



JONATHAN, THE NON-JEWISH THERAPIST

SHALOM TZVI SHORE
Illustrated by a robot



Once upon a time, there was a therapist named Jonathan.





Jonathan wasn't Jewish.



A watercolor illustration of a landscape. The sky is a deep blue, filled with large, soft-edged shapes in shades of pink and red, resembling giant water balloons or abstract clouds. A single, dark green, curved shape, possibly a leaf or a piece of fabric, floats in the upper right. The ground is a mix of green grass and brown earth. In the foreground, three small, stylized figures are visible: one on the left in a light pink dress, and two on the right, one in a bright pink shirt and blue pants, and another in a pink shirt and light-colored pants. They appear to be looking up at the large shapes in the sky.

All the other Jewish therapists laugh
being so tall, and so good at sports
much less self-loathing than they d



hed at him, for
s. For having so
id.

“You’ll never be a good therapist,” the
Nevertheless, he persisted.



ey said.





Jonathan completed his degree, got
license, and started a private practice



t his
ce.



It was an uph
wanted to go



hill battle, because everyone
to a Jewish therapist.



“We want our accountant
lawyer to be Jewish, we want
and we want our therapist



to be Jewish, we want our
want our doctor to be Jewish,
t to be Jewish," they said.

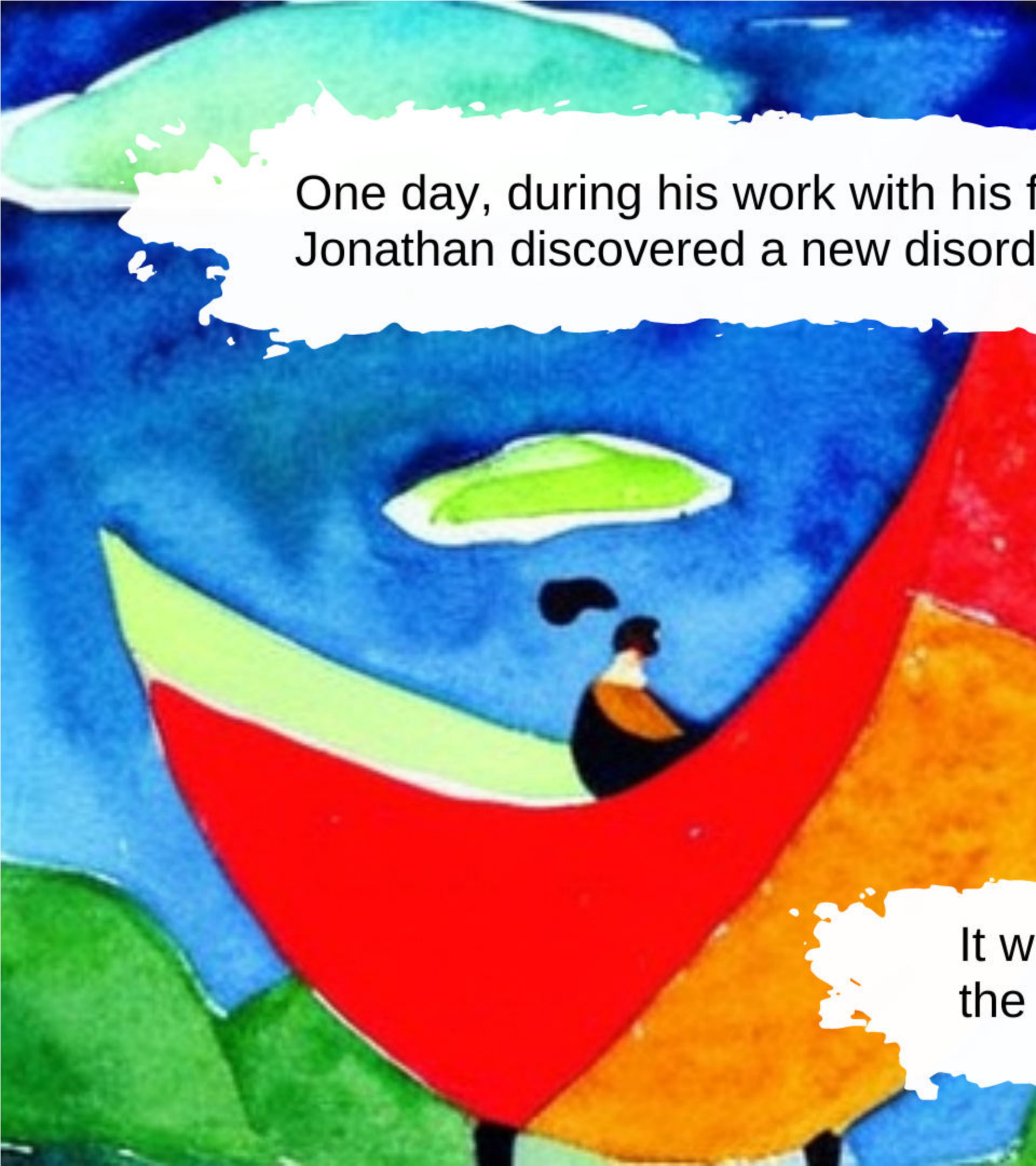
A colorful, abstract landscape painting. In the upper left, a large, bright yellow sun is partially visible. The sky is a mix of light blue and white. A large, dark blue mountain peak dominates the center-left. In the foreground, there are several green, rounded hills. The overall style is simple and expressive, with bold colors and clear shapes.

