

Program Guide

2021-2022



Celebrating our
Centers of Excellence

SIJCC.ORG





Program Guide

LOCATIONS & HOURS OF OPERATION

JOAN & ALAN BERNIKOW JCC

1466 Manor Road, Staten Island, NY 10314
718.475.5200

Monday – Thursday	6 AM – 9:30 PM
Friday	6 AM – 8 PM
Saturday*/Sunday	7 AM – 4:30 PM

**Sports & Wellness wing only for recreation. In observance of Shabbat, any payment for services including guest passes must be made in advance.*

ISADOR ABERLIN/NORTH SHORE JCC

485 Victory Boulevard, Staten Island, NY 10301
718.475.5290

Monday & Friday	7 AM – 6 PM
Tuesday – Thursday	7 AM – 9 PM
Saturday – Sunday	Closed

NANCY & RONALD AVIS/SOUTH SHORE JCC

1297 Arthur Kill Road, Staten Island, NY 10312
718.475.5270

Monday – Thursday	8 AM – 8:30 PM
Friday	8 AM – 7 PM
Saturday	Closed
Sunday	8 AM – 3 PM

JCC/BERMAN EARLY CHILDHOOD CENTER

2221 Richmond Avenue, Staten Island, NY 10314
718.475.5100

Monday – Friday	7 AM – 6 PM
Saturday – Sunday	Closed

SUNDOWN FRIDAY TO SUNDOWN SATURDAY

- From sundown on Friday to sundown on Saturday, no administrative business is conducted and no regular classes are scheduled.
- No money can be exchanged. If something needs to be paid for, other arrangements will be made. All Guest Passes must be paid for in advance.
- The Bernikow Pool, Gymnasiums, and Fitness Center are open on Saturdays.
- The JCC is a Glatt Kosher facility. Please do not bring in any outside food that is not Kosher.

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HOLIDAY OBSERVANCES

NORTH SHORE BERMAN SOUTH SHORE BERNIKOW

		NORTH SHORE	BERMAN	SOUTH SHORE	BERNIKOW
Monday Sept. 6	Erev Rosh Hashanah & Labor Day	Closed	Closed	Closed	Close at 3 PM
Tuesday Sept. 7	Rosh Hashanah	Closed	Closed	Closed	Closed
Wednesday Sept. 8	Rosh Hashanah	Closed	Closed	Closed	Closed
Wednesday Sept. 15	Erev Yom Kippur	Close at 3 PM	Close at 3 PM	Close at 3 PM	Close at 3 PM
Thursday Sept. 16	Yom Kippur	Closed	Closed	Closed	Closed
Monday Sept. 20	Erev Sukkot	Close at 5 PM	Close at 5 PM	Close at 5 PM	Close at 5 PM
Tuesday Sept. 21	Sukkot	Closed	Closed	Closed	Closed
Wednesday Sept. 22	Sukkot	Closed	Closed	Closed	Closed
Monday Sept. 27	Erev Shemini Atzeret	Close at 5 PM	Close at 5 PM	Close at 5 PM	Close at 5 PM
Tuesday Sept. 28	Shemini Atzeret	Closed	Closed	Closed	Closed
Wednesday Sept. 29	Simchat Torah	Closed	Closed	Closed	Closed
Monday Oct. 11	Columbus Day	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Thursday Nov. 11	Veteran's Day Observance	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Thursday Nov. 25	Thanksgiving Day	Closed	Closed	Closed	8 AM – 12 PM
Sunday Nov. 28	1st Candle Lighting – Chanukah	Closed	Closed	Regular Hours	Regular Hours
Friday Dec. 24	Christmas Eve	Closed	Closed	Closed	8 AM – 3 PM
Saturday Dec. 25	Christmas Day	Closed	Closed	Closed	8 AM – 3 PM
Friday Dec. 31	New Years Eve	Closed	Closed	Closed	8 AM – 3 PM
Saturday Jan. 1	New Years Day	Closed	Closed	Closed	8 AM – 3 PM
Monday Jan. 17	Martin Luther King Day & Tu B'Shvat	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Monday Feb. 21	Presidents' Day	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Thursday March 17	Purim	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Friday April 15	Erev Passover/Yom HaShoah	Close at 3 PM	Close at 3 PM	Close at 3 PM	Close at 3 PM
Saturday April 16	Passover 1st Day	Closed	Closed	Closed	Closed
Sunday April 17	Passover 2nd Day	Closed	Closed	Closed	Closed
Thursday April 21	Erev Passover	Close at 5 PM	Close at 5 PM	Close at 5 PM	Close at 5 PM
Friday April 22	Passover 7th Day	Closed	Closed	Closed	Closed
Saturday April 23	Passover 8th Day	Closed	Closed	Closed	Closed
Friday May 6	Israel Independence Day	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Sunday May 8	Mother's Day	Closed	Closed	Regular Hours	Regular Hours
Thursday May 19	Lag B'Omer	Regular Hours	Regular Hours	Regular Hours	Regular Hours
Monday May 30	Memorial Day	Closed	Closed	Closed	8 AM – 5 PM
Saturday June 4	Erev Shavuot	Closed	Closed	Close at 5 PM	Close at 5 PM
Sunday June 5	Shavuot	Closed	Closed	Closed	Closed
Monday June 6	Shavuot	Closed	Closed	Closed	Closed
Sunday June 19	Father's Day	Closed	Closed	Regular Hours	Regular Hours
Monday July 4	Independence Day	Closed	Closed	Closed	8 AM – 5 PM
Saturday August 6	Tisha B'av	Regular Hours	Regular Hours	Regular Hours	Regular Hours

Membership

The JCC has multiple locations, beautiful facilities, and tons of programs for you to take advantage of as a member. Membership is open to people of all races, religions, and ethnic backgrounds. We offer several different membership categories.

718.475.5223
MEMBERSHIP@SIJCC.COM



	WELLPRO	WELLNESS	PROGRAM	SUMMER SWIM CLUB	FRIENDS OF THE J
BENEFITS					
Priority registration	•	•	•	•	•
Discounted rates on programs	•		•		
Bernikow Fitness Center and Group Ex Classes	•	•			^
Indoor pool and jacuzzi	•	•			
Full-service locker rooms, sauna, and steam	•	•		•	
Basketball gymnasium	○	○			
Outdoor pool and swim club	•			•	
Free family and membership appreciation programs	•		•	•	
Cards and Mahjong at the Bernikow Building	•		•		

^ 6 passes per year to be used at the Bernikow Building ○ when not being utilized by other programs or rentals



Family Programs

The JCC is committed to providing programs that the whole family can enjoy together. All programs take place at the Bernikow Building unless otherwise noted.

Fall Harvest Festival

Sunday, September 19, 12 PM – 3 PM
Includes inflatables, games on the field, music, food, and more!

Magical Fun Show with Steve Rose

Professional magician and teacher Steve Rose presents magic tricks that will blow your mind!

Wildside Zoo Animal Show with Brian Wild

Discover, pet, and hold all types of animals such as snakes, lizards, guinea pigs and rabbits!

Chanukah Celebration

Spin the dreidel to earn some gelt, light the menorah, and eat yummy latkes!

Character Breakfast

Dance, play, pose, and eat with all of your favorite story characters!

Purim Carnival

Test your luck at game booths with prizes, make hamantaschen, and march in a costume parade!

Lag B'Omer Picnic

Bring your blanket and enjoy lunch on the lawn with field games, time in the playground, and more!

SunriseWALKS and Carnival

Walk and play for a good cause! SunriseWALKS raises funds for Lucille & Jay Chazanoff Sunrise Day Camp-Statens Island, a free camp for children with cancer and their siblings.

Fitness & Wellness

718.475.5210

**Work out with us in the spacious
Dr. Ron & Nancy Avis Fitness Center.**

Wellness Center *NEW*

Our Wellness Center is launching this fall!
We will be teaming up with local doctors, hospitals, and other wellness professionals to provide services to support your mind, body, and spirit.

A physical therapist will be on site to help you improve your quality of life through prescribed exercise, hands-on care, and patient education. We will also have specialty private trainings from rehab therapy (on land and in water), yoga, reiki, strength & conditioning, and sports-specific training.

We will also be teaming up with medical professionals to host monthly wellness lectures regarding various health concerns to help educate and improve the wellness of our community.

