children, children of short stature, and those from low-income families from Egypt, Syria, Palestine, and Sudan.





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# EGYPT ICE HOCKEY CARES 2024: A DAY OF JOY AND UNITY AT SUN CITY MALL

The event, which was a collaborative effort with several organizations providing toys and entertainment, was a testament to the power of community and compassion. The children, ranging in age from 2 to 18, enjoyed a plethora of activities throughout the day. They gleefully took to the ice rink for some ice skating, played arcade and amusement park games, and indulged in face painting and arts & crafts. The presence of clowns, a magician, and a special visit from the beloved Super Karawan added to the magic of the day.

A particularly memorable moment was when Sama Ramy, MBIMB's First Ambassador with Down Syndrome, made a special appearance, bringing immense joy and inspiration to the children. Her interaction with the young attendees was a highlight, as she spread smiles and positivity.

The children also shared a delicious meal, providing a wonderful opportunity for them to socialize and build friendships with peers from different communities. The atmosphere was filled with happiness and camaraderie, as the children relished in the chance to simply be kids and enjoy a day dedicated to their happiness.

In addition to the fun and games, the children were introduced to the My Body Is My Body Programme. They were given MBIMB flyers, sponsored by the MBIMB Foundation, with important information about body safety for children to take home. This initiative aimed to educate the young attendees about body safety through engaging and age-appropriate content, ensuring they left with valuable knowledge to share with their families.

The success of Egypt Ice Hockey Cares 2024 was made possible through the support of private and non-governmental organizations, as well as the unwavering dedication of some Rotarians from Cairo. Their contributions ensured that this year's event was a remarkable and unforgettable experience for all involved. According to Nancy Abdelhadi, one of the management team and CEO of IBIS, one of the event organizers, "The objective of the Egypt Ice Hockey Cares events is not only to introduce winter sports and specifically Ice Hockey and Ice skating to youth in Egypt and the region but it also gives the Egypt Ice Hockey Team an opportunity to give back to society. This year's event was a great peace-building event because it brought Egyptian children and children from other communities together to enjoy a fun day together."

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# EGYPT ICE HOCKEY CARES 2024: A DAY OF JOY AND UNITY AT SUN CITY MALL

Nancy added that, "sports is a way for children to develop their leadership skills and we believe that sports should be an inclusive activity and that every child should be given the opportunity to participate."

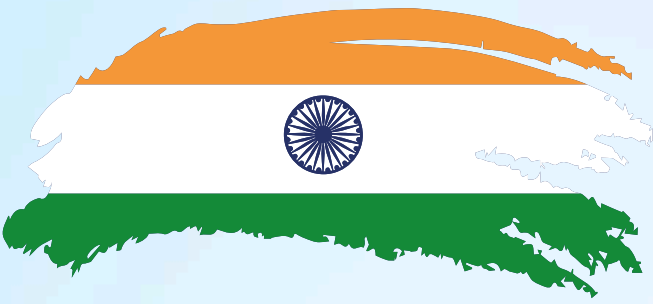
Today's event not only provided a day of joy and entertainment but also highlighted the incredible impact that unity and community support can have in bringing happiness to children's lives. Egypt Ice Hockey Cares 2024 was a shining example of what can be achieved when people come together for a common cause, creating lasting memories and making a difference in the lives of many.

IBIS was proud to partner with Egypt Ice Hockey, UFC, Muslims in Need and the wonderful Rotarians and other volunteers and sponsors that helped made this fun-filled day possible.





**MBIMB Ambassadors**



# **DEAF LEADERS FOUNDATION**

**Deaf Leaders Foundation:  
Empowering the Deaf Community  
through Education and Advocacy**





# About DLF



The Deaf Leaders Foundation, founded by the visionary Mr. Murali, is dedicated to empowering the deaf community through education, advocacy, and leadership development. This organization has made significant strides in improving the lives of deaf individuals by providing them with the tools and opportunities they need to succeed.

One of their notable contributions is their collaboration with our My Body Is My Body (MBIMB) Programme, where they have volunteered to record MBIMB song videos in Indian Sign Language, for which we are immensely grateful.

## The Vision of Mr. Murali

Mr. Murali established the Deaf Leaders Foundation with a mission to break down the barriers faced by the deaf community and to promote their full inclusion in society. Motivated by the lack of resources and opportunities for deaf individuals, Mr. Murali sought to create an organization that would champion their rights and provide essential support. His unwavering dedication to this cause has been instrumental in the foundation's success and impact.

## Key Initiatives and Achievements

The Deaf Leaders Foundation focuses on several key areas to support the deaf community:

### 1. Education and Training:

- The foundation provides educational resources and training programs designed to enhance the skills and knowledge of deaf individuals.
- They offer courses in sign language, literacy, and vocational training to ensure that deaf individuals have the tools they need to thrive.

### 2. Advocacy and Awareness:

- The foundation actively advocates for the rights of deaf individuals, working to raise awareness about the challenges they face.
- They collaborate with government agencies, NGOs, and other stakeholders to influence policies and promote inclusivity.

### 3. Leadership Development:

- Recognizing the importance of leadership within the deaf community, the foundation offers leadership development programs.
- These programs aim to empower deaf individuals to take on leadership roles and become advocates for their community.



# Partnership



## **Partnership with MBIMB Programme**

The Deaf Leaders Foundation's partnership with the MBIMB Programme has been particularly impactful. By volunteering to record MBIMB song videos in Indian Sign Language, they have made vital educational content accessible to deaf children. This initiative ensures that these children receive important lessons on body safety and empowerment, fostering an inclusive environment where every child can benefit from the programme.

## **Contribution of Dr. Darwin Moses**

A significant part of this successful partnership has been the involvement of Dr. Darwin Moses from the MBIMB Advisory Board. Dr. Moses has played a crucial role in introducing and managing this collaboration between our organisations. His guidance and support have been instrumental in ensuring the seamless execution of this project, benefiting countless children in the process.

## **Dedication and Professionalism**

Throughout their work, the Deaf Leaders Foundation has shown exceptional dedication and professionalism. Our ISL Interpreter Roshini .G is passionate and committed, consistently delivering high-quality work. The foundation's approach is holistic, addressing not only educational needs but also the broader social and emotional well-being of deaf individuals.

The Deaf Leaders Foundation, under the inspiring leadership of Mr. Murali, continues to make a significant impact in the deaf community. Their collaboration with the MBIMB Programme and their efforts to make educational content accessible through Indian Sign Language are commendable. We are deeply grateful for their partnership and look forward to continuing our collaborative efforts to create a more inclusive and empowered society for all children.



**DEAF LEADERS  
FOUNDATION**

# Partnership



**Check out our MBIMB Song Video In ISL**

**My Body Is My Body  
Song With  
Indian Sign Language**

[www.mbimb.org](http://www.mbimb.org)

**DEAF LEADERS  
FOUNDATION**



# MBIMB Ambassadors





On July 3rd, I had the great pleasure of presenting the My Body Is My Body (MBIMB) Programme to the Rotary Club of Normanton. This club is a group of friends from a wide range of different backgrounds who follow the Rotary motto of "Service Above Self" and derive pleasure from assisting like-minded people to improve the lives of many who are less fortunate than ourselves. The Rotary Club of Normanton received its Charter in 1942.

I was made to feel very welcome by the members and had a wonderful surprise of receiving a £500 donation to our charity. This generous donation will go towards sharing our programme and distributing printed materials in the Barnsley area.

A heartfelt thank you to Stephen Woodcock and the wonderful members of the Rotary Club of Normanton for their warm welcome and generous support. Together, we are making a difference in the lives of many children and families.