Jonathan was sad. He knew it was possible to be a good therapist without being Jewish.



ossible to
wish.

But nobody believed him.

A vibrant, abstract painting featuring a large, bright blue sea. In the center, a small, green, oval-shaped island floats. A person with dark hair, wearing a black top and a brown vest, is seated in a red boat that has a light green interior. The boat is positioned in the lower half of the frame. To the right of the boat, there is a large, curved shape in shades of orange and red. In the bottom left corner, there is a green, rounded shape. The overall style is expressive and colorful, with bold outlines and a rich palette.

One day, during his work with his f
Jonathan discovered a new disorder

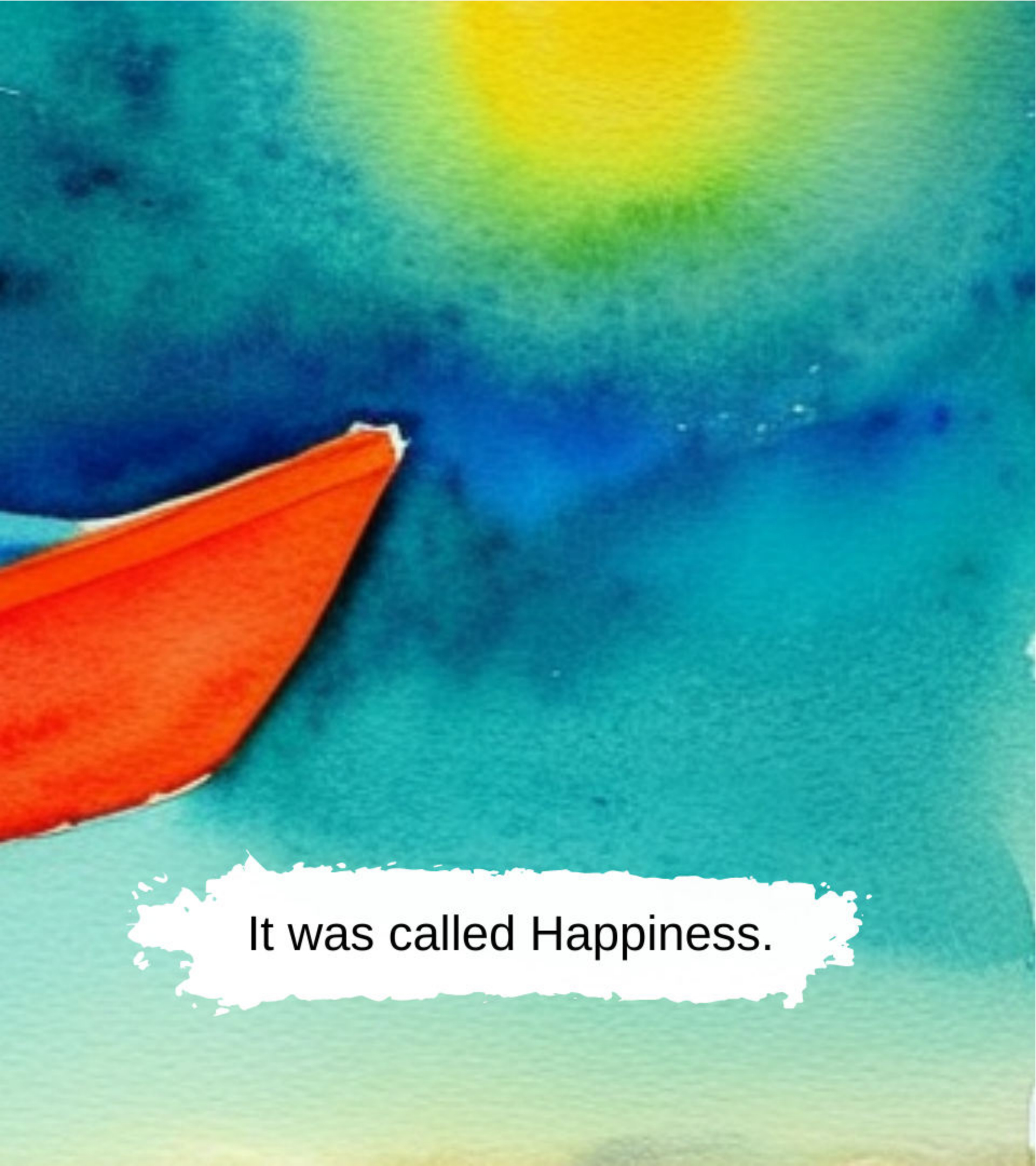
It w
the



few clients,
er.

as a very rare disorder, that none of
Jewish therapists had ever heard of.



A watercolor illustration featuring a bright red boat on the left side, pointing towards the center. The background is a soft, blended wash of blue and green, suggesting a body of water and a hazy sky. The overall style is artistic and serene.

It was called Happiness.

