

ALABAMA COUNSELING ASSOCIATION

Virtual Conference



REJUVENATE

REIGNITING PURPOSE & PASSION

ALABAMA COUNSELING ASSOCIATION

2021 ANNUAL CONFERENCE | NOVEMBER 17-19, 2021

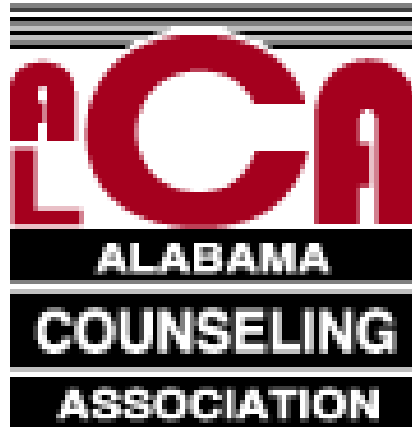


Table of Contents

ALABAMA COUNSELING ASSOCIATION	4
MESSAGE FROM THE ALCA PRESIDENT YULANDA TYRE	5
ALABAMA COUNSELING ASSOCIATION	6
HISTORY AND OVERVIEW	6
ALABAMA COUNSELING ASSOCIATION	7
ROSTER OF PRESIDENTS	7
ALABAMA COUNSELING ASSOCIATION UPCOMING CONFERENCE	7
ALCA COUNSELOR LOCATOR SERVICE.....	9
ALCA Endowment Fund	10
ALCA Activities Calendar	10
Program/Content Session Selection Procedures	10
ALCA Professional Liability Insurance	11
ALCA 2021 Virtual Conference Schedule	12
ALABAMA COUNSELING ASSOCIATION.....	16
Mission Statement	16
ALABAMA COUNSELING ASSOCIATION.....	16
Benefits of ALCA Membership	16
ALABAMA COUNSELING ASSOCIATION 2021-2022 Leadership	17
Officers	17
Chapter Presidents	17
Division/Affiliate Presidents	17
Standing Committee Chairs	18
Special Committee Chairs	18
ALABAMA COUNSELING ASSOCIATION.....	19
Chapters by County	19
Divisions and Affiliates	19
ALCA MEMBERSHIP TYPES	20
LISTSERV GUIDELINES.....	21
Special Thanks to Our Sponsors	23
2021 Exhibitors and Advertisers.....	24
Evaluation Forms.....	26

Alabama Counseling Association..... 27
VIRTUAL CONFERENCE SESSIONS REPORT 27
Conference Notes..... 28

ALABAMA COUNSELING ASSOCIATION



Founded in 1954

Became A Part of the American
Counseling Association in 1966

ALCA has enjoyed remarkable growth and success in its long history. Today it has a membership of approximately 2200 members comprised of nine Chapters and thirteen Divisions. Let's celebrate the dedication of our members statewide in our schools, colleges, agencies, institutions, and communities. Our members are among the finest counselors in Alabama.

They are:

School Counselors
College Counselors
Marriage and Family Counselors
Educators and Supervisors
Career Counselors
Mental Health Counselors
Groupwork Specialists
Rehabilitation Counselors
Addictions and Offenders Counselors
and Counselors in Private Practice.

They share one Vision of caregiving regardless of the specific nature of their work, location or specialty ~ they are all Counselors!

MESSAGE FROM THE ALCA PRESIDENT YULANDA TYRE



Welcome to the 2021 Alabama Counseling Association Annual Conference. This year's theme is **Rejuvenate: Reigniting Purpose and Passion**. Last year was filled with a great deal of unknowns because of the COVID-19 Pandemic. While many issues caused by the pandemic are not resolved, there are many things that we learned about ourselves and the profession that have encouraged and inspired us to continue to pursue our passion and purpose in service to others.

During the conference I would like to encourage engagement in some rejuvenating practices. Safely connect with colleagues, professional peers, mentors, and mentees. Face to face connection is something that I know many of us missed in the prior year. Also stop by and visit the conference vendors and sponsors! They each have worked hard to bring a variety of resources to support the needs of counselors and counselor educators. Engage intellectually with the conference presenters, in over 90 professional topics and be sure to connect w the amazing line up of keynote speakers.

The current ACA President, Dr. S. Kent Butler, Jr., is scheduled to kick off the conference, followed by two outstanding professionals in the field, Joyce Marter and Dr. Maranda Brown. They each will be speaking to various aspects of counselor wellness, passion, and purpose. This year the conference will again host the Graduate Student Poster Session, the New Member and First Time Attendee Reception, and the Chi Sigma Iota Recognition. You notice a few new things as well! Wexford, will sponsor, the popular Thursday morning Awards breakfast and ALMHCA will sponsor The LPC/ALC Roundup. New and seasoned professionals will not want to miss these opportunities to connect and support these events. I would like to personally invite you to stop by each of the photo booth stations set up around the conference. Capture your moments to save or share with others. Also mark your calendar to attend the Thursday night Re“Groove”-inate Dance! Come dressed in your best 70's attire and be prepared to “JAMM” out. What's a conference without music, connection, and laughter!!!

Thank YOU for choosing ALCA! I understand that you many make sacrifices to attend, some include leaving family, co-workers, students, and clients behind to attend. Your choices are not going unnoticed. I look forward to connecting with you here.