Stay tuned for more announcements regarding additional services!

As part of your membership, you get access to our 5,000 square feet of equipment and training areas, including brand new treadmills and bikes!

Group Exercise Classes

We offer our members a variety of free fitness classes, including yoga, zumba, pilates, barre, cycling, and aqua aerobics. We also offer outdoor hikes, weather permitting.

Learn more about our group exercise classes at SIJCC.org

Open Basketball Gymnasium

Members can use our basketball gymnasiums during select times throughout the day. All baskets are open, with 4 members allowed per basket.

See our gymnasium schedule at SIJCC.org

Kickboxing Class

- Half hour for \$45





Personal Training

We offer specialized personal training, led by trainers who have a passion for fitness and are ready to help you get in shape. To schedule an appointment, call the Sports Desk at **718.475.5210**.

30-minute sessions

\$45 per half hour

- **3 for \$99** 1-time intro special offered at point of evaluation/orientation
- **5 for \$210** (\$42 per session)
- **10 for \$390** (\$39 per session)
- **20 for \$720** (\$36 per session)

60-minute sessions

\$65 per hour

- **5 for \$300** (\$60 per session)
- **10 for \$550** (\$55 per session)
- **20 for \$1,000** (\$50 per session)

Partner Training

- One-hour session, two people \$90 per session
- 5 one-hour sessions \$425

Teen Tune Up

Ages 13 - 15

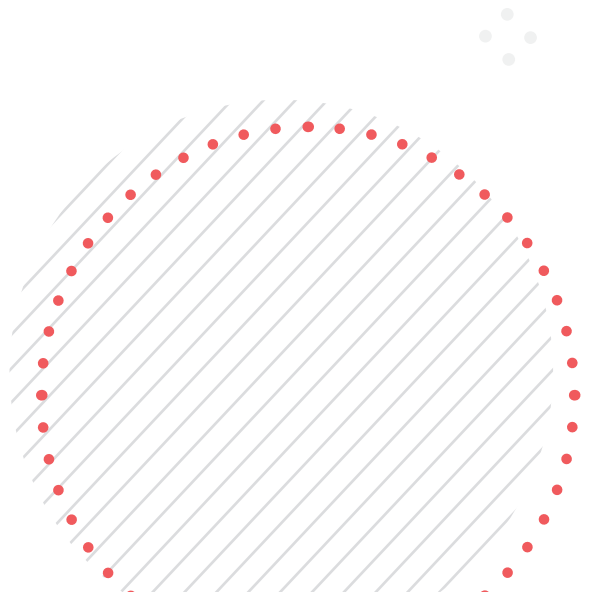
- \$40 for up to one hour with a trainer

Children under the age of 16 are only permitted in the Fitness Center after undergoing a Teen Tune-Up Certification Course. This allows youth to be trained on the concepts of fitness and teaches them facility etiquette.

One-on-One Stretching/ Foam Rolling

- Half hour session \$30
- 5 half hour sessions \$150

Stretching helps flexibility for increasing range of motion, while foam rolling increases blood circulation, reduces lactic acid buildup, and improves posture.



Sports & Recreation

We offer year-round programming for athletes of all ages at multiple sites.



Core 24 Basketball Academy

917.662.1293 • BASKETBALL@SIJCC.COM

Led by Coach Mike Reape, Core 24's mission is to teach, develop, organize, manage, and offer youth players the opportunity to learn the fundamental skills of basketball while instilling life-lessons and values such as character, teamwork, discipline, respect and sportsmanship. Basketball takes place at both the Bernikow and Avis/South Shore locations.

Fall/Winter Pre-Sessions

BERNIKOW

Tune-Up: Pre-K – 4th Grade

September 14, 4:30 PM – 5:30 PM
\$25 members / \$30 non-members

Tune-Up: 5th – 8th Grade

September 14, 5:30 PM – 6:30 PM
\$25 members / \$30 non-members

AVIS

Tune-Up: Pre-K – 4th Grade

September 9, 9:30 AM – 11:30 AM
\$35 members / \$40 non-members

Core 24: Pre-K – 4th Grade

September 23 & 30
4:30 PM – 5:30 PM
\$45 members / \$50 non-members

Fall/Winter Session

October 5 – December 23
(no class November 25)

BERNIKOW

Core 24: Pre-K – 3rd Grade

Tuesdays, 4:30 PM – 5:30 PM
\$240 members
\$300 non-members

Core 24: 4th – 8th Grade

Tuesdays, 5:30 PM – 6:30 PM
\$240 members
\$300 non-members

AVIS

Core 24: Pre-K – 4th Grade

Thursdays, 4:30 PM – 5:30 PM
\$220 members
\$275 non-members

Holiday Clinic

Core 24 Clinic: Pre-K – 3rd Grade

December 27, 9:30 AM – 11:30 AM
\$45 members / \$50 non-members

Core 24 Clinic: 4th – 8th Grade

December 27, 12 PM – 2 PM
\$45 members / \$50 non-members

CYO Teams

We offer two CYO teams for children in grades 3 – 8 and high school. The season lasts three months, and all players must practice one day a week. Games take place on weekends and weekdays.

CYO TRYOUTS

September 12 & 26

Kindergarten – 4th Grade 10:45 AM

5th & 6th Grade 11:45 AM

7th Grade – HS 12:45 PM

Soccer

SOCCER@SIJCC.COM

All soccer classes take place at the Bernikow Building. Our program's goal is to provide a fun and structured environment for each player which will help to prepare them for skilled athletic participation. Our experienced trainers are able to engage each player with non-traditional techniques. This not only helps build your child's athletic skills but also provides a way to help increase their self-confidence and social development by participating in a friendly and supportive environment. Monthly payment plans are available.

Pre-Sessions

Tuesday, September 14

Thursday, September 9 & 23 & 30

5 & 6 years old 5 PM – 6:15 PM

7 & 8 years old 6:15 PM – 7:30 PM

9 – 12 years old 6:15 PM – 7:30 PM

- **1 class**
\$25 members / \$30 non-members
- **4 classes**
\$90 members / \$110 non-members

Fall/Winter Session

October 5 – December 23

(no class November 25)

5 & 6 years old

Tuesday, 5 PM – 6:15 PM

\$275 members / \$335 non-members

7 & 8 years old

Tuesday & Thursday, 6:15 PM – 7:30 PM

\$485 members / \$545 non-members

9 – 12 years old

Tuesday & Thursday, 6:15 PM – 7:30 PM

\$485 members / \$545 non-members

Tennis

TENNIS@SIJCC.COM

Tennis lessons take place at the Bernikow Building or Staten Island Academy (715 Todt Hill Road).

6 – 17 years old

September 12 – December 19, 9 AM – 12 PM
(no classes November 14 & 29)

- **Full session**
\$300 members / \$360 non-members
- **Drop-in class**
\$30 members / \$35 non-members
- **Private lesson**
\$75 members / \$80 non-members

Sports Camps

We offer Basketball, Aquatics, and Soccer camp in the summer. Visit SIJCC.org for more information.

Gym Rentals

Our gyms and sports fields are available for rental for parties or soccer matches. Contact sports@sijcc.com, for more information.

Krav Maga

We now offer Krav Maga! Krav Maga is an Israeli self defense system that was created together with the establishment of the IDF. The system is built out of variety of techniques from different Martial arts, like western boxing, Ju-jitsu, Karate, rustling and Muy Thai. Visit SIJCC.org for more information.





Aquatics

718.475.5215 • AQUATICS@SIJCC.COM

Grab your suit and dive in with us!

The JCC has both a Jr. Olympic size indoor pool as well as an outdoor pool that is open in the summer months. We offer group and private lessons, aquatic therapy, lifeguard training, a swim team, and more.

Private Lessons for Children & Adults

Ages: 4 months & up

- **30-Minute session**
\$35 member / \$50 non-member
- **10-pack, 30-Minute sessions**
\$315 member / \$450 non-member

Gender Swims

Please check the online schedule for all gender swim times.



JCC Pre-Competitive/ Trident Aquatics

Ages 6 – 18

Focus is on the four competitive strokes: freestyle, backstroke, breaststroke, and butterfly and promotes the perfection of starts and turns. Designed for beginner swimmers with basic knowledge in all strokes, or the more advanced swimmer not quite ready for competition. This is an ongoing program. Please call for tryout times and appointments.

