



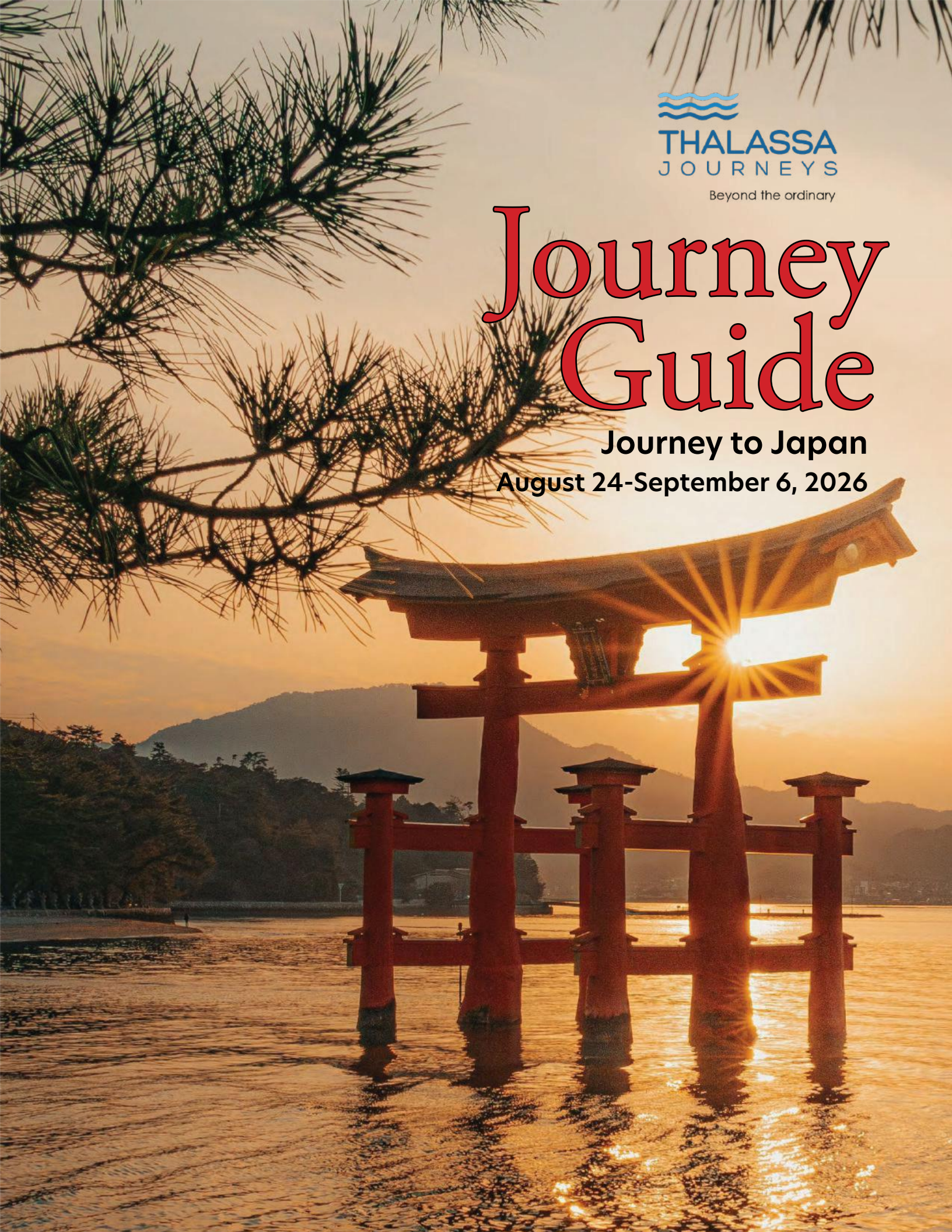
THALASSA
JOURNEYS

Beyond the ordinary

Journey Guide

Journey to Japan

August 24-September 6, 2026





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Welcome to Journey to Japan!

Thalassa Journeys is delighted to welcome you on this exciting luxury cruise aboard the *Mitsui Ocean Fuji*- you are in for an extraordinary experience!

Please read this guide carefully to be fully prepared for your adventure.