Dr. Yulanda Tyre

ALCA President

Dr. Yulanda Tyre has a PhD in Counselor Education and serves as Associate Professor at Liberty University in the Department of Counselor Education and Family Studies. She has 18 years' experience as a counselor, counselor educator, author, and higher-education leader. She is a licensed counselor, supervisor, and a Nationally Board-Certified Counselor. She also serves the profession in her community as board member for the Montgomery Area Mental Health Authority and is Junior League of Montgomery Sustainer. She is Past-President for the Alabama Association for Counselor Educators and Supervisors, the Alabama College Counseling Association, and prior Chair of Current Issues and Trends for the Alabama Counseling Association. Dr. Tyre recently served as Treasurer of the American College Counseling Association for 2019-2020. Dr. Tyre is owner of Reignite, Counselor, Coach and Consultation Service and author of Reignite, a 21 Day Devotional. She is committed to helping others realize, renew, and ignite their talents, dreams, and goals.

ALABAMA COUNSELING ASSOCIATION

HISTORY AND OVERVIEW

The Alabama Counseling Association had its inception in 1954 as the Alabama Guidance Association, a locally organized, autonomous group. For years this group held state conventions and generally promoted professional development for counselors.

In 1964, during the Guidance Association's state convention at the Dinkler-Tutwiler Hotel in Birmingham, the question of national affiliation was discussed. With that question as impetus, then President Wilbur Tincher appointed a committee of seven to study the possibility of affiliating with the American Personnel and Guidance Association (APGA). Following discussions with and visits from American Personnel and Guidance Association representatives Willie Dugan, Kenneth Hoyt, and C. Winfield Scott, the committee proposed affiliation on February 14, 1966.

A proposed new constitution aligning the state organization with the American Personnel and Guidance Association constitution was presented at the 1966 state meeting in Montgomery. The membership approved the new constitution and endorsed the alignment. The Alabama Guidance Association then petitioned for national affiliation with APGA. Application for formal recognition was made in the Fall of 1966. Acceptance by the Senate of the American Personnel and Guidance Association was soon forthcoming. The charter for affiliation of the Alabama group was presented at the national convention of the American Personnel and Guidance Association in Dallas, Texas, in 1967.

On November 18, 1983, the General Session of the Alabama Personnel and Guidance Association voted to change its name to the Alabama Association for Counseling and Development in compliance with the national association's change to the American Association for Counseling and Development.

In the business session at its twenty-fifth Annual Conference in Huntsville in 1992, the state organization changed its name to the Alabama Counseling Association (ALCA) following the lead of the national organization once again, now identified as the American Counseling Association.

ALCA has enjoyed remarkable growth and success in its long history. Today it has a membership of approximately 2200 members comprised of nine chapters and thirteen divisions and affiliates. Each year the annual conference includes nationally known keynote speakers and a variety of professional opportunities. As the Association has grown, it has continued to add services for its members.

ALABAMA COUNSELING ASSOCIATION

ROSTER OF PRESIDENTS

1965 - 1966	Wilbur Tincher*	1994 - 1995	Thelma Robinson
1966 - 1968	Clay Sheffield*	1995 - 1996	Margaret (Meg) Smith
1968 - 1969	Frances Davis*	1996 - 1997	Cheri Smith Fitzhugh
1969 - 1970	John Seymour*	1997 - 1998	Marcheta Evans
1970 - 1971	Reba Clark	1998 - 1999	Sherry Quan
1971 - 1972	Richard Ward	1999 - 2000	Ingie Burke Givens
1972 - 1973	Ethel Hall	2000 - 2001	Carol Turner*
1973 - 1974	Hugh Donnan	2001 - 2002	Nancy W. Cole
1974 - 1975	Leeman Joslin*	2002 - 2003	Annette P. Bohannon
1975 - 1976	Nell Oden	2003 - 2004	P. Irene McIntosh
1976 - 1977	Fannie Cooley*	2004 - 2005	Michael Lebeau
1977 - 1978	Sanford Colley	2005 - 2006	Paul F. Hard
1978 - 1979	Don Schmitz*	2006 - 2007	Shirley L. Barnes
1979 - 1980	Barbara Echols Jackson*	2007 - 2008	Jerri Lynn Morrow
1980 - 1981	Mary McKinnon Ledford*	2008 - 2009	Katharine Nichols
1981 - 1982	Jean Cecil*	2009 - 2010	Judy Childress*
1982 - 1983	Don Belcher	2010 - 2011	Nancy Fox
1983 - 1984	Richard Canada	2011 - 2012	Melanie Drake Wallace
1984 - 1985	Susan Parker	2012 - 2013	Necoal Driver
1985 - 1986	Nancy Fortner	2013 - 2014	Nancy Wolfe
1986 - 1987	Linda Mahan	2014 - 2015	Donna Clark
1987 - 1988	Anne Hartline	2015 - 2016	Vincent D. Hinton
1988 - 1989	Bob Comas	2016 - 2017	Margaret Fox
1989 - 1990	Ervin (Chip) Wood*	2017 - 2018	Tomeka W. McGhee
1990 - 1991	Helen McAlpine	2018 - 2019	Monica P. Mack
1991 - 1992	Paulette Pearson	2019 - 2020	Leslie Weaver-Martin
1992 - 1993	Karole Ohme	2020 - 2021	Jacques L. Austin
1993 - 1994	Joe Creel		

* **DECEASED**

ALABAMA COUNSELING ASSOCIATION UPCOMING CONFERENCE

2022 Mobile

2023 TBA

Professional Development Hours Available



The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.