Trident Aquatics Club @ the JCC

Ages 8 – 18

This United States Swim Team is from September to August. There are five training groups. Placement will be based on experience, ability level and a tryout administered by the coaches. Placement is at the complete discretion of the coaches.

Splash/Aqua Zumba

Adult Splash classes consist of combining the resistance of water and the power of specialized water equipment to give you a non-impact, total body workout. All fitness levels welcome. This program is free for all members.

Angelfish

- **Per 30-Minutes:** \$50 member / \$65 non-member

The mission of our Aquatic Therapy team is to provide individuals with a therapeutic experience that will leave a lifelong impact. Aquatic Therapy allows individuals of all ages and backgrounds to gain a sense of comfort and safety in water. This environment promotes the development of confidence and independence, which is carried beyond time spent in the water.

This evidence-based treatment is especially effective for swimmers with diagnoses such as: attention difficulties, anxiety, Autism Spectrum Disorder (ASD), sensory challenges, physical disabilities, orthopedic injuries, muscle spasms, spinal stenosis, arthritis, and coordination difficulties. Aquatic Therapy consists of 30-minute one to one sessions. Our Certified Instructors work to help individuals improve motor skills, core strength, endurance, body awareness, motor planning, coordination, and self-regulation.

Lifeguard Training and CPR by the American Red Cross

LIFEGUARD CERTIFICATION

\$300 member / \$400 non-member

Fee includes pocket mask and certifications

Prerequisite Swims:

- Swim 300 yards continuously
- Tread water without using arms (hands in armpits) for 2 minutes
- Swim 20 yards, surface dive, retrieve object, swim 20 yards with object and exit water within 1 minute, 40 seconds

If swims are not passed, a refund will be issued minus \$25 administration fee.

LIFEGUARD RECERTIFICATION COURSES

\$160 member / \$185 non-member

CPR Only: \$75 member / \$95 non-member

The purpose of this course is to help participants achieve recertification in Lifeguard Training without having to take the full content course. Includes Lifeguarding Skills as well as CPR/AED for the professional rescuer and healthcare providers and First Aid – 2 Year Certification.

Group Swim Lessons

6 sessions with one make-up class offered, refunds not permitted.

- **Parent & Me**
(4 months – 3 years)
\$155 member / \$230 non-member

This is the exciting first dip into the pool for children and we make it special for everyone involved! Parents bring their children into the pool for a fun lesson with one of our wonderful instructors. Children will learn to ask permission before entering the water and how to call for help. They will explore complete water submersion of the mouth, nose, and eyes, buoyancy on the front and back, and changing body position with support. Swim diapers are required.

- **Baby Nemos**
(4 months – 16 months)
Sundays, 9 AM – 9:45 AM
\$160 member / \$230 non-member
- **Baby Dolphins**
(16 months – 3 years)
Sundays, 10 AM – 10:45 AM
\$160 member / \$230 non-member



Levels 1-4 (3-7+ YEARS)

\$200 member / \$340 non-member

LEVEL 1 (SUGGESTED AGE 3+)

For the beginner who is comfortable in the water. Swimmers learn basics of swimming: bobbing, going underwater, supported front and back and back to front, supported gliding, supported flutter kick, supported front crawl arms, and jumping in.

LEVEL 2 (SUGGESTED AGE 4+)

Swimmers should already be able to float on front and back and put head under water. Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front to back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.

LEVEL 3 (SUGGESTED AGE 5+)

Swimmers should already be comfortable swimming front stroke and swimming on their back. Swimmers will work on gliding, freestyle with side breathing, backstroke, breaststroke, and dolphin kicks, retrieving objects in deep water, treading water, jumping into water, and compact dives.

LEVEL 4 (SUGGESTED AGE 7+)

Swimmers should already be able to swim front and back crawl 25 yards. Swimmers will work on: rotary breathing, freestyle, backstroke, elementary backstroke, scissors kick and side stroke, whip kick and breaststroke, intro to flip turn, treading water, and diving.





Early Childhood Education

At the JCC's Early Childhood Center, our programs are sensitive to each child's unique talents and strengths. We pride ourselves in creating fun, hands-on learning opportunities for all. We are dedicated to providing children with a strong educational foundation. Our thematic curriculum allows children to discover and grow in loving, nurturing and engaging environments. We provide opportunities for creative problem solving, decision-making, and leadership skills. Parent involvement is key to our children's success in school. We welcome a partnership with you and your family. Just as each child is unique, so is each family. With this in mind, we offer a variety of flexible schedules and programs to best suit your family's needs. All programs are staffed with caring and experienced professionals. Our teachers are certified by the State Education Department of New York, and we are licensed by the Department of Health's Bureau of Day Care.

JAYNE SMITH
718.475.5265
JSMITH@SIJCC.COM
*Chief Program Director of Early
Childhood and Disabilities Services*

DAWN GALLIS
718.475.5100
DGALLIS@SIJCC.COM
*Asst. Preschool & Daycare Director –
Berman JCC*

STEPHANIE PRASENSKI
718.475.5224
SPRASENSKI@SIJCC.COM
ECE Coordinator – Avis South Shore

TANYA LAUGHLIN
718.475.5225
TLAUGHLIN@SIJCC.COM
*First Foot Forward Coordinator –
Bernikow/Avis*

STACEY ROSEN-TRICARICO
718.475.5286
SROSENTRICARICO@SIJCC.COM
ECE Coordinator – Aberlin North Shore



Infant & Toddler Daycare

12-month, full-day program, 7 AM – 6 PM
Five day a week program available at all sites

Ages 3 months – 2.9 years

- Available at Bernikow and Berman locations
- Two or three day a week schedule available at Berman.

The JCC's Daycare program provides your child with a full day of activities, security, and care in an environment that stimulates their growth in all areas of development.



The JCC is proud to partner with the NYC Department of Education to offer FREE 3-K and Pre-K For All. 3-K & Pre-K For All are offered at all four of our locations. We offer flexible scheduling and small class sizes.

Extended day options for working families are available 7 AM – 6 PM. Extended day offers soccer, music, swim, and enrichment activities such as Smart Table Technology (activities vary by location). The program includes family engagement opportunities.

To learn more about our programs, or to schedule a tour, please call any of our locations. Apply through the Department of Education website (application period begins in late winter/early spring)
myschools.nyc/en

Pilot Preschool Summer Program

Full day options available at the Bernikow JCC and Avis/South Shore buildings.



PJ Library is a free community program bringing age-appropriate Jewish themed books and CDs each month to registered children ages 6 months – 8 years. Participation is open to all. To register for this FREE program, visitnewyork.pjlibrary.org

Alma Harter Library

The Alma Harter Children's Library is housed at the Staten Island Bank & Trust Foundation Early Childhood wing at the Bernikow JCC. This library gives children access to books that keep them entertained while fostering a lifelong love of literature. The library is named for Alma Harter, the JCC's first Early Childhood Director. To make a donation or to add books to our library, please call Jayne Smith at **718.475.5265**.

Get Involved

Join our Early Childhood Facebook group to see pictures and get information on our programs. This is a closed group open to Early Childhood families only. Please consider joining our Early Childhood Advisory Committee to help us enhance our programs with new ideas, family events, and fundraising opportunities.

EARLY CHILDHOOD EDUCATION IS OFFERED AT:

Joan & Alan Bernikow JCC

1466 Manor Road • 718.475.5230

Nancy & Ronald Avis/South Shore JCC

1297 Arthur Kill Road • 718.475.5224

Isador Aberlin/North Shore JCC

485 Victory Boulevard • 718.475.5290

JCC/Berman Early Childhood Center

2221 Richmond Avenue • 718.475.5100

First Foot Forward



The JCC has over 30 years of experience serving preschool children with special needs! First Foot Forward is dedicated to assisting children 2.5 to 5 years old with developmental needs. Our individualized curriculum allows children to reach their full potential in a warm, nurturing environment. New York City and State fund First Foot Forward programming.

First Foot Forward specializes in helping children with:

- Speech/Language Delays
- Socialization Concerns
- Developmental Delays
- Poor Motor Skills
- Sensory Needs
- Autism Spectrum Disorder

To receive services, children need to be evaluated at an approved evaluation site. Our team of certified professionals can evaluate your child at no cost to you. Program eligibility is recommended by the Department of Education's Committee on Preschool Special Education and is based upon the individual needs of your child.

