

21 DAYS OF

PRAAYER AND FASTING



NEW HOPE CHURCH
2022

IN HIS NAME

A 21 DAY PRAYER JOURNAL



"THE NAME OF THE LORD IS A STRONG TOWER; THE RIGHTEOUS RUN TO IT AND ARE SAFE."

PROVERBS 18:10 NKJV

DID YOU KNOW THAT THERE ARE MORE THAN 900 NAMES FOR GOD IN THE BIBLE?
HE IS THE ALPHA (THE BEGINNING), THE OMEGA (THE END) AND EVERYTHING IN BETWEEN.

NO MATTER WHAT WE ARE FACING, HE IS THE ANSWER. IF WE ARE PRESSED BY THE CIRCUMSTANCES OF LIFE, AND IT FEELS LIKE WE DON'T HAVE ANOTHER BREATH LEFT IN US, HE IS THE BREATH OF LIFE; THE AIR WE BREATHE. HE IS OUR DAILY BREAD, NOURISHING AND SATISFYING US AT THE DEEPEST PART OF WHO WE ARE. WHEN WE ARE WOUNDED AND NEED A PLACE OF RECOVERY, SHELTER AND HEALING, HE IS OUR REFUGE. WHEN WE ARE FACING THE FIERCEST BATTLES, HE IS OUR MIGHTY FORTRESS AND STRONG TOWER. HE IS MIGHTY TO SAVE. HE IS OUR ALL IN ALL.

IN ANYTHING WE FACE, OR ANY CIRCUMSTANCE WE FIND OURSELVES IN, WE CAN FIND HIM THERE, EMMANUEL – GOD WITH US. THE NAME ABOVE EVERY NAME, JESUS, IS GIVEN TO HIM, BECAUSE HE IS ALL THAT WE NEED. HE IS OUR EVER-READY PRESENT HELP IN TIME OF NEED.

WE ARE ASKING YOU TO GO ON A SPIRITUAL JOURNEY WITH US. A TEAM OF WRITERS FROM NEW HOPE CHURCH ARE INTRODUCING US TO SPECIFIC NAMES OF GOD. NO MATTER WHAT ROAD YOU'RE ON, THE GREAT I AM DESIRES TO LEAD AND GUIDE YOU. HE WANTS TO MAKE HIMSELF KNOWN TO YOU. HE KNOWS YOUR NAME. HE WANTS YOU TO KNOW HIS.

WE PRAY THAT YOU WOULD EXPERIENCE GOD THROUGHOUT THESE 21 DAYS. AS YOU COMMIT TO READING GOD'S WORD AND PRAYING, YOUR LIFE WILL NOT BE THE SAME. YOU ARE GOING TO GROW CLOSER TO YOUR CREATOR. MAY THE HOLY SPIRIT STRENGTHEN YOU IN YOUR INNERMOST BEING AS YOU GET TO KNOW GOD THROUGH THE STRONG TOWER OF HIS NAME AND MAY YOU BE ENCOURAGED TO LIVE IN HIS NAME!

WITH LOVE AND IN HOPE,

PASTORS JOE & TEENA SKILES
NEW HOPE CHURCH

INTRODUCTION

Welcome to 21 Days of Prayer and Fasting

Over the next three weeks, we trust you will take a journey with others in the New Hope family, examining what the Bible says about the names of God (and what that means). We encourage you to spend a few minutes daily to learn, reflect, and pray about what those names mean to you.

The following study guide is designed to help you navigate the truth found in Scripture. Over the next 21 days, we encourage you to:

- **Set aside a time each day to read the daily devotional, to reflect, and pray about that day's theme.**
- **Consider reading the Bible passages out of your Bible or the YouVersion app. Also consider writing your thoughts on the day's passages in a journal (digital or physical).**
- **Read the suggested prayer and use it either as your prayer or as a model for how to speak to God. It's up to you!**
- **If you miss a day, don't worry. You can catch up, skip ahead or do whatever you choose. Don't let missing a day (or two or more) stop you from following along. The goal is not perfection.**

We look forward to hearing how God speaks to you over the next three weeks through the Bible, the stories of his people and prayers as you learn, apply, and are encouraged by the characteristics of God reflected in his many names.



WEEK ONE: MEMORY VERSE

***THE WORD BECAME
FLESH AND MADE HIS
DWELLING AMONG US.
WE HAVE SEEN HIS
GLORY, THE GLORY OF
THE ONE AND ONLY SON,
WHO CAME FROM THE
FATHER, FULL OF GRACE
AND TRUTH.***

JOHN 1:14 NIV

FIND CREATIVE WAYS TO REMEMBER THIS WEEK'S VERSE

- WRITE IT ON A STICKY NOTE
- PUT THIS SCRIPTURE AS YOUR PHONE BACKGROUND
- RECITE IT AS A FAMILY EVERY MORNING & EVENING

DAILY APPLICATION

**ASK YOURSELF EVERYDAY
"HOLY SPIRIT WHAT ARE YOU SAYING TO ME?"**

DAY ONE : THE LORD OUR SAVIOR

BY JOYCE WASHINGTON

"This is love. He loved us long before we loved him. It was his love, not ours. He proved it by sending his Son to be the pleasing sacrifice offering to take away our sins." 1 John 4:10

Jesus, the gift to the world. He came to save us from our sins, from the guilt of them and from the power of them, becoming the ultimate sacrifice. He is Savior to all regardless of age, income or whatever our status might be in the world.

