




eforea™
SPA

WELLNESS EXPERIENCES

ESCAPE JOURNEY

SACRED SOUNDS MASSAGE

This meditative experience combines our full-body relaxation massage with a vibrational sound therapy. The healing resonance therapeutic crystal sound bowls promotes balance, restoration, and relaxation through tones that reach your chakras.

50 Min \$150 80 Min \$230

EFOREA ASTRONOMY EXPERIENCE

Eforea Spa is transformed at night time and becomes a unique tranquil oasis in Palm Beach where you can experience a romantic massage under the stars while listening to the soothing sounds of the spa garden and fountains, followed by stargazing and a guided meditation with healing crystals and sage.

The eforea Astronomy Experience includes:

- 50-minute relaxation massage
- 50-minute private guided meditation
- Self-guided stargazing
- A bottle of sparkling wine

per person \$280

EFOREA HEAD TO TOE

Enjoy a complete journey of eforea, peacefulness and relaxation. Eforea Head To Toe is a complete hydrating, cleansing and rejuvenating experience that will leave you feeling renewed and refreshed from head to toe.

Includes:

- Babor Facial
- Scalp Massage
- Coconut Massage
- Foot Reflexology

150 Min \$395

MASSAGE

ALOE VERA, RUM Y PIEDRA CAYENTE

Our signature massage combines hot black beach stones, agave nectar oil enriched with a blend of powerful anti-aging extracts and rum with pure liquid Aruba Aloe Vera. Your feet are also treated and deliciously glazed with a warm honey wrap.

80 Min \$255

ALOE SOLO HEALER

The best introduction to massage, this traditional full-body massage relieves muscular aches and pains combines with the powerful soothing local Aruba Aloe Vera.

The perfect treatment to soothe after a day in the sun.

50 Min \$150 80 Min \$230

AZETA DI COCO MASSAGE

Ease up with this massage, which utilizes slow, localized movements in combination with warm coconut oil to heal the skin and relax tense muscles. A honey, aloe and papaya fruit serum is drizzled on the feet to conclude this treatment.

50 Min \$150 80 Min \$230

SOLO TA BRIYA

Enjoy an antioxidant-rich citrus infusion with a grape-seed and olive fruit oil blend application, followed by a relaxing massage with whipped shea butter scented with Bartlett pear and soft coconut. The treatment moisturizes your skin and will leave you feeling bright and shining like the sun.

50 Min \$150 80 Min \$230

DRUMI DUSHI MASSAGE

Breathe easy with this aromatherapy massage, which uses a blend of warm essential oils to address your specific needs.

Choose from :

Energizing (*lime, nectarine & green tea*)

Relaxing (*lavender, jasmine & iris*)

Balancing (*bergamot, vanilla & cedar wood*)

Shaping (*orange, mimosa & musk*)

50 Min \$150 80 Min \$230

BODY

COCO Y ALOE

Polish your skin to perfection with this coconut oil infused brown sugar scrub that exfoliates and hydrates the skin for a perfect glow, followed by a relaxing aloe massage.

80 Min \$230

ARUBA ARIBA

Our signature resort cocktail is the inspiration for this treatment. A watermelon basil and organic vodka body polish is followed by a cranberry orange aroma. The finale is a massage with a blend of olive fruit and grapeseed oils scented with clementine.

80 Min \$230

PLAYA Y LAMA

Starting off with an aromatic Citrine Beach wholemilk soak infusion, velvety skin is brought to life. This is followed by a citrus grass exfoliation containing fine sea salt and vitamin E while you enjoy a scented mask combining real banana and turmeric extract.

80 Min \$230

TROPICAL DELIGHT

Delight your senses with a tropical journey of silky softness with a fine sugar crystal, shea butter and coconut water body polish. Become engulfed in creamy comfort with a divine marshmallow and sandalwood massage. Finally, a facial application and honey foot wrap will have you floating on air.

80 Min \$230



FOR COUPLES

TEMPO PA DOS

This time for two is the ultimate romantic escape and can be enjoyed at our Outdoor Spa Cabana or Indoor Couples Suite.