We welcome children of all faiths and nationalities. All services (evaluations, transportation, tuition) are at no direct cost to parents.

Services Offered

- Individualized instruction in small center-based or integrated settings
- Full day, 10- or 12-month options
- Evaluations
- Therapy (Speech, Occupational, Physical, Counseling)
- Music/Movement enrichment experiences
- Parent support groups
- Door-to-door transportation
- Smart table technology
- Related Services (therapy is provided around your child's preschool schedule)

JAYNE SMITH

718.475.5265 • JSMITH@SIJCC.COM

Chief Program Director of Early Childhood and Disabilities Services

TANYA LAUGHLIN

718.475.5225 • TLAGHLIN@SIJCC.COM

First Foot Forward Coordinator – Bernikow/Avis

STEPHANIE PRASENSKI

718.475.5224 • SPRASENSKI@SIJCC.COM

ECE Coordinator – Avis South Shore

MARIANA ASHKINADZE

718.475.5100 • MASHKINADZE@SIJCC.COM

First Foot Forward Coordinator – Berman JCC

CLASSES AND RELATED SERVICES ARE AVAILABLE AT THREE JCC LOCATIONS:

Joan & Alan Bernikow JCC

1466 Manor Road • 718.475.5230

Nancy & Ronald Avis/South Shore JCC

1297 Arthur Kill Road • 718.475.5224

JCC/Berman Early Childhood Center

2221 Richmond Avenue • 718.475.5100

Camp



GLENN WECHSLER, MSW
CAMP CO-DIRECTOR
718.475.5231
GWECHSLER@SIJCC.COM

For more than 85 years, JCC Day Camp has provided a summer camp experience for thousands of children guided by the principles of safety, fun, discovery, friendship, and values.

Our staff lies at the center of the camp's success. Our staff is screened for maturity, creativity, a sense of responsibility and spirit. They are required to attend pre-camp trainings that emphasize children's safety and well-being and stresses their important role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

Your child's summer camp schedule will be packed with a wide range of activities ranging from baseball and soccer to music, arts and crafts, animal encounter and a daily swim. Spectacular weekly shows and special event days are sure to enthrall the children. We have a picturesque 75-acre campsite nestled in Staten Island's Greenbelt that features three Olympic sized pools, multi-purpose athletic fields, archery range, boating ponds, an outdoor theater, and a state-of-the-art ropes challenge course. Our Camp is American Camping Association accredited, ensuring that we are committed to providing your child with a safe and nurturing environment.

You can learn more at our camp open houses throughout the year or by appointment. Visit our website at camp.SIJCC.org

Camp Reunion

Date TBD

Meet up with great camp friends and awesome staff! Enjoy music, dancing, carnival games, and an incredible camp slideshow!

Specialty Camps

We offer specialty camps in sports, including basketball, soccer, and aquatics, as well as performing arts. For more information, visit SIJCC.org

Community-Based Camps

We offer free camp programs at our Cornerstone, Beacon, and COMPASS sites. These programs continue the work we do at these sites throughout the year, teaching leadership skills and encouraging academic success.

Lucille & Jay Chazanoff Sunrise Day Camp-Staten Island

Sunrise Day Camp is the world's first full-summer day camp for children with cancer and their siblings, provided completely free of charge. The Lucille & Jay Chazanoff Sunrise Day Camp-Staten Island is the only day camp of its kind in New York City. The camp serves children from Staten Island, Brooklyn, Manhattan, and nearby New Jersey. The camp, which is located on the grounds of Staten Island Academy, serves over 140 children every year. Activities include sports, music, arts & crafts, swimming, and other games.

Recognizing the extraordinary financial demands that a child's chronic illness can have on a family, Sunrise Day Camp and its year-round and in-hospital programs are offered completely free of charge to all children being treated for cancer and their siblings, on a non-sectarian basis. Sunrise Day Camp-Staten Island is a proud member of the Sunrise Association.



Explorers After School Program & School's Out Programs

MEGHAN MORRONGIELLO, AFTER SCHOOL COORDINATOR • MMORRONGIELLO@SIJCC.COM

Located at the Bernikow JCC

Explorers will be able to take advantage of the beautiful facility, including our indoor pool, gyms, and music rooms. Our after school program aims to educate the whole child through various kinds of activities that stimulate the mind, body, and spirit.

Expand Your Mind

- Academic support
- Homework help
- STEAM activities, including arts & crafts
- Tutoring & Music lessons available for additional fee

Nourish the Body

- Sports taught by JCC coaches, including Core 24 Basketball & soccer
- Kidzercise fitness program
- Physical education drills & skills
- Instructional swim taught by JCC Aquatics staff
- Yoga, Zumba, and Jiu Jitsu classes
- Healthy choice cooking projects

Mindfulness

- Meditation circles
- Social-Emotional learning activities to develop problem-solving, decision-making, self-management, and self-awareness skills
- Celebration of shared values

We also offer an inclusion program for those who would benefit from it. Interview required for enrollment.

Busing Information

Open daily until 7 PM

- Half-day pickup included
- Door-to-Door service from schools

Schools Serviced

- P.S. 4, 29, 36, 42, 48, 53, 54, 55, 58, 69
- I.S. 7, 72, 75
- Hellenic Classical Charter School
- Petrides

Please note pickup from a particular school is based on enrollment and transportation availability. Other schools may be considered upon request.

School's Out Programs

When school is out, we're having fun! Kids enjoy exciting days of swimming, crafts, games and more! School's Out programs are open to grades K-8 and run 9 AM – 5 PM, with extended hours available from 8 AM – 7 PM (extended hours free to Explorers families).

FALL SEMESTER SCHEDULE

October 11, November 11, December 27 – 31

For more information, contact Glenn Wechsler at gwechsler@sjcc.com or **718.475.5231**.



Teen Programs

iTEENS

Looking for a teen leadership group that focuses on planning social events and organizing community service projects? iTeens is the answer. The group meets twice monthly and is guided by the Jewish value of Tikkun Olam – Healing our not yet perfect world. Previous activities included a sushi-making class and an escape the room experience.

TEEN TRAVEL 365

Camp continues throughout the year with Teen Travel 365. Join the JCC and your camp friends on weekend trips to popular destinations.

TEEN MEMBERSHIP

Teen membership is for teens in grades 7 – 12 who are not part of a family membership. It is not applicable for camp. Documentation showing grade is required. Teen members ages 13 – 15 must take a Teen Tune Up Certification Course before using the Fitness Center. This trains on the concepts of fitness, etiquette in the facility, and authorization to use the facility under the supervision of the fitness floor staff. Contact our Membership Department at membership@sjcc.com or **718.475.5223** for details.

YSI DRIVER EDUCATION PROGRAM

Driver’s Ed is back! The JCC contracts with a local vendor to provide a Driver Education program for new drivers 16 years and older. The class meets at the Avis JCC for classroom work and in-car classes. The course is a comprehensive introduction to the driving experience. Students must successfully complete both the road and theory portions of the course to receive a MV 285, formerly known as the Blue Card. For more information, call **718.851.1876**.

Youth & Teen Programs

GLENN WECHSLER, MSW, YOUTH DIRECTOR
718.475.5231 • GWECHSLER@SIJCC.COM

Youth Programs

MIDDLE SCHOOL MADNESS

Join us for a fun-filled program just for middle school-aged tweens! Children grades 6 – 8 will have a nighttime spot to hang out and have snacks, play basketball, or dance. See your camp friends, bring your school friends, and make new friends!

Our first event will take place on Saturday, October 16, 7 PM – 9 PM.

JUNIOR LOUNGE

The summer is ending, and your kids have made friendships that will last a lifetime. Join us one Saturday night and Sunday afternoon a month for a wide array of camp-like activities such as sports, gaga, crafts, cooking and swimming. Best of all, your children will be able to reconnect with their summer camp friends!

Our first Junior Lounge will take place on Saturday, October 16, 7 PM – 9 PM. Open to children in grades K – 5.

Community-Based School Programs

DEBRA FREDRICK, CHIEF PROGRAM
DIRECTOR OF COMMUNITY SERVICES
718.475.5113 • DFREDRICK@SIJCC.COM

All of our community-based school programs are funded by the Department of Youth and Community Development (DYCD), a NYC agency.

