

Retiring Ron

Growing old disgracefully

July 26

Never a dull moment. Uche and Hannah combined their African and Scottish cultures for another fabulous wedding, this time in Portugal. Another month of mixed emotions for me because cousin Atlee recently passed. He was only 59. Tomorrow is never promised, so live for today. Nobody knows what's around the corner.



Congrats nephew Uche who made an honest woman of Scottish lass Hannah in Braga, Portugal. They met in Edinburgh in 2019 and kept the love alive despite his many football transfers around Europe.



It was a magnificent wedding, beautifully put together over a whole day



Hannah's family and friends had a great day too



Gorgeous cousins Maya and Alicia



Anne and Henry rocked the night away



Mrs Shill looked amazing, of course, with newly married J-squared



Fally wore an eye-catching outfit





Celebrations lasted into the wee hours



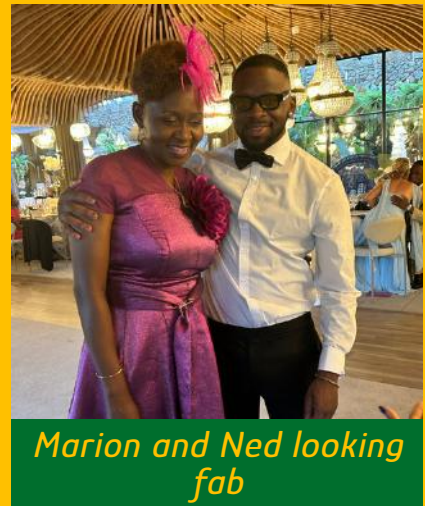
Glamorous mums Phionah and Jacqueline



Jollof rice, haggis, curry goat



Uche is now officially in the Tartan army



Marion and Ned looking fab



Amaka made many new Scottish friends



Braga town centre is so pretty



Before reaching Braga, Mrs Shill and I chilled in Porto



It's scenic and tranquil



Cool place to hang out



Setting the Porto boxing record



The Portuguese love their festivals



Mrs Shill was treated like the queen she is and no fishy business



It would have been rude not to visit Porto FC stadium



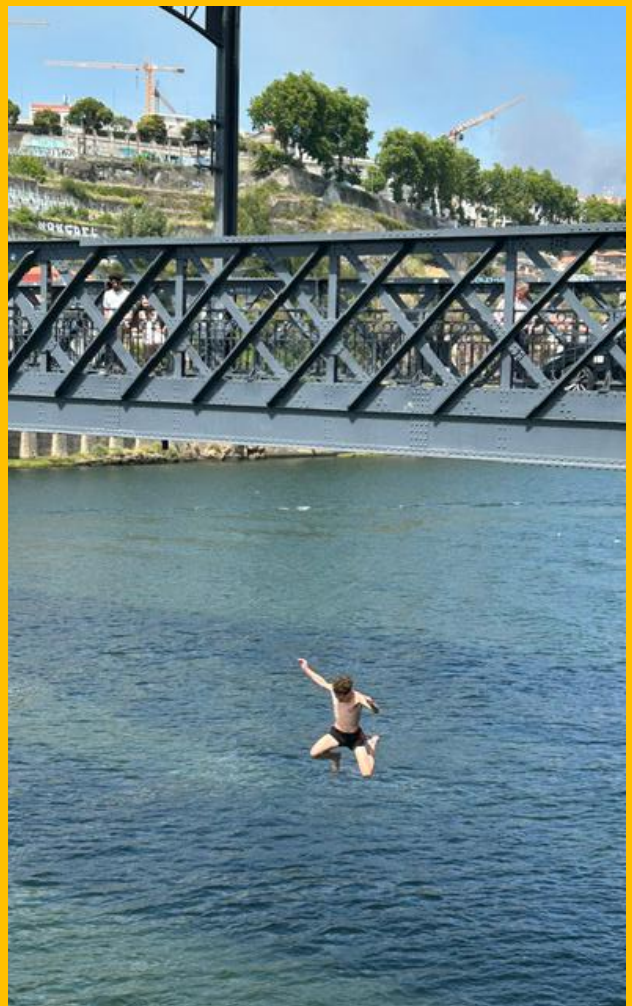
Jose Mourinho was keeping shtum about taking over at Real Madrid