**Stephen Woodcock**  
President. Rotary Club of Normanton

**Chrissy Sykes**  
CEO & Founder. My Body is My Body



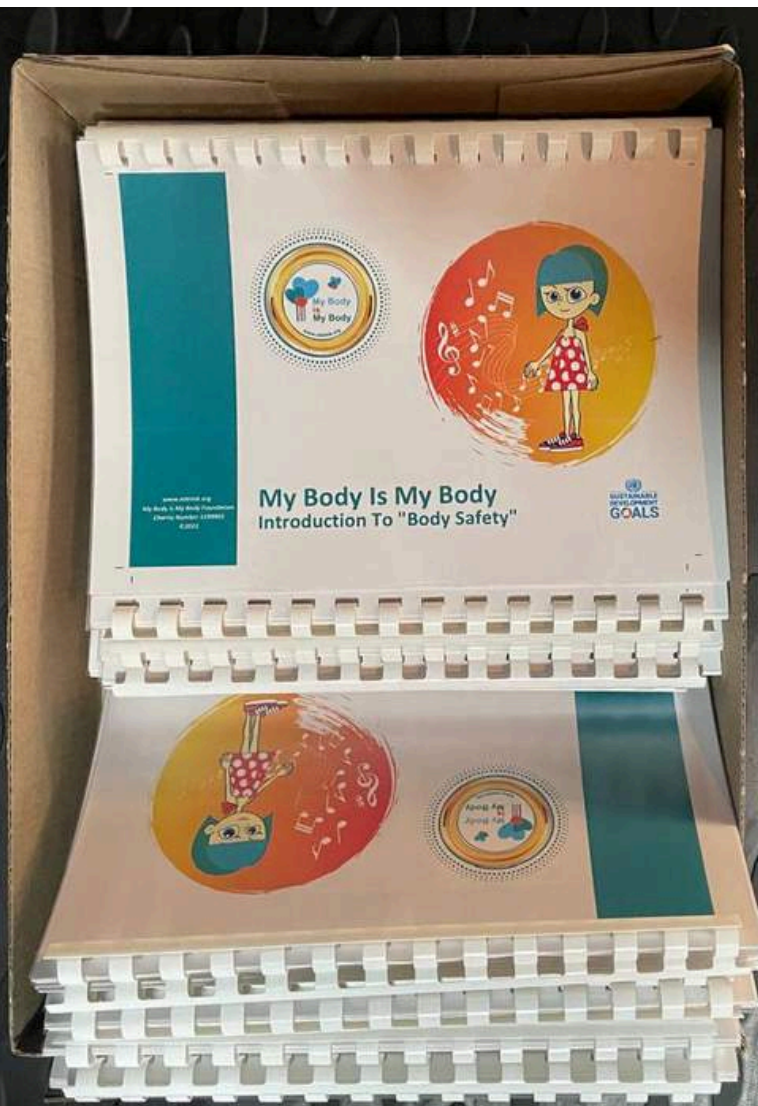
**MBIMB Ambassadors**



## ***TinyTods Celebrate the Arrival of MBIMB Children's Workbooks***

There was great excitement last week when the children from TinyTods in Johannesburg, South Africa received their delivery of My Body Is My Body (MBIMB) Children's Workbooks. The arrival of these educational resources marks a significant step forward in empowering young minds with crucial knowledge about body safety and personal boundaries.

The children at TinyTods have already begun exploring the colorful pages of their new workbooks, engaging in activities that teach them about their rights and how to protect themselves. These workbooks are more than just educational tools; they are a means of building confidence, awareness, and resilience in young children.





## **The Power of MBIMB Songs**

In addition to the engaging activities, the MBIMB Children's Workbooks include all the lyrics to our empowering songs. These songs are a core part of the MBIMB Programme, designed to reinforce the safety messages in a memorable and enjoyable way.

### **1. Sing-Along Fun**

The inclusion of song lyrics in the workbooks allows children to sing along, making the learning process even more enjoyable. Music is a powerful tool for education, and these songs help to embed the important messages of the

### **2. Reinforcement Through Music**

The songs cover various aspects of body safety, personal boundaries, and self-empowerment. By singing these songs, children are continually reminded of the lessons they've learned, reinforcing their understanding and retention of the material.

### **3. Engagement and Enjoyment:**

Music naturally engages children and makes learning fun. The MBIMB songs create a positive and enjoyable learning environment, encouraging children to participate and absorb the critical information being taught.

**NEW**  
**MBIMB**  
**ONLINE**  
**COURSE**



Available Now

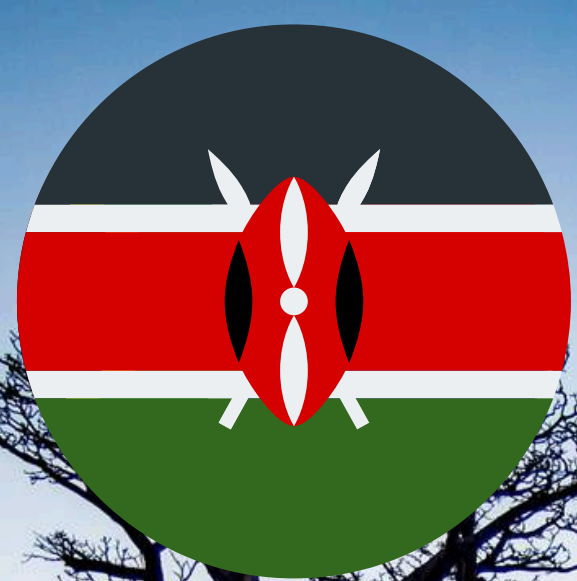
[WWW.MBIMB.ORG/COURSES](http://WWW.MBIMB.ORG/COURSES)



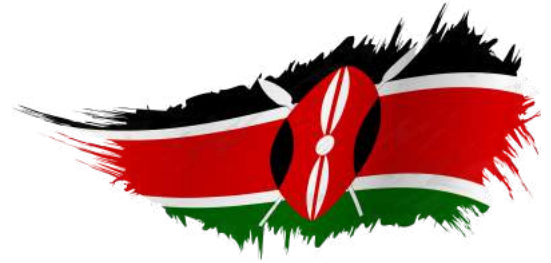
- **CHILDREN WILL LEARN WITH OUR FREE BULLY AWARE COURSE HOW TO:**
- UNDERSTAND BULLYING
- RECOGNISE BULLYING
- RESPOND TO BULLYING



By: Titia Niehorster



**MBIMB Ambassadors**



## **D9212 Rotary Club Of Nairobi - North with KEBENE Rotary Community Corps.**

### **Creating awareness on The My Body is My Body Program**

*By Joyce Waiyaki*

As part of our ongoing mission to create awareness for the "My Body Is My Body" (MBIMB) program, we recently had the incredible opportunity to present our initiative at KEBENE, located in Diani on the South Coast of Kenya. KEBENE, which stands for Kenya/Belgium/Netherlands, is a sanctuary for teenage mothers, offering them a safe haven and helping to restore their dignity and hope.

In a heartwarming event, our MBIMB presentation was attended by a diverse and supportive group. Pictured in the photo are the dedicated administrators and social workers of KEBENE, the brave teenage mothers and their children, members of the Rotary Club of Nairobi-North leadership, and visiting volunteers from Europe.

KEBENE provides a nurturing environment where teenage mothers can rebuild their lives and look forward to a brighter future. By launching the MBIMB program at KEBENE, we aimed to equip these young mothers and their children with the knowledge and tools to ensure their safety and empowerment.

This event was made possible through the unwavering support of our Rotary Community Corps family of Rotary. The collaboration with Rotary not only amplifies our efforts but also strengthens our commitment to fostering safe and supportive communities around the world.

We are proud of this significant step in our journey to spread the vital messages of the MBIMB program. Together with KEBENE and Rotary, we continue to work towards a future where every child and parent feels safe, valued, and empowered.

Thank you to everyone involved for making this launch a success and for your continued dedication to the cause. Your support is crucial in helping us reach more communities and make a lasting impact.

Stay tuned for more updates as we continue to spread awareness and bring positive change to the lives of many.



**Rotary**



**D9212 Rotary Club Of Nairobi with KEBENE  
Rotary Community Corps. Creating  
awareness on My Body is My Body**

*By Joyce Waiyaki*





**My Body is My Body Safety Rules**

**MY BODY IS MY BODY**  
 My body belongs to me and only to me.  
 Nobody should hurt me  
 Nobody should touch my private parts  
 I am the boss of my own body !!