God gave his only Son. That son gave His life. Jesus alone was qualified to be our Savior and he alone could make us right with God. God provided the perfect Savior and Jesus was perfectly obedient to his Father. All the benefits of salvation are ours. This means we can repent, turn away from our sins and receive Jesus as our Savior.

No matter where you are in life, you are being pursued by God's love, his goodness and mercy. In John 16:33, Jesus says "In trusting me, you will be unshakeable and assured, deeply at peace. In this godless world, you will experience difficulties. But take heart! I have overcome the world." This means that we can walk in assured victory, in forgiveness, in peace and have hope because of our Savior. We are more than conquerors in Jesus.

PRAYER

Heavenly Father, thank you for sending your Son, Jesus, the Savior of the world. Today, I ask for forgiveness. I believe you died on the cross for my sins and rose from the dead. I turn from my sins and invite You to come into my heart and into my life. I trust you and want to follow you as my Lord and Savior. In Jesus' name, Amen.

DAY TWO : THE LORD OUR RIGHTEOUSNESS

BY PATRICK SEAWELL

"In those days Judah will be saved and Jerusalem will dwell safely. And this is the name by which she will be called: Jehovah T'sidkenu – The Lord Our Righteousness." Jeremiah 33:16

T'sidkenu comes from two Hebrew words. T'sedik, is translated as rightness, which means to be straight or stiff. The word T'sidkenu added to Jehovah shows that God deals with mankind in righteousness and justice. Or the right way of doing things.

Israel was not known for righteousness. The reason for its lack of righteousness is the same for us; failing to follow the Word of God in obedience. In the life of Abraham, we see a man who followed God in obedience. As he did this, God counted his obedience to him as righteousness! Wow. There is power in our obedience, and it delights the heart of God.

When it comes down to it, none of us have a righteous bone in our body and we are in need of God. And God has provided just what we need through his son, Jesus.

"He made him who knew no sin to be sin for us, that we might become the righteousness of God in Him." 2 Corinthians 5:21

It turns out that God's right way of doing things meant attributing his righteousness to us through the death, burial and resurrection of Jesus. It is a gift that we cannot work to attain. By putting our faith in Jesus and placing him at the center of our lives, we are forgiven and washed clean of our sins. We are welcomed home, like the prodigal son and Jesus gives us his robe of righteousness to wear.

PRAYER

Heavenly Father, we thank you that our righteousness comes from you and that Jesus died to pay for our sins. Help us to walk in a worthy manner of that righteousness by continuing to put you at the center of our lives. In Jesus' name, Amen.

DAY THREE : THE LORD OUR DELIVERER

BY CHRISTINE THATCHER

"I waited and waited and waited some more, patiently, knowing God would come through for me. Then, at last, he bent down and listened to my cry. He stooped down to lift me out of danger from the desolate pit I was in, out of the muddy mess I had fallen into. Now he's lifted me into a firm, secure place and steadied me while I walk along his ascending path. A new song for a new day rises up in me every time I think about how he breaks through for me! Ecstatic praise pours out of my mouth until everyone hears how God has set me free. Many will see his miracles; they'll stand in awe of God and fall in love with him!" Psalms 40:1-3 TPT

The Bible is full of stories of deliverance. Some of my favorites are Moses and the children of Israel. Shadrach, Meshach and Abednego in the fiery furnace. Daniel in the lion's den. Samson. Gideon, Ehud and who can forget about Esther? God, right from the very beginning of our fall into sin, had a plan to deliver us from it at the cross. You know why? Because he is a God of Deliverance. It's one of his names, it is who He is, Jehovah Mephalti – The Lord our Deliverer.

When we are afflicted, oppressed and abused, it would be more than fair to say that we cry out! When we cry out to God, we are addressing Him, petitioning Jehovah to intervene. And God does intervene as he communicates this to Moses in Exodus 3:7-8, "And the Lord said: "I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows. So I have come down to deliver them out of the hand of the Egyptians...."

David expresses his gratitude to Jehovah Mephalti in another Psalm, (34:17-19), "The righteous cry out, and the Lord hears and delivers them out of all their troubles. The Lord is near to those who have a broken heart and saves such as have a contrite spirit. Many are the afflictions of the righteous, But the Lord delivers him out of them all."

No weapon formed against you will prosper. No trouble, no addiction, no hurt, no person or nation can prevent your deliverance. Christ secured this victory for us at the cross of deliverance. Romans 8:2, "For in Christ Jesus the law of the Spirit of life has set you free from the law of sin death." He has delivered us from sin and the power of it. He's delivered us from the lies of the enemy by revealing to us who we are! In Christ, as our Deliverer, we are free from fear, anxiety, unworthiness and the bondages of this life.

PRAYER

I thank you Lord, that you are my Deliverer today. You set me free from the cares of this world. You give me freedom from my afflictions, sin, bondages and addictions. I will remember your goodness and your mercies today. Give me the strength to patiently wait and trust you as I walk in your freedom. I thank you that no weapon formed against me will prosper this day. Thank you that you are delivering me from my enemies and they are falling into their own traps. You truly are Jehovah Mephalti and are leading me into the promised land of destiny for my life. In Jesus' name, Amen.