Beacon Programs

I.S. 49

Joi Bobian, Director
jbobian@sijcc.com

Tottenville High School

Cliff Bloom, Director
718.605.3033

The JCC Beacon program serves the community on the North and South Shores of Staten Island. The after school program for middle school and high school students offers a wide variety of essential services to school-age children as well as their parents and the community. The mission of the Beacon program is to provide activities that are not generally available during the school day. Regularly scheduled after school, evening, Saturday, and summer camp programs include academic help (STEM-based), social services, recreational, leadership development, nutritional enhancements, music, dance, art, and drama. There is a registration process for enrollment into the JCC Beacon programs with applications available at each site.

FUNDING PROVIDED BY



Department of
Youth & Community
Development

SONYC Program at Eagle Academy

Jeanette Velasquez, Director
jvelasquez@schools.nyc.gov

The JCC SONYC program serves the young scholars of Eagle Academy in the Berta Dreyfus Campus. The mission of the SONYC program is to serve middle school participants with opportunities during after school time that will allow them to develop leadership skills while strengthening their academic progress through various project-based activities such as STEM, cooking, leadership development, entrepreneurship, and recreational activities. The goal of the Eagle SONYC program is also to facilitate the transition of adolescent boy students from middle school to high school, by providing academic and social-emotional support.





Adolescent Literacy at I.S. 49

Korina Toledo, Director
718.556.1565

Our JCC Adolescent Literacy program provides services to students who need individualized and focused EL academic support. Students learn such things as communication, public speaking, reading, and creative writing, as well as exploring literacy components through leadership. To enroll in the program, applications can be submitted to the Beacon or main school office.

COMPASS & COMPASS EXPLORE

P.S. 65

Seth Kaplan, Director
347.466.4407

These programs provide after school and summer programming for elementary aged children. Similar to the JCC Beacon program, the program complements the school day by offering academics, socialization, recreation, and the arts. Parents and the surrounding community are also provided with opportunities to support the efforts of the program by civic engagement events that bring the community together.

The summer camp program offered by the JCC COMPASS program is relocated to I.S. 61 for full day camp activities. To enroll in the program, applications can be submitted to the COMPASS office at P.S. 65.

Cornerstone Programs

Todt Hill

Rebecca Catalan, Director
917.830.0455 • rcatalan@sijcc.com

Richmond Terrace

Charles "Rich" Richardson, Director
718.981.7942

Gerard Carter Center

Jalyssa Gordon, Assistant Director
718.981.0500 • jgordon@sijcc.com

The Cornerstone programs offer free services to the families and surrounding community at centers based inside of the NYCHA housing developments on Staten Island. Programs are offered specifically for elementary school age children (after school programs and summer camps), middle school and high school students, young adults, and adults in the community. This program develops pride, community building, and spirit. The staff of the JCC Cornerstone programs primarily hail from the communities they work in. In addition, the centers partner with local community-based organizations to provide quality services to young adults and teens, such as the recent VIBE program in which participants worked together for the summer to create a community mural.

Department for People with Disabilities

TIM ESPOSITO, DIRECTOR, DEPARTMENT FOR PEOPLE WITH DISABILITIES
718.475.5267 • TESPOSITO@SIJCC.COM

LAURA IRIZARRY, ASSISTANT DIRECTOR
718.475.5268 • LIRIZARRY@SIJCC.COM

At the JCC, we specialize in helping those with disabilities. We provide developmental, social, and recreational opportunities for a wide spectrum of individuals, beginning at age three and ranging through adulthood. Our staff's mission is to provide opportunities for participants to improve social skills, which enhance their overall well-being. Staff are professionals working to provide stimulating experiences for our participants. We also provide inclusion programs to allow people with disabilities to participate in many of our programs outside of the department.

Day Habilitation

Year-round

Our Day Habilitation Without Walls Program for Young Adults offers social, recreational, and vocational activities at the JCC as well as in collaboration with our partner organizations. Young adults take part in activities such as delivering meals to the homebound, stocking our food pantry, and gardening. We also take trips to various museums and other cultural organizations. Our program maintains a strong emphasis on community inclusion. We engage our participants in opportunities to be healthy, social, and active members of the community with a maximum degree of independence. Our ultimate goal for our participants is to establish the groundwork for optimal success in achieving their highest potential as they transition into adulthood.

Dr. and Mrs. Megna Kids Club for Special Kids

Ages 6 – 12
September – June

Our after school program for children with ASD (Autism Spectrum Disorders) presents an opportunity for children to socialize and engage with peers in an inclusive environment. Licensed teachers facilitate activities, including yoga, swimming, basketball, and music, cooking, arts & crafts and homework help.

Teens After School Program

Ages 13 – 21
September – June

Our after school program for teens with disabilities presents an opportunity for participants to be healthy, social, and active members of the community with a maximum degree of independence. Licensed teachers facilitate activities including social skills exploration, fitness and athletics, recreational group classes, and parent communication.





Sundae Funday

October – June

Children with disabilities come to the JCC for three hours of fun on Sundays. Each hour is devoted to a specific activity: Dancing, music, arts & crafts, Zumba & sundae making. This program is offered two Sundays per month. The staffing ratio is 3:1.

Sunday Social

October - June

Young Adults (21+) with disabilities come to the JCC for two hours of fun and socializing. Activities include karaoke, music, dancing, games, and more! This program is offered two Sundays per month. The staffing ratio is 3:1.

Marvin's Camp for Children with Special Needs

July/August

Marvin's Camp is a unique recreational summer program customized for children with disabilities. With a wide array of both social and developmental activities, children are engaged by professionally trained staff to create some of the best memories of their summer. After seven weeks of dance classes, swimming, social skills, and field trips, the children show off their skills in a dance performance for their families and relive the summer through a picture slideshow.

School's Out Programs

In collaboration with our Youth Department, children and young adults with disabilities are given opportunities to engage with their peers in an inclusive environment on holidays when school is closed. They provide students with opportunities to see their classmates and meet new friends.

Special Events

Special Events include concerts for people with disabilities, our annual resource fair that we cohost with Senator Andrew Lanza, Reel Abilities Film Festival, and much more.

Girl Scouts

Our Girl Scout Access Troop is for girls and young adults with disabilities. If troop members attend a District 75 school, registration is free. Members must still pay dues and trip fees. Please contact Lisa Rosenfeld at lrosenfeld@sjcc.com for more information.

Inclusion Program

We offer inclusion opportunities in many of our programs for those who would benefit from it. Interview required for enrollment.

Disabilities Advocate Committee

Our Disabilities Advocate Committee is composed of professionals and family members of individuals with disabilities. The committee helps the JCC develop policies, create programs, and do outreach to the community.



Dr. Esther Grushkin Center for Arts + Culture



Dr. Esther Grushkin
CENTER for ARTS + CULTURE

BELLA SMORGONSKAYA
CULTURAL ARTS DIRECTOR
718.475.5262 • BSMORGONSKAYA@SIJCC.COM

SIGALIT GREGO
ARTS & CULTURE PROGRAM COORDINATOR
718.475.5276 • SGREGO@SIJCC.COM

The Joan & Alan Bernikow Jewish Community Center of Staten Island is thrilled to announce the naming of the Dr. Esther Grushkin Center for Arts + Culture.

We honor the late Dr. Grushkin with the commitment to ensure her legacy will live on in a most meaningful way for generations to come.

Dr. Esther Grushkin was a brilliant woman, a Jewish educator extraordinaire who dedicated much of her career helping to bring adult Jewish learning and culture to the Jewish community of Staten Island and beyond. With a passion and depth of knowledge only matched by her ability to engage her students through enthusiasm and humor, Dr. Grushkin generated a loyal following among youth and adults alike as she shared her love for philosophy, the Bible, archaeology, history, literature, art, music, drama, politics, and journalism. *"It was a mutual love affair between me as a teacher and my students,"* she said.



Dr. Esther Grushkin's dedication inspires us to keep moving forward with our mission to enrich the lives of the entire community. We aspire to the pursuit of excellence as Esther did!

With gratitude to her husband, JCC Board Member Jerome L. Grushkin, and to you, our program participants, and donors, we will hold a celebration on November 18, 2021. **Stay tuned for more information!**

We will continue offering lectures focused on issues and topics that resonated with Dr. Esther Grushkin such as philosophy, the Bible, biblical archaeology, Jewish culture, and more. Upcoming programs include our popular monthly Lunch and Learn series with Rabbis, guest lectures, and trips. Guest speakers will include Amy Posner, Executive Director of Hillel at the College of Staten Island, Professor Lori Weintrob, Director of Wagner College Holocaust Center, and Amy Kalmanofsky, an associate professor of Bible Studies at The Jewish Theological Seminary.

