

A close-up, low-angle shot of a field of green wheat stalks. The stalks are in sharp focus in the foreground and become increasingly blurred as they recede into the background. The sky above is a pale, clear blue, suggesting a bright, sunny day. The overall color palette is dominated by various shades of green and blue, creating a fresh and natural atmosphere.

# The Field

## Leadership Course

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We call this course  
*The Field* because  
transformational leadership  
is like standing in a wide-open  
field full of possibility.



# The future of leadership is transformational

We live in transformational times with high complexity, tectonic market shifts, new business models and a clear demand for sustainable products and services.

Yet, one of the biggest challenges that leaders face is, that neither people nor organisations change that easily. Evidently, as a leader we must now learn how to lead *real* transformation – a process that is less about tools and more about *who you are* as a leader.

**The Field Leadership course is designed to help you transform, so that you can transform your organisation.**

Successful transformation is marked by massive action, resilience and sustainable results. But to succeed we must learn to move beyond our ego and fear-based habits.

Over 9 months, we facilitate a process beneath the surface of our professional persona to embrace the shadows of our leadership and bring out more wisdom and courage.

You will learn to lead your team and business with deep intent for the results you want to create and to apply game-changing methods used by pioneering organisations.

In explorative and honest conversations, we will address the mindsets and behaviours that limit us and find new ways to build vibrant organisations - full of highly engaged people delivering extraordinary results.

In short, it is a journey for leaders willing to be curious, break patterns and challenge pre-conceived ideas to help their organisations succeed in times of transformation.

## What you get

- + A course designed to help you transform how you think and act as a leader
- + Research-based practices to transform relationships and results
- + Learning through coaching, feedback and training calls between modules
- + Introduction to pioneering ways of organising and leading organisations
- + Access to a powerful network of transformational leaders

## Programme details

- + For leaders who are ready to play a transformational role in their organisation
- + 9 month duration
- + 4 modules (13 full days)
- + Training calls and practice between modules
- + Intimate group size
- + Greater Copenhagen Area (in person)



# Takeaways

## For you as a leader

- + Clarify your personal leadership intent and set clearer demands and boundaries
- + Lead from your authentic self and focus more on what matters
- + Deepen relationships with colleagues and inspire others to grow
- + Make confident decisions without having all the answers
- + Facilitate tough conversations and turn potential conflict into creative problem solving

## For your organisation

- + Make employees feel motivated despite pressure and uncertainty
- + Create highly aligned and engaged teams, able to create breakthrough results
- + Remove and set boundaries to unleash organisational purpose and potential
- + Understand the dynamics of organisational transformation to overcome barriers and minimize risk

# Your leadership field is where you make things happen.

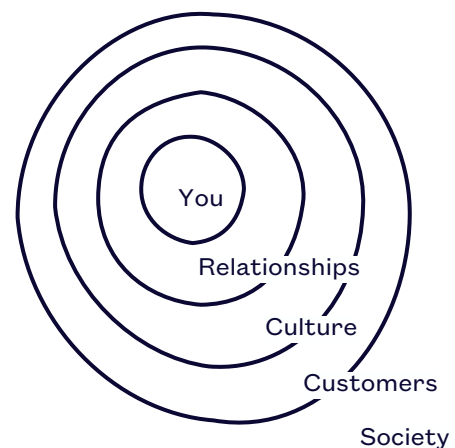
Your leadership field is defined by the role you play, the people you touch, the products and services you offer, the markets you serve, and the infrastructure that enables you.

As a leader you bring intent and creativity into the field. What is possible in the field is a reflection of who you are. Your seeing, doing and being defines the language you use, the actions you take and the range of options you believe to be available.

With the willingness and courage to explore your way of seeing, doing and being, you may transform yourself and thus, create a shift in what is currently possible within your field.

