




eforeTM
SPA



WELLNESS PACKAGE

ISLAND RETREAT

Escape to paradise with our Tropical Oasis Body Protocol. This 100-minute treatment begins with a coconut sugar scrub and mango enzyme wrap to exfoliate and hydrate your skin. The tropical scents of yuzu, coconut, and mango envelop you as your body is nourished with apricot body oil and Monoi Age Corrective Night Body Cream, leaving your skin glowing and silky smooth. The experience is completed with a hydrating facial using our Repair and Hydrate products for the ultimate wellness retreat.

100 Min | Starting from \$325*

**Base price may vary based on demand per timeslot, treatment and day of the week*



MASSAGE



DEEP TISSUE MASSAGE

Experience the benefits of targeted deep-pressure techniques designed to relieve muscle tension and leave you feeling rejuvenated and restored.

50 Min | Starting from \$185*

80 Min | Starting from \$295*



STRESS RELIEF MASSAGE

Delve deeper into tranquility as this medium-pressure massage targets common areas of discomfort, from the lower back to the shoulders.

Experience the ultimate in relaxation, stress relief, and pain reduction, rejuvenating both body and spirit.

50 Min | Starting from \$175*

80 Min | Starting from \$280*



RELAXATION MASSAGE

The perfect introduction to the art of massage, this traditional massage ensures a soothing escape from the day's activities. Let the gentle touch of our skilled therapists melt away your stress.

50 Min | Starting from \$165*

80 Min | Starting from \$265*



HOT STONE MASSAGE

Experience the luxury of our signature massage, where smooth, heated stones are used.

50 Min | Starting from \$175*

80 Min | Starting from \$280*



MOTHER'S TOUCH PRENATAL MASSAGE

This gentle massage provides soothing relief during pregnancy, targeting back pain, swelling, and tension. Tailored to your needs, it promotes relaxation, reduces stress, leaving you feeling

50 Min | Starting from \$175*

80 Min | Starting from \$280*



ALOE SOLO HEALER

Experience the soothing touch of our Aloe Sun Recovery Massage, specially designed to calm sunburned skin, reduce redness, and restore hydration using gentle techniques and cooling aloe.

Perfect for sun-kissed skin in need of relief and relaxation.

50 Min | Starting from \$175*

80 Min | Starting from \$280*

**Base price may vary based on demand per timeslot, treatment and day of the week*

BODY

TROPICAL OASIS BODY TREATMENT

Immerse yourself in the Tropical Oasis Body Treatment, where juicy scents of yuzu, coconut, and mango transport you to a sun-drenched paradise.

This luxurious treatment exfoliates your skin, revealing a radiant glow beneath. Indulge as the hydrating blend deeply nourishes, leaving skin plump, refreshed, and silky smooth. A rejuvenating facial completes the experience, leaving both your body and face plump, smooth, and glowing.

80 Min | Starting from \$295*

AGE DEFYING HYDRATION BODY TREATMENT

Experience the ultimate rejuvenation with our Age-Defying Hydration Body Treatment, a treatment designed to tone and firm your skin. Harnessing the invigorating powers of paprika and stinging nettle, this treatment energizes and stimulates, leaving your skin radiant and revitalized.

Enjoy a noticeable reduction in cellulite as your skin transforms into a smoother, more youthful appearance. Paired with a revitalizing facial, it delivers a head-to-toe transformation, leaving your skin radiant and revitalized.

80 Min | Starting from \$295*



HOLISTIC

SACRED SOUNDS MASSAGE

Experience a meditative journey that combines a full-body relaxation massage with the healing resonance of therapeutic crystal sound bowls, promoting balance, restoration, and deep relaxation.

50 Min | Starting from \$175*

**Base price may vary based on demand
per timeslot, treatment and day of the week*

FACE

CUSTOM ORGANIC FACIAL

Experience a personalized treatment tailored to your skin's unique needs with nutrient-rich, organic ingredients. Whether hydrating, clarifying, rejuvenating, or calming, your esthetician will select potent formulas to restore balance and radiance.

This facial nourishes your skin while transporting your senses with vibrant, natural scents.

50 Min | Starting from \$190*

REPAIR AND HYDRATE ORGANIC FACIAL

Indulge in our Repair and Hydrate Facial, a treatment designed to refine pores and balance your skin.

Featuring the powerful stone crop succulent, known as the first-aid plant, this facial heals and reduces the appearance of irritation. Experience the soothing and rejuvenating effects as your skin is deeply hydrated and restored to its natural radiance.