Israel Programming

The goal of our Israel programs is to create a community culture that acknowledges and embraces the understanding that Israel is a complex country with a dynamic culture. Programming aims to foster dialogue that promotes greater personal connections to Israel. With these personal connections comes a greater appreciation of the nation's complexities and a deeper interest in the country's history and people. Programs include lectures from Ben-Gurion University of the Negev, Israeli movies, and a community-wide celebration of Yom Ha'Atzmaut (Israel Independence Day).

Upcoming Programs

An Evening with Motl Didner in Conversations with Fred Grieco: A History of Yiddish Theatre

October 12 & 19 (two-part series)
\$15 members • \$20 non-members

Jews of Color—Who We Are: Identity and Diversity in Our Jewish Community

October 27 • FREE

The Pope, the Jews, and the Relations between the Church and the Jewish People with Joe Delaney

December 6 & 13 (two-part series)
\$10 per lecture, \$18 for both

Building Peace and Dialogue between Jews and Muslims with Dr. Mehnaz Afridi

November 4
\$15 members • \$20 non-members

From Crisis to Opportunity: A conversation with Roei Ben Tolila, a former officer in an elite unit in the IDF

November 7 • FREE

The Middle Ages: Mining for new stories from the old

November 28, 30 & December 7, 14, 21, 28
\$12 per lecture, \$60 for all lectures

Broadway Staged Reading with Fred Grieco

December 2
\$15 members • \$20 non-members

Annual Jewish Music Festival

Every spring, we host the annual Jewish Music Festival, which celebrates different kinds of Jewish music in various locations throughout Staten Island. Stay tuned for more details!



FILM SERIES

Dates TBD

This upcoming year we will continue to provide first class lectures with Dr. Julia Wagner, a lecturer, writer, and public speaker specializing in film and television. Join Dr. Wagner as she unravels the latest season of Shtisel.

VIRTUAL BOOK CLUB WITH BARBARA KENT

FREE members • \$5 non-members

***Treasure Seekers* by Roberta Seret**

September 23

***The Dearly Beloved* by Cara Wall**

October 21

***Hamnet* by Maggie O'Farrell** (National Book Critics Circle Award winner)

November 18

***Apeirogon* by Colum Mc Cain** (Booker Prize and Dublin Literature Award finalist and National Jewish Book Award winner)

December 16

CULTURE PASSPORT – VIRTUAL TOURS TO JEWISH PLACES AROUND THE WORLD

Biblical Tours in Israel with Dani Margolis

Dates TBA • \$12 per day, \$50 for 5 days

Jewish Prague, Barcelona, Sankt Petersburg, and Vilna

Dates TBA • \$15 per lecture



Dorothy Delson Kuhn Music Institute

ELA SEELEY, MUSIC INSTITUTE DIRECTOR
718.475.5263 • ESEELEY@SIJCC.COM



For over 50 years, the Dorothy Delson Kuhn Music Institute has been sharing the love of music with Staten Islanders. We offer group and private lessons for children and adults. Students learn in a non-competitive atmosphere. The Music Institute is a non-profit and non-sectarian music school. It is the only member of the National Guild of Community Arts Education on Staten Island.

Open House

Sunday, September 19
12 PM – 3 PM

Meet our faculty, sample classes, and learn how the Music Institute can help your child discover the joys of music!

Programs for Adults

ADULT CHAMBER GROUP

15-week session

Thursdays, 2 PM – 3:30 PM

Take the next step and expand your repertoire while playing in an intimate group. Advance your skills to include balance, phrasing and intonation. Open to all levels, however, you must be able to read music.

GROUP PIANO

Beginner to intermediate level

10 sessions

Tuesdays, 10 AM – 11 AM

Private Lessons

Private lessons may be 30, 45, or 60 minutes. Enrollment is for 30 weekly lessons from October through June. Lessons are offered at the Joan and Alan Bernikow JCC and Avis/South Shore JCC.

Private lessons are available in: Bassoon, Violin, Cello, Clarinet, Flute, French horn, Guitar, Oboe, Percussion, Piano, Saxophone, Trumpet, Recorder, Trombone, Tuba, Voice

GROUP GUITAR

10 sessions • Mondays, 1 PM – 2 PM

RECORDER ENSEMBLE

Fridays, 9:30 AM – 11 AM

FREE members • \$50 non-members

Musicians of all levels get together and enjoy playing multi-part music on an instrument that is easy to learn. Those who play compatible instruments or sing are also welcome.

MUSIC LECTURES & PRESENTATIONS

Learn music history once a month from the Music Institute's Faculty Members!



Pre-Teen & Teen Programs

MUSICIANSHIP/THEORY CLASSES

These classes provide enrichment through instruction in theory, ear training, musical forms, music history and general music appreciation. This class is included with private lesson tuition. For those not enrolled in Music Institute private lessons, a fee will apply.

INDIVIDUAL THERAPEUTIC MUSIC LESSONS

Ages 4 – 18 • 10 session packages available

Work one-on-one with a certified Music Therapist able to engage students with unique interests and abilities.

CHAMBER ENSEMBLE

Ages 8 – 18

Mondays, 7 PM • Free for current students

Take the next step and expand your repertoire while playing in an intimate group. Advance your skills to include balance, phrasing and intonation. Chamber music offers players the perfect balance between solo and orchestral performing.

DIGITAL SONGWRITING WORKSHOPS

Ages 9 – 18 • 10 weekly sessions

Tuesdays, TBD

Using applications found on computers and tablets, we will provide students with an experience unlike traditional songwriting. No prior experience writing songs or music needed.

Early Childhood Music Classes

HARMONY ROAD KEYBOARD PROGRAM

A unique 15-week parent/child musical program that focuses on the development of the whole child while stressing keyboard readiness. Each group course is designed specifically for the age group, reinforcing and building on their skills as they progress through the curriculum. Parent or caregiver must actively accompany the child in class. Free demonstration classes will be held one week prior to the starting date.

Music in Me (Ages 3 – 4)

Tuesdays, 4 PM – 4:45 PM

A dynamic readiness program for young children with emphasis on the ear training, solfege singing, movement, pitch and rhythm awareness, keyboard geography and finger readiness.

Harmony Road (Ages 4.5 – 6)

Tuesdays, 5 PM – 6 PM

Carefully constructed for children to learn the basic building blocks of music. Emphasis on ear training, solfege singing, keyboard playing, ensemble and rhythm activities, movement, and music creativity. Reading concepts are introduced gradually and basic composing activities encourage the development of the child's musical vocabulary.

The Young Musician (Ages 6 – 7)

Tuesdays, 6 PM – 7 PM

The Young Musician course introduces beginning students to keyboard performance and note reading in a holistic program, including the organized development of pitch, rhythm, solfege singing, keyboard and movement activities.

MUSIC TOGETHER OF STATEN ISLAND

@ THE JCC

Ages birth – 5 years • 9 sessions

Sundays or Tuesdays, 10 AM – 10:45 AM

Music Together is an internationally recognized early childhood music program for babies, toddlers, preschoolers, kindergarteners, and adults who love them. The classes are based on the recognition that all children are musical. All children can learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning.

MUSIC ADVENTURES WITH MS. BO

Ages 3 – 5 • 10 sessions

Mondays, 3:30 PM – 4:30 PM

Explore music through song, movement, and instrumental play along.

DRAMA ADVENTURES

Ages 3 – 5 • 10 sessions

Tuesdays, 3:30 PM – 4:30 PM

Ages 5 – 7 • 10 sessions

Tuesdays, 4:30 PM – 5:30 PM

An introduction to drama class that uses theater games, songs, and stories to bring a fairy tale to life. This class introduces children to stage presence and self-expression in a fun and supportive environment.

DANCE AND PLAY IMPROV

Ages 3 – 5 • 10 sessions

Wednesdays, 3:30 PM – 4:30 PM

Learn dance techniques and choreography to express yourself through dance.

