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**180° FROM ORDINARY**



# Jo Lee Magazine

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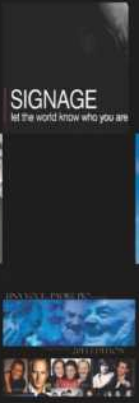
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# *Dining With Josephina Lee* *Come Ten Course Dining With Me*

BY JO LEE FOR JO LEE MAGAZINE

NEW YORK/SAN FRANCISCO/HONG KONG/LONDON/TOKYO/ROME/TORONTO

Hello dear friends,

What do you say I write about something quite different this time? Rather than present one of my favored table settings, I'd love to have you seated around one of my Ten Course Dinners. With Italian meals, there has been a specific structure cultivated over centuries of eating that is a Master Class in how to best enjoy food surrounded by the love of family and friends. We say: *l'appetito vien mangiando* – the appetite comes while you are eating. And so, we begin.

## APERITIVO

The Aperitivo begins the Ten Course Dinner with small dishes of olives, nuts, cheeses with a Spumante, Prosecco, champagne or wine.

## ANTIPASTI

This course is considered the “starter”. A charcuterie platter of salami, mortadella, or prosciutto, served with more cheeses, cold salmon or tuna antipasto and bread or a bruschetta.

## PRIMI

Primi is the first course of hot food such as truffle, seafood, risotto, gnocchi, soup, lasagne, pasta, or broth.

## SECONDI

In this course, we encounter different meat and seafood options. In my province of L'Aquila in the heart of Abruzzo, we'll have chicken, beef, pork or lamb prepared in a variety of different ways, from a sausage to a roast to a grilled meat along with fish, shrimp or lobster.

As we have two dishes in our Secondi, a sorbet palate cleanser is served between them.

## CONTORNI

Contorni dishes are served alongside secondi dishes. Vegetable-based, they are served on a different plate so as to not mix foods, which then allows for the preservation of the integrity of flavors.

## INSALTA

A mix of leafy greens, tomatoes,

onions with the best of Italian oils and vinegars.

## FORMAGGI E FRUTTA

As we near the end of our Ten Course Dinner, there is an entire course dedicated to a selection of regional cheese with seasonal fruit that complement the flavors of the cheese.

## DOLCE

Dessert! From tiramisu to cake or pie to panna cotta or cannoli or for something lighter and more palate-cleansing – a sorbetto or a gelato.

## CAFFE

And then after Dolce: a strong espresso is served without milk or sugar.

## DIGESTIVO

As we rivet within “the most” expressive conversation, our palates relax with a limoncello, amaro, or grappa.

The title of my dinner? Buon Appetito!

But to know the outcome? Ah! It shall be told...



ON THE COVER:

Jo Lee en route to Italy. Photography by Julia Sera Viola.

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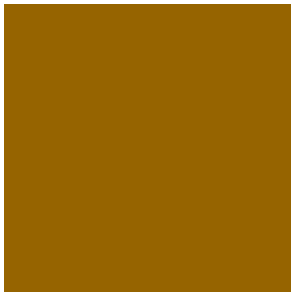
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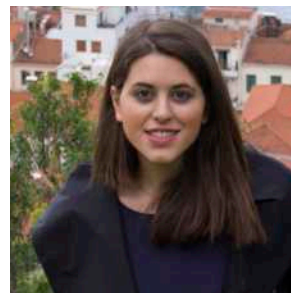


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- 2019 Laureate: Humanities, Claudiu Leverenz, Munich – Germany
- 2018 Laureate: Medicine, Dr. Xavier Duportet, Lyon – France
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- 2007 Laureate: Humanities, Jenna Brianne Lambert, Kingston – Canada
- 2006 Laureate: Technology, Anna Helen Dyson, New York – United States
- 2005 Laureate: Social Justice, Phil Arkell, The Niger Delta – Nigeria





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## CONTRIBUTORS

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*Susan Berger*

### THE GROUP OF 16

Susan Berger, after a successful career in finance, embraced journalism as JO LEE Magazine's Marketing Editor and writer of The Group Of 16. Previously, Susan held

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*Kerry Baker*

### NOSTALGIA AND YOU

Kerry Baker has been a student, lover and aficionado of Film from his pre double figure age range. He loves to write of his reactions and impressions after seeing new

release movies and indeed, his abject immersion in reel life at times may have rivalled his existence in real life.



*Alan Briskin*

### SENSING THE UNSEEN

Alan Briskin is an author, artist, and pioneer in the field of organizational learning. His co-authored "The Power of Collective Wisdom" won the Nautilus Book Award in

Leadership. His work is distinguished by a grasp of unseen forces underlying our actions.



*Joan Chisholm*

### THE POET'S CORNER

Joan Chisholm's drive is being an example of how to live a life of excellence. Her book "Spirit Love", Barnes & Noble & Amazon websites, is a transcendental and practical memoir about fulfilling your life's dreams and passions.



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Stanley J. Dorst is a retired officer of Chevron Land Development Co. and CEO of Grosvenor Development Co. He's been advisor to European governments and

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### WHEN ANGELS CRY

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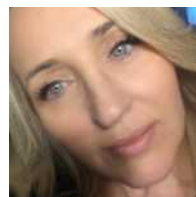


*Al Emid*

### THE GLAMOURS LIFE OF AN AUTHOR

Al Emid's career spans 50+ years in communicating ideas, concepts and information as a producer, broadcaster, and

as a journalist with bylines in various financial publications in several countries. In addition, Al has been a Business Studies Instructor at the community college level. In May 2019, we saw Al's latest eBook release on Volatility.



*Victoria Franciosa*

### MANSIONS & BILLIONAIRES

Victoria Franciosa's background in Art History has afforded her a unique approach to branding and advertising on the world stage. She is one of the founding members of AmpedMediaStudios as well as founder and head designer of Bishop & Medusa.



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YES, VIRGINIA! COME – EXPLORE WITH ME

Lois M. Gordon is a world traveler and resides in California's Silicon Valley. She has spent her life as wife and mother, chairing

several committees and indulging in her passion for reading and writing poetry.



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THE KING OF MAIN STREET

Peter J. Merrick is a Business Succession & Estate Planning Expert in San Diego, California with four books published on these subjects.



*Dr. Margaret R. O'Keeffe Umanzio*

THE POET'S CORNER

Dr. Margaret R. O'Keeffe Umanzio, Peggy, has been an advisor to CEOs and corporate executive teams. She was a cofounder of the

first fully-integrated alternative public school in the U.S., has lectured at Boston University as well as at Stanford, Berkeley and Tufts. She is currently writing a book titled Delivering on the Promise.



*H. Gail Regan*

THE MARVELOUS MAVERICK

Gail Regan is vice-chair of Cara Operations, retired. She chairs Energy Probe Research Foundation and is a member of the Canadian Association of Family Enterprise. She has a PhD in Educational Theory and

an M.B.A. in Finance. Her background in sociology and personal experience of business has given her an intellectual interest in the problem of evil.

*Julie Rekai Rickerd*



THE PRIVATE MUSEUMS

Julie Rekai Rickerd is a travel and arts journalist who specializes in discovering private museums around the globe, finding many on each of the seven continents she has visited. Antarctica being unlike any of the others. The entire continent is a fascinating private museum with the cleanest

air on the face of the earth.



*Vera Resnik*

THE POET'S CORNER

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource

and advocate for children's rights – led to a court appointment to the child review committee. Today, Vera's writings are widely read.



*Mark Raynes Roberts*

THE RICH & THE FAMOUS

Mark Raynes Roberts is Principal of Raynes Art + Design Ltd, an internationally recognized crystal art and design firm, providing interior design solutions for

luxury environments. Born and trained in England, his sculptures can be found in private and corporate art collections around the world.



*Dr. James T. Rutka*

SYNAPTIC TRANSMISSION

Dr. James T. Rutka is the R.S. McLaughlin Chair, Department of Surgery, University of Toronto, Director of The Arthur and Sonia Labatt Brain Tumour Research Centre, and

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*Kathleen Mailliard Solmssen*

PIZZAZZ

Renowned designer, writer, successful photographer, hilarious speaker, chef, mixologist Kathleen Mailliard Solmssen

resides in the magnificent outskirts of San Francisco. Her [pinterest.com/fashionandflair](https://www.pinterest.com/fashionandflair) and [fashionwithflair.blogspot.com](http://fashionwithflair.blogspot.com) is filled with life lessons and laughter, exquisitely mirrored in her column Pizzazz.







## *Greed And Its Limitations*

BY H. GAIL REGAN  
TORONTO, CANADA

Feeling my age, I decided that I have spent too much time chasing money and not enough with family. So, I took up weekly on-line contract bridge with out-of-town family members.

I play with my very experienced sister-in-law, her daughter and my daughter-in-law, both who are new to the game. One memorable night, the computer paired the youngsters against the oldies. To our surprise, the learners won the first round. We won the second. Then in the third, both teams stalled. Contracts were bid and not made, so the game had no end in sight.

Even though my hand was on the weak side, I contracted for a game, hoping for a breakthrough. My partner made an error in the play and we went

down, thereby extending the pattern of unfulfilled contracts. I realize now that if I had not been so greedy, if I had just laid low, my partner would have had an easy contract and we would have broken the pattern. My sister-in-law seemed disappointed by the unnecessary loss. From her point of view, I had simply set her up for failure.

Where do I get the insatiable need to win points? Of course, part of this is personality, but I think my early days as a sociology student have played a part. In the 1960s, they taught me that there are many different kinds of societies – some are oriented to wealth creation, and some are more religious, imperialistic and military.

When I continued on in sociology, I learned the non-economic factors that encourage

wealth. Religion can help. The Protestant Ethic develops a Spirit of Capitalism. In the community, secure property rights enable capital formation and economic growth. In politics, preference for peace strengthens the treasury, freeing funds for efficient infrastructure and more wealth.

Capitalist values, as evidenced by the way I play bridge, are tough and unforgiving. They demand winning, risk taking and tolerance for loss. I realize now that what got neglected was the question of how the economy can make wealth creation bearable. We can make our oldies rich, but can we make them happy and gracious?







## *Individual Responsibility And Service*

BY STANLEY J. DORST  
SAN FRANCISCO, CALIFORNIA

We populated this part of North America with people who had visions of building a house and raising food to eat.

We elected leaders to serve and return to their professions after a term or two. Now they vote themselves pensions and accept ever increasing contributions.

Today, many prefer taking drugs and blaming others for their plight while politicians look on their jobs as a profession, not a service – for life – and the rest of us feel sorry for them and give them money.

We don't have to reward these people we can just let them live their lives on their own.

We are becoming soft targets for international dictators to take us over. We have robbed the defense budget to help those who don't care to work and now we are proposing to give indigents and politicians money that we print. That is becoming worthless!

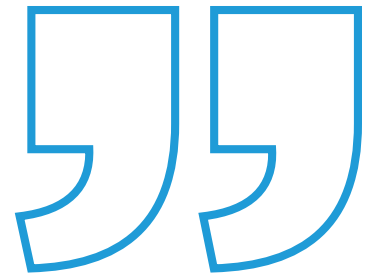
Let's support those running for office who want to see our country as a place of working people, including themselves.

What do you think?