DAY FOUR: THE LORD OF ANGEL ARMIES

BY SINDY ALVAREZ

God of Heaven's Armies, you find so much beauty in your people! They're like lovely sanctuaries of your presence. Deep within me are these lovesick longings, desires and daydreams of living in union with you. When I'm near you, my heart and my soul will sing and worship with my joyful songs of you my true source and spring of life! Psalm 84: 1-2TPT

The magnificence of God is beyond comprehension. He cares for us and wants nothing more than to spend time with us. His love is powerful and it's important that we continually sing songs of praise and worship at his feet.

He is the Lord of Heaven's Armies and he covers us with all that heaven has to offer us here on earth, surrounding us until we are present with him in heaven. To be in his presence is like a precious gift, waiting to be unwrapped. Psalm 84: 4-5 TPT says:

"What pleasure fills those who live every day in your temple, enjoying you as they worship in your presence! How enriched are they who find their strength in the Lord; within their hearts are the highways of holiness."

He is our protector and all our focus needs to be on him and his gloriousness as he wraps himself around us like a shield. We must trust in all he has for us and believe in him. He says this in Psalm 84:11-12:

"For the Lord God is brighter than the brilliance of a sunrise! Wrapping himself around me like a shield, he is so generous with his gifts of grace and glory. Those who walk along his paths with integrity will never lack one thing they need, for he provides it all. O Lord of Heaven's Armies, what euphoria fills those who forever trust in you!"

He provides for all our needs. He is a shield around us and he is generous in his provisions. Do you trust him? Let him fill you with all that he is; you can trust him.

PRAYER

Heavenly Precious God, thank you for the gift of your spirit inside of us. Thank you that you are the LORD OF ANGEL ARMIES and you surround us with glorious love. May our will match yours and may we praise your name like never before. May we search our hearts and create a place for you to dwell as you have done in heaven for us. In Jesus' name, Amen.

DAY FIVE : THE LORD IS PEACE

BY PATTI SEAWELL

"Prince of Peace." from Isaiah 9:6

Peace isn't just a concept that the world can usher in through treaties; peace is a person – Jesus, our Prince of Peace.

Years ago, I was facing a surgery, feeling concerned and quite nervous about it. I happened to be visiting a church prior to my surgery and the message was a much needed encouragement about the Peace of God.

"You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" – Isaiah 26:3

Perfect peace is shalom. This Hebrew word for peace is a double blessing meaning health, happiness, and well-being; nothing missing or broken. When our mind is fixed on Jesus, we have access to His perfect peace. This peace infuses our entire being, not just our minds. In Hebrew, the word mind refers to our creative imagination how we view things: in other words, our mindset.

No matter what our circumstances are, we have a choice on what we allow our mind to be fixed upon. If we focus on our circumstances, we are almost guaranteed to be overwhelmed. In life, circumstances are always changing and focusing on those changes places our minds into a constant shifting state. As believers, let's determine to fix our mind on Jesus and we can be assured he will keep us in that perfect peace.

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." Philippians 4:6-7

PRAYER

Dear Jesus, thank you for being our Prince of Peace. Help us to fix our minds on you no matter what circumstances we face. As we turn to, and focus on you, give us your steadying peace which restores us to your wholeness, purpose, and ability to go forth in your strength. Thank you for keeping us in peace. In Jesus' name, Amen.

DAY SIX : THE LORD IS MY BANNER

BY PATRICK SEAWELL

"Moses built an altar and called it The Lord is my Banner." Exodus 17:15

In Exodus 17, the Israelites were in a battle with the Amalekites. As Moses watched over the battle, he held up his staff toward heaven, indicating that they were dependent on God. When Moses would grow weary and lower his staff, the Amalekites would advance. Moses' close companions, Aaron and Hur, came alongside to help hold up Moses' arms so the staff would continue to be held high. As a result, God gave the Israelites victory and they won the battle.

In a moment of worship and honor to God, Moses built an altar after the victory. He named it Jehovah Nissi, which is Hebrew for "The Lord is my banner." As believers, we will face many battles during our faith journey. As we stand strong in the Lord and depend on him, he stands before us and holds a banner over us. This signifies to the enemy that we belong to the Lord. And the Lord we follow has never lost a battle!

"We will rejoice in your Salvation and in the Name of the Lord we will set up our banners." Psalm 20:6

When we live a life of dependency on the Lord and rejoice in his salvation, we are raising up spiritual banners over our lives. We are declaring to every battle or situation we face that we are the Lord's. At the same time, the Lord's strong arm is also holding his banner over us. There is an old song that says, "I am my Beloved's and he is mine, his banner over me is love." The Lord will never lower the banner of love He has for us. In God's great love for us, he gave us Jesus, who secured our eternal victory.

So stand strong today and know that the Lord is your banner. You are positioned under His love, and for His glorious victory.

PRAYER

Heavenly Father, we thank you that your banner over us is love. Thank you for the work Jesus has done on the cross which leads us to victory. Help us to understand the power of your victorious cross as we face life's battles. In Jesus' name, Amen.

DAY SEVEN : THE LORD IS MY ROCK

BY NICK GAUNT

"The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold." Psalm 18:2

More than often I forget that the Lord is my Rock, my Fortress and my Deliverer. Sometimes we get too focused on the problem, forgetting that Jesus has and is the solution. 2 Samuel 22:2-3 reads, "He said: 'The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge....'"

As we praise, worship and make a joyful noise, we do this unto the Rock of our salvation. We can do this not only in church but also in our car, our home, our alone time with the Lord, our job, anywhere. I can't tell you how many times I have made a joyful noise to the Lord and have instantly felt better about a situation whether it be a sense of calmness or peace.