**IF IT DON'T FEEL RIGHT DON'T DO IT**  
 If people try to get me to do things I know are wrong, or that make me feel uncomfortable I will say "NO" THEN I WILL TELL A SAFE ADULT

**WHO CAN I TELL IF I HAVE A PROBLEM? I CAN TELL A SAFE ADULT**  
 MOMMY OR DADDY, AUNTY OR UNCLE, GRANNY OR GRANDPA, TEACHER OR PRINCIPAL, COUNSELLOR AT SCHOOL

**FEELING UNSAFE? HERE ARE SOME WARNING SIGNS FROM YOUR BODY**  
 Your face or your hands might start to sweat  
 Your mouth could feel dry  
 You might feel sick in your tummy  
 Your heart could beat fast  
 You could start crying  
 You could feel scared  
 Your legs could feel wobbly  
 If you are feeling any of these warning signs, find a Safe Adult you can talk to and tell them you are feeling unsafe.

**PRIVATE PARTS**  
 My private parts are the parts where my swimsuit or my underwear covers.  
 1. Nobody should touch my private parts  
 2. Nobody can ask me to touch their private parts  
 3. Nobody should take pictures of my private parts

**SAY NO TO SECRETS**  
 If someone is hurting you, bullying you or doing anything that makes you feel uncomfortable, and they ask you to keep it a secret - Say No To Secrets THEN TELL A SAFE ADULT

[www.mbimb.org](http://www.mbimb.org)  
 My Body Is My Body Foundation  
 Charity Number 1199901





## MEMORIAL HOME VISIT

On 24th July 2024, the Darren Hart Foundation visited the Memorial Children's Home in Naivasha, Kenya, making a significant impact through meaningful interactions with the children and staff. Thanks to the generous and continuous support of the Global Goodwill Ambassadors Foundation, as well as contributions from our members, volunteers, and well-wishers, we were able to provide essential donations of food, stationery, and sanitary pads for the girls.

We also extend our gratitude to the My Body is My Body Foundation for assisting with the printing of flyers. These contributions are vital in addressing the immediate needs of the children and enhancing their well-being.

During the visit, we introduced the "My Body is My Body" program, which aims to educate children about self-awareness and equip them with the knowledge to recognize and protect themselves from various types of abuse. The children were taught to say no to secrets and were informed about abuses such as being beaten too hard, kicked, burnt, punched, and touched inappropriately. They learned that if something doesn't feel right, they shouldn't do it.

Furthermore, the children were sensitized about having the right to their bodies and were encouraged to report any abuse to a safe adult. We engaged the children in singing the "My Body Is My Body Song," which made the event both wonderful and impactful. This program empowers the children to be resilient and confident, fostering a sense of security and independence. The session was interactive and engaging, ensuring that the children absorbed the critical lessons in a supportive environment.

The day concluded with a joyous cake-cutting celebration, filling the room with laughter and smiles. The matron and staff of the Memorial Home expressed their heartfelt gratitude to the Darren Hart Foundation and our partners for our ongoing commitment to making a difference in the lives of these children. We look forward to continuing our partnership with the Memorial Home and other organizations, working together to nurture hope and happiness in the children's futures. The home still faces challenges, including payment for examinations, electricity bills, water bills, and stationery. Kindly find the attached pictures of the event.



# DARREN HART FOUNDATION

trees, organize cleanups and sensitize on proper disposal of waste & recycling

**BECOME A MEMBER**  
To Register

- darrenhartfoundation.org
- 0760 787 637 / 0701 747 644
- Darren Hart FDN
- Darren Hart Foundation
- darrenhartfoundation

**DarrenHart Foundation**  
*We Touch Lives*

**Our Mission**





Titia Niehorster



**SATURDAY**

**3RD AUGUST 2024  
2PM LONDON TIME**

# JOIN US BULLY AWARE

Join Chrissy Sykes and Titia Niehorster from BULLY AWARE for a much-needed discussion on Bullying.

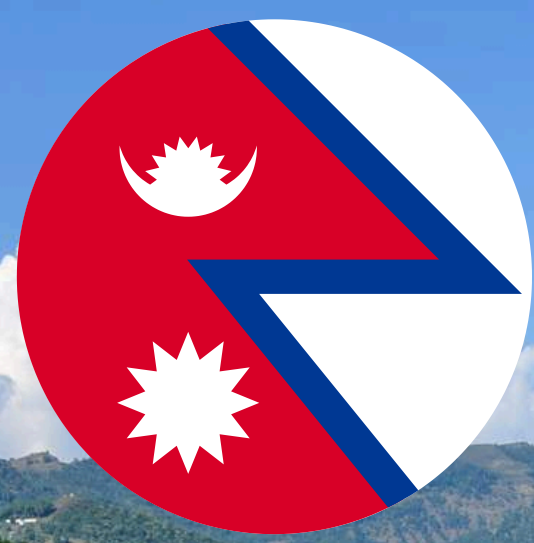


Chrissy Sykes



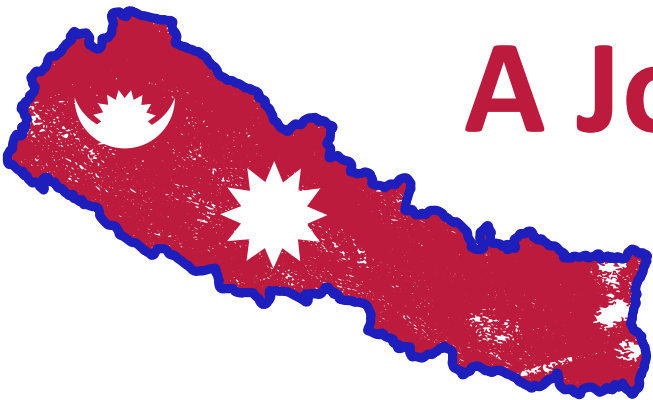
**REGISTER NOW**

[CLICK HERE](#)  
[TO REGISTER](#)



**MBIMB Ambassadors**

# A Journey in Nepal



**Nirjala Poudel - Country Representative of Nepal**

**Ganesh Timilsina- Country Representative of Nepal**

**Kasthuri Gunasegaran- Country Representative of Singapore**

Apart from their strong friendship, Nirjala, Ganesh, and Kasthuri share another significant bond—they are dedicated ambassadors for the “My Body is My Body” (MBIMB) program in their respective countries. Nirjala and Ganesh have been actively working with schools across Nepal, educating children about body safety. Recently, when Kasthuri visited Nepal, the three ambassadors united for a powerful mission: to enlighten students from two schools about body safety from a global perspective.

Their collaboration brought a unique and impactful approach to the MBIMB program. The students quickly realized that body safety is a universal concern and that they have the responsibility to protect themselves and their loved ones. The introduction to body safety was so well received that school leaders expressed a keen interest in extending the program to other grade levels within their schools.

## **Schools Visited:**

- 1. Ira School, Kathmandu (Grades 8, 9 & 10)**
- 2. Samriddhi School, Kathmandu (Grade 6)**

## **A Powerful Session**

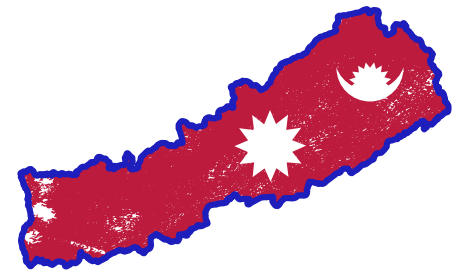
Bhawana Joshi Neupane from Ira School, Kathmandu, reflected on the session’s profound impact:

“This session was a reminder of the great impact that early education can have on a child’s sense of self and safety. It helped students understand personal boundaries, highlighted the difference between safe and unsafe situations, and emphasized the importance of seeking help from trusted adults when they feel unsafe or uncomfortable.

There is a critical need for such programs in our communities as they equip children with the tools they need to navigate the world with confidence and security.”