Choose from:

- Relaxation Massage
- Fitness Muscle Massage
- Hot Stone Massage
- Stress Relief Massage

50 Min \$290 80 Min \$440

COCO PA DOS

Melt into pure bliss with our Kopari coconut massage. Organic Coconut Melt is worked into sore, tired muscles for a total body glow and leave your skin feeling silky smooth. We finish with an ultra-hydrating foot massage and cool towels leaving you refreshed and in coconut paradise.

50 Min \$255 80 Min \$380

BIENTO DEN CABANA

It is all about the sound of the ocean and the feel of the calming breeze when enjoying this massage in our beach front couples' cabana. This relaxation massage is enhanced with Agave Nectar Oil and an application of cool towels. Renewal of body, mind and spirit awaits, let the ocean breeze take you away and reconnect to each other.

50 Min \$255 80 Min \$380

These couples massages are discounted and cannot be combined with any other discounts or promotions.



ESSENTIALS JOURNEY

MASSAGE

DEEP FITNESS MUSCLE MASSAGE

Experience a percussion treatment, powered by the award winning Hypervolt, combined with a deeper fitness muscle massage, to find relief and relaxation of tight muscles. The Hypervolt featuring Quiet Glide™ technology, which is used as needed and reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body.

50 Min \$180 80 Min \$260

FITNESS MUSCLE MASSAGE

Go deeper to alleviate tension and muscular stress. Techniques target common areas of discomfort to create a powerful massage, perfect for a stiff neck, painful lower back or sore, tight shoulders.

50 Min \$170 80 Min \$260

STRESS RELIEF MASSAGE

This medium pressure massage helps to relieve stress, reduce pain, boost mood and promote relaxation.

50 Min \$160 80 Min \$240

RELAXATION MASSAGE

The perfect introduction to massage, this full-body, light-pressure massage relieves muscular aches and pains with a variety of techniques, pressures and rhythmic movements.

50 Min \$150 80 Min \$230

HOT STONE MASSAGE

Enjoy this comforting and deeply relaxing massage that energetically balances mind and body. The heat of the stones relaxes your muscles and it soothes away tension.

50 Min \$150 80 Min \$230

PRENATAL AND POSTNATAL MASSAGE

Relax and revitalize with a deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. Add gentle back exfoliation if desired.

Please note: Prenatal massage is only performed for pregnancies of 12 weeks and up.

50 Min \$150 80 Min \$230

FACE

MOISTURIZING FACIAL

This high-performance treatment repairs water imbalance in the skin. A thirst quenching mask and sensorial silk textured serums indulge your skin. Softness is restored and a more youthful appearance is visible.

50 Min \$140 80 Min \$230

BALANCING FACIAL

This refreshing facial uses a blend of botanicals and peptides and will balance excessive oil helping to regulate its production. The result is minimized pores, reduced shine and a smooth healthy complexion.

50 Min \$140 80 Min \$230

CALMING FACIAL

This facial is designed for delicate, reactive skin. With nutrient-rich ingredients it will minimize redness as it protects against free radical damage. It restores moisture and helps repair your skin's natural protective barrier.

50 Min \$140 80 Min \$230

PURIFYING FACIAL

For the treatment of oily, problematic, blemished skin, this facial uses concentrated formulas of salicylic and tea tree oil. Finished with a detoxifying clay mask, the multi-benefits include oil absorption and reduced impurities.

50 Min \$140 80 Min \$230

VITALIZING FACIAL

A relaxing collagen mask and massage lifts, plumps and repairs skin. The cocoa extract creates an antiblue light filter that protects skin from digital aging.

50 Min \$140 80 Min \$230

MEN'S PURIFYING FACIAL

Cleanse, clarify and boost your energy with this facial customized to the needs of male skin. A relaxing facial massage relieves stress while advanced peptides and botanicals provide vitality and deep nourishment.

50 Min \$140 80 Min \$230

BODY



BEACH BODY RITUAL

Get beach ready with this treatment that promotes a youthful appearance of the skin. The shaping scrub and massage oil with orange, mimosa and musk are ideal for a healthy complexion.