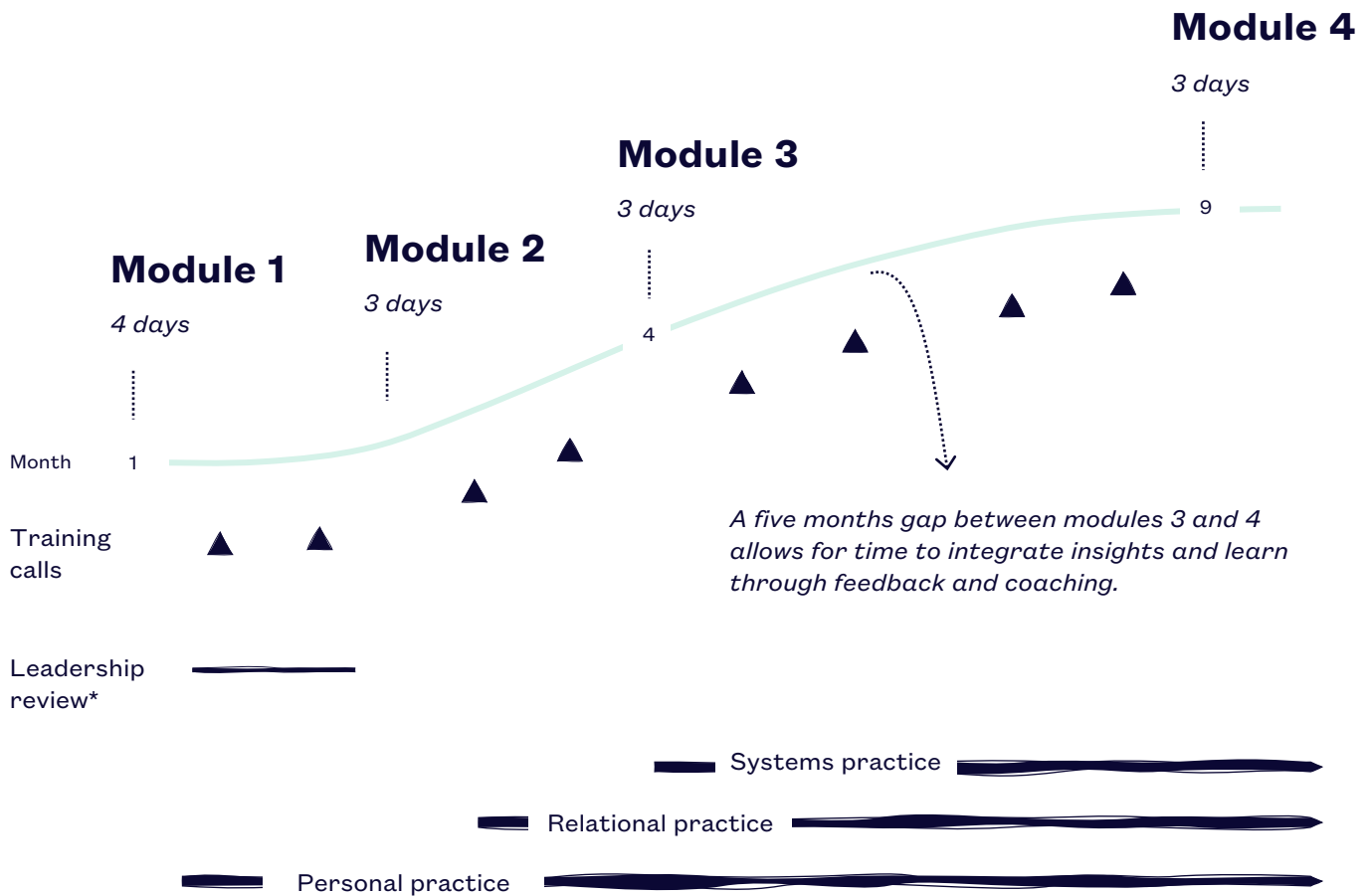
This course is an invitation to let go of old patterns, be guided by your inherent wisdom and allow the seeds of new choices to take root across your leadership field.

## *Your leadership field*



# This is a 9 month leadership course

Four transformational modules integrated with coaching, feedback and extensive practice



*\*You will do a leadership review, where you get feedback from people who are close to you*

*Practice is an essential part of the course.  
**You can read more about how we approach practice here***

[Click to read more](#)

The course design is based on three core principles.

# Three core principles

## **Transformation starts with you**

New results become possible when we look at the world with new eyes. When we transform ourselves, we create the possibility for organisations to transform.

The course is designed to help you transform your seeing, doing and being through deep reflection, journaling, insights from feedback, new ideas and lots of practice.

## **Sustainable equals holistic**

Organisational transformation does not stick unless we approach it holistically. To do so we must consider four essential domains: mindset, behaviour, culture and systems.

The content and sequence of the four modules are carefully designed to help you understand and successfully navigate all four domains of transformation.

## **No practice, no results**

To learn new things we must be willing to have a beginner's mind.

The course integrates personal, relational, and systems practices into your day-to-day work. In particular, you will bring new insights into your organisation between module 3 and 4 to experiment and perhaps even begin to transform how your organisation works.

# Embark on a life-changing journey

To become a transformational leader is to connect with an already existing wisdom and to allow your intent to arise from a deeper knowing. To lead others, we must know ourselves first. That is why our personal transformation plays a critical role in our ability to lead other people through transformation.

The format and flow of the four modules are designed to help each participant undergo personal transformation and build the capacity to manifest new beginnings within their organisations.