A watercolor illustration of a landscape. In the foreground, a large, open book with yellow pages and faint, illegible text lies flat. The book's spine is visible in the center. Behind the book, there are rolling hills in shades of green and blue. The background features a bright blue sky with a few white clouds and a small, white, bird-like shape flying in the upper left. The overall style is soft and artistic, with visible brushstrokes and a gentle color palette.

Jonathan wanted to have Happiness and
He wanted it to be called Jonathan's dream

added to the DSM V.
disease.



All the Jewish therapists mocked his thing as happiness," they said. "In all our therapists, we've never encountered



im. "There's no such
all our years as
d a disorder like that."



The background is a vibrant, abstract painting. It features a bright blue sky with soft, blended brushstrokes. In the lower-left corner, there is a large, green, triangular shape that resembles a hill or a mountain, with a dark brown vertical line running through its center. To the right, there is a large, triangular shape in shades of red and orange, with a black, curved line inside it. The overall style is expressive and painterly.

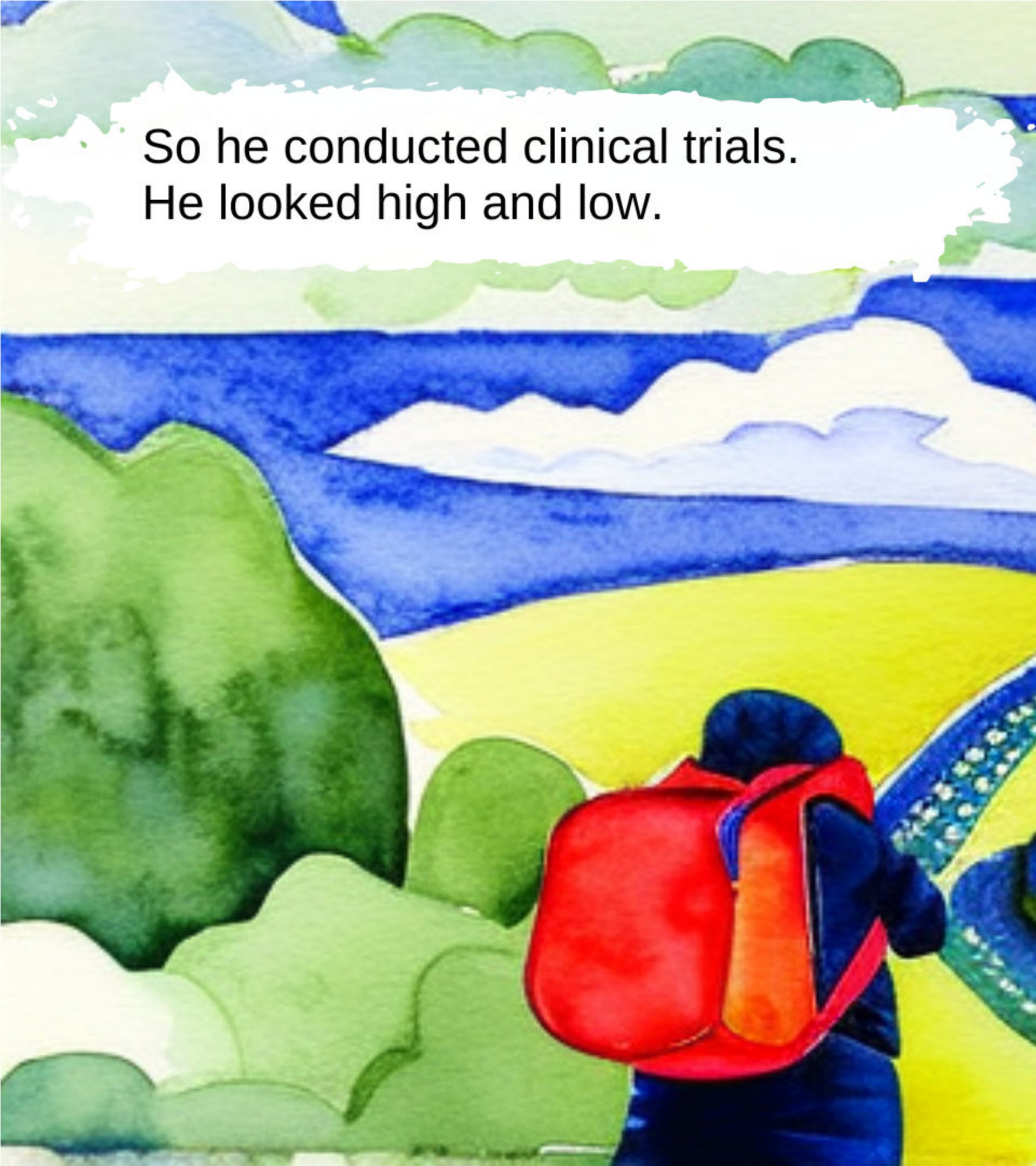
But Jonathan knew they were wrong.