Psalm 95:1 reads, "Oh come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation!"

This reflection is about Israel's history leaving Egypt. This was the Lord's miraculous provision as they traveled through the desert. How many of us have felt as if we were in a desert and the Lord provided for us something spiritual to drink when we were thirsty? 1 Corinthians 10:4 reads, "and all drank the same spiritual drink; for they drank from the spiritual Rock that followed them, and the Rock was Christ."

PRAYER

Lord, we give you thanks, praise, glory and honor. We thank you for being our Rock, and our strength when we are weak. Lord, please let us be constantly reminded that you are our Rock, our fortress, our deliverer, and let us inspire each other and inspire others who don't know you, to come to know you.

In Jesus' name, Amen.

WEEK REFLECTION



1

WHAT IS THE HOLY SPIRIT SAYING TO ME?

2

WHAT VERSE STOOD OUT TO ME THIS WEEK?

3

WRITE DOWN A PRAYER AS YOU CONTINUE YOUR 21 DAYS OF PRAYER & FASTING.

WEEK TWO: MEMORY VERSE

***AS FOR GOD, HIS WAY IS
PERFECT:
THE LORD'S WORD IS
FLAWLESS;
HE SHIELDS ALL WHO
TAKE REFUGE IN HIM.***

PSALM 18:30 NIV

FIND CREATIVE WAYS TO REMEMBER THIS WEEK'S VERSE

- WRITE IT ON A STICKY NOTE
- PUT THIS SCRIPTURE AS YOUR PHONE BACKGROUND
- RECITE IT AS A FAMILY EVERY MORNING & EVENING

DAILY APPLICATION

**ASK YOURSELF EVERYDAY
"HOLY SPIRIT WHAT ARE YOU SAYING TO ME?"**

DAY EIGHT : THE LORD IS MY COUNSELOR

BY HAZEL GAUNT

"For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." Isaiah 9:6

Christ is our Wonderful Counselor before God. He comforts, consoles and counsels us as our Mediator and Intercessor. As our Advocate before God, He defends us like a lawyer before the bar of God's justice, offering Himself as a payment for our crimes.

I cannot count how many times the Lord has comforted me and has allowed me to be a comfort to someone. It's important for us to understand that being comforted can also mean receiving strength, encouragement, and hope to deal with our troubles. 2 Corinthians 1: 3-4 reads, "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God."

A yoke is a heavy wooden harness that fits over the shoulders of an ox or oxen. A person may be carrying heavy burdens of sin, excessive demands of leaders, oppression or persecution. Jesus frees people from all these burdens and he comforts us. The rest that Jesus promises is love, healing and peace with God, not the end of all labor. A relationship with God changes meaningless, worrisome toil into spiritual productivity and purpose.

Matthew 11:28-30 reads, "Come to Me, all of you who work and have heavy loads. I will give you rest. Follow my teachings and learn from me. I am gentle and do not have pride. You will have rest for your souls. For my way of carrying a load is easy and my load is not heavy."

PRAYER

Lord, we thank you for comforting us in our times of doubt, worry, lonesomeness, and in seasons where we question what's next for us. We trust in you during those difficult times and ask that you take us by the hand and lead us into victory. Thank you for allowing us to comfort others and to allow your light to shine through us unto others. Help us always be encouragers and people of hope. In Jesus' name, Amen.

DAY NINE : THE LAMB OF GOD

BY KIMBERLY BALDWIN

"The next day John saw Jesus coming toward him and said, "Look! The Lamb of God who takes away the sin of the world! John 1:29

Over 2,000 years ago, Jesus wrapped himself in flesh, and was born into the very world He created. Not only is He the Lamb of God, but He is also our Good Shepherd.

"I am the good shepherd. The good shepherd lays down his life for the sheep." John 10:11

Only in the unique upside-down Kingdom of God do we see the Lamb of God so intimately acquainted with the sheep. He knows how to be our Good Shepherd, because He understands what it's like to be a lamb.

"He understands humanity, for as a man, our magnificent King-Priest was tempted in every way just as we are, and conquered sin." Hebrews 4:15

He understands everything we have faced or will face. He was the perfect Lamb of God and the book of Revelation tells us that He was slain before the world was made. God knew how mankind would fall into sin before it even happened. He looked into the future to the sheep of his pasture – the lost and found alike, and knew He couldn't go on without them. So, before He created us, He was determined to pay the price for our sin.

You, beloved of God, were worth the price He paid. And you have a Good Shepherd who took away your sins, so you could experience His great love forever. Oh, what a mighty God we serve. What a Savior, what a friend – The precious Lamb of God!

PRAYER

Heavenly Father, thank you for your great love for us. Jesus, thank you for being our perfect sacrifice as the Lamb of God, and for also being our Good Shepherd. Guide us and let us hear your voice and follow after you faithfully all the days of our lives. In Jesus' name, Amen.

DAY TEN : RESURRECTION

BY EXIE MAE WEBB

"I (Jesus) am the resurrection and the life, he that believes in me though he were dead yet shall he live again." John 11:25

We are saved by the good news of the gospel. If we believe Jesus died, was buried, and on the third day was raised from the dead to sit at the right hand of Father God, we are saved! The resurrection is an awesome display of power for us to hold onto. When we join the family of God, we get to sit with him in heavenly places.

God promises never to leave us or forsake us; He did not abandon Jesus in the grave, nor will He allow His Holy One to decay. He will fill us with joy in His presence and with eternal pleasures while seated at His right hand. We get to partake in this glorious transformation of resurrection.