The procedure for requesting NBCC contact hours for the 2021 ALCA Annual Conference is as follows: The professional development request form is included in this 2021 ALCA Annual Conference Program Book. New this year is an electronic CE application which can be submitted via this link <https://alca.memberclicks.net/2021alca-ce-certificate--request> with debit/credit card payment (\$5 Members/\$20 Non-members). The deadline for receipt of professional development requests is January 31, 2022. Certificates for Annual Conference attendance will be emailed no later than March 31, 2022. Requests submitted after January 31, 2022, will cost \$20. Replacement certificates will cost \$20.

You must be registered for the conference to claim professional development (NBCC contact hours) credit. NBCC contact hours' credit documentation will not be issued until applicant's check clears bank or electronic payment is made. You may earn as many as 14 NBCC contact hours for the total conference. Presenters may not receive professional development credit for their own presentations. The professional development request form is included in the back of this program booklet and also on the electronic link <https://alca.memberclicks.net/2021alca-ce-certificate--request>. Complete the form in its entirety according to the provided directions. Submit payment electronically via credit/debit card or return the form along with a check for \$5.00 (\$20 for non-members) made payable to ALCA to:

Dr. Deborah Grant

ACEP Program Coordinator | 2705 Royal Lane | Pelham, AL 35124

NOTE: This conference is also approved to provide credit for social worker hours. Please check statement on the form (electronic or printed) indicating intent to submit certificate to the Alabama State Board of Social Work Examiners.

Certificate of Attendance

Certificates for Annual Conference attendance (not NBCC-related) may be requested in writing from the ALCA State Office. Please email your request to alca@alabamacounseling.org or mail to ALCA, PO Box 131425, Birmingham, AL 35213-1425.

ALCA COUNSELOR LOCATOR SERVICE

The Counselor Locator Service is designed to match clients who need services with qualified counselors by location and areas of practice through the use of a simple database search system.

The Alabama Counselor Locator Service is a client focused service. The service is contained in a database located on the ALCA website. It allows anyone to go into the database and locate the counseling service needed and then to determine the Alabama counselor who can provide this service. The program helps clients find the services needed and helps our counselors identify clients. It has been well received statewide.

The target audience is the prospective client. It is a service designed solely to help the person in need to identify someone reasonably close who is qualified to help with the perceived problem. A byproduct is that LPCs and others have a mechanism from ALCA which helps them identify prospective clients.

Evaluation has been made primarily with feedback from participants. Counselors are steadily requesting to be added to the Service. Feedback comes in the form of comments from these people stating how pleased they are with the service and what a wonderful concept it is. There are several obvious benefits. Probably the greatest is the ability for a client to locate the service needed easily and quickly. From the counselor standpoint it is an opportunity to promote awareness. The professionalism of delivery has also enhanced the counseling image.

To view the Counselor Locator Service go to www.alabamacounseling.org and click on "Counselor Locator Service." ALCA Members

If you would like to be added to the Counselor Locator Service as a provider, email your information to Dr. Nancy Fox at alca@alabamacounseling.org.

ALCA Endowment Fund

If you want to honor someone, send memoriam, or just make a contribution, the ALCA Endowment Fund is perfect for you.

Through your contribution, you contribute to activities that support counseling.

As a service to our Endowment Fund contributors, we will send the appropriate acknowledgements.

Contact Dr. Nancy Fox at (205) 423-5989 or alca@alabamacounseling.org

ALCA Activities Calendar

ALCA maintains a comprehensive schedule of its activities and professional development opportunities on its website. Go to www.alabamacounseling.org and click on “Activities Calendar” to see what is happening in Alabama counseling.

Program/Content Session Selection Procedures

Each year comments like these are made: “Why don’t we have more content sessions for _____ division/ affiliate?” or “Why do school counselors have so many sessions?” By learning the selection process for session proposals, those who wonder “Why?” will have their questions answered.

20% of the available content session slots are assigned to ALCA.

By recognizing that the membership of ALCA share common interests in addition to the specifics of their division/affiliate memberships, the opportunity exists for developing ALCA membership identity. This year ALCA has one additional content session due to one of the keynote speakers presenting a content session in the ballroom area.

80% of the available content session slots are assigned to divisions/affiliates as determined by the following formula: the total number of slots assigned to divisions/affiliates multiplied by the percent of the total ALCA membership for that division/affiliate equals the number of programs selected for that division/affiliate. Any program slots not used by a division/affiliate are re-assigned to the ALCA allotment.

The Program Committee selects content sessions at a meeting convened by the ALCA Program

Chair (President-Elect). A quorum is comprised of members present at the meeting. The Program Committee is composed of the ALCA Program Chair, the ALCA Fall Conference Chair and a representative from each division/affiliate. Each division/affiliate representative is appointed by the division/affiliate president. Look at the percentages below and you will understand how this works.

Percentages and Number of Slots for Selecting Annual Conference Content Sessions (2021)

Total # of slots is 99 (based on rooms available)ALCA (General Interest) gets 20% = 19 slots

This leaves 80 slots to be assigned based on division percentages.

