

Healthworks



usefulvision

July- August - September 2026

**Opportunities for visually impaired children
and their families across the North East**



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Healthworks Useful Vision

www.healthworksne.org.uk



Healthworks
the community health charity

Events at a glance...

Sunday 19 July

Elswick Pool Splash Party

Thursday 23 July

Bill Quay Farm

Thursday 30 July

Sir Charles Parson Swimming Pool

Friday 7 August

Pegswood Fire Station

Thursday 13 August

Durham Cricket Ground

Friday 14 August

Happy Hands and Soft Play at Galafields

Thursday 27 August

A Day in the life of a Police Officer

Saturday 12 September

Air Trail

Saturday 26 September

Roller Skating

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How to book

Get in touch with our friendly Healthworks Useful Vision team via one of the following options.

CALL: 0191 264 1959

EMAIL: usefulvision@hwn.org.uk

ONLINE: <https://www.healthworksne.org.uk/service/useful-vision/>

Once you have booked you will receive a confirmation email.



www.healthworksne.org.uk

Splash Party

19
July

Elswick Pool

Sunday 19 July at 12.15pm

We have exclusive use of the pool including the inflatable and pool rings for an hour, followed by a cold buffet.



The pool has a beach entrance, changing bed, water wheelchair, hoist and is suitable for all. Please note:

- All under 8's, weak or non-swimmers: Parent/carer must be within arm's reach at all times. 2 children:1 adult ratio.
- Children 9 to12 years: parent/carer must remain in the water and always have visual contact.
- Children 13 years and over: must be checked on by a parent/carer regularly.

**Elswick Park, Beech Grove Road
Newcastle upon Tyne NE4 6RS,**



www.healthworksne.org.uk

Bill Quay Farm

**23
July**

Bill Quay Farm

Thursday 23 July

Arrival 12.30pm

Prompt Start 1pm

Skills Workshop

All ages



Join us at this community farm, a safe, welcoming environment for everyone who visits. It's a wonderful place to relax, unwind, and enjoy time with family and friends.

Please note before booking:

For your safety, please be mindful of the uneven surfaces and loose chippings common on a working farm

**Bill Quay Farm, Hainingwood Terrace,
Bill Quay, NE10 0UE**



www.healthworksne.org.uk

Sir Charles Parson Swimming Pool

**30
July**

Thursday 30 July

10am arrival

Early booking advised

Get Active

All ages



Make a splash with Useful Vision!

We are hosting an all-ages swimming activity at the Sir Charles Swimming Pool – the centre offers a hydrotherapy pool which will be exclusively hired for our Useful Vision families.

This session will be a full of family fun so grab your goggles and come along!

**Sir Charles Parsons
Westbourne Avenue, Walker
Newcastle-upon-Tyne, NE6 4ED**



www.healthworksne.org.uk

Pegswood Fire Station Visit

**7
August**

Friday 7 August

11am to 1pm

Early booking advised

Family Fun

All ages



Come along and join Useful Vision to find out about the life of a firefighter

There will be a chance to look in the fire engines, around the fire station and meet fire fighters who will guide us through their morning routines as well as specialist water rescue equipment and boats.

**Pegswood Community Fire Station,
Pegswood, Northumberland, NE61 6SJ**



www.healthworksne.org.uk

Durham Cricket Ground Visit

**13
August**

Thursday 13 August

11am to 1pm

All ages



Come along and meet the VI Cricket Team at Durham Cricket Ground! Go behind the scenes with exclusive access to players and staff, and explore the club's state-of-the-art sensory room - a calming, accessible space with an amazing panoramic view of the pitch.

It's a brilliant chance to experience the game, learn how VI cricket works, and celebrate inclusive sport.

**Durham Cricket, Banks Homes Riverside,
Chester-le-Street, DH3 3QR**



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Silent Disco, Happy Hands and Soft Play

14
August



Galafield Family Hub
Friday 14 August
11am to 2pm
All ages

Come and experience our Silent Disco where you can dance to your own beat! Plus, Happy Hands will be there to provide you with a relaxing massage to help you unwind. And don't forget the Soft Play area for the little ones to burn off some energy while having a blast!