This contraption made a funny musical sound. He squeezed the chicken at appropriate places to make it squark which enhanced the weirdness



These daredevil kids were jumping 30ft off the bridge for tourist coins



I got my five euros worth



We're itching to visit Portugal again



June started with nuff love on Mrs Shill's birthday



Marcia's Diversity Hire's stand up routine is unique



At his wedding in May, Jacob enticed his Nan Jan onto the dancefloor with Aretha Franklin's 'Respect'. She loved it. Massive respect Scouser.



Sadly, cancer took our beloved cousin Atlee on March 31, three months short of his 60th



Athletic and talented, Atlee was adored by many



His sister Donna organised a fantastic 60th birthday celebration



Donna's talent lies in photography



Atlee was a big West Ham United fan. Well, nobody's perfect



Maurice's book signing at a Luton Urban Radio Father's Day event



Maurice was busy all afternoon



DJ Costa set us up for the signing. Great exposure. Thanks bro



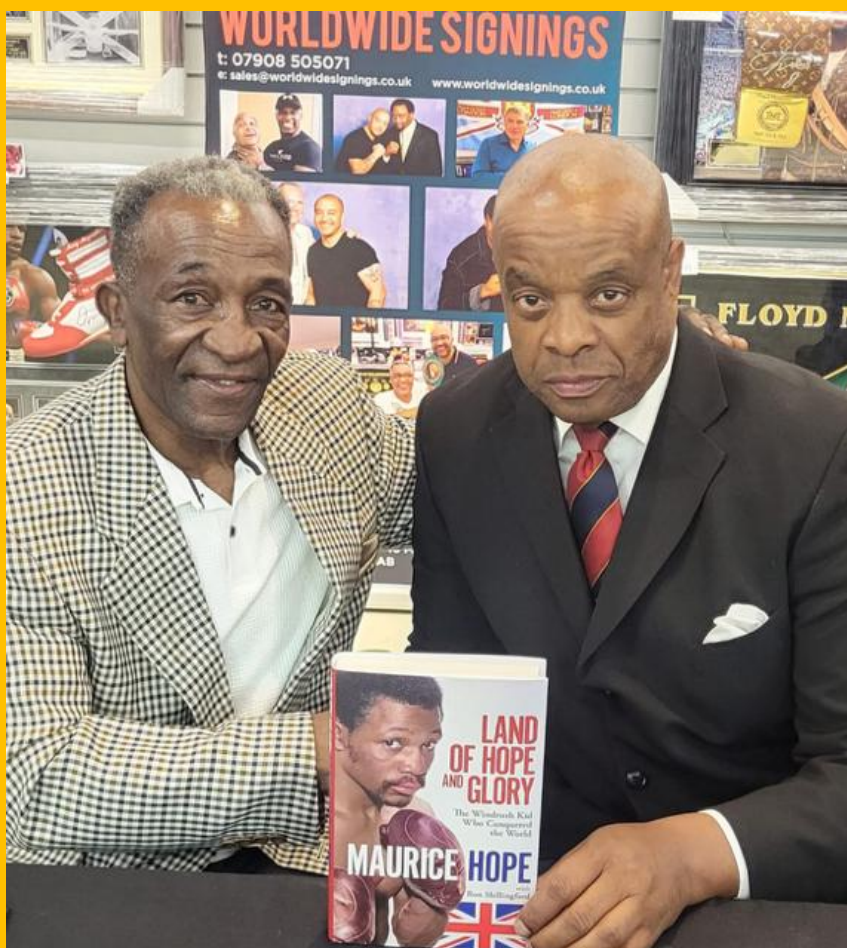
Costas helped promote the event



When the band saw his jersey they scrambled off stage



Thanks Queen Elizabeth and my princesses for your love



Two years ago we launched Maurice's book. Marcus has been supportive. His own book is out now - Buzzing with the Bees from Brentford to Hollywood. Cracking read

amazon

<https://www.amazon.co.uk/Land-Hope-Glory-Windrush-Conquered/dp/1801507112>

amazon

<https://www.amazon.co.uk/Brentford-Hollywood-Buzzing-Bees/dp/B0GY4D78BL>



At the London Ex-Boxers Association meet Bernie Paul and John Conteh were in fine form