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*DSYTC Graduate*



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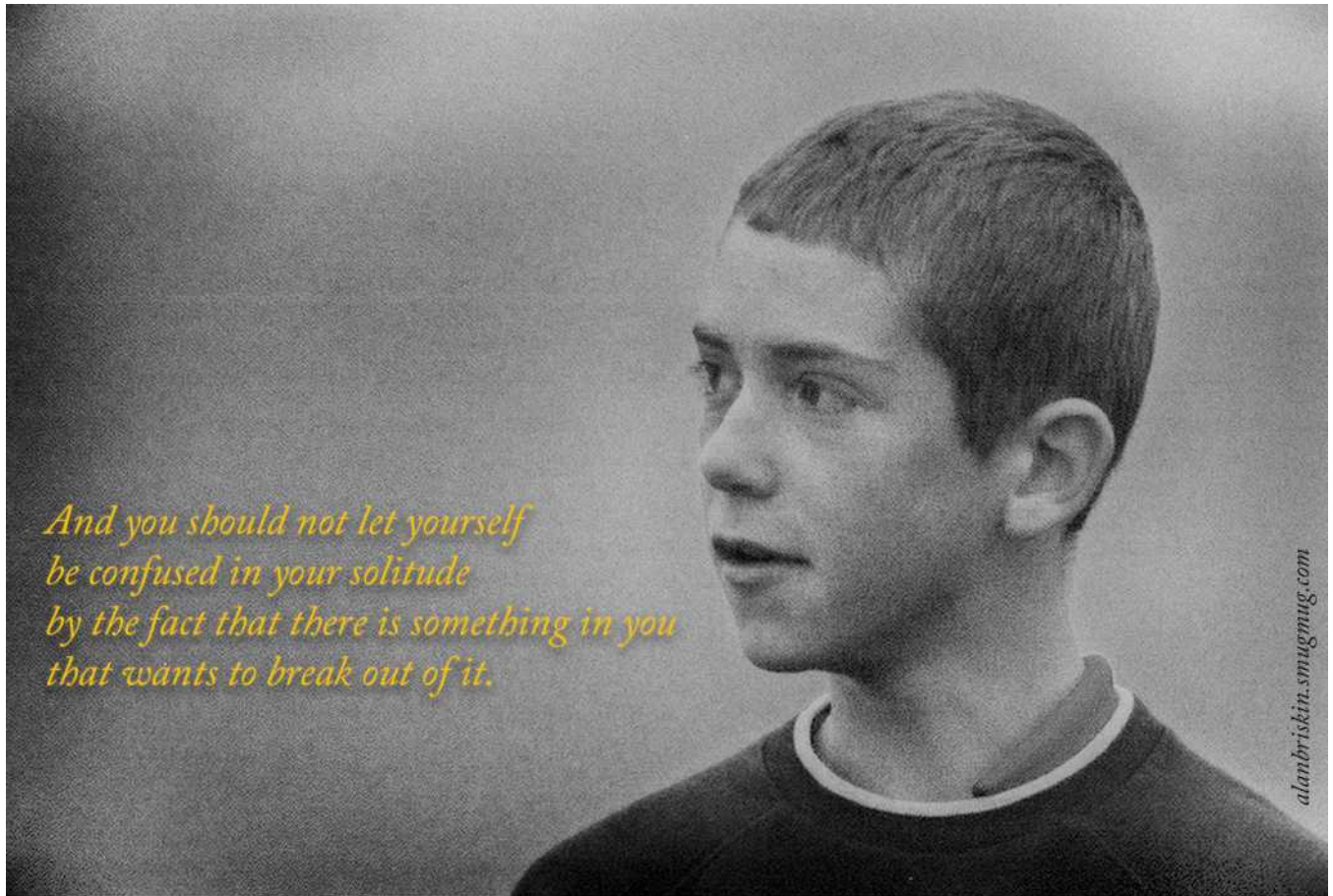


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## *Inner Knowing*

BY ALAN BRISKIN  
SAN FRANCISCO, CALIFORNIA



*And you should not let yourself  
be confused in your solitude  
by the fact that there is something in you  
that wants to break out of it.*

alanbriskin.smugmug.com

*Words by Rainer Marie Rilke, Image by Alan Briskin*

---

I want to be improbable, beautiful and afraid of nothing,  
as though I had wings.



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*Words by Mary Oliver, Image by Alan Briskin*



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# *The World of Pastimes*

## *Argentina*

PATO

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Created in the 17th century, the equestrian game of Pato began as entertainment for the gauchos, or cowboys, in the vast grassland pampas of Argentina. Pato, meaning duck, was named for the live duck sewn into a basket with protruding leather handles. Originally played on fields of various sizes and with an unlimited number of players, the aim was for the gauchos mounted on horses to grab the bag with the duck and ride away to their own farms on the opposite side without anyone else grabbing it.

Pato was a dangerous and bloody sport, often resulting in knife fights and injuries from players being pulled from their horses and trampled by other riders, and was banned many times over the centuries. By the late 19th century, the government was successful in legislating regulation playing fields, league competitions and written rules.

Today the game, which consists of six eight-minute periods, is a competition between two teams of four players. It is played not with a duck but with a ball which has six handles. The objective is to grab the ball and put it through a vertical ring at the end of the field, which scores a goal. Once the regulation time is over, the team with more goals is the winner. The player must ride with his arm stretched out so that the rivals have a chance to grab the Pato. When trying to get the ball from another competitor, called the “tug”, both players must stand in the stirrups; they cannot sit in the saddle. The hand not tugging must hold the reins. Its popularity has made Pato Argentina’s national sport.



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# *The World of Pastimes* *Australia*

## CRICKET

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

The enormous popularity of cricket in Australia, with over a half a million men, women and children playing the game, has made Australia the number one contender in world cricket today. With five World Cup titles, no other team can match their success. Played with two teams of 11 players each, a game of cricket can last from an afternoon to several days.

The game of cricket, which started in the 1600s in England, spread across the globe through British colonization. Brought to the Australia by the crew of a British ship, their first recorded cricket match took place in Sydney in 1803. Cricket clubs began to be set up in the first half of the 19th century, including on the island of Tasmania, then known as Van Diemen's Land. Women began playing in 1894.

Cricket was introduced to the aboriginal people by colonists who lived on regional cattle farms, and they became extremely skilled in the game. In 1868 the Englishman Charles Lawrence organized a six-month trip of 13 aboriginal cricketers to England, the first Australian team to play in that country. Although the trip was organized as a money-making venture, the aboriginal players were never compensated. In addition to playing cricket, the players were forced to entertain crowds with demonstrations of boomerang and spear throwing, and they endured sickness, racism and death during the tour. Very few of the players continued to play after they returned to Australia due to restrictions imposed on Aboriginals.



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# *The World of Pastimes*

## *Brazil*

### CAPOEIRA

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Considered a martial art, a game and a dance, capoeira is a cultural symbol of Brazil. It evolved during the 16th century when Portuguese colonists took slaves from West Africa and sent them to Brazil. Once there, the slaves were prohibited from participating in their local customs and from engaging in any sort of self-defense. Capoeira developed as a way for them to celebrate their lives in Africa and to train themselves in combat. They invented techniques that would not concern their masters, but masquerading as a dance gave them the skills to fight. Violent kicks were disguised as dance movements, all accompanied by music.

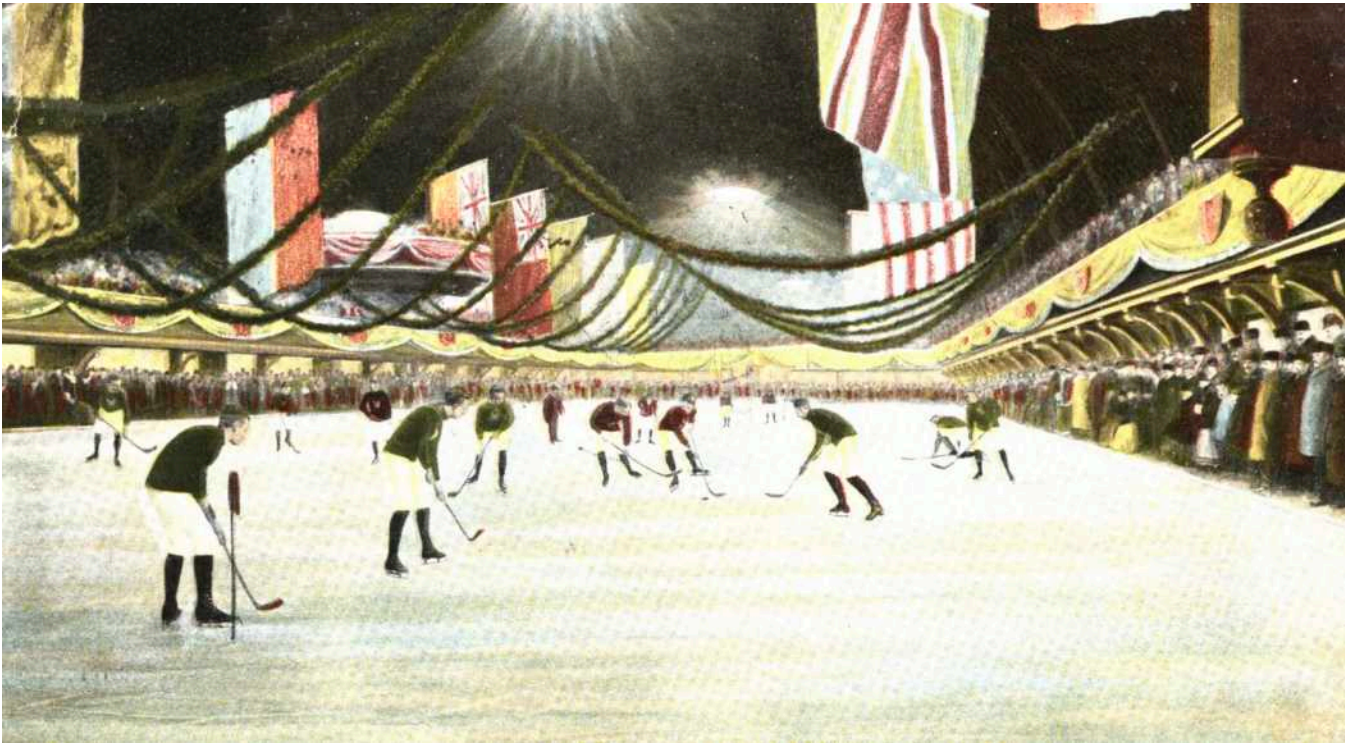
Capoeira is done by two opponents facing each other within a circle of practitioners singing capoeira music, and it is this music which differentiates capoeira from other martial arts. The songs tell of the suffering of the slaves and their lives, and the music determines the speed and style of the game. The two capoeira-istas move around each other, evading each other's kicks while trying to trick the opponent by faking movements.

When slavery was abolished in 1888, many newly freed people found themselves without homes or money, resulting in considerable poverty. Crime became a big problem and capoeira was used extensively by criminals. As a result, it was banned nationally in 1890. The ban was not lifted until 1940. The game can involve aerial somersaults, legs swinging high in attack, with flexibility, stamina and deception being more important than pure strength. Today there are many capoeira schools across the country, and its teaching of martial arts and acrobatics makes it very popular.