50 Min | Starting from \$190*

THERAGLOW FACIAL

The TheraGlow Facial combines advanced TheraFace PRO technology with botanical skincare for a radiant, lifted complexion. This 80-minute treatment includes deep cleansing, exfoliation, LED therapy, microcurrent lifting, and hot and cold therapy. Finished with nourishing serums and a revitalizing masque, it leaves your skin toned, hydrated, and glowing.

80 Min | Starting from \$300*



**Base price may vary based on demand per timeslot, treatment and day of the week
†Can only be performed in combination with a facial.*

COUPLES



TEMPO PA DOS

Revel in romance with our exclusive couples

treatment. Choose from:

Relaxation Massage •

Aloe Solo Healer •

Hot Stone Massage •

Stress Relief Massage •

to unwind and reconnect in a serene setting.

A perfect retreat for you and your partner.

50 Min | Starting from \$315*

80 Min | Starting from \$500*



REPAIR AND HYDRATE FACIAL FOR TWO

Reconnect and unwind together with our Repair

and Hydrate Organic Facial, designed to refine

pores and restore balance to the skin. Featuring the

healing properties of stone crop, the first-aid plant,

this facial soothes and reduces irritation while deeply

hydrating, leaving your skin radiant and rejuvenated.

Share this calming experience with your partner

for the ultimate relaxation and skin revitalization.

50 Min | Starting from \$350*

**Base price may vary based on demand
per timeslot, treatment and day of the week.*



FACE UPGRADES

Enhance your massage, facial, or body treatment with exquisite upgrades, designed to elevate your experience without extending treatment time. Note that upgrades must be booked with a treatment and cannot be reserved independently. Discounts or promotions are not applicable to upgrades.

AFTER SUN RESCUE

Soothe sunburned skin with this cooling treatment. Using stone crop gel wash, hydrating mist, and a healing masque, this therapy replenishes moisture and calms irritation, leaving your face feel refreshed and restored.

\$40

THERAFACE MASK LED ENHANCEMENT

Firm skin, reduce fine lines and wrinkles, reduce dark spots, improve radiance, and fight acne causing bacteria with our signature LED treatment.

\$45

BODY UPGRADES

EXFOLIATING HAND AND FOOT SCRUB

Revitalize dry, rough skin with this nourishing scrub. Using a cranberry pomegranate exfoliant, we focus on your hands and feet to smooth and hydrate, followed by a soothing coconut lotion massage and a warm towel wrap for ultimate relaxation.

\$45

HOT STONE HAND AND FOOT MASSAGE

Melt away tension with the warmth of smooth stones and a calming stone crop oil massage. This treatment targets key pressure points to release muscle tightness and leave your hands and feet deeply relaxed and hydrated.

\$45

SCALP MASSAGE

Relax and rejuvenate with a nourishing Rosehip Triple C+E oil scalp massage. Gentle circular motions and pressure point focus help relieve tension, stimulate circulation, and promote overall relaxation.

\$30

HEAT THERAPY ENHANCEMENT

Boost circulation and ease stiff muscles with an effective, personalized combination of percussive massage and heat delivered by Theragun PRO Plus.

\$40

HOT STONES

Enhance your treatment with the soothing warmth of hot stones, designed to melt away tension and promote deep relaxation. This upgrade helps to ease muscle stiffness, improve circulation, and leave your body feeling calm and rejuvenated.

\$35

AROMATHERAPY

Enhance your treatment with your choice of scent: Lime Bamboo, Lavender Mallow, Papaya Aloe, Orange Lemongrass, or Signature White Tea and Thyme for a soothing, revitalizing experience.

\$35

**Base price may vary based on demand per timeslot, treatment and day of the week*

CONTACT US



HOURS

Monday - Sunday

10 am to 6 pm

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The image features a large, white, curved wall on the right side, which serves as a backdrop for the Eforea SPA logo. The logo consists of a blue, stylized leaf icon above the word "eforea" in a blue, lowercase, sans-serif font. Below "eforea" is the word "SPA" in a smaller, blue, uppercase, sans-serif font. The wall is illuminated by warm, golden light, and the shadows of palm trees are cast onto its surface. To the left of the wall, several tall palm trees with green fronds are visible against a clear blue sky. In the background, there are thatched-roof huts and a glimpse of the ocean. The overall scene is a tropical resort setting.

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QUIET AREA