



UPSKILLING
CARE STAFF
IN NORFOLK
& SUFFOLK

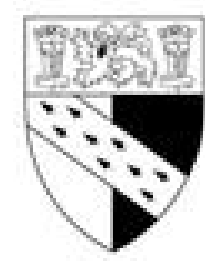
DEVELOPING SKILLS IN HEALTH & SOCIAL CARE



European Union
European
Social Fund



Suffolk
County Council



Norfolk
County Council

Are you running a business in the Health Care sector and looking to upskill your workforce?

Do you work in the adult care industry and want to gain new skills to progress your career?

- or -

Steadfast Training are part of an exciting new project in New Anglia. Backed by European Social Funds (ESF) we can offer *fully funded* accredited qualifications to the adult health and social care workforce across Norfolk & Suffolk. Our aim is to work with individuals to develop their skills enabling them to progress in their careers.

Our Courses



Stroke Awareness



Introduction to Mental Health & Wellbeing



Understand how to work in End of Life Care



Supporting Learning Disabilities



Dementia Awareness



Communicating & Interaction with individuals with Dementia



Introduction to Autistic Spectrum conditions



DEMENTIA AWARENESS

Level 2

Unit: J/601/2874

INTRODUCTION

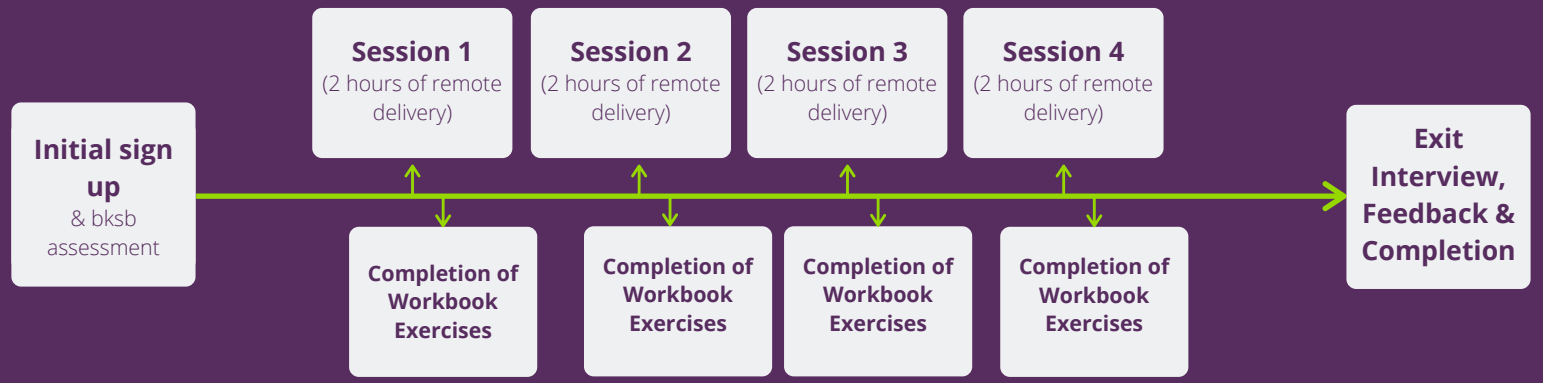
The aim of the unit is to enable learners to gain knowledge of what dementia is, the different forms of dementia and how others can have an impact on the individual with dementia.

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Understand what Dementia is.
- Understand key features of the theoretical models of dementia
- Know the most common types of dementia and their causes
- Understand factors relating to an individual’s experience of dementia

TRAINING DELIVERY (17 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK



UNDERSTAND HOW TO WORK IN END OF LIFE CARE

Level 2

Unit: A/503/8085

INTRODUCTION

The aim of this unit is to enable learners to gain an understanding of how to work in end of life care.

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Know different perspectives in death and dying
- Understand the aims, principles and policies of end of life care
- Understand the factors regarding communication in end of life care
- Know how to access the range of support services available to individuals and others

TRAINING DELIVERY (28 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING
PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK

INTRODUCTION TO MENTAL HEALTH, MENTAL ILL HEALTH & WELLBEING

Level 2

Unit: T/618/3796

INTRODUCTION

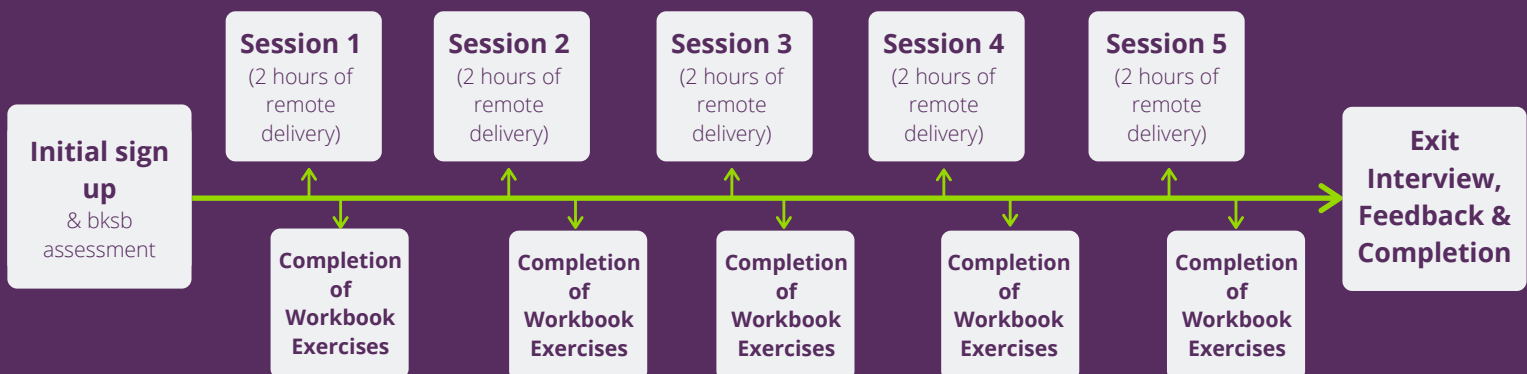
The aim of the unit is to enable learners to gain knowledge of what mental health, mental ill-health and well-being are.

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Understand Mental Health & Wellbeing
- Understand how stigma of mental ill health affects the experience of individuals
- Understand the mental health continuum
- Understand causes of mental ill-health
- Understand the social, personal, and economic implications of mental ill health
- Know ways to promote mental health and prevent mental ill-health

TRAINING DELIVERY (20 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING
PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK

INTRODUCTION TO AUTISTIC SPECTRUM CONDITIONS

Level 2

Unit: T/617/5732

INTRODUCTION

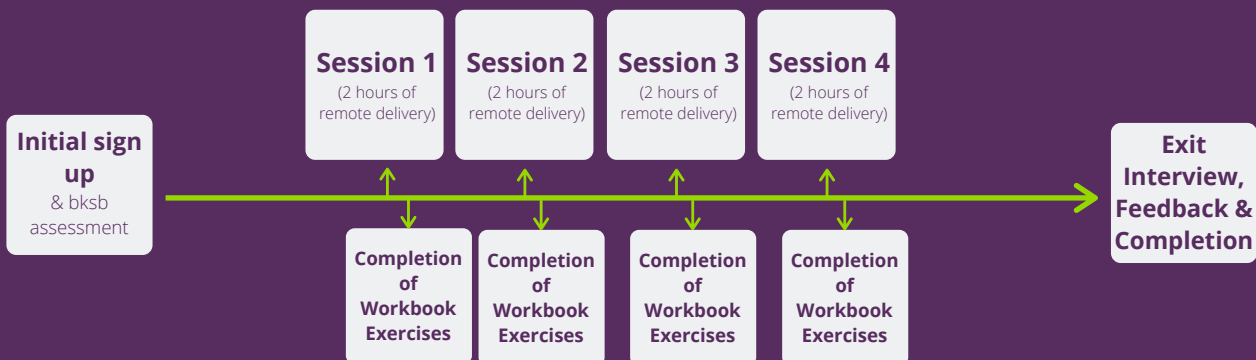
The aim of the unit is to enable learners to gain knowledge of what autistic spectrum conditions are and how they can affect individuals

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Understand autism, its related conditions, and underpinning theories
- Understand how autism is diagnosed
- Understand how autism affects individual

TRAINING DELIVERY (30 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING
PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK

STROKE AWARENESS

Level 2

Unit: T/617/5732

INTRODUCTION

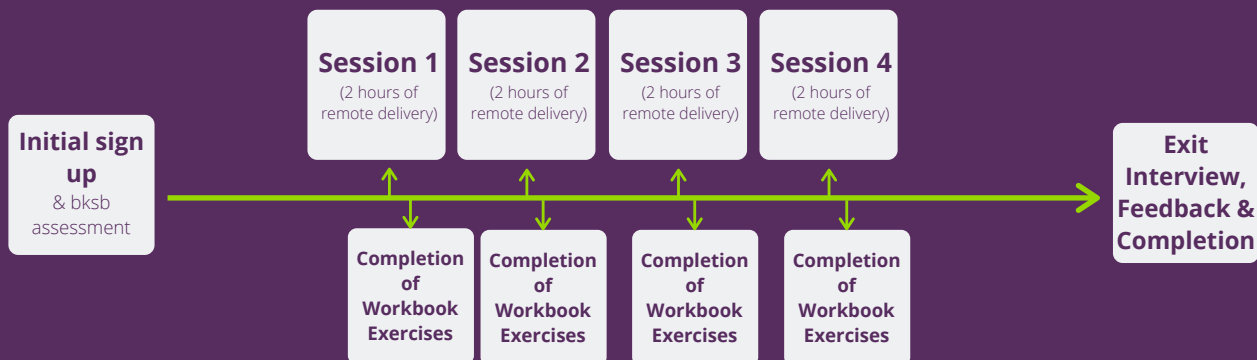
The aim of this unit is understand what a stroke is, how to recognise a stroke and what the treatment and management of a stroke consists of.