GROOVY MUSIC TIME

Ages 3 – 5 • 10 sessions

Mondays, 2:30 PM – 3:30 PM

Enjoy music and movement with a certified Music Therapist able to engage children with emotional and cognitive needs. Focus on motor skills and language areas. Parent participation required.

Family Solutions to Memory Loss

TONIANN BERTONAZZI, DIRECTOR OF SPECIALIZED PROGRAMS IN MEMORY LOSS
718.475.5281 • TBERTONAZZI@SIJCC.COM



The JCC offers specialized programs for Memory Loss. We have a compassionate, caring, trained, and qualified staff that is CPR/AED certified.

We offer a low ratio of staff to participants to assist with participant engagement, meal preparation, and reinforcement of daily life skills. Our programs are an affordable alternative to institutional placement and in-home care.

Some activities may be new and informative, but many are low barrier and familiar. Our staff will meet with you privately, assist you with the application and enrollment process, and answer any questions you may have. **Applications are accepted on an ongoing basis.**

Our day programs include:

- Nutritious, Kosher Lunch & Snacks
- Discussion Group & Current Events
- Exercise & Nutritional Counseling
- Memory Stimulation Activities
- Creative Art & Music Classes
- Gardening
- Support Group



My Place

Monday – Friday

10 AM – 3 PM

Our one-of-a-kind program for individuals with mild or mid-stage Alzheimer's Disease/related dementias.



Rosemary's Place

**An Early Stage Memory Center
Monday – Thursday**

10 AM – 3 PM

Rosemary's Place is the only program on Staten Island specifically geared for individuals recently diagnosed with Alzheimer's Disease/related dementias.

Funded by the Richmond County Savings Foundation in honor of Rosemary Manzulli. Special thanks to Michael Manzulli.



Caregiver Support Center

ALLISYN WISE-ORTIZ,
DIRECTOR OF CAREGIVER
SUPPORT CENTER
718.475.5287
AWISE@SIJCC.COM

Our Caregiver Support Center offers services and support to individuals who are providing care to a loved one with Alzheimer's Disease/related dementias.

Our services include:

- Comprehensive Consultation to Review your Specific Situation
- Emotional Support
- "Powerful Tools for Caregivers" Information and Training Sessions
- Referrals for a Wide Range of Community Resources
- Support Groups
- Quality Joint Programs for You and Your Loved One
- Meditation, Yoga & Stretching
- Assistance Coordinating Long Term Care and Gathering Documentation
- Coordination of Home Health Aide Assistance (Limited)
- Incontinence & Nutritional Supplies (Limited)
- Linkage to Benefits & Entitlements, including SNAP (Food Stamps) and Medicaid



Senior Centers

AMELIA WINTER,
CHIEF PROGRAM
DIRECTOR OF
SENIOR SERVICES
718.475.5238
AWINTER@SIJCC.COM



The JCC has a robust offering of Senior Services

Island-wide. Our two Center You Neighborhood Senior Centers are located in Stapleton on the North Shore, and in Greenridge on the South Shore. Our Innovative Senior Center, the Center for Life Long Development (CLLD), is located Mid Island. All three centers are providing evidence-based learning which offer proven ways to help promote health and prevent disease.

Programs and services we offer include:

- Education
- Health Management
- Recreation
- Educational Lectures
- Arts & Culture
- Technology
- Meal Program
- Transportation Service
- Physical Exercise & Fitness
- Health Insurance & Care Coordination

Locations

**JCC Center You Stapleton
Neighborhood Senior Center**
Maritza Rivera
718.981.8828
mrivera@sijcc.com

**Center for Life Long
Development (CLLD)**
718.517.7445
CLLDReception@sijcc.com

**JCC Center You Avis
Neighborhood Senior Center**
Jodie Montelli
718.475.5283
jmontelli@sijcc.com



Case Assistance

The JCC provides comprehensive screenings for benefits and entitlements that can help older adults save time and money and improve their quality of life. Assistance with the following is provided at no cost and by appointment only:

- Food Pantry & Benefits
- Legal Issues
- Health Insurance
- Budgeting/Financial Counseling
- Medical Referrals
- English as a Second Language (ESL)

Evidence-Based Learning

All three of our senior centers provide evidence-based learning, which offer proven ways to help promote health and prevent disease among older adults. Older adults who participate in Evidence-Based Programs can lower their risk of chronic diseases and falls. They help lessen the possibility of the long-term effects of falling. We also offer Evidence Based Training for Caregivers, Powerful Tools for Caregivers, to provide skills to those caring for a loved one.

Transportation

Door-to-door transportation is available to/from the Joan & Alan Bernikow JCC for adults 60+ at the JCC during designated Center for Life Long Development (CLLD) hours and to/from the Avis/South Shore JCC during designated Neighborhood Senior Center hours of operation. Free CLLD and/or neighborhood Senior Center enrollment is required to take advantage of these transportation options. Our bus is lift-accessible. Transportation is also provided to members of our Memory Centers.

Seaview Senior Housing

The JCC provides a social services professional to serve as the on-site staff coordinator for social services exclusively for residents of Seaview Senior Housing, connecting them to services throughout Staten Island.

Virtual Senior Center

New friends are waiting for you at the Virtual Senior Center Program, exclusively for residents of Seaview Senior Housing. See, hear, talk, and travel with them without leaving your home. Participate in meaningful, real-time, video-based conversations facilitated by trained and experienced staff. Enjoy programs that offer friendship, education, recreation, and entertainment.



Social Services & Community Programs

AMELIA WINTER, CHIEF PROGRAM
DIRECTOR OF SENIOR SERVICES
718.475.5238 • AWINTER@SIJCC.COM

When crisis strikes, the JCC is here to help.

People facing adversity are often overwhelmed. They might have no idea what services are available or even what services they require. They need assistance navigating the road they are traveling. That's where the JCC steps in. By partnering with other agencies, we provide a lifeline of support, guiding people toward the services they need and walking with them every step of the way.

JCC Career Connections *NEW*

The JCC offers assistance with career services through a number of means, including referrals to potential employers, enrollment in job training programs, as well as interviewing and career preparedness skills.

Please contact Kathi Indelicato, Career Services Coordinator for more information at kindicato@sjcc.com or 718.475.5236.

Free Legal & Financial Counseling

Through UJA-Federation of New York and our partnership with New York Legal Assistance Group, the JCC provides free legal support in the following areas:

- Landlord/Tenant Disputes
- Evictions/Foreclosures
- HRA/Social Security/Unemployment Benefits, etc.
- Elder Law – Will/Healthcare Proxy/Power of Attorney

We also provide free support for:

- Managing Debt
- Budgeting
- Bankruptcy, etc.

For more information, please contact Devorah Weiss, LMSW, at dweiss@sjcc.com or 718.475.5245.

Free Benefits/Entitlements Screening & Enrollment

Case Management provides individuals and families with a personal case manager who can help navigate the maze of services to develop strength-based individual care plans.

- SNAP Benefits (Food stamps)
- Health Insurance Options
- Utility Assistance Programs i.e. HEAP, etc. (November – May)
- Life Line/Safe Link (free cell phone)
- Access-a-Ride (for Senior Citizens/People with Disabilities)
- Income Tax Preparation And more!

For clients under age 60, contact Devorah Weiss, LMSW, at dweiss@sjcc.com or 718.475.5245.

For clients over age 60 (North Shore), contact Maritza Rivera at mrivera@sjcc.com or 718.981.8828.

For clients over age 60 (South Shore), contact Jodie Montelli at jmontelli@sjcc.com or 718.475.5283.

Free Kosher Food Pantry

The Kosher Food Pantry is by appointment only in order to ensure personal, confidential, one-on-one services. Please contact Sara Cohen at sacohen@sjcc.com or 718.475.5242.

Health Insurance Programs

The JCC is committed to helping people in our community find affordable health insurance. We help over 4,000 people get health insurance annually. You do not have to be a JCC member to take advantage of these services.

JCC Community Health Insurance Program (CHIPS)

MAUREEN FISHER,
DIRECTOR OF HEALTH PROGRAMS
718.981.1400 • MFISHER@SIJCC.COM

TATYANA CHECHURINA
TCHECHURINA@SIJCC.COM

The CHIPS Staff are trained Navigators, certified through the NYS Department of Health. They assist individuals and families in enrolling in public Health Insurance Programs (Medicaid and Child Health Plus) as well as in Essential Plans and Qualified Health Plans through the New York State of Health Marketplace. The multi-lingual staff can assist people under the age of 65 with eligibility, enrollment, annual recertification, plan selection and health literacy. Services are available at various locations with evening and weekend hours offered. There is no cost to enroll. Premiums and co-pays may apply, depending upon program. Enrollment into Medicaid, Child Health Plus and Essential Plans takes place year-round. Call **718.981.1400** for information or an appointment.

