

# SPA

AT SEAFIRE



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## TREATMENT MENU

Welcome to SPA at Seafire, the pre-eminent destination for natural beauty and holistic wellness on the most beautiful and alluring island of the Caribbean. The tranquil, pristine healing waters and idyllic setting of the Cayman Islands are the inspiration behind SPA at Seafire, a refuge for serenity and earthly balance. We invite you to explore a wide variety of unique spa treatments in an ultra-relaxing island oasis setting. Specially curated holistic wellness experiences performed by spa professionals from around the world will combine a knowing touch with organic products to harmonize your mind, body, and spirit.

## SPA AT SEAFIRE EXPERIENCE



Welcome to the SPA at Seafire! To achieve optimal results and to maximize therapeutic benefits from your spa treatments, we recommend that you arrive at least 60 minutes early to enjoy the spa amenities. In consideration of all guests, all spa appointments will begin and end at the scheduled time.

### **What to Wear**

All spa guests receiving a spa service will be provided with a locker for their personal belongings and provided with a robe and slippers to wear in the Spa. A swimsuit is required for use of the vitality pool and cold plunge. The SPA at Seafire assumes no liability for any lost, stolen or misplaced personal items.

### **Digital Detoxing and Courtesy**

To enhance your experience, we recommend you leave your electronic devices in your room or stored away safely in your locker. Not only will this enhance your moment of relaxation but will also create a more mindful and meaningful spa experience and a sense of privacy for other guests. Phone conversations in our public spaces are discouraged and photography is prohibited.



SPA WELLNESS SERIES

## SPA WELLNESS SERIES

**Tropical Bliss Retreat | 1 hour 45 minutes** A personalized island ritual, from creation to indulgence. Your journey begins by blending your own custom body scrub using natural Caribbean ingredients like coconut, sugar, and sea salt. After enjoying our spa's luxurious amenities, your experience continues with a calming foot cleansing ritual to ground and soothe. Then, retreat to our indulgent heated Hammam room for a full-body exfoliation using your custom-blended scrub, awakening the skin and senses. A 60-minute Salt Stone massage follows, the soothing warmth of the stones is tailored to relax, restore, and rejuvenate. Complete your journey with a chilled glass of champagne and a fresh tropical fruit platter, served in our serene relaxation lounge.

**Spa Trilogy | 3 hours** A curated collection of our most-loved spa experiences. Unwind in our serene spa facilities before indulging in three signature treatments — a tension-relieving full-body massage, a high-performance facial, and your choice of a classic manicure or pedicure. Between treatments, enjoy a two course light, nourishing lunch from our "Savor at The Spa" food menu for a perfectly balanced day of relaxation and renewal.

**Seafire Revival | 2 hours 15 minutes** Realign body and mind — and ease you gently into island time. Soothe body and mind after long-haul travel or everyday stress with this restorative experience. Begin with time to unwind in our luxurious spa facilities, then indulge in a grounding foot soak and a customized Artisans Touch Massage to ease fatigue, boost circulation, and restore inner balance. A revitalizing pedicure follows to refresh tired legs and feet. Complete your journey with a take-home Spa Ritual Kit, allowing you to extend the results and serenity of your treatment well beyond the spa.

For a total body reset – add on a Ultraviv Recovery IV – a vitamin infusion to help support your recovery from fatigue and poor concentration caused by sleep deprivation, jet lag, colds and dehydration + \$292



LOCALLY INSPIRED JOURNEYS

**LOCALLY INSPIRED JOURNEYS** Indulge in a luxurious escape with our locally inspired spa journeys, where the essence of the Cayman Islands meets world-class wellness. Each journey is crafted to celebrate the island's rich natural beauty, using ingredients such as coconut, mango, seaweed and sea salt. Whether you're seeking deep relaxation or a revitalizing experience, our bespoke spa journeys offer the perfect blend of luxury and local heritage.

**Seven Mile Treasures | 2 hours** Breathe in, breathe out, imagine you are floating in the beautiful blues of Seven Mile Beach. Listening to the calming sounds of the ocean waves, your therapist will begin your journey with a stimulating exfoliation with mineral rich salts and wild seaweed, this flowing application feels like waves of sand sweeping across your body. A layer of potent seaweed gel is then applied to deeply hydrate, detoxify, firm and tone the skin. Whilst wrapped up in your cocoon, drift away with a soothing scalp and face massage. Once you have cleansed your skin of the remaining product, the final step of your journey is a deeply relaxing full-body massage with our warm Undaria Algae Oil, leaving your skin soft and replenished. Your treatment is concluded with a revitalizing sea moss, ginger, lemon, and agave tonic.