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# *The World of Pastimes Canada*

## ICE HOCKEY

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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Ice hockey had its origins in the stick and ball games brought to the North American colonies in the 19th century by the military and students. The first organized game took place in Montreal in 1875, when a McGill University student created a set of formal rules, changing the ball to a flat, wooden disk called a puck, which gave players more control and, because it was less likely to bounce, causing less injury to spectators. Originally played outside on patches of natural ice with snowboards for boards and wooden posts for goals, the culture at the time dictated that playing for money was immoral. Although its popularity proved financially successful for the owners of the teams, the players were not compensated until 1904 when the first professional hockey league, the International Hockey League, was formed. The National Hockey League was founded in 1917 and consists of professional teams from Canada and the US.

The early hockey pucks were made from frozen fecal matter. Pucks are still frozen today before each game because it stops the pucks from bouncing during play.

Hockey is a fast moving, full-contact sport. The puck is passed around by players with sticks on the ice as they try to hit it into a goal, which earns a point. Played in three 20-minute periods, players move at top speed around the ice, firing shots that can reach speeds of 160 km an hour. As they block shots from fast-moving pucks, they constantly risk broken bones and loose teeth. The season is long, with each team playing three to four times a week, totaling 82 games per year. Considered Canada's official national winter sport, ice hockey is extremely popular among all ages because virtually anyone can play.



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# *The World of Pastimes* *Columbia*

## TEJO

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Modern tejo is based on a game that was invented by indigenous groups in Columbia almost 500 years ago. It is played either between individuals or teams with up to six players each, outside or in a large covered space divided into lanes. A game of explosions, it goes hand in hand with drinking – in fact, it is traditional to have a drink with every toss. The tejo courts are located all across Columbia, both in cities and in rural areas, where they may have dirt floors and chickens wandering around, and are often built on land behind local bars.

The game is played by throwing a heavy steel disk called a tejo at a board which is about 20 meters away. The board is set at a 45-degree angle and is covered with clay. A metal ring, or a “bocin”, sits on the board. Placed around the ring are triangular paper pouches filled with gunpowder called “mechas”. The aim is to land the disk either in the middle of the ring, earning six points, or to hit one of the mechas, causing an explosion, which earns three points. Hitting both at the same time is known as a “moñona” and results in nine points. The first player to reach 21 points wins the game. It can be a dirty game, with players splattered with clay from neighboring lanes or from having to dig out their tejo from the clay.

The majority of Columbians have played tejo at some time in their lives. Designated Columbia’s national sport in 2000, leagues have been formed and national championships take place every Fall.



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# *The World of Pastimes*

## *Cuba*

### DOMINOS

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Popular in all parts of the country, dominos is played by every generation in homes, on porches, in public parks and on sidewalks, often involving a bottle of rum.

The game is played by four players, consisting of two pairs with partners facing each other across a square table. As the games are a source of entertainment, they attract crowds of non-participants and are social events that combine competition with companionship. While in other areas of the world dominos are usually played with 28 tiles, Cubans play with 55 pieces, which they consider to be more challenging.

The pieces in a domino set are usually 2.8 cm wide, 6.3 cm long and 1.2 cm thick. One side is blank and the other is divided by a line into two square halves. The divided dominoes are marked with spots or “pips”, with combinations going to 9-9. The first player lays a tile face up in the middle of the table. The object of the game is to match the number on one half of the domino to the half of domino that has been played on the table. The next player positions his domino so that it touches one end of the domino chain, which will gradually increase in length. The player who uses all of his pieces calls “domino” and wins the hand. He scores as many points as there are pips on the pieces still held by his opponents. The first player to reach an agreed-upon amount, such as 100 or 200 points, wins the game. One of the reasons for the popularity of dominos is that parents teach their children to play because it develops their arithmetic skills and memory.





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# *The World of Pastimes* *India*

## YOGA

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

While the precise date of the development of yoga is unknown as early sacred texts were only transmitted orally, the first written references were made on palm leaves over 5,000 years ago in Northern India. The word yoga, which translates as “union” in Sanskrit, was first referenced in the Rig Veda, a collection of texts containing mantras, songs and rituals used by the Brahmans, the Vedic priests. As learned yogis passed their disciplines on through the years, various schools of yoga developed in different parts of India.

Indian and western yoga are not practiced in the same manner. In the west, yoga is often considered a form of exercise that yields quick results with a specific end goal, whereas in India it is part of a complete lifestyle with the objective of uniting the material characteristics with the divine aspects of the self and the world, incorporating meditation, breathing and exercise. It encompasses what you eat, how you treat others, and how you relate to the world around you. In India yoga is a complex process that is learned throughout a person’s life. Research has shown the benefits of yoga to be enormous, helping with conditions such as multiple sclerosis, cancer, heart disease and insomnia. It can increase strength, balance and flexibility, reduce stress, and lower blood sugar.

Currently in India about a third of adults practice yoga. In 2014, Indian Prime Minister Modi created a separate ministry for yoga, and in 2015 the government mandated that yoga be taught as a compulsory subject in schools and also as a training module in teacher education programs.



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# *The World of Pastimes*

## *Japan*

### PACHINKO

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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With over 12,000 pachinko halls across the country, often located close to train stations, pachinko is a national obsession, occupying half of all leisure time in Japan.

Although pachinko first appeared in Japan in the 1920s, it really took off after World War II when Koreans, who had been living in the country, were confronted with citizenship issues and discrimination that prohibited them from mainstream businesses. Today most pachinko parlors are still owed by Koreans living in Japan.

Pachinko, somewhat like pinball, is a gambling game played by shooting small steel balls into a vertical playing field by flipping a knob in the lower right corner of the machine. If the balls go into certain pockets, a payout of additional balls results and the balls that come flying out are collected on the ledge beneath. During a win, the lamp at the top of the machine flashes and the “song” of the machine changes. Modern machines are fully electronic, with animated screens. Halls are noisy and smoke-filled, and make four times as much profit as the rest of the world’s combined legal casino gambling.

Although gambling is mostly banned in Japan, pachinko falls into a grey area that is tolerated by the government. This is accomplished by not converting the balls won directly into cash at the pachinko parlor. Instead, they are taken to a counter where they are exchanged for items such as tokens, pencils, soap, CDs or cigarettes. Within a block of the parlor there will always be a shed where the items can be exchanged for cash. This practice is fully understood and accepted by the governmental authorities.



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# *The World of Pastimes Malaysia.*

## KITE FLYING

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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Kite making and flying have been activities in Malaysia for centuries. Master craftsmen have dedicated their lives to the creation of the kites, or wau. They can take between two weeks and three months to make, depending on the size and difficulty of the creations, and are known for their decoration, design and use of color. It is such an identifiable symbol in the country that it was designated the logo of Malaysian Airlines.

There are many styles of kites, but the most popular are wau bulan (moon kite), wau merak (peacock kite) and wau kucing (cat kite). The kites are huge and highly intricate, sometimes measuring two meters across and 1.8 meters from head to tail. The large part of the kite, the wings, look like a big leaf, with a head on top and a tail on the bottom. The frame of the wau is constructed from lightweight bamboo, soaked in mud for several weeks to make the wood more flexible, and then held together with string. It is then covered with layers of paper, with the final layer providing the intricate decoration. This makes the kites easy to handle and capable of flying in strong winds.

Interest in learning the ancient skill, once passed down from one generation to the next, has been waning in recent years. While Malaysians still enjoy kite flying, wau making takes many years to learn and there are few craftsmen who still have the traditional knowledge. Many young people do not have the patience to learn the craft. Every year, the multi-day Kelantan International Wau Festival is held, providing the opportunity to see the flying of these magnificent kites.



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# *The World of Pastimes*

## *Mexico*

DANZÓN

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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Developed in Cuba in the 19th century, danzón began as a dance and music style combining European and African influences. Introduced into Mexico by traders and refugees, it made its way throughout the country from its entrance point in the Yucatan peninsula and eventually reached Mexico City, where it skyrocketed in popularity after a series of Mexican movies in the 1940s. Although it has all but disappeared in Cuba, it is currently enjoyed by all ages in Mexico, particularly those over 50. Danzón has continued to develop in a multitude of ways across the country, particularly in Mexico City where more acrobatics have been added.

Although each state has its own style, dancers everywhere are flamboyantly dressed. Women, or pachucas, wear high heels, gowns and glimmering make-up, and are often dancing coquettishly with a fan. Men, known as pachucos, are outfitted in zoot suits with a chain hanging from one trouser pocket, and may sport fedoras with a single feather at the back.

Danzón takes place in public squares, dance halls and parks. Bands called danzóneras, complete with marimbas, drums, trumpets and percussive instruments made from gourds, accompany the dancing. Once the band leader begins to play, every couple starts to dance. Rarely on TV, aficionados turn out in person to watch. Men lead and hold their partners close, incorporating dips, twirls and embraces, however there is minimal eye contact despite the closeness of their bodies. The dancing is very elegant, sensual and flirtatious, evoking a bygone era.





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# *The World of Pastimes* *Russia*

## CHESS

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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Although chess has been played in Russia for over a thousand years, it reached the height of its popularity in the era following the Russian Revolution of 1917. Shortly afterwards the supreme commander of the Soviet army opened chess schools, hosted tournaments and encouraged the game as a method of international domination. The Soviets considered chess to embody their revolutionary ideals; it was a game of skill and intellectual aptitude. Many Soviet leaders, including Lenin and Stalin, were big chess fans; intellectual superiority was particularly important against their American competitors. Chess was introduced at a young age, usually around 4-years-old, and because it was government subsidized, became an inexpensive and widely accessible hobby. Furthermore, it provided an indoor activity during the long, cold Russian Winters.

The Soviet Union dominated world chess for decades. The USSR vs USA match in which Bobby Fisher challenged the Soviets had the air of a Cold War confrontation. Chess was more than a game; it was a way of life, incorporating discipline and responsibility.

Chess was, and is, treated like an educational subject rather than a board game. It is taught in schools to develop academic skills, and chess classes, taught by grandmasters, are available at universities. Daily chess contests can be seen in public parks and city sidewalks, where people can challenge their peers and hone their skills. Many of the greatest chess players of all time have come from Russia, where they have received great honors. Although chess remains popular in the country today, it does not receive the same state support that it did during the Soviet years. Russia, however, remains one of the chess superpowers of the world.

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# *The World of Pastimes*

## *Scotland*

### CABER TOSSING

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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An iconic Scottish sport, caber tossing is the most popular event of the extremely popular Highland Games. The word “caber” comes from the Gaelic for wooden beam. While many theories exist as to its origin, the most accepted is that it was used to cross streams in times of war. During battle, the caber was tossed from one side of the often freezing stream to the other, quickly making a bridge and providing a method to cross and continue to chase rival clans.

The wooden poles used in the game are made from larch trees, and are approximately six meters long and weigh about 80 kg. One end is whittled down to make it smaller than the other end. Tossing the caber is not about how far it is thrown; it’s about where and how the caber lands. The round begins by standing the caber straight up on the ground. The player squats, lifting the caber so that the small end is in his hands, then tosses the caber. The caber must flip so that the smaller end faces away from the thrower when it lands. In a perfect toss, the pole will end at 180 degrees from the thrower, which is known as a 12 o’clock toss. Imperfect throws have names such as three o’clock and 10 o’clock. Judges are stationed behind the thrower and on both sides in order for them to have unobstructed views of the angles and position of the caber when it lands.