# A Journey in Nepal



Nirjala Poudel - Country Representative of Nepal

Ganesh Timilsina- Country Representative of Nepal

Kasthuri Gunasegaran- Country Representative of Singapore

## Key Takeaways

### The session covered essential topics, including

- Personal Boundaries: Helping students recognize and respect their own and others' personal space.
- Safe vs. Unsafe Situations: Teaching children how to identify and avoid potential dangers.
- Seeking Help: Encouraging students to approach trusted adults when they feel unsafe or uncomfortable.

## Looking Ahead

The success of this initiative in Nepal underscores the global importance of the MBIMB program. By sharing their experiences and insights, Nirjala, Ganesh, and Kasthuri demonstrated that body safety education transcends borders and cultures. Their efforts not only enlightened the students but also inspired school leaders to embrace the program more broadly.

## Empowering Grade 6 Students at Samriddhi School

The “My Body is My Body” program team recently engaged with Grade 6 students at Samriddhi School, emphasizing the urgent importance of body safety education. The session provided invaluable tools to help children differentiate between good and bad touch, fostering open communication and attentiveness to their needs.

## Building Confidence and Safety Awareness

The primary goal of the presentation was to empower students with the ability to protect themselves and the confidence to speak up when something feels wrong. The interactive and engaging approach was well-received, and the students enjoyed learning how to stay safe even in challenging environments.

## *Gratitude and Reflection*

*We are grateful for the My Body is My Body program. It has significantly enhanced our ability to teach children about personal safety and the importance of self-protection. Body empowerment is an invaluable tool for every child. By teaching our children these concepts, fostering open communication, and being attentive to their needs, the program helped us in a better way.*

*The power to protect themselves and the confidence to speak up when something doesn't feel right.*

*Was the major goal of the presentation. Students enjoyed the approach and learned how they can be safe in an unfavorable environment too.*

*Thank you,*

*Deepti Shrestha*

*Psychologist*

*Samriddhi School*



# A Journey in Nepal



# My Body is My Body

## QR Codes for the 6 MBIMB Songs



**Song 1**  
**My Body Is My Body**



**Song 2**  
**If It Don't feel Right**



**Song 3**  
**The What If Game**



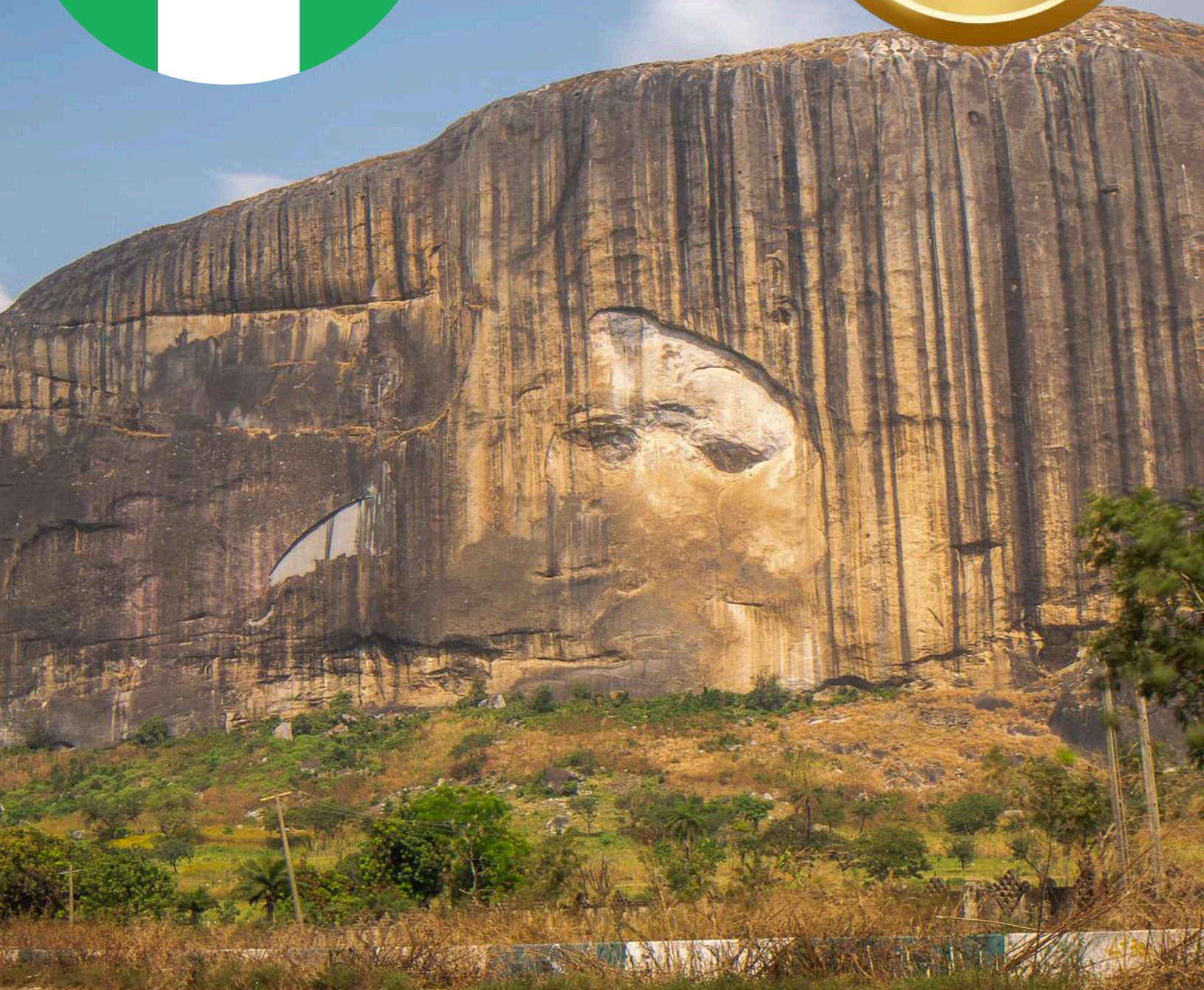
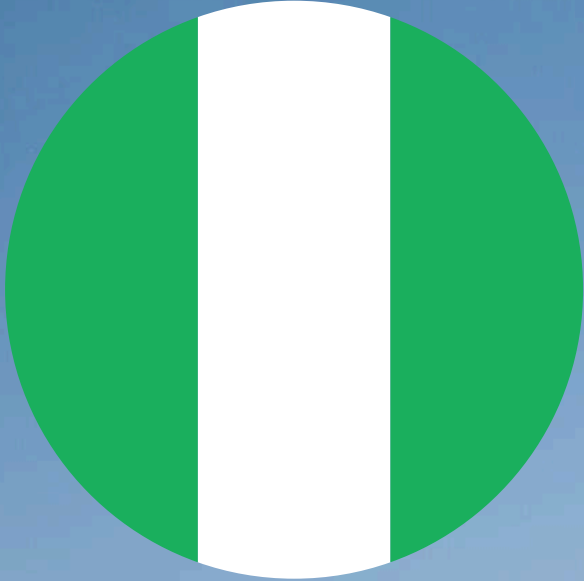
**Song 4**  
**If You've Got A Problem**



**Song 5**  
**Love Is Gentle**



**Song 6**  
**Say No To Secrets**



**MBIMB Ambassadors**

# EMPOWERING YOUNG MINDS: A DAY OF TRANSFORMATION AT YOLDE PATE PRIMARY SCHOOL



BY MUNIRATU JIBRIN

On July 16, 2024, Yolde Pate Primary School in Yola South became a hub of excitement and learning as the Mujib Hope Foundation brought the “My Body is My Body” (MBIMB) sensitization program to its eager pupils. For many of these children, this was more than just a day away from their regular studies—it was a day that promised to change how they view themselves and their safety.

The schoolyard, usually a place of simple play, was filled with the lively sounds of children singing the MBIMB song, their voices echoing with a mix of innocence and newfound confidence. This song wasn't just a catchy tune; it was a lifeline, teaching them about body safety, the importance of not keeping secrets, and recognizing inappropriate behavior.