They were Jewish, s
but they didn't know



so they were very smart,
/ everything.

So he conducted clinical trials.
He looked high and low.





He traveled to distant lands and
faraway places.

Until finally, he had collected the proof
“Aha!” he said. “Look! Happiness, like



f he needed.
I told you."



The other therapists were forced to agree we've never seen before," they conceded we'd even know how to treat if we did co



An abstract watercolor painting of a landscape. The background features rolling hills in shades of blue, red, and orange. In the foreground, there are two green, triangular mountains. A white, torn-paper-like shape is overlaid on the left side, containing text.

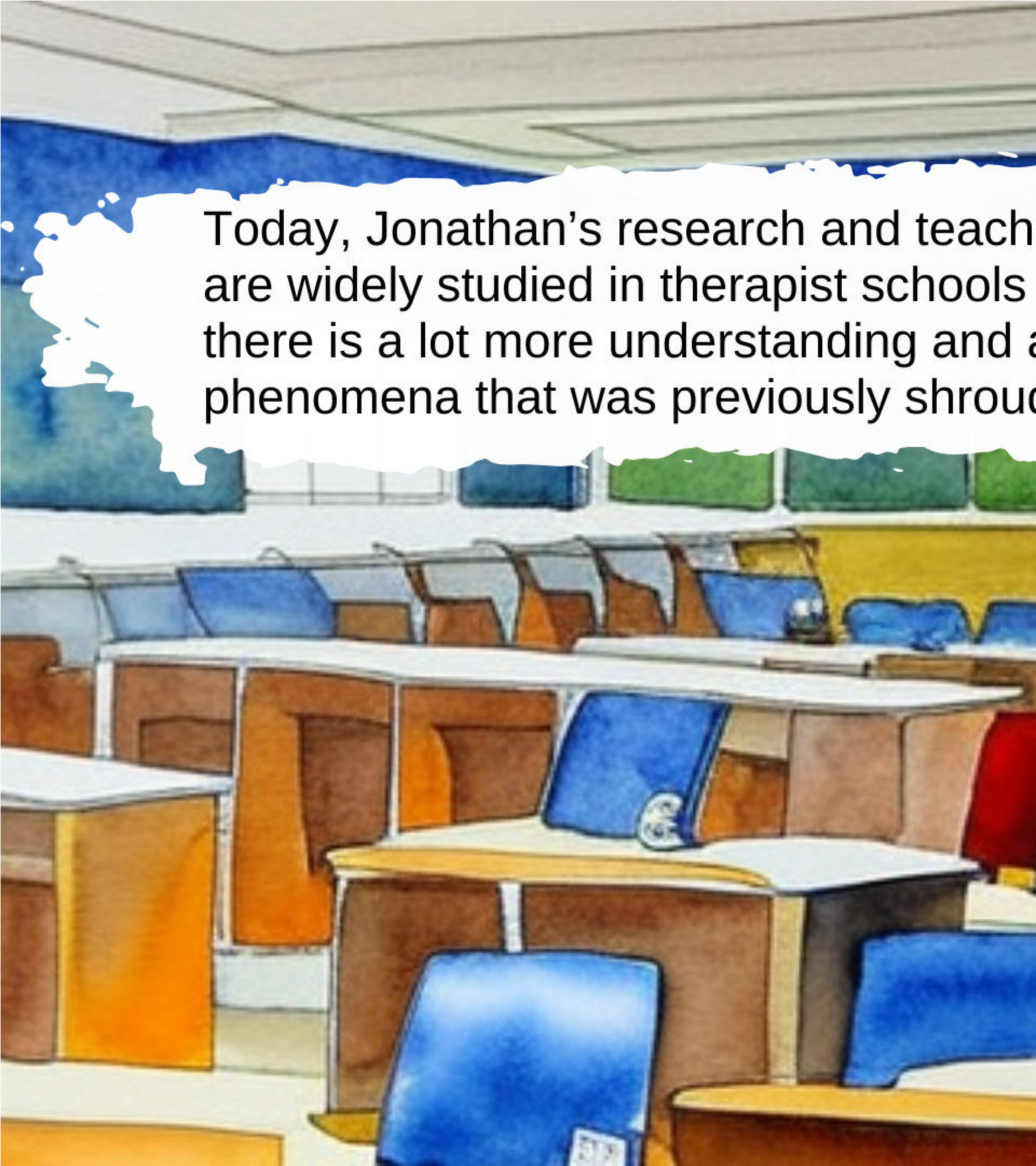
e. "That is something
d. "It's not something
ome across it, either."



