

ANVAYA





W E L C O M E N O T E

Sri Sri Academy, Siliguri is proud to present the first E-Newsletter, ANVAYA. We would like to thank the Directors , Principal, staff and students, for all the support and encouragement. We hope the readers will enjoy reading the E-newsletter which largely highlights the activities conducted in the first quarter of the session 2021-22.

EDITORIAL TEAM

**Ms. Chandrama Pradhan, Principal
Editor-in-chief**



Ms. Mouli Chakraborty



Ms. Sangita Dey



Ms. Ankita Sharma



Mr. Sourav Das



PARENT ORIENTATION: A NEW BEGINNING

A New Academic year, a new beginning. We welcomed our new parents and children by conducting a Parent Orientation Program on 3rd April where all the parents were briefed about the school our Mission , Vision and school norms. They were introduced to the staff members and were given an overview about the procedures of online classes.



The children and parents interacted with their class teachers and they took a tour of the school campus. There was a special performance for the parents by our new students Master Suhan Adhikari of Senior KG who played the tabla and there was a dance performance by Miss Avastha Thapa of Class VIII.

PARENT ORIENTATION: A NEW BEGINNING

Suhan is a child prodigy. He has been playing the tabla since the age of three and has secured a position among the top 10 in the International Online Youth Tabla competition organised by the Kor Institute of Music, Australia. He also participated in tabla competition organised by California Television, America.

Avastha is a dancer par excellence and had qualified as one of the top twelve contestants in Super Dancers III. She has won many awards in different dance competitions.



FOUNDATION DAY

23rd April marks the Foundation Day of Sri Sri Academy, Siliguri. This special day gives us an opportunity to celebrate the beginning of the school along with recognizing the significant development since its inception. Keeping the core values of the school in mind, the entire team connected to honour the selfless dedication and contribution of all the past and present members in this wonderful journey.

The Foundation Day this year too, was celebrated with great zeal and fervour. The day began with the invocation of the blessings of the divine through Guru Puja conducted by Shri Amit Dhanuka, senior faculty at the Art of Living, which was followed by various dance and song presentations by our students and teachers.

Our Principal Ms. Chandrama Pradhan addressed the children and parents and highlighted the importance of the day. The senior coordinator Ms. Mouli Chakraborty took the students through the glorious journey of the school through a presentation, to let them feel connected with the school as a part of the Sri Sri Academy family.



YOGA: A WAY OF LIFE

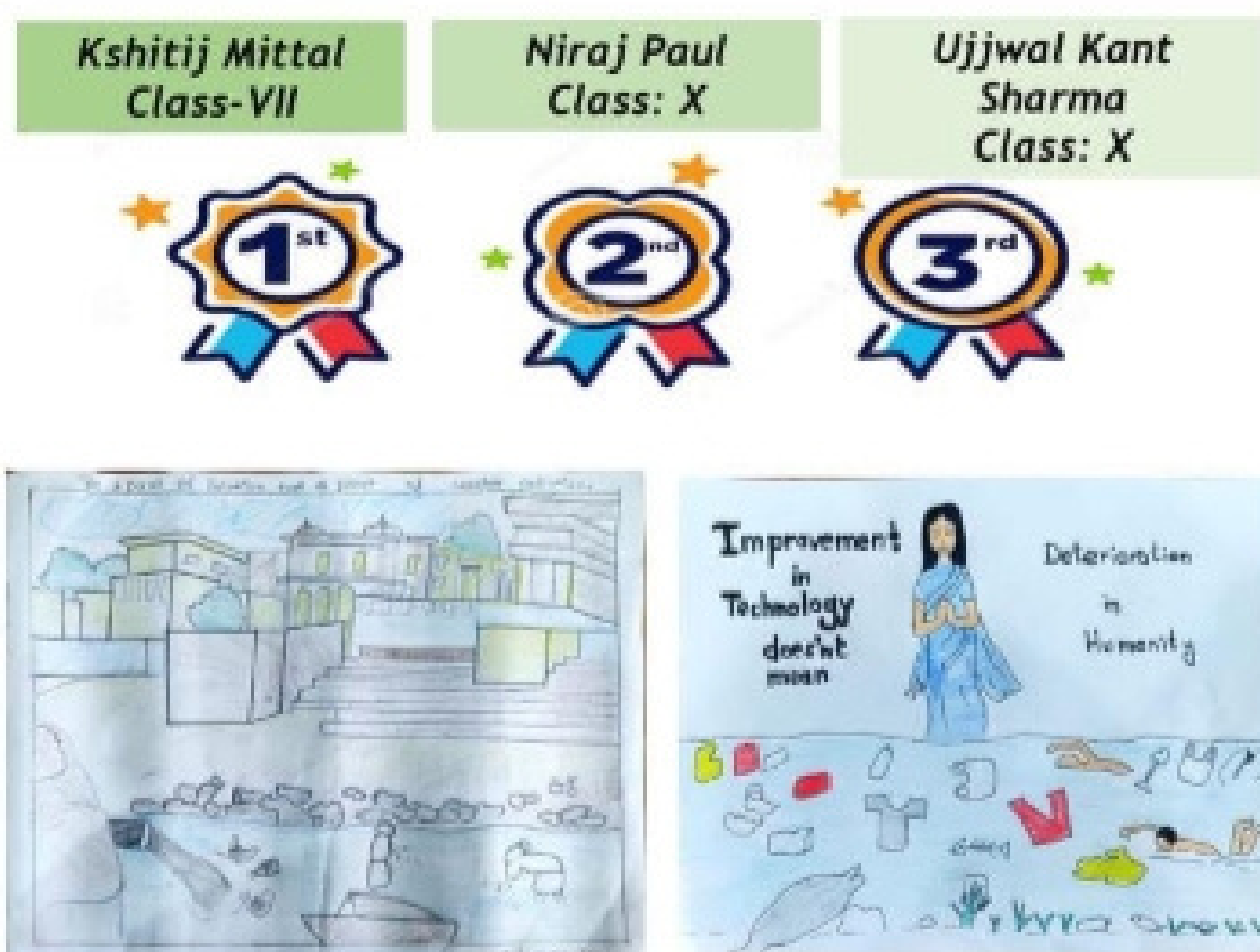
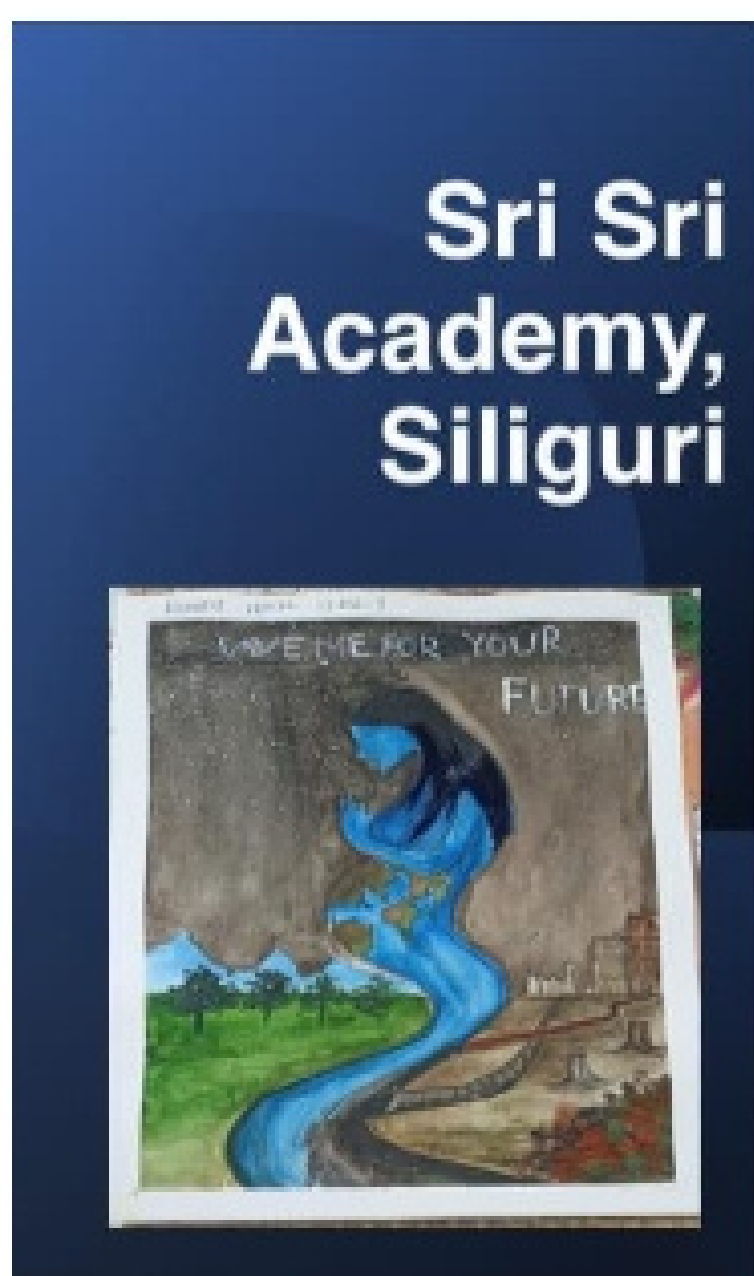
Keeping in mind the challenging times, a special yoga and relaxation session was conducted for the parents by Ms. Sangita Dey, our yoga teacher, on 1st May. The parents were taught simple yoga asanas and breathing techniques which they can make a part of their daily routine. They were also briefed about the importance of taking care of their physical and mental health. Many parents attended the session and they found it extremely beneficial



NAMAMI GANGE: A MISSION TO SAVE THE HOLY RIVER

The students participated in the Namami Gange project, which aims at keeping the River Ganga pollution free. Students were enlightened about the course of the river and the vast area of land catered by India's longest river and why it is important to keep it clean. It was a three day program where children engaged in interactive sessions with the facilitators from Delhi.