A VALID PASSPORT IS REQUIRED

Once received on your Traveler Information form, your passport information, as well as other pertinent details will be listed on your reservation. But please ensure that you **bring your passport with you on the journey**. Your passport must be valid for six months after the end of your travels. The passport book must have sufficient space for entry and exit stamps on the Visas pages marked for that use, not including amendment and endorsement pages. Visit the [State Department](#) for details on the passport application and renewal process. Non-U.S. citizens should consult their government for passport application requirements and other necessary travel information.

Please submit your [Traveler Information Form](#) at your earliest convenience.

DOCUMENT REMINDER

- Keep all travel documents, such as your passport, airline ticket or e-ticket receipt and travel vouchers with you during your flights. Do not check any valuables in your suitcases.
- Save photos on your phone of all important documents – your credit card, tickets, driver's license, passport, medical prescriptions and vaccination certificates.
- Important phone numbers including emergency numbers should be kept handy on your phone.

MONEY MATTERS

- It is recommended to use credit cards when you can, but you may wish to have some currency to buy small items or to tip after independent meals.
- ATMs are the recommended method to acquire local currency, which is the Yen (¥) in Japan and the Won (₩) in Korea. Use a machine in a secure location like a bank. The ship does not convert currency.
- Be sure to contact your bank and credit card companies to advise them of each country you are visiting so that your charges are not denied due to suspicious activity.
- The ship only accepts the Yen (¥) as their official currency. Please check your credit card company for their conversion rates.

ENTRY REQUIREMENTS

Visas, Inoculations and Vaccinations

At this time, visas, inoculations and vaccinations are not required. Visit the [State Department](#) for country specific information. Non-U.S. citizens should check with the appropriate consulates or embassies.

GRATUITIES

Gratuities to drivers and guides on group excursions and included transfers are covered in your journey cost. Gratuities on board are also included. Additional private transfer costs do not cover a gratuity for the driver, for whom we recommend an optional 10% of your transfer cost.

Thalassa Journeys Tour Managers and Tour Directors do not expect tips from our guests. However, if you would like to reward extraordinary service, a small cash gratuity (\$5 - \$8 per day) and a warm word of thanks for a job well done would be appropriate.

BEFORE YOU LEAVE HOME

- Make sure your emergency contact knows what to do if we reach out to them.
- Check with your cell phone provider for instructions on how to use your phone and data while traveling internationally. You may need to sign up for an International Calling/Data plan. Your phone plan will not work on the ship and calls will be costly.
- Your Tour Manager will set up a WhatsApp group to facilitate communication with your group. WhatsApp can be downloaded on the [App Store for Apple devices](#) and the [Google Play Store](#) for all others.





Health and Safety

PHYSICAL FITNESS REQUIREMENTS

If there is any doubt as to your physical fitness to travel, consult with your doctor regarding the following points:

- Some excursions involve a fair amount of standing and walking at an easy pace for 3-5 miles throughout the day - often over rough ground and sometimes uphill.
- Streets may be very slippery and uneven.
- Stairs may not have railings.
- Most of the sites we will visit are not accessible for PEVs (Personal Electric Vehicles such as electronic scooters) or wheelchairs.
- Please note that museums and historic buildings in remote areas are not air-conditioned.

Participants should be active and in good health in order to participate fully in the journey. If you need any form of assistance or are physically disabled, you must be ***accompanied by a companion who will take full responsibility for any assistance needed during the trip.*** Any disabilities, required medical apparatus, or special medical needs must be brought to our attention, in writing, prior to booking. **Thalassa Journeys reserves the right to decline anyone who fails to provide this information and whose condition, in their opinion, may affect the health and safety of our other journey participants.**

Haenyeo diver, Jeju Island

GENERAL HEALTH REQUIREMENTS

Although we make every effort to provide the most recent information on travelers' health recommendations, it is advisable to check with the [Centers for Disease Control and Prevention](#) (CDC) prior to your departure to learn of any changes to their recommendations.

As health situations around the world are subject to change at any time, it is strongly recommended that all participants, particularly those with chronic medical conditions or immune deficiencies, consult with their personal physicians prior to the trip to ensure that their inoculations are up-to-date and to obtain any special preventative shots.

Please be considerate of your fellow travelers and their health by wearing a mask and distancing yourselves if you feel ill for any reason.

Water

It is always advisable to drink bottled and/or filtered water when traveling overseas. Bottled or filtered water will be available for guests in the vehicles and at each meal. The water on the ship is safe to drink. Drinking water regularly is strongly advisable given the extreme heat.