"For you will not leave my soul among the dead or allow your holy one to rot in the grave."
Psalm 16:10

In Hosea 13:14, God says, "I will ransom him from the power of the grave...."

He will redeem us from the grave and will give us eternal life. With the promise of resurrection, and eternal life, we do not have to fear death. As followers of Jesus, the end of this life is just the beginning of an eternity with Him. In fact, because we are in Christ, we get to start living the victorious life NOW. We are seated with Jesus at the right hand of the father. Let that position and the promise of eternal life be an anchor for you today.

PRAYER

Father God, wonderful master, we magnify, glorify, and honor you for who you are. Thank you for the gift of the resurrected life you have promised us. Thank you for the resurrection. Thank you that we can now live victoriously in Jesus' name, Amen!

DAY ELEVEN : REFUGE AND FORTRESS

BY SUZIE AHERN

"I will say of the Lord, "He is my refuge and my fortress; My God, in Him I will trust."

Psalm 91:2

The Bible is full of references to God being our refuge and to Him being our fortress. A refuge is a place where we can run and hide when life seems overwhelming and our problems seem insurmountable. A fortress is a place of protection where we don't have to fear the battles or the storms of life. I am so grateful that I can run and hide in the presence of My God. Psalm 32:7 states, "You are my hiding place, You protect me from trouble...."

I know that He will take care of me, He will protect me, He will watch over me and He will keep me safe. I don't have to be afraid. He is my hope and He is my deliverer. As our Fortress, the Father is a secure place in battle. He is with us and will not leave us. We can trust in Him. The enemy may be coming at us with all of his might but we can run to our God, the Fortress and He will protect us. Not only will He protect us, but Scripture tells us that he will fight our battles for us. 2 Chronicles 32:8 says, "With him is an arm of flesh, with us is the Lord God, to help us and to fight our battles...." We will have the victory as we press into Him.

As a refuge, the Father is a safe place. He will keep us from danger. We can find rest in Him. He will heal our souls. He will heal our hearts and He will heal our bodies. As we come to Him, we can nestle into Him and know that He has everything concerning us in the palm of His hands. We don't have to fear what the future holds. We can trust in the One who holds our future in His hands.

PRAYER

Father, I thank you for your protection. I thank you that when I am afraid, I can hide in You. You are my refuge and you are a fortress. You are bigger than any problem that would try and overtake me. I put my hope and trust in you. Surround me with your love. Surround me with your peace and I will give you all praise and glory and honor in Jesus' name, Amen.

DAY TWELVE : THE SHEPHERD

BY SINDY ALVAREZ

"I am the good shepherd. The good shepherd lays down his life for the sheep." John 10:11

Jesus expresses His love for His people by teaching them a parable about the shepherd and his sheep. It is a perfect example of the devotion the shepherd has for his flock and how he knows them and how they know him; by his voice. He also demonstrates that love by protecting his sheep from robbers, thieves and wolves who come to attack and prey on his flock. In John 10:7,8,10, Jesus says;

"I tell you the truth, I am the gate for the sheep. All who ever came before me were thieves and robbers, but the sheep did not listen to them. The thief comes only to steal, kill and destroy. I have come that they may have life, and have it to the fullest."

This is us. We are His flock and He knows us by name. He calls us His own. He cherishes us and protects us from the darkness around us.

Jesus also demonstrates his unfailing love in his portrayal of the shepherd seeking his lost sheep: The beauty of the shepherd leaving the 99 behind and seeking the one that has been lost. The joy he expresses when he finds him and picks him up with such care and places him on his shoulders to carry him back home. In Luke 15:4-6, Jesus speaks and says;

"Suppose one of you has a hundred sheep and loses one of them. Does he not leave the ninety-nine in the open country and go after the lost sheep until he finds it? And when he finds it, he joyfully puts it on his shoulders and goes home. Then he calls his friends and neighbors together and says, "Rejoice with me; I have found my lost sheep".

Jesus is our good, good Shepherd and He wants nothing more than to carry you/us on His shoulders. Will you let him? Let us rejoice in the Shepherd who protects us.

PRAYER

Jesus, you are our good, good Shepherd and we want nothing more than to be found by you. Come and carry us upon your shoulders. May we aide you in finding the lost and bringing them home. In Jesus' name, Amen.

DAY THIRTEEN : FRIEND

BY LINDA SANCHEZ

*"I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you."
John 15:15*

The hymn "What a Friend We Have in Jesus," was written to comfort the writer's mother. According to the hymn, Jesus is our friend because he bears our burdens and sorrows. The writer asks, "Can we find a friend so faithful, who will all our sorrows share?"

Yes, we have a friend in Jesus, but the question is: Does Jesus have a friend in us?

Jesus said to His disciples, gathered in the upper room: "I no longer call you servants, because servants don't know their master's business. Instead I have called you FRIENDS for everything I have learned from my Father I have made known to you." John 15: 14-15, 17.

To be a friend of Jesus is to share the intimate knowledge of God's love and passion for the entire world. We share in what God is doing and how he is doing it. We, too, can do these things through the fruit of friendship with Jesus. This fruit consists of: acts of kindness, peacemaking, works of forgiveness and restoration of relationships, deeds of justice, healing and compassion.

This is why Jesus says, "You are my friends if you do what I command;" and that command is to love. John 15:12,14,17.