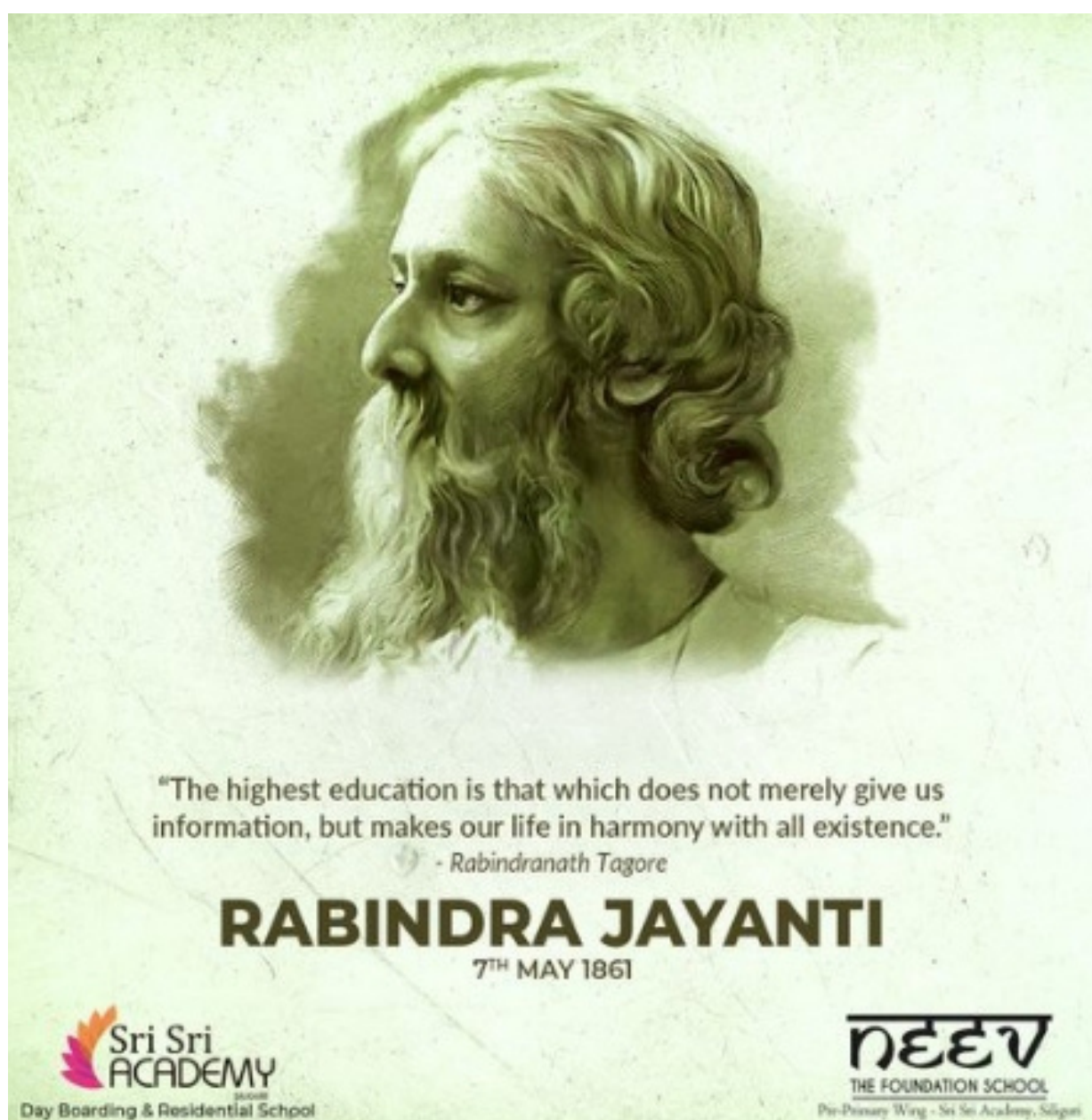
At the end of the third day, a poster making competition was organised on the topic, "Save Ganga". Children participated in it enthusiastically and created their own posters. The competition was won by Kshitij Mittal of class VII. Niraj Paul and Ujjwal Sharma, both of class X, bagged the second and third positions respectively.



RABINDRA JAYANTI



The 160th birth anniversary of the great poet and Nobel Laureate, Rabindranath Tagore was celebrated on 8th May with virtual songs, dance and poem recitation by the students and staff of Sri Sri Academy, Siliguri.



The great poet, philosopher and artist was remembered through his songs, poems and numerous contributions to literature. Children were enlightened about the life of the Bard of Bengal and how he shaped Bengali literature in the late 19th and early 20th century .

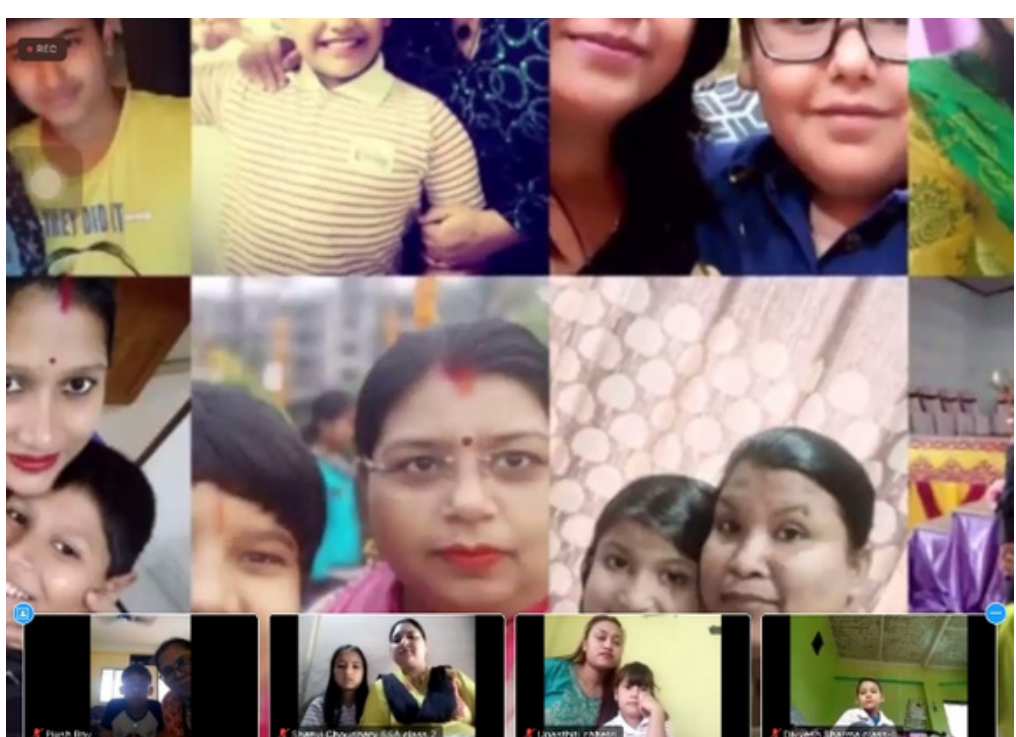
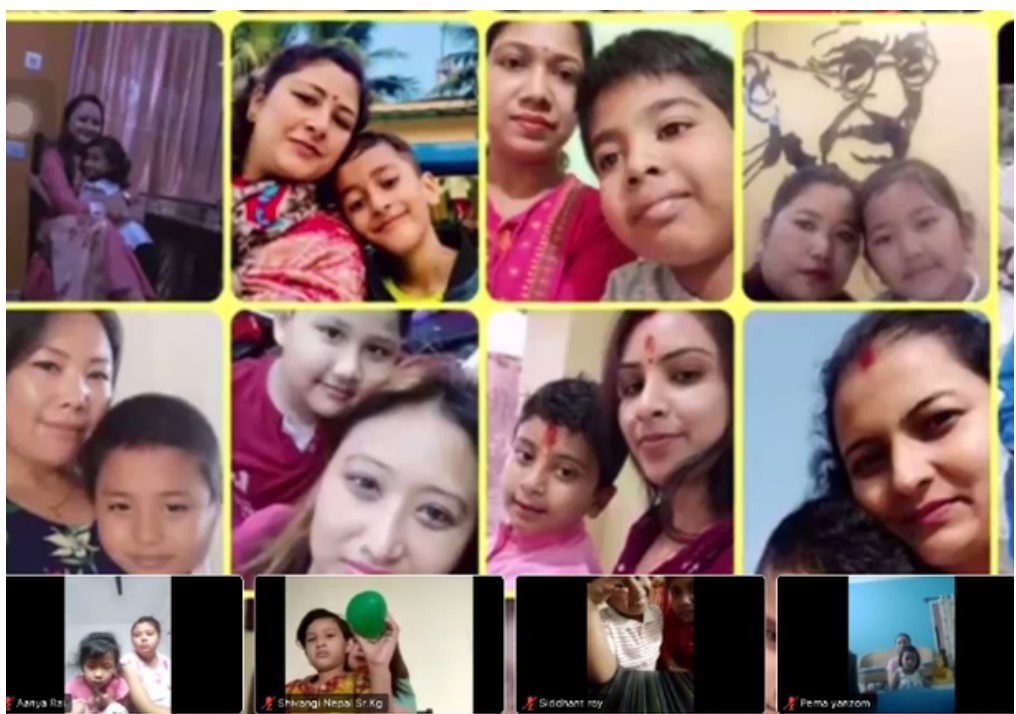


MOTHER'S DAY:

A DAY TO SHOW OUR GRATITUDE TO OUR NURTURERS



A mother is one who nurtures her children, loves them, sacrifices her dreams to fulfill the dreams of her children. Anyone who performs the task of a nurturer is a MOTHER. So, we at Sri Sri Academy, celebrated NURTURER'S DAY, on 9th May, honouring the contribution of all the nurturers of Sri Sri Academy family. A video compiling the pictures of all nurturers and children, was created and shown to the nurturers.