## A Culture of Empowerment

One of the most remarkable aspects of the program was how it created a space where children felt empowered to speak up and engage. They learned how to identify strangers, how to react when someone makes them uncomfortable, and most importantly, who they could trust to help them. It was a profound shift for these young minds, many of whom had never been encouraged to assert themselves in such ways before.

The school management was visibly moved by the program, praising the Mujib Hope Foundation for their initiative. They pledged to reinforce the vital lessons learned that day, committing to an ongoing partnership focused on child safety and empowerment. At the end of the session, certificates were awarded, symbolizing the new skills and knowledge the children had acquired.

## Making a Difference

Ataitiya Manga, Tanyisu Robert, and Henry Emmanuel of the MHF staff were instrumental in making the day a success. Their dedication and passion were evident in every smile and every child's eager participation. This was more than an educational program—it was a heartfelt mission to protect and empower the most vulnerable.

As the sun set on Yolde Pate Primary School, the legacy of the day's events was clear: a generation of children better equipped to protect themselves and a community united in the shared responsibility of nurturing their safety.





# BUILDING A SHIELD OF CONFIDENCE AT GGSS GIDAN MAKAMA

BY MUNIRATU JIBRIN

The air was filled with anticipation as the Mujib Hope Foundation's Kano State Team prepared to deliver the "My Body Is My Body" (MBIMB) program to 80 young women at GGSS Gidan Makama School on July 18, 2024. This was not just another school event; it was an opportunity to build a fortress of confidence and safety around these young students.

## A Personal Journey to Safety

The program began with an introduction by Umar Aminu Umar, setting a tone of importance and urgency. As Hannatu Nura Adam took the stage, her presentation resonated with the students, reaching beyond mere information to touch on a deep, personal level. Each girl in attendance was given tools not only to protect their bodies but also to understand their intrinsic right to say "no" to any unsafe requests.

One of the most powerful moments of the day was an energizing session led by Huzaifa Jameel. Through interactive activities and discussions, the girls learned about building robust safety networks—parents, grandparents, teachers, and counselors—creating a support system they could rely on in times of need.

## Overcoming Challenges

Despite facing logistical challenges such as a delayed start and resource constraints, the event was a triumph. The students' enthusiasm was contagious, and their commitment to using what they learned was a testament to the program's success. A post-intervention survey confirmed the positive impact, with many students expressing a newfound sense of empowerment.

The school management lauded the Mujib Hope Foundation and the Kano State team for their relentless dedication, promising to uphold these teachings and incorporate them into daily school life. Hannatu Adam, Umar Aminu Umar, and Huzaifa Jameel's efforts were instrumental in creating an environment of safety and empowerment.

## A Lasting Impact

This program didn't just impart knowledge—it inspired change. The girls of GGSS Gidan Makama left with more than just awareness; they departed with courage and the promise of a safer future.



# A NEW DAWN OF AWARENESS AT BORANJI PRIMARY SCHOOL



BY MUNIRATU JIBRIN

In the bustling halls of Boranji Primary School on July 18, 2024, a remarkable transformation was taking place. The Mujib Hope Foundation's MBIMB awareness program was in full swing, reaching out to young pupils with an essential message of safety and self-protection.

## Empowering the Vulnerable

The program aimed to instill in these children an understanding of their rights over their bodies. They learned to identify private parts and the crucial importance of not keeping secrets, all through a curriculum designed to be both engaging and educational.

The MBIMB song played a significant role, its catchy rhythm helping cement these vital lessons in the children's minds. As they sang along, there was a visible shift—a collective realization of their power and agency.

Teachers at Boranji Primary School were more than just passive participants; they became advocates for change, ensuring that these lessons would not be forgotten. Their commitment to reminding students about body safety underscored the program's importance.

## Recognition and Appreciation

The Mujib Hope Foundation awarded the school a certificate, symbolizing their shared commitment to this critical cause. Behind this initiative were the dedicated efforts of MHF staff members Tanyisu Robert Manga Ataiya and Esther Peter, who worked tirelessly to ensure every child walked away empowered and informed.

This was more than just a program; it was a promise of a safer tomorrow for the children of Boranji Primary School.





# NURTURING FUTURE LEADERS AT UNIVERSITY PRIMARY SCHOOL

BY MUNIRATU JIBRIN

On July 19, 2024, University Primary School in Girei witnessed a remarkable event that left an indelible mark on its pupils. The Mujib Hope Foundation's MBIMB sensitization program was not just a workshop—it was a movement towards fostering leadership and self-awareness in every child.

## A Journey of Discovery

The day's agenda was filled with essential topics like body safety, recognizing inappropriate behavior, and understanding the courage it takes to say "no" to secrets. The program encouraged students to identify and respond to strangers, equipping them with practical skills to protect themselves.

The MBIMB song, an integral part of the session, turned these lessons into an unforgettable experience. The song's engaging nature made learning about safety not just informative but fun, sparking lively discussions and creative activities among the pupils.

## A Community Effort

School management expressed their appreciation for the Mujib Hope Foundation's relentless dedication to these vital lessons. The presentation of a certificate and MBIMB calendars underscored the school's commitment to maintaining these teachings as part of their educational framework.

This initiative was made possible by the passionate efforts of MHF staff members Happy Kunda, Tanyisu Robert, and Henry Emmanuel, whose commitment ensured that every child left with a sense of empowerment and security.

## A Safer Tomorrow

As the children of University Primary School continue their educational journey, they do so with newfound confidence and the knowledge that their safety is paramount. This program not only taught them about their rights but inspired them to lead with courage and integrity.



# CRAFTING AWARENESS AT GSS KOFAR NASSARAWA

BY MUNIRATU JIBRIN

On July 23, 2024, the grounds of GSS Kofar Nassarawa School were alive with the promise of change. The Mujib Hope Foundation's "My Body Is My Body" program aimed to instill a profound sense of self-awareness and protection among 70 secondary school boys, preparing them to face the world with confidence.

## An Empowering Start

Umar Aminu Umar set the tone with a compelling introduction, emphasizing the importance of self-protection and safety. Through engaging presentations and materials, the students learned to recognize the importance of safeguarding their bodies and understanding the five critical safety networks: parents, grandparents, teachers, counselors, and themselves.

The students were eager participants, soaking in the lessons with an enthusiasm that was palpable. They committed to applying these teachings in their daily lives, ready to say "no" to anyone who makes them feel unsafe.

## Overcoming Challenges with Determination

Despite facing challenges like resource limitations and scheduling conflicts, the program's success was undeniable. The students left with a sense of empowerment, equipped with the knowledge and skills to protect themselves from harm.

The school's head and management expressed profound gratitude to the Mujib Hope Foundation and the Kano State team for their unwavering commitment to student well-being. This partnership promises a brighter future, marked by continuous efforts to educate and empower.

## A Legacy of Change

Umar Aminu Umar, the dedicated team member who played a key role in the day's success, ensured that the message of safety resonated deeply with each student. The impact of this program extends beyond the walls of GSS Kofar Nassarawa, inspiring a generation of young men to stand up for themselves and their right to safety.