#### Module 1:

## Awaken The Creator Within

What is truly important to you? What do you want to create? This module is about nurturing the creator within each leader. It is an invitation to connect with our authentic self and refine our leadership intent.

Through various exercises we enhance self-awareness and practice moving beyond doubt, cynicism and fear. It's a process of investigating our own narrative, while cultivating deep listening and curiosity.

As we uncover our "automatic" ways of seeing, doing and being, we can awaken the creator within and begin to learn how to lead transformation from intent and wisdom.

#### Module 2:

## Embrace The Darkness Of Transformation

What happens when our intent meets resistance? Within ourselves and others? This module is a journey into the darkness that follows the beginning of transformation.

Building on insights from module 1, we explore hidden stories, beliefs and emotions to let go of old patterns and habits.

With a deeper understanding of ourselves, we begin to explore how transformation arises in the context of relationships, group dysfunctions and day-to-day conversations. We learn how to embrace resistance, create transformative dialogues and support others to walk through the darkness of transformation.

#### Module 3:

## Shape A Field Of Possibilities

What is really possible? The limitations we face as leaders are rarely what we believe them to be. In this module, we learn about collective blind spots and the dominant worldviews that govern the way we run our organisations.

We investigate how boundaries exist in structures as well as minds – and how they can both serve and hinder an organisation's potential.

Leaning on new research, we learn how pioneering organisations with exceptional performance challenge common beliefs and use boundaries to shape fields full of possibility. Finally, we help you design experiments that you can bring into your own organisation between module 3 and 4.

#### Module 4:

## Manifest New Beginnings

How can we continue to unlock the potential of our immediate team and organisation? In this module, we integrate all that we have learned and design a path for continued practice and growth.

We finalize a map with field observations and insights from practice and experiments. This map will serve as a guide for future transformation within your leadership field.

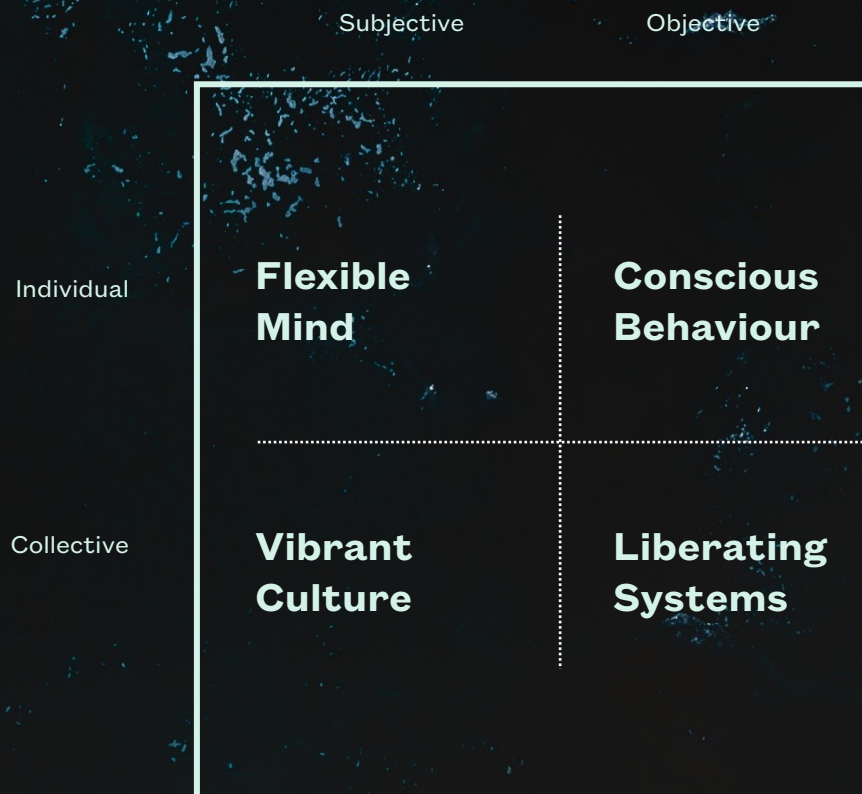
In a final step, we look back on our journey of transformation to honour what has been and celebrate the work that got us here. We then look ahead and create a setting for each participant to step fully into the role as a transformational leader, parting with old ways and manifesting new beginnings.

# The Transformational Leadership Model ©

Our Transformative Leadership Model® is based on the integral thinking developed by Ken Wilber. It combines a set of pioneering ideas, well-established research and old wisdom from a gallery of leading scientists, thinkers and practitioners.

It is not our intention for you to understand the complexity of this model. Just know that our course design and facilitation is founded on the work of many great minds that came before us.