**Caymanian Dream | 1 hour 30 minutes** A luxurious and rejuvenating experience that transports you to a tropical paradise. Your journey begins with a complete full-body exfoliation with our delicious, locally made mango body polish, leaving your skin perfectly smooth. After a refreshing shower, your body will be enveloped in our ultra-nourishing coconut body butter. Whilst wrapped up, enjoy a 20 minute tropical hydrating facial to revitalize and hydrate your skin, followed by a soothing warm salt stone foot massage. Your journey is complete with a refreshing pineapple, mango, orange, and passion fruit tonic.



SEAFIRE SIGNATURE TREATMENTS

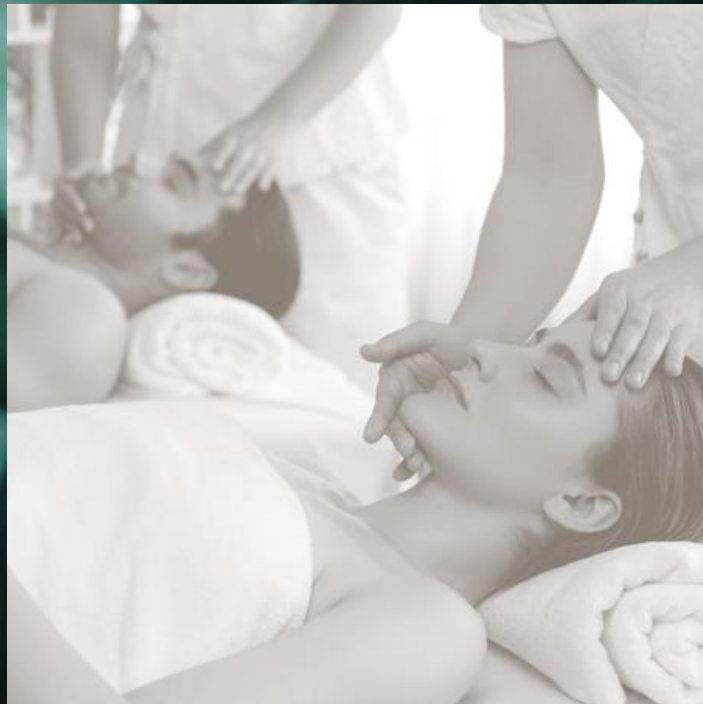
**SEAFIRE SIGNATURE TREATMENTS** Our Signature Spa Treatments offer a luxurious experience, blending premium ingredients and expert techniques to nourish the body and mind. Each treatment is tailored to your needs, promoting relaxation, rejuvenating the skin, and enhancing well-being. Indulge in these exclusive therapies for a truly revitalizing spa journey.

**Warming Herbal Poultice Massage | 1 hour 30 minutes** Warmed steamed poultices of orange, clove, ginger and seaweed oils are massaged into the body releasing precious seaweed oils that gently exfoliate and nourish your skin. The deep heat of the poultice penetrates muscle tissue, offering deep relaxation and leaving you pain-free and balanced.

**Caribbean Coffee Scrub + Massage | 1 hour 30 minutes** Begin with an enlivening full-body exfoliation with our hand-blended concoction of roasted coffee beans, Himalayan salt, peppermint and coconut oil. Complete this treatment with a vitalizing personalized massage using unrefined organic coconut oils that will leave you feeling fresh and hydrated.

**Ocean Serenity Ritual | 1 hour 30 minutes** A complete top-to-toe relaxation journey, incorporating dry body brushing scalp, face and body massages, as well as stretches that replicate the movement of the sea. Combining both gentle and stimulating movements, this is an ultimate luxury treatment to relieve aches and pains tailored to individual needs.

**Seafire Ultimate Skin Renewal | 1 hour 30 minutes** This bespoke hybrid treatment combines the powerhouse combination of HydraFacial® technology and Doctor Babor skincare. The Ultimate Skin Renewal is a blend of the HydraFacial® Classic and CRYO Sculpt Anti-Aging Facial. Treatment includes: lymphatic drainage, deep pore cleansing, Doctor Babor Collagen Booster, and a revitalizing CRYO Gua Sha massage. To finish, a CRYO sheet face mask is applied for the ultimate rejuvenation. Ideal for those seeking an instant glow, firmer, plumper, and more youthful-looking skin.