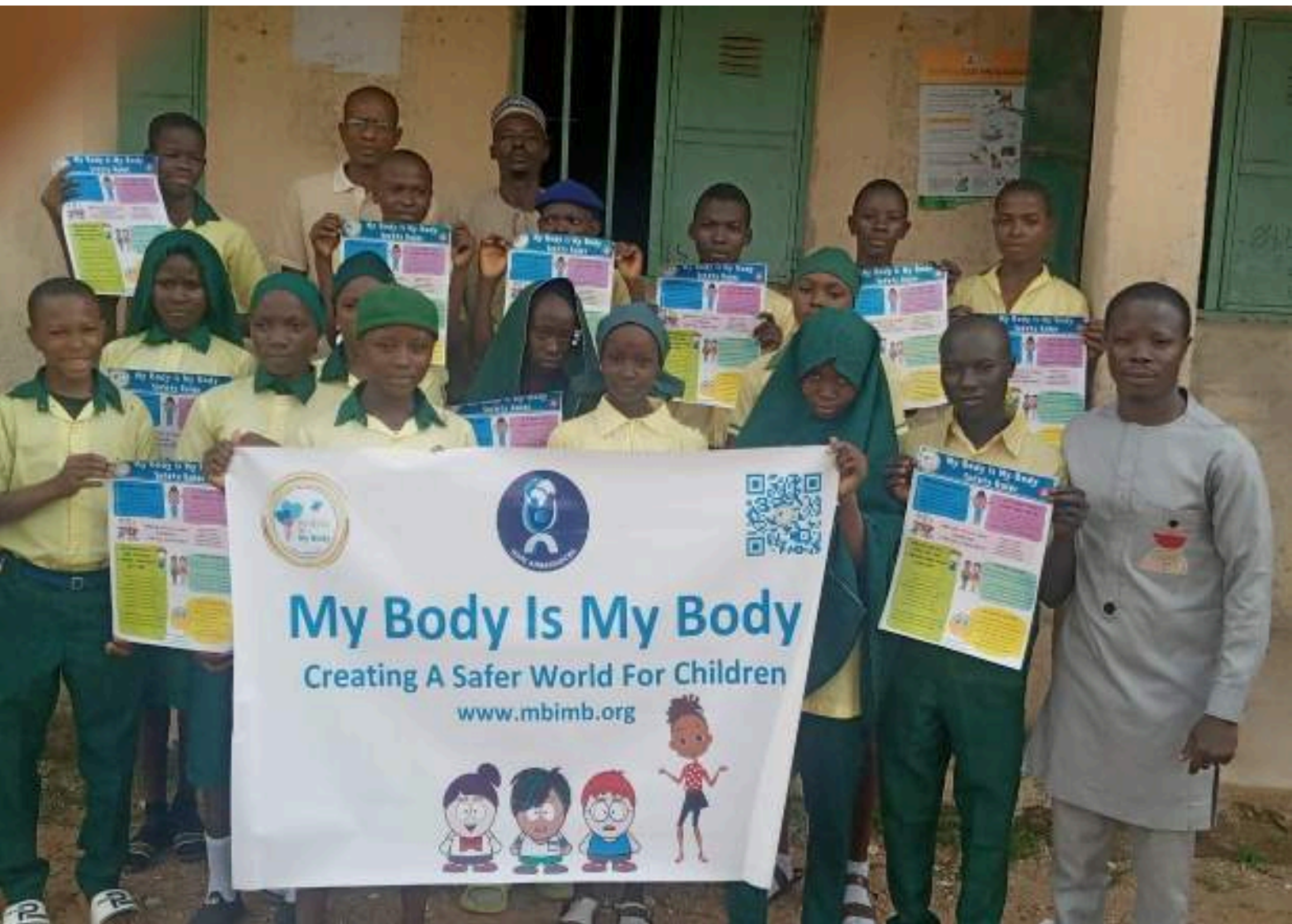




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# EMPOWERING CHANGE: BALA BAKO'S IMPACT ON NIGERIAN SCHOOLS

This month has been a whirlwind of positive change and educational empowerment, thanks to the tireless efforts of Bala Bako, our dedicated MBIMB Ambassador in Nigeria. Working in collaboration with the Hope Ambassadors and Child Care Organization, Bala has reached numerous schools, spreading the vital message of body safety and personal empowerment to students across the region.



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# EMPOWERING CHANGE: BALA BAKO'S IMPACT ON NIGERIAN SCHOOLS

## **New Tools for Greater Reach**

Thanks to the generous donations from our supporters, we were able to equip Bala with a new banner and distribute MBIMB flyers to schools following his presentations. These tools have significantly enhanced our outreach, making the program more visible and the message more memorable for students and educators alike.

## **Schools Visited**

Bala's recent visits included several key institutions:

1. Success Friends International Academy
2. BODMAS International School
3. Gwallameji Junior Secondary School
4. St. Paul's Academy, Tafawa Balewa



At each of these schools, Bala delivered engaging presentations that captivated the students and teachers, making a lasting impact on their understanding of body safety.





### **Success Friends International Academy**

At Success Friends International Academy, Bala's presentation was met with enthusiasm and curiosity. The new MBIMB banner served as a powerful visual aid, drawing students' attention and reinforcing the program's messages. The distribution of flyers ensured that the information could be revisited and shared with family members, extending the reach of the program beyond the classroom.



### **BODMAS International School**

The students at BODMAS International School were particularly receptive, participating actively in discussions about personal boundaries and safety. Bala's dynamic approach and the new materials provided a comprehensive learning experience, leaving students empowered and informed.





### Gwallameji Junior Secondary School

At Gwallameji Junior Secondary School, the MBIMB program received a warm welcome from both students and faculty. The flyers distributed post-presentation allowed for continuous engagement with the material, ensuring that the lessons learned would not be quickly forgotten.

### St. Paul's Academy, Tafawa Balewa

St. Paul's Academy in Tafawa Balewa was another highlight of Bala's outreach efforts. The school's administration expressed their gratitude for the program, noting the immediate impact it had on the students' awareness of body safety and their rights.

### A Collaborative Effort

This month's successes are a testament to what can be achieved through collaboration and community support. Bala Bako, with the backing of **Hope Ambassadors and Child Care Organization**, has made significant strides in promoting child safety education in Nigeria. The new banner and flyers, funded by generous donations, have proven to be invaluable tools in this mission.

We extend our heartfelt thanks to everyone who has contributed to these efforts. Your support is making a real difference in the lives of children, empowering them with the knowledge and confidence to protect themselves and their loved ones.

Stay tuned for more updates as we continue our journey to create a safer world for all children. Together, we are making a lasting impact.



# Resources at Your Fingertips

In today's digital age there are some fantastic resources available. But wouldn't it be great if they were easier to find? The LinkIndex Keyring makes targeted resources more accessible by giving you instant access to them (via QR codes) on the go.



The LinkIndex Keyring is the ideal tool if you work in: Education, Health, Foster Care, Law, Nursing, Medicine, Probation, Social Work, Youth Work, Housing, Juvenile Justice and many more areas.

You will find resources for Domestic Abuse, Support for Men, Child Sexual Exploitation, FGM, Contextual Safeguarding, Crime, Knife Crime, Food banks, Parenting Support, Helplines and much more.

[www.qrcoderesources.co.uk](http://www.qrcoderesources.co.uk)

## About the LinkIndex Keyring

*Here are some things you might want to know about the QR Code LinkIndex Keyring:*

### DESIGNED FOR PROFESSIONALS

The MAAPP LinkIndex Keyring was designed by professionals for professionals to give you instant access to over four hundred targeted resources.

### EDUCATIONAL AND INFORMATIVE

Each category has multiple resources from partner agencies and they are both educational and informative.

### EASILY ACCESS RESOURCES

Use of the LinkIndex Keyring gives you easy access to targeted resources and will help you promote better outcomes for children, adults and families.

### ENHANCE YOUR KNOWLEDGE

The MAAPP keyring will enhance your knowledge of partner agency resources enabling you and families to make direct access to resources.



**Welcome to the home of the Safeguarding Quality Mark.**



## **Safeguarding Fundamentals Quality Mark**

Any organisation or business that interacts with young people can show their commitment to a better future by adopting the simple, easy-to-understand, eight-step framework.

The Quality Mark will launch this month. It is an eight-step framework to support organisations and clubs to create good safeguarding arrangements.

To apply, the organisation or business needs to apply and adhere to the simple eight-step process so they can judge their own safeguarding and any shortfalls they might currently have. We are on hand to help you get the requirements in place.

Once accredited you will be listed on the SGF website and you can display our logo on your website or email footers.