ALCCA	5%	5 slots
ALACES	5%	5 slots
ALAMCD	5%	5 slots
ALCDA	3%	3 slots
ALGBTICAL	5%	5 slots
ALASGW	2%	2 slots
ALASERVIC	4%	4 slots
ALDARCA	1%	2 slots
ALAMFC	4%	4 slots
ALAAOC	4%	4 slots
ALAADA	3%	3 slots
ALMHCA	13%	13 slots
ALSCA	26%	25 slots
		80 slots

$$80 + 19 = 99$$

Notice that content sessions of possible interest to other divisions/affiliates are an additional listing following the sponsored division

ALCA Professional Liability Insurance

In today's professional setting, perhaps nothing is more important than making sure you are protected in the event a client sues you. You need professional liability insurance.

ALCA and the Healthcare Providers Service Organization (HPSO) offer an excellent national insurance policy to our ALCA members.

Contact Dr. Nancy Fox

(205) 423-5989

alca@alabamacounseling.org

ALCA 2021 Virtual Conference Schedule

Virtual Room A

Wednesday, November 17, 2021 1:45 pm – 3:00 pm

The Silent Burnout: The Effects of COVID 19 and Social Justice

Presenters: Shawndrika Cook, M.S, Ed.S, LPC shawndrikaLcook@gmail.com
Kaycee Colon Roberts, MS, CMHC, NCC kaycee.roberts@gmail.com
Tammy W Montgomery, M.S., APC, NCC, LPC
tmontgomery@brighterdaybhcs.com

Sponsor: ALAMCD

Description: Discuss the effects of social injustice and racial discrimination based on the events of COVID 19 and how its lasting impact on the mental health of people of color.

Wednesday, November 17, 2021 3:15 pm – 4:30 pm

Thinking Theoretically: Counseling Theories for Children and Adolescents

Presenter: Daniel Birdsong, EdD, LPC, NCC, NCSC danielbirdsong@icloud.com

Sponsor: ALAMFC, ALMHCA, ALSCA, ALACES

Description: This session will review major counseling theories shown effective in working with children and adolescents. Techniques, practical applications, and resources will be highlighted.

Thursday, November 18, 2021 1:30 pm – 2:45 pm

LPC/ALC Roundup with Alabama Board of Examiners in Counseling

Presenters: Dwayne White, Ph.D., LPC, NCC, CCMHC whitedm@uab.edu

Keith Cates, Ph.D., LPC-S (AL), NCC, ACS, BC-TMH, IMH-E
keith.cates@abec.alabama.gov

Anna J. Barksdale, M.A., LPC-S, NCC anna.barksdale@abec.alabama.gov

Sponsor: ALCA

Description: Welcome to the 2021 LPC/ALC Roundup! This special session is open to all Licensed Professional Counselors (LPCs) and Associate Licensed Counselors (ALCs). This year we are excited to welcome ALCs to the Roundup and welcome back LPCs. We want to work together to support your professional growth and development so that we can better meet the goals of every counselor which include quality, and safe care of our clients.

This session will provide information and updates on best practices for telehealth counseling services and related topics. The ABEC Chair and Executive Director will discuss the status of ABEC, including what ABEC has changed, what we're doing, and what is coming. ALMHCA's goal for this session is to provide skills and resources needed for counselors to thrive in today's world.

Thursday, November 18, 2021 3:00 pm – 4:15 pm

Trauma-Informed Care: Working with Trauma-Related and Survivor Guilt

Presenters: Jessica Melendez Tyler, PhD, LPC-S, BC-TMH, NCC jim0001@auburn.edu

Heather Delgado, PhD, LPCA, NCC hnm0030@aubrun.edu

Sponsor: ALAMCD, ALGBTICAL, ALMHCA, ALACES

Description: As trauma becomes interwoven into life, it is imperative to amplify clinical skills in working with trauma-related and survivor guilt. This presentation will discuss sources of guilt and grief, and how this guilt impacts recovery.

Thursday, November 18, 2021 4:30 pm – 5:45 pm

Ethical Considerations for the Substance Use Disorder Treatment Provider

Presenter: Zach Ludwig, LPC-S ziludwig21@gmail.com

Sponsor: ALACES, ALASGW, ALDARCA, ALAAOC, ALMHCA

Description: This course explores common ethical dilemmas faced by providers working clients with substance use disorders. Examples of topics include: informed consent, professional boundaries, HIPAA, 42 CFR Part 2, and competency.

Virtual Room B

Wednesday, November 17, 2021 1:45 pm – 3:00 pm

Ethical Dilemma in Fairy Tales: School and Mental Health Settings

Presenter: Poppy Moon, PhD, LPC, NCC pmoon@uwa.edu

Sponsor: ALAMCD, ALCDA, ALASGW, ALMHCA, ALSCA

Description: Princes, wicked witches, little people, and stepmothers. Fairy tales are a wealth of human interaction. Let's examine these tricky topics and how counselors can best serve diverse populations.

Wednesday, November 17, 2021 3:15pm – 4:30 pm

Researching Creative & Artistic Approaches to Counseling Supervision

Presenters: Poppy Moon, Ph. D, LPC, NCC pmoon@uwa.edu
Nisha Warbington, Ph. D, LPC, LPC-S, NC nwarbington@UWA.edu

Sponsor: ALACES, ALAMCD, ALASERVIC, ALMHCA, ALSCA

Description: Using art in supervision provides a method for counselors in training to develop self-awareness and professional growth. It is a way to examine oneself while learning techniques that can be used in clinical settings.

Thursday 18, 2021 10:30 am – 11:45 am

Working with Children and Families that Experience Racial Trauma.