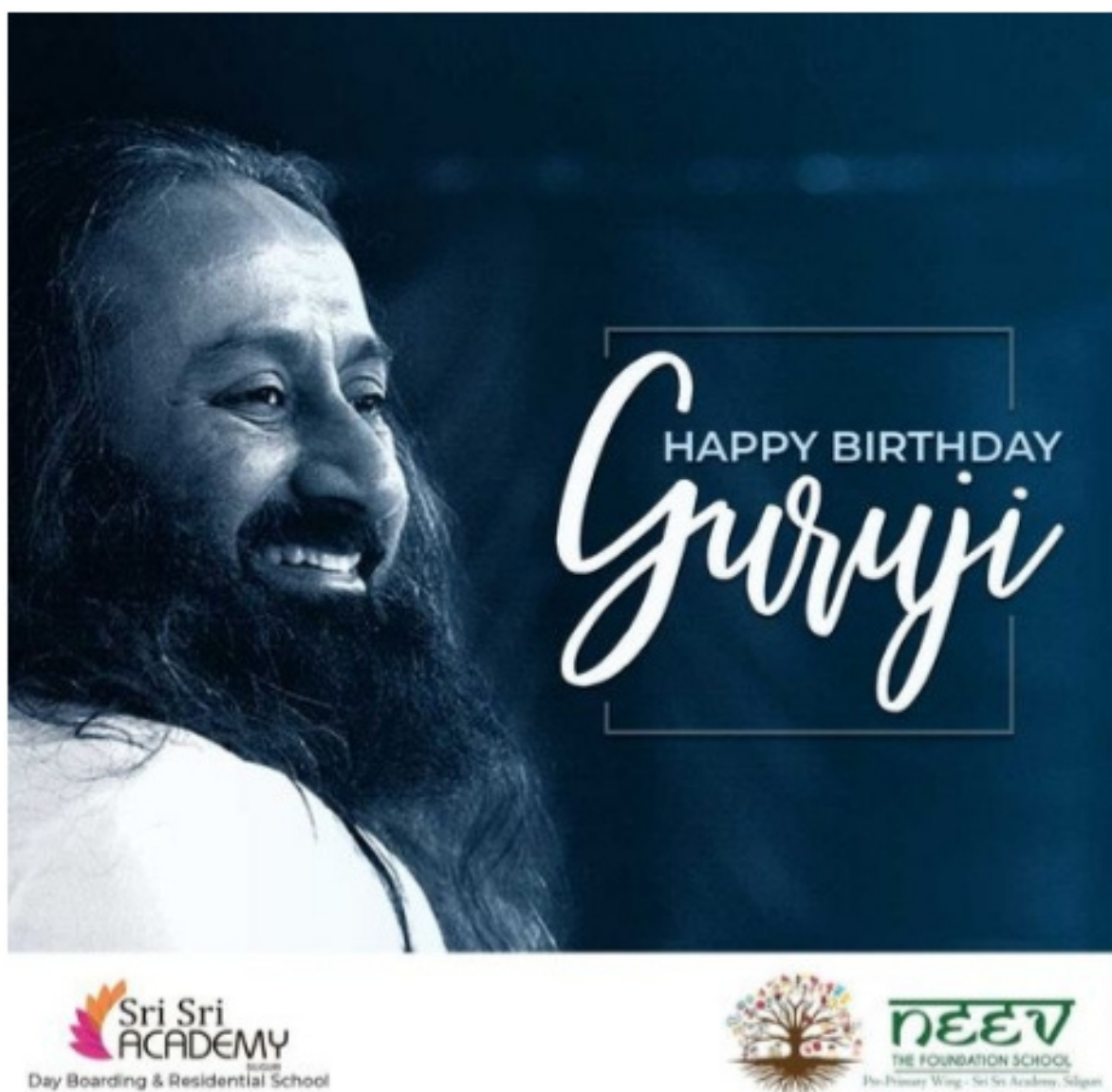


A session on "Fitness Simplified" with Ms. Namita Tibrewal, Health & Fitness Coach, was organised for our parents. Ms. Sangita Dey, our yoga facilitator, taught some facial yoga to the parents and Ms. Chandni Pradhan, our dance teacher, taught few Zumba steps and tips which the participants could follow in their daily lives.

“TERA MAIN”: GURUJI’S BIRTHDAY CELEBRATION



Sri Sri Ravishankar more popularly known as Gurudev, is a global humanitarian leader and also the global ambassador of peace. His mission is to spread smiles on every face. He is the founder of the Art of Living Foundation which is a non-governmental organization spread across 156 countries. He is also the source and inspiration behind our institution.



Like every year, this year too, the birth anniversary of Gurudev Sri Sri Ravishankar, was celebrated by the students and teachers of the school on 13th May. A special assembly was conducted where the children were shown a video on the life of Guruji and his contributions towards the society. Ms. Sangita Dey, our yoga teacher, shared her personal experience of her interaction with Guruji. A quiz on the life of Guruji was conducted to enlighten the students about him.



INVESTITURE CEREMONY: EMPOWERING OUR LEADERS



“A leader is one who knows the way, goes the way and shows the way.”
On 22nd May, 2021, the first virtual Investiture Ceremony was conducted.



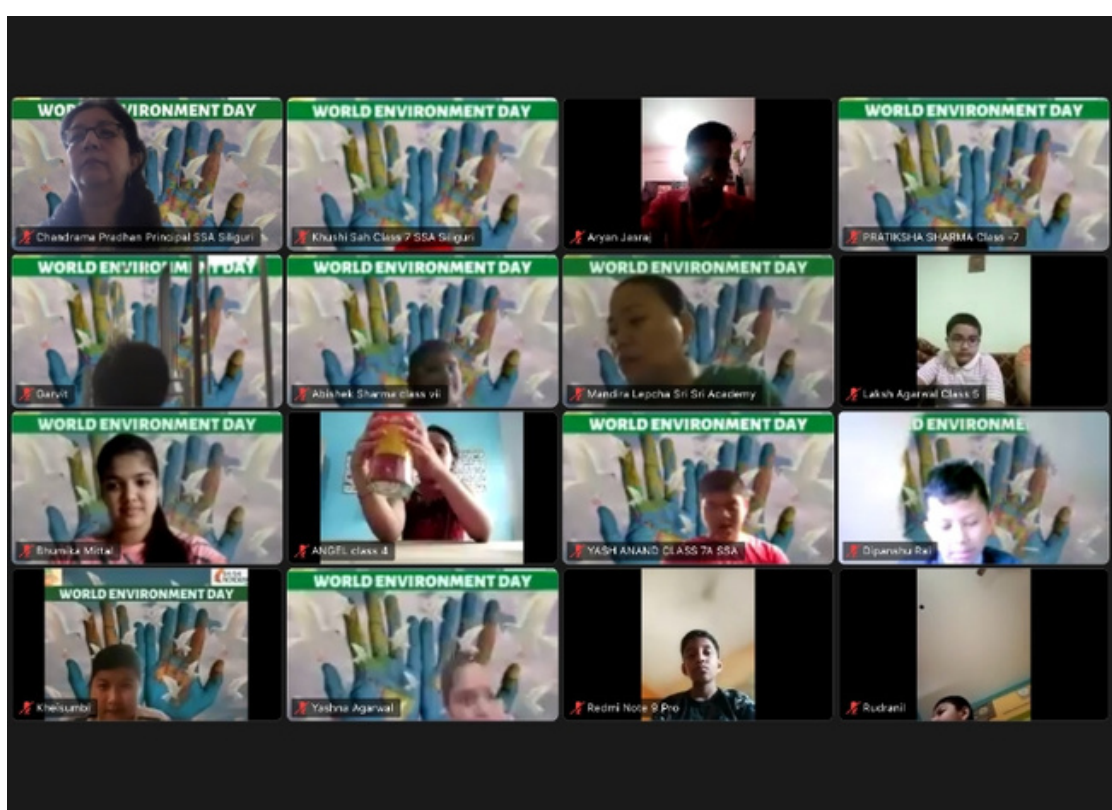
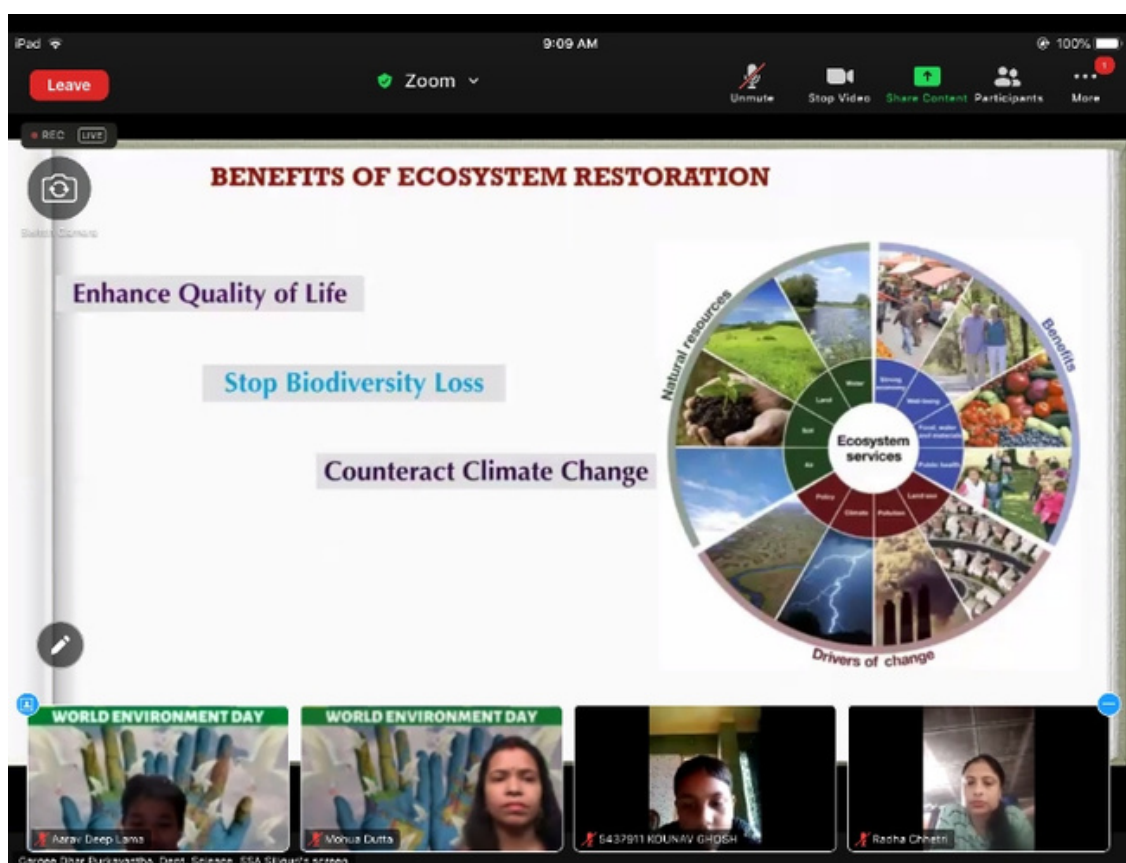
It was a solemn ceremony where the young students of classes IX and X were prepared to don the mantle of leadership and discharge responsibilities entrusted upon them by the school. The event started by invoking the blessings of the Guru by Mr. Arpit Agarwal, Director of Sri Sri Academy, Siliguri. Our Chairman, Mr. Saroj Kumar Agarwal addressed the students and shared his experience as a school leader and encouraged students to become responsible leaders. A special video message was sent by Mrs Suvina Shunglu, Founder Principal of Sri Sri Academy, Kolkata. The newly elected leaders were sworn in by our Principal, Ms. Chandrama Pradhan.