PRESCRIPTION MEDICATIONS

Pharmacies and convenience stores are available but may not be convenient. Pack enough to last your entire trip, including some extra in case you are unexpectedly delayed.

- Carry all medications in their original labeled containers and pack them in your carry-on bag for easy access and to facilitate airport security and customs screening.
- Ask your pharmacy or physician for the name of the generic equivalent of your prescription in case you need to purchase additional medication abroad.
- Most natural supplements are fine for travel, but check the illustration below and scan the code to ensure they comply with Japanese rules.
- Distilled water for C-Pap machines and other devices is only available upon advance request, so please be sure to let our Reservations Team know as soon as possible.

JAPANESE RESTRICTIONS ON MEDICATIONS

Japan strictly regulates drugs, both prescription and over the counter, that enter the country. Please scan the code in the illustration below for more information.

TRAVEL SMART – TRAVEL SAFE

Drugs that are prohibited in Japan may surprise you!



Any form of marijuana, including CBD oil that may contain THC, even for medical use is ILLEGAL 	Any medication that contains amphetamines is ILLEGAL 
Many over-the-counter and prescription medications common in the United States, including ones for pain, depression, ADHD, and many kinds of decongestants and allergy medications are ILLEGAL 	YOU RISK ARREST in Japan for bringing in banned substances, even with a valid U.S. prescription! 
CHECK BEFORE YOU GO, IT'S YOUR RESPONSIBILITY! Some medications are legal but only in limited quantities or with advance permission from the Japanese Government. Contact Japan's Ministry of Health, Labour, and Welfare yakkan@mhlw.go.jp or visit https://is.gd/gUXdin. 	

Weather

Daily highs in Japan during late August generally hover around 95°F (35°C), while lows typically stay around 77°F (25°C). In central Japan cities like Tokyo, Kyoto, and Osaka, temperatures range from 75-90°F, sometimes exceeding 99°F.

In August, Japan experiences humidity between 76% and 87%. This makes it feel considerably hotter than the thermometer reading alone would suggest, which is especially important given the amount of outdoor walking on this itinerary. September also ranks among Japan's rainiest months, with most cities experiencing 10-15 rainy days on average.



Packing

On Board

We recommend dressing casually during the day for comfort while exploring and enjoying onboard activities. In the evenings, smart casual attire is ideal for dining and entertainment venues. A bathing suit will be necessary should you wish to use the pools or hot tubs aboard ship.

Ashore

- Lightweight, breathable fabrics such as linen or moisture-wicking materials
- Loose-fitting tops and comfortable pants or skirts
- A light layer or cardigan for air-conditioned museums, restaurants, and the ship
- Comfortable walking shoes
- Padded socks
- Hat with brim
- Sunscreen
- Compact, packable rain poncho or small umbrella for sudden showers
- Insect repellent

Additional Useful Items:

- Chargers for electronic equipment
- Portable power bank for charging on the go
- Binoculars
- Refillable water bottle



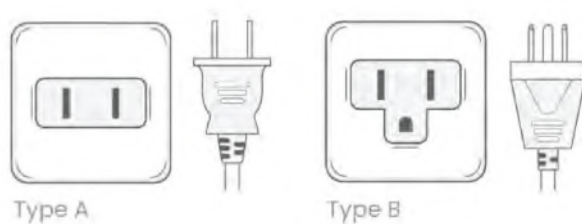


Electric Outlets

ON BOARD

There are two types of power outlets in the suite: 100V/60Hz for Japanese and North American plugs (A plug) and 220V/60Hz for European plugs (C/SE plugs).

The USB port on the bedside lamp beside the bed can be used to charge mobile phones, etc. (not available in some suites).



ON LAND

Our journey begins and ends in Japan, where they use Type A and Type B electrical outlets, which are the same as North America.

On Board

Unlimited WiFi

The services are available within the Internet Service Area provided by Starlink.

- Browse your favorite websites, check your emails, and stay updated on social media.
- Make video calls with family and friends.
- Enjoy your favorite shows and movies using video and music streaming services.
- One device per person per cabin. WiFi may be moved to a different device on demand (example: phone to laptop).
- Regional restrictions: In some regions, such as South Korea, video and music streaming services may not be available due to connection speed restrictions. Even in such cases, you can browse websites and send messages using apps as usual.