80 Min \$230

ARUBA CARIBBEAN ESCAPE

Discover the Caribbean vibe with a relaxing salt scrub, scalp and body massage. Complete your escape by choosing your scent journey

Choose from:

Energizing (*lime, nectarine & green tea*)

Relaxing (*lavender, jasmine & iris*)

Balancing (*bergamot, vanilla & cedar wood*)

Shaping (*orange, mimosa & musk*)

80 Min \$230

SIGNATURE JOURNEYS



HEAD & FACE MASSAGE

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

50 Min \$150

SHOULDER, NECK & SCALP MASSAGE

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

50 Min \$150

FEET MASSAGE

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

50 Min \$150

UPGRADES

Upgrades are available to enhance your massage, facial or body treatment without adding additional time to the treatment. All upgrades need to be booked with a treatment and cannot be booked as a standalone treatment.

À LA CARTE

SPA LONGER

Enjoy your treatment just a little bit longer and add this on to any treatment.

30 Min \$75

MINI FACIAL

Receive an introduction to our Babor facials and add this on to any treatment.

30 Min \$75

FACE

BABOR FACE AMPOULE APPLICATION | \$25

Highly concentrated active serums in sterile glass ampoules for a wide range of skin needs with immediately visible effects.

HAIR'S TO YOU | \$25

Warm Agave Nectar Oil hair and scalp treatment.

SWEET SUGAR LIPS | \$25

Sweet Sugar lip exfoliation and Lip Balm application.

NUFACE WRINKLE REDUCER* | \$25

Enhance your facial with anti-aging red light therapy and targeted micro-current to naturally reduce the appearance of fine lines and wrinkles.

NUFACE EYE LIFTER* | \$25

This targeted micro-current treatment helps reduce puffiness and dark circles, and instantly lifts and contours the eye area to restore a more youthful appearance.

BODY

UPGRADE YOUR TREATMENT WITH:

Coconut Melt, Pure Aloe Vera,
Agave Nectar Oil, Clementine Oil
or Babor Aroma Oil
Energizing (*lime, nectarine & green tea*)
Relaxing (*lavender, jasmine & iris*)
Balancing (*bergamot, vanilla & cedar wood*)
Shaping (*orange, mimosa & musk*)

\$25 Each

HAND & FOOT TREATMENT WITH STEAMING WRAP | \$25

Choose from:
Warm Agave Nectar Oil
Marshmallow Melt
Honey Heel Glaze

MARSHMALLOW MELT DOWN MASSAGE | \$25

Hands, feet, neck and shoulders receive a warm drizzle of melted Marshmallow Melt Balm.

HOT STONES | \$25

Usage of black hot stones during massage or body treatment.

HYPERVOLT PERCUSSION | \$25

The Hypervolt featuring Quiet Glide™ technology reduces muscle pain, increases your range of motion, and promotes healthy circulation throughout your body.

BACK IN ACTION | \$25

Seasonal back scrub treatment after massage. Gentlemen's favorite!

COOLA | \$25

Sunscreen or after-sun application.

HAND & FOOT

HAND & FOOT RENEWAL | \$25

Dry brush followed by a Shea Butter application.

HAND & FOOT MUD TREATMENT | \$25

Exfoliating hand or foot mud scrub followed by mud mask.

HONEY GLAZE & CREAM FOOT COCOON | \$25

Sea Salt Foot Scrub followed by Honey Heel Glaze moisture serum application and a steaming foot wrap.





SALON

HAIR

CUT, SHAMPOO &
BLOW-DRY | \$100 AND UP
(Long)

CUT, SHAMPOO &
BLOW-DRY | \$93

CUT, SHAMPOO &
BLOW-DRY | \$85
(Short)

SHAMPOO & BLOW-DRY | \$70
(Long)

SHAMPOO & BLOW-DRY | \$63
(Medium)

SHAMPOO & BLOW-DRY | \$55
(Short)