Jonathan went on to buy
many papers on the street
installed in his honor in

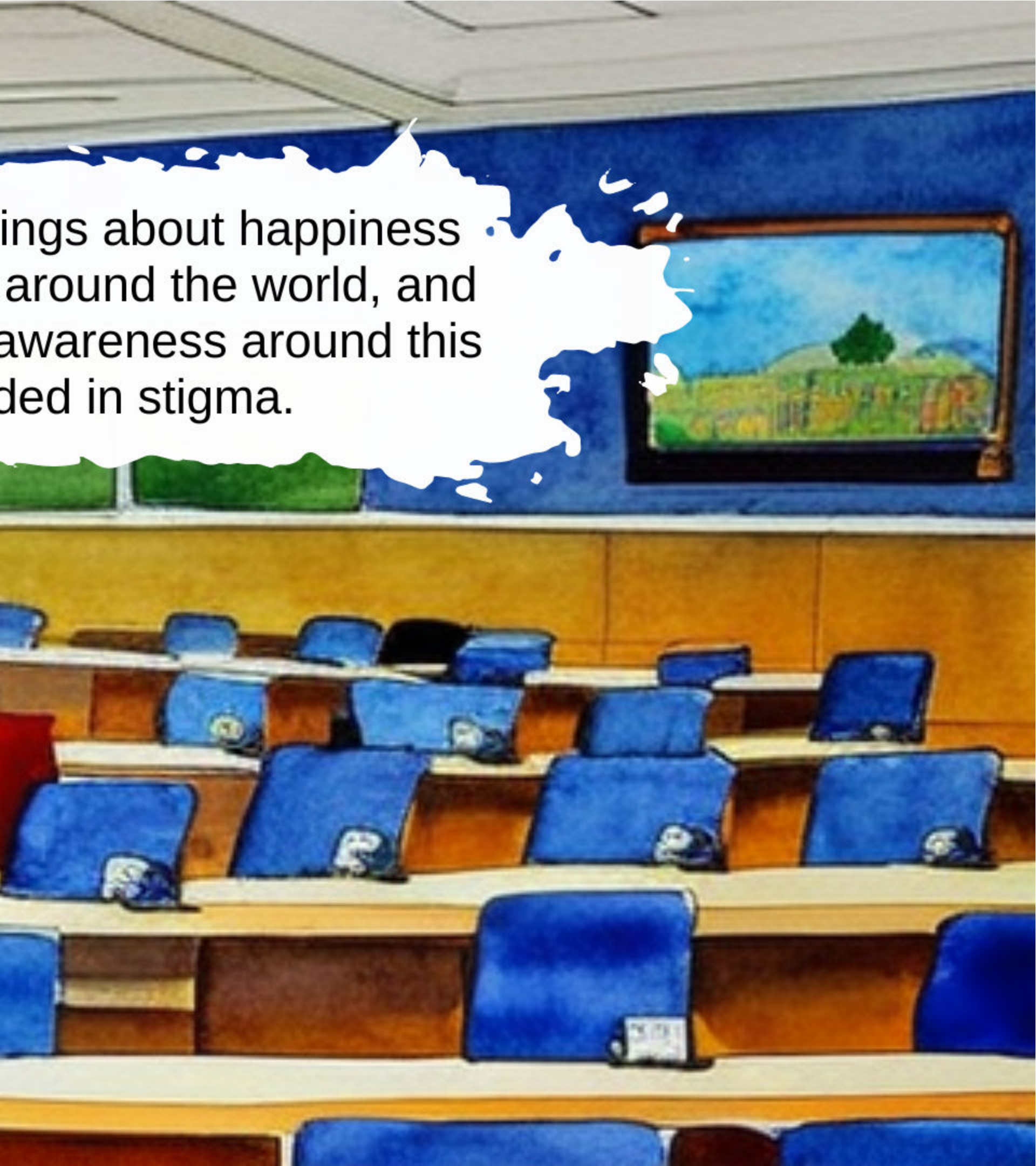
become an expert on happiness, writing
subject and eventually having a couch
in the therapist's walk of fame.