Friendship with Jesus is a wonderful gift and a burden. It is a great joy to be able to share God's great love for the whole entire world. It is also a crushing weight. This burden is hard to explain. Being a mom, I know how hard it is to see your children suffer; you would gladly trade places with them. That is what it is like to have a friendship with Jesus. He suffered for the whole world and willingly took our burdens upon himself. What a true friend Jesus is.

PRAYER

Father, thank you, for allowing us to be in friendship with Your Son. Thank you for giving us the opportunity to serve you alongside Jesus, bearing each other's burdens. Thank you Father for giving us a perfect role model of what true friendship looks like! How to love the unlovable. Give us wisdom and discernment to continue to hear your voice only! In Jesus' name, Amen.

DAY FOURTEEN : GOD OF BREAKTHROUGH

BY EXIE MAE WEBB

"He who opens the breach goes before them, they breakthrough and pass the gate, going out by it. Their king passes on before them, the Lord is their head." Micah 2:13

We all face hard times when we need a breakthrough in life. It may be health issues, a child in addiction, a strained family relationship, financial difficulties or just a life-changing decision. No matter what our challenging situation might be, we can call on God, the Lord of the breakthrough is His name.

David and his army marched to Baal-Perazim, where they attacked and defeated the Philistines. He said, "I defeated my enemies because God broke through them like a mighty flood." So he named the place "The Lord Broke Through." 1 Chronicles 14:11

We can have confidence when we approach God, knowing that we can ask anything according to His will and He hears us. The old barriers can no longer hold us back, the Lord will break through them to pave the way for us to walk through in victory to the other side.

"No, in all these things we are more than conquerors through him who loved us." Romans 8:37

The greater one abides in us, therefore we know He has given us His nature, making us more than conquerors because He loves us. Our heritage as servants of the Lord is protection. The attacks of the enemy cannot prosper against us. The Lord of the breakthrough is our rear guard, He stands beside us, and stands in front to cover us. He will always make a way out.

There is no need or lack in God. Isaiah 43:19-20 tells us God will provide water in the desert time and streams of water in the wasteland. Again, He breaks through for you, providing you with everything you need.

PRAYER

Father God, thank you for being everything I need. Thank you for your great love for me. I thank you for always being my breakthrough in every situation I have ever faced. Even when I didn't realize it, I know you were there. I love you Lord, and I thank you in Jesus' name, Amen.

WEEK REFLECTION



1

WHAT IS THE HOLY SPIRIT SAYING TO ME?

2

WHAT VERSE STOOD OUT TO ME THIS WEEK?

3

WRITE DOWN A PRAYER AS YOU CONTINUE YOUR 21 DAYS OF PRAYER & FASTING.

WEEK THREE: MEMORY VERSE

***ALL SCRIPTURE IS GOD-
BREATHED AND IS USEFUL FOR
TEACHING, REBUKING,
CORRECTING AND TRAINING IN
RIGHTEOUSNESS, SO THAT THE
SERVANT OF GOD MAY BE
THOROUGHLY EQUIPPED FOR
EVERY GOOD WORK.***

2 TIMOTHY 3:16-17 NIV

FIND CREATIVE WAYS TO REMEMBER THIS WEEK'S VERSE

- WRITE IT ON A STICKY NOTE
- PUT THIS SCRIPTURE AS YOUR PHONE BACKGROUND
- RECITE IT AS A FAMILY EVERY MORNING & EVENING

DAILY APPLICATION

**ASK YOURSELF EVERYDAY
"HOLY SPIRIT WHAT ARE YOU SAYING TO ME?"**

DAY FIFTEEN : THE LORD OUR HEALER

BY PATTI SEAWELL AND SINDY ALVAREZ

The Lord reveals Himself and His character by the names of God. Jehovah, "I am" and Rapha, "to cure, heal, mend, repair and restore health."

The Lord covers us. He loves us. He is passionate about us and wants to be faithful to His people. He is Jehovah Rapha. He is the God who heals the brokenhearted and binds up their wounds. He heals the blind man and restores his sight. He raises the dead to life. He cures all diseases and restores full and complete health. He brings redemption to the sinner when called upon for salvation. Our God is the Mighty Master of all that is good. His mercy never fails. He never fails.

"Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective." James 5:14-16

We can call upon Jehovah Rapha today to heal us of our physical ailments and to provide redemption for our sins. Through the power of the blood of the Great Physician – Jesus Christ -- we can rise from our old sinful life as new creations in eternal fellowship with God.

"He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed." 1Peter 2:24

We can always depend on the Lord who Heals because He does. He heals addiction, mental illness, broken families, broken homes, broken lives, the lost and forgotten, the hurting and hopeless. He laid it all out for you and me on the cross so we can be with Him forever. Be willing to sacrifice all that you are for Him who Heals.

PRAYER

Jesus, Loving Father, Jehovah Rapha, our redeemer and lover of our souls. Nothing is impossible for you. You carry us in the palms of your hands and love us unconditionally. You restore what is broken and make us brand new. You heal our wounds and bind your heart with ours for eternity. You make everything whole and create a hope for all of us. Please help us to keep our eyes on you and share your goodness with those that are still searching. Thank you for the most incredible love story ever told. In your mighty name we pray, amen.

DAY SIXTEEN : THE LORD OUR PROVIDER

BY MICHELE PERRY

"The lions may grow weak and hungry, but those who seek the LORD lack no good thing."