WORLD ENVIRONMENT DAY



5th June, 2021 was celebrated as World Environment Day. The virtual celebration was an attempt to make students conscious of their responsibility towards the environment and uplift their dedication to protect it. It was our privilege to have Mr. Raj Basu as our Guest of Honour (who is rural tourism and heritage conservation worker in Northeast India, Nepal, Bhutan, Bangladesh and Myanmar) and his team members Mr Vishal and Ms Nilima from ACT. They reiterated the importance of a sustainable lifestyle, waste transformation and engaged the students in a fun activity of creating Eco bricks.



WORLD ENVIRONMENT DAY



The school organised two activities to encourage the students towards environment and sustainability, first being 'Best out of Waste' where students created wonderful things out of waste material and the second activity was Research and Presentation and video making on 'How sustainable development goals were achieved by some countries'. The winners of the activities were announced during the celebration and applauded for their creativity. 'Plastic Free Challenge' was proposed for all as an attempt to contribute to the environment in our regular living. The students, staff and parents were encouraged to take small actions in their personal capacity to create a positive impact by inculcating environmental friendly habits.



WORLD

ENVIRONMENT DAY

Aditiya Majumdar of Class V bagged the 1st position in the “Best out of Waste” Category 'A', while Anushka Dutta of Class IV bagged the 2nd position in the same category. Riwaz Sharma and Souradeep Jana, both of Class IV, bagged the 3rd position.

BEST OUT OF WASTE COMPETITION CATEGORY 'A'



BEST OUT OF WASTE COMPETITION CATEGORY 'B'



In Category 'B' of the same competition, Tenzing Choden Bhutia of class VI, Sunakshi Sharma of Class VI and Aditya Choudhary of class VII, bagged the 1st, 2nd and 3rd positions, respectively. For the “Research and presentation/ Video making” Competition, Ujjwal Kant Sharma of Class X and Anitik Aaron Maharana, of Class X stood 1st and 2nd respectively. The 3rd position was jointly bagged by Aavash Raj Sigdel and Shubrat Rimal, both of Class VIII.

RESEARCH and PRESENTATION/VIDEO MAKING ON: “HOW SUSTAINABLE DEVELOPMENT GOALS WERE ACHIEVED BY SOME COUNTRIES”



INTERNATIONAL YOGA DAY

On the occasion of the 7th International Yoga Day, a special assembly was conducted on 21st June, 2021, where the children and staff practiced yoga with Ms. Sangita Dey, our yoga teacher. Shri Amit Dhanuka, senior faculty at the Art of Living, addressed the students about the importance of yoga and encouraged them to make yoga a part of their lives. Our students, teachers and staff also put together a presentation where they performed several asanas.



FATHER'S DAY



A Father's role in the life of an individual cannot be expressed through mere words. From being an anchor to the child, to being the wind beneath their wings, a father does it all. Though no single day can justify celebrating a father, yet we took 20th June, 2021 as a day to mark this special day . The students made cards for their fathers. Their heartfelt emotions, as they presented these cards, were captured in a picture.



PRE-PRIMARY ACTIVITIES

" EARTH DAY "

Earth Day was celebrated on 22nd April by the children of the pre primary section. They celebrated this day as a reminder to protect the environment and make the Earth a better place to live in. The children planted saplings and promised to take care of the earth by practicing environment friendly behaviour like planting trees, recycling used things, switching off fans and lights before leaving the room, keeping the surrounding clean and healthy. Their teachers made them aware about several ways to keep the environment, pollution free and maintain a clean habitat.



RED DAY CELEBRATION



Recognizing colors and identifying the colour names is an important part of a child's development. At Sr Sri Academy the children are introduced to one or two colours every month, the students focus on a particular colour through interesting activities. Red Day was celebrated on 30th April, 2021 to introduce the concept of primary colours. The day was wonderfully planned and executed by the teachers and parents.



All the children were dressed in red, there were exciting activities like scavenger hunt and Show-n-Tell which catered to the eager and curious minds of the children. Activities such as dough art were conducted to stimulate learning through sensory-motor processes and conceptual understanding of colours.