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Know what a stroke is
- Know how to recognise strokes
- Understand the management of risk factors for strokes
- Understand the importance of emergency response and treatment for strokes
- Understand the management of strokes

TRAINING DELIVERY (28 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING
PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK

COMMUNICATING & INTERACTION WITH INDIVIDUALS WITH DEMENTIA

Level 2

Unit: T/601/8654

INTRODUCTION

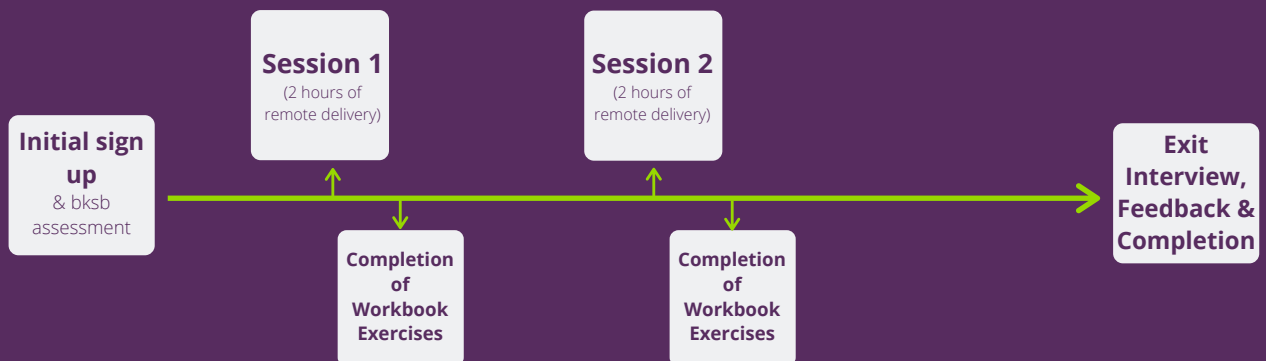
The aim of this unit is to provide the learner with knowledge and understanding when communicating with individuals who have dementia

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Understand the factors that can influence communication and interaction with individuals who have dementia
- Understand how a person centred approach may be used to encourage positive communication with individuals with dementia
- Understand the factors which can affect interactions with individuals with dementia

TRAINING DELIVERY (18 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.



FOR FURTHER INFORMATION ON FULLY FUNDED LEARNING
PROGRESSION PATHS PLEASE CONTACT DSHSC@STEADFASTTRAINING.CO.UK

PRINCIPLES OF SUPPORTING INDIVIDUALS WITH A LEARNING DISABILITY TO ACCESS HEALTHCARE

Level 2

Unit: T/601/8654

INTRODUCTION

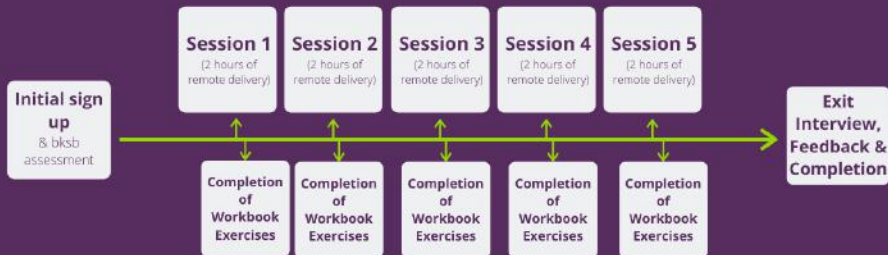
The aim of the unit is to enable learners to gain knowledge of supporting an individual with a learning disability to access healthcare services.

BY THE END OF THIS COURSE YOU WILL BE ABLE TO:

- Understand legislation, policies, and guidance relevant to individuals with a learning disability accessing healthcare
- Understand the function of different healthcare services that an individual with a learning disability may need to access
- Understand the role of professionals within different healthcare services that an individual with a learning disability may need to access
- Understand how plans for healthcare and regular health checks underpin long-term health and well-being for individuals with a learning disability

TRAINING DELIVERY (23 GLH)

Training will be delivered via remote Zoom sessions and the completion of exercises in your own time. Your trainer will also be available for additional support via telephone & email.





The benefits

To employers:

- Equip staff with skills and knowledge
- Provide better care to their clients and residents
- Better confidence in their roles
- Improve job satisfaction
- Better job retention
- Increase your CQC rating

To employees:

- You can gain a qualification and develop your knowledge
- Become more confident in your job
- Provide better care leading to job satisfaction
- Improve your access to further and higher education
- Improve your career progression

Eligibility

Please note to access this funding you must live and work within Suffolk or Norfolk.

Interested?

For further information of other fully funded training progression routes please contact

dshsc@steadfasttraining.co.uk



0845 223 2401

steadfasttraining.co.uk

dshsc@steadfasttraining.co.uk

-For more information about the DSHSC project, including other qualifications that are available through our project partners, please visit www.norfolk.gov.uk/developingskills

In partnership with:



Norfolk
County Council



Suffolk
County Council



European Union
European
Social Fund