WOMEN'S CUT | \$50

MEN'S CUT | \$40

CHILDREN'S CUT | \$30

NAILS

GEL POLISH PEDICURE
60 Min \$80

GEL POLISH MANICURE
60 Min \$70

CLASSIC SPA PEDICURE
50 Min \$65

CLASSIC SPA MANICURE
45 Min \$50

FRENCH MANICURE
45 Min \$60

MOM & ME
MANICURE AND PEDICURE
Mom \$100 | Child 6 - 12 \$30

GEL POLISH REMOVAL
FOR HANDS OR FEET
20 Min \$20

POLISH CHANGE
FOR HANDS OR FEET
15 Min \$20

POLICY CHANGES

At the Hilton Aruba Caribbean Resort & Casino, the health and safety of our guests and team members is our highest priority. Accordingly, in response to the National Public Health Emergency caused by the COVID-19 pandemic, and taking into account guidance from the CDC, WHO and other medical experts, the Hotel is taking multiple steps to ensure the safety and health of our employees, our guests, and the public at-large. Visit CleanStay to learn more about our industry leading hygiene practices.

As part of our response to this health emergency, we are requiring all spa guests to submit to a temperature check as a condition of entry to the spa. Given the close proximity between our guests and team members during spa treatments, we believe this is critical to prevent the spread of the virus. We also require our spa team members to submit to temperature checks and symptom screening before they enter the spa each day.

We have developed a protocol to minimize the information collected and shared as a part of this process. Additionally, we are applying the same safeguards to protect this information as we have in place for similar categories of data.

If you are exhibiting a fever or any of the symptoms consistent with COVID-19, the spa will decline to go forward with your scheduled appointment. You will be required to isolate in your guestroom and seek medical attention prior to accessing any other public areas in the hotel.

In addition, please note the following additional measures that are being taken to ensure your safety:

We have made our cleaning and hygiene protocols even more rigorous, including additional time between services for sanitation and the removal of all shared items.

We have taken additional measures to comply with physical distancing requirements, including the staggering of appointment times and spacing of seating areas.

Spa Team Members are required to wear a face mask and face shield at work in accordance with the Centers for Disease Control (CDC) and World Health Organization (WHO) guidelines.

Spa guests are required to wear face mask that will be provided at the spa.

The hydrotherapy facilities are closed at this time. We also do not offer waxing or facial treatments at this moment.

We ask that you wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that has been provided in the spa.

Note: If the temperature reading is 100.4° F (37.8° C) or above, you are considered to have a fever for purposes of a COVID-19 assessment. In case of a positive result, you will be isolated and given an opportunity to cool down and a second measurement after approximately 10 minutes will be done.

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact our SPA reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

ARRIVAL TIME

To ensure social distancing in the spa we kindly ask you to arrive 15 minutes prior to your treatment and leave within 15 minutes after your treatment. We also kindly ask you to make use of the shower facility in your guestroom prior to coming to the spa as the Spa Locker Rooms are not currently available to ensure social distancing.

GYM

A state-of-the-art gym equipped with 'True' cardio vascular and 'Nautilus' strength machines and free weights area. The Gym is available to hotel guests, members and day spa guests.

CHILDREN'S POLICY

We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration apart from manicures and pedicures taken in the Finishing Studio/Nail Studio. Please contact the eforea reservations team for details on treatments available for our young guests. Access to the rest of the spa including the changing facilities, spa and heat experiences and gym are restricted to over-16s.

CANCELLATION POLICY

Due to the current situation, cancellations due to illness are honored. Any no-shows will incur a 100% charge. We kindly ask you to cancel at least 4 hours prior to your treatment. Late arrival will shorten your treatment time.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, camera and smoke free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS

An ideal gift for someone special. Please contact the eforea reservations team for details.

PRICES

All prices are quoted in US dollar and are subject to change at any time. Gratuities are not included and are welcomed at your discretion.



CONTACT
US

HOURS

Monday - Sunday
9am - 6pm

HILTON ARUBA
RESORT & CASINO

J.E. Irausquin 81, Aruba
Tel +297 526 6052
auahh_eforea_aruba@hilton.com
hiltonaruba.com



J.E. Irausquin 81, Aruba

phone (+297) 526-6052

auahh_eforea_aruba@hilton.com

hiltonaruba.com