PAIRED EXPERIENCES

**PAIRED EXPERIENCES** Share a serene, intimate environment where you can unwind, reconnect, and enjoy each other's company in total tranquility.

**Cayman Couple's Retreat | 1 hour or 1 hour 30 minutes** A unifying experience for two will bring you together with side-by-side massages in our couples massage room. Relax together and enjoy individual Artisan's Touch massages performed simultaneously, the added luxury of warm pink salt stones brings instant relaxation and muscular relief to tension areas. A signature harmonizing ritual concludes the treatment to align your energies and strengthen your bond.

**Dreamy Duo | 1 hour 15 minutes** Join together in our couples treatment room and indulge in our luxurious seaweed-based sugar scrub sleep cocoon. Begin your experience with a full-body exfoliation to soften your skin and evoke a sense of deep relaxation through the soothing aromas of lavender and rosemary. After rinsing off the scrub in our grand couples shower, we envelop your body in a nourishing lavender butter, cocooning you with our signature weighted blanket allowing the product to deeply penetrate into the skin. Whilst cocooned, drift away with a calming scalp and foot massage. This is the ultimate relaxation experience.

**Side-by-Side Pedicures | 1 hour 15 minutes** The ultimate way to relax and connect with a loved one is through a luxurious side-by-side pedicure. Indulge in a soothing salt stone pedicure for two while sipping a complimentary glass of champagne for the perfect spa experience.



BODY MESSAGES

**BODY MESSAGES** Efficient yet fulfilling massages that ensure you feel completely nurtured from head to toe.

**The Artisans Touch | 1 hour or 1 hour 30 minutes** Our experienced therapists specialize in a wide range of massage techniques, allowing them to expertly blend various modalities to suit your needs; providing you instant relief from built up stress and unwanted tension. This bespoke, light-to-moderate massage features our premium coconut oil, which is uniquely infused with powerful antioxidants and vitamins to provide you with either a detoxing, calming or immune boosting effect. This is a unique massage experience consciously curated for you.

**Massages of the World | 1 hour or 1 hour 30 minutes** Experience authentic massage therapies from around the world. Select from firm, long-lasting pressure of a traditional Balinese massage, hypnotic strokes of Hawaiian Lomi Lomi massage, or the deeply therapeutic benefits of a Thai oil massage that incorporates stretching and flexibility. Each modality is subject to availability, be sure to ask for the specialist of the day.

**Mindful Dreams Ritual | 1 hour or 1 hour 30 minutes** This powerful, sleep-encouraging experience includes a full-body massage that incorporates Hawaiian Lomi Lomi and Balinese techniques, and the use of lavender and rosemary essences. Our 90-minute experience includes a soothing foot soak ritual that incorporates a lavender foot scrub to soften and refresh your feet; as well as a meditative sound bowl sequence and relaxing face and scalp massage to calm, protect, and open your senses.

**Salt Stone Massage | 1 hour or 1 hour 30 minutes** Unwind with this incredibly relaxing massage, elevated by the therapeutic warmth of Himalayan salt stones. These stones help replenish essential minerals, relieve physical tension, and restore harmony to your nervous system. At the same time, a luxurious seaweed-infused body oil delivers intense hydration, leaving your skin feeling soft, refreshed and rejuvenated.

**BODY MESSAGES** Efficient yet fulfilling massages that ensure you feel completely nurtured from head to toe.

**Mama to Be Massage | 1 hour** Nurture your body and uplift your spirit during this momentous time with a relaxing massage using pure, vegan and cruelty-free body care and advanced body positioning system designed to provide a comfortable prenatal massage experience.

**Gentleman's Wellbeing Massage | 1 hour or 1 hour 30 minutes**

Designed to unwind both body and mind. This Gentleman's massage blends expert techniques and customized pressure to relieve tension, soothe muscles, and enhance your overall sense of wellbeing.

**Deep Muscle Melter with Theragun | 1 hour or 1 hour 30 minutes** Designed to target deep tension. Your massage begins with a warming session using our pro Theragun, a state-of-the-art percussion therapy device that softens fascia, releases adhesions, and rapidly boosts circulation. Blending the power of advanced massage tools with expert hands-on techniques, this treatment delivers optimal recovery, deep relief, and renewed vitality from head to toe.