As the caber is very heavy, participants must have strength, co-ordination and balance. Years of practice are required in order to master the game.



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# *The World of Pastimes* *South Korea*

## VIDEO GAMING

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Much more than a hobby, gaming in South Korea is a cultural phenomenon, with professional gamers attaining celebrity status. It is estimated that 64% of South Koreans between the ages of 10 and 65 years play games on a regular basis, and e-sports is now the fifth most popular future job aspiration among South Korean students.

Online gaming developed in South Korea faster than anywhere else in the world. The introduction of high-speed internet in the late 1990s resulted in the proliferation of PC bangs, gaming rooms similar to internet cafés, where patrons pay an hourly fee to play. Relatively inexpensive, there are over 20,000 PC bangs in the country, and they are especially prevalent in big cities where lack of space offers few choices for recreational and social activity. PC bangs have provided a location for young Koreans to socialize, eat and study. The environment encourages players to compete with each other and gain extensive knowledge of the games, helping to train them to become professionals. In the year 2000, South Korea became the first country in the world to broadcast online gaming competitions. Many television channels regularly broadcast games, and the country has two full-time video game television networks. There are 10 professional gaming leagues in the country, all sponsored by big corporations, and the monetary prizes for winning a league tournament are enormous. Millions of people watch the tournaments over livestream, and stadiums are packed with fans.

Gaming addiction is a huge problem in South Korea. As a result, the government has spent millions of dollars on clinics, campaigns and various programs to address the issue, including at hospitals, and some South Korean game companies pay for private counseling centers and hotlines.

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# *The World of Pastimes*

## *Taiwan*

### KARAOKE

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
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The enormously popular activity of karaoke, where people sing well-known songs to musical accompaniment, originated in a small snack bar in Japan. When the performer for the evening did not show up, the owner of the bar played some recorded music and threw the microphone to the customers, inviting them to sing instead. The word “karaoke” is a combination of two Japanese words: kara, short for karappo, means empty, and oke, part of okestura, means orchestra. Hence karaoke was born – an empty orchestra, a microphone and a singer.

Karaoke machines consisting of loudspeakers, a mic and a tape player offering recorded songs without their lead vocals appeared in Taiwan in the mid-1970s. In the early '80s, the addition of video monitors led to the rise of karaoke clubs where singing was the main attraction. Opportunities to participate are everywhere, from private soundproofed rooms to city taxis, buses, boats and airplanes. Seniors even sing in local parks. Neon street signs proliferate in every city advertising KTVs, or karaoke television. Inside the KTV bars are individual karaoke rooms which come with comfortable couches, a large-screen TV, a song book, microphones and a top-notch sound system. After a song is selected, the lyrics appear on the screen. Food and drinks are available to order and can be eaten inside the room. The price of the room depends on the quality of the KTV parlor, how many hours you want it for, and the time of day.

Karaoke is also done at home. The ability to do it with friends and family, sometimes with dancing and the playing of musical instruments to accompany the singing, has made it one of the most popular types of entertainment in Taiwan.

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# *The World of Pastimes*

## *United Kingdom*

### AFTERNOON TEA

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

Although tea drinking can be traced back to the third millennium BC in China and became popular in England in the 1600s, the custom of afternoon tea did not begin until 1840. At the time, it was customary for people to have only two meals a day, breakfast in the morning and dinner around 8:00 in the evening. Complaining of hunger in the late afternoon, Anna, the 7th Duchess of Bedford, requested that a pot of tea and a light snack be brought to her in her boudoir. After a time, she began inviting friends to join her, and afternoon tea in the drawing room became a fashionable social event, with upper class women dressing in long gowns, hats and gloves. The practice quickly spread to other hostesses.

In those days, afternoon teas consisted of tea, bread and butter, but progressed over time to a selection of sandwiches, usually cut into fingers and served on a cake stand, of cucumber, egg, smoked salmon and cream cheese, ham with mustard, and chicken. Teas offered included Assam, Darjeeling, and Earl Grey, but could extend to over a hundred varieties. Scones were served with clotted cream and preserves along with dainty pastries.

While afternoon tea was a social event for the upper class, life was very different for the working classes who could not afford a mid-day meal. “High tea”, consisting of a mug of tea, bread, vegetables, cheese and occasionally meat, took place at the end of the factory workday. It is thought that it was called high tea because it was eaten at a table rather than the low, comfortable chairs or sofas of the drawing rooms. Today, afternoon tea is now a treat, an activity for special occasions such as a birthday.



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# *The World of Pastimes* *United States*

## BASEBALL

BY SUSAN BERGER

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO /  
ROME / TORONTO

As Mark Twain wrote at the turn of the 20th century, baseball was “the very symbol of the outward and visible expression of the drive and push and rush and struggle of the raging, tearing, booming 19th century”. Its roots date back to the 1840s, and the sport persisted throughout the Civil War, the Spanish-American War and the two World Wars. In a young country of many ethnic and religious groups, the shared experience of playing and watching baseball became one of the country’s common denominators. American soldiers carried the game throughout the world, and the result can be seen today in the number of professional players from around the globe.

Baseball’s influence is apparent in many facets of American life. Certain events define the calendar: baseball training season indicates the arrival of spring, and the World Series signals the onset of fall. Baseball phrases such as “he threw me a curve” and “he’s out in left field” became part of the national vocabulary. “Take Me Out to the Ballgame” is one of the best known songs among Americans.

For a short-lived time in the 1800s, baseball was played by Blacks and Whites together. As racial segregation took hold, Blacks were forced to play in separate leagues. This continued until 1947 when Jackie Robinson became the first African American to play in major league baseball in modern times. Because baseball was America’s national pastime, its racial integration helped to bring in the civil rights movement of the 1950s and ’60s.

Baseball now competes with many sports and entertainment options that did not exist in earlier times. While not as popular as it once was, it remains an American family tradition, passed down through the generations.







## *Education In Peril*

BY DR. ROSE A. DYSON  
TORONTO, CANADA

As a media education consultant, my focus over the years has been on how trends in media have had an impact on the evolution of education theory and practice. Now, with television in our lives, parents and teachers have experienced diminishing influence on the minds of the young. Those of us studying the subject have pointed to blurring boundaries between education, information and entertainment. Catch phrases such as infotainment and edutainment illustrate the point.

Profit driven marketing executives have had free rein to target and exploit us all, including the very young. Social media has accelerated the trend. Niche markets developed by Facebook have led to media consumption bubbles where only the like-minded converse. This has resulted in divisiveness and polarization of opinions and given rise to the alternative fact. Fake news is now an

established feature in mainstream news.

These trends have also fueled the alt right and conspiracy theories. And we can only speculate on what the planned conversion of Facebook to Metaverse will do to accelerate our further retreat into virtual reality where we can lead double lives with our avatars shopping and holding meetings. Despite Facebook's enormous power, respect for human rights has been ignored. Legislation is required to hold digital media giants to account. Policy makers hiding behind the veil of censorship is no longer tenable. Circulation of misinformation is, quite literally, threatening not only the survival of democracy but the meaning of education.

But the traditional guardians of education have also dropped the ball. Freedom of expression is now imperiled within our institutions of higher learning as well as the wider community.

Rhetorical demands for political correctness have led to intimidation and the silencing of debate, a key hallmark of learning. Historical revisionism is now predominant. Demands for truth and reconciliation have, with the collusion of education administrators, led to a careless disregard for meaningful assessment of ancestral ways and belief systems that predate current interpretations of values. As in the case of Ryerson University in Toronto, too often the criteria by which wrong doing is determined, with statues being toppled amid calls for renaming of institutions, lacks factual historical data. Instead, it is recontextualized to fit a predetermined narrative. Misinformation fosters resentment, not genuine truth and reconciliation. Ironically, the sins of the colonial past are being appropriated and reapplied in a new context.



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## *Egypt*

BY LOIS M. GORDON  
SILICON VALLEY, CALIFORNIA

PHOTOGRAPHY BY L DEVINE

The history of Egypt is the longest, continuous history as a unified state of any country in the world. The Nile valley forms a natural geographic and economic unit, bounded to the east and west by deserts, to the north by the sea and to the south by the Cataracts of the Nile.

It is one of the richest and most ancient civilizations in the world. It was the pharaoh Menes who united the two kingdoms of Upper and Lower Egypt and it became known as the Ancient Empire.

Following many pharaohs, Alexander the Great arrived in 332 BC and founded Alexandria as a gateway to his motherland, Greece.

Cairo, Egypt, the Triumphant City, is one of the world's largest cities. It is full of life and that life moves 24 hours a day, noisy cars honking, merchants selling

their wares, and children playing. It is powerful, modern and ancient with much culture, including magnificent art galleries and music halls. The number of preserved monuments in the Luxor area is unparalleled anywhere in the world. What most people think of as Luxor is three different areas: Luxor, Karnak and Thebes.

Egypt's location, right on the Nile River, is peaceful and beautiful, with palm trees, wonderful cafes and bazaars not only for shopping but for experiencing the culture.

The temples in Karnak, the sculptured walls – all of the architecture – is so powerful and awe-inspiring.

Egypt is more than it's pyramids, sphinx and the Nile. It is the long history of a progressive and brilliant people that leaves you breathless while

experiencing it and remembering it.

So, come explore with me...



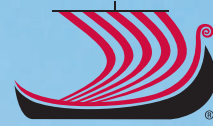
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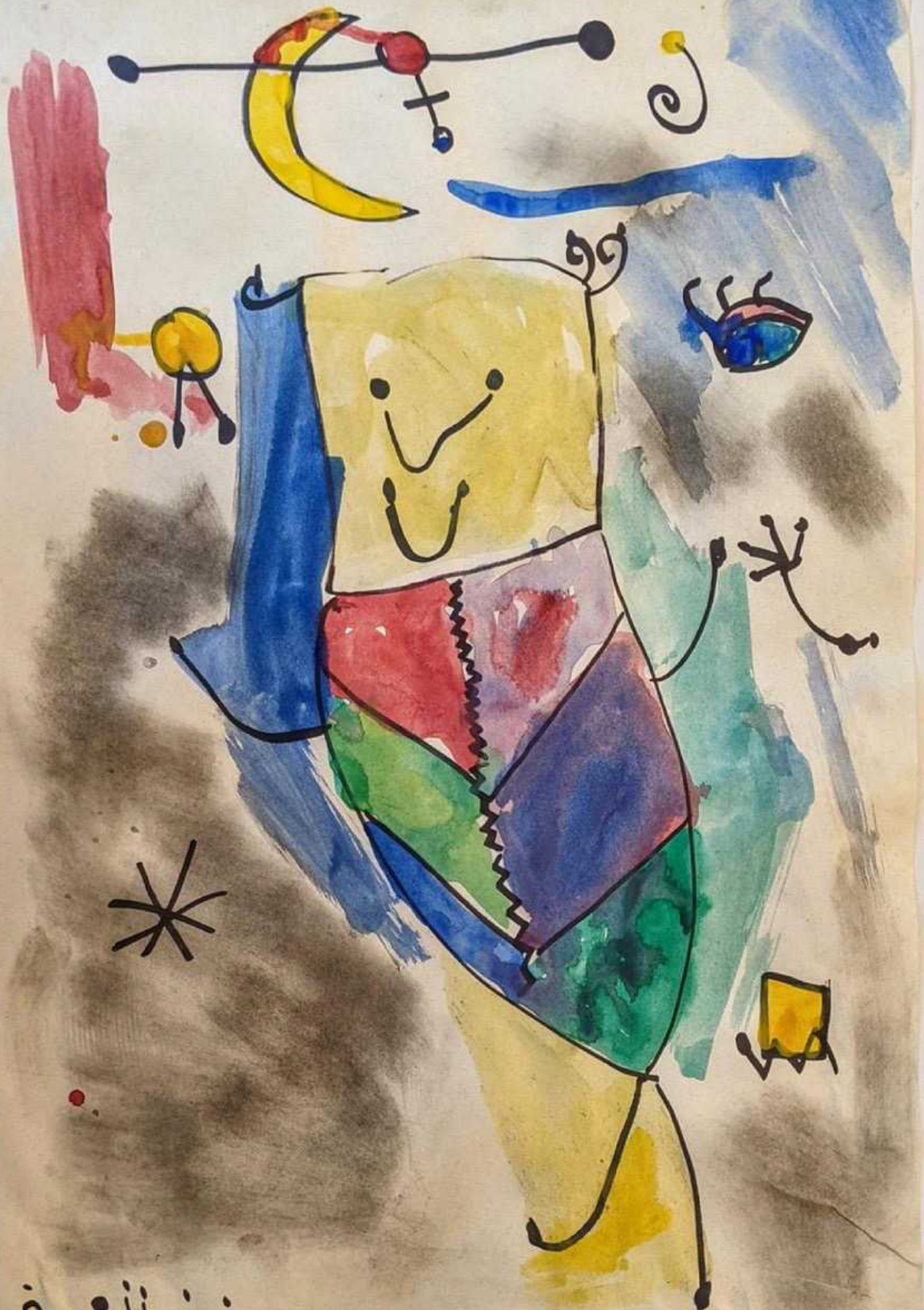