Betsy and Ryan are pals from our time living in the Cayman Islands. Sports nuts, they excelled at everything. They now live in Florida and spend time in London



Hardcore Gooners, they still enjoyed a tour and for some reason took numerous photos of Champions League and all our other trophies, which are missing at the Emirates



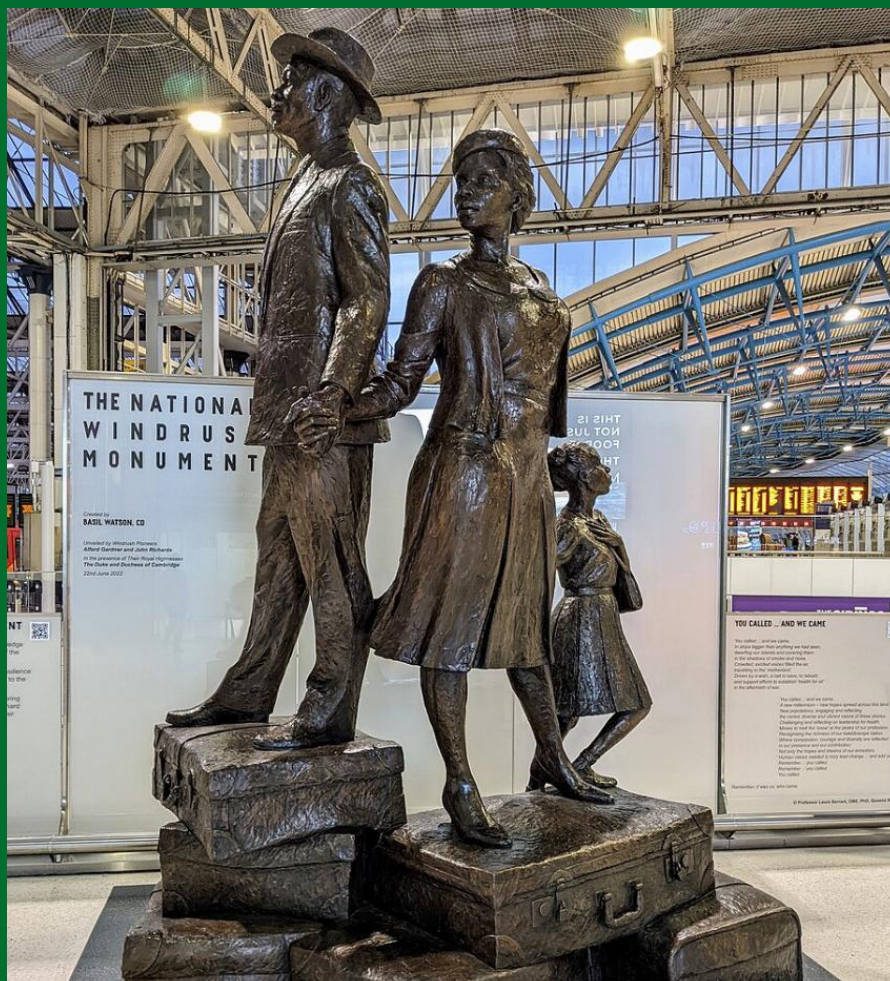
Chike (left) had a birthday so the Chelsea crew descended on Tooting for his knees up



Gripped by World Cup fever, Ghana is one fave. Nine of the 10 Africans got to the knockout 32. It's only a matter of time before one wins it, although France would be mediocre without their Africans.