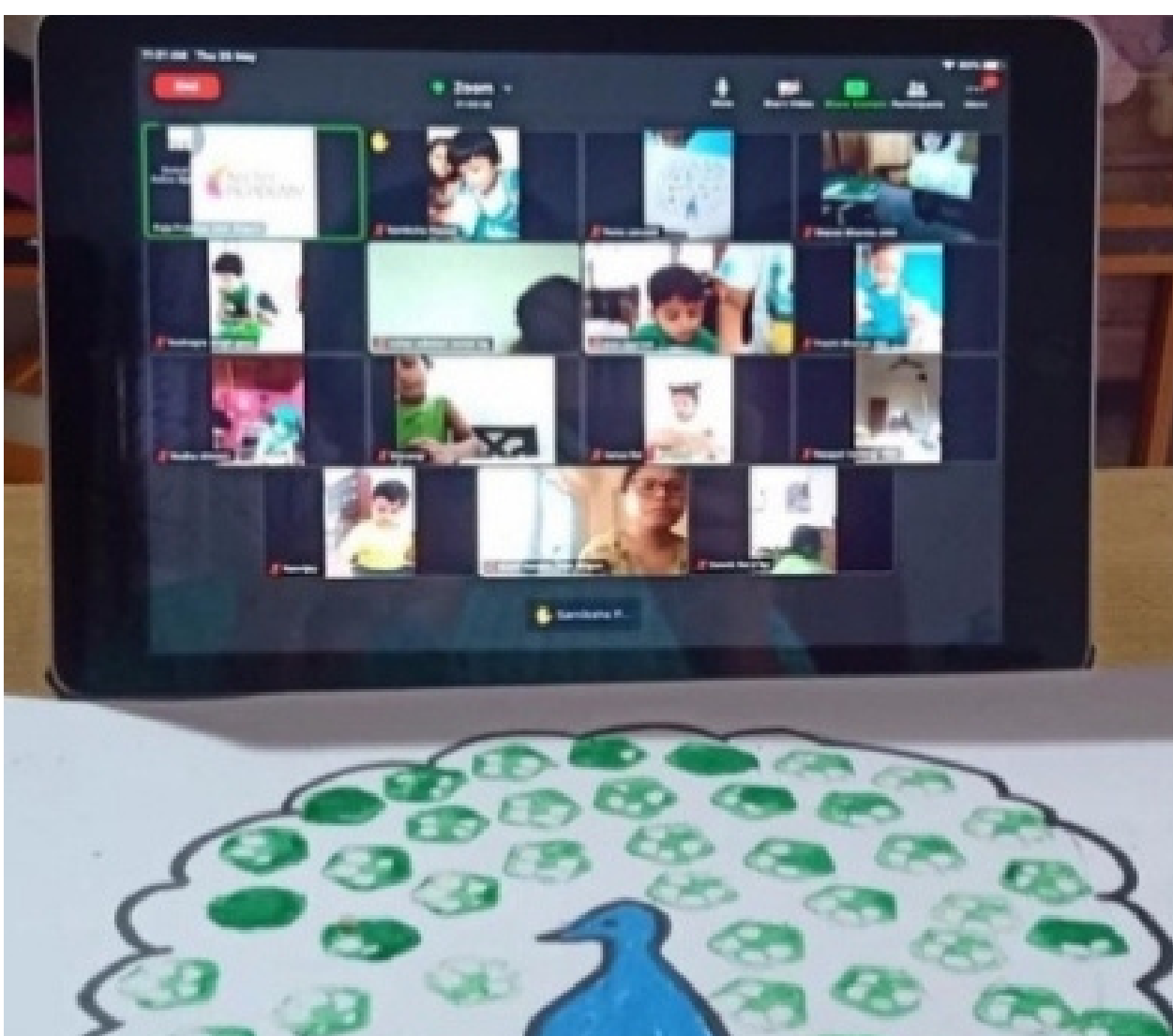
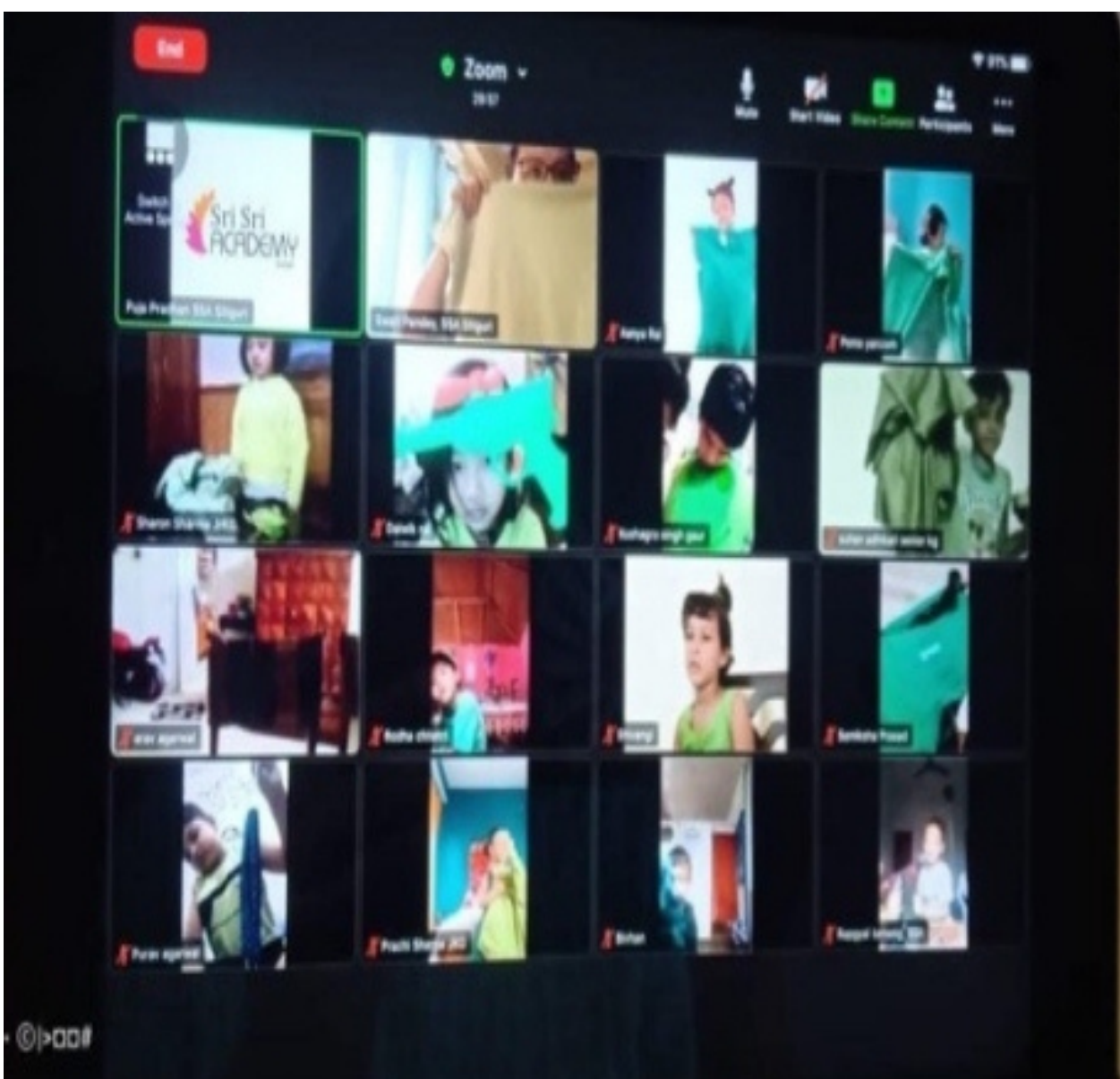


GREEN DAY CELEBRATION



Green Day was celebrated on 20th May by the pre-primary classes with great enthusiasm.

All the children were beautifully dressed in green . Various activities were planned for the children pertaining to the colour green. The parents and teachers , worked hard to make the day special for the students. With the help of the parents, a scavenger hunt was conducted with green objects around the house. The students were also made to do 'lady finger stamping'. The day marked significance in introducing the idea of being eco-friendly to these young minds.



SUMMER FUN AND FROLIC



21st May was experienced as a refreshing summer fun day by the students. All of them including the teachers were dressed in fancy summer outfits. Students made fruit salad as part of their activity. The students also danced matching steps with the dance teachers Ms. Chandni . Being the last working day before summer break, the children enjoyed a lot along with their teachers.



DOCTOR'S DAY



Doctor's Day was celebrated by the children of Pre-primary school on the 1st of July, to honour Dr Bidhan Chandra Roy, the former Chief Minister of West Bengal. The children dressed as doctors and spoke a few lines about the profession. They also made doctor puppets as a part of their activity. Children were very happy and learnt about the important role played by Doctors and Health workers .



SUMMER ACTIVITIES :

A TIME TO EXPLORE NEW SKILLS

Sri Sri ACADEMY
SILIGURI

VIRTUAL SUMMER WORKSHOP

BAKE ALONG WITH MYRA

Myra is an 8 year old passionate baker who has been baking with her baker mom ever since she learnt to walk and talk! She has conducted many successful baking workshops.



CLASS I-III

- ✦ EASY PEASY SUGAR COOKIES
- DATE: 29TH MAY, 2021 | TIME: 11:00 AM

CLASS IV-VI

- ✦ EGGLESS CHOCOLATE CAKE
- DATE: 30TH MAY, 2021 | TIME: 11:00 AM

BAKE THE WORLD A BETTER PLACE



✦ PLEASE FILL THE FORM TO REGISTER:
[HTTPS://FORMS.GLE/HDACEEQVVOWWMNAT7](https://forms.gle/HDACEEQVVOWWMNAT7)

✦ FREE REGISTRATION (OPEN FOR ALL)

FOR ENQUIRY CALL : +91 97335 66685



Sri Sri ACADEMY
SILIGURI

VIRTUAL SUMMER WORKSHOP

ART OF EXPRESSION WITH MS. SIMRAN

Ms. Simran is a visual artist, illustrator & art entrepreneur, based in Bangalore. Her colourful artwork is inspired by nature, tradition, human behaviour, social and spiritual observations.



CLASS I-V

- ✦ STORY TELLING WITH ART
- DATE: 11TH JUNE, 2021 | TIME: 11:00 AM

CLASS VI-X

- ✦ ZEN DOODLING
- DATE: 12TH JUNE, 2021 | TIME: 11:00 AM



✦ PLEASE FILL THE FORM TO REGISTER:
[HTTPS://FORMS.GLE/HDACEEQVVOWWMNAT7](https://forms.gle/HDACEEQVVOWWMNAT7)

✦ REGISTRATION FEE: RS. 100/- (OPEN FOR ALL)

PAYMENT CAN BE DONE VIA GOOGLE PAY/PAYTM/PHONEPE AT 9859493011.
FOR ENQUIRY CALL : +91 97335 66684

Sri Sri ACADEMY
SILIGURI

VIRTUAL SUMMER WORKSHOP

GROWING MICROGREENS WITH MS. VANI KARI

"Microgreens are vegetable greens harvested just after the cotyledon leaves have developed. They are used as a nutrition supplement, a visual enhancement, and a flavor and texture enhancement."



CLASS I-X

- ✦ LEARNING ABOUT MICROGREENS
- DATE: 05TH JUNE, 2021 | TIME: 11:00 AM



✦ PLEASE FILL THE FORM TO REGISTER:
[HTTPS://FORMS.GLE/HDACEEQVVOWWMNAT7](https://forms.gle/HDACEEQVVOWWMNAT7)

✦ REGISTRATION FEE: RS. 100/- (OPEN FOR ALL)

PAYMENT CAN BE DONE VIA GOOGLE PAY.

FOR ENQUIRY CALL : +91 97335 66684



Sri Sri ACADEMY
SILIGURI

VIRTUAL SUMMER WORKSHOP

CAREER COUNSELLING WITH MS. NALINI

Ms. Nalini is a certified career and College counsellor. She has expertise in profile building and financial aid connect. With 7 years experience in high school and college counselling, she also has a Certification in hypnotherapy and neuro linguistic program. She has mentored and guided 1000+ students and conducted 100+ workshops.