Presenter: Tylon Crook, NCC tcrook@liberty.edu

Sponsor: ALAMCD, ALAMFC, ALMHCA

Description: This presentation focuses on highlighting racial trauma experienced within racial minority communities. Strategies and interventions will be put forward to help mental health counselors address issues of racial trauma presented by clients.

Thursday 18, 2021 1:30 pm – 2:45 pm

Ethics in Animal Assisted Therapy

Presenter: Megan C. W. Bridges, MS, AADC megancwbridges@outlook.com

Sponsor: ALASERVIC, ALAMFC, ALAAOC, ALMHCA, ALSCA

Description: Examination of the legal and ethical guidelines in place to protect both client welfare as well as the well-being of the animal co-therapist in animal assisted therapy.

Thursday 18, 2021 3:00 pm – 4:15 pm

21st Century Career Counseling in Schools

Presenters: Amy P. Davis, PhD, NCC apdavis@una.edu
Kevin B. Stoltz, PhD, ACS, NCC kstoltz@una.edu
Tennille Sullivan tcthompson@una.edu

Sponsor: ALCDA, ALSCA

Description: Shift your school from 20th to 21st century career counseling using card sorts, career decision making models, career assessments, and individual career counseling. Many tools, techniques, and resources will be shared.

Thursday 18, 2021 4:30 pm – 5:45 pm

Poverty and Trauma in the Classroom

Presenter: Meagan Weaver, Ed.S. weaverme@marshallk12.org

Description: Discussion of the six hard-wired emotions, how to teach while we empower, and ways trauma and poverty are seen in the classroom. We will review the mass trauma experiences due to Covid-19 and its effects on the student population.

ALABAMA COUNSELING ASSOCIATION

Mission Statement

To enhance human development throughout the life span and to promote public confidence and trust in the counseling profession



ALABAMA COUNSELING ASSOCIATION

Benefits of ALCA Membership

Outstanding Annual Conference Ongoing Drive-In Workshops

Ongoing Opportunities for CEU Credits

The ALCA & Refereed Professional Journals

The ALCA Facebook Page

Chapter, Division & Affiliate Newsletters

Chapter Division & Affiliate Facebook Pages/Websites

Affiliation with the American Counseling Association

Comprehensive Liability Insurance

Legislative Monitoring

Counseling Issues Advocacy

Centralized State Office

Liaison with Licensure Board

Administrative Advice from Executive Director

Free Legal Advice from Legal Counsel Informative Website

Continuously Updated

Listserv Activities Calendar

Statewide Counselor Locator Service

ALABAMA COUNSELING ASSOCIATION 2021-2022 Leadership

Officers

President.....	Dr. Yulanda Tyre
President Elect.....	Dr. Jane Coleman
Past President.....	Jacques L. Austin
Secretary.....	Dr. Griena Knight-Davis
Treasurer.....	Lisa M. Patterson
Historian.....	Dr. Chris DaSambiagio-Moore
Parliamentarian.....	Richard Hester
Executive Director.....	Dr. Nancy Fox
Incoming Executive Director.....	Emily Rich

Chapter Presidents

Chapter I.....	Dr. Jennifer Todd
Chapter II.....	Lisa Butler
Chapter III.....	Andrea Gregg
Chapter IV.....	Shawndrika Cook
Chapter V.....	Torsten Dryden
Chapter V.....	Dr. Alice Jackson
Chapter VII.....	Dr. Laura Hodges
Chapter VIII.....	Darnesha Lewis
Chapter IX.....	Blaine Lipford

Division/Affiliate Presidents

ALACES.....	Dr. Brad Willis
ALAMCD.....	Michelle Crumbly
ALASGW.....	Brittney Barnett
ALCCA.....	Dr. Lola Johnston
ALDARCA.....	Dr. Shatoi Scott
ALMHCA.....	Krishula Edwards
ALSCA.....	Dr. Amy Upton
ALAMFC.....	Fancy Sears
ALCDA.....	Dr. Michele Eller
ALAAOC.....	Dr. E. Kelley Mautz
ALASERVIC.....	Dr. April Upshaw
ALAADA.....	Clinton Reeves
ALGBTICAL.....	Candace Bailey

Standing Committee Chairs

Awards & Resolutions (State).....	Shawndrika Cook & Laventrice Ridgeway
Budget & Finance.....	Lisa M. Patterson
Bylaws.....	Richard Hester
Government & Professional Relations (State).....	Marjorie Baker & Janis Braue
Ethics.....	Dr. Tammy W. Montgomery
Membership.....	Casey Lancaster
Program.....	Dr. Jane Coleman
Publications.....	Jacques L. Austin
Nominations & Elections.....	Jacques L. Austin
Professional Standards.....	Sheryl Smith & Dr. Quinn Pearson
Publicity.....	Dr. Chris DaSambiagio-Moore

Special Committee Chairs

ALCA NBCC Coordinator.....	Dr. Debbie Grant
Leadership Chapters, Divisions, & Affiliates.....	Dr. Monica Mack & Vincent D. Hinton
Endowment Fund.....	Dr. Ingie Burke Givens
Graduate Students.....	Vincent D. Hinton & Dr. Latonya Graham
Hospitality.....	Carolyn J. Liggins
Current Issues.....	Dr. Tarmen Siaway
Leadership Development/Emerging Leader Program...	Dr. Monica P. Motley & Alicia Richardson
Strategic Planning.....	Jacques L. Austin
Research & Evaluation.....	Dr. E. Kelley Mautz
Professional Development.....	Nancy Fortner
Annual Conference.....	Dr. Necoal Driver, Dr. Starrah G. Huffman & Dr. Lynn Boyd