Cape Verde, population only half a mill, reached the knockouts. Largely thanks to brilliant keeper Vozinha whose mum arrived only after a crowdfunding appeal. Shame on you FIFA



June 22 was Windrush Day, the date in 1948 when the first wave of Caribbean settlers came over on the Empress Windrush. This statue is in Waterloo Station



How did my little girl get to 26 in the blink of an eye! Blessings Zinzin



She went to Greece with cousin Nicole



All hail Patricia who had another successful Birth and Beyond event in Nairobi, Kenya



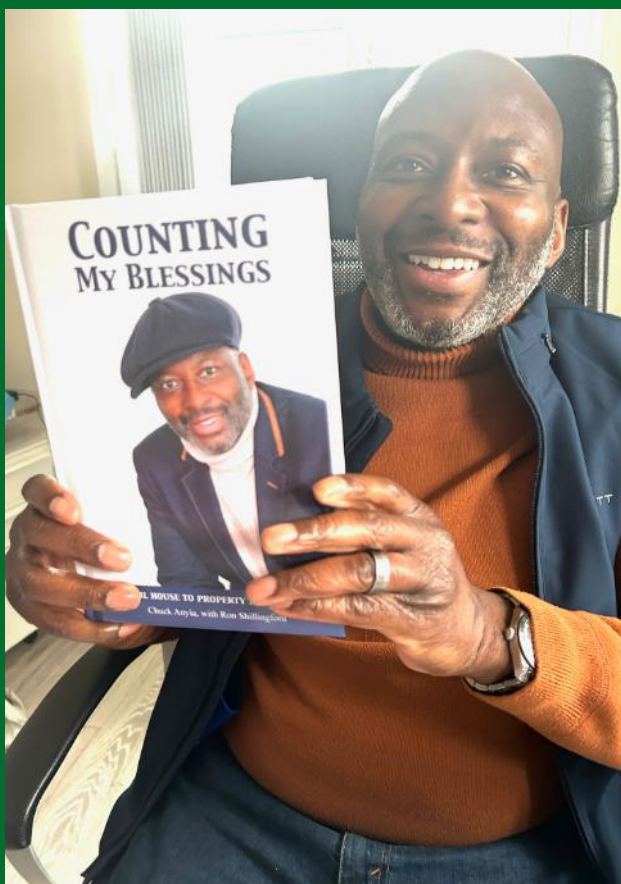
That 12ft board was no match for the Ronaldo skillset



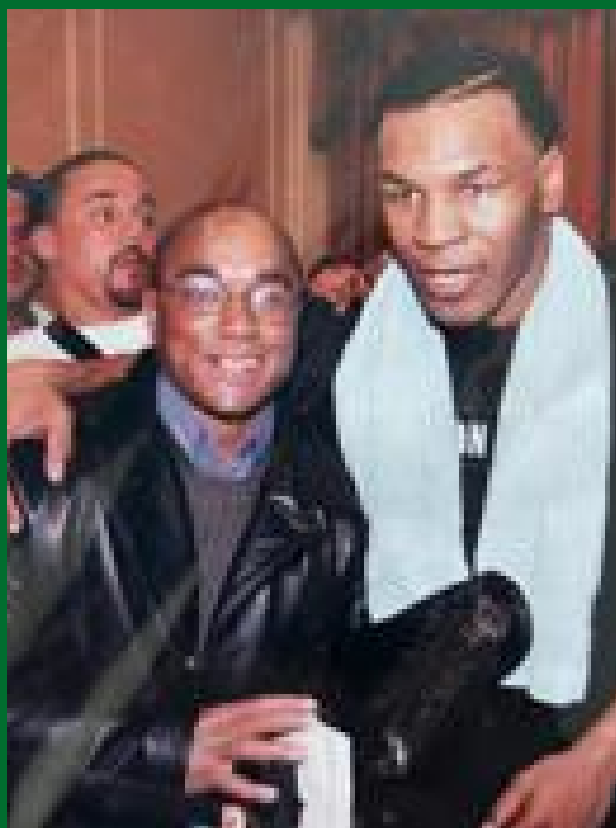
Watching England in my local boozier with Funny Phil is an experience I wouldn't wish on my worse enemy



Phil always puts the world to rights after a few pints



Chuck's book is still selling well



When Iron Mike met his match. The nervousness is evident. That hand on my shoulder was trembling. Honest.



<https://www.amazon.co.uk/Counting-My-Blessings-property-entrepreneur/dp/1836150822>

Enjoy the rest of the summer, World Cup and stay safe peeps. God bless.

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