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## *To Win Go Within*

BY KATHLEEN MAILLIARD SOLMSEN  
SAN FRANCISCO, CALIFORNIA

ART BY 6 YEAR OLD PALOMA

That's where your TRUE power lies.

We were all born with this inner/core strength. Best part: your inner power cultivates your unique personality! Be your own best friend. Only you are YOU! Following the crowd, fads, or style builds a superficial persona – a trend follower that you could find in media and magazines. “Be still and listen”.

Years ago, when I collided with one of life's frustrating cul-de-sacs, my son said: “mom, take three deep breaths. That's what you suggested to me when I lost it this morning”.

Perseverance in emptying our minds of negative emotional baggage will immediately conquer the FEAR (False Evidence Appearing Real) factor and put us all back at the helm of our power ships. Like a deer

caught in the headlights – we can get lost in experiences that do not help us to power forward. In no time, you will be centered within your inner power once again! “If you can't erase it; embrace it”. Challenges and change are part of life. You might as well dive right into the eye of the storm and from your inner power: deal with it.

It's easy to feel that if we give honest compliments to others, we lose a part of ourselves. Truth be told, giving compliments, support, applause and credit, actually strengthens our inner core. Life doesn't have to be serious all of the time. Look for the light hearted side: it's there for your pleasure.

The other day, while having a small procedure in the hospital, I kept cracking up the nurses. My jokes and laughter made everyone's day a bit brighter...

especially mine!

“Kathleen: pay attention!” never seemed to work for me. I loved coloring outside the lines, while being just a little bit disobedient. Recently, a friend bought a house. She was deluged with questions, monumental steps and complex decisions. Once she put up a stop sign, took control of the situation – every situation lined up like a perfect spreadsheet, as she replaced frustration and worry with excitement and joy!

We only get one shot at life. This isn't a dress rehearsal. Might as well CHOOSE to make it Oscar worthy.

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Opposite: “Rosie the Riveter” reunites with plane she helped build.

## *Yankee Air Museum, Belleville, Michigan*

BY JULIE REKAI RICKERD  
TORONTO, CANADA

Once the United States was forced to enter World War II, following the surprise attack on Pearl Harbor on December 7, 1941, there was a sudden and immediate need for thousands of military aircraft to supply the Air Force pilots and their crews. Since so many working-age men were drafted into the armed forces, it was often left to women to pitch in to build the aircraft, like the B-24 bomber, in plants such as the Willow Run Bomber plant near the Willow Run Airport. Willow Run, built in 1941, was the “industrial showpiece of America’s great ‘Arsenal of Democracy’”.

The plant employed 42,000 workers during its peak production, over a third of whom were women. They could build a bomber in an hour. The best-known worker at the plant, who became its mascot, was a young widow who was shown in movie newsreels of the time as “Rosie

the Riveter”. Rosie and her co-workers produced 8,685 B-24 Liberator bombers at the Willow Run Bomber Plant to help America and its allies win World War II.

The Yankee Air Museum brings to life many of the historic and military aircraft of eras from 1910 to the 1980s in a vast hangar-like space along with displays of aviation technology and aviation artifacts. The aircraft are interactive with visitors in that they can be touched, their cockpits and cabins explored, and even flights can be booked, from May to October, on some of these aircraft such as: the B-17 “Yankee Lady”, a U.S., four-engine, heavy bomber designed by the Boeing Aircraft Company, and several others, including; the B-25 “Rosie’s Reply”, a twin-engine, medium bomber, the C-47 “Hairless Joe” Skytrain or Dakota, a military transport aircraft developed from the civilian DC3 airliner, a

Ford four-AT-B Tri-Motor “Tin Goose”, a three-engine transport aircraft, and the Bell UH-1H Iroquois “Huey”, a single-engine utility military helicopter. These flights offer a unique and unforgettable experience as does the museum itself. It more than fulfills its mission to “use the excitement of aviation to introduce (young) people to science, technology, engineering, and mathematics”.

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Peter J. Merrick



# *Avoid The Family Fight Estate Planning In The Digital Age*

BY PETER J. MERRICK, TEP  
SAN DIEGO, CALIFORNIA

PHOTOGRAPHY BY PETER G. GORAL

Digital assets are a new dilemma in the modern age of estate planning, which has entered a new frontier.

We live in a brave new world where we go online for most of our banking and financial dealings, to conduct research, communicate through Facebook, LinkedIn and dozens of other social networking sites.

Along with creating a plan for tangible assets, estate planning professionals now have a barrage of questions about how to deal with digital assets during their client's estate planning process. These assets may not have monetary value, but in many cases, they have emotional value that can't have a financial amount placed on them.

Digital assets are not just for "the kids". Research shows that just over three quarters of boomers, and over half of those aged 65 and older, are spending significantly more time online for things like banking,

watching videos, sharing photos, and engaging in social media.

Digital assets include all your financial and social electronic possessions.

Typical digital assets include:

Social network accounts

Websites

Online account information for other websites and programs

Videos, such as those posted on YouTube

Photos

E-mail

Financial documents used for banking, investments and utilities

Online businesses such as eBay or Etsy

Personal documents.

To avoid future mayhem, plan to incorporate digital estate planning into the overall estate plan strategy. A plan may ensure that someone, such as the executor, can manage the deceased's online presence.

Here is a quick four-step strategy for addressing digital assets in an estate plan:

List digital assets, including usernames/account numbers and passwords. During this undertaking consider what items of value would be lost if computers were stolen

Draft instructions on how digital assets are to be handled when deceased

Name a digital executor

Store the information in a safe place.





## *The Poet's Corner*

### *Homonyms, Homophones, and Nonsense*

In one minute the pale child grabs a pail filled with bubbles and minute seashells, dumping contents in sink, observing everything sink.

Some sun will peek above the rocky peak. See the sea, be here to hear the whistling wind, wave, watch the waves meet sand.

It's not a pretty state of affairs when pretty one, the cool child, receives a cool response.

That second the child knows being second is a phase that might faze its spirit.

Last week didn't feel weak nor the night provide a rescuing knight.

Child's whole being wants to jump into a hole, a scene seen before. Will the rebel, rebel or be inclined to scale the incline, turn left and be left behind? Turn right and be right?

© Vera Resnik

### *How Complex Has Simplicity Become*

How complex has simplicity become, when our cynical nature punishes truth to satisfy our belief of superiority? If something were tangible, we'd have discovered it, and thereby, validated it as a worthy piece of our collection, right? But, how many

wrongs have been discovered only in contrast to new rights? I hold that, truth lies within the man who is unafraid to question. Who pretends to lead and who is aware they're following? I hold that, my glass of cement is always full...and the portion I use for direction will replace itself in the wake of my freedom.

© Gary Sweeney

### *Destiny*

It is the near catastrophe of our lives  
The fear of finding out who we are  
The fear of doing what we love  
The fear of changing what we have always done  
The fear of living above our potential  
The fear of living below our potential.

It is in achieving our potential that we succumb to the exhilaration of our true destiny.

Without Spirit, without Angels  
Without reflection  
Without examining our adult lives  
Without changing  
Without being a loving force in the universe  
We are empty, we feel nothing.

Relaxing into our potential  
Realizing our potential is the love we give to ourselves  
It is this love of ourselves  
That leads us to profoundly love others.

© Joan Chisholm





## *The Entertainer*

BY ED SOLOMON  
LAGUNA BEACH, CALIFORNIA

When I was just a child my dad asked what I  
wanted to be  
My answer was simple, quick,  
Loud, and clear  
I want to be an entertainer.

I want the power to make you laugh and cry  
I want to make you want to dance and sing  
I want to help take away any pain and sorrow  
Not only today but tomorrow  
I want to be an entertainer.

And for just a few short minutes  
If you are five to ninety -five  
I hope you keep on walking knowing  
A street performer made you feel alive  
I want to be an entertainer.

I want to sculp like Michelangelo, Botero and  
Rodin  
I want to be the architect who designed the Centre  
for Peace  
I want the crowds to stand in awe  
I want to be an entertainer.

I want to be a magician like Copperfield, Shin Lim,  
and Houdini  
I want to make an elephant disappear before your  
eyes  
I want to pull the rabbit out of the hat  
I want to see your face that has that surprise  
I want to be an entertainer.

I want to write dramas like Shakespeare,  
Hemingway, and Michener  
I want to write poems like Frost, Angelou, and  
Gorman  
I want to bring a tear to your eyes or  
Make you want to dance and sing  
I want to be an entertainer.

And, when the curtain goes up  
And the spotlight shines on me  
I want to hear cheers and applause  
I want to be an entertainer.

And when I see my face on the cover of Variety,  
Rolling Stone and Time  
I want to say  
I AM an ENTERTAINER...

# THE LIGHT OF OTHER

"Sweeney's tribute to the man who was his hero and his role model during an often cruel and miserable childhood is a heartfelt one."  
- *The BookLife Prize/Publishers Weekly*

## THE LIGHT OF OTHER DAYS

GARY SWEENEY

*The Light of Other* is a story of a young boy's life in a turbulent household, his struggles with mental health issues, and his journey to find himself in an emotionally-difficult world.

It is also a story of a man's life, his great-grandfather's life, and his journey in the midst of his own struggles.

Beginning in the 1950s and continuing over two decades, the story follows a young boy's adolescence and his journey into the outside world.