LAUNDRY

Complimentary Self-laundry is available on Deck 5, equipped with washers, dryers, irons, laundry detergent, fabric softener, etc. and are available 24 hours and used at your own risk. You may bring your own detergent if you wish. Personal irons and steamers are not allowed on board.

A paid service is available for wash, dry and fold. Dry cleaning is not available.



Nagasaki Peace Monument

Dining

BEVERAGES ON BOARD

Many beverages, from espresso drinks, juice and soda to beer, wine, sake and cocktails are included in your fare. In each venue, the menu will have a list of drinks that are complimentary and those that have an upcharge, including by the bottle. There is an additional charge for items from the Gin Cart.

THE RESTAURANT FUJI

The ship's namesake main restaurant invites a sophisticated dining experience for breakfast, lunch, and dinner. Guests enjoy a variety of menu options, including Japanese and Western breakfasts, Japanese set lunches, and curated dinner menus rotating between traditional Japanese cuisine and international favorites.

TERRACE RESTAURANT HACHIYO

Offering global food options with an emphasis on fresh, seasonal ingredients. At night, an omakase sushi menu is available at an additional charge, showcasing expertly prepared multi-course sushi and seafood experiences.

HOKUSAI FINE DINING

Paid service. Advance reservations are available on board.

Named after the famous Japanese artist Katsushika Hokusai, HOKUSAI FINE DINING offers beautiful artistic presentation, exceptional service and locally sourced seasonal ingredients all brought to life by Chef Kiyomi Mikuni, the first-ever Japanese chef to receive the "Chevalier of the Legion of Honour" from the Republic of France in 2015.

POOL SIDE RESTAURANT KOHAN

This fast-casual dining option serves comfort food in a serene poolside atmosphere with the backdrop and sounds of the sea. Menu items include karaage (traditional Japanese fried chicken), make-your-own burgers, smoothies, signature cocktails, and a separate seated bar to enjoy the outdoors. POOL SIDE RESTAURANT KOHAN may not be open depending on weather conditions.

OBSERVATION BAR 36

With panoramic views of the ocean, this sophisticated venue offers guests a place to enjoy pre- or post-dinner cocktails.

AFTERNOON TEA "Tama-te-bako"

Paid service. Advance reservations are available on board.

"Tama-te-bako" is a Japanese-style Afternoon Tea inspired by the legend of Urashima Taro, created with the aim of offering guests an experience where guests can forget the passage of time at sea.

OTHER AMENITIES ON BOARD

SPA & WELLNESS KODAMA

An extensive spa venue allows you to relax your mind and body and spend quality time. In addition to massages, facials, a hair salon, and manicures, the spa offers a wide variety of options and special care and services tailored to guests.

HARMONY LOUNGE

A private thermal suite that is a paid service

Couples' massage, sauna, steam room, and heated loungers are available.

RELAXATION

Available for your use are pools, whirlpools, and a well equipped gym.

In-Suite Amenities and Facilities

Towels (bath towel, face towel and hand towel), bathrobe, body towel, body soap, hand soap, shampoo, conditioner, toothbrush set, razor, shaving cream, cotton and cotton swabs, hairbrush, hairband, shower cap, magnifying mirror, slippers, shoehorn, clothes brush, air freshener, totebag, safety box, deck blanket, clock.

MITSUI OCEAN FUJI prides itself on extending authentic “omotenashi” experience, which is the art of heartfelt, meticulous hospitality.



RESPONSIBILITY AGREEMENT

Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys.

Thalassa Journeys act solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third- party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler. Tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

All information provided in this document is correct as of the time it was prepared. All information is subject to change.

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Reservations@thalassajourneys.com

Important Checklist

- Valid passport with enough blank pages ([see page 3](#)).
- Entry requirements ([see page 4](#)).
- Check in for flight 24 hours prior and make sure your flight is not delayed before leaving home on departure day.
- Save the important numbers you will receive with your Final Documents (3-4 weeks before travel) to your phone.
- Check Japanese drug restrictions before packing your medication. ([see page 7](#)).
- Travel Insurance Policy Information, if you have one.
- Download WhatsApp for your journey group chat.

[Google PlayStore](#) or [App Store](#)