[Click to read more](#)



We like to be aligned on expectations - yours and ours

### **What we expect from you**

- That you show up with willingness and courage
- That you participate fully in all modules and training calls, and prioritize practice as part of your everyday leadership
- That you are open to experiencing difficult emotions
- That you are ready to have a laugh at the madness of the world

### **What you can expect from us**

- We will create a playing field with the possibility for personal transformation to occur
- We will support and challenge you through uncompromising honesty
- We will be open to learn from you
- We will care for you from the bottom of our hearts

### **What you can expect to experience**

- We create an intimate group where lively debate and insightful conversations can flourish
- The course is firmly rooted in theory, but is not a "dry" experience. We make insights actionable through a wealth of hands-on practices, tools and discussion activities
- In addition to group and pair-exercises, activities will engage your body, mind and spirit through for example journaling, meditation and beginner's yoga
- You will become part of a strong community of transformational leaders who can to support your continued growth beyond the course

# Facilitating the journey



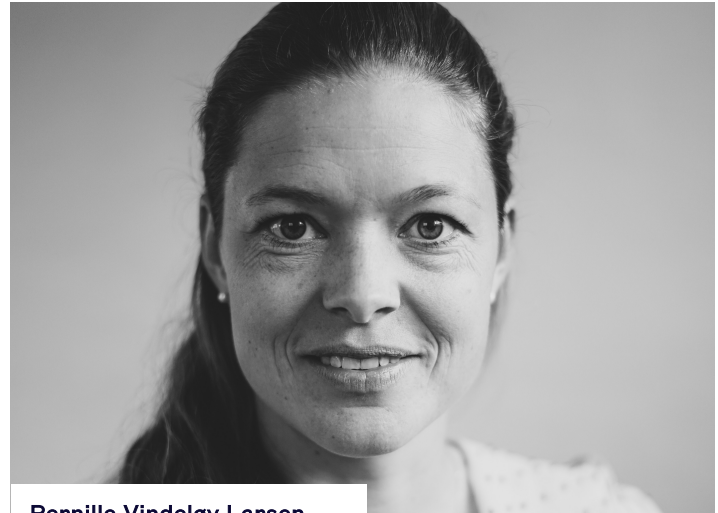
**Jakob Møller Beck**  
*Lead Facilitator*

Jakob has worked with personal and leadership transformation for over 15 years and helped both senior executives in large corporations and SME CEOs.

As a facilitator and consultant Jakob taps into his own personal experiences with transformation. At the age of 20, he was stabbed in the stomach and partially paralysed in his left leg. It sparked a decade of practice and learning to give up on old ways of seeing, doing and being. He uses these experiences to help leaders create breakthroughs in performance by moving through fear, fostering honesty and building commitment, accountability and choice.

Since 2012, Jakob has lived and worked internationally serving clients across the US and Europe. His experience ties into subjects such as purpose-driven leadership, cross organisational collaboration, pioneering governance, culture transformation, and leadership coaching.

Jakob holds a master's degree in strategy, organisation and leadership from Copenhagen Business School. He is certified as a cognitive and integral coach, and as a professional facilitator of transformation from courses both in Denmark and abroad.



**Pernille Vindeløv Larsen**  
*Course Manager*

Pernille is committed to support leaders create honest and compassionate workplaces as a ground for both business results and well-being.

With a background in management consulting Pernille has supported organisations to foster transformation via shifts in culture and leadership. She has seen how transformation becomes possible when we curiously look at ourselves, and act with courage and vulnerability.

Listening to your CEO's honest story about how he was affected by stress is not an everyday experience. Magic happens when leaders have the courage to be honest and vulnerable and thereby inspire the people they serve.

Leaders emphasize Pernille's ability to create trusting relationships with employees and leaders. As course manager Pernille ensures a space and setting where personal transformation can flourish. She is committed to support you in being courageous and she will be keeping a compassionate eye on your well-being as well as the group.

Pernille is a certified coach and transformational speaker. She holds a master's degree in Engineering Management from The Technical University of Denmark.



## Our invitation

Frankly, we are tired of playing by rules that no longer serve the world. We believe that many leaders feel the same.

If we do not transform how business is done today, everyone continues to pay a high price – from employees, leaders and business check-books to the planet at large.

This is a time and age where we must choose who we are, what we stand for, and what we absolutely must insist on.

Our work is for leaders willing to play their part in doing good. Leaders who intend to raise the bar for what is possible and have the courage to stand out.

So what kind of leader are you? What are you willing to stand for?

If you aim to leave the world a bit wiser, healthier and more compassionate than you found it, we sincerely hope that you will join us and make a positive dent in the world.