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# HER DAYS A MEMOIR

*er Days* is a memoir about growing up in a world with an anxiety disorder, depression, sensory version while struggling with an absent father and constant stepfather.

about a wonderful relationship between a boy and father, a man who unwittingly filled a parental void with his own depression.

in the blue-collar world of 1970s Philadelphia and ending later, *The Light of Other Days* follows the trials of an internal monologue that was often louder than

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Opposite: What the eyes are treated to: Backing onto the indoor cabana, this extraordinary resort-like backyard awakens the senses; perfect for relaxing or entertaining. The view and the architecture are both supreme.

## *In-N-Out Mansion* *A Modern-day American Estate*

BY VICTORIA FRANCIOSA  
ROME / TORONTO

Nestled in the guarded community of Bradbury Estates, near the foothills of the San Gabriel Mountains, sits a Mediterranean Masterpiece estate. Just a few miles away in Baldwin Park, Lynsi Snyder's grandparents founded the chain of In-N-Out Burger drive-in hamburger restaurants back in 1948. Being the only grandchild of Harry and Esther Snyder, Lynsi inherited the fabulous family home, which she has since sold and has retained the In-N-Out business, growing it to over 350 locations, giving her a net worth of \$4.2 billion, according to Forbes.

Sitting on four acres of immaculately manicured property, the Snyder estate boasts three buildings, totaling

just under 19,000 square feet. It is a wonderland all on its own with a movie theatre, gym, games room, swimming pool, golf course, basketball court, and recreation room. With the main house, guest house, pool cabana, and recreation center, the estate is really self-contained and was a perfect home during these past few years of isolation.

As you enter the estate, you are greeted with a grandiose portico that leads you into the main entryway. Twin staircases and a massive chandelier which is hanging from a seemingly floating domed ceiling, lead you into the main house.

This house is opulence and simplicity in the origins of architecture, all rolled into one.

Located in the gated community of Bradberry Estates in Los Angeles, this sprawling mansion has been artfully styled after a Grecian Basilica and has all the fixings of a luxurious home you could dream of owning.

Massive carriage fixtures light up the mosaic-laden driveway, giving us a glimpse of what is in store.









Twin marble staircases, wrapping the front foyer, greet you after entering through the impressive double doors that are flanked by massive columns. This 18,687-square-foot main house, part of the Lynsi Snyder's inheritance. Lynsi is the grandchild and only heir of Harry and Esther Snyder, who founded and operated In-N-Out Burger in 1948, in Los Angeles, California. The In-N-Out business is estimated by Forbes to be worth \$3.6 billion. Ms Snyder put this fabulous estate on the real estate market and sold it for a reported \$16.3M (U.S).







The master bedroom is a personal oasis with a fireplace, a sitting room that opens up via folding window doors to a personal deck. The ensuite bathroom has an oversized soaker bathtub made of marble. There is a dressing area with two walk-in closets, a private hair salon, and an office.



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THE NEXT 100 YEARS – ONE CHILD’S JOURNEY – HOW HE/SHE WILL LIVE, LOVE AND NEVER REALLY DIE

## *Keeping Safe Below 2C Degrees Save Our Future*

BY KELECHI ELEANYA  
THE NIGER DELTA, NIGERIA

The world today is running towards reversing a growing threat which is expanding each year based on constant warming of the earth by greenhouse gases. This phenomenon has been termed global warming, arising from human induced activities, and has led to an atmospheric temperature rise of approximately 1C above pre-industrial levels.

Global efforts are focused on keeping the global temperatures at below a 1.5C rise above pre-industrial levels. The degree and extent of warming will pose different dimensions of risks to our world. These impacts will be long-lasting, far reaching in

several regions of the world and may be irreversible – entire ecosystems of the world will be lost. Who would have imagined that the world will be in a prolonged challenge trying to stay within a limit of temperature?

The impacts of the warming have already been experienced across the world – sea level rises, increasing intensity of wildfires, floods, hurricanes, heat waves, droughts, changes in growing seasons for crops, spread of diseases, and huge economic losses from destruction of the built environment. Furthermore, these impacts affect food security, the availability of water, a range of health

conditions, housing security, agricultural productivity, and natural ecosystems.

Lying in the middle of all these are children and youth. This group of young people is most vulnerable to its impacts. World Health Organization estimates that they will suffer more than 80% of the illnesses, injuries, and deaths attributable to climate change.

This group of people experiences greater vulnerability because of their immature physiological defense systems, the more direct ways they interact with their environment, their dependence on adults, and the accumulation of risks. The causes

and impacts of climate change are unequal. Disproportionately caused by the developed world, climate change will affect the developing world most severely, and children and future generations will suffer its worst consequences. Most annoying also is the fact that a huge number of children will lose access to health care and education opportunities arising from the loss/absence of adequate infrastructure.

Today, we all have an urgent call, more urgent than it had even been in the last century.

Let us together keep safe below 2C degrees.







Al Emid has worked on communicating ideas and concepts since beginning his career at an educational television network in 1967. He is the co-author and author of several financial books. “The Emid Report on Volatility 2022” is available on all major book sites.

## *Chapter 23*

BY AL EMID  
TORONTO, CANADA

In wealth management, as in other areas of life, some things are truly international, and we have to carefully appraise our own preferences. At or near the top of that list is the relationship between financial advisor and client – whether it’s in North America or Switzerland or anywhere else. The need for a good match between the two is paramount. An aggressive over-the-top investor will not work very well with a conservative advisor. Similarly, some investors feel reassured when their advisor is part of a huge bank with an inspiringly tall building with large windows in the city core. Other investors prefer a less intimidating relationship with a smaller one-person office where the surroundings might not be as sumptuous.

Another thing that is truly international is the trend towards mergers and acquisitions amongst financial advisory firms.

All Swiss wealth managers have to get licensed by the Swiss Financial Markets Supervisory Authority. This includes the independent Swiss asset managers who are registered with the United States Securities and Exchange Commission. Once their license is approved, they have the FINMA seal of quality. This is causing a trend towards mergers and acquisitions.

As a case in point, the Swiss divisions of two storied financial firms recently merged. Vontobel Swiss

Wealth Advisors, which is registered with the United States Securities and Exchange Commission and which prefers clients who have investible assets of US\$1,000,000 or more and has unquestioned cachet with high-net-worth clients, recently acquired UBS Swiss Financial Advisors, also SEC-registered and serving clients with investible assets of Swiss Francs 1,000,000.

This will mean that Vontobel will become the largest Swiss wealth manager registered with the SEC, as investment advisor Anne Liebgott, founder of AW Switzerland in Davos, explains.

“However, Swiss SEC-registered investment advisors come in all shapes and sizes from larger, bank-affiliated US-focused entities to the one-person show,” she says. Some investors will continue to prefer the large storied operation. Alternatively, some will favor the more personalized approach of an independent, Swiss wealth manager.

So, whether it’s on Main Street in North America or in Davos – making the ideal match in a financial advisor will always be important.







## *Ghost Town, Ontario*

BY JAMES T. RUTKA, MD  
TORONTO, CANADA

PHOTOGRAPHY BY JAMES T. RUTKA, MD

I have always been fascinated with the stories and lore behind ghost towns. There are hundreds of ghost towns in Ontario. Many of these supported important local industries, but over the course of time they have been reduced to rubble and dust – a reflection of the natural elements that now surround them. As we were emerging from the pandemic last summer, my family and I ventured to Killarney, Ontario, where we set out to visit one such ghost town at Collins Inlet.

Collins Inlet was one of a number of important Ontario towns for lumbering. Here, a sawmill first began operating in 1868. Responsible logging in this town, and neighboring regions, was promoted by John Bertram, a businessman from Toronto and Member of the House of Commons from 1872 – 1878. Bertram worked

steadily with his colleagues in the Ontario government to ensure that saw logs felled from neighboring forests near Collins Inlet were not floated in large rafts to the United States for processing. As a result, a bill was passed in parliament to protect jobs in Ontario, and the logging industry thrived. At its peak, Collins Inlet was a town of some 200 inhabitants complete with a post office, public school, doctor's office, blacksmiths, fishing lodge, and general store. A fire in 1918 destroyed the sawmill and led to the abandonment of the town which was never rebuilt after World War I.

To reach Collins Inlet, we strapped our canoe onto our car on a bright and warm August morning, paid our permit fee to spend the day in Point Grondine Park, and started paddling south along the

Mahzenazing River. We carried our canoe over the short and beautiful 45 metre Wemtagoosh portage and continued our paddling along the picturesque, narrow canyon river towards Cedar Lake. A short hike from the shores of Cedar Lake took us to Collins Inlet where we could see remnants of the town. Our imaginations took us back to the days when this ghost town was a thriving entity, filled with life, industry and much joy. To this day, many of the houses, cottages, and buildings in the Killarney region bear witness to the importance of the Collins Inlet Lumber Company. Few things in life last forever. Still, we can pay homage to those previously vibrant centres that helped to define the character of our people, and to shape the history of our province and country.





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## *Elizabeth Taylor: Making "Suddenly Last Summer"*

BY KERRY BAKER  
BRISBANE, AUSTRALIA

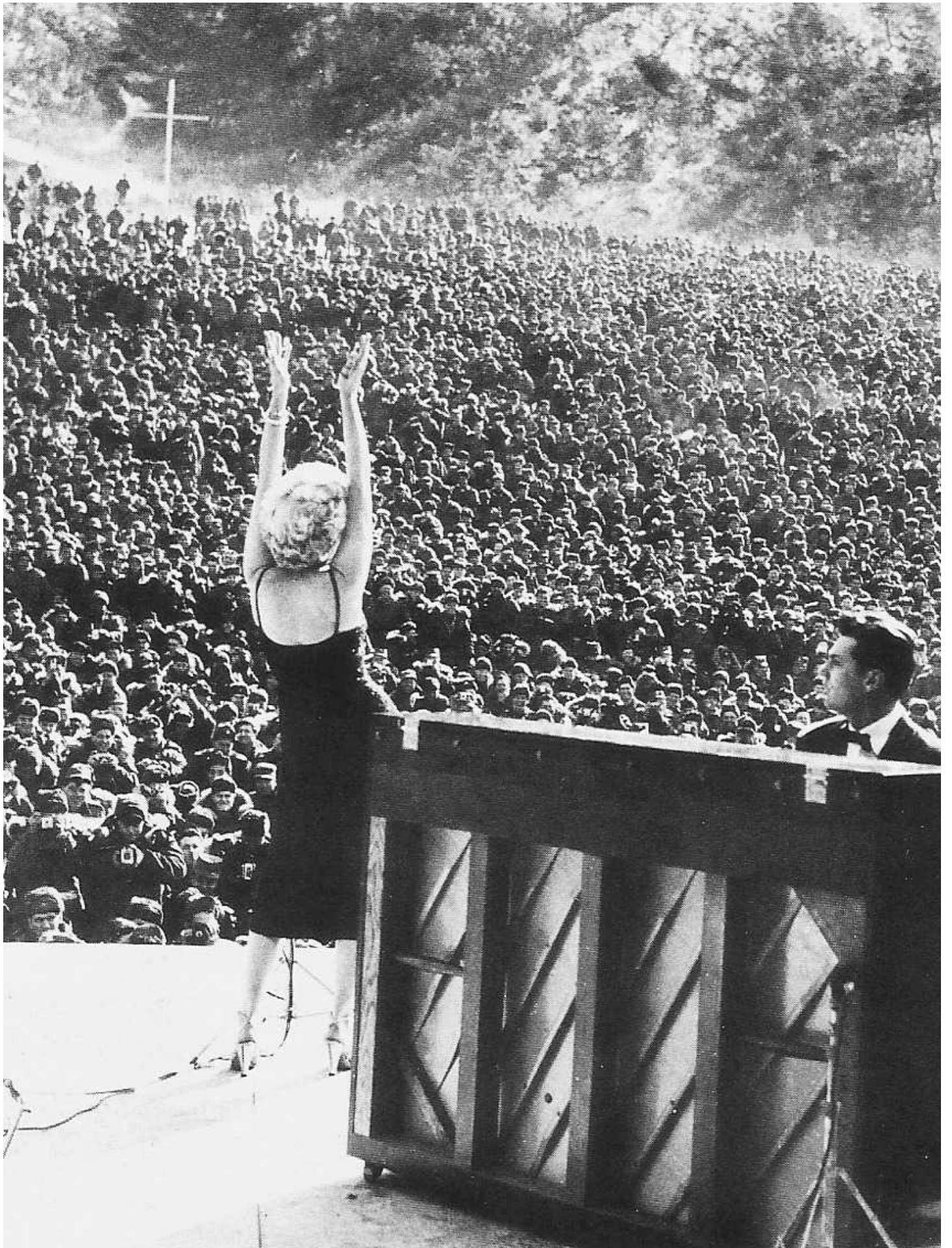
1959 saw Columbia Pictures looking at a recipe for cinematic good fortune. Adapting a play from the gifted Tennessee Williams, with a screenplay by the renowned Gore Vidal, directed by four-time Oscar winner Joe Mankiewicz and sporting an award-winning A List cast, "Suddenly Last Summer" had all the ingredients for overwhelming success. It eventually garnered three Oscar nominations but had a very troubled set with real life emotions as tangled and raw as those of the story's characters.