Psalm 34:10 NIV

Have you ever looked at someone else's circumstances or possessions and thought "why don't I have that? I deserve it!" We might feel as if we don't have enough money or patience or time. We might be in a season of waiting and wanting.

Philippians 4:6 tells us "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." He knows what we need. We must prepare our hearts with gratitude to be the fertile ground that God plants His seeds in.

One of the names of God is Jehovah Jireh. Not only does that rhyme with "my provider" like in the songs, but it describes this part of God's personality perfectly. It is His nature to give of Himself and that's what He did when He sent Jesus to the cross. He gave us all the riches of heaven and Earth when He gave us Jesus.

When we are feeling forgotten because we don't have what we think we need or believe we deserve, we can look to the Word and be reminded that "He did not spare His own Son, but gave Him up for us all – how will He not also, along with Him, graciously give us all things?" Romans 8:32.

PRAYER

Thank you, Lord, for providing us with your love. We know that we lack no good thing because you promise in your Word that we have life more abundantly and you fulfilled that promise when you gave us your heart's treasure---Jesus! We have everything we need for life and godliness. Show us how to be grateful for and good stewards of what you give us. In Jesus' name, Amen.

DAY SEVENTEEN : THE LORD OUR REDEEMER

BY JUDY MOON

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. James 1:17 NKJV

A redemption by definition is to buy something back. In the Bible, our Redeemer, Jesus, bought our deliverance from sin and freedom from captivity.

It is easy for me to remember the day I fully yielded my life to Christ. It was in the classroom where I had taught for several years. I got down on my knees and verbally said, "I cannot do this alone anymore, please help me – my life is yours Jesus." Until that day, the term "redeemer" had seldom, if ever, crossed my thoughts. In that moment I became fully aware that Jesus stood in my place for all the messes, the bad choices, the countless sin I was burdened with to "buy back" my life. As scripture states above in Proverbs, Jesus is not only our Redeemer but also our protector who watches over us and will stand for our cause. He has been faithful to do so since that day!

In the Old Testament, the book of Ruth offers an incredible, amazing story of redemption for Ruth, Naomi and His people through the generosity of an Israelite farmer named Boaz. Clearly God has plans for our lives, even when the current circumstances are filled with challenges and seemingly impossible situations. The story of Ruth underlines the goodness of God's intended plans to bring good out of the worst things that happen in life.

Janette Laverne wrote in a devotional, "My favorite quality of Jesus is how he loves to take the broken pieces of our lives and fix them. But he doesn't simply repair wounded souls. He mends, heals and makes them better than before. I believe the word for that is redeemer."

If you find yourself in a dark or difficult or even seemingly hopeless place today, take a moment to remember that no matter what has happened, no matter the apparent impossible circumstances, you have a Redeemer who willingly stands in your place to offer redemption and freedom. A Redeemer who will watch over you, stand for your cause and bring good out of the most dreaded things in life. The book of Ruth will provide hope and encouragement of God's faithfulness and love just for you.

PRAYER

Lord, thank you that you are the Redeemer of lost opportunities, of miserable choices, of all of the broken things in our lives. Today Jesus, I praise you as you bring hope and light to the challenges and darkness in my life. Redeem every portion of my mind and fill my heart with joy as I walk with you! Grant me the ability to hear your voice and see your faithfulness every day. In Jesus' name, Amen.

DAY EIGHTEEN : FATHER OF LIGHTS

BY KIMBERLY BALDWIN

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. James 1:17 NKJV

Let's be honest, we all enjoy receiving good and perfect gifts. They are the kind of gifts that show us how the giver really sees us and knows what makes our heart happy. The Father of lights is that kind of giver. One of the most well-known Bible verses, John 3:16, says, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

The Father of lights gave us Jesus! In one of his seven "I AM," statements, Jesus said, "I am the light of the world." (John 8:12). The Father of lights knew that mankind would fall into darkness by our sinful choices, and he provided a gift of light to bring us back to him.

Even at the beginning of creation, when darkness covered the earth, the Father spoke light. "God said, 'Let there be light,' and there was light." (Genesis 1:3.) You could almost imagine the Father saying "Jesus" over creation.

No matter what season we find ourselves in, we have a Father of lights and his perfect gift of Jesus, the light of the world to guide us through. We may be in a new season, like the beginning of creation. The Father says over this great unknown, "Let there be light."

We may be feeling stuck in the middle of a life season, not knowing which way to go. The Father wants to remind you of his word, "Your word is a lamp for my feet, a light on my path." (Psalm 119:105.)

We may be facing what feels like an end time of darkness hovering over the earth. The Father is saying, "Arise, shine, for your light has come, and the glory of the Lord rises upon you. See, darkness covers the earth and thick darkness is over the peoples, but the Lord rises upon you and his glory appears over you." (Isaiah 60:1-2.)

PRAYER

Heavenly Father of lights, thank you for giving me the perfect gift of your Son, Jesus. Jesus, thank you for being the light of the world, and giving me eternal life. Help me to look to your word as a light unto my every step, no matter what season of life I find myself in. In Jesus' name, Amen.

DAY NINETEEN : FAITHFUL AND TRUE

BY SINDY ALVAREZ

"Then I saw heaven open, and a white horse was standing there. Its rider was named Faithful and True, for he judges fairly and wages a righteous war." Revelation 19:11 NLT

Our world is in chaos and there are days you may want to give up. You may feel like it's just too hard. Where is our hope, our future in this mess of a world? Let me tell you this: our hope is in the Lord Jesus Christ. He is with you always and wants to protect you, heal you, bring you peace and salvation. He loves you and sees all that's going on in the world and in our lives. He wants to guide you through it. Our future is set with Him and He is coming back. The trumpets will sound and He will appear; seated on a white horse; with an army of angels behind him; to take us home with him. He is faithful and true in His word and promises.

"Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me." Revelation 3:20 ESV

We are His own and all He has is ours. Just accept and believe in Him. He loves you unconditionally. He is waiting for you and He wants to open a world of possibilities to you. Come and open the door and allow him to sit and eat with you. You won't regret it.

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness." 1 John 1:9 NLT

Are you ready? Do you see His beauty, His majesty, His righteousness, His burning passion for you? His arms are open and He wants to surround you with all that He is. Believe in that. Trust in that. His love is genuine and He will never leave you or forsake you. He is Faithful and True!

PRAYER

Thank you Jesus for your faithfulness and the truth of your sacrifice for us. Thank you for chasing after us and bringing us into a perfect relationship with you. May we always believe in You, Your word and Your promises, and accept the precious gift You have given us. In Jesus' name, Amen.

DAY TWENTY : EL ROI " THE GOD WHO SEES "

BY DIANE SAKAUYE

"Thereafter Hagar used another name to refer to the Lord, who had spoken to her. She said, "You are the God who sees me." She also said, "Have I truly seen the One who sees me?"

Genesis 16:13 NLT

Can you imagine what comfort Hagar felt when the Angel of the Lord found her all alone, fleeing from Sarah? Barren Sarah tried to fulfill God's promises by giving her handmaiden, Hagar, over to her husband, Abraham. It backfired on Sarah; Hagar became pregnant and Sarah despised her.

There was a time that God showed me that He saw me. I was a pom-pom girl in high school. Every day after school and all summer long, we tirelessly practiced, perfecting our routines for the football and basketball games, and pep rallies. I loved it – It was my sport!

The highlight of my Dad's week was watching my older brother play football Friday nights while I performed. However; after my brother graduated, my father seldom attended the games and yet I was still on the pom-pom squad.

Years later, after becoming a Christ follower, God gave me a picture of Jesus in a beautiful white garment, sitting on the top cement bleacher at the football field, watching me perform. Jesus radiantly and proudly smiled at me. I was performing for the most important Audience of One! Even though my earthly father wasn't as interested in watching "my sport," Jesus was. HE SAW ME!

God sees you! He knows you, loves you, cares for you and is interested in you. You are His favorite! As you go about your day no matter what you're doing or where you are, remember you're doing it for Him, an Audience of One!

PRAYER

Heavenly Father, thank you that You're the God who sees. Thank you for loving me. Help me remember that I only need to have the approval of The Audience of One and that's you! In Jesus' name, Amen.

DAY TWENTY-ONE: ANCIENT OF DAYS

BY SINDY ALVAREZ

"For he is the living God, and he will endure forever. His kingdom will never be destroyed, and his rule will never end. He rescues and saves his people; he performs miraculous signs and wonders in the heavens and on earth. He rescued Daniel from the power of the lions".
Daniel 6: 26–27 NLT

Our God is the same yesterday, today and forever. He never changes. It's evident in His Word, which is truth; and His actions, which are His promises. There is nothing that He can't or won't do if we are filled with that kind of faith. Just as He rescued Daniel from the lion's den, He can do the same for us, for you. Because of faith, true faith, Daniel was rescued because He never doubted the God who saves. We can gain wisdom from Daniel's faith experiences. This is God's word put into action. What better example from generations past?

"As my vision continued that night, I saw someone like a son of man coming with the clouds of heaven. He approached the Ancient One and was led into his presence. He was given authority, honor, and sovereignty over all the nations of the world, so that people of every race and nation and language would obey him. His rule is eternal—it will never end. His kingdom will never be destroyed." Daniel 7: 13–14 NLT

Daniel trusted in the visions that were given to him, from God. Not only were they shared with the Kings of his time but they also showed the future for us. The coming of the Son of Man, our Savior, our Salvation. Seeing the future from the past is a gift God has given us in His book, the Bible. It shares everything from the Ancient of Days to the Coming King of today. When reading these precious words and reliving those moments in the stories of the Bible, I can see a God who loved us then and still loves us today. By giving us His one and only son, He gave us a hope for the future and a way to be with Him forever; The Ancient One and His son Jesus Christ. To know that we were chosen then, all those generations ago, makes our faith walk so much more glorious. To love as He loved and be loved as He loves, then and now, is more than enough. Jesus is more than enough.

PRAYER

Heavenly Father, Ancient of Days, thank you for all the depictions of who you were and still are to this day. Your love never changes and your promises are true. Grow our vision so we can help prepare others for Your glorious return. Oh Ancient One, we adore You and all that You are. May we continue to gain wisdom, knowledge, joy and peace from Your book and share it with those around us. In Jesus' name, Amen.

WEEK REFLECTION



1

WHAT IS THE HOLY SPIRIT SAYING TO ME?

2

WHAT VERSE STOOD OUT TO ME THIS WEEK?

3

WRITE DOWN A PRAYER AS YOU COMPLETE YOUR 21 DAYS OF PRAYER & FASTING.

4

WHAT IS MY NEXT STEP IN MY SPIRITUAL JOURNEY?

NHC

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THE JOURNEY 2022

NEW HOPE CHURCH