**Deep Muscle Melter | 1 hour or 1 hour 30 minutes**

Release muscle tension and stress with this firm, therapeutic massage. This treatment targets key muscle groups with deep, focused techniques to revitalize your body and restore your energy.

**BODY MASSAGE ENHANCEMENTS** Elevate your experience with a variety of treatment enhancements. Enhancements are available as incorporated additions without adding additional time to the treatment.

**Muscle Ease Body Balm** The must-have enhancement for any massage. Upon first application, frankincense and Yakima peppermint essential oils offer an instant sensation of relief. When massaged into the skin, the detoxifying process begins, promoting new cell growth, reduced joint inflammation, improving blood flow and elevating your mood.

**Himalayan Salt-Stone Therapy** The addition of warm salt stones to your massage on targeted areas of the body can work up to ten times deeper than just massage alone. For added heat therapy and tension relief, this is the enhancement for you.

### **Hydrating Hair + Scalp Treatment**

This ultra-hydrating warm coconut oil treatment will deeply moisturize your locks from scalp to ends while a pressure-point scalp massage eases cranial tension.

### **Energizing Salt Stone Body Brushing**

Stimulate circulation and begin the detoxifying process with a full-body dry brushing with our Himalayan salt body scrubber. Take the body scrubber home with you, our gift to you.

### **Acupressure Face Massage**

Specific pressure on Marma points will tone facial muscles, balance energy and improve general wellness; all the while enhancing skin tone and circulation.

### **Illuminating Eye Masks**

Nutrient-packed gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

### **Rejuvenating Face Mask**

A nutrient-packed gel face mask infused with hyaluronic acid to diminish smooth, hydrate and brighten dull skin.



BODY TREATMENTS  
AND AFTER SUN SOOTHERS

**BODY TREATMENTS AND AFTER SUN SOOTHERS** Replenish your skin and reap the benefits from our selection of body treatments and after sun soothers.

**Detoxifying Seaweed Leaf Wrap | 1 hour 30 minutes** Experience a seaweed treatment like no other with this extraordinary detoxifying therapy. Begin with an invigorating full-body exfoliation using bladderwrack seaweed to boost metabolism, kickstarting the purification process while instantly softening the skin. After rinsing off the scrub, your body will be cocooned in laminaria seaweed leaves, renowned for their potent detoxifying and anti-inflammatory properties. Whilst enveloped, enjoy a rejuvenating eye treatment, and soothing face and scalp massage. Finish with an application of our ultra-nourishing body lotion to complete your experience.

**Sun Salutation | 1 hour and 30 minutes** Give sun-kissed skin a full body refresh from head to toe with a hydrating scalp, face and body mask. A cooling mineral-rich gel infused with algae, aloe vera and antioxidant-rich green tea refreshes every inch of your body. The face is revived with cooling compresses soaked in sea minerals and fresh Gigartina seaweed gel, while a deep-conditioning hair and scalp massage invigorates, restores, and leaves skin and hair feeling renewed.

**Warm Spiced Mud Wrap | 1 hour** This luxurious mud wrap is crafted from fresh ocean seaweed, packed with powerful antioxidants and minerals. Ideal for results-driven clients, it delivers immediate and noticeable skin benefits, including firming and toning the body. A potent detoxifier and metabolism booster, this treatment also includes a relaxing scalp massage to relieve tension while the wrap works its magic. Your experience concludes with the application of a deeply nourishing moisturizer to lock in hydration and leave your skin feeling revitalized.

**Biodynamic® Body Exfoliation | 1 hour** A gentle exfoliating treatment of sugar, salt and rich shea butter to buff your skin to perfection. Drift away in the warmth of herbal compresses and a soothing application of cashmere oil uniquely infused with Biodynamic® organic flower essences to evoke a feeling of harmony and happiness to the body and mind. Leave with your skin feeling incredibly nourished, supple and anew.



SLEEP AND  
DEEP RELAXATION

**SLEEP AND DEEP RELAXATION** Offering you multiple ways to unwind your mind and muscles.

**Mindful Dreams Ritual | 1 hour or 1 hour 30 minutes** This powerful, sleep-encouraging experience includes a full-body massage that incorporates Hawaiian Lomi Lomi and Balinese techniques, and the use of lavender and rosemary essences. Our 90-minute experience includes a soothing foot soak ritual that incorporates a lavender foot scrub to soften and refresh your feet; as well as a meditative sound bowl sequence and relaxing face and scalp massage to calm, protect, and open your senses.