Special Functions

Alabama Board of Examiners in Counseling.....	Dr. Keith Cates
State Dept of Education Liaison.....	Sean Stevens
ACA Co-Liaison.....	Dr. Thelma Robinson & Dr. Doris Vaughans
Journal.....	Dr. Brad Willis
Retired Counselors Group.....	Judy Childress
Chi Sigma Iota Co-Liaisons.....	Dr. Robyn Simmons & Dr. Dayna Watson
Circle of Presidents.....	Leslie N. Weaver-Martin
Ads & Exhibit.....	Jerri Lynn Morrow
Adaptive Needs Accommodations.....	Laventrice Ridgeway
Emerging Leader.....	Shawndrika Cook

ALABAMA COUNSELING ASSOCIATION



Chapters by County

- Chapter I** Colbert, Cullman, Franklin, Lauderdale, Lawrence, Limestone, Morgan, Winston.
- Chapter II** Blount, Jackson, Madison, Marshall.
- Chapter III** Fayette, Greene, Hale, Lamar, Marion, Pickens, Sumter, Tuscaloosa, Walker.
- Chapter IV** Jefferson, Shelby.
- Chapter V** Calhoun, Cherokee, Cleburne, DeKalb, Etowah, St. Clair, Talladega.
- Chapter VI** Autauga, Bibb, Butler, Chilton, Choctaw, Dallas, Lowndes, Marengo, Perry, Wilcox.
- Chapter VII** Bullock, Chambers, Clay, Coosa, Elmore, Lee, Macon, Montgomery, Randolph, Russell, Tallapoosa.
- Chapter VIII** Baldwin, Clarke, Conecuh, Escambia, Mobile, Monroe, Washington.
- Chapter IX** Barbour, Coffee, Covington, Dale, Crenshaw, Geneva, Henry, Houston, Pike.

Divisions and Affiliates

- ALCCA** – Alabama College Counseling Association: Serves professionals who are involved in counseling in the post-secondary education setting.
- ALACES** – Alabama Association for Counselor Education and Supervision: Emphasizes the need for quality education and supervision of counselors in all work settings.
- ALAMCD** – Alabama Association for Multicultural Counseling and Development: Develops programs specifically to improve ethnic and racial empathy and understanding.
- ALCDA** – Alabama Career Development Association: Provides vital services to counselors and allied professionals working in schools, colleges, military services, correctional institutions, business, and community agencies.
- ALGBTICAL** – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling in Alabama serves as an educational resource for counselors regarding LGBT individuals and related issues.
- ALASGW** – Alabama Association for Specialists in Group Work: Assists and furthers interests of children, youth, and adults by providing effective services through the group medium.
- ALASERVIC** – Alabama Association for Spiritual, Ethical, and Religious Values in Counseling: Seeks to examine the roles of values, theological, philosophical, and ethical principles in counseling and personnel practices.
- ALDARCA** – Alabama Division of the American Rehabilitation Counseling Association: Promotes the welfare of people with disabilities through rehabilitation counseling research, education and practice.

- ALAMFC** – Alabama Association for Marriage and Family Counseling: Serves to enhance marriage and families by fostering programs of education, promoting and conducting research, and working to remove family and couple difficulties.
- ALAAOC** – Alabama Association for Addictions and Offender Counselors: Strives to support and enhance the practice of addiction and offender counseling.
- ALAADA** – Alabama Association for Adult Development and Aging provides leadership, information, and professional development to counselors and service providers in the helping professions on matters related to counseling and development of adults across the life span.
- ALMHCA** – Alabama Mental Health Counselors Association: Maintains and improves quality of mental health services nationwide and promotes prevention practices. (Affiliate)
- ALSCA** – Alabama School Counselor Association: Provides a common framework for all professionals engaged in student services. (Affiliate)

ALCA MEMBERSHIP TYPES

- Professional Membership is open to all active American Counseling Association members and to all persons professionally engaged in guidance, counseling, or personnel activities in educational, vocational, religious, rehabilitation, employment agencies, or other such similar agencies. (Minimally holds Counseling Degree).
- Regular Membership shall include persons whose interests and activities are consistent with those of the Association, but who are not qualified for Professional Membership.
- Student Membership is open to any graduate or undergraduate student who is not employed full-time in a counseling-related position and who is actively engaged in a program of study in counseling, guidance, or personnel. (Certification by advisor is required).
- Retired Membership is open to persons who were members of ALCA at the time of their retirement.
- Past Presidents are persons who have served as ALCA Presidents: Dues are complimentary.

LISTSERV GUIDELINES

The ALCA Listserv is a service for active ALCA members. All an active ALCA member has to do to join the listserv at any time is contact THE ALCA OFFICE at alca@alabamacounseling.org to be added. However, each time you renew ALCA membership, please respond "Yes" to the question about the ALCA Listserv and you will subscribe to the ALCA Listserv. Answering "No" will not provide a subscription. ALCA Listserv subscriptions are active for one year. When your ALCA membership expires there is a 30 day grace period for the ALCA Listserv subscription, after which you will be automatically unsubscribed.