Organisations or companies looking to apply for the Safeguarding Fundamentals Quality Mark should visit their website at: [www.safeguardingfundamentals.com](http://www.safeguardingfundamentals.com)

# Accredited Organisations



**The Diana Award**

[Learn More About Them](#)



**Soham Town Rangers Youth FC**

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**Taijutsu Kai School of Jujutsu**

[Learn More About Them](#)



**Bespoke Mentoring**

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**Soham Town Rangers**

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**My Body is My Body**

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**Mickleover 95 FC**

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**Coventry City FC**

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# MBIMB NEW COURSE FOR CHILDREN

**QUIZ!**



**FUN!**

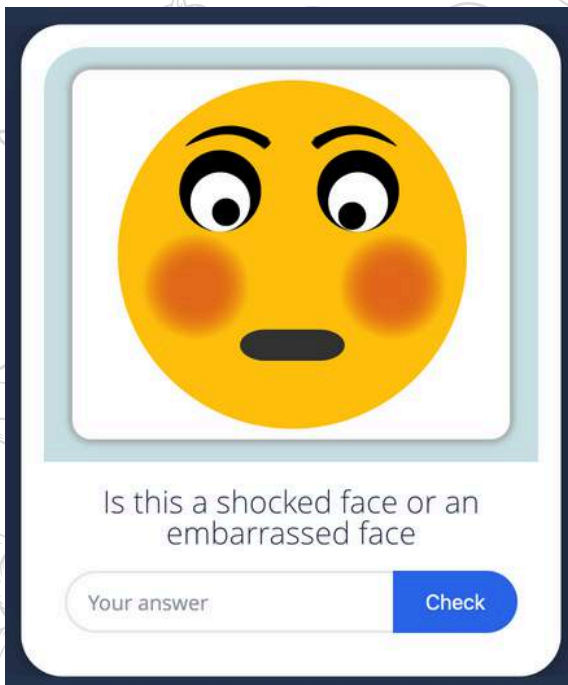




# MBIMB NEW COURSE FOR CHILDREN

We are thrilled to introduce our new addition to our My Body is My Body Programme – an engaging, interactive course designed specifically for children. This innovative course offers a unique blend of education and fun, aimed at empowering kids with knowledge about body safety in a manner that's both entertaining and memorable.

The activities are tailored to keep children engaged while they learn crucial life skills. Featuring a series of fun quizzes that test their understanding, interactive drag-and-drop exercises that enhance their learning, and a "What Face Is This?" activity to help them express and identify emotions, this course is packed with creative ways to engage young minds.



A highlight of our course is the inclusion of our six fun animated songs, each crafted to reinforce important messages about body safety and self-awareness. Through these catchy tunes and vibrant animations, children will learn to recognize their value and the importance of consent and personal boundaries.

Furthermore, the course encompasses the entire My Body is My Body Programme, ensuring a comprehensive learning experience. Children will explore various sections, each designed to address key aspects of body safety and emotional intelligence, with plenty of interactive elements to keep them involved and excited about learning.



# MBIMB NEW COURSE FOR CHILDREN

This course is an invaluable resource for parents and teachers alike, offering a platform to discuss sensitive topics in a way that's accessible and appropriate for children. It's a tool to open up conversations, encourage questions, and foster a safe environment for learning and growth.

We invite you to explore this new course with your children or students.

Together, we can make a significant impact on their understanding of body safety, empowering them with knowledge and confidence.

Who Is A Safe Adult You Can Talk to?



- Mommy
- Daddy
- Aunty
- Uncle
- Granny
- Grandpa
- School Head
- Teacher
- Police Officer

Check

Highlight the words from the grid

W	N	F	H	M	O	M	M	Y
T	E	A	C	H	E	R	I	F
T	I	G	R	A	N	D	P	A
O	G	D	G	R	A	N	N	Y
T	H	A	D	A	N	P	M	U
U	B	D	N	U	R	S	E	U
P	O	D	U	N	C	L	E	A
M	U	Y	G	T	E	I	G	K
J	R	P	Y	Y	C	Q	B	B

Find the words

- Mommy
- Daddy
- Aunty
- Uncle
- Granny
- Grandpa
- Teacher
- Neighbour
- Nurse

Time Spent : 0:00

0 of 9 found

Check

We invite you to explore this new course with your children or students. Together, we can make a significant impact on their understanding of body safety, empowering them with knowledge and confidence.

[Click Here To Access This Course](#)

# NEW AMBASSADOR EGYPT



Sama Ramy Youssef



My Body is My Body Foundation  
Charity Number 1199901

# NEW AMBASSADOR INDIA



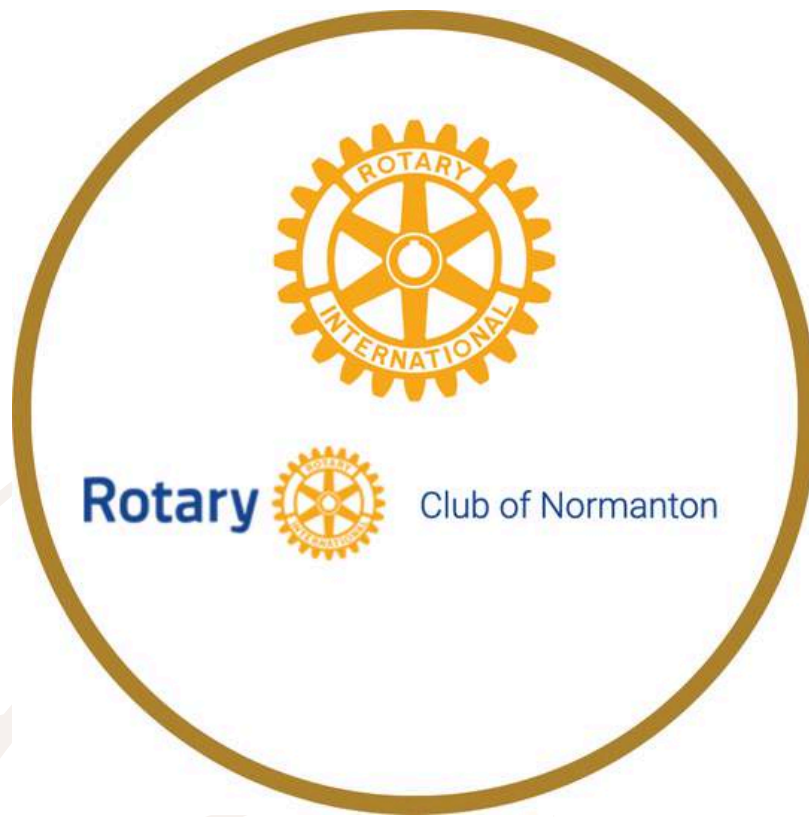
**DEAF LEADERS  
FOUNDATION**

**Deaf leaders Foundation**



My Body is My Body Foundation  
Charity Number 1199901

# NEW AMBASSADOR ENGLAND



**Rotary Club Of Normanton**



My Body is My Body Foundation  
Charity Number 1199901



# MBIMB Board Of Directors

## CHRISSEY SYKES

CEO AND FOUNDER

CHRISSEY CURRENTLY WORKS WITH NGO'S AND SCHOOL VOLUNTEERS IN OVER 60 COUNTRIES WHO HAVE REACHED AT LEAST 2 MILLION CHILDREN WITH THE PROGRAMME. ANOTHER 1.7 MILLION PEOPLE HAVE BEEN REACHED ON YOUTUBE. CHRISSEY SPENDS HER TIME TEACHING VOLUNTEERS, SCHOOL TEACHERS AND COMMUNITY LEADERS HOW TO INTRODUCE THE SUBJECT OF CHILD ABUSE PREVENTION INTO THEIR COMMUNITIES USING THE MBIMB PROGRAMME.



## DEE RUSSELL - THOMAS

TRUSTEE

WITH OVER 30 YEARS OF EDUCATION EXPERIENCE IN THE UK AND OVERSEAS, IN STATE AND PRIVATE SECTOR AND FROM INFANT THROUGH TO UNIVERSITY LEVEL, DEE IS ABLE TO SUPPORT, ADVISE AND PROVIDE TRAINING IN AREAS OF SCHOOL IMPROVEMENT, PLANNING FOR INSPECTIONS, LESSON OBSERVATIONS AND PERFORMANCE MANAGEMENT.