Because of years of alcoholism and prescription drug abuse, Montgomery Clift was considered uninsurable due to chronic ill health. Ordinarily, that would mean he would not have been hired but Elizabeth Taylor saved his job by insisting she would not do this movie without him. However, Joe Mankiewicz constantly bridled about keeping Monty and repeatedly asked producer Sam Spiegel to fire him.

This was not a happy production for Katharine Hepburn. It kept her from Spencer Tracy, who was critically ill at the time, she disliked the way Mankiewicz was favouring Elizabeth Taylor and

treating Montgomery Clift, and she hated the movie's final shot of her which was done in harsh light without make-up. In addition, it received blistering criticism from other quarters. Noted critic Bosley Crowther wrote a scathing review denouncing it as the work of degenerates obsessed with rape, incest, homosexuality, and cannibalism amongst other qualities. Tennessee Williams himself strongly disliked the reworking of his material and John Wayne stated that the movie was "a poison polluting Hollywood's moral bloodstream".

But made and completed it was, and it received an Academy Award nomination for Art Direction along with acting nominations for both Hepburn and Taylor. But it was Elizabeth's searing portrayal that scooped the accolades. She received Golden Globe and Laurel and David Di Donatello awards for Best Actress. For her character's climactic monologue, she used the emotions of her late husband Mike Todd's recent death in order to create the acclaimed performance. However, she was only able to do one take as she could not stop crying after completing the first.





## *Marilyn Monroe In Korea*

BY KERRY BAKER  
BRISBANE, AUSTRALIA

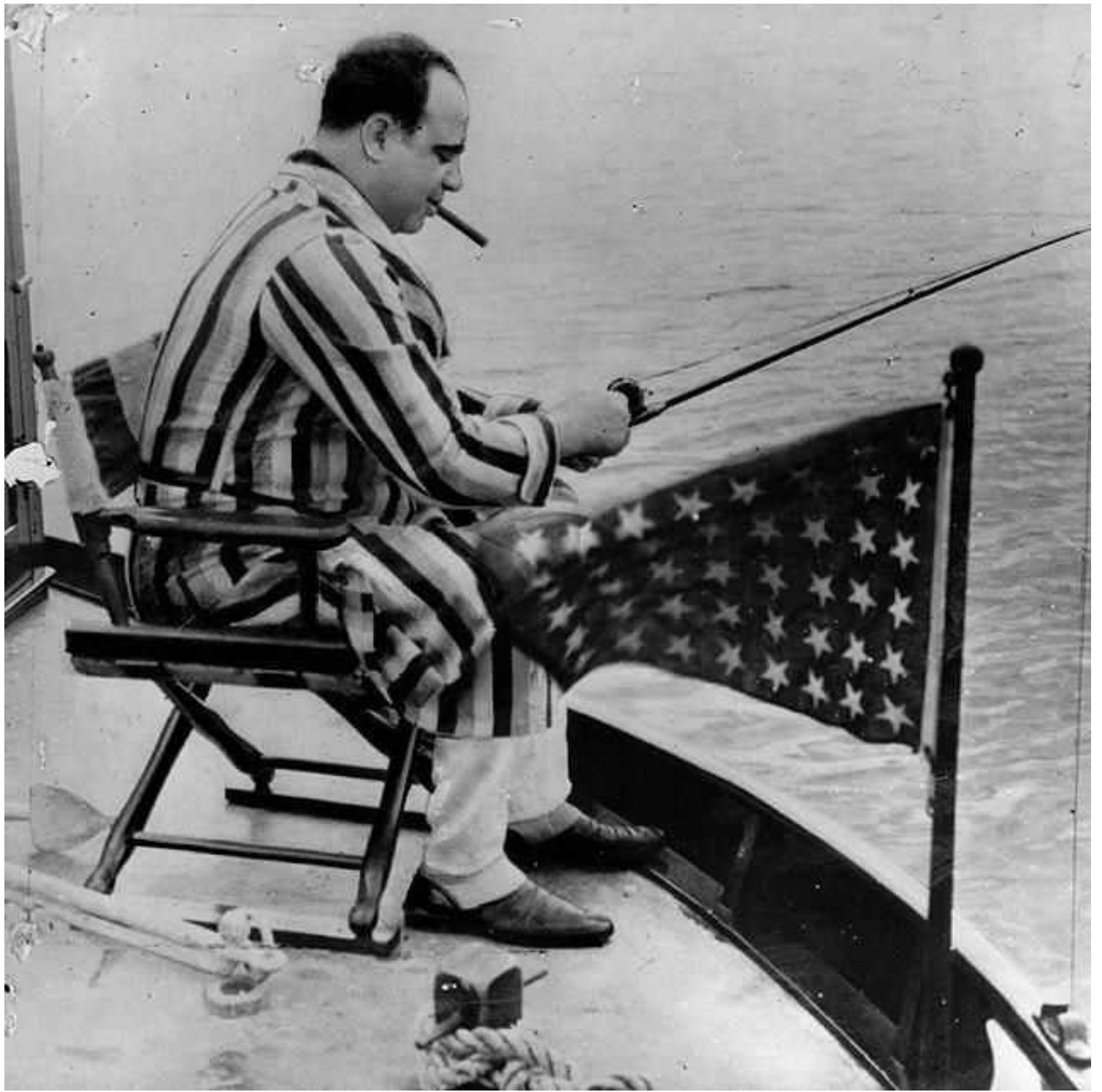
In January 1954, Marilyn Monroe wed Joe DiMaggio. He was a 39-year-old retired major league baseball player who held one of the sport's most historic records – a 56-game hitting streak. Monroe was a 27-year-old Hollywood actress, perhaps the most high-profile film star of the time. Seeking refuge from intense media scrutiny for their honeymoon, this newlywed celebrity couple, for better or worse, accepted a three-week baseball junket invitation to Tokyo.

As Pan American Airways' new Boeing 377 Stratocruiser was just beginning its descent into Tokyo on February 1, a high-ranking U.S. Army officer, Major General Charles W. Christenberry, the assistant chief of staff at the army's Far East Command, leaned over their seats to ask a question. "How would you like to visit Korea for a few days and entertain the American troops currently stationed in Seoul as part of the UN occupation force?" he asked. "I'd like to," DiMaggio replied, "but I don't think I'll have time this trip." "I wasn't asking you, Mr. DiMaggio,"

the general said. "My inquiry was directed at your wife." Monroe, a bit startled, looked up. "I'd love to do it," she told Major Christenberry. "What do you think, Joe?" "Go ahead if you want," DiMaggio told Monroe. "It's your honeymoon."

From Feb 16th to 19th, Marilyn performed at 10 different military bases in South Korea, including Seoul, for an estimated 100,000 servicemen. Her appearances were greeted with a rapturous frenzy. All available film sold out in army PXs throughout Korea. One journalist wrote, "The sky kept lighting up from the constant flashing of bulbs as cameras clicked." Many soldiers had staked a claim to the coveted front row seats by huddling in thick blankets for over seven hours while Marilyn braved the 30-degree chill in a plum purple summer cocktail dress and gold sandals.

Upon her return to Japan and an increasingly agitated Joe, Marilyn said, "I never thought I had an effect on people until I was in Korea. It was the greatest thing that ever happened to me."





## *Al Capone Fishing*

BY KERRY BAKER  
BRISBANE, AUSTRALIA

In 1926 Glen Robinson, owner of Robinson Marine (St. Joseph, Michigan), built a 36-foot V-bottom Robinson Seagull with gleaming brass and varnished mahogany that combined the elegance of a yacht with the speed of a run-around. The boat was originally built for auto manufacturer Ransom E. Olds (of Oldsmobile fame) in 1928. It was named “Flying Cloud” and was used by the Olds family for two years. In 1930, it was sold to none other than Alphonse Gabriel Capone.