PERFORMANCE DISCLAIMER: The ALCA listserv is intended simply as a service and convenience to our membership. Information is posted on the listserv at the request of members and others who have information that it appears would be of interest to our members. Inclusion on the listserv should not be viewed as an acknowledgement or endorsement of the accuracy of the information being provided. This is simply an information venue. ALCA assumes no liability resulting from the use of this service. Consumers are advised to screen information as they would any other information source. ALCA reserves the right to determine which items will/will not go out on its listserv.

Please note the following hints that should make us all more effective in using the ALCA Listserv:

1. Remember the ALCA Listserv is a monitored listserv. This means that only the listserv manager may place a message on the listserv. By handling messages this way, we filter so that only items which should be of interest to counselors go out to ALCA Listserv subscribers. If you are not interested in a certain message, simply delete it- if you are Chapter X you may not care about Chapter Y news, but there is no need telling us you are not interested in news from other groups- we are going to continue sending the messages for each Chapter/Division/Affiliate. We cannot separate items this finely on the listserv. Messages go to all or none.
2. Do remember that it is impossible to monitor and send according to each individual taste and philosophy/moral conviction. We do well, but occasionally something may go out that you think is unnecessary or with which you disagree. Such occasions invoke using the "delete" button for its intended purpose. While we certainly value and read your personal responses, getting one does not mean that we can only operate the listserv based on your individual concepts. We are a diverse and multi-opinioned group. We always try to be conscious of that fact.
3. If you hit "reply," the message only comes back to the ALCA Listserv manager. If you want to respond to a message, you must respond to the email address or phone number found inside the announcement. DO NOT HIT "REPLY". You are not responding to the message. You are only responding to the ALCA Listserv manager. The ALCA Listserv manager cannot answer your question, however, someone listed on the announcement can respond to you.

4. The only way to get a message posted is by sending it to the ALCA office (alca@alabamacounseling.org) and asking us to post it. We have been empowered to use our best judgment about whether a message is appropriate to send to all counselors. We consider whether or not the message would be of interest to a significant cross-section of our members. We try not to distribute advertisements about practices or events that seems to benefit the asker more than the target audience.
5. ALCA Listserv messages should be sent in “plain text” (part of body of email message) so that all we have to do is forward it. Many, many of our member servers routinely block attachments as SPAM or for security reasons. Even if not blocked, they are often too large for system servers to handle. If you think you are not receiving the ALCA Listserv announcements, please check your SPAM or junk files and see if your network system is blocking it. Then release it from there and you should correct that issue.
6. Announcement regarding events that are not sponsored by ALCA or its Chapter/Divisions/Affiliates are only sent when they appear to carry a possible benefit or interest to our members. We avoid promoting events that conflict with planned ALCA events. For example, we promote almost nothing that might affect attendance at the ALCA Annual Conference either in that timeframe (September, October, November, December) or in the conference's general location. Since Fall of the year is the time for our annual conference and recognizing that the primary purpose of our conference is training and professional development (including offering professional development hours), it is not very logical to promote events for other individuals/entities that could be construed/interpreted as being in competition with our conference during this time frame. In particular this will apply during September/October/November/December timeframe. We will obviously continue to promote ALCA Chapter/Division/Affiliate events, but even those should try to avoid conflicts near the conference timeframe.
7. Effective March 1, 2013, we will no longer publicize office space/real estate as being available to colleagues.
8. Effective March 1, 2013, we will no longer as a matter of course send out individual requests to help locate a particular kind of counselor or one located in a specific area, etc. The ALCA Counselor Locator Service housed on our website was established for this purpose and should be used.

Remember that the ALCA Listserv is a membership benefit for active ALCA members. The announcements sent on the ALCA Listserv are sent to be of assistance to our members. ALCA Listserv is tied to ALCA membership and thereby if one does not renew membership one will be deleted thirty days after ALCA membership expires.

This may be more than you ever wanted to know, but reading and trying to adhere to these concepts will certain make the listserv more effective.

Special Thanks to Our Sponsors

Alabama Home Builders Association – Breakfast

The Sheraton Hotel – Break

Wexford Health Services – Breakfast

ACT – Reception

Alabama Council on Compulsive Gambling
Reception & Student Poster Session

Bryant-Jordan Scholarship Program – Reception

Jacksonville State University – Dance

Amridge University – Breakfast

ALCA Chapters, Divisions & Affiliates – Breaks

Special Thanks to Individual Contributors & the many
wonderful

ALCA Conference Volunteers

Alabama A&M University, Chapter 4 and Chapter 2- Virtual
Conference Team

2021 Exhibitors and Advertisers

ACCESS Virtual Learning
Maria Kilgore
256 464-8370
mdkilgore@madisoncity.k12.al.us

Alabama Association for Play Therapy
Neely Haynes
256 577-0217
publicrelations@alaplaytherapy.org

Alabama Education Association
Kathy McVay
334 328-1444
gkmcvay@bellsouth.net

ALSANA
Megan Wetherbee
205 538-1209
megan.wetherbee@alsana.com

Athens State University
W Frank Eskridge, III
256 233-8162
frank.eskridge@athens.edu

Coastal Community College
Joseph Metz
251 580-8775
joseph.metz@coastalalabama.edu

Faulkner University
Olivia McDaniel
334 386-7422
omcdaniel@faulkner.edu

Glenwood Inc
Ashlin H Grant
205 970-1249
agrant@glenwood.org

ACT
Gennine Holley
205 578-2652
gennine.holley@act.org

Alabama Council on Compulsive
Gambling
Jack Galassini
205 423-5989
jack@alccg.org