CLASS VIII - X

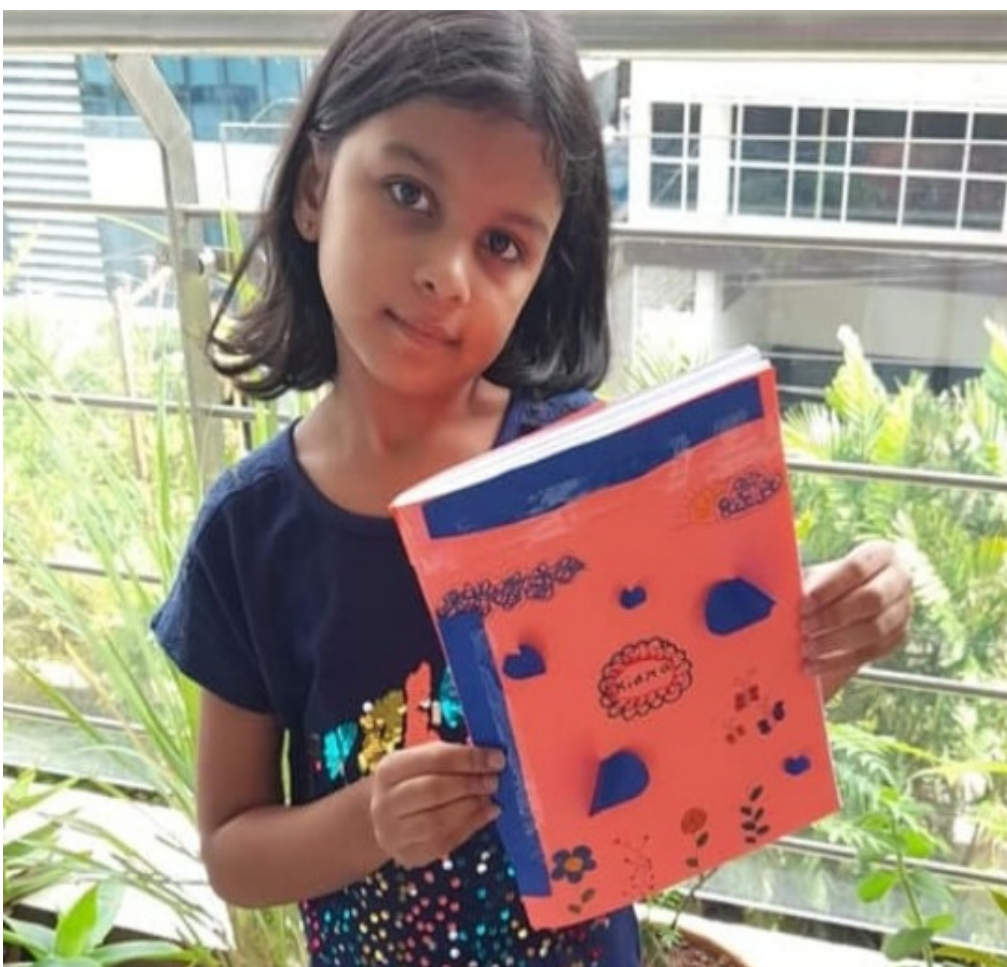
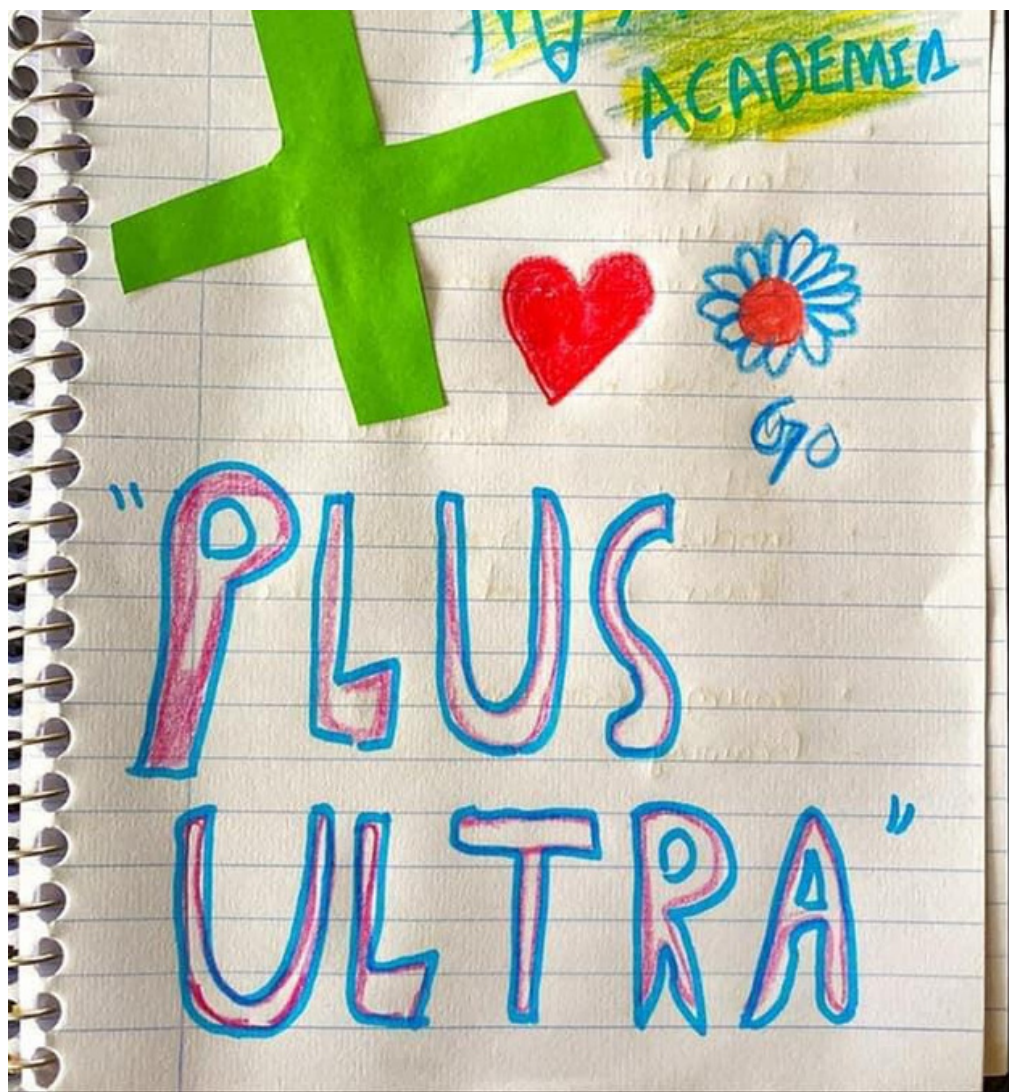
DATE: 19th June, 2021
TIME: 11:00 AM

REGISTRATION IS FREE | PLEASE FILL THE FORM TO REGISTER:
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FOR ENQUIRY CALL : +91 9733566684 / +91 9733566685

"ART OF JOURNAL WRITING"

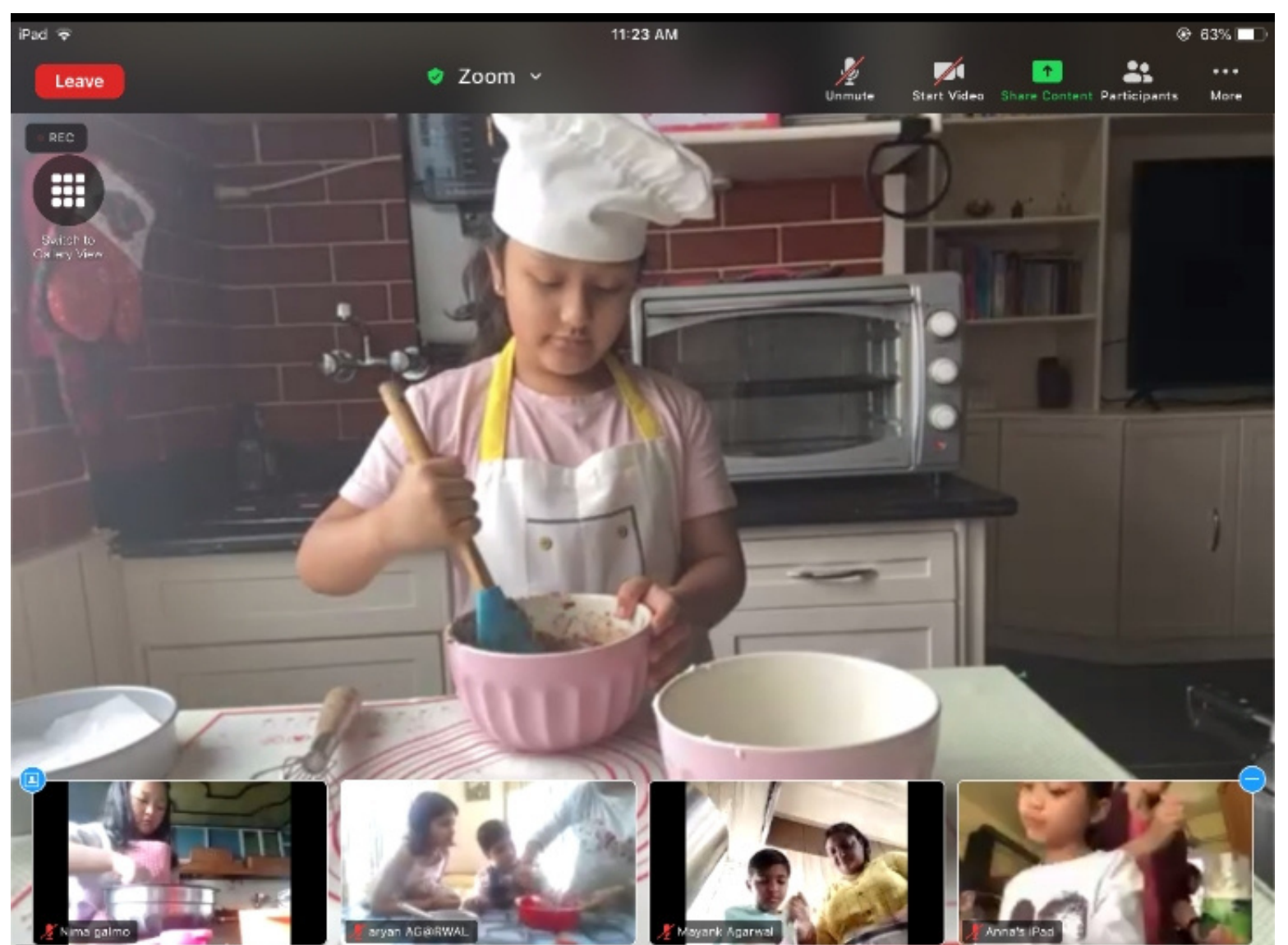
The summer vacation of 2021 was packed with exciting and relevant virtual workshops for the students. The first one being 'The art of Journal writing' on 27th and 28th may for the primary and secondary classes, respectively. Students from various other schools had also joined in. Ms. Ankita Sharma, our Student Counsellor, conducted the workshop with an aim to allow students to express themselves freely. The art of expressing one's thoughts and emotions on paper was learnt by students through activities during the workshop. Bullet Journaling, Art Journaling and Journaling for mental health were the main focus areas. The relevance of Journaling for self growth and mental peace was understood by the students and it was wrapped with thought-provoking hands on activities. To continue with this new learnt skill even in future, reference, prompts were shared by the facilitator. The session was enriching and fun filled.