**Biodynamic® Warm Oil Wrap + Massage | 1 hour 30 minutes** A sumptuous relaxation massage with heated salt stones followed by a warming application of lustrous body oil infused with deeply sedative Biodynamic® passionflower essences that penetrate deep into the skin with help of a secure and comforting cocoon with a weighted blanket to induce deep relaxation. Complimented by a tension-relieving neck and scalp massage.

**Lavender Sleep Cocoon | 1 hour 15 minutes** Indulge in our luxurious seaweed-based sugar scrub sleep cocoon. Begin your experience with a full-body exfoliation to soften your skin and evoke a sense of deep relaxation through the soothing aromas of lavender and rosemary. After rinsing off the scrub, your body is enveloped in a nourishing lavender butter, cocooning you with our signature weighted blanket to allow the product to deeply penetrate into the skin. Whilst cocooned, drift away with a calming scalp and foot massage.

**Therapeutic Sound Healing | 45 minutes** In this sound healing session, you will start by setting a personal intention, creating a mindful focus for your experience. As you settle in, the soothing sounds of crystal sound bowls and other healing tools will begin to work their magic. The vibrations from the bowls resonate deeply, helping to calm and align your central nervous system, which can often be overwhelmed by stress or illness. This gentle yet powerful sound therapy promotes relaxation, releases tension, and restores balance, leaving you with a profound sense of inner peace and rejuvenation.



HAMMAM JOURNEYS

**HAMMAM JOURNEYS** Our private Hammam Suite offers you the luxury of experiencing the ultimate mind body experience on the warm stone.

**Bespoke Hammam Ritual | 2 hours** Our Purification Hammam Journey begins with a deep cleansing ritual. A luxurious black soap application to deeply cleanse, purify and prepare your skin. A personalized full-body exfoliation will take you on an aromatic journey revealing a radiant glow. Complete your full-body cleanse with a luxurious hair wash, body and face mask application. After the cleansing ritual, surrender with a full-body massage. Let the skilled hands of our therapists work their magic, combining traditional Moroccan stretching techniques and their own personalized massages, easing away tension and stress and guiding you into a state of deep relaxation.

**Choose from:**

**Awakening Journey** - Uplifting and awakening to energize the body and mind  
Lime - Clove - Mandarin - Peppermint

**Warming Cocoon** - Soothing oils to relax muscles and reduce aches  
Ginger - Peppermint - Sweet Orange

**Indulgent Hammam Experience | 1 hour 30 minutes** This experience starts with a refreshing full-body cleanse, as part of the purification journey, followed by a lavish botanical rose cocoon that deeply nourishes your skin. As the enriching wild rose, pale rose, and sesame oils are absorbed, feel the tension and stress melt away. Inhale the captivating scent of wild rose as your mind drifts into peaceful relaxation, enhanced by a soothing face, neck, and scalp massage. When the experience concludes, you will emerge feeling completely rejuvenated, with radiant, nourished skin and a lasting sense of tranquility.



ISLAND INSPIRED AND  
HIGH PERFORMANCE FACIALS

## ISLAND INSPIRED AND ORGANIC FACIAL TREATMENTS

### **Sea of Life Personalized Facial | 1 hour**

A personalized treatment that combines potent seaweed extracts with active botanicals to hydrate, smooth and transform skin. The journey begins with our signature calming craniofacial touch and custom cleanse, followed by an infusion of sea minerals and hyaluronic acid for rejuvenated, healthy-looking skin. A therapeutic neck, shoulder and hand massage leave you glowing from the inside out. Tension slips away and a feeling of peace and well-being flows in like the soothing tide.

**Deep Sea Age Defying Facial | 1 hour 30 minutes** An intensely revitalizing facial designed to visibly lift, firm, brighten and plump skin. Our signature seaweed extracts combine with an anti-aging cocktail of bio retinol, peptides, vitamin C, hyaluronic acid and niacinamide for a more youthful, visibly firmer appearance. A dual-layer mask featuring our professional-grade marine-based oxygen serum drenches skin in plumping hydration and nutrients, while a deeply relaxing vagus nerve neck and shoulder massage follows. This unique facial includes a smoothing undereye treatment to brighten, depuff and reduce the look of wrinkles, along with a brightening hand and arm massage to leave skin soft and radiant.

**Beyond Organic Biodynamic® Facial | 1 hour** Go a step beyond organic with a facial using Eminence's Biodynamic® skin care products featuring ingredients harvested at peak potency for the most effective natural results. Hypoallergenic and suitable for even the most sensitive of skin types, these superior ingredients promote cellular repair whilst Hungarian facial techniques relieve facial tension, increase tonality and dramatically improve the health of your skin (and the planet).