Alabama Suicide Prevention Coalition
(ASPARC)
David Coombs
205 305-9210
dwcoombs2002@yahoo.com

Amridge University
Laina Costanza
334 387-7555
lainacostanza@amridgeuniversity.edu

Bradford Heath Services
Megan Campbell
205 251-7753
meganc@bradfordhealth.net

Elk River Treatment Program
Penny Baker
256 518-9998
smason@pinnacleprograms.com

FOCUS/SCJ Consultants, LLC
Sue C Jones
256 453-0655
sjones@thefocusprogram.com

High Cotton
Ceceilia Mills
334 669-1111
ceceiliamills@gmail.com

Alabama Homebuilders Association
Kory Boling
334 834-3006
koryboling@hbaa.org

Jacksonville State University
Lauren Findley
256-782-5265
lsthomas@jsu.edu

Laurel Oaks Behavioral Health Center
Terrie Butler
334 430-4592
terrie.butler@uhsinc.com

Medical Billing Professionals
Steven Zats
610 792-8819
steven@mbpros.com

National Center for Youth Issues
David Zumbrun
423 847-5362
dzumbrun@ncyi.org

Scentsy Independent Consultant
Carol Wells
205 531-1310
cwells227@gmail.com

TouShay' Boutique
Shay Mason
256 227-3030
shay_au@hotmail.com

Vocational Evaluation Forensic Certificate
Program at Auburn
Emma Quadlander
334 844-2109
forensicrehab@auburn.edu

Wink Mobile Boutique
Cheryle Ray
205 515-8063
ray1265@bellsouth.net

The Horizon School
Shon Jackson
205 322-6606
sjackson@horizonsschool.org

Karen Maury Jewelry
Karen Maury
205 790-8349
kayrena16@gmail.com

Marco Products
Warren Funk
252 665-0496
warrenf@marcoproducts.com

NAMI Alabama
Kelly Emerson
334 396-4797
kemerson@namialabama.org

River Oaks Hospital
Madison Nyquist
madison.nyquist@uhsinc.com

Thriveway
Ruby McCullough
251 604-3781
ruby@thriveway.com

TNT Dezigns
Tomeka James
334 399-3760
tntdezigns@yahoo.com

Wexford Health Services
Anna Flood
412-609-7353
aflood@wexfordhealth.com

Youthlight, Inc
Nanette Corbitt
803 767-6324
ncorbitt@youthlightbooks.com

Evaluation Forms

Session Evaluation: <https://forms.gle/NpDE1DRRRMj3vxwbA>

Overall Conference Evaluation: <https://forms.gle/wwwYJb6TLCAvFUTH9>

Links to Online sessions

ALCA Virtual Conference 2021 (Wednesday) Room A

When: Nov 17, 2021, 01:00 PM Central Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZIsf-CsqTIvHNyJ-C9LtuG8TYY4EjboTgnK>

ALCA Virtual Conference 2021 (Thursday) Room A

When: Nov 18, 2021, 01:00 PM Central Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZIUce6hpj4qH9M-EfoqZqU0TQLHDRD3kOJI>

ALCA Virtual Conference 2021 (Wednesday) Room B

When: Nov 17, 2021, 01:00 PM Central Time (US and Canada)

Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZIsf-qpqDsoEtzBIcNAE0hNXs20xUoGRJ_g

ALCA Virtual Conference 2021 (Thursday) Room B

When: Nov 18, 2021, 01:00 PM Central Time (US and Canada)

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZYvdumqrjIsGtA8uZTY7B0-37XpVrPZ6Aw0>



Alabama Counseling Association

VIRTUAL CONFERENCE SESSIONS REPORT

Professional Development (NBCC) Contact Hours

The Alabama Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2001. Programs that do not qualify for NBCC credit are clearly identified. The Alabama Counseling Association is solely responsible for all aspects of this program.

Full Name: _____

Address: _____

City State Zip

Telephone: _____ E-Mail: _____

YOU MUST BE REGISTERED FOR THE CONFERENCE TO CLAIM NBCC CONTACT HOURS.

Credit cannot be granted for a program one presents.

Wednesday, November 17, 2021

1:00 PM - 2:15 PM (Title) _____ 1.25

2:30 PM - 3:45 PM (Title) _____ 1.25

Thursday, November 18, 2021

10:30 AM - 11:45 AM (Title) _____ 1.25

1:30 PM - 2:45 PM (Title) _____ 1.25

3:00 PM - 4:15 PM (Title) _____ 1.25

4:30 PM - 5:45 PM (Title) _____ 1.25

I certify that the information on this report form is complete and accurate. Total NBCC Contact Hours: ____

Signature: _____ Date: _____

Requests must be postmarked by January 31, 2022. Certificate will be emailed as soon as possible but no later than March 31, 2022. There is a \$5.00 processing fee (\$20 for non-members). Make check payable to ALCA. You may also process CE application with a credit card at this link: <https://alca.memberclicks.net/2021alca-in-person-ce-certificate-request> \$20.00 charge for duplicate certificate requests and for requests submit-ted after January 31, 2022.

_____ Check if you plan to submit certificate to the Alabama State Board of Social Work Examiners.

Mail to: Dr. Deborah Grant, ALCA Professional Development Program, 2705 Royal Lane, Pelham, AL 35124
Persons who need to verify attendance at certain workshops (e.g., ethics) should attach a copy of this report form to the certificate when submitting papers to a licensing board.

Conference Notes