BAKE ALONG WITH MYRA



The next hands on workshop for summer vacation was 'Bake along with Myra'. Myra is a passionate baker, who started her venture when she was just 5 years old. Being 8 now hasn't changed a thing about her love for the art of baking. She has conducted various workshops in the past for children of her age to introduce them to the magic world of sweetness. Students enjoyed the workshop and baked delicious cookies and cakes. The effect of the workshop was engraved deep and the parents reported that the children kept on with the new learnt skill of baking even later.

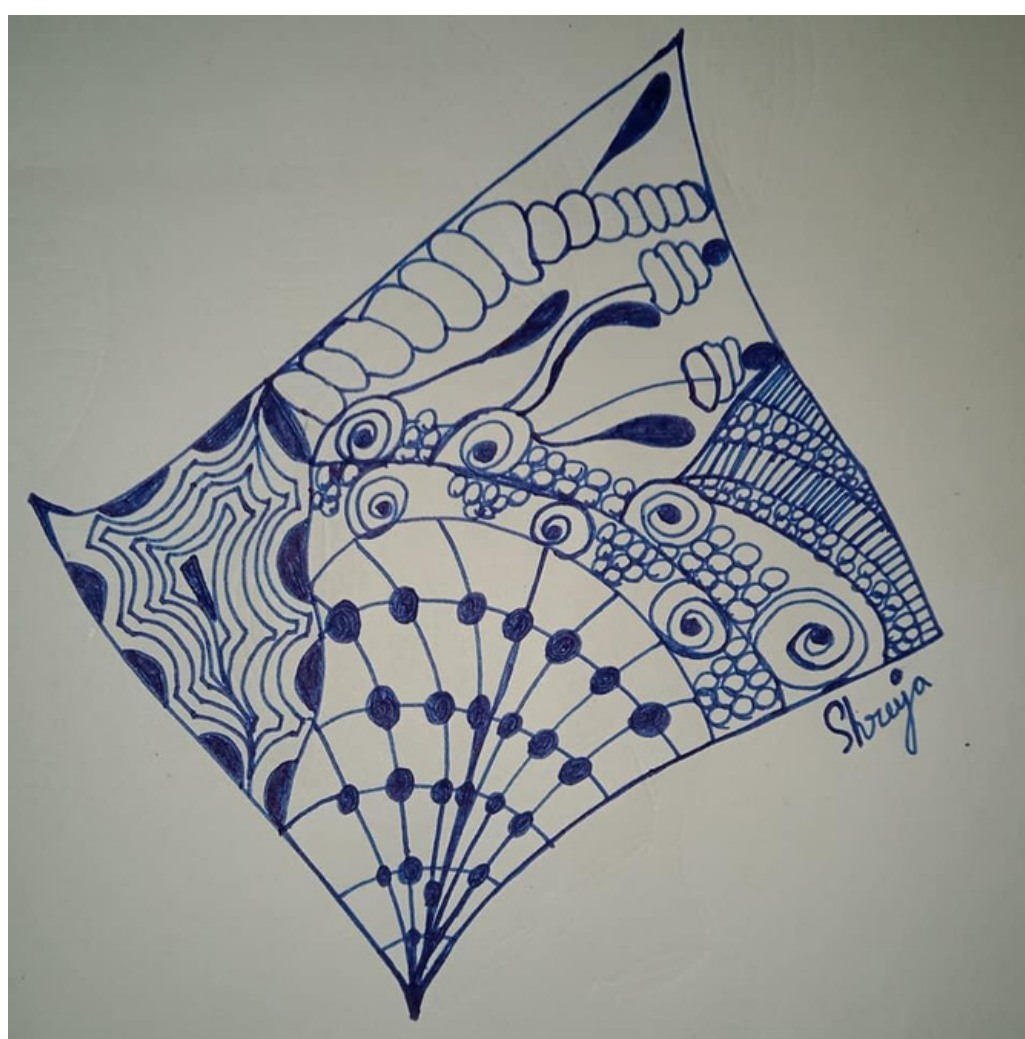
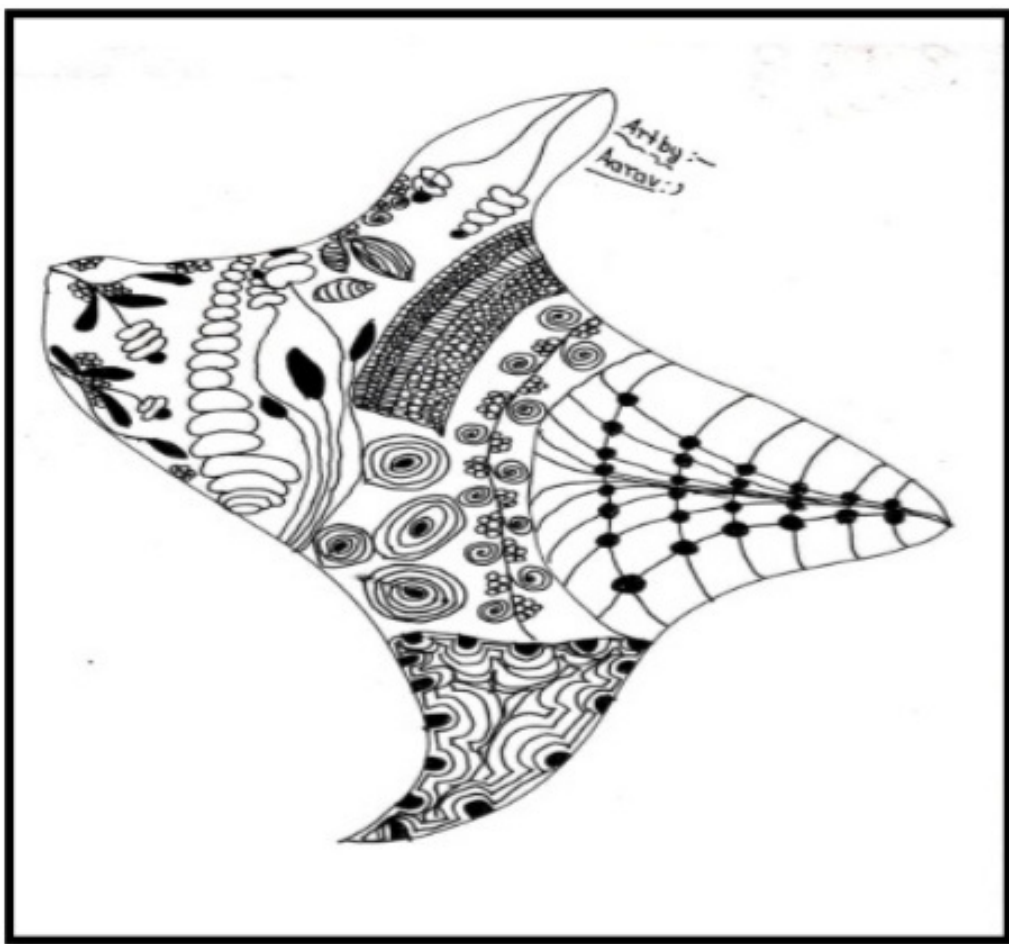


GROWING MICROGREENS



What is better than growing your own greens? A virtual summer workshop was conducted by Ms. Vani Kari where children learnt how to grow fresh organic microgreens such as baby fenugreek, mustard and likes at home. The children were taught how microgreens are considered to be very nutritious and adding them into their eating habits can improve their overall health. They participated in the workshop whole heartedly and enjoyed growing their own little harvest.

ART OF EXPRESSION



Ms. Simran, a visual artist, illustrator and art entrepreneur conducted a virtual summer workshop that brought out the creativity of the students. Through the concept of 'Story telling with art' and 'Zen doodling', she took the students on a journey of self-exploration. They learnt ways of expressing themselves on paper, without any fear of judgement. Ms. Simran draws her inspiration from nature, tradition, human behaviour, social and spiritual observations. The art of expression opens up new learning for students, allowing them to release their feelings and strong emotions constructively.

CAREER COUNSELLING: THE NEED OF THE HOUR

Students of VIII to X attended a career counselling workshop where they were guided about the various career options they can take up after finishing school. Ms. Nalini, a certified career and college counsellor conducted the virtual summer workshop to guide our students. The students found it extremely useful. The session was highly interactive while the facilitator answered all the queries of our young minds.

VIRTUAL SUMMER WORKSHOP 

CAREER COUNSELLING WITH MS. NALINI

Ms. Nalini is a certified career and College counsellor. She has expertise in profile building and financial aid connect. With 7 years experience in high school and college counselling, she also has a Certification in hypnotherapy and neuro linguistic program. She has mentored and guided 1000+ students and conducted 100+ workshops.