## HIGH-PERFORMANCE FACIALS

**Vitamin "Sea" Facial | 1 hour or 1 hour 30 minutes** Say goodbye to signs of premature aging caused by dehydration, sun exposure, and environmental pollutants with this super-charged antioxidant facial and triple exfoliation. A 20% stable vitamin C concentrate serum and cell-plumping soybean mask, create an extraordinary brightening effect to help combat hyperpigmentation and age spots. This hyper-corrective combination helps reveal noticeably smoother skin texture and a balanced tone.

**CRYO Sculpt Anti-Aging Facial | 1 hour 15 minutes** Experience the fusion of cold therapy and sculpting Gua Sha to alleviate puffiness, diminish fatigue, and firm and tighten skin's appearance. Beginning with our exclusive skin activator to invigorate your skin, a gentle yet powerful triple exfoliation primes the skin to fully absorb the potent collagen boosting formulas from Doctor Babor. The CRYO Gua Sha massage is complemented by a firming peel-off mask and sculpting massage, unveiling an instantly radiant, refreshed, plumped and visibly even complexion.

**Personalized High-Performance Facial | 1 hour or 1 hour 30 minutes** This advanced treatment is completely customized for your specific needs. Your beauty therapist will select from ultra-potent formulations and targeted active ingredients of hyaluronic acid, marine collagen and powerful peptides that will hydrate, lift, detoxify, and soothe your skin improving elasticity and providing a face-lifting effect. Complete your service with a delicious collagen infusion elixir to nourish your skin from the inside out.

**SeaCreation Facial | 1 hour 30 minutes** SeaCreation is the ultimate all-encompassing anti-aging experience, targeting wrinkles, firmness, and visible rejuvenation. Rare, luxurious active ingredients sourced from 4,000 meters below sea level are masterfully combined using advanced marine biotechnology to restore youthful vitality. This age-defying treatment features refined cleansing, targeted exfoliation, a sculpting massage; the use of cool and warm sensations elevates the treatment and echo the natural currents of the ocean, creating a captivating, sensory experience on the skin. The ritual is completed with the indulgent serums and creams, leaving the complexion visibly lifted, radiant and renewed.

**FACIAL ENHANCEMENTS** Elevate your experience with a variety of treatment enhancements. Enhancements are available as incorporated additions without adding additional time to the treatment. All enhancements are an additional cost.

### **Hydrating Hair + Scalp Treatment**

This ultra-hydrating, warm coconut oil treatment will deeply moisturize your locks from scalp to ends while a pressure point scalp massage eases cranial tension.

### **Invigorating CRYO Massage | Additional 15 minutes**

Experience the benefits of cold therapy with our CRYO massage globes that alleviate puffiness, diminish fatigue, and firm and tighten skin's appearance.

### **Hydrating Hand Treatment**

While you enjoy your facial, we apply our rejuvenating hand treatment to stimulate cell renewal and leave delicate skin plump and renewed.

**LED Facial Light Therapy** Revitalize your skin with advanced LED light therapy. Red, Blue and infrared wavelengths stimulate collagen, reduce inflammation, and promote healing - leaving your complexion smoother, firmer, and radiant.

**HYDRAFACIAL® TECHNOLOGY** A non-invasive, transformative skin health treatment for the best skin of your life. Every HydraFacial® treatment uses patented vortex technology to deeply cleanse, extract and hydrate the skin. This experience can be customized further with personalized boosters, LED light therapy, and lymphatic drainage to address specific skin concerns. The results are immediate, pain-free and glowing, boosting confidence with no downtime.

**HydraFacial® Classic | 1 hour**

Includes: cleanse, peel, extraction and hydration.

**HydraFacial® Deluxe | 1 hour 15 minutes**

Includes: lymphatic drainage, cleanse, peel, extraction, hydration and LED light therapy.

**ENHANCEMENTS** Upgrade your HydraFacial® with a special enhancements

**Professional Boosters** Take your treatment results to the next level with potent formulas packed with active ingredients. Ask your Beauty Therapist for your personal recommendation.

**Neck and Décolleté Treatment | 15 minutes** Turn back time with this hydrating, sculpting and rejuvenating treatment.

**Rejuvenating Hand Treatment | 15 minutes** Often an area to show the first signs of aging, treat your hands to a revitalizing treatment followed by an ultra-nourishing hand mask.