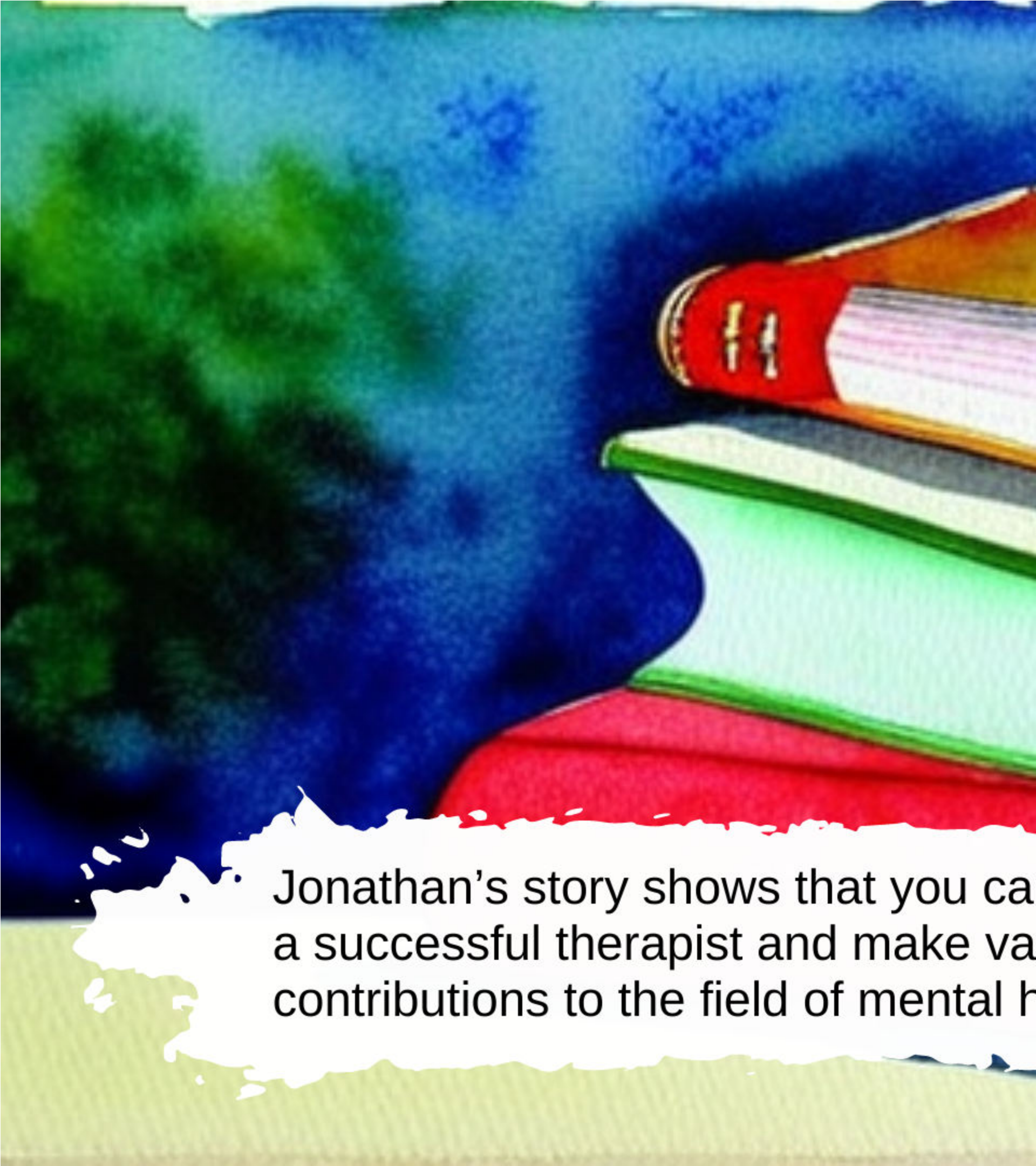




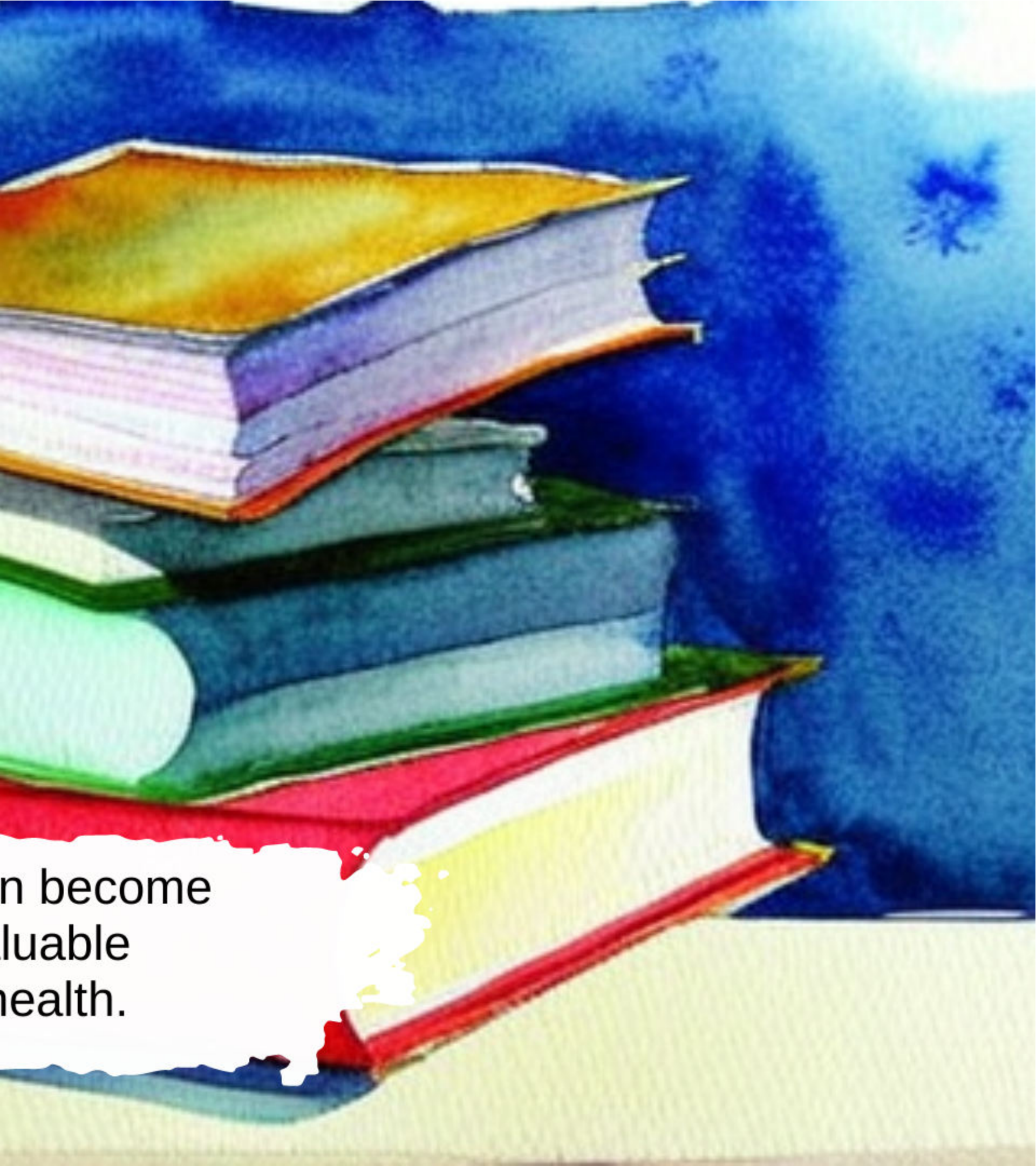
Today, Jonathan's research and teaching are widely studied in therapist schools. There is a lot more understanding and a phenomena that was previously shrouded.

ings about happiness
around the world, and
awareness around this
ded in stigma.