CLASS VIII - X

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TIME: 11:00 AM

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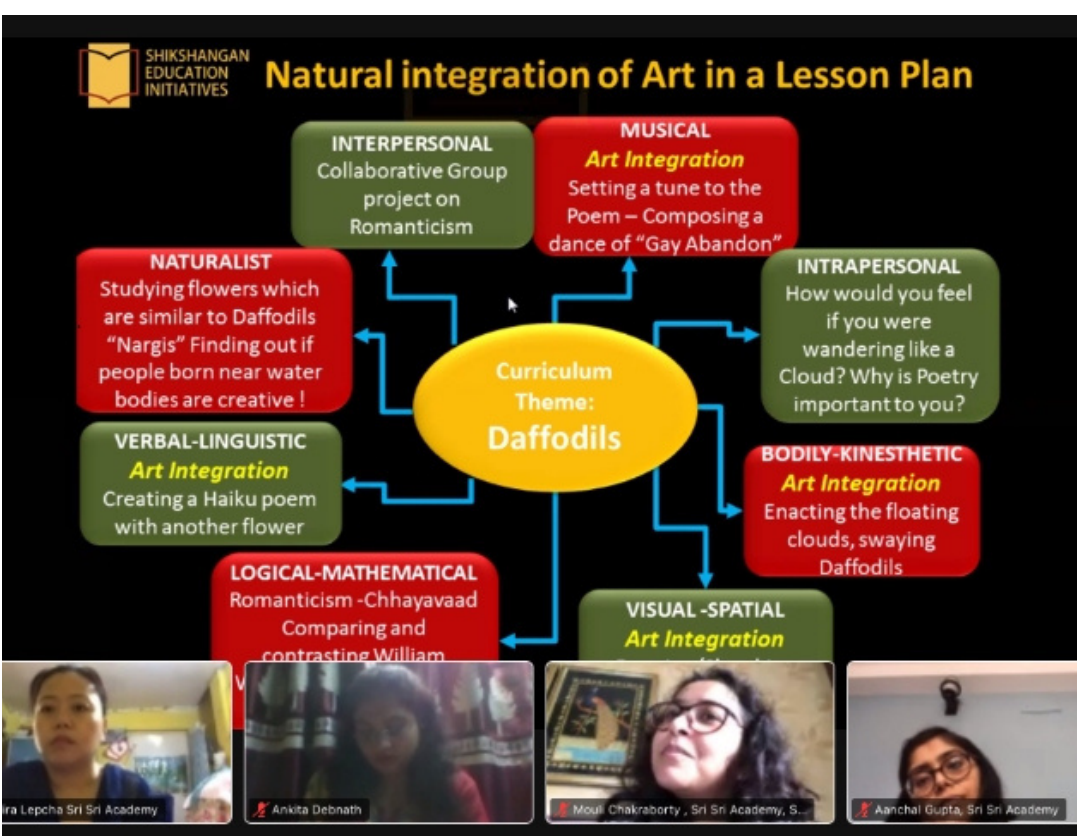
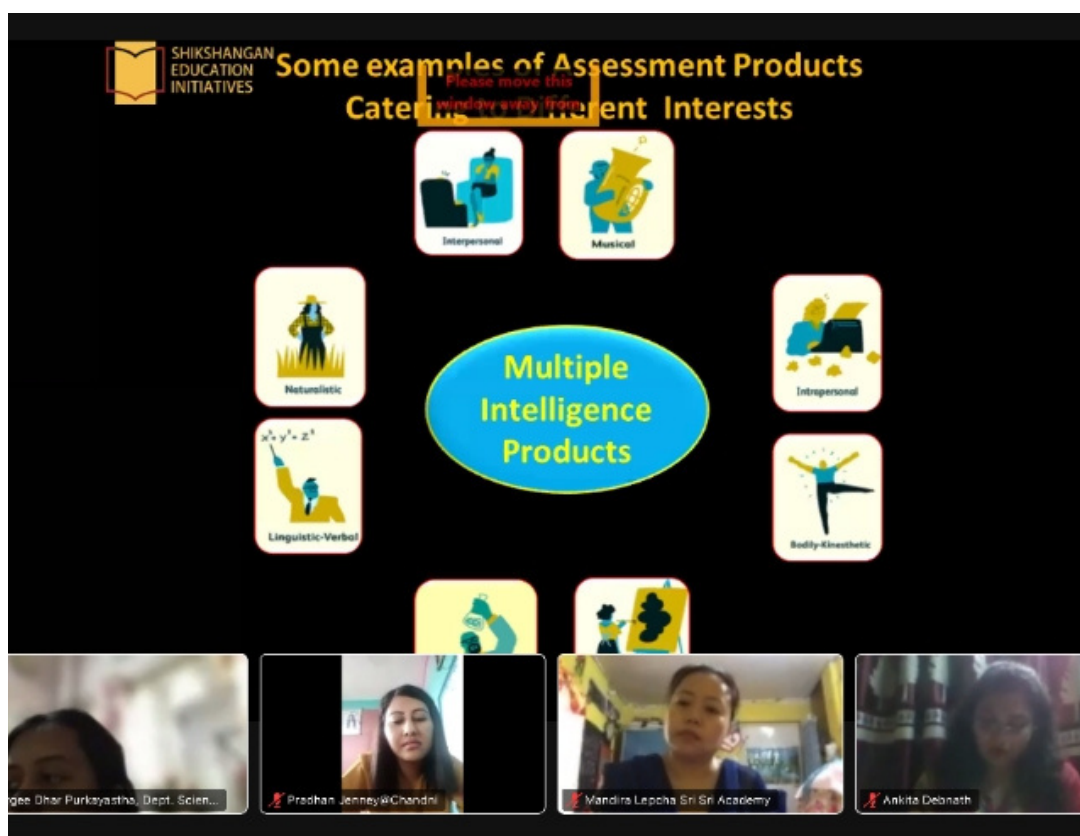
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TEACHERS' TRAINING:

A TEACHER IS A LEARNER FIRST

‘Develop a passion for learning. If you do, you will never cease to grow’. – Anthony J.D’Angelo.

At Sri Sri Academy, we believe that in order to be a truly great teacher, one must go beyond textbooks and attend professional development training and workshops to update themselves with the evolving trends and best practices in the field of education. Keeping this in mind, a productive workshop was organised for the teachers, conducted by Ms. Devika Nadig and Mr. Vijay Gupta, founders of Shikshangan Education Initiatives. The workshop was interactive and enriching for our facilitators.



TRAINING ON GOOGLE FOR EDUCATION

‘With technology becoming a part and parcel of our daily lives, it is of utmost importance that facilitators keep sharpening their technical skills in order to remain relevant in today’s world. Sri Sri Academy, Siliguri took its first step towards becoming a technologically driven school, by adopting Google for Education. Teachers were trained by Mr. Andrew Nelson, who is a certified trainer for Google, on Google Meet and Google Classroom, so that not only would online classes be more effective but also the effectiveness of assignments would increase manifold. Once the teachers were equipped with the knowledge, they trained the students and parents on the same, to ensure smooth functioning of the school.



WEBINAR ON HEALTH AND HYGIENE WITH DR. PRINCE PARAKH

‘Health and hygiene’: a topic of utmost importance in today’s time was acknowledged by the school and given a platform to be discussed on 16th May, 2021. An interactive session was conducted with Dr.Prince Parakh, a leading pediatrician and the parents representative of Class Nursery to Class III .It was streamed live on FaceBook to reach out to maximum audience. Dr. Prince threw light on the significant factors of health and hygiene and ways through which parents can take appropriate care of their wards during the pandemic. The session was tremendously enriching for all and provided parents with a space to ask everything that could possibly stress them about the health and hygiene of their wards and family at large.

The poster is for a Facebook Live session titled "CARING FOR OUR CHILDREN" presented by Sri Sri Academy Siliguri. It features Dr. Prince Parakh, a renowned pediatrician (MBBS, MD, FISP), as the guest. The session is moderated by Ms. Aanchal Gupta. Several parent representatives are listed, including Ms. Tina Rasaly, Mr. Kalyan Sharma, Ms. Khushboo Choudhary, Ms. Prashanti Tamang, Ms. Shristee Sapkota, and Mr. Abhijit Saha. The event took place on May 16, 2021, at 5:00 PM. The poster also includes the logos of Sri Sri Academy and NEEV The Foundation School.

Sri Sri ACADEMY SILIGURI Presents

Facebook LIVE

CARING FOR OUR CHILDREN
IN CONVERSATION WITH RENOWNED PEDIATRICIAN,
DR. PRINCE PARAKH
MBBS, MD, (PAEDIATRICS)
FISP (AIIMS, NEW DELHI)

Ms. Aanchal Gupta
Moderator

Ms. Tina Rasaly
Parent Representative

Mr. Kalyan Sharma
Parent Representative

Ms. Khushboo Choudhary
Parent Representative

Ms. Prashanti Tamang
Parent Representative

Ms. Shristee Sapkota
Parent Representative

Mr. Abhijit Saha
Parent Representative

Date: 16-5-2021 Time: 5:00 PM

Visit www.facebook.com/srisriacademy.siliguri



ART IS AN IMITATION OF LIFE



ART IS AN IMITATION OF LIFE



Upcoming Events : In the coming months we shall have many more activities.

Apart from the regular significant day celebrations, we shall be celebrating the Literacy Month in September, which is sure to be exciting.

Looking forward to engaging the readers with many more such editions.



Sri Sri ACADEMY

SILIGURI



NEEV

THE FOUNDATION SCHOOL

Pre-Primary Wing - Sri Sri Academy, Siliguri