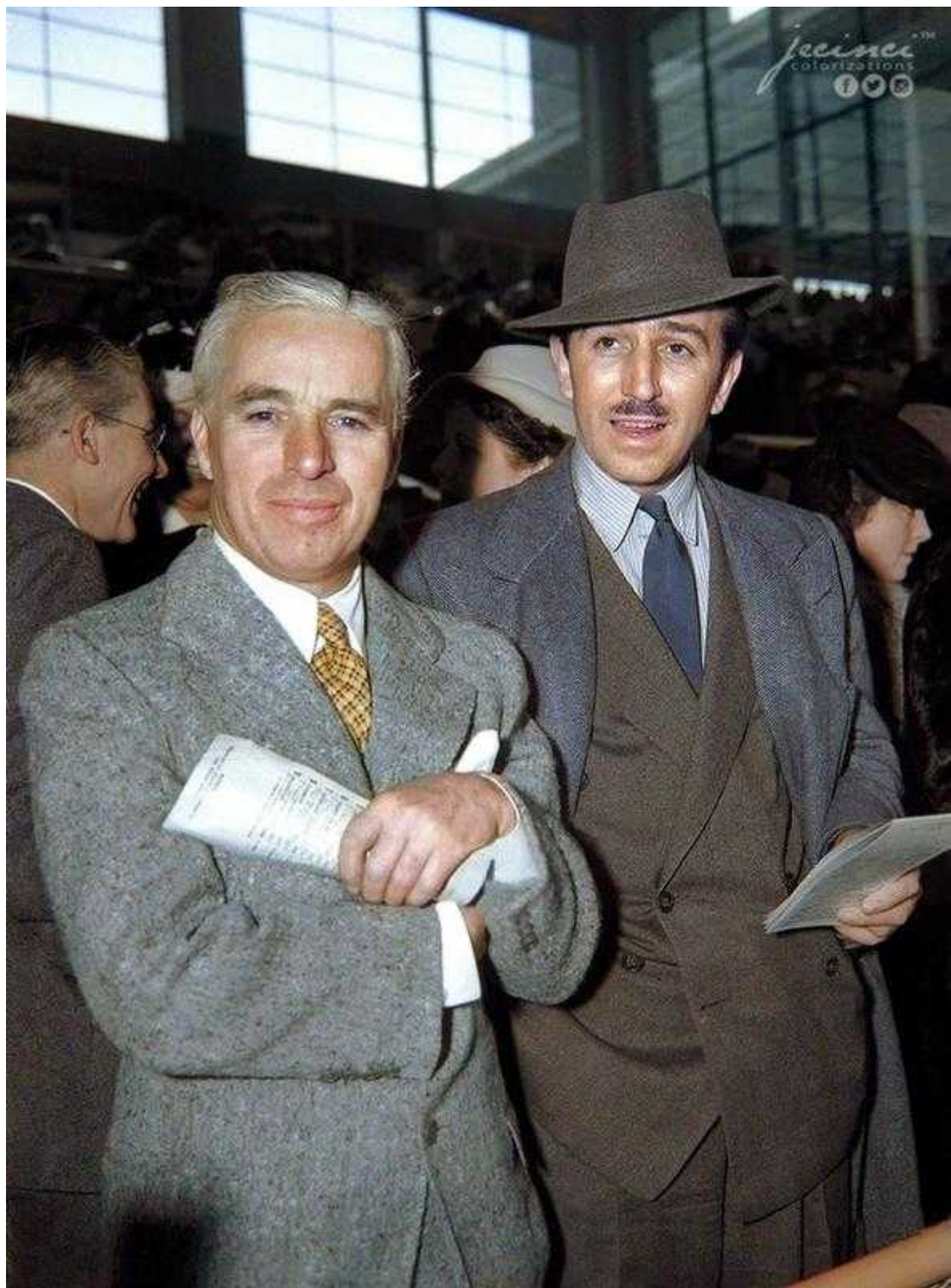
The infamous Scarface used the boat for sailing around the Florida Keys and into the Caribbean. But in 1931 the yachting days were suddenly over. Prosecuted for tax evasion, Capone was sentenced to Atlanta prison, then transferred to Alcatraz. His assets were seized by the Internal Revenue Service. In 1937, when the U.S. government was permitted to sell off the seized assets, “Flying Cloud” – by this point stripped of its name – was purchased by a Mr. Welsh, and spent more than 20 anonymous years on the waterfront.

Capone was often a contradictory figure. Between 1925 and 1929, during his heyday in Chicago, he

enjoyed the status of being the most notorious mobster in America. Despite this, he had “helpful” political alliances for a time. He is generally seen as having an appreciable effect in bringing about the victory of Republican William Hale Thompson in the 1927 mayoral race. Thompson allegedly accepted a contribution of \$250,000 from the gangster. Another politician, Joe Esposito, became a political rival of Capone, and on March 21, 1928, Esposito was killed in a drive-by shooting in front of his house. However, the Saint Valentine's Day Massacre led to public disquiet about Thompson's alliance with Capone and was a factor in his losing office in 1931.

In prison, Capone, who loved music, learned to play guitar, banjo and mandola and formed a small band – The Rock Islanders. He boasted that he could play 500 songs and even composed one titled “Madonna Mia” that was published posthumously in 2009.

Released from prison in 1939 due to failing health, Capone died in 1947, aged 48.





## *Chaplin And Disney: Santa Anita Racetrack 1939*

BY KERRY BAKER  
BRISBANE, AUSTRALIA

When Charlie Chaplin first appeared on American cinema screens, the character he created was so popular that nine out of 10 men attending costume balls in 1914 dressed as the Little Tramp. Vaudeville houses hosted Little Tramp look-a-like contests. One 13-year-old boy was particularly influenced by Chaplin and began entering these contests and actually won a fair number of them. He wanted to be another Chaplin. The boy's name was Walt Disney.

Disney's early creation, Mickey Mouse, seemed to draw significantly from Chaplin. According to writer Alva Johnston, it was "the aim of Disney to graft the psychology of Chaplin upon Mickey". In many of the Mickey Mouse cartoons, Disney included allusions to Chaplin's character, the Little Tramp, and to scenes from Chaplin's films. In *American Magazine* for March 1931, Disney explained the creation of Mickey Mouse, stating that they wanted "the wistfulness of Chaplin...a little fellow trying to do the best he could".

In 1930, after Mickey Mouse had become a success, Disney and Chaplin met. In 1931,

Chaplin was concerned about the reception of his films as the industry was changing, he requested that a Mickey Mouse cartoon be played prior to the airing of his features. Chaplin also attended a Writer's Club dinner in Hollywood, where Disney was the guest of honor. Chaplin sat at Walt's table and amused Disney by doing his Little Tramp walk. Disney also started working with United Artists, Chaplin's company, after having a falling out with Columbia. The two men forged a friendship based on Chaplin as mentor, Disney as mentee. In 1934 Disney began work on "Snow White and the Seven Dwarfs". Chaplin gave him advice on character creation and slowing the tempo of the film from time to time. Chaplin also attended the premiere of the film, and told the *Los Angeles Times* that it was "greater than his expectations".

1935's "Modern Times" marked the last screen appearance of the Little Tramp. A Mickey Mouse doll can be seen in the film.

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## *Come Be The Change With Us*



Be The Change (BTC) was designed to serve as a conduit for initiatives aligned with the 17 Sustainable Development Goals (SDG) of the United Nations. BTC has developed a platform to foster partnerships and support for sustainable development projects across the world.

Our like-minded collective has joined forces to create an international social impact coalition to bring awareness to the destruction we have brought to our beautiful earth on so many levels. The time has come to unite and work together to develop tangible solutions and ideas while exploring common synergies with those who are doing their best to be better citizens of our planet and to make sustainable change.

Be The Change is looking to align with partners in each SDG area: No Poverty, Zero Hunger, Good Health & Well Being, Quality Education, Gender Equality, Clean Water & Sanitation, Affordable & Clean Energy, Decent Work & Economic Growth, Industrial Innovation & Infrastructure, Reduced Inequalities, Sustainable Cities & Communities, Responsible Consumption & Production, Climate Action, Life Below Water, Life On Land, Peace, Justice & Strong Institutions, and Partnerships For The Goals.

With the launch of BTC TV, we will offer a glimpse into what the most impactful thought-leaders and international change-makers are doing to “be the change they wish to see in the world” in their own way.

BTC TV will be a powerful driver for advocacy and action on Sustainable Development Goals, giving industry leaders and NGOs a platform to share their personal stories of hope, challenge and inspiration, and guide us towards a more sustainable ecosystem globally.

Our collective is launching projects and initiatives towards each of the 17 goals leading up to the year 2030, and we look forward to connecting with you soon to make this grand vision a reality.

Sustainable Fashion Week Montenegro (SFWM) will primarily focus on clean production and consumption on the current fashion landscape, while showcasing sustainable fashion collections from around the world. This unparalleled event will be a global convergence of thought-leaders and change-makers who are gathering in Budva, the hidden jewel of the Adriatic Coast. The industry influencer guests will gather in order to conceptualize, incubate, and launch initiatives focused on promoting clean fashion internationally.

SFWM is currently scheduled for July 2021, and July 15-22

For more information please contact us at:  
[www.un1tgroup.com/bethechange](http://www.un1tgroup.com/bethechange)





*Sustainable Fashion Week  
Montenegro  
2021/22*







## *I Saw The 1920s In A Dream*

BY GARY SWEENEY  
PHILADELPHIA, USA

PHOTOGRAPHY BY ALEXANDER POSSINGHAM

I saw the 1920s in a dream. I was there, I'm almost sure of it – that is, at least unconsciously. Whether or not we leave our bodies during sleep, I cannot really say. But if we do, then perhaps I did visit, even for a short while.

I remember the storefronts and the people, the colors – pastels I've only seen in well-preserved magazines, brought to life in perpetual movement like a blurred, muted, beautiful palette. I felt deep silvers, chrome, and blues – the shades I've always associated with that time. Then, I disappeared into

the sounds filling the world from some distant place, covering all of us – speakeasy jazz echoing between sleek buildings, cutting through the night sky with lights in random windows.

And at once, I watched this bygone age flip between evening and afternoon. As a clear midnight blanket stretched and whispered like a mirrored ocean sparkling in radiance – looming over cigarette smoke and posh activity – the day blustered with striped awnings, high plate glass with fancy lettering and barbershop poles. Time froze,

and I heard the ambiance of old car horns and high heels along the sidewalk.

Suddenly it faded and I drifted toward morning.

When my ceiling came into view, that world was gone, sent back a hundred years to live on without me. I want to believe it is still there, looping infinitely, with flappers and champagne, roaring.

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## *Photos From Our Past*

BY MARK TRUELOVE

CANADA'S FRASER VALLEY, BRITISH COLUMBIA



Future Canadian Prime Minister William Lyon Mackenzie King, with his parents in Markham, Ontario, Canada. Approximately 1910.





Morrow's Coal and Ice Company on Main Street, Vancouver, Canada in 1931.





Pioneers pose in front of the Corrigan Hotel in Hope, British Columbia, Canada around 1900.











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Opposite: Waiting – 36"x24"; 2021. Courtesy of Seager Gray Gallery, Mill Valley, California

## *Works of Art*

BY INEZ STORER  
MILL VALLEY, CALIFORNIA

The paintings of Inez Storer take the viewer on a magical journey through history, sensation, and internal experience. They are multi-layered and full of artifacts of the artist's life and interests. The paintings are richly textured and woven, both in their physical properties and in their associations across layers of time. They have elements of both dark and light, depicting colorful, expansive lives and things that go bump in the night.



Fugitive Memories, 36"x48", 2018. Courtesy of Seager Gray Gallery, Mill Valley, California





Art Lesson; 24" x 24". Courtesy of Gail Severn Gallery, Ketchum, Idaho







## *The Glory of Oscar Wilde's One-Liners*

BY JO LEE MAGAZINE

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

It is absurd to divide people into good and bad. People are either charming or tedious.

Moderation is a fatal thing. Nothing succeeds like excess.

Some cause happiness wherever they go. Others whenever they go.

I can resist everything except temptation.

To lose one parent may be regarded as a misfortune: to lose both is downright carelessness.

The world was my oyster but I used the wrong fork.

Every saint has a past and every sinner has a future.

I have the simplest tastes. I am always satisfied with the best.

A pessimist: One who, when he has the choice of two evils, chooses both.

The man who can dominate a London dinner party table, can dominate the world.

The world is a stage but the play is badly cast.

There are only two tragedies in life. One is not getting what one wants and the other is getting it.

This suspense is terrible. I hope it will last.

To love oneself is the beginning of a lifelong romance.

Love is a language  
that every heart speaks.



Friends have  
all things in common.



Family is the link to our past  
and a bridge to our future.







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