Adult Education Programs

ROSE NOVA, DIRECTOR OF EDUCATIONAL & VOCATIONAL SERVICES
718.508.3881 • RNOVA@SIJCC.COM

ELAINE CAPUTO FERRARA,
ADULT EDUCATION COORDINATOR
718.508.3885 • EFERRARA@SIJCC.COM

Our Adult Education Programs are free and available in multiple locations around the Island. Enrollment is limited, and registration is ongoing. We currently offer classes online and in person.

HSE/ABE Preparatory Program

This program is for those 18 years of age or older who wish to prepare for the HSE/TASC Exam. Classes provide students with the skills and knowledge needed to prepare for the TASC Exam (High School Equivalence Exam) to receive their High School Equivalency diploma. In addition, we will help all eligible students schedule their TASC Examination at local testing centers. To register, call **718.508.3895** or Heather Cirnigliaro at **718.508.3894**.

English as a Second Language (ESL) Program

The English as a Second Language Program offers classes to help adults to improve their English language skills. Day, evening, and Saturday classes are offered at local public schools or virtually. Instruction focuses on improving reading, writing, speaking, and listening skills. The goal of the program is for students to improve their English language skills to better communicate with others and participate in community activities. To register, call Elaine Ferrara at **718.508.3885**.

Free Individual Supportive Counseling

The JCC provides one-on-one counseling sessions to older adults (age 60+) with MSW Student Interns.

Your counselor can assist and guide you in life's transitions and challenges, including:

- Bereavement/Grief/Loss
- Social Isolation
- Caregiver Support
- Marital Issues/Separation/Divorce
- Chronic Health Conditions
- Relationships

Registration Form

Skip this form and register online at SIJCC.org!

HOW TO REGISTER

- Fill out a registration form **COMPLETELY** for each individual registering. Additional forms are available in the Center lobby, or you may duplicate as many forms as you need.
- Write a check to the **JEWISH COMMUNITY CENTER** for full tuition to cover all classes and activities requested.
- Full payment must accompany registration or registration will not be accepted.
- The JCC is not responsible for typographical errors.
- Place the registration form(s) and your check in an envelope and either address completely for mailing or see the receptionist at either JCC building. If mailing, mark the envelope "Registration."
- No confirmation will be sent. Participants are expected at the first session as listed. You will be notified only if a class is cancelled.
- Non-members may enroll only in those classes that show a non-member fee.

MEMBER INFORMATION

Please return to the JCC, **1466 Manor Road, Staten Island, NY 10314**. Please use a separate form for each person. Call **718.475.5200** for additional forms or information about course codes.

NAME	EMAIL	PHONE			
ADDRESS	CITY	STATE	ZIP		
CHILD'S NAME	DOB				
CHILD'S NAME	DOB				
PARTICIPANT'S NAME	AGE	COURSE CODE #	CLASS NAME	DAY/TIME	FEE

PAYMENT INFORMATION

- WELLPRO/PROGRAM MEMBER WELLNESS MEMBER NON-MEMBER MEMBERSHIP EXPIRES _____
- ENCLOSED IS MY CHECK IN THE AMOUNT OF \$ _____ MADE PAYABLE TO **JEWISH COMMUNITY CENTER**
- CREDIT CARD NUMBER _____ VISA MC AMEX
- EXPIRATION DATE _____ SIGNATURE _____

AUTHORIZATION FOR EMERGENCY MEDICAL AND/OR SURGICAL TREATMENT

This form must be on file for all children enrolled in courses. Authorization: In case of emergency, I hereby authorize the doctor or hospital to which my child/children may be brought (and whomever they may designate as their assistant) to perform an emergency procedure or operation, to give treatment and the administration of an anesthetic to my child. I also authorize the use of my hospitalization or medical coverage as indicated below:

CHILD(REN) NAME	ADDRESS	CITY	STATE	ZIP
PHONE	EMERGENCY AND/OR WORK PHONE (REQUIRED)			
NAME OF INSURANCE POLICY	DATE	POLICY #		

Please Note: The authorization granted by this form will be used only where absolutely necessary and only after every attempt has been made to contact the parent or guardian. I/we agree that the JCC and/or UJA Federation may use any photograph, videotape, or record in which I/we appear, for purposes of publicity, and/or advertising.

SIGNATURE	RELATIONSHIP TO CHILD
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Fundraising & Development



ANITA BRUCKMEIR, CHIEF DEVELOPMENT OFFICER • 718.475.5234 • ABRUCKMEIR@SIJCC.COM
EVETT SHULMAN, DIRECTOR OF INDIVIDUAL GIVING • 718.475.5256 • ESHULMAN@SIJCC.COM

The JCC provides vital services to every constituency on our Island with the goal of making it a better place for everyone. There are many ways you can make a difference and financially assist our programs. For information or any questions you may have on the programs listed here and other donor opportunities, please contact Evett Shulman.



Tribute Program

Interested in paying tribute to a loved one? You can recognize the birth of a child, honor a Bar/Bat Mitzvah, celebrate a simcha such as a wedding or birthday, or pay respect to a loved one's memory. The JCC's tribute program will enable you to acknowledge that special milestone or event, while supporting the JCC and the numerous programs and services offered throughout our community.

Program Sponsorships

Our agency hosts special events each year enabling individuals, corporations, and foundations the opportunity to show the support via a sponsorship. Each event brings high exposure to audiences of several hundred attendees. The funds are allocated to programs like Marvin's Camp for Children with Special Needs, Sunrise Day Camp, and Rosemary's Place. Please consider a sponsorship for one of our many events.

Other Ways to Support the JCC

- Naming Opportunities
- In-Kind Services
- Planned Giving

Named Funds

If you are interested in supporting a specific program or service that the JCC offers, we have a number of Named Funds. You can support one of the Funds listed below or create your own. It is a great way to ensure that the JCC can grow new programs and establish future ones.

Joan and Alan Bernikow Fund for Children with Special Needs

Supports services for individuals with disabilities attending a variety of programs at the JCC.

Murray Berman Family Fund

Provides scholarships to families in need to send children to JCC day camps.

Lucille and Jay Chazanoff Fund for Sunrise Day Camp

Supports Sunrise Day Camp—a free camp for children with cancer and their siblings—along with Sunrise Year-Round Programs.

Marvin Weissglass Family Trust

Supports the operations of Marvin's Camp for Children with Special Needs.

Dr. Esther Grushkin Memorial Lecture Fund

Supports JCC programs in the area of informal Jewish education.

Foundation for The Music Institute of the Jewish Community Center of Staten Island

Supports scholarships for families in need to send children to the Dorothy Delson Kuhn Music School; provides assistance to send the Music Institute faculty to trainings and conferences as well as repairs or purchase of instruments.

RememberMe

Supports programs and other needs of our dementia-related programs.

Allan Weissglass Memorial Fund

Provides funds for Capital repair and replacements at JCC-owned facilities.

Olsen Family Wellness Center Fund for Sunrise Day Camp

Supports the Olsen Family Wellness Center at Sunrise Day Camp.





Upcoming Events

September 13, 2021

JCC BOCCE TOURNAMENT

September 19, 2021

FALL HARVEST FESTIVAL

October 24, 2021

KIDS FRONT & CENTER

November 18, 2021

NAMING CELEBRATION FOR THE
DR. ESTHER GRUSHKIN
CENTER FOR ARTS + CULTURE

January 20, 2022

STAR OF DAVID AWARDS

February 6, 2022

SUNSHINE SUNDAY

March 5, 2022

DOROTHY DELSON KUHN
MUSIC INSTITUTE'S 50TH
ANNIVERSARY CELEBRATION

April 3, 2022

NANCY AVIS L'DOR V'DOR AWARDS

May 15, 2022

ALLAN WEISSGLASS DISTINGUISHED
LEADERSHIP AWARD

June 12, 2022

SUNRISEWALKS

*DATES ARE SUBJECT TO CHANGE
SIJCC.ORG