**Perk® Eye Treatment | 10 minutes** An innovative way of maintaining skin health around the delicate eye area by gradually reducing puffy eyelids and under eye circles.

**Perk® Lip Treatment | 5 minutes** Gently exfoliates, deeply nourishes, and plumps the lips.



GENTLEMAN'S WELLBEING

**GENTLEMAN'S WELLBEING** Indulge in our tailored gentleman's spa treatments. Designed for the modern man, these treatments provide the perfect balance of relaxation and grooming.

**Gentleman's Wellbeing Massage | 1 hour or 1 hour 30 minutes**

Designed to unwind both body and mind. This Gentleman's massage blends expert techniques and customized pressure to relieve tension, soothe muscles, and enhance your overall sense of wellbeing.

**Gentleman's High-Performance Facial | 1 hour** Tailored for men's specific anti-aging skin care needs, this treatment includes deep cleansing and exfoliation to remove impurities from the skin, which cause a dull and aged appearance over time. A series of hot + cold towels and detoxifying clay and algae mask will reduce the appearance of fatigue, lines and wrinkles leaving your skin rebalanced, smooth and energized.

**Gentleman's Wellbeing Pedicure | 1 hour** Not just a traditional pedicure. In addition to general maintenance of the skin and nails, this pedicure includes an invigorating exfoliation, nourishing foot mask enveloped in a warm steamed towel cocoon and is finished with a deeply relaxing foot and hand pressure point massage.



PRENATAL BODY  
AND FACIAL EXPERIENCES

**PRENATAL BODY AND FACIAL EXPERIENCES** With gentle techniques and pregnancy-safe products, these treatments relieve discomfort, reduce stress, and promote relaxation. Whether you're looking for a calming massage or a hydrating facial, our expert therapists will ensure a safe, revitalizing experience, leaving you feeling relaxed and glowing. Treat yourself to the care you deserve during this special time. All our prenatal services are available from 13 weeks.

**Mother's Embrace Ritual | 1 hour 30 minutes** Designed with the utmost care for expecting mothers, this luxurious prenatal experience nurtures both body and spirit. The ritual begins with a soothing foot polish to ease tension and revive tired legs, followed by a deeply relaxing full-body massage tailored for pregnancy comfort and support. A final touch of indulgence includes the ultra-gentle application of rich, nourishing shea butter to the stomach and hips—helping to hydrate the skin and reduce the appearance of stretch marks. Safe, serene, and deeply restorative, this is the perfect moment of calm for mothers-to-be.

**Mama to Be Massage | 1 hour** Nurture your body and uplift your spirit during this momentous time with a relaxing massage using pure, vegan and cruelty-free body care and advanced body positioning system designed to provide a comfortable prenatal massage experience.

**Natal Facial | 1 hour** Enhance your "pregnancy glow" with a relaxing facial utilizing Biodynamic® skin care products void of all synthetics and chemicals. This facial is especially beneficial during and after pregnancy when your skin can be the most sensitive. Look and feel your best after an ultra-nutritive skincare treatment that includes a chamomile facial steam to enhance a sweet clover mask and soothing calendula moisturizer.

**Biodynamic® Body Exfoliation | 1 hour** A gentle exfoliating treatment of sugar, salt and rich shea butter to buff your skin to perfection. Drift away in the warmth of herbal compresses and a soothing application of cashmere oil uniquely infused with Biodynamic® organic flower essences to evoke a feeling of harmony and happiness to the body and mind.



ABBREVIATED MOMENTS

**ABBREVIATED MOMENTS** In this fast-paced world, be sure to make time for yourself and enjoy a moment of calm with a 30 minute abbreviated moment.

**Marine Eye Treatment** Organic Laminaria seaweed eye patches are meticulously hand-harvested from the pristine Atlantic Ocean waters, providing an ideal solution to refresh and revitalize tired eyes. This treatment includes a facial cleanse, face and eye contour massage with lymphatic drainage techniques, and the use of specialized products targeting the unique signs of aging around the eyes. The experience is further enhanced with a soothing scalp massage and a rejuvenating eye mask.

**Island Glow Express Facial** A refreshing double cleanse, professional peel exfoliation, revitalizing herbal facial steam and specific ampules for your skin-type are perfect for those short on time or a transformative addition to any spa day. \*Does not include extractions.