It's the perfect event for families and friends to enjoy together. Whether you want to dance, relax, or play, there's something for everyone!

Newbiggin Lane, Newbiggin Hall, NE5 1LZ



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A Day in the Life of a Police Officer

**27
August**

Thursday 27 August
11am to 2pm
Family Fun
Early Booking Advised
All ages



Join us at the Lemington Centre for an exciting day in the life of a police officer!

Look inside a real police car, try on some police uniforms and learn about the day-to-day duties of a police officer.

Get creative with police themed arts and crafts too.

**The Lemington Centre, Tyne View,
Lemington, Newcastle Upon Tyne, NE15 8RZ**



www.healthworksne.org.uk

Tees Barrage Air Trail

12
Sept

Saturday 12 September

Arrival at 11am

Early Booking Advised

Get Active

Age 2+



Exclusive use of the climbing park set over 4 levels, with wobbly rope bridges, tight ropes, cargo nets and balancing beams.

- Please arrive no later than 11.15am
- Not suitable for wheelchair users
- Max 1 x climbing adult per climbing child
- Children over 2 years but under 1.2m can access the smaller structure Air Tykes.
- Children between 1m to 1.2m must be accompanied by an adult on the Air Trail.

**Tees Barrage, Tees Barrage Way,
Stockton-on-Tees TS18 2QW**



www.healthworksne.org.uk

Roller Skating at Planet Leisure

Saturday 26 September

11.30am to 12.30pm

Get Active

Early booking advised

All ages

Food provided

**26
Sept**



Get your skates on at our exclusive Roller-Skating Disco event. This activity is fully accessible, PPE is provided and skates start at a child's size 8.

All children will receive a meal voucher to use after their skate.

Under 13s must be signed for by an adult. Under 18s must wear a helmet unless a waiver is signed.

**Planet Leisure, Unit 7/8 Maple Way,
Newton Aycliffe, DL5 6BF**



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Cancellation Policy

All Useful Vision activities are provided free of charge to families, thanks to the generosity of our funders. We pay for all activities in advance and are unable to receive refunds once bookings are confirmed.

We understand that plans can change, and we always do our best to fill any cancelled spaces. If you need to cancel, please let us know as soon as possible.

If you cancel within 24 hours of the activity and we are unable to fill your place you may be asked to contribute towards the cost of the session.

To cancel please text or call 07544301166 or email usefulvision@hwn.org.uk

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Non-attendance Policy

We appreciate that unexpected circumstances can arise, however, we have recently experienced a high number of families not attending activities without prior notice.

As a result we are introducing a non-attendance fee. If you do not attend the activity and have not cancelled in advance you will be invoiced for the full cost of the unused session.

We reserve the right to withdraw advance booking privileges to those who regularly and/or frequently cancel at the last minute or do not attend.

This helps us make sure all families have fair access to activities and that valuable charity funds are not wasted.

www.healthworksne.org.uk

Help Us To

Make Every Mile Count



Running the GNR for Useful Vision



Sponsor our team of runners who are taking on the Great North Run 2026 to raise money for Useful Vision!

Every step will help us continue to offer inclusive, accessible and fun activities for visually impaired children and their families.



LENDING LIBRARY

**At The Lemington Centre
Starts 18 August**

A free toy and resource lending service for families who have a child with a visual impairment.

Contact usefulvision@hwn.org.uk to borrow an item





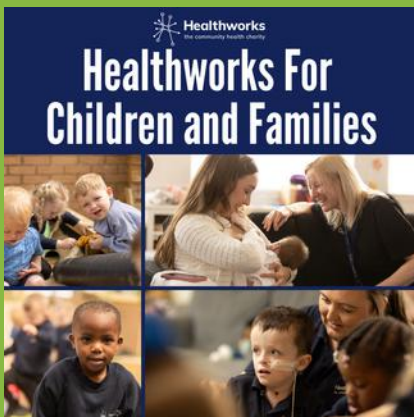
0191 264 1959

usefulvision@hwn.org.uk

www.healthworksne.org.uk

The Health Resource Centre,
Benwell, Newcastle,
NE4 8BE

**Find out more and book
a Useful Vision activity**



**Explore all
Healthworks Children
and Family Services**