## ANTONIA NOBLE

TRUSTEE

DURING HER 25 YEARS AS A BARRISTER, ANTONIA NOT ONLY DEVELOPED A DEEP UNDERSTANDING OF THE LAW BUT THE ABILITY TO PROCESS AND PRESENT INFORMATION LOGICALLY AND CLEARLY. WHAT'S MORE, IT'S WHAT SHE IS PASSIONATE ABOUT. SHE CARES DEEPLY ABOUT JUSTICE, FAIRNESS AND LIBERTY AND LOVES NOTHING MORE THAN HELPING INDIVIDUALS AND ORGANISATIONS FIND THEIR VOICE AND REACH BETTER OUTCOMES.



## NICK ASKEW

TRUSTEE

CEO + FOUNDER OF SPACE AUTO, A RETAIL AND MARKETING SOFTWARE AND DATA TECHNOLOGY COMPANY IN DALLAS, TEXAS. ALSO, FOUNDER OF LUMINARY 2, A DEVELOPMENT AND TECHNOLOGY AGENCY DELIVERING CUTTING-EDGE BUSINESS TECHNOLOGY SOLUTIONS, SPECIALIZING AND INVESTING IN STRATEGIC SAAS PRODUCTS THAT REVOLUTIONIZE INDUSTRIES.



## CAROLINE FLYNN

TRUSTEE

CAROLINE IS THE VICE CHAIR FOR THE BASW ENGLAND LONDON BRANCH BRITISH ASSOCIATION OF SOCIAL WORKERS. SINCE 2006 CAROLINE HAS WORKED AS A LOCUM SOCIAL WORKER, CONSULTANT SOCIAL WORKER, MANAGER AND CHILD PROTECTION CHAIR THROUGHOUT THE UK.





## DR. TUFAIL MUHAMMAD

### ADVISORY BOARD

DR. TUFAIL MUHAMMAD (MD, MCPS, DCH, DCPATH) IS A PAEDIATRICIAN BY PROFESSION. CURRENTLY, HE IS THE CHAIRMAN OF THE CHILD RIGHTS & ABUSE COMMITTEE, PAKISTAN PEDIATRIC ASSOCIATION AND DIRECTOR OF THE REGIONAL TRAINING INSTITUTE PESHAWAR. HE HAS POSTGRADUATE QUALIFICATIONS AND TRAINING IN PEDIATRICS, CLINICAL PATHOLOGY, PUBLIC HEALTH AND REPRODUCTIVE HEALTH.

## DAVID ELLIS

### ADVISORY BOARD

DAVID HAS WORKED IN THE VOLUNTARY SECTOR FOR OVER 35 YEARS, BOTH OVERSEAS AND IN THE UK. THIS HAS INVOLVED DIRECTOR LEVEL AND CHIEF EXECUTIVE APPOINTMENTS WITH A NUMBER OF NATIONAL DISABILITY CHARITIES. DAVID HAS RECENTLY RETIRED AS THE CHIEF EXECUTIVE AT NATIONAL STAR, A NATIONAL CHARITY WORKING WITH AND FOR YOUNG PEOPLE WITH COMPLEX DISABILITIES.



## DR. JOHN HARRISON

### ADVISORY BOARD

DR. JOHN HARRISON IS AN EDUCATOR PAR EXCELLENCE, AN ALUMNI OF THE SO CALLED OXFORD OF INDIA - THE PRESTIGIOUS ST. STEPHEN'S COLLEGE, DELHI UNIVERSITY, WHO IN HIS 30 YEARS ILLUSTRIOUS CAREER HAS SERVED IN DIRECTOR LEVEL POSITIONS HEADING SEVERAL TOP INTERNATIONAL CBSE AND IB SCHOOLS IN INDIA, G D GOENKA WORLD SCHOOL - GURGAON, THE VENKATESHWAR SCHOOL - GURGAON, INDUS INTERNATIONAL SCHOOL - HYDERABAD TO NAME A FEW.



## NANCY ABDELHADI

### ADVISORY BOARD

NANCY HAS EXTENSIVE BUSINESS DEVELOPMENT, MARKETING, COMMUNICATIONS, PUBLIC RELATIONS, EVENT PLANNING AND RESEARCH EXPERTISE AS WELL AS A RICH ACADEMIC AND PROFESSIONAL BACKGROUND ON REGIONAL AND INTERNATIONAL LEVELS. SHE ALSO HAS COMPREHENSIVE ORGANIZATIONAL, PUBLIC RELATIONS AND MANAGEMENT COMPETENCIES.



## ANNEMARIE MOSTERT

### ADVISORY BOARD

ANNEMARIE IS ROTARY INTERNATIONAL DISTRICT GOVERNOR OF DISTRICT 9400 FOR 2020 - 2021 COVERING BOTSWANA, ESOWATINI, PARTS OF MOZAMBIQUE AND PARTS OF SOUTH AFRICA. MEMBER OF THE ORGANISING COMMITTEE FOR RI CONVENTION, 2025 CALGARY. COORDINATOR OF STRATEGIC PLANNING COMMITTEE, ZONE 22, AFRICA. AMBASSADOR GIRLS' EMPOWERMENT ZONE 22. AMBASSADOR, IEP (INSTITUTE FOR ECONOMIC AND PEACE). LEAD TRAINER FOR ROTARY INTERNATIONAL ASSEMBLY ORLANDO 2023. CEO AND FOUNDING MEMBER OF SESEGO FOUNDATION. DISRUPTING POVERTY.



## DR. DARWIN MOSES

### ADVISORY BOARD DIRECTOR OF INCLUSION AND ACCESSABILITY SERVICES

DISABILITY AND INCLUSIVE DEVELOPMENT PROFESSIONAL WORKED FOR THE EMPOWERMENT OF PEOPLE WITH DISABILITIES FOR MORE THAN 19 YEARS IN THE THEMATIC AREAS OF SPECIAL EDUCATION, INCLUSIVE EDUCATION, LIVELIHOOD, ADVOCACY AND NETWORKING. WORKED PAN INDIA AND INTERNATIONALLY. WORKED WITH ALL TYPES OF DISABILITIES.





## **Sweden 2024**

### **August 18-21st**

We bring together the brightest minds in child protection from every sector to innovate and share best practices. Join us to keep pushing the boundaries of research and practice to ensure that all children have the chance to thrive no matter what their experience.

Working together to protect children in times of crisis

The international congress provides keynotes, panels, breakouts, workshops, speaker Q&A sessions, wellness, social programs and an expo hall. Sessions will be led by leaders who are pioneering research and practices in various countries and complex situations across a wide range of sectors. The keynotes will feature industry luminaries as well as speakers from various sectors who will share the learnings from their initiatives. Typically over 65 countries delegates attend.

The goal is to give regional and global leaders the tools and practices they need to develop and deploy improvements to child protection and improve outcomes for children and families.

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# NEW MBIMB COLLECTION

EACH PURCHASE HELPS US CONTINUE OUR #MBIMB WORK TO EDUCATE AND PROTECT CHILDREN  
WORLDWIDE. MAKING A REAL DIFFERENCE ONE SHIRT AT A TIME.

**100%**

**Of Profit made on sales  
will go to the MBIMB Foundation**



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[MY-BODY-IS-MY-BODY.TEEMILL.COM](http://MY-BODY-IS-MY-BODY.TEEMILL.COM)

# NEW!! MBIMB COLLECTION

EXPLORE OUR RANGE OF  
T-SHIRTS, JUMPERS, HOODIES  
AND TOTES

EACH PURCHASE HELPS US CONTINUE OUR #MBIMB WORK TO EDUCATE AND PROTECT CHILDREN  
WORLDWIDE, MAKING A REAL DIFFERENCE ONE SHIRT AT A TIME.

[MY-BODY-IS-MY-BODY.TEEMILL.COM](http://MY-BODY-IS-MY-BODY.TEEMILL.COM)





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