#### **Tension Reliever**

A targeted area, customized massage with lasting muscular relief to improve your overall well-being.

#### **Beach Feet**

Let us tend to your tired and aching feet. A revitalizing foot scrub exfoliation and hot towel compress, followed by a soothing foot massage to increase circulation and harmonize all systems of the body.

**Seafire Head + Shoulder Massage** This therapeutic treatment targets key areas to relieve tension in the neck, shoulders, and scalp, helping to reduce stress, headaches, and neck pain. By improving circulation and easing muscle tightness, this massage promotes relaxation and a sense of well-being, leaving you feeling calm and rejuvenated.



HAND AND FOOT TREATMENTS

## HAND AND FOOT TREATMENTS

Indulge in one of our signature hand and foot rituals in the comfort of our luxury nail salon. Enjoy a cup of premium botanical tea, whilst listening to soothing music or guided meditation, and experience the relaxing benefits of our rejuvenating eye massagers.

## MANICURES AND PEDICURES

### Seafire Manicure and Pedicure

#### Manicure 45 minutes | Pedicure 1 hour

A luxurious nail experience that includes a soak, exfoliation, massage, cuticle care, nail shaping and application of vegan, hypoallergenic, non-toxic nail polish, free of formaldehyde, toxic preservatives and chemicals.

### Perfectly Zented Manicure and Pedicure

#### Manicure 1 hour | Pedicure 1 hour 15 minutes

Designed with sensitive skin in mind, this luxurious spa manicure and pedicure features clean, organic ingredients and gentle formulations for a truly mindful indulgence. Choose an unscented option or a custom aroma for a personalized experience. This ultra-hydrating, age-defying treatment includes a nourishing fruit enzyme and shea butter soak, a smoothing shea butter scrub, and a relaxing massage with organic shea butter and anti-aging probiotics. Finished with warm shea butter to seal moisture, leaving hands and feet soft, healthy and beautifully renewed.

### Deluxe Ocean Rituals: Seaweed Slippers and Seaweed Mittens

#### Manicure 1 hour | Pedicure 1 hour 15 minutes

Inspired by the healing power of the sea, these luxurious Ocean Rituals restore balance, softness, and vitality. A mineral-rich seaweed soak and marine salt exfoliation renew the skin, while nourishing algae-infused botanicals deeply hydrate and replenish. Heated stones, and restorative massage, melt away tension, leaving you feeling grounded, refreshed, and beautifully polished.

## EXPRESS SALON SERVICES | 30 minutes

**Callus Treatment** The ultimate treatment to remove hard, callused skin. This express salon service will leave your feet feeling silky soft and revitalized.

### Buff and Polish

Cut / Filing of the nails, buff and polish for hands or feet.

### Gel Polish/Shellac Removal:

Removal of gel polish or shellac and a gentle buff.

**NAIL SERVICE ENHANCEMENTS** Elevate your experience with a variety of treatment enhancements.

**Hydrating Hand Treatment | \$30 USD**

While you enjoy your pedicure, we apply our rejuvenating hand treatment to stimulate cell renewal and leave delicate skin plump and renewed.

**Gel Polish Application | \$25 USD | Additional 15 minutes**

Complete your nail service with an application of gel polish. Up to two weeks of long-lasting wear and superior shine.

**French Polish Application | \$15 USD | Additional 15 minutes**

A classic finishing touch of a french polish application.

**Salt-Stone Pressure Point Therapy | \$15 USD**

Warm Himalayan salt stones make a luxurious addition to your manicure or pedicure. The added heat therapy will provide instant relief to tired hands and aching feet.

**Illuminating Eye Masks | \$30 USD**

Nutrient-packed gel eye masks infused with hyaluronic acid to diminish dark circles and help to erase fine lines.

**Rejuvenating Face Mask | \$30 USD**

A nutrient-packed gel facemask infused with hyaluronic acid to diminish smooth, hydrate and brighten lack-lustered skin.

## **CANCELLATIONS**

Cancellations must be made in advance of 24 hours of the appointment time to avoid a fee equal to the full value of the service. Missed appointments will be charged in full. All prices are subject to change.

## **AGE REQUIREMENT**

SPA at Seafire is open for services to guests 16 years of age and older. All guests under age 18 must be accompanied by an adult and may only receive services if chaperoned by a parent. To use Spa facilities guests must be over the age of 18 years old.

## **GRATUITY**

For your convenience, a 20% service charge will be added to all Spa and Salon services

S P A

A T S E A F I R E