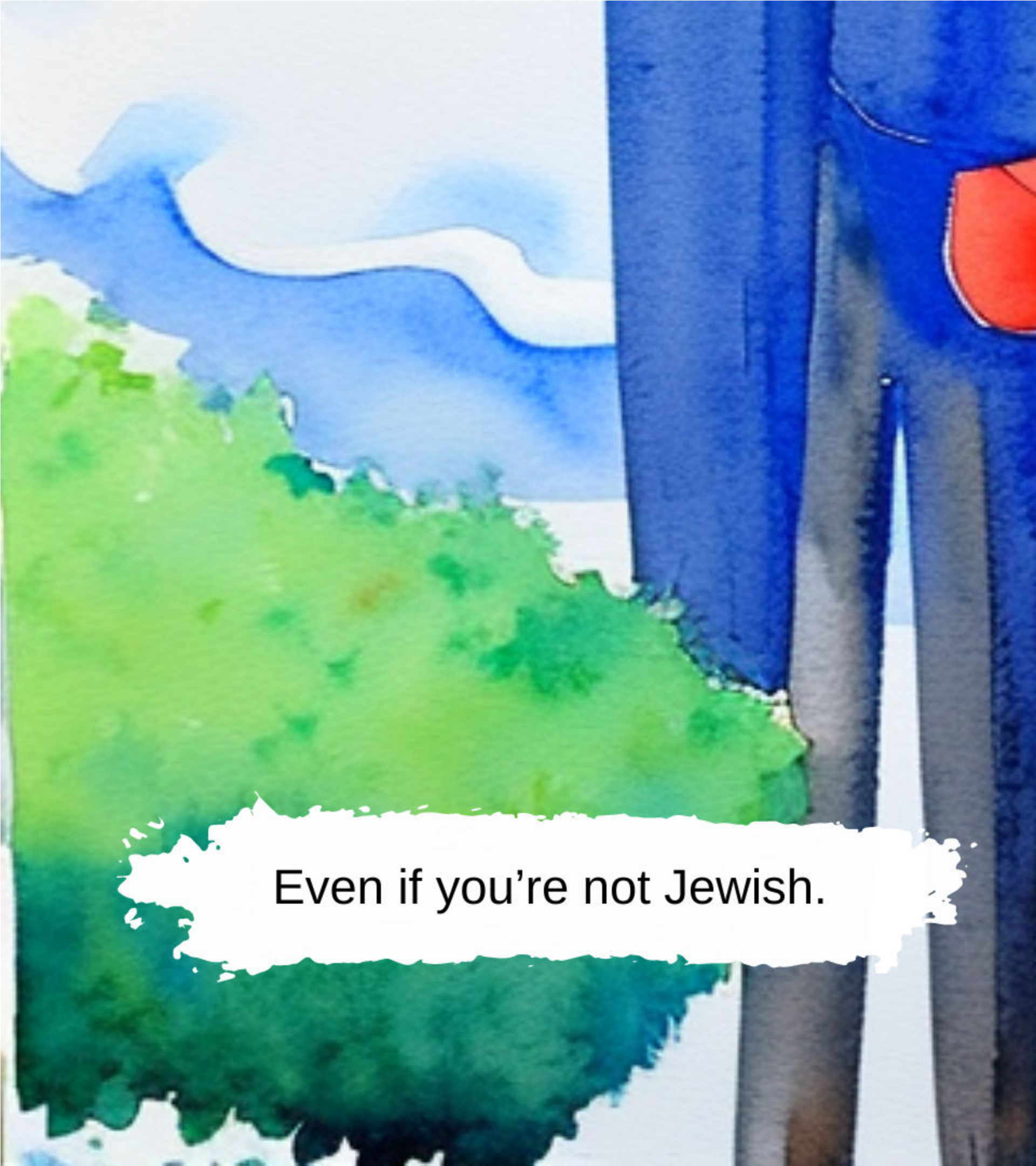


A stack of three books is shown on the right side of the image. The top book has a red cover with two gold-colored clasps and a white label. The middle book has a green cover, and the bottom book has a white cover. The background is a soft-focus image of a blue sky and green foliage. A white, torn-edge banner is at the bottom, containing text.

Jonathan's story shows that you can
be a successful therapist and make valuable
contributions to the field of mental health.



n become
valuable
health.

A watercolor illustration of a landscape. On the left, a large, textured green hill or tree dominates the foreground. Above it, a blue sky with white, wavy clouds is visible. On the right side, a vertical blue band represents a body of water or a path. In the upper right corner, a bright red, semi-circular shape, possibly a sun or a moon, is partially visible. The overall style is soft and painterly.

Even if you're not Jewish.

